

Inside Leisure Village

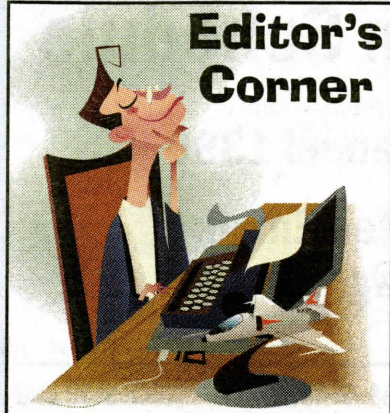
VOL. 38 NO. 7

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

JULY 7, 2017

Editor's Corner



The Association Annual Meeting, held June 22, reported to Leisure Village citizens the results of the election of new Board members and the status of the governing documents. Retiring Board of Directors President Lin Grant and Director Merle Ruiz should be justifiably proud of their service to the community while serving on the Board. Returning Board members John Mayer, Chuck Kiskaden, Don Marquardt and new members Ted Lansing and Bob Riveles (both served on the Board in previous years) will face plenty of challenges in the coming year as the community ages and the demographic changes.

Jerry Spector's project of organizing a picture of Leisure Village veterans for publication in this issue was most impressive. Jerry, an Air Force veteran, organized, with the assistance of a team of volunteers, the notification of veterans and made the assembly of 107 individuals for the picture a very special event. Well done, Jerry!

We have a variety of articles, along with Club News, that you should find both informative and entertaining. Enjoy!

—Tim Palmer



Lin Grant

Leisure Village Association Annual Meeting

■ Election held for new Board members

The Leisure Village Association held its 44th annual meeting on June 22 in the AR. Board President Lin Grant chaired the meeting, which serves as a report to Leisure Village homeowners on the status of the community over the past year, and to elect Board members to fill vacancies. Following an announcement that there was a quorum for the meeting, Tracy Neal, Esq., of the law firm of Beaumont Gitlin Tashjian, Parliamentarian and Official Secretary, called for Director nominations from the floor. Because there were no nominations from the floor, the polls were closed, the approval of Election Inspectors was announced and the counting of ballots begun.

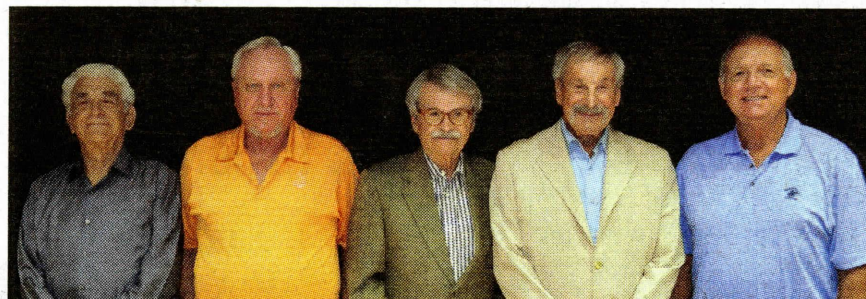


Photo by JERRY SPECTOR

2017 New Board Officers (l to r) Ted Lansing, Bob Riveles, John Mayer, Don Marquardt and Chuck Kiskaden.

Annual reports from nine committees covered their areas of responsibility to the community and accomplishments during the year. Additionally, two homeowners presented comments to the Board of Directors. Under New Business, the Treasurer's report was given by Director Merle Ruiz. Each Board member was given an

opportunity for comments prior to lunch recess and finalizing the election of Board members.

Following the recess, the vote count for the election of new Board members was announced. A total of 1129 votes were cast, with 12 invalid ballots. The individual count was: Ken Freking (365), Harold Howarth

Please See Page 8

Villager Reveals Secret Code Breaking Work During WWII

By Patty Ecker

It was 1944. Sally Needham went to work at midnight, entering a non-descript, but high security building at Arlington Hall, Virginia. She hunched over a large table covered with paper on which were printed columns and columns of numbers and words. Her nightly search was for meaning; Sally was a code breaker with the U.S. War Department during World War II. Her job "was to help break Japanese codes so that our military could act quickly on new information," as she describes it.

For more than a year, she and her colleagues secretly studied the contents of hundreds of coded messages sent by Japan's military and intercepted by the U.S. Signal Corps. "We looked for repetition, for combinations we already understood, and then worked to decipher the rest of the message. One code could take many days and nights to break," Sally recalls.

She began the job right after she graduated from college. An accomplished classical musician, she intended to continue her music study. "But I couldn't experience Pearl Harbor and follow the news from the front lines and not do something,"

Please See Page 7



Photo by BUD BRADLEY

Villager Sally Needham was recognized by U.S. Military Intelligence for her work during World War II helping to break Japanese secret codes.

WE'VE GOT YOUR NUMBERS

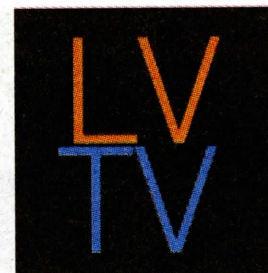
Here are some important Village phone numbers and email addresses.

The Main Gate: 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.



LVTV Program Schedule

July 2017 | Channel 1390

LVTV Committee Email:
lvtvcommittee@gmail.com

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

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editorilv@yahoo.com
904-826-5945

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Stacey Janson
The Acorn Newspapers
805-484-1949 x303

Classified advertising:

Barbara Crome,
482-9097

ABOUT INSIDE LEISURE VILLAGE

Editor: Tim Palmer

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Staff: Patty Ecker, Larry Swartz, Jerry Spector

Photos: Bud Bradley, Bob Kaplan, Rob Sollett

Classified Ads: Barbara Crome, Joyce Snider

Contributors: Joseph Benti, Ted Lansing

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

August Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the August 2017 issue is Tuesday, July 18 at 5:00 p.m. The Display Advertising deadline is Monday, July 24 at noon. Publication is scheduled for Friday, August 4. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.

Contact: John Mayer, Chairperson at 388-4642. **DAILY AUDIO:** 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.

Day	Date	Program date time 10 am and 8 pm
Mon	3	LVA OPEN BOARD MEETING - LIVE (10 AM only)
Tue	4	LVA OPEN BOARD MEETING - TAPED
Wed	5	What Was My Line - Fil Barton, Debbie Woodard, Pauline Davis - (51 min)
Thur	6	Village Voice - Jon & Pat Amelsberg & Zack Taylor - 3/2011 (40 min)
Fri	7	LVA OPEN BOARD MEETING - TAPED
Mon	10	LV Musicians: Camarillo High School Jazz Band - 2015 (92 min)
Tues	11	FYI (For Your Information) #11 - (47 min)
Wed	12	Cooking Show-Eat Right Or Be Eaten (17 min)
Thurs	13	L.V. 4 th of July - 2014 (1 hr. 47 min)
Fri	14	Women's Club-Sam's Mardi Gras Ban - 2011 (46 min)
Mon	17	LVA #18: Buildings & Grounds - 8/31/15 (20 min)
Tue	18	Players Guild-Remembering Ol' Blue Eyes (60 min)
Wed	19	Women's Club - 2 For the Show - 2009 (49 min)
Thurs	20	What Was My Line - Doris Bayer, Judy Know, Paul Schifanelli (57 min)
Fri	21	Saving Oxnard History - 2009 (20 min)
Mon	24	LV Crafts Fair/Health Fair - 2014 - (22 min)
Tues	25	Players Guild - Entertainers Night - 2/16 (52 min)
Wed	26	Law Talk - Judges & Judging Part 1 - (30 min)
Thurs	27	LVA 101 - #17: Welcome & Insurance Committees - 7/27/15 (38 min)
Fri	28	LVA-101 - #20: Emergency Radio Station
Mon	31	Players Guild - Broadway Potpourri - 8/19/10 (37 min)

BRIEFS

CAMARILLO AREA TRANSIT (CAT)

The Dial-a-Ride must be personally requested the day before your trip. The CAT fixed route schedule is in the Rec Office. It is FREE to Leisure Villagers. There is no service on Saturday and Sunday. (988-4228). The CAT SHOPPER SHUTTLE is Tuesday only from 10:00 a.m. thru 1:00 p.m. Final return trip arrives back at 3:00 p.m. For only \$1 round trip, you can go to the Target area, Ralphs, Trader Joe's etc. (383-5615)

UNITED BLOOD SERVICES - BLOODMOBILE LOCATIONS IN CAMARILLO

Monday July 10, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m.; Wednesday, July 12, IRS- Camarillo Office, 751 Daily Drive 9:30am-1:30 p.m.; Thursday, July 13, St. Johns Pleasant Valley Hospital, 2309 Antonio Avenue 10:00am- 2:00 p.m.; Monday, July 24, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at www.unitedbloodservices.org.

