

While the earth is not shaking at this moment, it will most assuredly happen again. Whether it be a relatively small quake, like we just experienced, or “the Big One” that scientists say is just waiting for us, we really do need to be prepared. That preparation not only begins at home, but also reminds us to assist our neighbors who may not be mobile or, for that matter, be able to look after themselves. We are a tight-knit community, but such an emergency will significantly test us. Based on my observations of our neighbors, we most certainly will meet the challenge.

I would like to ask all of you residents to consider ILV as a vehicle to express yourself when you see a neighborly action or are the recipient of kindness from someone in the Village. I encourage you to write a letter to the Editor to express your appreciation to the individual or individuals for their kind deeds. I think we should let the community know when goodness happens. By the way, no negative attacks, please; remember, “public praise, private criticism.”

— Tim Palmer

As Fire Season Approaches Remember PSPS

■ SoCal Edison adds new fire protection

With memories of the wildfires last year that threatened, but thankfully, were turned away

from Leisure Village, residents should prepare for the potential dangers of the 2019 fire season. Emergency supply kits should be updated (particularly water bottles, fresh batteries and necessary medications), and contain food for several days, charging devices for phones readied, and a review of how to open the garage door manually. Plus, a new aspect of fire protection has been added; it's called PSPS.

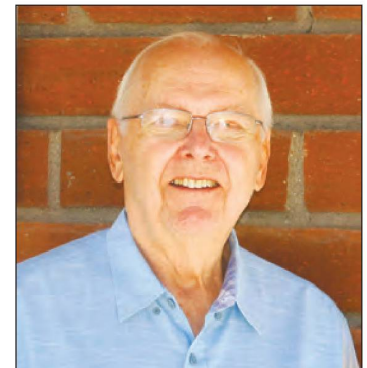
PSPS stands for Public Safety

PUBLIC SAFETY POWER SHUTOFF

Power Shut-off. It's the title of Southern California Edison's option to shut off all power to areas deemed to be at high risk for wildfires in dangerous weather conditions. By this proactive plan, SCE customers will be notified as much as two days ahead of a shutoff that they may be “potentially affected” by a wildfire. The second warning will be sent one day ahead to those deemed in areas of “imminent extreme fire conditions.” The third notice will announce the total power shutdown.

Villagers can sign up for PSPS

Please See Page 6



Dick Guttman Fills Board Vacancy

The Board of Directors selected Dick Guttman to fill the Board seat vacated by the resignation of Bob Riveles. The Board voted on three residents who volunteered to fill the vacancy, but the first ballot resulted in a tie. Following a second tie vote, it was decided by the Board and the volunteers that a coin toss would determine the selectee, Dick Guttman.

Lin Grant – Her Good Works are Easy to Locate

By Patty Ecker

As a chemistry major in college, Lin Grant set a path for her life. “In chemistry, you are self-directed: if the experiment works, good; if it does not, then you fix it,” she explains. She smiles. “I guess I'm still doing that.” Her laboratory is now an array of service inside and outside Leisure Village. Her motives remain the same. “I like to focus on making things better,” she adds.

“I've always been other-directed. Growing up poor in Appalachia, we looked for ways to better our lives and others,” Lin explains, as she remembers sorting donated clothes at a thrift shop or bringing a water wagon to school. It was assumed she'd become a teacher or nurse.



Photo by BUD BRADLEY

Villager Lin Grant's busy schedule is just the way she likes it.

But when a teacher urged her to go to college and study chemistry, she did. Lin earned a BS, later a Masters, and proved that her teacher was right. When she retired from a career in clinical chemistry, she had two US patents, one European Union patent, and successfully led a department with a \$13 million budget and 104 employees.

Lin didn't spend much time retiring after she moved to the Village in 2008. “I wanted to help any way I could,” she recalls. “I live in one of the best communities in Southern California, and I love building on that.” She was elected to LV's Board of Directors four times, serving as its President for four years. During that time, the

Please See Page 9

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Here are some important Village phone numbers and email addresses.

The Main Gate: 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

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ABOUT INSIDE LEISURE VILLAGE

Editor: Tim Palmer

Staff: Patty Ecker, Larry Swartz, Patrick Moore,

Photos: Bud Bradley, Art Akkerman

Classified Ads: Barbara Crome

Contributors: Joseph Benti, Jerry Sortomme, Janey Rifkin

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

September Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the September 2019 issue is Friday, August 16 at 5:00 p.m. The Display Advertising deadline is Monday, August 26 at noon. Publication is scheduled for Friday, September 6, 2019. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.

