

INSIDE LEISURE VILLAGE

WRITTEN AND EDITED BY AND FOR LEISURE VILLAGE EXCLUSIVELY

Vol. 19 No. 2

Pleasant Valley, Camarillo, California

April 25, 1997

City Council Candidates To Debate Here On May 22

By Jack Whalen

Three Camarillo City Council candidates, vying for a single seat on the Council, will appear here in the AR on Thursday, May 22 at 7:30 p.m.

Their ages span 60 years and cover three generations. Age alone should make for an interesting evening.

Ned Chatfield, 68, is a former councilman, having served from 1964 to 1974. He's now a retired fireman and has always been close to the political arena.

"I thought I did a very good job on the City Council and would like to do it again," he stated.

Mike Morgan, 49, spent over 16 years on the City Council and left last year to launch an unsuccessful bid for county supervisor.

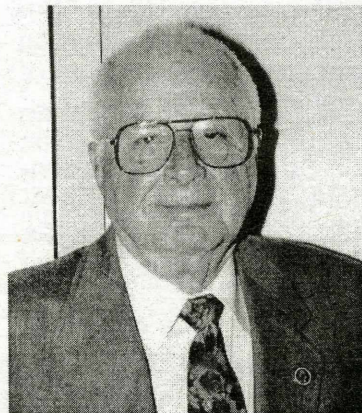
"You name it, I've done it," he said, citing his work on the outdoor pavilion at City Hall, the city Fiesta and other events. "If you're going to be a city councilman, you have to be active in the community."

The third candidate is Chris Valenzano, 18, a senior at Camarillo High School who stated, "I enjoy living here and want to get involved in politics. I hope this will be a stepping stone for me."

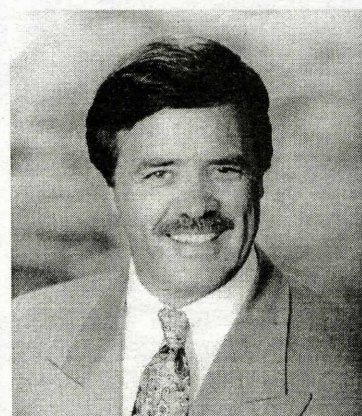
The election is June 3 and the winner will finish the term of Ken Gose, who

died in January. The term runs through November 1998.

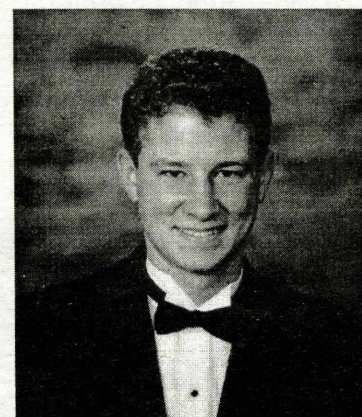
This event is another in the schedule of Current Issues Forum and will be moderated by Lillian Hawthorne.



Ned Chatfield



Mike Morgan



Chris Valenzano

Additional Free Bus Service For Seniors

By Margrate Gowder

In order to supplement services not provided by the city's Dial-a-Ride program, the Camarillo Health Care District is offering senior citizens free rides to medical appointments.

The new Inter-City Medical Ride Program, which began April 1, is for individuals more than 60 years of age who need rides to doctor appointments or hospitals in Ventura County or as far south as Woodland Hills. With door-to-door service, the individual can be helped out of his or her home and helped into the doctor's office.

Camarillo Dial-a-Ride program offers rides to our L.V. residents within the city limits for 50¢ each way.

Mimi Chuntz, Village 25, recently collected 200 signatures to petition the Health Care District to offer the service to out-of-town doctors or hospitals.

This program is funded by a one-time \$6700 grant from the Ventura County Area Agency on Aging and will run through June 30. There is a possibility that the program could receive additional funding to continue past June if the demand for rides is substantial.

Arrangements can be made in advance or within a couple of hours of the appointment by calling 388-2529.

The transportation will be available Monday through Friday from 8 a.m. until 4:30 p.m.

(This information was taken from an article written by Marilyn Krasner in See BUS.....Pg 4

Chorale Offers "Nostalgia" Concert In May



Photo by B. Simons

By Sally Yale

Get ready for "Nostalgia Night" put on by the L.V. Chorale on Friday, May 23 at 7:30 p.m. in the A.R. The program will feature American composers. There will be many songs you may remember from your younger years and have loved since then.

A male octet will be performing a lively trio of civil war songs. There will be several solos by your favorite soloists and many new performers.

We have been very fortunate in having several

new singers with lovely voices joining us this year.

Conducting this season is our own gifted Marcine Jardine and accompanying us will be Dorothy Weiss with her very talented fingers.

Tickets will be on sale for \$3.50 Monday and Friday mornings and Wednesday afternoons in the Lobby or can be purchased from any Chorale member. For more information call Sally at 482-2554. See you at the show!

VILLAGE ALERT:

Public Meeting Tonight Regarding Proposed Basing Of 92 Fighter Aircraft At Point Mugu

By Herman Waltzer

The Navy is giving the public an opportunity to comment on environmental concerns regarding the proposed action. A brief presentation will precede a request for public comment.

Tonight there will be a meeting to hear oral comments. Each speaker will be limited to five minutes. Forms will also be distributed for written comments. The meeting is scheduled as follows:

Date: April 30, 1997

Location: Orchid Profes-

sional Bldg., Bougainvillea Room 816 Camarillo Springs Road, Camarillo Time: 7:00 p.m

Although the Navy is preparing an environmental impact statement (EIS) regarding the effect of assigning 92 F/A-18 E/F Aircraft and 1,550 personnel to Point Mugu, the Navy will still use the EIS in its evaluation of Point Mugu and two other sites. The purpose of the EIS is to furnish adequate information regarding significant environmental impacts to See Village Alert.....pg 17

YOUR NEIGHBORS CARE GROUP

YNCG will conduct a free blood pressure clinic on Monday May 19 from 7:00-8:00 p.m. in the AR.

INSIDE LEISURE VILLAGE

• O P I N I O N •

Let's Be More Specific

There is a petition addressed to the City Council of Camarillo on a table in the lobby of the Recreation Center. It states that the signers oppose development of the land on Santa Rosa Road. Unfortunately the petition is so vaguely worded that it is virtually worthless.

Are the signers in Leisure Village requesting a prohibition against any more construction in the area? Or do they protest that a part of the proposed construction would include low cost housing? Is this the NIMBY (Not in My Back Yard) syndrome? The petition doesn't state. It just says no development on this parcel of land.

The vacant property in Santa Rosa Plaza adjacent to Leisure Village is now zoned for commercial development. Pardee wants to change the zoning to multiple unit housing, two-story apartment buildings, possibly to include low-cost rental units, which is a condition imposed on the city by FEDERAL regulations.

Villagers should think hard about what they want as close neighbors. Some residents are suggesting that Pardee could build a retirement facility there, with a central dining room and possibly assisted living. Does this petition say that? No.

Letters should be sent to Pardee asking for this option. That land WILL be developed. Let Pardee know what YOU want built there. Write now, before the zoning is changed and plans are finalized. Write to:

Pardee Construction Co.
Mission Oaks Administration Office
4880 Santa Rosa Road, Suite 130
Camarillo, Ca. 93012

Regarding The Labor Negotiations

The entire Village has undergone and survived a stressful situation concerning labor negotiations with the landscape workers' union contract.

As of the Board meeting on April 7, a verbal agreement had been reached, but until the terms are in writing and signed by all the parties involved, specific terms will not be known.

It is comforting to know that the main concern of many villagers, that we retain our own landscape gardeners instead of contracting out to a professional company, has been gained. Whether or not there is unanimous approval of the terms or wages agreed upon in the contract, the issue is not debatable by villagers.

It is done, agreed upon, signed by all people directly concerned.

Thank goodness it's over.

ABOUT NEXT MONTH

Coordinator for the next month will be Lois Atz. Please follow guidelines and be as brief as you can. Deadline for the May 30 issue will be Monday, May 12, 1997 at 5:00 p.m. To arrange for a photographer, call coordinator at least 3 days in advance. Do not call photographer.

Letters

ILV has obligated itself to publish letters to the editors that are not profane or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address, and telephone number. Please limit letters to 250 words. We reserve the right to edit and/or condense. Place in ILV box or give to Coordinator of the month, as listed on page 2.

Pyrrhic Victory

On April 7 the Leisure Village Board of Directors congratulated itself on having, after months of negotiations, achieved a great "victory" by coming to a "satisfactory" agreement with our landscape gardeners. It took a legal expert with much double talk and obfuscation to outline for the residents the details of the agreement, but it does not take a mathematical genius to realize that this agreement not only did not grant our gardeners the small raise they had requested, but that it had, in fact, reduced their hourly wage by returning to their wage rate in 1993, by requiring each of them to pay \$32 per month toward their health benefits, and by denying them some of their rainy day paid time off.

I, for one, am saddened, disappointed, angered, and ashamed that this agreement was applauded by some as a "victory" for Leisure Village.

King Pyrrhus, with his large force, defeated the Romans in 280 B.C., beat them again in 279 B.C. but with such heavy casualties that he said, "One more such victory and I am lost." When he was defeated at Beneventum in 275 B.C. and was later killed by a falling roof tile, this came to be known as the "Pyrrhic Victory." I fervently hope that this great Leisure Village victory on April 7, 1997 A.D. does not become a Pyrrhic victory.

Selma Lich, V. 42

Earthquake Awareness Month

As refugees from the Chatsworth earthquake in 1994 we would like to offer some personal information concerning the realities of what is "actually available" from the community facilities and utilities (government, Red Cross, FEMA, police) in a dire disaster. The real answer is "none of the above!"

At least, for a considerable time, it is important to believe and accept that we are on our own. We need water, food, paper products, flashlights, charcoal, medications, all of the things listed in your Village Directory and phone book. Most of all we need to understand we need each other! That means knowing who is next door and being a "good neighbor", a Samaritan, if need be. Sharing what there is to share and comforting where comfort is needed. It is not likely to be life-threatening, but it

can be, depending upon what we are willing to do to make the effort to prepare for and to accept responsibility as individuals and as a community.

Just learning how self-sufficient and resilient and courageous you really are is a revelation in itself.

Be prepared! Just do it!

Nikki and George
Campbell, V.39

Newcomers Group

If anyone is interested in forming or joining an informal "Newcomers' group" for the purpose of making human contacts, or exchanging practical information on getting settled into LV please call Gudi Amerikaner at 388-1678.

Gudi Amerikaner V.17

Your outpouring of friendship, concern and prayers after my recent surgery reconfirms the correctness of our decision to retire to LVA all the way from the cold winters in New York. My recovery is on or ahead of the doctors prognosis. I hope to be back on the job before you see this note and back enjoying the many privileges afforded us lucky people. Rose was not alone during our ordeal. She had the support of our LVA family. Thank you all for taking us into your hearts.