UPCOMING EVENTS

OLLI CLASS WILL EXAMINE PROTECTING THE ENVIRONMENT

A unique and timely look at how one group of people has dramatically changed the way they live in order to protect their environment will be the subject of LV's upcoming Olli class. "Environmental Sustainability: Simple Living, High Thinking," will be the fall offering of the Osher Lifelong Learning Institute, held in Leisure Village for eight weeks beginning on Tuesday, August 29.

The class will examine a village in India that has been transformed into an Ecovillage and is now recognized globally as a model of this concept. The instructor will be Dr. Nitika Parmar, a renowned scientist in biology and technology, who can present first-hand the practices and the culture of this village that created its success. Registration begins in early August.

LEISURE VILLAGE COMMUNITY DIRECTORY

The new community directory will be delivered the week of July 31. Residents are encouraged to patronize the businesses advertised there-in.

IN MEMORIAM

Alfred Ciuffitelli, V. 24

Evelyn Ferraro, V. 14

Regi Peel, V. 35

Barbara Singer, V. 20

Muriel Rosenkranz, formerly V. 11

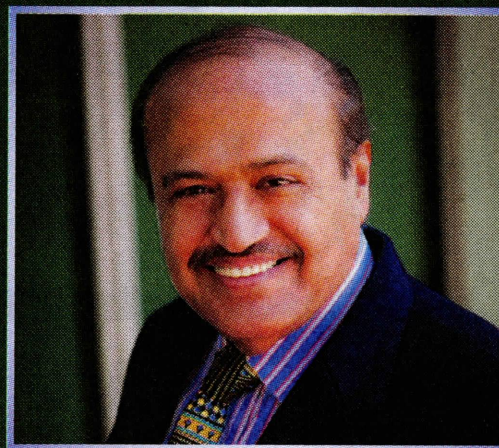
John Thorne, V. 37

Nobuko Wallach, formerly V. 25

To submit a memoriam call Loretta Reshes, 388-7116

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Village Veterans Turn Out for Community Photograph

Photo by JERRY SPECTOR, Retired Air Force Veteran

An open invitation to be part of the first Village Veterans Photo brought a large and enthusiastic response from LV's former military men and women.

"I just thought it was a good idea," said Village photographer Jerry Spector, explaining his suggestion to invite Village veterans to come together for a group photograph for this newspaper. He specifically wanted to do it for the July issue. "There's no particular military holiday in July. I believe every day – not just holidays – we should say 'Thank You' to men and women who served in our armed forces. So we

posted the invitation." And dozens of residents responded.

Exactly 107 men and women were in place as Jerry lined up the first shot on the deck beside the swimming pool. Some wore their uniforms or parts of them (look at Coast Guard veteran Jane Burke in the front row). Nearly all smiled on cue.

Every branch of the military was represented, with an unofficial count

of 39 Villagers who served in World War II, 27 in Korea, 27 in Vietnam, and the remainder on duty at various times over the past decades. The oldest man in the picture is 102-year-old Bernie Brabander, a World War II Army veteran who spent two years in the Pacific, "shooting down air-planes," as he describes it. The oldest woman is Burnice Thibodeau, who is 97 years old; she served as a nurse

on the front lines in WWII.

The picture-taking was a successful social event as well. Thanks to the generosity of the Camarillo Healthcare Center, cake and coffee were served after the photography session, providing an opportunity for residents to chat with new and old friends who share a military history from the past and community connections now.

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68	4.9%	75	5.8%	82	7.2%	89	8.7%
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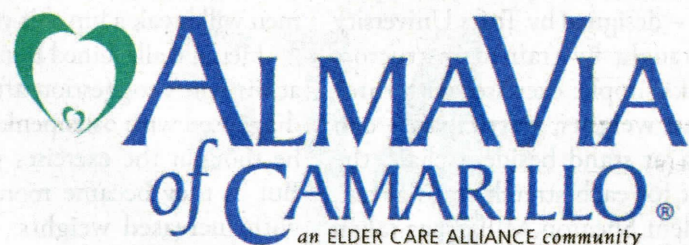
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Photo by JOSEPH BENTI

Hemu Kalle (left) and Bob O'Connor follow Bone Builders instructors Lily Mainland (left) and Patty O'Connor.

Gentlemen, This is an Important Invitation!

Did you know that one in four men over 50 will break a bone due to osteoporosis? Or that two million American men over 50 already have osteoporosis? The medical message is clear: maintaining strong bones and improving balance are not concerns for women only. And that's why a call has gone out from LV's Bone Builders classes to Village men: join us!

"We know bone and balance problems can affect anyone," says instructor Mamata Kalle. "But men aren't getting the message the way women do. We want to change that."

Since 2010, the classes have been filled with women concerned about balance and osteoporosis. The program – designed by Tufts University and taught by trained instructors – looks simple: exercises with three pound weights, participants can sit on or stand beside a chair, the count for each stretch stops at ten. Resident Shearon Millar has taken the class for two years. "I'm strong now. It's easy to pick up my grandson or to get out of a chair without pushing off," she says. "What looks easy is also very effective."

Those benefits are what the LV Bone Builders want to promote and share with LV men. Currently, the count is 46 women and 3 men divided into two classes. Bob O'Connor

joined when he retired last year. He first considered a "regular" exercise regimen: "Heavier weights, more muscle workout – very male," he says with a laugh. Bob's wife suggested Bone Builders. "My strength improved in a month," he says. "I get up and down easier."

The Leisure Village Bone Builders classes are free and meet Monday and Wednesday at 8:15 a.m. and 9:30 a.m. Harry Rosenberg jokes he enjoys being the only man in the later class. But he also hopes other men can benefit as he has. "My bones are stronger, and I don't fall like I used to," he says. That's particularly significant; national statistics indicate that 80,000 American men will break a hip this year.

Hemu Kalle joined Bone Builders at his wife's suggestion after he was diagnosed with osteopenia. At first, he thought the exercises were easy. But as they became more rigorous with increased weights, he found them beneficial. In December, he had severe Sciatica. "I was walking crooked with pain in my left leg," Hemu recall. "A recent check-up showed that I am back to normal; my chiropractor agreed that Bone Builders helped me." His recommendation to other Village men: listen to your wife or doctor and join him at Bone Builders.

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CODEBREAKER *From Page 1*

she says. So when a military recruiter came to her Ohio college campus looking for volunteers, she signed up, and soon her secret code breaking work (called Military Cryptanalysis) began.

"We were civilians doing military work," Sally remembers. "We didn't speak Japanese. We looked for patterns in a sea of numbers and words. And then every few months, the Japanese would change to new codes, and we'd begin again."

A Villager for 35 years, Sally hasn't talked much about her experiences in Cryptanalysis. "We pledged not to reveal details about our work for decades. Even my parents did not know what I was doing," she says.

