INSIDE LEISURE VILLAGE

VOL. 45 NO. 11

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

NOVEMBER 1, 2024

LV Women's Club Village Homes Tour: A Very Successful Event

By Leisure Lee Boyles

The Leisure Village Women's Club put on a Great event! They organized an October tour of some charming and beautiful Village homes, six homes in all. An amazing perfect Camarillo "chamber of commerce" weather day added to the festive atmosphere. It was so much fun and very interesting to see the amazing remodels and fabulous decor. What creativity! Good friends Scotty Miller and Cathy Herrera joined me as we carpooled around to each address on the map provided at the welcome gathering in the beautifully decorated AR. The tour was organized into six groups. Each group had a map of addresses and off we went. It was so interesting to see how these homes were remodeled and decorated. There were 6 homes and 6 different models including a La





Photos by MERYLL RUSSELL

Left, Dennis Cieciel's Holmby I home, Main Living area fireplace wall. Right, Earl and Celes Buck's La Jolla home, Remodeled kitchen, Living and Dining areas.

Jolla, Valencia, Amalfi, Coronado, Holmby and an El Dorado.

The LV Women's club put this event together as a fundraiser to help the many charities and Village projects that receive support from their efforts. LVWC Co-Vice Presi-

dent of Programs Meryll Russell, Co-Chair Maureen Barclift and an impressive group of member volunteers organized and adeptly ran this showcase event. Homeowners Earl and Celes Buck, Andy and Kelly Nelson, Deb Petersen, Sharron Parker, Dennis Cieciel and Karen Stevens opened their homes and welcomed Villagers and guests. One of the things I most enjoy in Leisure Village is the friendly welcome from Villagers we meet. These gracious

—Please see PAGE 6

VILLAGER PROFILE

By Carol Nelson

Sue Thurmond, A Village and California Treasure

It was enlightening and a great pleasure to meet with Sue and discuss her life and love of Leisure Village.

Sue was born in Indiana in 1934 and moved with her family to Inglewood, CA in 1945. She graduated from Inglewood High School, then attended El Camino Junior College to study subjects related to business. During that year, Sue met Jim (her husband-to-be) at the Inglewood Presbyterian Church. She was 18, and Jim 19, when they married.

As Jim was in the Signal Corps in the Army, they left California soon after their marriage to go to Fort Monmouth, NJ. They were there for just 6 months before Jim next move was to Canoga Park in was transferred to Fort Huachuca, AZ. Sue was very relieved that they were there for just a year. The nearest town was called Frye (now Sierra Vista). It was 15 miles from the Mexican border and literally in the middle of nowhere. There was no lodging on the base for anyone but the guys, so Sue and Jim ended up living in a 25 ft trailer. What one won't do for love!

After two years, Jim was discharged from the Army and the couple returned to Inglewood where they stayed until 1956, then moving on to Torrance where they both worked for Northrup. Their

1961 as Jim was working at Lytton Industries (defense contractors) in Woodland Hills.

Boats, planes, cars and motor bikes (especially Harleys) were always a big part of the Thurmonds' lives. When their children were young, they all enjoyed boating and water & snow skiing. Jim, being an "I can do that!" kind of guy, built one of their water-skiing boats.

As a licensed pilot, he flew friends in his Cessna 182 to snow ski on Mammoth and June Mountains in the eastern Sierras. The Thurmonds owned a cabin in

—Please see **PAGE 13**



Photo by JON Sue holding court at an Architecture Committee meeting in August.

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December 2024 Edition Deadlines

Club News, articles and letters: Friday, November 15. December issue will be available Friday, December 6. Send news, articles & letters to insidelyeditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

VILLAGE NEWS

By Dennis Doolittle

General Manager's Town Hall Meeting – The first of a monthly Town Hall Meeting where General Manager Christi Moore answers Villager's questions was successfully held in late September. Mark your calendars for the 4th Friday of every month. Questions are to be submitted in advance to townhall@leisurevillage.org.

Administration Building Repair— The repairs to the Administration Building are nearly complete, the building is expected to reopen in mid-November.

Frontsteps – There are now 1,350 users on the Frontsteps system. If you have not done so, sign-up now.

The number of on-line services continues to increase on the Front-steps platform. New, online permit requests are supported, with phase 1 providing permits for dumpsters, port-a-potties and storage bins to homeowners. The plan is to expand this feature, notably to provide online architectural permit applications. In addition, a new security

module using license plate readers for residents to access Leisure Village is nearing completion. More on this later when the feature is rolled out. Roofing Project – The old roofing project was completed in August. A new, major roofing contract was approved by the LV Board of Directors and work started in Village 13 in September. Next will be re-roofing in Village 14. The goal is to get as many buildings as possible re-roofed before the rainy season starts.

Paint Project – The Paint project has started with painting in Village

7 and good progress has been made. The next Village to be repainted is Village 9.

Monthly Additional Person Fee – At the October 7th Open Board meeting the Board approved the additional person fee to \$20.00 per month effective with the November HOAA payment.

Trash Vaults – A removal of a trash vault, the main water line to the residence was ruptured. Another problem to consider. At the present, there is no plan to remove the trash vaults. Given the number of residents who are decorating their

vaults, the Board decided to consider a policy as to what Villager's will be allowed to do with their vaults at the next Board meeting. Note, the Vaults are part of the common area.

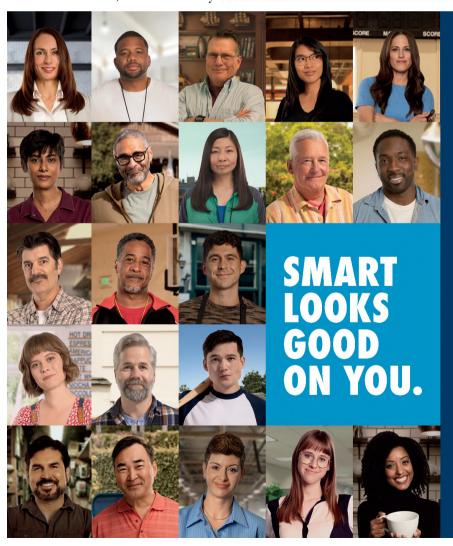
Speeding Tickets – Security has been enforcing the speed limit rules, the rate of issuing speeding tickets has increased lately, and most of the violators are contractors or visitors. Just a reminder, when speeding tickets are issued to a visitor, the fine is paid by the homeowner who is being "visited." Remind your visitors to obey the speed limits.

Newcomers Orientation

Saturday, November 16th 10am – 12 noon in MPR

Who do you call when you don't know what to do? What do you need to do to make changes to the exterior of your home? Where do you go to meet new friends? Come to the Newcomers Orientation, if you are new to Leisure Village, or if you would like a refresher session.

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Happy Thanksgiving!

Comps by LV Model on our Monthly E-Newsletter



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October 2024 Sales

<u> </u>		
Model	Village	Price
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Brentwood	20	\$545,000
Capri	17	\$590,000
Dei Mar	7	\$545,000
Del Mar	4	\$590,000
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Valencia	34	\$820,000

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VILLAGE ENTERTAINMENT

Concert & Movies

LV Music Club - Marci Lapair

Save the date of December 17th for the Music Club's annual Holiday Concert in support of Food Share of Ventura. This popular event includes music performed by our Groovin' Easy Swing Band along with their talented vocalist Erin McPherson. The tickets will go on sale after Thanksgiving.