Mannie and Rose
Abbate, V.44

How can I thank you all for the outpouring of food, cards, tributes, and visits during my recent illness.

I'm on the mend and should be completely well soon. Through sickness and health this is truly the best place to live. I love you all,

Ada Rubin, V.37

I wish to thank all my friends and neighbors for their condolences and expression of concern in the passing of my wife, Norma Markowitz.

Paul Markowitz, V.18

Disclaimer: *INSIDE LEISURE VILLAGE* is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's editorial content is also independent of the *CAMARILLO STAR* and the Scripps Howard Newspaper chain.

INSIDE LEISURE VILLAGE

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LETTERS.....from page 2

To my wonderful friends and neighbors, I want to take this time to thank all of you for the many cards and calls wishing me a speedy recovery after my recent illness. I am ever so grateful to you all. God bless you.

Agnes Saltus, V.35

Living in leisure village makes the golden years very special. During my recent surgery, all the good food, cards, and all the good wishes helped me recuperate so much faster. I wish to thank all my wonderful friends for all their good thoughts and prayers. You are all so special and I love you.

Florence Farber, V.39

Thank you friends, neighbors and Leisure Village organizations for your thoughtful cards, donations and phone calls during my

recuperation. Each message was a bright spot in long days of concentrating on getting well. I appreciate every one of them.

Harold Hirsh, V.4

Ed. Note: Unfortunately, Harold died on April 14.

Once again I am overwhelmed by the cards, phone calls, goodies to cheer me up and the general goodness of the people of Leisure Village during my recent surgery and recovery period. Thank you all for caring.

Lindsey Merrill, V.11

Lou joins me in extending our heartfelt thanks for your kind consideration during my surgery. Your kind thoughts were paramount to keeping my spirits up during our very trying time.

I hope to recover fully in the near future when I can play a part in the Rhythmettes again.

Love, Iris Simmonds, V.33

"My Loving Partner Made Her Transition"

I am so deeply appreciative of the thoughtfulness of all our Leisure Village friends, clubs and neighbors who responded to the passing of my dear wife, Lucille Markley, on March 2 by providing us with cards, letters and help that was so generously given. Thank you so very, very much!

Gene, Dick Markley & Family, V.14

It is hard to say goodbye to someone you have loved for almost 58 years and that is what I had to do on March 23, 1997 to my sweetheart, Vincent Giroux.

He was in Pleasant Valley Hospital from January 12, 1997 to March 23, 1997-home only 4 days during that time.

I wish to extend my heartfelt thanks to everyone who knew and loved him.

Special thanks for flowers, cards, food, calls, Mass cards, gifts and donations to City of Hope. It was over-whelming, and my grateful appreciation to my wonderful neighbor Mildred Jackson, who supported me going through this most difficult time.

Vincent will be greatly missed. He was a kind and gentle gentleman.

I am forever grateful and my love to you all.

Alexandria (Alyce) Giroux, V.25

Sons Philip and Timothy and their families

The family of Jack Rogers, Village 20, wishes to thank the residents and employees of Leisure Village for their concern and well wishes upon Jack's passing April 8, 1997. Your tokens of sympathy are highly appreciated.

Kim Winburn, Granddaughter

Memoriam

Harriet Adelman, V.8

Gladys (Gigi) Alexander, V.11

Lucille Chapman, V.15

Rose Dorman
(106 years)
Formerly of V.40

Vincent Giroux, V.25

Bill Huffman, V.42

Dorothy Maitland, V.20

Madeline Pontrelli, V.17

Jack Rogers, V.20

Lorraine Springborn, V.40

Irving Weiss, V.42

Harold A. Hirsh, V.4

Ann Kulka, V.38

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Auto Decaling In May



By Nick Dahl, Chairman Of The Decal Volunteers

Each year our Security Department has the responsibility of removing the old decal from every vehicle in Leisure Village and replacing it with a new one for next year. The decaling operation will be in front of the Recreation Center on the following days and times:

Tuesday, May 20, 9 a.m. to 1 p.m. and 2 to 5 p.m.
Wednesday, May 21, 9 a.m. to 1 p.m. and 2 to 5 p.m.
Thursday, May 22, 11 a.m. to 3 p.m. and 4 to 7 p.m.
Friday, May 23, 9 a.m. to 1 p.m. in the RV Lot

We work until 7 p.m. on Thursday for the benefit of the residents who work until 5 p.m. On Friday, decaling will be located in the RV Lot on Leisure Vil-

lage Drive near the West Gate for all RV's and any cars that were unable to get in line at the Recreation Center.

All drivers must have their registration and driver's license in hand to present to the attendant. Please inform the attendant if you have a plastic windshield. Vehicles belonging to adult children and grandchildren living with residents and non-residents owners do not receive decals. Six volunteers work each shift with 3 shifts each day for 3 days and with 6 to 8 volunteers in the RV Lot. That adds up to a total of 60-62 volunteers, plus a half dozen on-a stand-by list in case of overnight cancellations.

This is my 11th year as Chairman and some of these faithful volunteers

are still with us. We call them runners. They don't actually run but they have to be able to walk. When they have trouble walking, I don't let them retire. I reserve a sit-down job for them at the decal boxes. There are times on day three when we have to call the gates to keep the line busy. To make a reservation later at the East Gate just throws a big load on the staff. You can call me at 484-5394.

American Heart Association

Fighting Heart Disease and Stroke

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BUS.....from Pg 1 the *Camarillo Star* on Thursday, March 27, 1997.)

Additionally, ILV learned from Dial-a-Ride that for trips to Kaiser Woodland Hills the transport will wait there and return the rider home.

Would You Be Ready For A Toxic Spill

By Paul Kelwin

Watch the news media....just about every week a toxic spill occurs someplace in the country. So for LV, "an ounce of prevention is worth a lot more than a pound of cure."

What if there were a hazardous material (HAZMAT) or Toxic spill in this area? Highway 101 and Santa Rosa Road carry many trucks which, legally or illegally, may be carrying toxic materials and have an accident. Depending on the wind direction LV

could be in real danger.

It would be ideal if L.V. can be warned in time for an evacuation, but if there's no time for an evacuation, the only recourse is a "shelter-in place" in your home. For this purpose, Emergency Service Organization has placed written instructions in one of the racks in the Recreation Office. If it can't be found, ask Debbie or Susan for a copy, or call Paul Kelwin at 987-1446. The effects of a toxic spill could all be over in an hour or so, or can last forever!

Message From Plumbing Maintenance Committee

By Vern M. Tyler

Broken pipes and the resulting water damage can be avoided if the pressure in the pipes does not rise over 75 psi. Faulty water pressure valves can allow the pressure to rise to high levels and ultimately cause the pipes to break.

Water "Pressure Relief Valve" assemblies are now for sale at the Administration Office, near the West Gate.

For homes that have copper fittings replacing the Pressure Relief Valve, buy the Valve only for \$5.30 (in-

cluding tax).

All others should purchase the three piece PRV assembly for \$12.97 (including tax).

Either one will be installed by Vern Tyler or a member of the committee, without charge. Call 987-6101.

Open Board Meeting
Monday, May 5
10:00 a.m.

...We've re-opened to serve you...

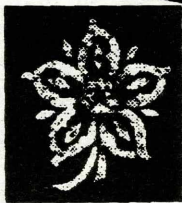
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Big Time Entertainment Proposed For LV

By Chuck Elrick

How many in Leisure Village would, on occasion, enjoy seeing and hearing big-time entertainers such as the Inkspots, the Kingston Trio and Shelley Berman right here in the Village and at reasonable cost?

Addressing just that question has been the recent task of Jerry Banchik who now wants your opinion as to the value of pursuing this goal to the next level.

Many believe that we lag behind other retirement communities in the class and type of artists we have engaged. As in the case of our cable TV service currently being reviewed, the live entertainment offered here may well play a role in the future value of our real estate.

Who can we get and what would it cost? Initial

investigations with several booking agents indicate availability of a fairly large number of well-known artists and groups at prices per ticket of no more than \$10 to \$12, assuming the sale of 450 to 500 tickets per show. The entertainers said to be available include singing groups such as the Limelighters, the Four Freshmen, the Platters and, as mentioned, the Inkspots and the Kingston Trio; comics such as Bill Dana, Harvey Korman, Louis Nye, Pat Harrington and impressionist John Byner; vocalists like Kaye Ballard, Adrienne Barbeau and Glenn Yarbrough; magicians and dancers. Perhaps we might stage from two to four shows each year.

There are peripheral benefits: We pay the \$10 to \$12 rather than \$35 or more at outside theaters. (Tickets

for Tony Bennett on March 1st were \$59 each). We avoid night-time driving, we save gasoline, and we preserve our property values.

The big question: How many LV households believe this proposal to be desirable and attainable? Help answer that question

by completing the accompanying survey form and delivering it to Jerry Banchik, 4117 Village 4, by no later than May 15.

Preliminary Opinion Survey On Big Time Entertainment

- ☐ We favor the hiring of big-time artists to entertain here in the Village if available at no more than \$10.00 to \$12.00 per ticket and without financial risk to the Village.
- ☐ We would probably attend as many as ____ shows per year. (enter 0,1,2,3 or 4).
- ☐ How many Tickets per show? ____
- ☐ We are opposed to the idea.
- ☐ We would consider serving on a committee to promote and stage show of the kind proposed.

Signature

Address

Date

Complete this survey form and mail or deliver it to:
Jerry Banchik, 4117 Village 4.

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Sincerely,

Jane E. Keeler, Former owner in Village 42

Committee News

What's The "White Flag" For?

By Bo Humphrey -
ESO Chairman

The purpose of ESO (Emergency Services Organization) is to be prepared in case of an actual emergency (earthquake, aircraft accident over Leisure Village, toxic spill, etc.) to aid our residents until professional help arrives on the scene or our assistance is no longer required.

In order to prepare and train our committee members, approximately three times each year we have an exercise called a DPX (Disaster Preparedness Exercise). During the exercise, we request all residents to hang a "White Flag" (towel, rag, etc.) on the front of their homes. This indicates to our members that no assistance is needed at this home.

During the exercise, our Village Coordinators not only keep track of the homes not displaying a "white flag" but also locate and report to our ham radio operators any ICONS (signs indicating a fire or first aid required) in their villages. As these reports are received, our Search & Rescue and First Aid groups re-

spond exactly as they would in a real emergency. Our Nutrition team is standing by with emergency rations of food and drinking water, our RV group is standing by for emergency shelter or transportation. All the while, our ham radio operators are prepared to be in contact with City Emergency Services: fire, police, other ham radio operators, and Pt Mugu Fire and Rescue.

The ESO is comprised of over 200 members - Village Coordinators and assistants, telephone helpers for our emergency telephone notification, Search and Rescue, First Aid, Communications, Nutrition and Supply, RV group, Channel 12 and Security & Safety Liaisons, City Registration. ESO also sponsors classes in CPR and First Aid. This year classes have been limited by budget restraints of the Ventura County Fire Dept.

