

00:00:01:03 - 00:00:02:25

Speaker 1

For waste water.

00:00:02:28 - 00:00:05:15

Speaker 2

recycling, solid waste facilities. All this,

00:00:05:22 - 00:00:10:07

Speaker 1

Much of it was being built for the very first time. and so the.

00:00:10:07 - 00:00:13:20

Speaker 2

The, the plan and the recommendation for where.

00:00:13:20 - 00:00:14:12

Speaker 3

Public art would be.

00:00:14:12 - 00:00:18:01

Speaker 1

Placed, was based upon their dislike.

00:00:18:06 - 00:00:53:22

Speaker 3

You know, it's just too much when you see all these other schools and you see these students for. So. Yeah. So young. And they're getting a double. It's an MDP degree, you know, and it's just incredible. And of course, when you surround yourself with those kind of people, you become one of those kind of people. I found this out in golf very early that when I played with people who were very good, who way

better than me, I did the I played in a tournament one time that was with semi pros and my husband talked me into doing this and I thought, I've never played in the tournament, what am I going to

00:00:53:22 - 00:01:20:02

Speaker 3

be doing out there? But you know, they put it, they teamed us up and we came in second place, you know. So you just pair yourself up with somebody who can help you and you help them and, you'll make some strength that you never thought were possible. Okay, so we talked about leaving home, and maybe right now you're not thinking about it, but sometimes you have to leave home.

00:01:20:05 - 00:01:42:25

Speaker 3

some other state schools are actually very good. They don't have the same math requirements if you're trying not to. If you're having a hard time with math, some of the tuition is not that bad. There's some schools in Texas which has the same, tuition for resident as nonresident. Okay. But you go there and is 80% you comes, so you might even do better.

00:01:42:25 - 00:02:06:03

Speaker 3

There. we have a new university up the street called the National Hispanic University, which I'm sure that, city has a lot of information on. They're accredited now, and you can get they have some special program if you're going to go into teaching, especially bilingual education, and you can get your education paid for. Okay. So if you're interested, follow that one.

00:02:06:06 - 00:02:27:06

Speaker 3

Alternatives. I'm not going to cover everything, but if you weren't going to go to college, what alternatives could you do to, move forward in your educational path?

00:02:27:09 - 00:02:30:19

Speaker 3

If you don't have any.

00:02:30:21 - 00:02:37:28

Speaker 1

Courses, maybe like, I would like to say college, but right now I'm looking for glasses.

00:02:38:00 - 00:02:48:00

Speaker 3

Easy classes, easy. Oh, easy. Easy. Which ones are those? But aren't those? It's like golf. There is no easy hole. There are hard.

00:02:48:03 - 00:02:55:10

Speaker 1

Yeah, that. Well, Well, I can try to, I think.

00:02:55:10 - 00:03:26:29

Speaker 3

All right. they have to think it's a step in the right direction. Yeah. Because when I went into psychology and when I started here at city, because I ended up coming here because I could afford it, and, it was free at that time. And my business teacher, who was not a deacon and her name was miss Dick, got me a job with IBM because I had good business skills, shorthand, typing in my days, you became a secretary.

00:03:27:01 - 00:03:44:08

Speaker 3

That was the big thing. And I was bilingual. So she got me this job with IBM. But I said, I want to go to college. So she had me go and talk to them, and I didn't even have to interview for the job. You know, I look back now and it's like there's some angel up here guiding this person.

00:03:44:10 - 00:04:05:06

Speaker 3

And so I did. I went in, I talked to them and they said, go get your schedule and come back and we'll work around your schedule. So, boy, I put my I came in to sign up for all the classes. I graduated in two years and worked at IBM and worked in the cannery in the summer. Because my experience was the cannery in the field, that was it had no business.

00:04:05:09 - 00:04:26:28

Speaker 3

I'd never worked in an office. And I went to IBM is where I learned how to use, like, the typewriter. Keep on the first computers. They had these huge computers that took up rooms like this, and they were on these big disk, random access memory Ram. Yeah. Do you remember that? Do you know what it paid?

00:04:27:00 - 00:04:45:04

Speaker 3

Everybody remembers. You're all too young to remember that night. And, I learned how to keep on it. I was really good, you know? One, two. I think all of us are such hard workers that were really good at what we do, right? We had to work hard. and this getting up early to work out is not anything new.

00:04:45:11 - 00:05:12:14

Speaker 3

We had to be up early before the sun to go and work in the fields. If you wanted to get anything done, so I'm not doing anything different. I'm just going to the gym and, but anyway, The, job at IBM helped me so I could complete everything and transfer to the San Jose State. And, like I mentioned, our four children all went to college.

00:05:12:16 - 00:05:31:22

Speaker 3

my husband himself came here to City College. He was a high school dropout. He went to the Navy, did all his high school stuff. He came back, worked in the summer at Ford, saved all his money, came here full time. I helped him, work his way through school. And he graduated at the top of his class, and he played varsity golf.

00:05:31:24 - 00:05:33:29

Speaker 3

So you know where the golf came from, right?

00:05:34:01 - 00:05:34:28

Speaker 1

00:05:35:19 - 00:05:57:04

Speaker 3

and our four children have, gone to college. They've gone to Stanford, Berkeley, Santa Clara, like Harvard. I mentioned Chicago, Wisconsin. And, when, the granddaughter of her father, when he came to ask for her hand in marriage, my son in law's from Mexico. And when he wanted to marry our daughter, we got kind of worried, because.

00:05:57:04 - 00:06:16:13

Speaker 3

What do you think? You know, you don't know, right? He wants you. He wants to, He wants to because he was not a citizen, obviously. Right? He wants to marry a daughter so he can live here, right? If he didn't speak very much English. So that was we kind of. Even though we're from Mexico, we still had the stereotype that other people did.

00:06:16:15 - 00:06:36:14

Speaker 3

And so he came to the house Jasper had married, and I jokingly said, I'll give you my permission if you really go to college. I said, everybody in this family goes to college. And he said, he said, I want to go to college. And guess what he did? He has it. He is. And he's here at said he's working towards electronics.

00:06:36:16 - 00:07:00:00

Speaker 3

technology degree. And he started from the very lowest ESL classes, went up the English way, took history and some general ed and he's, moved up in his job, improved his English, of course, and has sent me a lot of people from Mexico to college. And it's so funny because you'll run into them. They want information and they don't know the connection.

00:07:00:00 - 00:07:24:23

Speaker 3

And we'll say his name is, Abraham Lincoln Law, by the way. I want to go to school, but I don't know what to do. And of course, they're telling him this in Spanish. Right? You don't continue rocketing cookies here. And he says in his little accent, you are in luck. My mother in law. And he's so cute and, you know.

00:07:24:26 - 00:07:47:05

Speaker 3

And of course, that's what it takes, right? Do you know someone? It breaks the barriers, gets you in like you can do it. And that's what you are doing. You're breaking barriers and you're going to be there to help someone else get through. so, you know, I lost my track.

