

INSIDE LEISURE VILLAGE

Vol. 36 No. 2

An Active Senior Community

Santa Rosa Road, Camarillo, California

February 6, 2015



A TRANSFORMATION



Photo courtesy of John and Kathy Wirtz

Nick DeSimone teeing off at the 4th hole. **Page 16**



Photo by Chitose Chun

Barbara Moore, Sally Douglas and Mary Barkemeyer create their crafts. **Club News—Page 14**

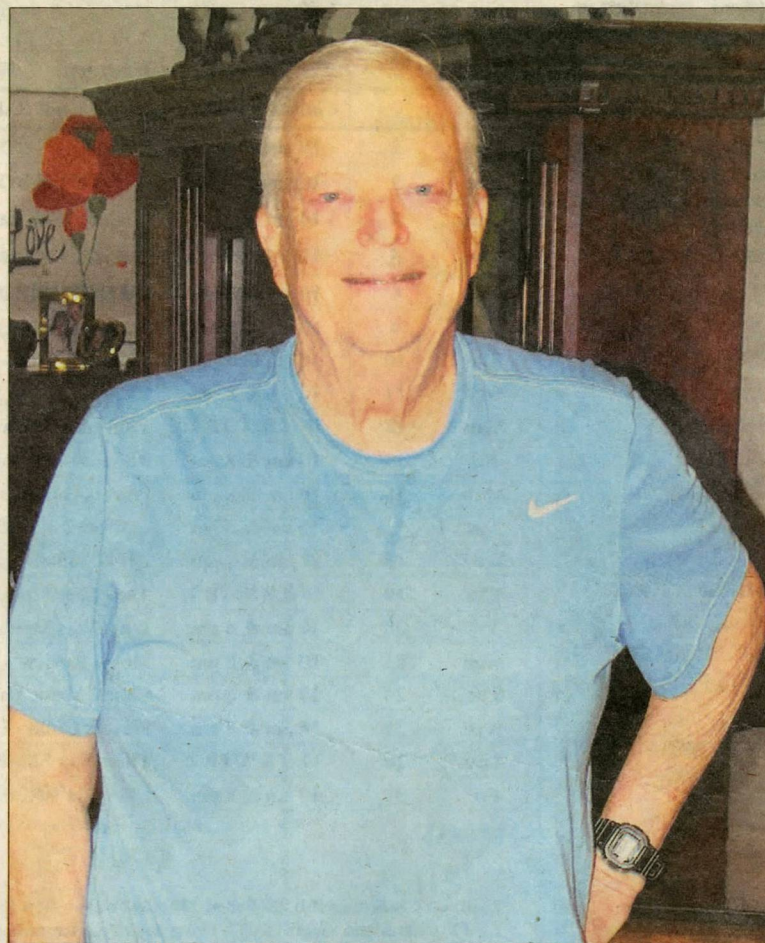


Photo by Bud Bradley

ILV Village Resident, Bob Argast today.

Village resident loses 180 pounds in 16 months

By Patty Ecker

Villager Bob Argast has moved a mountain. And he insists he couldn't have done it without Leisure Village. In the last sixteen months, Bob lost 180 pounds. On his own! No lap band surgery, no daily injections, no weekly meetings with other dieters. No hypnosis. "I always knew what

was the right thing to do. But for a long time, I couldn't do it," says the "new" Bob. It was a nudge from family and encouragement from LV friends that set him on his healthy path.

At the trailhead of that path is the

See BOB ARGAST, 10

Proposed assessment increase on the table

Residents got their first look at the annual budget proposed for the operation of the Leisure Village Association for 2015-16 fiscal year at a Town Hall meeting in January. The numbers indicated that next year's outlay would have a projected increase of \$283,429 over last year's operating expenses, and the new homeowner's assessment was estimated to increase 2.516 percent.

Presented by Ted Lansing, Board Treasurer, and Robert Riveles, Chair of the Finance Committee and Board Vice President, the 2015-16 estimates are the result

See TOWN HALL, 10

Volunteers shine in disaster aftermath

By Joseph Benti

The recent rain and fire-related slides that hit our nearby neighbors at Camarillo Springs, forcing several families out of their homes, some to temporary but welcome shelter in our AR, is a bottom line reminder of how volunteers come into play, especially when needed. Directly, it was local Red Cross Volunteers, but here, in our community, key members of the Village's Emergency Preparedness Committee showed up, ready to assist.

These are the Volunteers who would move into action were we to face a similar crisis.

See VOLUNTEERS, 11

LETTERS

VILLAGE ARTS JOINED with many clubs displaying their talents at the Village Arts Show in November and ended 2014 with a holiday luncheon in December. We began 2015 with our first club meeting Wednesday, January 7, 2015.

The first meeting of the New Year and for many years we have considered it appropriate to show a video of the Art Show. This video would also be available on LVTV. Unfortunately, this year a section of the video pertaining to the paintings shown and specifically the art of one artist was ordered to be re-

moved. The person or persons who took it upon themselves to remove one artist's work from a club function should do well to rethink what occurred. The club members feel that this was an abuse to artistic freedom and perhaps an abuse of power.

The art show posted signs as required, advising that content may offend. Therefore Village Arts had complied completely with the existing rules.

In view of what happened in Paris recently, when eleven artists were brutally murdered for exercising their right of artistic freedom and free speech, this removal of one person's art feels like blatant censorship.

— Gwen Zimring, V. 23

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address and telephone number. Please limit letters to 150 words. We reserve the right to edit and/or condense. Place in ILV box. Space permitting, whatever was not printed in this issue due to space limitations will be considered for the next issue.

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Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Ventura County Star, Scripps Howard and the E.W. Scripps Company. The Ventura County Star is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the policy of ILV shall be to report and publicize LV events and activities.



LVTV PROGRAM SCHEDULE

FEBRUARY 2015

Channel 1390

LVTV Committee Email: lvtvcommittee@gmail.com



DAY		TIME	PROGRAM	*Note: OTR = Old Time Radio
	All Month	<i>Viva the Village!</i>	<i>Host, John Baillie - Mon-Wed-Fri-Sat-Sun</i> *9:15 am; 3:15 pm; 7:15 pm See Message Board for listing. *On Sat. Larry's cooking show will follow the 9:15 am show	
	All Month	<i>Villagers On The Town</i>	<i>Host, John Baillie - Mon-Wed-Fri-Sat-Sun</i> 8:30 am; 12:30 pm; 4:30 pm	
		<i>FYI Times</i>	<i>Host, John Baillie - Sat and Sun - 2:00 pm; 6:00 pm</i>	
Daily		<i>Calendar Diva</i>	Debra Guill & John Baillie - 8:00 am; 2:00; 5:00; 7:00 pm	
Mon	2	10 am & 8 pm	LVA OPEN BOARD MEETING - LIVE	
Tue	3	10 am & 8 pm	LVA OPEN BOARD MEETING - TAPED	
Wed	4	10 am & 8 pm	Cooking with Larry Swartz - Sweets for Your Sweetie (27 min)	
Thu	5	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows	
Fri	6	10 am & 8 pm	LVA OPEN BOARD MEETING - TAPED	
Mon	9	10 am & 8 pm	What Was My Line? Jennifer Stein, Mira Fontes, Jerry Spector - (52 min)	
Tue	10	10 am & 8 pm	Women's Club - Beverly Wright - 2007 (45 min)	
Wed	11	10 am & 8 pm	LVA 101 - The Finance Committee - 2014 (44 min)	
Thu	12	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows	
Fri	13	10 am & 8 pm	Billiards Club Presents: Jerry DeVille As Elvis - 2009 (78 min)	
Mon	16	10 am & 8 pm	Players Guild - The Best Of Players Guild 2 - 2011 (41 min)	
Tue	17	10 am & 8 pm	California's Water: Using Water Wisely - 2007 (30 min)	
Wed	18	10 am & 8 pm	2014 Crafts Fair/Health Fair - (22 min)	
Thu	19	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows	
Fri	20	10 am & 8 pm	What Was My Line? Doris Bayer, Judy Know, Paul Schifanelli (57 min)	
Mon	23	10 am & 8 pm	Movie Review - Best of 2014	
Tue	24	10 am & 8 pm	Choral Music Group - 2007 (90 min)	
Wed	25	10 am & 8 pm	Players Guild - LV Got Talent - 2008 (43 min)	
Thu	26	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows	
Fri	27	10 am & 8 pm	LVA 101 - Reserves 7-28-14 (51 min)	

Contact: Chairman Bill Foeller at 384-4447 or for New Programming call John Mayer at 388-4642.
LVTV Committee meets the 3rd Thursday of each month at 9:30 AM in the MPR.

DAILY AUDIO ON MESSAGE BOARD: 9:00 AM, 11:30 PM, 3:00 PM, 6:00 PM, Narrated by Debra Guill.

*OLD-TIME RADIO AUDIO PROGRAM: Thurs. 7:00 PM, featuring Jack Benny, Bob Hope, Burns & Allen, etc.

MARCH DEADLINES

Deadline for letters, club news, stories, photos and classified ads for the March 2015 issue is Thursday, Feb. 19, at 5 p.m. The Display Advertising deadline will be Friday, Feb. 20, at 5 p.m. Publication is scheduled for Friday, March 6. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy, double-spaced, should be deposited in the ILV box in the Recreation Center hallway. Handwritten material should be submitted early to allow for typing.

Camarillo Community Theatre: "Moonlight and Magnolias" through Feb. 22.

330 Skyway Drive, Camarillo, 388-5716.

Conejo Players Theatre: "Conejo Improv Players" Feb. 7-8.

351 S. Moorpark Road, Thousand Oaks, 495-3715.

Elite Theatre Company: "The Complete Works of Shakespeare (Abridged)" Feb. 20 through Mar. 29.

31 Victoria Blvd., Oxnard, 483-5118.

High Street Arts Center: "Annie" Feb. 6 through Mar. 8.

45 E. High St., Moorpark, 529-8700.

Rubicon Theater: "The Last Five Years" through Feb. 15. "Some Enchanted Evening" Feb. 21-22.

1006 E. Main St., Ventura, 667-2900.

Simi Valley Cultural Art Center: "Hair-spray" through Feb. 15.