How can you help? Volunteer to help on any of our subcommittees. Be a telephone helper. Be sure to hang out the "White Flag" when you are notified but best of all, use the Buddy System and check on your neighbor and they, in turn will check on you.

The Architectural Committee

By Oleg Lopatin

Are you contemplating house projects that might include adding a water softener or a skylight? If so, both the Architectural Committee and the City of Camarillo may want to "talk" to you before you start that project.

The Architectural Committee (the A.C.) is charged with the duty of maintaining the appearance of Leisure Village through the issuance of permits and subsequent inspection of the completed project. The committee has its own rules and specifications which may or may not coincide with the City's regulations.

To learn if you need both a city and an LVA permit, come to one of the A.C. meetings (every third Wednesday at 9:00 a.m. in the Garden Room) and talk to the friendly and knowledgeable members. They have a list of the most common projects that will explain the requirements for each project.

If the project is to cost

over \$300, however, a licensed contractor will be required on the job.

Check on the contractor. Get more than one reference on projects he has completed, and take a look at them. Talk to the homeowners of his last job or two and get their reaction of how well (or poorly) the contractor did the work.

Some of the pertinent facts to investigate would be: if the contractor used the grade of materials specified in the contract and if he did a workman-like job.

It is important to know if the contractor proceeded from beginning to end in an expeditious way, or if he left in mid-project and did not return for days or weeks, and if the contractor called the project finished when he failed to do the minor finishing work so that the project has an unfinished appearance.

These are the things that will be up to the homeowner to check because the A.C. does not supervise anybody's project in any-

way.

Keep the paperwork from the city and from the A.C. The final inspection report will be kept by LVA so that there will be a file of the history of construction for your address.

For additional information on details and specs there is a folio in the library for reference.

On Politics

The whole aim of practical politics is to keep the populace alarmed (and hence clamorous to be led to safety) by menacing it with an endless series of hobgoblins, all of them imaginary.

H.L. Mencken

I'm proud that I'm a politician. A politician is a man who understands government, and it takes a politician to run a government. A statesman is a politician who's been dead 10 or 15 years.

Harry S. Truman

Politics is not a game. It is earnest business.

Winston Churchill

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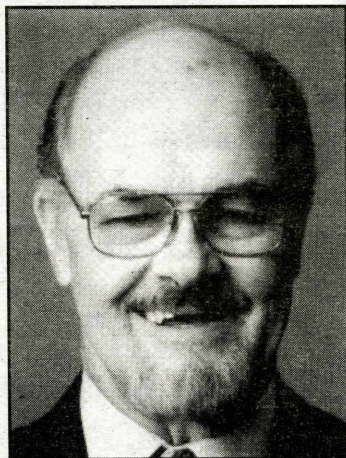
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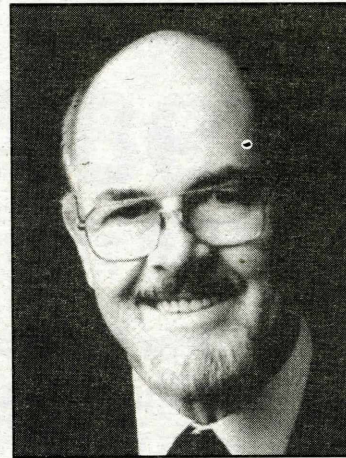
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Profile: Charlotte Olonoff

By Doris Achterkirchen

Charlotte Olonoff of Village 4 is a painter of great talent and sensitivity. She was born in Brooklyn, NY where she studied Commercial Art in High School and, during the war, worked at the Brooklyn Navy Yard. When the war ended she attended NYU majoring in Occupational Therapy. At a party she met her husband, Dan, who was at CCNY. They married after graduation in 1949 and set out in an old car to see California. They were so smitten that they never returned to New York, except to visit.

Dan worked as a CPA and Charlotte was a Special Education Rehabilitation Teacher working with

neurologically handicapped children. She took a ten year maternity leave to raise their two daughters. Jane, an aspiring actress, is very creative, and works for a production company. Roanne is married to David and lives in Petaluma where they do restorative landscaping using natural materials. They have a six-month-old son, Benjamin, who is the apple of Charlotte's eye.

Charlotte has painted since she was twelve years old and works in oils and acrylics. Her "Malibu Triptych" is an especially powerful piece showing an area north of the Malibu Pier.

She is a member of the Buena Ventura Art Asso-

ciation in Ventura whose shows are open to the public. She has exhibited in Los Angeles, Sacramento and Eugene, Oregon. She recently had an exhibit in the East Wing Gallery of the historic Ventura City Hall. Her work includes sea, mountain and floral themes.

Her husband, Dan, is an accomplished sculptor working in wood and stone. The Olonoffs are a welcome and talented asset to Leisure Village.

Charlotte Olonoff
With Her Art



Photo by B. Simmons

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Some Previous Piques Revisited

By Barbara Simons

I think psychologists call it "closure", that is, the coming to a settled mind on troubling issues. It can also be called "the end of the story". I thought I would revisit some of my columns and add any endings that have since occurred.

I have a strong suspicion that not *all* of Leisure Village has read *all* of my columns, so I will include enough of the story to make the endings meaningful, whether or not the original was read.

Remember the article on Assemblyman Brian Setencich called "The End of Brian's Saga?" Brian was the young, former pro-basketball player from the Fresno area who did not agree to vote the way his party demanded, but voted the way his conscience and his constituents wanted instead. Curt Pringle was the Assembly speaker and the Republicans had a precarious majority of one.

To punish Brian the Republicans ran another candidate against him in the Primary and Brian lost. I had asked at the end of that article if politicians were

smart enough not to cut their own majority.

Well, the answer is "No, they are not!" The Republicans are no longer in the majority and the present Assembly speaker is Bustamonte, a Democrat!

In the July issue, the column, "A Parable For Our Village" expressed the hope that the Board would put the proposed colors on display and not make any decisions without homeowners' input.

The end of that story? The Board did *not* seek input from the homeowners but went with the colors recommended by the (one) paint company and the Ad Hoc committee of the Architectural committee. The initial results were an ugly mix-match of tones. Although the (lighter) Hickory Brown did cover in one coat, it neither matched nor contrasted with the stucco of the building. It wasn't even close. It was more a clash of tones from different color families than an improvement. The building looked better with the old color.

Fortunately, many homeowners are avoiding that color problem by put-

ting up truly lovely slump-stone fences (which go with all colors). Hurray for the better taste of the homeowners!

In August, the column turned to the issue of seniors' health, the role of exercise in maintaining health and the value of an exercise room for both health reasons and property values.

There is no end to this story, yet. The PRC can install the required machinery (chosen in consultation with the Pleasant Valley Rehab nurse) for \$20,000 to \$25,000 and although we elected Dick Griswold and Mike Shapiro on the basis of their support for the exercise room (among other things), only Dick Griswold voted to fund it. It lost 2 to 3. Too many people called me to express their approval and support for the idea of an exercise room to allow the issue to die. We'll all remember that on Candidates' night and at the polls. We can insure that those board members who can not fulfill their campaign promises will not be elected, re-elected or will become an isolated

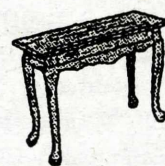
minority of one.

In September I wrote of a prospective renter/buyer who had gone through the Rec Center with a real estate agent, picked up *Inside Leisure Village*, read my column about the exercise room and called me. He called to confirm that Leisure Village, Oceanside, did in fact have an exercise

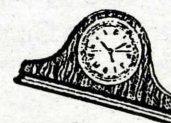
room. The end of that tale? He's renting in Leisure Village, Oceanside. If he decides to buy, it's a pretty sure bet it won't be here.

Moral of the last story? Believe your local real estate agents when they tell you that the lack of an exercise room has strong economic consequences.

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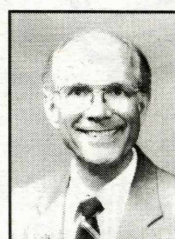
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Reverse Mortgage Can Offer Steady Cash Flow To Seniors

By Jack Whalen

If the increasing cost of living is depleting the "nest egg" saved for retirement, one solution worth considering is the reverse mortgage plan.

Known officially as the "Home Equity Conversion Mortgage" it is available to seniors over 62 years of age who own their home with enough equity in it to make such a loan feasible for the lending institution.

"Sufficient equity" can mean the original mortgage on the house is very low or paid off. It can also mean that there is more value in the house due to the run-up of real estate prices in the 1980's.

The size of the loan made to the senior will be determined by the age of the owner, the interest rate and the home's value. The older the senior, the larger the sum that will be advanced. The top possible amount that can be borrowed is the FHA maximum set for the senior's area. This is in the range of \$81,000 to \$161,000.

Since the owner is borrowing against the "paid-up" part of his loan there are no loan qualifications and the money may be paid out monthly, paid

in a lump sum, or established as a line of credit. There are borrowing costs, but the senior does not have any "up-front" costs. The lending institution will deduct those amounts from the loan.

When the owner sells, moves out or dies, then the lender takes the money out of the property to cover the amount and interest due. Anything remaining after the bank is paid off will go to the senior or to the senior's estate.

Before entering into an arrangement for a reverse mortgage it is legally required that the senior be counseled by their local Housing and Urban Development (HUD) approved non-profit housing counseling agency.

Call HUD toll-free at 1-888-466-3487 to find the nearest agency and to learn if this type of financial arrangement will suit your needs.

A senior should never have to pay for such services. There are scam artists who go under the title of "estate planners" and who have been charging large sums (out of the loan) for this free information and counseling.

It is as true as ever that

Mrs. Witherspoon of L.V.

By Oleg Lopatin



the buyer must beware. Check it out, get counseling, and talk to your family, and, if you have one, your accountant and your lawyer.

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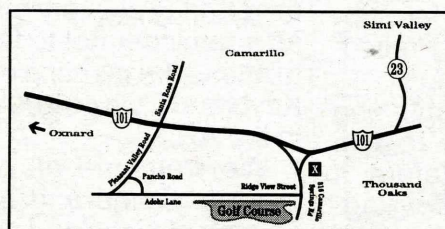
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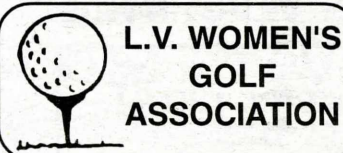


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L.V. WOMEN'S GOLF ASSOCIATION

By Jane Warneke

The Women's Golf Association Regulation Golf had a partner's best ball tournament at Buena Ventura on March 20, and had the following results: Flight A had in first place Donna Duke and Irene Cunningham with a score of 60, with second place June Rose and Frances Mead scoring 64. Flight B consisted of first place Teruko Nishizaka and Ellen Moore, score 60; second place Martha Nunn and Maria Meyers with a score of 65, and Freddie Mason and Evelyn Lacy were third with score of 67. C Flight first place went to Charlotte Christensen and Helen McGinnis with a score of 58, and second place went to Joan Johnson and Denka Nelson who scored 59.

