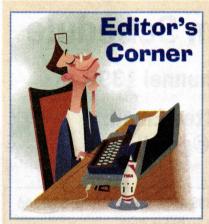
VOL. 38 NO. 4

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

APRIL 7, 2017



The election to fill three vacancies for the Board of Directors is coming soon; have you applied to run? Why not? While we have a vibrant, well-run community, we need fresh ideas to ensure that we continue to enjoy the best possible living standard. Step up and make a difference!

We enjoy many benefits in the Village that enrich our lives and provide us great surroundings. A benefit many may not think much about is our Security Force. Unfortunately, my wife and I have had to use the emergency line far too many times in our 15 months of residence. The response from our force was immediate, professional and compassionate. With all of our security personnel trained in First Aid, CPR and AED (heart defibrillation), they quickly take charge of a medical situation and provide assistance prior to arrival of EMTs. Having experienced their responsiveness firsthand, I can testify to their great value to all of us. If you come in contact with a member of our security force, say thank you; they deserve your appreciation.

Enjoy this edition – I think we have a lot to offer!

-Tim Palmer

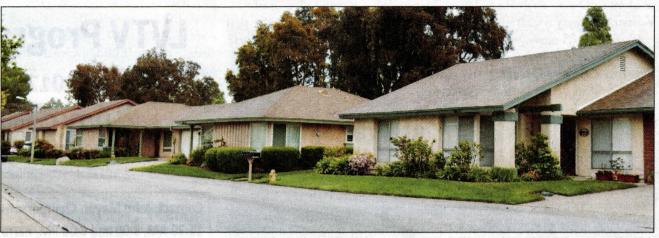


Photo by JERRY SPECTOR

Good-bye beige! The exteriors of all Village homes will be repainted according to professional color selection as part of a new multi-year project.

New Look Planned for Leisure Village Homes

A gradual – and professionally planned – makeover of Village homes is in the start-up phase. The all-beige stucco exteriors of the last 30 years will be history by the end of the extensive project. Over the next eight years, all 2136 houses will be repainted from a new color palette. The work begins in 2017; the first stage of 267 homes will have a new look by the end of this year.

Professional colorists have been retained to choose the colors and recommend how they will be placed. Homeowners will not make the choices. The professionals (one teaches at Cal State Channel Island University, another works for Dunn-Edwards) are considering subdued colors that will blend with the universal brown roofs across the community. One proposal would

paint each model the same exterior color throughout the Village, i.e. all Eldorados would be same. Nothing drastic will be considered, according to those close to the project.

This was not a cosmetic decision. "We've been talking about it for years," said General Manager Bob Scheaffer. "It's become a serious maintenance item as the stucco has

Please See Page 6

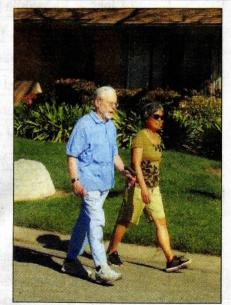


Photo by BUD BRADLEY A rigorous walk is an important part of Alan and Linda Rosin's daily regimen that helps him to slow the progression of Parkinson's Disease.

A Call to Action Against Parkinson's Disease

By Patty Ecker

At first, the signs were subtle: difficulty stirring the morning oatmeal, stumbling over curbs, trouble pedaling his bike. So Villager Alan Rosin went to a doctor, who said, "It's Parkinson's Disease (PD). Here's a prescription for pills. Come back in six months." For Alan, that was not nearly good enough.

"I hoped there was more I could do," he recalls. So this longtime resident began a remarkable personal campaign to understand the disease, create a program for himself, and ultimately, to reach out to other PD patients and share experiences.

"My professional life focused on two things. As a university professor, I taught research. Then, during two decades working with the California Legislature, I had to design solutions to problems and make them work. That's what I've tried to do with PD: analysis and action."

First he found a caring movement disorder specialist, who spent hours with Alan, but said that he was "being retired." Alan went home and wrote to the CEO of the health corporation asking that the physician be kept on staff. Ultimately,

Please See Page 20

WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses. **The Main Gate:** 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/ signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo. com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

Editor:

Tim Palmer editorilv@yahoo.com 904-826-5945

Display advertising:

Stacey Janson The Acorn Newspapers 805-484-1949 x303

Classified advertising:

Barbara Crome, 482-9097

ABOUT INSIDE LEISURE VILLAGE

Photo Editor: Tim Palmer
Photo Editor: Rita Linsey
Photos: Bud Bradley, Bob Kaplan
Staff: Patty Ecker, Larry Swartz, Jerry Spector
Classified Ads: Barbara Crome, Joyce Snider
Contributors: Joseph Benti, Ted Lansing

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

May Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the May 2017 issue is Tuesday, April 18 at 5:00 p.m. The Display Advertising deadline is Monday, April 24 at noon. Publication is scheduled for Friday, May 5. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.



LVTV Program Schedule

April 2017 | Channel 1390

LVTV Committee Email: lvtvcommittee@gmail.com

Contact: John Mayer, Chairperson at 388-4642. DAILY AUDIO: 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.

