WRITTEN AND EDITED BY AND FOR LEISURE VILLAGERS EXCLUSIVELY

Vol. 13 No. 8

Pleasant Valley, Camarillo, California

October 25, 1991

#### Gleaners: A Special Breed Of Volunteers

By Jack Whalen

Did you ever think what happens to the fruit and vegetables that are left behind after the commercial pickers have swept the fields?

Believe it or not, there's a lot left. It could be that some of it is too large, too small, too soft, unripe or many other factors that caused it to be missed.

That's where this rare breed of volunteers, both men and women, jump in to collect that food which helps feed the hungry and needy throughout Ventura Coun-

Let's follow one volunteer, Chet Di Lallo of V. 40, as he goes about his appointed task.



Players Guild cast and production crew for "Rumors"

Photo by Novick

as well as what produce is mended." scheduled for gleaning. I

phone call that comes number which tells us the from my LV captain the one or two places that will night before," says Chet. need volunteers the next "He tells me where to re- day but usually I'll go to port the following morning the area that is recom-

ILV photographer Bob Novick and your reporter followed Chet and his fellow volunteer, Charlie Bellante the following morning. Both men, knowing that they were gleaning beets, had with them a good-sized knife, two five-gallon buckets, work shoes and hats as it promised to be a warm morning.

We drove to the designated area which was several miles east of Pt. Mugu Naval Air Station, just off Las Posas Road. Half a dozen cars were already in line and we joined them, all seniors, including three ladies. Just before 8:30 a.m. the Food Share pick-up truck arrived and by this time there were close to 15 vehicles of volunteers, with either one or two to the vehicle.

See GLEANERS.....Page 9

## "It all starts with a also have a special phone "Rumors" In November

The 1991 Players Guild by Don Pearlman, and production of Neil Simon's 'Rumors'' is scheduled for five performances November 20 to 24, in the Assembly Room

The comedy is directed

produced by Jackie Sol-

Reserved tickets are available at usual times in the foyer of Recreation

## LV Bus Situation

By Lois Atz

Villagers who ride the Camarillo bus are unhappy since the schedule was altered by the city last spring. Irate residents were convened by Margaret Gowder, V 22, and have held several meetings to discuss their complaints.

At the October 7 open Board meeting, Margaret told of presenting the LV Board with petitions containing 995 signatures of Villagers requesting the Board to consider the purchase and operation of a Village-owned bus.

Village bus users report that the frozen food and ice cream they buy at the supermarket are defrosted before the return bus arrives to take them home.

The Village group has written letters of protest to the City Council and to The Camarillo Daily News about the present schedule. Attendance at their meetings runs between 40 and 75.

These meetings have been attended by some Board members and top Village administration. Tom Fox and his assistant Roc Puledo from the City Traffic Engineers Office also have come several times to hear complaints and to answer questions.

Generally it is felt that the Village cannot afford See BUS.....Page 6



Chet Di Lallo, village volunteer gleaner for Food Share Photo by Novick



## It's Time To Brag A Little

Occasionally, derogatory rumors get started in the Camarillo community about Leisure Village. We know within the Village what we do, and two of our residents recently wrote a letter to the Camarillo Daily News telling the outside world what we have contributed to Ventura County. We happily reprint that letter, and would like to add to it.

Dear Editor:

We the undersigned wish to register a few facts - facts which make us and our senior citizen peers in Leisure Village, a community within a community,

very proud indeed.

False assumptions generally spring from ignorance, and if they remain unchallenged, may soon become groundless accusations, feeding upon each other, distortion after distortion in turn, until one hears only mendacious repetition.

Recently in these pages a Camarillo resident, and to address him by name would only serve to dignify his attack, decided to blame the residents of Leisure Village for everything that ever went wrong in these parts. His diatribe was strictly unwarranted since it was based on ignorance.

The following is a matter of record.

Ventura County Food Share Program — The Leisure Village Food Share Committee, headed by George Langston, the Ventura County overall vice president, aided by Rolland Barbeau and more than 50 Village residents are simply outstanding. The jobs of gleaners, truck drivers, warehouse workers and clerical helpers are all on a strictly volunteer basis. Their aim is to assist the needy wherever possible.

Hospital Volunteers — more than 100 Leisure Village residents cheerfully staff clerical and informa-

tional positions in local hospitals.

School volunteers - Mr. Rube Davis of Leisure Village and his committee of 40 residents are involved in tutoring, judging speech and drama contests, sharing with the students their knowledge of science and many other subjects.

The highly regarded "Speakers Bureau," supplies volunteers with expertise in numerous commercial and professional fields to address specific school

classes as requested.

Many of our residents have participated annually as judges of various events in the local Academic

Olympics.

Another feature of our community educational service is the annual hosting of history classes from both Camarillo and Newbury Park high schools. This program is enthusiastically endorsed by hundreds of World War II veterans, residents of Leisure Village.

#### ABOUT NEXT MONTH

Coordinator for next month will be Frances Gold, 484-3293. Please follow guidelines and be as brief as you can. Deadlines for the Nov. 22issue will be Monday Nov. 4. To arrange for a photographer, call coordinator at least 3 days in advance.

The history students are met upon arrival by the veterans, men and women, who fill them in on events that shook the world in the 1940s....

We have 2,136 homes in the Village. Normally this number of residences in a community would add about 2,000 students to local schools. As seniors, we do not have any students in Camarillo schools. Nevertheless, we in the Village still pay school taxes.

Leisure Village provides, on a volunteer basis, at no cost, drivers for the Meals on Wheels program.

Village residents patronize local merchants, thereby contributing to all applicable local and state taxes.

Leisure Village volunteers assist, at no cost, in preparing taxes and health insurance forms at the Camarillo Senior Center.

The streets, sidewalks and sewers, originally constructed by the developer are maintained and/or replaced by the village association at no cost in tax dollars to the city and residents of Camarillo proper....

Leisure Village has always had at least one resident on the Camarillo Health Care District Board of Directors.

Leisure Village Women's Club of 500-plus members has for many years contributed in cash or material things to the needy, the hospitals, public schools and places of worship, using funds donated by our residents....

This is a caring community! We are deeply concerned about our fellow citizens who live beyond these walls and we are doing everything possible to aid those in need, to help educate our young people, and to encourage good citizenship....

Space alone prevents us from listing additional civic affairs in which our residents play an important

volunteer role.

Incidentally, Leisure Village residents turn out an impressive 80 percent vote participation for all local, state and federal elections. Something to be proud

Can you name another community of like size that matches this performance?

Lou Okun and Rolland Barbeau

Lou and Rolland didn't have space to mention everybody or everything that Villagers have done. We name a few more, realizing that there may be even more groups or individuals who should receive recognition.

VILLAGERS.....

- a. Support the Pleasant Valley Historical Museum and Garden
  - b. Donate books to Friends of the Library
- c. Act as youth counselors at Ventura School d. Support California Senior Legislature; Joe Gaynes, now a Senator, has been on the Legislature

for eight years.

e. Are volunteers helping foster children through See IT'S TIME......Page 3

#### INSIDE LEISURE VILLAGE

**Editorial Staff** 

Lois Atz - Jeanne Carlson - Frances Gold Jim Holthouse - Romaine Lambert - Betty Murray

Coordinator for this month: Betty Murray

Photographers: Bob Novick and Max Klapperman Staff: Jack Whalen and Betty Sullivan

### Letters

ILV has obligated itself to publish all Letters to the Editor that are not profane or libelous, but views or statements expressed as facts are the beliefs of the writer and are not necessarily supported by the staff of ILV. We cannot accept unsigned letters.

#### Open Letter To Chief Moses

On September 25th Dorothy and I were visiting a friend in Village 14 when she suddenly felt faint, sat down and passed out. We quickly called 388-3636. Within what seemed like seconds our Security people were on the scene. Immediately following their arrival, the Fire Department arrived, and close behind them came the Pruner Ambulance paramedics. Within minutes Dorothy was on her way to Pleasant Valley Hospital, where she was rushed into the emergency room. Be assured that she is O.K. now and ready to resume her activities.

We have never before had the need for emergency medical service. This experience was a first-hand demonstration of the efficient emergency life-support program of our Leisure Village Security Department operation, which is our security. Knowing that you are there and ready to help is a great comfort.

We Villagers are fortunate in having you and your staff standing ready to help at a moment's notice. Thanks to each of you for now and for the future.

Sincerely and gratefully, Robbie Karlin, V38

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The Board of Directors were chosen by the people for the people. Just a gentle reminder.

William Berman, V7

See LETTERS.....Pg 3

IT'S TIME.....From Page 2

the Children's Services of Ventura County Auxiliary. (Plans for extended facilities will include need for more volunteers in this area.)

f. Continually contribute needed educational and recreational materials and personal attention to patients at Camarillo State Hospital. (Women's Club as well as individual volunteers).

Bill Esty was the first Village resident to serve on Camarillo City Council and hold the office of Mayor.

Villager Marion Gordon was on the board of Camarillo Hospice, and both she and Bernard Goldman are active with Camarillo Health Care District.

The Women's Club cannot be given enough credit for the countless hours of service, and dollars contributed for scholarships and other community needs, as well as to the Village itself.

In many instances, L.V. takes care of its own. The Your Neighbors Care Group deserves the highest accolades for assistance to Villagers in many facets of life relating to health. Sandy Okum is chairman and organizer.

The economic impact of L.V. on the community is indisputable. Please see article on page 8.

Because the Village provides so much for its residents, a large burden on facilities is taken off Camarillo City taxpayers. For instance, city golf courses and tennis courts are less crowded since the Village maintains its own.

Readers will think of other contributions by groups or individuals.

Leisure Village is not an encumbrance on the outside community, it is an asset.

We take pride in the people of Leisure Village; we're O.K.! .

LETTERS.....From Pg 2

Our thanks to all our caring friends and neighbors for their beautiful tributes and cards in the memory of our cherished daughter, Carol Zaret. Mildred and Billy Gussak,

#### **B&B** For Anniversary

It pays to advertise in ILV. I had an anniversary coming. An ad about a B&B (Bed and Breakfast) in Santa Barbara gave me the idea for what to do differently for our 8th wedding anniversary--surprise my wife. B and B, dinner, theater, breakfast, and time at the beach--all in excellent taste.

The B and B advertised was "Harbour Carriage House", a very elegant inn. The rooms are outstanding and the breakfast was "gourmet". To top it off, they offer L.V. residents a mid-week 15% discount.

Keep reading the ads in

with surprises and fun.

++++

We appreciate the wonderful friends and neighbors during Lou's lengthy illness. Feel very fortunate to live in Leisure Village. especially at this stressful time. Thank you all, words will not do justice for our feelings of gratitude.

Ruth Tomalas, V16 Ray, Roger and families \*\*\*

cards, letters, and phone calls, also contributing to all worthwhile organizations.

My family and I want to thank you all.