3050 E. Los Angeles Ave., Simi Valley, 583-7900.

Santa Paula Theater Center: "Other Desert Cities" Feb. 27 through April 5.

125 S. 7th St., Santa Paula, 525-4645

Ojai ACT: "Who's Afraid of Virginia Woolf" through Feb. 22.

113 S. Montgomery St., Ojai, 640-8797

Free tax prep in LV

AARP will be providing free tax preparation at Leisure Village at the Recreation Center on Tuesdays and Thursdays through April 14. Appointments are required. Times available are 1 p.m., 2 p.m. and 3 p.m. Make your appointments at the Recreation Office. A list of necessary documents is in the appointment book. When you make your appointment note the room location.

Health seminars planned

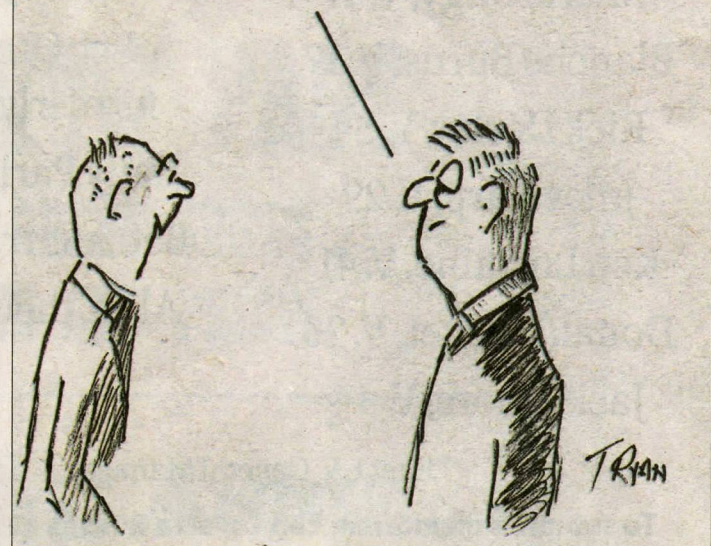
The tradition of quarterly seminars focusing on important health concerns of seniors will continue in 2015 in Leisure Village. Presented by the medical professionals from Kaiser Permanente and Community Memorial Hospital, the sessions offer residents the opportunity to listen to and question doctors about topics of interest. The yearlong program is organized by LV's Your Neighbors Care Group. Its president Mary Jane Porter says "Bringing the medical experts to Leisure Village has become a valuable resource for residents."

The first presentation will focus on cancer, particularly skin cancer. It will be held on Thursday, March 23 at 1 p.m. in the Santa Rosa Room. Refreshments catered by D.J.'s will be served.

The calendar of seminars is set; they will be held on the last Thursday of the month: March 23, May 28, Aug. 27 and Oct. 29. All are in the Santa Rosa Room at 1 p.m.

The topics list is tentatively set as: March — cancer; May — diabetes; August — medication management; and October — balance and fall prevention.

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Cartoon by Ted Ryan

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IN MEMORIAM

Bea Berger,
formerly V. 17

Stanley Berman*

Valerie Birgy, V. 17

Blanche Burns, V. 17

Rick Deeley, V. 34

Jules Karp, V. 29

Ken Lorraine, V. 41

Donald Moffet, V. 20

Jack Moore, V. 44

*First L.V. General Manager

To submit a memoriam call Loretta Reshes at 388-7116

Mildred Mullery,
formerly V. 5

Ruth Orkand,
formerly V. 25

Lee Otchis,
formerly V. 33

Sally Parisi, V. 4

Bette Sarraill, V. 7

Alan Theis, V. 39

ACKNOWLEDGEMENTS

THE PHONE CALLS, GET WELL CARDS, delightful desserts, candy, flowers, plants and wonderful meals I received during my recent recovery was amazing. Proving once again that living in a community, especially Leisure Village, you have the comfort of knowing you are never alone.

Many thanks & hugs.

— Loretta Reshes, V. 30

MY FAMILY AND I WISH TO THANK the people of Leisure Village for the compassion you showed at the death of my husband, Ken. Your cards and phone calls have meant so much to us during this trying time. We truly appreciate your acts of kindness and concern.

Sincerely,

— Marge Lorraine, V. 41

AT THE BOX OFFICE

Box office hours are 9 to 11 a.m. Tuesdays, Wednesdays and Thursdays. The Box Office is located in the Rec Center lobby.

Currently on Sale:

Showtyme, "Two Grandmas from Brooklyn," March 15, \$10 members/\$13 non-members.

Club dues we collect:

- LV Musicians \$5
- Pet Club \$5
- Players Guild \$10
- RV Club \$10
- Showtyme \$10
- Women's Club \$5

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COMFORT KEEPERS

Boosting recovery after total hip replacement

Thanks to advances in technology, total hip replacement has become a widespread procedure for many older adults to address severe hip joint pain caused by arthritis and injuries. The procedure for most is low risk and offers more independence and a greater quality of life after recovery. To ensure success, it is important to reduce risk factors that may lead a person to be readmitted to the hospital after the procedure. Older senior adults in particular are at a greater risk for complications that can result in readmission. The most common of these are surgical site infections and cardiovascular events.

Certain factors can increase the risk that the senior will return to the hospital, including depression, obesity, malnourishment (which can occur in conjunction with obesity) and vitamin D deficiencies. These factors can cause more complica-

PART 1 OF 2

tions after surgery, including infections, and can reduce the senior's ability to perform daily physical functions.

Another factor that can affect a successful outcome is waiting too long to have the surgery performed. Many seniors put off hip replacement surgery out of fear. Performing the surgery earlier and not waiting until the condition is critical, however, can improve surgical results and reduce hospital stays. The factors listed above are important for individuals to discuss with their physicians so that appropriate preventive actions can be taken, but there are also actions older individuals can do to boost recovery after total hip replacement.

Article provided by Ellen & Andy Smith, Comfort Keepers In-Home Care, 275 E. Hillcrest Dr., Ste. 145, Thousand Oaks, CA 91360, ck426@comfortkeepers.com

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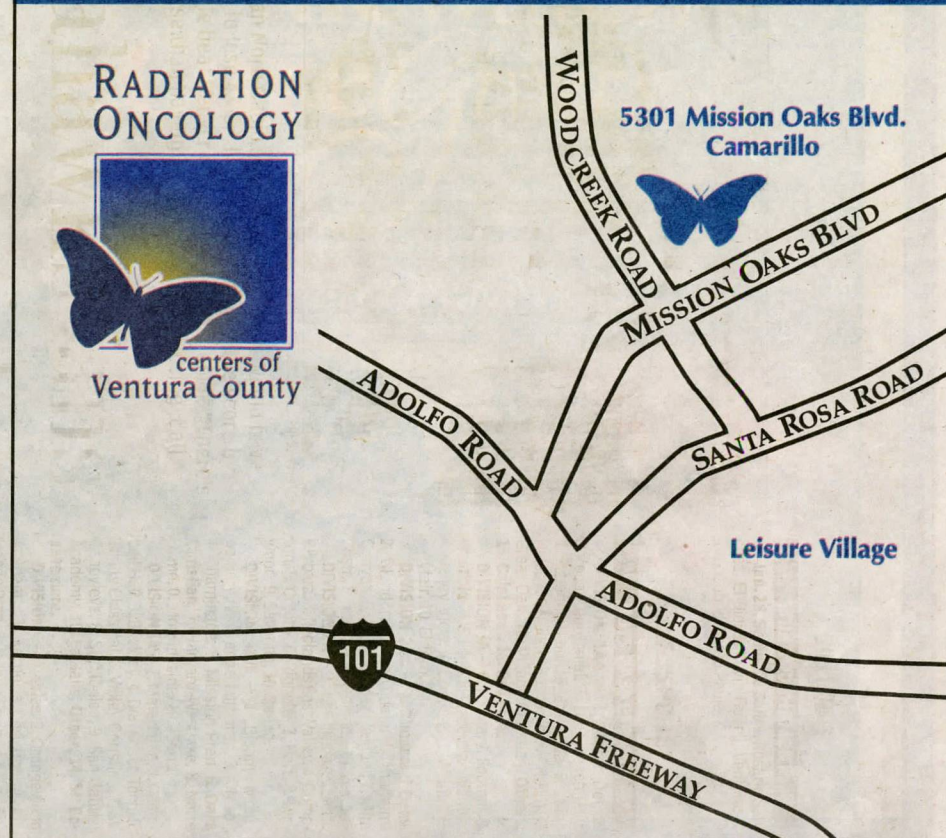
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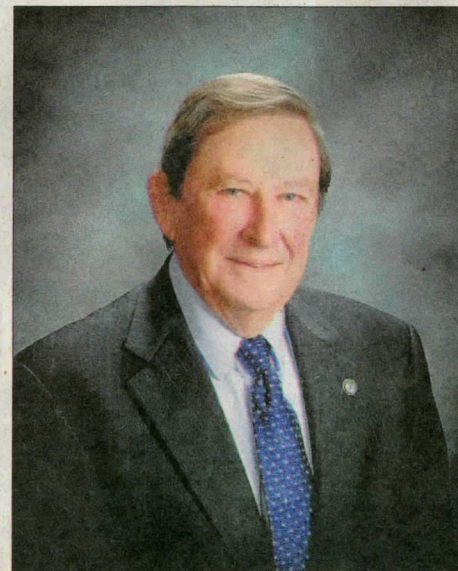
Happy Anniversary!



Helen and Harold DeNoon, V25, married on Dec. 31 1937, and recently celebrated their 77 year anniversary.

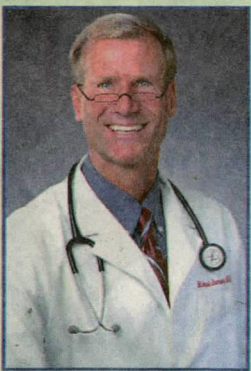
Photo by Jerry Spector

The State of our City set for March



Camarillo government officials are coming to the Village to discuss "The State of our City," in an open forum with residents on Monday, March 2 at 6:30 p.m. in the AR. Newly selected Camarillo Mayor Bill Little will lead a panel of city department heads in the presentation. A question and answer time will follow their reports. The event is sponsored by LV's Current Issues Forum. "It reflects an awareness by City Hall that Villagers make up a significant voice in Camarillo. And it gives our residents a chance to measure how city leaders factor us into their programs and plans for Camarillo," says Jim Mainland, Chair of the Current Issues Forum.