Day	Date	Program date time 10 am and 8 pm
Mon	3	LVA OPEN BOARD MEETING - LIVE (10 AM only)
Tues	4	LVA OPEN BOARD MEETING - TAPED
Wed	5	Shared Experience: Rube Davis-Paul Kelwin - (66 min)
Thurs	6	Thurs. Showcase, Message Board for Shows
Fri	7	LVA OPEN BOARD MEETING - TAPED
Mon	10	What's Happening in LV - YNCG, Racquet Club, Music Appreciation - (32 min)
Tue	11	Player's Guild - Anything Goes - 2009 (43 min)
Wed	12	What Was My Line- Marty Stewart, Inge Malenbaum, John A. Richardson (51 min)
Thur	13	Thurs. Showcase, Message Board for Shows
Fri	14	Players Guild - Loonie Toons - 10/18/07 (41 min)
Mon	17	Law Talk - Hospital Decisions - (31 min)
Tues	18	FYI (For Your Information) #9 (26 min)
Wed ·	19	Cooking Show- Eat with Your Eyes - 4/2014 (23 min)
Thurs	20	Thurs. Showcase, Message Board for Shows
Fri	21	Women's Club - Fashion Show - 2010 (60 min)
Mon	24	LVA 101 - #5: Elections - 5/28/14 (38 min)
Tue	25	What Was My Line - Jessica Fox, Marlene Votion, Velta Chinn - (49 min)
Wed	26	Women's Club - Tatjana - 2009 (60 min)
Thurs	27	Thurs. Showcase, Message Board for Shows
Wed	28	LV Pet Club Wag 'N' Walk-A-Thon -2013 (13 min)
		OLD-TIME RADIO AUDIO: Thurs. 7:00 PM

CALENDAR DIVA: 8:00AM, 2:00, 5:00, 7:00 PM

BRIEFS

LEISURE VILLAGE VETERANS PICTURE

By Paul Herring

All Leisure Village veterans are requested to assemble for a photo shoot on June 7 at 10:00 a.m. in front of the Recreation Center by the Veteran's Memorial rock/Village flag pole. Any and all that served in the United States armed forces and residing in Leisure Village are welcome to be in the photo. Accommodations will be made for wheel chairs or those requiring chairs.

The photo will appear in the July edition of Inside Leisure Village, recognizing those who answered the call to serve our country. Please sign up at the Recreation Center Office so we know how many will participate.

AARP SMART DRIVER CLASS

By Paul Herman

Leisure Village will be hosting an 8-hour Initial Class of the AARP Smart Driver Program on Wednesday and Friday afternoons, April 19 and 21, at 12:30 p.m. to 4:30 p.m. in the MPR. Contact Paul Herman at 444-6420 for details.

UNITED BLOOD SERVICES -BLOODMOBILE LOCATIONS IN CAMARILLO

Monday, April 10, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m. Monday, April 24, Carmen and Burnley, 1605 Burnley 12:00-4:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at www.unitedbloodservices.org.

CAMARILLO AREA TRANSIT (CAT)

The Dial-a-Ride must be personally requested the day before your trip. The CAT fixed route schedule is in the Rec Office. It is FREE to Leisure Villagers. There is no service on Saturday and Sunday. (988-4228). The CAT SHOP-PER SHUTTLE is Tuesday only from 10:00 a.m. thru 1:00 p.m. Final return trip arrives back at 3:00 PM. For only \$1 round trip, you can go to the Target area, Ralphs, Trader Joe's etc. (383-5615)

NEW MEDICARE CARD FRAUD ALERT

The following is a new Medicare Card Fraud Alert provided by Ms. Karen Fletcher with California Health Advocates:

Due to Congress' passage of the Medicare Access and CHIP Reauthorization Act (MACRA) in 2015, the Centers for Medicare and Medicaid Services are required to remove Social Security numbers from all Medicare cards and will do so starting in April 2018. This change is to prevent fraud and protect people's identity. Yet with any new change, scammers take advantage of potential confusion.

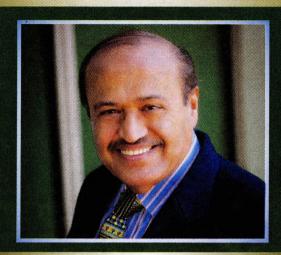
We've received several reports of beneficiaries getting calls from such scammers claiming to be from Medicare and asking for payment to receive their new Medicare card, or asking them to verify their Medicare number. This is a scam, as there is no cost for the new cards, AND Medicare will never call to verify someone's number, as they already have it.

Inside Leisure Village

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Photo by JERRY SPECTOR

BEFORE YOU BUY THAT WHEELCHAIR, READ THIS

In an example of the cooperative spirit in Leisure Village, a space in the AR contains medical equipment that can be borrowed by residents at no cost. Wheelchairs, walkers, potty chairs, canes, and a variety of other devices often necessary for seniors are stored in the "Neighbors' Needs Room" and available to Villagers just for the asking. It is a service administered by Your Neighbors' Care Group.

"For years, Villagers have been able to borrow needed health and recovery equipment right here at home," explains Mary Jane Porter, Chair of Your Neighbors' Care Group. "Most things are free and can be kept as long as necessary. We ask for a deposit check for \$100 for a wheelchair, but that check is returned when the chair is brought back." The contents of the "Neighbors' Needs Room" have been donated by residents.

The staff in the Recreation Office will assist with this lending process during work hours Monday through Friday. Mary Jane Porter volunteers to help on weekends. She estimates this neighborly service has been around nearly two decades and wants to make sure everyone knows about it.

