

Cross-Country

Seniors take identical paths to CSUB. Page 4

Withdrawal

Staff writer endures a whole week without television. Page 4

Basketball

Holds annual tip-off event. Page 7



The Runner

California State University, Bakersfield

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www.csub.edu/runner

Innocent bystander killed during on-campus event

By Ashley Sizemore
Video Editor

Shots were fired at CSUB as people were trying to leave an event that got out of hand.

On Oct. 21, as fights broke out at a haunted house/party near the Education Building and into Parking Lot F, gunshots went off and the only victim was 18-year-old Bianca Jackson.

Jackson, an unintended victim, was not a CSUB student and it was presumed that the shooters were not students as well.

In an article by KERO Bakersfield, it was reported that a university police officer responded to the fights, contacted the Bakersfield Police Department at 11:40 p.m. and had pepper-sprayed those in the fight, which grew bigger as it moved to

Parking Lot F. The officer then heard multiple gunshots, and soon found Jackson unresponsive.

KERO Bakersfield also reported that Jackson's friend and student Brylyn Hadrian stated that Jackson fell on Hadrian's back, and looked at her.

"She was like 'dude' and looked at me. Just the look she gave me, she couldn't breathe," said Hadrian.

Jackson was taken to Kern Medical Center where she died shortly after midnight.

The next morning, students were concerned that they were receiving emergency phone calls and text messages around 6 a.m. regarding an "isolated incident." CSUB gave a statement shortly after announcing that President Mitchell would be addressing the campus in the Student Union Multi-

Purpose Room.

Mitchell, along with University Police Chief Marty Williamson and Janet Millar, who is the counseling training director, was there to answer questions that the campus community had.

Students and staff/faculty members were quiet as they were intent on listening to the questions that several audience members had.

Some asked questions

regarding the safety of the campus and if there had been more officers on hand at the time of the shooting, could it have been prevented.

Williamson stated that it couldn't because it was a criminal act, which, by definition, means someone

[See INCIDENT, Page 3]

Students react to shooting, Page 3

Avoiding registration issues for freshmen and transfer students

By Stacey Williams
Staff Writer

It is time to register for Winter 2011 classes. If you are new to registering, you may have some problems or it might run smoothly.

Classes are filling up quickly, and the course you might need could be gone. Rebecca Wright, a pre-law transfer student from Los Angeles, said: "The only problem I had registering for classes was that the classes I wanted were closed already, and I really needed them. I think that there are just too many steps to make sure that you are truly in the class. They need to make it a shorter process."

Some people have priority registration, so they can register earlier than the rest of the university. I have had some problems myself registering for classes because apparently the process does not recognize my transcripts.

These problems may come up when you try to register. If they do, here are some steps to take. First, you need to call the department of the class you are trying to enter, and they can try to get you in that class immediately if it is still open.

Next, if you are a transfer student, make sure that your General Education Certification came along with your transcripts because some of the classes you are trying to get into need prerequisites, so you will not be able to enter the class without speaking to the department for that class and making sure that they have your transcripts.

Junior accounting major Griselda Romero said: "My registration process was pretty simple. I learned how to navigate through MyCSUB. It also helped that I was prepared with the classes I was searching for."

If you find that some of your classes have not transferred or you think some of the classes you have taken elsewhere have not transferred, then you need to go see your assigned evaluator and see what the holdup is. The advisers and evaluators at CSUB are there to help, and they will.

Men's soccer clinches Pacific Division title



Mark Nessia/The Runner
CSUB's Kory Kindle, left, jumps over two Air Force defenders and heads the ball toward the goal during Sunday's 3-0 win. The Roadrunners clinched the Pacific Division over the weekend, securing a first-round bye in the Mountain Pacific Sports Federation tournament. Story on Page 7

Expo lets participants pay tribute to the dead

By Jesus Cardenas
Staff Writer

It is dark at night; the white fog is covering the window, blocking everything in sight. Halloween has just recently passed, but its spirit continues to lurk into the pitch black field of the cemetery. The spirit arrives at the land of Mexico, and circles every tombstone in sight and silently sets into the carvings of R.I.P. The Day of the Dead, more commonly known as Día de los Muertos, has just begun.

Día de los Muertos is a ritual that is celebrated in Mexico and certain parts of the United States on Nov. 2. Families gather to pray and remember their deceased friends and family members. Calacas are wooden masks that people use to dance and celebrate their death.

Once they are done dancing, the wooden masks are placed in altars that are dedicated to the dead. An altar is also known as an ofrenda, which is an offering. In these altars, the dead return home to visit their loved ones. The family sets up the altar by first placing a photograph of the deceased one in the centerpiece of the altar.

The frame is personalized with mementos that reflect the individual. For example, if the individual had a deep passionate love for music that paralleled his love of romance, vanilla candles and roses are placed around his frame.

Secondly, the deceased's favorite dish is placed in the offering. Traditionally, tamales, mole, and seasonal fruits are placed in the altar.

Creating a personal dish for the honoree adds a more personal touch. Candles are placed around their favorite dish. White candles represent hope, purple are pain and lastly pink represent celebration. A bar of soap, a towel, and a bowl of water are placed to guide the deceased one on his long journey to arrive at the altar and refresh himself.

All the parts of the altar should reflect what the deceased one enjoyed in the physical world. Dacia [See MUERTOS, Page 3]

SIFE teams up with CSUB athletics to can hunger

By Keith Koski
Staff Writer

The Students In Free Enterprise (SIFE) have held a canned food drive. They partnered with the CSUB athletics team to "Can Hunger" at the CSU Bakersfield men's soccer game on Friday, Oct. 15, against San Jose State, as well as the CSU Bakersfield women's volleyball game on Oct. 20 against Fresno State.

David Olson, Sam Walton Fellow and adviser for the CSUB SIFE team, said, "Besides just the games where people can donate, there are donation

cans set up in the following buildings: Dorothy Donahoe Hall, Science III, Student Union, and the BDC buildings where students can drop off canned goods for this drive."