LEFT: Mayor Bill Little.



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Cartoon by Ted Ryan

REALTOR'S CORNER

Studies and experience show that when someone approaches your house, they decide in the first eight seconds whether they like it or not. In the real estate business, it's known as "curb appeal." Curb appeal is most important when you are trying to sell a house or offering it for rent. But even if you're not, it's something to think about. Sometimes, people don't seem to see their own front door because they enter through the garage.

It's all too easy to let the front and back of the house maintenance get the best of us. Clutter, leaves and debris can accumulate and so do the chores involved in keeping things clean and neat.

Some suggestions for increasing curb appeal include washing down the front of the house, including the front door and exterior light to eliminate cobwebs and

dirt. Gutters need to be cleaned and weeding, trimming and raking out leaves and debris is helpful, including removing empty flowerpots and flowerpots with dried-out plants. Take a look at your doorbell, mailbox, doormat and exterior light fixture. Does it need to be replaced? A handyman can easily and inexpensively replace these items.

If you're thinking of selling or leasing your home, people will be most attracted to a home that looks cared for and loved. You may want to ask your Realtor for assistance. It's all about making your home as appealing as possible!

Sharron Parker is a Realtor specializing in Leisure Village. She can be reached at 443-1998, www.ILoveLeisureVillage.com or sharronbparker@aol.com. CalBRE #00900167

A DOG'S LIFE

By Bella Cohen



A funny thing about sidewalks

Hi, my name is Bella and I am a Yorkshire Terrier (some people think that should be spelled Terror) that lives in Village 42. Since I am a Yorkie, I guess that I am a distant relative of Arlo — sort of a shirttail relative, whatever that silly expression means — I mean, what is a shirttail anyway?

Well, when you are as small as I am (a very svelte 4 pounds), you tend to notice sidewalks when you take your guardians for a walk. After all, my nose is only a couple of inches above the pavement.

Funny thing about sidewalks: they have been around for about 2400 years! That's right, some archeologists claim that the Corinthian Greeks had them in their city back in 400 B.C. We certainly know that the Romans had them. Why, in the city of Herculaneum (which was also buried by Vesuvius in 79 A.D.), the sidewalks had reflective crystals imbedded in the cement so that people could find their way home in limited light after a night of drinking with the boys. But I digress. The funny thing is that sidewalks were always meant for people — even way back then.

Which brings me to my pet (pun intended) peeve — some people think that sidewalks are for cars. When we are out walking at night, we often have to navigate around cars parked in driveways

that are too short to accommodate them. Sometimes I just walk under the cars, but my leash tends to get tangled in the exhaust pipe — and besides, my guardians can't follow me there. So most of the time, my guardians have to walk out onto the street. Not too much of a problem for us fortunately, but I think of all my friends whose guardians are not so nimble, and may even have to use walkers. For them, it can be a problem. And, you know, there are a lot of older folks here in Leisure Village, if you know what I mean. Complicating the problem are all these little 'mines' that Liquid Amber trees drop. They can easily cause some of the older folks to twist an ankle, and many of these 'mines' tend to collect near the curb. Couple that with the rounded curbs and well, you have an accident waiting to happen. So please be considerate and do not park on the sidewalk.

And that goes for cars that parallel park here also. I know that it is good to get close to the curb when you park, but if you get too close the car tends to roll right up on the sidewalk and that restricts folks in walkers also. Please watch for that. I apologize for 'hounding' you, but it really had to be said. After all, better to hear it from me than one of those nice security officers.



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THE STEERING COLUMN

Photo by Jerry Spector

Ron Quick built this beautiful creation in the LV woodshop.

The village's quick airline

The project began with the most loving of intentions. Villager and woodworker Ron Quick wanted to build a rocking airplane for his three toddler great grandchildren. (By "rocking," he meant the gentle back-and-forth motion, not a musical beat.)

He had some scrap lumber — maple and walnut — in his garage; he found a design to guide him; and he started work in LV's Woodshop.

For about two months — over 100 hours of sawing, sanding, molding and finishing — Ron created what his fellow woodshop pals describe as a work of art: 58" long by 44" wing tip to wing tip and 29" high with an upholstered cockpit, adjustable seats so two little ones can sit in it, movable propeller, and a finish like satin.

However, as the plane took shape, his grandson, who lives in Sacramento with his three kids, said regretfully, "There's no way it can fit into our two-bedroom apartment." It was a bit of turbulence but the Quick Airplane was not grounded.

"I enjoy the process so much," explains Ron, "So I decided to finish it, sell it,

and donate the money to the Woodshop."

His colleagues on the Woodshop Committee joined in to help complete the project. Word of this beautiful work spread quickly, and a man from Camarillo Airport came by to look at it. "He said right away, 'I gotta have it! I'll give you \$600 for it.'" Ron remembers. And he was about to accept the offer until several friends said to him "Are you crazy? It's worth a lot more than that."

So the flagship of the Quick Airline is available for now. Its creator is hoping to land a larger bid that will add resources to the Village Woodshop. The original buyer has told Ron his offer holds if a better one does not come along.

Do we hear a higher bid? LV's Woodshop is listening.

58" long

44" wing tip to wing tip

29" high

Upholstered cockpit
Movable propeller

Peer counselors needed

Are you interested in helping others? Ventura County Jewish Family Service will be offering training for Senior to Senior Peer Counselors in Leisure Village.

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BOB ARGAST from 1

memory of 395 pounds. That's what he weighed at the worst of times in 2013. Today his scale reads 215, and Bob is not done yet.

Bob Argast's weight was not a lifetime problem. As a young man, he was a kindergarten teacher. When he turned 40 years old, he set a goal for himself to run a marathon once a month for a year. Twelve competitions later, he celebrated his accomplishment. He weighed 140 pounds. But things changed. He switched to teaching third grade and began to put on some pounds.

Then a life crisis hit. He and his wife divorced, their grown children were on their own, his brother Jeff had a serious stroke. Bob retired from teaching and, with Jeff, moved into Leisure Village. It was 2007. Bob felt depressed, discouraged, and alone.

"I became a couch potato," Bob says. "I sat in this chair, watched television, took care of Jeff, and ate — all day, all night, all the time." That dark and dismal lifestyle put 100 more pounds on Bob. When his daughter visited from Seattle, he weighed 395 pounds and could barely get around. "I went to an Oregon/USC football game, and I could not walk up the stadium steps,"

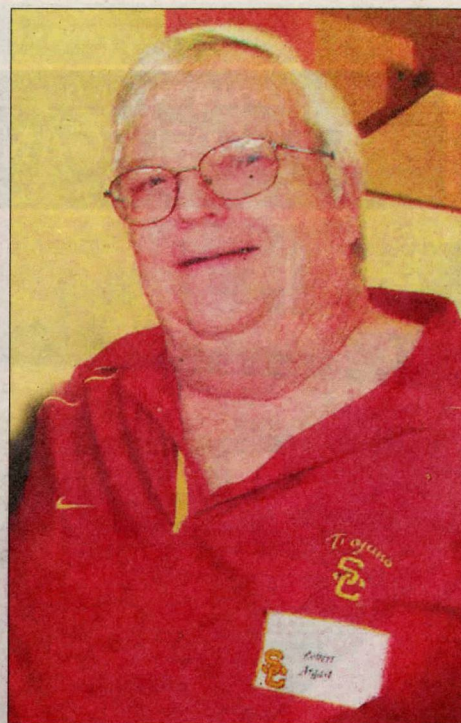


Photo courtesy of Bob Argast

Bob Argast from February 2013.

he remembers.

It was the insistence of his daughter Tammie that turned Bob around. She confronted him with her own fear. "She said

she was afraid that I was killing myself," Bob recalls. "It wasn't the first time she'd said it; but this time I heard her." So the two of them went to the doctor who confirmed his precarious condition.

Bob took his first steps to good health in LV's swimming pool. He went at 6 a.m. and began walking laps in the water — sometimes for as long as three hours. He embraced a new diet; for example, exchanging big bowls of oatmeal for kale, spinach, protein smoothies. In the first month, he lost thirty pounds.

And he gained new friends. He began to chat with the other early birds in the pool. One of those pals, Fan Chang, suggested that he join Bone Builders, which he did. He also rides his bike 30 minutes a day, walks daily, and he's recently took up line dancing.

Fan praises Bob's efforts, "He is a good model for seniors; his success can encourage others." Bob is quick to thank the "AM Swim Pals" for encouraging and supporting him.

Bob still goes to the pool at 6 a.m. daily, only now he's swimming laps, not walking them. He's begun weight training to tone up his new body. The depression is gone. And he's more social, he says smiling, as he left on an errand to buy new shoes... for dancing.

TOWN HALL from 1

of five months of number crunching by Village staff and department heads followed by consideration and discussion with the LVA Board of Directors. Lansing described the budget as "a tool, not something written in stone." The Board vote on the budget was scheduled for their meeting on Feb. 2.

The total budget for LVA's operating expenses in the 2015-16 fiscal year is estimated at \$10,910,329. However, ongoing budget considerations may result in changes to the numbers up to the time of the vote by the LVA Board.

The Town Hall presentation reported that most expenditures are projected to cost more next year than they did this year. For example, employee salaries will increase by 2 percent, and employee health insurance will go up by 11 percent, reflecting rate hikes by the carrier Kaiser Healthcare. An extra \$15,000 is allotted for additional tree maintenance because a pine blight is damaging a large number of trees.

A review of the Village's budget history shows that the proposed 2.516 percent increase in homeowners' assessments is below the average annual increase over the past 40 years.

