Inside Leisure Village

VOL. 38 NO. 6

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

UN€ 2. 2017

LV BOARD CANDIDATES SPEAK OUT ON THE ISSUES

Three Directors to be Chosen in June Election

Candidate Ken Freking

I believe one needs to be educated and experienced. In addition, twenty-five years of public service in the Air Force and FBI is an indication of who I am.

Some of my personal traits include having a solid work ethic, sales presentation skills, and a knack for organizing people for a cause. I have



Frekling

special abilities to evaluate opportunities and build a successful enterprise around that opportunity. I am a listener, a detail person, a problem solver and think outside the box. I brought the flood insurance solution to this Board.

Candidate Harold Howarth

Aleta and I moved here from Orange County 12 years ago because my job moved to Santa Paula. At first, we planned to only stay here during the week and go back to our Orange County home

for the weekends. It didn't take long before we fell in love with this community, and now we can't imagine living anywhere else! I have been planning on run-



Howarth

ning for the Board for several years now, taking the LV-101 classes and attending or watching the Board meetings on LVTV. I have served on a HOA Board before, and since retiring last year, I felt that now is the time.

Candidate Chuck Kiskaden

It has been a pleasure to serve on the Leisure Village Board of Directors over the last two years. I have served on the board of multiple non-profit organizations, including being President of many.

An organization the size of Leisure Village needs dedicated, skilled board members to share their leadership skills. I have served as President



Kiskaden

of the Billiards club, supported the Leisure Village Golf club and I actively participate in Players Guild.

I ask for your support in the equitable handling of member specific issues, as well as serving in a legal fiduciary role while making decisions that affect the future of the Village.

Candidate Ted Lansing

What I bring to the table: Engineering Degree-UCLA, MBA-Pepperdine University; between LVA and my previous association board, 13 ½ years of experience as an associa-

tion director, 13 of which were as Treasurer. I held electrical and general contractors licenses in California (28 yrs). I was a registered Real Estate agent and Property (associa-



Lansing

tion) Manager in Nevada (3 yrs). Past member/Chair of both Architectural Committee (2 yrs) and Clean Energy Committee (1 yr). Present member Finance Committee (6 mo).

Leisure Village is a small city. It is as complicated and demanding as any city of similar size. I have continued to learn more about it in every one of my 96 months of previous service on the LVA Board.

Candidate Patrick Price

I'm Patrick Price, homeowner in Village 42, and I'm running for the

Leisure Village Board of Directors. I am a member of the Buildings & Grounds Committee. I am a former Board member and I want to continue



Price

to use my experience. I am friends with current board members and discuss with them the issues of our Village to keep well informed. I will continue to work closely with all the board when elected, to make successes out of all Leisure Village situations. My main qualification for the board: let's just say "The Price is Right for this job."

Candidate Bob Riveles

Over the past seven years I have served as either the Chair or Vice Chair of the Finance Committee

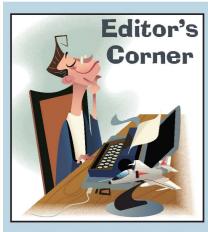
as well as serving three years as Vice President of Leisure Village Association. I have demonstrated my comprehensive knowledge of Village operations and the ability to



Riveles

make sound recommendations and decisions over that time.

I have played a major role in all of the financial decisions in LV during this same period, including finding innovative methods of achieving financial goals. I take nothing for granted, and I consider each and every issue carefully to find the best result.



You will find this edition of Inside Leisure Village to prominently feature the coming Board of Directors election. The importance of this election cannot be overstated. We are electing members to the governing body of our community. Those members make decisions that affect a wide range of issues here in the Village. While they are unpaid volunteers, much is asked of them in terms of time, energy and intellectual savvy. We enjoy a wonderful community because previous Board members have given their best to ensure the right decisions were made, and we are expecting the same of the new Directors.

It is absolutely essential that you cast your ballot for the candidates of your choice. The voting process is explained in one of the articles contained in this issue, and it is further explained in your ballot package. Just like national elections, every vote counts and, as it is our right to vote for our elected representatives, it is our obligation to do so as well. Vote and be counted!

We have a variety of interesting articles and Club News for your information. Enjoy!

-Tim Palmer

WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses. **The Main Gate:** 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/ signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo. com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

Editor:

Tim Palmer editorilv@yahoo.com 904-826-5945

Display advertising:

Stacey Janson The Acorn Newspapers 805-484-1949 x303

Classified advertising:

Barbara Crome, 482-9097

Fri

ABOUT INSIDE LEISURE VILLAGE

Editor: Tim Palmer
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Staff: Patty Ecker, Larry Swartz, Jerry Spector
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Classified Ads: Barbara Crome, Joyce Snider
Contributors: Joseph Benti, Ted Lansing

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

July Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the July 2017 issue is Tuesday, June 20 at 5:00 p.m. The Display Advertising deadline is Monday, June 26 at noon. Publication is scheduled for Friday, July 7. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.



LVTV Program Schedule

June 2017 | Channel 1390

LVTV Committee Email: lvtvcommittee@gmail.com

Contact: John Mayer, Chairperson at 388-4642. DAILY AUDIO: 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.

