

INSIDE LEISURE VILLAGE

VOL. 44 NO. 12

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

DECEMBER 1, 2023

VILLAGER PROFILE

South Bay Career Librarian Living Village Life

By Carol Nelson

In the months leading up to the 50th anniversary of Leisure Village, ILV has mostly featured Villagers who have lived here for quite some time, many of whom needed little introduction. Now where to go from there? Jon Niemann had written a profile on me in the October edition of ILV. After that, so many Villagers that I barely recognized came up to me, saying how much they had enjoyed the article. It made me feel a real part of the LV community, so I thought that I could do the same for some of those who had been here a year or so like me.

So now let me introduce to you Kate Pecarovich. I met her at an Orientation meeting for new residents shortly after we had both



Photo by JON

Kate in the gazebo garden on a warm and beautiful November morning.

moved in. She was “working the room”, trying to find a bridge group and a partner. I couldn’t help her in this endeavor, but I did mention

that I played mahjongg. Kate assembled a small group and we have been friends ever since.

Kate is a California girl, born & bred. She spent the first 19 years of her life on 7 acres in the city of Rolling Hills on the Palos Verdes Peninsula and later moved to Rancho Palos Verdes. She has 5 siblings, all girls much to the chagrin of their football coach father!

After she graduated from Marymount College with a major in History and a minor in Art History, she moved into a shared house with 3 other girls in Long Beach. This was very convenient for dating Naval officers, but necessitated a long commute to Echo Park where she taught 2nd Grade at a Roman Catholic school for a year.

Following this, she had another

short stint at Montebello all-girls High School. By this time, she had realized that she didn’t have the necessary patience for teaching and her thoughts turned to library work.

After jobs as a library assistant at Systems Technology in Hawthorne and as a secretary at the USC School of Medicine Shock Research Unit in Hollywood, she decided to pursue a library career. She received a Master’s degree in Library Science from the UCLA School of Education & Information Systems. After this, she worked at the USC Law School library, then moved on to the cross-town rival UCLA. After 31 years working there, she retired as the Director of Technical Services at the Law School library.

Kate lived in Redondo Beach,

—Please see **PAGE 13**

Veteran's Day Festivities Honored Those Who Served

By Kelly Nelson

On November 9th, the Women’s Club once again sponsored an inspiring Veterans Day Luncheon in celebration of the men and women of the United States Armed Forces.

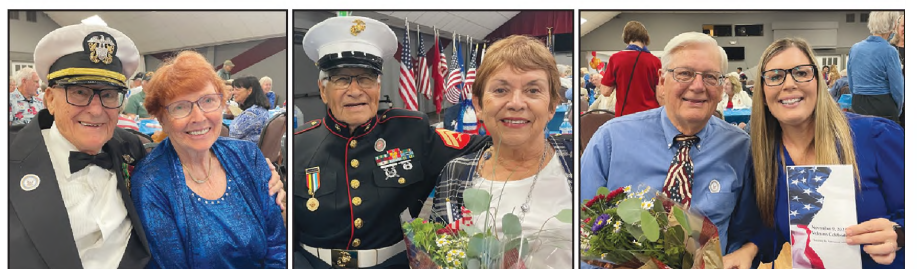
With the help and support of over 50 eager volunteers, it proved to be yet another outstanding event with a full house of 220 attendees. The Program was opened by the Channel Islands National Guard 146th Honor Guard. This was followed by L.V. GM, Christi Moore and the introduction of her father, Cliff Moore, and his moving tribute recalling his

days of service.

The audience was then enthralled by tales from Navy Fighter Pilot and Test Pilot, Rod “Rocket” Womer, followed by the hilarious delivery of local comedian, Carlos Oscar.

Throughout the program, the big screen featured photos of LV’s own service men and women, many in full uniform. The Anthems of each branch of the Armed Forces was played for all to enjoy.

And of course, there was hardly a dry eye in the house when all concluded with the Lee Greenwood rendition of “Proud to be an American.”



Photos by KELLY NELSON

Top photo includes the dedicated Volunteers who made this celebration of LV Veterans a memorable event. Above from left, Lieutenant Al Fox with his wife, Cindy Fox; Corporal Ray Flores and his lady, Fiona; Cliff Moore and his daughter, Christi Moore.

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Del Mar	Village 5	\$543,000
Monterey	Village 5	\$505,000
Valencia	Village 8	\$752,000

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IN MEMORIAM

Robert P Alexander - V44

Gerald DeLott - V25

Sharon Green - V41

Maria Halmai - V6

Lloyd Johns - V44

Mildred Scalir - V35

In Memoriam entries, please submit name and village number of the person who has passed to: insidelveditor@gmail.com ATTN: In Memoriam

ABOUT INSIDE LEISURE VILLAGE

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ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to insidelveditor@gmail.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

January 2024 Edition Deadlines

Club News, articles and letters: Friday, December 15. January issue will be available Friday, January 5. Send news, articles & letters to insidelveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

COMMUNITY NEWS By Dennis Doolittle

Research and Advisory Committee (RAC) – Thinking of adding solar to your home? Of buying an EV? Looking for new appliances? Worried about the implications of a long lasting electricity black out? If so, a Town Hall meeting on being wise energy users is in preparation. The date for the meeting has been changed to January 17, 2024, at 10AM to Noon in the Assembly Room (AR). Plans are underway to broadcast the event on LTVV and to make a recording available on the web site.

The Board has requested that a sub-committee of members of the RAC, Water, and Finance committees be formed to address the long term plan for the expected decreases in water availability and significant increases in the cost of water over the coming years.

Paint Project – The original whole house stucco and trim paint project is underway in Villages 6, 8 and 17. Work is now progressing

in Village 17.

Villages 7, 9, 19 are in the next phase of the paint project. Work will start once Village 17 is completed.

Roofing – Work has begun on the next phase of the roofing project. Individual homeowners will receive notification before work begins on their building

LV Website – Issues of the Village Voice are now available online on the secure log-on portion of the web site. Starting in December, the Village Voice will no longer be printed and mailed to residents. Printed copies will be available at the Administration office, on request.

