

# Gerontology

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## COURSES

### ***Gerontology (GERON)***

#### **GERON 10S. The Journey of Adulthood: Planning a Meaningful Life (3)**

An introduction to theories, concepts, perspectives, and the study of aging; psychological, physiological, cultural, and ethnic issues fundamental to planning a meaningful life during the journey of adulthood. Examines developing a healthy lifestyle and cultivating lifelong learning and satisfaction. Not available for *CR/NC* grading. G.E. Breadth E1. (Formerly GERON 10)

#### **GERON 18. Women and Aging (3)** (See WS 18.) G.E. Breadth E1.

#### **GERON 100. Images of Aging in Contemporary Society (3)**

Prerequisites: G.E. Foundation and Breadth Area D. Explores aging theories; multicultural portrayals of aging through art, literature, and media; examines generation/societal perceptions of aging. Develops awareness of competence in recognizing different images, and examines the influence of these images on societal/emotional status, resources and other elder issues. G.E. Integration ID.

#### **GERON 103. Psychology of Aging (3)** (Same as PSYCH 103.) Psychological study of maturity and old age; physiological and sociological considerations.

#### **GERON 111. Heritage and Aging (3)** Aging is continual from birth to death. Events throughout a person's life coincide with dates of many different historical, cultural, and humanistic occurrences. Students explore the interrelationship of events to an elder's heritage, creativity, and potential for successful aging. G.E. Breadth E1.

#### **GERON 115. Health Issues of Aging (3)** (See HS 115.)

#### **GERON 117. Resource Management of Aging (3)** (See CSH 117.)

#### **GERON 125. Social Services for the Aging (3)** (See SWRK 125.)

#### **GERON 132. Alzheimer's Disease (1)**

Focuses on Alzheimer's Disease (AD) and other related dementias. Course will include a complete assessment, evaluation, and treatment of AD.

#### **GERON 134. Mental Health and Caregiving (3)**

Presents the impact of mental disorders on older adults and their caregiver. Addresses evidence-based guidelines for care, patient and caregiver issues, and non-pharmacologic management principles to delay institutionalization and promote caregiver peace of mind.

#### **GERON 137. Community Service in Gerontology (1-3; max total 3)**

Prerequisite: permission of instructor. Service-oriented course designed to provide opportunities to observe, interact, and learn from elders in gerontological settings. Hour requirements are supported through writing and discussion of issues and solutions. *CR/NC* grading only. (Formerly GERON 180T)

#### **GERON 139. Death and Dying (3)**

Exploration of personal values and beliefs as well as diverse spiritual and cultural beliefs, groups regarding death, and its meaning for living. Practical matters surrounding death are also addressed.

#### **GERON 140. Aging in America: Politics and Change (3)**

An introduction to policies, politics, and programs of an aging society. The course will examine the historical, social, cultural, economic, and demographic issues affecting the elderly and will provide an overview of federal and state legislation and programs for older Americans.

#### **GERON 148. Biophysical Aspects of Aging (3)**

(See KINES 148.)

#### **GERON 150. Communication and Aging (3)**

(See COMM 150.) (Formerly SPCH 188T section)

#### **GERON 161. Multiculture/Aging (3)**

Prerequisite: G.E. Foundation and Area D. Explores diversity and commonality among older persons. Analysis of ways demographic, ethnic, cultural, location, and situation topics relate to gerontological concepts, research, and theories. Presents problems with health, socioeconomic, and minority issues. Discusses ageism, racism, and sexism. G.E. Multicultural/International MI.

#### **GERON 180T. Topics in Gerontology (1-3; max total 9)**

Various topics in the field of aging such as health and wellness, death and dying, and activity courses. Content varies from semester to semester.

#### **GERON 185. Internship in Gerontology (1-6; max total 6)**

Prerequisites: upper division or graduate standing and permission of instructor. Supervised work experience in gerontology. May be coordinated with student's major, e.g., *business and gerontology*. *CR/NC* grading only.

#### **GERON 190. Independent Study (1-3; max total 6)**

See *Academic Placement — Independent Study*. Approved for *RP* grading.

## **IN-SERVICE COURSE**

(See *Catalog Numbering System*.)

### ***Gerontology (GERON)***

#### **GERON 301. Topics in Gerontology (1-3; max total 6)**

Designed for professionals and pre-professionals working with elders. Topics such as: care of elders in settings such as acute, subacute, transitional, skilled nursing, residential facilities for elderly, long-term, and community; case management; caregivers; and chronic illness and dementia.