00:07:47:07 - 00:07:58:24

Speaker 3

Or the alternatives. Let me give you an alternative if you haven't thought of it. volunteer, volunteer in an area that you want to learn about, that you don't want.

00:07:58:24 - 00:08:00:27

Speaker 1

To spend a whole lot of time.

00:08:00:29 - 00:08:21:28

Speaker 3

Take courses, etc., because you can choose the hours that you want to work as a volunteer. But Linda back here is a volunteer in the transfer center and you get all the benefits of being there right? And you can pick where you want to volunteer. You can pick the area. We have a lot of students that we referred out to, different people in the.

00:08:21:28 - 00:08:22:22

Speaker 1

Community.

00:08:22:25 - 00:08:41:29

Speaker 3

And the volunteer has ended up into a real job, a real career path with inside information about things that you want to know now. And I find out later after you've got your degree, that maybe that's not what you want to do. Okay, whatever it is, there's somebody out there that can use you. And volunteers are never turned down, okay?

00:08:42:05 - 00:09:08:04

Speaker 3

If they turn you down and there's something wrong with them. Okay, I want to give you, one more alternative, and then I'll, ask for some questions. How many of you have heard of a program called City Year? Oh, several of you. Well, what do we know about this program? Anybody?

00:09:08:07 - 00:09:14:05

Speaker 1

I know this 21, up to 21, I think it I know.

00:09:14:07 - 00:09:17:25

Speaker 3

You you you know, it's 17 to 23.

00:09:17:27 - 00:09:20:27

Speaker 1

And I think they I guess they.

00:09:20:29 - 00:09:25:24

Speaker 2

Work for the singing it. I don't know how long they work for that one year.

00:09:25:26 - 00:09:28:10

Speaker 3

That's why it's called City Year.

00:09:28:13 - 00:09:31:18

Speaker 1

You know how much they give. But I know they give them minimum wage.

00:09:31:21 - 00:09:54:04

Speaker 3

Minimum wage. And then if you stay with the program for the year, at the end you get 4000. So for you to go to college or buy by car, whatever you want to do now, you're in luck. Because my daughter works for that program and I have a daughter who's working there, and, it's a very exciting program for students who aren't sure where they're going.

00:09:54:07 - 00:10:17:29

Speaker 3

They take students who are 17 to 23. Some of them don't have their GED, so they'll have them get their go through that year. Some of them have graduated from high school, some have even gone to college, and some have graduated from college, but they're not sure where they're going. But again, this is an education path. They set them up with, things every week that is going to impact their decisions.

00:10:18:02 - 00:10:39:14

Speaker 3

It's a nonprofit group. So they go out and they do things within the community San Jose area. They help with the homeless. They help, when they had the floods, in Watsonville, they took bands of people down there. They helped out over there. But every day, guess what? They start out with? Exercise. Right? Right. And they wear a uniform.

00:10:39:14 - 00:10:59:00

Speaker 3

And it's a city year. So it's a very structured program. And, this may not be the thing for you, but you might have a younger brother or sister or whatever. And this is such a great program for someone who's not sure, what they want to do with their life. I'm going to give you a phone number.

00:10:59:00 - 00:11:17:02

Speaker 3

If you want to call 294. 3041. And you'd want to ask for Rosalie. Gutierrez.

00:11:17:05 - 00:11:36:26

Speaker 3

And you can tell her that I sent you a challenge. And right now, they're recruiting for the new year. And, they're sponsored by people like the, sharks. And, I mean, they get all kinds of, fun things. But every day they work, they learn how to do, a lot of writing things. They learn how to do a great resume.

00:11:36:28 - 00:11:47:27

Speaker 3

I've gone over there and give them information about college to show them the application. Financial aid. What would you need to do to do that? To give them that Stem? And what it does is it rounds up the student.

00:11:47:27 - 00:11:48:23

Speaker 1

Who.

00:11:48:25 - 00:11:59:26

Speaker 3

Has some education or not some education, but lets them know about different things within the community.

00:11:59:29 - 00:12:20:08

Speaker 3

A lot of a lot of the, the students who started with this moved up in, after working with the program and are now getting sent to another state to start a similar program, because San Jose is only like the third or fourth city in the United States to have this program, and they're looking to expand it.

00:12:20:12 - 00:12:48:06

Speaker 3

And I think the they've got to going out to, I think one's going to New Mexico, one's going to Texas. But it started at Harvard. That's how my daughter was contacted. Two Harvard graduate students began the program. okay. So we mentioned alternative working the city here. The volunteering.

00:12:48:09 - 00:12:54:22

Speaker 3

And that was it. Any questions?

00:12:54:24 - 00:12:55:10

Speaker 3

The back.

00:12:55:13 - 00:12:58:28

Speaker 1

What do you know of any different?

00:12:59:01 - 00:13:02:21

Speaker 3

What do I know about it?

00:13:02:23 - 00:13:03:20

Speaker 1

well.

00:13:03:23 - 00:13:27:26

Speaker 3

I have direct contact with some other people I work with their catalog. I can give you the phone number that you can go and set up a visit to. Go and talk to them. Have relation? Yes. All schools have

scholarships, financial aid, everything. And this is something you want to keep in mind that that you need to know because there's a misunderstanding about financial aid.

00:13:27:28 - 00:13:50:23

Speaker 3

When I mention financial aid to people, they go, oh no, I don't qualify my parents on the house, or I have this or that, that that's one of the, one of the things to look at. But the most important thing to look at is that you file a financial aid form so that you can get a response back that says you are not eligible, because then you take that to the school that you want to go to, like my daughter did in Chicago.

00:13:50:23 - 00:13:58:28

Speaker 3

Guess how much they gave her? Because it's a private school. They gave her \$96,000.

00:13:59:01 - 00:14:25:20

Speaker 3

96,000. But I can show you. Okay. And that's because we both worked. I mean, my husband, I wasn't working, I was a housewife for 25 years, I. I stayed home and raised my kids. Then I came back to school. But, you know, you people say, well, we make too much, we have property. But if financial aid is more than that, and especially private schools, they have their own money that they can get for whatever categories they have.

00:14:25:23 - 00:14:38:10

Speaker 3

So you need to keep that door open and know that there is a school, a program, etc. waiting for you when you leave here today. Okay.

00:14:38:12 - 00:14:39:18

Speaker 1

You know, I wanted to say some.

00:14:39:18 - 00:14:54:14

Speaker 4

Too, because, I work full time and I, you know, I don't make a whole lot of money, but I make a good, a good amount of money, and I apply for financial aid. And I did get it, you know? And, I just want to say that don't be afraid not to do it, because it's out there.

00:14:54:14 - 00:14:58:07

Speaker 4

And you know what? There's a lot of, other nationalities are getting it.

00:14:58:07 - 00:14:59:12

Speaker 1

And, you know, it's.

00:14:59:12 - 00:15:01:03

Speaker 2

There. And if you are afraid.

