

# The Daily Collegian

California State University, Fresno

Monday, February 1, 1988

## Dealing with student stress

Organization key in coping with academic stress

### STRESS

Part one of a series

By Kendall Kerr  
Staff Writer

College students throughout the nation are faced with numerous pressures everyday that often lead to overwhelming tension and stress.

Feelings of stress are natural to a point but can be dangerous if these emotions pass a certain limit.

The tensions that affect students vary from person to person, but there are several situations that the majority of college students deal with.

College freshmen who are away from home for the first time often experience a large amount of stress.

"This is a syndrome known as reactive separation," said Dr. Button, a psychology professor at CSUF.

This syndrome can be serious until a student realizes that things at home are the same as they always were.

"A student will be fine when they see their parents can get along without them," said Button.

According to Dr. Samuel Franklin, a psychology professor at CSUF, students are concerned about their futures and making a living. They are afraid of failure.

The constant evaluation during college brings on pressures that students did not experience in high school. Classes are more difficult, test preparation requires extensive studying and professors expect accomplishment from their students.

"College is a constant competition," Button said. "Students worry about not

being as smart as other students."

Social and sexual problems can also bring on uneasy feelings that students have a difficult time coping with.

"Many students are overtaxed. They try and do too many things at once," Franklin said.

While taking a full load of classes, some people have a job or possibly two, belong to a social organization and participate in sporting events and other activities of their choice.

For many people, trying to accomplish several things at once can bring on high levels of stress which often lead to maladaptive behavior and illness.

Eliminating stress is not the key to a healthy life, but managing stress and using it wisely is helpful.

"Moderate levels of stress produce productive behavior," Franklin said.

The key to managing stress is monitoring one's self. Franklin stated that if a student is aware of his or her self and starts to become overwhelmed by a situation, they can do something to control it.

"Students have to learn how to cope with stress," said Button.

Having an organized life is beneficial to minimizing stress. For instance, know when your papers are due and the date of exams ahead of time so studying can be planned and done on a regular basis instead of the night before.

A regular exercise schedule is also good in assisting stress reduction, said Franklin. Choose a certain time each day to exercise and stick to the schedule.

Organization will alleviate the chance of sudden occurrences which are stressful to some people.

Learning to handle stress can not be done overnight. Students must figure out what kind of people they are and work within those limitations,

### Running by numbers



Kurt Hago/Daily Collegian

A lone runner does laps on an otherwise empty track at Warmardam field on Sunday.

## Short-term student loans available

By Kendall Kerr  
Staff Writer

The money necessary for class registration, books, rent, food, and other expenses that students encounter, is not easy to come by for everyone; that's why California State University, Fresno offers short-term loans in a matter of 24 hours to those who apply.

In order to be eligible for a short-term loan, a person must be a full-time registered student with a job or receiving financial aid.

Applying for the loan consists of filling out an application and having an interview with one of

the loan officers in the Joyal Administration Building.

"I like to think that we will talk to any student anytime about a financial problem," said Lee Spencer, student aid accounting officer.

The maximum amount of money that can be borrowed at one time is \$200.00 and the finance charge is 12 percent per year or a minimum of \$2.00, whichever is the larger amount.

"Students only have to pay for the actual time they have the money," Spencer said.

Loan recipients are given 60 days to pay back the loan, but there are exceptions for special cases.

CSUF has a loan committee which reviews applications that are denied, grants someone more than \$200.00 if necessary and gives extensions for loan payments.

"The committee is comprised of people who are sympathetic to the students," said Spencer. "My job is to see if the student is capable of paying back the loan."

"The committee looks at the situation in a different light," he said.

Requests for more than one loan in a semester are usually presented to the committee, especially if a student just completed paying a loan and

wants another one.

One stipulation for short-term loans is that no more than three loans per student can be granted in an academic year.

There is a 99.9 percent success rate for students seeking short-term loans, but a student may be denied a loan if they have a bad credit history or no adequate means of paying the loan back.

The money is usually given to the applicant a day after approval, but if the money is needed for walk-through registration, a check can be handed out the same day of application.

