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Closes out the regular season against Seattle. Page 7

Withdrawal

Staff writer endures one week without meat. Page 4

Multi-Sport Athlete

Shares hopes and aspirations. Page 7



The Runner

California State University, Bakersfield

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Election results expected to bring about change, draw mixed reactions

By Stacey Williams
Staff Writer

The results are in for California and Kern County. Arnold Schwarzenegger is out and Jerry Brown is in as the new governor of California. Though Bakersfield voted for Meg Whitman with 56 percent against the 36 Jerry Brown

received, California is a Democratic state, and voted in Jerry Brown. Brown received 53.4 percent and Meg Whitman was defeated at 41.5 percent overall for the state of California. So will Brown be able to fix California budget problem? Only time will tell. Proposition 19, legalizing

marijuana, did not pass. Bakersfield voted 64.89 percent no, and 35.11% voted yes. Freshman Tara McCreary said: "I thought it should have been passed. I think that it would have been cool. I think that people should be able to do whatever they want to their bodies." According to Carol

Ferguson of Eyewitness News: "The number of voters casting mail-in ballots has steadily increased. Chief Deputy Registrar Karen Rhea said there are now 311,585 registered voters in Kern County. She said 147,552 mail-in ballots were issued for this election. That means about 47 percent of Kern's voters used the mail-

in ballots." The defeat of Proposition 24 was important for business because it keeps in place recent tax changes that were made to more closely mirror federal tax laws and trends in states with which California competes. Those previous tax changes were made to encourage job growth and stimulate

California's economy, and this would have been a very bad time to repeal them. Jim Costa defeated Andy Vidak handily in Kern County — pulling in 61.5 percent of the vote to Vidak's 38.2 percent. Measure D, the proposal to roll back retirement benefits for newly-hired public safety [See RESULTS, Page 3]

Candidates preach cases to CSUB, urge students to vote

By Mary-Kate Alderete
Staff Writer

On Wednesday, Oct. 19, CSUB's Associated Students, Inc. and Political Science Department held a candidate forum for the elections on Nov. 2. Many candidates participated including Jim Costa, Fran Florez, Shannon Grove, David Valadao, Jean Fuller, John Uebersax, Tim Thiessen, Michael Rubio and Dean Flores (speaking on Jerry Brown's behalf). The event started with free lunch and an opportunity to chat with the candidates. Upon entering the event, students were asked to sign a large banner pledging to vote in the upcoming election. Erika Madrigal, a graduate student in public administration, commented that the turnout was "good, we could have more (attendees) in the future if we publicized months before." The forum began with an



Mark Nessia/The Runner
Senator Dean Florez answers questions during the Candidate Forum Oct. 19.

introduction from President Horace Mitchell, then was followed by ASI's vice president of External Affairs, Jesus Perez, who emceed the

event. Each candidate began by introducing him- or herself and giving a five-minute preview of what he or she [See FORUM, Page 3]

Study abroad program lets students learn overseas

By Reina Santa
Staff Writer

Currently there are five out of 10 students wanting to study abroad, but only 1 percent actually gets to travel. Almost half of the students do not know where to get information regarding what programs are offered to study in a foreign land. The best way to start off is to go to the EOP center, located near the Financial Aid office. Once there, ask for Dagmara Karnowski, who is the International Studies Program director. There, she will guide you on what steps to take to further your international studies. Karnowski said: "There are so many students who don't really know where to start. That is why I come around and give presentations in classes to inform students about the international program." There are two steps to get into the California State

University International Program: First, there is advising, where you discuss where you want to go. You also find out what the requirements to design a pattern by obtaining your classes that are equivalent



Reina Santa/The Runner
Dagmara Karnowski can help students take their learning to different locations around the globe.

to CSUB's class requirements, because in truth, all you are really doing is taking the same classes you would take here but in a different country. As a freshman, you must have a grade-point average of 3.0 and as a transfer 2.5. You must also know at least

two years of the foreign language you want desire to travel to. Second, you have to get academic approval and financial assistance to determine if you will be able to study abroad. The best possible way to get help with financial aid would be to talk to Chad Morris where he helps you look at possibilities such as financial aid, scholarships, grants, and loans. Karnowski said: "If students come, we can set up a plan and see what we can work with. Studying abroad is awesome; there is no value that can replace this experience. If you have the desire just immerse yourself." For more information visit the CSU Bakersfield International Program, Facebook or simply go to the EOP office located on campus. All abroad!