Lila Burger, V3

---

I would like to thank all my Leisure Village friends and neigbors for their generous outpouring of cards, tributes, telephone

ILV, and enjoy your anni- wishes and visits while versary, birthday, etc., Norman was in the hospital and since he is home. Sandy Okum, V7 These overwhelming "Get Well" wishes gave Norman even more incentive to walk again. A very special thanks to Bernie and Bob for all the help they gave me. Words can never thank you enough. We love you all.

> Sylvia and Norman Lefton, V 33

Many thanks to all friends and neighbors for To all our friends and their concern during and neighbors in the village after Paul's surgery. It is who remembered Rob- wonderful to have such ert's passing by sending support in this lovely community.

> Paul and Edith Schallheim, V 16

To my good friends and neighbors in Leisure Village, I want to thank you for your many kindnesses and expressions of sympathy accorded me when my wife, Aletha, passed away on July 16. Your en-

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calls, cards and good See LETTERS.....Pg 4







LEIDURE VILLAUL

couragement in helping me to put my life back together again is deeply appreciated. Most sincerely, Edgar Van Deusen, V9

#### Y.N.C.G. Needs Help For Benefit

Y.N.C.G. is sponsoring a benefit dance for the Ventura "Food Share" know the wonderful things that Food Share does for the needy in the community (including people in L.V.) so I won't go into details about that.

However, we do have a serious problem with this fund raising dance. Because our CC&R's will not allow us to use the A.R., (1) We had to rent a hall in Camarillo, (2) We are not allowed to sell tickets for the dance in our fover, (3) We are only allowed to place one sign in L.V.Consequently, we are having problems selling tickets (a tax deductible donation), thank all of Everett's friends in.

are in no way criticizing the CC&R's, facts are facts. We desperately need your help to buy and sell the tickets, so we can again say, "L.V. residents always come through to help the needy.'

The live band dance is Sunday, Nov. 3, 7:30-10:30 p.m. at Camarillo Senior Center at Burnley Building Fund. You all and Carmen. Suggested donation is \$5.00. Tables of 6 or more discounted; two children at the pool free refreshments.

beau, 482-6114.

Sandy Okum, V7 ---

A big "THANK YOU" to all our friends, neighbors and organizations for their beautiful plants, cards, food and phone calls with surgery.

Isabel Torchia, V11 42?

LETTERS.....From Pg. 3 fit. Please understand, we for the memorials to the Heart Association, Livingston Nurses' Foundation, numerous cards, phone calls and baskets of flow-

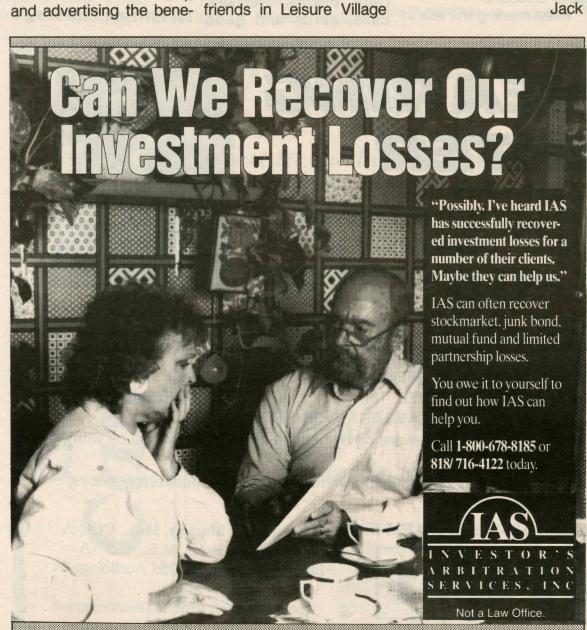
> Thanks so much. Dorothea Fuller, V 11 And 5 Sons, Grand and great-grandchildren

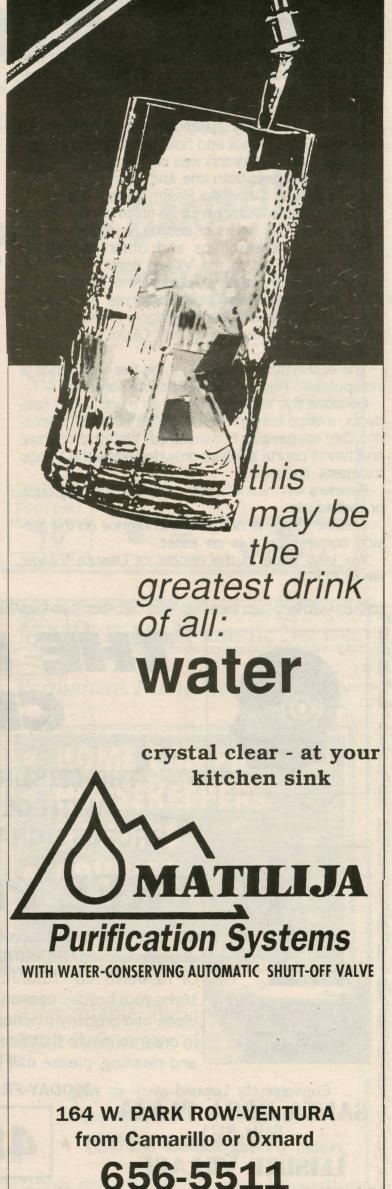
#### What's In A Name?

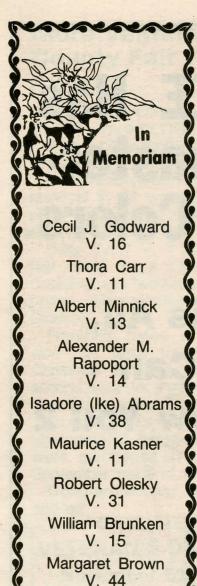
A friend of ours had last weekend. They met a Please call Rolland Bar- lad there and when they asked the chap what village his grandparents lived in, the kid replied, "Park 42."

It threw the others for a loop, but come to think about it, I like the sound of it. And, you can be sure their best wishes and con- it's a lot better than cern for my recovery from BLOCK 42 and would anyone ever call it CELL

If so, you'd have to get permission from the war-My family and I wish to den before allowing







#### The Down Side

assesses.

The recitation of activities, charities, and community involvement of Leisure Villagers could seem hollow to someone who cannot participate. Unfortunately, there are conditions that no one can change. We cannot remove pain, or loneliness, nor alter one's lifespan-things beyond human ability. To those who are unable to participate in community affairs, or who perhaps have no further interest in life itself, we offer our sympathy, and although it is out of fashion, our prayers.

We apologize for seeming so "superior." Your neighbors really do care. If you will make your needs known, there is someone who could come to you for personal communion.

For Villagers who participate in any fashion, it is a sure bet that their busy lives will be extended beyond a "normal" span of one who lives a completely introverted life.

Friends In Need. **Peer Counselors** 

By Betty Murray

when a person just needs to talk to someone. Say that your circumstances have changed--a spouse or a close friend has died, or you have been ill or realize that you cannot do something that was formerly like second nature you find a course of ac-

There is an organization talk. that is designed to fit into that very spot. They are ed in the privacy of one's not licensed to provide own home, and are alany specific medical or ways confidential. psychological function, they do not charge a fee, by the Jewish Family Serthey are non-sectarian. vices of Ventura County, They do take time for which trains the voluntraining before they go teers. For more informaout to see anyone.

en some people, who 659-5133.

have the concept that if you ask for help you are either psychotic or lamebrained. Not so. These are people in the senior There can be times age bracket (peers, equals) who offer to talk with seniors who have problems (to counsel with them).

Hence, the formal title "Peer Counselors" was adapted from the service which they perform. Counselors are prepared to you. You need a friend to make recommendato listen to you, or help tions that their "clients" see professionals such as tion, or answer some lawyers, physicians, or questions that have been psychiatrists, if it seems bothering you. All seniors appropriate to them. But need contact with people. mainly, they listen, and

Meetings are conduct-

The organization is run tion about the Senior Peer Their name may fright- Counseling Program call



## October

By Esther Robbins Maltun

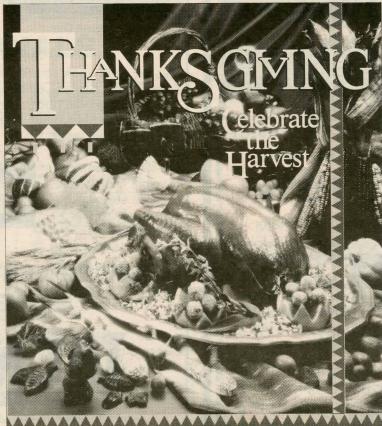
October's goblins run amok And witches cull their brew, As children play at make-believe With "tricks and treating", too.

Leaves are turning brown and red And tumbleweeds are sent Careening into cars and trucks By gusty winds hell-bent.

Summer's but a memory now With beach and bar-be-que, Fall ushers in the holidays With things looked forward to.

Thanksgiving's round the corner now With turkeys, yams, and such, And thoughts of sharing what we have With those who have not much.

So let's give "thanks" for all we have, And let us, from its start, Make this a truly "giving" time With open hand and heart.



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#### Your Neighbors Care Group Bulletin

Your Neighbors Care Group lecture on Monday, November 4 in the A.R. will have a very interesting talk by Edith Santangelo, M.F.C.C., who is a certified counselor specializing in Geriatrics and family counseling. She will speak about depression. the various causes and solutions. Another subject will be about facing the challenges of getting older, how to cope with it using creativity in solutions.

Edith Santangelo is the daughter of Charles and

BUS.....From Pg. 1

to purchase a bus, hire a driver and pay all the insurance and maintenance costs required. The Board has requested that the Purchase Research committee get cost estimates for LEASING a small bus and driver.

Once a better transportation system is in place and shown to be operating satisfactorily, the Village ridership would be expected to increase, since many residents can no longer drive their cars.

Camarillo Health Care District operates the Care A Van, which is limited to transporting for medical appointments and to Pleasant Valley Hospital. The fee is \$3.50 each way, with advance notice required.

Representatives of the City Traffic Committee came to a recent meeting of the Village bus riders to present a proposed new short loop-long loop bus schedule. Villagers approved the concept with great enthusiasm. However, when this plan was presented to the full City Traffic Committee, it was postponed indefinitely, until the US government sends the city money for new buses, etc.

Villagers are left by the City Committee with little hope. And the ice cream continues to melt.

#### Y.N.C.G. Calendar

Monday Nov. 4, 1991, Lecture 7:30 p.m., A.R.

Friday Nov. 8, 1991, Flu Shots 9 a.m./noon, A.R.

Monday Nov. 18, 1991, Blood Pressure 7-8 p.m.

The Annual "Health Fair" will be held sometime in February 1992.

We are also trying to arrange a pneumonia vaccine clinic. More later.

Ann Bellante, V. 24. County Health Depart-Y.N.C.G. and the Bel-ment, at a cost of \$2.00. lantes invite you to this lecture.

late to these conditions. this promises to be a very interesting evening.

#### **Annual Flu Shot Clinic**

Y.N.C.G. annual flu shot clinic will take place on Friday, Nov 8 from 9:00 a.m. to noon in the

nurses from the Ventura per arm exposed.