Day	Date	Program date time 10 am and 8 pm
Thurs	- 1	Thurs. Showcase, Message Board for Shows
Fri	2	LVA 101 - #5: Elections - 2014 (38 min)
Mon	5	LVA OPEN BOARD MEETING - LIVE (10 AM only)
Tue	6	LVA OPEN BOARD MEETING - TAPED
Wed	7	What Was My Line - Bob Kaplan, Rene Kaplan, Bill Foeller (55 min)
Thur	8	Village Voice – Susan Rockwell, Bill Foeller - 2011 (39 min)
Fri	9	LVA OPEN BOARD MEETING - TAPED
Mon	12	LV Musicians: LV Musicians Concert - 2008 (64 min)
Tues	13	FYI (For Your Information) #10 - (39 min)
Wed	14	Cooking Show-Southern Village People Cook - 2014 (31 min)
Thurs	15	L.V. Art Show - 2013 (40 min)
Fri	16	Women's Club - David Zasloff - 2017 (64 min)
Mon	19	LVA #10: Assessments - 2014 (60 min)
Tue	20	What Was My - Mary Lucid, Sam Sylvester, Harry Rosenberg (43 min)
Wed	21	Women's Club- Stu & Laurie - 2014 (64 min)
Thurs	22	ANNUAL MEETING - ELECTIONS - LIVE (10 AM only)
Fri	23	ANNUAL MEETING - TAPED
Mon	26	Wings Before Wars - (35 min)
Tues	27	Players Guild - All About The Blues-2014 (42 min)
Wed	28	Mavericks Thrift Shop Fashion Show – 2016 (17 min)
Thurs	29	Understanding Homeowners Associations (16 min)
77.2	20	

Players Guild - Broadway Potpourri - 2016 (90 min)

BRIEFS

CAMARILLO AREA TRANSIT (CAT)

The Dial-a-Ride must be personally requested the day before your trip. The CAT fixed route schedule is in the Rec Office. It is FREE to Leisure Villagers. There is no service on Saturday and Sunday. (988-4228). The CAT SHOPPER SHUTTLE is Tuesday only from 10:00 a.m. thru 1:00 p.m. Final return trip arrives back at 3:00 p.m. For only \$1 round trip, you can go to the Target area, Ralphs, Trader Joe's etc. (383-5615)

LEISURE VILLAGE VETERANS PICTURE (NOTE LOCATION CHANGE)

By Paul Herring

All Leisure Village veterans are requested to assemble for a photo shoot on June 7 at 10:00 a.m. in the swimming pool area by the Fitness Center. Any and all who served in the United States armed forces and residing in Leisure Village are welcome to be in the photo. Accommodations will be made for those with wheel chairs or requiring chairs. Refreshments will be served immediately after in the Picnic area. Please sign up now at the Rec Center Office so we know how many will participate

The photo will appear in the July edition of Inside Leisure Village, recognizing those Villagers who answered the call to serve our country.

UNITED BLOOD SERVICES BLOODMOBILE LOCATIONS IN CAMARILLO

Sunday, June 11, Padre Serra Catholic Church, 5205 Upland Rd, 8:15 a.m.-1:30 p.m.; Monday, June 12, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m.; Thursday, June 22, Camarillo Public Library, 4101 Las Posas Rd., 3:00-6:30 p.m.,; and Monday, June 26, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at www.unitedbloodservices.org.

UPCOMING EVENTS

AARP SMART DRIVER CLASS

By Paul Herman

Leisure Village will be hosting a five hour Refresher Class of the AARP Smart Driver Program on Thursday afternoon, June 8, from 12:30 p.m. to 5:30 p.m. in the MPR. Contact Paul Herman at 444-6420 for details.

LEISURE VILLAGE COMMUNITY DIRECTORY

The new community directory will be delivered the first week of July. Residents are encouraged to patronize the businesses advertised there-in.

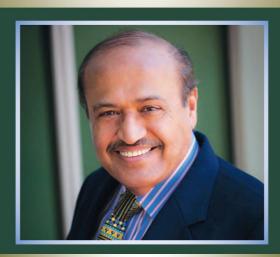
TRAVEL CORNER

By Carol Moody

On May 16th, LV Travel presented the remainder of the 2017 day trips that are going up for sale this year. While I know it appears early to be signing up for tours still months away, if you wait too long you may lose out. We have two August tours – SHOP TILL YOU DROP on August 18 (this is not your typical shopping excursion) and TASTE OF LA, part 2 (also not a typical food tour) on August 30. This month, you will also be able to sign up for a very special WINE and BREW tour in the Santa Ynez Valley on September 14. We also may have a few spots on our other tours such as MAGICOPOLIS on July 10, so please stop by the Travel Window for details. Whether you travel with us or own your own, we wish you Happy Travels.

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Spring Cleaning Sale





Photography by JERRY SPECTOR

Villagers were selling and serving last month during the annual Spring Cleaning Sale sponsored by the Village Arts Club. Forty tables were piled with "treasures" brought by residents for sale to shoppers. And more than 200 hotdogs with all the fixings were cooked and served during the event by the candidates for LV's Board of Directors. (l-r) Bob Riveles, Harold Howarth, Ken Freking, Patrick Price, Chuck Kiskaden, and Ted Lansing.

CANDIDATES NIGHT

The Leisure Village Association hosted a forum at 7:00 p.m., May 18 in the AR, for residents to meet and question candidates for Board of Directors positions. President Lin Grant opened the meeting and introduced the moderator, Dick Guttman, who presented questions from the assembled residents to candidates Ken Freking, Chuck Kiskaden, Bob Riveles, Ted Lansing, Harold Howarth and Patrick Price.

Each candidate was given five minutes for an opening statement before questions were presented. Questions from the audience were written and screened by Carol Moody and Pat Gunning for appropriateness before being given to the moderator. In all, eighteen questions were read, most of which requested responses from all candidates. Each candidate was given two minutes for their response. Following the question and answer period, the candidates were given two minutes each for a closing statement.

The evening drew a large crowd of Village citizens who were interested in the future of the community. This forum, combined with the mailing of ballots the same day, commenced the start of the voting process to select three new members to the Association Board of Directors.

IN MEMORIAM

Valerie Barbeau, V. 44 L. Cumming, V. 7 Robert P. Goodkin, V. 7 Nancy Kidder, V. 1 Robert Moreland, V. 42 Sylvia Winderbaum, formerly V. 38

To submit a memoriam call Loretta Reshes, 388-7116

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07LV11E

How to find a Senior Living Community?