After the war, Sally earned a Masters Degree, studied at Juilliard in New York, and worked in the music field for several years. Then her career took a different turn. She went into education, leading admissions divisions for

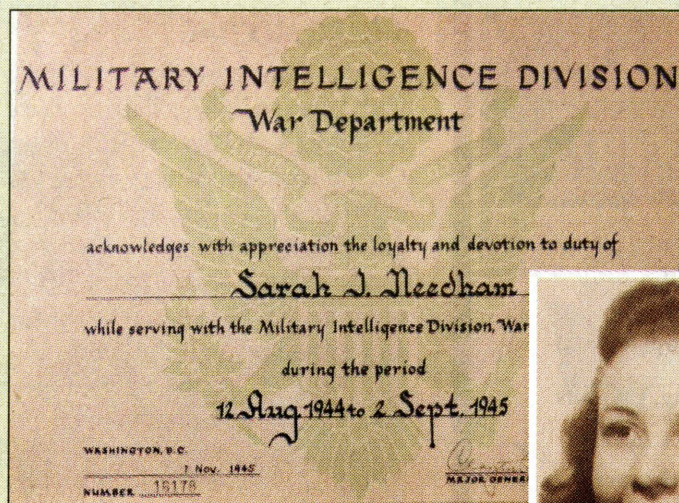
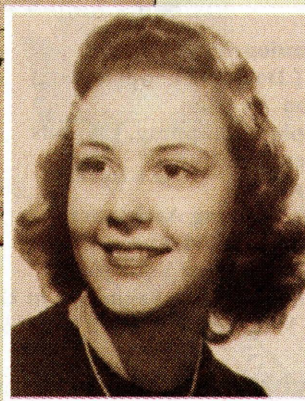


Photo by BUD BRADLEY

This is one of only a few mementos from Sally Needham's highly secret WWII work.



private secondary schools and universities. Her last position before retirement (at age 85) was with UCLA's undergraduate Admissions and Outreach Office on a team responsible for seeing that 40,000 college applications submitted annually were each read...twice. Sally laughs as she adds that she and her sister

Ruth Mary Crowell, who also lives in the Village and worked part-time at UCLA, were very busy reading from Thanksgiving until April 1st in those days. No word on which was more difficult: breaking Japanese wartime code or translating admission essays written by high school seniors.

LV TRAVEL CORNER

By Carol Moody

Welcome to summer. Day trips on sale now include: SHOP TILL YOU DROP on August 18, TASTE OF LA part 2 on August 30, a WINE and BREW tour in the Santa Ynez Valley on September 14. Stop by the Travel office for other offerings.

Please, mark your calendars for August 8 at 1:00 PM in the AR for a special travel presentation on our COSTA RICA and SOUTHERN CHARM tours. Flyers are available for these and for our CANADIAN ROCKIES BY TRAIN and SUNNY PORTUGAL tours. Reserve your space early for the best prices. And remember, all LV Travel sponsored tours include transportation from our own Rec Center.

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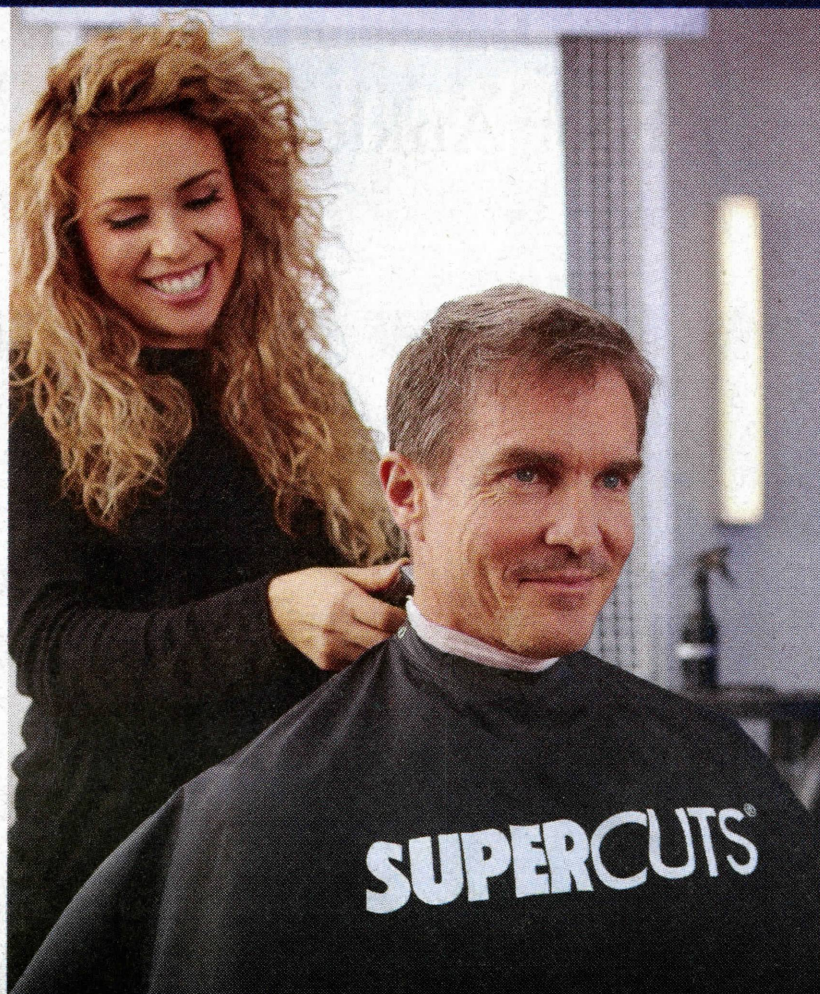
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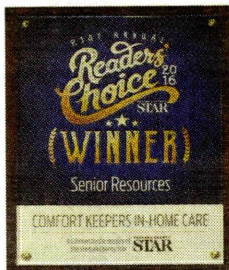
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BOARD MEETING *From Page 1*

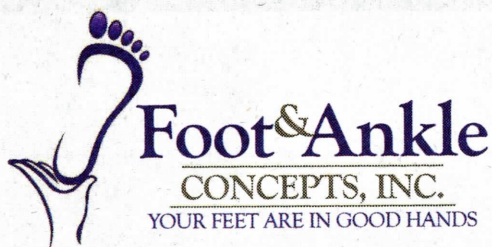
(474), Chuck Kiskaden (583), Ted Lansing (637), Patrick Price (476) and Bob Riveles (515). Thus, Chuck Kiskaden was re-elected to another term, and Ted Lansing and Bob Riveles (previous Board members) will be new to the Board of Directors. The change to the tax status, as shown on the ballot, was approved by a vote of 952 (yes) and 17 (no). The final vote on the approval to update the governing documents was 1003 (yes) and 97 (no), which did not meet the number required for approval.

Prior to adjournment, outgoing President Lin Grant was commended by the Board members for her leadership during her four years as President.

Immediately following the adjournment of the Annual Meeting, a working Board meeting was held to elect Board officers. The new officers are: John Mayer, President; Don Marquardt, Vice President; Chuck Kiskaden, Secretary; Ted Lansing, Treasurer, and Bob Riveles, Director at Large. Following the election of Board officers, the meeting was adjourned.

ACTING CLASS OFFERED IN LV

A new acting class is being offered to Leisure Village residents. Anyone interested in learning the fine points of acting is invited to attend this class being taught by Helene Cohen, who has been acting and directing for over 50 years. She has appeared in numerous roles in community theaters locally, including High Street, Santa Paula, Conejo and others. A 13-year resident of Leisure Village, just this past year Ms. Cohen was featured in "Arsenic and Old Lace," "Calendar Girls," and "On Golden Pond." The class meets on Fridays from 1:30-3:30 p.m. in the Sun Room, and space is limited. All who are interested should call Helene at 805-389-4866.



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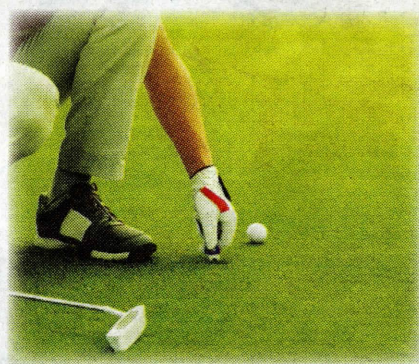
GOLF RULES 101

Marking the Ball

By Tim Palmer

A lot of people who enjoy the game of golf have had little if any formal instruction and if that works for them, so be it. However, there are a lot of little items that go with playing golf that are affected by the rules of golf that go unnoticed until something really counts in a tournament. For instance, the process of marking one's ball seems to be open to a lot of interpretation. There are those who think that the position of the ball must be marked at exactly where the ball is sitting. That is, they lift the ball and then place their marker in the spot where the ball was sitting. In doing so, the player has actually violated the rules of golf and incurred a one stroke penalty because a ball must be marked before it can be touched. The Rules of Golf state that "The position of a ball to be lifted should be marked by placing a ball marker, a small coin or similar marker immediately behind the ball." Similarly, reaching down and adjusting the ball before putting without first marking it is a violation of the rules, with a one stroke penalty. Also, when "lift, clean and place" is in effect, a mark (usually a tee) must be placed near the ball before the lifting, cleaning and replacing is accomplished.

