



# Health and Psychological Services

## University Health and Psychological Services

Student Affairs

Health Center • 559.278.2734

Psychological Services • 559.278.6738

5044 N. Barton Avenue (at Shaw)

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### Health Services

University Health and Psychological Services is located on campus in the Student Health Center, just east of University Courtyard. The Student Health Center (SHC) is accredited by the Accreditation Association for Ambulatory Health Care, Inc. and provides medical, educational, psychological counseling, and wellness services. In addition, there are pharmacy, laboratory, and X-ray services on site.

All currently enrolled students are eligible and encouraged to use the services of the SHC. Students automatically pay health fees as part of their tuition. Private health insurance is not required and the Student Health Center does not bill your private insurance company. Presentation of a valid Fresno State identification card is required. We encourage you to visit the SHC Website at [www.csufresno.edu/health/](http://www.csufresno.edu/health/).

### Family Pact

The Family PACT program provides family planning and sexual health services at no cost to eligible low income men and women. For further details on eligibility and enrollment, visit our Website at [www.csufresno.edu/health/](http://www.csufresno.edu/health/).

The SHC is open Monday, Tuesday, Thursday, and Friday from 8 a.m. to 4:45 p.m and Wednesdays from 9 a.m. to 4:45 p.m. For student convenience, both the health services department and psychological counseling services operate on primarily a "walk-in" basis. Walk-in hours for Psychological Services are from 9 to 11 a.m. and again from

2 p.m. to 4 p.m. daily. Services are not available on weekends. In case of an emergency, CALL 9-1-1.

### Psychological Services

Psychological Services offers counseling and consultation. Our professional staff and interns/trainees are here to help you with stress, anxiety, depression, relationship issues, challenges in

academic performance, and any other concerns you may have. A psychiatrist is also available for medication management if the need arises. We offer free and confidential counseling to individuals, couples, and groups for personal growth. Please visit our Website at [www.csufresno.edu/counseling/](http://www.csufresno.edu/counseling/).

Your privacy is our foremost concern. Unless specifically required by law or court order, we do not release private medical information without the consent of the student/patient. If you are under the age of 18, your parents may have to consent to your treatment.

### Health Promotion and Wellness Services

The Health Promotion and Wellness Services Department is available to equip students with information and skills to make knowledgeable decisions for good health and disease prevention. Our team of health educators — a registered dietitian and trained peer educators — deliver health education information through the use of one-on-one counseling and innovative and collaborative events, as well as the distribution of educational materials. For further information, please visit our Wellness Resource Center in the

Student Health Center or visit our website at [www.csufresno.edu/health/](http://www.csufresno.edu/health/).

### Student Health Advisory Committee (SHAC)

This student-led committee serves in an advisory capacity to the director of the Student Health Center and the vice president for Student Affairs on the scope of service, delivery of services, funding, and other critical issues relating to health services on campus. SHAC members have the opportunity to gain and enhance leadership and advocacy skills. For further information, please visit our Website at [www.csufresno.edu/health/](http://www.csufresno.edu/health/).

### Immunizations

Nursing staff provides required and clinically indicated immunizations. Students on an established allergy/antigen immunization program may be eligible to have their shots administered by the nursing staff at the SHC. Students should bring their immunization record to the SHC when accessing these services. There may be a charge for this service.

### Summer Care

Students enrolled in a summer session pay a pro-rated health fee and are eligible to use the SHC for the entire summer session. Students not attending summer classes but who are enrolled or plan to enroll in the fall semester will pay a \$15 per visit fee.

### Health Insurance

It is strongly recommended that students carry health insurance. Student health fees that are paid with tuition are not a form of health insurance. Medical conditions that exceed the scope of Student Health Services and/or require the care of an outside physician or medical facility are the financial responsibility of the student. Associated Students, Inc. offers health insurance to students. For more information visit [www.csuhealthlink.com](http://www.csuhealthlink.com).



*Qualified staff members offer on-site health care.*