

Camarillo Prison Hospital?

Camarillo Might Have a New Neighbor

By: KATELYN RAUCH

The Eighth Amendment to the United States Constitution protects individuals from cruel and unusual punishment. According to U.S. District Judge Thelton Henderson, prisoners in the state of California have not been protected by this amendment for many years. In 2008, he appointed J. Clark Kelso as the California Prison Health Care Receiver to revamp the current prison system. Not only is there mass overcrowding of current prisons, but the lack of adequate medical care for inmates is causing the easily preventable death of one prisoner every six to seven days.

Federal Receiver Kelso has proposed to use \$1 billion to upgrade existing prisons and an additional \$6 billion to build seven new prison hospitals. On top of the all-consuming California budget deficit, the need to build new facilities is being questioned. However, San Diego, Chino, Stockton, Folsom, and Camarillo are a few of the proposed sites for prison hospitals. Requirements for these sites are simple: the city must be adequately populated (prisons in deserts do not attract workers) and the land must be owned by the state so they can use it quickly.

Camarillo is home to the Ventura Youth Correctional Facility (off of Wright Road), whose land is owned by the state. It is located 0.4 miles away from residences, 1.2 miles away from Mesa Elementary School, and 1.7 miles away from Union Mesa High School. The youth at the VYCF would be transferred to different facilities throughout the state. An estimated one million square foot, 1,300 to 1,800-bed prison hospital would be built on the grounds. This would be a high-risk (Level 3 and 4) mentally and physically ill male inmate population. To put the size in perspective, there are 1,487 total hospital beds in Ventura County.



Mesa Union Elementary is located just north of the proposed location of the prison hospital.

Photo By Chelsea Archer

Two non-profit organizations have been created due to the opposition within the community: The Prison Hospital Action Committee and the Taxpayers for a Safe Ventura County. The PHAC website states, "We recognize the need to provide adequate healthcare to the California prison population. We believe the size and scope of this project is ill conceived for Ventura County. Inadequate consideration has been given to the surrounding communities and its subsequent social, financial, and environmental impact on the county." All opposition subsequently supports this mantra.

Recently, on November 14, 2008, a protest rally and a subsequent march were held before an open meeting with the receiverships office. Wendy Saunders gave an informational presentation and then the floor was opened to the 100 attendees who had

filled out speaker cards. The panel that speakers addressed included Dr. Terry Hill, CEO for Medical Services; Brenda Eperly-Ellis, Director of the Mental Health Program in the State Prison System; Katrina Hagen, Deputy Director of Workforce Development; Richard Stapler, Director of Community Outreach; Steve Cambra, Director of Prison Healthcare Facilities; Wendy Saunders, California Environmental Quality Act Manager; and Albert King, Deputy Program Manager. 400 community members were present, including CSUCI students.

I was among the first few speakers to address the panel, since I am the driving force behind the prison hospital movement at CSUCI. I have started an educational campaign on campus, produced a petition in opposition to the prison hospital, and created a resolution of the same nature that

Student Government adopted. I was able to hand the petition—with over 440 signatures—and the accompanying resolution directly to the panel. The room erupted with applause, grateful for our support in the movement.

The next step should be accomplished by the time this article is published. Receiver Kelso is supposed to issue an Environmental Impact Report soon; however, this report was supposed to be out months ago and has been postponed due to overwhelming community opposition. Once the EIR is published, there is a 30-day time frame within which the community can respond in a legal manner to stop the construction of the prison hospital in Camarillo.

If you are interested in more information, contact me at katelyn.rauch@csuci.edu or visit www.phac.org.

THE CHANNEL ISLANDS VIEW

The Voice of the Student Body

Editor-in-ChiefEva Klein
*eva.klein@csuci.edu***Managing Editor**Erica Roundy
*erica.roundy@csuci.edu***Business Manager**Michael Williams
*michael.williams@csuci.edu***Graphics Editor**Tristan Cassel
*tristan.cassel@csuci.edu***Layout Editor**Eric Suliga
*eric.suliga@csuci.edu***Advisor**

Deanne Ellison

Printing

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the Editor

By EVA KLEIN

As finals near, somehow I always find myself wondering, "What did these last four months mean to me?" I find myself trying to justify why I borrowed another semester's worth of student loans beyond the main goal of, "Getting that college degree," as my parents so often say.