Olson said: "SIFE is not just a club at CSUB. It is international and there are 1,500 different schools that are a part of this. We apply business to help other people. SIFE's tag line is 'A head for business. A heart for the world,' and this fits perfectly with our let's can hunger challenge."

"This is the first canned food drive we have held, and the food collected will benefit the needy in town. It will

be given to the Golden Empire Gleaners, who have a branch in town."

Olson continued: "The goal of this canned food drive is 5,000 pounds, but more is better. We are looking for everything from anchovies to zucchini."

Lauren Williams, an art major at CSUB, said, "Canned food drives are a good thing because they benefit the community."

The canned good drive ended on Oct. 27. For more information about the SIFE organization, look up www.SIFE.org.

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The canned good drive ended on Oct. 27. For more information about the SIFE organization, look up www.SIFE.org.

Fundraiser step in right direction

By Eloy Vieyra
Staff Writer

The weather forecast for Saturday was early morning showers, but that wasn't going to stop people from participating in the Multiple Sclerosis Walk.

The walk took place Saturday at Yokuts Park and followed the Kern River Path. Participants had the option to walk three miles or just one.

The walk for MS was organized by the National Multiple

Sclerosis Society. The proceeds from the fundraiser went to further research for MS in hopes of getting a step closer to a world free of MS.

The day began with participants checking in at 7 a.m. and then continued with the opening ceremonies at 8:30. There were booths set up in the park with food and entertainment. The kids gathered around a clown who was blowing up balloons. The Boy Scout Troop #484 band provided the music as participants gathered their

Seven-day weather forecast
According to weather.com



Wednesday
Hi: 84
Lo: 64
Percip. 0%



Thursday
Hi: 86
Lo: 63
Percip. 0%



Friday
Hi: 83
Lo: 55
Percip. 0%



Saturday
Hi: 72
Lo: 51
Percip. 0%



Sunday
Hi: 74
Lo: 53
Percip. 0%



Monday
Hi: 67
Lo: 49
Percip. 30%



Tuesday
Hi: 67
Lo: 48
Percip. 0%

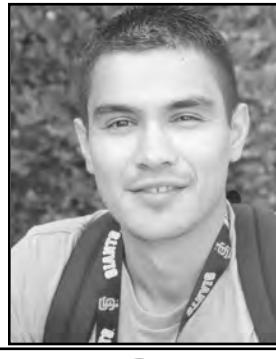
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RUNNER ON THE STREET

By Mark Nessia, Editor-in-Chief, and Derek Bato, Web & Opinions Editor

This week, The Runner asked, "What did you think of the university emergency response system for the Oct. 21 shooting incident?"



Gonzalo Narango
Junior,
Chemistry



Michelle Garcia
Freshman,
Nursing



Raj Singh
Junior,
Pre-engineering



Amber Castro
Junior,
Child development

"It's good they let us know something happened, I don't think they always have to say what."

"I think it was really cool, it's important – it was really fast."

"I didn't read it because it didn't affect me in any way."

"I don't really know a lot about it – it could have been more specific."

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The Green Gazer #9 By: Victor Maldonado & Derek Bato

Consistency



The good, the bad and the unmentionable A close look at restrooms on campus

By Victor Maldonado
Staff Writer

There are few things more uncomfortable than "shooting a deuce" in a public restroom. Unfortunately, it is inevitable that sooner or later you will have to bite the bullet and "blow up" one of the restrooms on campus, especially if you are on campus for an extended period of time.

I found myself in this situation more than once in my four years on this campus, so I have decided to locate the ideal men's room at CSUB. Before I began my search I had to decide what qualities a bathroom must meet in order to be considered ideal.

Firstly, the restroom must be reasonably clean; I realize that these are public bathrooms, so I don't expect to be able to eat off of any of the surfaces, but at the same time I shouldn't have to wear a HAZMAT suit.

Second, the restroom should have a relatively low amount of traffic, meaning the lower the number of people who use it the better. Again these are public bathrooms, so each one is going to see some action.

Third and most important, the restroom must have all essential supplies, i.e. seat covers, toilet paper, hand soap, paper towels and stall doors; yeah you read that right, stall doors.

Using a combination of inspection and anecdotal evidence provided by



Brian Farinas/The Runner

Going No. 2 on campus is skipped more than class.

several students, I have identified the three worst and three best restrooms on campus.

Collectively, the dorm restrooms are among the worst restrooms on campus; oftentimes users of these restrooms are confronted by a plethora of unnatural smells, filth and vomit-caked fixtures. Three of the four persons interviewed for this article immediately identified the dorms as the grossest restrooms on campus. Junior business administra-

tion major Daniel McCutcheon, a former resident of the dorms, had this to say: "Students in the dorms need to respect the common facilities."

In addition to general lack of cleanliness, junior communications major Fernando Miranda, a current resident of the dorms, says that the doors' locks are sometimes broken.

The Dorothy Donahoe hall restroom is the next worst offender. Spent paper towels often litter the floor of this restroom; in addition to paper

towels the floor of this restroom is on occasion covered in shallow puddles of either water or urine, making this restroom particularly disgusting. And because this restroom is in a densely populated area of campus, it sees a lot of action.

The third worst restroom on campus is the one attached to the Performing Arts Building, in addition to this bathroom being filthy; it lacks working faucets and a stall door. "How are you supposed to 'pay your gas bill' with no stall door?" junior studio art major Brandon Landers says. Though this bathroom is cleaned often, there is a permanent stench from thousands of hours of use and abuse.

The conditions in these restrooms cannot be blamed on the school's facilities or the custodial services; these conditions are the result of the students and their lack of manners. Many of the problems in these bathrooms can be solved simply by aiming.

The best bathrooms on campus meet all three of the aforementioned criteria. They are relatively clean, secluded and fully stocked.

The restroom on the first floor of Science III is one of the best restrooms on campus; it is clean, hardly has any trash on the floor, is secluded enough to spend a fair amount of uninterrupted time in, and has never had a shortage of any of the essential supplies. In addition to meeting all of the criteria, the stalls are covered in graffiti that is actually quite amusing to read.

