

INSIDE LEISURE VILLAGE

VOL. 44 NO. 10

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

OCTOBER 6, 2023

VILLAGER PROFILE

Carol Nelson – A Life Lived With Gusto

By Jon Niemann

Jan Bender moved to Leisure Village in 2020 from the San Fernando Valley. She had a close friend who she knew would really appreciate the life and experience of living the LV dream. Carol Nelson, a native of Australia came out to visit a few times and was smitten by the relaxed Camarillo life, cooler summers and the opportunities of Village activities.

Carol lived most of her life in Melbourne (she beamed when I pronounced it Mel-Bin) Australia. In adulthood she narrowed her career choice to pursuing a law degree or entering the education field. Education seemed more attuned to her outgoing and very social personality. Sharing her passion for the English language and helping to shape the minds of her fellow Aussies was her choice. Her B.A. degree at Melbourne University included English and French majors with Geography and Political Philosophy as sub majors.

After university she would teach High School level English to students through the State of

Victoria Public School System. Another branch of her career would be teaching Vocational English to the recruits in the Victoria Police Dept. One of the perks of a teaching career is the annual 6 weeks of vacation. Carol would save her money and utilize that time to indulge her passion for skiing. Trips to Europe and the Rockies in the U.S. destinations involved skiing. On one of these trips she had planned to meet her special American ski buddy in Keystone after visiting a friend in Chicago. Ski buddy got tied up with work and had to postpone the beginning of the Aspen adventure. Carol decided to proceed as planned.

Doug Nelson, a native Californian from the San Fernando Valley had also planned a ski trip to Keystone that week. Doug grew up in the Studio City neighborhood of the SF Valley. His father was a comedic actor best known for playing put-upon foils on radio and television shows including The Jack Benny Program and I Love Lucy. He was best known for his trademark exclamation of

“EEEEYYYYEESSSS”?! Doug was very interested in the technical aspects of television production and worked his way into the field of sound and audio production. He is the recipient of 5 Emmy Awards in his chosen field.

Aspen.. 1993... Carol loves skiing, Doug loves skiing. They are both there unencumbered by obligations. They meet, they really like each other. By 1993 after much chatting by phone and letters from California and Melbourne respectively, a trip was planned for South America. They would visit Machu Pichu, Iguazu Falls and, well, like turned into love. An awkward marriage proposal took place over the phone (Doug really wanted a more personal one) and by December of 1993 they were married in Melbourne with Carol's Australian family and friends joining the celebration.

In January of 1994 they flew to the U.S. and would eventually settle in Porter Ranch where Doug had been living during the courtship. They were headed for a skiing



Photo by JON

Carol at the gazebo sharing her story and love of the Village.

trip / honeymoon in Colorado. Doug had had a work related commitment and Carol continued to Aspen with friends. Doug would join them. However, on January 17th the catastrophic Northridge earthquake woke Doug. The house was a complete mess with toppled chimneys and cabinets unceremoniously emptied on the floors. It was still stable enough to occupy. Putting the house back in order post quake would take up a year of Carol's time in her new home.

—Please see **PAGE 11**

TECH AND THE VILLAGER

By Louis Lapidis

Stop Juggling Your Passwords

Part 1 of Series

Who doesn't enjoy an electrifying juggling act? As a kid, I enjoyed the juggler who tosses flaming torches above his head. I often winced, afraid this master of balance would grab the wrong end of the torch.

Juggling is not always entertaining. Handling multiple passwords can be a tricky balancing act. Not

even a trained seal could juggle our computer login passwords. As with any feat of skill that involves tossing items into the air, something is bound to drop.

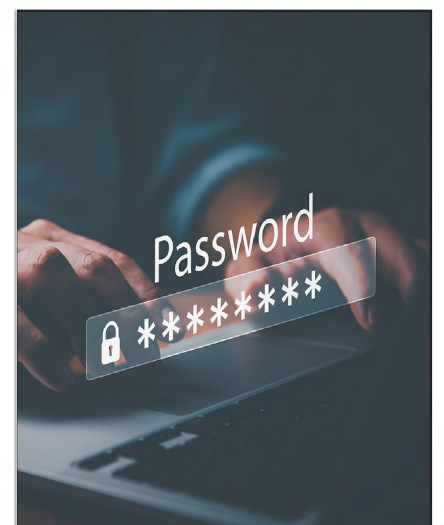
Online logins require an ID and password not to make our lives miserable but for our security. Still, we need help remembering our passwords. So what do we do?

We come up with easy-to-remember crypto passwords. When

we use easy passwords, hackers can scale the walls of our trusted digital fortification and breach our private information.

We opt for memorizing our passwords or scribbling them down on slips of paper we lose after a few months. When locked out of our AOL account, we frantically flip through scraps of notes hoping to find the correct code to unlock the

—Please see **PAGE 12**



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Myron Ross - Village 22
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Gwen Zimring - Village 23

In Memoriam entries, please submit name and village number of the person who has passed to: insidelveditor@gmail.com ATTN: In Memoriam

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November 2023 Edition Deadlines

Club News, articles and letters: Friday, October 15. September issue will be available Friday, November 3. Send news, articles & letters to insidelveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

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COMMUNITY NEWS By Dennis Doolittle

Village Trees – Of the 44 trees that were identified as being a serious threat to residences, 41 have been removed as of this writing. The remaining three trees will be removed by early October. The Tree Study performed by an arborist contained additional recommendations which will be the subject of future Board discussions.

Paint Project – The original whole house stucco and trim paint project is underway in Villages 6, 8 and 17. Village 6 is scheduled for completion by the end of September. Work is now in progress in Village 8.

The Board has approved the paint project to continue after this phase, Villages 7, 9, and 18 will be painted once Village 17 is complete.

There is a bit of confusion over the paint color selection process. Each homeowner should select four different stucco/trim paint preferences. Please talk with your roof mate(s) owners and come to a common decision on the stucco and the trim colors. Then submit your

Village color forms with your four choices in priority order.

LV Web Site – The August and September Issues of the Village Voice is now available online on the secure log-on portion of the web site. Coming soon, streaming options on Village video content. This will be on-demand video of LVTV content. The 50th Anniversary play "50 Years in Paradise" and the October 1st Celebration videos will soon be available on demand.

Roofing – The roofing contract from last fiscal year is now complete. A new roofing contract is out for competitive bid.

Streets – The pavement rehabilitation project was approved by the Board. The contract is for the resurfacing of Villages 8, 11 and 14, and for Leisure Village Drive from Village 40 to Santa Rosa Road (East Gate). Work is scheduled to start at the end of October and into early November.