If you have never attended the Music Club's Open "Mic" Night you would be amazed by how much talent there is in Leisure Village. At last month's Open "Mic" Night our show was opened by the Ukulele Strummers of Camarillo. The group was joined by Bob Bueling and Pat Cronin. The audience participated by singing "When the Saints Go Marching In" and "You are My Sunshine" with them. Dick Bennett read his original short stories, "My First Martini" and "Kids on the Airplane." This was the first time he has read at Open "Mic" Night. Bob Bueling and Pat Cronin sang a tribute to Kris Kristofferson. Scott Jacobs, Jeff Brown, Scott Mitchell, Linda Archie were joined by their friend Kim Kanel, who played the harmonica. Kim was visiting from Osaka, Japan. They sang "Those Were Days" in the memory of their friend, Scott Whitney. In the past, Scott had played at Open "Mic" Night.

The next Open "Mic" Nights are tonight, November 1 and Friday, December 6 at 7:00pm in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks.

On Monday, November 4, at 7:00pm in the AR, we will screen the movie 'One Special Night.' James Garner and Julie Andrews portray two stranded travelers who take refuge in a small cabin during a stormy winter night. Despite their many differences, or perhaps because of them, the two strangers find themselves drawn to one another. Two of the world's most beloved stars bring their own special brand of magic to this sparkling

holiday romance. This movie is rated PG and is 90 minutes long. This movie does not have closed captioning available.

On Monday, November 18, at 7:00pm in the ÅR, we will show the movie 'My Big Fat Greek Wedding.' This hilarious romantic comedy follows a young Greek-American woman who falls in love with a non-Greek man and struggles to get her family to accept him while she comes to terms with her heritage and cultural identity. The movie is rated PG and is 95 minutes long. The movie has closed captioning.

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00pm in the AR. Come and listen to their easy listening music. For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

Mariachi in LV

Showtyme - Jennifer Stein

Showtyme Presents Mariachi Camarillo on Friday, November 8th at 7:30 pm. The music of Latin America will fill the air. Mariachi music represents the rich history and culture of Mexico, with the festive sounds of brass and stringed instruments. It is commonly performed by a group of musicians, men and women wearing traditional, intricate ensembles called charro suits. Mariachi music is made to move you. It is direct, driving and designed to instill emotion. The distinctive style of singing, suave harmonies and romping rhythms creates an unmistakable sound unique in the world. Today, mariachi ensembles are part of musical life in every state of America. The music is just as likely to be performed in major concert halls as well as being performed at weddings and celebrations. Dozens of major annual mariachi festivals featuring local and internationally renowned groups attract thousands each year. Come embrace the music as a symbol of cultural heritage for

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Photos by MERYLL RUSSELL

Clockwise, starting top left, Sharron Parker's Valencia home, Dining and Living area. Deb Petersen's Amalfi home, Kitchen upgrades. Andy and Kelly Nelson's Eldorado Stand Alone home, Great Room and Kitchen. Karen Stevens Coronado home, Living area.

Home Tour

Continued From PAGE 1 —

homeowners and their helpful friends were no exception.

After the tour we met up again in the AR for a reception created and presented by Pam Almeida and Debbie Bracey. There was a wine bar, mini charcuterie boxes filled with little bits of yummy cheeses, crackers, fresh fruit and dry apricots, sausages and nuts. For dessert they offered a light and lemony cheesecake with creamy topping. The entire day was a perfect delight! We observed so many attendees enjoying and commenting on these exceptional Leisure Village homes.

Congratulations to the Women's Club team that put this all together. Lots of work showed great results! So many thanks to the LV residents who opened their beautiful homes for tours and welcomed so many visitors.

The tickets to attend the event were \$25 there were a reported 140 sold. According to club President, Pam Almeida, the LV Women's Club donates around \$6000 each year. This was one of two fundraisers and was very successful. It seemed that everyone who attended looked forward to the next home tour. There was a lot of conversation about the decorating and remodeling ideas. The three of us will be attending the next one for sure!

VILLAGE ENTERTAINMENT

Showtyme

Continued From PAGE 6 —

everyone who simply enjoys the hard-hitting lively sounds of Mariachi music.

Mark your calendar for Friday, Nov. 8th @ 7:30pm in the AR. Doors open at 6:45 pm. Showtyme's annual 2025 membership is available for sale before the show. Membership is \$20.00 per person. Non-members admission is a minimum \$5.00 per person donation. Bring your friends and family for an evening of Mariachi. Any questions please contact Jennifer @ 805-383-1518.



Submitted Photo

The Mariachi Camarillo group poses for a picture. They have a wonderful sound and Villagers are welcome to come and hear them.

Alive With the Sound of Music

Players Guild - Linda O'Neill

November 21 (the third Thursday of the month) at 7:30 pm in the AR, Players Guild will be "Celebrating Rodgers and Hammerstein's 80th Anniversary." Google says "This musical partnership has been called the greatest of the 20th century." Players Guild President, Joyce Belcher, will be directing and Richard Weiss will provide piano accompaniment; the script has been written by Roseanna Bellino-Strickland. Song choices will come from these seven of the Rodgers and Hammerstein musicals: Carousel; Cinderella; Flower Drum Song; The King and I; Oklahoma; Sound of Music; and South Pacific. Auditions were held on October 21, and the cast includes newcomers and old timers (or should we say "regulars.") Director Helene Cohen will step out of her ordinary acting/teacher/writer roles and sing "Shall I Tell You What I Think of You?" from *The King and I* (which premiered on October 8, 1953.) Players Guild Readers' Theater Director Roseanna Bellino-Strickland is stepping out of her routine to sing "You've Got to be Carefully Taught" from 1949's South Pacific. The Tappers will be shuffle-hopstepping to "Surrey with the Fringe on Top" from 1943's Oklahoma. original work from Director Viv-You want to know more? Come to the show.

Halloween Party

On October 17, Players Guild filled the 'house' with another

ian Hollander. Her "Halloween Party" showed off her choreographic skills, devotion to detail and ability to guide a cast of players. The entire cast was in costume

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AROUND THE VILLAGE

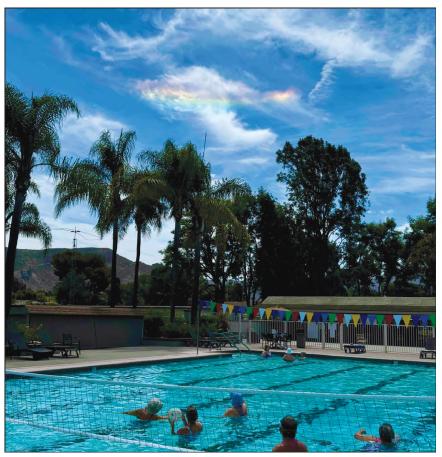


Photo by CYNTHIA ROSE

Volleyballers spotted Sundog, shot same.

Spot Sundog

By Almira Fontes

While rainbows typically signify an end to the rain, Sundogs typically mean that rain will begin within the next 24 hours. They usually appear when the sun is rising or setting, and is closer to the horizon. According to the National Weather Service, the colorful spots vary from Sundog to Sundog. On August 1st, the volleying stopped to observe the startling phenomenon. Most of the Volleyballers had never seen anything like it. One player from Minnesota explained that the beautiful floating rainbow was called a Sundog. Cynthia Rose captured the image with her phone

ED NOTE: Almira brought this to our attention back in August. Your intrepid LV Editor misplaced the photo. We hope you enjoy this nice memory of Summer as we slip into Winter.

