

Credential Minor in Homemaking Education	Units
H Ec 1, 10A-B, 12A-B, 39, 40, 139	20
Elect from: H Ec 11, 38, 100, 110, 130, 131, 132, 133, 180	6
	26

### Courses

#### HOME ECONOMICS

##### 1. Introduction to Home Economics (2)

The social and economic problems of the young American family; consumer decisions relating to clothing and textiles, food and nutrition, home furnishings, family finance; child development, family relationships; use of leisure time.

##### 2. Home and Family Life (3)

Modern homemaking in theory and practice; house plans, furnishings and equipment, furniture refinishing; meal planning, preparation and service; selection of china, glass and silver. Activities in practice apartment. (2 lecture, 4 lab hours)

##### 10A-B. Food Study (3-3)

Prerequisite: Chem 2A-B or permission of instructor. Preparation and service of foods for family meals; psychological, cultural, aesthetic, economic, nutritional, and scientific principles. (2 lecture, 4 lab hours)

##### 11. Textiles (3)

Principles of fabric production; characteristic use and care of natural and man-made fibers, use and care of new finishes; laboratory testing to determine the ability of the fabrics to withstand normal wearing conditions. (2 lecture, 2 lab hours)

##### 12A. Clothing Construction (2)

Clothing selection and construction with emphasis on the individual; basic theories influencing skills and techniques; use of commercial patterns. (1 lecture, 3 lab hours)

##### 12B. Clothing Construction (3)

Continuation of 12A. Advanced problems in construction; use of modern fabrics; development of originality in design. (1 lecture, 5 lab hours)

##### 31. Dietetics (2)

Elements of nutrition and diet in disease; principles involved in feeding the sick. (1 lecture, 3 lab hours)

##### 38. Problems in Home Furnishing (1)

Basic principles in selecting and furnishing a satisfying home; design and functional consideration in selection of floor coverings, wall finishes, draperies, lighting, furniture, and accessories.

##### 39. The Child in the Family (2)

Open to non-majors. Prenatal care of mother and child; development and guidance of children from birth to twelve years in relation to the family group. Supervised observation of children in nursery schools, hospitals, child guidance clinics.

##### 40. Elementary Nutrition (2)

Not open to home economics majors. Nutrition for promotion of good family health; relation of inadequate dietaries to nutritional deficiencies; minimum food budgets in relation to optimum nutrition.