

Tessa Jonoubeh



COVID-19: This is my brother, an essential worker, a San Francisco Firefighter.

Prior to COVID-19, we would spend most of our weekends, his days off, with family, playing games and having dinner. Times have changed, and although we can't be near each other, we keep the tradition alive. Due to COVID-19 we have had dinner through the glass door and facetime. I am excited for the shelter in place to be lifted, to be around my family. However, once it is lifted, will life go back to "normal." Will I still be able to see my brother, an individual working to keep people safe and more vulnerable to COVID-19? It is times like this where we appreciate family and wanting to have life go back to "normal" again.

Pictured: Lukas Jonoubeh  
5/29/2020



The challenges of giving birth, providing support, and loving from afar during COVID-19. My sister gave birth 6 weeks early. It was a stressful and an uncertain time for my family as we had to remain at a distance. We were not able to have a baby shower, be at the hospital or help care for my sister after giving birth

which is traditionally done within families. Fortunately, due to technology, we were able to meet the newest addition to our family.

