



Runner wrestlers take on Arizona State - See page 5

# THE RUNNER

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CALIFORNIA STATE UNIVERSITY BAKERSFIELD

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## Council of 100 strikes interest in CSUB among community leaders

By Rosie Cruz  
Staff writer

Crowds stirred and conversations buzzed at the quarterly Council of 100 gathering took place on the CSUB campus on Tuesday. The energy was high in the room as almost 100 of Bakersfield's leaders congregated to show their interest in California State University, Bakersfield. Even the campus chef was talkative and full of smiles as he served up plates of elegant foods for the attendees.

After the eating was wrapped up, Bruce Bunker took to the podium and offered everyone in attendance a warm and appreciative welcome. Bunker is given most of the credit for initiating the Council of 100 in Bakersfield. After the welcome, he expressed gratitude to all the local leaders for continuing to take time out of their busy day to congregate. High on the agenda for the day was learning about a CSUB professor who would soon be publishing his research.

It was followed by a soft reprimand because the group seemingly has ceased to grow. He said that the Council of 100 would need "fresh blood" if it was going to grow and fulfill its purpose in the community.

Amongst the crowd was the President of CSUB, Horace Mitchell, displaying his support of what the Council of 100 is attempting to offer his university. A hearty applause was rendered to first-comers, which included representatives from the United Bank of California and the Bakersfield Magazine.

This particular meeting was centered on the up-and-coming book, "The Wages of Wins," written by CSUB economics professor, David Berri. The book analyzes the economics behind major leaguer sports and the trickle down effects it can have on the nation on a larger scale. According to a CSUB press release, "In the 'Wages of Wins,' Berri and his co-authors use lively and easy to follow examples, based on the authors' academic research, to tell the true stories generated by the numbers sports create."

"We tried to write a book that had the outcome of our research, but was interesting to read," Berri said at the meeting.

He discussed themes he uses throughout his book. He devotes several chapters to the NBA (National Basketball Association), especially focusing on famous, key players. He also discusses issues pertaining to the MLB (Major League Baseball).

The Council of 100 meets three or four times a year to discuss several topics. Laura Wolfe, Assistant Vice President for Development says, "The point is to bring leaders and emerging leaders to the campus."

Members of the Chamber of Commerce and Kern Economics Development Corporations are also invited to attend future gatherings, per reservation. Associates of the Council of 100 include local business executives and other community leaders. For more information, call (661) 654-2136.

## Kegley debate on ethics of land development

Ranjanpreet Nagra  
Staff writer

The answer from the speaker panel when asked if the growing population of Bakersfield can be supported by the Bakersfield water facility was, "Kern County is in the best position in water supply in California".

"Ethics of Land Development: Balancing Property Rights with Quality of Life" was the discussion topic for the seminar hosted by Kegley Institute of Ethics on Tuesday, Jan. 24, at 7 p.m. in the Multi-Purpose Room in the Student Union.

The discussion was moderated by Christopher Meyers, a professor of philosophy and director of the Kegley Institute of Ethics.

"No other concern has so many issues attached to it, including air quality, traffic, water use, loss of farmland and destruction of recreational areas," Meyers said.

The three speakers were Gordon Nipp, a member of the Sierra Club - a non-profit, volunteer-based organization which fights for the environment in land development; David Price, director of Kern County

Resource Management Agency, and Brian Todd, the executive vice president of the Kern Building Industry Association, speaking from the perspective of the builders.

"I'm just very grateful we found such excellent people to participate on the panel," Meyers said.

"The discussion served to educate and inform the general public," Meyers said.

Each speaker talked for about 15 minutes at the beginning of the discussion. Price talked about the difficulties government faces serving the public and the developers while maintaining ethical and utilitarian behavior. He also said that under the California Sunshine Law, general public has the right to know the business and paperwork of the local government. Everyone is free to know and understand the government actions and policies.

Todd said that the builders want the best for the communities they build. He pointed out that growth of population and land

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■ Find out what's happening on campus - See page 2

Gloria Friedman, who was the head women's tennis coach for 27 years, has been with the university since 1974. In that time, she has received the CCAA coach of the year award, NCAA coach of the year and has been inducted into the Bob Elias Hall of Fame.



Jason Friedly/The Runner

## Friedman consistently serves up aces for CSUB

By Jay Friedly  
Sports Editor

Plain and simple Cal State Bakersfield Senior Associate Athletic Director Dr. Gloria Friedman has spent a lifetime on the tennis court. "I was born and raised in Bakersfield, where I attended Bakersfield high school and played tennis," said Friedman.

At age 11 she began playing competitive tennis, and would later go on to become Bakersfield High's number one singles and doubles player, the team's most valuable player and captain.

"I still hold the school record for most league wins," Friedman said proudly.

She went undefeated for four years in league play, and won the Valley Championship three times in those four years. She then went on to play at Bakersfield College and the University of California at Santa Barbara where her success continued.

As with Bakersfield High, Friedman would become both teams' number one singles and doubles player, named most valuable player by both, and fulfill both team captain's roles.

With such an impressive resume it was no wonder she was brought to CSUB in 1974 as the head women's tennis coach. She started the program and then coached it for 27 years until her retirement in 2001.

"I am very proud of my team's accomplishments," said Friedman. "My teams have won every individual and team title possible at the conference, regional and national levels."

As for individual honors, Friedman has won the CCAA coach of the year award and the NCAA coach of the year as well. She has also been elected into the Bob Elias Hall of Fame.