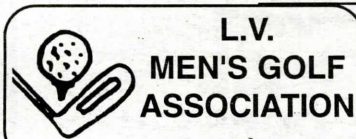
Those attending the 19th Hole Party were thrilled with the magnificent film presented by Bob and Elaine Vanderhaven. Sincere thanks to them.

Tournament winners were as follows: Flight A low gross with 59 was Donna Duke, first low net was June Rose with 53,

and Fran Mead and Iolene Beach tied for second. B Flight low gross won by Lois Kissinger with a score of 71, first low net Marge Rice with 51, and a tie for second for Denka Nelson and Nettie Baum who scored 55. In C Flight there was a tie for low gross of 77 for Verna Coombs and Edna McCormick, and a tie for first low net at 55 for Marge Bracher and Shirley Baker. For the Niners Dorothy Prieger was low gross at 26, and Louise Houser and Shirley Goldstein tied at 22 in Flight A. Roz Golin won low gross at 34, with low net first place to Millie Worth with a score of 24, followed by Mary Kovach, Mary Whalen, and Ginny Dunnion who all scored 25.

For the month of March the low nets for the Niners were Roz Golin, Shirley Goldstein, Louise Houser and Dorothy Praeger, all of whom scored 22 on the back. For the 18ers, Lois Kissinger had 71-21=50.

At the meeting on April 9, officers were elected for 1997-1998 as follows: Pres. Ginny Mettler, 1st V.P. Mary Giesler, 2nd V.P. Rose Abbate, 3rd V.P. Eileen King, Secy. June Rose, Treas. Marianne Senko, and Corres. Secy. Marty Gregory. Thanks to them all.



L.V. MEN'S GOLF ASSOCIATION

By Dick Hof

The second annual Reunion Meeting lunch of the L.V. Men's Club was held on February 11 and was as successful and fun-filled as the first.

Many thanks to the organizers and volunteers. The group hopes to continue this event each year.

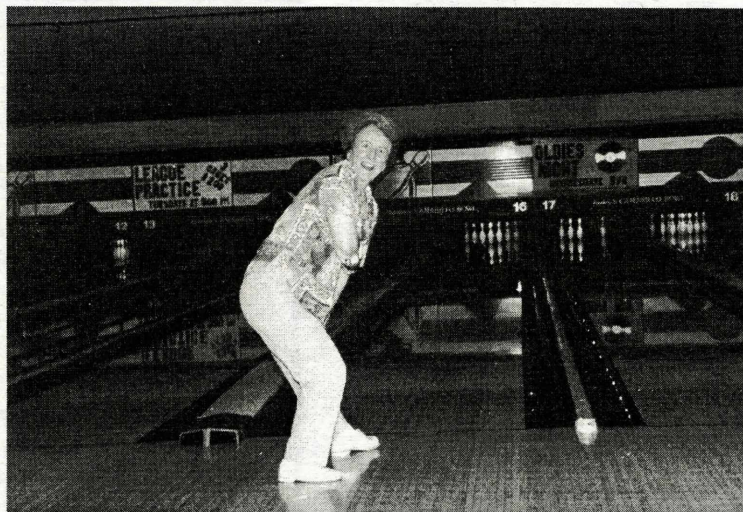
The annual Installation and Awards luncheon will be in the AR on June 18. Watch the bulletin board for details. The Board has re-established issuing awards for major tournaments at this annual lun-

cheon instead of doing so after each tournament.

Regulation golf results at Camarillo Springs on March 27: Syl Horwald was again in the low gross spot with 85 in A Flight, followed by John Rice in first low net at 65. Roy Zhe was low gross in B Flight with a 102, Paul Lindsey shot a net 70 to take first low net. In C Flight, Joe Sheridan, back from an injury, captured low gross with his 94. LVMGA President Bruce Calkins came in at net 72 for first low net.

Members now number 197. 1997-98 dues should be paid by May 31 in order to be listed in the new directory. Checks for \$8.00 may be left in the box by the bulletin board.

Reporter Enjoys Bowling



BOWLING

By Vee Flowers

It doesn't seem possible that another year of bowling is coming to an end but there is always a positive side. Time can still be spent on the lanes through the summer months preparing for the starting of the league in early August or September.

The tournament for all league bowlers which was divided into five categories according to averages was won by the following: In group one with averages

from 150 to 181, Jerry Knopf was the winner. Group two, 126 to 148, was Jerry Schneider. Group three, 121 to 145, Carol Van Horn. Group four, Sherman Garry, and in Group five, Mary Whalen. They will receive their awards at the luncheon to be held at the Peking Inn, a week after the league ends. Congratulations to all!

Bowlers new to the Village are welcome to join the league in the fall. It usually begins the first Friday after Labor Day and will be announced at the general meeting in August.

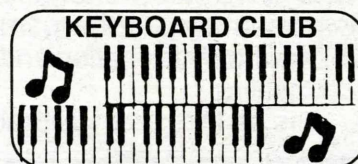


Hearing Impaired SUPPORT GROUP

By Gabriel Barkley

On Wednesday, May 28 at 1:00 p.m. in the M.P.R. the Hearing Impaired Support Group will have a very informative meeting for the benefit of all L.V. residents. The guest speaker will be Gloria Forges, a Registered Nurse and a member of The Cancer Center of Ventura County. Her subject will be "Cancer Prevention and Its Detection."

Cancer is a frightening word that lurks in the minds of all. Therefore, it is important for all villagers to attend this meeting on May 28, to learn something which could be a life saver. As always, everyone will be welcome.



KEYBOARD CLUB

By Joyce Turner

Members and friends who have seen the California Swing Kids and Jazz Band perform in the past always look forward to enjoying their "professional" entertainment again. Their concert on April 25 is sure to be a sell-out.

Music lovers, be sure to circle your calendar on the third Friday of every month as a reminder not to forget to attend the meeting of the Keyboard Club at 1:30 p.m. in the AR.

We welcome all newcomers. Come and enjoy an hour of piano and organ music.

View Channel 12 for any details or changes in our program.



COMPUTER CLUB

By Hilda Serr

The Computer Club has a vision: before the next century, a computer lab for Leisure Village. Marianne Senko, Nancy Willett, Eddie Saeta and Dick Travis visited Leisure World's computer lab! The Mac users had their own space beside the IBM users. Leisure World offers free class time and much, much more. So will we - soon.

Seven have signed up for the "Idiot" training program.

Neil Iven conducted a question/answer session. There was quite a discussion regarding Turbo Tax and Tax Cut, two current topics.

Dick Travis talked about playing backgammon with a fellow in Italy via the Internet.

Bill Klee was welcomed as a new member.

Next month, come to meet Gene Barlow, Director of User Group Relations for PowerQuest. He recently retired as Manager of IBM User Group Support Program in Florida. He will offer a better understanding of the hard drive and how to tune it for the best performance. Gene is informative and entertaining. The date is May 2. Watch Channel 12 for more news.



GEM AND MINERAL CLUB

By Don Holmes

Dana Street presided over the March meeting of the Gem and Mineral Club, and commended Lois Bear for conducting the February meeting in his absence.

The Club is planning to have a show display case at the County Fair in the fall. In connection with this, several members brought their "pet" rocks. Mine, of course, is a Garnette!



THE LEISURE VILLAGE WOMEN'S CLUB

By Felice Perkins

At the well attended Women's Club meeting on April 3, President Genevieve Leventhal complimented the By-Laws Committee for their long hours and diligent work on the revision and updating of the Club's By-Laws. The first reading of the revision was read by Parliamentarian Betty Moore. The second reading and a vote on the revision will take place at the May meeting.

Entertainment for the afternoon was provided by Jacques Foti who sang in several languages and played the piano. His presentation was interspersed

with stories and anecdotes that made the afternoon entertainment quite enjoyable.

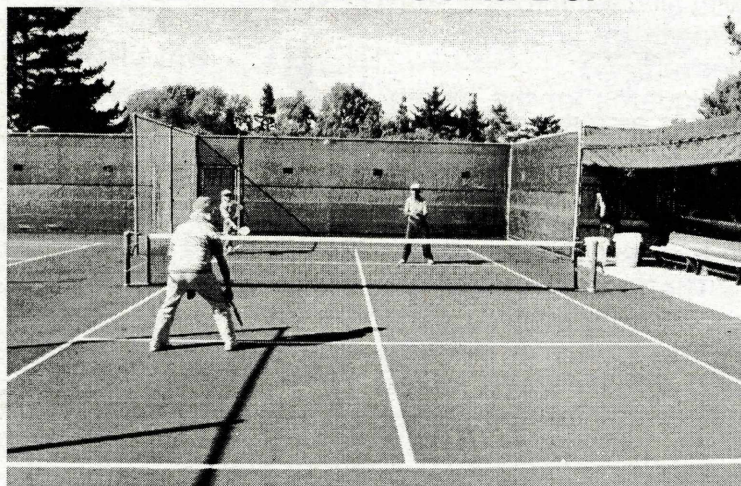
On May 1, at 1:30 p.m. in the AR, the Women's Club will present singer-guitarist-songwriter Joey Aaron. A well-seasoned professional, Joey's presentation is imbued with a good sense of humor. His rapport with the audience should make for a pleasurable afternoon.

This year's dues are due now. Marion Sanders will be available to renew memberships and/or sign up new members.

Newcomers to the Village are welcome. Pat Stanfield, Hospitality Chair, and her group will help you find a seat.

Refreshments will be served.

LV To Meet Corta Del



L.V. RACQUET CLUB

By Ida Kubica

This is the countdown for the big 13th Annual L.V. Racquet Club Costa del Sol competition on May 16-17. The dinner dance will follow on May 17, 6 p.m. in the MPR. The menu consists of a choice of Chicken Marsala or Poached Salmon. There will be red and white wine on the tables plus set-ups on the side for your BYOB. Len Koenig asks that you come dressed in nice casuals so you can enjoy the fun he has planned for the evening. All you singles, no more excuses for not attending. Tickets \$20.00, call Rosalie, 987-1921 or Wanda, 484-8716.

Phil Belsky has secured a key for the Annex to use when it is locked for table tennis. The key is hung in the Racquet Club store room near the tennis courts. Please return it there after use. The door by the golf putting green is usually opened at 8 a.m. With the hot summer coming up, playing in the Annex offers a cool relief.

Bob Denny was welcomed at the March meet-

ing as the Mystery Guest. He revealed his career choice, after his army discharge, as an entrepreneur of recycled tin cans. He found a market for them with nurseries as plant starters. He equipped his plant in El Monte with an elaborate system for dipping and drying the cans. One day the paint vat went up in flames. Bob and his workers saved the day when they slammed a cover over the vat and stopped the fire immediately. Bob had a slogan for his company, "If my cans can't, whose cans can?" The advent of plastics put Bob out of business. Time to retire, so Bob and his wife Goldie, moved to L.V. in 1982.