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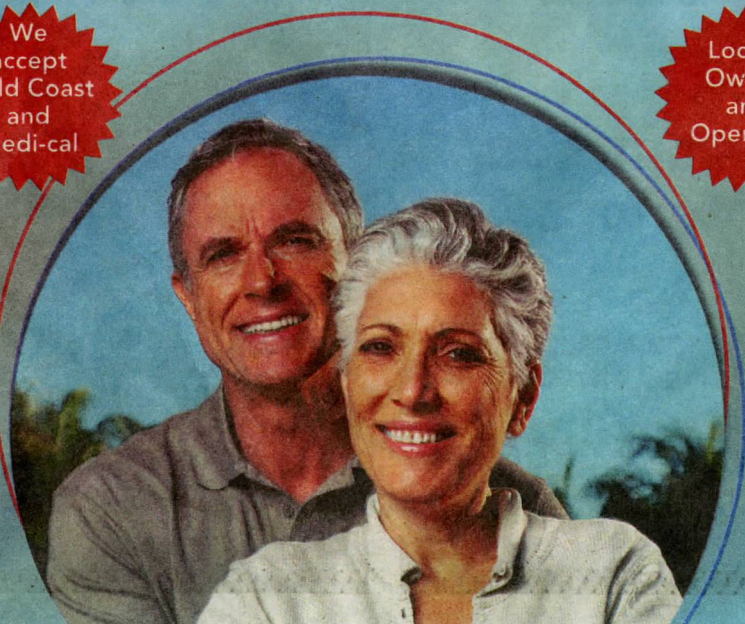
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However, as with most of our eleven standing Committees, Emergency Preparedness is short Volunteers, lacking coordinators for several of our 37 villages, resulting in some doing double duty.

That underscores a perennial problem in this community—for a variety of reasons, retirees, especially recent and younger ones, don't volunteer.

Back in 2004, about a year after moving into the Village, in an article for this paper about the problem of getting volunteers to run for the Board of Directors, I noted, "Veteran residents decry the lack of involvement on the part of those of us who are new to the village and those who have been here longer but who also lack the interest in becoming active participants in the community. That apparent universal lack of interest, they say, is the result of too many of us not making the connection between our involvement and what's good or bad about living here."

Not much has changed—in the last election, the Nominating Committee was underwhelmed by volunteers, coming up with only two candidates for the two open Board seats.

Our Board, five Homeowners, each a Volunteer, decides the dollars and cents reality of living in this self-governing homeowner Association, which is an eleven million dollar a year reality!

The same lack of enthusiasm for volunteering has created a shortage of volunteers for many of the various committees that serve as the Board's eyes and ears for picking up what's happening in the Association's major areas of responsibility.

Of nearly 3,000 residents, only 162, approximately 5 percent of our population, volunteer to serve on the eleven standing committees that are the pipeline of information and recommendations between the Board and the rest of us. Many of those 162 serve on one or more Committees, and/or double-duty because there simply are not enough volunteers to get the jobs done.

This problem is evident, too, in Board-chartered clubs that serve our lifestyle interests. Sometimes this or that club cannot encourage its own volunteers to volunteer to be club officers which are necessary for the clubs to meet their organizational obligations.

Over the years, Village volunteers have contributed tens of thousands of unpaid hours and raised hundreds of thousands of dollars to improve the quality of life both in the Village and for the greater community, the Women's Club and this paper being chief examples.

Just so you know, we have the Architecture Committee, whose volunteers make sure that all exterior residential



Photo by Joseph Benti
A sign directs victims of the Camarillo Springs mud slides to a shelter that was established at Leisure Village.

construction meets our codes and restrictions, effecting the value of all our property; a Buildings & Grounds Committee that helps residents to follow the guidelines for the outsides of their homes, the Education & Recreation Committee, covering everything from Bingo & Travel to Bocce and Shuffleboard, a Finance Committee that double-checks the spending of our money; the Insurance Committee that brings dedication to controlling those costs, and they are awesome, the LVTV Committee that handles communications, the Residential Landscape Committee whose members keep us from creating our Sherwood Forests, the Safety &

Security Committee that mediates tickets and other enforcement issues, a Welcome Committee, to say a formal hello to newcomers and the aforementioned Nominating Committee whose members shake the trees to see who will fall out for us to vote onto the Board of Directors.

Sharon Loney, Chair of the Emergency Preparedness Committee, summed up why we need younger volunteers, "...Volunteers of any age, because we don't run without them. It all sounds so silly to be planning for something that may never happen, but if we don't, who will?"

Again, it boils down to this, if not Sharon, or you, or me, then who?

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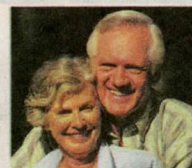
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CLASSES

BEGINNER'S LINE DANCE

When: Tuesdays, 2:30 - 3:30 p.m.
Where: AR
Cost: Free
Instructor: Sharon O'Conner
Info: Sharon O'Conner, 910-9428

BETTER BREATHING

When: Tuesday Feb. 17, 1:30 p.m.
Where: Garden Room
Cost: Free
Instructor: Lorraine Comer
Info: Lorraine Comer, 383-7423

BEGINNER'S CONVERSATIONAL HEBREW

When: Tuesdays, noon - 1 p.m.
Where: Sewing Room
Cost: Free
Instructor: Ben Racowsky
Info: Ben Racowsky, 445-8284

TAP CLASS

When: Mondays, 5:30 - 6:30 p.m.
Where: AR Stage
Cost: \$3 per class
Instructor: Linda
Info: Sue-Ellen Colp, 312-1991

READING HEBREW

When: Tuesdays, 1 - 2 p.m.
Where: Sewing Room
Cost: Free
Instructor: Ben Racowsky
Info: Ben Racowsky, 445-8284

STRENGTH TRAINING

When: Tuesdays, 4:30 - 5:30 p.m.
Where: AR
Cost: \$30 for 10 classes
Instructor: Sue-Ellen Colp
Info: Sue-Ellen Colp, 312-1991

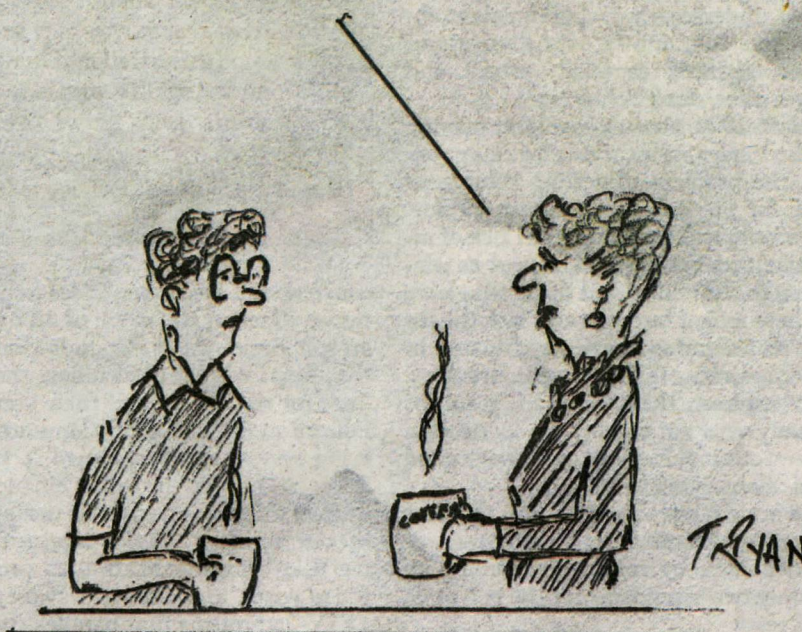
AEROBICS

When: Monday, Wednesday, Friday, 11 a.m. - noon
Where: Clubhouse
Cost: Free
Instructor: Diane Knopf
Info: Diane Knopf, 482-8666

MUSIC AND MOTION

When: Mondays, Wednesdays, Fridays, 9 - 10 a.m.
Where: AR
Cost: \$5 per class
Instructor: Renee
Info: Barbara Yago, 388-0419

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7120 Village 7	\$319,900	IN ESCROW
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18208 Village 18	\$499,900	AVAILABLE
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Camarillo Ranch House docent training: keep history alive

Join us to help keep history alive at the Camarillo Ranch House. Training to be a docent for the Camarillo Ranch House is scheduled for Thursday, March 5. The training will focus on architecture and decoration of the Queen Anne Victorian house, the Camarillo White horses, the creation of the Camarillo Ranch Foundation and the history of the Camarillo family. Docents give tours of the house on Saturday, Sunday and Monday from 11 to 3,

as well as for special events, with school children on Tuesday and Wednesday mornings and with group tours.

The docents enjoy teaching the guests about Adolfo Camarillo and his ranch and working to make the Queen Ann Victorian home beautiful. The docent program includes continual learning with guest speakers and trips to museums and historical houses.

As a Camarillo Ranch docent, you will

learn about the Camarillo legacy, give tours of the 1892 Queen Anne Victorian home and the gardens, be part of the celebrations and special events held at the Ranch and teach school children about Adolfo Camarillo and life in the late nineteenth century.

Please contact the Ranch office, 389-8182, or visit www.camarilloranch.org. The training is open only for docents and perspective docents.

TRAVEL CORNER

By Glenna Dunning

New and exciting opportunities for Leisure Village residents: Museums, casinos, concerts and plays, a tasty visit to Santa Barbara's Culinary Institute, and a wonderful four-day visit to San Francisco! Join us on one of the trips offered by your Leisure Village Travel Committee. Check out these opportunities:

■ **Primm Casino.** Package includes round-trip transportation in a deluxe motor coach; two nights accommodations at Buffalo Bill's Resort and Casino; two buffets. Feb. 24-26.

■ **"Exploring Santa Barbara — with a culinary feast!"** We will enjoy a special lunch at the famous Santa Barbara Culinary Institute where you have a choice of a beef, chicken, salmon or vegetarian entree. After lunch, we will explore highlights of Santa Barbara on a private, open-air trolley, followed by time for shopping. March 3.

■ **"San Diego Spring Fling."** This three-day, two-night visit to San Diego will include a harbor cruise of San Diego Bay, a tour of the city and Balboa Park, and a tour of Coronado Island and the famous Hotel Del Coronado (where the movie "Some Like it Hot" was filmed.) We will stay in the Embassy Suites across from Seaport village. March 17-19.

■ **Disney Concert Hall in Los Angeles.** The program features the London Symphony Orchestra playing works by Benjamin Britten, George Gershwin and Sibelius. Seats are going fast for this concert! March 24.

■ **"Newsies."** Direct from Broadway, this musical is a smash hit! Seating is on the right side of the Orchestra section at the Pantages Theatre. Our motor coach leaves Leisure Village at 10:45 a.m., so you are encouraged to bring a sack lunch to eat on board. April 19.

