

00:00:18:25 - 00:00:45:24

Speaker 1

This was for San Jose State entering San Jose State. So if you're interested in San Jose State or CSU system, again, the process you need to use this one is information for transfers. If you are planning on transferring from a two year system into the four year system, this is the baby you want to pick up. And again, it has those little boxes, you know, so you can check them off.

00:00:45:26 - 00:01:05:05

Speaker 1

And then this is information for freshmen. All of this is over on the table, along with information for those of you who already are zeroed in on your major. I have a printout over there for humanities and arts if your area of expertise or interest is humanities and arts. I have another flier.

00:01:05:05 - 00:01:05:10

Speaker 2

Or.

00:01:05:10 - 00:01:41:23

Speaker 1

Brochure over there for engineering majors, for education majors, social work, business and so on. You can find them all over there. With that, Rebecca and I want to thank you. And certainly I think it will bring her student news. My son reading from there. 2 minutes. She'll take it very soon. If anybody else have any comments or questions other than we needed more time or less topics to cover, they know what to say.

00:01:41:23 - 00:01:44:07

Speaker 1

And I mean, you really brought up an important point.

00:01:44:10 - 00:01:46:08

Speaker 2

And that is, you know, so how do you do it?

00:01:46:10 - 00:01:52:26

Speaker 1

And that is, you know, I always give form and substance and color to the things that scare.

00:01:52:26 - 00:01:54:25

Speaker 2

Me, because if I turn it into a thing in.

00:01:54:25 - 00:02:06:02

Speaker 1

My head and in the real world, especially because I journal and I write a lot, then I can deal with it instead of keeping it in my head as a scary thing. So what you need to do is face the things that scare.

00:02:06:02 - 00:02:07:01

Speaker 2

You the best way.

00:02:07:01 - 00:02:09:14

Speaker 1

That you know how and move forward.

00:02:09:14 - 00:02:10:24

Speaker 2

With your fear. That's the way.

00:02:10:24 - 00:02:30:00

Speaker 1

I like the expression I like using. So in the materials that we've all covered, it is scary. And I think I'm really excited and I think it's scary. But I think that it's very, very powerful and important for you to look at. It is what I like. Use it instead of a terrible, hard thing as a challenge to look at it as well.

00:02:30:00 - 00:02:30:19

Speaker 1

I've got this really.

00:02:30:19 - 00:02:32:04

Speaker 2

Challenging thing to do.

00:02:32:06 - 00:02:34:12

Speaker 1

And if you look at it, I mean, we're not used to thinking in.

00:02:34:12 - 00:02:36:03

Speaker 2

The context of the challenges.

00:02:36:06 - 00:02:36:27

Speaker 1

But that's the way.

00:02:36:27 - 00:02:38:17

Speaker 2

It needs to be looked at instead of.

00:02:38:19 - 00:02:45:25

Speaker 1

my God, it's so scary. I'll never be able to do it because you can't. I mean, you can't be fear because fear is like everything.

00:02:45:28 - 00:02:47:12

Speaker 2

So my summary.

00:02:47:19 - 00:02:52:16

Speaker 1

Conviction. So the.

00:02:52:18 - 00:02:57:00

Speaker 2

Conclusion I just want to say that you need to not be afraid of, say, for example, how many of.

00:02:57:00 - 00:03:07:18

Speaker 1

You would be afraid of approaching one of us for information? Anybody having one person? If I'm the friendliest person in this group, you can approach me because I'm not leaving. And these are just real.

00:03:07:18 - 00:03:09:08

Speaker 2

And Josie back there just came in.

00:03:09:08 - 00:03:10:18

Speaker 1

She's this she.

00:03:10:20 - 00:03:13:05

Speaker 2

She's at Evergreen.

00:03:13:07 - 00:03:24:28

Speaker 1

So, I mean, we're all very approachable and, you know, what's the worst thing we can do? What is the worst thing that can happen? We might not have the answer. But I'll tell you something. If you came to me, I would finance. And I think it's true.

00:03:24:28 - 00:03:26:27

Speaker 2

Yeah, I know. Because that's just my nature.

00:03:27:00 - 00:03:48:28

Speaker 1

It's just my nature because I identify as you need to. I just think think of the younger Latinos coming after us, because every single person in here is a role model to someone you know we really are. And whether you realize it or not, most of you do. People, younger Latinos and Latinos are watching us, too. I'm always looked at it that way.

00:03:49:03 - 00:04:16:25

Speaker 1

So we don't have the luxury to be chickens or to be afraid or to be frozen, to just say, Well, I don't know how to do it, but if you don't, you go out and you'll learn how to do it. And on that note, good luck right here. Just briefly, we've talked about the banking system. I talked about Red Bull formula for self esteem for myself, the formula for self esteem that we have been talking about.

00:04:16:26 - 00:04:43:22

Speaker 1

The naked eye is when you've got to have a plan, you've got to have goals. The vision. We kept talking about having a plan, having goals, having a vision means that you're in control. You're not letting

somebody else control for you. Secondly, something that I really, really want you to take home with you is that you go from being react to proactive.

00:04:43:24 - 00:05:06:09

Speaker 1

We tend to be reactive when we wait for something to happen to us, then we react instead of being proactive, meaning that you take the bull by the horns and you challenge it and you move with it. The second one is knowing yourself that pretty hard. I want you to go home and write again.

00:05:06:09 - 00:05:06:27

Speaker 2

Going into your.

00:05:06:27 - 00:05:43:29

Speaker 1

Journaling, talk to yourself who are you? What do you like? What do you not like? The most importantly, do you accept yourself? Do you accept yourself unconditionally? Meaning you're straight along with your weaknesses. Thirdly is the balance. We talked about balance in your mind, body and spirit. No matter what you do, no matter where you go, no matter who you interact with your mind, body and soul has got to be a balance.

00:05:44:01 - 00:06:20:02

Speaker 1

Most of us walk around here with this one out of whack. The last we create your soul, your spirit. We tend to go into academia focusing on the mind. We're very focused on the body and the make up and all that kind of watching. Another. And we forget why I let my hair go gray. I just decided I'm putting that clear on a lot of stuff, already grown tired of it and the spirit, the point way is to be open.

00:06:20:05 - 00:06:49:13

Speaker 1

To be open and strong when you're open may need to be open to change. That's what we've talked about. To be open that light forces change. It's human nature. It is human nature for light to change.

And there's a wisdom among the Native Americans and the chiefs that talk about the whole element of change. And I like it to be the wisdom of the bamboo.

00:06:49:16 - 00:07:10:05

Speaker 1

And I forgot to bring you my clothes. It's a Zen thing. And it goes something like Wisdom of the bamboo is to be tall and firm. If you've seen bamboo, they're very tall and firm. They stand beautiful with a lot of courage and dignity, but they also sway with the wind. They know how to move. They know how to reverse those moguls.

00:07:10:07 - 00:07:29:21

Speaker 1

And so I like this. So be open to the wisdom of the bamboo. And if all else fails, if you do nothing else, nothing else come from your glass in any situation.

00:07:29:23 - 00:07:31:11

Speaker 2

Come from your.

00:07:31:11 - 00:08:09:02

Speaker 1

Goddess in conflict or in love, come from your heart. Speak from your heart. Act from your heart. Think from your heart and know when to leave your heart at home means you know when you need to protect your heart. This is my good work. Peace that I carry with me. I want to thank you both. Thank you particularly for helping us create the altar.

00:08:09:05 - 00:08:44:17

Speaker 1

We would like to invite you during the break to come with you what ends up in the altar. Because the altar is you. You feel and I think whether I know that they are talking from their phone and they say, contact them if you want more information, call them. Or you may know they will be there worth a great deal.

00:08:44:19 - 00:09:01:28

Speaker 1

They don't know it yet, but hopefully in the future we will bring them back again to do more workshops for that Chicana, the Latino A.D. And we're going to take a break, a short break. Carmen, when the moon. Ten minute break, please.

00:09:02:02 - 00:09:03:16

Speaker 2

We want to try to stay as close.

00:09:03:16 - 00:09:41:13

Speaker 1

To schedule as we can. And during their food break, we take a break. Units leaving to attend college and I'm considering alternatives such as attending schools in another state and traveling abroad. This new speaker could certainly speak to that. She has four daughters, three daughters, three daughters and one. SANDERS That's right, three daughters and one son. And I'm sure she'll be sharing.

00:09:41:13 - 00:10:19:10

Speaker 1

Some of them realized and just by introducing saying a little bit about Jose so that you may already know her. Our new speaker is Jose Atkins. She has a in general business from San Jose City College. She has a B.A. in psychology from San Jose State. She has an essay in clinical psychology, also from san jose State, currently, she's the director of the transfer center at Evergreen Valley College, and she's also a counselor and an instructor.

00:10:19:12 - 00:10:47:03

Speaker 1

And it would be very kind. Some of the different positions she has held in the past was that she was a gender equity coordinator at a lonely college. She was a and here's a title, a new title for somebody that maybe have never heard. I guess you might want to ask her why this is. She was the single geriatrics case manager at Decatur Health Center.

00:10:47:06 - 00:11:24:01

Speaker 1

And a central point is that she's also an active member of the academic Senate, the curriculum committee, the scholarship committee. She's the chair of the Evergreen Community College Alumni Association. She's a member of the Latino Leadership Network. She's also a member of the University of Santa Clara Golf Club. And yes, somehow both Latinas do not have to call, and especially Jose.

00:11:24:03 - 00:11:48:13

Speaker 1

And, you know, as going to have a senior year, you know, we can talk about the credentials, We can talk about the things that we do. But I want to talk a little bit about just Jose and our paths. Many of the speakers today, I feel very fortunate because we have known each other for many years. Jose and I go back a long, long time.

00:11:48:15 - 00:12:24:28

Speaker 1

We saw our children's children growing together. We shared some of the problems of being mothers. We shared just a line about being a Latina, what that means looking at our directions. And then, you know what? As time went on, our paths changed and each one of us went on into our different paths. We're still in education, but because of our paths, each one of us has gone on in those areas.

00:12:25:00 - 00:12:47:20

Speaker 1

But I just want to share, you know, so many things I can't forget about. Jose used to run a fantastic friend. She is my great mother. She is an outstanding mother. And I can remember that. And I want to say as I was growing up, I included Jose as an example, a person. What I thought was a perfect mother.

00:12:47:23 - 00:13:13:11

Speaker 1

At times I was jealous. You know, I've heard that since that time. I've really learned to just like and I think I'm Consuelo were telling us there are different ways of reaching the same goal. You know, what's right for you? What's right for Jose may not be right for me. What's right for your friend? You not be right for you.

00:13:13:13 - 00:13:40:12

Speaker 1

So each one of us has to choose what is right for us. But the one thing that really stands out in my mind about Jose and Gonzalo not undervalue, but if there is somebody that is the perfect example of what it's like to network, it's Jose. I mean, and the first day under Jose, I mean, I have never seen somebody who is so resourceful.

00:13:40:14 - 00:13:57:28

Speaker 1

I mean, she would come in and she would say, man, you know, I just met someone. So an agent is an agent that you should get in touch with this person or you should get in touch with that person. I mean, it it's to the point now whenever I don't know something, I just say call Jose and everything.

00:13:57:29 - 00:14:32:28

Speaker 1

I mean, she she knows she really has sort of passed on this community and particularly the educational system. So I think you couldn't have a better person to be presenting this next part of I'm Broken. Jose, and hopefully, yeah, I d we don't we haven't learned these signals yet. We have it. Yeah. My Jose is walking up here.

00:14:32:28 - 00:14:56:20

Speaker 1

I do want to present another person. I don't know if he has been presented and that's Al Castellano who is videotaping for us. I al if his name sounds familiar, it's because he is related to Carmen Castellano. And while we're at it, we also introduce and I'll just mention it because you'll get a chance to hear on board members.