For the most part, her career has proven to be groundbreaking.

"I had many firsts at CSUB," said Friedman. "First tennis coach, first volleyball coach, first intramural director, first woman hired in the Athletic Department and the first women's program started."

She will also be involved in CSUB's move to Division I, another ground breaking event at the university. Friedman feels that the

move to Division I is essential and believes in CSUB President Dr. Horace Mitchell and his timing.

"Dr. Mitchell is the best thing to happen to CSUB," said Friedman. "I appreciate his passion and I believe in his vision for the university. His support of moving to Division I is right on the money," she continued. "Dr. Mitchell is a breath of fresh air. We need to support him and help him achieve the goals he has set forth in his vision plan."

The benefits of moving to the Division I level had been a hot topic of late, but Friedman's positive attitude and beliefs can put any doubts to rest.

"Moving to Division I will support the university's Partnership for Excellence vision," said Friedman. "It will improve the university's image in the community, attract more and better student athletes supported by increased scholarships, generate greater enrollment for various academic programs, enhance the university's national, regional and local exposure, enlarge financial contributions to the university and increase business in Bakersfield and Kern County...to name a few."

The move to Division I does come with a tinge of regret for past CSUB players.

"I would have loved to coach Ivana Kuchinska, Regina Csibi and Barbara Valcova as a Division I coach. They had the talent to be successful at the Division I level. All of them were Division II National Champions, and the NCAA players of the year. They were the best at Division II, but they would have been successful at Division I and that would have been fun to experience with them." Said Friedman.

CSUB is currently participating in the required exploratory year for the move to Division I and is also searching for a conference to join. Another dilemma for the move is the addition of a few more athletic teams.

- Continued on pg. 3 -

## Professor pens sports economics book

Ariana Estrada  
Staff writer

Professor of Economics David Berri is in the final stage of completing his book before it is released for sale in late May or early June. "The Wages of Wins: Taking Measure of the Many Myths in Modern Sports" is Professor Berri's first book. He collaborates with two other professors of Economics with whom he went to graduate school at Colorado State University, Martin Schmidt and Stacey Brook.

The book will interest sports and economic fans, but especially sports fans. "The Wages of Wins" tackles questions and ideas that many sports enthusiasts ponder such as: who's the best at their particular sport, are there competitive balance problems among certain sports, and do players like Michael Jordan make their teammates better players?

The book is written for a general audience and won't contain a lot of mathematical and economical jargon, but will provide the methods in how the information was researched and calculated.

Professor Berri was approached by an editor of Stanford Press University after he presented an article at an academic meeting that discussed how the NBA has problems evaluating talent. The editor asked if he'd like to write a book and he accepted. He started writing immediately, and since it was his first book, he looked to "Freakonomics," a book written by Steven D. Levitt and Stephan J. Dubner to get some pointers for writing to a general audience. Much of the research in the book is from articles published in academic journals by Berri and his co-authors. The book has already been reviewed

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Ariana Estrada/The Runner  
Economics Professor David Berri, author of "The Wages of Wins: Taking Measure of the Many Myths in Modern Sports."



## Runner on the Street

By Juan Torres and Evelyn Martin

**This week The Runner asked:**  
**What are your plans for Super Bowl Sunday?**



**Paul Arreola**  
 Sophomore, Liberal Studies

"I'm going bowling with my girlfriend. By the way, basketball is better than football."



**Timia Moore**  
 Sophomore, Liberal Studies

"Watching the game with family and friends, lots of food and cheering for the Steelers."



**Elliot Fowler**  
 Senior, PEAK

"I'm watching the game at the Fox Center."



**Meredith Milligan**  
 Junior, Comm.  
**Amanda VanRyn**  
 Sophomore, Liberal Studies

"We have a sorority recruitment workshop for Gamma Phi Beta. Come out and recruit with us February 16-19."

## THE RUNNER

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## CSUB helps ease tax tensions

By Juan Torres  
 Staff Writer

Deduct from line 32. Write in what was on a W2. Add for expenses.

Pretty soon it will be that time of year again which is tax season. Whether your parents file or you are filing for the first time, the VITA program is here to help.

VITA is the Volunteer Income Tax Assistance program. They have sites all over the country. The VITA site at Cal-State will be run by accounting students from CSUB.

The students will assist in preparing tax returns from 1040 EZ, 1040A, 540EZ, 540A, electronic tax returns and answer questions. The program is run by Jim Patten who is an accounting professor at CSUB. The VITA program has been CSUB for 14 years and has been a benefit for both the volunteers and members of the community as well.

"The VITA experience is one of the most important items that accounting students can report on their resumes, so VITA is a win-win situation for both taxpayers and the volunteers," is what Patten told CSUB Public Affairs.

People who plan on bringing in their tax returns should bring a photo ID, social security card (copies or originals) a copy of the previous year's tax return, plus copies of the current tax year's W-2 forms and 1099s and all tax payer and dependent Social Security numbers and dates of birth for identification.

Taxpayers wishing to claim the credit for child or dependent must provide care-provider information: name, address, tax id number, phone number, and amount paid to the provider.

Taxpayers should also bring a voided check if they wish a direct deposit of their refunds. To make an appointment at the CSUB VITA site, please call Patten at (661) 654-2339 or email him at [jpatten@csub.edu](mailto:jpatten@csub.edu). The VITA site will start on Saturday Feb. 4.

