



SINCE 1975

# THE RUNNER



CALIFORNIA STATE UNIVERSITY BAKERSFIELD

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## Extreme makeover: Dorm edition

By Phillip Barnett  
Editor in Chief

The feel of the dorms here at Cal State Bakersfield are almost prison-like with the cold, white brick walls, metal bed frames and black mattresses. The floors are hard, the desks are plain and the closets are unadorned. Every room looks exactly the same. When it comes to the dorms at CSUB, there is no personality, there is no individualism, there is no life – or at least there wasn't until Ikea donated a dorm room and a common room to a lucky pair of CSUB students living in the residence halls.

The furniture company donated a redecorated dorm room and common room, and raffled off the dorm room to the students staying in the dorms this school year. The room included a full bed spread (for both beds), new desks, new chairs, lamps, closet doors, painted walls and much more to begin what promises to be the beginning of a great partnership between Ikea and CSUB.

"We thought it was cool because we thought the other rooms were not – great. We were in a room that needed to be painted, it was really bad. So when we won it we were like 'oh my gosh.' We got new beds, everything is painted,

we get new dressers and our desks are huge," said Karen Fields, a freshman in Political Science major who is also on the Water Polo team.

However, up grading dorm rooms and donating furniture is not all that will be offered from Ikea's half of the partnership.

"We contacted CSUB because we are offering an internship through Ikea. One of our goals of '09 is to partner with the college going forward – so this is something that can bring attention to us," said Malia Krepps, an Ikea Human Resources Generalist, working at the company's distribution center just south of Bakersfield.



One of the dorms rooms furnished by Ikea

Krepps was on campus during last week's job fair representing Ikea because "Ikea sees the CSUB students as future leaders of Ikea."

Ikea's distribution center is currently looking to hire on two CSUB students to intern there for a year. The distribution center provides all of the products for 16 retail stores. More information on the internship can be found on cam-

pus at the Career Development Center.

The partnership between Ikea and CSUB is currently in discussions and both parties hope to have logistics of the partnership worked out sometime this year. Ikea plans on doing more projects on campus in the future. Because nothing has been finalized, Krepps could not elaborate on what those projects would include, but was able to add, "Right now, we're just working to get that partnership rolling forward so we can start donating some more."

Ikea was founded in 1943 by Ingvar Kamprad, who was 17 years old at the time. Ikea was originally a Swedish company and did not open a store in North America until 1985. Ikea's vision is to create a better everyday life for the many people and "what that means is the founder wanted to give fine furnishings, not just to people who had a lot of money, but to everybody – hence us going onto college campuses and showing out products. It's exactly the type of furniture that's good for college students because it is affordable and it is quality."

You can find more information about the company, the furniture or internships on Ikea's website at [www.ikea.com](http://www.ikea.com).

## Campus Recreation Center is behind schedule

By Celia Kelly  
Staff Writer

The CSUB Student Recreational Center will not be completed for use this quarter. But anyone who has passed by the student union in the past two weeks would know that.

The rec center, which is located south of the Student Union, had an estimated completion date of September 13, 2008. Seeing as how it is the first week in October and there is still no roof in place, the project is obviously running behind schedule.

Junior business major Janet Guajardo said, "I'm a little upset that the rec center is behind schedule because I was looking forward to using it this quarter. I know that it's going to be packed when it opens, but I guess it's like parking, I'm used to it."

Mark Harriman, CSUB's new SRC director, added some information that may help to ease the minds of some of our student body. "I do not think the students understand the magnitude of the rec center ... I do not anticipate any lines because of the large amount of equipment."

The lines are not the only concerns of our students; most of those graduating this year are concerned with paying into something they will never get to use.



Crews hard at work building the student recreation center

Joseph White/Runner

Julie Ortega, senior marketing major who is graduating this fall, said she had a few choice words about the project running late, "Bull shit. There really is no nice way for me to put that. I'm sure everyone you talk to will say the same thing." Her concerns lie with most students on campus who have paid into a membership since the vote in 2005. When asked if she would come back to school to complete her membership she said, "Why would I?"

What about those headed to grad school after

graduation? Senior Criminal Justice Major, Shanya Forde, said: "I'm headed to graduate school out of state after graduation, so for the students in my situation, the membership is a waste."

Harriman had answers for those concerns as well. He said the fee increase was for student membership, which each student will be able to utilize his or her fair share once the rec center is completed. "Each student who paid fees into the rec center will be allowed to come back and utilize the facility for however many

quarters they have paid. However, this will be on a concurrent basis."

This means those who are no longer attending CSUB cannot come back for a quarter leave and restart their membership again. Once it has been activated the students must continue to use their membership or forfeit their previously paid quarter(s). When I asked Guajardo if she would come back to CSUB after graduation she said, "I want to because I did pay for it, but to be honest I probably won't, but I don't see that ID card they sneak in my tuition every quarter."

Harriman also said there has not been assigned a time limit when those students reactivating their membership will expire, but it should be something along the lines of years rather than months.

"The new estimated construction completion date is the first of January," said Pat Neal, CSUB's Facilities Manager. He also said, "the reason for the delay was because of difficulties the sub contractor, who is building and delivering the concrete and pre cast panels, is having getting them approved."

Whatever the reason, CSUB's student body is more than ready to get into the rec center next quarter and start utilizing the fees being applied to their tuition.