■ **"Up the Golden State to the Golden Gate: San Francisco."** This special, four-day trip includes transportation, three nights at the Comfort Inn in San Francisco and sightseeing. Payment options are available. Note update: Trip is now scheduled for April 26-29.

■ **Sedona and the Grand Canyon.** Join us for a five-day, four-night trip to beautiful Sedona in northern Arizona, and to one of the Wonders of the World: The Grand Canyon. We will spend two nights at the La Quinta Inn in Sedona, and two nights at the Aquarius Hotel Resort and Casino in Laughlin, Nev. May 25-29.

■ **"Mowtown the Musical"** at the Pantages Theatre. This hit Broadway musical portrays the story of the legendary music mogul Barry Gordy who launched the careers of the Supremes, Smokey Robinson and Marvin Gaye. June 7.

OPINIONS REQUESTED OF NEW SIGN DESIGN



Photo by Jerry Rosen

This is a new suggestion for the village signs. Residents are asked to give their opinion of this sign by sending a note or email to Bob Scheaffer. His email address is b.scheaffer@leisurevillage.org

For email notifications of trips, please sign up at the Travel Office. Your Travel Committee continues to offer Leisure Village residents an interesting variety of trips; we are here to serve you, so please visit us on a regular basis to check out the current listing of trips!

Hours for the Travel Committee window in the Recreation Center are Tuesday through Thursday, 9 - 11:45 a.m.

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Friday Night Country Dance

By Sue-Ellen Colp

Happy New Year to everyone. Hope you all had a healthy holiday and are ready to start dancing again on Feb. 6 at 7 p.m. Cost is still \$5. Looking forward to the new year with lots of dancing.

So get your boots or dance shoes on and come join the fun of a night of dancing. The new format seemed to work last month with 3 line dances and 2 couples. Come early and put your requests on the dance sheet and hope to get them all played. Bring a snack to share and just be there. Looking forward to a fun filled evening. See you in the AR, 7 to 10 p.m.

Billiards

By Patrick Price

Attention members: It's time to renew your membership for 2015. You can drop your check for \$7 in the box on the Billiards Club bulletin board.

Billiards enthusiasts — join now for

only \$7. Member information should also be entered or updated at this time to make our new directory accurate. Membership cards are near the check box and can also be deposited there. Or, see any Billiards Club board member about any of this.

The next meeting is Tuesday, Feb. 24 at 7:30. Snack donations are always welcome at the 'after meeting' in the Garden Room. Come join our popular Thursday night challenge. Be there at about 6 p.m. to sign-up. Also, there is the fun LCR game in the Lanai room for those not playing pool.

Writer's Club

By Larry Kalisher

The Writers Club meets every Monday at 1 p.m. in the MPR. Anyone interested in writing short stories or poems or just listening to others is welcome to join us. Some Club stories from January can be seen in the library just inside the door.

Suggested topics for February are: Feb 2 "My Pet Peeve(s)," Feb. 9 "The teacher who most influenced me," Feb. 16 There is no meeting, and Feb. 23 "How being a

senior is different from what I expected."

For additional information, contact: Larry Kalisher at 465-0042 or at larry.kalisher@gmail.com.

Showtyme

By Jennifer Stein

Showtyme Presents, "A Valentines Salute to Barbra, Bette & Rosemary". Performed by Janice Gerard. Produced by Paul Schifanelli. Janice brings more than paying tribute to some of the greatest pop and Broadway singers of the 20th Century, Janice brings a fresh vitality and exciting energy to her incredible renditions of their best loved songs. She will be tapping into our hearts with signature songs

like "People," "Evergreen," "The Rose," "The Wind Beneath My Wings" and "Hey There" just to name a few.

Please join us on Friday, Feb. 13 at 7:30 p.m. in the AR. Doors open at 6:45. No reserved seats. Member: No charge. Non-Members: \$3 donation. Annual Membership \$10.

The March Showtyme entertainment is "Two Grandmas from Brooklyn" on Sunday, March 15. Tickets will go on sale Feb. 10 at the Leisure Village Box Office. The prices are \$10 for members and \$13 for non-members. Be sure to mark your calendars.

Contact Jennifer Stein at 805-905-9015.

See CLUB NEWS, 15



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Janice Gerard will be performing at Showtyme on Friday Feb. 13 in the AR.

Photo courtesy of DebBABS photography

CONTINUED from 14

New York Club

By Frank Seiden

The New York Club wishes all a happy Valentine's Day.

We are sorry that we had to cancel the Sandy Hackett show previously scheduled for Feb. 22, but events beyond our control made it necessary.

At our March meeting we will bring a memory of early rock — a wonderful Elvis impersonator, Danny Memphis. Join us to hear what are now golden oldies, to sway in your seats to infectious rhythms and to find out if he will gyrate and jump like the original Elvis. Afterward, socialize with cake or cookies washed down by coffee or tea. So mark your calendars for Thursday, March 5 at 7:30 p.m. and join us for an evening of fun..

For information, contact Frank Seiden at 437-6242.

In Other Words

By Frank Seiden

The club is a creative writing workshop meeting the second and fourth Wednesdays of each month at 2 p.m. in the Lanai Room. Our purpose is to improve skills and styles in creative writing of prose and poetry. We are a writing group of diverse backgrounds and personalities who blend well and offer mutual support in our effort to advance our writing skills. Our very amicable discussions of each person's work recognize the especially good features and offer suggestions on weaknesses, keeping in mind that writing is for both the sound and the thought. These discussions are informative to all present regardless of whose work is being discussed, so all benefit. Each meeting ends with a brief lesson on a technique that participants are welcome to try. The lessons for February will be on the topics: Metaphor and Simile and Knowing People (graphic presentation of characters in your writing).

Frank Seiden, the leader, conducted a workshop for a couple of years before moving to Leisure Village almost seven years ago and was asked to lead this group when it was formed. If you like to write and would like to see what we offer, contact Norma Waldhorn at 419-4130 or Frank Seiden at 437-6242 or just walk in, sit down and listen; if you bring something to read, all the better. This month our meetings are Feb. 11 and 25.



The Camera Club's December theme was Reflections on Glass. Winning first place is Golden Reflections by Sharon Forkner.

Camera Club

By Jackie Fishman

The Camera Club ended the year with the presentations of the "Best of 2014." President Ken Lauchner announced the awards and the recipients were handed their awards by the new Board. Five awards were made for each category; only the top award winner is listed here. All of the winning photos will be displayed in the Rec Center for the entire year for all to enjoy.

Assigned Category - Laura Greffly for Precarious Perch.

Open Category - Jean Kohut for Busy Worker.

Creative Category - Marlene Votion for Bicycle Array.

Past President Marlene Votion read tributes to the many who have helped to make the Camera Club what it is for us all to enjoy, and handed each one Atta Boy and Atta Girl Certificates, for which they proudly deserved.

The evening ended with a beautifully decorated holiday party for Chanukah and Christmas, with wine and delectable desserts.

We began this year with our January Competition Meeting, conducted by

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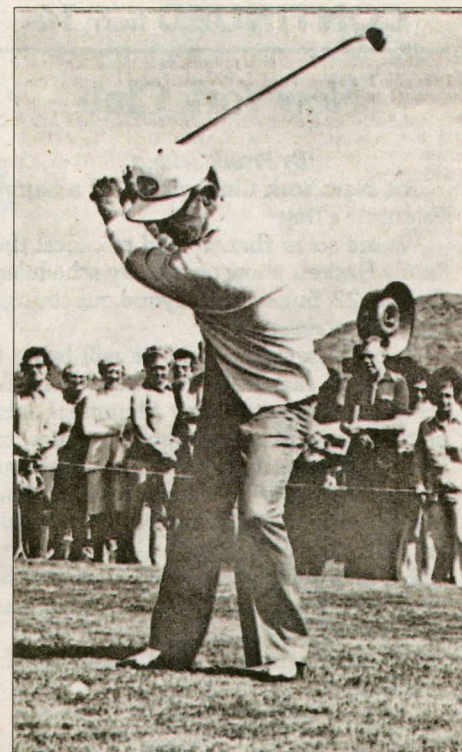
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LV golf course: 40 years old and going strong



The Pleasant Valley Golf Team who qualified for the Leisure Technologies Pro-Am Golf Tournament held in Florida: (bottom row l-r) Christie East, Frances Pearson, and Ada Lyon. (top row l-r) Chris Christensen, Penny Pearson, and Jack East.

ILV Newspaper Archive Photo



ILV Newspaper Archive Photo

P.G.A. Champion Jerry Barber was a special guest at the grand opening of the LV Golf Course, March 31, 1974.



Photo courtesy of John and Kathy Wirtz

Nick DeSimone teeing off at the 4th hole.

Party this month celebrates what was originally a par 3, nine-hole course

The birthday party is scheduled for Feb. 18, but the celebration for the first 40 years of the Leisure Village Golf Course has been going on for ... well ... 40 years.

The course began as a par 3, nine-hole centerpiece, an important sales feature in 1973 when the gates opened to potential homeowners, according to the developer Leisure Technologies. Among the first 100 "pioneer" residents, the golf course was often mentioned as one of the main reasons for buying in.

The official grand opening of the course was held on March 31, 1974 with a demonstration by P.G.A. Champion Jerry Barber. After the official ribbon-cutting ceremony (which included the mayor of Camarillo, as well as the reigning Miss Camarillo), Barber gave Villagers a clinic on the shot-making skill that helped him win tournaments and lead the U. S. Ryder Cup Team. Then Nick DeSimone, a Village 11 pioneer, had the honor of being the first Villager to tee off on the course.

The official grand opening of the course was held on March 31st 1974 with a demonstration by P.G.A. Champion Jerry Barber. After the official ribbon-cutting ceremony, Barber gave Villagers a clinic on the shot-making skill that helped him win tournaments and lead the U. S. Ryder Cup Team.

In September 1974, Charles Ward shot the first hole in one on the Leisure Village course. He aced the 131-yard 6th hole and became the charter member of a special Hole-in-One group that continues today.

Right from the start, the golf course was busy with men and women. In less than one year, the Men's and Women's Golf Associations were formed. They operated then — as now — independently of the other to promote the sport and encourage residents to participate.