The next meeting date is May 14 at 7:30 p.m. in the MPR. It will be to plan the next event, a Luau on August 2. Jerry Banchik will be organizing the affair and looking for volunteers. There is talk about a November 1 dinner dance. Pencil it in and come to the meetings. We need your input. Got any better ideas? Let's hear about them now!

The LVRC quote of the month: Life is like an elevator, lots of ups and downs, and there is always someone pushing your buttons.

cards and yarn to be turned into the attractive bookmarks you find in the Library. Louise is now well supplied, except for Hanukkah, for this year. If you have any leftovers, she can use them. Thank you, again.



PLAYERS GUILD

By Irv Goodnick

How many are really aware of the effort and high dedication it takes for Players Guild members to stage a play or musical? The latest presentation, "Aspirin and Elephants", with just a small cast of six, started rehearsals on January 20 and ended with the last performance on April 13. That's 41 days of rehearsal with an average of four hours each day!

Set construction took a month. Publicity displays took days of research and production. Program design took much time and effort. Volunteers sold tickets for six weeks. So it is rather disappointing that some villagers do not attend these very fine productions. Pass the word that they are missing an evening of great entertainment. The Guild is anticipating much larger audiences for its next major production.

The March meeting was followed by the appearance of that great group, "The Forever Young Singers". This animated ensemble sang well-loved old favorites. The members of the Guild look forward to having them sing again with a whole new repertoire.

Don't miss the surprise workshop presentation on May 22.

VILLAGE PAINTERS

By Renny Golditch

The Village Painters will meet on their regular first Wednesday, May 7, at 1:00 p.m. in the MPR. The meeting will have an art demo by Marion Jayne. Visitors are welcome.

Last month's friendly critique of members, work by Marion Jayne was helpful, educational and highly motivating.

The library continues to display the work of Sylvia Wachter and Mike Mancussi through May.



AMATEUR RADIO CLUB

By Paul Kelwin

On Tuesday, April 1 at 7:00 p.m. the Leisure Village Amateur radio operators cooperated in a County-wide radio net to be used in the event of a disaster requiring emergency radio communication. There were 14 LV "HAMS" on duty at the LV Emergency Communications Center (near the picnic area), cooperating with the

Camarillo Police Dept., Pleasant Valley Hospital and the Ventura County Operations at Government Center. There were dozens of other Ventura County "HAMS" on duty in their respective areas.

All LV residents are invited to join the club. Meetings are on the first Tuesday of the month at 10:00 a.m. in the Sun Room with always interesting speakers. On the third Saturday of the month the group meets 8:30 a.m. at Kelly's in the Santa Rosa Plaza.

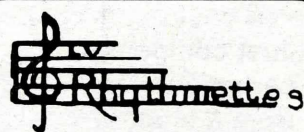


LV ROUND DANCE

By Georgia Schneider

The LV Round Dance Club has expanded their program with Bill Burrier now coming twice a month, on the first and third Sundays. The first Sundays will continue with a practice of dances learned. The third Sunday will feature the new Round Dance of the month. The intermediate Sundays will be review time for all.

The weekly sessions are in the AR from 10:00 a.m. to noon. Do join us.

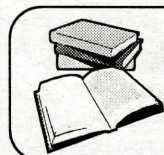


By Jeanette Ventura

The Rhythmette Club members are making music, accompanied by Lily Baker at the piano. Director Piff De Simone is always ready with the down beat for our group.

There is still room for new members on Tuesdays 1-2:30 p.m. in the AR. Bring a kazoo or any other instrument and join us.

We will be planning a Luncheon in May and Dinner plans for June.



Library

By Eileen Cohen

A happy "Thank you" from Louise Waln to all who generously gave greeting



VILLAGE SWINGERS SQUARE DANCE CLUB

By George Nolte

The Swingers Square Dance Club started off the month with a partner exchange.

The executive board meeting was cancelled. The general membership meeting followed an evening of dancing, on the second meeting of the month. Saint Patrick's Day was recognized, by the "Wearing of the Green."

The month ended with a catered dinner prepared and served by our First Vice Presidents, Minna and Hal Hudson. Corned beef

and cabbage was served with all the trimmings, with strawberry shortcake for dessert.

Squares for the month were called by our professional caller, Bill Kramer and the rounds were danced to tapes provided and played by Norm Fuller.

The Swingers meet every Tuesday evening, from 7:00 to 10:00 p.m. Rounds and squares are alternately danced, with variations provided by Bill Kramer.



SPIRITUAL GROWTH GROUP

By Dorothy Holcomb

The Spiritual Growth Group meets each Tuesday at 9:30 a.m. during the month of May at the home of Margaret McDonald, 28136 Village 28.

A luncheon is being arranged for June as a fellowship time. Meetings will resume in September.

For information call Dorothy Holcomb at 482-5293.



SATURDAY NIGHT BALLROOM DANCE

By Anne Janoff

On April 26, the Saturday Night Ballroom Dance was hosted by Wanda Saari and George Dennis, and was again a pleasurable evening of popular music for all Village ballroom dance enthusiasts.

The next regular Ballroom Dance nights are scheduled for May 10 and May 24. The cost is fifty cents per person, and is held at 8:00 to 11:00 p.m. in the AR. There will be the usual refreshments, BYOB and enjoy the sociability with fellow villagers. All residents are welcome, old-timers and new-comers, as well as visiting guests. With Spring-time here, its time to don dancing shoes and swing back into the habit of attending the Saturday Night Ballroom dances.

Watch Ch. 12 for Saturday Night Ballroom Dance messages.



DANCE FEVER NIGHT

By Joyce Turner

Many villagers and friends enjoyed "That's Dancin'" which was performed by The Gold Coast Ballet under the guidance of Linda Allen, Director. We look forward to inviting them to perform again for us.

The Rhythm Kings Trio always bring a sell-out

crowd for dancing.

At the last dance many villagers remarked that the record selections made by the committee had been improved. We were very glad to hear that.

Any change or reminder of Dance Fever Night activities will be seen on Channel 12.

Come join us for fun and dancing the first and third Saturdays of each month at 7:30 p.m. in the AR. BYOB. Refreshments served.

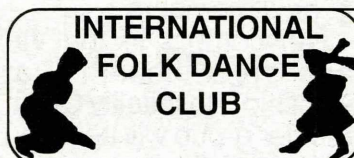
DANCE WORKSHOP

By Ann Kushner

LV Dance Workshop meets every Tuesday in the AR at 3:00 p.m. for country line dancing. New dances are taught and old ones reviewed. Come and join the group for fun and exercise.

Birthdays were celebrated on April 8. A good time was had by all who attended.

A generous donation was given to Leisure Village Gazebo Garden. Dance workshop instructors are Rhoda Smithkin and Tom Endo.



INTERNATIONAL FOLK DANCE CLUB

By Marilyn Goodman

We dance to the tune of many countries. If you have not had any previous experience with folk dancing and would like to try something new, the beginners' class meets on Monday at 1:30

p.m. to 3:00 p.m. in the AR. Mae Sheff instructs. More advanced dancers meet Wednesday and Friday mornings at 9:00 to 10:30 a.m. in the AR with Virginia Calihan, instructing.

The next general meeting of the club will be Monday, June 2, at 2:30 p.m. in the AR.

If you enjoy dancing, visit us, we will welcome you.

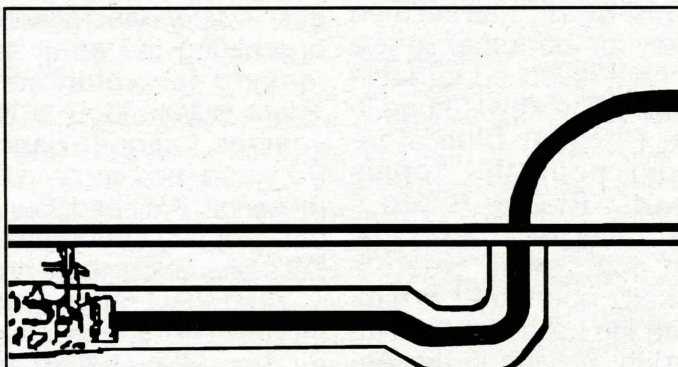
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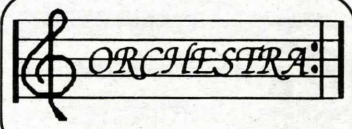
By Shirley S. Heller

The Happy Hoofers enjoyed the Players Guild production of Aspirins and Elephants. It was a great comedy. Several Hoofers were in the cast and a good time was had by all.

We will be going back to our regular schedule and adding some new tap dance numbers.

We enjoyed a luncheon on Thursday, April 17 at the Sizzler in Camarillo.

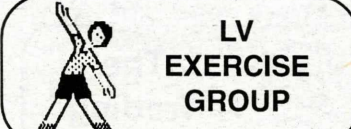
If you are interested in becoming a Hooper or friend call Helen Gold at 987-2494.



By Don Holmes

The Leisure Village Orchestra recently lost its principal violinist, Seth Cary. Venerable age and cancer claimed him. He was from outside the Village, and one of the founding members in the days when the orchestra played on Arthur Kates's porch.

Residents, new and old, are invited to play with the orchestra on Thursday evenings, from 7:00 to 8:30 p.m. in the Village Room. A call to Don, at 482-4979, would be appreciated.



LV EXERCISE GROUP

By Lillian Mankoff

Over 40 members of the Leisure Village Exercise Group enjoyed an exciting day at the Santa Anita Racetrack on April 17. This yearly event is always a crowd pleaser.

The nominating committee, headed by Phil Gevinson, is hard at work selecting members to run for office. Elections are held in June for the year beginning July 1, 1997. Dues for the new year (\$3.00 per member) will be collected in May and June. All paid-up members will enjoy a complimentary bagel breakfast on June 13 at the Pool Pavilion area immediately following the morning exercise program.

Plans are under way for the annual picnic to be held at the end of June. This event has always been the highlight of the year's activities. More information will be available soon.

The group is delighted to see so many new faces at the exercise program meeting Monday through Friday from 8:30 to 9:00 a.m. at the Pool Pavilion. All Village residents are welcome to join.



R.V. CLUB

By Kay Murray

At the March R.V. Club meeting, first V.P. Lee Truman revealed that the president of California State University Channel Islands, Dr. J. Handel Evans would speak, on April 18, about "A Vision for the New University."

Also at the March meeting, Marshall Allred related some of his experiences traveling by R.V. in Mexico. He provided some good advice for people who might be planning such a trip.

Wagon Masters Jean

and Art Thompson outlined the extensive offerings for their Monterey campout in April. Ten rigs signed up for that trip.

Pat and Warren Stanfield distributed reservation forms for the May 13-15 campout to be held at Steckel Park. For reservation applications or information, call Pat or Warren at 484-9436.

Sergeant Dan Place of the California Highway and Safety Department will be the speaker at the May 20 R.V. Club meeting. He will update listeners on new laws relating to driving, rules of the road, common sense driving and avoiding the clutches of the law. This meeting will be open to all villagers interested in driving safely.