## Newest addition to campus given welcome

By Jena Lopez  
Staff Writer

With buildings surrounding our campus, our newest addition, Science III, was formally introduced early Thursday morning on the green lawn beside the building. Science III is an exciting addition to our campus because it is not only brand new and extremely clean; it offers a better place for our math, science and engineering majors to become more involved. The vision for Science III was recognized by President Horace Mitchell as academic excellence. It was made to encourage those to fulfill their goal as a math or science major.

"This is a celebration!" Dr. Julio Blanco exclaimed as he was up at the podium. The newest Science III building is a computer science home for all. It allows students to get their degrees and teaching credentials in math or science. This new building will serve for 2,000 students each quarter with bigger spacious rooms

to excel in.

President Horace Mitchell spoke about fewer students wanting to become involved with math and science around our country. The Science III building is there to encourage all students to keep reaching for their goals. By 2014 and 2015 President Mitchell's vision is for CSUB to be the leading campus in excellence, diversity and academic achievements of all.

Many people were there to celebrate the newest addition to our campus. From faculty to staff to donors to architects, many people joined in this new arrival. With



President Mitchell cutting the ribbon to the Science III building

All of which were recognized with great appreciation and certificates from President Horace Mitchell.

"Our vision of excellence has become a reality!" President Horace Mitchell explained as he finished his speech and everyone got up to go to the building for the ribbon cutting and tours given by students. As the red ribbon was cut, everyone clapped. President Mitchell moved on to cut the bow from the blue and gold balloons to make an arch by the building. As he was having trouble cutting the bow, the crowd eagerly laughed awaiting the tour of the building.

The success of Science III is great. Everyone seemed to be excited and the hard work was finally paid off by all who helped and contributed to this huge event that will stand as a proud building on CSUB campus.

## THE RUNNER

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Letters to the Editor are encouraged; however, they must be signed and verified to be considered for publication and should be no more than 300 words in length. All letters may be edited for clarity and length.

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Danica Asbridge/The Runner

Students learn about part-time jobs and clubs on campus.

## Campus holds career and club fair

By Danica Asbridge  
 Staff Writer

Students who are interested in a part or full-time job had a fantastic opportunity at the annual Career Fair, which was held last week. Many local employers showed up looking for college students who might be interested in making some extra cash.

The Runner Café Quad was busy as people scurried around. Businesses like Target, Ikea and Costco, among many others, had booths set up with eager-looking representatives hoping to find new employees.

Vector, which is a sales company, attends the CSUB Career Fair because college students love working for their company. Scott, the representative, said, "College students are attracted to our flexible hours and positive environment – it definitely suits them."

A newbie to the fair was a local business that has now become international. Insect Lore, based out of Shafter, has grown dramatically over the past couple years and is hoping to find interns. They specialize in nature toys that are for kids and teachers.

Kurt Hettinger, Educational Division Director, said, "There are so many projects that will be starting up soon that we need

interns for. For example, we are looking into setting up a butterfly habitat at CALM and we could use a public relations major to help promote it. And that's just one example."

Target also had their booth set up. Christina, a trainer for Target, was at the booth with a bright smile encouraging people to apply.

"We love coming to these fairs. We get a high amount of students who apply," she said "And we are hiring for seasonal positions at the moment so we have a lot of openings."

Mercy Hospital was also in attendance with a packet that showed over 40 positions that are hiring at this time. David Zndueta, Human Resources Recruiter, said that Mercy Hospital is looking for all types of students, not just nursing and Pre-Med students, but anyone.

"We develop people as employees," he said. "Of course there are nursing programs but there are also several administrative and assistant positions available."

In addition to several businesses, many of the CSUB clubs came to recruit members. The Frisbee Club, Cru, Kaibigan Club, Muslim Student Association, Intervarsity and many others set up tables to encourage their fellow students to get involved on campus.

One popular club is Intervarsity. Student and member Tyler Nelson (Junior) loves being in

Intervarsity. "The main goal is to provide a safe environment to learn about Christianity – but also make friends. I've met most of my friends in this club." He adds that the fair gives them an opportunity to get a good amount of people to sign up for the club.

The next table over was the Muslim Student Association. Amit Qwfan (Senior) said that the main goal of their club is "to bridge the gap between Muslims and non-Muslims."

"When we can get people together we can create cultural awareness about different groups," added Anyssa Saleh (Senior).

A different and fun club is the Frisbee Club. Created four years ago by Garret Smith (Senior) and Stacy Teeters (Senior), there is no set membership and they accept anyone who wants to play.

Garrett says, "The main goal of our club is make friends and have fun. We don't get a lot of people sign up at these fairs, we get a lot of people by word of mouth."

The fair provided a place for businesses and clubs to give information to people who were interested. Students who missed the fair still have an opportunity to get in touch with hiring businesses by dropping by the CSUB Career Development Center.