00:14:56:20 - 00:15:19:16

Speaker 1

But there's another board member. Yea, Carmela S.A. who's in the back of the room and again, if that name sounds familiar, it's because, yes, they are related. So it runs in the family and I want it right now. I'm going to take a moment to just really give a round of applause to Al because this takes a lot of time.

00:15:19:18 - 00:15:39:25

Speaker 1

He's recording our history. And now, without any further ado, I present Jose with the Good Morning.

00:15:39:27 - 00:15:53:00

Speaker 2

Boy, I think I'd be nervous having Maria. The other good thing is that we're not used to having people talk that through the IT. You know, usually we hear about the news of problems, right? You know what you did.

00:15:53:03 - 00:15:55:12

Speaker 1

You know what you didn't do.

00:15:55:14 - 00:16:19:12

Speaker 2

And that goes that speaks as well to being a parent. You know, and I look back, I have a they call selective memory, and I remember just the good things. But if I started to sit down and write things out, I remember all the things that were not pleasant. And some of it is being relived because I have a granddaughter now and it's interesting to see my daughter going through some things.

00:16:19:12 - 00:16:21:02

Speaker 2

And I remember.

00:16:21:02 - 00:16:23:10

Speaker 1

When you do that to me.

00:16:23:13 - 00:16:27:04

Speaker 2

But most of it is very, very pleasant.

00:16:27:07 - 00:16:27:25

Speaker 1

I'm going to.

00:16:27:25 - 00:16:59:05

Speaker 2

Have you interact with this part of the program because as an educator, you're going to see a little bit of the things about what education really means. But first, I'd like to thank all of the students who made it out here today. So this was Saturday and it was hard to give them Saturdays. And I'd like to thank the Chicano Latina Foundation and the Latino Education Association at City College for all their efforts.

00:16:59:07 - 00:17:34:21

Speaker 2

You can't believe how much it takes to put on something like this. I help just a little bit with my little part, and that was a lot. So I can imagine what Carmen did to coordinate and get all this together. And I'd like to give a little hand to Carmen. And that's not to say that other people didn't help, but I think Carmen really had the following here to tell you a little bit about myself and to reinforce what it is we're going to be talking about.

00:17:34:21 - 00:17:49:14

Speaker 2

So I don't forget. So I'm sure a lot of you have had professors who get up and start talking the next you know, they go off in a tangent and then you leave the class. In Vina, we didn't even cover we were supposed to cover. I have their problem too. So I make sure I write it down. Did I cover it?

00:17:49:17 - 00:18:27:02

Speaker 2

Am I covering it? And we'll make sure we do. I started college here at the City College in 1956. It's probably the wrong time to go for some of years, and it was for me and I brought something I feel that some of you might want to look at later on my high school yearbook and you're going to have a chance to see what my school was like when I went to high school, and I'm going to refer to it off and on.

00:18:27:02 - 00:18:58:28

Speaker 2

But I'd like you to come and look at this when you have a chance afterward. Well, one of the topics that I'm going to cover today is transferring community college units. And as the director of the transfer career center at Evergreen, assuming that I do every day, five days a week, day in, day out, and I never tire of it because each student who comes in, each person I get is always different because everyone is coming from a different place.

00:18:59:01 - 00:19:41:23

Speaker 2

The other topics that we're going to cover is leaving home to attend college. Any of you planning to go away to college transfer somewhere? One, two, three. Yes, we know one for sure. And traveling abroad and some alternative, some other things that maybe you hadn't thought about that are parallel to college. Before we get into these topics, though, I want all of us to stop and think about the meaning of education.

00:19:41:26 - 00:19:56:29

Speaker 2

And while you're thinking about that, I'd like to pass out some three by five cards here to have you write down can you can speak to why point have.

00:19:57:01 - 00:20:00:08

Speaker 1

To to.

00:20:00:10 - 00:20:33:28

Speaker 2

If you could just jot down some words or phrases or sentences about the meaning of education. And of course it's always what education means to you. You're going to write on both sides of the card. So don't try to use two sides for this one. There's one more thing coming up. Have you ever thought about the meaning of education?

00:20:34:05 - 00:20:41:26

Speaker 2

I know most of us don't. We don't really. We don't look to research or go beyond.

00:20:41:26 - 00:20:42:26

Speaker 1

What we.

00:20:42:29 - 00:21:26:05

Speaker 2

Do every day. We we are creatures of habit. We do things on a habitual basis. Do you know why you're doing that? If some of you are done? I like to have you write on the back side. When did the idea of college enter your mind? How did the idea of college into your mind? And if you know this, at what age did the thought come to you and see reverse the tables?

00:21:26:05 - 00:21:53:21

Speaker 2

Because I'm a psychologist, I'm not going to do the work. You're going to do the work with me. And it's interesting because I learn a lot from my major and it's so helpful, like with my granddaughter and able to teach my daughter things that I didn't know. Like you have to talk to the child, matter what age and say, okay, this is what we're going to do and this is what's going to go next and this is what's going to go next.

00:21:53:21 - 00:22:24:09

Speaker 2

And when you speak it or write it, communicate in some way, you have a better effect on the person you're trying to communicate with regardless of their age, because it's really easy to keep things up here and think that the other person can read your mind. And this is the reason we're doing this exercise. Okay, So you've written down what your idea, what your definition is for education or what you think it means to you?

00:22:24:11 - 00:23:17:25

Speaker 2

And then on the other side, the idea of college. And as soon as you're done, I'd like you to pass it to the person on your right or you you feel like, okay.

00:23:17:27 - 00:23:19:19

Speaker 1

And you think the question that you wanted.

00:23:19:24 - 00:24:02:10

Speaker 2

Yes. Okay. The first question was education. What does this word education mean to you? And of course, this is because the title of today's conference is making the most of your college education. And then the second part is when did the idea of college enter your mind? How did the idea of college into your mind when you're reading a book, when you're talking to someone, you see a movie with someone sharing an experience, And if you can remember at what age, maybe did this part come to you?

00:24:02:12 - 00:24:22:28

Speaker 2

I firmly believe that college begins in kindergarten, and this is something that may be new to a lot of people. My granddaughter already has her college fund started. It's not a whole lot of money, but at her age, by time, she's ready to go to school. She's going to go to school where she goes. That's another question. But it's not.

00:24:22:28 - 00:25:05:28

Speaker 2

If she's going to go, she's going to go. Let me read to you what the dictionary says about education in case you having a little bit of problems. The education one, the after process of educating or being educated to the knowledge or skill obtained or go by learning process three a program of instruction of a specified kind of level, kind of level such as a driver education or a college education.

00:25:06:00 - 00:25:55:27

Speaker 2

And then the word itself educate because that's the root word. It's to develop the innate capacities of an innate means that's come in you naturally. You just have to bring it out and we all have it. There's no

such thing that Hispanics or Latinos or whatever have a lower IQ, especially by schooling or instruction. If they're at the school, any of the instruction is going to help bring it out to to provide with knowledge or training in a particular area or for a particular purpose, such as decided to educate herself in foreign languages or entered a seminary to be educated for the priesthood.

00:25:55:29 - 00:26:35:20

Speaker 2

Just in general. Is there anyone here who can remember the idea of college coming to them in their elementary grades? Okay. Have you what about junior high school when back in June three. Okay. What about high school? More getting closer to the line there. How about another another time after high.

00:26:35:20 - 00:26:38:24

Speaker 1

School is.

00:26:38:27 - 00:26:55:18

Speaker 2

Majority. Okay. You know, you all pass those down to the right. Right. You're not going to be reading your own. So that's a relief, right? That's almost hard to read about yourself to read or talk about yourself.

00:26:55:20 - 00:27:00:22

Speaker 1

You know. So sometimes I have learned that you have to keep going back.

00:27:00:24 - 00:27:06:24

Speaker 2

Yeah. Yeah. Just. yeah. As long as everybody has a different one in front of them.

00:27:06:26 - 00:27:51:02

Speaker 1

You're going, yeah. You know. she didn't read. She really okay, okay.

00:27:51:02 - 00:27:54:19

Speaker 2

Now you should all have somebody else's card in front of you.

00:27:54:22 - 00:28:00:29

Speaker 1

Yeah, we. I'm getting.

00:28:01:01 - 00:28:12:19

Speaker 2

You don't have one. You've got to start off yet.

00:28:12:22 - 00:28:14:17

Speaker 1

You get all.

00:28:14:20 - 00:28:45:25

Speaker 2

Hey, I have to hear your story. We can have one more. So me being shy, she's getting hers. Okay. Okay.
Was that kind of hard?

00:28:45:28 - 00:28:47:20

Speaker 1

Yeah, right.

00:28:47:23 - 00:29:12:27

Speaker 2

It is if you haven't thought about it. And before I ask for some hard reading, I want you to know that there's not one medium to education. Education, more important is what it means to you. So hopefully we'll find this out. And we have.

00:29:13:00 - 00:29:15:13

Speaker 1

To.

00:29:15:15 - 00:29:31:17

Speaker 2

And we think of your name now. Angelica. Angelica. When I get up in front of the room and talk, sometimes I get nervous and I forget. I know, like I'm automatic pilot through body. Okay.

00:29:31:19 - 00:29:39:06

Speaker 1

The definition of this person, right, is power for education. How can.

00:29:39:08 - 00:29:42:20

Speaker 2

Someone else have that on their card.

00:29:42:23 - 00:29:45:22

Speaker 1

As he did so.

00:29:45:24 - 00:29:59:16

Speaker 2

Many people or people? You have a common idea about education. Okay, let's have somebody else raise your hand and you can read somebody else's card.

00:29:59:19 - 00:30:09:24

Speaker 1

This is the definition about education to me, is to better ways to learn or to learn how to broaden my thoughts and.

00:30:09:26 - 00:30:21:02

Speaker 2

Okay, anyone have something similar to that? Would you like to read your education skills?

00:30:21:02 - 00:30:22:06

Speaker 1

Future Success?

00:30:22:06 - 00:30:35:16

Speaker 2

My okay to you know where that one came from. Okay. Someone else in this side of the room in.

00:30:35:19 - 00:30:43:20

Speaker 1

College entered my mind year when she wrote It means growth in discovery, respect, self-confidence.

00:30:43:20 - 00:30:50:10

Unknown

And admiration. The things.

00:30:50:13 - 00:30:57:22

Speaker 1

We have. You mean freedom, respect, liberty and independence?

00:30:57:25 - 00:31:01:12

Speaker 2

Very good.

00:31:01:14 - 00:31:03:24

Speaker 1

Okay.

00:31:03:26 - 00:31:11:26

Speaker 2

I see somebody smiling. Ready to read your mind? That was yours. Okay. You want to read the when you're holding.

00:31:11:28 - 00:31:29:06

Speaker 1

To me, you will be proud that I have acquired knowledge and to show you to show up somehow been able to share the knowledge. I will also be.

00:31:29:09 - 00:31:30:15

Speaker 2

Very be very proud to.

00:31:30:18 - 00:31:45:08

Speaker 1

Be very proud to be able to have a career that I love the kinds of education. Very good. Let's have two more.

00:31:45:11 - 00:31:45:29

Speaker 2

Right here.

00:31:46:01 - 00:31:52:21

Speaker 1

In fact, this is to get information to better myself today anyway so.

00:31:52:23 - 00:31:54:12

Speaker 2

You think.

00:31:54:14 - 00:32:00:17

Speaker 1

And knowledge college enough to be very good.

