

| Credential Minor in Homemaking Education | | Units |
|--|-------|--------------|
| H Ec 1, 10A-B, 12A-B, 39, 40, 139 | _____ | 20 |
| Elect from: H Ec 11, 38, 100, 110, 130, 131, 132, 133, 180 | _____ | 6 |
| | | <hr/> 26 |

Courses**HOME ECONOMICS****1. Introduction to Home Economics (2)**

The social and economic problems of the young American family; consumer decisions relating to clothing and textiles, food and nutrition, home furnishings, family finance; child development, family relationships; use of leisure time.

2. Home and Family Life (3)

Modern homemaking in theory and practice; house plans, furnishings and equipment, furniture refinishing; meal planning, preparation and service; selection of china, glass and silver. Activities in practice apartment. (2 lecture, 4 lab hours)

10A-B. Food Study (3-3)

Prerequisite: Chem 2A-B or permission of instructor. Preparation and service of foods for family meals; psychological, cultural, aesthetic, economic, nutritional, and scientific principles. (2 lecture, 4 lab hours)

11. Textiles (3)

Principles of fabric production; characteristic use and care of natural and man-made fibers, use and care of new finishes; laboratory testing to determine the ability of the fabrics to withstand normal wearing conditions. (2 lecture, 2 lab hours)

12A. Clothing Construction (2)

Clothing selection and construction with emphasis on the individual; basic theories influencing skills and techniques; use of commercial patterns. (1 lecture, 3 lab hours)

12B. Clothing Construction (3)

Continuation of 12A. Advanced problems in construction; use of modern fabrics; development of originality in design. (1 lecture, 5 lab hours)

31. Dietetics (2)

Elements of nutrition and diet in disease; principles involved in feeding the sick. (1 lecture, 3 lab hours)

38. Problems in Home Furnishing (1)

Basic principles in selecting and furnishing a satisfying home; design and functional consideration in selection of floor coverings, wall finishes, draperies, lighting, furniture, and accessories.

39. The Child in the Family (2)

Open to non-majors. Prenatal care of mother and child; development and guidance of children from birth to twelve years in relation to the family group. Supervised observation of children in nursery schools, hospitals, child guidance clinics.

40. Elementary Nutrition (2)

Not open to home economics majors. Nutrition for promotion of good family health; relation of inadequate dietaries to nutritional deficiencies; minimum food budgets in relation to optimum nutrition.