## Students attend annual Benefits Fair

By Gigi Baith  
 Staff Writer

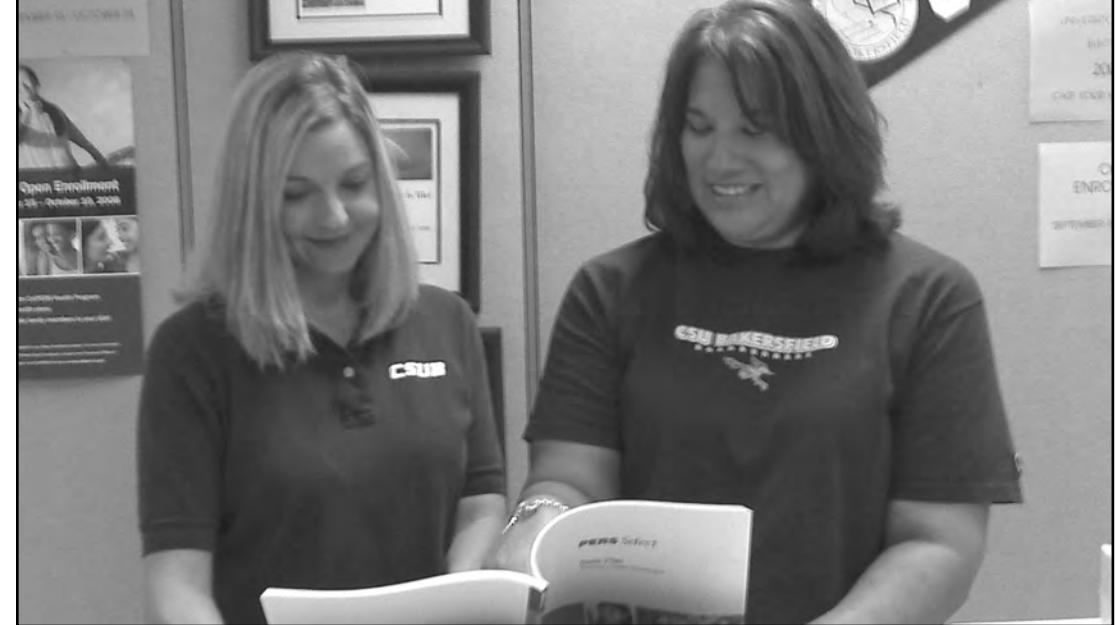
It's that time of year again! The Office of Human Resources sponsored the annual Benefits Fair last Wednesday. The following representatives were present at the 2008 Benefits Fair: Anthem Blue Cross, Blue Shield of California (HMO), Gem Care, Bakersfield Family Medical Center, Delta Dental, Safe 1 Credit Union, AIG, Principal Financial Group, Mayne Financial Group, Citibank, PacifiCare, ASI Flex, Total Woman, Costco and Kern Schools Credit Union just to name a few.

Tina Williams, HR Business Analyst/Benefits Officer, was one of the key employees that helped put together this fabulous fair.

Tina Williams says that "this is the first year of having the fair in the Student Union Multi Purpose Room," Whereas previous years it was held in the Albertson Room.

Williams says that this "2008 Benefits Fair displayed one of the best turn outs that CSUB has ever seen."

Due to the Benefits Open Enrollment extension period which is now scheduled for September 15 through October 24, 2008 instead of the deadline being October 10th. Employees will have the opportunity to enroll in a medical or dental plan if not currently enrolled, also they will be able to add all eligible family members not previously enrolled, change medical or dental plans, elect enrollment in the FlexCash Plan and elect enrollment in the Health Care or Dependent Care Reimbursement Programs. The Benefits Fair



Gigi Baith/The Runner

Michelle Pearce, HR benefits assistant, and Tina Williams, HR benefits officer.

was geared toward making it easier to make decisions on their benefits packages. Representatives from different benefit providers were at the fair to answer any questions, discuss service concerns, and provide informative material.

This Benefits Fair not only focused on medical benefits but on exercise, wellness and financial benefits as well. Total Woman was there to educate employees on the importance of fitness and eating right. Total Woman also gave out a free week trial session at their gym (located on Truxton Extension beside the AAA building), which includes access to their wet/dry sauna, workout equipment and a consultation with a personal trainer. In talking to

the representative from Total Woman she expressed to me the concern of eating right and exercising that should be incorporated into our lives. CSUB employee Sandie Smith was enlightened by the information being told to her and when asked if she felt that fitness and wellness was important in her day to day life she replied, "yes, and it goes hand and hand with having great medical and dental plans, fitness and good nutrition is the start to great health and a full lasting life."

Williams also expressed that "CSUB is very much interested in the well being of its employees."

(continued on page 5)

## RUNNER ON THE STREET

By Ashley Sizemore, Entertainment Editor

This Week, The Runner asked, "Are you worried about the national economy?"



**Sarah Lewy, Psychology, Senior**  
 Yes, because the less money we have means less money for college and grants.



**Cassandra Bacus, Biology, Senior**  
 Yes, well I read about it, so I am kind of worried.



**Brittany Mazza, Engineering, Sophomore**  
 Yes, it's kind of hard because gas prices have dropped because the govt. wants us to rely on our cars whereas other countries don't and it's destroying our environment.



**Jose Valles, Criminal Justice, Senior**  
 Yeah, because the job market slows down and it's like "What do we do now?"

# CSUB's Jared Chapman awarded high honor

By Michelle Ramos  
Staff Writer

Jared Chapman is one of 23 recipients in the CSU system awarded the prestigious William Randolph Hearst/CSU Trustees' Award for Outstanding Achievement for the 2008-09 academic year.

The \$3,000 scholarship is awarded for "superior academic performance and exemplary personal achievements." Jared fits the mold, to say the least. I sat down for an interview with him at his job at the Center for Nueroskills. He is currently a research assistant to the neuroscientist and videographer, a job he got because of his outstanding curriculum vita showing research he did at CSUB.

I asked him how important winning this award was to him. He said, "Very important. It was exciting! The biggest and most important thing is being recognized for a student's efforts. It's recognized CSU wide. Being classified with students before and after me is amazing. I've heard so many stories (of the other recipients) overcoming adversities to get to this point."