Printed copies of the monthly calendar are available at the Rec Center office.

Concrete – The Village maintains the concrete in the common areas, driveways, sidewalks, gutters, etc. The Board directed staff to hire a consulting engineer to review the proposed work. Check the next

Board meeting for an update.

Completed Projects – The last pool resurfacing and the Village road resurfacing projects were completed this past month.

Garage Doors – The Village receives complaints about garage doors left open. There is no policy on what is acceptable and what is not. A draft policy is being created

to be discussed at the next Board meeting. When approved, it will be out for review and comment by residents in the online Village Voice.

Garbage Bins – The Board decided to go one more month (November) with written warnings on bins left outside (not in your garage or on your patio). Next month enforcement with fines will start.



Photo by VALERIE FOX

Left, irrigation workers repairing the reclaimed water system used for all irrigation in the Village. The maintenance of the over 40-year-old system is ongoing to keep it in good condition and to keep water usage in check.

Photos by JON

Below, concrete repairs to infrastructure are ongoing. Workers smoothing the sidewalk.



Christmas Around the World

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 Nov. 11, 2023 - Jan. 8, 2024

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SUNDAY, DECEMBER 10, 2023

Holiday Dinner and Tour Including our Christmas Trees Around the World Exhibit

THURSDAY, DECEMBER 14, 2023

Holiday Lunch and Tour Including our Christmas Trees Around the World Exhibit

SUNDAY, DECEMBER 31, 2023

New Year's Eve Celebration

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Village Christmas Parade

On Saturday December 16, the Mavericks Club will kick off the Holiday Season with a Christmas Parade of golf carts, bicycles, some classic cars and a lot of fun. The parade will leave the East Rec Center Parking Lot at 4pm, head east on Leisure Village Drive to the East gate, turn around and head back on Leisure Village Drive to the Mountain View intersection. The parade will turn left on Mountain View and continue around the circle back to Leisure Village Drive. They will turn right at LV Drive and continue back to the East Parking Lot.

Bring your friends, family and pets out to the main drives to view and cheer the parade, and catch the warmth and fun of the season. If you would like to participate in the parade, call Jon Niemann at 805-874-2324.



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VILLAGE ENTERTAINMENT

Music & Movies

LV Music Club - Marci Lapair

The Music Club is happy to announce our annual Holiday Concert on Tuesday, December 19 at 7:00 pm in the AR. This popular event will benefit Food Share of Ventura County. Come celebrate the holidays with music performed by our own 17-piece Groovin' Easy Swing Band featuring their talented vocalist, Erin McPherson. There will be holiday decorations, dancing and refreshments including wine. Admission is free with either 3 or more canned goods or a \$5 donation to Food Share of Ventura County, which will be collected at the door. All proceeds go to Food Share. Tickets will be distributed at all Music Club activities.

For more information about getting tickets call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

The audience who attended the Music Club's November Open "Mic"

were delighted by the return of Art Akkerman. After several years' absence, Art, playing the keyboard and accompanied by Scott Mitchell on the saxophone, sang Unchained My Heart and the Midnight Hour. The audience enjoyed their performance so much that they called out for an encore song. This was the first time it ever happened at Open "Mic" Night. Laura Gantenbein, accompanied by Nellie Uichanco on the piano and Geri Levy playing the violin, sang Sunrise Sunset from *Fiddler on the Roof*. This was the first time Laura sang at Open "Mic" Night. The audience was enthralled by her beautiful voice. Laura said "it was a dream come true to perform this song." Bob Bueling and Pat Cronin sang Bob's own hilarious composition Thanks-giving at My House. Pat announced that they will be performing every 1st and 3rd Saturday nights between 5:00 – 9:00 pm now and through all of next year in Ventura at California and Main Streets.

The next Open "Mic" nights are

tonight, Friday, December 1 and Friday, January 5 at 7:00 pm in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks.

On Monday, December 4 at 7:00 pm in the AR, we will screen the movie 'The Secret.' The movie is a powerful drama about a family haunted by a terrible secret. Kirk Douglas stars as Mike Dunmore, a well-liked man in his community. When he is asked to be a City Councilman, he wants to do it, but he has a secret. His grandson is his life and Mike's son Patrick resents him, so does he tell the truth? The movie is 92 minutes long.

The movie to be shown on Monday, December 18 will be 'The Magic of Ordinary Days.' Keri Russell and Skeet Ulrich star in this touching love story that unfolds during World War II. Livy (Russell) is an educated, worldly young woman with big plans for her life. Life, however, has other plans for her. When unexpected circumstances turn her perfect world upside-down, she finds herself living on a remote farm, married to a man

she barely knows. The movie is rated PG and is 98 minutes long.

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00 pm in the AR. Come and listen to their easy listening music. For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

'Unexpectedly' Talent Showcase

Players Guild - Linda O'Neill

Congratulations to the cast and to all Players Guild supporters on the last production of 2023 for another popular show: *Unexpectedly 80*. According to the "tongue in cheek" protest that began the show, all cast members will have turned 80 sometime before December 31, 2023. President Joyce Belcher dramatically narrated the opening by speaking through "I'm Alive"- a song that was sung by Lauren Bacall in the stage production of *Applause*.

—Please see **PAGE 6**

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VILLAGE ENTERTAINMENT

Players Guild

Continued From **PAGE 5** —

She graphically displayed the shock most of us have had upon having this big birthday. It's more than surprise and consternation; it includes evaluating your entire life.