Concrete – The Village maintains the concrete in the common areas,

driveways, sidewalks, gutters, etc. The Concrete updating and repair project is out for bid.

Swimming Pool Closure – The pool needs to have another resurfacing done on it. The pool is scheduled to be closed for two days, November 20 and 21.

Research and Advisory Committee (RAC) – The former Long Range Planning Committee is now a permanent Committee reporting to the Board with a new charter and a new name. The committee is responsible for:

1) identifying potential opportunities, risks, and threats facing the Village and

2) to research and make recommendations on issues, projects, and matters assigned by the LV Board of Directors.

3) Long range planning will continue to be part of the charter of this committee.

A Town Hall meeting on being wise energy users is in preparation. The scheduled date for the meeting is October 26th at 7pm.

Trash Barrel Implementation – Our agreement with Harrison is that the Village must stop using the in-ground vaults and convert to bins for household trash waste. Our trash pick-up days will soon be moved to Thursdays.

Welcome Reception for New Residents and LV Clubs

New Residents and representatives from LV Clubs are invited to the Welcome Committee's reception on Thursday, October 26 at 1:30 pm in the Assembly Room. The reception is a wonderful opportunity for new residents to meet representatives from many of our Clubs, the Board of Directors and Administrative staff. Please join us for this special event.

New Residents please RSVP and Clubs reserve a space (only one representative per Club).

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AROUND THE VILLAGE

12 Years of Wii Bowling

By Lois O'Connor

This month Leisure Village is celebrating 50 years. This is a good time to share Wii Bowling's twelve year history.

SCAN had an office in Ventura. They received a grant to establish Wii games for senior and disabled citizens. Wii games provide mild exercise and cognitive thinking. With the grant funds they introduced Wii Bowling to Senior Citizen Centers, Assisted Living establishments, Senior Apartments and Senior Citizen Communities. Paul Schifanelli, an LV resident, took the necessary steps to make sure Leisure Village was included. He completed the necessary paperwork and worked closely with the SCAN office.

Wii Bowling was introduced

to our community in 2011. To go a step further SCAN encouraged interaction among the Wii Bowling grant recipients. We hosted and traveled to competitive tournaments. Not only did we extend our LV friendships but we got to know people in our city and our county. The Camarillo Senior Center was the site of an annual Wii Bowling tournament. All of the Wii groups were invited to participate. SCAN sponsored the tournament, provided prizes and arranged a luncheon for the participants. Observers were able to participate in the luncheon after the bowlers were served. Due to COVID the annual tournament was canceled and has not resumed. SCAN no longer has an office in the area.

Since COVID we at LV have

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VILLAGE ENTERTAINMENT

Energetic Tony is Back

Showtyme Presents - Jennifer Stein

What Time Is It? It's Showtyme! For October, we feature Tony Odell Rogers. The countdown has begun to the end of 2023 and Showtyme is saving some of our favorite entertainers to wow us. September was celebrated with the Platters, October brings Tony to the winners circle with high energy, a crowd pleaser and an entertainer who has credits for vocalist and actor. He performed in the Lou Diamond Phillips HBO film "Dangerous Touch" where he sang the classic song "Little Bitty Pretty One."

Tony is a native of St. Petersburg, Florida, and has lived in Southern California for the last 28 years. After moving to California, Tony was the lead singer for several rock & roll bands. He also performed at the Orange County Pavilion Theater in Santa Ana in

a show called "50 years of Rock & Roll" that was produced by Bill Medley of the Righteous Brothers. Tony is definitely a go see for an evening of great music.

Come join the fun with family & friends on Friday, October 13th @ 7:30 pm. Doors open at 6:45pm in the AR. Raffle tickets for 50/50 will be available before the show. The drawing for 2 lucky members of the audience is at the end of the show. If you have membership there is no charge for admission. Non-membership is \$5.00 per person.

For any questions on the upcoming show or information about Showtyme, please contact Jennifer @ 805 383-1518.

Now That's Entertainment

Players Guild - Linda O'Neill

The Play's the Thing

This month the third Thursday is all about the work of (Marvin) Neil Simon, the much-honored

humorist and author of 30 plays and almost as many screenplays. Readers' Theater takes the stage on October 19 at 7:30 pm to present scenes from five of Simon's plays. Judie McAskill and Irv Bergman are the thespians selected to present "The Odd Couple." Lorena Pisaniello and Ruth Rosen lend their comic talent to this tale of four couples whose lives interact in a London hotel in many humorous ways. Julius Hirsch, Macey Zarit and Fil Barton take the stage for "Jake's Women" where we are introduced to a writer who has conversations with real and imagined lady friends in an effort to save his marriage. In Simon's first play "Come Blow Your Horn", we are first introduced to a younger brother who comes to live with the suave, hip Manhattanite, older brother he so admires. I'm interested to see what Carol Gold and Gina Connor do with their parts here. Finally, "Barefoot in the Park" where the story centers around a newly-wed couple in their fifth-floor, walk-up apartment. In this scene, Joe Feig, Bill Davis,

Mike Sternfeld, Roger Florio, Arlene Kochans, Lynn Kremer and Erica Sorell lead the shenanigans.

Hostess with the Mostest

September's show began with "Be Our Guest" and they hosted another hit performance. This was Helene Cohen's Acting Class's fifth year of dramatic/comedic performances and this year she included musical introductions. In our September article, we mentioned the entire cast so we need to note all the other Villagers who make our presentations possible: our stage manager, Helen Hartman with helpers Charlie and Myron; our lighting guy (who can also sing) Wayne King with an assist by his better half, Sue Lind (when she's not performing); our sound by LVTV's Mark Smith. Last year, we lost our long-time and beloved videographer, Ken Walker; LVTV's Jeff Perkins now films our work.

The big event after the show was the celebration of Players Guild President Joyce Belcher's big birthday. Cake was provided to the cast

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A WORD ON WINE

By Barbara Senior

Wine Pairing with Salmon

Baked in the oven, pan-fried, grilled or smoked—no matter how it's prepared, salmon is always delicious. Because this meaty, fatty fish is more robust than halibut or tilapia, salmon pairs well with a wider variety of wines. The key is to complement the preparation and seasoning of your fish.

The good news is that many different wines pair well with salmon, including many reds, whites, Rosé and even sparkling wine or Champagne. One general rule is that a richer fish like salmon goes better with full-bodied white wines.

Depending on the preparation—grilled, baked or smoked—and the seasonings and sauces, you can

select a white wine, a Rosé or a light-bodied, low-tannin red wine.

Sauvignon Blanc is a great wine to drink alongside salmon. It's great with baked salmon seasoned with lemon and tarragon or a simple herb-roasted salmon.