Water Volleyballers The Amazing Water **Aerobics Leader**

By Carmen Fraser

Beverly Debbas is 95 years young and the co-leader of Water Aerobics class in the LV pool. If you come to participate when she is leading you will find our Lieutenant (a fond nickname) doing what she does best. You'd never believe this woman is 95. She gets the class going and keeps the pace quick. She is an enthusiastic, motivating and happy individual who gladly shares her knowledge to help maintain Village bodies through mobility. Beverly has lived in the Village since 2016. After her husband passed she moved here to be closer to her children. She and her husband owned neighborhood markets, built homes, (some near here) and owned a restaurant or two. The family moved to several California neighborhoods while raising 5 children.

Beverly and her family are very

—Please see PAGE 9

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AROUND THE VILLAGE

Water Aerobics

Continued From PAGE 8 —

close and they are often together having vacations, birthday parties, weddings and baby showers. In addition to her 5 children, she has 12 grandchildren and 10 great grandchildren and another great grandchild on the way. She celebrated her 95th birthday October 7 at a huge family picnic with the entire clan. Join the LV Water Aerobics group in wishing her a happy birthday and celebrating an amazing woman.

Water Aerobics runs MWF @ 11am. Join us and Beverly all at the LV pool!



Photo by CARMEN FRASER Beverly, the dynamo showing the Water Aerobics moves that keep her and many Villagers healthy, active and mobile. 94 must be the new 50.

Ukes in the Village

By Lyn Gardner

Lyn Gardner has put a group of Ukulele fans together to share their love of the instrument. Lyn plans on expanding the group, known

as Village Strummers and sharing the "fellowship of music." Lyn has almost twenty years of experience with the ukulele and leads several ukulele groups. In addition to The Village Strummers, she participates

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Don Marquardt's Tree of the Month

The African Tulip Tree - (Spathodea campanulata). Native to Africa, this tree is found in tropical and warm climates worldwide. It is often called "the king of flowering trees" due to the spectacular display of intense red/orange tulip-like blossoms. This tree grows to 25 feet tall with round head and long (18 inch) leaves with 8-10 glossy leaflets and large flowers at the end, followed by long cigar shaped pods enclosing 500 seeds.

Three of these showy trees are located on Leisure Village Drive, east of the Recreation Center: one just east of the parking lot and two at the intersection of Leisure Village Drive and Mountain View. Stop and take a look at "the king of flowering trees."

For rose lovers - it's time to cease pruning, deadheading and fertilizing as we get ready for shorter days and winter. More on this next month.



Photos by DON MARQUARDT, Landscape Architect Above, closeup of the brightly colored bloom. Below, festive African Tulip Tree along Leisure Village Drive.



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09LV08S

ART IN THE VILLAGE

By Nicole D'Amore

Geometric Patterned Ceramics

Elaine Peterson is known for the beautifully intricate, geometric patterns she paints on ceramic pieces here in Leisure Village.

Looking back on where she might've developed the skill to produce such designs, the diminutive (4'8") artist says, "I was always sort of arty and crafty."

She recalls enjoying painting eggs in the Ukrainian Pysanky style as a child with her younger brother.

"My brother was very talented but my eggs were better," she said.

Peterson grew up in Studio City. Her father, a dentist, did watercolor painting and she took an art class where she did well and learned to match colors.

But when it came time for college, influenced by a boy she knew, she chose chemistry, a decision she later questioned.

"If I hadn't had that explo-

sion..." she mused.

In her senior year at UC Berkeley, as a research assistant, she was given a dirty solvent by the professor to use in an experiment. "It exploded and blew the room out - I was so embarrassed," she said. The professor likely didn't know the solvent was bad, she said. The event was on the news and eventually resulted in stricter protocols in labs across the country, she said.

"I never got in trouble, nobody ever said anything or offered any support," she said.

After that she came back to Southern California to UCLA and got a doctorate in physical organic chemistry.

"I didn't want to be a chemist, but got a teaching credential and taught," she said.

She met her first husband, Roger Peterson, at UCLA and they were



Photos by NICOLE

Above, Elaine with some of her art displayed on a shelf. Below, 2 of her extraordinary vases.

married over 40 years. After a massive stroke, he lived for 12 years until his death. She had been a volunteer at LACMA and was head of the service council.

"So people on the museum staff knew me and when I needed to

—Please see PAGE 15





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OUT WITH LEE

By Leisure Lee Boyles

More Beatlemania

In the September Issue of "Inside Leisure Village" I reported on the rockin' good time we all had singing and dancing along with the Beatles cover band "4 Lads from Liverpool" in the AR.

The concert, sponsored by LV's Music Club, was so much fun it was decided to follow up on the Beatles theme on movie night with

"Yesterday," a flight of fantasy movie about their music being introduced as if the Beatles had never existed. I won't say more so not to spoil it for you who haven't seen the film. As the credits rolled, Paul McCartney's voice rang out with "Hey Jude" and we all stayed till the end swaying and singing along.

Thank you Marci Lapair and Debbie Goodman for saving me a seat and some popcorn too.

The RV Club Champagne and Pancake Breakfast

Bob (husband and BFF) and I were warmly welcomed at the door of the AR by RV Club members and our new friends Ann and Ron, who swiftly pointed us towards the buffet. My breakfast dreams were about to come true. Pancakes were the star attraction, of course, golden brown, fluffy and hot from the griddle. Perfection on a plate. But the yumminess didn't stop there. The buffet offered bacon, sausage and ham, and not in an "either/or" situation—you could have all three if you like. (which of course I did).

The scrambled eggs were cooked to perfection, but what really stole the show was the pancake toppings bar. Imagine an entire smorgasbord of syrups, fruit compotes, whipped cream, fresh strawberries and more. It felt like a decadent dessert disguised as breakfast, I'm totally into that!

Sometimes coffee in those big



Jack Miller, head bacon chef,

urns can be disappointing, but not so for this morning necessity, selfserve, with refills as you like, to keep you fueled up for the day ahead.

But what's a "Champagne Pancake Breakfast" without, well,

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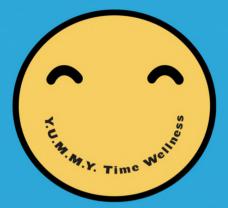
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She has taught workshops in over 20 countries, has 12 CD's of her own, on all digital platforms and is a proud voting member of the GRAMMY®Committee. Spring received her BFA from The Boston Conservatory & her Yoga Certification from The Sivananda Vedanta.

For more information and videos please visit: YummyTimeWellness.com

Sue Thurmond

Continued From PAGE 1 —

Wrightwood from 1972 to 1986. Often their children's friends would show up unannounced as late as 10pm, but they were always welcome.

Jim's passion for cars was evident when he bought a 1956 Corvette, then had 13 Corvettes in succession. (Sue is still a member of the Corvette Club.) They would drive those cars in the Camarillo and Ventura Christmas parades, and in the Ojai parade on the 4th of July. Harleys were also of much importance to both of them. Since 1984, a group of Harley enthusiasts has organized a "Love Ride" on the Labor Day weekend in Big Sur to raise money for muscular dystrophy. Sue and Jim would camp there with many other Harley lovers and thoroughly enjoy the entire event.