IN MEMORIAM

Donald V. Bouck, formerly V. 42
Annette Bulen, formerly V. 22
Della Carmona, formerly V. 31
Edith M. Dowsing, V. 11
Frances Elkins, V. 44
Gertrude Goldsmith, V. 44
Imogene Gregory, formerly V. 41
Ethel Kievman, V. 3
Daniel A. Kovner, formerly V. 30
Laura Palmer, V. 35
Margo Pegg, V. 30
Kathleen Rubin, V. 41
Robert Zaas, V. 23

To submit a memoriam call Loretta Reshes, 388-7116



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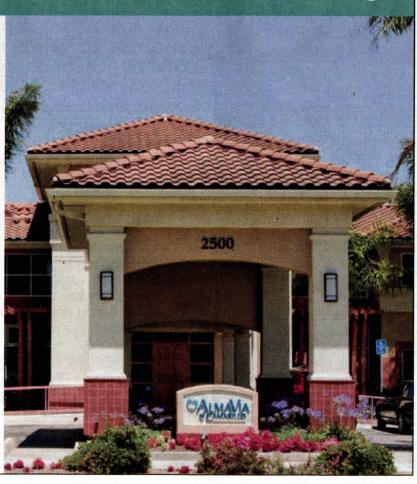
EQUAL OPPORTUNITY EMPLOYER





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Photo courtesy VENTURA COUNTY FIRE DEPT.

Quick action by these three heroes likely saved the lives of the couple trapped inside the inferno that engulfed their Village 13 home last year. Honored as "Life Savers" by the Ventura County Fire Department are (l-r) Jane Wolny, Geoff Millar, and Sylvia Fulton.

VILLAGERS HONORED AS HEROES BY VC FIRE DEPARTMENT

The Ventura County Fire Department presented Life Saving Citation Medals to three people whose heroic actions saved the lives of a couple whose house in Village 13 exploded into flames in May of 2016. Jane Wolny, Geoff Millar and Sylvia Fulton "acted without thought for their own safety," said Battalion Chief Jeff Shea, "It is clear that without them, the outcome could have been much worse."

Villager Jane Wolny lives next door to the house that was destroyed by the fire. Her friend Sylvia Fulton was visiting that evening when they heard a loud sound and saw smoke gushing from the home. Jane ran to call 911. Sylvia managed to get inside the flaming house and guide the disoriented woman outside. The victim's blouse had been burned away, so Sylvia took off her own shirt to cover her, and she and Jane led her to safety.

Meanwhile, neighbor Geoff Millar, who lives across the street, saw the flames, and, as he described it, "I just reacted and ran to that front window" where he saw the husband desperately trying to get out. "I broke the glass and pulled him out," Geoff remembered. "I never thought about it. I'm a Marine; we leave no man behind." Geoff's ears and hands were burned, but he says he never felt that. The couple, whose house was destroyed, was hospitalized with serious injuries.

The VC Fire Department's awards ceremony is an annual event which honors the Department's top employees as well as outstanding county residents like Jane, Sylvia, and Geoff whose heroism was described by Chief Shea as "powerful action by people thinking only of others."

LV HOMES From Page 1

aged, the paint has faded or stained, and add-ons have become a problem. So the decision was made to repaint all our units." No project cost estimate is available, but Mr. Scheaffer added that money has been reserved for it over the past three years.

A Town Hall meeting will be

scheduled so that residents will know what will be done and how the project will proceed in coming years. And some samples of the color palette may be painted on several exteriors. Garage doors will not be painted, and new trim colors will be lighter to set off the walls. "This should be timeless, not trendy," added Mr. Scheaffer. "We want our residents to be proud."



Photo by RITA LINSEY

Villagers line dancing in the AR.

Leisure Village Dance Card to be Changed

After a successful seven-year run, LV's Country Line Dance will have a new look and a new schedule beginning in May. "Our dance night will be simpler and a bit experimental," said Sharon O'Connor, who, with Merle Ruiz, has been coordinating the event for most of its history. They hope that the changes will be a shot-in-the-arm for the Village's Line Dance tradition that, at its height, drew more than a 100 people each night.

The first remodeled Line Dance will be held on Saturday, May 6. "We have switched nights with the Ballroom Dancers. They wanted the second Saturday of each month; we were good with the first Saturday," explains Merle. On May 6, a simpler event will be offered: no admission charge, no free food (BYOB is ok), no live DJ. The Beginners Line Dance Workshop, will be held from 7:00 to 8:30 p.m. in the AR. "People can just dance or listen to the recorded music," adds Sharon. "Or they can take a lesson; I'll teach three dances that night." The following month, on Saturday, June 3, will be an advanced line dance workshop with no lesson, just good music and dancing.

REALTOR CORNER

Updating Your LV Home Exterior

By Sharron Parker

In order to continue maintaining and upgrading our Leisure Village homes, please remember that all exterior modifications require a Leisure Village permit before the work can begin, and the contractor must be on the list of contractors meeting the licensing and liability requirements of our Leisure Village Association. This list is updated every two weeks and can be picked up in our Association Office.

Residents or their contractor must complete the Architectural Permit Application designating the firm with complete details/specifications of the work to be done. The homeowner, contractor or their Realtor will then bring the paperwork to the Architectural Committee meeting for approval. Construction on all approved Architectural Permits must start within 60 days after the date of approval or be subject to cancellation. The Village Voice shows the Architectural Committee meeting dates for each month.

Upgrades requiring City of Camarillo Building Permits include skylights, sola tubes, solar energy collection systems, patio enclosures and covers (including demolition), stucco or hardy-board replacement for wood patio enclosures, retaining walls, exterior alterations to electrical systems, exterior plumbing, air conditioning, heat pump replacement, safety and security lighting, windows, water softeners, etc.

Rules and regulations in our Leisure Village phone book, CC&R's and Architectural Guidelines booklet are very helpful to guide us with regard to exterior modification compliance.