The songs the cast chose show that the biggest question at the end seems to be: did I laugh enough? Dave Flood tickled our collective funny bones with the Beatles parody, "When I'm 94?" He also touched emotions with his "Young at Heart." Vivian Hollander was supposed to sing the rousing "Those Were the Days." Instead, she had to be hospitalized for an expected procedure and it took three cast members (Helene Cohen, Irv Feiles and Linda O'Neill) to try to replace her. She said with disgust, "If I had known this would happen, I wouldn't have memorized all those lyrics." Next Julius Hirsch was poised to sing "Forever and Ever, Amen." However, come Thursday morning, he was too ill to perform! Luckily, our lighting guy, Wayne King, happened

to know that song and to everyone's surprise came to our vocal rescue. (Hopefully you'll remember that Wayne King played Sky Masterson, a male lead, in the Players Guild presentation of *Guys and Dolls* back in 2018. Full disclosure: Wayne is not 80.) Much audience laughter accompanied Irv Feiles and Linda O'Neill as they demonstrated the humorous side of senior dating with a skit entitled "The Funeral Scene" from the off-Broadway musical *I Love You-You're Perfect: Now Change*. Debra Guill's dulcet tones reminded us that "a kiss is still a kiss" with her moving "As Time Goes By." Macey read two wonderful poems from Judith Viorst's book entitled *Unexpectedly 80*, the first of which introduced Joyce Belcher's dramatization and the second poem bemoaned the fact that Hoagy Carmichael's wonderful 1927 tune "Stardust" was not sung any more. Linda O'Neill did — sing it, that is. Helene Cohen displayed her considerable comedic chops as the elderly social lion, Miss Daisy. Her portrayal of the southern Jewish ma-

tron who bemoaned disapprovingly the endless Christmas ornaments hung by her relatives. Bill Crome's deep bass voice intoned a meaningful "The Older I Get."

Richard Weiss will provide the entertainers and the entertainment during the December holiday dinner on Thursday, December 21.

Ticket sales to the Players Guild December Holiday dinner continue until December 15 at \$30 per ticket. Call Barbara Stone at 805-388-8867.

The next workshop will be the third Thursday of January, on the 18th, at 7:30 pm when Players Guild President, Joyce Belcher, introduces the Players Guild singers: new as well as tried and true. Directors for 2024 productions include Mrs. Belcher with the traditional Valentine's show in February; Richard Weiss, March; Diann Carroll, April; Paul Newman, June; Diann Carroll, August; Rosanna Bellino-Strickland, Readers' Theatre, September; Vivian Hollander, October; Helene Cohen, the Acting Class, November. President Belcher is still looking for a director with a good idea to take July. Call her with all your ideas!

Wonderelles Girl Group

Showtyme - Jennifer Stein

Get ready to Rock Around the Clock with The Wonderelles at Showtyme for the holidays.

The Wonderelles are a high-energy, elegant 50's & 60's revue that will bring you back to that era. Watching this 50's & 60's girl group perform in either poodle skirts, rolled up jean outfits or red 50's cocktail dresses, you will find it hard to sit still in your seat. From "Johnny Angel" to "Mustang Sally," from "Sugartime" to "Proud Mary," The Wonderelles give you a touch of nostalgia that will leave you with a smile on your face.

The Wonderelles have performed at many different events all over the country. They have opened for Chubby Checker, The Temptations, The Drifters, Jan & Dean, The Surf City All Stars and Lainie Kazan. The show is completely choreographed with harmonies and solos. There is a cute dialogue and of course, no one is completely safe

—Please see **PAGE 13**



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AROUND THE TOWN



Courtesy Photo
LV Board of Directors L to R, Jim Murchie, Richard Loomis, Chuck Kiskaden, Marlynn Block and Ruth Stubba, along with LV Association General Manager Christi Moore in front of the Camarillo City Hall in October to accept the presentation of a certificate from the City of Camarillo.

Camarillo Recognition

By Marlynn Block and Jon Niemann

On October 11, 2023, City of Camarillo Mayor presented the Leisure Village Board of Directors with a Certificate of Recognition reading the following: “In recognition of this significant anniversary I, Susan Santangelo, Mayor of the City of Camarillo, jointly with my fellow Councilmembers, extend best wishes to Leisure Village on its 50th Anniversary.” An opening paragraph on the Certificate describes Leisure Village and its residents and organizations in the greater Camarillo Community.

At the presentation, each council member spoke in glowing terms about the partnership between the City and the Village over the past 50 years. Also mentioned was the fact that the Village represents the best



Courtesy Photo
Certificate presented by the City.

elements of aging citizens through active participation as volunteers in City and Village activities.

AROUND THE VILLAGE



Photo by MERYLL RUSSELL

Photo taken after Women’s Club board meeting on November 2nd. Board Members surround the Women’s Club-donated bench in celebration of LV’s 50th anniversary. The bench plaque says, “Sitting on 50 Years of Wonderful Memories - LV Women’s Club.” Top row from left: Barbara Cogert, Diane O’Neil, Cherie Webb, Nancy Rowe, Martha Foster-Custis, Pam Almeida, Cecilia Castoro. Bottom row from left: Sandy Gibson, Beverly Davis, Sharron Parker.

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A WORD ON WINE

By Barbara
Senior

Over the River and Through the Woods

On a recent trip to the Santa Ynez wine country, Jon Niemann, Don & I stopped at the Rancho Sisquoc Winery. Our quest was to pick up five wines for an upcoming Grapes R Us Tasting.

It'd been many years since we visited, but nothing had changed. The winery isn't easy to find. At the end of a long and winding road, a small sign marks the gate. We turned onto a one lane road that seemed to lead to private property. Buoyed by another sign that said "Winery - 2 Miles," we drove on, passing fields of vegetables, grazing cattle and olive trees. When we finally arrived at the winery, it felt as if we had stepped back in time. The tasting room is a rustic barn with several cats lounging inside.

Rancho Sisquoc was established as a cattle ranch and veg-

etable farm by the Flood family of San Francisco. In 1970, when avocado and orange trees failed to thrive, some experimental grapes were planted, some of the first in the Santa Maria valley. The first wines were bottled in 1972 - Riesling and Cabernet Sauvignon. Today the winery produces 14,000 cases of wine annually as well as selling grapes to other area vintners.

One of the wines we picked was a Sylvaner, a rarely seen varietal nowadays, but back in the 70's it was ubiquitous. Remember Blue Nun Liebfraumilch? Based on Sylvaner, it is a cool climate grape that is still widely grown in Germany and marketed as Liebfraumilch. Sylvaner was suggested for planting by a friend of the ranch manager who'd grown enamored of the wine while serv-



Photo by BARBARA SENIOR

The warm and satisfyingly bucolic entrance to Rancho Sisquoc Winery.

ing in World War II.