00:15:01:05 - 00:15:17:19

Speaker 4

I mean, it's out there, you know, and, just because, I mean, I have to give my w-2s and stuff and, and, my daughter also goes to a private school, but they're with their, what I think they're going to do this year is the money that is going to just it will just my finances. And so at all.

00:15:17:19 - 00:15:27:02

Speaker 4

I mean, there's just so where there's a will, there's a way, there is. And you know, and I know that, I mean, I was I wasn't going to do because I didn't think I could qualify, but it's, it's out there.

00:15:27:09 - 00:15:49:25

Speaker 3

Right. What I tell my students is, is apply. Don't ask yourself if you qualify, apply. Let them tell you you don't qualify. And if they turn you down, petition. Don't take no as an answer. You have a lot of rights and a lot of people don't do that. If you petition, you can get past that door that other people didn't get.

00:15:49:27 - 00:16:15:25

Speaker 3

Now, that woman that I mentioned to you, Doctor Lydia via Ramona Harmon off to butcher her name yet she had an intern on this TV program who was a Chicana that was working with her. And I was very impressed because she did so much with her to help those young, future scientist. Right. And I asked my daughter, the one that's in Chicago, because she knows this doctor personally, and she says, well, you know how she got that job?

00:16:15:28 - 00:16:34:00

Speaker 3

She bugged the heck out of Doctor Lydia. Yeah, she called every day and she went over there and finally she said, okay, okay, you got it. You got it. You know, so if you want something really bad, you're going to make that effort. And like, like it was mentioned earlier, you're not going to sit back and wait to be invited.

00:16:34:03 - 00:16:53:22

Speaker 3

When I was in high school, I was president of the Camel Club, one, I did not know how to use a camel. Two I didn't have a camel. Okay, but I got my picture in the yearbook. I'm president of the camera girl and I. And I don't know if I should say this, but when I got hired, they're going to do transfer and articulation.

00:16:53:24 - 00:17:17:05

Speaker 3

I had no idea what articulation was, but I looked it up, I researched it, I called the school, I got everything, and I presented a good interview and I got hired. Well, I want to thank you for your, time again on the Saturday and, thank you for inviting me and hope to see you soon.

00:17:17:07 - 00:17:27:22

Speaker 3

Oh, don't forget, I got these, these pageant passes, and it's got my name on the back so that they'll know that you, we just got to check.

00:17:27:22 - 00:17:34:12

Speaker 5

Out home night. I was just an asset. You want to try to figure it out? Okay. How many people would like a pass?

00:17:34:14 - 00:17:36:24

Speaker 3

Okay, okay. How many have you had?

00:17:36:26 - 00:17:37:02

Speaker 1

Yes.

00:17:37:02 - 00:17:41:20

Speaker 5

Perfect. Do you have? Yes. Okay. Okay, good.

00:17:41:23 - 00:17:44:08

Speaker 3

See me over here. Okay. You let you get done?

00:17:44:14 - 00:18:00:15

Speaker 5

Okay. now what we would like to do, what we would like to do is we're going to give you 15 minutes. And again, I'm sorry we're really having to rush you, but we have a.

00:18:00:17 - 00:18:31:07

Speaker 5

Before we start with our next segment, I'd like to introduce another one to another of our board members. she can't stay with us, but she just came, for a few minutes. I'd like to introduce Audiencia Lopez or danger, which I just stand. Or. Daniella is the president and the Bay area nonprofit Latino Nonprofit Association again.

00:18:31:09 - 00:19:08:15

Speaker 5

unfortunately, you don't have a time. We don't have time to give you, a lot of background on the board members, but I just want to share with you the Chicana Latina Foundation consists of 15 board members, of which I am one. And, I'm really proud to say, I mean, it's a board of outstanding Latinas. just to give you an indication of the quality of the Latinas on our board, authentic and just received an award, and was, I don't know what the word is.

00:19:08:15 - 00:19:24:13

Speaker 5

What's the word? When they put you into the inducted. Inducted? She was just inducted into the San Mateo County Hall of Fame. And I think that's a real honor.

00:19:24:16 - 00:19:33:24

Speaker 5

And people I've been her area are trying to get her to run for or.

00:19:33:26 - 00:20:00:29

Speaker 5

So you can see all of us can do it. Now, the best part and I say the best part, mainly because, we're very fortunate to have three of us, previous scholarship recipients, the Chicano legend and scholarship. And I'm standing in front of this microphone because I want to make sure that you hear what your brand backgrounds are like.

00:20:01:02 - 00:20:21:18

Speaker 5

and I'm hoping that they will be able to share with you what the experience has been for them going to these different educational systems. I'm going to give you the background on each one of them, and then each one of them is going to speak on a particular topic. But I'd like to start off by introducing, Diane G.

00:20:21:20 - 00:20:45:25

Speaker 5

Contreras. And if you just want to put your hand up, Selena, it's Diane. she received a B.A. in political science and a BA in Spanish from the University of San Clara. as I mentioned to many of you, I took things that I thought were unique about each person. things that you might not have heard of.

00:20:45:27 - 00:21:20:00

Speaker 5

she also has completed studies in foreign, but she has some completed work in foreign policy studies and pre-law. Jana, internship and the American University in Washington, DC. She also, was in a program where she studied abroad, and she studied college level Spanish, with instruction emphasizing Spanish culture, politics and literature at the University of Madrid in Madrid, Spain.

00:21:20:02 - 00:21:42:29

Speaker 5

So I hope you know that after they have the presentation, some of you may want to ask her questions about how did she do this? How did she become interested? How did she get in? currently, she's a planning specialist with new United Motors manufacturing company. Seven things she's done in the past is she's been a loan officer with, Sumitomo Bank.

00:21:43:02 - 00:22:11:29

Speaker 5

She was also an intern with a Mexican American Legal Defense and Educational Fund in Washington, DC. Currently, she's on the board of directors of the Latino Issues Forum. She's a manager with the investor program. Those of you that know LSA is an evergreen. She was also a cadet in the Air Force Reserve Officers Training Program. And you're going to have to help me here.

00:22:12:02 - 00:22:15:28

Speaker 5

She is a member of the Alpha.

00:22:16:01 - 00:22:18:00

Speaker 1

I was a former member of the Alpha Phi.

00:22:18:00 - 00:22:52:04

Speaker 5

Sorry, Alpha Phi sorority. See, some of us still don't know the Greek alphabet. and she's a regional representative. She was a regional representative, to the Women as Leaders seminar in Washington, DC. This is only one, fantastic student. the next person I'd like to introduce is Isaiah Xavion and Isaiah in the middle. she has a B.A. from UC Berkeley in Business administration with an emphasis in finance.

00:22:52:07 - 00:23:22:17

Speaker 5

She's currently an assistant Chevron recruiter at the University of California at Berkeley. Previously, she has been the director of, a vacation committee for the National Society of Hispanic MBAs. She's a member of the San Francisco affiliate Roots Alumni Association. For those of you that are not familiar with Inroads, this is a program you really need to be familiar with.