## Picture of the Week



Jason Friedly/The Runner

**Students in the Science I building study under the watchful eyes of the animals.**

## Kegley from pg. 1

people economically.

Nipp said that the Sierra Club fights for the animals and plants that live on the land that is to be turned into housing. The club protects the farmland from the developers. The club forces the home builders to make more efficient homes: homes that generate their own energy through solar panels on the roof and that are safe for the environment.

Many community members who are involved in the building industry were present at the discussion. The Public had the opportunity to raise questions and seek answers from three positions in land development.

Many of the individuals involved in land development and CSUB students raised questions for the three speakers to answer.

The first question from the public was the condition of open spaces in Bakersfield community. Todd said that builders have no problem with building parks in the community, but the maintenance of those parks is an issue to the government.

Another question asked from the public was about the transfer of sludge from Los Angeles to Bakersfield. Price explained that the sludge was the green waste like grass and leaves from homes. But it also had non-green waste which is hazardous for the land. The transfer was stopped when the hazard was discovered.

Myers concluded by saying that the public is responsible for communicating with government and other officials to tell their problems and what they should do. Otherwise lobbyists will go to the government to get what they want.

## Berri from pg. 1

by other economists, professors and authors.

Deirdre McCloskey, professor of Economics, History, English and Communication at the University of Illinois wrote a review on the Stanford Press University website about Professor Berri's book saying, "The Wages of Wins is captivating. Women: read the book and stump your husband in a sports argument! Then give the book for Christmas. It's what economics should be like-freakonomics, Marshallian economics, substantive significance, or just oomph-call it whatever you want. But it's science and science is interesting. Most of what economists write these days is not science and is boring. Berri, Schmidt and Brook are sports nuts, true. But they've set a new standard for economic science, interesting science. Maybe there's something to this combining of passion with quantitative curiosity. Just maybe."

Professor Berri will be releasing his book for sale at the Runner Bookstore sometime near June and there will be a book signing held there as well. The book price currently is set at \$29.95 from the Stanford Press University website, but Professor Berri expects the price to drop once it's ready for release.

"I hope people can read it and can understand what we're saying, and if they enjoy it, but I don't have any idea what's going to happen. My only expectation is that I hope I get to write another book," says Berri about his expectation of how the book will be received by the public.

## Friedman from pg. 1

Friedman has been married for thirty two years to Kern County Superior Court Judge Gary Friedman and attributes a great deal of her success to him.

"My mentor, my role model is my husband, Gary Friedman," she said. "He is truly an amazing person. He is so kind, so sincere, so gentle, so supportive, and so positive. He's basically a good, decent guy. He has been my number one fan all my life. And he has supported everything I have done. Everything I have achieved I attribute to him. I admire him so much. There are not a lot of Garys around. I'm so thankful he's in my life."

The Friedmans have two children, Lori and Gary. Lori graduated from UC Santa Barbara and is teaching third grade in Menlo Park. Gary graduated from Fresno State and currently works for the Bakersfield Probation Department.

As for her retirement from coaching, Friedman didn't want to leave the courtside.

"I retired from coaching because I physically could not do it anymore. I had knee, back, neck and shoulder problems. Playing tennis for 40 years had taken its toll. I loved coaching and would have coached another 30 years if I could," said Friedman.

This is what proved to make the transition away from the court to be difficult.

"The first couple of years were hard. When something has been a part of your life for about 30 years it leaves a void. But I have filled that void in my position as the Senior Associate Athletic Director. I work with all the teams and coaches and that is gratifying to me. I have 17 teams to work with and I love it! It's an exciting job that is never boring and always challenging. I love working with the students and coaches," said Friedman.

She also has time to serve the sport in other areas as well.

"I have always tried to stay involved on committees especially at the National levels," said Friedman. "I am currently a member on the Division II Management Council. This is the highest committee you can be on at the Division II National level. There are 22 members on this committee representing the United States and what we do is run the day to day operations of Division II. Another national Committee I am on is the post graduate scholarship committee. I am also a member of the CCAA conference Executive Council and the CCAA game management Committee," said Friedman.

## CSUB Weekly Calendar of Events

### Wednesday, Feb. 1

#### Events

- Career Day 9 a.m. - 1 p.m. DDH
- Wrestling 7 p.m. Icardo

#### Club Meetings

- Psychology, 10:30 a.m. Blue Room
- Intervarsity, 11:30 a.m. Green Room
- Biology, 1 p.m. Green Room
- NORML, 7 p.m. Educ 127

### Thursday, Feb. 2

#### Events

- Spotlight Festival 8 a.m.-3 p.m. Doré Theater

### Friday, Feb. 3

#### Events

- Jazz Concert featuring Bennie Wallace and Anthony Wilson 8 p.m. Doré Theater

#### Club Meetings

- American Muslim 12 p.m. Blue Room
- ASI Finance 2 p.m. Green Room
- Kaibigan 2 p.m. Music 112
- M.E.C.h.A 5 p.m. DDH 105 G
- Theta Sigma Chi 5 p.m. Educ 252

### Saturday, Feb. 4

#### Events

- FACT Open House 1-4 p.m.

### Monday, Feb. 6

#### Events

- Legends of Jazz Series - Bennie Wallace and Anthony Wilson 8 p.m. Doré Theater
- Superbowl Party 12 p.m. Wiley's Pub
- Gamma Phi Beta 7 p.m. DDH
- Kappa Sigma 7 p.m. DDH
- Phi Sigma Sigma 7 p.m. DDH
- Chamber Music 7:30 p.m.