The next best restroom to use is located on the first floor of the library. It satisfies all of the requirements and seems to be cleaned daily.

The absolute best men's restroom on campus according to all four of the people interviewed for this article is the fourth floor library restroom. In addition to being clean, secluded and stocked, the restroom offers a great view of the campus from its solitary window. "I like to use the fourth floor because it feels like I'm crapping on the whole campus," said an anonymous source. Landers had this to say about the fourth floor restroom: "it's like a quiet sanctuary."

So the next time you find your lunch disagreeing with you and you know you're not going to make it to your house, head for either Science III or the library. And remember, it's not hard to aim, flush, or drop your used paper towels in the trash.

'The Dispatch' Safety on campus parking lots

By Justin Gildner
Sergeant, CSUB
Police Department

As we head into the month of November and the change of season, here are some friendly reminders to keep you safe throughout the holiday season.

Remember that the time change, (November 7th) also means it starts getting dark earlier. With less daylight throughout the day, there are more opportunities for criminals to commit crimes. Staying safe in parking lots not only apply to CSUB, but to the many parking lots you most likely will be frequenting throughout the holidays.

One of the most effective ways to stay safe is being aware of your surroundings. Cell phones and iPods can be very distracting. Be wary of people who try and talk to you while

you are walking to your car. Don't let someone you do not know walk with you to your car.

If while leaving CSUB you ever feel unsure or unsafe walking to your vehicle, call University Police and request an escort. We will send one of our student Community Service Officers to walk with you out to your car. If a CSO is unavailable, a police officer will be dispatched to your location. Trust your instincts. If it doesn't feel right, it probably isn't. Report suspicious people and/or activity to UPD immediately!

If at all possible, park in well lit areas of the parking lot. Lock your doors when leaving your car and have your keys in your hand ready to use when returning. Then lock your door as soon as you get back in the car.

If you find yourself in a situation where you don't have

any means of contacting UPD, the campus community has 25 Emergency Blue Safety Phones placed in various locations throughout campus available for you to use in the event of an emergency. The phones are easily identifiable by the blue lights on top of the yellow pole. If you need to report a suspicious circumstance, medical emergency, or request immediate police help, activate the emergency phone by pressing the large button. Speak clearly into the microphone and state the nature of the emergency. The dispatcher will send assistance to your location. In the event a caller does not respond or is unable to speak, a UPD officer will be dispatched to that emergency phone's location to investigate.

Just an example of the many tools and resources available to you here at CSUB to keep you safe!

Shooting on campus rattles CSUB students

By Sandy Ornelas
Staff Writer

On Oct. 21, a tragic event occurred on campus that still has many CSUB students and the community shaken up.

A club on campus scheduled a small party for about 40 people, but the number grew unexpectedly. Many people who weren't CSUB students were invited at the last minute to this event. It's still unclear what really happened, but during the event a conflict broke out in Parking

Lot F. Gunshots were fired and innocent 18-year-old Bianca Jackson was murdered.

Two males were arrested that night but were released soon after. The Bakersfield Police Department is still looking for the criminals responsible for this crime.

Bryan Ortiz, a criminal justice major, said: "I was there at the party; it was shocking and scary. But I feel that the school is still safe; just the party was unorganized."

Ortiz said the school informed him about the situ-

ation well.

Leticia Espinoza, a Spanish/economics major, said: "I feel like the school is unsafe. I thought events were only for CSUB students."

"I didn't think something like that would happen at a school like this. The next day classes were still going on, but I didn't feel safe," said biology major Ezequiel Bojorquez.

Bojorquez also said that the school informed him well.

"I got a text, an email and a phone call," he said.

CSUB President Horace

Mitchell arranged a conference to the media on Oct. 27 to address what the school is going to do to improve school policies on campus.

"While the university is a safe environment, no environment is 100 percent safe, where criminal behavior can happen at any place. But nonetheless we want to minimize the possibilities that it will occur here and so we're reviewing our procedures," said Mitchell.

The school is working on three reviews at this time, one the Bakersfield Police

Department is doing and the other two the campus is doing.

The Bakersfield Police Department and the University Police Department are doing a criminal investigation that is still ongoing.

The two reviews the campus is doing are a policies and procedures review and a review where they check that the current policies were fulfilled the night of the incident. They make sure the policies and procedures are current and decide whether

or not they need to be strengthened so this situation doesn't happen again. This review will be finished by the end of next week, and they will declare whether it needs to be changed or not. The last review will take longer.

"Any time violence like this occurs, it reminds all of us as a community to work together to stop this kind of senseless violence," said Mitchell.

Incident brings about review of campus policies and procedures

[INCIDENT, from Page 1]
intentionally fired shots.

Millar offered counseling for anyone having a difficult time due to the shooting and she emphasized this was in no way the club's (Black Young Starz) fault.

Another topic that was addressed was the fact that CSUB is an open campus and anyone can walk onto campus any time. Mitchell fully addressed this topic at another conference held on Oct. 27, in which he said: "I'd also mention that a university, especially a public university, is an open community. We've seen many

questions ... (such as) will we check to make sure people don't bring weapons onto campus? Will we check IDs of everyone? ... But, unlike some private universities that have only gated entrances, a public university is open, which means any member of the public can walk onto our campus at any time. And it would be impossible to search everybody ... or to make sure about exactly who is here at any given time. Certainly we're looking at [the question of] people attending specific university events."

Tyree Boyd-Pates said that

he was next to the parking lot in his dormitory and didn't hear anything. The first mention he received was the emergency text message the next morning.

Other students shared on the C S U B ' s Facebook that they wished they received the notice sooner. Others shared that the situation was shocking.

"[I was] just surprised, just wondering what was involved – if there was any

threat to the students," said Jennifer Bickle, a nursing student.

Senior Shaun Rice thought there wasn't a big issue with the number of officers.

"I was shocked that it happened, but I don't really think there was a problem with security," said Rice, a

computer science major.

Mitchell also addressed that there are three reviews that are currently ongoing.

The first review, conducted by both UPD and BPD, is the criminal investigation. It is advised that any information be directed to Det. Dennis Murphy at 661-326-3861. The second review is on campus policies and procedures.