00:32:00:19 - 00:32:28:19

Speaker 2

Those are very good definitions. And I'm sure after this exercise you'll think a little bit more about education, hopefully in what it means to you and think about it every day where you're at with this. You know, a lot of good word for said about empowerment and learning, etc.. And yet it's interesting that how many of you have gone to graduation exercise, have attended one or been.

00:32:28:19 - 00:32:30:17

Speaker 1

In one day.

00:32:30:20 - 00:32:58:15

Speaker 2

When the window for the graduates on this side before they actually received their degree? They're the same when they crossed the stage, except now they have a diploma or a degree or something. Right. And that's what we're all striving for. That piece of paper, you're still the same person. But now you have a piece of paper to prove you're that person.

00:32:58:17 - 00:33:25:21

Speaker 2

That's kind of there's a lot of irony in education. Way back when I was in school, I took I took Spanish for one of my classes. And at that in during my time and even still now, a lot of people don't want you to speak Spanish, right? Yeah. Yeah. And yet it was so ironic that if you were college prep, you could take a foreign language.

00:33:25:21 - 00:33:44:25

Speaker 2

You were required to take a foreign language, and yet you didn't. It wasn't okay to speak your language. Recently or a few years ago, Los Altos passed a city ordinance making English the official language. Did you know that? Yeah.

00:33:44:28 - 00:33:45:08

Speaker 1

Yeah.

00:33:45:11 - 00:34:10:19

Speaker 2

You did. But guess what? They forgot to change the name of the city Local place. Every time you mention that word, you're breaking the law. I'll throw in things like this because I'm very political. You know everything. One of my students is back here, and she can tell you always promoting the latest calls because education is very political.

00:34:10:21 - 00:34:42:10

Speaker 2

Recently, I did some research with, all of the community colleges in the state of California to look at the graduation requirements in the math area. And I discovered which are already pretty much knew that our district, city and Evergreen was the only district that required above Algebra two to graduate the only district. Okay. The math that they require and is being changed.

00:34:42:10 - 00:35:10:22

Speaker 2

So I did a you know, I presented and did all this political stuff, but the math that they would be farming is what you need to graduate from a four year school. They forgot we're a community college first we got to take things and instead and this is education. So if you find yourself discovering some things in your college education that doesn't seem fair to you.

00:35:10:24 - 00:35:38:07

Speaker 2

It may not be. And you need to find someone like Consuelo or Rebecca or Maria or Carmen or myself and say, Hey, can you talk to me about this? This is how this all came about, because I had a lot of students wanting to graduate and they were having a hard time just getting past algebra or algebra two, and yet they could go to a morning and park now, Gabriel, etc., and graduate with elementary algebra.

00:35:38:09 - 00:36:09:22

Speaker 2

But we said, no, we're weird. We're very strict. And I was told when I did the research that I was lowering our standards and I felt that I was equalizing the standard. And I just that's like a commercial. Okay. Okay. Now let's get to the second part of the card that we did. And again, you have somebody else, right?

00:36:09:24 - 00:36:22:11

Speaker 2

And when did the idea of college or how did the idea of college come to you? Who's got a really good card? They think they have a rookie card.

00:36:22:13 - 00:36:33:24

Speaker 1

Just like her parents have always stressed the importance of education to her. And college has always always.

00:36:33:26 - 00:36:55:21

Speaker 2

Ended to say what age or high since she was born. Right. You know, sometimes this idea of planning the seat works and sometimes it doesn't. With our oldest daughter when she was born, I have pictures of

her just a few weeks old holding a golf club. So I wanted her to be a golfer like, man, she didn't become a golfer.

00:36:55:24 - 00:37:01:09

Speaker 2

But you don't give up. You plant the seeds, right? Guess who loves golf?

00:37:01:12 - 00:37:05:02

Speaker 1

You're me, my granddaughter.

00:37:05:04 - 00:37:20:03

Speaker 2

She comes over and she goes where the golf clubs. So you never know, right? Okay, let's have somebody else read their card in college.

00:37:20:03 - 00:37:49:03

Speaker 1

And so I didn't get an education. I thought about going to college. When I realized that I needed to start building the foundation of future, not only for myself and my son. And I wish better for I wanted to do very good. When I graduate from high school, I wanted to go to college and I went for quite a semester.

00:37:49:06 - 00:38:06:15

Speaker 1

But in fact, the semester I did, I did something that I recently I dropped my classes. I started working. I had a lot of family support. Now, ten years later, allegations. But all right.

00:38:06:20 - 00:38:35:26

Speaker 2

See, again, when you buy seeds, they stay there. If you plant a tomato seed or you get tomatoes, typically you find an educational seed, education. And a lot of what you do, whether it's in your own

family or with other people, every time you talk to someone and they find out you're going to school, that becomes a seed that you planted in somebody else's mind.

00:38:35:28 - 00:38:47:25

Speaker 2

Okay, let's have another college experience. But yeah, you have one to my name. okay.

00:38:48:01 - 00:38:49:23

Speaker 1

I think I.

00:38:49:26 - 00:38:50:18

Speaker 2

Can you make one up?

00:38:50:18 - 00:38:52:14

Speaker 1

One?

00:38:52:17 - 00:38:54:20

Speaker 2

I didn't have, you know.

00:38:54:22 - 00:39:07:06

Speaker 1

I started college at age 18 and then I dropped out. Now, ten years later, I realized the importance of college. And then a teacher for my family.

00:39:07:09 - 00:39:10:02

Speaker 2

A lot of people who came.

00:39:10:04 - 00:39:10:24

Speaker 1

To school.

00:39:10:24 - 00:39:13:28

Speaker 2

Older never went to finished high school or got their.

00:39:13:28 - 00:39:15:26

Speaker 1

JD.

00:39:15:29 - 00:39:41:02

Speaker 2

Became the reason. You know, nobody knows about this for the reentry program that was started in community colleges because they found the school found out there were a lot of students, more specifically females who had never gone to college. And here they were. And they had a different experience. They were coming for the first time. They were older, they had children, they might be single parents.

00:39:41:04 - 00:39:41:24

Speaker 1

They might be.

00:39:41:26 - 00:40:11:20

Speaker 2

Widowed, divorced, whatever. But they were starting at a point where you usually 18 years old to start. Do we have any the new people here starting school for the first time, older than you. You're never too old. I recently read about a woman, 80 years old, at Harvard, and because I'm in sports, I read about athletes. There's a woman, 80 years old, competing, swimming, 88 years old.

00:40:11:27 - 00:40:15:11

Speaker 1

She had no excuses.

00:40:15:13 - 00:40:23:08

Speaker 2

In fact, I promote. And Maria, of course, knows this. I promote physical exercise so much.

00:40:23:10 - 00:40:24:24

Speaker 1

That I have.

00:40:24:27 - 00:40:27:21

Speaker 2

Some free passes for running lots fitness center.

00:40:27:21 - 00:40:32:02

Speaker 1

Where I belong. I'm going to keep away.

00:40:32:04 - 00:40:41:15

Speaker 2

For a week free, one full week of be exercising either at Ronnie Laws or the Royal Courts on San Carlos.

00:40:41:15 - 00:40:41:26

Speaker 1

And.

00:40:42:03 - 00:40:45:04

Speaker 2

Saratoga. Stevens We can totally.

00:40:45:06 - 00:40:46:16

Speaker 1

You can go there.

00:40:46:19 - 00:41:10:07

Speaker 2

For free and try it out. I work out every day at 530 in the morning. Wow. And I had to do that to get it in. I went I worked out this morning before I came. I work seven days a week. Sometimes I take Sundays off. But you will find out that you don't have to have a physical outlet, you know, like a gym.

00:41:10:10 - 00:41:30:20

Speaker 2

But if you can get yourself to even walk, find a buddy, walk at lunchtime, walk in the morning, you'll clear your mind. You'll be in better shape. You have more energy. And it's not a matter of taking out pounds, it's more of being flip an athlete, Right? And then I bought this new outfit and you could see the fat back here.

00:41:30:22 - 00:41:37:00

Speaker 1

I like that is so fresh. And you get.

00:41:37:03 - 00:41:37:23

Speaker 2

Back to wearing.

00:41:37:23 - 00:41:40:08

Speaker 1

Black Asian.

00:41:40:09 - 00:41:41:00

Speaker 2

I wanted to go.

00:41:41:00 - 00:41:56:25

Speaker 1

To college education at the age of 21 but didn't know how to go about it. Scared of failing. And at the age of 24 I tried to make it happen. Age 26 finally got serious and now it finally is going to.

00:41:56:26 - 00:42:17:09

Speaker 2

I'm going to stick with it this time. Great. It's great. And you know what's interesting? I do a lot of research and a lot of things. And I have found out that the older student, the one that's not 18, 19 or 20 and even those that are maybe 23 years old, but they have a child or a couple of children, they do better.

00:42:17:12 - 00:42:21:08

Speaker 2

Why do you think they do that? Because they took.

00:42:21:08 - 00:42:25:03

Speaker 1

Their time to decide what they really want and.

00:42:25:06 - 00:42:37:25

Speaker 2

What they do. They work full time like I did the one I did. They don't want to do that. They're Yeah, that's a good one. I just want my focus. You older and more focused. Okay.

00:42:37:28 - 00:42:39:22

Speaker 1

More responsibility.

00:42:39:24 - 00:42:41:18

Speaker 2

Towards you're more responsible.

00:42:41:18 - 00:42:42:23

Speaker 1

Right, as an adult.

00:42:42:28 - 00:42:44:20

Speaker 2

Right. And what I hear a lot.

00:42:44:23 - 00:42:45:24

Speaker 1

From.

00:42:45:26 - 00:43:01:25

Speaker 2

Some of the older students is that they want to make up for lost time. You know, you have you know, it's like you can't waste time. You're going to take the right classes, which is getting us into the next

topic. You can take the right classes. You're going to make sure you know where you're going and you're going to do well.

00:43:01:25 - 00:43:24:26

Speaker 2

And I was classes and the the grades reflect this. When I see students, you know, I see these what they call the envy type student. And they're pretty for the most part, they're pretty quiet. People don't know who they are in the class, but their brains move in and they're clicking and they're going through a lot of experience that some of the younger students are barely going through.

00:43:24:26 - 00:43:45:25

Speaker 2

And so they don't have to repeat that. They're not worried about how they go. And I'm worried about who they hang out with. Somebody is talking to them that they're in a group. I remember when I went back to school because I went to kind of a high school, but then I went back again 20 years later and 20 years later I was 42 years old.

00:43:45:27 - 00:44:10:28

Speaker 2

And I remember going to school and my husband saying, Why are you going all dressed up? Aren't you dressed like the school kids? Right. I think that I'm right with you, you know, and you have to go the best way that you feel comfortable and the way you're going to succeed. Right. Why do you think the the adult student does better.

00:44:11:00 - 00:44:14:25

Unknown

If they only have home?

00:44:14:27 - 00:44:33:11

Speaker 2

They have a strong go, right? They've gone through so many experiences that they know what they want, right? Yeah. You see, I'm not putting younger students down, but I think that the community college was really made for the the entry student. Not that.

00:44:33:11 - 00:44:34:28

Speaker 1

It's not for the.

00:44:35:01 - 00:44:54:00

Speaker 2

High school student, but these older students have worked. They had a family, they've done a lot of things and they know they want and there's not anything going to get in the way. Okay, one more card.

00:44:54:02 - 00:45:19:03

Speaker 1

Now, another thing is you're more willing to spend the time that would take and maybe take you too long to to make the decision. And now you take the, you know, willing you were willing to put that time in, you know, to take care of those planning those homeworks. Right. You know what? That's true.

00:45:19:06 - 00:45:38:06

Speaker 2

And I think one of the things that wasn't mentioned and it's very real even now and it was for me, is that there are a lot of obstacles for Chicanos to go to college, get out of high school. You find that you find that to be true, and know when I graduated, I was ready to go to UCLA.