Check back weekly to keep up on all CSUB events. If the Runner has missed your club meeting or event please e-mail us at [RUNNER@csub.edu](mailto:RUNNER@csub.edu)

# Public Relations Club becomes active after 10 years

By Ariana Estrada  
Staff Writer

A new chapter of the Public Relations Student Society of America (PRSSA) has become active and is interested in gaining more members interested in pursuing and improving their knowledge of public relations.

The chapter on campus has been inactive since 1996 because there has to be at least 10 members in a chapter to be considered active. Also, CSUB did not have a faculty adviser that was part of Public Relations Society of America (PRSA)—only professionals who have worked in public relations for five years or more can become members of. But now that recently hired Dr. Donna Simmons has come to CSUB with her membership to PRSA and her experience as faculty adviser of PRSSA at Cal-State San Bernardino, public relations students can look forward to gaining knowledge of public relations, professional development opportunities and networking.

To become a member of PRSSA it is not necessary to be pursuing a profession in public relations. Anyone interested is more than welcome to become a member. There is a membership form that must be filled out as well as an annual fee of \$41. That annual fee is only accepted twice a year, once in the fall or in the winter or spring. This is because PRSSA is part of the National PRSSA organization out of New York and they establish when the fees are due.

The mission of PRSSA is to first serve its members by enhancing their knowledge of public relations and providing access to professional development opportunities, and second to serve the public relations profession by helping to develop highly qualified, well prepared professionals, according to their website.

Some of the benefits to joining PRSSA involve scholarships, networking on campus and in the community, leadership training, internship opportunities, press release seminars, and regional activities. PRSSA will have guest speakers come to discuss their experience in PR which will allow students to start creating access to networking. Some guest speakers to look forward to will be coming from Kaiser Permanente, Mercedes Benz, Budweiser and the Bakersfield Police Department.

"We have an outstanding group of officers. They are really enthusiastic and they really care about the chapter and the mission of PRSSA and I'm looking forward to seeing how they do in their careers because they'll all be great," says Donna Simmons, faculty adviser.

PRSSA held their first meeting last Monday on the Jan. 23 which included pizza and drinks as well as guest speaker Mike Stepanovich, the public relations director at CSUB. He spoke about himself and how he went from journalist to a public relations professional and how his transition from one to the other was fairly easy. He's also the person you'll want to see if you're looking for an internship in public relations or marketing.

If PRSSA sounds like something you'd like to get involved in contact Donna Simmons the faculty adviser at [dsimmons2@csub.edu](mailto:dsimmons2@csub.edu) or call by phone to her office 661-654-3330.



Ariana Estrada/The Runner  
Members of the reactivated PRSSA chapter look forward to enhancing their knowledge of public relations.

# Lack of spaces not the only problem with parking

*Editorial*  
By Beverly Weber  
Staff Writer

Finding a parking spot has become an issue for most students at CSUB, unless you are handicapped or have a complete disregard about ticketing. In this case, you are amongst the 2 percent of students that ignore the loading or 20 minute parking signs thus making you more inclined to pay a fine instead of search for a parking spot.



Due to the ridiculous factor pertaining to parking, etiquette has declined as quickly as the availability of a parking spot. Many students are frustrated and angry because they find themselves late to class and unable to forge ahead in their desired mental stimulation, which is accomplished through lecture. Students are upset that they cannot be on time for their desired lecture thus additional frustration is carried on to the future victims that unknowingly cross the path of the fully perturbed.

The madness we call parking at CSUB has become a perpetual cycle of irritation and repercussion. When walking to your car, typically there is a sea of cars in tow. While innocently jaunting toward your car, often times vulgar heckling is darted your way.

Perhaps this is a mechanism used to encourage acceleration in your step or for a simple giggle to make the process less painful.

After the long anticipated relief of gaining that beloved parking spot is achieved, we then walk to

our classes arrogantly staring down all of the suckers that are still zooming in and around cars in that desperate pursuit to make it to class on time. Dwelling on how proud you are of the incredible spot you have just attained, you waste about 10 minutes thinking to yourself "man, I got lucky today with that primo parking spot!" In fact, I have been caught praying to the parking gods in class countless times.

Finishing the inevitable cycle of parking, we then become that student in which you heckled a couple of hours earlier. While you slowly stroll to your car you hear, "are you leaving" or, "hurry up, what's your deal?" You then proceed to walk slower and refrain from telling them that you are not leaving. We all find pleasure in doing this and we justify our actions because we find that, at times, our peers are rude and inappropriate.

While the 10 cars behind you are slowly inching their way toward your car, you open the car door, grab a banana and then continue back to class. This is the classic faux pas that drives me crazy!

"Oh, I'm not leaving," is finally uttered out of your mouth. Well that's freaking great! You could have told me that about 10 minutes ago when you made eye contact with me and I was screaming at you to hurry up. Of course the driver doesn't say this out loud but they are definitely thinking awful thoughts and devising a plan in which they plot out the most appropriate way of getting back at you.

This cycle of angry driver v. angry walker needs to stop. We have all been victims and assailants of parking blunders, however, I have faith that we can all come together for the greater good of mankind!