As I was walking to class the other day I really started to think about what these last 15 units have meant to me. The subjects that I have studied this semester have opened my eyes to new perspectives in all aspects of the world. As students, we are all constantly learning new things whether this learning takes place in the classroom or out of the classroom. I feel that sometimes we have the tendency to fall into our routines of each semester and overlook the fact that we are indeed learning so much in each of our classes.

I'm sure you can all recall mid-terms—that stressful week where we wonder how we are going to make it through to the end of the semester. I remember myself saying the phrase that everyone turns to when class gets difficult, "I don't even know why I am taking this class!" The thing that I have come to realize after this semester is that even in the classes that we do not feel entirely connected to, we learn about the world that we live in, and we learn about abstract concepts that many people do not get the opportunity to learn.

My point is, even when it seems like school is monotonous or tedious, dreary or dull, think about the plethora of people in this world who do not have the opportunity of going to school or gaining the knowledge that you now have after spending another semester in school. With the immanent budget cuts looming over the CSU, it is certain that there are many students who will not have the opportunity to attend college who would have been admitted otherwise had the CSU been allotted adequate funding. So while you are enjoying your winter break, be thankful for the fact that you have the privilege of experiencing higher education.

With that said have a safe and relaxing winter break, CSU Channel Islands!

Say Goodbye to
\$31,000,000

By EVA KLEIN

On November 21, 2008, California State University Chancellor Charles B. Reed held a media teleconference to address the recent system-wide impaction, the first such impaction of its kind within the California State University System. During the briefing, Reed addressed the current state of the California budget, and what it will mean to the CSU system in the near future.

The CI View was invited to that teleconference, and received information directly from Chancellor Reed himself regarding the issue. "This is going to be a rough year," said Reed. The CSU was originally allotted a budget of 2.79 billion dollars which is on target for what has been given in the past, but 215 million dollars less than what is needed to accommodate the anticipated growth of the CSU system. The CSU will also face a mid-year cut of 66.3 million dollars.

In most recent news, Chancellor Reed announced that an additional 31.3 million dollars will be cut, totaling a budget cut of 97.6 million dollars for 2008-2009. "It [the budget cut] is real; we have no choice," said Reed. As a result of the impaction all CSU campuses will have an enrollment cap that will be based on the current population of each campus with the application deadline for new students being no later than November 30th of 2008. Each campus will stay open until they meet their enrollment, but will remain open no later than November 30, 2008. CSU Northridge for example, is going to cut a total of 1,000 students from their enrollment growth.

"We are going to divide the cut in as fair of a way as we can," stated Reed. Along with the cap on enrollment

comes a plan to control student population by setting in place "service areas" for students. A service area university would refer to a CSU that is closest to a student's place of residence. The only exceptions for these service areas would be, for example, a particular major that is not offered at a student's service area campus, then they would be allowed to attend a CSU beyond their service area CSU. There are specific schools however, that would be considered "destination campuses" meaning that they do not apply to a particular service area. These schools would not have such limitations.

Chancellor Reed stated best, "We are an investment." For every dollar that the state invests in the CSU, \$4.41 is given back to the state of California through the graduates who enter the work force. This is a communication campaign that the CSU is promoting to increase awareness regarding the benefits of investing state dollars into the CSU.

The California State University System has set forth the precedent that their first priority is to current CSU students. The CSU is committed to protecting the quality of academics for all students. "The best case scenario for next year would be to keep the current budget, and to have the Governor and the legislature buy out student fees," stated Reed.

It is too early to tell what exactly the CSU will have to endure as a result of the budget cuts or if student fee increases can be expected. For more information regarding the system wide impaction, visit <http://www.calstate.edu>. For incoming students who need to apply before the deadline, please visit www.csumentor.edu.