BRIEFS

Councilman Briefing

City Councilman Tony Trembley will begin a monthly get-together in the Village on Tuesday, August 27 at 4:00 p.m. in the Garden Room

Camarillo Area Transit (CAT)

The Fixed Route Service runs Monday through Friday, 8:00 a.m. – 4:30 p.m., making pick-ups and returns at a variety of stops in the Village. The service is free to Villagers for transit to nine locations in Camarillo. No service Saturdays and Sundays. A complete schedule is available in LV's Rec Office. Dial-A-Ride is by reservation only (made the day before) for a pick-up at home to anywhere in Camarillo and Somis for \$3 round-trip. For information, call 805-988-4228 or online at camarillotransit.com.

AARP Smart Driver Class

By Paul Herman

Leisure Village will be hosting a 8-hour Initial Class of the AARP Smart Driver Program on Wednesday & Friday and afternoons, August 21 & 23, from 12:30 p.m. to 4:30 p.m. in the MPR. Contact Paul Herman at 805-444-6420 for details.

New eMail Addresses for LV's Board Members

President: Beverly Vandermeulen

■ vanderbeverly133@gmail.com

Vice President: Bob Bueling

■ buelingbob306@gmail.com

Secretary: John Mayer

■ mayerjohn557@gmail.com

Treasurer: George Jones

■ jonesgeorge13013@gmail.com

Director at Large: Dick Guttman

■ guttmandick244@gmail.com

IN MEMORIAM

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Bill Byrnes, V. 17

Shirley Fox, V. 13

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To submit a memoriam call Loretta Reshes, 388-7116

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Photo by BUD BRADLEY

These Villagers remember it well. Do you?

The Woodstock Generation is Back!

Remember “Peace, Love and Rock ‘n Roll?” Can you hum “With a Little Help from My Friends?” Or hear Joe Cocker singing it? Then you are ready for the “50th Anniversary Woodstock Reunion,” an evening of music and memories presented by LV’s Players Guild on August 15, exactly fifty years to the day that the iconic music festival began in Bethel, New York.

“A lot of us here remember it well,” says co-producer Marlynn Block, “So we dug out our peace signs, love beads, and Jefferson Airplane albums for a trip – no, not that kind – back to what was a singular event in American pop culture.” Woodstock, as remembered by the Players Guild, will feature music, dancing, instrumentals and comedy presented with an abundance of tie-dye-clothed flower children who now live in the Village.

“We can’t recreate Woodstock. But we can recall the great feelings of unity, love, and music created there,” explains Villager Nancy Hullihan, co-creator of the Players Guild event. For three days in August, 1969, nearly a half-million people gathered on Max Yasgur’s farm to listen, groove and dance to Crosby, Stills, Nash & Young, Janis Joplin, Jimi Hendrix, and Joan Baez, to name only a few of the performers. “We have a real fondness for Woodstock memories,” Nancy adds. “And some of us still have the hippie clothes to prove it.”

LV’s “50th Anniversary Woodstock Reunion” will not last three days. It will be happening on Thursday, August 15 at 7:30 p.m. in the AR. Tie-dyed clothes, love beads and headbands are welcome, but not required.

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04LV05I

When Your Medications Can Harm You

By Janey Rifkin

Whether it's an over-the-counter pain reliever or a prescription statin, you cannot be expected to know everything about the medications you take, but here is one thing you need to know about all of them - drugs have a troubling downside in common: the risk of side effects.

Side effects are the expected (and usually unwanted) reactions you hear rattled off in TV drug ads: constipation, diarrhea, dizziness, dry mouth, drowsiness, nausea, upset stomach, and more. They may not be serious, but these side effects may be especially problematic for older adults.

According to the Centers for Disease Control and Prevention, older adults are twice as likely as others to suffer an adverse drug event – serious enough to require a trip to the emergency room and seven times more likely than younger adults to be hospitalized as a result.



One likely reason: As you age, you're facing more ill-health conditions and taking more medications to treat them. "And the more meds you take, the greater the likelihood of multiple, often compounded side effects," says Dr. Michael Steinman, professor of medicine at the University of California, San Francisco. According to a study in JAMA Internal Medicine, 88% of adults age 62 to 85 take at least one prescription drug regularly. "And at the same time," Dr. Steinman adds, "Other age-related factors can play a role in how meds affect you."

With age, the body often gains more fat and holds less water than it once did – all of which can cause drugs to become more concentrated in the body. And medications can linger longer in your system, which can further increase the risk and severity of side effects. And, the key organs that are responsible for breaking down medications, mainly the liver and the kidneys, begin to function more slowly. As a result, those meds you are taking don't get excreted as quickly. Conversely, meds might not be effectively absorbed into the bloodstream, which could reduce a drug's effectiveness.

Certain medications which stick around longer in your system are particularly dangerous. Example: all sedative drugs used to treat insomnia. They are especially risky because we older adults are more sensitive to the sedating effects, which can increase the risk for falls and other accidents.