Another good white wine pairing is Gruner Veltliner, which has bright, citrusy acidity that goes well with herb-roasted salmon dishes. If you're serving your salmon with a cream sauce, opt for a richer white wine like a lightly oaked Chardonnay. Another wine pairing for salmon with a cream

sauce is a Marsanne-Roussanne blend from the Rhône.

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AROUND THE TOWN

The Camarillo White Horses

By Patricia Turner

"A stallion of a dream" was Adolfo Camarillo's first white horse. He fell in love with Sultan at the Sacramento State Fair in 1921 purchasing him for the princely sum of \$500.00. (Quite a fortune over 100 years ago.) With a pure Arabian father, Sultan would become the foundation stallion for a breed of horse known as the Camarillo White Horse. Adolfo paired Sultan with Morgan mares to produce his unique animals. White horses are usually albino but these horses have dark eyes and normal skin color. DNA testing completed in Kentucky shows a specific gene for the Camarillo White Horse. Highly intelligent as well as athletic and photogenic, the beautiful white horses soon became well known parade horses often featured in the Rose Parade.

Part of California history, they took part in the opening ceremonies for the 1932 Olympic Games in Los Angeles, the opening of the Oakland Bay Bridge and the 101 freeway through Camarillo. White Horses can still be seen every year in the Santa Barbara Fiesta Parade as they have since 1924 as well as the Camarillo Christmas Parade.

Adolfo Camarillo's annual birthday celebration is at the Camarillo Ranch House on Sunday, October 29th from 12-4pm. This free grand community event will feature 3 or 4 white horses as well as Mariachi music and cake. In the Ranch House one can see Adolfo's ornate jet-black shiny saddle with silver trimmings, his original parade outfit, and one of the bright red satin dresses worn by the women of the family in every parade.

The line of white horses begun



Courtesy Photo

Above, White Horse trainer Meliton working with Paloma in the arena. Below, Alyssa Parker Vanover, owner and trainer of Camarillo White Horse Viento, a direct descendant of Adolfo Camarillo's beloved Sultan.

on the Camarillo Ranch is so entrenched with the City's history that symbols of Adolfo astride a white horse are all over the city and on their official publications. The statue in Dizdar Park in Old Town depicts Adolfo riding one of his prize horses.

Every day, Adolfo Camarillo made a tour of some part of his 10,000-acre ranch, often on one of his beloved snow white horses. He said that Sultan was the most intelligent and gentlest horse he had ever come across. Leo Carillo who played Pancho in the popular television series, "The Cisco Kid" was a cousin of Adolfo and liked to ride the White Horses. Even Ronald Reagan rode one of these rare Camarillo White Horses when he was Governor of California. President Harding was another White Horse rider.

Adolfo never sold a White Horse or for that matter even an acre of land. However, he did make gifts of one or the other to

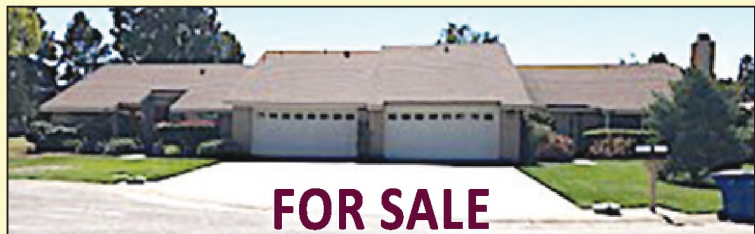


Photo by FRANK DESIMONE

mark special occasions. When he passed in 1958 at the age of 94, his youngest daughter Carmen took over the care and management of the brilliant white horses until she died in 1987. Her will stated that the eleven remaining horses should be sold at auction. The new owners were concerned that the breed would disappear and formed the Camarillo White Horse Asso-

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SCAN ME

VILLAGE ENTERTAINMENT

Players Guild

Continued From **PAGE 6** —

and entire audience by our fundraiser, Sandy Curran. Sandy announced at the last Players' Guild Board meeting that we had met our microphone fundraising goal and so she was going to close the Facebook "Go Fund Me" page. Applause all around.

Music & Movies

LV Music Club - Marci Lapair

Oktoberfest Return

The Music Club is excited to announce the return of our Oktoberfest on Monday, October 16 at 7:00 pm in the AR. The last time we held this popular event was before Covid. It was always a sellout activity. This evening of Gemütlichkeit features music by Bonhomie and includes hot dogs with all the trimmings, apple strudel, pretzels, beer and wine. Don't miss this fun evening.

The Oktoberfest tickets are now on sale for \$15 per person. Tickets can be purchased at Open "Mic" Night and at all Music Club activities. For more information about purchasing tickets call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

Open Mic Night

The next Open "Mic" night is Friday, October 6 at 7:00 pm in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks. If you have a talent that you would like to share for our October Open "Mic" Night, please call Debbie Goodman 818-523-0731 no later than Wednesday, October 4.

At the Movies

The movie to be shown on Monday, November 6, at 7:00 pm in the AR, will be *Loving Leah*. A quirky love story revolving around the unexpected wedding and unconventional married life of a 26-year-

old widow and her late husband's brother. To honor an ancient Jewish custom, a doctor (Adam Kaufman) agrees to marry the widow (Lauren Ambrose) of his older brother. The movie is rated PG and is 1 hour and 38 minutes long. There will be no movie shown on October 16 due to Oktoberfest.

Groovin' Easy

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00 pm in the AR. Come and listen to their easy listening music. For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

Word on Wine

Continued From **PAGE 7** —

When it comes to salmon seasoned with spices, soy-based marinades and ginger, reach for a dry Riesling. If the dish is a bit spicy, opt for an off-dry Riesling. The slightly sweeter wine (yet still dry) is better with Asian spices and heat.

Rosé wine is outstanding with salmon in all its preparations. Whether it's smoked, grilled, baked or braised in a marinade, salmon makes an ideal partner for a glass of Rosé. The bright red berry notes and nice acidity complement rather than overwhelm the flavors of your food.

When it comes to salmon, feel free to scrap that old rule saying you should never pair fish and red wine. A fatty fish like salmon can hold its own against a wide range of wines, including many reds. Sticking to light-bodied reds like Pinot Noir, Gamay and Grenache is always a good idea when you want to serve a red with fish. That said, plan to steer clear of high tannin wines. You won't want to pour a Cabernet Sauvignon or Shiraz with salmon. In short, it's easy to find a great wine pairing for almost any salmon preparation.

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White Horses

Continued From **PAGE 8** —

ciation in 1992. There are now 23 of these majestic animals on various ranches in the area.