He was recommended for the award by his partner, Mike Butler, last year's winner of the William Randolph Hearst award. They were both in the internship program at Community Partnerships and Service Learning center here on campus. When Patti Quijada, from the Financial Aid office, asked Butler who he thought was deserving, he told them Jared was the perfect candidate. After an interview and review of his curriculum vita, Jared was given the honor.

However, it took Jared 11 years to get a B.A.. Now, in his second year of the M.A. program, he reflects on his earlier years as a student. "I barely graduated from High School because I didn't like school. Work was more important, having fun was more important. My grades reflected that. It took a lot of work to get my grades where they are

now," he said. Jared went on to have a family, two sons, Mason, 6, and J.D., 4, before going to B.C. and getting his A.A.

His "catalyst" for going back to school was when he got fired from his job. "I thought, 'I'm going back to school, I've been thinking about it and doing research on my own.' When I went back, I went 150 percent."

Jared has a list of honors and awards under his belt. He has been awarded the Psi Chi award, a club he was president of, the National Honor Society award for exemplary service and academic excellence and was recipient of the Charles Kegley award for Philosophy and Religious Studies. He also did community projects and started a psychology symposium.

The reason behind his turnaround, he said, happened when, "I found something I enjoyed doing ... both (Social Psychology and Religious studies) have to do with what and why humans do the things they do. I'm very much interested in why our beliefs dictate attitude and behavior, that's where religious studies come in. I saw weird things going on in the world. Why was my church hateful when they were supposed to be loving? I grew up in Oildale in the '80s and my school



Jared Chapman works diligently at the Center for Nueroskills as a research assistant.

Michelle Ramos/The Runner

was so tolerant but my neighborhood was not. Even when I lived in Canada Aborigines and Eskimos were ridiculed in class. I never understood why differences breed hate."

Jared's personal life was not always this rewarding. He says, "I could have continued to do drugs, easily been in jail or dead. But I found friends that were willing to help me in my time of need." He also lists his grandfather, his new relationship with his mother and a special professor by the name of Anne Duran who helped inspire him along the way.

"My grandfather was the best person I ever knew. He always supported me ... no matter what I told him he never was mad or disappointed. If I ever felt disappointment, it came from me. He was so warm and amazing to be around he is exactly what I always wanted to be like. He established the first bank in Buttonwillow and was a community leader."

Jared lost his grandfather in early 2002 and when I asked him what he thinks his grandfather would have to say if he could see him now he said, "I can just imagine him beaming. I remember when he saw me get my A.A."

and even when I graduated from high school he was so proud. I named my son in honor of him. When I see my son it reminds me of him. They have similar personalities. He was always so happy and that's the way my son is."

After a difficult relationship when he was younger, Jared credits much of his good grades to his mother. He says, "I was about 21 when the relationship with my mom changed. She became more positive ... I got sick with a staff infection that mutated and almost lost my hand, my mom saw me as non-threatening and fragile, more mature. I think it spoke to her maternal instincts." He moved in with his mother and said, "In that environment I did well, I did better in school ... our relationship got better. She is the most supportive person, constantly, any little thing and she is there."

In regards to his future he said, "I want to be a professor like Anne Duran and be a mentor and guide (for my students)."

I asked Jared what advice he could give to students who are facing struggles in their own life and he said, "If you are in a situation where it's a struggle, it can always be worse. Don't think you have to get to a low point before you make it better. You can change your life and drop friends who are negative influences and make friends who are positive influences. Those positive influences will make your life more positive. As far as education, talk to your professors and make yourself known. They are there to guide you not just to teach you. I consider learning a lifelong process especially when you get higher in your education you become an expert in only one area. So always continue to explore new studies. There are always new things to learn."

## Motorcycles and ministries



Emily Shapiro/The Runner  
Dr. Doreen Anderson-Facile holds a copy of her book 'Dueling Identities.'

By Emily Shapiro  
Features Editor

The image of a motorcycle is sleek, powerful and rebellious. It represents the trampling of authority. Even the reputation of a motorcycle – in numbers – is referred to as a "gang" or "club." So how does one equate a big, bad motorcycle gang, with the ministry of the word of God, the most authoritative presence known to man?

In her new book titled "Dueling Identities," Dr. Doreen Anderson-Facile, a professor in the Sociology Department, chronicles the lives of many members of Black Sheep – Harley Davidsons for Christ Motorcycle Ministry or HDFCMM, a local motorcycle ministry whose members ride Harleys. According to Facile, Black Sheep cater only to Harleys and Harley Owner Group, or H.O.G., and was founded by pastor Marty Edwards.

The making of the book into the finished product, "was an ongoing process, with numerous revisions," said Facile.

"I wrote the book because I needed material for my dissertation, but I let my people do the speaking. It is their voice not mine," said Facile.

Facile points out that her book can be used for more than general reading, "It is an interesting book for an introduction or deviance course," said Facile.

According to Facile, she spent three years with the club "doing everything they did." So what did The Black Sheep do?

"A core group does ministry work, others do

fellowship. They go on rides, on outings and to rallies. The ministerial work includes visiting people in the hospital, providing services to the outlaw clubs, making quilts for people, feeding the homeless and helping community members. For example if someone's fence is broken, they fix it," said Facile.

Facile's approach to the project was qualitative; "I joined the club and completely immersed myself into the culture. I took constant field notes and was an active participant," said Facile.

The concept of a motorcycle ministry is not new. According to Facile, there are numerous clubs already in existence, including The Sons of Jesus, and the Tribe of Judah.

The members of Black Sheep were a little different than the average motorcyclists, "Most of the people that were in this ministry felt like they were outsiders in the traditional Christian world. Lots of these people have tattoos and funky hair," said Facile.