Another situation that requires a



specific procedure take place is when another player asks you to move your ball a putter's width one way or another so as not to interfere with his line. In that instance, the ball should be marked, the putter placed down, aligning the head with an object near the green that will assure replacing the head on exactly the same line when replacing the mark. The mark is then moved to the other end of the putter head. In the same manner, when returning the ball to its rightful place, align the head with the chosen object, then move the mark to the original spot and place the ball in front of the mark.

They say "practice makes perfect" and practicing playing by the rules will help you when the flurry of tournament play messes with your mind and you get into a difficult situation. You will impress your team and help win the big one by knowing these simple rules.

A Golf Ball's Tale of Woe

By Al Beaudry

"Ouch," I say, "that hurt me, man,"
As I fly up, across the land.

"No birds up here to halt my flight
The winds are strong, I'm headed right.

Oh no, a trap, I'm stuck in sand,
It's going to take a kinder hand.

He looks me over once or twice,
The caddie gives him some advice.

He lifts me up with a subtle chip,
Upon the green, I roll and skip.

A gentle putt should get me in,
Unless he's made a golfing sin.

OUCH! He does it, finds the lake,
How much more can a golf ball take?"

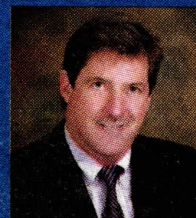
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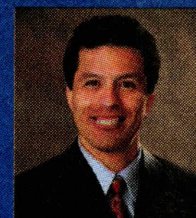
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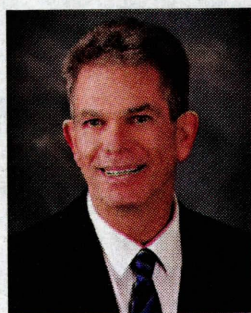
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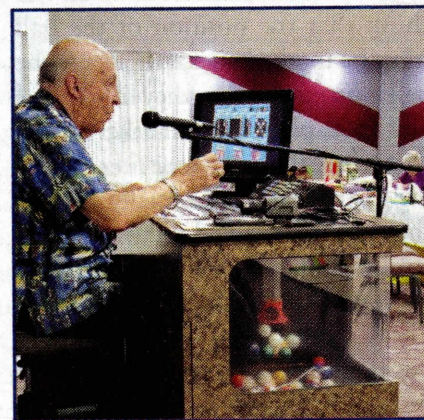
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CLUB NEWS



Photos by ROB SOLLETT

Above, a full house of Bingo hopefuls. Right, Chuck Donnel calling the numbers.



WOMEN'S CLUB

By Louise Romero

BINGO!!! BINGO!!! were the excited voices of the winners at the Women's Club meeting on June 8. The winners and players had a great time playing their favorite game.

There will be no Women's Club meeting in July. The next meeting will be Thursday, August 10, at 1:30 p.m. in the AR. Tom and Stephanie Clark will be performing clean comedy with an emphasis on married life. Prepare for an afternoon of fun and laughter.

Women's Club Boutique will be dark in July. Beginning in August, we have added the first Tuesday to our days in the MPR. That means we will be in the MPR every Tuesday. On the first Tuesday, August 1, the Boutique, Vintage Jewelry, Sees Candy, and Social Workshop will be open from 10:00 a.m. until 2:00 p.m. On all other Tuesdays, our Social Workshop will be open for coffee, conversation, games or crafts any time from 9:00 until 11:00 a.m. The Boutique, Vintage Jewelry, and Sees Candy will also be open on the second Thursday, August 10, preceding our General Meeting and on the third Wednesday, August 16, from 4:30 to 6:30 p.m. in the AR Lobby.

VILLAGE ARTS

By Gwen Zimring and Patti Crichton

Hello artists and friends of art. First and foremost, a big thank you goes to David, Patti and Maxine for putting together such a happy summer picnic. Thank you as well to all the helpers and people who brought delicious food. Almost everyone took flowers to enjoy at home. Good job well done!

We want to thank Jeannine Hinkel for her June demo, which she followed up with an excellent class. She showed us how to draw a fox and, in particular, the hair, eyes and ears.

Thanks to Cathy Jarvis for sharing her art in the library in June. Nana Morris will be showing her art in July. On August 2 we will be meeting in the Gazebo from 1:00 to 3:00 p.m. for the annual Gazebo Art Walk. Please let David or Patti know how many "A" frames you will need to hang your paintings or display other types of art. Lindy Stein will be giving small classes in polymer clay art. You can call Lindy at 795-7200 for information on the next available class.

CLUB NEWS

PET CLUB

By Ruth Stubba

Leisure Village dogs were treated to a fun outing at the June Ice Cream Social in the Pavilion. They got to wear costumes provided by Beach Dog Fun, have their picture taken and visit their doggy friends. A few brave dogs (and owners) walked the runway in a Doggy Fashion Show. Meanwhile, pet owners enjoyed some ice cream while relaxing with friends. Lots of people took a turn at spinning the wheel for raffle tickets to win cash and prizes totaling over \$500.

Our next event is a DOG SHOW. Ventura County K-9 Search and Rescue dogs will be at the LV Pavilion on Monday, July 10 at 6:00 p.m. Come and see these gorgeous, high energy and extremely intelligent dogs demonstrate their skills in a thrilling and amazing presentation. The event is free for members (with membership



Larry Zajac and Shirley Koual with their dog Mickey.

Photo by BARBARA ZAJAC

SINGLE ACTIVE SENIORS (SAS)

By Lee Edwards

It is hard to believe that half the year has already gone by and we are getting ready to meet at Ottavio's on July 11 at 5:00 p.m. Please call Lee Edwards at 484-3289 to make your reservation.

I have just returned from a nine day trip to Yellowstone National Park and will tell all about it at our dinner. See ya' there!

card) and \$3.00 for non-members. All proceeds from this event will go to the K-9 Search and Rescue team.

We hope you will support this outstanding, all volunteer organi-

zation through a donation and/or participation in our 50/50 raffle. We will have a donation can at the event. Refreshments will be served. Contact: Ruth at 496-7188.

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as hospital beds? Definitely not! Hospital beds are used for raising and lowering the patient's body out of the bed and have permanent retaining rails. In hospital beds, you can't sleep with a partner, as they only come in twin size. On the other hand, adjustable beds come in ALL sizes, including a range of basic to deluxe models. They are designed to fit

YOUR lifestyle. For example, some of today's modern adjustable beds come with massage units, programmed sleeping positions,

iPhone compatibility, whisper quiet motors, and heaters. They are engineered to withstand thousands of adjustments and come in a variety of firmness levels. Another great feature is that you can even use your current furnishings.

Buy American! When choosing the correct adjustable bed, it's important to purchase American Made adjustable beds. Low price import brands can break down easily. Leggett and Platt is a highly respected and well-known manufacturer with 30 years in the industry. (www.leggett.com)

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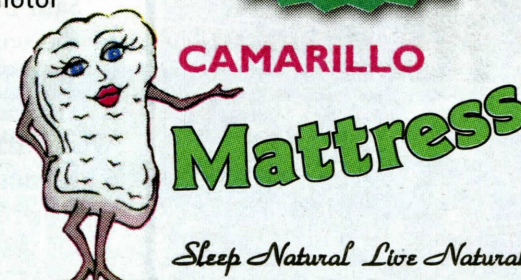
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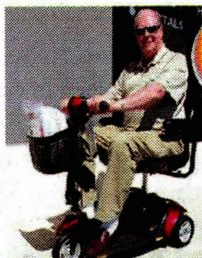
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VETERAN'S CLUB

By Tim Palmer

The Veterans Club meets every fourth Thursday at 7:00 p.m. in the MPR. Our purpose is to share camaraderie with fellow residents who have served in the Armed Forces. We have had speakers who have combat experience in World War II, both on the ground and in the air, as well as authors who have written about combat heroes. We want veterans to feel proud that they wrote the blank check to Uncle Sam, willingly offering their lives in the defense of our country.