Golf became an early part of the social fabric — with "10th hole" barbecues becoming so popular that they were moved

from the picnic area (where residents rolled their own grills from home for cooking the steaks and hamburgers) into the AR to accommodate the growing number of partygoers.

Leisure Technologies was a national company that built developments — all called Leisure Village — around the country and sponsored an annual Pro-Am Golf Tournament for teams from those Villages. Our golfers, the Pleasant Valley Golf Team, composed of three men and three women, tied for third place in a tournament in New Jersey in 1974. The next LV team qualified for the 1975 competition

in Fort Myers, Florida. Their team picture survived; the contest results did not.

Leisure Village golfers got their 18-hole course on May 31, 1980 when the back nine holes were completed. The 40-acre centerpiece of the Village has been busy ever since. It is tended by four landscape workers assigned to the course full time and enjoyed by hundreds of Villagers with their friends and family each week.

Then and now



Historical photos courtesy of John and Kathy Wirtz

Photos from today by Jerry Spector

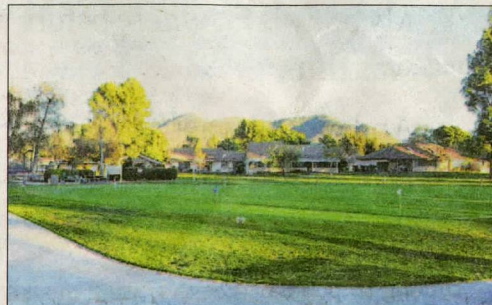
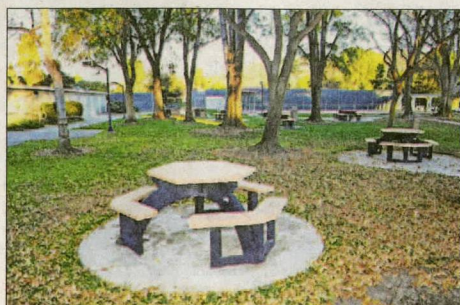
LEFT: The golf course grew from nine to eighteen holes; here is the 16th fairway under construction.

RIGHT: Between the 16th and 17th hole today.



ABOVE: The picnic area near the Pavilion was the hub for the golfers' 10th-hole parties and barbecues.

RIGHT: The picnic area today.



ABOVE: From its beginning, the putting green got a workout daily.

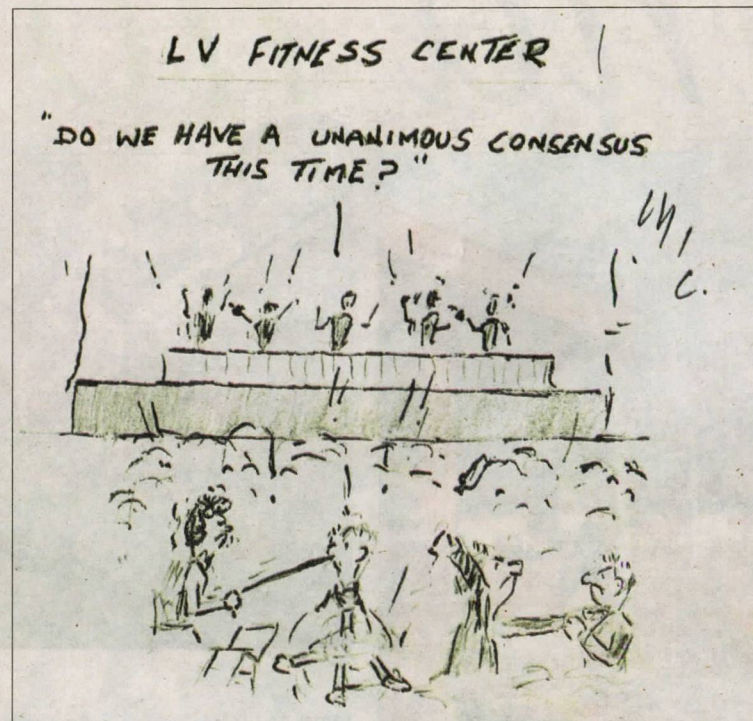
LEFT: The greens today.

The new fitness center is on its way, and much more

After a delay of almost two years, it's time to get out the gym bag, wipe off the sneakers, and do a few stretches at home. Construction is about to begin on the Village's New Fitness Center! The last stumbling block — approval by the Federal Emergency Management Agency — was received in mid-January, and forwarded to the City of Camarillo for the final permit. "The next step is bids and then selection for the concrete work," says General Manager Bob Scheaffer. "That should be in place in early February. Then we are on our way!"

Actually building the Center has been described as "relatively simple," a 2000 square foot building on the west corner of the swimming pool deck. "First the concrete slab is laid, then the frame; it's really a box with windows, doors, and a roof," Scheaffer explains. New state-of-the-art equipment has been selected with the assistance of outside experts on exercise for seniors. The funds for the Center have been held in a segregated operating fund since 2013.

The construction of the Fitness Center paves the way for



other major projects. The bathrooms and shower rooms at the swimming pool will be totally renovated at approximately the same time. When completed, the facilities will be totally compliant with regulations of the

Americans with Disabilities Act. Look for new tile, reconfigured and larger stalls featuring floor to ceiling doors, new LED lights, new glass shower doors, among other changes.

Once the Fitness Center con-



Cartoons by Ted Ryan

struction is well underway, the 40-year-old swimming pool will get a thorough makeover for safety and appearance. That necessary work will require that the pool be completely closed for about a month. Village staff

wanted to get this work done in the colder months, so that the repaired, replastered, and retiled pool (with new coping) will be ready for swimmers as the warmer weather of spring approaches.

OLD AGE

— By Lois Reinhart, V. 20

My skin has grown wrinkled,
all my bones ache,

My back feels like it's about to
break.

The mirror shows there's a
mole on my nose,

I feel like a wreck from my
head to my toes.

It seems I am deaf in one of my
ears,

My eyesight is failing, it also
appears.

My body is fat where before it
was thin,

And when I wasn't looking,
arthritis set in.

I simply despise all the lines
on my face,

Where once there was beauty
is now a disgrace.

Anyone can tell that my
memory is shot,

Wherever it's gone to, I miss a
lot.

I no longer run a few miles
every day,

Old age has set in and my hair
has turned gray.

But I'm always cheerful, I
never complain,

Life holds more sunshine
than it does days of rain!

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The Camera Club's December theme was Reflections on Glass. Winning first place is Just One Duck 2 by Jean Kohut.

CONTINUED from 15

President Ken Lauchner, with refreshments graciously provided by Sharon Forkner and Lorraine Friedman. Thank you, both!

Our next meeting on Jan. 21 will be a workshop given by our new president, Ken Lauchner. It will encompass basic photography and camera terms and how it affects you. Please be there for terms and buttons, and much more...

And the winners are, for January:

Assigned Category - People & Portraits: First Place, Lorraine Friedman for My Little One; Second Place, Frank DeSimone for Air Paddle; Third Place, Verna Cryder for Do You Remember When You Could Sleep Anywhere?; Honorable Mentions, Marlene Votion for I'm Just a Little Pussy Cat and Al Sarnelle for Solitude.

Open Category - First Place, John Kingsley for Carbon Beach Jumpers, Second Place Frank DeSimone for This Makes Me Even. Third Place, Laura Greffly for What an Ugly Face. Honorable Mentions, Don Treadwell for I Can't Find Village Fifteen and Gregg Gillmar for Time for a Drink.

Creative Category - First Place, Frank DeSimone for All That Jazz.

Saturday Nite Dance Party

By Andrea I. Moran

The sweetheart month is coming in February. Please join us for our annual Valentine Party. The Groovin Swing Band will be here to provide the music. So put on your calendar and dancing shoes.

The schedule: Feb. 7 Jerry Dokken; Feb. 14 Groovin Swing Band (Valentine Dance); Feb. 21 Tropic Starr; and Feb. 28 Ed Lafata. Our Saturday Nite Dance Party is a great way to meet new friends and en-

joy the evening. 7:30 to 10 in the A.R. \$7 per person admission includes coffee, tea, punch and fresh popcorn. See you there.

Men's Golf

By Rob Sollett

Remember when you turned forty? I certainly do not, let alone what I had for breakfast moments ago.

The Leisure Village Men's Golf Association (LVMGA) is turning forty and a celebration is underway. The two part event

See CLUB NEWS, 22



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CONTINUED from 21

will include an invitation only golf tournament on Monday, Feb. 16 followed two days later with an exclusive members only luncheon catered by Country Harvest.

The LV Course will be open only to members of the LVMGA on Monday, Feb. 16. However, an invitation has been extended to our sister group, the LVWGA, to participate in this ceremonial golf tournament. How often do you get to relive your 40th?

Many thanks to John Wirtz who has stepped into the golf shoes of the Tuesday Tournament Chairperson. Way to go, John.

A large percentage of golfers acquire a strong passion for the game. Like any loving relationship it is the receiving as well as the giving that creates a successful romance.

Current LVMGA President Pat Gunning has been playing golf for longer than creation. It has been said, dear reader, that he designed the first golf club out of the bones of a Tyrannosaurus-Rex! Dwell on the image of Gunning wearing a loin cloth, swinging a leg bone 8 iron. Fascinating.



Pat Gunning left gives instruction to student Valerie Krum.

Photo by Rob Sollett

Pat Gunning is a man who appreciates giving back to the game he loves. He has taken it upon himself to introduce this

thing we play to newcomers by teaching a golf class. He has done so on three separate occasions, most recently this past au-

tumn.

Gunning confesses: "I always felt if you enjoy the game of golf, you should give something back, this is my way. If I turn one student into playing the game, I have succeeded."

During my observations of several classes, I heard various candid quotes from his students. They include: "I like chipping best." "Rosie's got a future in golf." "I think I did it!" "Okay Val, get it on the green." "It was beautiful, right on the center of the green."

After topping the ball, a student simply replied: "It's the liquor." Laughter quickly broke out.

During another session, LVWGA President Linda Gaffney confessed: "I was here last year when I first moved here. I attended his class and got my putts down to two by learning the basics."

Gunning adds that he will teach the class again as long as he has ten interested students. "I'll do it anytime," he concluded.

Pat Gunning is a golfer who gives back to the game.