PSPS —From Page 1

notifications at SCE.com by registering an email address, text number, or a phone number for a voice message. Alerts will come from Southern California Edison to those registered, as well as from social media, and local community responders like police officers.

The possibility of a Power Shutoff could be particularly concerning to those who use medical equipment that requires electricity. SCE representative Susan Cox advises that those residents can register on SCE's Medical Baseline or go to www.energystar.gov/products. "These provide helpful information about uninterruptible power supplies for these crucial devices," she says. A complete description of PSPS can be found on Southern California Edison's website, SCE.com.

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Online Safety for Seniors

Not Everyone is Your Friend on Facebook

By Louis Lapidès

Dale Carnegie's best-selling book, "How To Win Friends and Influence People," is due for a revision in this new age of Facebook. Though we may acquire many acquaintances on Facebook, we can also attract the wrong types of followers.

In addition, our attempts to impact others by sharing our political or religious viewpoints may blow up in our face. Instead of adding new Facebook buddies, we might experience the embarrassment of being "unfriended." So much for winning new friends and influencing people!

Accepting a new chum on Facebook takes careful investigation. In Mark Zuckerberg's social media world, one has to be on the lookout for questionable individuals who want to friend you for less than honorable reasons. A stalker or a scam artist can disguise themselves as an innocent Facebook follower who wants to step onto your Facebook platform. Yet what they really want is to creep behind the curtain of your personal life. But why? Perhaps a shady user wants to discover where you live, snatch your private family photos, trace your daily whereabouts, follow your vacation plans or use your controversial posts to mar your reputation.

Who would want to become your cyber crony to do you harm or check you out? Perhaps debt collectors, ex-spouses, con artists, private investigators or lawyers. Then there are enemies who are jealous of you and are up to no good.



Internet security professionals recommend Facebook users collect a small amount of friends. To be wise, we should choose quality over quantity. Occasionally, I peruse my friends list and end up wondering who some of these people are that I let into my online world. Lurking among these ambiguous companions may be an individual I don't want accessing my private data.

One rule of thumb I use when considering friends is that I will check out this person's profile. If I observe they only have one or two friends, no posts and only a cover and profile photo, my cyber-security radar mechanism sets off an alarm. I refuse to confirm their friendship request, since it appears all they are after is my list of friends to send them targeted ads or set into motion some nefarious scheme. However, if I discover these potential Facebook mates share several mutual friends with me, I will unlatch the gate and welcome them.

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04LV061

Conflict Resolution Training for Volunteers

■ The Conflict Resolution Institute (CRI) provides training to volunteers for mediation services

Established in 1990, the Conflict Resolution Institute (aka Ventura Center for Dispute Settlement) provides conflict resolution training, education and mediation services to the community of Ventura County. The training teaches participants how to more effectively resolve conflicts in their personal and professional lives, become better negotiators, serve as mediators, and volunteer in the small claims court. In the past two years, over 100 members of the community have been equipped with the tools to peacefully resolve their conflicts and help others do the same.

Operating under the direct supervision of the Dept. of Consumer Affairs, CRI staffs the Ventura County small claims courts in Ventura and Simi Valley with trained volunteer mediators every week. Litigants may choose to mediate with volunteers free of charge instead of having their case heard by the judge. The efforts of small claims volunteers relieve the court of approximately 500 cases each year.

Join the September 6, 7, 13 and 14 four-day Communication, Negotiation and Mediation training. Alternatively, select September 6 and 7 for one and one-half day Communication and Negotiation training. The four-day training qualifies for Continuing Education Units through the Dept. of Real Estate, CA Assoc of Marriage & Family Therapists and CA Bureau of Real Estate Appraisers. To learn more or to register, please visit us at ConflictResolutionVC.org or call (805) 384-1313.

Lin Grant —From Page 1

new Fitness Center was built, the Rec Center bathrooms and pool deck were remodeled — among other important projects. “Like many of us, my house is my legacy. It’s important that we protect the value of the Village.”

Her next project became the Women’s Club. Some members lobbied Lin to become President, she recalls with a laugh, “They made me an offer I couldn’t refuse. So I said I’d try it.” The club focus — like Lin’s — has become other-directed. She instituted “Change for Change,” in which members donate coins they bring to each meeting to Food Share. In the first half of 2019, they raised

more money than was donated all last year. And the Club now collects plastic toiletries from hotel rooms to be given to Casa Pacifica.

Lin also shares her time outside the Village. She’s been a long-time volunteer at SoCal hospices, a natural move from her professional work to the personal connection with end-of-life patients and their families. And she is a trained member of the Camarillo Police Department’s Citizen Patrol, volunteers who assist deputies in the community.