Another shared pleasure for Jim and Sue was Western dancing (2step & line dancing.) They began this hobby in 1987, going to venues 3 or 4 nights a week. They stopped the dancing clubs when they moved to Leisure Village in 2001.

The Thurmonds had bought an auto upholstery shop and an antique business in Canoga Park, but in 2002 Jim decided to retire. However, his so-called "retirement" was spent working for residents in LV, remodeling kitchens and bathrooms. He could turn his hand to anything he set his mind to: a true "handyman" in every sense of the word!

Sue and Jim have so much enjoyed living in LV that they brought Sue's mother here soon after they moved in. She lived to be 102.

Unfortunately, Jim has now passed, but Sue continues to love living here and is involved in a number of activities in LV. These include the monthly Grapes R Us wine-tasting, Open Mic nights & the Women's Club. In 2003, Sue joined the Building & Grounds Committee and also the Architectural Committee. Her "job" is to log in and chart building permits for the exterior of homes. She also liaises between the two committees.

A hobby of Sue's has earned her a nickname: the Cinnamon Swirl Girl. When new residents move into her area, she welcomes them



Sue and Jim astride their beloved Harley Davidson bike at the famous Rock Store on Mulholland Drive.

with her cinnamon swirl coffee embodiment of a true Villager, cake which she also takes to the thoroughly enjoying her life here, Architecture Committee meetings. Sounds like a real incentive to join!

At 96 years young, Sue is the it up, Sue!

and also doing the things that benefit others' Village life. Keep

Ukelele Strummers

Continued From PAGE 9 -

with The Motley Ukes from Los Angeles and The Boston Chickadees from her hometown. Lyn and her husband Alain moved to Leisure Village last March.

The Village Strummers performed at Camarillo Heritage Days last Summer and will be doing a Holiday Ukulele Gig in the Pavillion on Sunday, December 15 at noon. Come give a listen and get your Holiday Spirit fix.

Lyn is welcoming those interested in taking part, learning, strumming and really having a good time. Regular meetings are every other Monday in the Pavillion. Contact her for more information: Lyn Gardner at 617-620-3299 or email: lgardner195@gmail.com.

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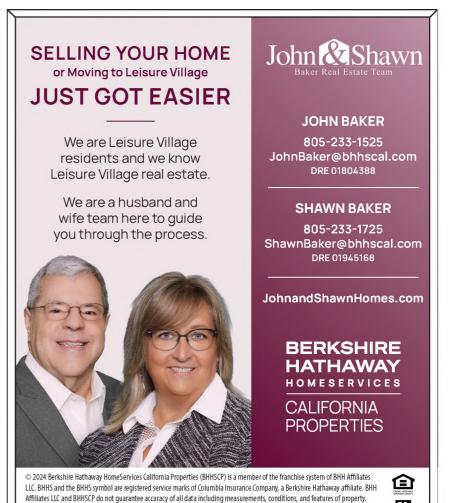
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THE HEALTHY VILLAGER By Jeannie Davis, PT, MPI

Strokes - What They Are and How to Prevent Them

Because I know four women this year in Leisure Village that have suffered a stroke, the topic should be very timely and hopefully empower some of you for a healthier future. Actually, most strokes occur during the months of November - January, maybe because of the "stress" of the holidays but that hasn't been proven yet. The risk of stroke increases with age, with about 75% of them occurring in people 65 years old and older. The incidence of strokes is higher in women, partially because women generally live longer than men. In the United States, individuals who are of Black, Hispanic and Asian descent have a higher risk of stroke than other groups. The incidence of strokes has increased due to COVID, lifestyle and the Western diet, with more individuals having a stroke before they are in their 50's.

The most common risk factor for a stroke is high blood pressure. Other risk factors include diabetes, heart disease, smoking, high blood cholesterol, poor diet, obesity, sedentary lifestyle, history of prior stroke/transient ischemic attack (TIA) and age. Prevention is the key to avoid having a stroke, but after a stroke, rehabilitation services, exercises and lifestyle changes can improve the outcomes for a better life post stroke.

Prevention of strokes include lifestyle changes; healthy diet, weight loss if overweight, good quality/quantity sleep, exercise and active lifestyle, stop smoking (if you smoke), control high blood pressure and high cholesterol if present, limit alcohol, take prescription medications as ordered, and control stress, particularly chronic and negative stressors.

There are many causes of a stroke, and the most common

cause is a blood clot in one of the major vessels in the brain, called an ischemic stroke. The vessel loses the blood supply because of the blood clot and brain damage ensues. The most severe type of stroke, although less common is a bleeding or hemorrhagic stroke, with poorer outcomes. The outcome of a stroke varies widely and depends on the cause of the stroke, location of the blood clot or bleed, person's age, and preexisting health of the person. Approximately 25% of people who have had a stroke will completely recover.

The symptoms of a stroke include sudden severe headache without cause, sudden weakness/ numbness on one side of the body, difficulty speaking and/or difficulty smiling evenly on both sides of the face, sudden vision problems in one or both eyes and trouble walking with dizziness and/or balance issues. If you think you are having a stroke, get to the emergency department for evaluation as soon as possible; and if it is caused by a blood clot, they can administer medications to decrease the damage to the brain.

Stroke risk does increase with age, but strokes can and do occur at any age. The good news is that strokes can usually be prevented and there are steps that we can all do to help prevent them from occurring. There are many lifestyle changes that can help prevent strokes and keep us healthy for a rewarding life here in wonderful Leisure Village.

Editor's Note: Jeannie Davis is an LV homeowner and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.

Art by Elaine

Continued From PAGE 10 —

work after Roger's stroke, I got a job as administrative assistant and ended up in the exhibitions department at LACMA for 10 years," she said. "That was nice."

After her husband died, she met an old girlfriend from high school who was taking a ceramics class and Peterson decided to join her.

"I must've been close to 70," she said. "Because of my lack of strength, I could never throw well. I couldn't center things," she said. "So I painted one. I didn't know what else to do."

The teacher liked her patterns and that began her creative journey.

While traveling in Utah she bought a book on pottery that has inspired her, particularly the detailed patterns made by Native American artists.

Peterson met her second hus-

band, Dan Isenberg, whom she had lived a mile away from growing up in Studio City.

"We had gone to the same grammar school and same junior high. I was a year ahead of him and you don't really notice anyone younger," she said.

They were both widowed and were married around the time they moved to Leisure Village nine years ago.

"I didn't like his house and he didn't like my apartment," she said. His parents had been Leisure Village pioneers so they came to look and found their house in Village 42 overlooking the mountains.

Peterson was happy to find the ceramic studio. Norm Chapman and Ken Brod throw pieces for her to paint.

Following the Native American method, she draws the design in pencil first. She starts at the bottom of the piece, making a pie







Photos by NICOLE

Some of Elaine's geometric artwork.

design and works up from there.

"I try to do something that fits the pot," she said. "I really don't do the same thing over and over because It's so boring."

"The shape of the design is determined by the shape of the pot," she said. "It depends on how you draw the grid, what effect you get." Then she paints it with underglaze.

"I have my dad's old brushes, watercolor and oil," she said. "Then I try to find really fine brushes (for detail)."

Peterson works in her living room where the light is good.

"I can't go to the studio because

if you start talking you get mixed up," she said.

"You have to concentrate hard and you can't do too much or you run out screaming. I can only do a couple of lines a day and then I get tired," she said. Depending on the finish she wants, she uses either a high fire or low fire glaze.