See CLUB NEWS, 23



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LV Woodshop

By Chuck Russell

The Woodshop is one of many recreation facilities in Leisure Village. More than 70 key holders utilized the shop in 2014. The members volunteer their expertise and time to repair items for residents and do projects for the village.

This photo is of an antique stool that was repaired. Can you count the number of clamps? It is yet another example of the items repaired by Woodshop members. Residents are welcome to bring anything needing repair to the Recreation Center Tuesday and Wednesday mornings between 10 a.m. and noon. There is no guarantee that all damaged items can be fixed; we will restore them to the best of our ability. There is no charge for this service. Donations are accepted for materials and supplies.

Residents with questions or those interested in having key access to the shop should contact Chuck Russell at 805-383-3043 for information



Photo by Chuck Russell

Can you count the clamps? This antique stool is being repaired by the woodshop.

SAS

By Zelda Greentree

As long as at least 30 people keep attending our monthly dinners at Ottavio's, we will continue to meet there. And that is the truth. We do keep attracting these beautiful people each month. We gather and always have a great time meeting old friends and new ones.

Our next meeting will take place on Tuesday, Feb. 10, at 5 p.m. at Ottavio's Italian Restaurant. We would love to welcome more of you. If you would like to join us at our next night dinner out, please call Lee Edwards at 484-3289 for your reservation. You'll be glad you did!

LV Bowling

By Bob Cohen

The second half is underway and the league standings have already changed significantly. Like the second half of a football game, anything is possible.

During the 4 week reporting

See CLUB NEWS, 24

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period, nine players bowled a total of eighteen 200+ games. This month Danny Coleman led the parade with 4 games (204, 225, 236, and 244), followed closely by Art Matter (207, 211, 211), Dennis Durand (202, 211, 245) and Tash Guzman (204, 217, 226) with 3 games each. Five players had 1 notable game each: Alan Singer (220), Don Christy (255), Fred Diehl (210), John Hitchcock (227) and Ted Ryan (201).

This month we have an Honorable Mention Award to Jerry Schneider who bowled an edge-of-the-seat 199 scratch game just weeks before turning 99! Congratulations Jerry and Happy Birthday. We can't wait to see what you do for the big 100!

Side pot winners for week 15 were Wilma Hutson, Ginny Cordell and Phyllis Jacobson for the ladies and Don Christy/Art Titen (tie), Jerry Schneider and Dennis Durand for the men.

Side pot winners for week 16 were Nora Potter, Gail Singer and Bobi Shmerling for the ladies and Ted Ryan, John Hitchcock and Stan Reshes for the men.

Side pot winners for week 17 were Wilma Hutson, Susan Kusak and Vivian



Photo by Chitose Chun
Susan Rockwell, Jackie Nelson and Louise Romero preparing for planning meeting for Crafters' Boutique.

Hurst for the ladies and Tash Guzman, Stan Reshes and Don Christy for the men.

Side pot winners for week 18 were Elaine Hitchcock, Billie Stimac and Karen Levitt for the ladies and Fred Diehl, Tash Guzman and Alan Singer for the men.

We really could use more players. If you think you may be interested, call Bob Co-

hen at 419-4682 for information.

Women's Club

By Chi Chun

In January, the magnificent performance of Val Rains as Queen Elizabeth I

took the large Women's Club audience back to 16th Century England. The diminutive lady was weighted down by her authentically recreated royal dress and robes of many layers. This is the first of wonderful entertainment planned for every

See CLUB NEWS, 25



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CLUB NEWS



Photo by Chitose Chun

Val Rains as Queen Elizabeth I at the January General Meeting.

CONTINUED from 24

second Thursday of the month following the Women's Club general meeting at 1:30 p.m. in the AR.

Phil Birdsell, scheduled for Feb. 12, impersonates several famous singers, such as Sinatra. This will be a relaxing, entertaining show for your enjoyment.

Jackie Nelson will be in charge of the Boutique with Marj Quick as her assistant. Jackie is working with her planning committee to evaluate available resources and how to meet the needs of the club members and patrons.

Crafters' Boutique hours through February: Every Tuesday from 9-11 a.m.

Beginning in March: every 2nd and 3rd week from 9-11 a.m.

BINGO Boutique: every 3rd Wednesday, 4:30 - 7:30 p.m.

Needs: Volunteers, craft ideas, jewelry donations, canned or packaged foods for FOOD Share; box top coupons for schools.

The Mavericks

By Margo Secia

The month of February brings us our always popular "Cash In The Attic" on Friday, Feb. 27 at 7 p.m. in the AR. We hope everyone will bring their "treasures" that they wish to be auctioned on that evening. These "usable" and "resellable items" will be displayed for all to see before the start of the bidding. The money from this auction will go into the Club's treasury so we can continue to provide entertainment and fun events in the future. Also, we are asking everyone to bring hors d'oeuvres to share and, as always, BYOB. Coffee and water will be provided by the Club. Our auctioneer will be the always entertaining John Wirtz, so we hope everyone will come to join in the fun and laughter this night always generates.

See CLUB NEWS, 26



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Dear Christine

Retirement Relaxing or Stressful?

By Christine Sztukowski



Dear Christine, I thought retirement was supposed to be more relaxing yet, with all the financial concerns on the news, I'm finding myself worried and stressed.

What can I do?

Stressed,

Dear Stressed,

We live in a time where information is easily available and, as a result, many of us are experiencing information overload. I find it helps to ask the question, does what I'm hearing apply to me? And if it doesn't then turn it off.

3 Steps to a relaxed stress-free retirement

1 Be productive. Get active in your community and do the things that make you happy and feel productive once again.

2 Eat healthy. Our brain needs good food to think clearly. Often when we retire we no longer eat healthy meals, this is especially true for those living alone.

3 Live your financial plan. One of the biggest concerns that causes stress in retirement is the fear of out-living your money. If you do not have a financial plan in place, get one.

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For more information and a personal reply contact:

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CONTINUED from 25

If you have any questions or comments, please feel free to contact President John Wirtz at 384-8508 or Merle Ruiz at 444-5225.

Racquet Club

By Leslie Fox

The New Year has begun with the beginning of paddle tennis league play. The leagues are on Wednesday afternoons starting at 12:45 and Friday mornings at 8:30. Trish will post the players standings weekly on the bulletin board. Anyone wishing to cheer the players on is welcomed and appreciated.

The next meeting of the Racquet Club will be Wednesday night March 11, at 7.

Due to unforeseen circumstances, Arlene Bergman is unable to keep her commitment as treasurer. Sharon O'Connor has volunteered to fill the position. We appreciate both ladies for their willingness to serve our club.

The schedule for play remains the same:

■ Round Robin begins at 3 p.m. on Monday and Wednesday

■ Easy play Tuesday, Thursday and Saturday 8 to 9 a.m.

■ Tuesday, Thursday, Saturday and Sunday from 9 to 11 a.m., and Friday night at 3 p.m. is open to all

■ Advanced players are late afternoon on Saturday, and Sunday

■ Pickle Ball has regularly scheduled times on Monday and Wednesday from 9 to 11 a.m.

The courts are usually free and clear all other times for both pickle ball and paddle tennis, so if you are so inclined call your fellow players, practice your serves, and have fun! New players interested in paddle tennis or tennis call Diane Carroll at 419-4325; for pickle ball, call John Peter-

son at 388-1230.

LV Women's Golf

By Patti Crichton

We have started the year with a variety of fun weekly tournament games where everyone has an opportunity to win some money.

Our golf meeting on Jan. 14 welcomed a new member, bringing us to 65 members on the roster. Three upcoming va-

cancies on the Board were mentioned and nominations will be taken. Members are encouraged to step up and join the Board decision makers. Our next meeting is Wednesday, Feb. 11 at 2 p.m. in the MPR. Come at 1:30 for refreshments! Bring \$1 if you want to take part in the 50/50 drawing.

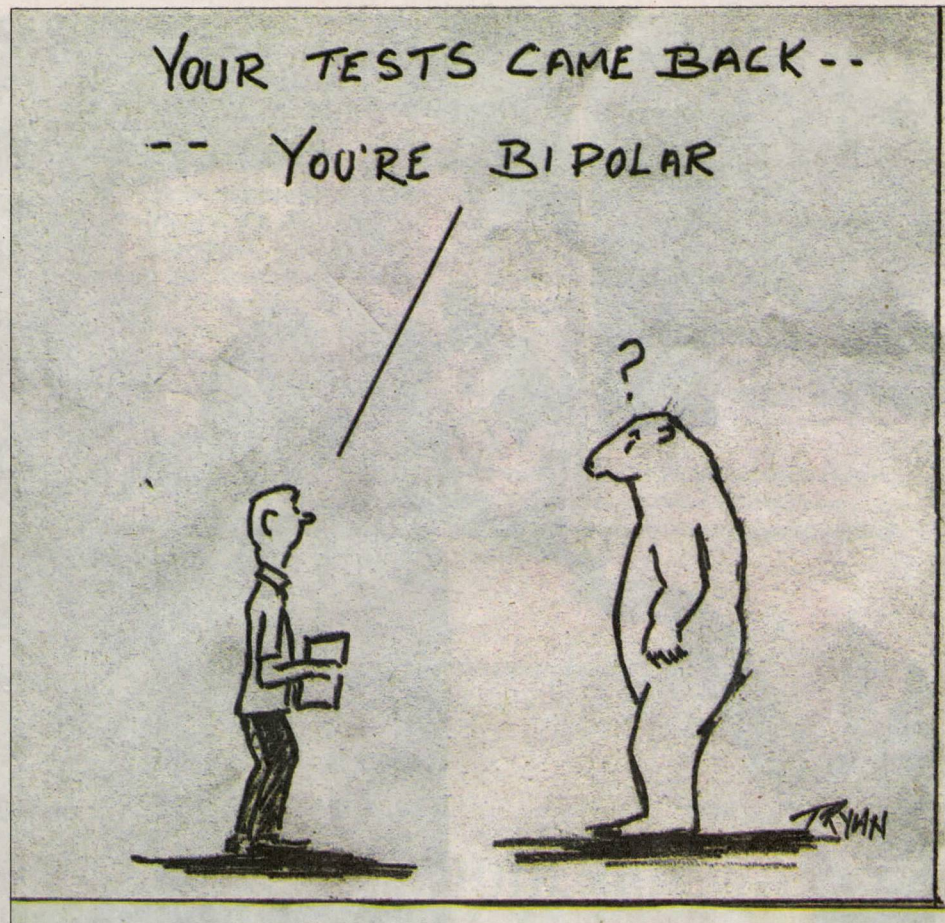
The Chili Bowl mixed golf tournament and luncheon was hosted by the women on Jan. 25. Some of our members shared their amazing secret chili recipes for lunch.