00:23:22:19 - 00:23:48:14

Speaker 5

She has been a volunteer with a Latina Educational Foundation. And I just want to say, you know, one of the things that makes the students so unique is that after they get their scholarships, they're so willing to come back and work with us. I just want to share, I was the chairperson of our fundraiser this last year, and we were having some difficulties getting ready to register everybody, right.

00:23:48:16 - 00:24:12:21

Speaker 5

And I wasn't there and there wasn't any ready to work with the registration committee. And she just came in and she started setting it up and helped to get everybody registered. I mean, it just goes to show our students go that extra mile. And then our last but not least, our students is a, I guess, on the end.

00:24:12:23 - 00:24:43:07

Speaker 5

MBA, received an ave in liberal studies from College of San Mateo. She has a B.A. in psychology from Stanford University. James and Hemi. she's working on an MBA and the School of Education at Stanford right now. Her experience has been she was a student affairs or intern Irvine intern. And you may want to ask her, but that is and and central Chicano and Stanford University.

00:24:43:10 - 00:25:15:29

Speaker 5

She was an office assistant with the registration office at Stanford. She was a mentor. in the psychology para professional internship program at Stanford. And she was a research assistant with the School Violence Project at Stanford University. You may want to ask her, but that's about, just a couple of other things. she's a member of Alpha Gamma Sigma Honors Society.

00:25:16:01 - 00:25:56:21

Speaker 5

She's a member, as she was a member of the Ballet Folklorico, I think, the San Diego San Mateo Community College and, just a couple of awards. She was the president's scholar. she got the president's scholar certificate for research on the status of Latinos at the College of San Mateo. so, without further ado, I want to turn this over to Diane Cadenas to help me in welcoming our students.

00:25:56:23 - 00:26:02:13

Speaker 1

Good afternoon. her name?

00:26:02:16 - 00:26:08:07

Speaker 3

Just pick it up. Yeah.

00:26:08:09 - 00:26:31:11

Speaker 1

today, we're going to begin our presentation, with a short story. I'll be speaking about effective study habits. Alicia will be speaking about the importance of Grace Avila, and we'll be speaking about chair. Professor. she's also going to be the pope, entitled souls. Who is? we have some leaflets right on the table.

00:26:31:12 - 00:27:00:11

Speaker 1

Please. we're going to take advantage of it. It's really useful information. as we, commission, provide information on scholarships, study tips. There's sample transfer application, and other great information that should take advantage of it and start with the story, from the book, Chicken Soup for the soul. And it's entitled, mercy. Two seats, like Side by side.

00:27:00:18 - 00:27:23:01

Speaker 1

Pretty. The first seats. And I want to grow. I understand my roots deep into the soul beneath me. And the rest of my sprouts. Through the earth's crust above me. I want to unfurl my tender buds like banners to announce the arrival of spring. I want to feel the warmth of the sun on my face. And the blessing of the morning dew on my hands.

00:27:23:04 - 00:27:48:17

Speaker 1

And so she grew, the second seed said, I'm afraid if I said my reason to the ground below, I don't know what I will encounter in the dark and push my way through the harsh soil of honey. I'm a damage. My delicate sprouts. What if I let my buds open and the snail tries to eat and. And if I would open my blossoms, this small child would pull me from the ground.

00:27:48:20 - 00:28:20:08

Speaker 1

No, it is much better for me to wait until it's safe. And so she waited in your hands, scratching about in the early spring ground, because found within seed and complicated up. The moral of the story is those of those of us who refuse to risk and grow, we'll get swallowed up by life. And so the story, by telling us.

00:28:20:11 - 00:28:49:21

Speaker 1

Next thing I'll be talking to you about is, study habits. Certainly study habits. Thank you. Say skills can determine your success, both in college and your transition from junior college to the university. Success is dependent on planning, scheduling, and goal setting. These skills determine your ability to manage time, resources, and stress. Today, we share some tips on better study habits given by the 84 consultants Corporation and College Survival.

00:28:49:24 - 00:29:18:04

Speaker 1

The Crash Course, written for students by students. We will touch upon time management, the importance of preparation and attending class, and a good study. Skills systematic study coach Virtuous Path was developed by Park Consultants Corporation. Just as students and Study Smarter. The acronym stands for Be Prepared to Study to learn and Test Yourself. Using Pat, you can prepare to say what you need to learn.

00:29:18:06 - 00:29:47:00

Speaker 1

Achieve a balance between work and play to avoid burnout. preparation for an attending class class attendance is critical for college success. Most courses cover all or nearly all of the test material on the test. Any class reading material was in the assignments before the class complete. Your homework lecture material will always be clearer and easier to absorb.

00:29:47:03 - 00:30:11:29

Speaker 1

Learning is easier when you build on the knowledge you already know versus learning. In knowledge review notes from the previous class, think of questions you have about the class, something you do not understand, something that is not clear to you or is confusing listening. Why is it important to listen? Find out what your instructor is. It tells you when to find out how your what your instructor expects.

00:30:12:01 - 00:30:33:15

Speaker 1

also, you can get information on what you want. Must learn for the course. how do you prepare to listen first? Arrive early, 5 to 10 minutes early. Review your notes in the previous class. What were the main point? Points? Are those main points relate to the current version? Attempt to determine the main points. The professor may discuss.

00:30:33:17 - 00:30:57:24

Speaker 1

Be prepared to listen and take notes from your pen and paper in about six and miss in the French front on the middle of the room. Act to listen for actions to help me focus and learn more effectively. First listening for main points. Focus on the class topic. Don't think about chemistry. Talk to the spouse. Listening for clues to test questions.

00:30:57:27 - 00:31:29:15

Speaker 1

Changing voice statements. Repeated statements. Repeat the same inflection points. everything is only one. Teacher pauses sunrise 15 to 30s of what the professor just stated. Repeat the main points. So, points of you, if you tend to find, test yourself, ask yourself what is the main point? What have I learned? How does what I have learned relate to yesterday's lesson?

00:31:29:18 - 00:31:51:11

Speaker 1

Try to recall main points and organize them. Write your summary to identify the main points. If you're unsure of the main points, ask your teacher to read your summary. This will avoid, bad days and notetaking. This is one of your most important keys to success is this will take learning to read and recall a lecture material usually flow at a leaf.

00:31:51:13 - 00:32:14:06

Speaker 1

excuse me, a loose leaf note, book binder, or, we fill a paper in dividers, separate each course with a divider. putting all your notes in one binder. Waste. become, having the right notebook with you this semester. Schedule in front of you for effective tracking of homework assignments. Test plans, and events. Write date in class.

00:32:14:06 - 00:32:42:03

Speaker 1

Type it on the top of each blank page, numbers and number of pages, and also most importantly, being active note taker. Remember that great job in class is to take notes. So if you're going to be class, you might as well even note taker take full notes is that if you take too many notes and not enough notes contain lecture lectures, main points supporting evidence and examples.