Another interesting selection was a "Meritage" - a recent New World term to denote red blends in the tradition of Bordeaux. In France, it's called a Claret - blending Cabernet Sauvignon, Merlot, Cabernet Franc, Petit Verdot & Malbec. An alliance of American vintners held a naming contest, asking for suggested names for their New World "Claret" blend. An amazing 66,000+ entries were submitted. Meritage was selected, combining the "merit" of modern wine-making with the "heritage" of Bordeaux traditions.

The winery's quaintness and peaceful setting are a world apart from the glitzy world that much wine tasting has become. Sipping the wines on the shaded patio with the Santa Maria Bench in the distance was quite peaceful. As we loaded up our purchases and headed back out to the main road, we were grateful that this winery had stood the test of time yet remained unchanged. It's well worth a visit. Just get in your DeLorean and set your time machine to 1975.



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TECH AND THE VILLAGER

Do Not Click The Link

Smishing, Phishing and Fishing, Part 2

As a youngster growing up in NJ, I loved to fish. I would fish in the Atlantic Ocean from a boat, cast my line in rivers and streams, plus surf fish from the beach.

The key to successful fishing is using the right bait. I tried stale bread crumbs, slices of slimy squid and messy blood worms. Often, I attached a shiny lure to my line to catch a fish's attention so he'd go for the bait.

Smishing, like fishing, uses the right come-on to distract an unsuspecting mobile phone user. One person defined smishing as "a tactic where bad guys impersonate reputable companies and trick their mark into handing over personal information."

Once the smisher reels in the private information he wants, he uses your precious data for identity theft or other fraudulent activities.

Is there a difference between smishing and phishing? Sure is. Smishing and phishing are two cyberattacks that trick people into handing over their private information. However, they differ in methods of delivery.

Phishing happens through email. The email looks like a genuine article.

This week, someone cast their line into my email inbox. I received a message from FedEx. They were notifying me that a package I was expecting was coming my way. However, I wasn't waiting for a FedEx delivery.

They needed an address confirmation to send me the non-existent package. Of course, there was a link for me to click. This is phishing.

On the other hand, the method of communication used with smishing is texting. However, the text is merely a shiny lure to catch your attention and convince you to click a link.

What about those texts that look like they came from USPS?

We all shop online. Packages from Amazon or Target are normally delivered to our doorsteps. How unusual is it one of your packages is being held up somewhere? Therefore, you may be caught off guard when you receive a text regarding a so-called lost package.

If I put on my thinking cap, I should recognize someone is trying to mislead me into giving them my personally identifiable information.

Here's how to refuse their bait.

The Postal Service and other companies offer free tools to track packages. To sign up for these free services, you register online or initiate a text message and provide them with a tracking number. Then, YOU are in charge of knowing where your package is.

USPS only sends you text messages if you sign up to receive alerts about your delivery. If you did NOT sign up for a package's tracking request directly from USPS, and you receive a text from them, guess what? If it contains a link, DO NOT click the link. It is a smishing text.

Let me conclude with several final warnings about USPS scams.

First, according to Donna Harris, public information representative from the United States Postal Inspection Service, "If you never signed up for a USPS tracking request for a specific package, and you received one, then DO NOT click any links in the text."

In addition, the USPS only has your cell number if you signed up for alerts. In this case, you are the one who provided them with your contact information. One Postal Service representative said, "We do not send text messages about lost or unclaimed packages."

Bottom line: If you receive a notice about a problem with your USPS package's delivery and haven't made a tracking request, delete the text or block the number. At all costs, don't click any links.

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ART IN THE VILLAGE

By Nicole
D'Amore

Ceramics and More— Millie Likes It All

Ceramics is just the latest in Millie Seidman's extensive creative pursuits. In the 20 years she has lived in Leisure Village, she has been actively involved in the community, making costumes for the Players Guild and baking pineapple upside down cakes for the Music Club. Recently she discovered ceramics and can often be found in the ceramics studio exercising her creativity.

"I can spend three or four hours there and it feels like just a little while," Seidman said. "I go whenever I can — I haunt the place. I think this is a perfect time to have discovered this."

Seidman grew up in a town of 200 in northern Minnesota. Her dad was looking for more work when her grandfather went to Cali-

fornia and reported there were lots of jobs available. So in January 1953 her family moved to California.

"I can remember seeing palm trees and mountains and then the ocean, and ohhh, it was pretty exciting," she said. But she was a bit overwhelmed about going from a high school class of 17 to 1,500 in her class at Van Nuys High School. "My older brother saved me from crying in the admissions office," she said. Natalie Wood and Robert Redford were in her class.

After high school, she went to nursing school and met her future husband, Donald, a medical student.

"I graduated in 1957 and got married in 1959. I worked until I was seven months pregnant with my first baby and had four more after that,"



Photos by NICOLE
Above, Millie made the individual tiles for a foundation that graces her patio. Right, a very special ceramic Menorah with a warm greeting message.



she said. They raised their family in Woodland Hills and first heard about Leisure Village when a friend, Jerry Lawrence, construction project manager, showed it to them.

"We came back 30 years later and bought our house," she said. "I'm so grateful we moved here."

She refinished all the woodwork and doors in the house. On each panel of the doors to a linen closet she hand painted 12 different breeds of birds. All are local except for the robin from Minnesota.

After her husband died in 2010 she made a quilt out of his ties, embroidering a poem on the inside.

She learned to sew as a child on a treadle sewing machine and through the years had sewn for her family. So it was a natural progression to start making costumes for the Players Guild.

"I would go to the thrift store or whatever was necessary to make it look authentic," she said.

Another creative activity is baking.