In order to prevent long lines, please come ac-As most of us can re- cording to the following schedule: If your last name begins with--

P through Z = 8:45 to 9:45 a.m.

H through O - 10:00 to 10:45

A through G - 10:45 to 11:45 a.m.

No vaccines will be given after 12 noon! Come It will be given by with a smile and your up-

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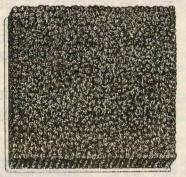
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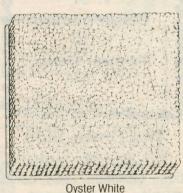
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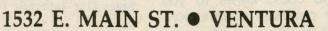


This ad can't show you Shady Shore, Peach stone, Orange Glow, Spring Stream, Heirloom Blue. Or the other Du Pont Certified STAINMASTER Carpet colors and styles we have to offer. All with the famous built-in STAINMASTER stain protection beauty that lasts.

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# Big News from the Boring Bank.

Bank of A. Levy just completed its largest acquisition ever with the purchase of Santa Paula Savings. While that may be no big deal to the megabanks, we think it's pretty exciting.

Today, great changes are afoot. Bank mergers threaten to remove financial decision-making from Ventura County to a few distant, centralized headquarters.

We believe that lending authority should remain with people who have roots here. That's why, although we're already the largest independent bank in the county, we've taken steps to become even stronger by acquiring Santa Paula Savings from the RTC.

And though we regret the end of a once-fine institution, we're glad to welcome a new group of customers, and we're pleased to preserve their relationship with a local bank.

Gracious service . . . decision-makers working right in the branches . . . personal bankers who'll take the time to know your complete financial picture . . . these are all part of our tradition.

That doesn't make big headlines, so some people call us boring. But we're happy to go quietly about our business serving the people of Ventura County.

Yes, Bank of A. Levy is growing—and that is big news. Maybe not to the mega-banks, but we know something they don't: taking care of you will always be a very big deal.

-Marshall Milligan, President and CEO

Mery

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By Paul Kelwin

vices Committee is pres- woes." The 3rd parasuring all of you to graph stated: "There are prepare a Shelter-In-Place at least seven occupanin case of a toxic spill. cies in the industrial area Last month's ILV gave full on Pancho Road that at directions. However, we the present time are using wish to add another ex- hazardous or toxic materitremely important point. als. At the present time, if As soon as you know the a release of these materidanger is past and you als occurs, there is a buffcan exit your Shelter-in- er zone between them Place, dampen a towel and any inhabited areas and place over nose and with the prevailing west lower face to filter the air, winds." Folks, that's us, and go quickly and com- to the east of Pancho pletely out of your resi- Road industrial area. All dence. There may be gas the more reason to pretrapped in the outer pare a "Safe Room". rooms. Cautiously open Hope you saw my exhibit outside doors and win- in the display case in the dows to let the house air Atrium this October. out. Your house fan prob- Now that our resident ably can be used to blow medical people, including out any gas trapped in the Doctors, Registered

house or ducts. Please Nurses and other medical cle, and act accordingly.

On Oct. 1st, just a few days after ILV came out, The Camarillo Daily News had an article on the editorial page titled: "Add toxic clouds to list of The Emergency Ser- (Sammis') mall related

cut and place this sugges- professionals, are barred tion with last month's arti- from doing what they're trained to do, we must get as many people as possible certified in First Aid and CPR. Our MDs, RNs, etc., and Leisure Village Assn., must be protected from being sued if anyfor information on the Oaks. next First Aid and CPR class.

RVs. But there are many in cars and hand-held. Then the Ham radio opertwo and we're down in Pleasant Valley. Ham radio can get out much fur-

## Impact of LVA Budget Money Spent in Camarillo

pect of the involvement of Leisure Village with the community is that a significant amount of money is spent by the Association thing went wrong. That's for goods and services in the society we now live in. Camarillo and Oxnard. Therefore, please contact Lesser amounts are spent Sandy Okum (482-8125) in Ventura and Thousand

The Association Budget On another subject for the fiscal year ending that's part of the ESO, we in March 1992 is approxiare building as efficient a mately \$5.5 million. Major radio communications expenditures are for staff network as possible. Most costs (including salaries, of the CB radios are in the payroll taxes, employee insurance and workmen's compensation) \$2.4 mil-The CBers will be a vital lion, water and sewage link from each Village. disposal (Camrosa Water District) \$430 thousand ators will communicate to and trash removal (Harrioutside the Village. CBs son) \$240 thousand. The can transmit only a mile or rest of the budget is allocated for materials used for maintenance such as fertilizer, plants, plumbing supplies, lumber, electri-

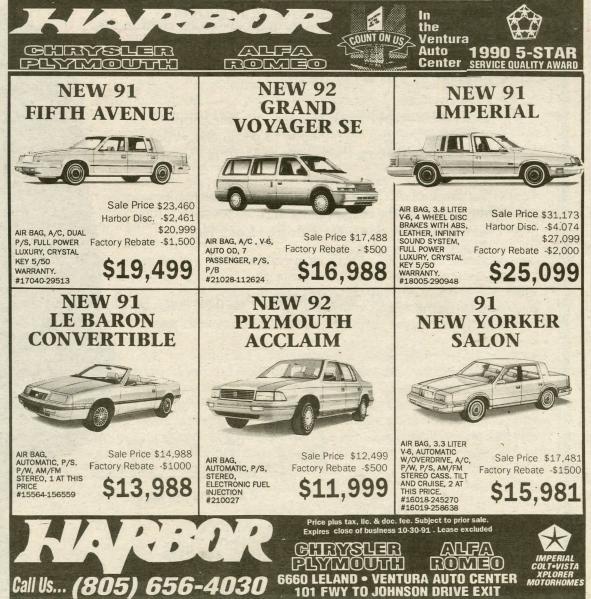
A little-publicized as- cal parts, etc. While the details of the distribution of the remaining \$2.4 million are not available, it is reasonable to assume that half (\$1.2 million) is spent with merchants in Camarillo and Oxnard. This does not include money spent by LV employees locally or money spent by the 3900 residents of Leisure Village. We can say that we are doing our part to support the local economy.

#### Care Group

Your Neighbors Care Group would like to form a support group for the caregivers of stroke patients. A retired social worker is also needed as a leader. Training is available. Please help.

All who are interested, please call Sylvia at 484-0357.





Our lead truck moved forward followed by the caravan of cars. As we drove over narrow dirt roads, with produce on both sides in the fields, slow travel was in order so as not to create dust and dirt damage to the fields.

As we reached the field to be gleaned, just ahead of us were the commercial pickers. How swiftly the migrant workers selected ing the very large, the week," says Bellante. small and those consid-

only 3 from Leisure Vil- things that have to be lage, moved into the field done, I do try to make it at of rich soil, covered with least once a week.' discarded beets. The beet is the root of a biennial else plant with leaves a foot or "Gosh," he said, "it runs more tall.

volunteers picked up the gion is noted for. I've best of those discarded, been in the fields for letcut the leaves to within tuce, broccoli, cauliflower, one or two inches of the cabbage, carrots, oranges beet and put it into their and lemons."

GLEANERS.....From Pg. 1 buckets. When the buckets were full, they would be taken to the truck, unloaded, and it was back for more picking.

> It took less than 90minutes to fill the Food Share truck and the cars, moving at about 5 mph, left the fields, secure with the knowledge that their efforts will bring food to the less fortunate.

> How often do men like Chet and Charlie perform?

"I used to volunteer the choice beets, discard- two and three times a "But these days, with ered too soft or irregular. Tuesday golf, Friday The 20-plus volunteers, bowling and a variety of

gleaners pick. the full range of fruit and With their knives our vegetables that this re-



Photo by Novick

Gleaners at work, in their own fashion.

Chet was asked what was asked? "No," came the reply, "but I'm ready contacts the field owners us. We just wish there anytime.'

> A driving force behind the gleaning project is Vil- the key to the entire oper- call should additional inlage 31's George Langston. As 1st V.P. of the Board of Directors, he's a San Fernando Valley edu-

getting permission to work the fields and this is

9-year veteran who works cator, "It's a rewarding Food Share at 647-3944.

Any watermelons, he at least 3 days weekly, experience and there's George is the man who great spirit among all of were a few more volun-

> George welcomes your formation be needed. You Says George, a retired may reach him at 987-1808 or you may call

## Megsure H for Camarillo Kids



## Camarillo Kids Need Our Support Again

Your YES vote on Measure H will provide for the Pleasant Valley Elementary School District to build the Woodcreek Site School (behind Von's Grocery) and other needed renovations to existing schools.

- We must find classroom space for an additional 3,600 students in the next 18 years (per District Master Plan)
- Nearly half of the schools in the district are over 30 years old and need major repairs...now.
- Measure H funds will provide new classrooms; remove harmful asbestos; bring heating, plumbing, and electrical systems up to standard code; renovate facilities; and build needed new schools.
- State law forbids the use of lottery funds for construction projects.
- The cost is reasonable and determined by one's assessed valuation: \$35 per \$100,000 of assessed valuation or less than \$3 per month.
- The quality of education our students receive will be determined by your YES vote on Measure H.



'It's difficult to maintain pride in our schools when they are falling down around us. Our community now has a chance to fix our schools by voting YES on Measure H. Since we can't count on funds from the state government, we must make our own investment in our kids and the quality of education we give them. Please vote YES on Measure H on November 5th.'

> Senior Senator Joseph Gaynes, California Senior Legislature

'Having children attending school in Camarillo, I have witnessed the significant growth in population. Measure H is of utmost importance to the continuation of the excellent education our students receive. It is imperative that we continue to meet the needs of our most prized possessions our children

Please support Measure H.

Kathy Swenson PTA President, Las Colinas School



With the growth of the city, it is inevitable that our schools will be overcrowded unless we continue to provide suitable facilities. Further, many of our current facilities have suffered due to lack of adequate funding from the state. Since we cannot count on funds from the state in the foreseeable future, it is imperative that we as the citizens of Camarillo and the surrounding area support Measure H.

F.B. "Bill" Esty former Mayor, City of Camarillo



## **VOTE YES ON MEASURE**

Tuesday, Nov. 5th For Camarillo Kids

PAID FOR BY MEASURE H FOR CAMARILLO KIDS COMMITTEE(MC DONALD)

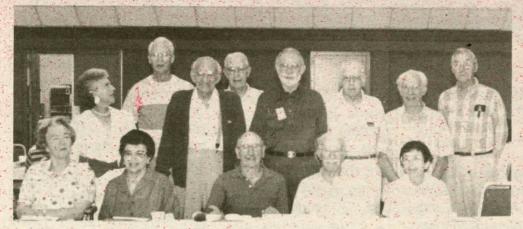


TRAVEL COMMITTEE Bob Chass, Chairman



SECURITY AND SAFETY Tom O'Brien, Chairman

Photos by Novick



CHANNEL 12 COMMITTEE Bill Blauer, Chairman



NOMINATING COMMITTEE
Guy Moshier, Chairman

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- The nationally advertised 25th Anniversary Diamond Necklace.