Enjoy the New Year



Opinion

Changes to the CSUCI Rerecreation Center

By: NATALIA NOWAK

The CSUCI Recreation Center is abundant with activities available to every Channel Islands student on campus. The center provides intramural and extramural sports, an outdoor adventures program, and daily opportunities for students and administration to engage in health and fitness activities. Student employees in the recreation center are working towards expanding programs even more, with the possible addition of aerobic classes next semester. Since CSUCI is a fairly new and growing campus, new developments can be expected and will depend on the support of the students, the faculty and the community. With enough support and activism, students can influence the creation of new programs, sports clubs, and even entire sports teams.

Already available to students are semester-long waterfront classes, inclusive of kayaking and sailing. Also, many students already meet on weekly basis to play sports in a friendly competition. Every Monday and Wednesday, students play basketball in the gym, and every Tuesday and Thursday is reserved for competitive volleyball play.

The Recreation Center could soon be greatly enhanced by the addition of aerobic classes, which could be made available to students on a per semester basis. The idea

is currently being considered and depends on student body and faculty interest and support.

What other changes might be expected in the Recreation Center in the upcoming semesters? Jason M. Penalba, a CSUCI student and the Health and Fitness Consultant at the Recreation Center stated in an interview that we "Should be seeing drastic and positive changes beginning this spring semester... We are trying to become a prestigious recreation program where students and faculty can train and benefit in the long run." New possible programs to be implemented are personal training, group fitness classes such as cardio kickboxing, pilates, yoga, and more. Currently, the gym invites the campus community to get involved through various fitness competitions such as the indoor rowing competition, 5k run/walk, and the bench press competition.

Freshman Hayley Miglin stated that she would, "Definitely take the classes if they were available," and that the program, "Would be a very good addition to the campus."

Providing the staff at the Recreation Center with opinions and suggestions for future program possibilities and ideas will strongly support expansion of the Center and allow the staff to know what should be implemented to ensure success in the future.

Facebook: Not Just for Students Anymore

By: ERICA ROUNDY

Before class, after class, and sometimes even during class, CSUCI students are on Facebook. The popular social networking site—which allows members to create personal profiles, share pictures, and more—has become the main form of communication for many students, and now it seems that staff and faculty are jumping on board as well.

More and more staff and faculty are becoming part of the Facebook craze and are friend-requesting other staff, faculty, and students. I understand the benefit of networking with co-workers, but the friending of students on campus is, I believe, detrimental to both parties.

Multiple students I know have gotten in trouble with the administration on campus because an administrative member has seen pictures and/or status updates on a friended student's profile. They have then brought it up with the student(s), and have either issued a strong warning or have actually taken judicial action. At what point does having a position of power interfere with being a Facebook friend? How can an administrative member possibly balance the need to police CI students with the desire to be friends with those same students?

My belief is that it simply cannot be done. Students are students, and need to feel free enough to be able to express themselves with their friends without fear of punishment. It is not right for an administrative member to be friends with a student on campus under the guise of friendliness and then to penalize them for something

that they otherwise would not have known if they had not been "friends."

Another issue arises when an administrative member posts a status update/picture/etc. that may reveal information that is not appropriate for students to know. In the same sense that students are entitled to their freedom, so are staff and faculty. Should an administrative member post a status update that states how bored they are, how frustrated they are with a class and/or work, or what their plans are for the weekend, this information is available to all of their student Facebook friends, who may be hurt by the information or simply "weird-ed" out by it. A student may then bring this information to attention, which could potentially affect the job security of the responsible administrative member. This information should not be available to students in the same way that student information should not be available to administration.

Facebook can be a positive networking tool and a place for individual expression, but these benefits should be shared only with like members. When students and administration become Facebook friends, the line between "friend" and "professional relationship" becomes blurred and can lead to negative consequences for both parties involved. If you are a student member of Facebook, consider what you will be sharing before you become Facebook friends with an administrative member and vice-versa. Remember that it is better to keep certain information private so that it doesn't cause trouble for anyone.