"If there's one thing I'm known for in the Village it's my pineapple upside down cake," she said. For seven years she made as many as 11 cakes and homemade whipped

cream to top them for the Music Club's summer concert in the park. She laughed, recalling one concert where the sprinklers came on after the intermission. She put the empty whipped cream bowl over the sprinkler, saving the day. But this was the last year she would be making the cakes, she said, and she passed the baton to someone else, leaving more time for ceramics.

"I never paid any attention to the ceramics room the first 18 years I lived here," she said. "I knew it was there, I didn't know I'd like it so much."

In February 2022, her friend Joan Mc Connell said 'Let's try ceramics.'

"She didn't like it but I loved it, so I thank her," Seidman said.

"I like the freedom of just doing anything you want. It was just a revelation. I could spend hours over there. I do crazy things — I'm a kid playing."

She started with a tour of the studio and introductory class.

"You buy your 25 lbs. of clay for \$16 — it's the bargain of the century," she said. All the glazes and firing are free and dues are

—Please see **PAGE 11**

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11LV12S

Art in Village

Continued From **PAGE 10** —

only \$5 a year.

She said Norm Chapman and Ken Brod help people as needed.

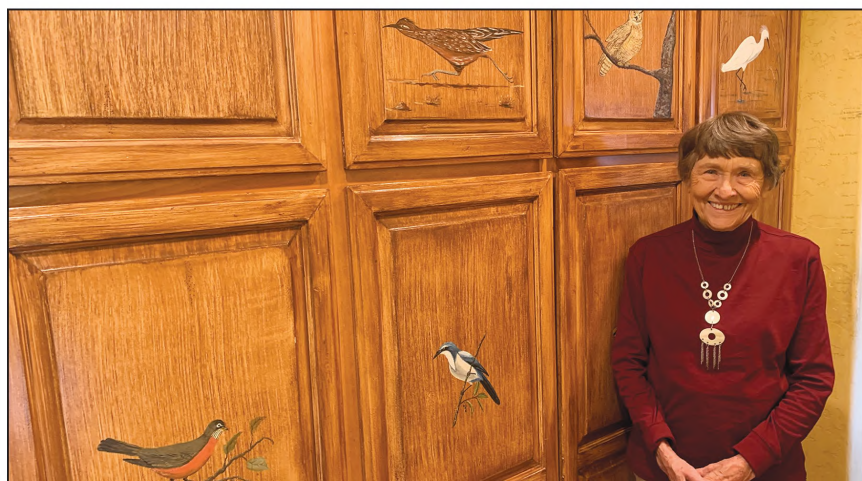
She begins many of her pieces by rolling the clay on a patterned surface to create texture and then builds the piece from there. A snowy white base sets the scene for a winter holiday with snowmen and pine trees. Other candle holders evoke Halloween and Thanksgiving with pumpkins, witches' hats and a turkey. A spring garden scene features a flower-covered gate leading to a pathway with little animals and a tiny basket of colored eggs. A large menorah has candle holders spell-

ing, SHALOM. There are baskets with braided handles and a planter in two pieces to encircle a patio table umbrella. When she didn't like the back of a fountain on her patio, she made tiles to cover it.

"I just like creating funny little things, useful things," she said. "It gives me pleasure when someone likes it because that is how I felt when I made it. If it tilts or is uneven, I don't really care." That's part of the charm.

Photos by NICOLE

Above, a ceramic winter scene candle holder. Nice Christmas time decoration. Below, Millie standing next to linen closet doors that she refinished and hand painted birds on.



Do you wish to volunteer your time helping community theater and see a show for free?

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THE HEALTHY VILLAGER

By Jeannie Davis, PT, MPH

The Path to Happiness is Important for Complete Health

Happiness has been discussed, researched and questioned for ages. How come some people just seem happy and others seem to search for happiness throughout their lives? Extensive research shows that the key to happiness includes good relationships. It's the quality of your relationships not the quantity that really matters. Life, even when it is good, is not easy

and gets more challenging with time. Many factors contribute to our happiness, and it can be quite complex. People who are more connected to family and friends and community tend to be happier and physically healthier.

It has been proven that lonely people live shorter lives. Being alone doesn't mean you're lonely. A good relationship is protective of our mind

and body. Another study found that people who were satisfied in their relationships at 50 years old were the healthiest mentally and physically at 80 years of age.

Some key factors for happiness as you age include focus on doing, stay social, volunteer, lifelong learning, have a sense of humor, a sense of belonging and to let go of old regrets. We also need good nutrition, exercises, purpose and we need each other. Also, be aware that the more we compare ourselves to others the less happy we are. People who are socially connected have a decreased risk of dying at any age.

In general, after we feel happy or sad, we tend to return to the general level of happiness we have always felt. In fact, our actions, and choices we make account for approximately 40% of our happiness because we are adaptable, resilient, and creative beings.

The amount of time we think we

have left shapes our priorities. If we think we have a lot of time left, we think more about the future. If we think we have less time left, we try to appreciate the present. We need to balance an awareness of death with staying engaged in our life. Mindfulness and being in the moment can help increase our general happiness.

We need to practice social fitness just like exercise fitness. Try to reach out to people and not wait for them to reach out to you. Enjoy every day and try to find joy and happiness in everything you do and connect with other Villagers and have some fun. Come join other Villagers for all the wonderful activities that we are privileged to have here at Leisure Village.

Editor's Note: Jeannie Davis is an LV resident and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.

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AROUND THE TOWN



Photo by JOHN PALMER
Chuck Hall, Tony Minero, Walt Wilson and Chuck Dolan on a LV Men’s Golf Club outing to the golf course at Soule Park in Ojai back in October. It was hot that day...still in the 90s and the 19th hole was most welcome.

Showtyme

Continued From PAGE 6 —

from very humorous and fun audience participation.
The Wonderelles will be performing on Friday, December 8th at 7:30 pm in the AR. Doors open at 6:45pm. Why don’t you come dressed up in your own 50’s or 60’s outfit, what a fun celebration. Bring your family & friends to celebrate with you. There is no charge if you are a 2023 Showtyme member.