A Goebel Center Seminar for seniors and their families

Friday, June 16, 2017 at 1:00PM-2:30PM

Goebel Center, 1385 E. Janss Road, Thousand Oaks.

Senior living experts explain options and pricing. Speakers include:

- · Annette Broersma, M.S.; Senior Services Resource Counselor at The Reserve at Thousand Oaks:
- Donna Klugman, Attorney at Law, Panitz and Kossoff, LLP (Elder Law Attorneys and Counselors);
- Katie Wiltfong, MSW and Elder Care Coordinator for Panitz and Kossoff, LLP.

Call 805-492-2471 for reservations; leave your name, number of people in your party who will be attending.



MORE **EXCITING EVENTS COMING UP!**

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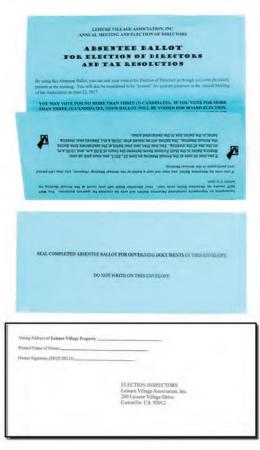
Art History Lecture on Chagall

June 13, 2017 - Tuesday, 10 to 11 Art historian, Laura, shares insights of the art and times

Welcome Summer BBO

June 21, 2017 - Wednesday, 11 to 2 Enjoy the first day of summer with a meal on our beautiful terrace





There are three important steps that must be followed to ensure that the blue absentee ballot is counted.

PHOTO BY BUD BRADLEY

ABSENTEE BALLOT FOR BOARD ELECTION

INTO

BLUE ENVELOPE SEALED WITH NO WRITING ON IT

INTO

WHITE ENVELOPE WITH HOMEOWNER'S NAME AND ADDRESS

MAKE SURE YOUR VOTE COUNTS

By now, all homeowners have received a ballot that enables them to vote in the election for three members of the LV Board of Directors. Those blue ballots – one per household - were mailed by the Association on May 18. There are several routes for voting for these important positions, and each one has specific instructions.

Voting by Absentee Ballot: for those who want to vote ahead of or won't be attending the Annual Meeting on June 22.

- 1. Vote for up to three candidates per instructions on the blue ballot.
- 2. Place the blue ballot in the blue envelope and seal it. Do not write anything on that envelope. Do not sign the ballot.
- 3. Place the sealed blue envelope in the white envelope, seal it, print your name and LV address on the outside of that envelope, upper left corner, and sign your name. The ballot cannot be counted without your signature.
- 4. Deposit the white envelope in a Ballot Box located either in the Rec Center lobby or in the Association Office, or send via US Postal Service.

Absentee ballots must be deposited in the Ballot Boxes or delivered by mail by 5:00 p.m. on June 21, 2017.

Voting in Person: Blue Absentee Ballots cannot be used.

- 1. Get a Meeting Ballot in the MPR between 8:00 a.m. and 10:00 a.m. on June 22.
- 2. Cast the marked ballot during the Annual Meeting, which begins at 10:00 a.m.

Voting for someone not on the Ballot:

- 1. Voters can write in a candidate, but cannot vote for more than 3 candidates.
- 2. Candidates can be nominated on the floor of the Annual Meeting as long as they are present to accept the nomination.

A quorum of 1069 qualified ballots must be received for the election to be official. The official count of all qualified ballots takes place during the Annual Meeting. The results are announced as soon as the count is complete.



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\$300 SUGGESTED DONATION



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DROUGHT UPDATE

Shortly after the "Is the Drought Really Over?" story was published in the May ILV issue, the Camrosa Board of Directors lifted the Stage 2 Drought Declaration. Thus, there is no 15% voluntary reduction or limits on watering. However, customers must still abide by the Camrosa permanent water-use prohibitions, which are always in place. The prohibitions that directly affect Village residents are:

1. No person shall use or permit the use of any water furnished to any property within the District in a manner that causes runoff such that water flows onto adjacent property, non-irrigated areas, private and public walkways, roadways, parking lots, or structures, from any hose, pipe, valve, faucet, sprinkler or irrigation device into any gutter or to otherwise escape from the property, if such running or escaping can reasonably be prevented.

- 2. No person shall permit leaks of water that he/she has the authority to eliminate. Any detected leak, break, or malfunction shall be corrected within 48 hours after a person discovers or receives notice from the District.
 - 3. All garden and utility hoses shall be equipped with a shutoff nozzle.
- 4. Vehicles, including but not limited to any automobile, truck, van, bus, motorcycle, boat, or trailer, shall be cleaned only by use of a hand-held bucket or a hand-held hose with a shutoff nozzle.
 - **5.** The application of potable water to driveways and sidewalks is prohibited.

Health Fair Draws Big Crowds





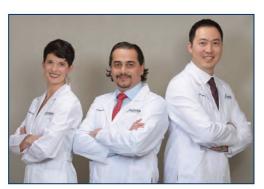
Photography by RITA LINSEY

TOP-The 12th Annual Health Fair drew 55 local vendors eager to present their services and products to Villagers. More than 500 residents attended the event on May 19 sponsored by Your Neighbors Care Group.

BOTTOM- Representatives from the Ventura County Animal services brought adoptable dogs to the Fair



Orthotics Ankle Pain Fractures Athlete's Foot Ingrown Toenails Flat Feet Bunions Hammer Toes Foot Pain Toenail Fungus Neuromas Wounds



L. Mae Chandler, DPM • Andrew Langroudi, DPM • Brian Hong, DPM





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HEALTH CORNER



Seniors and Social Media

By Andy Smith

Despite the myth that older people can't manage technology because of cognitive deficits, seniors are flocking to social media at a rapid pace. In fact, Facebook, Twitter, Google+ (and Hangouts), Pinterest, and Instagram all note higher adoption rates among adults 65 and older.