00:45:38:09 - 00:46:03:25

Speaker 2

I had the grades, I had the background in federal. My parents said, What do you think? They said, you know, I mean, they were supportive, but they they said that Mexican girls got married and got a job. And I say, not me, I'm going to college. But, you know, for a lot of students, they don't have that option if they don't have support, which is usually financial support, they can't make it.

00:46:03:27 - 00:46:39:00

Speaker 2

So a lot of students made the point to work getting caught up with making money and then like I heard I hear this all the time, find it hard to get back on track and get into that school system, something that's very important for all of these students, whether it's the returning student or the student that just came here from a high school or one that is in high school taking classes to get ahead quicker, one of the most important things is to find out what are these classes that I'm taking?

00:46:39:03 - 00:47:01:11

Speaker 2

What are the leading to? Is it the right class? What do I need for this certificate? Is there a certificate? Do you even know that? What's out there? We find a lot of students who've never even come to the transfer career center where I work to get this information. They don't see a counselor. They listen to their friends, which may or may not be true.

00:47:01:11 - 00:47:10:04

Speaker 2

But, you know, it's like it's like gossip, right? Part of a grain of truth here. But they never actually look it up in a catalog, call up a.

00:47:10:04 - 00:47:10:20

Speaker 1

School.

00:47:10:27 - 00:47:47:19

Speaker 2

Check with a faculty person so they never find out. How do you find out if you want to transfer? How many of you are planning to get a degree? A two year degree. Okay. And how many of you are planning to transfer? Okay. Whether it's I'm supposed to talk about the transferring courses, but even if it's a degree, you need to know which courses you need for that degree and or to transfer and in many cases getting the degree entails taking them.

00:47:47:19 - 00:48:11:16

Speaker 2

I would say 95% of those courses are going to transfer. But what they don't tell you is where will they transfer will be. You know, again, it's like once you open up a can of worms is like all these things come out and what do you take first? Okay. How many of you are first time college students in your family here?

00:48:11:18 - 00:48:21:14

Speaker 2

A lot of them, yeah. So you don't have anyone to really ask or rely on. You have to be the one to set the standard and get help.

00:48:21:14 - 00:48:22:20

Speaker 1

Or.

00:48:22:22 - 00:48:44:01

Speaker 2

Become the role model for whoever else is in your family. One of the best ways to find out about what transfers are, what works for a degree is to look at a catalog where you are and you don't even have to buy it. You go to the library, they have copies, they have them in county, they have them all over the course.

00:48:44:03 - 00:49:09:10

Speaker 2

It's if you can afford it, it's nice to buy the catalog, but also know the catalog exchange. And that brings in another thing. Which catalog are you following when you're transferring or getting your degree? There's a lot of questions that you need to sit down and write out in some questions you may not even know. You're supposed to ask them that truth.

00:49:09:13 - 00:49:35:13

Speaker 2

I know I find this out all the time with students. They come in, they go, Well, that counselor didn't tell me that. Well, as counselors, we're kind of at a loss because we're kind of like doctors. When you go to the doctor, if you don't explain what's going on or what your symptoms are or what you're hoping to

get, I mean, you know, he can't X-ray your body with his eyes and say, yes, just you have to give him some clues to go by faith.

00:49:35:15 - 00:49:35:26

Speaker 1

In.

00:49:35:28 - 00:49:58:21

Speaker 2

Counselors the same way you need to sit down and like what was mentioned earlier, do you plan a write down? What is it that you want? What is it you're looking for? And hopefully with that, that'll give the counselor insight into what kinds of questions you might need answered. And the other thing is that do the same thing with counselors and you do with doctors, and that one doesn't work and you don't like that opinion.

00:49:58:22 - 00:50:25:00

Speaker 2

Don't get a second opinion or a third opinion. Find a counselor that you're very comfortable with that you trust that gets to know you and that counselor is going to help you throughout the time of your stay in school. Okay. So you want to check in the Cal catalog about the courses that transfer all the all the community colleges, all the for you schools.

00:50:25:00 - 00:50:44:13

Speaker 2

They have what they call major sheets. You all know what a major sheet is. I may be talking to them on on some foreign language here. How many of you do not know what a major sheet is? So don't be afraid to raise your hand, because if you don't read your hand, you don't know. Okay, Who here does know what a major sheet is?

00:50:44:16 - 00:50:45:04

Speaker 2

Kate, you want.

00:50:45:04 - 00:51:08:12

Speaker 1

To explain what a major sheet is in your own words. Major sheet is just a sheet of information that tells you what classes you need in order to get the degree and whatever. So here, interested in what classes have to take. And sometimes there's some options that you can look for within the major sheet.

00:51:08:14 - 00:51:46:04

Speaker 2

That's true. Sometimes I'll say you can take anatomy or anatomy and physiology or biology to satisfy this one area. You always have choices, always have choices. Now the other thing to keep in mind is that when you're looking at courses that transfer again, you have to think about where will they transfer? The catalog will tell you that if they transfer to the U.S. or the U.S., as you you see, is the University of California system, which is UC Davis, UC Berkeley, UC Santa Cruz, etc..

00:51:46:07 - 00:52:08:15

Speaker 2

And while I'm mentioning mentioning UC Santa Cruz, how many of you know that Santa Cruz has a \$20,000 scholarship for students transferring from here? We have one in the back. Yeah. Keep this in the back of your mind. There is a \$20,000 scholarship. That's the other thing we do a lot of in our transfer career center, because we know that money is important to students.

00:52:08:15 - 00:52:30:02

Speaker 2

So I have a volunteer that comes in Tuesday and Thursday, and her whole job is to research scholarships, put them on a database, print it up. We have it for students to look over, and any of you are welcome to come and use our resources if you transfer to the U.S. system. UC Santa Cruz, they have a guaranteed admissions program for the city and Evergreen.

00:52:30:02 - 00:52:50:13

Speaker 2

That means that they can guarantee admission there a year ahead of time. And if you qualify, you can apply for this scholarship \$20,000 in support, amount of money for one night. So keep that in mind and ask here about it early so that you can know even if you're not ready now, don't wait till it's time to transfer.

00:52:50:19 - 00:53:16:18

Speaker 2

Look, now what are you requirement? What do I have to do? I mean, pick one person from every community college. That's part of that. It's called the with the Chancellor. It's got a title. It's a leadership opportunity scholarship. Yeah, okay. But people here on campus will know it if they don't know, you can call me or we call Santa Cruz.

00:53:16:20 - 00:53:30:21

Speaker 2

4594057 And I want to write that down and they will tell you, did you get that for 594057? That's a real number. That is values that will be shown during bird.

00:53:30:24 - 00:53:45:19

Speaker 1

Also, anybody who's thinking about that should really start research and find out when will they be asking for that the so that you be waiting for that one right okay.

00:53:45:19 - 00:54:13:20

Speaker 2

Now when you're looking at the transferability of courses, like I said, they will go to the you see this issue or the private when you transfer to the CSU the California State University system so they state and then the newest being Monterey Bay they require right now 56 transferable units. So you need to find out what are those transferable units and a two point or GPA to get in.

00:54:13:22 - 00:54:44:24

Speaker 2

But then they have some other programs like nursing, occupational therapy, etc., that might have a higher GPA requirement when you want to apply for that program. So it's not just a 2.0 that's a C average. The other thing is that when you are looking at transferability of courses, there's three areas that you want to consider. One is the coursework that you can take in the community college for your major.

00:54:44:26 - 00:55:10:29

Speaker 2

Two is the general education requirement. And in some cases those can double count. Like if you take English one B, that could be in your major and that could also be in the humanities area or C area. So you can use it for two, but you need 56 total of everything. The third thing that a lot of students don't get information I find out is the graduation requirements.

00:55:11:01 - 00:55:34:09

Speaker 2

Every school has a different graduation requirement. City college has a different one mission Colleges are different. San Jose State has a different background. The state just announced that they've approved the ethnic studies for graduation, which was a big battle. Now they're going to require an ethnic studies degree, and I'm not sure if it's done for division. I don't.

00:55:34:09 - 00:55:38:03

Speaker 1

Think it is.

00:55:38:06 - 00:56:06:09

Speaker 2

In the private schools when you transfer those. But different some schools, some private schools look at what's transferable to the U.S. Some will take what CSU called and Notre Dame would just close up the area here 35 years. I transferred a lot of students there into Santa Clara. They only require a 2.0 and then explain scholarship money. And I've had several single head of household annual for females.

00:56:06:11 - 00:56:27:15

Speaker 2

The transfer to stay married and graduate in two years. So that's another thing you want to think about. Here's the cost a little bit more to go to a private school, but if they can guarantee your classes and they can know you by name and you're going to get the attention, you're going to graduate with honors, which is going to prepare you for graduate school, then you want to think about it and you should at least apply just to find out if you're eligible.

00:56:27:18 - 00:56:48:02

Speaker 2

It makes you feel really good if you apply the exception, you go, Well, I think I have to go to this other school because they have it's closer and it's not going to cost as much. But if you know you were eligible, it makes you feel good and makes you feel stronger. You know, you could do anything. Okay.

00:56:48:02 - 00:57:10:08

Speaker 2

I'm going to leave that for right now because there's a lot about transferring. And I would hope that this is only to get you started to think about what to ask, who to ask and how to ask. Leaving home to attend college. What are the pros about leaving home to attend college? Which means here you go live on campus or.

00:57:10:11 - 00:57:24:29

Speaker 1

Apartment in your apartment. You're surrounded by school buildings. You move around with your friends, you can drive.

00:57:25:01 - 00:57:55:18

Speaker 2

You know, we do that. We promote. When you transfer, take a friend, you know, bring along your your buddy system, your support system. It's good because once you transfer, you more than likely, unless you're in the same major, you're not going to be together. But at least that person's there to help you get over the rough spots. What is what would be a drawback to leaving, going, wasting in a dorm or whatever, opposed to staying home and commuting?

00:57:55:20 - 00:58:01:10

Speaker 2

What would be a negative thing for you?

00:58:01:13 - 00:58:03:19

Speaker 1

Not really. Financially.

00:58:03:21 - 00:58:26:25

Speaker 2

Yeah, it might be a little bit more pain. You got to pay for room and board. Where? At home. It doesn't cost you anything. You know. Before I forget, I read. How many of you read today's newspaper? The morning paper? You don't vision college. Just got to do president. He's half Mexican and he's 28 years old. Might Michael out.

00:58:26:28 - 00:58:32:04

Speaker 2

Can you believe it? I could not believe it. If I can talk it over with this candidate, I go, No, he must be 38.

00:58:32:06 - 00:58:43:09

Speaker 1

And 28 years old. There's hope for all of us, was 20 years old.

00:58:43:11 - 00:58:45:27

Speaker 2

And of course, that everything we have a Latina president.

00:58:45:27 - 00:58:47:06

Speaker 1

Did you know that.

00:58:47:08 - 00:58:48:01

Speaker 2

Dr. Novelli.

00:58:48:01 - 00:58:52:21

Speaker 1

Available? Pardon? I want you to acknowledge Justin.

00:58:52:24 - 00:58:53:16

Speaker 2

yes.

00:58:53:18 - 00:58:55:29

Speaker 1

Replica of the answer the call it yes.

00:58:56:02 - 00:59:05:20

Speaker 2

Leo Chavez did become chancellor. I mean you hear to hear.

00:59:05:22 - 00:59:06:27

Speaker 1

You're going to be.

00:59:07:00 - 00:59:32:07

Speaker 2

Up here in a very short time because you're going to be in situations. So I start taking notes about what he didn't want to talk about. Okay, We didn't. We just said that, you know, the cost of bit money and more money to leave home. I think one of the the worst things is that you need your best support system.