Non-members are \$5.00 per person. The 2024 membership kicks off at the show and will be available to purchase. Annual membership is \$20 per person.
The 2023 Showtyme season is coming to an end. But, what anticipation there is for the 2024 line up of great entertainment for Leisure Village. Showtyme would like to say thank you to all the support we get throughout the year and best wishes for you and your families for a great 2024. If you have any questions please contact Jennifer @ 805-383-1518

Villager Profile

Continued From PAGE 1 —

quite a drive for her to visit with her 2 young grandsons. Also she was tired of home maintenance & the like and wanted to be somewhere that she could make friends easily. LV fit the bill perfectly, so here she is!
She plays Duplicate Bridge 3 times a week, has started learning lapidary skills, is on the Building & Grounds Committee and has joined the Billiards Club. She is also a regular attendee at the monthly Grapes R Us wine-tastings. Recently she became the librarian for the Ventura County Genealogical Society.
Kate has enjoyed extensive travels in the U.S. as well as sev-

eral trips to Europe. One of these trips was a cruise with a group of Bridge players from her former club. When the cruise ship stopped in Glasgow, the owner of that club had arranged an afternoon at the Glasgow Bridge Centre. Kate and her fellow cruisers were partnered with members of the Centre. Kate was very fortunate as her partner was English (& looked like Sean Connery!), but many of her friends were not so lucky. Their partners had very thick Scottish accents & thus Kate’s friends couldn’t understand a word they said!
Despite the challenges that come with foreign languages & accents, Kate is really looking forward to many more travels in the near future. I say, go Kate.

AROUND THE VILLAGE



Photo by JON
Geri DeSimone and Patti Crichton on Match Play round for President’s Cup Tournament



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CLUB NEWS

TAI CHI

By Chuck Morrow

Tai Chi – Moving for Better Balance Beginners Class is forming for January and the registration list is now open. The next class will begin on January 3rd and meets Mondays and Wednesdays from 3:30 until 5 pm in the Santa Rosa Room for 14 weeks. During the class students will learn the basics of an eight-form modified Tai Chi resulting in better balance and increased stamina.

The class is very informal with plenty of opportunities for students to interface with the various instructors and learn at the students' pace. Everyone in the class has sufficient time to practice and work through any difficulties experienced. There are typically returning students from previous classes also joining in and providing feedback and prospective to the new students.

This class normally fills up fast so if you are interested in seeing

what Tai Chi is about and working on improving your balance contact Chuck at cmorrow@hotmail.com.

For those students having completed the Beginners Tai Chi – Moving for Better Balance and are interested in progressing there is the "Review & Refine" class, celebrating its second anniversary in January. This class meets on Mondays and Thursdays from 1 to 2:30 pm in the Santa Rosa Room. For more information contact Pat at Pat.Hartshorn@gmail.com.

YE OLE WOODCHIPPERS

By Bud Bradley

October was a somewhat normal month for repairs with 13 jobs completed for Village residents, and a combination of 7 quick fixes and Village repairs for the Village management and maintenance crew. Just when we thought we had seen it all,

someone brings in a new challenge. There are some things we just cannot fix, due to the type of material used to build the item or it is too far gone to be restructured. Lately we have been making new items to replace the old items, made of what we like to call, "Faux Wood." Our crew managed to get the job done, as shown in this month's photo. The dresser needed some parts that were difficult to match. We are now well caught up with our backlog.

We were pleased to see the article about Chris Bjornberg in the November issue. He is our treasurer, but very much a treasure in his own right. He is greatly involved in keeping our mechanical tools in great working order, due to his talent to figure out the problem at hand.

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to



Photo by BUD BRADLEY
Woodshop repaired dresser.

become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com.

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CLUB NEWS

MAVERICKS CLUB

By Vera Erskine

Mavericks is getting into the Christmas spirit by sponsoring the annual Christmas parade on Saturday, December 16th at 4:00 pm.

The parade will feature decorated bicycles, golf carts and classic cars. Come out to curbside and cheer on our Christmas revelers.

On January 26th beginning at 5:30pm with hors d'oeuvres, the Mavericks' popular Winter Blast will take place in the AR.

This semi-formal affair will feature a sumptuous sit-down dinner with several delicious courses presented by Command Performance. Dance to the music of Dave the Piano Man. Tickets cost \$40 and will go on sale on January 2nd. Seating is limited, so get your tickets early for this exciting event by contacting Vera Erskine at 805-987-4537.

Tickets will not be sold at the door. Join us for a magical evening of fine dining and dancing to your favorite music!

LV WOMEN'S CLUB

By Barbara Cogert

Enough cannot be said about the recent tribute to our LV Vets. This heart-warming event is always a wonderful way to honor our Veterans and this year was no exception. The outpouring of love and respect in the room was contagious. So many volunteers elevated this day to another level. BRAVO!

Next up is our Holiday Boutique, December 2nd from 10am-1pm in the AR. Do your holiday shopping right here in the Village. This sale is for new and gently used items including jewelry, that has been donated to the WC. Hope to see you there.

Another bench has been donated by the Women's Club to the community (across from V9) in honor of LV's 50th Anniversary.

Our Holiday Party will be held on Thursday, December 14th. Doors will open at 6:30 pm, event at 7:00 pm. Don your festive wear and bring your wish list for Santa! There will be singing and some dancing

and lots of fun! Please join us.

Don't forget your "Change for Change" and new toiletries for those less fortunate. We also donate to Food Share so canned goods are appreciated too! Remember, 'tis better to give than to receive.

We wish everyone a wonderful Holiday Season and all the best in the New Year. See you in 2024 with a new lineup of events and activities.

WII BOWLING

By Lois O'Connor

On Halloween some of our Tuesday bowlers dressed in costumes.

The Thursday bowling group welcomed Joyce Cattanach back to bowling. It was her first outing since rehab. She bowled from her wheelchair. Her first game was 103 and the third 158. Great job Joyce! So glad you could participate.

On a sad note we lost one of our bowlers recently. Lloyd Johns bowled with the 9:30 Tuesday group. He passed away a couple of weeks ago. Lloyd bowled a 300 game in 2015. In addition to Wii Bowling Lloyd was active with the table tennis club.