We sincerely hope to see you

Kitty, Bob & Staff

## **Volunteers** In Performance

1991 - 1991 Committees



**INSURANCE AND SAFETY** George Parker, Chairman



**MEET YOUR NEIGHBOR** Hildi Lustig, Chairman



BINGO

Marion Tavano, Chairman

#### **MEET YOUR NEIGHBOR**

By Carol Heyerick

October 25 is the time of the next meeting of the Meet Your Neighbor Group, in the Garden Room at 2:00 p.m. Hildi Lustig will introduce Jim Nichols, liaison to the Finance and Insurance Committees. Jim is now a Board member & Board treasurer.

We were pleased to have Louella Kelwin as our September Guest Speaker. She gave us a run down of her duties on the Board of Directors as well as a brief history of each Director's duties.

Come join us to meet new residents as well as old friends. Coffee and cookies will be served. Hildi Lustig, Chair-person, and her committee members will make you welcome.

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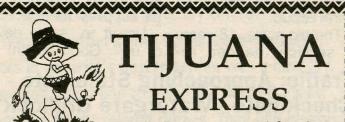
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#### Y.N.C.G. Donation to L.V.A.

By Sandy Okum

Care Group.

The old scale, 18 years in service, needed re- or up". Good health!

placement. With the \$1.00 The new "Doctor's yearly membership fee Type" weight scale in the collected by Y.N.C.G., foyer next to the monthly- and donations from genfees-box was donated to erous people, the group is L.V.A. by Your Neighbors able to buy medical-hospital supplies for L.V.

Use it to "scale down,

#### **Traffic: Approaching Stalemate -Checkmate - Watergate Gridlock?**

Tom O'Brien cited 1,200,000 cars enter our some statistics at the Oc- Village. tober Board meeting in his live in the quiet back are issued, which means through the Village!

which Tom reported: an are written. average of 2,550 resident owned vehicles are decaled each year. Four safety should be a major thousand passes are written each Speeding, not stopping at renewal period, and an marked Stop signs, and average of five hundred of failing to give right or left

3,298 enter L.V. each day quent violations of through the 3 gates, mak- resident drivers. The Caliing a weekly average of fornia Vehicle Code ap-23,000 coming in. Projected to an annual basis, as on public streets.

A daily average of Security and Safety Com- 1,800 vehicles enter the mittee report that may Main Gate. A daily aversurprise residents who age of 330 visitor passes streets of L.V. There is 330 telephone calls to the lots of traffic coming Main Gate, or in too many cases, the Main Gate offi-Security Chief Max Mo-cers must call the resident ses, in a current study, re- involved. Ten thousand leased these figures visitor passes per month

Motor vehicle traffic six-month concern of all residents. these are not picked up. hand signals when mak-Vehicles numbering ing a turn are most freplies in the Village as well

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### **Current Issues Forum** October 29

"Camrosa Water **District Issues**"

A special Current Issues Forum featuring the November 5 ballot issues pertaining to the Camrosa Water District will be held Tuesday, October 29 at 7:30 p.m. in the MPR. Rube Davis, V41, is coordinating the meeting.

All the individuals listed on the Camrosa portion of the November 5 ballot have been invited to participate. Two of the five Election. The special redistrict offices (Division 4 and Division 3) will be vacated. Candidates for also be clearly explained Division 4 are Debby Reynolds and Ron Vogel. Division 3, vacated by Carolyn Nicholson, will be filled by Timothy H. Hoag, running unopposed. His name, therefore, does not appear on the ballot.

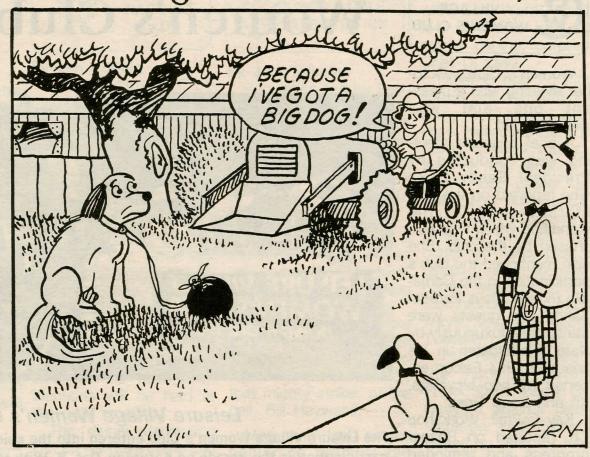
C. Rogers; Division 2, held by William C. Goth; for your perusal.

and Division 5, held by Kenneth P. Gerry are subject to a recall on the November 5 ballot. Candidates for these positions, if the recall passes are: Division 1 -- Tad Mattock; Division 2 -- Jeffrey Brown; and Division 5 --John Lamb.

The two-fold purpose of this October 29 information meeting is to introduce the issues and to discuss the Camrosa Water District Special Recall call election portion of the November 5 ballot will since a "NO" vote means a director is to be retained in office and a "YES" vote means a director is to be recalled (removed) from office.

A question and answer session will conclude the Divison 1, held by Jack meeting. Informational material will be available Our Village

By Kern



AT CHANNEL 12 **Village Players 1986 Production** "THE SILVER WHISTLE" Wed. Nov. 13, 7p.m.







Women's Club's October meeting was a pleasant one and was well-attended.

A brief business meeting was conducted by President Sandy Linka who reported on the new storage shed for the workshop which was purchased by the club. She also mentioned the club's participation in the Camarillo Pioneer Days Parade. Sandy and guests were transported luxuriously by Nate Winderbaum in his beautiful 1964 Falcon escorted by two bicyclists, Kit and Doug Ross.

Kay LaPrell, Workshop Ch. reported on Bazaar progress and reminded everyone that the club is still collecting yellow cash register tapes from Von's in order to buy a computer for Las Colinas School. She also reported that the club can no longer sell See's Candy at holiday time because of a tax problem.

The program, introduced by Program Chairman Jeanne Carlson, was a nightclub act performed by Ruth Hart and Bill Marvel. Ruth sang eight songs to Bill's smooth accompaniment. Her singing was so good that during the last two numbers, "Put Your Head on my Shoulder" and "You are the Wind Beneath my Wings", the audience was visibly affected.

Looking Ahead: November, Appreciation Luncheon at Ottavio's, Nov. 7, with guest speaker (secret) and announcement of new nominees for 1992...

December: Holiday program, the Marguerite Abdelnour Dancers in "Christmas Waltz" plus Santa Claus, and holiday chorus. Members are asked to bring nonperishable food items or cash to

See WOMEN'S.....Page 15

## Women's Club At The Fiesta



Photos by Fred Dorward

#### Leisure Village Women's Club "Doing It Our Way"

The Leisure Village Women's Club entered into the spirit of the City of Camarillo's Fiesta Celebration by participating in the parade on Saturday, Oct. 5. With the help of Nate Winderbaum chauffeuring his babyblue 1964 Falcon, Gertie Dorward (Dona), Bea O'Brien (Golf pro), and Sandy Linka (Tennis star) had the pleasure of riding in style – "Doing It Our Way." Following behind, dressed in full regalia, were the champion cyclists of L.V., Kit and Doug Ross.





WOMEN'S.....From Pg. 14

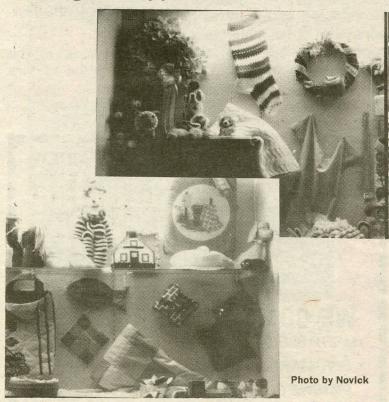
bution.

contribute for local distri- tee, Gladys Haddock, Ch., Adele Mullick, and Bernice Brabander provided a

Refreshment Commit- wonderful table.



Bill Marvel & Ruth Hart performed at the Oct. meeting and really pleased the audience.



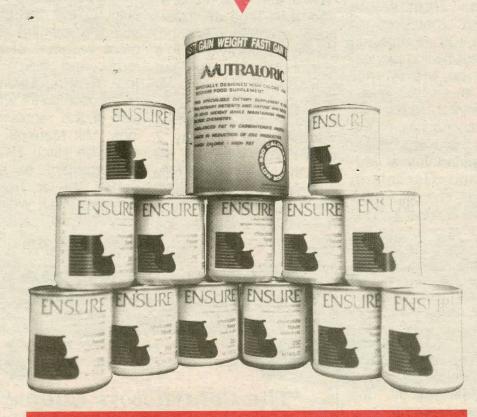
Just a few of the charming gifts made by Women's Club Workshop for the Bazaar as displayed in the case in the Atrium.

Leisure Village

Women's Club wants to thank all our friends and neighbors for their support of our Western Bazaar.

As we go to press we do not know the financial success. This will be in the next I.L.V. But we know that it was a fun day. Thank you.

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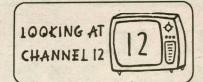
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By Jack Whalen

An interesting, informative "special" titled "Camarillo Historical Museum & Camarillo House' will be shown next Wednesday, Oct 30 at 10 a.m. Channel 12 went outside the village on two occasions to film this program.

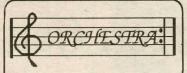
The first half of the 29minute tape takes us to the famed Adolfo Camarillo House as part of the Historical Homes and Sites Tour. Then Cameraman George Huddleston did a great filming job, especially on the interior scenes in the 100-yearold Camarillo House.

The second half of the program visits the Pleasant Valley Historical Museum and Garden in Camarillo on Los Posas Rd. Jack Fulkerson, one of the driving forces behind the museum project, tells us the history behind some of the exhibits as well as his long association with famed cowboy Joel Mc Crea.

A lively music and dance show which played in the AR recently, the performance of the Goebel Center Seniors of Thousand Oaks, "Roaring Twenties" will play in November. Our own Jackie Solway's mother, at the lively age of 89 is in it, as well as her mom's boyfriend who comes in at the amazing age of 96. As Channel 12's Al Pachter said, "Seeing these real old timers almost made me feel young.'

On November 12 at 10 a.m., a Saturday, we'll show the Women's Golf putting finals, with the four finalists competing on the back 9 greens.

November's Board of Director's meeting will be telecast live on Monday, Nov 4 at 10 a.m. with a repeat on Saturday Nov 9 at 10 a.m.



By Don Holmes

The Leisure Village Orchestra is enjoying the presence of two new members: Harry Weiner, clarinetist, from V 24, a newcomer to Leisure Village, and Geri Freeland-Soper, bassoonist. Geri is from outside the Village, and can't come to every rehearsal, but what a difference it makes when she does come.

In the wind section we have flutes and clarinets, and part-time trumpet, bassoon and saxophone. So we are slowly getting a more balanced group, but don't let that deter you from joining us.