Seniors Benefit Socially, Mentally, and Physically

Older adults who have had positive experiences on social media have reported elevated moods. An American Psychological Association study found that seniors who spend time on social media sites were more likely to participate in activities that can lead to greater health, such as cooking healthier recipes and finding easier ways to clean and maintain their homes. The study also indicates that they have lower blood pressure and fewer instances of diabetes and less negative health habits such as smoking, depression, or disease. This is attributed to the ability for selfeducation on any number of topics.

Social Media Keeps the Family Together

Facebook is particularly useful for linking up with loved ones. It makes for more frequent conversations and helps close the generation gap.

Sharing current photos allows seniors to create a closeness and involvement with grandchildren that may not have existed. Video chats also are a great way to communicate in "real time".

Family Peace of Mind

When a family lives apart, there can be stress and anxiety on both ends. Social media allows seniors

and their families an easy way to check in as often as they wish. This is especially important if the senior is living alone and may experience ill health, a fall, or may not be eating or sleeping well, taking medications, or getting any form of exercise.

Community Engagement and a Sense of Belonging

Social media allows seniors who are unable to leave home to socialize online to combat loneliness.

Shopping Online offers Convenience and Savings

Even if a senior can't venture out of the home, he or she can always shop online and enjoy the ease of home delivery. In addition, there are lots of money-saving coupons and online sales.

Some Precautions Should Be Taken

As a caregiver, you may want to monitor the senior's activities. You may want to make sure that the loved one is not falling for phishing scams and the like. You may also want to make sure they are connecting with trustworthy people — especially if they are conversing in chat rooms and through blogs. Also watch their monetary spending — you don't want your senior overspending on items they don't need.

Learning How to Use Social Media

A great source for seniors – and family members – is AARP's Social Media Education Center. Visit http://www.aarp.org/home-family/personal-technology/tek/social-media-education-center/

See more at: http://www.comfort-keepers.com/home/info-center/aging-in-place/seniors-and-the-positive-impact-of-social-media#sthash.6I10ovlH.dpuf

BILLIARDS CLUB

By Patrick Price

Two major events are planned by the Billiards Club for June and early July. Picnic-In-The-Park will be on Saturday, June 24, starting at noon. Lunch at 12:30 p.m., to include Barbeque chicken, beans, potato salad, and Wilma's famous homemade coleslaw. There will be soft drinks, water, beer, and wine. Tickets are on sale now for \$7. You can buy tickets on Thursday nights or contact one of your Billiards representatives for tickets: Chris Bogdan, Jack Quinn, John Wirtz and Wilma Hutson. We're putting out a call for volunteers to setup (10:00 a.m.) and for clean-up (about 2:00-3:00 p.m.). Contact: Al Bendekgey 805-494-6774. Also, a straight 8-ball tournament is scheduled to start Monday, July 10.



By Andrea Moran

Hi Folks...summer is around the corner with many holiday events. Please come join our Saturday Night Ballroom Dance Party for a special place to celebrate. Just let Joyce or Bonnie know in advance so they have the tables ready. No Charge.

We have a fun month coming up: June 10 - Rhythm Kings, (my birthday and D Day), so wear the colors. June 24 - Dick Parent.

We hope you will join us for the 2nd and 4th Saturdays of each month. You don't have to travel far, and dancing keeps you young: 7:30 to 10:00 p.m. in the A.R. \$7 admission per person. Fresh popcorn, coffee, tea and punch provided. I know you will have a great evening!

On June 2, the Country Dance will be held, with music, for the advanced line-dancers. No Charge: 7:00 to 8:30 p.m. in the A.R. All are welcome.



Photo by AL BENDEKGEY

Winners for the 1 & 15 Tournament are left to right: Max Chopra, Frank DeSimone, Chuck Dolan, John McGava, Gerry Sarno, Charlie Hartman, Kathy Wirtz, Jack Quinn and Ruth Stubba

June. Look for further information for both events in eNews and on

Sign-up sheets will be up in mid- LVTV. The popular Thursday night round-robin continues. Be there at about 6:00 p.m. to sign-up.



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CLUB NEWS

THE AMATEUR RADIO CLUB

By Jonathan Fox

During the past month, the new shortwave antenna was delivered. It now requires that all parts be inventoried, assembled and tested. The rotor unit, which turns the antenna, also arrived and has been checked out. Progress after this point will depend on our budget. This project is entirely funded by donations.

We are currently at 91% of the amount needed to complete the tower project. I want to extend a sincere thank you to all that have contributed and encourage others to do so. If you would like to be a part of this important addition to our facilities, a check to Leisure Village with the words "Tower Project" on the memo line would be sincerely appreciated. All funds will go directly to supporting this effort.

Having the ability to ask for help or share health and welfare information with the city, state and county is an important tool for our survival during power and communication blackouts. We are recognized by the Ventura County Office of Emergency Services, City of Camarillo and Red Cross as an authorized emergency communication station in Ventura County. Thanks for your consideration.

THE MAVERICKS

By Margo Secia

The Club just ended our eleventh year in May and is looking forward to the upcoming year. Yearly dues of \$5 per person for May, 2017 to May, 2018 can be paid by calling Geri DeSimone at 402-1465. Please join and be a member of the Club as we are planning to have a really great year.

Due to various circumstances in the month of June, the Club will be dark on our regular fourth week Friday night. We are busy making plans for the month of July and all details will be in the July, 2017 "ILV" issue and eNews.