2023 Wii Bowling season is entering its final month. During the year various bowling achievements were recognized. The Wii bowling room has a bulletin board where activity pictures are displayed and the prior week score information is posted. The top ten bowlers for the year and the top ten bowlers for the prior week are listed. Bowling information for each person is listed. The information includes the number games bowled, total pins, average, handicap, highest game, highest series, number of 300 games bowled. The top ten bowlers for the year are:

1. Sylvia Edmonds.....	average 266
2. Edithe Walsh	average 239
3. Barry Chass	average 225
4. Diane Hawrylo	average 201
5. Barbara Crome	average 200
6. Arlene Kochans	average 199
7. Judy Spector.....	average 199
8. Rosie Ross	average 198
9. Debra Pettit	average 195
10. Matt Varav.....	average 194

Those that achieved a game of 300 (perfect score) in 2023 are:

Ron Cattanach (1), Barry Chass (3), Sylvia Edmonds (16) and Edithe Walsh (3).

In addition to the perfect score achievement three of them bowled an 800+ series. They were Barry Chass, Sylvia Edmonds and Edith Walsh.

Ron Cattanach and Judy Spector bowled series above 700.

The Holiday season potluck and tournament is December 9 in the Santa Rosa room.

The club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Clubhouse Ventura Room. If interested in participating, contact club president, Debra Pettit at 805-504-6774.

MEN'S GOLF

By Tim Palmer

The LVMGA was busy in October and November. The October Regulation Tournament was held at the Soule Park Golf Course in Ojai and the heat challenged most of the golfers. Barry Doyle won the A-Flight and scored a birdie on

the fourth hole. Jeff Rach won the B-Flight and scored a birdie on the fourth hole as well. Several players were not able to finish because the temperature exceeded 90 degrees.

The Men's Golf Club Championship, a two-day event, was held on the 7th and 14th of November. The tournament is a low-gross score championship, with Jon Hall becoming the Club Champion as the winner of A-Flight. Phil Drain won the B-Flight and Bruce Anderson won the C-Flight. The Niner low-gross winner was Bob Peterson.

The November Regulation Tournament at the Los Robles Greens was rescheduled to November 30 due to inclement weather.

LET'S DANCE CLUB

By Patrick Price

"Let's Dance!" has a band you may have heard before for December. Come dance to Tropic Starr. Dances are on the third Saturday of the month, from 7:30 to 10:00pm. This "Let's Dance" will be on Saturday,

—Please see **PAGE 16**



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CLUB NEWS

Let's Dance

Continued From **PAGE 15** —
December 16th in the AR. With admission of \$10 per person coffee, water, and punch will be provided. It's BYOB for anything else. There will also be a 50/50 give away. So, come and dance the night away. 'Let's Dance' has some great volunteers but more are always welcome. Contact Sue Lind at 559-304-1650 if you would like to help the others.

LV BOWLING

By Gene Kinsey

Wow, the fall bowling season is well underway and the stars are beginning to emerge. Every Friday morning at Harley's Camarillo Bowl six teams compete to see who can get the most laughs. Yes, we seriously try to bowl our best but sometimes the bowling gods have other ideas.

Want to see what I am talking about? Come on down at 9 and

join the fun. Bring your annual dues of \$20 and \$14/week bowling. We need subs, so you don't have to commit to every week. Just be here!

Outstanding bowlers for the past month for the women: Clancy Martel 186, Bobi Shmerling 126, Kristine Jones 157 and Nancy Owens 137. For the men: Nick Schelling 150, Myron Jones 200, Bruce Anderson 191 and Dick Fisher 187.

RACQUET CLUB

By Sharon Wilson

The winners of our Turkey Trot paddle ball tournament on November 11th were Marilyn Rudy & Allen Cohen, Ron Bruns & Georganne Norton, Sunshine Peterson & Leslie Fox, Marian Flosi & Roger Florio, Christine Reinhardt & John Peterson. Once again Roy Gardner ran a fun tournament this time with a mixed doubles format. The winners of the November 18th pickleball tournament will be an-

nounced at a later date.
November's Wine and Games Night was well attended. Friendly competition off the courts seems alive and well.

The Holiday Wine and Cheese event will be held December 13th in the Santa Rosa room at 6:30 pm.

Dues for 2024 are being collected in December. \$7.00 cash only to Sunshine.

Did you hear it? A huge sigh of relief was heard when Christine Reinhardt stepped up to take over managing our website. Thank you so much Christine. Be sure to send her any photos you would like posted.

Watch for pickleball and paddle ball lessons posted on the bulletin board.

See you at the courts.

BINGO!

By Bobi Shmerling

Everyone can play Bingo. Come enjoy an evening with friends and take a chance on winning cash prizes. Bingo is held on Wednesday evenings at the Recreation Center

in the Assembly Room.
Minimum buy-in is \$13 for 18 games with payouts ranging from \$40 to \$300 plus. Doors open at 4:45 pm and close at 5:45 pm. Play begins at 6:00 and ends shortly after 9:00 pm. Contact John Herrera 805-419-4195.

WRITERS CLUB

By Debbie Glass

Another year of writing and sharing stories of life experiences draws to a close. We are meeting only twice in December: Monday, December 4 with a topic of "How Has My View of the World Changed?" and Monday, December 18 with a topic of "One of the Most Enjoyable Presentations I Gave This Year."

At our meeting on the 18th, following presentations, we will have a general discussion and select writing topics for 2024. All input for topics is welcomed.

Our first meeting in 2024 will be Monday, January 8, 2024 at 1:00 pm in the Sun Room. At that time we will distribute the 2024 meeting —Please see **PAGE 17**



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CLUB NEWS

Writers Club

Continued From **PAGE 16** —

calendar and list of writing topics. All LV residents who love to write and share their stories are invited to participate.

For questions about the Writers Club, please contact Debbie Glass at debglass412@gmail.com. Enter Writers Club in the subject line.