Spencer said approximately 800 loans are granted each fall and 600 in the spring.

The majority of the funding for short-term loans comes from donations to the university as memorials to people who have passed away. According to Spencer, Ralph Evans, a former dean of the School of Education, recently donated \$1,000 for short-term loans.

Faculty at CSUF also donate money.

When a student receives a loan, they are given a promissory note to sign that bears the name of the donor.

McCue's View

IN AN ATTEMPT TO COUNTER LOSSES IN RECENT POLLS, THE HART CAMPAIGN TODAY ANNOUNCED A PLAN UNDER WHICH THE CANDIDATE WILL ARRANGE DATES TO THE INAUGURAL BALL FOR EVERYONE WHO VOTES FOR HIM. FILM AT ELEVEN.



# Reagan days nearly over: 354 to go

JoAnn Baltau

I received good news in my Sunday *Los Angeles Times*. There are only 354 more days to go and damn happy I am about it. We have lived through 2,570 days of Reagan. Compared to 2,570, 354 days is just the ending of a bad movie.

A little over seven years ago, a man named Ron took over this country, and supposedly, there was a rebirth. Colleges were alive with the feeling of capitalism, and conservatives were no longer in the minority on the university campus. No more liberalism, idealism or social reform for the youngsters of this nation. The economy was to be healed. There would be no more homeless, no one would go hungry and everyone would just say "No" to drugs. Ron and Nancy were going to bring back Camelot and the joy of being an American.

This year begins the lame-duck year of Ronald Reagan's presidency (I am resisting the obvious crack that Reagan has always been lame), but as Ron said in his State of the Union Address, they're still here—only for 354 more days, though.

Why, you ask, is the *Times* covering how many more days Reagan has left in office? There is a La Jolla author and publisher who has created a special calendar for those who are eagerly awaiting the credits of this Reagan movie.

John McGilvery, who admits he does not have Reagan's autograph and really doesn't want it, is selling "The Ronald Reagan Countdown Calendar." It contains 746 prime quotes from the Reagan era that are, in his words, "Edifying, astonishing, hilarious and appalling." It opens with a quote from Ben Franklin: "In rivers and bad governments, the lightest things swim at the top."

I am hoping this calendar will include most of my favorite Reagan quips. The

ones that really show the true abilities of Ronald Reagan and his desperate need for a better script and director.

Reagan showed some honest-to-goodness Americanism when he declared that no one in America went without food and if they did, it was just because they did not know where to go. The president, of course, said this right after he vetoed a bill that was to establish a program to inform people where to go for government aid.

Speaking of government aid, the administration handled it well when Reagan declared there were no homeless in the United States—at least if they were homeless it was by choice, that it was their own fault. With the help of his advisers, Reagan conveniently joined hands in Hands Across America (a joining of hands from one coast to another to raise money for the homeless). The public liked that.

The public didn't like it when Reagan wanted to visit the Nazi cemetery in Bitburg on a trip to Germany. But hey, these guys died too, and it would help relations between the nations, according to Ron. What it did do was stir up a history that Reagan was not capable of dealing with.

Reagan did deal with the Iran-Contra scandal pretty well. He forgot. That was good thinking on the administration's part. If you don't want to discuss it, you forget. Can you remember what you were doing on Aug. 15, 1985? I can't. Of course, I wasn't trading arms for hostages or diverting funds to the *Contras*.

My favorite, absolutely most favorite, Reagan remark was that a huge trade deficit could be a sign of strength. Does that mean Reagan's quotables could be a sign of intelligence?

Only 354 more days to go, and as "The Ronald Reagan Countdown Calendar" ends on Jan. 20, 1989 with the inauguration of whoever will be our next president: "Noon: and not a moment too soon."

JoAnn Baltau's column appears every Monday in *The Daily Collegian*.

## CALENDAR

Entries for Intramural Basketball will be available Jan. 25—Feb. 4. For more information, contact North Gym 109. DEADLINE is Feb. 4.

Students who are graduating need to apply for evaluations before Feb. 5.