Oh, there’s one more, Lin says, her favorite of all. “I’m Nana to my four-year-old granddaughter Shelby several days a week. And that always makes life better.”

Inside Leisure Village

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CLUB NEWS

LV BOWLING

Alan Singer

Well, hello current and future Leisure Village Bowlers. I hope you are having a great summer. Thank you for reading my article. Next season, I hope we can get more bowlers and retain the folks we have. If you think you might be interested in bowling

and I may answer any questions, give me a call: Alan Singer 818-292-4439. If you haven't bowled with the league and think you might be interested, we will be practicing on Monday, Wednesday, and Friday at 9:30 a.m. at Harleys Camarillo Bowl, all summer. Join us any time.

SIGNUPS FOR THE NEXT LEAGUE ARE August 6 at 11:00 a.m. in the Lanai Room. You are welcome to join us. Why should you join the Bowling Club? I asked a fairly new member, Gene Kinsey, why he joined the league. He said "To have fun and meet people. I've done both." So, join Gene and have some fun and you will meet new people. OF NOTE: The averages of all the bowlers went from 94 to 174. Bob McQuivey had the highest average at 174.

BILLIARDS CLUB

By Patrick Price

After two successful Billiards Club tournaments in July, plus a Membership/Awards meeting, the Billiards Club will remain quiet for August. The top three for the B/Beginners tournament in early July were Shelia Bunch - first, Debbie Dolan came in second and Marg Petersen was third. A big thanks goes to Gary Bunch for teaching all these new players, and thanks to all who participated. See, you did get better.

Winners (other than everyone who participated) of the Super A/A tournament later in the month will be announced next month. Join us at 6:00 p.m. every Thursday evening for the Billiards round-robins, which are open to all level of players. An LCR game is sometimes going on in the Lanai room. Future club members are welcome to come by

to participate in either. More skilled players are always glad to give advice on what shot to take and how to make it. You'll get better as you play. Also, the fire-pit is occasionally being lit.

RACQUET CLUB

By Carolee Jones

There is never a dull moment for the Racquet Club. Join us any morning for tennis, paddle ball or pickle ball. Check the bulletin board for times of your favorite game.

The summer "Po Po" is the 3rd Friday of every month. The next one scheduled is August 16. Bring your favorite snack to share and join us on the courts around 5:00 p.m. We hope to see you all there. The pickle ball classes are going strong. Check the board for more information. There is also a sign up for paddle tennis lessons. Something for all!!!

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CLUB NEWS

GRAPES R US

By Patrick Moore

GRAPES-R-US August wine tasting session is preempted, this month only, for a special Wine Club pizza party planned for Friday, August 16, in the Leisure Village Picnic Area, located adjacent to the Clubhouse and Golf Course. The next regular GRU taster's night is set for Friday, September 20. In the spirit of keeping our vino-tongues in tune, however, a variety of box wines are planned for the pizza party, and a boisterous tasting of those high-toned varieties is planned. Member fee for the party is \$15 and the festivities begin at 6:00 p.m. Annual membership in Grapes-R-U's is \$5. Pizza party goers are asked to NOT bring wine glasses; plastic cups will be provided. RSVP your desire to attend at grapesruslvwineclub@gmail.com by noon Thursday, August 18. Sorry; no reservation, no admittance. Remember to pack along your own water bottle and membership card. For information, contact Janis Kajita at 805-910-9526.

DUPLICATE BRIDGE

By Betty Ericsson

The duplicate bridge club meets Monday and Wednesday evenings at 6:30 p.m. Join us anytime - new players are always welcome.

For Monday evenings, contact Betty Ericsson at 760 779-8782. For Wednesday evenings, contact Betty Rasmussen at 805-807-8829.

THE MAVERICKS

By Margo Secia

The month of August brings us to the 50th year anniversary of "Woodstock". The Club is having a "Festival Celebrating the Music of Woodstock" on Friday, August 23, from 7:00 to 10:00 p.m. in the picnic area. We are having "FamDamly" playing the songs from Woodstock for your listening and dancing plea-

sure. Beer, wine, water and snacks will be provided by the Club but, as always, you may BYOB. Tickets for the evening will be \$10 per-person. You may purchase tickets by calling Geri DeSimone at 805-402-1465. NO TICKETS WILL BE SOLD AT THE PICNIC AREA.

So, bring a blanket or lawn chair (there will be some tables and chairs in the picnic area) and enjoy the

night with music we all remember and maybe even wear your outfits you wore 50 years ago!

If you haven't paid your dues for this year yet, Geri DeSimone may sign you up to be a member. Membership is \$5. If you have any questions or comments, please free to contact President John Wirtz at 805-384-8508 or Treasurer Geri DeSimone at her number shown above.