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Photo by JERRY SPECTOR

Villager Edward Hu leads the weekly Qigong Class in LV's Pavilion on Saturday mornings.

A Volunteer Brings Qigong to LV

One student describes the effect as "magical." Another – a cancer survivor – feels its "healing energy." Several newcomers ask, "How do you pronounce it?" All are referring to the Qigong Class held every Saturday morning in the Pavilion, a testament to the willingness of a Leisure Village volunteer to share his skill in a practice in which he believes.

Villager Zhuxin Edward Hu began teaching the class a year ago.

"It is an ancient Chinese system that combines postures, breathing techniques and focus that build energy and healing," he explains. "I learned it in China when I was 18. I contracted tuberculosis and had to drop out of school. My brother taught me Qigong to speed my recovery." It worked. Since then, Edward studied it extensively, took many Qigong classes, and has been practicing it ever since.

He moved to the Village in 2015 after accepting a job in data analysis at Amgen. After he and his wife settled in, he volunteered to lead a class, and the proposal was approved. Now near the end of its first year, the class of 20 to 30 students who gather weekly are eager to talk about the experiences. "I feel different after each class. The exercises improve my focus and energy, and I feel happier," reports Villager Keena Hatjiyannis. Joy Babcock says, "After several classes, I can feel energy like power – go through my body." Kathy Love Jarvis describes it as "a moving meditation involving inner energy and focus, and something anyone can do." She does the exercises at home, too, because they are "soothing. I can move the energy where my body needs it," she explains.

Edward Hu smiles as he listens to his students. He has led the students every Saturday since last spring – even on the rainy days. The class is free; the teacher is not paid. But he insists he is rewarded every time a student talks about the positive, personal results.

"By the way, Qigong is pronounced 'chee – gung."

TRAVEL CORNER

By Carol Moody

You can sign up now for the following trips by visiting the Travel Window Tuesday, Wednesday and Thursday 9:00 AM - 11:45 AM

- * Nixon Presidential Library tour April 20, 2017
- **★Planes, trains and a motor-coach** tour May 10, 2017
- San Diego tour May 16-18, 2017
- Sedona and Grand Canyon May 21-25, 2017
- Sam's Towns Casino/Las Vegas May 23-25, 2017
- **★Glendale Theater** "Annie Get Your Gun" June 3, 2017
- Yellowstone, Grand Tetons and Mt. Rushmore

June 27- July 6, 2017

• **Shades of Ireland** - featuring Northern Ireland October 2-14, 2017

★ = Day Trips

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2nd Joel Leslie



3rd Larry Forkner

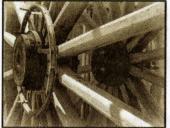


Assigned Category —Patterns, Textures, and Abstracts

Open Category



1st Doug Demurs



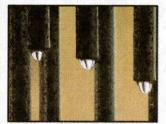
2nd Joel Leslie



3rd Gregg Gilmar



Hon. 1 Jean Kohut



Hon. 2 Bill Margulies

Creative Category 2nd Jean Kohut



1st Al Sarnell



3rd Gregg Gilmar



Margulies

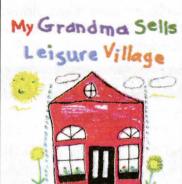


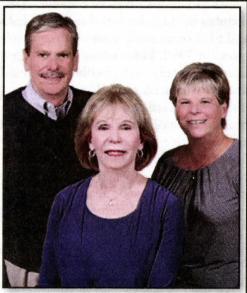
Hon. 2 Rita Linsey

May 4 Meeting: Combined 5:30pm Workshop

Competition 6:45 pm

Hon. = Honorable Mention



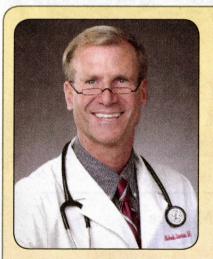


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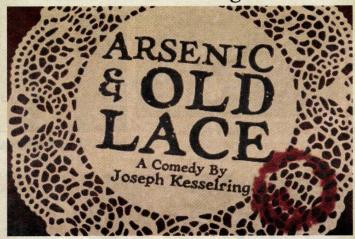
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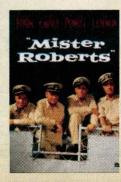
April 14 - May 7, 2017

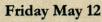
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CLUB NEWS

SHOWTYME

By Jerry Spector

Showtyme proudly presents the Platters, for an hour and a half of entertainment that will bring you



File Photo

The Platters sing at the LV Friday on April 14th in the AR at 7:00 p.m.

back to the 50's. These four vocalists are as close to the original Platters as possible. Tenor Elmer Armstrong, began singing tenor in Paul Robi's group, who was an original member in 1986. Paul died in 1989 and Elmer eventually took over the group in 1990. Elmer's bass singer, Larry Tate, also sang with Paul. These Platters do everything as if it's 1958. You will enjoy an evening hearing the original Platters songs as if they were live on stage here in Leisure Village. When Showtyme says "Fabulous Friday," that's what it means. Come enjoy memorable moments with the Platters on Friday, April 14 in the AR. The show starts at 7:00 p.m. and the doors open at 6:30 p.m. It is \$5 per person and is open to all residents. Refreshments will be served. There will not be an intermission.

CAMERA CLUB

By Ken Lauchner

Starting on Thursday, May 4, an all-new Camera Club meeting format is being presented. We are combining the competition and workshop meetings to the first Thursdays each month in

the MPR.

Workshop Series, 5:30 to 6:30 p.m.