Sultan, from whom all the Camarillo White Horses are descended, was buried near the Ranch House. On the Calleguas Creek bicycle/walking path, not far from the House, one can see fine towering palm trees planted to remember five of the white stallions as the commemorative plaque there explains.

The Ranch House built by Adolfo Camarillo in 1892 is open for tours on Saturdays and Sundays from 11-2pm. The specially designed stables for the White Horses are on the beautifully kept grounds as well as the large red mule barn. Victorian attired docents will happily tell stories of the famous Camarillo White Horses and many other things on your tour for just five dollars per person. Entry is free for Children under 12.

Stock Photo
Adolfo Camarillo and his horse
Sultan standing proud.



Village Profile

Continued From **PAGE 1** —

From 1995 through 2021 Carol and Doug settled into a nice schedule of Doug continuing his television audio career and Carol volunteering at various organizations including the Women's Care Cottage in Van Nuys (a respite for homeless women and victims of domestic violence) and Northridge Hospital / Dignity Health Care in their blood donation program. She also substituted occasionally, teaching at Chaminade Prep School. Social calendars were full with friends in the Valley, Porter Ranch Country Club, various fundraising events and continuing trips to much beloved winter holiday spots.

The events around Covid and a change in the effects of time had many of their closest friends leaving the Valley for alternative locations as far away as North Carolina. Carol was ready to make a move, downsize from their large home on a ½ acre and all the duties that go along with that life. When she visited Jan Bender at her new home in Leisure Village she felt the calling. Doug was reluctant to make a change, he was content in their home but Carol was persistent. When he met Jonathan Fox and others in the Amateur Radio Club and saw he could have a veggie plot, he was more excited about the idea of retirement here. A few more visits solidified the decision. They found a home on Village 39, have settled in and are looking forward to taking on this new adventure



Photo by JON
Doug and Carol Nelson.....

with the gusto for life they both share. We are so happy they did.

EDITORS NOTE: I met Carol in the Rec Center library one day. We struck up a conversation. I learned a little about her and she expressed interest in helping out with ILV. I asked her to take on the writing of the Villager Profile Column. She did, another reason we are happy Carol and Doug settled in LV! Welcome Nelson's.

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Courtesy Photo

Recent Wii tournament winners were left to right, Barbara Bell, Sylvia Edmonds, Rei Sugita, Lloyd Johns, Sam Lak and Paul Schifanelli.

Wii Bowling

Continued From **PAGE 5** —

formed our own socials. We have quarterly tournaments, Holiday luncheon and a summer potluck. A bowler is able to Wii Bowl either standing up, sitting down or be using a cane or walker. A wheelchair can be accommodated at some sessions. Bowlers are recognized for various achievements.

We are enjoying the friendships formed, the mild exercise, and the cognitive thinking.

Our club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Clubhouse Ventura Room. If you are interested in participating or learning about Wii Bowling, contact club president, Debra Pettit at 805-504-6774.

Technology

Continued From **PAGE 1** —

AOL email vault. After many failed attempts to enter password guesses, the website locks you out.

We use the same password repeatedly to make our lives easier. However, this way, hackers can access all our treasured websites if they figure out one of our passwords; not a good idea. One option that works is to save your passwords on your computer's browser, like Safari or Chrome. This process lets your device autofill your passwords on specific websites when needed. Most computers will generate passwords for you. Here is a password created by a password management

program: 5F!9yU2!0KP. Good luck decoding this login credential.

Another helpful suggestion is to use a password manager. You don't need to remember passwords with a password manager app like LastPass, Keeper, or 1Password. Why? Because the password manager remembers your passwords and inserts them into the login field when needed. The only password you need is the one to unlock the password manager.

Going online is a great tool to access a treasure trove of information. However, one needs hard-to-decipher passwords to enjoy the treasure hunt. The November article will discuss how to come up with an air-tight password and increase your level of online security.

Do you like to work with your hands, or volunteer your time helping community theater?

Conejo Players Theatre in Thousand Oaks could use your help!

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ART IN THE VILLAGE

By Nicole D'Amore

Unleashing The Creative Mind

Creative spirit and intuitive style are what come to mind when spending time with Nana Morris, evidenced in both her paintings and her persona. Her flowing, impressionistic paintings evoke an ethereal feeling—sailboats bending in the wind, whitecaps on a blue sea, gauzy white clouds. Her oil paintings can often be seen at exhibits with the Village Arts club or at the Camarillo Art Center.

"Blues and greens, purples — earth tones, nature basically — these are the colors I wear, I live with," Morris said. "I don't consciously pick them. When I'm pulling things together, there they are. It gives me peace, it brings me joy."

Joy is something Morris seeks on a daily basis, she says, but she is not easy on herself.

"A defining moment in my life was when I realized if I am not failing at the new adventure, I am being too safe," she said.

"Art has always been part of my life — I enjoyed making things with my hands. Learning new things and figuring out how something works fascinates me."

She grew up in North Hollywood.

"Art was the only thing I could do," she said. "I was dyslexic but it wasn't diagnosed in those days. I couldn't read but I could draw." A teacher in fifth grade told her mother to sign her up for art lessons. So she attended Samsels Art

School in N. Hollywood through high school.

"I didn't learn to read until I was 13 and then it became obsessive. I am very tenacious. Once I got the hang of it, I made myself learn," she said. She was also industrious and imaginative.



Photo by NICOLE

An island-inspired painting, entitled 'Tahiti.'

"I worked since I was 14," she said. She started a gardening business in the neighborhood and did ironing for 25 cents a piece.

"I would clean people's kitchens, take everything out of the cupboards, wash it and organize it by classification and put it all back, for five bucks," she laughed.

She majored in ceramics, botany and art history in college, but quit to marry her childhood sweetheart and have a baby.

Her father-in-law wanted his son to get a degree but all he wanted to do was paint. So her husband made arrangements for her to take all his classes.

"He never went to class once, so I have a master's in his name," she said. "My mother said, if you want an education, you'll find a way to get it."

In those years she made and sold ceramics and clothing, canned tomatoes and made jelly to earn money.

After a divorce, years later she married her second husband and they built a small ranch in Calabasas. In addition to her son, she adopted her niece.

During that time she also began a 34-year career with Saks Fifth Avenue, as an operation manager, human resource manager and 20 years as a visual merchandiser.

"I was part of a team that traveled the country opening new stores and doing remodels," she said. "I worked in 19 stores around the country."



Photo by NICOLE

Nana Morris with her painting 'Spring.'