Putting together the word of God and Harleys seemed a conflict in words, especially to Facile who wasn't quite sure if the combination would work, "I didn't think they were going to be able to pull it off. I thought they would be laughed out of motorcycle culture," said Facile.

However strange the Harley ministry seemed, by the end of her experiment/experience Facile was surprised by the results.

"The ministry was welcomed into biker subculture. The outlaw gangs gave the ministry a very high level of respect. I've actually seen outlaw bikers asking the ministry to pray for them," said Facile.

Facile points out that she wasn't trying to debunk the stereotype of a biker club/gang. Rather she was "really curious as to how the ministry would fit," said Facile.

In the end she found that, "the ministry clubs get respect as long as they don't step over certain issues. It wouldn't serve the ministries well to stick their nose too far into the outlaw's business," said Facile.

For more information on Black Sheep-Harley Davidsons for Christ visit their website at [www.blacksheepdfc.org](http://www.blacksheepdfc.org)



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### Resume Development Workshop

Date & Time: 10/1/08, 5:00 PM Location: Career Development Center

### BUSINESS & PUBLIC ADMINISTRATION MIXER

DATE: 10/08/08 TIME: 5:00 - 7:00 pm LOCATION: Alumni Park (East of Library)

### What's Your Major Workshop

Date & Time: 10/22/08, 5:00 PM

Location: Career Development Center

### FEAR FACTOR - We dare YOU!

DATE: 10/30/08 TIME: 5:00 - 7:00 pm LOCATION: Student Union

### Graduate School Preparation Workshop

Date & Time: 11/3/08, 5:00 PM

Location: Career Development Center

### GRADUATE SCHOOL FAIR

DATE: 11/10/08 TIME: 10:00 am-1:00 pm LOCATION: Runner Café Quad

### Job Search Essentials Workshop

Date & Time: 11/18/08, 5:00 PM

Location: Career Development Center

### What's Next - Graduation to Career Workshop

Date & Time: 12/2/08, 5:00 PM

Location: Career Development Center

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# Downtown art scene is flourishing

By Hillary Haenes  
Staff Writer

Downtown Bakersfield has evolved into a metropolitan area thriving with local live theaters, music and dance studios, hip night clubs, restaurants, chic clothing boutiques and especially art galleries. Numerous "Bakersfieldians" are not familiar with the downtown art scene, but would enjoy knowing what this town has to offer.

"Considering the fact that I am not from here and usually stay within close proximity to Cal State, it's great to hear about the new art galleries downtown. I would love to see what it's all about because I think it would be a great way to become more acclimated with the town of Bakersfield," said sophomore Sarah Gaskins.

For those who may be unaware, the downtown area has recently been renamed, the "Arts District." This restructured district has become a hotspot to entertain all kinds of people with different tastes and interests. It is a fun place to gather with friends and to meet new ones.

In support with the renaming, there have been a few art galleries that have opened this year, such as Surface Gallery, which opened its doors to the public on Sept. 5.

"We hope to bring another beautiful space to

Bakersfield that allows patrons to view great artwork in a relaxed atmosphere," said owners Yvonne Cavanagh and Vikki Cruz.

Their current show, Paper, features works from four local artists including Cavanagh, Cruz, Brent Evison and Liz Sherwyn. There is a submission process artists must go through in order to have their work displayed.

"Surface Gallery promotes the work of contemporary emerging artists who are talented, but may not yet have the extensive résumé needed to submit work to other galleries ... we sell the artists' work and promote them as well," explained Cavanagh and Cruz.

The gallery's next exhibit will open Friday, Nov. 7, from 5-9 p.m. and highlights work by photographers Colleen Sherman and Ashley Forrette. Refreshments and appetizers will be available and admission is free.

Surface Gallery is located on 1703 20th St. across from the Fox Theatre and can be visited Thursday-Saturday from 12-4 p.m. For more information, contact Cavanagh or Cruz at [surfacegallery@att.net](mailto:surfacegallery@att.net) or read blogs from the gallery at [www.surfacegallery.blogspot.com](http://www.surfacegallery.blogspot.com).

Across the street from Surface Gallery is the Jill Thayer Galleries at the Fox. Over the last 15 years, Thayer has showcased not only local talents, but also



Photo Courtesy of Don Martin

## The Metro Gallery owner hosts at least eight exhibits per year.

showed mixed-media works from international contemporary artists. The current exhibit features work from California native Ann Berg, whose inspiration arises from impressions of people and environmental influences.

Most of Berg's work in the gallery is interwoven with raw materials such as copper wire, silk ribbon and earth elements. The Jill Thayer Gallery is in the Fox Theater on 20th Street and is open Friday-Saturday from 1-4 p.m.

A block away at 1604 19th St. is Metro Galleries, an

upscale art gallery that features what the gallery owner calls "The Fine Art of Living." Owner and creative director of Metro Galleries, Don Martin, chooses contemporary and abstract art from emerging and mid-career artists. The gallery also displays local artists and sells their work on a commission basis.

"My gallery is a reflection of me ... contemporary and eclectic taste ... it's an educational process to get folks to understand and appreciate this style of art," exclaimed Martin.

Martin has at least eight

exhibits a year and believes it is important to expose Bakersfield's residents to art from other areas.

"Galleries and museums are important for our city ... for our population to be able to enjoy the culture that they offer is exceptional. Studies show that children who are exposed to art at an early age develop thought processing and visual skills at a more rapid rate," said Martin.