Refreshment Break, 6:30 to 6:45 p.m.

Photo Competition, 6:45 to 8:00 p.m.

All residents are invited to participate in the workshops and watch judging of club members' photos. You may come for just one part of the meeting or stay for both. Membership is not required for the workshop and competition meeting. At the May 4 meeting we'll feature a professional photographer teaching us how to use smartphones for photography (both iPhone and Android). At the June 1 meeting, we'll show how to use your Point & Shoot camera. Please email your camera make and model to Ken so we can best match you to a knowledgeable member. For a \$7 membership, activities include: Field Trips, Ventura County Fair and Annual Awards in December. Photos in the Rec Center hallway and MPR are of previous club winners. Contact Ken Lauchner at: 805-491-2432 or ken.lauchner@ roadrunner.com.

IN OTHER WORDS

By Frank Seiden

Our April meetings will be on 4/12 and 4/26 from 2:00 p.m. until 4:00 p.m. in the Lanai Room. In addition to discussing each person's writing technique, we shall present lessons. One lesson will review types of endings for prose and poetry to have the desired impact. The other lesson will be on how to make the feelings and emotions of characters in a story relevant to the reader so that the reader can associate with the feeling or emotion.

Visitors are welcome to just listen or participate in discussions. Some, who came in recent months to see what we are about, enjoyed our friendly relationship and the supportive discussions and joined the group. If you like to write, you might too.

CLUB NEWS



THE MAVERICKS

By Margo Secia

The Mavericks will be joining up with the Billiards Club for a "Spring Fling" Dinner/Dance on Friday, April 28, 2017 at 6:00 p.m. in the AR. There will be a catered dinner with the choice of Chicken Fettuccine or Spaghetti and Meatballs. Coffee, water, wine and beer will be available but, as always, you may BYOB. The tickets can be purchased for \$15 per person for the dinner and dance. You may purchase your tickets by contacting John Wirtz at 384-8508, Wilma Hutson at 905-0844 or Geri DeSimone at 402-1465. The "Generation Gap" will be performing for our dancing



Photos by BOB KAPLAN Mavericks Gambling, Leisure Village

and listening pleasure.

Style.

Please come and enjoy this fun night with friends from both the Mavericks and Billiards Clubs!

If you have any questions or comments, please feel free to contact President John Wirtz at 384-8508 or Vice-President Ruth Stubba at 496-7188.

THE AMATEUR **RADIO CLUB**

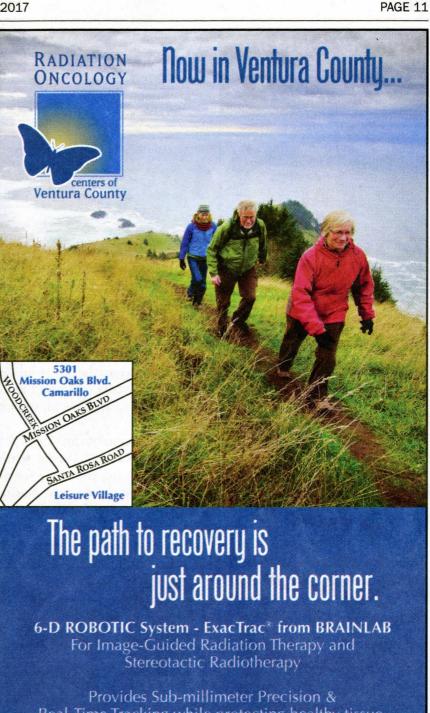
By Jonathan Fox

This past month donations continued to be sent to the Association and Rec Center office for the Tower Project. I am pleased to report that we are at 75% of our goal. I want to extend a sincere thank you to all that have contributed and encourage others to do so. Having the ability to ask for help or share health and welfare information with the state, county, or city is an important tool for our survival during power and communication blackouts.

As we said in the past, this tower

project will finally help both the EPC and Amateur Radio Club with their Emergency Communications. We are recognized by the Ventura County Office of Emergency Services, City of Camarillo and Red Cross as an authorized emergency communication station in Ventura County.

We are entirely dependent on donations for this project that would benefit all residents here at Leisure Village. If you would like to be a part of this important addition to our facilities, a check to Leisure Village with the words "Tower Project" on the memo line would be sincerely appreciated. All funds will go directly to supporting this effort.



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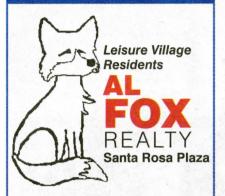
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CLUB NEWS

Beautified men's golf bulletin boards

Photo by JOSEPH BENTI

MEN'S GOLF

By Joseph Benti

Last Halloween, Ray Price, an avid golfer and volunteer-spirited member decided he would do something to up-grade and beautify the worn-out, sun-beaten, tacky Men's Golf Club bulletin boards at the Club House. Since then, Ray has used major seasonal or holiday events to remind us of how one guy can have an impact on all of us.

Most recently, St. Patrick's Day gave Ray his theme while also brightening the scene for all who walk by the Boards. Noting that Easter and spring are coming, Ray is preparing his creative take on them, so keep looking at those



spaces. Also, thanks to all the Members who have contributed to the fund to build the new Emergency Radio Tower. In addition to a \$500 grant from the Club, individual members have chipped another nearly \$300. Thanks to those who share the "Village Spirit."

RACQUET CLUB

By Leslie Fox

Spring is here and the planning committee has "hatched" some new ideas for fun and play. The new stuff will be "delivered" at our April 12th meeting, at 7:00 p.m. in the MPR. We could use everyone's thoughts, so please do your best to attend. The icing on the cake: we are to bring our favorite dessert to share!