00:59:32:10 - 00:59:43:22

Speaker 2

And and for some students that could be that'd be something you have to really deal with because you won't have your friends, your family and people there when.

00:59:43:22 - 00:59:44:11

Speaker 1

You come home every.

00:59:44:11 - 01:00:14:10

Speaker 2

Day having fun. So the you know, school politics to get you through. But hopefully you will make new friends establishing contacts and your phone bill will go up. I know this because I had daughters that went across the country mean it. Let me tell you, we had we got some special we looked into having special phone promotions because we had one in Boston who went to Harvard.

01:00:14:10 - 01:00:16:06

Speaker 1

And we had one.

01:00:16:09 - 01:00:46:14

Speaker 2

In Chicago and then the one in Harvard graduated and went to the University of Wisconsin-Madison. And, you know, so Carmen back there noticed, too, because her daughter, Carmela, went to Yale. Right. And you have to try at least three times a week. I mean, you have to find out what's going on. You're so used to being a family and sharing that you have to do that.

01:00:46:17 - 01:01:00:08

Speaker 2

There was a real good special on Channel nine last week. It was called Women Scientists, and it showed this Dr. Lydia, the I cannot remember her last name.

01:01:00:10 - 01:01:03:02

Speaker 1

Carmen or something like that.

01:01:03:04 - 01:01:28:08

Speaker 2

She at Harvard, she's a research doctor and she's Mexican and she's from New Mexico. And they showed this this program taking her back home and been in the kitchen with her family. And, you know, and it was like, you don't see that every day. Right. How many of you have seen it? and her mother went to college, which was really interesting, was a teacher.

01:01:28:10 - 01:01:46:23

Speaker 2

But they're just like, you know, it's just too much when you see all these schools and you see these students were so young, so young, and they're getting a double, it's an MVP to the degree, you know, And it's just incredible. And of course, when you surround yourself with those kind of people, you become one of those kind of people.

01:01:46:26 - 01:02:06:17

Speaker 2

I found this out in golf very early that when I played with people who are very good food, way better than me, and I did that. I played in a tournament one time that was with my pros and my husband talked me into doing this and. I thought, I've never played in the tournament. What am I going to be doing out there?

01:02:06:19 - 01:02:31:25

Speaker 2

But, you know, they put it they teamed us up and we came in second place. You know, So you just pair yourself up with somebody who can help you and you help them and you make some strides that you never thought were possible. Okay. So we talked about leaving home and maybe right now you're not thinking about it, but sometimes you have to leave home.

01:02:31:27 - 01:02:56:06

Speaker 2

Some other state schools are actually very good. They don't have the same math requirements that you're trying to do. If you're having a hard time with math, some of the tuition is not that bad. There's

some schools in Texas which has the same tuition for resident as nonresident. Okay. But you go there and it's 80% chance, so you might even do better there.

01:02:56:08 - 01:03:39:22

Speaker 2

We have a new University of Missouri called the National Hispanic University, which I'm sure that city has got information on. They're accredited now and you can get they have some special programs if you're going to go into teaching, especially bilingual education, and you can get your education paid for it. Okay. So if you're interested, follow that one. The alternatives, you don't going to cover everything, but if you weren't going to go to college, what alternatives could you do to move forward in educational path?

01:03:39:24 - 01:03:48:29

Speaker 1

So having completely be myself, I would like to go forward. But right now I'm hoping to meet Black.

01:03:49:00 - 01:03:57:14

Speaker 2

With these classes. If we. easy over easy. Which one's a little bit hard to know? It's like golf. There is no easy coral.

01:03:57:19 - 01:04:08:23

Speaker 1

There are hard and well, you know. Well, I try to keep doing what I right.

01:04:08:26 - 01:04:37:07

Speaker 2

You know, like you, it's a step in the right direction. Yeah. Because when I went into psychology and when I started here at City, because I ended up coming here because I could afford it and it was free at that time. And my business teacher, who is not a Chicana, her name was Ms., did got me a job with IBM because I had good business skills, shorthand typing in my days.

01:04:37:08 - 01:04:56:00

Speaker 2

You became a secretary. That was the big thing and I was bilingual. So she got me this job at IBM, but I said I want to go to college. So she had me go and talk to them and I didn't even have to interview for the job. You know, I look back now and it's like there's some angel up here guiding this person.

01:04:56:03 - 01:05:14:18

Speaker 2

And so I did. I went and I talked to them and they said, Go get your schedule and come back and we'll work around your schedule. So I put my I came in to sign up for all the classes and graduated in two years and worked at IBM and worked in the cannery in the summer because my experience was the cannery in the field.

01:05:14:18 - 01:05:36:24

Speaker 2

That was it had no business. I had never worked in an office and I went, IBM is right there. How to use like the typewriter bunch, the first computers. They had these huge computers that took up room like this and they were on this big desk. They call them random access memory. RAM Yeah. Do you remember that?

01:05:36:27 - 01:05:40:14

Speaker 1

You know what it paid? Everybody remembers.

01:05:40:16 - 01:06:01:17

Speaker 2

You're all too young to remember that. And I learned how to keep on. I was really good. You know, once you I think all of us are such hard workers that were really good at what we do, right? We've had to work hard. And this getting up early to work out is not anything new. We had to be up early for the sun to go work in the fields if you wanted to get anything done.

01:06:01:19 - 01:06:05:04

Speaker 2

So I'm not doing anything different. I'm just going to the gym.

01:06:05:06 - 01:06:08:06

Speaker 1

And.

01:06:08:09 - 01:06:36:06

Speaker 2

But anyway, the job at IBM helped me so I could complete everything and transfer to the towns each day. And like I mentioned, our four children. I went to college. My husband himself came here to City College. He was a high school dropout. He went to the Navy, did all his high school stuff. He came back, worked in the summer at Ford, saved all his money, came here full time.

01:06:36:09 - 01:07:05:04

Speaker 2

I helped him work his way through school and he graduated at the top of his class and he played varsity golf. So, you know, when golf came from right. And our four children have gone to college, they gone to Stanford, Berkeley, Santa Clara, like Harvard, I mentioned Chicago, Wisconsin, and when the granddaughter, her father, when he came to ask for her hand in marriage, my son in law was from Mexico.

01:07:05:06 - 01:07:17:19

Speaker 2

And when he wanted to marry our daughter, we got kind of worried because what do you think? You know, You don't know, right? He wants to. He wants to because he was not obviously right.

01:07:17:22 - 01:07:18:23

Speaker 1

He wanted to.

01:07:18:25 - 01:07:38:20

Speaker 2

Marry our daughter so he can live here. Right. And he didn't speak very much English. So that was we kind of even though we were from Mexico, we still had the stereotype that other people did. And so he came to the house to ask for a man marriage. And I jokingly said, I'll give you my permission if you have to go to college, because it everybody in this family goes to college.

01:07:38:22 - 01:08:06:19

Speaker 2

And he said he said, I want to go to college. And guess what he did? He has it. He is and he's here. It said he's working towards electronics technology degree and he started from the very lowest ESL classes, went out, the English one. He took history and some general Ed and he's moved up in his job, improved his English of course, and has sent me a lot of people from Mexico to college.

01:08:06:21 - 01:08:26:09

Speaker 2

And it's so funny because you'll run into them. They want information and they don't know the connection. And we'll see his name on the site and there are the following. I want to go to school, but I don't know what to do. And of course they're telling him this in Spanish, right? The mic. Yes. If you don't like yourself, go and try to continue because that of the Moroccan things look at you.

01:08:26:12 - 01:08:35:14

Speaker 2

And he says in his little accent, you are in luck. My mother in law, he's so cute.

01:08:35:14 - 01:08:36:16

Speaker 1

And, you know.

01:08:36:18 - 01:09:19:01

Speaker 2

And of course, that's what it takes, right? You know, someone it breaks the barriers, gets you in like you can do it and that's what you are doing. You're breaking barriers and you're going to be there to help someone else get through. So, you know, I lost my track or the alternatives. Let me give you an alternative if you haven't thought of it, volunteer, volunteer in an area that you want to learn about,

that you want to spend a whole lot of time, take courses, etc., because you can choose the hours that you want to work as a volunteer.

01:09:19:03 - 01:09:47:11

Speaker 2

Linda Back. Here's a volunteer in the 21st century and you get all the benefits of being there, right? And you can pick where you want to volunteer. You can pick the area. We have a lot of students that we referred out to, different people in the community, and the volunteer has ended up into a real job, a real career path with inside information about things that you want to know now and then find out later after you've got your degree that maybe that's not what you want to do.

01:09:47:14 - 01:10:02:00

Speaker 2

Whatever it is, there's somebody out there that can use you. And volunteers are never turned down, okay? If they turn you down, then there's something wrong with that. Okay. I want to give you one more alternative, and.

01:10:02:00 - 01:10:03:02

Speaker 1

Then I'll.

01:10:03:05 - 01:10:21:23

Speaker 2

Ask for some questions. How many of you have heard of a program called City here? Well, several of you. Well, what do we know about this program? Anybody? I know this.

01:10:21:25 - 01:10:26:07

Speaker 1

From 21 up to 21. I think it I know.

01:10:26:10 - 01:10:29:18

Speaker 2

I know. It's 17 to 23.

01:10:29:21 - 01:10:37:17

Speaker 1

And I think it's a, they they work for the city, but I don't know how long they work for one year.

01:10:37:20 - 01:10:40:08

Speaker 2

That's why it's called City Year Part.

01:10:40:08 - 01:10:43:12

Speaker 1

I don't know how much they give it, but I know they get a minimum wage.

01:10:43:14 - 01:11:05:29

Speaker 2

Minimum wage. And then if you stay with the program for the year, at the end, you get 4000. So for you to go to college or buy time, whatever you want to do, now you're in luck because my daughter works for that program. I have a daughter who's working there and it's a very exciting program, especially for students who aren't sure where they're going.

01:11:06:01 - 01:11:29:23

Speaker 2

They take students who are 17 to 23, some of them have their GED so they can get their GED through that year. Some of them have graduated from high school, some have even gone to college and some have graduated from college, but they're not sure where they're going. But again, this is an education path. They set them up with things every week that is going to impact their decisions.

01:11:29:25 - 01:11:53:16

Speaker 2

It's a nonprofit group, so they go out and they do things within the community San Jose area. They help with the homeless. They help when they had the floods in Watsonville, they took bands of people down there. They helped out over there. But every day, guess what? They start out with that exercise, right? Right. And they wear a uniform and it's 30 years.

01:11:53:19 - 01:12:12:27

Speaker 2

So it's a very structured program. And this may not be the thing for you, but you might have a younger brother or sister or whatever. And this is such a great program for someone who's not sure when they want to do with their life. And we'll give you a phone number if you want to call two nine.

01:12:12:27 - 01:12:15:14

Speaker 1

Four.

01:12:15:16 - 01:12:29:28

Speaker 2

3041 and you'd want to ask for Rosalie Gutierrez. And you can tell her that I.

01:12:29:28 - 01:12:32:09

Speaker 1

Sent you a.

01:12:32:11 - 01:12:53:06

Speaker 2

Child. And right now they're recruiting for the new year and they're sponsored by people like the Sharks. And I mean, they get all kinds of fun things, but every day they work, they learn how to do a lot of writing. They learn how to do a great resume. I've gone over there and give them information about college children, the application for financial aid.

01:12:53:06 - 01:12:59:21

Speaker 2

What would you need to do to do that to give them that stem? And what it does is it rounds up the student.

01:12:59:21 - 01:13:00:17

Speaker 1

Who.