She thinks her chemistry background might help with the glazes.

"If I had done this earlier in my life instead of in my dotage, it might be better," she speculated. "It's tedious sometimes but I enjoy it or I wouldn't do it."

AROUND THE TOWN

Don Al Fox

By Max Copenhagen

On September 14 at the annual BBQ of the Pleasant Valley Historical Society a presentation of the 2024 Dons and Doñas honored Villager Al Fox as a Don for his exemplary work and citizenship of our area.

Al and his wife, Cindy have lived in the Camarillo area since 1976. They established a successful real estate business and sold numerous homes in Leisure Village. They have served on many Village committees and Al was instrumental in establishing the use of reclaimed water to irrigate the 200 acres of landscaped common areas in Leisure Village.

Our Dons and Donas are people who have contributed above and beyond what is expected of a good citizen. Some are members of pioneer families, others have made a difference in the community through their professional and volunteer work.



Photo by MAX COPENHAGEN Al Fox at the PVHS picnic in August.

Dons and Doñas originally were reserved for nobility and then used as a mark of esteem and social distinction. Adolfo Camarillo was known as one of the last

The terms

Dons in California. Over the past 58 years, 538 men and women have been honored in this way by the Pleasant Valley Historical Society. Familiar names include Gussie Underwood, Jack Fulkerson, Lila Pitts, Ralph Cawelti, Adele Flynn and Stan Daily. The entire list of Don and Doña can be found at www.pvhsonline.org

The Pleasant Valley Historical Society was established in 1964 to serve the community by preserving and presenting local history. This includes saving historical buildings like the Scholle farmhouse,

—Please see PVHS on PAGE 16







PVHS

Continued From PAGE 15 —

one of the first homes built in the early town of Springville, speaking at clubs and events, awarding scholarships for historical research and preserving artifacts.

The Museum site at 720 Las Posas Road was leased to the Historical Society when the City acquired the old Camino Water Company. With help from the contact www.pvhsonline.org.



PVHS photo

Going vertical... onward... and upward! — With trenches dug, rebar placed and foundation poured and set, framing is well underway. Passersby can now see the initial outline of the tower architectural feature that will ultimately serve as a beacon welcoming visitors to the new museum.

SeeBees and community volunteers, the site was transformed into a botanical garden in 1985. The building is currently being enlarged to provide for more exhibits and learning space for educational programs and promoting historical literacy.

Museum volunteers evaluate interesting unknown objects and the Museum serves as a virtual community attic. If you are interested in becoming involved with the PVHS,



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ART IN THE LIBRARY

By Nicole

From Quilting to Watercolors

Mary Ann Andrews is the artist exhibiting in the Leisure Village Library in November and December.

Andrews, who is exhibiting some of her beautiful watercolor paintings, only started doing watercolor in her early 70s. Before that, she was known for her amazing art quilts, many of them large pieces which adorn the walls of her Village 42 home.

She and her husband, Phil moved to Leisure Village in 2016 after 41 years in La Canada Flintridge. It was while living in La Canada that she discovered watercolor.

"I had been told as a kid I had absolutely no artistic talent," she said." I believed you either had it or didn't. My great accomplishment was to color inside the lines."

She had taken drawing and color mixing classes for quilt design and a neighbor told her about watercolor classes at the Brand Library, an art library through the Glendale Library system. She signed up for the classes.

"The more I did, the more I wanted to do," she said.

She took an online class in botanical illustration and was disappointed when she didn't get into the advanced class.

"I had scheduled 20 hours a week for that and I decided I am going to get serious about my watercolor and I did," she said.

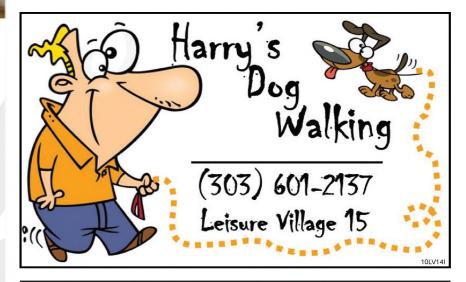


Photo by Nicole Mary Ann Andrews with some of her beautiful watercolor paintings.

Andrews stopped doing large quilts after moving to Leisure Village because she didn't have room for a design wall, she said. Then she stopped hand quilting in 2020 after damaging her rotator cuff.

But watercolor is filling her time.

She has continued taking online classes and is currently enrolled in four of them. She tries to paint every day, usually working on more than one at a time. Two of her paintings and a drawing won prizes at the Ventura County Fair this summer.



Inside Leisure Village

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AROUND THE VILLAGE

The Sumerians Got It Right

By Larry Swartz

History credits the Sumerians with the invention of math. With that in mind, there's a song from the Broadway show *The Pajama Game* that the union workers sing that goes something like this. "7½ cents doesn't mean a helluva lot but give it to me every hour of every day of every week."

Did you know that LV has a Water Committee that has been working over the past few years to understand and communicate to our residents our water challenges in this age of climate change and higher water and infrastructure costs?

Let's apply that same principle to our water usage here at Leisure Village. Some people might say, "So what if I save a few gallons by taking a shorter shower... what could that possibly amount to?" Understand that everything you do around your house, even your little outside garden when

watered with your hose, is watered with drinking water...that's potable water and for argument's sake, let's just say you save 10 gallons of water a day. That's maybe a nickel (\$.00556/gallon); but multiply it by 2136 homes times 30 days, that's over \$3,500 a month, just from saving some water.

Additionally, we keep hearing how important it is to check for leaks and fix those leaks. Whether you are a tenant or a homeowner, saving on water costs trickles down...down to the HOA Assessment fee, so saving water saves each of us money in the long run.

We don't have individual water meters here but we suspect, due to the age of our infrastructure and a statement from Norman Huff, CAMROSA GM, that "On average, leaks amount to 18 gallons of water per household per day from leaky toilets, appliances and faucets. Of these, toilets are the most preva-

lent and costly of leaks."

So be a Sherlock Holmes and check your toilets for leaks, make sure all faucets are turned fully off after use and submit a Work Order through Frontsteps (or handwritten Green Sheet) to request that LV maintenance check your household water pressure.

And remember the 7½ cents rule that each unnecessary drip in one home can really add up when you consider that there are 2136 homes here. The Water Committee and management are looking into all the possibilities to cut water usage. LET'S GET OUR LEAKS UNDER CONTROL!!



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A WORD ON WINE

By Barbara Senior

Esoteric Wine Seminar

Bring 6 glasses and a willingness to learn

Last month the Grapes R Us LV Wine Club held an in-depth seminar exploring wine. It was very different from the usual monthly Friday Tastings. The session was limited to 36 people, and attendance was pre-paid. The room was set up like a classroom, and informative videos were shown as the wines were presented. No food was allowed, discussion was strictly Q&A and each participant was encouraged to bring six stemmed wine glasses! Really...6.

This new format is called the Esoteric Wine Seminar, meaning a deep dive into a subject about wine. Jon Niemann developed this format just for the LV wine club. He led the session last month featuring six Cabernet Sauvignons from three renowned wineries: Justin, Hess and Stags Leap. For each "flight," a pair of Cabernet Sauvignons from the same

winery were poured: one produced for the high end and another produced for wider distribution.