If you have any questions or comments, feel free to contact President John Wirtz at 384-8508 or Vice-President Ruth Stubba at 496-7188.

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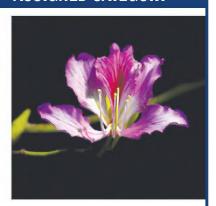
By Lee Edwards

It's time again to join us for dinner – Tuesday, June 13, 5:00 p.m. at Ottavio's. Just a very reasonably priced dinner with a friendly group of about 20 people. Please call me – Lee Edwards, 805 484-3289 – to make your reservation. Hope to see you on the 13th.

CAMERA CLUB WINNERS • ASSIGNED CATEGORY



■1st— Gregg Gillmar -Frigid Foliage



■2nd— Art Akkerman Midnight Orchid

RACOUET CLUB

By Leslie Fox

It's time for summer play! The buddy list posted on the bulletin board is doing its job, so if you are looking for players to hit with for tennis, paddle, or pickleball, don't forget to sign-up.

This month's Friday PU PU and Play will be June 16 at 4:30 p.m. All members and guests are welcomed. The courts are open for pickle and paddle. Our June meeting is June 14th at 7:30 p.m. in the MPR. You have to attend to see what's planned! The final event for June will be Trish Zakas giving a class to pickleball players who would like to learn how to play paddle tennis. Sign-up sheets will be posted on the bulletin board.

With eye on July, do not forget our annual picnic will be July 29 from 12:00 - 3:00 p.m. in the picnic area. This year it is going to be a potluck, so bring your favorite dish or drink; also the barbeques will be available.

"Coaches Corner" Tip: When your opponent hits a short shot to you and stays back at the baseline, hit a drop shot and be ready at the net

The Racquet Club is always welcoming new players, so join us for some fun in the sun!

LV RV CLUB

By Bob Banfill

Bob Dawson, the editor of Trailer Life and Motorhome magazines spoke at our May RV Club meeting on the challenges of magazines surviving in the digital age.

Join us on the June 13th, the second Tuesday of the month at 7:00

p.m.in the Santa Rosa room for the RV Club Meeting. Plans are being made for an RV Club trip to Flying Flags in Buellton, CA. You don't have to own an RV to join. Many of the campgrounds we visit also rent on-premises RV's and cabins.

Mark your calendar for our annual "All you can eat Pancake Breakfast:" Saturday, September 16. It is open to all Leisure Village residents and guests. Still on the subject of food: the annual club picnic on June 10th by the shuffleboard courts. For more info: Call Bob (805) 914-3654

VILLAGE ARTS

By Gwen Zimring and Patti Crichton

Firstly, thanks to our volunteers for your time and effort to organize and run the successful Spring Cleaning Sale on May 13. We had many talented participants in Ye Olde Arts and Crafts Faire on May 7.

Members, we will be getting together on Wednesday, June 7 for our annual Picnic in the Pavilion, instead of a meeting. Please advise Maxine Mennen at 796-7571 what you are contributing to the potluck and if you are bringing a guest. Please arrive by 11:45 a.m. and we will picnic at noon. See you there!

Kathy Jarvis is displaying her art in the library for the month of June. Jeannine Hinckel is teaching a watercolor class on June 2, highlighting techniques to paint a fox, including fur and eyes. Lindy Stein is planning to teach a polymer clay art class, date to be determined. If you are interested, please let Patti Crichton know at 482-6810.

The paintings of Nana Morris will be featured in the Library in July. We look forward to an ice cream social at our July 5th meeting.

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CLUB NEWS

SHOWTYME

By Jerry Spector

Tatjana has performed throughout Europe, including Slovenia, Great Britain, Italy, France, Croatia, Switzerland and Malta. She is now bringing her amazing one-woman show to Showtyme. Tatjana's show is unique in her ability to seamlessly integrate dance and song together. This integration, fueled by her explosive personal energy and love of people, creates this amazing, high energy, uniquely unforgettable show, complete with on-stage costume changes, dancing, singing, and impersonations.

Tatjana is a professionally trained performer. She constantly changes the tempo and direction of her show. During the show, the audience will experience great classics, Rock and Pop, Country Western, Jazz or impersonations. It's an amazing experience as she engages the audience in her



Tatjana Performs for Showtyme

own unique way. Her great ability to connect with the audience during the performance makes every show uniquely different. Friday, June 9 in the AR. Show starts 7:30 p.m., doors open 6:45 p.m. Members no charge, Non-members \$3 donation. Refreshments served, a 50/50 drawing with two winners.

PLAYER'S GUILD

By Stan Reshes

The cast for the Readers Theater, the next production of the Players Guild, has had plenty of rehearsal time due to last month's cancelation because of Candidates Night. They have been polishing their lines and getting ready to give a hilarious performance Thursday evening, June 15, 7:00 p.m. in the AR. Creator and Director Judy Blake has come up with new material that promises an evening of fun and laughs. All this and the usual great refreshments that follow the show.

Please support Players Guild by your membership if you haven't joined, and a big "thank you" to those who have already joined.