"You're in charge of all the merchandising in the store, how it's laid out, how it flows, how it's colorized. You have a team and you start early in the morning

—Please see **PAGE 20**

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THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

The Path to Healthier Bones

As we progress through life, our bones change and become less dense, especially if we are a woman past menopause. Some men can also be challenged by bone loss, particularly if they are thinner and not active. Some of us will develop Osteopenia which is bone loss with low bone density, and this is a precursor to Osteoporosis. Osteoporosis is a more serious bone loss, and this can cause bones to break easier. Post-menopausal women are recommended to get a DEXA Bone Scan every 5 years to monitor their bones, and more often if they have Osteoporosis. Osteoporosis should be monitored by your physician, and in some cases prescription medication is indicated either by mouth, shot or infusion.

Our bones consist of cells that make bone, maintain bone and destroy/absorb bone. The role of osteoblasts is to lay down new bone

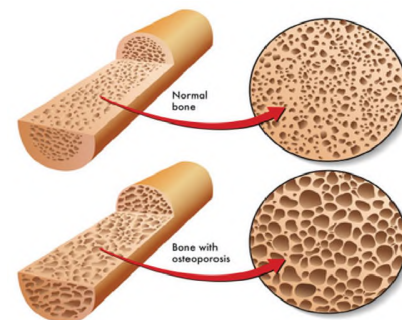
during skeletal development and remodeling. Osteocytes regulate formation of new bone and the reabsorption of old bone during remodeling and repair. Osteoclasts have the primary function of reabsorption of bone and are more active as we age. As we move through the continuum, the number of osteoblasts is also reduced, and we tend to have less bone mass.

The best way to maintain bone mass is through a healthy diet, weight bearing exercises, and supplements such as vitamin D3, with some calcium. The best weight bearing activities include walking/hiking with a light backpack, dancing, as well as resistive exercises. Bone grows according to stress as proved by Wolf's Law many years ago.

Consistently being active is one of the most important aspects of a healthy lifestyle. It is recommended to get at least 30 minutes of moder-

ate exercise most days (can be broken up as tolerated). Weight bearing exercises and working out with light weights and water resistive exercises to strengthen our bones is also recommended. Take advantage of our beautifully designed gym that has great weight machines that are easy to use, and our pool is heated all year round for water exercises and swimming. Check out our bone builders classes and aqua aerobics classes as these will mix exercise with others and can be motivating.

Before taking any supplements, check with your physician first as supplements can interact with over the counter and prescription medications. Your body needs vitamin D3 to absorb calcium. For most people, it is recommended to take 1,000-2,000 IU daily of vitamin D3 along with calcium, although not required to take both at the same time. The recommended dose



of calcium is approximately 1000 mg per day, and do not take more than 500 mg of calcium at one time as your body will excrete the extra calcium in your urine.

So healthy eating, regular exercise and some supplements can help bone loss, prevent fractures (broken bones) and keep our bones healthier through our life span.

Editor's Note: Jeannie Davis is an LV resident and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.



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AROUND THE TOWN

Never Stop Learning

By Beverley Taylor

Experience the joy of learning this Fall! Osher Lifelong Learning Institute (OLLI) at California State University Channel Islands is pleased to announce a new set of classes starting soon for people age 50+.

In the class "The Science and Magic of the 2024 Solar Eclipse," discover one of nature's greatest spectacles and learn how and where to see it.

Examine the elements that made America great, why we are now struggling, and a possible

roadmap for America's resurgence in "How America Became Great - And Can Be Great Again."

Explore the universal theme of love and the challenges of relationships in both the Soviet Union and post-Soviet Russia in "From Russia With Love: Experiencing Russia Through Film."

The six-week classes start on October 23rd and registration opens October 9th.

Both in-person and Zoom classes are available. Learn more and see the entire catalog of classes at: go.csuci.edu/olli or call 805-437-2748.

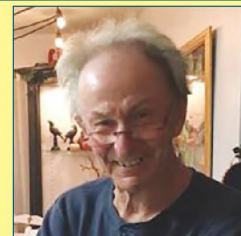
Halloween Pet Parade

These are submissions in last year's Pet Parade. Get your Pet's costume ready for this year's parade being held on Sunday, October 29th. See Club News on page 17 for more information.



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CLUB NEWS

VILLAGE ARTS

By Patti Crichton

Thank you to all of the participants and visitors who attended our successful Gazebo Art Walk on Sept 6th. What a great turnout and a wonderful variety of paintings!

The October 4th Village Arts meeting featured member Marlene DiFiori Locke, who demonstrated paint rolling. Thank you, Marlene!

The November 1st Village Arts meeting will be in the MPR at 1pm. Members, it will be your last chance to sign up for A-Frames and tables at the Nov. 5th annual Autumn Art Show.

We will also be signing up for the Club Holiday Luncheon scheduled for Dec. 6th at Ottavio's. The meeting agenda will button up Art Show plans. Please bring an interesting or unusual art item you may have at home to share with our group.

October 1st was the LV 50th



anniversary celebration. I hope many of you were able to attend and view the histories of various LV Clubs. Village Arts was fortunate to have many well documented photo albums, done by Mary Kraus, to choose from for our display. We even had current members doing live painting demos in the courtyard during the celebrations. Our watercolor painting class will resume displaying their work in the courtyard glass case, once the anniversary festivities wrap up. Village Arts originated in 1979 as Village Paint-



Photo by NICOLE

Art Walk — Left, ILV Art Columnist Nicole D'Amore, LV Art Club President David Kiefer attending the Art Walk. Above, Martha Harris, Diane Hill, Bonnie Godfrey enjoying and discussing art at the Gazebo Art Walk held on Sept 6.

ers. We have been privileged to have many talented artists as members over the years.

We are proud of LV Arts Club member Mel Rosen, who designed the LV anniversary logo!

Chi Chun has her lovely art on display in the LV Library until the end of October.

You can join Village Arts for \$10/year. Call President David Kiefer at 805-419-4688 or come to a monthly meeting to sign up.

PLAYERS GUILD

By Linda O'Neill

Players Guild has eight to nine monthly workshops per year: January, February, March (sometimes), April is the "big production", May is dark, June, July, August, September, October and November.

Those interested in directing a workshop will present their proposals for monthly workshops and month preference on Monday, Oct. 9th at 7 pm in the Sun Room. Our holiday dinner is on December 21st, the third Thursday. We will be announcing the start of ticket sales.

LV APPLE COMPUTER CLUB

By Louis Lapides

Join the Adventure at the LV Apple Computer Club. Whether you are 16 or 76, the iPhone has changed our lives. To equip you for this life-altering experience, attend the October 25th meeting

of LV Apple Computer Club at 1pm in the Garden Room in the LV Rec Center. You will learn how to manage those annoying, endless notifications, discover the uses of the mysterious buttons on your iPhone, and figure out how to make your smartphone look the way you choose. All are welcome.