So why have six glasses? As we went through the flights of wine pairs, leaving some of each wine in a glass, we could revisit each wine to evaluate the differences in winery styles, terroir and wine-making choices. We got to taste some great wines, some that we'd probably not buy because... they're very pricey. In the end, all the wines were delicious, and it was instructive to measure one wine against another and to confirm that price is only one variable in the quality of the wine.

The Esoteric Seminar will be offered by the LV Wine club once per quarter, the next session being in early January. Attendance will be capped at 36 per session, and the seminar fee will be \$30 per person, payable in advance. In mid-December the invitation will be emailed to people on the LV Wine Club mailing list.



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RV Breakfast

Continued From PAGE 11 —

champagne? At the bar, you had options-mimosas, plain orange juice or just straight champagne (which, of course, I had.) The RV Club President Norman Berezowsky was expertly running the bar and serving up drinks with a smile. I love a happy bartender.

As if this morning feast wasn't extravagant enough, the wait staff comprised of RV members themselves, were decked out in tuxedos! Because, really, what says "pancake breakfast" better than formal wear? The guys were clearly having fun, and they looked fantastic doing it. Breakfast was so fancy, friendly and fun, an unbelievable bargain at \$10.





Left, Norman Berezowsky, RV Club President and Bartender; right, Lee with Steve Barker.

CLUB NEWS

VILLAGE ARTS

By Patti Crichton

November is a busy month in the world of Village Arts!

Our monthly meeting will be Wednesday, November 6 at 1pm

elsewhere. This will be fun!

in the MPR. Members will be sharing an interesting artsy item they have around the house or

We will finalize plans and signups for the upcoming Autumn Art Show on Sunday, November 17th from 10am till 2pm.

All Villagers and their friends are invited to attend the Show to see a variety of artwork from various Leisure Village Clubs, including paintings, ceramics, jewelry, photography, crafts and more! It is the perfect time to choose your holiday gifts.

On November 13th, we are invited to the Newbury Park Library 6-8pm. The Poetry group there have chosen four pieces of art done by Village Arts members as inspiration to write poems. We will have the opportunity to hear the poems alongside the artist and their work. Villagers are invited.

Watercolor classes for this month are Monday, November 11th at 1pm and Friday, November 15th at 1pm and 2:30pm. Text Patti at 805-760-7673 to sign up.

Collage classes with Barb Mathis are Friday, November 8th and Friday, November 22nd at 1pm. Call or text Barb at 818-314-9939 to sign up.

Members, mark your calendars for our annual Holiday Luncheon at Ottavio's on Wednesday, December 4th. Details will follow.

Be sure to see the paintings on display in the Leisure Village Library by featured artist Mary Ann Andrews for the months of November and December.

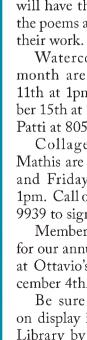


By Marci Lapair

If you are not currently a member of the Music Club this is the time to join us. All memberships purchased beginning November 1 will be effective through 2025. The Music Club is supported through our \$10 annual membership dues.

All our members receive email reminders and advance notice of upcoming club activities. The LV Music Club provides 7 monthly activities for the enjoyment of the village residents. Our monthly activities include Open "Mic" night, movies twice a month and the Groovin' Easy Swing Band every Tuesday evening.

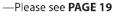
Membership dues help cover the cost of the complimentary refreshments that we serve at all our events. You can join or renew your membership at all Music Club activities. We would appreciate your support. For more information call Marci Lapair 818-399-0843.



WORKSHOP FOR WRITERS

By Mark Sconce

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Workshop

Continued From PAGE 18 —

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We meet for two hours every second and fourth Wednesday of the month. We meet in Pat's Literary Salon.

For more information please call Mark Sconce 805-586-4485 or msconce@gmail.com.

BONE BUILDERS

By Fan

RSVP (Retired Senior Volunteer Program) sponsored Bone Builders Classes are held 8 times per week in the Santa Rosa Room. Exercises are specifically geared for seniors to improve balance and to increase bone density. Free 1 hour sessions are Monday and Wednesday at 8:15am, 9:30am and 5:30pm; Tuesday and Thursday at 6:00pm. These are not drop-in classes; registration is required. For the 8:15am class, call Beth 224-245-4313, for the 9:30am class, call Fan 805-405-5018, for the 5:30pm class, call MaryAnn 805-390-1909, for the 6:00pm class, call Marie 732-407-1816.

MEN'S GOLF

By Tim Palmer

September was a busy month for the LVMGA. The Regulation Tournament was held at Camarillo Springs Golf Course and some excellent scores were recorded.

Barry Doyle won the A Flight with a great two over par 74, Dick Fisher won the B Flight and Elliot Sklar won the C Flight. In the course of the tournament, 13 birdies were recorded, up by 10 from the previous Regulation Tournament at River Ridge.

The Annual Al Fox Harvest Picnic and Golf Tournament was held on September 24. A mixed tournament for both the LVMGA and the LVWGA members, it was a beautiful day and the participants enjoyed some great golf and a wonderful picnic.

The Leisure Village Board of Directors approved the Southern California Golf Association (SCGA) rating the golf course, which will enable members to join through the Village Course and have an SCGA handicap. The next step is for the SCGA to rate the course. Well Done, Presidents Jon Hall and Sharon Price!

WII BOWLING

By Lois O'Connor

Since the last Inside Leisure Village issue, another Wii Bowler has joined the 300 (perfect game) Bowler ranks. Edithe Walsh bowled a 300 game. Congratulations Edithe!

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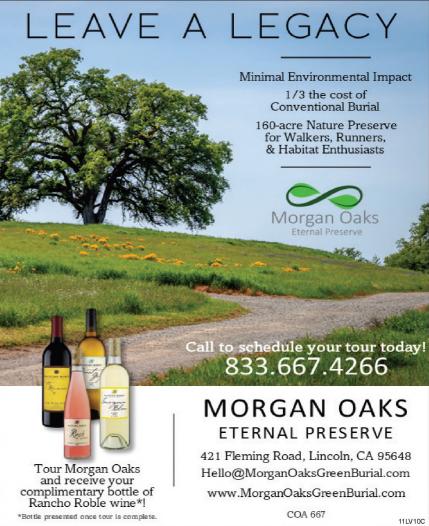
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Wii Bowlers, remember to reserve Saturday, December 7th for our Annual General Meeting, Holiday Potluck gathering and Holiday Tournament. At the general meeting we will be voting to fill the president and treasurer positions for 2025. Debra is stepping down as president and the Treasurer position will be available. Thank you Debra Pettit and Barbara Cranfill for your service. The potlucks are always enjoyable and the tournaments are fun and challenging. Signup sheets for the tournament and potluck will be available the latter part of November. Be sure to MARK YOUR **CALENDARS!**

—Please see PAGE 20



Wii Bowling

Continued From PAGE 19 —

The club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Clubhouse Ventura Room. If interested in participating in our fun filled club, contact the club's president, Debra Pettit at 805-504-6774.

LET'S DANCE CLUB

By Patrick Price

This month we're dancing to the Live Rock & Roll Sounds of Coastal Drive. Let's Dance is always on the 3rd Saturday of the month in the AR, from 7:30-10:00. This month it will be on November 16th. Admission to Let's Dance is just \$10 per person. Coffee, water, and punch will be provided as well as dancing the night away. It's BYOB/snacks.