WOMEN'S CLUB

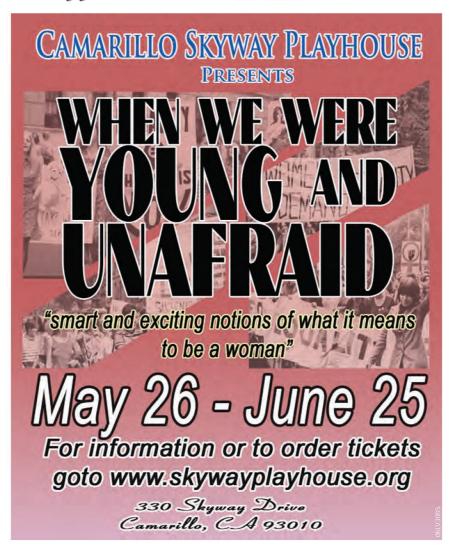
By Louise Romero

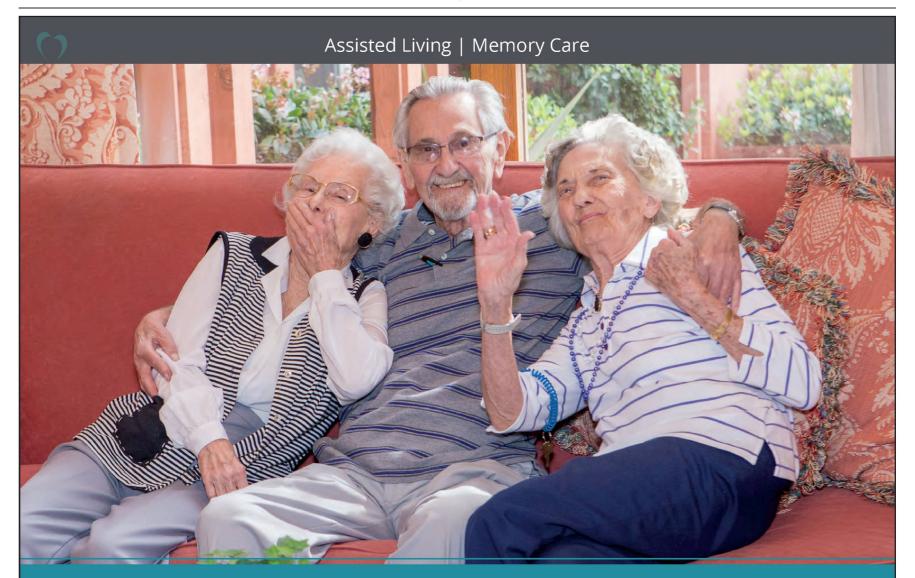
John Wilkman gave a very interesting presentation from his book, "The Hidden History of the Failure of the St. Francis Dam: America's Worst Man-Made Disaster." He provided the background of building the dam, the events that led to the failure of the dam and stories from survivors, with video of survivors giving their accounts of that night in 1928. Many questions from the audience were answered along with details of why dams fail.

At our next Women's Club meeting on Thursday, June 8, at 1:30 p.m. in the AR, we will be playing Bingo. Members receive a free packet of Bingo cards, non-members pay \$3, and additional packets are \$2. You won't want to miss this fun-filled game called by Leisure Village resident Chuck Donnel.

The game will be preceded by Boutique, Vintage Jewelry and See's Candy sales. Don't forget to bring donations for Food Share.

The Boutique is open June 13, and 20, from 9:00-11:00 a.m.in the MPR and June 21, from 4:30 – 6:30 p.m. in the AR Lobby. The Social Workshop meets every Tuesday of the month from 9:00-11:00 a.m. in the MPR.





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CLUB NEWS

VETERAN'S CLUB

By Tim Palmer

The Veterans Club meets every fourth Thursday at 7:00 p.m. in the MPR. Our purpose is to share camaraderie with fellow residents who have served in the Armed Forces. We have had speakers who have combat experience in World War II, both on the ground and in the air, as well as authors who have written about combat heroes. We want veterans to feel proud that they wrote the blank check to Uncle Sam, willingly offering their lives in the defense of our country.

Veterans, their families and any interested residents are invited to join former service members for relaxing spirit-de-corps and storytelling. Refreshment will be served.

IN OTHER WORDS

By Frank Seiden

Lessons in June will be on developing a character for a fiction story and the narrative in prose and poetry. When writing letters or stories or thoughts we want to tell, we want to make them interesting to read. At our meetings, we have a lesson on a useful topic and then read what we have written. We then supportively exchange ideas on how the writing could be improved and have a lot of laughs doing it.

Our meetings in June will be on the second and fourth Wednesdays, June 14 and 28, from 2-4 p.m. in the Lanai Room. All are welcome to join us to find out if our group fits your interest.

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LV BOWLING

By Alan Singer

The LV Bowling League is rolling along, and we have completed Week 33. The league has one week left. If you are interested in bowling and wish to join the league next season, contact Joe Quackenbush at 818-518-5742. We need new bowlers. The league dues are \$10 and \$10 each week per person, for three games of bowling, fun, and competition. New and experienced bowlers are welcome.

Noteworthy this period: 200 Games - Dennis Durand 205,225,200; John Hitchcock 229,211; Art Matter 211. Week 30: Side Pot - Leslie Fox, Sue Hongsermeier, Miriam Laird, Art Titen, John Hitchcock, Don Christy, Art Matter. Week 31: 200 games - Dennis Duran 217, Bob Mcquivey 227, Art Matter 203,211. Side Pot

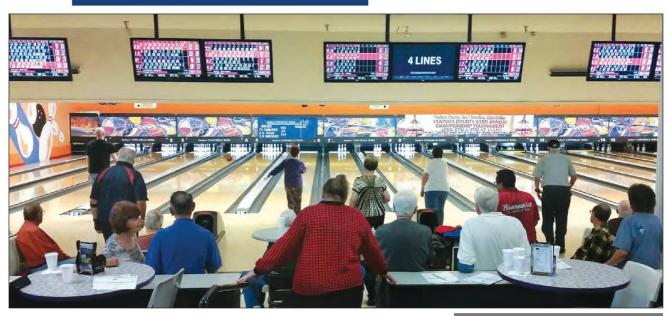


Photo by JERRY SPECTOR

Men's and women's bowling league is held outside of the village on Fridays.