For more information, call club president, Louis Lapides, at 805-490-3127.

RACQUET CLUB

By Sharon Wilson

By the time this article goes to print the Racquet Club will have completed its Fall pickleball and paddle ball tournaments. We thank our new tournament director, Gary Carroll. Tournament winners will be posted in November's edition of Inside Leisure Village. The Turkey Trot tournament will be held on November 11th for paddle ball and November 18th for pickleball. Keep your eye on the bulletin board for sign up sheets.

Here is the latest invitation from Lynn and Dirk who once again will be generously teaching pickleball lessons.

Lesson announcement:

It's time for more fun! Fall free pickleball lessons are on Mondays and Thursdays 12:30 to 2:00 at pickleball courts. Beginning lessons (rules, scoring, basic play) start October 9th for two weeks. Standard lessons start October 23rd through week of November 20th. Just show up for one or preferably both lessons each week. To sign up for notifications contact Dirk at 805-217-0227 or dirk.feild@yahoo.com or sign up at bulletin board near tennis/pickleball courts. Lynn and Dirk hope to see you at the courts!

The next general meeting is October 11th 7:00 p.m. in the multi-purpose room. All are encouraged to attend. Your opinions and feedback are much appreciated.

I am sending out a desperate plea for someone to assume management of the Racquet Club's website. The current webmaster has been plodding along but is technically challenged. Please have pity and replace her. The responsibilities include updating the website with upcoming

—Please see **PAGE 17**



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CLUB NEWS

Racquet Club

From PAGE 16 —

ing events, posting tournament winners, lessons, general meetings, etc. There are several photos from our tournaments and picnic waiting to be posted for all to enjoy. Please contact me, Sharon Wilson at 503-201-3566.

Have you seen the cool club hats and visors around the Village? Don't be jelly, there are a few left for sale for \$12 each. Contact Sharon Wilson.

See you at the courts.

LV MUSIC CLUB

By Marci Lapair

Please renew your LV Music Club membership. All memberships purchased beginning October 1 will be effective through 2024. The Music Club is supported through our \$10 annual membership dues. Memberships for the year are sold during our monthly activities. All our members receive email reminders and advance notice of upcoming club activities.

The LV Music Club provides 7 monthly activities for the enjoyment of the Village residents. The admission for these monthly events is free to all Villagers. Our monthly activities include Open "Mic" night, movies twice a month and the 17-piece Groovin' Easy Swing Band. Membership dues help cover the cost of the complimentary refreshments that we serve at all our events.

For more information on the LV Music Club call Marci Lapair 818-399-0843.

LINE DANCING

By Deborah Bjornberg

Fall finds line dancers in love with dance and looking for new chances to dance. Here's our Fall line up.

Our quarterly Friday line dance was on the 5th Friday in the AR on September 29th. Our next Friday Night Dance will be in December.

The cost for these dances is \$8 and music is supplied by Country Lovers' DJ couple Marshall and Theresa. We dance to our Village playlist as well as many of the old and new standards.

Saturday, Oct 7, should be the kick off of the 1st Saturday Leisure Village Line Dance Workshop. We are looking forward to dancing in the AR on the first Saturdays of the month.

Our next Dance Workshop is scheduled for Saturday, Nov 4 and for the first Saturdays going forward. We plan on an early start time of 6:30 pm and we will be wrapping up the dance around 9:00. Come early to dance the easiest dances and as the night progresses so will the fun! No DJ and no cover, just all Line dancing.

The New Line Dance group is full and the new dancers are learning the ropes. There is a wait list that is full for the classes starting in January. You can contact and get on the waitlist for future classes. Please be sure to let Sharon Ellis or Eunice Bersley know if you are not able to attend if you have signed up. If we aren't too far out we will fill the openings. Contact 805-482-7561 or email pogosaam@outlook.com.

One thing we can be sure of, there are a lot of New Year's resolutions and Village folks are ready to learn to line dance.

MAVERICKS CLUB

By Vera Erskine

Halloween Party: Join us for a great party on Friday, October 27, from 7:00 to 10:00pm. Prizes for Funniest, Scariest, Original and Best Costume Overall. Dance music by "Tropic Star." Wine, beer, water and bagged treats will be provided OR you can bring your own beverage and snacks.

Seating will be assigned. Don't miss out on this event. Tickets are \$30 and tickets go on sale October 2. (Sold to Leisure Village residents plus one guest.) Refer to our poster in the Rec Center lobby on the Marquee for contact information.

PET CLUB

By Shawn Baker

3rd Annual Halloween Pet Parade Sunday, Oct. 29th, 1:00 pm Participants meet by tennis courts at 12:45. Spectators meet by picnic area at the Pavilion. Prizes for Best Costume, Scariest Costume, Funniest Costume and Best Doggie/Owner Costume. For more details contact Shawn Baker 805-233-1725.

LV PHOTO CLUB

By Chuck Morrow

The Leisure Village Photo Club held the club's meeting on September 7th at 6:30 pm in the MPR. The Assigned theme for the month was "Shadows." The judging for the month was conducted by the team of Bill Margulies and Melody Zaida. Bill discussed each of the entries and Melody completed the scoring.

The winners for the month were:
Assigned Category
Bev Davis - "Forked"

Open Category
Frank DeSimone - "Good Morning Red"
Mobile Category
Barb Corey- "Busy Bee"

The October Photo Club meeting was held on Thursday October 5th in the MPR. The Assigned Theme for the meeting was "Textures."

If you have questions regarding the Photo Club, contact Melody Zaida at h2obaby10@gmail.com.

LET'S DANCE CLUB

By Patrick Price

The "Let's Dance!" band for October is an old favorite – Dave the Piano Man. Dances are on the third Saturday of the month, from 7:30 to 10:00 pm. This one will be on October 21st in the AR. With admission of \$10 per person, coffee, water and punch will be provided. It's BYOB for anything else.

There will also be a 50/50 give away. So, come and dance the night away to your rock favorites. 'Let's

—Please see PAGE 18



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CLUB NEWS

Lets Dance

Continued From **PAGE 17** —

Dance' has some great volunteers but more are always welcome. Contact Sue Lind at 559-304-1650 if you would like to help the others.

MEN'S GOLF

By Tim Palmer

The Men's Golf Association held its most recent Regulation Tournament at the River Ridge Lakes Course. Chuck Kiskaden won the A-Flight competition for low gross score and Max Chopra won the Flight low net score. The B-Flight low gross score was won by Elliot Sklar, with Patrick Moore recording the low net score for the Flight. Closest to the pin shots were recorded by Dick Fisher on #5 and Jim Gaffney on #17. Tom Niemann made the longest putt on #18.