The National Student Exchange deadline for applications is Feb. 26. Information is available in Thomas Administration 110.

The Hispanic Business Student Association will meet in College Union 310 at 5 p.m. Monday, Feb. 1. All are welcome.

The Chicano Health Organization will meet in San Ramon 4, Rm. 220 at 5 p.m. today.

The Anthropology Club will meet at Round Table Pizza on Shaw today at 5:30 p.m.

The Hispanic Business Student Association will meet today at 6 p.m. in College Union 310.

Colmena Universitaria Hispana will meet today at San Ramon 4 #222 at 5 p.m.

The Health Science Club will meet Tuesday at 2 p.m. in Science 193. All are welcome.

The American Marketing Association will have an orientation meeting Tuesday at 6 p.m. in Old Cafeteria 200.

Chicanos in law will hold a meeting Tuesday in College Union 310 at 4 p.m. Guest speaker will be Carmen Romero from the Fresno County Legal Service.

The Sociology Club will meet Wednesday at 3:30 p.m. in the Sociology Office.

## The Daily Collegian

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Photographers - Akemi Miyama, Lane Turner

Advertising Reps - Eric Anderson, Jeff Bauman, Tony Martin, Dave Spencer

Circulation - Bill Lerch

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## Reader Response

to *The Daily Collegian* is welcome. Please send letters of no more than 250 words to *The Daily Collegian*, Keata Campus Building, California State University Fresno, Fresno, California 93740-0042. Letters must be signed and have the author's name, telephone number, and address.

### Aviles thankful

Dear Editor,

Due to an academic tragedy, I had to be removed from the infamous Associated Students Senate (the place where the "good" and "honest" people roam).

Now that I am leaving the "Big House," I would like to thank all of the people last semester who had faith in me and helped me to try and stop the AS from tricking the students. It's tough to fight against the political elites of our school, but it's interesting.

As a result of my article last semester, the Berkeley trip and the Tahoe retreat were cancelled, though AS members might argue otherwise. The retreat was held this weekend in Fresno for about four hours. The idea of hiring a business manager also seemed to disappear last semester. They were stopped from wasting some of the students money.

I used to think it was impossible to change things in the Senate. Now I know it's possible, even though you might not have the support of any of the senators. As long as you don't let these little political titles get to your head and as

long as you don't become a political wimp like all of the other senators last semester, with the exception of John Phillips (I haven't seen him display any of what appear to be essential political qualities), you can make changes.

I believe that with the help of the students last semester, we were able to carve a tunnel of hope in that ultra enormous mountain of despair. If we have faith in ourselves and the people who want to make changes (a bulldozer that can get through a petrified rock wouldn't hurt either), we can continue to carve these tunnels.

As long as there are people like Scott Vick and Mark Astone and the Muppets controlling our student government, there will always exist anti-corruption forces to fight against them.

Sincerely,  
Ex-Senator of the School of Natural Sciences,  
Frank Aviles

P.S. I only hope my removal doesn't cause any of the AS members to go into an emotional state of major depression.

Please see LETTERS, page 3

Opinion

# LETTERS

Continued from page 2

We developed such a special bond last semester. You know like the kind of bond that exists between a cobra and a mongoose.

## Investigating worth

Dear Editor,

The Associated Students Senate Public Affairs Committee (the Condom Committee) is not trying to force condoms into the shadowy crevices of "dirty" restrooms. In fact, all that the public affairs committee has been doing is conducting an investigation of the entire issue to determine if installation of condom machines is a worthwhile direction, all this at the request of numerous students. Harold Blood has eloquently illustrated that this issue is not a simple one. Consequently, a decision has not been made by the Senate on this issue.

I am not, nor do I claim to be leader of

the "condom movement." I served only as an information source for what the public affairs committee was and is doing. So to Ed Cahill, I'm sorry that it appeared that I was the band leader of this movement and the recipient of undue attention. I cannot, however, control the reporting staff nor the editorial content of this newspaper.

Scott Vick  
Legislative Vice-President  
Associated Students, Inc.

