

Medina Avdic

Spartan Speaks Entry

Journal Entry

These are crazy unprecedented times in which we live. The changes I have experienced since the pandemic began is not being able to attend my in-class lectures at San Jose State University. This has been challenging with all of my classes being online. This has taught me to have consistency with my work and always work on assignments ahead of time. Having time for myself to read, spend time with family has made me more appreciative of life and who supports me. As a senior graduating this semester it is bittersweet to see my last couple of months be transferred online. I did not imagine practicing social distancing by face timing friends to check up on them every so often. During this transition, I have had more free time watching Netflix shows such as Outer Banks and Money Heist. Taking time to learn new skills such as cooking has been essential for me because I often do not make food on my own. Some hobbies I have had more time to do is hiking and biking, these bring me joy, and being in nature is refreshing. I have learned during this time that information from media outlets is not as reliable as we think it may be. These outlets bring fear to the public and control their thoughts and actions. Global communities have all been affected with coronavirus; many are following the shelter in place order by staying home. Other countries are having an easier time slowing down the spread of coronavirus. In America, there are over 30 million people who have lost their jobs and their health insurance which is incredibly sad. We are the most developed industrialized country and for individuals to not have access to health care is alarming.