We rehearse each Tuesday and Thursday, 7 to 9. Harold Wickham will play the organ for the Nov 4 Board of Directors' Meeting, and the Orchestra will be back for the Dec 2 meeting.



By Gertrude Kern

Vice President Don Pearlman, in charge of programming for the Players Guild is to be commended for the variety and quality of the monthly meeting/workshops for the past year.

In September the Villagers were entertained by seniors from the Goebel Center in Thousand Oaks. thanks to President Jackie Solway, whose mother was a participant. The audience gave the group a standing ovation for the the "Roaring Twenties."

Margarete Navfack, Herb Schmidt, Rob Karlin, Jules Navfack, Anne Janoff, Bill Fox and Irv Weiss did a superb job of creating, as Orsan Wells would say, "a spine-tingling mysterious atmosphere". They were ably supported back stage by Joan Johnson, Sid Siegel, Jerry Knopf and Bernie Solway.

November 20 through 24 are the dates of the fall production. This year it is the Neil Simon farce "RU-MORS". Tickets are on sale Monday and Friday 9 a.m. to noon, Wednesday 1 to 4 p.m. \$4.50.

December is the month for the Players Guild Holiday Party. Plans for this great program of songs, year include a catered dinmusic and memories of ner and outstanding entertainment with Gary October 17th was the Dane and Johnny Lee. last of the regular meet- The date is December 19. ings. Milt Mankoff direct- 6:30 p.m. (BYOB). Space ed "The Hitch Hiker", a is restricted and reservare-enactment of a sus- tions should be made as pense thriller from the soon as possible. Price is popular Orsan Wells Mer- \$10.00 for members and Board and all the Players cury Theatre series. Bob \$13.00 for non-members. Freedman, Jean Parker, For information and reser-

#### **Thanksgiving** Inter-Faith Service November 27

The sixteenth annual Inter-Faith Thanksgiving Worship Service is scheduled for Wednesday evening, November 27 at 7:30 p.m. in the AR.

Hosting this year's ecumenical program is the Protestant community in the village. Jim Holthouse of V. 20 is coordinating the Thanksgiving observance.

The Thanksgiving sermon will be delivered by Dr. Edwin E. Girod, pastor of Trinity Presbyterian Church, Camarillo.

vations call Lorraine Kaplan 987-2505. A terrific way to start off the Holiday Season.

Congratulations to the for an exciting year of first-rate entertainment.



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Lynn Hoeft spoke at Vision Limited meeting.



Using the Tele-Sensor is Frances Sylvester.

Photos by Sam Brown

trolled by the viewer. The

demonstration was enthu-

siastically received by

At press time, the

meeting was not con-

firmed. Readers are urged

Those who are interest-

ed in learning more about

Vision Limited or the Tele-

Sensory should call Flor-

courage new residents

to join us at our dances.

It's a great way to be-

come acquainted with

others in the Village. Also,

it's fun to host a dance

any of our Saturday Night

Ballroom dancers who

could help us as hosts.

Don't hesitate about in-

quiring. The job require-

ments are easy and

training is provided. New

participants are always

welcome. Just call 484-

We'd like to hear from

occasionally.

ence Block 484-5838.

to watch Channel 12.

those in attendance.

#### VISION LIMITED

By Sophie Brown

The Vision Limited Group was given a special tation by discussing the treat at the meeting on Monday, October 7. The speaker was Lynn Hoeft, representing the Center for the Partially Sighted.

## **Hearing Impaired**

By Cynthia Maier

The Hearing Impaired Support Group met on September 25 in the Lanai room where Scott Ellison By Anne Janoff from GLAD (Greater Los Angeles Department for the Deaf) spoke on coping wiht hearing loss. Scott is legally deaf (98% deaf) and was an inspiration to all. During the ensuing discussion it was revealed that persons with hearing loss are entitled to many benefits guaranteed by the rights of the Handicapped law passed by Congress in June of 1990. The Learning Channel has aired a program about the Bill and what it offers.

The next scheduled group meeting will be November 20. Attendees can expect another stimulating program with a discussion following. All are clear tap sounds on the welcome to attend. More information can be obtainted from Sara Kass at moment of it. 987-4452.

an MA in Special Education for the Blind from Boston University, spent many years training partially sighted individuals in showing of the Tele-Senadapting to their handicaps.

She opened her presenneeds for the partially sighted. She demonstrated such important factors jected on an attached TV as good illumination, prop- screen. The image can be er magnification, organiz- either black on white or Ms. Hoeft, who holds ing home and kitchen, and white on black. The mag-

> SATURDAY NIGHT BALLROOM DANCE

Ghosts, goblins and other creatures of the night will not be admitted to the Saturday Night Ballroom Dance on October 26, though their images and spirits may creep in the A.R., only fifty cents through the decor. The per person, coffee, tea, door will be wide open, punch and ice available. however, for all Leisure BYOB. Villagers and their guests

HAPPY **HOOFERS** 

By Jean Parker

Practice, practice -what a joy for the Happy Hoofers to hear those new wood floor on stage, and we're enjoying every

labeling grocery items and nification can be conmedicine bottles.

The highlight was the sory. This device has a built in TV camera that speaker for the next can be focused on small print such as newspaper print magnified several hundred times and pro-

to enjoy a festive time at our Halloween dance.

Hosts will be Marcel and Esther Lerner and Sol and Honey Robin. Join in the fun and pleasure of dancing to favorite tunes played by top bands recorded on tape. The next dance will be on November 9 with Walt Smuske and Doris Nunez hosting.

Dancing from 8-11 p.m.

We welcome and en- 1238 and ask for Ginny.

forming October 31 for the Bocce Club's 17th anniversary dinner dance. The hoofers are always at their energetic best when tap dancing for anniversaries or whatever.

The pot luck luncheon the Hoofers had September 30 was to celebrate that long awaited wood floor on stage. They also did a dance number just to prove the wonderful The Hoofers will be per- sound. Not only do these

talented ladies strut their stuff but they are wonderful gourmet chefs. All of the food served could only be described as delicious.

We want to say to our very own Hoofer Dorothy Karlin who was in the hospital a short spell, listen closely, Dorothy, we need you, so keep well. Our practices aren't the same without some of your "shtick".



VILLAGE **SWINGERS** SQUARE DANCE CLUB

By Midge Dektor

The Village Swingers honored grandparents day in September with a special dance. As grandparents of the Swingers were not available, photos of grandchildren were shared to celebrate the special day.

Our Labor day dance was a fun dance with the Swingers wearing pre-retirement work clothes.

Coming events: Weekend of October 18 will find many Swingers going to Lawrence Welk's resort. The trip will include a hoedown at the Escondido Square Dance Club.

On October 22 an Italian Dinner for members only will be prepared by Minna and Hal Hudson, refreshment vice-presidents. That date also is guest caller night. Bob Johnston will be the square dance caller and Bill Burrier will be the round dance cuer.

All villagers are invited to watch the square and round dances that take place each Tuesday eve-



By Florence Friedman

General meeting of the International Folk Dance Club will be Wednesday, Nov 6, in the AR at 10:00 a.m.

Dance times are Mondays 12:30-1:30 p.m. for beginners; 1:30-3:00 for regular class teaching and dancing; Wednesday 9:00-10:30 a.m. continuous dancing in the AR.

We welcome beginners as well as guests. Success of our club is due to villagers who love to dance and faithfully attend. Our instructors are our own villagers. Their patience and help have made the learning process simple and enjoyable.



SOLO CLUB

By Jeanne Raner

The Solo Club will be having a luncheon at one of their favorite restaurants, Peking Inn, on Friday, November 8, at 1:00 p.m. The delicious food is served family style, price \$6.00, tax and gratuities included. we will carpool at East parking lot. Eleanor Kramer, 388-7655 will be taking reservations. Cut-off date is November

The next brown-bag luncheon meeting will be nai Room. Friday, November 19 at 12:30 p.m. in the Garden Room. We welcome all single residents.



By Chuck Elrick

The September 24 meeting of the Billiard Club was highlighted by several important announcements. For one, a major milestone in the long overdue renovation of the Billiard Room was the recent and masterful reupholstering and painting of the 28 spectator chairs. All labor was donated by Russ Sievert, Larry Trindl, Luella Kelwin, and Aleta Elrick. In the planning and preliminary approval stages is the acquisition of a sounddeadening wall covering.

Members were reminded to set aside Sunday, December 15 for the Club's annual holiday banquet. To be held at Cinnamon's West (formerly Cafe as Basque), this affair promises to be a gala one. For Sullivan. Thanks to the body in a comfortable only \$11.50 per person in- salesmanship of Aleta Elcluding tax and gratuity, rick, Marie Callender's commodate everyone's this new restaurant is of and Ottavio's each donatfering a family-style dinner ed two dinners, the prizes consisting of a salad bar, hot soup, hot rolls and butter, a choice of chicken



By Luella Kelwin

On October 31, the Bocce Club will be holding its 17th Anniversary Dinner Dance. The Happy Hoofers will entertain the group. Ed Abdelnour will provide music made up of old time dance favorites.

The dinner will be catered by Cinnamon's West restaurant. There will be door prizes, too.

There will be a Bocce Board meeting November 12 at 7:30 p.m. in the La-

The next general meeting will be the Installation Dinner which will be held in January 1992.

fish, red potatoes, a hot fresh veggie, a specialityof-the-house dessert, a choice of beverages, and evening. dinner wines.

Sorry, but the 6 p.m. holiday banquet is open only to paid-up members and their guests. Vocal and guitar entertainment By Shiphrah Maller will be furnished by the quet tickets.

Andy and Trudy Orsan help of Marian Tamkin. played at the October 22 meeting.

ningham, Kay Gregg, Bill Ross, Max Polley, and Al going to Betty Rybolt and Bruno Torchia.



By Len Koenig

The Racquet Club members ushered in the Fall season with a large attendance in the MPR.

Tennis tournament winners were Syl Horwald, Ed Pollaine, Ben Smithkin; June Niles and Ernie Slabotsky tied.

Paddle tennis winners were Kay Bell, Ernie Slabotsky, Rosalie Miller, Bernie Solway, and Phil Mann.

Bob Hasen, nominating committee chairman, announced the slate of officers for the new term. Elections will be held at the next meeting.

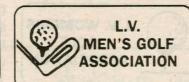
The dinner dance on Oct 25 will have come and gone by the time this goes to press and we hope that all present had a pleasant

#### **EXERCISE** GROUP

After the great success well-liked Erik Del Torto. with our surprise roast Contact Larry Trindl or luncheon, the Exercise yours truly for your ban- Group looked forward to the Pot Luck Dinner As in several past meet- and Card Party, Oct. 24. ings, a short but fascinat- Not only do we have the ing video tape of several healthiest people in the vilskilled professional billiard lage, but we sport some players was shown, dem- of the greatest cooks, and onstrating proper tech- two genuine bakers! So, nique for masse shots, this event did prove to jump shots, and bank be the best ever. Then we shots. More of the tape, are working on several loaned to the club by wonderful trips with the

Join us to get into all these forthcoming events Door prizes included besides doing the best lottery tickets going to thing for your body. We Andy Orsan, Irene Cun-still meet at poolside Mon.-Fri. at 8:30 a.m. and stretch every part of the low-key easy way to acexercise level.

of refreshments acquired The September meet- and served by Barbara breast, beef jardinaire, or ing adjourned to the tune Pardue and Anita Trindl.