Celebrate the New Year with the Let's Dance Rock'n New Years Eve Party on 12/31, from 9:00pm - 12:15am. (There will be no third-Saturday dance in December.) Doors will open at 8:30pm. Tickets will be \$20/person with a two/household limit (with some exceptions.) Tickets will be on sale at the November dance with general ticket sales to LV residents, starting on December 2. More information to come in the December ILV article.

WOMEN'S GOLF

By Patti Crichton

There are some important updates for Women's Golf in November. Not only will the tee time change to 8:30am instead of 8am starting November 6th for winter,

BUT members will also have an option to play at 10am! This is a brand new idea to accommodate those golfers who prefer to wait until they wake up and feel warm. Maybe this new time will attract some more golfers! Same etiquette rules are in place to sign in at the Golf Shack 15-30 minutes before tee time with \$2.

A special thank you to all of the members who made our spooktacular Halloween scramble golf course decorations and lovely luncheon on October 30th. What a group of wonderful women! including organizer Carol Dietz and Chef Wilma Huston and their teams.

President Cup results for this year are 18r winner is Geri Lisanti-Levy and 9'r is Patti Crichton. This was a close Low Net Match Play tournament.

Our November meeting is in The Garden Room on Wednesday, November 13th at 2pm and social time begins at 1:30pm. New members are always welcome.

Much appreciation to our golf course maintenance crew who sanded all of the greens in October and continue to work hard all year round to keep our course in good shape!

Members, mark your calendars for the Women's Golf Holiday Luncheon on December 11th!

LV PHOTO CLUB

By Chuck Morrow

The Photo Club held the October competition meeting on October 3rd in the MPR.

The meeting was conducted by Roya Parsay, the club President. The Assigned Category for the meeting was "Reflections" with a wide array of photos submitted by members showing their interpretations of the theme. Returning to judge the evening's submissions was Dr. Hai-En Peng, a foot and ankle specialist from Camarillo. Dr Peng is an avid amateur photographer, and the club wishes to thank him for taking the time to judge the monthly submissions.

The Assigned Category for the November 7th meeting will be "Seascapes."

October Winners were: Assigned Category – Jeannie Davis – "Bow Lake Reflections," Open

—Please see PAGE 21

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Photo Club

Continued From PAGE 20 —

Category - Tom Pizza - "Gull," Mobile Category - Frank DeSimone – "Ventura Sunset."

If you have walked down the hall in the Recreation Building and paused to look at the monthly photos hanging on the wall and thought, "that would look nice hanging on my wall." Now that may be possible. If you are interested in purchasing one or more of the monthly photos or a copy with the photographer's permission you can do so for \$25.00 each. This is a fundraiser for the Photo Club. For more information contact Roya at 831-869-7698.

LV WRITERS CLUB

By Debbie Glass

"I love writing. I love the swirl and swing of words as they tangle with human emotions." - James Michener

Come hear what your friends

Players Guild

and ready for fun, candy and

prizes. Outstanding in her

Continued From PAGE 7 —

week, as we share our stories and insights, we learn more about each other and ourselves. Check out our display in the library to see some of our work.

We meet on Mondays in the Sun Room from 1:00 to 3:00 pm. All LV residents who love to write and share their stories are invited to participate.

For questions about the Writers' Club or a Calendar of Meeting Dates and Topics, please contact Debbie Glass at debglass412@ gmail.com. Enter Writers' Club in the subject line.

GRAPES R US WINE CLUB

By Jan Bender

Our club tasting sessions are held on the third Friday of the month, in the AR at 7pm. All LV residents are welcome. Each session is \$15. To receive the monthly invitation, email Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518

Our October Tasting featured and neighbors have to say. Each five dessert wines, which was

> Upcoming Auditions for The Curious Savage (the Players Guild "big show" for next year) will be held Monday and Tuesday, December 2 and 3 in the MPR at 7 pm.

> Players Guild Holiday Dinner will be held on Thursday, December 19 in the AR. We will begin at 5 pm. The event will be catered by Red's of Simi Valley. Menu includes chicken, ribs and pasta marinara with sides: beans and coleslaw. Iced tea and lemonade will be served and dessert is included. BYOB. The entertainment will be provided by Richard Weiss and Friends. Tickets are \$30 per person and go on sale November 1 through December 13. For tickets call Barbara Stone at 805-388-8867.

unusual, but we had a rare late harvest Reisling to taste, so Don and Barbara Senior decided to give us an evening of dessert wines. We were welcomed with a sparkling Moscato in the Asti Spumante style. Then we tasted two dessert wines from Quady Winery - Essensia, a rare orange Muscat, and Electra, a black Muscat. We finished with a Portuguese Port from the Douro region. Since it was dessert, we had some fine biscotti to accompany the wines.

Jon Niemann is on the hunt for some interesting wines to bring us for our November tasting on the 16th.

LV WOMEN'S CLUB

By Barbara Cogert

On November 14th the Women's Club will once again host and honor our Leisure Village resident Veterans (and their significant other or caregiver) with a special, free of charge event. This occasion will include a luncheon, military anthems, music, patriotism and special guests, and a token of appreciation to remember the day.

This event is free to all LV Veterans, but a ticket is required for entry. Vets can pick up tickets in the AR lobby between 10:30 am -12:30 pm on November 5, 6 & 7. For more information and to pick up tickets outside of these dates/ times, please contact Bev Davis at 805-216-6211.

This event is exclusively for LV Veterans and their significant other or caregiver only.

BILLIARDS CLUB

By Patrick Price

The Billiard Club is dark for November. The Wednesday League (10 am Wednesdays) and the Thursday night Social Round Robin at 6:30 (be there by 6 to get your name on the list) continue.

Thursday Night Round Robin needs coordinators to oversee the Social night. Contact Kathy Wirtz 818-445-1057 for membership.





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Players Guild debut was newcomer Jennifer Yaker singing 1956 cult classic "I Put a Spell on You," backed up by dancers Rosanna Brown, Jane Belsky and Sue Ellen Culp. Lynn Kremer, the little devil you may remember from Players Guild's 2023 Damn Yankees, was amusing and engaging in a reprise of her wonderful performance of "Those were the Good, Old Days." Ms. Hol-

lander's thoughtful planning

also showed in the order of song

performance she chose which

told a story without an emcee.

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hi Villagers! Our Saturday Night Dance Party is a long-time successful dance. Thanks to Jackie Nelson and all the volunteers. Our dance floor is great and lets you dance the night away. You can meet new and old friends and just listen to the live music.

November 9th, Michael Falcone, Cha Cha lesson, November 23, Eric Ekstrand, Hustle Lesson. Come join the fun. \$10.00 admission per person, lesson included. Lesson 6:30 to 7:15, dance 7:30 to 10:00. First time residents receive a complimentary ticket. Happy Turkey Day and Bless our Troops.

LV BOWLING

By Gene Kinsey

What you have all been waiting for has finally arrived—the Fall bowling season! The league has just completed week six but there is plenty of time to enjoy the rest of the season which goes until next May. Dues are \$20/ year and weekly bowling is \$14. This is more fun than many people can handle so think carefully.

Top bowlers in the initial weeks

are for the men: Norm Berezowsky 233, Dick Fisher 208, Myron Jones 173 and Joe Quackenbush 153. For the women: Clancy Martel 146, Kristine Jones 169 and Bobi Shmerling 131.

If this sounds like something you just cannot resist every Friday morning from 9-12 at Harley's Camarillo Bowl, just call Bobi Shmerling at 805-389-1975. You will be so glad you did! Even if you only want to bowl occasionally as a sub, make that call.

CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

DEADLINE for the next publication is 5pm on Friday, Nov 15.

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

ESTATE SALES & LIUIDATIONS – Let us help you clear your home! Buying silver flatware and tea sets, vintage ladies purses, costume jewelry. Call or text 805-206-4101 Melanie-Moves.com

CONEJO CEMETERY CAMARIL-LO – 2 companion plots for sale that each hole 2 caskets. One plot \$12,500 (2 caskets) Purchase both plots \$21,000 (4 caskets). Jean 626-780-0341

For Sale: Pair of bar stools, recliner, large recliner-power, 4 drawer chest, 2 drawer file cabinet, oval sofa table. 818-687-9683

Medicare Advantage / Medicare Supplement / RX plan, complimentary review. Annual enrollment period 10/15 – 12/7/24 Melinda Sliger, American Legacy Solutions, licensed health insurance broker 13 years experience 805-901-3719 – msliger@algacy.com

A MOBILE NOTARY: I come to you for all your "Notary Needs". Leisure Village resident. Call Chuck 805-419-3457

Tell your life story! Memoir ghost writer for hire. Writing, editing and publishing support available. Call Bryan 805-901-4566, Bryan BWriting.com

FLOWERS: I design stunning floral arrangements for every occasion, let me design the perfect flowers for you! Delivery available. LV resident. Sofia 805-630-6479

Need gift ideas? I make and sell candles and wax melts here in the Village. Visit my website at www.justb. store.com. You can contact me at 661-803-1959 smariebowden@gmail.com

APPLE COMPUTER SPECIALIST/ Macs Made Easy: Laptops, desktops, iPhones and iPads. Troubleshooting & tutorials. LV resident. Reduced rates. Reliable. Easy to understand. Patient. Louis Lapides 805-490-3127

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GUITAR TEACHER - I buy Guitars 805-987-6360

Lynn Lerz: Massage Therapist. "Let me rub you the right way to better health." In Village 36 years. Exp. Best refs 805-484-2308

INTEGRATIVE PHYSICAL THERAPY IN YOUR HOME: Specialist in chronic pain and mobility issues and lifestyle analysis; energy/holistic healer. Leisure Village homeowner Jeannie Davis PT, MPH 818-693-1002, JDDphysicaltherapy.com

Acupuncture – Dr. Sheri Jennings. Specializing in healthy aging. Help with back pain, knee pain, sciatica, sleep, weight loss, blood sugar, etc. Clinics in Thousand Oaks and Oxnard 310-926-0909 SheriJennings@mac.com

DOG WALKER – Harry 303-601-2137- Leisure Village ALSO available for dog sitting. Reasonable rates, punctual & professional. Short or long term. Available to emergencies.

CAT SITTER dependable village resident. References Marlene Collins 818-419-2159

MOBILE CAR WASH and Detail. Many clients in the village. Appointments: Barney, text or call 805-844-2404

CBD – Have you been searching for a company you can trust? One who uses organic ingredients and tests each batch? You found it! www. FloraMercantile.com (970-393-2186 Chris: LV resident

House cleaning – Call Juana 805-236-1154

Need help with clutter or moving? Senior discounts, free consultation. Honest, caring, dependable. Mary 805-760-6272

Lupita's Cleaning – weekly, biweekly, once a month, when moving in/out. Trustworthy. Excellent Leasure Village references. Free estimates. Call 805-302-3857 please leave a message.

ZOILA Housekeeping – have worked in Leisure Village 18 years, I am an honest person, serious and hard working. Call 805-342-9607, if you need your house cleaned.

DRIVER – Ricky – LAX or UCLA 818-389-3135

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

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Professional Carpet Cleaner – Jeff G with Global Green 888-774-2547. Services include carpets, area rugs, tile and upholstery cleaning. Serving LV for over 20 years. LV Referral Resia Ross 805-484-5570

WINDOW CLEANING – Serving Leisure Village since 1996. Sparkling clean windows, mirrors, screens & tracks. Woman owned business: Free estimates. Referrals available. REVEAL WINDOW CLEANING – Julie 805-258-6821

-Please see PAGE 23

Classified Ads

Continued From PAGE 18 —

Got dirty windows? Island View Window Washing can take care of that for you with friendly professional service. Call us at 805-825-8709 for an appointment

Painting - Raul Rodriguez 805-814-1652 English, Spanish 805-290-8545 text ok. references

HANDYMAN/INSTALLA-TIONS - Electrical, Plumbing, appliances, rain gutters, cleaning windows, repair broken things, hanging shelves and pictures, painting, hauling, any help. Call Eric at Merchandise Assembly 805-210-0489

Hugo's Garden Services: lawn and garden maintenance. Cleanup, tree pruning and removal, sod/seed installation. Over 23 years working in Leisure Village, LV references 805-482-0985 or 805-216-8835

Yard work – clean up maintenance. Call or text Mary. Reliable and friendly. Plant knowledgeable 805-728-2911

Lisa's Senior Services - I'm here to help you with errands, chores, light cleaning and food prep, tech help, organization and simple repairs. Call me for more info 805-402-7482

HOME HEALTH CARE: \$18/ hour. Octavio 805-276-2781 CNA (Certified Nursing Assistant). Dependable and Caring. Reasonable rate

In need of certified in-home care or transportation? Experienced in dementia care and health care. Reliable, efficient and empathetic to my clients. Full or part time Eve 805-504-7236

Experienced caregiver with 20 years experience working with the elderly. Honest, hard working and reliable. When you are in need of quality caregiving pleases call Lyn L @ 805-402-8483

Experienced caregiver with 35 years experience working with dementia/ Alzheimer's. Please call Josefina 805-236-1154

35 years experience worked in the village 30 years. Can help with your everyday needs and wants. Compassionate, caring, dependable, background cleared. Available all shifts. Theresa (Home with Heart) 805-402-6588

Experienced compassionate caregiver. Patient, flexible, reliable and hardworking. Can drive for your appointment or errands. Providing for you daily needs. Willing to help with anything you need. Contact Cheri 805-444-2379

Regularly Scheduled Club Meetings and Activities

(doors open 4:45.) Contact: John Herrera 805-419-4195.

Duplicate Bridge: Monday and Wednesday evenings at 6:45pm in the Garden room. Vonnay Brook 805-586-7155 or cell 909-225-6100.

Great Decisions: 4th Monday 9:30am in Sun Room

Music & Motion: Fridays, 9am to 10am in the AR. For info call

Bingo: Wednesday 6pm in AR Margie at 805-437-6100 or email margiegrm@aol.com.

Pet Club: Does not hold regular meetings, but please contact Shawn Baker for information. 805-233-1725 or shawnbakerhomes@gmail.com.

Save Our Sight & Hearing: 3rd Thursday in Sun Room. For more info contact Terry Connor 805-482-7806.

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November: A Time of Gratitude

A time of personal reflection on all our many blessings.

Veteran's Day—Monday, November 11th

We are SO grateful for all of our Veterans. Thank you for your service. Thank you for making it possible for us to live and work in this great country. It is an honor for us to fly our flag in honor of our great Military.





Thanksgiving Day—Thursday, November 28th

Our hearts are filled with gratitude for our many blessings. Family, Freedom, Friends and good health are at the top of the list. We work hard to serve all our clients and in turn we are blessed by great referrals. Thank you for all your good words.

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