"I will mention here again that while the university is a safe environment, no envi-

ronment is 100 percent safe. Criminal behavior can occur any place. But nonetheless, we want to minimize the possibility that it will occur here. And so we're reviewing our procedures," said Mitchell.

The last review is in regards to whether or not the current policies set forth were implemented the night of the shooting.

Students had mixed feelings regarding the shooting and the current policy.

The Runner *Online* New Videos!

"Blood Drive" **"Zombie Walk"**
"Halloween" **"Greek Rush"**

www.csub.edu/runner

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Are you a club or organization on campus interested in placing an ad in the Runner? Contact the Runner at runner@csub.edu. Ads for student clubs and organizations are free. Hurry and submit an ad today! Space is limited and going fast!

Bakersfield celebrates Día de los Muertos

[MUERTOS, from Page 1]

Zamora, CSUB junior, said: "I really love offerings because it gives a chance to connect with our loved ones once again. I left food on an offering and by the next day it is gone. It was an amazing experience that connects the physical world to the supernatural world."

Bakersfield's 18th Annual Día de los Muertos Expo, located at the Golden State Mall, is the place to be to learn about this sizzling ritual of the dead. The event started in Oct. 30 and lasts until Nov. 4.

"The event is a really fun experience that introduces and teaches visitors how the ritu-

al is celebrated. You will have a blast," says Dolores Huerta, coordinator of the event.

George Toro, a visitor, said, "I really enjoyed watching the folklorico dance performances. I got off my seat and started dancing to the beat of the mariachi music."

The event also features a screening of the Academy Award-nominated Mexican film "Macario", starring Ignacio Lopez Tarso.

On Nov. 2, there will be live music by Mento Buru, Velorio, and Vanity Avenue. Poetry and the Día de los Muertos Art display will be available to be viewed on each event day. Admission for the ongoing event is free.

Walkers take steps toward finding a cure

[WALK, from Page 1]

teams together. There was also a Halloween costume contest, a raffle, and many other prizes that participants were able to win.

The walk officially started at 9 a.m. and several hundred people made their way down the path that runs along Truxton extension. Every team had its own t-shirts and walked in groups down the path. "It's cool to see all the teams with their own shirts. Everyone had a different theme and I even saw one team put a shirt on their

dog," said Amy Hamdoun, a participant of the MS walk.

The MS society had volunteers set up along the path and also had golf carts driving up and down the path assisting people with rides or water bottles.

As the participants made their way back toward Yokuts Park, there was more food set up for everyone to enjoy after the 3-mile walk.

The day concluded with everyone socializing at the park and getting to know others that suffer from MS. "This year I was able to get

more people on my team and walk. It was a good turnout.

I'm happy with my friends and family who came out to support me and everyone else that has been affected by MS," said Sam Ayoub, who suffers from MS and participates in the walk every year.

The MS society had a goal to reach \$100,000. They raised \$66,486.36, which was still considered to be very successful.

For more information about Multiple Sclerosis and ways to donate time or money, visit nationalmssociety.org.

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Reina Santa/The Runner
Justin Finch and Tara Corcoran participate in SRC's Salsa class.

Salsa classes offered at SRC

By Reina Santa
Staff Writer

Salsa is a Latin American dance that combines aspects of jazz and rock with African-Cuban melodies. Every Monday and Wednesday at 9 p.m. in the Student Recreation Center, magic is created in the form of dance.

Dance is known to be art that refers to movement of the body; it gives social interaction and

can present itself in a spiritual way.

The salsa dance instructor at the SRC is Isaac Hedgemon.

Hedgemon said: "It's one of the best ways to get toned up and lose weight. Many people tell me they don't attend because they feel that it may be too hard. Dance is not hard for those who are willing, and even then, it's a form of art. You can teach a student how to paint, but, ultimately, he forms his

own art."

Truthfully, dance is part of what makes us human. That is why it is categorized in the Arts and Humanities Department, and is known to be a natural form of human communication.

Turn on some music with a strong beat and you will see a tiny toddler who can barely stand in his or her playpen start to bounce and sway to the rhythm.

When interviewed, many of the

students who take the salsa class only gave positive feedback.

Daryl Dean said: "I've danced for a while but, regardless of the knowledge I have, people just help out each other in the class. It's really fun and a really good way to lose weight."

Case in point, shaking that salsa definitely contributes to getting that good-looking body.

Don't believe it?

Go watch, "Dancing with the Stars," on ABC.

Racing through life together

By Lauren
Figueroa
Staff Writer

Casey Glassey and Arianna Celis are not just the only seniors on the cross-country team, but they are also close friends and roommates.

Both Glassey and Celis are transfer students from Riverside Community College and have been on the track and cross-country team for two years at CSUB. Celis is a chemistry major, and Glassey is a studio art major.

Their future on a competitive career for cross-country comes close to an end, although after graduation Glassey would like to compete in open events.

Celis said, "I want to run for sure and train – not sure about competing."

Competing for both of these girls is more for personal enrichment and growth rather



Photo courtesy of Sports Information
Casey Glassey and Arianna Celis run side by side.

than just winning first place. When they skip out on a day of running, they feel it; running is their drug. They have been running both cross-country and track because they are passionate about the growth you gain, not only physically, but also mentally.

Running is nothing short of hard; both these girls run every day of the week, including weekends. The best thing is that they train together even outside of practice. Celis has been doing track and cross-country for six years while Glassey has been doing both for eight.

Glassey said: "We both train everyday, and double days three times a week.

Basically, any free time we are not eating or studying, we are running."

As running for CSUB comes to an end with her cross-country team, Celis stated that, "I am going to miss having running partners to train with every morning, to have something specific to do."

Glassey added onto Celis and said, "I will miss the family aspect you get from running with your friends and teammates."

Not only is it a personal achievement to excel in running, but both Celis and Glassey have been lucky to have influential people to push them even harder. They have had present and past coaches that helped shape them the way they are today, and not only through running.

"I think every coach I have had has influenced me in a different way," said Glassey.