Lagon page of facebook.com

Photo By Jessica Randall

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Spotlight

Dr. Steven Norris



By SAMANTHA NETZEN

The Biology department here at CSUCI is rather impressive. There are many full-time faculty members as well as lecturers and other staff members. One such lecturer is Steven Norris, PhD. Dr. Norris has earned three degrees in science over the years, his Master's degree and PhD in Zoology. He has studied in Colorado, Oklahoma, and Arizona State universities to attain these high degrees. Dr. Norris has also studied both in Europe and in Mexico for his post-doctoral position as well as working in a museum in Belgium studying African fish.

When he isn't teaching Biology, Dr. Norris enjoys studying different species--mainly fish--and traveling the world with his wife, who is another professor here at CSUCI. Dr. Norris enjoys traveling to historical sites, such as national parks. He is also interested in military history and history in general. However, it seems that his main interest is in the field that he works in: Zoology. Dr. Norris is interested in studying fish evolution and diversity, and has published papers on fish from Africa and Mexico.

Something people may not know about Dr. Norris is that he has a collection of over two thousand books on fish. This collection has been twenty years in the making, and can take up enough space to fill 100 boxes.

So why is Dr. Norris here at Channel Islands? He admits that he is what is called a "trailing spouse." He loves working here and is grateful for it, but his wife is the one who got the job here at CI first. However, this does not mean that Dr. Norris is any less of a professor. His lectures are easy to follow for both biology experts and newcomers.

We're glad you're here Dr. Norris.

Holiday Spending 101



Photo By Jessica Randall

By: SHIRA MOSKOWITZ

Everyone's favorite time of the year is finally here! The holiday season is back, and it is more difficult this year than any other year to manage holiday spending wisely because of the national economic crisis. As college students, it is a constant struggle to manage money throughout the year, and it is especially tricky during the holidays. When you are shopping this holiday season, it is important to remember that it is not the actual gifts that matter, it is the thought and love behind it.

There are a few things that college students can do to manage their money wisely this holiday season. Here are the top 6 ways to save money during this shopping-crazed season:

1. Give yourself a budget. Before you go shopping, decide how much you are going to spend. Give yourself a budget and stick to it.
2. Pay Cash. By paying with cash, one can actually see the money being spent with their eyes, rather than on a credit card which sometimes doesn't feel as real because it is just a swipe through a machine.
3. Make A List. Make a list for all the people you want to buy presents for,

and how much you want to spend on each person. Take this list when you go shopping and use it as a guide.

4. Send online e-cards. Sending holiday cards can get expensive. After paying for a card and the postage to mail it, the cash total can add up. Sending an online e-card is completely free and convenient.

5. Shop Prices, Not Sales. Every year around the Holidays, there are sales almost every weekend, but don't be fooled. Even though something is on sale, unless you know the relative value, it may not be such a great bargain.

6. Treat yourself. This may sound ironic when it comes to trying to save money, but it is an excellent strategy. There are things that you may not have bought for yourself that you end up buying for someone else on impulse. By putting yourself on your shopping list, it helps put what kind of gifts you want to buy for others in perspective.

Now that you know how to spend your money cautiously this holiday season go out and shop! The best part of the Holidays is thinking of others and enjoying the love all around you. Have a great Holiday and Winter Break!

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Monster Me! 72 Hours to Go

The Truth About Caffeine in Energy Drinks

By EVA KLEIN

With Finals week just around the corner, many CSUCI students wonder how exactly they will stay awake during their intense end of the semester studying. Some will find themselves turning to the caffeine buzz of an energy drink, or two, or even three in a single night. Some students may find themselves downing these sugary concoctions all week to make it through. It may seem harmless to use drinks such as Rockstar, Redbull, Monster, or any of the other various energy drinks to get your caffeine fill, but what are you really putting into your body? What risks are you really taking?