## AFROTC wants you

Dear Editor,

On Thursday, January 28, it was announced to the cadets of AFROTC Det 035 at Fresno State that as of 1989, the corps would shut down this detachment completely. The announcement came as a surprise to all of us cadets. We were stunned, and in many cases, uncertain of our future.

Fresno State has had an AFROTC chapter for four decades, and in that time, this chapter has done much more than train many college students to become professional officers in the Air Force.

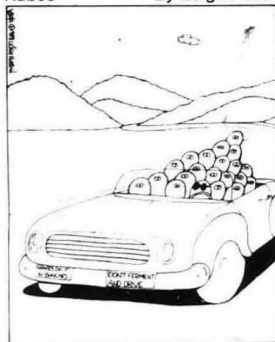
AFROTC has provided services to both the university and surrounding community as well, including color guards and parking attendants for football games. Scholarships are made available to bright students who would otherwise not be financially able to attend a university. Indeed, the presence of such an institution adds to the diversity and range of programs offered by the university, and it is the only program in the Central Valley between Sacramento and Los Angeles. The closure of this institution will not only be a loss to its cadets, but will also be a blow to its university as a whole.

Fortunately, the closure is not irreversible. Congressional pressure could well influence the decision to be overturned, but that pressure must be very strong. We as cadets of AFROTC and students of Fresno State have committed ourselves to providing our congressmen with this pressure, but we need your help if our efforts are to prevail. Please write your congressman or call him, letting you know how you feel about this issue. Also, a petition will be made available in the Free Speech area for signatures, and

we encourage anyone who can to add their name to the list. With hard work and the right amount of pressure, we can win this battle—but we need your help! Will you join us?

Sincerely,  
Dan Dorman

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Wednesday, February 3, 1988	9-10am
Thursday, February 11, 1988	1-2pm

All workshops will be held in the Upstairs Cafeteria, Rm 200. You are not required to sign up in advance in order to attend. For more information, stop by the Career Development & Employment Services Center, Joyal 267, or call 294-2381.

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## 1988 Bulldog Baseball/Softball Preview

Tomorrow in the Collegian

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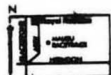


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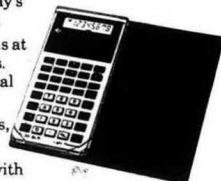


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Wednesday — 1410 to 1500 — Schedule Number 23144

Instructor: Captain Tom Vigil



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## ARMY RESERVE OFFICERS' TRAINING CORPS

# Collegian Sports

California State University, Fresno

Monday, February 1, 1988

## 'Dogs blow lead; fall to Titans in OT

By Lee Passmore  
Sports Writer

The degree of frustration in close road games for the Fresno State men's basketball team may have reached its peak last Saturday night at Cal State-Fullerton.

After leading by six points late in the game, the Bulldogs suddenly went cold and lost in overtime to the Titans of Fullerton 64-57. The loss capped an unsuccessful two-game road trip for the 'Dogs who dropped to 5-13 and 2-7 in the Pacific Coast Athletic Association.

The Titans, by contrast, won their second in a row to improve to 6-12 and 2-7 in the PCAA. They are now tied with the 'Dogs for eighth place in the conference, two games ahead of last-place, winless Pacific.

FSU appeared to have this game in the bag with a 50-44 lead and less than five minutes remaining in regulation, but from that point on could only score one subsequent free throw.

As a result, Fullerton came back to force an overtime. The Titans scored first in the extra period and the 'Dogs never were able to answer back and retake the lead.

"This was an especially disappointing game in that we could have controlled our own destiny but we didn't," FSU Coach Ron Adams told broadcasters after the

Please see 'DOGS, page 7

## Barnes cranks out Olympic qualifying mark

By Jon Matsune  
Sports Editor

All-American Lacy Barnes dished out an Olympic Games qualifying discus throw and went on to win the first annual Fresno State Women's Weight Pentathlon Saturday at Warmerdam Field.