Class lets students explore the cosmos

Keith Koski
Staff Writer

There are many general education classes for students to take, and sometimes students may wonder which one is best for them. For people liking astronomy and needing a physical science class to complete the B1 requirement, look no further than Physics 110. What is cool about Physics 110 is not only that you get to talk about the stars and planets, but there is also an optional observatory field trip day where you get to see some of the planets and stars that you learned about in class. Also the labs for this class are all done on the Voyager 4 program in the library. It is an interesting program that can show you where the planets and stars were located at different times in history. Jeff Lewis, a lecturer in physics at CSUB, said: "The astronomy field trip is held once a quarter, when teaching the Physics 110 course for the students in the class. For liability reasons we unfortunately can't invite everyone. Although, if you know someone in the class and just sort of show up that would be OK. The crowds [See ASTRONOMY, Page 3]

MECHA seeks to recognize tradition

By Lauren Figueroa
Staff Writer

Just when we thought that October was the end of all the ghosts, goblins, scary movies, haunted houses and so forth, Dia de los Muertos is celebrated in November. MECHA wanted students to recognize this Mexican holiday. The Dia de los Muertos presentation was held in the Multi-Purpose room in the Student Union on Nov. 1. The presentation was put on by MECHA. The purpose of this Dia de los Muertos presentation is to educate students and people on what it is. Diamond Lemus, who is a freshman and biology major, said: "this is my first time learning about it (Dia de los Muertos) even though it is part of my culture. I knew the basics of it, but now I know a lot more than I knew." Dia de los Muertos in English stands for "Day of the Dead." The main purpose for this [See MECHA, Page 3]

Men's basketball impressive in exhibition match



Junior guard Alex Johnson shoots over Cal State East Bay guard Roshun Wynne during an exhibition match Nov. 4 at the Icardo Center. Story on Page 8. Men's basketball, men's soccer and wrestling photos on Page 6.

Mark Nessia/The Runner

Seven-day weather forecast
According to weather.com



Wednesday
Hi: 62
Lo: 44
Precip. 0%



Thursday
Hi: 65
Lo: 46
Precip. 0%



Friday
Hi: 68
Lo: 45
Precip. 0%



Saturday
Hi: 69
Lo: 46
Precip. 0%



Sunday
Hi: 71
Lo: 50
Precip. 0%



Monday
Hi: 70
Lo: 49
Precip. 0%



Tuesday
Hi: 68
Lo: 49
Precip. 0%

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RUNNER ON THE STREET

By Jesus Cardenas and Mary-Kate Alderete, Staff Writers

This week, The Runner asked, “What movie or television show would you like to see remade?”



Ana Apaetz
Sophomore,
Sociology

“Selena, so the story can be portrayed better.”



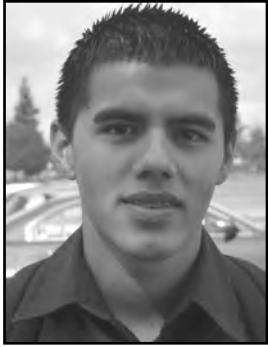
Marc Busch
Junior,
Anthropology

“Rocko’s Modern Life because it is such a cool show.”



Udelia Lopez
Freshman,
Business Admin.

“Titanic because I want it in high definition and in 3D with special effects.”



Samuel Mata
Sophomore,
Business Admin.

“El Chavo del Ocho because its a hilarious family program.”

THE RUNNER

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The Runner
California State University,
Bakersfield
9001 Stockdale Hwy.
Bakersfield, CA 93311-1099
Telephone 661.654.2165
Fax 661.654.6905
E-mail runner@csub.edu

editorialstaff

EDITOR-IN-CHIEF

Mark Nessia
marknessia@yahoo.com

MANAGING & FEATURES EDITOR

Melissa Villagomez
foldingamap@live.com

ENTERTAINMENT EDITOR

Racella De Guia
racelladeguia@gmail.com

SPORTS EDITOR

Manny Beltran
methical9857@yahoo.com

OPINIONS & WEB EDITOR

Derek Bato
carcervinco@gmail.com

VIDEO EDITOR

Ashley Sizemore
bookbabe89@yahoo.com

ADVISER

John Emig
jemig@csub.edu

newsroomstaff

Asia Fitzhugh, Brian Farinas, Britney Phillips, Chris Davis, Christina Ramos, Cynthia Banuelos, Danny Ruiz, Dara Gholston, Eloy Vieyra, Jesus Cardenas, Joseph Andreas, Keith Koski, Lauren Figueroa, Mary-Kate Adlerete, Matt Patrick, Meagan Cook, Megan Jaske, Neil Pederson, Reina Santa, Sandy Ornelas, Stacey Williams, Victor Soto

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Letters to the Editor are encouraged; however, they must be signed and verified to be considered for publication and should be no more than 300 words in length. All letters may be edited for clarity and length.