The buzz of the energy drink craze began in 1997 when they first started to hit the US market, and now it seems as if they are a staple among today's younger generation. The industry surrounding these popular drinks has grown to a reported 6 billion dollars with their target population being young adults. With the increased popularity, many began to investigate the

effects of these drinks.

Many people understand that these drinks contain a lot of caffeine, but just how much? One 12oz can of cola contains about 40 milligrams of caffeine, while one 16oz can of Rockstar contains about 160 milligrams of caffeine. This amount is four times that of a can of soda. Looking beyond the raw caffeine content are other powerful compound ingredients such as guarana, mawang, cola nut and green tea which can add even more amounts of caffeine. Taurine, another common additive in energy drinks was first isolated from ox bile which essentially amounts to bitter green liquid found in the lower intestine of these mule like animals. That last sentence was just a fun fact for you though, lets get back to caffeine.

Caffeine in itself is not necessarily bad for an individual; in fact, experts suggest that 200-300 milligrams a day is considered to be fine. Unfortunately, it is the misuse and abuse of these popular energy drinks that can cause a caffeine overload.

If you think that you have taken in too

much caffeine in a particular time period, you may experience anxiety, sleeplessness, restlessness, irritability, and dependence which can lead to a withdrawal of the drug. Withdrawal can include headaches, nausea, dizziness, fatigue, and even depression.

When the caffeine "drug" enters the bloodstream, it acts as a stimulant for the body. Heart rate increases along with the respiratory system and the nervous system. This causes one to have higher blood pressure because caffeine causes blood vessels to become more narrow. Research has shown that caffeine also stimulates the adrenal gland, which causes the release of cortisol and adrenaline. These are natural hormones that are found in the body.

The overall effects of caffeine overload can be scary and detrimental to physical and mental health. Taking in too much caffeine can even impair your ability to study and concentrate. So before you decide to splurge on energy drinks this finals season, be aware of the risks that you are taking and how they will affect your body and mind.

AMP Energy Drink & Starbucks Double Shot are just two brands that offer caffeine fixes for late night studying.

Photo By Chelsea Archer



RJ at Lacrosse practice

Photo By Jessica Randall

A New Club Sport on Campus

By MICHAEL WILLIAMS

Have you been walking around campus lately and noticed students carrying Lacrosse sticks? Students here at CSUCI have come together and formed a new Lacrosse Club sports team. The Lacrosse Club is the third and latest club sports team on the CSUCI campus following the soccer and sailing teams. For those student's who aren't aware of what this sport is about, Lacrosse is a team contact sport that combines elements and rules similar to those of football, hockey, and Soccer.

"We're looking to be able to compete at the collegiate level and may possibly be scrimmaging with Cal Lutheran and Pepperdine in the spring," said Jordan Rigberg, the Lacrosse Club president. "Anyone can join; the only thing needed is a stick to participate" Rigberg continued. With approximately twenty five students practicing on a weekly basis, the club is well on its way to a successful future. The club practices Thursdays and Fridays at 3:30 and Sundays at 4:00 on the Potrero Fields which are located just west of the recreation center at the Corner of Oxnard Street and Potrero Road.

The Lacrosse Club is a serious program and welcomes both beginning and advanced players. The team is currently all male but has aspirations of developing a female team in the future. If you are interested in being a part of this new club, grab a stick and head to the Potrero fields for a practice or ask one of the members what it is all about.

2008 Fall GOING, GOING, GLOBAL INTERNATIONAL TRADE CERTIFICATE

Oct 4, 2008 - Dec 13, 2008 (Alternate Saturdays) / 9:00 AM - 1:30 PM
Oxnard College (4000 South Rose Ave, Oxnard, CA 93033) Room JCC-3B

Workshop 1- Oct 4

INTRO TO INTERNATIONAL BUSINESS STRUCTURES, & ADAPTATIONS, DOCUMENTATION AND COMPLIANCE

Market research and internet resources; counterparts; qualifications of counterparts; US import process; export licensing; 7501 & SED; documentation.