Winners: Marilyn Chavin, Sharon Luberacki, Linda Neth, Bobi Shmerling, Jerry Schneider, Bob Mcquivey, Sal Carbone. Week 32: 200 games - Dennis Duran 205. Side Pot winners: Linda Neth, Joyce Belcher, Betty Herman, Elain Hitchcock, Alan Singer, Sal Carbone, Bill Fowler. Week 33: 200 games - Dennis Duran 215,203,202, Bob McQuivey 214, Vivian Hurst 203. Side Pot winners: Laura Schweers, Vivian Hurst, Betty Herman, Dwnnis Duran, Stan Reshes, Jim Rebsch

WII BOWLING

By Ginny Bryce

Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. Open to all. For information, please call Joan Levy at 805-482-6871 or Barbara Bell at 805-388-2264

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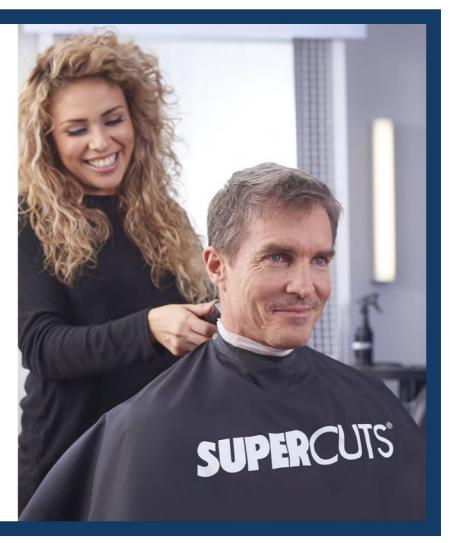
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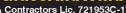




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CLUB NEWS

WOODSHOP

By Bud Bradley

Tuesdays and Wednesdays are busy days at the Woodshop because our door (the upper half) is open to residents who bring their broken wood furniture to us for repair. Our volunteers will do their best to fix the item at no charge. However, we welcome donations that help us pay for materials and to maintain our tools and supplies. We don't guarantee that we can work miracles, but our Woodshop Elves try their hardest to restore what is brought to us. Our hours to receive such projects are 10:00 a.m. to noon on Tuesdays and Wednesdays.

Last year, we successfully repaired items for 276 Villagers, and this year, that pace continues. Through April, the Woodshop has competed:

Resident projects: 92 projects
LV/ Club projects: 18 projects
Quickie projects: 9 projects
Tom Denton, who is one of our
great benefactors responsible for
the donation of some of our new



Photo by BUD BRADLEY

There has been a lot of interest in the hose reel cover offered by the Woodshop. For more information, contact Ron Quick (818) 648 3302)

equipment, has become a member of the Woodshop Committee. We welcome him, and we thank everyone who helped make the Craft Faire a success.

If you would like to try your hand at woodworking and have basic knowledge of power tools, call Ron Quick at 818-648-3302 to set up an appointment or for information about the hose covers shown here.

CAMERA CLUB WINNERS • CREATIVE CATEGORY





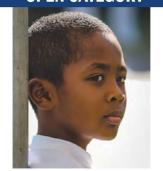


■ 2nd— Frank DeSimone Enjoy the Little Things

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CAMERA CLUB WINNERS OPEN CATEGORY



■ 1st— Frank DeSimone I Will be Patient



■2nd— Gregg Gillmar Floatin in Fog

SHUFFLEBOARD

By Diane Hawrylo

High scores submitted for an eight frame game were: April 19, Milt Krapes, 130; April 26, Milt Krapes, 159; May 3, Keith Murchland and Jon Amelsberg, 157; May 10, Keith Murchland, 159; and May 17, Milt Krapes, 157. Everyone is improving his or her score. Congratuations!

Everyone is doing very well and enjoying shuffleboard at the same time. There is a lot of enthusiasm and interest in shuffleboard. Come on by and enjoy the fun. We regularly play shuffleboard on Wednesdays at 9:30 a.m. All Villagers are invited to join. We will teach you if you don't know how. There are no dues. You can practice at any time. A safety note: Because of uneven surfaces, wear only flat shoes, and walk only between the lanes. Never walk across the lanes.

PET CLUB

By Ruth Stubba

During the summer months, we hold "Special Events" outside at the Pavilion. Our first special event, the "Pet Club Ice Cream Social", takes place on Monday, June 12, 6:00 -8:00 p.m. Bring your pet to this one! There will be a Pet Club Calendar photo-op by resident photographer Jean Kohut starting at 5:00 p.m. Also, Beach Dog Fun will be there providing pet costumes and props for photos and a fun doggie fashion show. Tickets at the door, \$3 non-members, free for members (bring your 2017 membership card). Giveaways, refreshments, 50/50 raffle. Everyone is invited. Please support this fundraiser for Moorpark Exotic Animal Zoo and Camarillo Shelter. Contact: Ruth Stubba, 496-7188.



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modern adjustable beds come with massage units, programmed sleeping positions,

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some of today's 30 years in the industry. (www. leggett.com) What to Look For: A wall hugger: as your head goes up, the whole unit slides back to keep you close to the nightstand instead of propelling you forward and away from the nightstand.

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WOMEN'S GOLF

By Patti Crichton

June marks the conclusion of our official 2016/2017 golf season. Be sure that you attend the Installation and Awards Luncheon on June 28. Please give Sheila Bunch \$10 for the lunch.

At that time, the new and returning board members will be officially installed: President: Patricia Turner; 1st VP - Merle Ruiz; 2nd VP - Debbie Dolan; 3rd VP - Sheila Bunch; Secretary - Marge Sarno; Treasurer - Joyce Ehrhart; Correspondence Secretary - Leslie Hall. Thank you for your leadership! Club Championship awards and player recognition awards will be given out as well. Congratulations!

The new LVWGA 2017-2018 handbooks will be distributed, as this luncheon will replace the regular monthly meeting in June.