Martin plans to open the Metro Lounge, as part of Metro Galleries, in the near future. Metro Lounge will offer a wine and coffee bar that will serve organic teas

and coffees along with a fine selection of wine and beer. Gourmet plates may also be purchased and live music will be additional entertainment.

"I organize and sponsor 'First Friday Downtown,'" which is a monthly event where all the shops and galleries stay open late and offer live music, art openings, sales and other specials," added Martin.

The gallery is free and open to the public every Tuesday-Friday from 11 a.m. to 5 p.m. and Saturdays 12-4 p.m. Visit [www.themetrogalleries.com](http://www.themetrogalleries.com) for upcoming events.

The Art Council of Kern has three galleries downtown: The Larry E. Reider Gallery, The Annex Gallery and The Younger Gallery.

Gallery Associate Nicole Garvin explained, "The Arts District encourages the public to visit and increases awareness of art in the community. Every major city has a designated arts district and it is wonderful that Bakersfield is continuing to establish itself as a major city."

The Younger Gallery is currently displaying contemporary and functional art from two CSUB artists, Andrew Borrego and Armando Rubio. If you would like to visit this gallery, it is located at 1430 Truxton Ave. in Suite 105 and open Tuesday-Thursday from 11 a.m. to 4 p.m.

## Campbell's Critique

### Flame and Skewers offers a Mediterranean cuisine

Reviewed by  
Nathan Campbell  
Online Editor

Food Quality: 8/10  
Affordability: 7/10

Last week, I reviewed the Minute Grill, a Mediterranean style restaurant adjacent to campus that wasn't quite up to par, but Mediterranean food enthusiasts need not despair. Flame and Skewers – located in the shopping center at Stockdale and California – more than makes up for Minute Grill's shortcomings.

Flame and Skewers has been a favorite of mine for a couple years now, and you can imagine my excitement when they opened up a new location in the Southwest.

The new location does not disappoint with a larger seating area and a pleasant atmosphere. The restaurant interior is nice enough for a casual date, but also provides hookah amenities outdoors, which has put some vehemently anti-smoking friends of mine off from wanting to dine there. On my visit to the new location, however, I did not smell any hint of smoke within the establishment



Photo Courtesy of [www.Bakersfield.com](http://www.Bakersfield.com)  
Flame and Skewers has two locations on 24th Street and California Avenue.

itself.

They still offer the same great food as the downtown location, which is comprised of a variety of shawermas – which is essentially a gyro –, kabobs, sandwiches and salads.

The prices are pretty affordable with the entrées ranging from \$4.59 to \$12.99 – most being under \$9.

The chicken shawarma plate is always a safe bet for anyone new to Mediterranean food. The shawarma is served with rice, hummus, pita bread and veggies. The quantity of food received is enough to subdue

some of the worst lunch time hunger.

The meat comes seasoned and grilled to perfection, the pita bread is soft and fluffy, and the hummus is the best I have found in Bakersfield thus far.

Flame and Skewers is an all-around good choice for the student who is having a craving for something different every once in a while, but on a college student budget. At two and a half miles from campus, Flame and Skewers is not quite out of reach for a student with a decent-sized break between classes.

## UPCOMING CITY EVENTS

Author Rick Wartzman who wrote "OBSCENE IN THE EXTREME: The Burning and Banning of John Steinbeck's The Grapes of Wrath" will be speaking at Russo's Books on Oct. 11 at 1 p.m. and the Kern County Southwest Library on Oct. 17 at 7 p.m.

"Save LQs" Benefit Performance Show will take place at 1300 19th St. on Oct. 11 at 2 and 8 p.m. Cost is \$10. The fundraiser is to save the LQ's Performing Arts Center which could be closing down. "Please help us keep the kids' hearts for the ARTS ALIVE and SAVE LQ's," said Laquette Milner.



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4:00pm

-and-

Tuesday, October 7

12:00pm

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# CSUB hosts spirituality conference

By Perla Madrid  
Staff Writer

"Ninety-five percent of people in the United States believe in God. Sixty-one percent of patients profess that religion is the most important controlling force in their life. A national study of 1,000 patients revealed that 80 percent of them wish their clinicians would pray with them. Seventy-seven percent of 200 patients in another study said that God's will was the most important factor in getting well from an illness, more important than personal willpower, doctor's care or all other factors." This was the central point of Sandy Johnson's speech for CSUB's nursing chapter's third annual spirituality seminar titled, "Spirituality: The Power of Hope".

The conference, which took place in the Doré Theater last Monday, was organized by Dr. Elizabeth Andal, a CSUB nursing professor and faculty advisor.

It was held to inform and invite future health care professionals as well as the community to consider spiritual needs and care in the practice of nursing.

Among those who attended the event where CSUB and BC nursing students, families struggling with mental and physical disabilities and a panel of community spiritual leaders. The panel of volunteer speakers included Dr. and Rabbi Dov Yitchak Neal, director of Central California Jewish Network; Sandy Johnson, executive director of chaplain services for San Joaquin Hospital; and David Albright, pastor of the Alive Center in Bakersfield.

The first guest speaker of the night was CSUB nursing student Wan Ng. Ng spoke of her own personal struggle and journey to finally find her spirituality through the battle with a mental illness.

Rabbi Neal spoke of his journey of 40 years to find his personal spirituality, while Sandy Johnson spoke of her life as a nurse in an emergency room and the loss of her son to a brain tumor. The night was full of heartfelt personal accounts from each guest speaker, all while encouraging the audience to inspire hope in others.

