

COVID-19

COVID-19 has been a life-changing and an experience that I will never forget. March 9, 2020, is the last day that I attended a class on campus. I didn't know it was going to be my last day as a college student on campus. I am a graduating senior this May 2020. This is not how I expected my last day of school to be. I became a teacher, mother, and college student.

On March 16, 2020 shelter in place was ordered. My sons' school was closed, which was an adjustment for us. It is hard to answer all the questions that a seven-year-old has. "What is going on? Why can't I go back to school? Why can't he play with his friends?" How do I explain to a seven-year-old that he needs to stay home and keep a safe distance from people? It is an adjustment to teach an online class to a first grader. Every day, starting at 9 o'clock, my son's school starts. He has activities and an online meeting until noon. It is an adjustment to become an at-home teacher. I want my son to get a "school experience" and not miss out on the important learning outcomes he is supposed to learn.

After my son's class, I have a class at 1:30 until 2:45. My adjustment to online learning was fairly easy, thanks to my teachers. I was able to continue to learn and complete assignments. I had to make sure that I didn't miss a class or forget about an assignment. It made me more aware of the things I needed to do. I started using Google Calendar to organize my days and complete things that needed to be done.

COVID-19 has changed everyone's lives. It has changed the way we go to the store, interact with people, and our daily lives. We live with people older than 65 years old. It was scary to know that COVID-19 could have affected them differently than how it affected younger people. We had to stay home to protect them and keep them safe. We had to make sure that we wore masks, gloves, sanitized and disinfected anything that we brought into the home.

COVID-19 has affected my life in many ways. As a recent graduate, looking for work, it is harder to find a job. I have applied to many places, looking for experience for my career, however, no one is hiring employees. Businesses are struggling to keep their current employees; how would they hire new people? I am not sure exactly what to do about my future and how COVID-19 will affect my career. I will continue to look for a job and I am hoping that after COVID-19, it will be easier.

It has helped me to take this time to focus on my mental health, things I need to do, and spending time with family. I usually take walks with my son, my husky, and my boyfriend every day. Before COVID-19, we hardly had time to walk our dog as much as we should. This is something positive that has come out of COVID-19, we can take her out on walks more often. Also, I have found myself baking and cooking more often. I have tried to bake new recipes, some were good and some needed more work.

COVID-19 is a scary time for all of us. I think it is important for us to spend time with our family, focus on mental health, and find things to do at home. Although shelter in place has extended, I am okay with that. I want to keep people who are more at risk safe. It can be frustrating to be at home all day. I remember that staying home, saves lives.