00:32:42:05 - 00:33:07:08

Speaker 1

He angels include what the professor says. It's important what is presented loosely. Remember terms and conditions in your tables and in front names. If you just take notes, let me separate main points for supporting information. These letters and numbers in patients to indicate how much are you close to your notes as soon as possible and based on the same thing.

00:33:07:11 - 00:33:13:07

Speaker 1

So if I wanted to.

00:33:13:10 - 00:33:40:23

Speaker 1

Know that you know that you'll forget 70 to 80% of what you hear within 24 hours. Therefore, it is extremely important to read notes and then grade your notes saying they take them. Students between your notes. I mean, I have to say, is missionary final takes because the journal has been published in the minds most effective setting. We need to do an effective study.

00:33:40:23 - 00:34:07:06

Speaker 1

Here is you need to prepare. Clear your mind of distractions by a suitable statement environment one of the one that is free of temptations to socialize, and one that is not conducive to falling asleep. You can plant figure out what you have to do for each class, and calculate how long each task will take. Remember to follow the big key ten 15 minutes of study, followed by ten minutes of break time.

00:34:07:09 - 00:34:30:26

Speaker 1

Planning to plan should include what you must do for each class, how long it will take to complete those items. Equal break times when you will do it. And what are your goals? Your plan? after you plan, you should review what you need to learn. Said study goals. Turn an how you will meet them. in reading, we need to highlight the important points.

00:34:31:00 - 00:34:56:16

Speaker 1

This makes it a lot easier for highlighting. I recommend highly highlighting next to the, to the paragraph. Instead of putting the actual words. it's easier to study and gives you. it's it's and it doesn't play the page being active reader reader. use reflective pause and ask yourself what are the main points. Do I understand what what have I learned.

00:34:56:18 - 00:35:21:21

Speaker 1

If you if you can't answer these questions read on. You cannot answer these questions. We we do this twice for every average page or after every paragraph. Stop and think about any past experiences and you relate to what you are reading. But how this increases or decreases your interest in the subject. Restate the author's main points in your own words, or paraphrase.

00:35:21:23 - 00:35:47:11

Speaker 1

Do this for every page or whenever you feel overloaded with information. This way to read is read in small amounts and at one time. For example, 2.5 minute sessions are better than 90 minutes. Once a 90 minute session spread me over, many days and weeks. It is better to read a little each day and all at one time prior to exams.

00:35:47:14 - 00:36:17:06

Speaker 1

Know your purpose for reading and remember your goal is directed at the material. Change how you read. If you find it is not successful, use outlines and summarize readings. Outlines. we can do is identify the important information and main points. Identify how these ideas relate. And if you write that in detail summaries identify main points. State where you feel the reading section is trying to convey to you, the reader.

00:36:17:08 - 00:36:42:23

Speaker 1

for your information, I provided, my studying understood my tips on effective study habits right over there. so basically everything that I come of just now, it's if I a go fast and overwhelm you, don't worry

about that. Because information, can be taken home with you in written form. effective study habits, also will determine your college success.

00:36:42:25 - 00:37:08:26

Speaker 1

I encourage you to study smarter. Not necessarily harder, but smarter. we have provided the study again, have provided a study just for your review. and I hope this information I've shared with you, will be, helpful for you in determining your success in college. Our next presenter is Alicia Bacon, which will be discussing the importance of grades.

00:37:08:27 - 00:37:12:16

Speaker 1

I think you.

00:37:12:18 - 00:37:25:15

Speaker 1

Encourage us to get there. My absolute favorite. I hope you don't mind. What I have to do is I'm going to go ahead and stand up because, I feel a little bit more comfortable that way.

00:37:25:21 - 00:37:28:00

Speaker 2

And I'll also try to speak.

00:37:28:00 - 00:37:34:01

Speaker 1

Loud enough so that you can still hear me. I do.

00:37:34:01 - 00:37:50:00

Speaker 2

Have some, I have a goal, and that is to share some important information with you. So hearing my core make sure I cover that, and I don't get too off track. I also want to remind you that you are welcome to ask questions. as soon as we're done with our presentation.

00:37:50:02 - 00:37:50:18

Speaker 1

We will be.

00:37:50:18 - 00:38:14:28

Speaker 2

Able to answer your questions. So if you have as I talk, if you have any questions, just note it down. And, something else I want to do before I start is to share a little bit more about myself. I'm very comfortable about being here. I'm very happy about being here. I appreciate the invitation. A lot of my favorite people are here, and when I walked in this room, I felt like my friends and my hermanas were also here.

00:38:15:01 - 00:38:19:27

Speaker 2

I thank you very much for coming, and something else I want to share with you.

00:38:19:29 - 00:38:20:22

Speaker 1

Is.

00:38:20:24 - 00:38:49:09

Speaker 2

One of my favorite things at home. That helps me, get through the day and the week and the month. And this is something that I have next to my mirror. So every morning when I go brush my teeth, I see it and I read it, and it's just a simple little message by an unknown individual. but the message reads, those who achieve success are those who take a dream and make it come true.

00:38:49:11 - 00:38:52:08

Speaker 2

Okay. And, I thought I'd.

00:38:52:08 - 00:38:57:19

Speaker 1

Share that with you. You can share about these other things with me and,

00:38:57:21 - 00:39:21:22

Speaker 2

Okay, let's start off with the importance of grades. Why are grades so important? unfortunately, that is a fact. And can any of you share with me some ideas as to why grades are so important? And I'm sure you guys have heard that over and over again. So I'm going to try not to make it too repetitive. But yeah.

00:39:21:24 - 00:39:25:00

Speaker 3

Give you more chances to get in more university.

00:39:25:02 - 00:39:51:27

Speaker 2

Okay, definitely. As a matter of fact, that's my number one point transferring to a university. When you fill out that application, one of the main, things on there is going to be what's your GPA, what classes did you take and what were your grades and that was definitely my experience with getting into college when applying for scholarships, when, even after graduation, trying to get a job, they still ask me, what's your GPA?

00:39:52:04 - 00:40:11:14

Speaker 2

One of my interviewing questions was, why did you get a C in this class? And, you know, it's it's like, okay, yes, I did get a c. I found that it wasn't not everything is easy for me. It was an extreme learning experience. And, you know, I turned around immediately to the most positive thing on my transcript.

00:40:11:17 - 00:40:39:17

Speaker 2

So it worked good. It's it's a real example of thinking on your feet, you know, but, yes, that's one one important reason, because it's very important when transferring into a university. And also another fact is that things are increasingly getting much more competitive. A lot more people are applying to transfer into universities. So you want to present the university with the absolute best package you can.

00:40:39:19 - 00:41:05:25

Speaker 2

And part of that are your grades. I encourage you though, not to feel bad if you don't have straight A's because you don't need to have straight A's. You know, a well-rounded individual is not somebody you know. A well-rounded individual is someone who is extremely motivated and who does not believe that they cannot succeed. You know, to me, someone who's active, someone who's got that desire.