Co-sponsoring the event was the National Alliance on Mental Illness, also known as NAMI, a non-faith based

organization that includes members from all faiths, including agnostics and atheists. The organization participates in finding recoveries for mental health patients. According to Russ Sempel, director of NAMI, one of every five families across the U.S. are affected by mental illness, stressing that mental health issues are more common than cancer, heart disease or diabetes.

Following the account of each speaker was a forum moderated by Sempel. The questions to the panel were composed of questions directly from the audience.

The panel was quick to answer the audience's questions, among those being, "Is spiritual strength only dependent on faith? Do practical everyday applications of your way of life strengthen your spirituality? And does spiritual strength come from the mind, the body or soul?"

To end the night, Pastor Albright closed with a prayer that the next generation of nursing professionals would aspire to be more than doctors, that they would be capable to help and alleviate humans' grief and bereavement through the power of hope.

# Cal State honors National Domestic Violence Awareness Month

By Ellen Piris  
News Editor

October is National Domestic Violence Awareness Month. The opening ceremony, on October 1, will be held in the Albertson's Room of the Student Union at 10 a.m. After a discussion about the effects of domestic violence, led by Doris Hall, attendees will tie purple ribbons on trees around campus in honor of the month.

Oct. 14, there will be an open mic night at 6:30 p.m. All are invited to bring a poem or song in honor of, or inspired by, domestic abuse

survivors.

There will be an open discussion about the impact of domestic violence on first responders in the Business Development Center (BDC) room 154B on Oct. 22 at 11 a.m.

Also, University Police will hold a Rape Aggression Defense System class. These classes, for women only, will teach useful self-defense and avoidance skills. Each participant will also receive a reference guide. Anyone interested in attending the classes should call the University Police Department to enroll at 654-2111.



photo courtesy of Don Martin

The Metro Gallery is open Tuesday-Saturday

## Downtown art scene is flourishing

(continued from page 4)

The closest place to admire works of art is on campus at the Todd Madigan Gallery. It is free to students and open to the public Wednesday-Saturday from 12-6 p.m. This gallery shows an assortment of exhibits and involves all art media.

"I think it is very important for everyone to visit art galleries and museums. Art is a reflection of society, a snapshot of the time and place it was created. Art can represent political, religious, economic and/or social issues. Thus, by looking at art, you are provided with another form of insight into a culture, just like reading a document or diary from the past," said Gallery Director Deanna Heikkinen.

The next time you are bored and think there is nothing to do in this city, just remember the Arts District downtown. Most of the galleries are free and each first Friday of every month offers new and exciting events. It is a superb place to go on a date, visit with family and friends or to network with others.

## New environmental club seeks members

By Najiyah Baith  
Staff Writer

Do you care about the enhancement of the safety of people and the environment? Then the Environmental Health and Safety Club is for you! David S. Beadle, CIH - CSUB Director of Safety and Risk Management, is looking to organize a Student Chapter of the ASSE, the American Society of Safety Engineers, and the AIHA, the American Industrial Hygiene Association, at CSUB.

Companies such as Chevron, AERA energy and Bolthouse, just to name a few, all have positions in the EHS field with titles like Environmental Risk

Assessor, Compliance Manager, Industrial Hygienist and Environmental Scientist.

Even if one was not interested in the hands-on side of EHS, there are public relations careers, company representation and their environmental issues to the community that are just as exciting.

The EHS field involves the assessment and testing of air pollution, water pollution, asbestos evaluations and hazardous waste.

David Beadle says, "It is a very hands-on field that is exciting" and "a person that gets in the EHS field never lives the same day twice."

David has been on the move these days working also as a liaison for CSUB

in an effort to build and maintain a working relationship with the EHS professional community, which will increase the safety and health curriculum. He is keeping his feet firmly planted into the community of Environmental Health and Safety to be able to bring back ideas on keeping the curriculum at CSUB up to date and fresh for students.

Students that join this chapter will get hands on experience in the EHS field and will be able to network with people in the industry which will, in turn, make employment after college more promising.

Any student from any major is invited to be a part of this chapter. This club will give vital and specialized experience in the world of EHS. Students will also network with local EHS experts and go on field trips to different sites around Kern County that directly involve Environmental Health and Safety.

This will be the first joint student chapter in California. David says that "Employers in this field not only want a degree but experience when you graduate." David is very confident that the start of this chapter will remedy that need of gaining experience in EHS.

David has learned through his liaison position and professional experience in the field that big companies such as Chevron and AERA Energy in the community want CSUB students after they graduate. The high demand of these companies is what fueled the idea of a student chapter at CSUB. The main objective of this chapter is to inform and excite students of employment opportunities in the field of Health and Safety. This chapter will need to recruit a President, Vice President, Secretary and Treasurer. Anyone interested in a career in EHS and wants to gain experience or perhaps would simply like more information about the EHS field is invited to call and/or apply with David Beadle in Safety and Risk Dept at CSUB at (661)654-2581.

Photo courtesy of David Beadle

**David Beadle at work.**

**Students attend annual Benefits Fair**  
(continued from page 2)

Kern Schools Credit Union was also in attendance to lend a hand in starting employees on getting a saving account with their bank. The representative for Kern Schools was talking about the different savings plans that were being offered at Kern Schools Credit Union,

and, as an incentive, handed out \$5 certificates to get you started with a savings account.

According to a lot of fair goers, this fair was not only informative but uplifting as well. There was a sense of relief that came with the incentives and information that was handed out. Even though it was an employee based fair,

students that attended still found great information in attending the fair.