Our spring schedule will start off with Trish Zakas giving three Saturday classes in pickle-ball. They will begin at 1:00 p.m. April 22nd, 29th, and May 6th. All equipment will be provided, but you must wear tennis court shoes. To sign up for the classes, you can reach Trish at trish@vc.net.com.

Now that daylight savings time is here, our once a month Friday night Pu Pu and paddle will resume, beginning May 19th at 5:30 p.m. Please, don't forget to always check the bulletin board for any changes or new events.

Have a Happy Passover and Easter and enjoy all the beautiful flowers the winter rains have brought to us. Please note: The photo of the pickle-ball clinic in last month's edition was taken by Larry R. Gries.



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Seder Dinner

April 13, 2017 – Thursday 4:30 PM Rabbi Spiegel of Temple Etz Chaim leads

Easter Brunch

April 16, 2017 - Sunday 11:00 AM Chef Chris presents traditional favorites and surprises

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CLUB NEWS



Photo by FRANK DESIMONE

Billiards Tournament Winners February 13-24, 2017. From Left to Right: Max Chopra, Don Nicksay, Jim Ronge, Gerry Sarno, Vera Erskine, Art Matter, Chris Bogdan, Gary Bunch, and Jack Quinn.

SATURDAY NIGHT LLROOM DANCE

By Andrea Moran

Hi fellow Villagers! With the daylight savings time change, Saturday Night Ballroom will be changing weeks on the monthly calendar. Our dances starting in May will be the 2nd and 4th Saturday of each month. A 5th Saturday as the calendar falls (3 times) will be scheduled.

Our schedule for April: 4/22 -Dance Masters (Jelly Bean Day) and 4/29 - Jerry Dokken (April Showers). We hope you will all attend at 7:30 to 10:00 p.m. in the A.R. \$7 per person admission, refreshments included.

The Country Dance, April 8 will be the last scheduled dance. They will be starting May 6 having a No Charge beginner line dance work shop, 7:00 to 8:30 p.m.in the A.R. They are trying different options, so join them and check out the fun. Sharon O'Conner is the dance instructor (805-910-9428), along with Merle Ruiz.

Remember - Saturday Night Dance Party starting in May, 2nd and 4th Saturdays, and Country, 1st Saturday of the month. Country dance 4/8 in the A.R. \$5 admission, 7:00 to 9:30p.m. Keep those feet moving to the beat of the music and have fun!

BILLIARDS CLUB

By Patrick Price

As promised, this month we have the winners of the 14 & 1 tournament in March. Starting with the A1 category - 1st was Vera Erskine, 2nd was Art Matter and 3rd was Chris Bogdan. In the A2 category - Gary Bunch was 1st, Max Chopra was 2nd and Don Nicksay was 3rd. In that Super A category - Gerry Sarno took 1st, Jim Ronge came in 2nd and Jack Quinn was 3rd. Congratulations to the winners, and, also, to all the participants. Tournaments are really the way to learn. And, the 1 & 15 tournament started on Monday, April 3. Good luck to all who entered. The Spring Fling, in conjunction with the Mavericks Club, will be on Friday, April 28. Tickets are now on sale from the 'usual ticket sellers.' Ask anybody in either club. Our next Billiards Club meeting is Tuesday, April 25 in the MPR at 7:30 p.m. The Thursday night 'Round Robin' challenge continues (except during tournaments). Be there at 6:00 p.m. for coaching and lessons, and to sign-up. The LCR game sometimes gets set-up in the Lanai room for those not playing pool.

CLUB NEWS

PET CLUB

By Ruth Stubba

Laughter filled the room at our March Speaker Series meeting. Six students from Moorpark Exotic Animal Training Management program arrived with youthful excitement, positive energy, and a few small exotic creatures. As well, they shared their personal stories of what ultimately led them to America's Teaching Zoo. They spoke with passion, emotion and humor as they described their aspirations and dreams for their futures - each one different and yet all of them had a common link - their genuine love of animals. Additionally, we got to see some exotic animals up-close, shown in the photos taken by Al Bendekgev.

Do you ever wonder if you are providing your pet with the best food on the market? Come to our next Pet Club Speaker Series meet-



ing on Monday, April 10 at 7:00 p.m. in the MPR to hear Brandon, from Healthy Pets, who will provide valuable information about pet food manufacturers and their products.

Everyone is welcome to attend

our meetings. We serve refreshments and have a 50/50 raffle. The Pet Club promotes healthy pets and responsible pet ownership and makes donations to local animal causes. Contact: Ruth Stubba, 496-7188.



Speakers from Moorpark Zoo with their 'Pets'.

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CLUB NEWS



Photo by RITA LINSEY Villagers star in Plaza Suite.

ducer has contacted an old flame from

high school and attempts to seduce her.

the wedding of their daughter, who

has locked herself in the bathroom

of their suite and refuses to come

out. The harried parents are trying to

persuade her to open the door and go

produced by Joyce Belcher, this play

is guaranteed to have you laughing

from start to finish. Tickets are on

sale now for \$10 each, and they are

Directed by Diane Carroll and

down stairs and get married!

Act III: a couple is about to attend

PLAYER'S GUILD

By Stan Reshes

A great cast will be performing in Players Guild's production of Neil Simon's hilarious comedy "Plaza Suite" opening Wednesday, April 19 with a matinee performance at 2:00 p.m. in the AR. This Neil Simon classic will follow with evening performances April 20, 21, and 22 at 7:30 p.m. and close Sunday, April 23 with a matinee at 2:00 p.m.