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CLUB NEWS

VETERANS CLUB

By Lou Cappadona

"WE WILL SEE YOU AGAIN IN SEPTEMBER"

The Veterans Club will be dark during August. All LV residents are encouraged to view the new bronze plaque in front of the Recreation Center. Ed Vasquez, our Past President, Emeritus, wrote the "Consecrated Colors" salute enshrined on the new Plaque. Thanks to you, Ed.

LV MUSIC CLUB

By Harvey Brosler

LV MUSIC CLUB PRESENTS "THE NIGHT BLOOMING JAZZMEN" - SUNDAY AUGUST 11. The ever popular "Night Blooming Jazz Band" will return to the Village in the AR on Sunday, August 11 between 2:00 p.m. to 4:00 p.m. The Jazzmen is a Dixieland band that has played thousands of concerts in the United States and overseas. Tickets are \$10 per person for residents and their guests and will be sold in the Rec. Center Lobby from 9-11 a.m. Mon-Thurs August 5-8, at Club activities, and prior to the event, if available. Refreshments include coffee and cookies. Contact: Sharon Hames 805-445-7178.

LV MUSIC CLUB MOVIE NIGHT: Hollywood films are shown in the AR on the first and third Monday from 7:00 p.m. to approximately

9:00 p.m. On August 5, the movie will be "The Philadelphia Story."

On August 19, the movie will be "Walk the Line," about the rise of country music legend Johnny Cash (Joaquin Phoenix). Complimentary popcorn provided by the LV Music Club. Contact: Marci Lapair 805-399-0843.

LV MUSIC CLUB FANTASTIC FRIDAY "OPEN MIC" NIGHT: "Open Mic" night is scheduled in the AR from 7:00 p.m. to approximately 9:00 p.m. on the first Friday, August 2. Admission is free to residents and their guests. Complimentary refreshments including wine are provided by the LV Music Club. Contact: Dick Guttman 805-484-5806.

'GROOVIN EASY' SWING BAND: A rehearsal by the 17 piece band is scheduled for Tuesday evening, August 6, 13, 20 and 27 between 7:00 and 9:00 p.m. in the AR. Complimentary refreshments provided by the LV Music Club during the break at 8:00 p.m. Admission is FREE to residents and their guests. Contact: Sharon Hames: 805-445-7178.

CLUB MEMBERSHIP IS \$5 FOR THE REMAINING OF CALENDAR YEAR 2019. Contact: Sharon Hames at 805-445-7178 or Marci Lapair at 818-399-0843. Memberships may be paid at Club events.

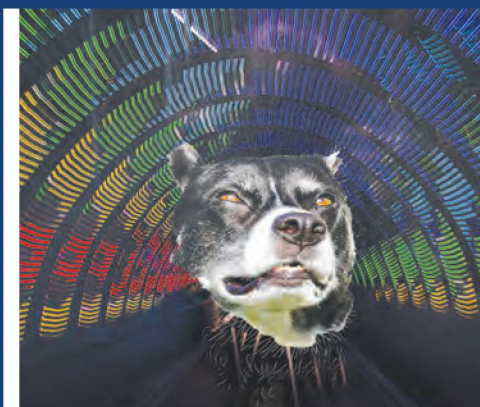
PLAYER'S GUILD

By Stan Reshes

Brush off those old clothes, beads and headbands from those psychedelic hippie days as you are transported back fifty years ago to a farm in Woodstock, for a historic festival unlike anything ever seen before. Players Guild is reliving that incredible period with their presentation of "The 50th Anniversary Woodstock Reunion." You will be encouraged to sing along, dance, and just let yourself go (no drugs or nudity, please!) Thursday, August 15, 7:30 p.m. in the AR.

As always, refreshments follow the show.

PHOTO CLUB WINNERS CREATIVE CATEGORY



■ 1st— Frank DeSimone | Leer if you Dare

CLUB NEWS

COUNTRY WESTERN DANCE

By Merle Ruiz

Thank my lucky stars, August 30 is a 5th Friday. Ahh - another wonderful evening of country line dancing, two-stepping, west coasting swingin!! Come give us a try. A mere \$5 - tell me, is there a better deal? DJ Jammin' Country always gets the perfect mix. We start at 7:30 p.m. in the AR. Coffee, tea, lemonade and maybe a treat. 50/50 of course. Questions: Merle 805-444-5225.

PET CLUB

By Jubli Newkirk

Come join us for our Pet Health Expo on Monday, August 12 at 6:00 p.m. in the Pavilion. FREE rabies vaccinations, micro-chipping and dog licensing (with valid rabies certificate) provided by Ventura

County Animal Services. Also, free nail clipping, pet food samples and more, provided by local businesses. There will be an amazing raffle for great prizes with the proceeds going to support animal related causes, and you do not need to be present to win.