Coach Barbee was their Riverside cross-country and track coach and is someone who they will both never forget because he is an inspiration and motivator for both of them. Reminiscing all the good times they have had in running cross-country and track leads to many memorable moments.

"Actually having Ari with me to train and

all is memorable," said Glassey while Celis shyly smiled in the background.

"Every time you run and achieve a PR (personal record), it is a memorable moment," stated Celis.

Cross-country and track has taught both Celis and Glassey lessons outside of the sports element, and in their personal lives as well. Running is something they feel like everyone should try because it is rewarding to anybody.

Why not soccer or swimming, why running? Why is running your passion?

"I like going faster, it is less of a pace," Celis stated.

Glassey said "It teaches you to set goals and doing things you wouldn't think you could achieve."

Running has brought Glassey and Celis together, and they plan on continuing their friendship and keeping it close. They know their careers might steer them in different directions, but they don't doubt that they will always remain close.

"It is cool when people exercise. Anyone the bike path that I see running is my inspiration," said Celis.

Withdrawal: One week without TV

(EDITOR'S NOTE: "Withdrawal" is a challenge where a staff writer goes one week without something they are "addicted" to. This week: television)

By Cynthia Banuelos
Staff Writer

Television is something many can't go without. It doesn't matter if you only watch an hour a day or 20 hours a week. TV is a gateway for the shows we like watching.

I've been watching TV since I was small, and never did I go a day without watching until this past week.

It was the hardest thing I've had to do. However, I wanted to take on the challenge to see if I had control of the TV or vise-versa.

I would have to miss watching "Gossip Girl", "Biggest Loser", "Grey's Anatomy", "CSI", "Family Guy", "The Simpsons," and many other shows. I even had to miss watching the Lakers' game against the Rockets.

The first day was the hardest day. I got home from school and the first thing I wanted to do was watch TV. It's what I usually do when I get home. I had to go straight to my room and

do homework. It was so hard not to watch since there's practically a television on every room and my brothers and sister put their favorite TV shows on blast. I don't know how I avoided turning on the TV, but somehow I did.

There are some people that like watching TV and others that don't watch much of it. Nursing major Juvy Edra only watches TV when she doesn't work.

"I don't watch TV much. I don't have a show that I can't live without," she said.

Edra pointed out that TV doesn't play a big role in her life. However, undeclared major Adrienne Pingquian said that she watches 14 hours of TV a week.

"The TV show I'm addicted to is 'Gilmore Girls,'" she said.

The next day wasn't so bad, but there were temptations. Every time I walked into the Runner Café I had to look down to avoid the TVs that surrounded me and were calling out for me. It made me realize how addicted I was to TV.

Somehow I needed to keep myself busy so that I would forget about the shows that were going to be coming out.

Going out with my friends

helped a lot. However, when I went to the gym on Wednesday and Thursday to workout with my friends I found myself close to 18 TVs and six different shows. I had to turn my back against all of them. It wasn't easy.

The hardest part about this challenge was when my friends would talk about what had happened in the shows I missed. I was now the person that had to hear other's talk about what happened instead of talking about it. Also, one of my brothers would tease me about watching TV just to see if I would break.

When the weekend finally came I was happy because this challenge was almost over, but it seemed like forever. I was so close but yet so far.

On the bright side I got more sleep, I avoided procrastinating on my assignments and I saved some electricity.

For people that hardly watch TV this might have been an easy challenge that they can take on, but when you watch a lot of TV like me, it's the hardest thing ever. I don't think I can ever go another week without TV. One week was enough.



CAREER CORNER

Welcome to the CSUB *Career Corner*, a monthly article to help you with all things related to career development! Each month you will find tips on a variety of issues from choosing a major to how to best present yourself when talking to a potential employer. Are you thinking about applying to graduate school? Will a graduate degree benefit you? Attending graduate school will enhance your skills, enhance your prospects for advancement in your field and qualify you to meet licensure in your field of interest. Find out more about graduate school requirements by attending the Graduate School Fair on November 8th.

Graduate School Application Preparation - Career Workshop

Date & Time: 11/3/10, 5:00 - 6:00 PM, Location: CECE (next to the Runner Café)

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LOCATION: Runner Café Quad (outdoors)
(In inclement weather location - DDH Hallway)

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'Paranormal Activity' gets paranormal reactions

By Lauren Figueroa
Staff Writer

What could be a better time to come out with scary/paranormal movies other than the month of October? "Paranormal Activity" hit a lot more box offices than expected. It started with only showing in a dozen theaters and ended up playing in 1,945.

"Paranormal Activity 2" came out last week with higher expectations than the first one and soared to the top of box office this past week. "Paranormal Activity 2" topped, the box office at \$41.5 million.

Zhour Alshaif, who is a junior and child development major, said, "I want to see part two, but after part one I didn't sleep for seven days. I want to see part two when it is out on DVD so I can scream."

According to IMDB, the plot of "Paranormal Activity 2" is about a family experiencing what they think are a series of break-ins. So, the family sets up security cameras all around their home. They come to realize that the events unfolding before them are more sinister than they seem. The second movie is a prequel to the events that happened in the first movie.

I feel that the first movie was more frightening because the hype before the movie.



In the movie "Paranormal Activity 2" the film is seen through security cameras and personal cameras.

There was a lot of gossip before the movie about how it was a real event and footage that was produced into a film. The second

movie I feel was better written, although I found the first one more entertaining. The major difference is that you knew the struc-

ture on what to expect from the second one. "Better than the first one, more believable. I thought it was scarier. I liked how it was a prequel instead of a sequel. When I tell people to watch it I tell them to be sure to watch the first one first – if not they will be lost," said Erica Torres, who is a communications major.

The thing that makes "Paranormal Activity 2" scary is the setting in which they are in during the movie and also the way they film the movie. The setting of the movie takes place in a house for the entire movie. There is minimal talking throughout the movie so when something pops out or things move, it makes it extra thrilling. The reason why this film has such high ratings is because it seems so real and like something that could happen in a normal household. The camera shaking and being unstable makes it seem like the actors were filming true events as they were happening. The main characters are not the couple from the first movie, as I expected. They ended up being the girl's sister from the first "Paranormal Activity" and her husband. Without giving too much more away, I think it is your turn to scream in the movie theaters.