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The Green Gazer #10 by Derek Bato & Victor Maldonado

I watched 'Glee' for the first time last week.

How'd that go?

I had a nightmare about it.

That reminds me, I haven't seen 'pedobear' all quarter. Yeah, he bought a new DVR just for Glee and hasn't left his room since.

Vicarious catharsis

Should we tell him they're all over 20 years old?

As long as he stays inside, I'm cool

So many underage skirts!

The Obama show

By Eloy Vieyra
Staff Writer

President Barack Obama made an appearance on “The Daily Show with Jon Stewart” on Oct. 27. Obama discussed issues regarding the unemployment rate and health care.

Some people thought that the appearance could have hurt his image, but overall people believed that this continues to add to his attempts to connect with a different audience that no other president has tried to reach.

Amber Stevens, CSUB freshman, disagreed with the President’s appearance: “The president seems like he tries too hard to look cool and appear on show that appeal to younger audiences.”

“The Daily Show” is on Comedy Central, which in the past, has not been seen covering politics. Comedy Central now has Jon Stewart and Stephen Colbert covering politics and the discussing issues that affect Americans.

Jon Stewart didn’t hold back when questioning the President. Jon joked around, but still asked the serious questions and tried to represent the average American’s view. The President also fired back at Jon with

his own thoughts and concerns and was still able to keep his sense of humor even when Jon put him on the spot.

Jeff Patterson, CSUB junior, thought the president’s appearance was necessary: “I think that the President does a good job reaching out to younger people by going on shows that no other president has tried to go on. It seems like President Obama comes off as having more of a personality than the past presidents. He isn’t afraid to do things his way.”

The show was only 30 minutes long and Jon was able to discuss several topics with the President while still finding time to plug in some jokes. The show created a humorous forum where the President could give his opinion while joking around. It gave the show a down-to-Earth feeling because most of the other political programs bore viewers because everyone is so serious. The Daily Show allows us to see the President speak the way we all have our own conversations.

If you missed the President’s appearance on “The Daily Show” log on to ComedyCentral.com and click the link for “The Daily Show.”

Where are they now?

By Asia Fitzhugh
Staff Writer

“10 Things I Hate About You,” “Clueless” and “The Breakfast Club” are just few of the movies that gave me ideas of which crowd I wanted to be part of once I got to high school. I always wanted to hang with popular people and have the whole school knowing my name. Little did I know at the time that high schools portrayed in the movies are not as realistic as actually being in high school. They don’t show how they actually became known or what really happens after graduation.

What do they become after high school? Are they still involved in their cliques, did they branch out or fall down?

I was part of the basketball team and yearbook. People knew me, but I wasn’t part of the popular group and it sort of makes me happy that I did not go that route. They make it seem like after being part of a group your future will be consisted of a bright fairytale.

A majority of the people that were once known are now just living and

trying to make it. Nothing super-duper spectacular has happened. About 50 percent of my graduating class (‘08) have had children, been locked up at least once or have died, while the remaining percent is either in school, the military, working, and trying to stay out of trouble or just bored. Life goes on with the forced mentality of being an adult.

All those jocks, nerds, bullies or others no longer are categorized as what they were in high school. They are now considered adults with more responsibilities than before. The geeks sometimes use their abilities to build something, while the jocks most of the time focus on their sport abilities or find some type of new interest to attempt to excel in.

Now take a moment and think to yourself: “What has happened to the people in the cliques I was once in? Did they impact my decision on the future? Where am I now?”

They said the geeks would end up as freaks and the ballers would be stars among us, but the tables are reversed; the geek is the CEO and the ballers are saying, “Hello,” at the drive-through window.

Parent-teacher conference or bust

By Victor Maldonado
Staff Writer

Do you remember being in elementary school and dreading the annual parent teacher conference? Well now it’s parents who may be doing the dreading.