00:41:05:28 - 00:41:35:20

Speaker 2

And, grades are just something that are also taken into account. But don't don't give up. Don't feel bad if you don't have that 4.0 to strive for that. Another important reason is that employers want to know your GPA when you go and, you know, have any of you had an experience where they ask you for your GPA when you're preparing to do something or like for a job?

00:41:35:22 - 00:42:10:01

Speaker 2

No. Not yet. Okay. Well, that that will happen. And, you know, once again, be prepared to to talk to them about about your GPA. And I know for a fact I didn't have a 4.0 and my grades were not all that bad, but they weren't the top either. But then I had to prepare myself to talk about why, you know, maybe I was working, you know, maybe something came up that semester and I got sick or whatever, but it tends to be a a little harder to explain why you didn't get a name than it is to explain why you got any.

00:42:10:03 - 00:42:50:00

Speaker 2

So, let's keep that in mind. The other point is, for scholarship reasons, we need that money, obviously. And because the competition is so intense, we want to have the best application out there. And grades also reflect your level of commitment. to a certain extent, they do. To get an A, it's not very easy. And I'm sure you guys, you guys already know that when somebody has an angel that says a whole lot and,

it's kind of difficult when talking about the subject because I want to emphasize how important it is to get very good grades.

00:42:50:00 - 00:43:00:08

Speaker 2

But at the same time, I want to emphasize that grades are not to discourage you from continuing. And I'm trying to find a balance. Do you know what I mean?

00:43:00:10 - 00:43:04:25

Speaker 1

Yeah. Okay. The other reason.

00:43:04:27 - 00:43:30:22

Speaker 2

is why not, you know, why not get really good grades as it is? There's already this notion out there, and especially right now in the, in environment, it seems to be a little more amplified with all the political things going on, you know, affirmative action, all these things. It's like, oh, well, sometimes I feel like people are looking at me at work and they look at me and say, well, we know you're here because you're the only Latina on this program that you're on.

00:43:30:22 - 00:43:51:11

Speaker 2

And, you know, we needed to meet a quota and we need to have somebody there. Sometimes I feel that way and I'm I don't know if I'm the only one in this room was ever had that kind of experience. And we want to show them that. Look, I'm here because this is where I should be. I worked my way here.

00:43:51:19 - 00:44:17:14

Speaker 2

I prepared myself to be here. And this is my transcript. Do you have any more questions? You know, and that's that's why that's why it's also very important. something else I want to to let you know before I sit down and turn it over to a Valia. Is. Don't compare yourself to anybody. When you're out there. Focus on your goal.

00:44:17:16 - 00:44:41:06

Speaker 2

you will always be surrounded by people who are, because of different experiences that they've had, might be a little beyond you or know below you. But that's not what you're there. You're there to focus on you. And things are different for every one of us because we've all had different experiences. And so try not to focus. is excellent, an excellent presentation.

00:44:41:06 - 00:44:56:04

Speaker 2

So I also learned a lot in and that's about it. That's all I have to share with you. And I will be available for questions. Okay. Thanks. Okay.

00:44:56:06 - 00:45:27:02

Speaker 1

And thank you also for this because I've been running around crazily all week, trying to finish my master's program, working ten hours a week, and interviews are documents, so I'm not asking for studies. so I have, I know in this fashion that you do not reflective of the study. I think the study. Like the another pillar of academic success is the engineering professor.

00:45:27:04 - 00:45:52:17

Speaker 1

And because of the nature of community college. And I had this experience when I was there for two years. that is a commuter campus. You don't get to live and you don't experience the residential component of the university. And so it's a little bit more difficult to get to know your professors. and also because I think community colleges, you only have the two years and it's mostly emphasizing on vocational training instead of research.

00:45:52:22 - 00:46:07:22

Speaker 1

So when you go to a research institution, it's very drastically different. And you really have to get to succeed in a college of higher learning, especially four year missions. And also if you plan and I encourage.

00:46:07:22 - 00:46:11:02

Speaker 5

You, to reconsider.

00:46:11:05 - 00:46:36:01

Speaker 1

I'm planning to graduate school, which is very different from when I graduated. I just got married. And it's also very interesting. So I would like to relay some pointers here as as new ventures. I think that what makes a class interesting, the teaching style of the professor are not necessarily the format or the material of the course.

00:46:36:04 - 00:47:01:05

Speaker 1

And so a good way to learn about a student professor is a doctor. Students have taken courses with her and also researching the professor himself. So trying to maybe drop into a class the semester before you can just sit in and if you have the time, and try to see what is his or her teaching style is like.

00:47:01:07 - 00:47:34:20

Speaker 1

And I think that sometimes people consider that, occasionally a professor is kind of selfish when the only reason you want to know is for them to write you that recommendation. But that that's an obvious, even why. But at the same time, I think it's important because you learn so much from there experience. and sometimes you, you find out that they had the same experience and background that you did, and they're a role model for you to know that you can reach that point.

00:47:34:22 - 00:48:04:18

Speaker 1

okay. So made a time in the future. And during my stay in college, I have professors, but because of what I said earlier, I would just go to the classes and then leave. It was kind of difficult, but I had to make an extra effort because my counselor was very instrumental in telling me that that's the way to get to a four year university was to exactly know this.

00:48:04:18 - 00:48:33:27

Speaker 1

You know, you have to have the capacity to be able to relate to academia, to your relationship with professors. And so, after hearing I forget your name. Yeah. You introduced, commitments. I'm sorry, buddy, I was always, it was always I was amazed since I've been at Stanford and there's a reason why. That's because there wasn't much of a chance to.

00:48:34:02 - 00:48:39:16

Speaker 1

Sure. My professors at the College of Acting. And I was very lucky when they transferred there. And I.

00:48:39:18 - 00:48:39:23

Speaker 5

Was a.

00:48:39:23 - 00:49:03:21

Speaker 1

Junior and there was only one Chicano Latino faculty in my department, and he was a visiting professor. So he was on the MBA for two years. And so, coming in as a transition, then having, you know, research background and they know what that is and so important. My transfer counselor suggested that I begin researching right away.

00:49:03:21 - 00:49:31:11

Speaker 1

So she told me to meet with professors and luckily I met with him. I'm very interested in his researches. That he's interested was gangs and violence in the Chicano community. And also the social problems of, psychology in the, you know, community. And I love that experience. We both coauthored an article and it was published in the School Psychology Review.

00:49:31:14 - 00:49:57:25

Speaker 1

And from there you have that opportunity. Many people call you to, discuss your article, a large conference. And so I think it's important for Latinas to be very visible, even at the national level, so that

it for this one with the APA Association. And thank you all for. Okay. Well, I didn't get to attend, but that's an an opportunity.

00:49:57:25 - 00:50:29:08

Speaker 1

You get to attend the national conferences. And that particular year it was a Canada and he took some of his students, and the reason that I think is important to those and professors and one good way, is to go visit particular schools that you're interested in applying to. And unfortunately, as I was walking in to San Jose City College this morning, I noticed that there's fliers out there, that, I don't know.