On-the-spot comedy television



Photo courtesy of tvguide.com
Lt. Dangle is just one of many improv-ing characters on "Reno 911."

What's happening this week?

Nov. 4 Thursday

Taxes and the Stimulus
SU Multi-Purpose Room
6 p.m. - 8 p.m.

"Tartuffe"
Doré Theatre
8 p.m. to 10:30 p.m.

Nov. 5 Friday

"Tartuffe"
Doré Theatre
8 p.m. to 10:30 p.m.

Volleyball vs. Seattle
Icardo Center
6 p.m. to 7:30 p.m.

Nov. 6 Saturday

FACT Open House
CSUB FACT
1 p.m. to 4 p.m.

Jazz Coffeehouse
Music Bldg., Room 127
7:30 p.m. to 10 p.m.

Volleyball vs. Seattle
Icardo Center
6 p.m. to 7 p.m.

Nov. 7 Sunday

Men's Soccer vs.
Seattle
Main Soccer Field
1 p.m. to 3 p.m.

"Tartuffe"
Doré Theatre
2 p.m. to 4:30 p.m.

Nov. 8 Monday

Grad School Fair
Runner Café Quad
11 a.m. to 1 p.m.

Women's Basketball vs.
Fresno Pacific
Icardo Center
6 p.m. to 8 p.m.

Nov. 9 Tuesday

"Burro Genius"
Author Talk
Icardo Center
7 p.m. to 9 p.m.

By Danny Ruiz
Staff Writer

Improvisational comedy, or simply improv, is a unique form of comedy that relies on an actor's quick wit for humor. And in my opinion it's the best type of comedy ever! It can be utilized in improv games, but I think the most interesting use of improv comedy is in TV shows or movies; there are several that use improvisational performances rather than a script. This gives the scenes more life and they seem more real, since it's not just actors reading lines. Rather, they are reacting off one another so the comedy is sharper, which makes it easy to become entranced and eager to see what will happen with the characters.

I'm sure most people are

aware of "Who's Line is it Anyway?" which is mostly improv games. As for the shows I'm talking about, they tend to have an outline for where the plot is meant to go, and then rely on the actors to improvise the dialogue and certain events. A popular example would be "Curb Your Enthusiasm." However though that may be the most known, I don't consider it to be the best use of improv in a semi-scripted show.

"Significant Others"—not the one with Jennifer Love Hewitt—is possibly the best example of this form of comedy. It's about these couples in therapy, and they face the camera/therapist and the two actors improvise a story of whatever the conflict for that episode is. It's got some great trenchant comedy and great interac-

tion between the couples. The director offers the entire two seasons on his website, <http://RobRoyThomas.com>. So check them out! Yes-right now! Well, actually, finish the article then check it out!

So what is so great about improv shows? It's basically something you just have to experience. I remember really enjoying the show "Reno 911" because there was just something so different about it. Then, when I found out that a lot of it was improvised, I realized that's what it was.

The actors are engaged in their conversations and not just reading rehearsed lines. They play off each other and take the story in directions no one could plan. They talk over each other or mumble things, which is

great for repeat viewings, when watching again and there's this random line mumbled that you catch on to, and it could be something hilarious.

Christopher Guest does a great job of using improvised dialogue in his movies. "This is Spinal Tap," though not directed by him, was the first to inspire his own movies and his "mockumentary" style. He uses a stable of actors that appear in most of his films and they all work off each other really well and have unique wit that helps give the dialogue a sharp and satirical feel. The comedy may come off a bit dry at first, but if you stick with it, the reward is comic genius. The subtle humor begins to shine and once you're "in on the joke," it is hilarious.

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SAAC bridging the gap between student-athletes, administration and community

By Victor J. Soto
Staff Writer

The Student-Athlete Advisory Committee, is the voice for student-athletes to CSUB's administrators. The importance of SAAC is to provide communication between student-athletes and administration on bettering the student-athlete experience at CSUB.

Representatives from SAAC consist of members representing each sports team, who are active and responsible student-athletes that best reflect the character and opinion of their team, according to SAAC President Mike McCarthy. They discuss with administration ways to improve CSUB's athletic program as a whole, as well as each individual sport. Providing this gateway with administrators, SAAC helps students put forth their opinions on CSUB's athletic program, and paints a picture for administrators to see things from the student-athlete point of view.

Asking Nick Shannon, a senior pitcher and representative for baseball in SAAC for the second consecutive year, what the benefits of having the SAAC committee were, he said: "SAAC is an important component of CSUB sports for many reasons. First of all, the Student-Athlete Advisory Committee facilitates communication between student-athletes and administrators. Second of all, the SAAC is very involved within the community and also sponsors the blood drive in the fall. The Student-Athletic Advisory Committee has also begun to host student section games at CSUB to create a better atmosphere for both the student-athletes and their fans. The SAAC is committed to creating the best possible experience for CSUB student-athletes."

Not only does SAAC provide communication with



Members of the Student-Athlete Advisory Committee pose for a photo. SAAC consists of student-athletes representing all 17 CSUB sports.

administration, but also is "breaking the ice" in uniting CSUB's sports teams with student cheer sections at games, hoping to bring together the different sports and make the experience more enjoyable for the student-athlete, as well as improving CSUB's athletic program in general.

Shannon added in on the progress of SAAC saying: "With the leadership of President Mike McCarthy, the Student-Athlete Advisory Committee is moving in the right direction. McCarthy's leadership, coupled with his ambitious nature, has transformed the SAAC into a very active and exciting group. This year's group of SAAC members are motivated to get involved with various events and are making a major impact here at CSUB."

An example of the impact the committee has made so far is the number of units of blood in which were given by the committee during the Fall Blood Drive consisting of 125, whereas last year only compiling 59 units of blood.

As president of SAAC, McCarthy hopes to take SAAC to a new level of engagement with CSUB.