In cities like Detroit, where dropout rates are high and juvenile crime is rampant, local lawmakers are now trying to make it punishable by up to three days in jail when parents miss a parent-teacher conference.

The theory behind the new legislation is that forcing parents to take a more active role in their children’s schooling will cause a decline in both truancy and crime.

The ordinance comes from Wayne County Prosecutor Kym Worthy ,who proposed the ordinance after a recent spike in underage violent crime.

But is jail time for parents going to solve the problem? And is it the schools’ responsibility to curtail criminal behavior?

It’s foolish to think that something as trivial as a parent-teacher conference could deter criminal behavior. Take the case of Demarco Harris, the 12-year-old murderer, that inspired Worthy to create the ordinance. Would a parent-teacher conference really have made a difference?

When police went to Harris’s house at 2 a.m. and asked his father where he was, his father answered,

“I don’t know.” When a father doesn’t know where his 12 year old son is at 2 in the morning, that is a problem that a simple parent teacher-conference isn’t going to solve.

According to Dan Slayton, a father and instructional technician at CSUB, the situation in Detroit is an example of “too little too late.” Parents should be more involved in their children’s education, and more serious action should be taken sooner when a parent displays such gross negligence.

There should be some sort of “pre-coital training,” or a child-bearing license, added Slayton. Using a parent-teacher conference to try and force responsible parenting is not going to solve the root problem of underage crime or truancy.

Former CSUB psychology student Jason Watkins believes that this ordinance is an “overcorrection.” He says that “more accountability is good, but this is the wrong way to go about it.”

Parent-teacher conferencing should be used to make parents aware of their child’s academic struggles and to address behavioral issues that occur in classroom. Criminal behavior outside of the school is a matter for social services and law enforcement to deal with.

This ordinance will do little more that waste resources and dance around the real issue: inadequate parenting.

‘The Dispatch’

By Justin Gildner
Sergeant, CSUB
Police Department

Binge drinking is the modern definition of drinking alcoholic beverages with the primary intention of becoming intoxicated by heavy consumption of alcohol over a short period of time. Binge drinking is currently the number one substance abused on college campuses across the nation.

When you choose to drink, you are putting yourself at risk physically and emotionally. Binge drinking can make you lower your inhibitions and make you act more recklessly. You may be friendlier than normal with people you don’t really know, or someone you wouldn’t if you were sober. The consequences are numerous. Binge drinking puts you at a higher risk for drunken driving arrests, being a victim of sexual assaults, and long term health risks

such as liver damage and alcoholism.

Some statistics on alcohol
Alcohol is involved in:

- 50% of all motor vehicle fatalities
- 90% of college sexual assaults
- According to the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC),
- 19% of college students ages 18–24 met the criteria for alcohol abuse or dependence
- 5% of these students sought treatment for alcohol problems in the year prior to the survey, and
- 3% of these students thought they should seek help but did not.

Here at CSUB please remember you have many resources available to you. If you or a loved one is suffering from a binge drinking problem visit the Health Center on campus and speak to someone. The life you save just might be your own!
Stay safe

Winners benefit from candidates forum held on campus

[FORUM, from Page 1]

would bring to office and how he or she would resolve current issues. Major issues discussed were the current budget crisis and water systems in the valley.

Flores claimed that Brown is the most suitable candidate for governor because of his prior experience, his understanding of the system and his desire to pull money back into the California college systems. His opponent, Meg Whitman, was not represented at this event, which may have done her some good after all as, according to the California Statewide General Election’s website, Brown won with a total of 53.6 percent, while Whitman took second with 41.3 percent of votes.

Jim Costa, who ran for congressman for California’s 20th District, claimed that “no one works harder to bring water to the valley” than he has, and that he will produce more jobs for the valley in the future. He closed with encouragement that the “best days of America are still ahead of us.” Unfortunately for Costa, his opponent Andy Vidak took the lead with 51.5 percent of votes.

Uebersax, a member of the Independent Party, could be considered the underdog in the running for United States Congress. He ran for California’s 22nd District, and was Kevin McCarthy’s only opponent. He spoke passionately for his anti-war platform and desire to reduce college tuition. He called the recent rise in college tuition “generational theft” and urged students to “rise up and get involved.” McCarthy re-entered office, taking 94 percent of the votes.