Barnes' toss of 199 feet, two inches exceeded by only two American collegiate throwers — Stanford's Carol Cady (206) and Arizona State's Leslie Deniz (213-1).

For Barnes to qualify for the Olympics in Seoul, South Korea, she must still place among the top three at the Olympic Trials in July.

Barnes' mark also qualified her for the outdoor NCAA Championships where she is a two-time runner-up as well as The Athletics Congress Championships.

"It's nice, I guess," Barnes said of her throw. "But I tell you, if I don't win the NAAs this year, I'm going to be really embarrassed. It's a nice mark and all, but if I go back and throw like an idiot, then it's not alright."

In addition to winning the discus, Barnes took first place in the javelin with a throw of 164 feet.

"As far as the javelin, I was surprised and pleased," she said. "Just like I've said, I only practiced twice because my shoulder hurts so bad. I threw it on Wednesday and I was in pain Wednesday night."

Please see BARNES, page 8

## Wrestler breaks oldest FSU record

# Richburg wins No. 115

By Jon Matsune  
Sports Editor

Bulldog senior Allen Richburg recorded his 115th career win and broke FSU's all-time record for victories Saturday as he whipped San Jose State's Jim Sageri 16-5 in the semifinals of the San Francisco State Tournament.

The breaking of the mark held for 20 years by former-All American Mike Gallego was the highlight of an outstand-

ding day for Richburg, and teammates Vince Walker and Durbin Lloren.

The three Bulldogs, who form the nucleus of the FSU lineup, all won their weight classes in the tourney.

"I feel fortunate to have wrestled this long and in this many matches without having something permanently stop my career," said Richburg, who missed all but two matches of the 1987 season with an injury.