00:50:29:08 - 00:50:49:23

Speaker 1

I think the transfer center here takes students to visit different colleges and universities around the Bay area, and Stanford wasn't one of them. And I was very disappointed, given that it's only 20 minutes north. But they do take the language state. now, that's one thing I want to change, and I want to be an administrator, higher education.

00:50:49:26 - 00:51:17:22

Speaker 1

And that will be one obvious thing that I would change right away. I guess another important thing is to use professor's office hours. Please don't be intimidated. I had the opportunity to meet with sophomore students, one quarter ago, and I developed a questionnaire and ask them questions of what needs they have, and some more. And one of them was very, very intimidating.

00:51:17:23 - 00:51:43:05

Speaker 1

Those peaceful protesters. And these are office hours. And the director of undergraduate admissions, sorry, the director of the Undergraduate Advising Center, he's, lacking in that type, the four of us. And he said that the reason for that is, Latinos are not taught or. Yeah, we're not taught to go and seek out, professors and say, look, I'm here.

00:51:43:05 - 00:52:05:13

Speaker 1

I'm paying you 25,000 a year. You I should be getting these services. He says that white students, they're so demanding and like I said, there's this office, there's 25 students, and 95% of them are white students. But we're all of the people of this, you know, we're not it's not in our majors. We're not taught to do those things.

00:52:05:16 - 00:52:26:18

Speaker 1

And we should demand it. We should give it to complain on that money. So we should make that. And this is available to us. And so if you want to succeed in your classes, I invite them to use their office hours, and just look at them at the same level as you don't, don't think that they're all this god or goddess.

00:52:26:21 - 00:52:52:11

Speaker 1

because they should be there to be teaching you, and the way they should is and, so I think in par with getting ready for class, or you should also get an older counselor. As I said before, my counselor was very, very helpful. I just want to share this with you. I, I think it was two months before I was going to transfer to a four year university.

00:52:52:13 - 00:53:16:27

Speaker 1

I had only applied to Santa Clara, University, and all three state colleges, San Jose and Psychological State. And two months before the transfer deadline for Stanford, my counselor called me into her office, and she said, Will you consider applying to Stanford and need an immediate yes and no. I will never get. And I hadn't even in my dreams.

00:53:16:27 - 00:53:40:24

Speaker 1

Never. I will think of a time there. And she said, well, I just spoke to the normal graduating admissions. I did, she got an HMO. Yeah. And he said his commitment is to increase that moment. And she got so many things at Stanford and so she said, the only thing is that you still haven't taken your assets, because you don't do that to any community college.

00:53:40:27 - 00:54:04:11

Speaker 1

And the last day to take it is when you back a child. And so how does your paying for finals? And I only have one week to prepare for this. Not a lot. And so really I'm scared. But she encouraged me to apply and I said well I could considering it for about a day. And the reason why I got one of it was I wasn't doing anything.

00:54:04:11 - 00:54:26:04

Speaker 1

There was a fee waiver for the application. I am the favorite and financially I going to be free. So I said the only thing that I have to commit is my time, which is three hours to take the test and about a week to study. And so, I did it. I finally got, there's a reference because I, I have communicated with my professors.

00:54:26:06 - 00:54:53:05

Speaker 1

Had I not done that and I would have not had letters of recommendation. So even though I thought they felt selfish, you know, it was important. And so, I think it was May 20th around May 28th. That's the turnaround time when transfer students are notified, of their savings. Stanford. And and so the rest is history. But, I really want to encourage you to always, reach for the high school.

00:54:53:05 - 00:55:18:07

Speaker 1

You have donated to me by the names of Howard Princeton, even though you're in college. and if you want to commemorate students as parents at Stanford as a student, then transfer those. I have my business cards here, and this is kind of. I don't feel good about these. My business cards, it's not my style, but. But I had to get rid of them.

00:55:18:10 - 00:55:39:02

Speaker 1

now I'll going to do some, I then this would be a good way. And then, you know, it's better for you to take this. It's it's, I guess this this is a chance for you losing and writing. just a piece of paper. So, I'll give you this. And I'm always at the center. Is this level, and I have an internship there right away.

00:55:39:05 - 00:56:11:11

Speaker 1

Because when you, apply a master's program, most of them, I would say 95% of master's, funded. Okay, financially. So, I would have to have paid 20,000 loans and only 5000 and grants, so I, I really, I'm really happy that I got this motion because it pays well. Intuition. your health insurance and your associated student body fees.

00:56:11:13 - 00:56:37:06

Speaker 1

And so had I not gotten this, I would have been there for no reason. But it's really good opportunity because you get to, to meet with administrators at the time. For example, before I was I got this invitation. We're going to be hanging with the president of the university and the provost. And so that's something that is not, you wouldn't have an opportunity to do any the scholarship work.

00:56:37:09 - 00:57:03:12

Speaker 1

And unfortunately, these fellowships, for this year, for next year, and we're looking for someone for next year and so hard for students, I don't know, because of the economy. they're, they want want to apply to graduate school right away. And I really, there's one student that I'm trying to convince. He's, he's graduating with a bachelor's this summer, so I'm trying to convince him to go for a master's.

00:57:03:15 - 00:57:29:14

Speaker 1

That is very difficult. You know, if anyone the initiative in applying to a master's program and then on, Bachelor or USF, please let them know that there's this, internship available at the center at Stanford. but unfortunately, you have to work in hours a week, and that's a lot, going to school full time and working for the hours of the time.

00:57:29:14 - 00:57:55:08

Speaker 1

But I can help you with that and then think through it. And this is the toughest. But I think I'll hopefully this is a way to relieve my stress. Can you do these projects and and I think I'll leave it at that. And I have sample transfer application from that people over there. so if you have any question about the application for this year, the deadline has been it's over.

00:57:55:10 - 00:58:04:17

Speaker 1

but if you want to apply for next year, the following year, there, there will be applications available. And I mean, many of these.

00:58:04:20 - 00:58:08:29

Speaker 1

Oh, I'm sorry.

00:58:09:01 - 00:58:34:02

Speaker 1

you tried to go in and behind you. I had to get, You okay? Well, I was going to reinforce Eric. I won't read it. it says when you invite someone to his company, I can't remember, but I will. we'll go to that. When I was a freshman, she wrote this movie. I was, junior, and I.

00:58:34:02 - 00:58:56:16

Speaker 1

It was very inspirational, but the lack of time we can think of, you can pick it up on the table and then. So any question is really, go ahead, girl. Personal experience.

00:58:56:18 - 00:59:00:08

Speaker 1

I'm sorry. I'm sorry. Whether your.

00:59:00:08 - 00:59:01:08

Speaker 5

GPA.

