

During this time it was a very hard transition. It was a complete switch on how my life changed. At first, I was not too concerned, but as cases and death rates increased I realized it was a serious problem. Being a student was difficult because switching to zoom was something I was not familiar with. Constantly attending classes through zoom made me miss going to class and just being on campus in general. Social interaction was something I needed to keep me sane during the shelter in place. As days go by I just had to adapt and keep myself busy and not thinking about this tragedy we faced. During this time I did find some positives and negatives during this time.

A big negative was that I missed my family and friends. I would be able to facetime them but it was not the same when you are interacting in person. I became unemployed and it was a stressful time because everyone needs money to pay for bills. Luckily enough I had enough money saved to cover my expenses before my unemployment claim was processed. I really do miss working. I just cannot go day by day not doing anything because I am so use to be being on the go. Not being able to workout at the gym is also important that I wish we still can be doing. I was able to work out at home but it just was not the same and I did not have any equipment. So I had to make use of what I had and bodyweight exercises.

During these times I was able to gain some new outlooks. With all these negatives I faced I was able to act upon it and find alternatives. I would just constantly stay busy by picking up new hobbies like Djing more. I would do different varieties of workout to increase my knowledge but also still be functionally strong. I would keep in contact with my loved ones by just facetime and checking upon them.

Though it is a tough time we are enduring we must just stay positive and hope for the best. Use this time to improve yourself and future plans you have when the shelter in place is lifted. One thing I learned during this time do not take anything for granted because it can all be taken away in an instant. In the end, we faced adversity but we can get through this as long as we take it day by day.