Photo by JOSEPH BENTI

A few weeks ago, Women's & Men's Club golfers enjoyed a "Village perk," the semi-annual TeeTimer's Tournament and Luncheon.

The Women's Golf Club had a great volunteer showing at the Spring Cleaning Sale on May 13 and we cleaned some treasures out of our garages. Your donations and time are appreciated. Regular tournaments are scheduled for June 7, 14, 21, and there will be Open Play

on the morning of June 28.

For a chuckle: Why does a golfer wear two pairs of pants? In case she gets a 'hole in one'..!

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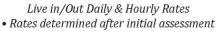
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MEN'S GOLF

By Joseph Benti

The Men's Club elected its officers for the 2017-18 season. They will be sworn in at our Installation Luncheon on Wednesday, June 21 in the AR. Incoming officers are: Gerry Sarno, President; Norm Paniaqua, 1st Vice President; Earl Breitbarth, 2nd Vice President; and Dave Bengston, Treasurer. Along with many Village clubs, our club has a shortage of members who volunteer for leadership positions—which explains why, as of this writing, no member has yet signed up to be Secretary. At that Installation Luncheon, we will also announce the winners of this year's President's Cub and winners of the Annual Tournament of Champions.

WRITERS CLUB

By Harvey Brosler

We all have had significant events in our lives. Would you like to share interesting aspects of your life and your opinions with other residents? If so, we would like to hear them. Come to the Writers Club meeting held every Monday at 1:00 p.m. in the MPR. No special ability or prior experience required. If you can talk, you can write. You may write on any topic, fiction or nonfiction, or use the suggested topic for that day. Microphones are provided. Stories of the Month are displayed just inside the entrance to the Village library.

Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com or Harvey Brosler 465-0006, hsbros@roadrunner.com"

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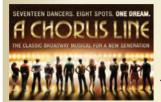
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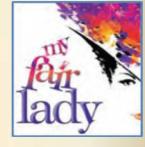


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COOKING WITH LARRY



Photo by BOB KAPLAN

Lorna Byrd gives Larry a "potlucky" tip about how to make that cabbage a hit at parties.

By Larry Swartz

THE INEVITABLE POTLUCK

I'm always impressed and usually surprised by the special people I've had the good fortune to meet while writing this column. This holds true for a wonderfully warm and welcoming Lorna Byrd whom I met recently. She resides in Village 44 at The Byrd House.

Lorna recalls growing up in Seattle and being in the kitchen with her grandma from Norway preparing Lemon Meringue Pie. Who doesn't like Lemon Meringue Pie... raise your hands?

As a young college student and later in her 20's and 30's, she worked in kitchens at lodges and restaurants. She especially remembers the challenge at the Howard Johnson Motel in Newbury Park. They would get large tour busses full of tourists; but all these experiences just fine-tuned her cooking skills.

Later in life, married to an ex-Navy man, Lorna and Harold traveled all over the U.S. setting up events and cooking for his Naval "team" reunions. It was at one of these "potluck" reunions that she first tasted "Unstuffed Cabbage" - it was a dish brought by a neighbor. She liked it so much, she got the recipe and passed it around to all her friends. She's been taking it to potlucks over the years ever since. So it wasn't a surprise when she arrived at potluck a few months ago and she saw it already on the buffet table!!!

One of the things Lorna has enjoyed since moving to Leisure Village is, you guessed it, exchanging dishes with her neighbors. Since she still loves to cook, it's an easy way to make new friends. So cook up your neighbor... no don't cook your neighbor, cook up a dish for your neighbor and if you don't have one, "you might try:"

UNSTUFFED CABBAGE INGREDIENTS

- 6 cups uncooked chopped cabbage
- ½ pound ground beef (I suppose you could use ground chicken or turkey if you don't eat red meat)
- 1 cup Minute Rice
- ½ tsp. salt
- 1/4 tsp pepper
- 2 cups canned tomato soup (not diluted)
- 1 cup water
- 1/3 cup of shredded cheddar cheese

In a fry pan, cook beef and onions. Stir in uncooked rice, salt and pepper. Meanwhile put the cabbage in a lightly oiled 8" X 11" baking dish. Pour in beef and onion mixture. Pour soup and water over everything. Sprinkle cheese on top. Bake at 350 degrees for 45 minutes...and make a new friend.

SEE'S CANDY available. LV Women's Club 2nd and 3rd Tuesday mornings in MPR. For information call Barbara 482-9097 or Loretta 388-7116

PLEASE EMPLOY OUR YOUTH: Ages 14-23 Contact Youth Employment Service. Teens have been screened \$10.50 an hour. Call Linda Nuttall 805-482-8113 x1 or Yes@bgccam.org

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CLASSIFIED ADS

To submit an ad for Inside Leisure Village, give your full name, address and phone number. These are for ILV records and will not be published unless requested. Cost is \$5 for a maximum of six lines. Enclose cash, check or money order, payable to ILV. Place an envelope with the ad and payment in the left box next to the sewing room in the Rec Center before deadline. Each month's deadline is listed on page 2. ILV will accept ads from LV residents for properties they own personally, or ads that offer jobs or services to villagers. ILV does not investigate the ads and makes no endorsement of them. For advertising in the classified section contact Barbara Crome at 482-9097

Drywall finishing, painting, water damage, textures, acoustic removal. LV res. 30 years exp. Brian Tuso 827-9686

Kerry's Painting – "Careful and Clean" 310-970-2499. No job two small. In the Village

If you have an estate or children this ad is not for you. Thinking of downsizing, renting or selling, save hassle and trade straight across for my almost perfect 840 sq. ft. Balboa 2b, 1b. 208-1983

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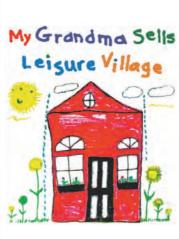
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