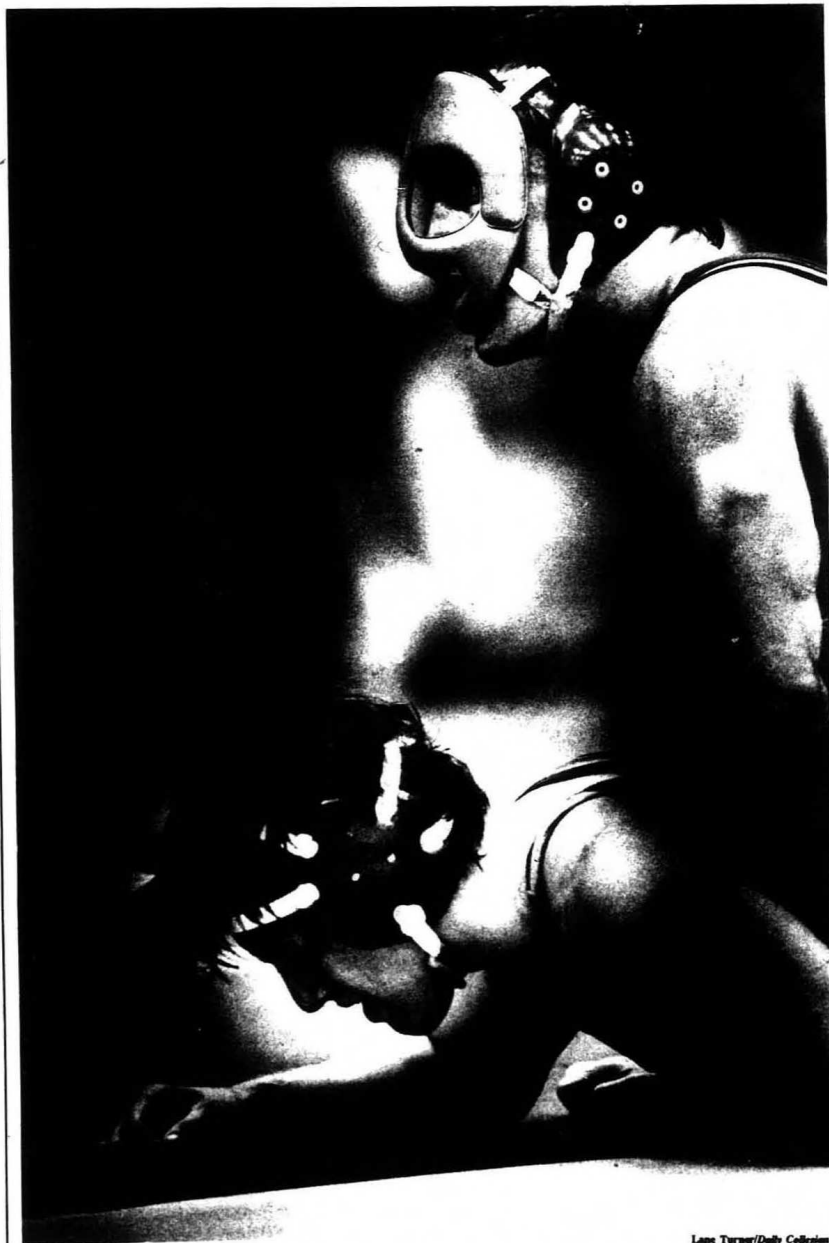
"It's a sense of accomplishment. It

means all this time and effort I put into the sport has paid off. Every time I get my hand raised, it's a payoff."

Richburg tied the mark with a 16-2 slaughter of Stanford's in the tournament's opening round. After beating Sageri in the semis, Richburg edged Cal State-Fullerton's Rich Zele 4-3 for his 116th career win and the 150-pound championship.

"Allen Richburg compares with

Please see RICHBURG, page 6



Lane Turner/Daily Collegian

Allen Richburg (top) secured both FSU's all-time win record and his first tournament title Saturday.

# RICHBURG

Continued from page 5

Fresno State's best as far as being a hard worker; he doesn't have the accomplishments of Fred Little or Sylvester Carter, but neither of them won as many times as Allen." FSU Coach Dennis DeLiddo said, referring to two other Bulldog greats Richburg passed in his record chase this season.

"(Richburg) belongs with Fresno State's best," DeLiddo added, "He's the greatest worker I've ever coached and the best team leader, too."

Richburg has now gone 9-0-1 over

his last 10 matches and is 26-8-2 on the year. His career record stands at 116-58-7

Walker, FSU's winningest wrestler in '87-88, also won all three of his matches for a first-place finish. The 167-pound Walker has now won 10 straight contests and is 33-7 this year. The tournament championship was his third of the season.

Loren, meanwhile, took top honors in the 158-pound class, and like Richburg, is 9-0-1 over his last 10 matches and 26-8-2 on the year.

Other standout Bulldog performances came from 134-pounder Jon Pierro, who grabbed second place in the tournament and 118-pound Darren Stevens, who finished third.

# Men's tennis finds going tough

By Brian Veneski  
Sports Writer

Neuter and Paul Schultz.

At Long Beach, Saturday, Marcos Garza won his two matches for the Dogs, 6-4, 3-6, 6-4 in doubles (with LeClercq) and 7-5, 6-3 in singles, and Pat Maley had another strong performance as he beat Long Beach State's Mike Bodon 7-6, 6-3.

The Fresno State men's tennis team found the going a bit too tough in Southern California this weekend as the young Bulldog squad fell victim to two of the nation's top squads, UCLA and Long Beach State.

The rest of the team, though, was frustrated as it lost four three-set decisions to the 49ers and lost 6-3.

The Bulldogs are now 2-2 overall and 1-1 in the Pacific Coast Athletic Association.

