

# Health and Counseling Services

University Health and Counseling Services

Student Affairs

Health Center

Barton and Shaw Avenues

(209) 278-2734

Director Robert M. Paull, M.D., M.P.H.

**U**niversity Health and Counseling provides outpatient clinical medical care and, separately, psychological counseling services to students enrolled in the university in accordance with policies set by the board of trustees of The California State University.

The university underwrites a portion of the costs of operating the UHC. Students, on a cost-sharing basis, contribute to the operation of the UHC by paying at the time of registration each semester a mandatory health fee which may be used only to support the student health program. Thereafter, the student pays nothing further for most services provided within the Health Center. The Health Center has prepared a brochure that gives more details regarding services available and charges, if any, for such services. The brochure is available at the UHC or at various locations on campus.

**Facilities.** The Health Center is uniquely designed as a medical building with well-equipped doctors' offices and examination rooms linked by a computer-based medical management system. Up-to-date laboratory, X-ray, pharmacy, and physical therapy facilities are located in the building as well.

**Staff.** Fully qualified staff members meet your health care needs. The staff includes full-time physicians (including specialists in internal medicine and family practice), nurse practitioners, nurses, pharmacists, a physical therapist, a health educator, a nutritionist, clinical laboratory and X-ray technologists, and a medically knowledgeable and sensitive clerical staff. Part-time physician consultants in orthopedics, psychiatry, radiology, and dermatology are also available.

Counselors are professionals trained in counseling, social work,

psychology, and rehabilitation who assist students in acquiring a wide range of skills in life management, career and life planning, and personal development and growth. Through counseling, students are provided with the opportunity to discover more about themselves, where they want to go, and better ways of getting there. The above services are *not* related to academic or class counseling; academic counseling is not offered at the Health Center.

**Appointments and Consent to Treat.** You may make appointments in person or by telephone. If you are under the age of 18, your parents must consent to your treatment.

**Women's Health.** The Health Center provides a range of services to meet a woman's unique medical needs, to include comprehensive examination, laboratory testing, Pap tests, counseling, and consultation. Availability of services may vary during the school year depending upon staffing and patient requirements. Contact the Health Center for a specific appointment and service information.



**Pharmacy.** Prescriptions and nonprescription medicines are available for a modest fee.

**Physical Therapy.** This popular service generally is available by referral from a Health Center physician only. There may be some charges for such services. Address specific questions to the Health Center staff.

**Immunizations.** The Health Center provides immunizations when clinically indicated. A charge may be necessary for high-cost vaccine. This includes administering allergy shots to students who have their own medications. Be sure to bring your immunization record with you to the Health Center.

**Summer Care.** You may be eligible for services in the specific summer session for which you are enrolled. There is a mandatory onetime fee for such services paid at the time of registration.

**Health Insurance.** You may purchase an insurance protection plan for emergency illness and accidental injury during hours that the Health Center is closed. Sponsored by the Associated Students, this program provides coverage for hospital benefits, medical, surgical, and related services for any illness or accident.

**Health Education Information.** If you are concerned with a health-related problem, you are encouraged to consult with the Health Center staff. They will either answer your questions or direct you to someone who can. A full-time health educator develops and coordinates health education programs. Health education literature is available in the Health Center and in the University Student Union. 

*Bob Desch, a staff X-Ray technologist, prepares a patient for an examination ordered by her physician.*