LOOKING AT CHANNEL 12



By Jack Whalen

The Swing Club has now disbanded and has turned over to Channel 12 the magnificent sum of \$800. The people at Channel 12 thank them very much and will use it to up-grade some of the equipment.

There are opportunities for villagers who would like to be on television to appear on Pauline Davis's well-received monthly program "What Was My Line?" Can you stump the experts

with your former vocation? On Larry Sawyer's program "Shared Experience," Larry wishes to interview villagers who have had rewarding careers and are currently working as volunteers in the village.

Lillian Hawthorne's book review will be shown the second Monday of the month at 5:00 p.m. and will feature "The Last Don" by Mario Puzo.

Be sure to see our extraordinary movie story-teller Lee Edwards, who will be reviewing several movies on the third Monday of the month at 5:00 p.m.

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- Chicken Breast

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EXP. 5/31/97

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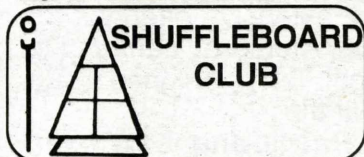
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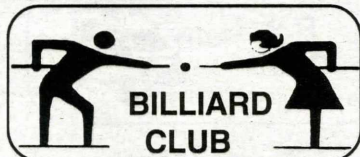
By Virginia Shine

The Shuffleboard Club held its regular meeting on April 1, 1997 at 7:30 p.m. in the MPR.

Plans were finalized for our lasagna dinner to be held on May 6, 1997 at 6:00 p.m. in the MPR. The dinner will be catered by DJ's California Catering and will consist of lasagna, salad, garlic bread and dessert. Tickets are \$7 for members and \$8 for non-members and may be obtained from any member of the calling committee: Rhea Williams, Janet Dempsey, Velma Hughes, Lucy Fiore or Eleanor Kramer.

The Shuffleboard Club meets the first Tuesday of each month at 7:30 p.m. in the MPR.

Now that spring is here come on out and enjoy playing shuffleboard. Regularly scheduled play is Monday at 9:45 a.m. and Tuesday at 9:30 a.m.



By Sid and Phyl Yablun

A wonderful evening was thoroughly enjoyed by the members of the Billiard Club. It was great to see so many members attending. Ernie Ohmstedt, president, helps make the meetings so enjoyable.

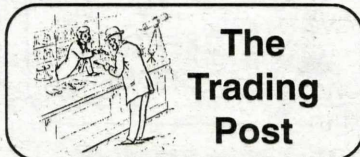
After a few reports, the president turned the meeting over to member, Sid Necowitz, who gave all a very enlightening lecture on how to take care of cue sticks and the billiard room.

"Happy Birthday" was sung to all members who had birthdays during March.

SPECIAL REPORT: Member Manny Abbate underwent by-pass surgery in early April. All members wished him a very speedy recovery.

The meeting was adjourned and refreshments were served.

There were lots of surprises, camaraderie and goodies at the meeting.

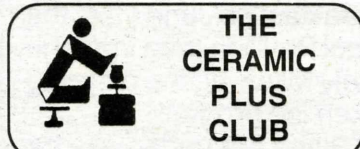


By Irene Cunningham

The L. V. Trading Post experienced another well attended, money-making sale on Thursday April 3. Proceeds totaled over \$700.00. Business was brisk at the linen table. The Club appreciates the involvement by so many villagers for both their donations and purchases.

The Trading Post will not have a sale in May. The next sale will be an outdoor event on Saturday June 14, in the Pavilion area.

For pickup of saleable, working items, please call Irene at 987-2627.

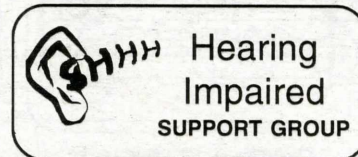


By Don Holmes

The Ceramic Plus Club is planning to visit the Ventura Ceramic Shops and Studio. The sign-up sheet will be on the bulletin board in the Ceramic Shop, with car-pool arrangements.

The various classes within the Club are going strong, particularly the paper-mache class on Thursday afternoons, the origami on Friday afternoons, and the continuing workshop on Monday.

Visitors are welcome to the meetings on the third Thursday at 10:30 a.m. in the Ceramic shop.



By Gabriel Barkley

During the past year probably a number of residents moved into Leisure Village who are hearing impaired. It is important that they know that the Leisure Village Assembly Room (in the Recreation Center Building) is equipped with an infra-red sound system. A person using this system will hear all the sound coming through the stage microphones. The result is positively amazing. Often the quality of sound

is better than that of a person with normal hearing.

At all plays put on by the Player's Guild, at most concerts sponsored by the Keyboard Club, and at certain special events occurring in the Assembly Room, twenty of these special receivers are available for loan. An attendant sitting near the entrance to the Assembly Room will ask for an unexpired driver's license, Master card, Visa card, Bankamerica card or Discover card as security. Upon return of the headset the attendant will return your card. There is no charge for this service.

Candidates For June Election To Be Announced
At Next Board Meeting
May 5, 1997 At 10:00 a.m.
In The A. R.



By Mildred Cherin

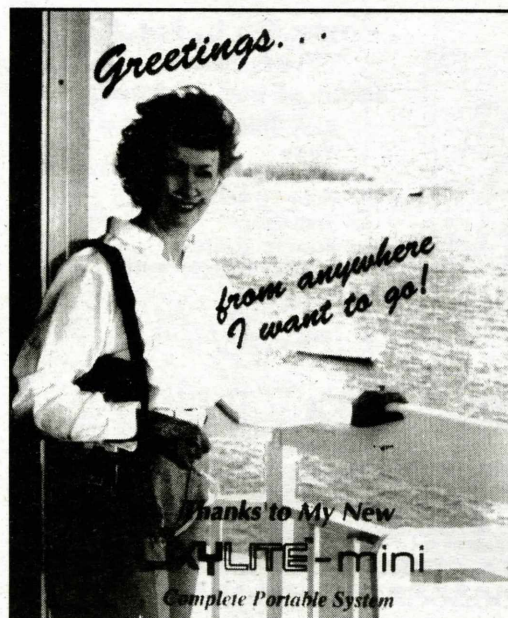
The "Meet Your Neighbor" group will meet April 25. The scheduled speaker will be General Manager, Jim Gembala, who has recovered from his knee surgery.

At February's meeting,

Elaine Jaffe spoke on the workings of Senior to Senior Counseling. The counselors help individuals with problems of depression, loneliness, family and suggest resources.

People needing help can call (805) 659-7189 for information.

Next month's meeting will be the fourth Friday, May 23 in the G. Rm.



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Once Upon A Memory: Exploring A California Cave

By Betty Murray

As an investment, my sister Doris and her husband Phil purchased some acreage on a creek that flows into Lake Millerton. It was undeveloped, had no electricity, and required a pioneering sense to appreciate its possibilities. They lived in their camper during their visits; Phil built a one-room plywood shack, and a wooden "john" until he could get a water supply developed from a well.

My husband Kay and I went up to see them on a summer weekend when both Doris and Phil and their 17 or 18 year old son Mark were there.

Bordering the property was Finegold Creek, barely flowing in summer time. The creek, starting in the western Sierras was close to the area of the 1849 gold strikes in California. Roughly a mile above the property, the creek disappeared underground, only to re-emerge near Doris and Phil's "ranch." It appeared as a small pond extending from a large slanted rocky overhang. The area looked, upon analysis, as if huge boulders, some as large as houses, had rolled into the canyon where the creek flowed. The rubble was not a solid mass, so the water had worked its way down the floor of the canyon perhaps 50' to 100' under the level of the rock fill roof.

The loose nature of the spill left caves, dark rooms completely devoid of light, spooky passageways through water, slippery climbs from one section of the caves to the next—a completely eerie place. The largest rooms echoed beautifully, or frighteningly, depending upon one's mental attitude.

In ponds deep within the cave lived white, blind fish, which attested to the antiquity of the place. After rain storms when a great deal of water flowed down the

creek, the depth of the ponds and size of passageways changed by the water moving sand about through the openings.

Mark was eager to show off the cave and offered to take Kay, his mother Doris, and me on an expedition. Phil chose not to go — he had work to do.

We were only moderately prepared, wearing tennis shoes, clothing which could get wet; the two men had flashlights—one may have been water resistant. We had no ropes, no means of communication to the outside, no map, just the confidence of a teen age boy that he could lead us.

We entered the cave at the "upper keyhole," one of two main entrances, perhaps a quarter of a mile above the pond where the water appeared under the sloping rocky ledge. The air outside was hot, probably 90 degrees, but as soon as we entered the first dusky area, we were immediately comforted by the difference in temperature.

We followed Mark down a passageway, climbing over rocks until we reached a cool pond. We headed upstream. Sometimes we could wade to proceed, other times we had to get completely wet and swim. Most of the time we were in complete darkness except for the flashlights.

In one dark, creepy pool, Mark flipped aside a dead thing—laughingly calling it a rat, or a bat, or a bird. I decided not to look — besides I wasn't carrying a flashlight. The water was very cold, and after a few minutes our body temperature had dropped dramatically. I was having a wondrous time, but as we proceeded ever deeper into the cave, both Kay and Doris began to feel claustrophobic and announced firmly that they wanted to quit. Mark encouraged them to continue, but their complaints grew

ever more insistent.

We had been inside the cave for more than an hour. It would take about that long to work our way back to the entrance, and there were two shivering people who wanted out right then! Mark was sympathetic, and spied a large shaft where we could see daylight perhaps 50 feet above us. We decided to use that exit, so we scrambled over the rocks toward that comforting light. Some of the "steps" were too long for Doris and me, so Mark and Kay had to combine their strength and long arms and legs to help us climb.

When we emerged into the hot, hot sunshine on the north side of the creek (having entered on the south side) the relief that the two sufferers felt made the shortening of the adventure seem sensible. We had been away nearly three hours, and as we neared the "camp" we realized that Phil was frantic because we had been gone so long. He was already planning rescue proceedings!

Later episode:

At the time of Kay's and my trip to the cave, no one had found the opening where the water came outside. About a year or so after our adventure, our son Douglas, fresh home from Vietnam, his cousin Mark (same young man) plus a neighbor Jack Calkins, and his thirteen year old twin daughters entered the cave with the aim of finding the lower opening. This time they were outfitted with underwater flashlights and rope.

Entering the lower grotto, they worked their way along until they felt they were close to the exit. There were several passageways like a maze — some were blocked after a few yards, some too small to squeeze through. After they located a deep pool of water near a possible opening, Douglas decided to swim underwater to see what he could find. He tied

a rope around one leg so he could be hauled backward if necessary, and taking a flashlight he dived and swam through the murky and winding passageway which had been excavated by the water, and found the way to the outside. He swam back to his companions, and one or two at a time he led them from the cave. I was glad I didn't

know what those kids were up to until long afterwards!

We have wondered if the present owners ever considered opening the caves to the public, or if there was any more prospecting deep under those rocks to see if the name "Finegold" had a prophetic meaning. And I wonder about those white fish.

