

COVID-19 Never Again Experience

Planet Earth is a frightening place right now. It has billions of people all over the world who are experiencing and are terrified of the same thing. That thing that is making people have unpleasant mixed emotions is the corona virus short for COVID-19. COVID-19 began in November of 2019. It started out in China in one country then it started spreading throughout the world. Millions of people are getting infected with COVID-19 and are suffering and dying. In my journal today I will be talking about my experience.

This whole experience for me started in January. In January I went to urgent care because I had an allergic reaction to a medication. I checked in and sat down in the waiting room. It was crowded there too. I was reading an article about Kobe Bryant's death that day. All of a sudden, these two people came in. Once they checked in the medical assistants immediately brought them in to be checked out before everyone else who was waiting. Once that happened the receptionist asked everyone to wear a face mask for protection. Everyone became worried and scared. I didn't, I was only worried about my allergic reaction. From that day everything has changed.

Many people rushed to stores to buy food, Clorox wipes, hand sanitizers, toilet paper, water bottles, and much more. They were stocking up to quarantine themselves at home and not leave for stores or anywhere. That time was hard for me. I actually needed food and wipes. When I would go to the store there would be not many supplies or food left. I would have to get the leftovers that no one wanted. I didn't go out to the public as much because people were crazy and reckless.

Then, my school San Jose State University went from in-person classes to all online classes. It was random because it happened out of the ordinary. At first, it was nice to stay home,

hang out with friends, and not worry about attending class. I became unmotivated to attend my zoom meetings and do assignments. I got lazy being at home. After the shelter in place happened. Many public places closed except essential stores. No one was able to go out. Many people lost their jobs too. Due to the shelter in place, my graduation got canceled. I was so sad because I would never experience the whole college experience. I can still walk in Fall 2020 or Spring 2021, but it will not be the same. I would never know how it feels like be the center of attention for once or I will never feel how it will feel to be getting ready for it. That is the major thing I hated about the corona virus. It took away my college experience.

I was one of those people, I lost my job due to the corona virus. I was upset about it because I liked my job, I was a medical assistant. I had so much free time and I was not used to it. I went to visit my family for 2 weeks then I went to visit my boyfriend's family for another 2 weeks. Then I got a call from my job that there was an opening if I wanted to take it. I said yes to it. I went back to San Jose to work. That was when it really hit me. No one was in San Jose. My family was far from me. My friends moved from San Jose. I was alone. I felt lonely and bored. I started developing anxiety and depression. I couldn't physically do the things I wanted. I would cry at random times. It was a hard time for me. I tried to learn more about myself and be more creative. It was a time for me to do things for myself and relax. Once my roommates came back, I started to feel better. I still feel sad, but it is getting better. Me and my roommate will hangout outside on the campus lawn or we will drive to a park to hangout or workout. We will also go on walks to waste up time. I don't like staying at home, but it is the way it has to be.

Time just keeps running and the shelter in place keeps extending. COVID-19 is still infecting people and everyone is trying their best to reduce it. It is time to be patient and learn

more about yourself until you cannot anymore. No one never wants to experience this again and wants it to end. In reality, COVID-19 will always be here, but eventually it will be controlled.