He said: "I want to help improve the representation of the student-athletes to the Athletics Department, help improve the CSUB community and improve the relationship between CSUB Athletics and the Bakersfield community. We have so many smart and caring student-athletes both on and off the field of play. I want CSUB and the community to meet and learn more about them. I feel the best way to do this is through active engagement in the university and the community. We have many CSUB activities and community services activities planned for this year that will hopefully assist in this goal. I am very excited for this coming year due to such a strong group of wonderful student-athletes on our committee. They work extremely hard

and have a strong passion for what they do on and off the playing field. I am extremely grateful and honored to work with them this year."

After an SAAC meeting in the Icardo Center on Sunday, Oct. 3, McCarthy said: "Each SAAC representative reports to the committee about the status of their team and any upcoming events/games that they are participating in. The committee also participates in creating and improving events in the Athletics Department. At each of our meetings we discuss upcoming events, community service projects, and concerns/questions our teammates may have."

Having bi-monthly meetings graphs the progress of SAAC, and shows how much progress is actually being made by SAAC.

In the near future, SAAC is looking to help out the community and the student-athletes as much as possible, assisting in events such as the "Adopt a Family" program in November to help needy families in Kern County.



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Men's soccer clinches division, first-round bye in first year of postseason eligibility

By Mark Nessia
Editor-In-Chief

The CSUB men's soccer team had three goals coming into its first year of postseason eligibility: Make the Mountain Pacific Sports Federation tournament, get a first-round bye in the tournament and qualify for the NCAA tournament.

With the end of the regular season looming, only one goal remains.

The Roadrunners clinched the MPSF Pacific Division title and a first-round bye over the weekend, defeating Air Force, 3-0, and losing to Denver, 2-1.

The 'Runners (10-4-3, 5-1-3 MPSF) still have one game left on the schedule, a conference match against Seattle University Nov. 7, but the team's focus has shifted to the conference tournament in Sacramento in two weeks.

"I think now we have to prepare for the conference tournament," CSUB coach Simon Tobin said. "We do have everything wrapped up, but we're a young team, and I don't think we want to take our foot off the pedal. We were in danger of doing that this weekend."

Denver handed the 'Runners their first conference loss Friday, scoring the go-ahead goal in the 84th minute.

CSUB bounced back quickly, however, dominating Denver in Sunday's match.

Sophomore Jesus Sanchez recorded his team-leading eighth goal of the season, while senior Peter Carlson and junior Chris Widdy scored their first.

"I'm happy that we won and actually got a 3-0 clean sheet," said Sanchez, who also got the assist on Widdy's score. "It can't get any better."

Sophomore goalkeeper Eric Shannon faced only two shots on goal en route to his eighth



Mark Nessia/The Runner

Senior midfielder Peter Carlson scores his first goal of the season against Air Force Oct. 31 on the Main Soccer Field.

shutout of the season, as the 'Runners outshot Air Force 22-7.

Sporting the best conference record, Tobin is confident in his team's chances at Sacramento. He said the team has seen everybody in the conference and would like to see Denver again in the tournament — the 'Runners feel it is a team they feel they can beat.

"They're exceeding my expectations, but because they're doing that I'm trying to make them a little bit tougher each time," Tobin said.

While all eyes are on Sacramento in two weeks, the 'Runners still have some loose

ends to tie up against Seattle.

"We want to close any weaknesses we have," Sanchez said. "We want to win the next game, so we can go into the tournament full of confidence."

Not only will a win over Seattle better the 'Runners' chances of securing the No.1 seed in the MPSF tournament, it also gives them a chance to host the tournament next season.

According to Tobin, the team with the most points before the conference tournament gets the right to host it the following season. CSUB currently leads all MPSF teams with 18 points, with Denver not far behind with 17.

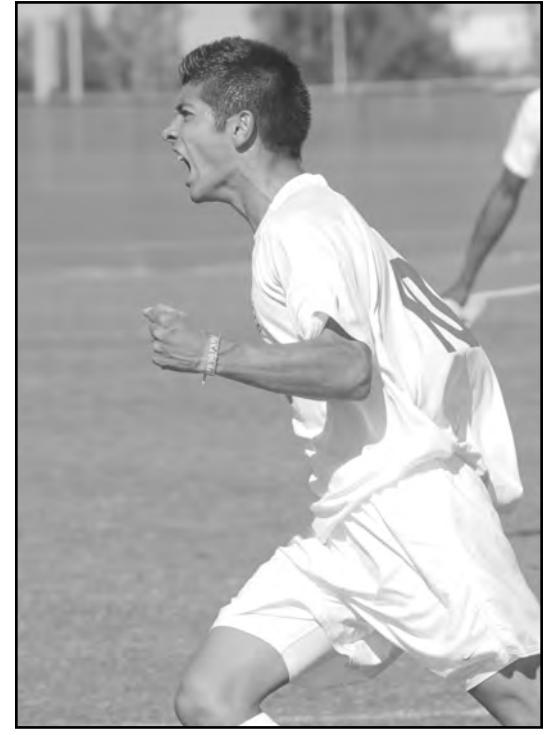
To win that honor in its first year would be huge for the program, Tobin said. The crowds and publicity it would garner by having the best teams in the conference at CSUB would be a huge accomplishment for the program and the school.

Tobin also said it gives his team a great advantage to win the NCAA bid.

The 'Runners are two games away from getting that bid this season — only a semifinal game and final in Sacramento stand in their way.

"I'll be honest, I don't want to lose another game," Tobin said. "You dream of going all the way, and when you've got a team that's capable of beating most of the teams in the country, you've got to keep encouraging that."

"I have a young team, so I expect this team to be even better in the next couple of years."



Sophomore midfielder Jesus Sanchez celebrates after scoring his team-leading eighth goal of the season.

Fans get a peek at the new 'Runners at annual tip-off

By Chris Davis
Staff Writer

Last Thursday night the CSUB men's basketball team hosted a tailgate and tip-off celebration.

Prior to the 2010-11 team being introduced, there was a barbecue and activities on the courts in the Icardo Center.

