

Course Typically Offered: Fall

PH 109. Epidemiology of Disease

Prerequisite: PH 92 or equivalent. Modern concepts and principles of epidemiology; interaction of all agents, host, and environmental factors of communicable and noncommunicable diseases.

Units: 3

Course Typically Offered: Fall, Spring

PH 110. Drugs, Society, and Health

Examination of physical, neurological, emotional, social, and political factors affecting the use, misuse, and abuse of licit and illicit substances in contemporary American society. Applies models of addiction and compulsive behaviors to gambling, food consumption, and sexual behavior. G.E. Breadth E1.

Units: 3

Course Typically Offered: Fall, Spring

PH 111. Alcohol and Alcoholism

Physical, mental, and social factors related to the consumption of alcoholic beverages; the development of alcohol dependence.

Units: 3

Course Typically Offered: Fall, Spring

PH 112. Consumer Health

Consumer health as it relates to selection of health care products and services; how to differentiate fact from fiction in health matters.

Units: 3

PH 114. Health Behavior

An introduction to the theory and practice of health behavior change. Covers individual behavior change methodologies and the effects of public and environmental change on individual health.

Units: 3

Course Typically Offered: Fall, Spring

PH 115. Health Issues of Aging

(PH 115 same as GERON 115.) Basic principles and concepts of the aging process; includes the physical, social, emotional and mental components of health. Benefits of health promotion and preventive action for the aging are also explored.

Units: 3

Course Typically Offered: Fall, Spring

PH 127. Female Sexuality

(PH 127 same as WS 127.) Studies on female sexuality which include past and present sexual roles, female sexual response patterns, and discussion of common problems encountered by women functioning as sexual beings.

Units: 3

Course Typically Offered: Spring

PH 128. Holistic Health and Alternative Medicine

Explores concepts related to holistic health and alternative medicine within a cross-cultural framework. Includes a description of the physical and psychosocial effects of alternative healing; addresses the benefits and risks associated with these therapies.

Units: 3

GE Area: M/I

PH 129. Rural Health

Health problems of rural areas including community medical services, medical facilities, federal, state, and local legislation and administrative problems.

Units: 3

Course Typically Offered: Spring

PH 130. Women's Health

(PH 130 same as WS 130.) Examines current crises/controversies in women's health care. Includes conventional/alternatives approaches to treatment, management, and prevention with emphasis on self-care and promotion of optimum health.

Units: 3

Course Typically Offered: Fall

PH 131. Principles of Health Education

Study of the foundations, theories, systems, and principles of health education. Includes an analysis of social, medical, and environmental factors on health-related behaviors.

Units: 3

Course Typically Offered: Fall, Spring

PH 133S. Health Education Methods

It is strongly recommended that students complete PH 114 and PH 131 prior to enrollment in PH 133. Health education program planning, implementation, and evaluation. Provides needs assessment, health education curriculum development, and presenting and evaluating a health education intervention with a client group.

Units: 3

Course Typically Offered: Fall, Spring

PH 135. Introduction to Human Disease

Concepts and principles of disease and dysfunction of the human body. Detection, diagnosis, treatment, etiology, pathogenesis, and prevention.

Units: 3