By Jack Whalen

Regulation golf for September found the men at Elkins Ranch in Filmore and a new name appeared on the leader board. J. Orth fired a low gross 88 to take top honors.

well as on a bowling alley, won low net with Alan names were drawn at the Bruce taking second.

gross in B Flight with steady Bruce Calkins taking low net followed by that mighty striker of the ball, Bill Hayward.

Men with last names beginning with W did things right in C Flight. Walt Whitaker took low gross with Ken Wilson winning low net followed by Gil Weitz.

The Sunday Mixed Couples end-of-the-month tournament produced some outstanding scores.

John Dawley, with a oneunder 53 took low gross with Gus Ward winning low net and just one stroke behind, surprising Chet Di Lallo.

Flight B had Ed Fitzer winning low net with John Lacy in second spot. Hank Heller took top low net in C Flight with a 4way tie for second: Bill Merrill, Bob Bailey, Jack Heller and Don Dance.

Recently Channel 12 Al DeFusco, always a filmed a two-man team threat both on the links as match in medal play between four men whose monthly club meeting, al-Herb Swartz won low ways held the second Tuesday of the month.

> The match, played on the back 9, featured Frank Croyn and Cecil Ganyard against George Marengo and Ed Holly. Based on their LV handicaps, the latter team had to give their opponents oné stroke.

> Croyn/Ganyard didn't need it. They took the first ssveral holes quickly and closed out their opponents 4 up with 2 to play. Congratulations to the vic-



By Vee Flowers

The L.V. Bowling League is well into their 2nd month of play at Camarillo Lanes and going strong.

The need for subs is ever present and anyone living in L.V. and having had past or present bowling experience is invited to join.

When it is necessary for regular members to drop out, substitutes are given first choice to fill vacancies. You will enjoy the challenge of being on a team.

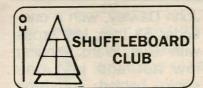
scratch scores worthy of note were topped by Mike Mamula with a 211/201 for a great 591 series. Chet Di Lallo 207/515, Al Sparkman 202/549, Bar- being considerate.

ney Simon 194/560, Joe Kremer 193 and Jay Preager 192.

The following week, for the first time in many years, there were no 200 games bowled.

However, there were some outstanding scores by the ladies, topped by Marie Story's 194. Others were Helen Mamula 188, Caroline Di Lallo 176, Ruth Friedman 173, Rosemary Cobb 168, Ann Bellante 163 and Fran Gold 162.

In closing, Rae Sohr would appreciate if team captains would collect moneys from their members and record amounts in the proper place. Re-Some of the recent turn to her as soon as possible and if there is any question about proper procedure, just ask. Her job is voluntary, as are all officers, so please help by



By Cy Maller

The L.V. Shuffleboard Club held its Oct. meeting and once again it was conducted by Sarah Brown and Betty Sullivan in the absence of Pres. Nate Brod. The gals did a great job.

Our three entrants in the Senior Olympic Shuffleboard competition were all eliminated in thrilling matches. Louise Colbert, a former gold medalist, after leading throughout her match failed on her "hammer" shot to knock her opponent's disc off the board and lost 16-14. Another member, Edith Dowsing, is entered in the Lawn Bowling competi-

A special tribute was Fuller by Betty Sullivan. Everett, an original shuffler, was responsible for many innovations on the courts and the surrounding areas.

later date.

The Holiday Dinner will be held on Dec 8, 6 p.m. at Cinnamon's. This full course dinner for \$11.50 per person includes all taxes and gratuities plus excellent professional entertainment. Dr. Robert Fenton super magician direct from Las Vegas, and singer guitarist Eric Del Torto will entertain. To get your reservation, call Louise 987-0306, Eleanor 388-7655 or Bea 484-0122. Don't miss this gala

#### **Library Notes**

The Library committee says THANK YOU to --

\*The donors of recent TIME and NEWSWEEK magazines. In these times we need to be informed.

\*The donors of copies of BASEBALL DIGEST -a timely donation.

\*Maxine Himstreet for her volunteer service to the committee as chairman.



L.V. WOMEN'S GOLF **ASSOCIATION** 

By Betty Bruce

The L.V.W.G.A. congratulated Dorothy Caster and Billie Mueller for a super Low Gross score of 57 in August. Also Chris East of the Niners with 32. (Sorry I failed to mention in last edition). Low Gross for the 18ers in Sept. went to Irene Cunningham with 60. Chris East of the 9ers won again with 32.

On Sept 4 our tournament was Field Shots only. Nice putts didn't count. In flight A, Irene Cunningham came in first with 26; in B flight, Corky Milman with 24. Mary

sizzling round of 73 to take low gross in flight A, with birdies on 8, 11, and 18. lolene Beach won low net with a nice 67. In flight B low gross winner was Bea O'Brien with a fine 99. Hattie Stern took the honors in flight C with 103 low gross.

The month end tournament arranged by Sylvia Tockerman held on Sept Lois Kissinger, Dora 25 was a little different. Only three clubs and a putter could be used, plus two "Mulligans" were purchased for 50 cents apiece. One to be used on the front nine, one on the eraman, were present for back nine. The niners all nine holes. There was bought one. The money collected will be used for L.V.W.G.A. necessities.

Joy Hess, the chair-Giesler took honors with woman for our holiday 20 in flight C. In D flight, dinner dance, has planned tion, it will take place at a Barbara Pardue won with a sit down dinner of chick-15. The Niners in flight A en or beef, with a live Erma Hopkins with 15 and band so we can "trip the paid to the late Everett in flight B Louise Codding- light fantastic". It is on Friton with 15. (Net Scores) day, December 6 at 7:00 Regulation golf on Sept p.m. and the cost is

limited to 200.

There were four contestants in the putting tournament who were tied for first place. They were Cronyn, Lindsey Merrill and Shirley Heller. The play-off was on the back nine putting greens. Jack Whalen, M.C., and George Huddleston, camdefinitely much pressure felt by all contestants, and the contest came down to the last hole. After two sudden death holes. Lois Kissinger emerged the winner, Lindsey Merrill was second. Many thanks to Donna and Kate Ward for this interesting, new

TIPS FROM THE TEE: 19 was played at Moun- \$22.00 per person. You Courtesy in golf is conta-

tain View. Donna had a can B.Y.O.B. at 6:00 p.m. gious! Remain motionless and join your friends for and voiceless when a comradeship and conver- competitor is addressing sation. Hope to see many her ball. Also, take your singles there for this turn in removing or replacpleasant evening. Tickets ing the flag. When removsold by Bea O'Brien and ing the flag or replacing it, Irene Cunningham. Sales take care not to damage the cup.

#### SPIRITUAL **GROWTH**

By Dorothy Holcomb

The Spiritual Growth Group will meet during the month of November at the home of Nancy Whitaker, 6132 V 6. The group meets at 9:30 a.m. each Tuesday.

Prominent speakers contribute much in the lives of those attending.

Women in the Village will feel most welcome. For further information contact Vi Shirk, chm. at 484-2389.

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By Emma Norvig

On October 10, members of the Garden club ative Environments, a firm in Camarillo. Mr. Nichols believes that "form follows function" and good landscape design is set by the selection and guests. of garden features which follow the lifestyle and need of the owner. His sure Village homes.

players are invited to at-

#### BINGO

By Cy Maller

ning Bingo Games continue to be the favorite pastime of our villagers among the players is outfor mid-week recreation. standing, and winners are The games start at 7 p.m. actually applauded. If you and are usually over are not a player, you are around 9 p.m. Our "buy missing out on a great soin" is \$1.50 for 3 hard- cial night with a chance of boards which entitles you winning some money.

tend the bridge luncheon for the Ladies Bridge Marathon. It will be held on November 19 at Saticov Country Club. Fran Klubock (987-7805) has tickets for \$11.00 each.

The annual holiday lunenjoyed a talk by Ron cheon and installation of Nichols, owner of Cre- officers will take place at Saticoy Country Club on landscape construction December 17. Lois Marengo (987-5215) is in charge of the affair and tickets are available for \$13.50 each for members

Next meeting will be on November 14 in the MPR, and we will welcome back presentation was illustrat- Larry Stallings of Ventura ed by slides showing land- as our speaker. His topic scaping he has designed will be "Holiday Arrangein and away from our ments" and all Villagers area, including several are welcome to attend gardens created for Lei- and get fresh ideas for the season's decorations. Re-Garden Club bridge freshments will be served prior to the meeting.

to play an assortment of regular games plus 4 jackpots. Players may also purchase paper games at 25¢ each, with a maximum of 4, giving a chance The Wednesday eve- to win all or part of the \$50 paper payoff.

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**GEM AND** MINERAL CLUB

By Don Holmes

The new officers of the Gem and Mineral Club were formally elected and took their positions last month. The officers are: Wayne Wisehart, Pres; Sy Udelf, VP; Dorothy Lyman, Sec; and Eunice Donahue, Treas.

The new terms got off to a good start with Sy's daughter, Eunice Udelf, talking and showing slides of her recent trip to Russia. Contrary to rumors, she had no trouble getting away and touring on her own, and enjoyed meeting with the native Russians.

There was a discussion on donating part of the Club's treasury to the Camarillo Food Share Program. Channel 12 also has a project which requires funding. Both subjects were deferred pending further discussions. Sy Udelf instituted a new program of door prizes, for which he donated rock slabs. The first was won by Adele Weiner, from V 24, a guest at the meeting and a newcomer to the Village. The second was won by Jack Bennett, one of the first presidents of the club.

The club was reminded that the original purpose of the club was to increase the members' knowledge of rocks and minerals and to this end, the early meetings included talks by various members on those subjects. For instance, Garnette Holmes talked on garnets (of course), which, incidentally, are not always red. Bill Brown talked on crystals and on faceting. This program will be revived, with members giving talks on favorite subjects: gems and miner-

As of now there will be no meeting in November and possibly in December because of the holidays.

#### VILLAGE **PAINTERS**

By Mildred G. Oberg For their monthly meeting in November the Village Painters are having a the season with a review Critique in preparation for the annual Art Show. The meeting is Wednesday,

paintings.

The Annual Art Show in the A.R. which so many villagers look forward to each year will be on Sunday, Nov. 10 from 10:00 a.m. to 4:00 p.m. There will be other arts and crafts displayed also for everyone's interest. Do mark your calendars now and bring your friends and guests of the day for a delightful cultural hour or

Mildred Oberg's, and in November the works of Gilbert Laupemert, a talented new member. For call Marion Jayne, 484further information please 5112.