Workshop 2 - Oct 18

IMPORT/EXPORT MATH

Incoterms; components of a landed cost; percentage and fixed cost; cost of money; weight or measure; pricing negotiations.

Workshop 3 - Nov 1

CONTRACTS & BASIC ORDERING AGREEMENTS; FINANCE & PAYMENT TERMS

Open accounts; advance payments; documentary collection; letters of credit; foreign exchange; purchasing agreements; sales agreements; clauses of an international sales agreement.

Workshop 4 - Nov 15

LOGISTICS AND SUPPLY CHAIN

Freight forwarders; customs brokers; carriers; terminal operations; warehouses and 3PLs (third-party logistics providers); risk management.

Skipped Nov 29

HOLIDAY WEEKEND

Workshop 5 - Dec 13

STEPS OF AN INTERNATIONAL TRADE TRANSACTION

C-TPAT & Homeland Security; organizing your trade transactions; best practices in international trade; components of an international business plan; your logistics program.

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2008 Fall STARTING & MANAGING YOUR OWN SMALL BUSINESS

Sept 27, 2008 - Dec 20, 2008 (Alternate Saturdays) / 9:00 AM - 3:00 PM
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Workshop 1- Sep 27

STARTING A NEW BUSINESS

Is small business your road to success? We will show sources and help you research your options and your personality to find the right business for you.

Workshop 2 - Oct 11

PREPARING A WINNING BUSINESS PLAN

Business planning allows us to save money by making our errors on paper not in our check book and our new business. This class will show you how to develop a powerful business plan to guide your team and secure financial backing.

Workshop 3 - Oct 25

MARKETING, THE HEART OF ALL BUSINESS (NO CUSTOMERS = NO BUSINESS)

Marketing is the heart of any business. Gain the skills to acquire & retain customers. We will explore both top down and bottoms up approaches to this vital business function and tailor the tools to your business.

Workshop 4 - Nov 8

FINANCIAL MANAGEMENT (SHOW ME THE MONEY)

Financial management has key tools to keep your business & profits growing. Learn about cash flow, how to read financial statements and use financial information to manage your money.

Workshop 5 - Nov 22

MANAGING YOUR BUSINESS FOR FUN & PROFIT

Business management and administration is another of those skills that spells the difference between successful business and just job. We will cover building your team, obtaining professional help and purchasing insurance and other basic needs of your new business.

Workshop 6 - Dec 6

HOME-BASED & INTERNET BUSINESSES

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Alumni Note: Take this time

By ANNEKA BUSSE
ALUMNI '07



Hello! I am Anneka Busse, Class of 2007! My major was Psychology and minor was Political Science. I am now working towards my Masters in Marriage and Family

Therapy at the University of Southern California. I am really enjoying grad school and find that Channel Islands prepared me well.

While at Channel Islands, I was the 2005-2006 Student Body President, ASI Chair, worked for Student Life and Orientation programs and represented CSUCI in Washington D.C. as a congressional intern. I believe those experiences are part of what makes me who I am today. So, current students-Get involved. Join clubs that interest you. Some of the best moments I had in college were the ones spent that integrated what I learned in the classroom to daily life and in co-curricular activities. It's a great way to meet friends and have a great time while getting involved. Also, be open to new experiences and people. Join a cultural club that is of a culture not your own. Take multicultural classes. Get out of your comfort zone! You never know what you can learn.

Do research with the faculty in your program. If you plan on going to grad school, research will definitely help you along the way. Also the relationships you build with the faculty will be ones that you will learn from and cherish. Take advantage of the opportunities to know faculty and staff! Not every college will allow you that opportunity. They will give you great advice and support you through the college experience. The student affairs staff helped me a lot in my personal growth. Take advantage of what they have to offer.

Enjoy your college experience fully- every moment every day. Don't let this time pass you by- it goes by very fast! Good luck!