01:13:00:19 - 01:13:32:02

Speaker 2

Has some education or not some education, but lets them know about different within the community. A lot of a lot of these are the students who started with this moved up and after with the program and are now getting sent to another state to start a similar program because San Jose is only like the third or fourth city in the United States to have this program and they're looking to expand it.

01:13:32:06 - 01:14:06:14

Speaker 2

And I think though they got to going up to I think once going to New Mexico was going to Texas, but it started in Harvard. That's how my daughter was contacted to Harvard. Graduate students began the program. Okay. So we mentioned alternative working the city here, the volunteering, and that was it. Any questions?

01:14:06:16 - 01:14:10:22

Speaker 1

The back. What do you know about your friend?

01:14:10:24 - 01:14:14:15

Speaker 2

What do I know about it?

01:14:14:17 - 01:14:15:14

Speaker 1

Well.

01:14:15:16 - 01:14:39:20

Speaker 2

I have direct contact with some of the people I work with. Catalog. I can give you the phone number and you can go and set up a visit to go and talk to them. Yes, all schools have scholarships, financial aid, everything. And this is something you want to keep in mind that you need to know because there's a misunderstanding about financial aid.

01:14:39:23 - 01:15:02:16

Speaker 2

When I mention financial aid to people, they go, no, I don't qualify. My parents are in the house or I have this or that, that that's one of the one of the things to look at. But the most important thing to look at is that you file a financial aid form so that you can get a response back that says you are not eligible because you take that to the school that you want to go to, like my daughter did in Chicago.

01:15:02:17 - 01:15:31:25

Speaker 2

Guess how much they gave her? Because it's a private school. They gave her \$96,000, 96,000. And I can show you. Okay. And that's because we both worked. I mean, my husband, I wasn't working. I was the housewife for 25 years. I stayed home and raised my kids. Then I came back to school. But, you know, people say, well, we need to march, have property, but financial aid is more than that.

01:15:31:27 - 01:15:50:03

Speaker 2

And especially private schools, they have their own money that they can get for whatever categories they have. So you need to keep that door open and know that there is a school, a program at Central waiting for you when you leave here today. Okay.

01:15:50:05 - 01:16:06:24

Speaker 1

You know, I wanted to say something to you because I'm I work full time and I you know, I don't make a whole lot of money, but I make a good a good amount of money. And I applied for financial aid and I did

get it, you know, And I just want to say that do not be afraid and not to do it because it's out there and know what?

01:16:06:24 - 01:16:16:06

Speaker 1

There's a lot of other nationalities are getting it. And, you know, is there and again, I'm afraid I mean, it's out there, you know, and just because I mean.

01:16:16:06 - 01:16:17:00

Speaker 2

I have to give my.

01:16:17:00 - 01:16:21:22

Speaker 1

W-2 and stuff and and my daughter also goes to a private school.

01:16:21:22 - 01:16:24:07

Speaker 2

But their what they're going to what I think they're going to do this.

01:16:24:07 - 01:16:27:05

Speaker 1

Year is the money that going to just it will.

01:16:27:05 - 01:16:28:22

Speaker 2

Just my finances.

01:16:28:24 - 01:16:38:27

Speaker 1

And so I mean there was just so there is a will there's a way There is. And you know and I know that I mean, I was I wasn't going to do it because I didn't qualify. But it's it's out there.

01:16:39:02 - 01:17:01:18

Speaker 2

Right. What I tell my students is, is apply don't ask yourself if you qualified apply. Let them tell you you don't qualify. And if they turn you down, petition don't take no as an answer. You have a lot of rights and a lot of people don't do that. If you petition, you can get past that door the other people didn't get.

01:17:01:21 - 01:17:27:20

Speaker 2

Now, that woman that I mentioned to you, Dr. Lydia, the Carmona Carmona, which her name yet she had an intern on this TV program who was a Chicano, was working with her and. I was very impressed because she did so much with her to help this young future scientist. Right. And I asked my daughter, the one that's in Chicago, because she knows this doctor personally, and she said, well, you know how she got that job?

01:17:27:22 - 01:17:45:25

Speaker 2

She bugged the heck out of Dr. Lydia. Yeah, she called every day and she ran over there. And finally she said, okay, okay, you got it, you got it. You know, so if you want something really bad, you're going to make that effort. And like, like it was mentioned earlier, you're not going to sit back and wait to be invited.

01:17:45:27 - 01:18:07:25

Speaker 2

When I was in high school, I was president of the camera club one. I did not know how to use a camera, too. I didn't have a camera, but I got my picture in the yearbook. I'm president of the camera, and I don't know if I should say this, but when I got hired and everything to do transfer and articulation, I had no idea what articulation was.

01:18:07:28 - 01:18:38:23

Speaker 2

But I looked it up. I researched it. I called the school and got everything, and it presented a good interview and I got hired. But I want to thank you for your time again on the Saturday. Thank you for inviting me and hope to see you soon. yeah. Get I got these these pajamas. We just got my name on the back so that they'll know that you.

01:18:38:26 - 01:18:44:11

Speaker 1

We've got to figure out how to fight. I was just asking you to try to figure it out. Okay.

01:18:44:14 - 01:18:45:06

Speaker 2

How many people would.

01:18:45:06 - 01:18:52:06

Speaker 1

Like a cam? Okay, How many do And perfect do you have? Yes. Okay.

01:18:52:08 - 01:18:54:23

Speaker 2

Okay, good. Joe Theismann, see me over here. Okay.

01:18:54:23 - 01:19:21:07

Speaker 1

Why don't you give two? Okay. Now, what we would like to do, what we would like to do is we're going to give you 15 minutes. And again, I'm sorry, we're really having to rush you. So we have a lot. Before we start with our next segment, I'd like to introduce another one in another of our board members.

01:19:21:10 - 01:20:03:09

Speaker 1

She can't stay with us, but she just came for a few minutes to introduce our attention to an open source. Thank you. Which I just sent sent. Or Cynthia is the president of the Bay Area nonprofit Latino Nonprofit Association. Again, unfortunately, you don't have the time. We don't have time to give you a lot of background on the board members, but I just want to share with you that Chicana Latina foundation consists of 15 board members, of which I am one, and I'm really proud to say.

01:20:03:09 - 01:20:04:26

Speaker 2

I mean, it's a board.

01:20:04:26 - 01:20:46:27

Speaker 1

Of outstanding Latinos. And just to give you an indication of the quality of the Latinas on our board and our data and just received an award and was I don't know what the word is, what's the word when they put you into inducted inducted. She was just inducted into the San Mateo County Hall of Fame. And I think there's a real honor and people in her area are trying to get her to run for me or so you can see.

01:20:46:27 - 01:20:50:23

Speaker 1

All of us can do it. Now, the best.

01:20:50:23 - 01:20:51:09

Speaker 2

Part and I.

01:20:51:09 - 01:20:57:25

Speaker 1

Think the best mainly because we're very fortunate to have three.

01:20:57:27 - 01:20:58:12

Speaker 2

Previous.

01:20:58:12 - 01:21:29:04

Speaker 1

Scholarship recipients of the Chicano Latino Scholarship. And I'm standing in front of his microphone because I want to make sure that you hear what different backgrounds are like. And I'm hoping that they will be able to share with you what the experience has been for them going to these different educational systems. I'm going to give you the background on each one of them, and each one of them is going to speak on a particular topic.

01:21:29:06 - 01:21:57:19

Speaker 1

But I'd like to start off by introducing Diane Jean contract, and she just finished Virginia, Pennsylvania with Diane. She received a B.A. in Political Science and a B.A. in Spanish from the University of Santa Clara. And as I mentioned to many of you, I think that I thought were unique about each person, things that you might not have heard of.

01:21:57:21 - 01:22:35:28

Speaker 1

She also has completed studies informed that she has completed work in foreign policy studies and pre-law. She an internship at the American University in Washington, D.C. She also was in a program where she studied abroad and she studied college level Spanish with instruction, emphasizing Spanish culture and politics and religion at the University of Madrid in Madrid, Spain. So I hope you know that after the other presentation, some of you may want to ask her questions.

01:22:35:28 - 01:23:08:23

Speaker 1

And how does she do that? How does she come in and how does she get to currently, she's a planning specialist with new United Motors manufacturing company. Seven things. She's done in the past is she's been a loan officer with Sumitomo Bank. She was also an intern for the Mexican-American Legal Defense and Educational Fund in Washington, D.C. Currently, she's on the board of directors of the Latino Issues Forum.

01:23:08:26 - 01:23:36:04

Speaker 1

She's a manager for the Amazing Program. That's a group that night in Lansing. It's at Evergreen. She was also a cadet in the Air Force Reserve. Officers program. And and you're going to have to help me here. She is a member of the Alpha. I was a former member of the Alpha phase already. Alpha three sorority system. I still don't know the Greek alphabet.

01:23:36:07 - 01:24:10:13

Speaker 1

And she's a regional representative. She was a regional representative to the Women Agitators seminar in Washington, D.C. This is only one. I'm a fantastic student. The next person I'd like to introduce is Isaiah Xavien, and again, in the middle, she has a B.A. from U.C. Berkeley and business administrator Asian, with an emphasis in finance. She's currently an assistant Chevron recruiter at the University of California at Berkeley.

01:24:10:15 - 01:24:47:22

Speaker 1

Previously, she has been the director of the Education Committee for the National Society of Hispanic MBAs. She's a member of the San Francisco affiliate in Rhodes Alumni Association. For those of you that are not familiar with inroads, this is a program you really need to be familiar with. She has been a volunteer with the Latino Together Foundation. And I just want to say how anything that makes the students so unique is that after they get their scholarships, they're so willing to come back and work with us.

01:24:47:24 - 01:25:18:10

Speaker 1

I just want to share I was the chairperson of our fundraiser this last year and we were having some difficulties getting ready to register everybody, right? And I wasn't there and there wasn't any money to work with the registration committee. And she just came in and she started setting it up and helped to get everybody registered. I mean, and it just goes to show our students go that extra mile and then our lands.

01:25:18:10 - 01:25:54:25

Speaker 1

But Natalie Amherst is 80 minutes on the end. If anyone received a name in liberal studies from the College of San Mateo, she has a B.A. in psychology from Stanford University. She has an MBA. She's

working on an name and School of Education at Stanford right now. Her experience has been she was a student affairs urban intern. Irvine interned and you may want to ask for four days and a central Chicano at Stanford University.

01:25:54:28 - 01:26:27:16

Speaker 1

She was an office assistant with registration office at Stanford, so she was a mentor in the Psychology Para Professional Internship program at Stanford, and she was a research assistant with a school violence project at Stanford University. You may want to ask her what that's about. Just a couple of other things. She's a member of Alpha Gamma Sigma Honor Society.

01:26:27:18 - 01:26:37:07

Speaker 1

She remember she was a member of the Ballet Folklorico, I think the assignment to San Diego Community College.

01:26:37:10 - 01:26:38:17

Speaker 2

And just.

01:26:38:23 - 01:27:27:07

Speaker 1

A couple of awards. She was the president scholar. She got the President's Scholar Certificate for Research on the status of Latinos at the College of San Mateo. So without further ado, I want to turn this over to Diane, Contreras told me in welcoming our students. Good afternoon. Evening. Speaking at the base today, we're going to begin our presentation with a short story I'll be speaking about effective study.

01:27:27:09 - 01:28:00:14

Speaker 1

Alicia will be speaking about the importance of race, and then you will be speaking about the chair. Professor. She's also going to be the coach. I'm entitled to it. We have some leaflets right over the table, please. Going to event of it. It's release information as if we had information, provide information on

scholarships, study tips. There's sample transfer applications and other great information that we should take advantage of it.

