

Greg Barfield

Freshman

Greg Barfield, a freshman health science major, has been interested in sports medicine since he was hurt in a football game during his sophomore year in high school.

"I twisted my ankle and bruised my thighs," he recalls. "The following morning I took a hot shower instead of applying ice. That mistake slowed the healing process and I spent most of the season sitting on the bench. Not having a qualified trainer to turn to made me think. I enrolled in a course for sports trainers and decided that sports medicine would be a rewarding career."

Although Barfield comes to CSU, Fresno, from Richmond, CA, he considers Fresno as his hometown. "I was born here," he says. "I have a lot of relatives here and I've spent every summer I can remember in Fresno. I like it here because everyone is so relaxed. In the Bay Area people are always coming and going. The atmosphere at CSU, Fresno is comfortable and it's a nice place to study."

Q: What does a sports trainer do?

A: Trainers basically look after the athletes on a team. If an athlete gets injured, they are there to assist him. Trainers also do a lot of taping to prevent injuries.

Q: Do most schools provide trainers?

A: When I started working as a trainer at my high school in the East Bay, I was the only trainer in the league and in the whole area. At that time coaches were usually the ones who knew how to tape an ankle or a wrist. But during a

