

# RICHTER CENTER STUDENT LEADERS: **TRANSFORMATIVE TRAININGS**

INTEGRATING TRAININGS, STUDENT LEADERSHIP COMPETENCIES, AND REFLECTION TO DEVELOP STUDENT LEADERS.



## Trainings

- RCSL students participate in 4-5 formal trainings throughout their year-long commitment in order to enhance existing and build new leadership skills.
- Collaborate across campus departments to diversify the training and skill building offered to student leaders.
- Engage program alumni to share expertise, talents, skills, and experience through active workshops for current students.

## Competencies

- Utilize Seemiller's Student Leadership Competencies Guidebook and Kouzes' & Posner's Leadership Practices Inventory to assess student strengths and areas of growth.
- Leaders engage in a monthly reflection practice where they assess their own growth, challenges, and opportunities to further develop the competencies.

## Reflection

- Reflection activities are embedded in every training to provide opportunities for the students to make meaning of their learning, leadership, and service experiences.
- Reflection includes group activities, one-on-one discussions, and written responses.
- Leaders gain skills to facilitate reflection for their peers, providing opportunities to implement what they've learned.

**FRESNO STATE**

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