Costco, Total Woman and Kern Schools Credit Union representatives gave students information that they were able to apply in their life. Information is power and everyone that attended definitely left knowing a little more than they did prior to arriving at the fair.



**ΦΣΣ and ΓΦΒ Panhellenic Recruitment October 2-5**  
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Towa Manda chases down the ball against San Jose State. Joe White/The Runner

## Men's soccer falls to San Jose State

By Oscar Lozoya  
Staff Writer

For their first home game of the season the CSUB men's soccer team fell short of a victory with a 2-0 loss playing San Jose state on Sunday.

The first half of the game came to a slow start as the CSUB Runners looked fatigued coming off the road after playing UC Irvine on Friday. The team has played five games in the past 10 days giving them almost no time to prepare for San Jose. Last week alone, the Runners had three away games, one on Sunday, Wednesday, then Friday.

"It would be nice to say we practiced for San Jose State but we have been playing every other day so this week we didn't even have time for practice because we are not in a conference this year. In soccer you can't do that," said Head Coach Simon

Tobin when asked what they did to prepare for Sunday's game.

The first goal of the game happened around the 16-minute mark for San Jose State when forward Efrain Burgos Jr. kicked the ball up the middle to Nick Cukar for a left side shot hitting the post. Neither teams scored in the remaining period.

CSUB came out of the half dominating the field. Not only did the team have more saves than they did in the first, but also more shot attempts. Manny Guzman lead the way with three attempts for the game. San Jose's goalkeeper, Lewis Sweeney, held the Runners from scoring and switched the momentum to help his team get more opportunities to score.

Midway through the second period, San Jose's Ricky Dorrego was able to find Burgos Jr. for the goal.

Burgos then dusted off his brightly colored pink shoes, contesting the Runner fans in the bleachers who had been mocking his cleats throughout the game.

The Runners were not able to answer back with a goal and seemed to lose their push that carried them throughout the first part of the second half. San Jose had 10 shot attempts while CSUB was limited to six.

"Although we did enough to score a goal, the keeper came up big and their [San Jose State's] defense is very solid. There is nothing I can say negative about this team because of the nature of what they have to do, playing almost every other day," said Coach Tobin.

Cal State Bakersfield will have two more away games before returning home on October 7 to play Master's College.

## Women's soccer suffers two home losses

By Lavinia Sfetcu  
Staff Writer

### Friday's Game

The CSUB Women's soccer team came prepared to take on the Sacramento State Hornets on Friday, Sept. 26. Gearing up for the match on the Main Soccer Field at Cal State Bakersfield, the fans seemed to have high hopes for their fellow Roadrunners.

The Hornets wasted no time putting points on the scoreboard. Kim Kemper of Sacramento State scored the first goal of the game in the 11th minute.

That wasn't the end of the first half excitement. Cori Shreve, a defender for the Hornets, scored on the 17th minute, giving the Hornets a 2-0 lead.

The 35th minute provided the Hornets with yet another

goal opportunity when freshman Jordan Carlberg sunk the ball in the back of the net, leaving the scoreboard at 3-0, in the Hornets favor.

As the Roadrunners began to feel a sense of loss, 'Runners mid-fielder Faith Perry was injured on the field. Fortunately, Perry returned for the second half of play.

The second half approached, and in the 55th minute, Hornet's forward Ashley Forbes scored a header off of a corner kick awarded to Sacramento State. This left the score at 4-nil and that is where the scoreboard stayed.

The match ended with a total of three yellow cards; two against the Hornets and one against the Roadrunners.

Head Coach Nicole Van Dyke expressed her emotions about the match on the

athletics page of the CSUB website.

"I have to give Sacramento State all the credit," Van Dyke said. "They are a very good team and they punished us for every mistake we committed in the first half. It was very disappointing mostly because we didn't really put up a fight until the second half."

This game brings the Roadrunners to a record of 4-6-1.

The 'Runners will have a busy couple weeks when they take on Seattle, University of San Francisco and Pepperdine.

For more information on your fellow Roadrunner athletes, check out [www.gorunner.com](http://www.gorunner.com).

Courtesy of Sports information

### Sunday's Game

The CSUB women's soccer team was unable to come back from a 1-0 halftime deficit and dropped a Sunday home contest to Seattle University, 2-0. The 'Runners (4-7-1) matched Seattle's (5-2-3) shots on goal total at 5-5 but were behind in corner kicks, 6-2, and overall shots, 14-11.

Madison Collins and Kara Kuttler each found the back of the net for the Redhawks. Freshman Marina Constantinou made three saves in net for the 'Runners while Madison Goverde made five stops for Seattle.

Sophomore Sarah Gaskins led CSUB with three shots, two on goal. Veronica Ramos and Kassi Massey each fired two shots.

The 'Runners will travel to Los Angeles for a match against the defending NCAA National Champion USC Trojans on Thursday. Game time is scheduled for 3 p.m.



photos courtesy of Sports Information  
Sarah Gaskins lead CSUB with three shots on Sunday against Seattle.

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**Thursday, Oct. 9**  
in CSUB's Student Union Multipurpose Room  
from 7-9 p.m.

Guests on the panel include:  
Ken Mettler & Marylee Shrider (Yes on Prop. 8)

and

Whitney Weddell & Dr. Anne Duran (No on Prop. 8)  
moderated by Dr. Jacquelyn Kegley

The event is free and open to the public, with free parking in Lot K after 6:30 p.m.

call 661-654-2255 for details