In Act I, a couple is about to celebrate their 33rd anniversary, but the wife suspects her husband is having an affair.

Act II: a famous Hollywood pro-

LV RV CLUB

By Bob Banfill

adventures for Leisure Village RV

owners and persons interested in

camping. We also raise funds to

support amenities in the RV storage

yard, other Leisure Village causes

and social events. You don't have

to own an RV to join. Many of the

campgrounds we visit also rent on-

day of the month at 7:00 pm in the

Santa Rosa Room for some lively

conversation about RVing! Contact:

Come join us on the 2nd Tues-

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Jack Miller (805) 233-7796

The club plans group camping

expected to sell fast.

WRITERS CLUB

By Harvey Brosler

We all have had significant events in our lives. Would you like to share interesting aspects of your life and your opinions with other residents? If so, we would like to hear them. Come to the Writers Club meeting held every Monday at 1:00 p.m. in the MPR. No special ability or prior experience required. If you can talk, you can write. You may write on any topic or use the suggested topic for that day. Microphones are provided. Stories of the Month are displayed just inside the entrance to the Village library.

Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com or Harvey Brosler 465-0006, hsbros@ roadrunner.com.

CLUB NEWS

VILLAGE ARTS

By Gwen Zimring

Hello Village Arts, members and friends. We hope you are enjoying the lovely prelude to summer. Were any of you able to visit the glorious displays of wildflowers in our deserts and mountains?

At the March 1 meeting we all enjoyed another demo with Patrick Fisher. Patrick brought in some of his own work plus T-shirts and caps for us to purchase. Florence Gillman was featured in the library in March.

We hope you were able to participate in the studio home tour on April 5 and met some of our new members who shared their home studios with all of us that day. This month, Martha Harris is showing an eclectic display of her special art medium in the Library.

As promised, May will be a busy month for us. At our May 3 meeting



we will be having a demonstration by Jeannine Hinkel, whose special art is the painting and drawing of animals. I'm sure most of us will enjoy her help and tips in this area. Also, May is the time for the annual rummage sale, to be held on Saturday, May 13.

You can get your table ticket on April 25. This can be a great opportunity to buy or sell some of your old hidden treasures, or buy someone else's.

Hot dogs and coffee will be available to help start our day. Don't forget to mark your calendar on June 7 for our annual summer picnic.

Photo by JERRY SPECTOR

Starr Thompson speaking at the Veterans Club about his many (33,000) miles as a pilot for the Flying Tigers.

VETERAN'S CLUB

By Paul Herring

Many of you may remember a previous speaker named Sandy Lebman. Sandy was in the 42nd Rainbow Infantry Division and he talked about his recon team finding and liberating Dachau. Sadly Sandy is gone, but his daughter, Roni Sanlo, has writ-

ten a book about her father and will be the speaker at our April meeting on April 27 at 7:00 p.m. in the MPR.

Veteran's Club meetings are open to all. It is a great opportunity to learn about our history from people who have experienced it first-hand. Coffee and snacks will be available.

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> some of today's modern adjustable beds come with massage units, programmed sleeping positions,

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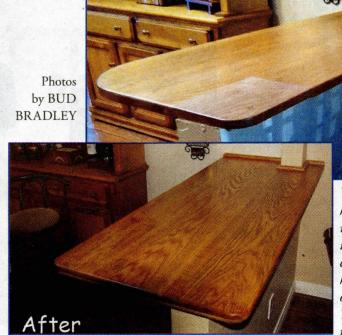
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CLUB NEWS



WOODSHOP

By Bud Bradley

We've officially expanded! The Woodshop now has an Annex. We are the proud inhabitants of what used to be the old Fitness Center in the Rec Center and are busy making good use of this much-needed space. We can now work better and safer. Two new key holders have joined the group, plus a new Elf is on board. (An Elf is a member who is part of our furniture repair group.)

Speaking of repairs, our Elves have been busy so far in 2017:

Residential: 43 projects Club/LVA: 8 projects Quickies: 5 projects

Now that we are a two-room Woodshop, we look forward to more fix-it projects brought in by Villagers. We are open on Tuesdays and Wednesdays from 10:00 a.m. to noon to answer questions or to accept broken furniture for repair. There's no charge for the work. We do accept donations for materials gratefully.

Residents who have experience with power tools and would like to join the Woodshop can call Ron Quick at 818-648-3302 to make an appointment with one of our members who can answer questions and check you out on the equipment.

When a homeowner wanted to improve a wooden counter in his kitchen he called on the Woodshop. The old one was replaced by a new

Before

piece of solid oak that was finished beautifully. The owner paid for the materials and gave the Woodshop a generous donation in thanks for the ehe excellent work.

SHUFFLEBOARD

By Diane Hawrylo

High scores submitted for an eight frame game in Feb-March were: February 22, Milt Krapes, 217; March 1, Milt Krapes, 190; March 8, Milt Krapes, 192; March 15, Jon Amelsberg, 163; and March 22, Jon Amelsberg, 168. Milt Krapes made the highest score ever. Awesome! He is in a class all by himself. No one has ever scored above 198, which was also Milt Krapes on May 4, 2016. Everyone else is also improving his or her score. Congratulations!

Everyone is doing very well and enjoying shuffleboard at the same time. There is a lot of enthusiasm and interest in shuffleboard. Come on by, and enjoy the fun. We regularly play shuffleboard on Wednesdays at 9:30 a.m. Villagers are invited to join. We will teach you if you don't know how and there are no dues. You may practice at any time. Come and join the fun.