CSUB alumnus Michael Rubio, running for state Senate in California’s 16th District, began his introduction by commenting that the candidates that chose not to attend the event “shows what they’re about.” His main topic of discussion was urging students to vote, stating that half of students that say that they will vote actually won’t.

Rubio urged, “Politics is too important to leave to politicians.”

Tim Thiessen, who also ran for Senate District 16, desired to get the economy going through the private sector in order to help aid in the current economic crisis.



Mark Nessia/The Runner
CSUB alumnus Michael Rubio, center, shares a laugh with the audience at the Candidates Forum Oct. 19 in the Multi-Purpose Room. Rubio won California’s 16th District following the Nov. 2 elections.

Rubio took 58.2 percent of the votes, leaving Thiessen with only 41.8 percent of votes.

Republican Jean Fuller, who ran for the State Senate 18th District, claimed to understand the general public due to her past where she worked for 14 years as a school administrator while being a college student. She is a Republican that would spend much of her time creating water for California. Her opponent Carter N. Pope was not present at the forum, which may have benefited Fuller as she came out on top, taking 68.5 percent of

votes. Republican Shannon Grove ran for the California State Assembly, 32nd District. She expressed that “we need new ideas” that implement job creation. Her desire for “new ideas” served her well as she took 72 percent of votes, leaving opponent Holly Spohn-Gross with only 28 percent of votes. Valadao, who ran for Assembly of the 30th District, claimed that due to his farming experience he understands that California needs to be a business-friendly state and to “create a job environment.” Florez, who also ran for Assembly of the 30th District, stated that her experience and willingness to get the job done would greatly benefit California. Apparently, Valadao’s farming experience appealed more to California as Valadao took the lead with 62 percent of votes, while Florez lost with 38 percent of votes. Overall, the candidate forum was a great success and helped many students decide who they wanted to vote for. For more information on this article, go to <http://vote.sos.ca.gov/returns>.

The voters have spoken – election results almost final

[RESULTS, from Page 1]

employees in the city of Bakersfield, scored a victory despite fierce opposition from police and firefighter unions.

The proposal was 54.99 percent for approval and 45.01 percent against with all 211 precincts counted as of 6 a.m. Wednesday.

Measure G, if approved by voters, will allow the board of the Kern Valley Health Care District to borrow \$22.7 million to build a new emergency room meet current seismic standards, purchase mortgaged assets to reduce annual operating costs, and provide modern medical technology, including cardiac, ultrasound and radiology.

Measure C, which was approved by voters, will allow the school board of the Fairfax School District to borrow \$24.8 million.

The money will be spent to rehabilitate/replace aging school safety, heating, ventilation, roofing, plumbing, electrical and building systems; upgrade classroom technology and school libraries; build a new school to relieve overcrowding; and renovate, acquire, construct and equip schools. That’s more money that will put our state in more debt. Proposition 22 was passed with 60.9 percent.

Proposition 22 prohibits the state, even during severe fiscal hardship, from delaying distribution of tax revenues for these purposes.

Fiscal Impact: Decreased state general fund spending and/or increased state revenues, probably in the range of \$1 billion to several billions of dollars annually. Comparable increases in funding for state and local transportation programs and local redevelopment.

The mail-in ballots are still being counted, and the final official results won’t be until the 28th day after voting, so before Dec. 1 changes can still be made.

Attempting to raise tradition back from the dead

[MECHA, from Page 1]

tradition is to celebrate the ones who have died. It is celebrated on both the first and second of November. The first is for the children and the second is for the adults. This tradition is often called a festival and has been celebrated since 1800 B.C.E. Participants in this celebration often indulge in noise, music, colors, decorations and human interaction. The idea is that heaven opens and allow all the dead ones’ souls to visit their loved ones during these two days.

“This tradition is being lost; not a lot of people practice it anymore,” said Eva Patino.

Patino was the speaker at this presentation and also held the workshop after on how to build an ofrenda. There were tables set up on both sides of the room. The tables were different stations for the student to make and take home their own bracelets, sugar skulls, Mexican bread and papel picado.

Patino began her talk by telling the audience of her struggles growing up as a Mexican-American. She talked about how she was spanked everyday because she did not speak English like the rest of her classmates. Patino gave a very moving speech about her life growing up and her family

background. She stated that she came from a family of nine siblings, and not one sibling is on welfare – they all became successful.