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Building & Grounds Committee: Trimming

By Georgia Schneider

Many fruit trees, especially the citrus are in dire need of trimming. For a tree to bear fruit, it is imperative that the sucker-like branches that stick out above the crown of the tree itself be removed. Pruning will stimulate growth of buds and one can plan trimming locations of buds on the tree to make the fruit easier to harvest.

Two kinds of cuts are usually used. Heading cuts are the ones where the length of the branch is reduced by cutting back to a bud. Thinning cuts are made with the removal of an entire branch. It is best to thin where branches cross or rub.

Removal of fallen fruit is necessary to prevent diseases as well as vermin in the garden.

Any horticulture growth above the house roofline will encourage termites, so consider trimmed down vines, trees, tall shrubs, etc.

Let us keep the Village gardens and patios a delight for all to enjoy!



SOLO CLUB

By June Few

The Solo Club will have its first daylight saving time dinner on May 8 at Ottavio's, 1620 E. Ventura Bl. at 5:00 p.m.

Choose from a special pasta dinner menu plus salad, beverage, spumoni ice cream, tax and tip for \$10.50. Phone Jeannie Raynor, 987-7193, for reservations before May 6. All single residents welcome.

The next bag lunch/business meeting will be on May 16 at 12:30 p.m. in the GR.

L.V. Amateur Radio Club Provides Radio Communications

By Paul Kelwin

LV Amateur Radio Club is prepared to put LV residents in radio communication with family or friends anywhere in the country or world. This in the event all phone or other means of communication are "down".

The LV Amateur Radio Club has a full page of instructions that will be helpful. Call Paul Kelwin for a copy at 987-1446.

Wherever there is a disaster anyplace in the world and the usual means of communications is out or down, it is usually an amateur radio operator who is heard from first.

But villagers must have family or friends locate a "HAM" living near them to be able to receive the messages transmitted by LV ARC from the ECC (Emergency Communications Center) near the picnic area.

The ARC has an auxiliary generator and solar panels to store power in batteries and will be able to keep in communication with the outside world in the event of a disaster.



INDOOR OUTDOOR GARDEN CLUB

By Georgia Schneider

The April Floral Arts Show was a delight for all of the participants under the guiding hand of Lida Geddes. The guests enjoyed beautiful flower displays as well as good treats to eat.

The May 8 Garden Club meeting will feature Roses, Roses, Roses! The rose is the favorite of everyone. Do come to join us in the MPR at 9:30 a.m. to hear more information on the Rose.

Guidelines For Contributors To Inside Leisure Village

To: All Club Publicists And Reporters For ILV From: ILV Editors

1. Paper Size: 8 1/2" X 11"

2. Author's Name And Telephone: Upper left hand corner.

3. Align Your Byline With The Title/Club name as: Mushroom Lovers' Club By Chef Boyardi

4. Double space everything.

5. Begin all paragraphs by indenting.

6. Use plain type, plain language.

7. Do NOT use all capital letters.

8. Do not use personal pronouns. It is not "Our club". It is The Mushroom Lovers Club. This also applies to "I, you, your, my, etc."

9. Place the important facts in the first paragraph. As: Who, What, When, Where, Why and How ("How" is optional, depending on the subject).

10. Do not use slang words in your writing.

11. Not All abbreviations are accepted. Use these guidelines:

A) All months and days are to be fully spelled out and capitalized, as: Tuesday, September 3.

B) The first 10 ordinal numbers are to be spelled out as: first, second, third etc. NOT 1st, 2nd, 3rd, etc.

C) For time of day show the minutes as well the hour, as: 10:00, 10:15 a.m. or p.m. Include periods, all in lower case.

D) All titles that come before the name are to be capitalized, but may be abbreviated, as: Pres. John Doe OR John Doe, pres. (in lower case) if title is given after the name. Please use Chair or chairperson. "Chair" is preferred.

13. Abbreviations that may be used:

Room names in the Rec. Center: AR, Cer Rm, GR, Lanai, Lap Rm, MPR, Sun Rm, Vil Rm, V.32, (NOTE) capitalize Village, but do

not capitalize villagers. LVA is acceptable, but if you write "Association" alone, please spell it out. You may refer to the CC&Rs this way, i.e. All Caps and an Ampersand (&), small "s" but no apostrophe, commas or period. Do not use ampersands for anything else.

13. Possessives with nouns: Current custom asks that all possessives ('s) be added to the noun. EVEN if the name ends in "s", as: Charles's, Burns's.

Draft Checklist

1. Is there an "attention getting" opener?

2. Can the reader follow

the logic? Does the article go from point A to B to C? Or does it skip around and take side trips?

3. Are the important details and main point clear?

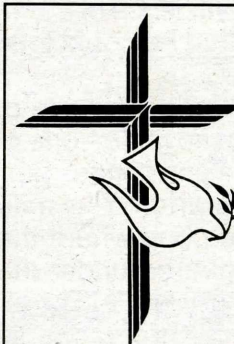
4. Are the: who, what where when and why in the first two paragraphs?

5. Is the group's name (or event) in the first paragraph?

6. Are all names and telephone numbers and times correct?

7. Are names spelled correctly?

8. Are meaningless words removed? Words as very, lots, really, maybe, perhaps, almost?



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★ UTAH'S GREAT RING OF WONDER OCT. 2-10

Tour Five National Parks, Lake Powell, Monument Valley

★ THANKSGIVING AT DEL CORONADO NOV. 26-28

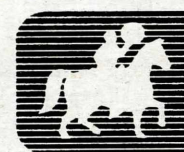
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Village Alert.....from pg 1
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public..

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the meeting, the public is
encouraged to express
their views regarding the
proposed action by send-
ing letters, faxes, or E-Mail
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94066-5006
Attn: Mr. S. Sikand, Code
18511
Fax: 415-244-3737
Email:
ssslkand@efaWest.navy.mil

Annie Get Your Gun

By Esther Robbins Maltun

Every woman needs a
man around the house
Though he may be just a
lover, not a spouse.
When the earth begins to
shake
And your heart begins to
quake..
It's nice to have a man
around the house!

Every woman needs a
man around the house.
The guy could be a bum
or drunken souse.
When nature wakes you
in the night
And you can't find that
darned light,

It's nice to have a man
around the house!

Every woman needs a
man around the house
His ethics may not be
what you espouse,
Though his pranks you
can't excuse,
When your toaster blows
a fuse...

It's nice to have a man
around the house!

Every woman needs a
man around the house.
He may not be a "man"
but just a "mouse",

INSIDE LEISURE VILLAGE - The Camarillo Star, April 25, 1997-page 17

But when your zipper's in
the back,
and the teeth go off the
track...

It's nice to have a man
around the house!

This ditty has a moral
plain to see.
"Alone" is what a woman
should not be.
So Annie, go and get your
gun,
Bag a guy and have some
fun...
It's so nice to have a man
around the house.

55 Alive

By Naomi Balfour

On May 15 and 16 the
"55 Alive" class will be held
in the MPR at 1:00 p.m.
The class is taught by
A.A.R.P. for the benefit of
licensed drivers who want
to become aware of safer
driving skills and qualify for
a discount on automobile
insurance for three years.
The cost is \$8. For more
information and registration
call Naomi Balfour,
(987-9851) or Zo Simmons
(484-5205).

Facts After 50

From John Hopkins Medical Letters

A new study shows just
how helpful exercise can
be in lowering the risk of
diabetes. The study, of
nearly 900 Finnish men,
found that those who ex-
ercised at a moderate in-
tensity (by walking or
swimming, for example)
for more than 40 minutes
a week cut in half their risk
of developing
non-insulin-dependent
(type II) diabetes mellitus.
Men at highest risk for the
disease reduced their risk
the most. Lack of exer-
cise, being overweight,
smoking, high blood pres-
sure, and a family history
of the disease are risk fac-
tors for diabetes.

The way you walk or
rise from a chair may pre-
dict future disability. A
four-year study in the *New
England Journal of Medi-
cines* assessed these
skills in 1,122 able bodied
people over 70. Those
with the most difficulty at
the outset were nearly five
times more likely to be-
come disabled than those
who scored well. But ex-
ercising may help prevent
disability by improving
strength and balance.

A new discovery may
improve the value of pros-

tate specific antigen
(PSA) testing for the early
diagnosis of prostate can-
cer. Researchers have
learned that PSA, an en-
zyme made by the pros-
tate, circulates in two
forms: one bound to pro-
tein and one circulating
freely. Recent studies
suggest that the risk of
prostate cancer is much
higher if 85% or more of
the PSA is bound. Stan-
dard testing currently
measures only total PSA.

Many women don't re-
alize their risk for breast
cancer increases as they
get older. According to the
*Journal of the National
Cancer Institute*, women
over 75—who have the
highest per population
rate of breast cancer—are
the least likely to know
that their risk increases
with age. Meanwhile,
women 25 to 34 have the
lowest rate of breast can-
cer, but the highest aware-
ness that risk rises with
age.

Having high blood
pressure in your 50s may
hamper your thinking abil-
ity in your 70s and 80s,
according to a study in the
*Journal of the American
Medical Association*.
Even after adjusting

scores for different levels
of education, every in-
crease of 10 mmHg of
systolic blood pressure
(the upper number) in
midlife increased by 9%
the risk of impaired atten-
tion, concentration, orien-
tation, memory, and judg-
ment in later life.

Although women are
usually more severely ill
when they undergo coro-
nary artery bypass sur-
gery, they recover equally
as well as men. In a re-
cent study, no difference
was found between the
sexes in physical, social,
or mental health six
months after bypass sur-
gery. The finding counters
the perception that by-
pass is less effective for
women.

A new study identifies
which heart patients may
benefit from stents follow-
ing angioplasty. Patients
who have clots in the
treated artery before or
just after angioplasty
have a higher rate of ar-
tery re-narrowing, ac-
cording to a study in *Cir-
culation*. These patients
may require measures
such as stents (small,
cage-like metal coils in-
serted into the artery) to
keep the artery open.

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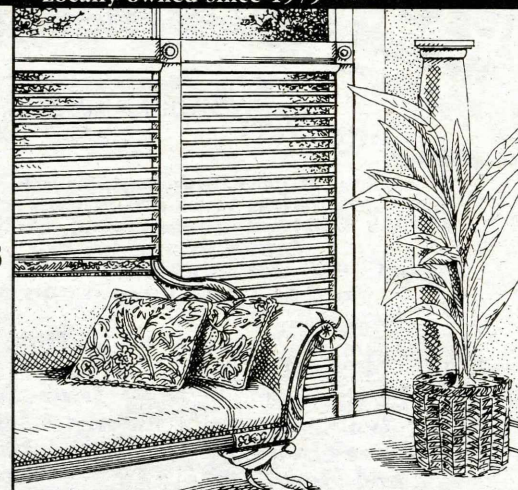


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ALTERATIONS, excellent personalized workmanship for the discriminating individual by Helena 484-1190.