By KRISTA WILBUR
ALUMNI '08
KRISTA.WILBUR@YMAIL.COM

As a straight 25-year-old woman, I am sickened by the things I hear around me every day in the aftermath of California's disheartening vote on Proposition 8. How can we, as a state have elected Barack Obama by 61% as the next President of our country, only to deny basic rights to millions of Californians? I hear people say they voted no on Eight because it would violate their rights as parents by making their children learn about gay marriage in school and contradict the values taught at home. While I'm not questioning people's right to have their own guiding values, and I commend them for having them, I have a question in response: where is my right, as someone who might have children one day, to withdraw my student from homophobic "instruction" that teaches it is only acceptable for a man a woman to get married? That violates my rights as a parent as well since I disagree wholeheartedly. My children won't be educated by someone who doesn't respect or represent the rights of all individuals. If children do, indeed, learn about any marriage in school (and I'm hesitant to believe they do; I would like to see the proof of those "96% of schools" that teach it), then their parents deserve the right to pull them out of ANY instruction that may be contradicting in nature to their own beliefs, which already happens. Parents have the ability to withdraw their children from sex education instruction, ask for alternate reading assignments, and keep their children from field trips they've deemed inappropriate. How can Prop 8 supporters contend that they wouldn't have the option to prevent their children from learning about gay marriage in school? If they argue for rights as conservative parents, then they must see both sides and acknowledge my rights as a liberal parent not to have my children educated to only the standards acceptable to the religious right.

Opinion

Prop 8 = Prop Hate

Prop 8 supporters talk about our country being founded on Judeo-Christian values with the goal to practice their beliefs without persecution; however, my right to support and believe in gay marriage has been revoked because it's not the majority. How can someone who believes in the sanctity of gay marriage have the freedom to practice that belief when they are persecuted by the people of California? Really, the first people on American soil were a bunch of English bullies who took this land away from the natives. And that's exactly what we still are: bullies who decide what the minority has permission to do or not do, and it seems that we are restricting more than empowering. Sad that we are a country with a rich heritage of diversity and we still chose to persecute rather than embolden.

I dislike bringing religion into this debate. While our country may have been founded on Judeo-Christian values, it's 2008 and we're now a secular country who believes in the separation of church and state as mandated by the Free Exercise Clause of the First Amendment in the Bill of Rights ("Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof"), which was, as a reminder, written in the 1700s. This isn't a religious issue, at least not in the eyes of the government, so quit making it one. Let's go back to our roots and remember that the Constitution promised equality for all. Judeo-Christian beliefs that are antiquated and disrespectful to modern America. If you want to bring religion into this, then let's be real: you have no right to judge, condemn, or otherwise limit a person's rights when the ultimate decision maker to you is God. Doing so simply exposes your own hypocrisy.

Voting no on Prop 8 wouldn't have forced anyone to accept gay marriage. Gay people who want the right to marry aren't asking everyone to agree with their lifestyle; they are simply asking that people treat them as you've been treated: with respect and dig-

nity. They're not asking that your tax dollars fund their wedding! We say we've come a long way since the days of Brown v. Board of Education, and perhaps we have racially/ethnically, but have we really in other areas? No. As Californians, our state still clings tight to the idea of separate but equal - people think "We'll 'give' them a civil union, and huzzah, it's separate but equal!" News flash: separate is NOT, NEVER has been, and NEVER WILL be equal.

How can supporters say they value marriage when they ignore national divorce rate, which currently stands at 50% for first marriages? We trivialize marriage with cheap Vegas weddings and by expecting teenage mothers to marry their babies daddy. We don't respect marriage when military men marry solely for greater benefits and we turn the other way. Until we address the multitude of issues affecting marriage, gay marriage isn't the main concern. Your "traditional" marriage would've never been threatened or challenged by two women or two men getting married. It would've been strengthened because everyone would be able to realize the value and the promise of marriage.