“It was hard for me to write papers in English, but it didn’t stop me. You have to go on and get your education; do not let anything stop you. Guess what? I failed geometry twice but went back a third time and got a B,” Patino said to influence the crowd.

At the presentation, Patino demonstrated how to make an ofrenda. She stressed that ofrendas do not have to be complicated. She made one for her parents and brother that had passed away. Basic items that are used to make an ofrenda are candy sugar skulls, water, pictures, food, candles, papel picado (traditional paper cut-outs), pan de muerto, zempazuchitl flower and some personal items of the person being honored.

Patino said that she hopes that students learned “how to make an ofrenda very simply. It is not complicated to do a memorial for a loved one that they want to remember.”

During her PowerPoint, slides were shown about how Nike, Vans and Adidas have merchandise with images of sugar skulls on them. Another interesting fact was that they actually have

gigantic sugar skull competitions.

“It was fun to do the sugar skulls; I have never made one,” said Alejandrina Moreno, who is a freshman sociology major.

Patino spoke about how the cemeteries in Mexico are not like the ones in the United States, meaning that they are not kept green and weedless year around. She stated that there are a lot of weeds at the cemetery in Mexico. The time to weed-out, wash the gravestones, and be there with their loved ones is on Dia de los Muertos.

There was a large number of students from McFarland high school. They are members of the MECHA club at McFarland High. Their adviser brought them to the presentation.

Magdalena Soto, who is a McFarland High School student, said: “It had a lot of details (the presentation). I didn’t know [Nov. 1] was for the children and [Nov. 2] was for the adults.”

Feliz Diaz, who is a sophomore and sociology major and also one of the members of MECHA, said, “Our overall goal was to educate people about Nov. 1 and 2 and also to show the cultural background of Dia de los Muertos.”

Class provides fun option for GE requirement

[ASTRONOMY, from Page 1]

vary from about 1-60 people.”

Lewis said: “The observatory is located within the fenced-in FACT area on the south-east corner of the campus. Driving down Camino Media, you can see a squat building with a dome on top; that is the observatory. Not a lot of people know what it is.”

Lewis went on to explain what could be seen during the night: “We look at the moon, clusters of stars, some deep sky objects such as

the Orion Nebula, and planets such as Venus, Mars, Jupiter and Saturn. We can’t see faint objects due to the glow of nearby cities.”

Lewis said, “The Physics 110 astronomy class will be offered both Winter and Spring quarters.”

Gabriela Villanueva, a nursing student at CSUB, said, “Yes I would be interested in enrolling in this class,” after learning about the observatory field trip.

The Runner *Online* New Videos!

“Blood Drive”

“Halloween”

“Zombie Walk”

“Greek Rush”

www.csub.edu/runner
www.youtube.com/csubrunneronline



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Also look for us on Facebook:
runner@csub.edu
For updates, postings and surveys to help us report on the news you care about.

High praise for ‘worldly’ student

By Cynthia Banuelos
Staff Writer

Senior and political science major Myriam Valdez is a student that has spent a lot of her time giving to CSUB and the Bakersfield community. Today, she studies abroad in England gaining new experiences. She hopes that other students will follow her example to be involved and seek new experiences.

Valdez is involved in the Hawk Honors Program, she’s a McNair Scholar, the 2010 homecoming queen and she was the vice president for Community Service Cooperative (CSC).

“I feel very fortunate to be able to represent my school and young women like myself,” she said.

Valdez’s parents have contributed to the person she is today. They were the ones that pushed her to do her best and be a better person. Friends and peers of Valdez have also played a role in the person that she is today.

She said, “My friends and peers

and people that have been in my life, even just transiently, have taught me something and have shaped who I am in some way or another.”

CSUB graduate Nancy Solis has known Valdez for three years now and she says that she is a very bright and smart student. Communications major Tyree Boyd Pates says that she is very caring.

Junior, political science and criminal justice major Lauren Goodsi met Valdez through CSC and has known her for 2 1/2 years.

She said: “She’s amazing. She’s a really good role model. I think that she not only cares about the campus, but the individuals and the people that are in it, and she wants to better it.”

Junior and art major Giovanni Banducci couldn’t agree more. He has known Valdez a little over a year and he describes her as a phenomenal person.



Photo courtesy of Facebook
Valdez is currently in England studying abroad.

nominal person.

He said: “She is a very open person if you wanted someone to talk to if you were in need of it. She is most definitely a self-starter and she motivates other people to fol-

low her example.”