The June program featured JC Oberst, Executive Director of the Gold Coast Veterans Foundation. JC presented the many programs available through his organization. One of his programs directly affected a Leisure Village veteran by providing a motorized scooter free of charge to assist in the individual's mobility.

The July meeting will feature Lee Truman, who will discuss Civil War history and show artifacts from that period. Veterans, their families and any interested residents are invited to join former service members for relaxing spirit-de-corps and story-telling. Refreshments will be served.

WII BOWLING

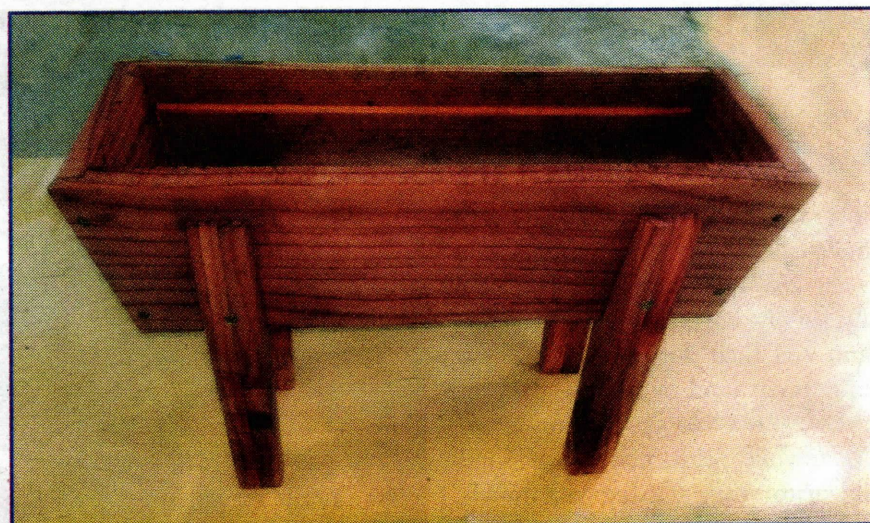
By Ginny Bryce

The Wii Bowling Funarama took place on Saturday, June 10th. Six random teams competed with the top three teams, bowling a show-down game to determine the winner. Team #2 was the final winner: Diane Hawrylo, Jo Hitt, Charlie Hartman, Ghost Joe O'Connor

Sam Lak presented the trophies to the winners. Pizza and dessert were served before the final match.

Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all. For information, please call Joan Levy at 805-482-6871 or Barbara Bell at 805-388-2264.

CLUB NEWS



WOODSHOP

By Bud Bradley

Woodshop Volunteers are available on Tuesday and Wednesday from 10:00 a.m. until 12:00 Noon to repair any wood items for Villagers. There is no charge for this service unless special materials are needed to accomplish the repair. We do, however, gratefully accept donations, to help defray the cost of normal materials and supplies.

If you have a desire and can demonstrate safety skills with basic equipment, a sander, scroll saw, band saw, drill press or chop saw, call Ron Quick at 818-648-3302 and set up an appointment.

The Woodshop Annex is set up with basic power tools to allow you to create a Birdhouse for Billie, a Dollhouse for Elizabeth or a Cutting board for your significant other. If you find the need to utilize a piece of equipment that you are not qualified to use, don't hesitate to ask another keyholder for assistance. Many of our committee members and keyholders have a wide range of skills and are willing to share their knowledge. If you are a skilled craftsman and can demonstrate those skills, you can gain access and utilize the more complex tools in the main Woodshop.

Through May 2017, the Woodshop has completed:

Resident projects:	122
LV/Club projects:	23
Quickie projects:	14

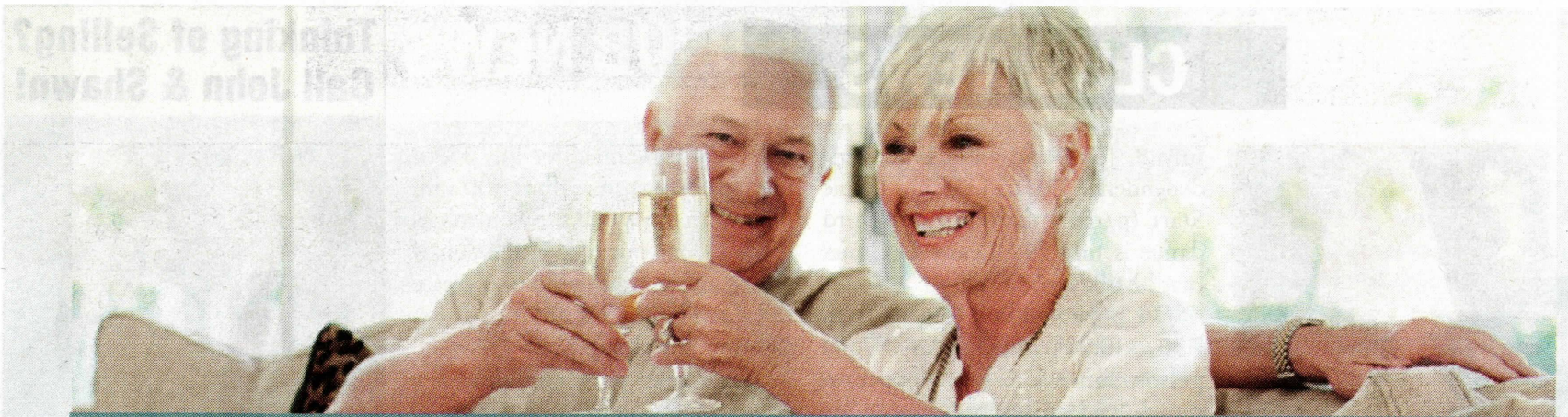
*A planter box crafted by
Woodshop elves can be order
by calling Ron Quick.*

Photo by BUD BRADLEY

PLAYER'S GUILD

By Linda O'Neill

Leisure Village Players Guild July show, "The 60's-Revisited," offers a glimpse backward into the intersection of folk and rock 'n roll. From the overture of the Marcel's "Blue Moon," the show dip-de-dips into tunes by all the big names in recording of the era. If you liked Chuck Berry, come hear Buster's version. If you had a fondness for go-go dancers, come see and hear Mary and the LV Tappers sing and shake their collective thing. Paul Newman, the show's director, has fashioned an upbeat offering of songs made famous by the Mamas and the Papas, Kris Kristofferson, Burt Bacharach, Peter Seeger, Bobby Darin...just to name a few. Tune in and turn on to the Laugh-in style jokes, sing-along tunes and walk down memory lane. And enjoy the wonderful refreshments following the show. It all happens July 20, 7:30 p.m. in the AR.