WORKSHOP FOR WRITERS

By Frank Seiden

We can't help thinking of our summers as children. Family trips, sleep-away camp, hanging out with friends in the neighborhood and trying to keep cool. These are stories our grandchildren would like to read to learn about a world in years gone by. It will make good reading at our meetings in August on Wednesdays, the 14th and 28th at 2:00 p.m. in the Lanai Room. Come as a visitor with something to read or just to listen to readings, discussion, and humorous banter.



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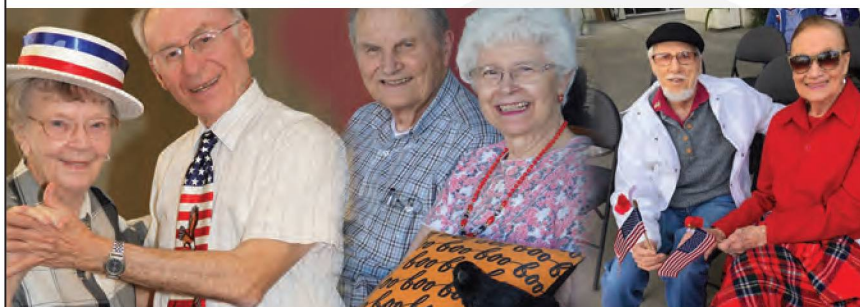
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CLUB NEWS



Photo by JOSEPH BENTI
 Newest MGA member, 92 year old
 Jerry Zerg

MEN'S GOLF

By Joseph Benti

President Paniagua wasted no time starting his first term. He reported bringing several issues to the attention of Landscape Superintendent Mike Udem, several were fixes members had noted need attention to improve the course. Among them: repair the water fountain on the 14th tee (finally); he learned several new fountains are being considered. Also, he requested that a porta-potty be permanently placed on Mountain View Drive between the 12th green and the 13th tee for weekend golfers; he recommended ball-washers and trash containers be placed at each hole and, the perennial hope that new and better quality sand be installed at a few often gravelly and sometimes mud-holed hazards. And a note to those who think they're too old to play. Catch up with our newest member, Jerry Zerg. Jerry appears to have achieved "lifetime par." A 92 year-old native Angelino and a long-time member of Braemar Country Club, Jerry played in our foursome. The only thing slowing him down was his cart; otherwise, he hit the ball squarely and straight, made a few pars, and retrieved his ball with ease (see picture). Jerry is a reminder that, in golf, the challenge is us, not the game. And, as a nonagenarian, Jerry's Club membership is free.

LV PHOTO CLUB

By Chuck Morrow

The LV Photo Club wishes to thank all the residents and friends

for their support of the "Summer Music and Art Fest" featuring Paul Schifanelli and his band. This event was successful due to the collective efforts of not only members of the Photo Club, but also volunteers throughout the Village. All possess various skills and/or talents, to include John Mayer, Susan Gillmar, Geri DeSimone, Bud and Gloria Bradley and the Village Arts Club for work in the Garden Room. Finally, a special thank you goes out to Art Akkerman for his vision to create the "Summer Music and Art Fest" as well as his coordination and hard work which promoted and ultimately ensured the success of this event.

The next meeting of the LV Photo Club will be held on Thursday, Sept 5 at 6:30 p.m. in the MPR. The theme for the September meeting is "Reflections." Each submission will be scored by a local professional photographer, and the winners of each category will be displayed in the MPR and hallway walls of the Recreation Building. For all the mobile device photographers, please be reminded that the Photo Club is beginning a new category, so you also may join the Photo Club to participate and have your winning photos displayed. Stay tuned.

SHOWTYME

By Jennifer Stein

SHOWTYME PRESENTS "FAB FRIDAY" with BILL A. JONES & FRIENDS. Bill takes you on a musical journey that shines the spotlight on "The Great Gentlemen of Song." Songwriters Rogers & Hart, George & Ira Gershwin, and several iconic singers, are illustrated in this show. Bill will be backed by his 5-piece band, comprised of some of Southern California's best musicians, known as, "The A Players." They bring back fond memories of Sinatra, Dean Martin, Sammy Davis Jr. and Bobby Darin.

It's all happening on Friday, August 9 at 7:00 p.m. - doors open at 6:15. Tickets are \$5 per-person. Any questions, please contact Jennifer at 805-204 8324.

CLUB NEWS



Photographer unknown
Edithe pointing to her 300 score

In the past, our "Alley Cats" Wii-Bowling team has participated in the SCAN tournament with other clubs in Ventura County. However, SCAN is no longer promoting this tournament.