**EVERYBODY'S talkin...**

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7	WTN vs Hawaii 1:30pm Sierra Sport MTN vs Hawaii 1:30pm			MBK vs Long Beach State 7:30pm	WR vs Stanford 7:30 Lincoln's Birthday	MBK vs New Mexico State 1:00pm SB Alumni Game 1:00pm
14 Valentine's Day	15 Campus Closed President's Day	16	17 BB vs Cal Poly-SLO 7:00pm	18 WBK vs Pacific 7:30pm	19 BB vs St Mary's 7:00pm WR vs Cal Poly-SLO 7:30pm	20 TK vs Sac State/UC Davis/Occidental 11:00am BB vs St Mary's 1pm WBK vs Hawaii 7:30pm
21 BB vs Nevada-Reno 11:00am BB vs St Mary's 1:00pm	22 WBK vs Hawaii 7:30pm Washington's Birthday	23 BB vs Cal State Dominguez Hills 7:00pm	24 BB vs Cal State Dominguez Hills 7:00pm	25 MBK vs Cal State Fullerton 7:30pm	26 WTN vs Santa Clara 2:00pm Sierra Sport BB vs Nevada-Reno 7:00pm	27 WTN vs San Jose State 10:00am Clovis West H.S. MBK vs UNLV 1:00pm BB vs Nevada-Reno 1:00pm
28 WTN vs UNLV 10:00am Clovis West H.S. BB vs Nevada-Reno 1:00pm	29 BB-Baseball, Belden Field MBK-Men's Basketball, Selland Arena MSW-Men's Swimming, FSU Pool MTN Men's Tennis, FSU Courts		SB- Softball, FSU Bulldog Diamond TK-Track & Field, Warmerdam Field WBK-Women's Basketball, FSU North Gym WR-Wrestling, FSU North Gym			BULLDOG SPORTS CALENDAR RUNS THE 1st OF EACH MONTH

# Shorthanded Bulldogs notch 4th straight

By Jon Matsune  
Sports Editor

At the beginning of the season, one of the most outstanding characteristics of Bob Spencer's Fresno State women's basketball team was its height — namely a frontline including 6-foot-6 Simone Srubek and 6-5 Laurie Heinrichs.

Yet for most of Saturday night's Pacific Coast Athletic Association contest versus UC Santa Barbara, the Bulldogs didn't have a player in the game standing above 6-0. With Srubek out with a stress fracture of the foot, and Heinrichs in foul trouble; FSU was, for one of the few times this season, the shorter team on the court.

Early on, the disadvantage seemed to hurt the Bulldogs as they fell behind by as many as 11 points and trailed 28-24 at halftime. In the second half, though, a more tenacious Fresno State team steamrolled UCSB, scoring 51 points and walking to a 75-54 triumph in the North Gym.

The victory, witnessed by a school record crowd of 1,061, extended the Bulldogs' winning streak to four games and improved their record to 10-7 overall and 5-3 in the PCAA. UCSB fell to 9-7 and 2-6.

Leading the second half scoring spree for the 'Dogs were forward Yvette Roberts, who had 14 of her 20 points in the final 20 minutes, and guard Mary

Gainey, who had 10 of her 15 points in the second half. According to Spencer, having his team in the right frame of mind by the end of intermission was of the utmost importance.

"I told them they had to hit the boards, and play with more intensity," said Spencer. "This is an emotional team, and if we don't get the adrenalin flowing early, we're in trouble."

Although Heinrichs fouled out after just 14 minutes of play, she still managed to score 10 points and play a major role in the Bulldog win. Six of her points helped spark an 16-2 run early in the second half that turned a 32-24 deficit into a 40-34 lead.

Heinrichs picked up her fifth foul with

13:40 remaining, and UCSB closed the gap to 41-38 on a pair of free throws by Patti Niichel; but the Bulldogs, led by Roberts and Gainey, responded by rattling off 14 of the next 18 points and going up 55-42.

From there, forward Renee Ellis took over for FSU, scoring nine of her 11 points in the final seven minutes and spearheading the 'Dogs to a 69-48 lead.

Another standout performance for the 'Dogs was turned in by guard Leesa Agent, who had 10 points and eight assists. Roberts, in addition to her scoring proficiency, grabbed a game-high 14 rebounds. Niichel led UCSB with 20 points while Mia Thompson chipped in with 14.

## 'DOGS

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game. "I felt in regulation we had the opportunity at the free throw line and we couldn't do it."

In the final minute of regulation and in overtime, the 'Dogs missed four of six key free throws. FSU also had a span of nine minutes during this time in which they failed to make a single shot from the field.

The 'Dogs took the lead after the pace picked up in the second half. The first half was basically a defensive struggle with the Titans leading most of the way.