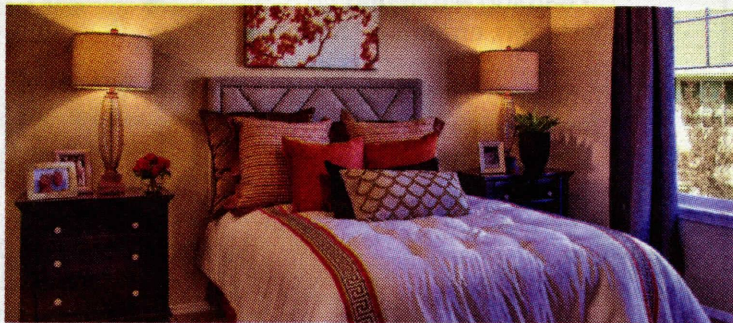


Isn't life *Delicious?*

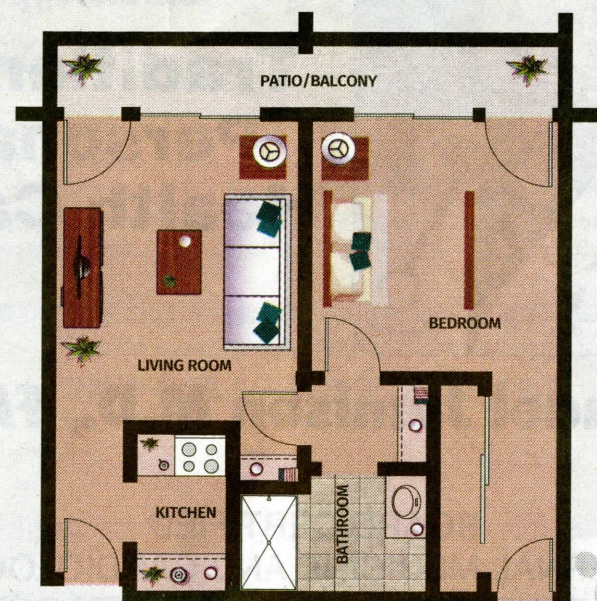
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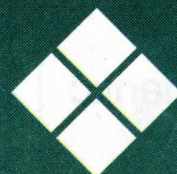
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CLUB NEWS



SATURDAY NIGHT BALLROOM DANCE

By Andrea Moran

Hi everyone! Our summer is in full swing and the sun is shining. We are so blessed to live in Camarillo where it is so beautiful. Our Saturday night dances get you out and enjoy the beautiful evenings. We have great Ballroom music, a danceable floor and fun people. We have celebrations and wine as prizes.

Our July schedule is as follows:

July 8, John and John Duo. (Independence Day); July 23, Tropic Starr (parents day) and our third dance is July 29, Lenny LeCroux (nat'l Milk Choc Day)

We hope you will join us from 7:30 to 10:00 p.m. in the A.R., \$7 per person admission. Fresh popcorn, punch and coffee provided. See you all there!

RACQUET CLUB

By Leslie Fox

With the warm weather of July upon us, there are a few schedule changes: Pickleball has moved its Tuesday, Saturday and Sunday open play to 5:00 p.m. till dusk. The same change has been made for the Round Robin on Monday and Wednesday. The Friday "PU PU and Play" will also begin at 5:00 p.m. on July 21.

At June's meeting we discussed having a "Wimbledon Breakfast".

The event is planned for July 15, in the Santa Rosa room, from 7:00 a.m. - 1:00 p.m., to watch the women's final, with food provided by the club. If you are interested in attending, please check the bulletin board for sign-up sheets or any changes.

Len Zakas, presented us with a prototype of a lockbox, designed by the Woodshop for our tennis balls. We extend our deepest gratitude to Len and the Woodshop for coming to our rescue.

We will end this month with our annual picnic, on July 29 from 12:00 - 3:00 p.m. in the picnic area. The only competition will be the food you bring to our first ever "potluck picnic"!

"Coach's Corner" Tip: When your partner goes wide for a shot taking him or her off the court, you go to the middle to cover and that's where the return shot will come. Thanks, Gary!

This month do not forget to "Sparkle"!

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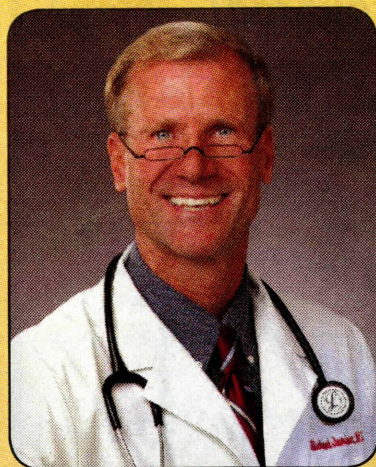
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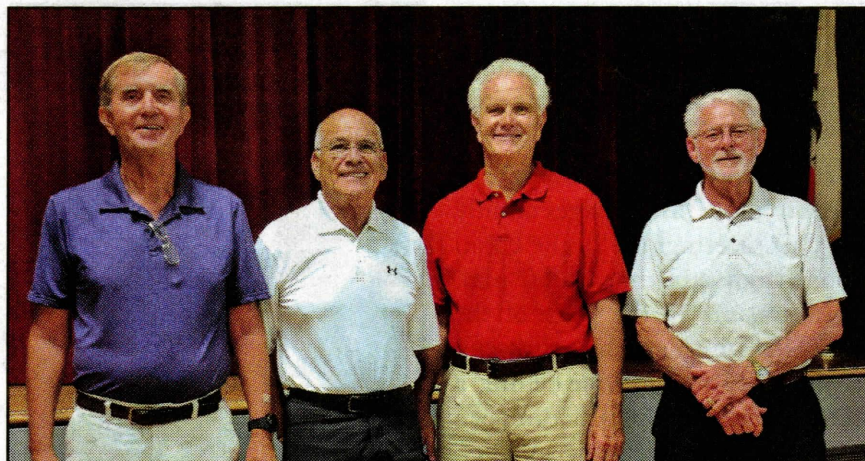
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CLUB NEWS



MEN'S GOLF

By Joseph Benti

Outgoing President Jim Gaffney conducted his last official meeting of the Men's Golf Club at the Annual Reunion & Installation luncheon in the AR. He then turned over the gavel and Club leadership to the new Board of Directors, led by 2017-18 President Gerry Sarno who introduced his Board (shown in the accompanying photo). His first V.P. is Norm Paniagua, who replaces Sarno; Secretary Mike Gross replacing Paniagua, and Dave Bengston will count the money, replacing outgoing Treasurer Dan Turner.

Photos by JOSEPH BENTI

New Men's Golf Board: (L to R) Gerry Sarno, President; Norm Paniagua, 1st Vice President; Mike Gross, Secretary and Dave Bengston, Treasurer.

As his first official act, Sarno then distributed prizes to our best golfers in the past year. Leading the awards were: Club Champion John Santos; Bob Michna won the President's Cup; Gerry Sarno was Tournament Champion; Ron Rubenstein was awarded the Senior's Cup; Jerry Johnson, the Super Senior's cup and Bob Alexander was the Niners Champion.

LV RV CLUB

By Bob Banfill

There will be no RV Club meeting in July, so join us on Aug 8, the 2nd Tuesday of the month, at 7:00 p.m. in the Santa Rosa room for our regular meeting. You don't have to own an RV to join; many of the campgrounds we visit also rent on-

premises RV's and cabins.

Mark your calendar on September 16 for our annual "All You Can Eat Pancake Breakfast," open to all Leisure Village, outside friends and guests.

Future Camp outs: Nov 6 - 10 at Flying Flags in Buellton, CA; Nov 17 - 20 at Pismo Beach and March 2018 - Anza Borrego State Park. For more info: Call Bob (805) 914-3654.