Honorable mention: Edithe Walsh recently bowled a 300 game. In the Red, White, and Blue Wii-Bowling Tournament, Edithe again bowled a 300 game.

Winner of the Red, White and Blue Tournament was:

Team White 1	Scores
1 Barbara Bell	279
2 Matt Varav	189
3 Jerry Kochans	184
4 Ann Falk	161
Subtotal	813
Team Handicap	26
Total Pins	839

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hi to all villagers! The hot summers are upon us. The evenings in Camarillo are great, so get up and come on out to our air-conditioned Assembly Room. We have a great time dancing, listening to live music with professional musicians, or just socializing with friends. We have male hosts for the ladies and a professional dance instructor with a different lesson each dance. The \$10 admission includes the dance lessons at 6:30 p.m. and 7:30 starts our dance.

The refreshments are upscale with coffee, punch and fresh popcorn. A wine raffle and Trader Joe's gift card to the lucky winner, all included for your enjoyment. The schedule for August - 8/10 Dance Masters (Starry Night) with foxtrot lesson; 8/24 Tropic Starr (County Fair) and waltz lesson.

Please come and join the fun with a smile; the exercise is great for the mind, heart and feet. See you all there.

WII BOWLING

By Ginny Bryce

The Wii general meeting and potluck lunch was held Saturday, July 13. Honored were: Sylvia Edmonds who was thanked for her many activities for the club. Also honored was Sam Lak for his seven years of helping the club in many ways: decorating the room for each holiday, donating food, buying trophies for winners, and helping wherever he is needed.

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CLUB NEWS

LV RV CLUB

By Jean Tucker

Looking to join a group of active people, well the RV Club is just for you! We are a travel and social club. If you find yourself without an RV, that's OK with us. Many of our campgrounds offer cabins onsite and have hotels nearby. If travel isn't in your plans right now, but socializing

with a great group of people is, please join us at our monthly meetings. Be careful, the RV bug is contagious!

MEETINGS: 2nd Tuesday of each month in the Santa Rosa Room of the Annex Clubhouse @ 7:00 p.m. (unless shown otherwise below). Join for a \$5 yearly membership fee.

EVENTS: August 13; Club Meeting at 6:15 p.m. with pizza and pie for \$3 per person. RSVP to Brenda Sears at 559-970-8049; September 20 to

23 - Faria Beach Camp Out. October 5 - Annual Champagne Pancake Breakfast open to all Village residents and friends. October 17 to 21 - Pala Casino RV Resort Camp Out. Make your own reservation for RV spot or hotel room at 844-472-5278.

SINGLE ACTIVE SENIORS (SAS)

By Lee Edwards

I look forward to our next dinner on Tuesday, August 13 at 5:00 p.m. at Ottavio's. I hope you will join us. Please phone me at 805-484-3289 to confirm your reservation. Hope to see you in August.

WOMEN'S GOLF

By Patti Crichton

Highlights from our Awards Luncheon for 2018-2019 include: Club Championship 18'r - Linda Gaffney, 9'r - Patti Crichton; President's Cup 18'r - Ann Thomas, 9'r - Judi Kiskaden; Most Improved 18'r - Kathy Whitesell, 9'r - Mary Ann Ryan

We played our Summer Eclectic Tournament on July 17th and 24th. This is a game where you have the opportunity to better your score on each hole over two weeks of play. Please check the Golf Bulletin Board for results.

Women's Golf is hosting the mixed Tee Timers Tournament on Wednesday,

August 14. Tickets are \$10, including golf and lunch. Due to this event, our monthly meeting has been postponed until Wednesday, August 21 in the Garden Room at 2:00 p.m.

Regular Wednesday tournaments will be on August 7, 21 and 28 at 8:00 a.m.

The month of September will be our four week Ringer Tournament. Please sign up with Kerry Williams for \$5.

Think ahead to book now for October 18 Mixed Tournament in Solvang. Men's Golf member, John Hisler, has organized this fun event. Golf is \$66/pp. Overnight accommodations are recommended, at the Hadsted House. Arrive Wednesday, play Thursday, awards dinner Thursday evening, depart on Friday.

Congratulations to member Sharon Price who made a hole-in one!

WRITERS CLUB

By Harvey Brosler

WRITE-PRESENT-PARTICIPATE-ENJOY-LEARN. We all have significant events in our lives. A main purpose of the Club is to document and share good and bad memories of our lives, the lives of our family, and our opinions on different topics with other residents. The Club is unique in that you become self-aware and aware of what others think on the same subject. Come to the Writers Club meetings held every Monday at 1:00 p.m. in the MPR. You may write on any topic, fiction or nonfiction, or use the Suggested Topic for that day. For example, the Suggested Topic for August 19 is "If a Genie Granted Me One Wish, What Would It Be." The more you write, the better writer you become. Microphones are provided.