00:59:01:10 - 00:59:38:28

Speaker 1

Were written by GPA folks. My GPA column when you were transferring. Oh, I started at Santa Clara exactly four years. I didn't transfer. my overall GPA was your final, and, basically, I had a really hard time in my freshman year. my parents are super strict, and they want me to go to college and I had a hard time, so I struggled with, and, I had to work, and it was like,

00:59:39:00 - 00:59:43:13

Unknown

I think it's you.

00:59:43:16 - 00:59:54:09

Speaker 1

Brings back a lot of my memories. But it.

00:59:54:11 - 00:59:55:19

Speaker 2

You know, this.

00:59:55:22 - 00:59:57:22

Speaker 1

This just goes to show that.

00:59:57:25 - 01:00:07:15

Speaker 2

When we stand up here and we're done with our our degree, it's it's like a real glamorous thing. You know, you hear about our biographies, you're like, oh, wow.

01:00:07:18 - 01:00:13:04

Speaker 1

But we've been there. We're still there. You know, it's not that glamorous.

01:00:13:04 - 01:00:23:06

Speaker 2

And, and we did it. So something you and my GPA, because I also went to Berkeley straight from high school. I was 17 when I.

01:00:23:06 - 01:00:26:03

Speaker 1

Went home from Delano. That's down for Bakersfield.

01:00:26:03 - 01:00:26:22

Speaker 2

You guys have heard.

01:00:26:22 - 01:00:30:01

Speaker 1

Of the name is associated with the grapes? Well, I come.

01:00:30:01 - 01:00:36:24

Speaker 2

From farm working community, and, it was also extremely difficult for me, you know, and so my parents and going to Berkeley.

01:00:36:24 - 01:00:41:19

Speaker 1

They're like, why don't you just go to Bakersfield? You know, even to this day and to this.

01:00:41:19 - 01:00:42:23

Speaker 2

Day, I go back.

01:00:42:23 - 01:00:44:13

Speaker 1

Sometimes I go back to the land. They're like.

01:00:44:13 - 01:00:47:25

Speaker 2

Yeah, your mom says, is your Brooklyn.

01:00:47:27 - 01:00:53:04

Speaker 1

And my mom is Berkeley. Okay.

01:00:53:06 - 01:00:57:18

Speaker 2

You know, I went to visit, you know, a couple times at Berkeley. Forget it.

01:00:57:18 - 01:00:59:11

Speaker 1

I should have taken them on Telegraph.

01:00:59:11 - 01:00:59:20

Speaker 2

And, and.

01:00:59:26 - 01:01:09:27

Speaker 1

Because we were like, oh my God, you really to be here. But it's that type of experience. Okay, back to the GPA question.

01:01:10:00 - 01:01:18:21

Speaker 2

It was it was it really I had like a four pointer out of high school. But I graduated from Berkeley with a 3.3.

01:01:18:23 - 01:01:22:07

Speaker 1

And the transfer, you know, now I'm going to.

01:01:22:07 - 01:01:37:14

Speaker 2

Apply to get into a master's program in business. And I also want to do the joint master's, law degree. That's four years versus two. If I were only to do the masters in business for three, if I were only to do.

01:01:37:14 - 01:01:38:25

Speaker 1

The law degree.

01:01:38:27 - 01:01:42:18

Speaker 2

And I find that with a 3.3, I'm going.

01:01:42:18 - 01:01:45:25

Speaker 1

To have to do a lot of selling myself.

01:01:45:27 - 01:01:50:15

Speaker 2

Aid for the top universities, but tell them how active I am and how great I am.

01:01:50:15 - 01:01:50:29

Speaker 1

Going to get.

01:01:51:00 - 01:01:56:09

Speaker 2

My B.A.. So that's the that's why I tell you rates are important.

01:01:56:12 - 01:01:56:29

Speaker 1

But but.

01:01:56:29 - 01:01:59:09

Speaker 2

At the same time, you know, I'm very happy that I.

01:01:59:09 - 01:02:00:23

Speaker 1

Also did other things that just.

01:02:00:26 - 01:02:05:14

Speaker 2

You know, focus on the grades, because maybe that'll get me in. You know, I just get to try my very best.

01:02:05:21 - 01:02:27:25

Speaker 1

I just like to say, it's very important to keep a balance in your life. You really need to. There's just different aspects of your life. There is your physical. You need to maintain your body in good physical condition. You need to keep your mind sane. You need to have free time. You need to do fun things. I recommend Chicken Soup for the soul.

01:02:27:27 - 01:02:56:01

Speaker 1

It's really good that this is a community thing. you a spiritual, you know, going to church and not the religious or not, having that type of thing in your life and also, in your personal life, some of us have families and obligations like work, and you need to schedule that into your time. And that's why I think that time management is so crucial.

01:02:56:01 - 01:03:24:28

Speaker 1

But at the same time, balance is more important than anything else. Remember, you come first and then you change. Because if you're not healthy, your mind, body and soul, you will not succeed. So it's very important to keep, in a good perspective on things and understand the, importance of a balanced life, even after, you know, even under school, like, you know, work.

01:03:25:00 - 01:03:46:20

Speaker 1

when I just started the company, they expected me to work about 60 hours a week. And I told them, you know, I really don't have my life, you know, really not with us. So I said, okay, this is going hard. So I did it, you know, I was at work, but hours a day after work, I went straight to the gym.

01:03:46:23 - 01:04:11:11

Speaker 1

And, that's yourself, you know, and, currently, training for a marathon. So hopefully, you know, that'll help me. I find it awesome. plan for a better school and just the same program. I was just interested in, joint law and MBA program. it's real time. one tip I do have is, stand, because that really got me in college.

01:04:11:14 - 01:04:32:01

Speaker 1

I had student loans to pay back when I was, in high school, and I went to an accident, so I said I'd pay that back. I had credit cards, I went crazy, I said, oh, you know, free money. I read a short story in my Spanish class, but then I had less money. Money that's, you know, like magic magic cards.

01:04:32:03 - 01:04:54:06

Speaker 1

And that's basically what happened. You know, I went out and I just bought everything I bought, since it's our current universe, you know, to work, you know, you got to do you have to take finds out. So I just had a three point for credit cards. I mean, crazy, you know, but you know, I, you know, and then I had work and then I realized that I'm can't a rotation that, oh my gosh, I lost money.

01:04:54:06 - 01:05:20:17

Speaker 1

So I paid that. So I spent all this time came back my, my bills not to say money but to graduate school. So that's one tip that I recommend. Standard. If you don't have money don't spend it. So it's different in psychology only for emergencies. and oh and any other questions. Yes. Yes. when you were going to college, were you working at same time?

01:05:20:17 - 01:05:46:04

Speaker 1

And if you were with that job related to your major, do you are you on any particular. Yeah, it was. I'm sorry, I can't answer the brain. Talk to you anyway, I worked at the when I was the community college. I worked ten hours a week for all three years, and I was in. And I learned to do that, so I would not worry more than ten hours.

01:05:46:07 - 01:05:56:21

Speaker 1

and even then, I wasn't going to pay rent and do whatever I could. So I was just working just to for expense money for me to go out.