The men have invited the women's club to join them in their outside golf tournaments. The first opportunity was Jan. 29 at Elkins Ranch. You need an outside handicap to win money, or you can just come out and have a good time.

Women golfers are starting a 'match play tournament' in February. Sign up on the bulletin board and see how you like it.

The annual LVWGA Winter Eclectic Tournament begins on Feb.25 and finishes on March 4.

Happy golfing. New members welcome — you can join 9'ers or 18'ers.



Cartoon by Ted Ryan



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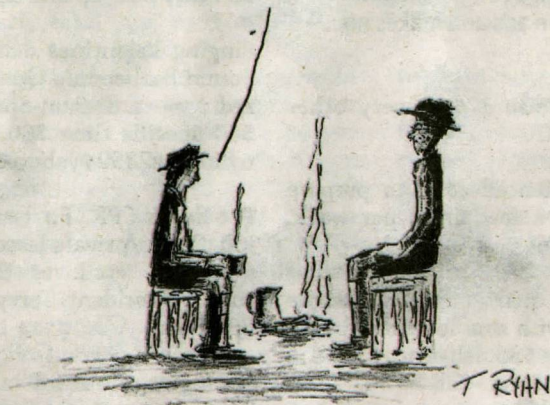
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See CLUB NEWS, 27

CLUB NEWS

LAST WEEK I ASKED A LADY
FOR SOMETHING TO KEEP BODY
AND SOUL TOGETHER AND SHE
HANDED ME A SAFETY PIN !!



Cartoon by Ted Ryan

CONTINUED from 25

Players Guild

By Joyce Belcher

Players Guild will be presenting "Love is in the Air." This will be a Valentine show featuring some of our best singers and tap dancers performing to the songs that best describes their feelings of love. Thursday, Feb. 19 at 7:30 p.m., after a short meeting, you'll see a very heart-warming show. Don't miss it. And of course, 2015 membership will be on sale at the door for \$10. As usual, delicious refreshments follow every show. For information, call Joyce Belcher at 445-9500.

Shuffleboard Club

By Diane Hawrylo

High scores submitted for an eight frame game in December were: Nov. 26, Al Sarnelle, 151; Dec. 3, Milt Krapes, 137; Dec. 10, Cella Foster, 185; and Dec. 17, Milt Krapes, 118.

High scores submitted for an eight frame game in January were: Dec. 24, Diane Fleisher, 142; Dec. 31, Al Sarnelle, 122; Jan. 7, Milt Krapes, 168; Jan. 14, Al Sarnelle, 118; and Jan. 21, Keith Murchland, 167.

We regularly play shuffleboard on Wednesdays at 9:30. Villagers are invited

to join. We will teach you if you don't know how. There are no dues. You can practice at any time. Come and join the fun.

The Amateur Radio Club

By Jonathan Fox

At our Feb. 5 meeting, members enjoyed a presentation on the history of CBS Television City in Hollywood. A field trip to the CBS production studios will be held on Sunday, Feb. 8 to see the stages and technical facilities. TVC is home to The Price is Right, The Young and Restless, The Bold and the Beautiful, The Late Late Show, Dancing with the Stars, So You Think You Can Dance and Real Time with Bill Maher. Jonathan Fox, our club president who completed 40 years at CBS, will be leading the tour. Afterward, the group will have an Italian lunch at Maggianos at The Grove.

If you are curious about becoming a member of the club, please join us at one of our meetings. You do not have to be a licensed amateur radio operator to join. We will provide help in getting your license and it's now easier than ever since Morse code is no longer required. Meetings are held the first Thursday of the month in the MPR at 2 p.m.. For more information contact Jonathan Fox at 805-377-3697 or KJ6LV@yahoo.com.

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When submitting an ad for Inside Leisure village, give your full name, address and telephone number. These are for ILV records and will not be published unless requested. Cost is \$5 for one to max five lines. Enclose cash, check or money order, payable to ILV. Place an envelope with the ad and payment in the left box next to the sewing room in the Rec Center before deadline. Each month's deadline is listed on Page 2. ILV will accept ads from LV residents for proerties they own personally, or ads of a non-commercial nature that offer jobs or services to Villagers. ILV does not investigate the ads and makes no endorsement of them.

ing etc. Georgia Smith 302-8790

Need help getting to Drs. Appointments, grocery shopping? Need help walking your dog? Call Cathie 987-5916 or 760-1401

Driven by An Angel living in LV! Arrive to appts on time! Will take you anywhere in Ventura, LA or Santa Barbara Counties. Familiar with all areas. Special Rates. Christine 701-3250

I will organize your kitchen, office, garage, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 760-6272

WANTED: Reliable housekeeper preferably with own vacuum and cleaning equip-

ment to clean house 1 day/every other week. Dee 383-7870

WANTED: Experienced cook to prepare nutritious meals a few times per week. Dee 383-7870

Sweet Adelines quartet will serenade your loved one with one love song, candy kiss or real rose \$35 deliveries on 2/13, 2/14 @ work/home/etc. Call 302-2573 or LBrown@sbcglobal.net

Buying Now! Your old things pre 1980. Pottery, silver, old jewelry, oriental, art glass, Waterford, old kitchen etc. 15 yr. resident Village 44 Patricia 383-8088

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Clothing alterations. \$10 most garments. Call Gloria, Village 11, 338-2054 Complimentary pick-up and delivery.

Singing Valentines delivered by a Pacific Sound Barbershop Quartet. 2 love songs-red rose-card. 8am-8pm 2/13 or 2/14 - \$40 specific time \$60, 800-353-1632 or nyliceguy2392@yahoo.com

Pet Saver CPR, First-aid, wellness training. Group/private lessons. Improving the quality of Pets Lives- One pet owner at a time. LV resident. Terry 987-1475 or 818-692-5854

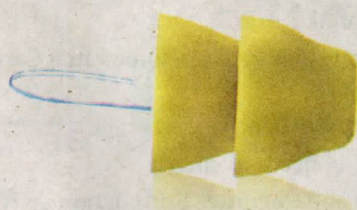
Loving dog sitter will take care of your dog while you are away. Small dogs, my home. LV resident. Joyce 437-6438

Haircutting & styling in your home for men & women. Calif. Lic. 37 years exp. Reasonable prices Make 302-5307

See CLASSIFIED ADS, 29

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Left to right back row: Gregory Frazer, Ph.D., A.u.D. • Emily Darchangelo, Au.D. • John Davis, Au.D. • Jennifer Kwast, M.A. and Lance Nelson, Au.D.

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Camarillo

2438 N. Ponderosa Dr., Suite C110
Camarillo, CA 93010
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CLASSIFIED ADS

CONTINUED from 28

Cat foster parent needed in your home while I travel for 2 months. Approx. 1 or 2 cats. I will pay for all expenses plus. Great cute pets; love em! Marsha 807-8230

Scandinavian housecleaning. Reasonable & reliable. Working in Leisure Village 12 years. Diane 815-0197

Houseclean husband/wife team. Alicia & Oscar windows, screens in/out. From Ventura to Woodland Hills. Lic#0025731. Excel. L.V. references. Leave message 383-7853.

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Meticulous house cleaning. Thorough, dependable and trustworthy. LV resident. References upon request. Cheryl @ 443-9295

Candy's Cleaning Services: weekly, bi-weekly, monthly. Honest and reliable 10 years experience . free estimates. 890-4948

LV resident handyman. Plbg ,elect. Faucets, toilets, vanities, sinks, T8 lights, fixtures, assembly, gar door openers. Free estimates. No svc call fee. Small jobs OK. Al 987-8419

All types of interior & exterior work. Gutter cleaning. LV refs. Ron Needle 358-0693

New water heaters installed by a village resident. Handyman with 30 years exper. Includes parts, labor and disposal of replaced unit. All work guaranteed. Village ref. Mike 304-4008

Handyman and Painting and more, honest, reliable and affordable. Village referrals available. License and bonded #732901. Sean Hayes 650-1890

I clean windows, gutters, roof tops, patio tops, driveways, skylights, etc. Many referrals with in LV. Viet 298-2648

Handyman will fix or repair almost anything. Gutter & window cleaning. 358-9764

Handyman & gardening services by Bryce LV resident. Free est. gutters cleaned,

painting, wood work, water heaters etc. No job too large or small. 558-0121 or 465-0122

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Caregiver 18 years exp. P/T dependable assist with all your daily needs. Respite care Marge 302-5307

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Attention: need reliable professional experienced help for all your personal and medical needs? My 25 years of experience companionship. Reasonable Rates. References Joy 415-5961

Available caring and trustworthy caregivers. Excellent driving records. Managed and supervised by an RN. Licensed and insured. Sue 358-5985

Caregiver, companion-12 years exp. Flexible daytime hours. Prepare meals. Drive to airports, shopping, Dr. appts. Exc. Refs. LV res 14 years Joyce 889-5866

Experienced caregiver. Excellent references. Driving/car 980-8796

Caregiver/companion with 12 years experience. Honest, compassionate, caring. Call 407-8739

CNA/caregiver, live-out only. Have own car. 12+ years exp working with Alzheimer's and dementia client. Assts with activities of daily living. References. Nemy (LV resident) 388-9400/233-4554

Caregiver 20 years experience. References. Always prompt. Jennie Muro 483-5145

Quality, compassionate, reliable caregiver. Social and health appointments. Full or part time. Betty Pajka 657-1300

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Leisure Village

Business & Service Directory



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- Many love the Prop 60/90 advantage for property taxes.
- Many love the advantage to come and go as they please (i.e. weekends, holidays, etc., RV parking, a sanitary dump adds to their convenience.)
- With the younger owners we are starting to hear about Soc Hops, Car Shows and some owners even have Harleys!
- The remodeling and updating of homes is awesome.
- Why wouldn't people want to come to the Village? There's great weather, ocean walks, shopping made easy, entertainment, new library and even a university nearby.

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