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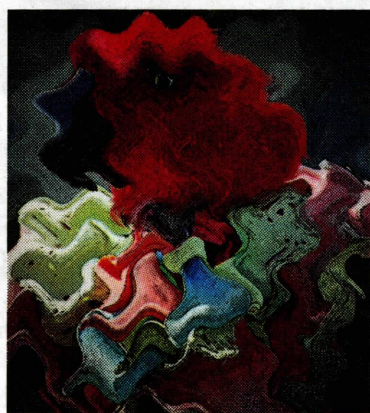
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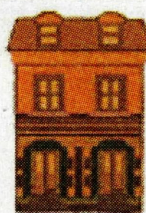
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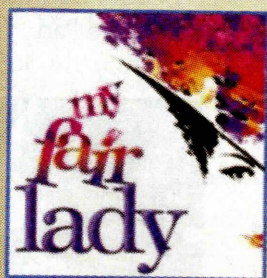
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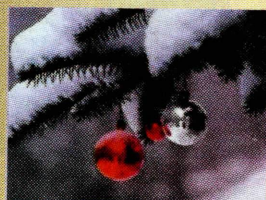
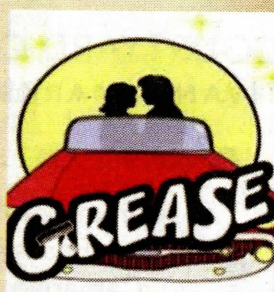


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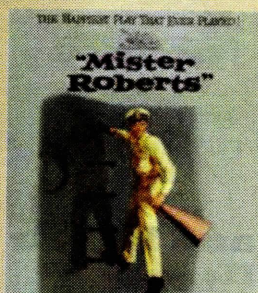


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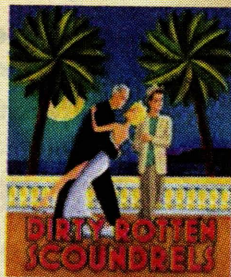


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CLUB NEWS

IN OTHER WORDS

By Frank Seiden

In July, we shall discuss Narratives on July 12 and Images on July 26. Our meetings are in the Lanai Room from 2:00 until 4:00 p.m. Narratives are in the voice of the storyteller which may be a character in the story or someone telling a story. Images are visual pictures of a person's appearance or personality, or of a place or situation. Both are used in prose and poetry.

All are welcome to visit and listen to or join in the supportive, constructive discussions of people's readings. If you want to read one of your writings, please bring copies to pass to participants.

Recent weather inspired the following:

Gray Gloom

*The golden sun hides from us.
I think we can agree.
Cloud parades like window shades,
So gray is what we see.*

*May is gray and June is gloom.
Clouds play games with us.
Layer "marine" is daily seen.
We greet the day with daily 'cus.*

—Frank Seiden

CAMERA CLUB WINNERS OPEN CATEGORY



■ 1st— Don Treadwell
Like a Melody



■ 2nd— Bill Margulies
Male Dancer

LV BOWLING

By Alan Singer

The LV Bowling league is now completed. If you are interested in bowling and wish to join the league next season, contact Joe Quackenbush at 818-518-5742 or Alan Singer at 805-987-7896. We need new bowlers! The league dues are \$20 and \$11 each week per person, for 3 games of bowling, fun, competition and socializing. New and experienced bowlers are welcome. If you haven't bowled for a long time and need help, we will help you. We have a nice banquet and award ceremony at the end of the league. You will have fun! It is an enjoyable morning, once a week

and Harley's Camarillo Bowl is close by The Village.

Noteworthy this period: 200 Games - Dennis Durand 204, 211. Week 34: Side Pot (handicap) Helen Hartman 227, Vi Guzman 238, Vivian Hurst 256, Robert Argast 251, Art Matter 227, Art Titan 230. Congratulations to those bowlers.

In order to qualify to join the new league, you must complete 9 games if you don't have an established average. You can do that and get 9 free games if you sign up and pay your dues. Again, contact Joe Quackenbush or Alan Singer.

The new officers for the next league are Joe Quackenbush, President, Alan Singer, Vice President, Bobi Shmerling, Secretary and Art Titen, Treasurer.

CLUB NEWS

SHOWTYME

By Jerry Spector

Showtyme presents another Fabulous Friday - CATCH A WAVE. Fun, sun and surf set the backdrop for this re-creation of the 1960's Beach Boys with "Catch A Wave." Sporting authentic detail just as you remember, this act re-creates the 1960's Beach Boys right down

to the white instruments, blue and white stripe shirts, and wavy hair evoking that unique California harmonic surf-pop sound so recognizable around the world. Don't miss this show that is currently headlining Disneyland, Disney Cruise Lines, and theaters across the United States. Friday, July 14 in the AR; show starts 7:00 p.m., doors open 6:30 p.m. Open to all residents; \$5 donation per person. Refreshments served.



THE MAVERICKS

By Margo Secia

Summer is here, so the Mavericks are having a "Pizza Party" in the Pavilion and, of course, in the pool area on Friday, July 28, 2017 at 6:00 p.m. There will be games played in the pool, so those who want to participate in some water fun, wear your swimming suits and dive in. Pizza will be served in the Pavilion, along with salad and ice cream. Please, BYOB. Tickets for the evening will be \$3.00 for

paid-up members and \$8.00 for non-members, which will automatically make you a member for the upcoming year. You can purchase tickets by calling John Wirtz at 384-8508 or Geri DeSimone at 402-1465.

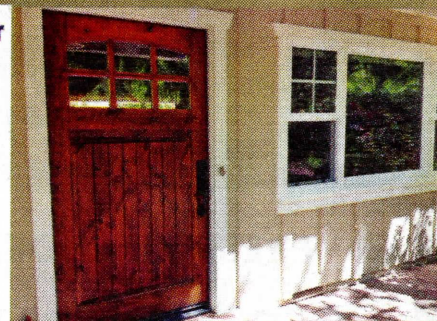
Yearly dues of \$5.00 per person for May, 2017 to May, 2018 can be paid by calling Geri DeSimone. Please join and be a member of the Club as we are planning to have a really great year. If you have any questions or comments, please feel free to contact President John Wirtz at his phone number shown above.

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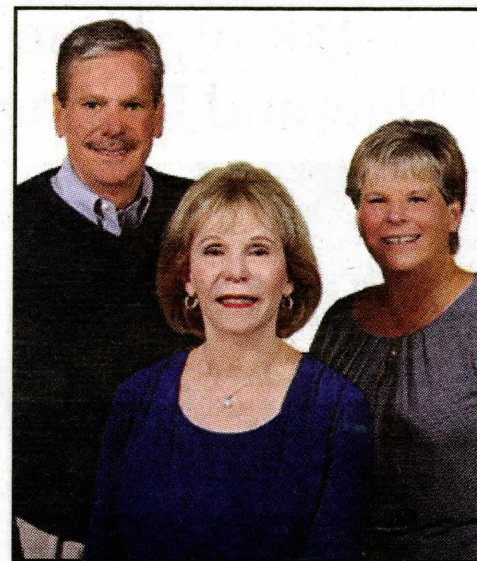


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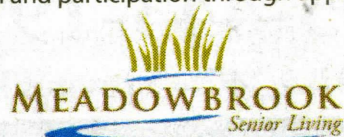
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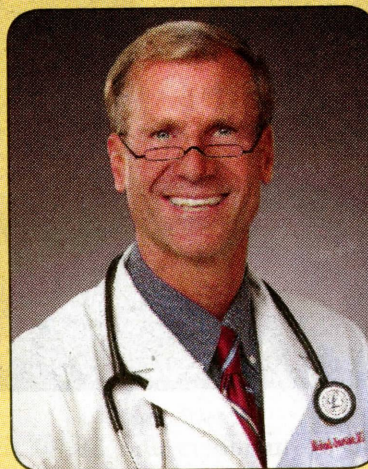
Meadowbrook-AgouraHills.com**CLUB NEWS****THE AMATEUR
RADIO CLUB***By Jonathan Fox*

Another milestone for the Tower Project has been achieved. This past month our financial goal for the project was met by the generous donations of both the LV clubs and residents. When it was announced at the Open Board meeting, a round of applause spontaneously erupted. We should all be proud of reaching this goal in the effort to have a reliable emergency communication facility. The assembly of the new shortwave antenna is complete and will be tested before the final tower assembly work is done. Also, the new EPC antenna has been installed. Previously we had to take turns using an old antenna. So, progress is constantly being made.

The Amateur Radio Club and the EPC would like to thank ev-

everyone for their continued support of this project. The following contributors took us to our goal: Janet Gray, Fred Ervast, Zig and Loyetta Aukstkalnis, Dick Guttman, Jon & Patricia Amelsberg, Terry & Gina Connor, Joyce Baker, Sherwood Holland, Jorge & Virginia Carbal, Richard & Shardell Wilkman, Maxine Sanchez, Mildred Abrams, Verna Merrin, Evelyn Lacy, John & Emma Steiner, Saturday Night Dance, Millie Grey, Racquet Club, RV Club, Lapidary Club, Frank & Michelene Kelly and Men's Golf (second donation).