# Student wins research award

Story courtesy of CSUB Public Affairs

A California State University, Bakersfield graduate student brought home high honors for his physics research at the California Section of the American Physical Society's (APS) fall meeting.

Alex Todd, CSUB MBA student, won second prize for the Kennedy Reed Award for theoretical research, an APS award noted for Lawrence Livermore National Laboratory physicist Kennedy Reed.

Todd's work was judged among the works of graduate students from California Institute of Technology, UC Berkeley, UC Davis, Lawrence-Berkeley National Laboratory, and other high profile research universities. "The fact that Alex, an undergraduate in physics, received a prize is especially impressive," said Alexander Dzyubenko, CSUB physics professor.

Todd graduated with his bachelor's degree in

physics from CSUB last spring and is currently enrolled in CSUB's MBA program. He is also continuing his physics research with Dzyubenko. "This research project has been concentrated mostly on quantum models that describe the behavior of charged particles in strong magnetic fields in semiconductors," Dzyubenko explained. "Interestingly, this work may also be relevant for ions in the atmosphere of a neutron star, where a super-strong magnetic field is present."

Todd is thrilled to receive the award. "I am elated to have been recognized," he said. "This is my third year being a part of (CSUB's) SRS (Student Research Scholars, a privately funded program which supports undergraduate and graduate research). Anything I get recognized for is directly related to Dr. Dzyubenko. He has been a great mentor and teacher."

# Annual Science Bowl seeks volunteers

Story courtesy of CSUB Public Affairs

The California State University, Bakersfield School of Natural Science and Mathematics is seeking volunteers for the 14th annual Kern County Regional Science Bowl. The Science Bowl will be held at CSUB on Saturday, Feb. 11, from 8 a.m. to 5 p.m. This marks the ninth consecutive year the Science Bowl has been hosted by CSUB.

The event features 32 five-member teams from 15 Kern County high schools competing in a fast-paced, question-answer quiz format that covers physics, biology, chemistry, math, earth science, computer science and astronomy.

Matches consist of two 10-minute halves. Each match will have four officials in the room: a moderator, who will read the questions, rules judge, timekeeper, and scorekeeper.

The top two teams advance to the finals and compete in a double-elimination round, with the winner advancing to the National Science Bowl sponsored by the U.S. Department of Energy, which is held in Washington, D.C., April 27-May 1.

Thomas Meyer, CSUB's interim dean of Natural Science and Mathematics and Science Bowl coordinator, is looking for volunteers to help run the event and for local businesses that are interested in donating prizes for the students. All officials must attend a training session before the competition where they will be trained for the various positions and given the competition rules. All the volunteers will be provided a T-shirt, morning snack, and lunch, courtesy of event sponsors.

"The previous events were a great success because of the many campus and community volunteers and supporters," Meyer said. "In return for their efforts, volunteers will get to watch Kern County's top science students compete."

Meyer added that all persons, regardless of educational background, are welcome to help. For more information or to volunteer, please contact Penny Lampkins, CSUB Computer Science Department secretary, at (661) 654-3082, or [plampkins@csub.edu](mailto:plampkins@csub.edu). You may also click on [www.cs.csub.edu/ScienceBowl/Volunteer.html](http://www.cs.csub.edu/ScienceBowl/Volunteer.html) and fill out the form.



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## Résumé Writing & Interview Workshops



### Résumé Writing

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Wed., Feb. 15 11:00 am EDU 202  
Fri., Mar. 3 12:30 pm EDU 202



### Interview

Thurs., Feb. 9 10:30 am ITV Studio C (CSUB)  
ITV Studio E (AV)  
Tues., Feb. 21 2:30 pm EDU 203  
Wed., Mar 8 11:00 am EDU 202

### Career Development Center

is located in the Cafeteria/Office Building room 102

More Information 654-3033—[www.csub.edu/cdc/events.html](http://www.csub.edu/cdc/events.html)

# Career Day 2006

Wednesday  
February 1st  
*In the DDH Galleria*

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with other  
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### Can You Answer This Question?



**Question:** You have been ill and have fallen behind in your classes. You want to ask your professor for an "incomplete," but you're not sure of her answer. You didn't see a doctor this time, but you have a doctor's excuse from a previous illness. You decide to alter the previous doctor's excuse and use it for the current situation. After all you were sick, weren't you?

**Answer:** Not a good idea. Falsifying documents is dishonesty, whether or not the falsification supports "the truth." You stand a good chance of being caught. Talk to your professor, he or she may be able to offer suggestions or alternatives for relieving your situation.

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### teaching tip #41

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# Lady Runners' winning streak continues

Statistics and Press Releases provided by CSUB Sports Information

The No. 17 ranked (ESPN/USA Today) Cal State Bakersfield women's basketball team opened up a big early lead and cruised to a 79-57 win over Cal State Stanislaus Friday night at Rabobank Arena in Bakersfield.

The Roadrunners hung on to their share of first place in the CCAA with the victory, improving to 15-1 overall and 8-1 in conference play. The Warriors dropped to 6-10 on the season and 2-7 in the CCAA.

Center Jessie Loring poured in 20 points on 9-of-11 shooting from the field, adding nine rebounds and five blocks to pace the Bakersfield attack. Forwards Katie McElree and Rhonda Johnson each added 14 points.

The Warriors were led by the 14 points and 10 rebounds of guard Gwendolyn Page, who was eight of 10 from the free throw line. Forward Lindsie Lefort added 10 points in the losing effort.