Lastly, Prop 8 supporters say they aren't stopping gay people from enjoying a gay "lifestyle" and civil unions; they just don't want their marriages interfered with. No one is stopping straight people from living and believing how they desire, either - of course not! They're the majority, and no one will ever take away the right for a man and a woman to marry. Straight couples will never face what a gay couple faces. No one will ever try preventing them from adopting or look at them with hatred in their eyes when they're holding hands with their spouse in public or stop their significant other from coming into their hospital room or make changing their names hard. So it's easy for Prop 8 supporters to demand that no one interfere with their lives, because no one ever will. They will never be oppressed by anything like Prop Hate.

Panini Amore



Just inside the entrance of Panini Place

Photo By Chelsea Archer

By: BROOKE SCHAFER

Panini Place on Ventura Blvd. in Camarillo offers a genuine European experience right in our own neighborhood. Charming, unique, delicious, and friendly are among many of the positive words that come to mind for Old Town Camarillo's new addition. Panini Place isn't hard to miss with its beautiful brick decoration on the outside of the building that immediately attracts the eye. However, the outside does not even compare to the European style décor, friendly staff, and decadent menu on the inside.

The evening I stopped by Panini Place, I met with one of the owners, Jose Miquel Undurraga, and felt immediately welcomed. Jose was eager to show me around

and share with me the longtime dream that he and his wife, Luz, had of opening a small café. This local couple decided to open up a restaurant that was unlike any other restaurant in Camarillo. They succeeded with their unique, but absolutely delicious European style menu. Panini Place opened up on the Fourth of July this past summer with the fear that people may not show up due to the holiday. Within just hours after opening, their worries were soon calmed when the place became packed. I can easily see why the hype hasn't settled. When I asked Jose Miquel why he decided on making the Panini his main attraction, he responded by saying that they are, "light, healthy, and versatile." Panini Place offers 12 of the delicious Italian style sandwiches. Along with paninis, there are also other various sandwiches, salads, soups, and tapas on the menu. Breakfast is also offered. Panini Place offers a wide variety of wine and beer, and happens to be the only place in Camarillo that has a gelato case. Not only does the café have a large selection of mouth watering desserts, but also offers a full coffee menu that gives chain coffee houses a run for their money. Panini Place has a comfortable setting and reasonable prices for a perfect date, study session, or for someone who would like the European experience without the horrific plane ticket prices.

Panini Place is located at 2145 Ventura Blvd in Camarillo. It is open from 8am to 8pm Tuesday through Thursday, from 8am to 9pm Friday and Saturday, and from 8am to 2:30pm Sunday and Monday.

The café also offers a 15% discount to Channel Islands students upon showing their school I.D.



Photo of the co-generation power plant from the west side of campus

Photo By Jessica Randall

We Have Power

By TIM ALLEN

Wondering what that odd building hiding in the East corner of the campus is? The one that constantly spews out a small amount of steam and lets you know anywhere on campus that it's receiving a phone call? It's a co-generation power plant privately owned and operated by OLS. Dave Chakraborty, Director of Planning, Design, and Construction for CSUCI, states the plant has been in service since the 1980s, producing 26 Megawatts of power.

The plant has the same functions as it did for the hospital, providing electricity and steam at a reduced rate than if the campus were to receive these services from

standard companies such as Southern California Edison. The campus only uses a small fraction of the total production capability of the plant, so the rest is simply sold back to the power grid for profit for OLS.

If you have heard anything about a New Central Plant, Dave wants you to know that this is a real project, but it won't be replacing the Co-Generation Plant. Rather, the New Central Plant will be a hydronic system used for heating and cooling for the entire campus, and will be located between the Co-Generation Plant and campus, near the hub. University Hall will be set up this spring, the Bell Tower by the end of this summer, and the entire upgrade will likely conclude by the end of 2009.

COLLEGE 101: CHRISTMAS

BY CALVIN NYE

GOD WHERE IS RICK, HE WAS SUPPOSE TO BE HERE AN HOUR AGO.

I DONT KNOW? ISN'T HE SANTA THIS YEAR, RIGHT?

HEH, HEY DO YOU THINK RICK HAS TOO MUCH CHRISTMAS SPIRIT...

OR THAT CHRISTMAS SPIRIT FILLED HIM TOO MUCH?