

Journal Entry: May 13th, 2020

As a graduating senior in the Public Health field, I couldn't hope for a worse ending to my undergraduate career. To begin with my experience living through this global outbreak, it affected me in a negative way career wise. As an intern this semester, I lost opportunities to continue to build stepping stones upon my Public Health career. Working towards a sustainable future after graduation has unfortunately come to an end due to the lack of need at my workfield. In regards to my personal life, it has been very hard to be away from my family. Having COVID-19 scares within my housemates in San Jose has prevented me from going back home due to the dangers of this virus. Although my housemate showed symptoms of this virus, I was able to help guide and monitor the situation to the best of my ability. Eventually, he was able to recover after self-isolation. Trying to stay up to date with this pandemic has been crucial as I try to spread knowledge amongst my friends and family. Overall, this experience of my life has felt terrible but I am going to continue to have faith and hope for the best.