The Al Fox Harvest Golf Tournament and Picnic was played in September, but the results were not available prior to publication.

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Happy Fall days to all Villagers. As the year progresses we look forward to our Saturday Night Dance Party.

October 14 – John Carro (new to village). Lesson is West Coast Swing.

October 28 – A Halloween Party, costume if you wish; Eric Ekstrand Trio. Lesson is Tango.

Steve, our professional dance instructor is there at 6:30 on dance night to teach different dances. This is included in the \$10.00 admission, dancing 7:30 to 10:00. We hope you come and enjoy our party.

LV WRITERS GROUPS

By Mark Sconce

Leisure Village is blessed to have two unique writers' groups. The first and oldest is the Writers Club whose motto is Write, Present, Listen, Enjoy, Learn. Its members read out loud their various writings over the years be it fiction, non-fiction, memoirs, sci-fi or poetry.

The second group is Workshop For Writers whose members read aloud their presentations and expect to receive friendly feedback on how to improve the piece. It's a workshop whose motto is: Easy Reading Is Hard Writing. These two clubs are distinct and exist to meet various needs and wants. Pick the one that best suits you, and plan to attend their next meeting.

Writer's Club: Call President Harvey Brosler – 805-465-0006

Workshop For Writers: Call President Mark Sconce – 805-586-4485

BILLIARD CLUB

By Patrick Price

The October tournament, our last tournament of the year, started on Monday, October 2nd. Hope you saw the article last month. The tournament game being played is 14-1 Continuous. This is considered 'straight pool.' Our next membership meeting will be Tuesday, October 24 in the MPR at 6:30pm when tournament awards will be presented. This is also the meeting when we select a new Billiards Club board of directors. Of course, the new year (2024) will bring more tournaments starting in January as well as activities. Join the Billiard Club for \$10. Contact Kathy Wirtz 818-445-1057 for membership.

LV WOMEN'S CLUB

By Barbara Cogert

Please join the Women's Club on Thursday, October 12th for a "Haunting"! Richard Senate is a world-renowned paranormal investigator and ghost storyteller. He will bring his expertise for a timely discussion on Hauntings and Ghosts in Ventura County. In addition, Richard is an established historian/lecturer specializing in early California history of the cities of Ventura and Ojai. Just in time for Halloween this is sure to be an entertaining afternoon. Feel free to wear holiday dress and/or accessories!

Doors open at 12:30. Meeting begins at 1:00 pm followed by this hauntingly fun program.

Are you a Veteran new to the Village? Not on our list? Please contact Pam Almeida 314-283-8172 with your information so we may include you in our wonderful Veteran's Day event.

As always, we will collect "Change for Change", new toiletries and canned goods for Food Share. We look forward to seeing you there.

Save the Date — December 2 for our Holiday Boutique. If you wish to donate new and newish items, please contact Shearon Mil-lar at 805-603-2773. Thank you!

THE STONERS BEAD & CRAFT CLUB

By Felicite Barton

On Sunday, November 5th, from 10:00am - 2:00pm, The Stoners will be having their annual fall fundraiser in both the Garden Room and MPR. Once again our members will have their handcrafted jewelry, as well as many other creative craft items for sale. Some of the craft items for sale are: Fleece blankets, mobiles made from driftwood, handcrafted greeting cards, shells with succulents. In the morning, we will also be serving Danish and coffee for your eating pleasure.

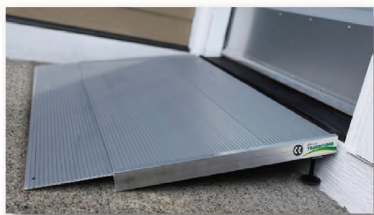
We are always looking for new members to join us every Monday, from 3:00 - 4:30 pm in the MPR. No experience is necessary. Your craft ideas are also welcome. Remember, that for a small donation, we do most jewelry repairs. While at the Fair, you may bring these needed repairs to the Garden Room and give them to Fil Barton.

Hope to see you at the Fair and don't forget to stop by on Mondays in the MPR.

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CLUB NEWS

WOMEN'S GOLF

By Patti Crichton

The October Women's golf meeting is on October 11th in the Garden Room. Come at 1:30 for social time and the meeting starts at 2pm. Take a chance on the 50/50 draw \$1-5.

Sign up for our annual Halloween Golf on October 25th. It will be a dress up 9 hole scramble followed by lunch, \$2 for golf and \$5 for lunch.

Thanks to Men's Golf for hosting the Al Fox Harvest Tournament and picnic on Sept. 26th!

Much appreciation goes to our Women's Golf History team - Kathryn Robens, Sharon Price, Nicole D'Amore, Linda Gaffney, Mary Ann Ryan and Chi Chun. They researched and found treasures to put together an informative display in the Courtyard glass



Photo by PATTI CRICHTON

On September 6th, LV Women's Golf Club member Gail Hillesheim shot 69 for 18 holes, giving her a net score of 44!

cases. Be sure to take a peek.

Deb and Jack Bozajian have been looking after the seasonal decor for the bulletin boards at the Golf Clubhouse. Thank you!

The next golf clinic for members is Oct 7th at 8am. We will get some tips on how to escape from sand traps.

Congrats to Gail Hillesheim who had a great game on Sept 6th. She shot 69 for 18 holes, giving her a net score of 44!

Beringer, Robert Mondavi and the Gallo family.

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person.

Reservations are highly recommended. To get our monthly email invitation, drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

GRAPES R US WINE CLUB

By Barbara Senior

Grapes R Us holds monthly tasting sessions to discover wines of different varietals and to explore wine regions around the world. The September tasting featured wineries that were pioneers in making premium California wines - Korbel, Beaulieu,

YE OLE WOODCHIPPERS

By Bud Bradley

August saw us getting busier in the Wood Shop. 14 jobs completed for the Villagers, 4 quick jobs and 3 jobs for the Village Operations. We also added one new volunteer to the repair cadre and two new keyholders. As we go to press, Chuck Russel is still on the mend, and we are rewarded with his excellent presence in our volunteer repair department. Our current backup is about two weeks.

The Woodshop is open from 10am until noon, every Wednesday and Thursday, to accept your repair requests. During those hours, the Woodshop will be operated by Woodshop Committee members only. There will be no charge for these services unless special materials are needed to complete the repair. Finally, we gratefully accept donations for these services to help keep supplies and equipment up to date. Keyholders are asked not to

work on their own projects during these hours.

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com.

BONE BUILDERS

By Fan

RSVP (Retired Senior Volunteer Program) sponsored Bone Building classes are held 6 times per week in the Santa Rosa room. Exercises are specifically geared

—Please see **PAGE 20**

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Art in Village

Continued From **PAGE 13** —

and by the time the store opens, all new merchandise is in place,” she said. On her days off she taught merchandising theory at FIDM (Fashion Institute of Design and Merchandising.)