BOOK REVIEW GROUP

Book Review opened of the new authorized sequel to "Gone with the Wind", "Scarlett", by Al-November 6, at 1:00 p.m. exandria Ripley. It is such in the M.P.R. We expect a large book (835 pages) many members with their that time would not permit addition of a lot of detail that would have made the book more interesting. However, Scarlett certainly hadn't changed much and Rhett is still his charming self. Wow!

The Book Review lady certainly was pleased to see a nice crowd after the summer pause and promises a goodie for next month.

Review will meet next on Mon., Nov. 11, 10:00 The artist's paintings in a.m. G.R. We will not the Library this month are meet in December because of the holidays.

#### DUPLICATE BRIDGE A V + %

By Lou Dektor

L.V. duplicate winners for the month of September: 70% games which are very rare were accomby Lucille Goldin and Lucille White and by Mary Talan and Ed Pollaine.

Individual honors go to wins.

Overall winners were Mary Talan, Phil Duff and Sam Wiegert all having won four times.

Tied for partnership honors were Lucille and Leon Goldin and Phil Duff and Sam Wiegert.

Attending their first duplicate games in L.V. were Mimi and David Sachs and Bob Shafer.

Duplicate bridge is competitive and fun. Come to



THE CERAMIC **PLUS** CLUB

By Don Holmes

By the time you read this, the Ceramic Plus Club's Annual Sale will have come and gone, but plished twice this month, we can tell you from here that it was a big success, as always. Bea Metzler was in charge.

Because of the Holi-Mary Talan with four days, there will be no meetings in November or December. The January meeting will be Thursday, Jan. 23. Watch Channel 12 for any change, and for the program. In the meantime, members are meeting on Fridays to clean the kiln shelves.

> Marion Jayne's Art Show will be on Sunday, Nov. 10 in the AR.

any of the four games 1:00 p.m. and 7:00 p.m., held each week in the GR. Thursdays at 1:00 p.m. Times are: Mondays at and Fridays at 7:00 p.m.

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THE **SAWDUSTERS** CLUB



By Miles Perlis

and lovingly executed for the Soviet Union?" scale models. The presenter was Max Pacter, a will be held on November recently arrived Leisure 22 in the AR. There will be Villager who spoke in a no Forum in December. delicious British accent. Starting in January, 1992, His exhibit consisted of all Current Issues Forums sugar pine with glued day of each month. joints (and no other fasteners). The models, all in painstaking detail, were of a London bus, a fire engine, an old style prison car and a coach and team, all in one-twelfth scale.

In keeping with the newly instituted policy of awarding door prizes of useful woodworking tools, the prize this time was a set of wood clamps and was won by Bernie Goldman. There will be more of these prizes awarded at each meeting

The Sawdusters would like to encourage all those interested in woodworking to attend our meetings. As program chairman, Morris Lefkowitz has consistently presented programs that are interesting, and his efforts are certainly worthy of your attendance. We encourage your support of your club, and if you are not a member, we solicit your membership.

Our Nov. 7 program will be an oil painting demonstration by Marion Jayne, to which we are all looking forward. There will also be a selected and inspiring "show-and-tell", not to mention a dandy door prize.Come and join us at 2:00 p.m. in the MPR.

#### **Current Issues** Forum Calendar

By Sol Robin The next Current Is-The October Sawdus- sues Forum will be held ters meeting was a real on Friday, November 1, at 'beaut." In addition to a 7:30 p.m. The speaker will beautifully presented tape be Cynthia Cooke, Execuon "How to Build a Rock- tive Director of the World ing Horse' by Norm Affairs Council of Ventura Abrams, the meeting was County. She has just retreated to an extraordi- turned from a visit to the nary and thoroughly en- Soviet Union. Her subject joyable exhibit of intricate will be "Is there a future

The final 1991 meeting models made from scrap will be held on the first Fri-

> ATTEND NEXT MEETING L.V. BOARD OF DIRECTORS Monday, November 4 9:30 Music by **Harold Wickham** 10:00 Meeting begins



By Marion Sevren

Camera Club meetings are held the first and third Wednesdays of the month at 7:30 in the Club Room. The first Wednesday is a competition on an assigned theme plus an open category for slides on any theme the photographer chooses. In No-

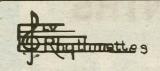
vember the theme will be always an informative and Clouds-Weather.

our educational meeting all meetings. with a speaker on a sub-Bender teaches photogra- for all to see. phy at Elderhostel prothe presentation. This is Hope to see you there.

relaxing meeting. Non-The third Wednesday is members are welcome to

In October, our winner ject of interest to photog- of the month was Ed Polraphers. In November, laine for his excellent slide Arthur Bender, who lives called Vegetable Market in Arizona, will present a in India. Ed's print will slide show, "Wandering hang in the place of honor the Southwest". Mr. in the lobby next month

In December, we have grams. The audience has our annual wine and the opportunity to ask the cheese party coming up speaker questions about on the third Wednesday.



By Margaret Hines

The Rhythmettes most enthusiastic members are getting together every Tuesday at 12:45 in the AR, ready to play at 1:00. There is an accompanist ready to play most days, unless something unexpected happens. When Maxine La Porte took a bad fall and was absent,

Piff De Simone, Music Diusual. The next week, Rhythmettes appreciate the outstanding efforts by these people. Would anyone out there like to play the piano with us?

The Rhythmettes had a rector, filled in at the or- happy time Oct. 4 at a pot gan. The next week, luck dinner. There was an Maxine, in spite of her abundance of food in bruises, managed, with great variety. Everyone the aid of husband Phil, to had a good time, socially get on the organ bench and tastewise. The highand played beautifully as light of the evening: entertainment by Kay Collier. Trudy Orsan took over at She played her guitar and the organ like a pro. The sang, then everyone joined in for a sing-along. Kay did so well that nobody knew that this was her first performance before more than six people.

#### Carmen Read 484-2752

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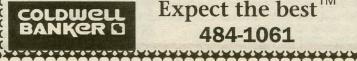
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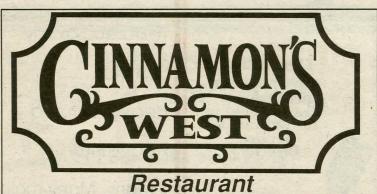
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E DEL MAR	2+2	Only 1/2 block to recreation center\$159,500
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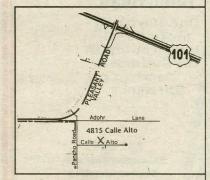
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**AMATEUR RADIO** CLUB'

By Benson Smithkin

The L.V. Amateur Radio Club attracted some welcome visitors to its Sept. 6 meeting.

CB (citizen band) operators Betty Sullivan, Willis Sanders, and Jules Nayfack were present and evinced interest in possibly merging with our Club.

hams and CB's practice on the head of one. The at 7 p.m., on 146.58 mhz, working together more efficiently during simulated emergencies, but a larger touch with a lady ham in ber 1 at 10 a.m. in the membership would obviously have more clout in resolving problems which monplace for Cliff Appel soon forthcoming.

ESO, and also Frank Goldstein (W9JKN) who antenna problem when he

1932 and became the Outside antennas were newest member of our verboten, but his "anten-Club.

(Sept. 20) for their month-polluting! ly get-together at the Burout of bed to join us.

was there and showed morrow. what a quick learner he Tasmania!

Of course this is com- come. arise periodically. The who conversed with hams merger question is being in Japan and Cuba via considered and an answer morse code. Herb Arnold who passed his Advanced Elmer Eymann who had class test received a won his radio license back frameable copy of his liin the 30's was present as cense in the mail. Dreaman interested observer for ing of Extra Class, Herb?

Myron Travis solved his obtained his license in lived in Leisure World.

na-flagpole"...a flagpole Eleven club members complete with flag...was met on Saturday morning allowed as visually non-

Now let it be known ger Barn. The breakfast that Ben Smithkin, tired of was delicious as usual, battery failure on the and the friendly exchange weekly net, put together a of news exhilerating. We cigarette lighter adapter even got Bill Skellenger and will operate out of his garage via the car battery. Myron Travis' son Dick Hope the car starts to-

The LVARC net contin-Not only could the was by balancing 6 nails ues on the air every Friday same day he received his and the next club meeting Novice license he was in will be on Friday, Novem-Sunroom: All are wel-

> ATTEND NEXT MEETING L.V. BOARD OF **DIRECTORS**

Monday, November 4

9:30 Music by **Harold Wickham** 10:00 Meeting begins

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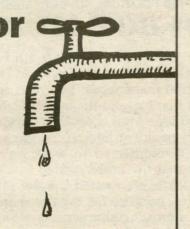
Call for Details Choice Of Entree, Potato Or Rice, Vegetable, Home Baked Bread, Coffee, Ice Cream (Changes daily)

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#### A view of the **Coming Election**

The editors of Inside Leisure Village have always attempted to avoid political statements, especially those that are of concern beyond the Village borders.

However, we feel that there are two items on the November 5 ballot that needs and pointing out should be pointed out.

Number one, the Camrosa RECALL measures are so worded that a "Yes" vote is FOR RE-CALL and against retaining the incumbent. This can be confusing to some; read those statements carefully.

Number two has to do with Proposition H, the Pleasant Valley School District Bond Measure. School bond measures require a two-thirds majority of "Yes" votes in order to pass. Although retired people everywhere have traditionally voted against

election a similar proposal (although for a much larger amount) was turned down by Camarillo as a whole. We can be proud that the L.V. precincts voted for it with a 66 + % favorable ballot. L.V. people consider education a top priority.

The Pleasant Valley School District has issued a brochure itemizing the where this reduced amount of money will be spent. It is a very complete and informative study. You may read this brochure in the L.V. library. The need would seem to be great, especially considering the age of existing buildings and projections of an increasing number of school age children coming to Pleasant Valley.

Most L.V. residents believe in a need for a good education. We depended upon others to help educate our own children and somewhere most of us school bonds, in the last have grandchildren and/or

great grandchildren. We have already demonstrated our support for this measure once, but now we need to show again how strongly we believe in the children of Camarillo.

We must make the effort to get to the polls and vote on November 5. Take a neighbor with you who otherwise might not

#### You Are Not Listening!

We repeat, if you wish to put something into ILV, put your letters, poems, contributions, classified ads in the Inside Leisure Village box next to the Sewing Room door in the Rec Center. Please do not take them to the Camarillo Daily News office. Use a full sheet of paper (8½x11). Tiny scraps tend to get lost. The ILV Staff works many hours a month to prepare your paper.

#### SAVE THE BEST ... **UPGRADE THE REST**

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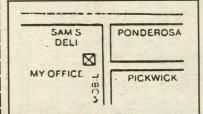
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#### **ELECT DEBORAH REYNOLDS**

There is an important election on November 5th you should take the time to vote in. I am running for the position of Director of Division 4 of Camrosa Water District. It is NOT a position under recall. Two years ago I was concerned enough about the water situation that I ran for the office of Director and placed second in a field of three. Earlier this year, I was upset with the Camrosa water rates and allocations believing them to be unfair and too punitive. Intent on believing that I could make a change, I volunteered to work on the Committee and Sub-Committee of customers that the Board created to review the unfair rates. After many hours of heated debate we created a water rate structure that was later adopted by the Committee, presented to the Board and accepted. It provides the first lifeline rate offered Camrosa's customers and rejects the water waster's flat rate scheme proposed by Ron Vogel and others.