The Roadrunners jumped out to a quick 27-9 lead in the first 10 minutes and didn't look back from there, expanding the advantage to as many as 38 in the second half.

Defense fueled Bakersfield's fast start. The Roadrunners held Stanislaus to 1-of-13 from the field in the first eight minutes in opening as 15-2 lead. They also posted nine of their 12 team blocked shots in the period.

Bakersfield also got a solid rebound effort from its front line and controlled the boards 56-43 rebounding edge, its second largest total of the season. Johnson led the way with 10 rebounds, helping her to her fourth double-double of the season.

## Men's hoops nets two victories

Statistics and Press release provided by CSUB Sports Information

Cal State Bakersfield men's basketball fans haven't witnessed many shootouts in recent seasons, but they saw a dandy Friday night as the Roadrunners held off high-scoring Cal State Stanislaus 96-81 at Rabobank Arena in Bakersfield.

The win was the fourth consecutive for Bakersfield (12-4, 7-2 CCAA) and keeps the Roadrunners in second place in the CCAA race. Stanislaus fell to 5-11 and 2-7 with the loss.

The 96 points represent the most scored by the Roadrunners since a season-opening 114-83 win over Cal State East Bay. That the offensive explosion came against Cal State Stanislaus should not have surprised anyone.

Stanislaus entered the week leading the conference in both points scored (82.1 points per game) and points allowed (88.9 ppg). Their up-tempo style not only is crowd pleasing, but it keeps the Warriors competitive in most games, including Friday's contest in Bakersfield.

The Roadrunners never trailed in the game, but they had trouble shaking Stanislaus until late. Bakersfield held several double-digit leads in the game, but each time they appeared ready to pull away, the Warriors battled back.

After an early 4-4 tie, Bakersfield held the lead until a Marcus Martinez layup knotted the score at 71-71 with 8:20 remaining. Dwuan Rice made a short jumper on Bakersfield's ensuing possession, however, and the Roadrunners never let Stanislaus equalize again.

Rice's shot sparked a 15-4 run that ultimately decided the game in Bakersfield's favor. When Demetrius Orme capped the run with a thundering fastbreak dunk, the lead was safely back in double digits at 85-75 and Stanislaus never threatened again.

Junior forward Richard "Zeke" Andrews led all scorers with a career-high 23 points. It was the third consecutive game Andrews posted a career scoring high game.

Andrews was one of six Roadrunners to score in double figures in the game. Antonio Griffin (Phoenix/Florida State) led the rest of that group with 19.

Martinez led Stanislaus with 22 points, including four three-pointers.

The No. 17 ranked (ESPN/USA Today) Cal State Bakersfield women's basketball team turned what was supposed to be an epic battle between two of the top three teams in the CCAA into a blowout Saturday night, downing No. 12 Chico State 92-68 at Rabobank Arena.

The Roadrunners extended their winning streak to 14, improving to 16-1 on the season and 9-1 through the first half of conference play. The Wildcats fall to 14-3 on the season and drop to 8-2 in CCAA play.

Senior forward Katie McElree led all scorers with 33 points, 20 coming in the second half. Junior center Jessie Loring added 16 points, 12 rebounds and five blocks in the winning effort.

Amber Simmons had 28 points and 10 boards to lead the way for Chico State.

Bakersfield jumped on top early and controlled the game from start to finish, jumping out to a quick 10-4 lead and extending it to 13 points at 37-24 with 4:44 remaining in the half.

In the second half, Simmons hit a layup to open the half to cut the Roadrunner lead to 10 at 43-33. Bakersfield, however, responded with a 10-2 run to extend the lead to 18, ending the Chico threat.

The Runners were outstanding from the field, shooting 45-percent from the field while holding the Wildcats to just 33-percent. Bakersfield played spectacular defense, forcing 26 turnovers leading to 35 Roadrunner points off those turnovers.

Bakersfield hits the road to face Cal State San Bernardino on Friday Feb. 3 as the second half of CCAA play begins. Chico State resets its conference schedule by playing at Cal State Stanislaus on Wednesday.

# Sun Devils too hot for Roadrunners

By David Lopez

Staff Writer

On Sunday the men's wrestling team took on the number 11th- ranked Arizona State Sun Devils at the Icardo Center. The two teams put on a great show, but ASU obtained the victory. The meet's final score was 15-25.

The Runners have lost two in a row and are coming off a road trip to face a top team in the Pac-10.

Arizona State is coming from a 22-25 win in at Cal Poly on Friday. The Sun Devils are the defending champs of the Pac-10. ASU is 27-2 in duals matches in Pac-10.

The meet was made up of 10 matches at various weight classes.

The Sun Devils took the early lead in the meet winning the first matches consecutively, however, the Runners came back with the help of Garth Wara, scoring three points. Garth Wara was able to gain a 5-4 count against the freshmen Alex Pavlenko. Wara scored a take down to win the match.

Throughout the meet the Arizona State continued gaining points but the runners narrow the point margin with the help of Thomas Kimbrell. At the beginning of the match Kimbrell tailed 4-3 going into the third period. As the match continued Kimbrell took over Adam Hickey in the final moments scoring six points with two pins and gaining the victory with 10-4 count.

The Runners picked up an easy victory in the meet with a forfeit in the Mat Schumm match. This was

Schumm's 15th win of the year.