01:28:00:17 - 01:28:28:28

Speaker 1

In the story from the book, James Soup for the Soul, and it's entitled Ready to See You Side by side information are make the first seats and I want your own. I understand my roots deep into the soil beneath me. And first my spreads through the Earth's crust above me. I want to unfurl my change like banners to announce the arrival of spring.

01:28:29:01 - 01:28:49:00

Speaker 1

I want to feel the warmth of the sun in my face and the blessed in the morning dew on my head. And so she grew shaken. He said, I'm afraid if I go into the ground below, I don't know what I will encounter in the dark and push my way through the high school of knowing I'll be damaged.

01:28:49:00 - 01:29:15:10

Speaker 1

My delegates sprouts even if I let my eyes open in his name. Tracy can never open my blossoms. A small child for me from the ground. Now it is much better for me to wait until it's safe. And so she waited a yard and scratched about in the early spring ground for food. The rain seed and company ate it up.

01:29:15:13 - 01:30:01:08

Speaker 1

The moral of the story is those of those of us who refuse to believe angry will get swallowed up by life. Story by Katie. Next thing I'll be talking to you about is sending out like secrets. Thank you. Say in the championships and both in college and your transition from junior college to the university. So extensive dependent on planning, scheduling and goal setting these skills determine your ability to manage time, resources and stress seem to show some take on active studying habits given by education consultants, preparation and college survival.

01:30:01:12 - 01:30:30:19

Speaker 1

The Crash Course written for students by students. We will touch upon time management the importance of preparation and attending class think that gives you skills systematic so your coach referred to as path is developed by educator consultant corporation just justice student can study smarter. The iconic path stands for Be prepared to stay active, learn and test your self using how you can prepare to study what you need to learn now.

01:30:30:19 - 01:31:03:19

Speaker 1

Switching between work and play to avoid very much preparation for an attending class. Class attendance is critical for college success. Most courses cover all or nearly all of the test material. The test in the class read the materials and the assignments before the class. Complete your homework lecture material will always be clear and easier to absorb. Learning is easier when you build on the knowledge you already know versus bring new knowledge.

01:31:03:21 - 01:31:28:24

Speaker 1

Regarding notes from the previous class. Think of questions you have about the class, something you do not understand, something that is not clear to you or is confusing. Listening. Why is it important to listen and find out what your instructor is inside? You want to find out how your what your instructor sense. Also, you can get information on what you must learn for the course.

01:31:28:26 - 01:31:55:07

Speaker 1

How do you prepare to listen first? Arrive early 5 to 10 minutes early. Review your notes from the previous class. What were the main points? Points I need to make Points. You need to transition tend to determine the main points of professional discussion. Be prepared, listen and take notes. Finger pen and paper results. Examine this in the front, front or the middle of the group.

01:31:55:09 - 01:32:25:22

Speaker 1

Actually want actions to help focus a lot more effectively. First, listen for main points. Focus on the first topic. Don't think about chemistry. Talking to a spouse, listening for clues to take questions, change voice repeated statements, repeated statements, repeat statements. Inflections to voice every 10 minutes and only mentioned your partners. Summarize 15 to 30 seconds of what the professor just is.

01:32:25:28 - 01:32:57:24

Speaker 1

Repeat the main points so you can test yourself. Ask What is the main point? What have I done? How does what I have learned late last year listen kindly call me points and organize them. Write a summary to identify the main points. If you share the main points after each and read your summary, this will avoid that easily wrong note Taking this is one of your most important keys to success in the field.

01:32:57:24 - 01:33:43:21

Speaker 1

Take learning and read and recall the lecture. Material usually flow as a leaf, keeping a loose leaf notebook, but binder or filler paper and dividers separate each course with the divider. Putting all your notes in one binder waste the problem of having the right notebook with you clearly match your schedule in front of you for affect of tracking of homework assignments has been an advance write day in crunch time that on the top of each blank page of the numbers and number of the pages and also most of front man being active military remember that names to take notes so if you're going to be in class it might well even let you take full

01:33:43:22 - 01:34:10:04

Speaker 1

notes. Is better to take too many notes and not enough enough to contain lecture lectures, make points, supporting evidence and examples, key materials, including what the professor says It's important what is presented usually remember terms and conditions in years, tables and different names. If you just listen for taking notes, will be very separate main points and supporting information.

01:34:10:06 - 01:34:38:09

Speaker 1

These newsletter and other indications to indicate how much you're in close reading your notes as soon as possible, at least on the same day. So if I can't read or understand for asking questions, I know that you will know that you will forget 70 to 80% of what you hear within 24 hours. Therefore, it is extremely important to read notes and read your notes the same day.

01:34:38:09 - 01:35:05:09

Speaker 1

Jason Students who read their notes find that you had to say as much during finals. Maybe because the journal has been published in their minds. Effective study we need to do to be an effective study is you need to care, clear your mind of distractions, find a suitable statement, one that is one that is for you, which is patience to life and one that is not conducive to falling asleep.

01:35:05:11 - 01:35:28:19

Speaker 1

Can plan figure out what you have to do for each class and calculate how long each chapter will take. Remember to follow the 15, ten or 15 minutes of study followed, followed by 10 minutes of free time. Plan to function include what you must do for each class, how long it will take to complete. Those items include very time when you will do it.

01:35:28:19 - 01:35:57:04

Speaker 1

And what are your goals? Your plan? After you plan, you should review what you need to learn. So if goals target on your weekend reading, you need to highlight the important points. This makes it a lot easier for a highlighting. I recommend highlighting highlight the next to be on to the paragraph instead of highlighting the actual words It's easier to say gives you its end.

01:35:57:04 - 01:36:25:05

Speaker 1

It doesn't close the page being active reading reader. Use reflective astrocyte words to make points. Understand what have I learned. If you can't in these questions, read, If you cannot answer this question, it's really do this twice for every average page or after every paragraph. Stop and think about any past experiences and you relate to what you are reading.

01:36:25:07 - 01:36:53:13

Speaker 1

But how this increases or decreases your interest in the subject, reshape the main points in your own words or paraphrase. Do this for every page or whenever you feel overloaded with information. Best way to read is read in small amounts at one time. For example, limited to 45 minute sessions are better than 90 minutes. When the 90 minute serving over maybe two weeks.

01:36:53:13 - 01:37:29:24

Speaker 1

It is better to read a little each day than all at one time. Quiet exams know your purpose for reading and remember your goal is directed at the material change. How you read it and find it is not successful. Use outlines and summarize. Outlines can do is identify the important information and we identify how these ideas relate. And if you write that in detail summaries identify the main points state where you feel the reading section is trying to convey to the reader for information.

01:37:29:24 - 01:38:00:14

Speaker 1

It provided in my study that my tips on effective study habits right over there and basically everything that I to just now if I don't back you don't worry about that because the information can be taken home with you in written form. An effective study habits also will determine your college absence. I encourage you to study smarter, not necessarily harder, but smarter.

01:38:00:17 - 01:38:45:05

Speaker 1

We have a state again, provides a status for your review, and I hope this information that I've shared with you will be helpful for you in determining your success in college. Our next presenter is on his young big man, discussing the importance of group thinking, courage and my absolute favorite category. I hope you don't mind, but I need you to make your head stand up and I feel a little bit more comfortable that way and also try to speak loud enough so that you can hear.

01:38:45:07 - 01:39:03:13

Speaker 1

I do have some I have a goal and that is to share some important information with you. So carry my card to make sure I cover that and I don't get too off track. I also want to remind you that you are welcome to ask questions. As soon as we're done with our presentation, we will be able to answer your question.

01:39:03:13 - 01:39:26:21

Speaker 1

So if you had and I took care of any questions, just note it down and something else I want to do before I started is to share a little bit more about myself. I'm very comfortable about being here. I'm very happy about being here. I appreciate the invitation. A lot of my favorite people are here, and when I walked in this room, I felt like my friends in my and my notes were all So here.

01:39:26:23 - 01:39:47:21

Speaker 1

I thank you very much for coming. And something else I want to share with you is one of my favorite things at home that helps me get through the day and the week and the month. And this is something that I have noticed to my mirrors. So every morning when I go brush my teeth, I see and I read it.

01:39:47:24 - 01:40:16:16

Speaker 1

And it's just a simple little message by an unknown individual. But the message reads, Those who achieve success are those who take the dream and make it come true. Okay? And I thought I saw that with you. You can share those things with me and. Okay, let's start off with the importance of grace. Why are Grace so important?

01:40:16:19 - 01:40:43:13

Speaker 1

Unfortunately, that is the fact. And can any of you share with me some ideas as to why Grace are so important? And I'm sure you guys have heard that over and over again. So I'm going to try not to make it too repetitive, but yeah, you are tempted to get in what are universal? Okay, definitely. It's a matter of fact, that's my number one point transferring to a university.

01:40:43:15 - 01:41:09:05

Speaker 1

When you fill out that application, one of the main things on there is going to be what's your GPA, what classes did you take and what were your grades? And that was definitely my experience when getting into college, when applying for scholarships, when even after graduation, trying to get a job, they still ask me, What's your GPA? One of my interview questions was Why did you get a C in this class?

01:41:09:07 - 01:41:37:21

Speaker 1

And, you know, it's it's like, okay, yes, I did get a C, I found that it wasn't not everything is easy for me. It was an extreme learning experience. And, you know, I turned around immediately to the most positive thing on my transcript. So it worked good. It's a real example of thinking on your feet, you know? But yes, that's one one important reason, because it's very important when transfer to a university.

01:41:37:28 - 01:42:00:14

Speaker 1

And also another fact is that things are increasingly getting much more competitive. A lot more people are applying to transfer into universities. So you want to present the university with the absolute best package you can, and part of that are your grades. I encourage you, though, not to feel bad if you don't have straight A's because you don't need to have straight A's.

01:42:00:17 - 01:42:28:28

Speaker 1

You know, a well-rounded individual is not somebody you know, a well-rounded individual is someone who is extremely motivated and who does not believe that they cannot succeed. You know, to me, someone who's active, someone who's got desire and grades are just something that are also taken into account. But don't don't give up, don't feel bad. You have that 4.0 to strive for that.

01:42:29:01 - 01:42:56:18

Speaker 1

Another important reason is that employers want to know your GPA when you go and you know, have any of you had an experience where they ask you for your GPA when you're preparing to do something or like for a job now that you have it? Okay. Well, that that will happen. And, you know, once again, be prepared to talk to them about about your GPA.

01:42:56:18 - 01:43:21:25

Speaker 1

And I know for a fact I didn't have a 4.0 and my grades were not all that bad, but they weren't the top either. But then I had to prepare myself to talk about why, you know, maybe I was working, you know, maybe something came up that semester and I got sick or, whatever. But it tends to be a little harder to explain why you didn't get a name than it is to explain why you got a name.

01:43:21:28 - 01:44:01:23

Speaker 1

So let's keep that in mind. The other point is, for scholarship reasons, we need that money, obviously. And because the competition is so intense, we want to have the best application out there. And grades also reflect your level of commitment to a certain think do to get an A. It's not very easy and I'm sure

you guys, you guys already know that when somebody has an idea, well that says a whole lot and it's kind of difficult when talking about the subject because I want to emphasize how important it is to get very good grades.

01:44:01:23 - 01:44:30:06

Speaker 1

But at the same time, I want to emphasize that grades are not to discourage you from continuing. And I'm trying to find a balance. Do you know what I mean? Yeah Okay. The other reason is why not, you know, why not get really good grades as it is? There's already notion out there, and especially right now in the environment, it seems to be a little more amplified with all the political things going on.

01:44:30:11 - 01:44:47:22

Speaker 1

You know, affirmative action, all these things, it's like, well, sometimes I feel like people are looking at me at work and they look at me and say, Well, we know you're here because you're the only Latino on this program that you're on. And, you know, we needed to meet a quota and we need to have somebody there.