Although she practiced creativity throughout her life and career, it wasn’t until after her second divorce that she got back to painting.

Both of her husbands, as well as her father, had been alcoholics, so after the second divorce she joined Al-Anon and spent several years

in therapy. Saks sent her to work in Denver for five years, which turned out to be a godsend.

“I was totally disconnected from that energy and situation and I just did what I needed to do and I’ve never been happier,” she said.

“My stepfather said, ‘In order to grow you have to leave home.... once you’ve been away and disconnected from everything, you will then be able to go home again but you won’t be the same — it gives you a different perspective.’”

When her mother became ill, she returned to California and retired from the Santa Barbara Saks in 2012.

Her mother lived in Leisure Village for 28 years and encouraged Morris to buy a nearby house in the same village. She spent the next two years gutting and remodeling it to her taste with lots of creativity and art. She has lived here for 10 years.

Morris describes her art as free flowing and intuitive.

“I was trying to get a little more out of my head,” she said. “I don’t want to look at what I’m painting. I just want to put the paint on, walk away and then come back, see what’s there and then work on it some more.”



Photos by NICOLE

Above left is painting within a painting entitled ‘Dreaming.’

Above, Nana’s painting entitled ‘Sailing.’ At right, painting entitled ‘Aspen.’



“I used to draw very realistic but it doesn’t do anything for me, it leaves me cold,” she said. “I like

doing odd stuff, it appeals to my heart, and it seems to appeal to other people.”

CLUB NEWS

Bone Builders

Continued From **PAGE 17** —

for seniors to improve balance and to increase bone density.

Free 1-hour sessions are on Monday and Wednesday at 8:15

and 9:30am, and on Tuesday and Thursday at 6:00pm. These are not drop-in classes; registration is required. For the 8:15 class, call Mamata 805-558-9360, for the 9:30 class, call Fan 805-405-5018, for the 6:00 class, call MaryAnn 805-390-1909.

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Lizard Hunting

Photo by JOHN DOWSING

Above, a great egret spent 30 minutes on a Sunday afternoon hunting for lizards in Village 40. The bird calmly walked about eventually finding prey in front of an open garage. (See enlarged photo at right.)





The 2023 Hurri-quake

The rains came

By Jon Niemann

Camarillo, Sunday August 20, 2023 – The reports started early. Breathless newscasters, eyes wide with actual news, stared into the camera and shared that this unprecedented event would be the biggest thing to hit California in recorded history.

The weather reporters dominated the screen with computer models, predictions and warnings of impending doom and destruction headed our way. The rain started in the morning, apparently the storm had lost most of its mojo and what was left veered toward Vegas, visibly disappointed San Diego news reporters showed some fallen trees and tipped over trash cans. But the rains came. Around 2:45 the Earth’s Crust decides to check in. It slipped a little near Ojai which registered 5.1 on the Richter Scale. The motion here in the Village was strong enough to rattle nerves and knock a few things off shelves. A collective eye roll signified a “what’s next” attitude. The intensity of the rain increased as evening set in. I looked out my Den window and Sue Hongsermeier was standing on Kathy Wirtz’s driveway trying to figure a way to her car which was standing in about 2.5 ft of water. Conejo Creek continued to rise toward cresting level. The drains scattered about the Village began to backflow, reflecting the rising creek. Nerves were on edge as the water rose on the lower west side of LV. Kelly Nelson grabbed her iphone and began recording the event. Ventura County responded by sending out their finest. The Firefighters checked drains, kept an eye out and weighed the options of calling for some evacuations. But the rain subsided, the water flowed out, never reaching Village doors. On Monday there was some residual mud from the creek, a few frogs that were left behind and a dead crawfish in Polly’s garden in Village 20.



Clockwise, from top left: 1) Your ILV Editor’s front yard with a rising pond where the cul-de-sac used to be. The water at the curb was knee deep. 2) Water flowing into the Village from Conejo Creek overflow between V16 & V18. Drains back-filled from a rapidly cresting Conejo Creek. 3) VC first responders on the scene keeping an eye on the rapidly flooding Village. 4) Firefighter knee deep in water at Village 28 entrance. 5) Photo taken at the intersection of V28 and Mountain View.

Photos by KELLY NELSON



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Opening on October 13th and running for 2 weekends is the youth production of *Once Upon a Mattress*, Youth Edition. This musical is a spin on the classic tale *The Princess and the Pea* and provides some side-splitting shenanigans.

Catch Me if You Can opens November 10 and runs through December 3. Based on the hit film and the incredible true story, *Catch Me If You Can* is a high-flying musical comedy about chasing your dreams and not getting caught.

Seeking fame and fortune, precocious teenager, Frank Abignale, Jr., runs away from home to begin an unforgettable adventure. With nothing more than his boyish charm, a big imagination and millions of dollars in forged checks, Frank successfully poses as a pilot, a doctor and a lawyer – living the high life and winning the girl of his dreams. Check out what’s coming up in 2024 on our website.

Conejo Players Theatre is located at 351 S. Moorpark Road, Thousand Oaks. For tickets and more information, visit conejoplayers.org.

CLUB CALENDAR

Bridge: Come join us playing duplicate bridge on Monday and Wednesday evening at 6:45 in the Garden room. New people are always welcome. If you need a partner call Vonnay Brook @ 805-586-7155 or 909-225-6100

Great Decisions meets on the 4th Monday of the month at 9:30 in the Sun Room. Please join us for stimulating discussions on such topics as Politics in Latin America, Iran at a Crossroads and Climat Migration.

The LV Apple Computer Club meets every month on the 4th Wednesday at 1pm in the Garden Room. Each meeting includes a hands on presentation geared towards seniors on various Apple products and programs. Everyone is invited. For more information, please contact our club president Louis Lapidés at 805-490-3127 or LsLapides@earthlink.net

Morning Stretch: Monday through Friday 8:30am and 9am in the Pavillion.

Needleworks: Garden Room on the 1st, 3rd and 5th Friday and on the 2nd and 4th in the Lanai Room always from 9:30-11:30am. Contact Nancy Baumgarten at 805-377-2805.

Save Our Sight & Hearing: 1st & 3rd Thursday in Sun Room. For more info contact Terry Connor 805-482-7806.

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DEADLINE for the next publication is 5pm on Friday, October 20.

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GARAGE SALE: Many items suitable for Christmas, birthday and Hanukkah gifts. Saturday November 4, 2023 11am to 3pm. 17306 Village 17

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