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Call JEFF for all home repair needs: carpentry, electrical, plumbing, screen doors, garage door openers, water heaters. L.V. refs. 449-7582 or 482-5211.

CLOCK REPAIR - all kinds from desk clocks to grandfather clocks. Free estimates, free housecalls in L.V. All work guaranteed for one year. H.T. Groves 987-2516.

FREE TO JEWISH PEOPLE: Hebrew/English New Testament and/or T'Nach. Other languages. George and Goldie 641-0859. Write SDHS, 2674-C E. Main St. MSC-233, Ventura, CA 93003-2899.

NEED HELP with medical insurance? Also do accounting, bookkeeping, insurance and pay/organize your bills. HERE I AM! Call Jan to find out more about this service to make your life easier. L.V. resident. 388-8646.

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HANDYMAN & furniture refinishing. Call Tom anytime for anything. 488-5645 or pager 374-6496.

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PET SITTING, overnights available. Bring in mail, water plants, personal services, people sit, driving, grocery shop, houseclean. 11 yrs. exp. L.V. resident. Call Pat 388-7228.

TIME TO PAINT: Interior/Exterior. Also drywall repair/ stucco. Acoustic ceiling/textured walls. Wallpaper removal. Quality work. Free estimates. John 484-8295. Lv. message.

VCR REPAIR - \$35 plus parts for any repair. Senior discounts. Pick up & delivery 7 days per week. Ray Paul 987-7278.

WORD PROCESSING, all your typing needs: letters, resumes, manuscripts. Call Ann 388-8244. L.V. resident. Will pick up & deliver.

WANTED by private party: Cameras, guns, watches, cowboy/ Indian & Western items, Depression glass, Fiesta pottery, antiques. 499-5069. Lv. message. We come to you!

WANTED: Fishing tackle. Will pay cash for used fishing tackle in good condition. John 642-3664.

CEMETERY PLOT Beautiful grave site, burial for 2, located in Forest Lawn Memorial Park, Glendale, CA. Cost \$6500, sacrifice \$3900. Many movie stars in area. Call Emily 987-1031.

ACTIVE SENIOR FEMALE wanted as live-in companion and/or roommate for active senior female. Must drive. No smoking, no pets. My home or yours in L.V. 484-8295. Lv. message.

FOR SALE: 1988 Chrysler New Yorker, 83,000 miles. All power, new brakes, excellent transportation car. \$6,000 or make reasonable offer. Call Harry 482-1306.

See **SERVICES.....Pg. 19**

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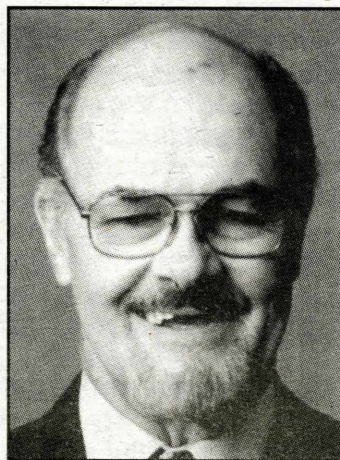
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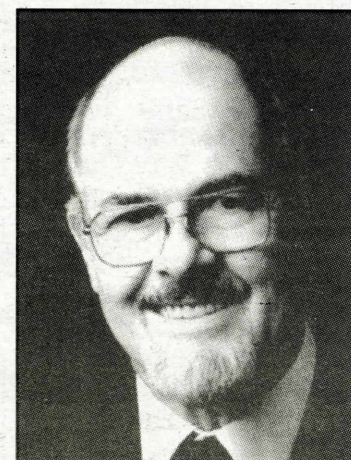
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SERVICES.....from Pg 18

FOR SALE: SOFABED, Queen Size, Simmons. Grey/blue velour. Fully guaranteed by Simmons. Like new. Asking \$273.99. Also brown tweed recliner in good condition, \$69. Call after May 8th at 484-0357. Lv. message.

FOR RENT: La Jolla, 2 BR. 2 sky-lit baths, 2 car garage. Game room w/wet bar. Walk-in closet. Sunny kitchen. Beige carpets. Long patio. V.31. Rent negotiable or sale \$248,000. Owner 482-8198.

AMALFI, \$1,395 mo. rent, \$249,500 sale (prices subject to change w/o prior notice). 2 BR, den, formal DR, W/D. By appt. P.O.Box 241555, L.A. CA. 90024.

FASTIDIOUS COUPLE want to rent your furnished home Nov. 97 thru April 98. Call 389-1508 or collect 1-914-478-2943.

FOR RENT: Amalfi, 2+2 + Den. Sunny & bright. 987-9017 evenings.

FOR RENT: Monterey, unfurnished. \$975/month. 2 yr. lease. Village 15, walk to Rec. Center & shopping. 2 BR, patio room. 389-1352.

FOR RENT for the summer months: Clean, furnished unit, 2 BR. 2 Baths in L.V. Call 482-3547.

WANTED: Furnished/unfurnished rental, June - Sept. No smoking, no pets. Call collect 1-408-464-1230.

FOR SALE: La Jolla, 2 BR. 2 sky-lit baths, 2 car garage. Game room w/wet bar. Walk-in closet. Sunny kitchen. Beige carpets. Long patio. V.31. Sale \$248,000 or rent. Owner 482-8198.

WANTED: for sale by owner, L.V. residence 1500 sq. ft. or larger. Serious buyer. Call 934-8192. Lv. message.

WANTED: Valencia from owner only. Will pay fairly. Call 389-3362.

BETTY'S TENDER LOVING care. Senior Services. Medical appts. Out of town events. Weekly errands, shop, household chores. Let me make your day easier. Betty Britten 388-3684.

CARING & responsible mother seeks position as Companion/ Caregiver for senior citizen. Excl. refs. Barbara 987-6365.

CAREGIVER, male. Full time live-in. CNA & HHA license. 12+ yrs. exp. Worked many years in hospitals, also in L.V. Call in confidence. Marciel 310-398-0756 or Pager #310-588-4303.

CAREGIVER, 20+ yrs. exp. Live out, 5 day/wk. Flex. hours. Specialize geriatrics. Own car. Physical therapy, certified masseuse. Reasonable rates. Good refs. Rosie 241-7935.

CAREGIVER/COMPANION, cheerful & kind. Shop, cook, laundry. Bookkeeping. Drive to appts. & Kaiser. L.V. resident & references. Jan 388-8646.

CAREGIVER/COMPANION 15+ yrs. experience. Personal care, Dr. appts., cook, light housekeep & more. I will take care of your loved ones when you can't. Karen 649-5093.

CAREGIVER, CNA. Full/part time, 5 days/week. Hard worker. Alice Diche 488-7983.

CAREGIVER/COMPANION, FT/PT. Transport to appts., errands. Cook, shop, etc. Also shampoo/set. Flex. hrs. Reliable. Jessica 983-7738.

CAREGIVER, CNA. Full/part time. 5 days/week. Hard worker. Maria Triplett 986-1125.

CAREGIVER/COMPANION. Experience in L.V. Cook, light housekeep. Own car. Excl. refs. Penny 388-0344.

CAREGIVER/COMPANION/AIDE: 17 yrs. exp. Good English, good L.V. refs. Last minute emergencies OK. FT/PT - Live in/out. Own car. Will drive anywhere. Georgina 498-7956, Pager 379-7052. Also do housecleaning.

EXPERIENCED, reliable caregiver. Live in/out, any illness or handicap. 30 yrs. experience. Refs. Reyna 498-7956, Pager 379-7052. Also do housecleaning.

INSIDE LEISURE VILLAGE - The Camarillo Star, April 25, 1997-page 19

EXPERIENCED COMPANION, full time/part time. Live in/out. Don't drive. Work anytime day/night. L.V. refs. Carmen 484-3889.

HOME CARE AIDE: Friendly, dependable, with good refs. CPR & First Aid trained. Exp. Alzheimer's. Light housekeep. 2 hrs. minimum. Rosa 486-0501. Lv. message.

HOME HEALTH CARE/Companion. Cheerful, kind, caring. P/T & short time live-in. Caregiver relief. Many years exp. L.V. resident, L.V. references. Phyllis 445-7016.

RELIEF CAREGIVER offers companionship & does local errands. Excellent L.V. references. Eleni 382-1991.

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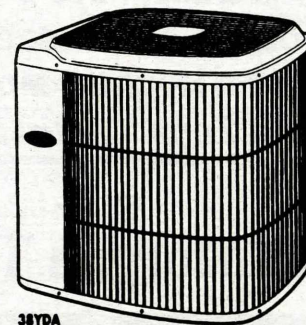
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Memory?

By Lillian Wallace

Why can't I remember
What I did the day before-
Why do names escape me,
Don't I need them anymore?

That book that I was reading
And couldn't wait to reach the end-
I seem to have misplaced,
Or, did I lend it to a friend?

I now list every message,
And it seems to help a lot-
How else can I remember
What I thought that I forgot?

When I meet familiar faces,
And stop to say 'hello'-
My mind keeps searching for the name,
And it's usually touch and go.

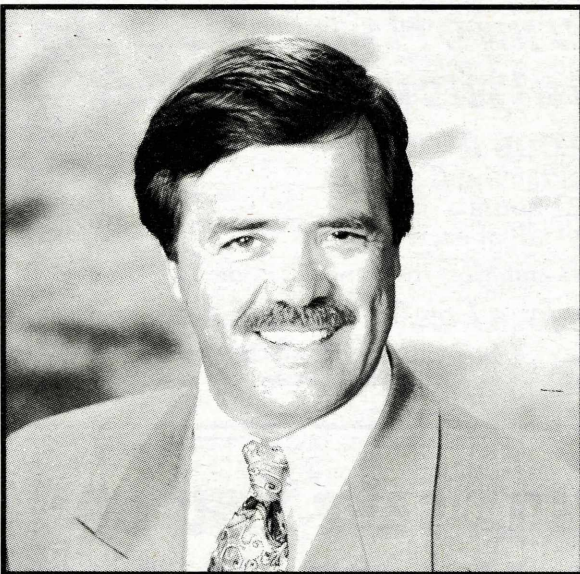
As I start looking back
At what I thought would always be,-
I keep wishing I had the memory
That keeps eluding me.

Why Do I Forget?

Research indicates the following reasons:

- 1. Emotional factors (especially anxiety, depression)
- 2. Distraction (interrupts processing]
- 3. Sensory Losses (Intake problem: first it must be seen or heard)
- 4. Fatigue (decreases attention)
- 5. Medication (may slow the processing)
- 6. Prioritized as unimportant (dismissed: lowers motivation to recall)
- 7. Having many items to remember (the files are full-it takes longer to locate)

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Thank you for your past support. I continue to believe in:

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- Protecting Our Greenbelts
- Promoting Cultural Arts & Youth Activities
- Sound Fiscal Management & a Stable Library System.

I Strongly Oppose Commercialization at Point Mugu and Camarillo Airport.

Let's Keep Camarillo on the Right Track! Please Join Us in Supporting Mike.

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