Coach Keith Brown addressed the crowd of over 200 and asked them to please back the team as they have a Division I-record 15 home games.

The team was introduced for the first time and then the team put on a slam dunk contest that sophomore Stephon Carter won with a nifty reverse double pump slam that garnered a 47 out of a possible 50.

"That dunk by Carter was sick," sophomore Brian Stevens said after the dunk contest. "If they can play like they did during the scrimmage, it could be a decent year."

"This is a great community event," senior Dale Austin, a sports management major, said prior to the celebration. "I think it is great that the team is going to be playing a couple games this year and



Photos by Mark Nessia/The Runner
Junior guard Alex Johnson, center, shoots over Donald Johnson (23) and Cody Kale during the Blue-Gold Scrimmage. Gold won 54-43.

the entire schedule starting next year on campus. More of the other athletic teams will be able to come out and support them."

Mayor Harvey Hall also said a few things to the crowd and encouraged them to support the team and help

CSUB create an atmosphere that will have other teams fearing their trip to the Central Valley.

The men's basketball team will have an exhibition game against Cal State East Bay on Thursday, Nov. 4, at 7 p.m. at the Icardo Center. Admission to all basketball games is free for students, and for the exhibition all seats are free. The season gets under way for real on Friday, Nov. 12, at Santa Clara. The team will open their final season at Rabobank Arena on Wednesday, Nov. 17, versus Southern Utah with the tip-off scheduled for 7 p.m.



Sophomore forward Stephon Carter (44) receives a perfect score after a dunk. Carter went on to win the slam-dunk competition.



Photo courtesy of Sports Information
Seniors Tara Corcoran, Alexa Ngo, Leanne Tucker, Sarah Gaskins and Faith Perry are joined by their coach and family before the last home game of their collegiate careers.

Women's soccer says goodbye to seniors, fall to Seattle in double OT

By Manny Beltran
Sports Editor

On Oct. 29 the CSUB women's soccer team honored its five seniors in a ceremony that included family members of each player before their game against Seattle University.

Unfortunately for the Roadrunners, they could not send the seniors — in their last home game of their careers — with a victory as the 'Runners conceded a goal with four minutes remaining in the second overtime period.

Four of the five seniors — Sarah Gaskins, Leanne Tucker, Alexa Ngo and Faith Perry — played all four years at CSUB, while Tara Corcoran transferred from Cerritos Community College.

The game was evenly matched with neither team being able to take control of the game although Seattle University outshot the 'Runners 6-2 in the first half and 14-6 overall. Considering the lopsided shot count, the 'Runners' defense held its own with Gaskins and Tucker anchoring the backline.

The 'Runners had a good opportunity early in the match when in the 14th minute

"... we still have one more game left in the season so we're trying to focus on ending the season and retiring my boots on a win."

— Faith Perry

of the match when sophomore forward Sam Pena sent a shot that hit the right post.

In the second half the 'Runners were able to match Seattle University shot-for-shot and had more opportunities to score leading to a 5-4 shot count. The overtime period again saw both teams struggling to put together good offensive runs.

With the game tied at 0-0 heading toward the final minutes of overtime, and junior goalkeeper Kym Gause looking for her fifth clean sheet of the season, Seattle forward Emma Levy turned a corner and found Carlee Norquist for the game-winning goal in the 106th minute.

"I don't think it was our best performance. I feel like our lines were never entirely in sync," said Perry.

The 'Runners now look to finish off the season on the road against the same Seattle University team on Sat. Nov. 6.

"It's sad to think I won't play another home game but, to be honest, we still have one more game left in the season so we're trying to focus on ending the season and retiring my boots on a win," said Perry.



Mark Nessia/The Runner

Left: Deniz Bilgin competes in the men's 100-yard breaststroke. Right: Rachel McCall takes first place in the women's 100-yard breaststroke.

Swimming and diving strong in home opener

By Meagan Cook
Staff Writer

The men's swim team dealt up a double-sweep over visiting University of Pacific and UC Santa Cruz on Saturday, Oct. 30, at the Hillman Aquatics Center, posting great early-season times for the upcoming season.

The men won 11 of 14 events on Saturday and posted some early wins to start off the day in the 200 medley relay. Squad A, led by seniors Luka Lesker, Chad McKenzie, Matt Parsonage and Chris Pipes, finished with a time of 1:33.76. Squad B (Peter Bardessono, Brian Martinez, Dan Wickensheimer and Kevin Miller) came in a close second for the Roadrunners, posting a time of 1:36.31.



Mark Nessia/The Runner

Larissa DeWarte competes in the women's 200-yard butterfly Oct. 30 at the Hillman Aquatics Center.

Lesker continued on a winning streak for his team with a win in the 200-yard backstroke posting a time of 1:55.87.

Men's swim coach Chris Hansen was very impressed with his team's performances and looks forward to their upcoming meet next week-

end with Pacific and Seattle University.

Hansen also mentioned that he is happy to have a team of seniors that are willing to help the younger class and really be hands-on with the freshmen to leave a legacy and help them become a better team.

Senior Jay Jones led the 'Runners in the men's 200-yard butterfly, posting a 1:54.89 win; followed by teammate Michael Schwartz, with a time of 1:59.29; and Jake Priest, with a time of 1:59.71, taking the top three spots for the event.

"I expect us to be in the top

10 of the NCAA Division I rankings this year," said Hansen.

Both the men's and women's team won the 100-yard freestyle on Saturday, with Rachel McCall posting a time of 52.46 for the women and Christopher Pipes for the men with a time

of 46.96.

Along with the men's success, the women posted great times across the board for the early season and coach Pat Skehan was equally enthused with her team's success.

Bonny Bordwell, Louise Westergren, Brooke Penney and Rachel McCall consisted of the women's 400-yard freestyle relay, which won with a time of 3:36.17.

The women won seven events on Saturday. Stephanie Donnelly won the women's 100-yard backstroke with a time of 1:00.47 for the 'Runners.

Jordan Reed won the women's one-meter dive, beating out two visiting slugs with a score of 204.10.

"The team has been working hard all summer and it showed in today's meet," Skehan said.

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