A safety note: Because of uneven surfaces, wear only flat shoes, and walk only between the lanes. Never walk across the lanes.

CLUB NEWS

WOMEN'S CLUB

By Louise Romero

The LV Women's Club meeting was held the evening of Thursday, March 9, at 7:00 p.m. After a General meeting, the Pacific Sound Chorus entertained with their a cappella sound and also encouraged the audience to sing-along with wellknown songs in St. Patrick's Day tradition. The choral group included the voice of Leisure Village resident Bill Crome. Their performance was enjoyed by all in attendance.

The Boutique is open on the second and third Tuesday of the month, April 11 and 18, from 9:00 - 11:00 a.m. in the MPR and Wednesday, April 19, from 4:30 to 6:30 p.m. in the AR Lobby. There are many new and gently used items available, as well as See's Candies and vintage jewelry. The Social Workshop continues every Tuesday of the month from 9:00 to 11:00 a.m. in the MPR. For those Villagers who have not stopped by the MPR on Tuesdays, we encourage you to do so. You will find Villagers enjoying card games, board games, puzzles, or socializing. The Thursday, April 13, meeting will begin at 1:30 p.m. in the AR, preceded by Boutique, vintage jewelry and See's Candy sales at 1:00 p.m. The General meeting will be followed by a magic performance of "The Magic of Merlin" by Paul Dwork. Magician Paul Dwork's skill has been well recognized and promises to be a performance you will not want to miss.

Don't forget to bring canned goods for Food Share!

WOMEN'S GOLF

By Patti Crichton

Spring has sprung in Leisure Village - we are enjoying the beauty on our golf outings.

The Eclectic Tournament finished up with a one week weather delay. This is a two week competition where we get to take the score from our best holes. And the results are:

18'er A Flight - Low Gross is Jan Gerk and Low Net is Debbie Dolan. 18'er B Flight - Low Gross is Gail Hillesheim and Low Net is Patricia Turner.

9'er A Flight - Low Gross is Arlene Gapastione and Low Net is Joann Thatcher

9'er B Flight - Low Gross is Louise Knoedler and Low Net is Jo Messenbring.

Excellent games, girls!

March finished up with a social breakfast followed by golf on the 29th.

April will be regular weekly tournaments on the 12th, 19th, and 26th. The monthly club meeting is in the Garden Room at 2:00 p.m. on April 12th. See you there!

Men's Golf hosts the Tee Timers Golf and Luncheon on April 18th. Be sure to sign up for a fun day of mixed play.



WII BOWLING

By Ginny Bryce

Wii-Bowling for Dollars - February 21, 22, 23, 2017 - winners were:

GROUP A - First: Barbara Crome, Second: Diane Hawrylo, Third: David Kiefer

GROUP B - First: Joyce Belcher, Second: Rei Sugita, Third: Judy Spector

GROUP C - First: Joe O'Connor, Second: Sandy Rosenthal, Third: Betty Dean

We are having another Bowling for Dollars contest on April 25, 26, 27, 2017; Fee \$2. It is a lot of fun; come join us. Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all. For information, please call Joan Levy at 805-482-6871 or Barbara Bell at 805-388-2264.

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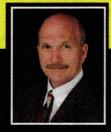
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COOKING WITH LARRY SWARTZ

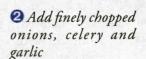
Test Your Improvisational Abilities in the Kitchen

It was Frederick Barnard who said, "A picture is worth a thousand words." Actually, he said "ten thousand," but for our purpose, I'm going to adapt it to say, "Seven words is worth 327 words and innumerable wonderful smells." Suffice it to say when I was in Harold Howarth's Village 11 kitchen, I came away with the idea of throwing out the traditional and replacing it with the simplistic.



• Pan roast a few dozen sweet Hungarian peppers and set aside.





Photos by BOB KAPLAN



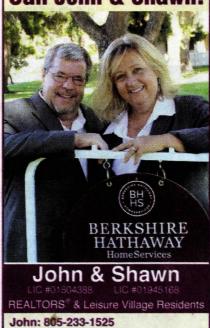
3 Mix in and saute spicy Italian chicken sausage

4 Mush it all together. Cut a slit in the top of the peppers and stuff. Re-heat, if required for a great potluck dish.

PARKINSON'S From Page 1

Alan sent a stream of letters to the corporation. Now he says, "The neurologist is still practicing. After the third letter, they told me they were keeping him and please don't send any more letters."

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Alan attacks his PD with the same focus. He reads stacks of books and medical papers. And he and his wife Linda move - physically, energetically, no matter how difficult that is. He walks a mile a day. He joined a Parkinson's exercise group in Westlake Village, a neuro-boxing class in Agoura, a PD support group in Camarillo.

And all the while, he's creating a community. "Parkinson's patients tend to retreat, stay home, and become isolated. I actively look for them here in the Village," he says. (He's already met eight.) He recently got approval for a free Mindfulness

Class for PD patients and caregivers for Villagers. It begins in April.

The tremors and stiffness have increased, depression sometimes slips in as his brain chemistry alters, and normal actions take forever (He says it takes him ten minutes to button a shirt). But his fight never falters. Alan credits Linda as "crucial to his regimen of moving forward, physically and personally." Together, they agree that "We lose when we stop learning and participating with other people about the illness." Linda adds, "We know there's so much we can do together."

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window coverings, furniture, etc. LV resident. 586-4239

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