Residents who may consider becoming a member are invited to attend any of the meetings to listen to the presentations and participate. Stories of The Month are displayed just inside the entrance to the Village Library. Contacts: Larry Kalisher 805-465-0042, larry.kalisher@gmail.com, or Harvey Brosler 805-465-0006, hsbros@roadrunner.com.

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PHOTO CLUB WINNERS OPEN CATEGORY



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CLUB NEWS

WOMEN'S CLUB

By Pamela Almeida

WOMEN'S CLUB MONTHLY BOUTIQUE AUGUST 6 in the MPR. Stop by to see all our new goodies. There will be gifts, home décor, artisan created and handmade gifts for everyone in your family. PLUS – a new crop of gently worn jewelry has arrived and will be available for you to review and purchase. Don Marquardt L.V.'s favorite historian will be speaking about the Battle of Vicksburg at the monthly meeting on August 8 at 1:00 p.m. There is so much detail that you might feel as if you are on the battlefield! A WC member is quoted as saying; "Don Marquardt gives such a marvelous presentation. So much detail and so much information. We are looking forward to August 8!"

Did you know the LV Women's Club makes contributions to the Village and to many local charitable organizations? One method of raising funds is to sell jewelry that has been donated to the WC. If you don't know what to do with the mess in your jewelry box – consider donating some of your baubles to the LVWC. It's a great way to recycle some of your bling. For pick up or drop off, call Shearon Millar 805-603-2773.

Thank you L.V. residents for being so generous with your time, materials and your talents!

WOODSHOP

By Bud Bradley

This month's photo tells another story. One of our villagers was unhappy about the condition of her hose and water pipe cover, so the Woodshop troops rebuilt it to a custom, modern, easy to reach unit. The photos tell the story.

The Woodshop welcomes residents who are interested in joining our group of woodworkers. If you have interest and can demonstrate basic safety skills with equipment you wish to use, please



Left, Hose Cover
(before)

Right, Hose Cover
(after)

Photos by
BUD BRADLEY

call Ron Quick at 805-603-8456.

On Tuesdays and Wednesdays, between 10:00 a.m. and noon, you will find our Woodshop Committee members available to repair most wood items for Villagers. We gratefully accept donations to help defray the cost of normal materials and supplies.

The completed Jobs for June 2019 are as follows:

Resident Projects 25 YTD 159

LV/Club projects 5 YTD 41

Quickie projects 5 YTD 41

The Annex is set up with basic

power tools and continues to add and update equipment and supplies.

If you are a skilled craftsperson and can demonstrate those skills, you can gain access to more complex tools and equipment in the Main Wood Shop. The Table Router has been relocated to facilitate larger projects. Finally, a reminder to current key-holders – should you have completed a project that you would like to highlight, we will post a photo of it on the bulletin board outside the shop. Email your photo to Bud Bradley at Hipbud2@gmail.com, or bring a photo to the woodshop Tuesday or Wednesday a.m.



Photo by PATTI CRICHTON

Library display by Mary Baxter St. Clair

VILLAGE ARTS

By Patti Crichton

Our August 7 meeting is in the MPR at 1:00 p.m. Please bring a painting to include in our Village Arts 2020 calendars. President David Kiefer has sent some suggestions for a 2020 themed calendar, or you may bring a favorite piece for our miscellaneous calendar. Alice Williams will be photographing your artwork. To avoid glare, it is best to bring it unframed, no glass, but matte is OK.

We will also enjoy an ice cream social at our August meeting. Be prepared to sign up for how many A-Frames you will need for the September 4 Gazebo Art Walk. This is a casual walkabout in the Gazebo Garden to view Village Arts creations and partake of punch and cookies. Please invite your friends and family.

You will have the opportunity to enjoy more art at the Camarillo Art Center (3150 Ponderosa Dr.) on August weekends from 1:00 to 3:00 p.m. until August 18. This is an interesting exhibit of art teachers' and their students' work. Teachers Kathy Whitesell, Stephanie Fielden, and Nahzy Tabrizi will be displaying, and many of their student displays are Leisure Village residents.

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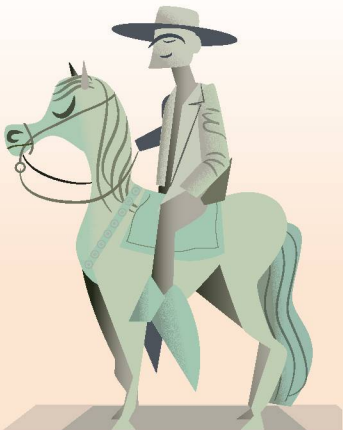
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