

Women's Resource Center

The Women's Resource Center provides services to enhance the learning and working experiences of women in the university community. The center provides a supportive environment for interaction and self-discovery through a wide range of campus activities.

The center is inclusive of the full spectrum of university women — students, staff, faculty and administrators. Men are encouraged to participate in the center's activities, to support organizational goals, and to promote among their peers recognition of sexism, racism, and other forms of discrimination against women.

The center is inclusive of all women on campus regardless of age, ethnicity, sexual preference, and/or disability. The center's staff members seek to provide a haven against the intolerance and negative stereotyping that are abundant in society and also to offer a place for a diverse interchange of ideas and experiences, which is the *basis* for a positive academic setting.

The center provides a place where women can share with one another, learn in a collaborative rather than competitive fashion, and seek growth promoting experiences.

Internships and volunteer opportunities are available for interested students. Course credits are possible.

Support and discussion groups are offered on a variety of issues including, but not limited to, current women's issues, single parents, body image, sexual abuse, lesbian support, and support for women of color.

Peer counseling and referral services are available to women who are coping with personal transitions, crises, or any other life experiences for which they need non-judgmental guidance and support.

Training is offered for individuals who are interested in leading support groups or providing peer counseling to other students. The center also offers joint

training with the local rape crisis center for those interested in becoming advocates for victims of sexual assault.

Special projects that fit the mission of the center are available. Input from the university community on special programs is welcomed. The center provides a variety of intellectual, cultural, social, artistic, recreational and personal growth activities for women. The activities celebrate the multicultural composition of our community and promote healthy lifestyles and nonviolent relationships. In collaboration with other campus women's groups, the Women's Resource Center works each year on Women's Herstory Month and End Violence Against Women Week.

If you would like more information about the many opportunities for women, visit the Women's Resource Center or call (209) 278-4435.

In the Free Speech Area, students share information about the Women's Resource Center.