The senior David Garica, a 2005 All-American, took on Brian Smith. In the match Smith gain the early lead with a 9-3 count but Garica would gain a takedown, but as unable to obtain more points and lost to a count of 10-6.

The best dual of the meet was the battle between



David Lopez/ The Runner  
Runner Zack Bigboy grapples with Sun Devil Jeremy Mendoza



David Lopez/ The Runner  
CSUB's Anthony Baza holds down ASU's Pat Payne.

Anthony Baza from CSUB and Pat Payne from ASU. As the dual began Payne took an early lead in the match. As it continued Pat scored with a reversal on Baza. Baza come back to earn points with a quick escape. Then as the two-grappled Payne took down the runner, however, Baza broke through the take down and earned two points for a near fall. As the match came to an end Baza gained a reversal on the Sun Devil and scored with two near falls to win the match with a score of 9-2.

The wrestling meet was filled with wonderful matches. The Runners put on a great effort against Arizona State Sun Devils, unfortunately the Runners could not pull the victory.

The Runners next opponent is Cal Poly at the Icardo Center today at 7 p.m. for its last meet at home.

## WATER POLO LOSES OPENER

Statistics and Press Release provided by CSUB Sports Information

The Cal State Bakersfield water polo team dropped its season opener at Cal Baptist, allowing five goals in the fourth quarter in an 11-9 loss Saturday at Lancer Aquatic Center in Riverside.

The Roadrunners jumped out to a five three lead after the first period and led 7-6 entering the final frame. The Lancers, however, responded with a big fourth quarter, scoring five times to edge Bakersfield.

## Runner swimmers win dual

Statistics and Press Release provided by CSUB Sports information

The Cal State Bakersfield swim teams won a pair of dual meets over Cal Baptist Saturday at Lancer Aquatics Center in Riverside.

The Roadrunner women edged the Lancers 151-143 in their final tune-up before the Pacific Coast Swimming Conference championships while the men won by a 179-121 margin.

The women's meet came down to the final two events, the 400 individual medley and the 400 free relay. Bakersfield was able to finish first and second in both of those events for the winning margin.

Sophomore Simone Swanepoel won the 200 freestyle and the 50 free to lead the Roadrunners. Swanepoel touched first with a 1:58.16 in the 200 and a 25.11 in the 50. She also anchored the winning 400 free relay team.

Senior Laura Lafranchise continued her dominance of the diving competitions, winning both the 1-meter and 3-meter boards.

Other individual winners for the women's squad were Ashley Gruda, who won the 200 fly in 2:08.69, and

Cal Baptist's Cheryl Ogden scored the go-ahead goal early in the fourth quarter. The Lancers then scored twice in 22 seconds to put the game away.

Jamie Baker scored four goals to lead the 'Runners while Amanda Ortiz added three goals of her own in the losing effort.

The Roadrunners (0-1) travel to Riverside on Saturday (Feb. 3) to face UC Riverside and UCLA, the defending NCAA champions.

## WATER POLO LOSES OPENER

Statistics and Press Release provided by CSUB Sports Information

# Bird is the word for FACT open house

By Ty Cannon  
Staff Writer

FACT is hosting a free open house on Saturday afternoon from 1 to 4 p.m.

Many people are probably not sure what FACT is. FACT is the Facility for Animal Care and Treatment. It is located on the southeast corner of campus just beyond the softball field and main parking lot.

Very few of us have probably ever noticed FACT or the Environmental Studies Area on campus. Each day students frantically look for a parking spot and hope to make it to class on time. But, amidst all of the hustle and bustle, it is easy to miss those tall palm trees that tower over the facility.

Well, this weekend is the chance for people to see what they have been missing.

FACT is home to many young or injured birds that need to be nursed back to health before being released out on their own. It is also the home of several birds of prey that are important to Kern County.

For those who have not seen FACT before it is a very unique experience. Being in the facility almost makes you feel as though you have left Bakersfield. The large palm trees offer a complete canopy that makes the visitor feel like they might be inside a forest as opposed to the hot desert.

Visitors to the FACT open house will have the chance to get up close to a barn owl and other birds of prey. The facility also has a brand new Kestrel display that is capable of holding 10 Kestrel birds at one time.



The new addition to FACT will be very handy in the coming months. According to Marlene Benton, the coordinator of FACT, February is a busy time for bird rescues. She expects several baby birds will come in around the middle of the month.

Benton hopes that the open house can also help to inform the public of what to do if a baby bird is found.

"If you find a baby bird bring it to a facility or call us, do not try to take care of it on your own" Benton stresses. She also said that it is very difficult to give these birds the care they need, not to mention that they are protected by law.

Besides being educational and informative the open house should be a lot of fun. There will be a scavenger hunt for the kids and hands-on type people will have the opportunity to dissect an owl pellet.

FACT will also have T-shirts, sweatshirts, books and stationary for sale.

The open house is entirely free of charge although donations are accepted. Also, no parking fee is required to visit FACT. Any car parked in the dirt parking lot by the facility during the open house will not have to worry about getting a ticket.

Many people were probably unaware FACT existed until now. But, the tours are an interesting look at a hidden part of our campus.

For more information check out FACT's website, [www.CSUB.edu/fact/](http://www.CSUB.edu/fact/)

# Stores provide healthy alternative to fast food



- By -  
Bianca Gutierrez  
& Wes Coble



The nation's concentration has shifted from the large portion meals to those of organic vegetables and lean meats. Health food stores are the new markets for those individuals wanting to focus on a healthy lifestyle. Bianca and I will dive into the world of health food stores and let you know where the best deals in town are when it comes to buying your twelve grain breads.