Fullerton led by as much as six early in the game, but the 'Dogs rallied to tie it 14-14. FSU eventually took an 18-16 lead when Mike Mitchell, who led the 'Dogs with 17 points, hit two free throws. At the half, the score was tied at 22-22.

The Titans were the first team to establish themselves in the second half offensively. They burst out to a 33-26 lead on a three-point shot by Richard Morton.

Led by Mitchell and Kevin Stevenson, FSU eventually came to life to take a 42-40 lead. The 'Dogs then increased the lead to 50-44 when Derrick Barden dunked off of a lob pass from Stevenson. That, however, was where the wheels came off.

Fullerton got the next five points, courtesy of Morton who scored 13 of his 15 after halftime. Three of those came on an outside bomb which made it 50-49. The Bulldogs meanwhile, squandered an opportunity to put the game away when Barden bounced an easy layup hard off the glass with 1:45 left.

The Titans fouled Bulldog freshman guard Andre Sims with 32 seconds left. Sims made the front end of a one-on-one but missed the second shot, leaving the score at 51-49.

Fullerton elected to go for the tie with time running out. With five seconds remaining Titan forward Henry Turner drove the lane against two 'Dog defenders and put a one-handed shot in to send the contest into overtime. Turner led all scorers with 25 points.

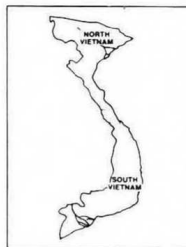
The Red Wave faithful should have seen what was coming. Fullerton won the tipoff and Morton canned a three-pointer to give Fullerton the lead for good at 54-51.

FSU didn't score in overtime until Mitchell laid one in with 1:25 left to cut the margin to 58-53. Fullerton made four free throws in the remainder of overtime while 'Dog center Rene Ebelites had four attempts from the line but made only one.

With the score 62-54 Fullerton sealed the win when Van Anderson hit a slam dunk. The 'Dogs made the score look better when Kevin Stevenson hit a three-pointer as time ran out. Stevenson finished with 12 points and six assists.

Jervis Cole was the only other Bulldog in double figures with 10 points. Cole led the 'Dogs with nine rebounds while Mitchell had eight.

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## ARMY RESERVE OFFICERS' TRAINING CORPS

# BARNES

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Barnes recorded 4,235 points in the pentathlon to best ex-teammate Dot Jones, formerly a shot put All-American for Fresno State. Jones, who won her specialty event and in the 20-pound weight competition, compiled 3,588 points. FSU juniors Vickie Trask and Joyce Fremstad, finished third and fourth, respectively.

Barnes' performance overshadowed another excellent outing enjoyed by senior hammer specialist Mike Ostrom in the men's division of the pentathlon.

Ostrom came within six points of erasing Matt Milham's 1984 school pentathlon record of 4,424, as he won the hammer throw (207-2), the 35-pound weight (62-5 1/4) and the javelin (216-9) and placed second in the discus (205-1).

Ostrom's mark in the hammer qualified him for the NCAA Outdoor Championships.

It's likely that the only thing that prevented Ostrom from breaking the FSU Pentathlon record was the fact that he was using a new javelin introduced in 1986 and not the same one used in the '84 pentathlon.

The old javelin, better balanced than the new one, traveled at least 10 percent farther; and with it, Ostrom probably would have been able to chalk up an estimated 72 points in Saturday's competition.

"That's what I set out to do, achieve the school record," said Ostrom, "But all my performances had to be my best or equal to them so that really helped out.

"I was really pleased because I didn't think I'd throw the javelin as far as I did. I kind of had a feeling I'd throw the hammer that far because I had been practicing well. I had some good throws to practice with, but the javelin was a real big surprise."

Bill McDonnell, a Cal State-Bakersfield redshirt competing unattached, was second with 3,775 points. Fresno State's Andy Harris took third with 3,721 points. Scott Biberthaler of Fresno City College finished fourth with 3,686 points, and Bulldog Daron Crass ran up 3,635 points to place fifth.

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