01:44:47:24 - 01:45:10:13

Speaker 1

Sometimes I feel that way and I'm I don't know if I'm the only one in this room who's ever had that kind of experience. And we want to show them that, look, I'm here because this is where I should be. I worked way here. I prepared myself to be here. And this is my transcript. Do you have any more questions?

01:45:10:15 - 01:45:38:27

Speaker 1

You know, and that's that's why that's why it's also very important. Something else I want to to let you know before I sit down and turn it over to Avandia is don't compare yourself to anybody. When you're out there. Focus on your goal. You will always be surrounded by people who, because of different experiences that they've had, might be a little beyond you or a little below you.

01:45:38:27 - 01:46:01:24

Speaker 1

But that's not why you're there. You're there to on you. And things are different for every one of us because we've all had different experiences. And so I try not to focus. I'm going to be excellent, excellent presentations. And I also learned a lot and that's about it. That's all I have to share with you and I will be available for for question.

01:46:01:26 - 01:46:42:03

Speaker 1

Okay. Thank you. Came here. I've been running around crazy all week trying to finish my master's program looking to an hours weekend interview for John. I'm not so. So I have all my notes in this session. You can have your sense of the study and then a pillar of academic research intentionally center. And that's the nature of community college.

01:46:42:10 - 01:47:04:11

Speaker 1

And I had this experience when I was there for three years. That is a commuter campus. You don't get to live and you don't experience the residential component of the university. And there's a little bit more difficult to get to know you professionally. And also because of that, because you are here for two years and mostly emphasizing on vocational training and better research.

01:47:04:18 - 01:47:30:12

Speaker 1

So when you go to college and the tuition is very drastically different and you really have to get to a decision college quickly and a college of higher learning, especially for four years. And also the plan and I encourage you to consider applying to graduate school, which is very different from an advisor and has its own merit. And it's also very interesting.

01:47:30:15 - 01:47:59:02

Speaker 1

So I will let you make some pointers here as speculation measures. I think that what makes a class interesting, the teaching style or better, not necessarily the format or the material of the course. And so a good way to learn about a particular is to talk to students of dating courses and their professors and also researching the profession himself.

01:47:59:04 - 01:48:24:27

Speaker 1

So trying to maybe drop into a class is a matter for the course to sit in, and if you have the time and place, you would need his or her teaching style in life. And I think that sometimes people consider that occasionally a professor is kind of selfish when the only reason why the home is for them to write you Bachelor Nation.

01:48:24:29 - 01:48:55:23

Speaker 1

But that doesn't give you why. But at the same time, I think it's important because you learn so much from their experience and sometimes you find out that they had a chemistry and background that you did and you know the romance for you to know that you can reach that point at a major time in the future. And during my stay in community college, I had professors.

01:48:55:23 - 01:49:25:03

Speaker 1

But because of what I said earlier, I would just go with new graduates. For me, it was kind of difficult, but I had to make an extra because my counselor was very instrumental in telling me that that's the way to get to the university. Would do exactly no good. You know, you have to have the capacity to be able to relate to the academia, to your relationship professors.

01:49:25:06 - 01:49:59:18

Speaker 1

And so I'm figuring, okay, I mean, yeah, he entered the administration, I'm sorry to hear, but I had my manager dissolve and it was obvious I was amazing and has been at Stanford. And there's a reason why. And that's because there wasn't much of a chance to make the right decision on the college and acting. And I was very lucky when I transferred that I had 39 junior and there was only one Chicano Latino faculty in my department and he was a visiting professor.

01:49:59:18 - 01:50:24:10

Speaker 1

So he was only on the be for two years. And so coming in as attractive to me and having no research background, I didn't know what that is and so important. My transfer counselor suggested that I began researching right away. And so she told me to meet with professors and luckily I named him and I was very interested in this region.

01:50:24:10 - 01:50:57:17

Speaker 1

Secondary schools was gangs and violence and gang community and also social problems, psychology and that community. And out of that experience we both coauthored an article and it was published in the also Technology Review. And from there you have the opportunity many people call you to discuss. You are equally strong and so I think it's important for the things to be very visible even at the national level.

01:50:57:19 - 01:51:30:23

Speaker 1

So that's it for today. Someone with APD Association of ten, that's called Control Division. Okay, I need you to obtain professional opportunity. You get to attend the national conferences and I think you can return with a candidate and you do this to me. And the reason that I think it's important to lecture most professors and one good way is to go visit a particular school they are interested in applying to.

01:51:30:26 - 01:51:53:17

Speaker 1

And unfortunately I was walking in to the community college this morning. I noticed that there's plans out there that instead of a moment in the past year that we're here to take students to the different colleges and universities around the Bay Area, and that that wasn't one of them. And I'm very disappointed, given that it is only 20 minutes morning.

01:51:53:20 - 01:52:30:01

Speaker 1

But they do take the meeting, which They know that's something I want to change and I want to be an administrator of higher education. And that would be one of the thing that I would change right away. And again, and that important thing is to use professor's office hours, please, from the Internet. Maybe I had an opportunity to do a sophomore statement one quarter ago, and I developed the questionnaire and the impressions of what it means they some courses and one of them was a very, very intimidating post.

01:52:30:01 - 01:52:57:09

Speaker 1

These were investors and their office hours and the director and the recommendations sorry, the director, the undergraduate advising eventually he's not being able to take those well and he said that the reason for that is that Latinos are not taught or yeah, we're not taught to go speak out on some things and they go and here I'm paying 25,000 a year.

01:52:57:11 - 01:53:21:02

Speaker 1

You I should be getting these services. He said that white students they're so dependent on professors there's a office, there's 25 students and 95% of them are white students. But we're all on the feel of this. You know, we're it's not in our majors. We're not taught to do things. And we should the mandate should be to remain on that 94.

01:53:21:02 - 01:53:50:22

Speaker 1

We should be incentives available to us. And so if you want to succeed in your classes, I invite them to use their office hours and just look at them as if they know what Don't don't think that they're all good. God or God is good. They should be there to be teaching and related services. And also, I think in terms of getting better, you should also occasionally your counselor.

01:53:50:24 - 01:54:27:03

Speaker 1

As I said before, my counselor was very helpful. I like to share this with you. I think it was two nights before I was going to transfer to a 40 university. I had only applied to the Santa Clara University in San Francisco and all three state colleges, and they were thank you both. Eight and two months before the transfer deadline for Stanford, my counselor from the engineer office, and she said, Would you consider applying Stanford And immediately, No, really.

01:54:27:05 - 01:55:07:13

Speaker 1

And I hadn't even in my genes, never mind that. And she said, Well, I just thought you were doing a graduate student admission. You got she got to made three months earlier. And he said commitment is to increase a moment. And she goes and I feel that backward. And so she the only thing is that you still haven't taken your equity video when you get to any community college and the last day to take it is when you get the final and so how did you train for finals and I only had one week to prepare for it you know that I'm really scared the she person to apply.

01:55:07:15 - 01:55:30:04

Speaker 1

And I said, well, I've been considering that for about a year. The reason why I got motivated, which I learned that you there was a fee waiver application, I had to pay for it and financially I'm going to pay for it. So I think the only thing that I can make is my training, which is 3 hours to take the ten and about a week to study.

01:55:30:07 - 01:55:57:11

Speaker 1

And so I did. I applied and a guy that is a great friend because I have to communicate with my professors having not done that and I would have would read letters from a combination. So even though I felt they felt selfish, you know, important. And so I think it was made to allow me transcend the station around the time when chapter two of my knowledge by the letter that had been factored.

01:55:57:12 - 01:56:30:24

Speaker 1

And and so the rest is history that I really want to encourage you to always reach for the high school. You have to be intimidated by me. Stanford, home, Princeton, even. We are in college. And if you want to talk to me about my experience and I factored in that possibility in college, I have I didn't because hearing it is kind of I don't feel good about, you know, this group is not my style, but I have to get rid of them now.

01:56:30:24 - 01:57:02:05

Speaker 1

Do you good. It feels, you know, in a good way. And, you know, it's better for you to take this if you lose. I think that there's a chance of your losing the writing. I'm just a piece to paper, so give you this. And I'm always at the center and this is a fellowship I got. And I had an interest in a way, because when you apply in a master's program, most of them, I would say 95% of matches masters funded, they don't get you financially.

01:57:02:07 - 01:57:35:07

Speaker 1

So I would have to have paid \$20,000 and only 20,000 in grants. So I really am. I'm really happy that I'm on the ocean because it pays for the tuition and your health insurance and your associate student fee. And so I'm not far removed. I would been dead for forever. But it really is an opportunity because you get to to meet with administrators at the top.

01:57:35:10 - 01:57:56:09

Speaker 1

For example, the foreign and I got this and you should be having lunch with the president of the university and program. And so that's something that if not, you wouldn't have an opportunity to do. We actually have a scholarship work and unfortunately, there's all issues for this year, for next year, and we're looking for something next year and so hard.

01:57:56:12 - 01:58:35:04

Speaker 1

Well, student I don't know, because of the economy there, they don't want to take the graduate school right away. And I knew there's one student that I mean, he's, he's graduating a bachelor's this summer so I'm kind of in written form and very, very difficult to have anyone interested in applying to a master's program and the standard or you said and please let him know that there's there's internship available at the temple at Stanford.

01:58:35:07 - 01:59:00:20

Speaker 1

But unfortunately you have the working hours a week and that's a lot of time and working 40 hours a week. I hope that I can help you with that. And thankfully in this course, the toughest thing to do and hopefully we can do it, and I think I'll leave it at that. And I have a sample transfer application that you want to know.

01:59:00:23 - 01:59:28:02

Speaker 1

And so if you had any questions about the application for this year that you has, then it's over. But if you want to try to talk to me photocopying or there's issues around and sorry, I've been going on behind you, I didn't have anything out yet.

01:59:28:05 - 02:00:08:24

Speaker 1

Okay. Well, I'm going to read a one that I don't really want to invite you to come home to make your hand. We don't want any more. And of the freshmen, she looked at me. I was junior and I was very inspirational. But considering the lack of time, we can think of you to get on and so any pressure for anyone to go ahead come personal GPA.

02:00:08:27 - 02:00:36:18

Speaker 1

Sorry, I'm sorry. Whether you're depressed or whatever it was my you can call when you were transferring. I started at Santa Clara exactly four years ago. I didn't transfer the overall GPA equation and I had a really hard time in my freshman year out of my parents are super shaped and they want me to go to college and I had a hard time.

02:00:36:20 - 02:00:51:06

Speaker 1

So I struggled with that and I had to work. And it brings back.

02:00:51:08 - 02:00:55:20

Unknown

I can do.

02:00:55:23 - 02:01:34:01

Speaker 1

Things that I don't remember, but you have it just goes to show that when we sit here and we're done with our our degree, it sounds like a real glamorous thing. You know, you hear about her biography, you're like, wow. But we've been there. We're still there. You know, it's not that glamorous. And if we did something, you and my GPA, because I also went to Berkeley straight from high school.

02:01:34:06 - 02:01:54:09

Speaker 1

I was 17 when I went home from jail. I know that that's down from your school years and heard a feeling of the sunshine of the great white working community and it was something extremely difficult for me.

You know, I tell my parents and going to Berkeley, they're like, Why don't you just go to Bakersfield? You know, even to this day?

02:01:54:09 - 02:02:20:16

Speaker 1

I go back sometimes I go back to doing and I'm like, Yeah, you want to finish your Brooklyn mom? Berkeley? yeah. You know, I wanted to visit, you know, a couple times at Berkeley. Forget it. I should have taken it on the Telegraph and it made you really to read to that experience. Okay, Back to the GPA question.