I am acutely aware of the challenges both the customers and the water companies have faced during the drought because I work daily in the wholesale water business as an Administrative Officer. Out of this concern I developed and brought to my Board a proposal for a \$100 rebate ultra-low-flush toilet program which was approved and will begin District-wide this fall. I believe customers who conserve should be rewarded.

I am a responsible, well-rounded realist who is a good listener with an open mind, a serious heart and I would work hard to represent the Camrosa customers. I believe very strongly in running a tight ship fiscally and do not believe that a fancy office paid for by customers is appropriate. Customers are the lifeblood of Camrosa and our views must be represented. To maintain and improve the quality of life in Camrosa's service area requires Directors with experience and knowledge of the water business and the demands facing it. Please vote on November 5th or by absentee ballot for Deborah Reynolds.

Thank you,

alborad C. Reynolds

#### **More Ventura County Fair Awards**

Additional winners at the 1991 Ventura County Fair have come to our attention:

Fine Arts Division, Mike Mancusi V. 35 won first place for a colored pencil drawing of a guanaco.

Betty Tytler V. 7 won first place for a Clown Costume, and two second prizes for Embellished Clothing.

Florence Jones V. 3 won first place for her Christmas Stocking, and second place for a counted cross stitch picture.

Camera Club winners in photographic categories were mentioned in the September issue of ILV.

Congratulations, one and all!

#### **VETERAN'S DAY** November 11 Fly Your Flag



#### Happy Halloween

By Lillian Wallace

I've checked the calendar once more, And sure enough, tonight-Is when the pumpkin heads are carved And children shriek in fright.

Of course they'll don their costumes, And paint a scary face-Grab their empty sacks To hope they can fill the space.

Then up and down the darkened streets, To stop at every light-So they can call out "Trick or treat", It's Halloween tonight.

They'll watch for the wicked witch, To see her ride her broom-Listen for her cackle As she calls out in the gloom.

And should the headless horseman Appear chuckling now in glee-That would be the scariest Thing that they could see.

How thrilling, yes, it's Halloween, When being scared is fun-And now it's time to wish The scariest night for everyone.



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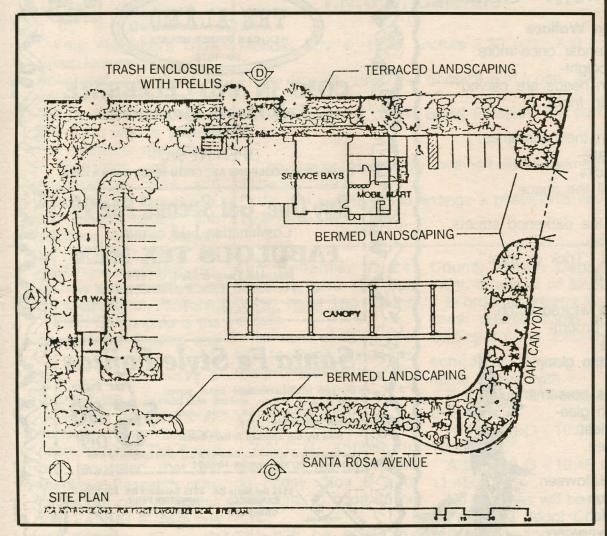
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We're determined to provide our customers and clients the best possible service. Call Elaine Miller at 482-3726

Harold Michael at 484-8828

The Leisure Village Specialists

## **Site Plan For Service Station**



#### **New Service Station Under** Construction

Mobil Oil Corporation of Burbank has begun construction of a new service station on Santa Rosa Road, across from the Plaza, at the intersection of Oak Canyon and Santa Rosa.

The sketch above shows the plot plan for the project.

The principal features are four pump islands with eight pumps, three service bays for automotive maintenance, a Mobil Mart, similar to the one at the station south of Ventura Freeway. A car wash--apparently a free wash will be provided with each fill-up, like the Shell station near Ottavio's.

Thanks to John Lauten for providing the information.

Some people get brain storms, but most of us are fair to partly cloudy with scattered showers.

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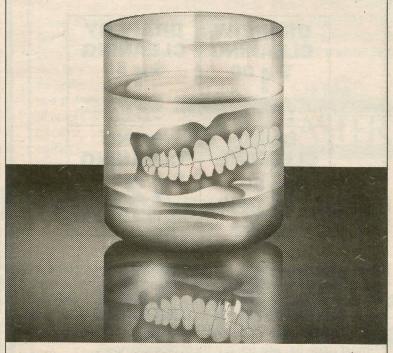
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# I sold my goldfish. Now I can eat.



he few teeth I had were killing me. It got so bad, I was ready to stick my head in a fish bowl. *I couldn't chew a thing*. I was so hungry, even the goldfish started to look good! Then, like a splash of cold water, I remembered years ago seeing my father's teeth floating in a glass of water. He told me they were *dentures*.

If the few teeth you have hurt and you can't chew, forget the goldfish, call our office. We have a denture program to fit you.



3265 Somis Rd., (Lewis Rd.) 386-3199



## The Way We Were, The Way We Are

By Larry Sawyer

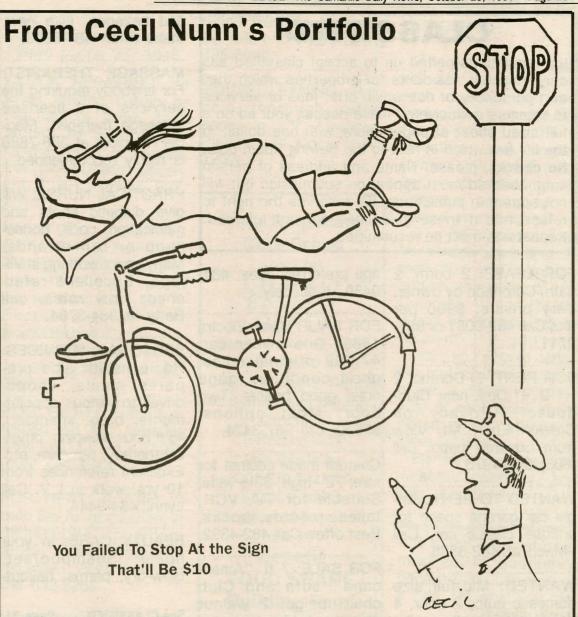
For this we know and know with certainty, That Time will leave its trace as years rush by. On every face, its fine calligraphy We cannot cancel out or nullify.

Each harrowing event's recorded there; Each painful turn of fate is firmly writ. Each loss we've known is copied down with care; Time's unremitting stylus will not quit.

And though we rail, protest, and ask surcease, And beg to own once more that unmarked page, With ne'er a mark, or line, or slightest crease, Time harkens not to pleading or to rage.

> It matters not, for I make Time defer: My eyes can see you only as you were.





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Dr. Art Favela

Back Pain Neck Pain Stiffness Numbness Headaches Arthritis Bursitis Hip Pain Painful Joints Shoulder Pain Arm/Leg/Pain Cold Hands/Feet

If you're suffering from any of these symptoms of a pinched nerve, or from some other condition that chiropractic might help, call my office today for a:

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FOR LEASE: 2 bdrm, 2 age preferred. Alex, 484bath, Coronado by owner. 0439, A.M. only. Very private. \$900 per mo. Call 482-6051 or 987- FOR SALE: Buick Electra

house. "Privacy on door. Most options. Creek". Enjoy Mt. View \$2550, call 987-3474. from covered patio. call (805) 642-4976.

"Mac" at 482-6866.

domestic auto; 2 door, 4 chair, beige. 2 walnut

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Custom made cabinet for wanted to rent sin- Suitable for TV, VCR, gle car garage space for tapes, records, books. antique classic car. Call Best offer. Call 482-4392.

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and hexagon. Like new, make offer! 484-5803.

MASSAGE THERAPIST: For anybody requiring the services of a licensed massage therapist, Maggie Hunnicut at 388-7880 is highly recommended.

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See CLASSIFIED......Page 31





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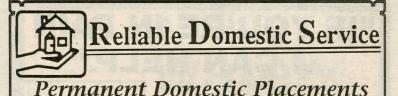
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been cleaning for L.V. people more than 13 TILE INSTALLATION: years. Lisa Garza, 485-

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> HOUSECLEANING: Reliable, thorough, references in L.V. Licensed. Please call Coco, 984-

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Benefit **FOOD SHARE Building Fund** 

#### YES OR NO?

The November 5 ballot will ask people if they wish to recall three members of the Camrosa Water District Board of Directors. Jack Rogers, former LVA board member, is president of the Camrosa board, and is named in that recall.

The ballot measure will be worded something like this: "Do you want soand-so, member of the Camrosa Water District board of directors to be recalled?" If you vote "Yes", you vote to cancel the rest of their terms of office. A "No" vote is a vote of confidence in the directors and you want them retained.

Be sure you read the measure carefully, and vote accordingly.

It is the greatest of all mistakes to do nothing because you can only do a little. Do what you can. Sydney Smith

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## YOUR EYE CAR ASTIGMATISM



Brian Strange, M.D. Eye Physician and Surgeon

Astigmatism is an optical defect that interferes with the eye's ability to focus sharply, so it can result in unclear vision. It occurs because the shape of the cornea (the clear focusing surface that overlies the colored iris) is not perfectly round like a marble, but more oval like a spoon. Almost everyone is born with some astigmatism, though the amount may be so small that it isn't important.

Heredity is the most common cause of astigmatism. It does not come from reading or using your eyes "too much" or reading in dim

What's it Like to Have Astigmatism?

Astigmatic images are never sharp and crisp, either close up or in the distance. If you have a large amount of astigmatism, your vision may be very blurred. Straight lines running in one direction may be more blurred than lines running in another, for example, only the vertical edges of a window may appear out-of-focus. As you try to overcome the blur and see more clearly, you might get a headache from continually contracting the muscles around your eyes and furrowing your brows (actions that may be so automatic that you aren't aware of them).

How is Astigmatism Corrected?

Astigmatism can be optically corrected, and vision sharpened, by prescription eyeglasses. (A small amount may require no correction if it does not affect your vision or cause eyestrain or headaches.) Glasses can also reduce the ocular "pulling," dizziness, or difficulty with sustained reading. At first, the glasses can make objects look a bit tilted or distorted, but this should disappear after you get used to them.

Rigid, gas permeable contact lenses can also be used to correct astigmatism. Soft lenses cannot be used, unless they are special "toric" lenses that are made to compensate for the astigmatic shape of the corneas.

The amount of time you wear your correction will not have any effect on the basic astigmatism or its development—that is, wearing glasses or contacts will neither make the astigmatism better or worse.

If you have any questions about other or eye problems, call our office for more information. Adapted from Eye Care Notes™ © 1989 Triad Publishing Co.

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