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Happy Holidays to all Villagers. May we have peace in the world. First time complimentary tickets are available to residents of Leisure Village for our dance lesson and dancing for the evening. December 9 will be Michael Falcone - waltz lesson; black & white theme. December 23 will be Tropic Starr. Cha Cha; Holiday dance theme.

Admission \$10.00 per person includes the lesson, 6:30 - 7:15, dancing 7:30 - 10:00. This is a great way to spend a Saturday evening at our dance party. See you there.

WOMEN'S GOLF

By Patti Crichton

The President's Cup Tournament was a Match Play this year. Thank you to Betty Ericsson for organizing the tournament. On the fifth Wednesday of November, we played a fun 3 person team game in

the morning. Then we gathered at 4pm for appetizers and the President Cup awards.

Sharon Price hosted another helpful golf workshop in November to teach us some pointers about chipping to the green. December will be regular play on Wednesday mornings starting at 8:30. Please arrive early to check in with your \$2.

Our Holiday Luncheon this year is at Bistro 13 at noon on Wednesday, December 13th. If you haven't signed up yet, call or text Wilma Huston at 805-905-0844 or Sheila Bunch at 818-631-1649.

BILLIARD CLUB

By Patrick Price

The Billiards Club doesn't have anything planned for December but the next tournament will be Monday, Tuesday and Thursday January 29, 30 and February 1, 5, 6 and 8. The game will be 1 & 15, the original Leisure Village Billiards Club match. Membership dues are also now payable - \$10 - and you must be a member to play in the tournament. So, join the Billiard Club for fun and friendships. Contact Kathy Wirtz 818-445-1057 for membership.

GRAPES R US WINE CLUB

By Barbara Senior

Grapes R Us holds monthly tasting sessions to discover wines of different varietals and to explore wine regions around the world. The November tasting featured wines

from the Paso Robles region - Tablas Creek, Hess, Cass, Sextant and Riboli.

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person. Reservations are highly recommended. To get our monthly email invitation, drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

VILLAGE ARTS

By Patti Crichton

November flew by with the Autumn Art Show, followed by the Art and Poetry event in Newbury Park with Ron Fullerton's Poetry group. What a creative group of people!

Their poems were inspired by some Village Arts paintings by Jack Bozajian, Nicole D'Amore, Patti Crichton and Kathy Whitesell. Please enjoy this example titled 'How I Found What I was Looking For' by Peg Quinn, based on a Kathy Whitesell watercolor of a hummingbird.



How I Found What I Was Looking For:

Hungry as a starving poet
I asked a duck,
a crow, a wren
where to find fresh nectar.
They stared at me,
then shook their heads.

So I asked a dove, and a bluejay,
both stared at me and flew away.

My last hope was a desperate compromise,
asking a passing bee, who smiled,
then murmured,

"Honey, follow me!"

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CLUB NEWS

LV PHOTO CLUB

By Chuck Morrow

The November Photo Club Assigned Category was "Travel." The judge for the month was Robert Fields, a fine arts photographer. Robert specializes in travel photography and lives in Ventura. You can see more information regarding Robert and his works at robertfields.com.

The winners for the month were: Assigned Category – Silva Orr – "Torres" Open Category – Penni Nussbaum – "Don't Wake the Leopard" Mobile Category – Frank DeSimone – "Play Dough Desert"

The Assigned Theme for December meeting is "Vintage Cars" and all member entries are due by December 1st. Members are also reminded that the end of the year dues are due. Also, Melody recently sent an email regarding nominations for Officers for the coming year, monthly theme suggestions for 2024 and a Photo Club survey. Responses are due by the next meeting on December 7th.

Any questions regarding the Photo Club or membership informa-

tion should be sent to Melody Zaida at h2obaby10@gmail.com

LV MUSIC CLUB

By Marci Lapair

Please renew your LV Music Club membership. All memberships will be effective through 2024. The Music Club is supported through our \$10 annual membership dues. Memberships for the year are sold during our monthly activities. All our members receive email reminders and advance notice of upcoming club activities.

The LV Music Club provides 7 monthly activities for the enjoyment of the village residents. The admission for these monthly events is free to all Villagers. Our monthly activities include Open "Mic" night, movies twice a month and the 17-piece Groovin' Easy Swing Band. Membership dues help cover the cost of the complimentary refreshments that we serve at all our events. For more information on the LV Music Club call Marci Lapair 818-399-0843.

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CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

DEADLINE for the next publication is 5pm on Friday, December 15.

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

NEEDED: Room for rent \$900 mo. 62 year old single male. No kitchen or laundry necessary. Smokes outdoors only. Pleasant personality. Has family support in LV. Kathie Owens 805-987-7284

CEMETERY PLOT for sale: Eden Memorial Park, Mission Hills, CA. Sold out Mt. Eliat section. Steps from street for easy visitation. \$13,000. Call Earl 213-531-1404

MOBILE NOTARY: Offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

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If you had a knee replacement, that's my future. If you loved your surgeon, please call or email their name. Larry 818-577-3896 – tas-cosa@earthlink.net

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HANDYMAN - Nathan 805-440-5536 References

SPARKY'S Car detailing 805-603-7599 References

Hugo's Garden Services: lawn and garden maintenance. Cleanup, tree pruning and removal, sod/seed installation. Over 23 years working in Leisure Village, LV references 805-482-0985 or 805-216-8835

PAINTING AND DRY WALL REPAIR and small handyman jobs. Esqueda Valles 805-276-2781 10+ years experience \$180 day or \$25 hour.

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DECEMBER: A Time of Celebration

A time of gathering with family and friends. A time of kind deeds.

There are many happy memories associated with December. There are stories to tell and catching up to do. Many visit the mailbox with a skip in their step as they anticipate the wonderful updates of friends and family through holiday cards and letters. What a wonderful tradition! It seems as though hearts are softer and most people are more patient. December brings out the good in us.

**As we reflect on the year of 2023 our hearts are full of thankfulness.
We celebrate the fact of continued business success in 2024.**

THANK YOU for your support!!



*Merry Christmas &
Happy Holidays!*



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