We look forward to inviting everyone to an open house once the project is completed.

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CLUB NEWS

WOMEN'S GOLF

By Patti Crichton

Top of the news is a welcome to our 2017-2018 Board members, led by incoming President Patricia Turner. Thank you to Linda Gaffney who served as President for the last three years.

The official installation took place at our Annual Luncheon on June 28, organized by Sheila Bunch. We also celebrated accomplishments of our golfers for the 2016-2017 season:

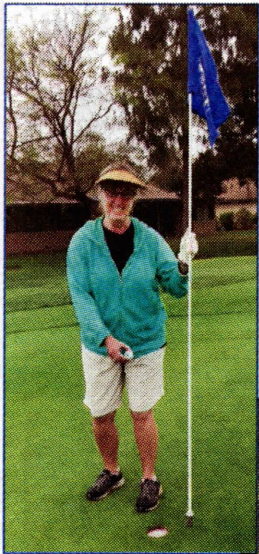
President's Cup Champion for the 18'ers is Kathy Whitesell and 9'ers is Jaclyn Claros; Club Championship for the 18'ers is Merle Ruiz and 9'ers is Jaclyn Claros; Most Improved golfers are Sheila Bunch

for the 18'ers and Patti Crichton for the 9'ers.

Patti Crichton got her first ever Hole-in-One, #16 on May 31st.

Congratulations to all! Updated plaques are in the Golfer's glass case in the Courtyard.

Please check your new 2017-2018 LVWGA Handbook for upcoming events, list of members, tournaments, and rules.



Above, Patti Crichton Hole in One.
Right, Another great day golfing.



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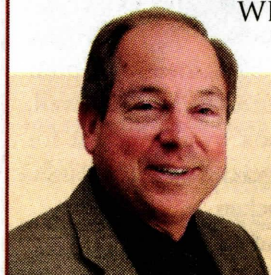


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CLUB NEWS

BILLIARDS CLUB

By Patrick Price

This month for the Billiards Club, the Ice Cream Tournament Awards Social will be on Sunday, July 23 in the AR at 6:30 p.m. Billiards Club members are free to have as many Ice Cream Sundaes or Sodas as they want free. Non-members will be asked to pay a small charge of \$3.00 each. This social is to recognize the July 10 tournament winners with their awards (always a fun and exciting time). There are no meetings in July or August, but, the popular Thursday evening Round Robin will continue. Be there at about 6 p.m. to sign-up. Also, the LRC game is available to those not playing pool. And, on warm nights, there may be some Fire Pit action afterwards.

SHUFFLEBOARD

By Diane Hawrylo

High scores submitted for an eight frame game in 2017 were: May 24, Milt Krapes, 179; May 31, Milt Krapes, 158; June 7, Milt Krapes, 187; and June 14, Milt Krapes, 196. Milt Krapes did it again! It is a clean sweep! Milt is an Olympic Champion. Congratulations, Milt! Believe it or not, everyone else is also improving his or her score.

Everyone is doing very well and enjoying shuffleboard at the same time. There is a lot of enthusiasm and interest in shuffleboard. Come on by and enjoy the fun. We regularly play shuffleboard on Wednesdays at 9:30 a.m. Villagers are invited to join. We will teach you if you don't know how. There are no dues. You can practice at any time.

A safety note: Because of uneven surfaces, wear only flat shoes, and walk only between the lanes. Never walk across the lanes.

WRITERS CLUB

By Harvey Brosler

We all have had significant events in our lives. Would you like to share interesting aspects of your life and your opinions with other residents? If so, we would like to hear them. Come to the Writers Club meeting held every Monday at 1:00 p.m. in the MPR. No special ability or prior experience required. If you can talk, you can write. You may write on any topic, fiction or nonfiction, or use the suggested topic for that day. Microphones are provided. Stories of the Month are displayed just inside the entrance to the Village library.

Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com or Harvey Brosler 465-0006, hsbros@roadrunner.com.

CAMERA CLUB WINNERS • ANIMALS CATEGORY



■ 1st— Gregg Gillmar -
Don't Tell Mom



■ 2nd— Frank DeSimone
I Think this is the Tree

COOKING WITH LARRY

What Real Vegetables Taste Like

By Larry Swartz

This will sound strange if you grew up in California, but if you grew up in Dallas or Quincy, Mass or Hartford, in a middle Class Jewish Family, you are intimately familiar with canned and frozen vegetables. No wonder I hated Brussel Sprouts as a kid and love them now...and if you've ever been forced feed canned beets you probably have PTSD.

As I chatted with Leslie Jane in Village 38, we reminisced about the foods of our childhood which also included things like Rice-a-Roni "The San Francisco Treat" and meat & rice. This was my mother's staple when my parents went out and left us three kids at home. It was really complicated... brown ground beef, add cooked white rice, salt, pepper, butter and served it.

Both Leslie and I grew out of that and up to cooking fresh veggies and loving them. As Leslie's tastes developed she began to cook more...things like, Lentil Soup, Lasagna, and Casseroles. "Growing up in a family in a Boston suburb with two sisters, every one of the kids cooked", she said. And, being from New England, she loves fried clams. In fact she has been on a hunt since moving to California from Massachusetts to find a place in Ventura County that makes good fried clams. In the meantime, one of her favorite things to cook is a chicken stir fry with fresh veggies, but no canned Brussel Sprouts. I'm so glad.

LJ's Chicken, Walnut and Vegetable Stir Fry

1-1 1/2 lbs. skinless, boneless chicken breasts cut into 3/4" pieces
1 tsp. cornstarch
1 TBS. soy sauce
Mix all together, set aside

Cooking Sauce:

2 tsp. cornstarch



2-3 splashes of Tabasco (or any) Hot Sauce

3 tsp. sugar (or honey)

3 tsp. red wine vinegar

3-4 tsp. sherry

4 TBS. soy sauce (1/4 cup)

Mix all ingredients together with fork/wisk... set aside.

2-2.5 Cups Fresh Vegetables: cut up into appx. 1/2" pieces

(Use any combination of the following)

Broccoli

Pea Pods

Zucchini

Red, Green or any color peppers

Mushrooms

1 1/2 tsp. fresh grated ginger root

1/2 cup Walnuts (you can substitute blanched almonds if necessary)

Cooking oil as needed

1. Heat about a tsp. of oil in wok/saucepan. When hot, add nuts; cook till toasted. Remove to paper towel.

2. Add more oil as needed, stir fry chicken until no pink shows...about 4-5 minutes, stirring frequently to avoid burning. Remove to dish and set aside.

3. Stir fry veggies and ginger together until cooked, but not wilted. Add chicken back into wok; pour cooking sauce over all. Stir well, cover and cook over low heat for about 2 minutes till heated through. Sauce will thicken.

4. Add walnuts, serve over rice.

SEE'S CANDY available. LV Women's Club 2nd and 3rd Tuesday mornings in MPR. For information call Barbara 482-9097 or Loretta 388-7116

PLEASE EMPLOY OUR YOUTH: Ages 14-23 Contact Youth Employment Service. Teens have been screened \$10.50 an hour. Call Linda Nuttall 805-482-8113 x1 or Yes@bgccam.org

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Democratic social July 7 at Sumo Soshi Japanese restaurant in Camarillo. All are welcome. For information Call Jim Walton 465-0413

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Farsi (Persian) Teaching, ex language teacher from DLI can teach interested individuals Farsi (Persian) with latest method. For more information call Roya 831-869-7698

"Shoot the Moon" domino players wanted for a fun time with congenial friends. For information Call Jim Walton 465-0413

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JudyBlue Gardening. Need help with your red stake garden? I am a LV resident and I will happily do it for you. Just sit back and enjoy. 208-1983

If you have an estate or children this ad is not for you. Thinking of downsizing, renting or selling, save hassle and trade straight across for my almost perfect 840 sq. ft. Balboa 2b, 1b. 208-1983

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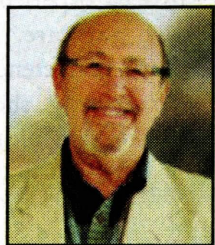
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