**Wes:** I myself am a health food store junky. I love going to Cones and Trader Joe's to get my breads and fruits as well as many of the herbs and spices that I cook with.

**Bianca:** Honestly Wes I don't shop at any of those stores, but I have been to Trader Joe's a few times. What are they all about?

**Wes:** Well, they are like any other market; you can get your fruits and vegetables there but you can also get a wide variety of all organic foods.

**Bianca:** So what you're telling me is that these stores are just grocery stores with the "organic" name behind it. Well, I heard its good to eat organically because you don't get those pesky pesticides on fruits and veggies, but they are obviously okay for you since they still sell them at your typical grocery store. Other than organic foods, what else can you find at these health stores?

**WES:** These stores are for those individuals that enjoy the world of food as well as fine wines and imported beer. You can get just about anything that is health oriented at Cones, Vons, and Trader Joe's.

Lassens and or Trader Joe's.

**Bianca:** Oh, well are they expensive? I heard that if you want to shop at these stores that you have to be willing to lay down the cash especially since some of these fine goods are imported and sometimes rare to find.

**Wes:** Well, I mean there just like any other market you have to pay for what you want. Yes most health food stores are a little pricy which makes it difficult for a college student to shop there; however, if a student didn't want to shop at a health food store yet still wanted to eat all organic foods they would be able to find some of the selection at their local markets such as Albertsons and Vons.

**Bianca:** I've seen that section in the back corner of the grocery store. This sounds like you're one of those shoppers who walks clear across Vons just to get your tofu and soymilk. What are you, the next spokesperson for health food stores? Why is it that you want to promote these stores so much?

**WES:** Its not that I am a pitch man its just that I would like to

see our students eat a more healthy lifestyle as well as experience something new. I want every student to know about these stores because in my eyes these are the markets to shop at if you are wanting something fresh and different to eat.

**BIANCA:** I see your point; it's good to want to live a healthy lifestyle and eat the right foods that will make your body feel good. I guess if you're willing to spend a couple extra dollars, then going to Lassens, Cones and Trader Joe's is the place to go.

We hope that in writing about these health food stores that you may go check them out. We aren't saying do all your shopping there but you should go give them a try for a college student that wants an all organic meal and fast, just pop over to Trader Joe's which is on the corner of Coffee and Stockdale right next to Action Sports. We hope that by writing this column that we were able to enlighten you about a few new options in your grocery store options.



Photo courtesy of [www.moviesonline.ca/film1075.htm](http://www.moviesonline.ca/film1075.htm)  
Colin Farrell plays the character of John Smith in *The New World*.

# Old story is a new smash hit with *The New World*

By Kyle O'Connor  
Staff writer

**T**he New World, is a retelling of the tale of Pocahontas and Captain Smith.

Colin Farrell plays Captain Smith with the intensity that I have come to expect from him. The up and comer Q'orianka Kilcher plays Pocahontas with a surprising skill that seems more fitted for a much older and experienced actress.

Captain Smith arrives in the newly found land of America with his crew and is left in charge to settle the land creating a new colony. The natives of the land start to socialize with Smith and his crew, being very peaceful and trading and often even giving the settlers food to survive. While Smith is out he happens upon a young Native American woman who seems to be more of a spirit than a woman. This woman is Pocahontas. Smith is immediately enamored with her.

The acting was on such a high level that some scenes were done in complete silence and I felt that more was communicated between the two characters than could have been said in words. Their attraction transcends language barriers as it teaches her English and strengthens the bond between the natives and the settlers.

Later on in the movie Smith is believed dead and John Rolfe, who is played by Christian Bale, is sent to replace him. Rolfe takes an interest in Pocahontas and courts her. Rolfe eventually takes her as his wife and makes a home with her.

I was in complete awe with the photography in *The New World* the scenery and the filming was so well done it felt like it was more a piece of art rather than just a film. I feel that this film is a romantic epic acted and directed with such skill that I could not imagine it any other way. In short I have nothing but praise for this movie.



Photo courtesy of [www.moviesonline.ca/film2472.htm](http://www.moviesonline.ca/film2472.htm)

From left to right James Franco  
Tyrese Gibson

# Annapolis driven by talent worth your time and money

By Kyle O'Connor  
Staff writer

**C**ontrary to other critics, when I watched *Annapolis* I found that it was an excellent movie with a plot driven by the talented acting of James Franco and his fellow cast mates.

Yes, there may have been many clichés in the movie and some corny training montages, yet throughout the movie I soaked up every inch of it.

The plot is driven by the acting of James Franco as the tough Jake Huard who is determined to make it through Naval Academy. Huard is a tough guy who's boxing skills gets him into the Annapolis, which according to the movie is a near impossible school to get into. Yet they let Huard in because they believed in him.

Through out the movie Huard is beaten down

whether mentally or physically but every time he comes back and accomplishes his goals.

Tyrese Gibson plays his tough superior officer who has a heart of gold and secretly believes Huard could be an excellent naval officer. Gibson's character hounds Huard through this entire movie trying to drive him to become a better officer and rise to the top of his class in both his physical accomplishments and his academics.

This movie is plagued with the typical military movie clichés yet it felt like it worked for me. I feel this movie could have been an excellent movie as opposed to being just good.