Studying abroad was a goal for Valdez ever since high school. However, it wasn’t until her junior year in college, when she applied to study abroad, that she was accomplishing that goal. Valdez stated that she applied to the CSU International Program to study for one year. At this moment she is attending the University of Bristol in England.

Valdez said: “I feel that going for a year will really benefit me in absorbing the culture and getting the most from my time abroad.”

Even though Valdez misses CSUB, she loves where she’s at right now. She doesn’t plan to come back to CSUB until June.

When asked how the University of Bristol compares to CSUB, she said: “I definitely felt like a fish out of water my first couple of weeks,

but now I feel like I know where everything is and I have made friends with people from my classes and the clubs that I’ve joined.”

The University of Bristol is giving Valdez a wonderful experience, but CSUB is a big part of her life. It is her home and the reason why she is so involved. She hopes to make it a better place.

“I want to encourage all students to study abroad! There is no other time in your life where you will be able to immerse yourself for a year in another country to just study and take it all in! Also, instead of being apathetic about campus issues or the state budget, take it upon yourselves to improve CSUB and write to your assemblyman and congressman about issues you feel passionate about. In the end, it’s students that make the difference. CSUB has always been a great school, but if students make the effort to be involved and contribute, it can only get better,” she said.

Withdrawal: Editor cannot live on veggies alone

(EDITOR’S NOTE: “Withdrawal” is a challenge where a staff writer goes one week without something the or she is “addicted” to. This week: Meat)

By Ashley Sizemore
Video Editor

My assignment this week was to give up something dear to me and I considered (while eating my buffalo chicken wrap) what I frequented in life. Since television was already covered, and I’m a TV-holic,

my colleagues said I should give up meat. I reluctantly agreed and put the rest of my wrap in the trash.

The rest of the day I was constantly teased on how I couldn’t eat meat. I went to dinner and my friends would say quips like, “Could you pass the meat?”

Not funny considering I’m a carnivore. My favorite foods are sushi, buffalo wings and cheeseburgers, so this week was going to be nothing short of a challenge.

The next couple days afterward I ate a semi-healthy or a typical college student diet: Peanut butter and jelly sandwiches and

Top Ramen. But then I realized I was also replacing meat with equally unhealthy meals such as greasy french fries or desserts.

That realization came to me when my workout kicked my behind.

I needed to adjust my eating habits so I kept the college student diet but added less greasiness and more sandwiches and veggies.

Within my week of herbivorism, I was considering why I eat meat.

Meat fulfills your cravings. I’m not a scientist or nutritionist, so forgive me if I’m wrong but I believe the protein is what gives you the feeling of being full.

I do have a soft spot for animals, but I was raised to eat meat only for hunger, so I don’t personally see a problem with it.

On the other hand, I do have much more respect to not only vegetarians, but to vegans as well. You give up meat and other animal products and it’s very costly and takes a lot of willpower.

But alas, Sunday came along and I went out to eat with friends and I gladly ordered the cheeseburger and I can’t lie – it was one of the greatest foods I’ve tasted in a while.

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Movie review: ‘The Social Network’

By Danny Ruiz
Staff Writer

I’m not much of a Facebook fan; even though I’ve had one pretty much since it launched, I’ve only recently started using it more. However, unless you live under a rock – which, in this economy, may not be too much of a stretch – then you have heard of Facebook, or The Facebook as it was originally titled. So the movie “The Social Network” seemed very interesting to me, since it explores the origins of the popular social networking site and the controversy that came along with it.

Like I said, I never used Facebook much, so I had no idea how much controversy there was behind it. The film focuses on the main creator of the site, Mark Zuckerberg, played by Jesse Eisenberg, who actually bears quite a resemblance to Zuckerberg. He creates a website where

Harvard students can vote on sets of two girls and decide which girl is prettier. What was unique about his site was it was composed of pictures of only girls from the University. He was able to get these pictures by hacking the servers. The website caught on fast but once the Harvard administration found out about they had it quickly shut down a few days later due to the fact that Zuckerberg obtained the pictures by breaching their security. Through the popularity of that first website Zuckerberg gained recognition, and it was through that website that the inspiration for Facebook was born.

Along the way to the top, however, Zuckerberg lost some of the only friends he had – well, according to the movie. The movie is based on the statements of Zuckerberg and his former friend/co-founder of Facebook, Eduardo Saverin. The two have opposing

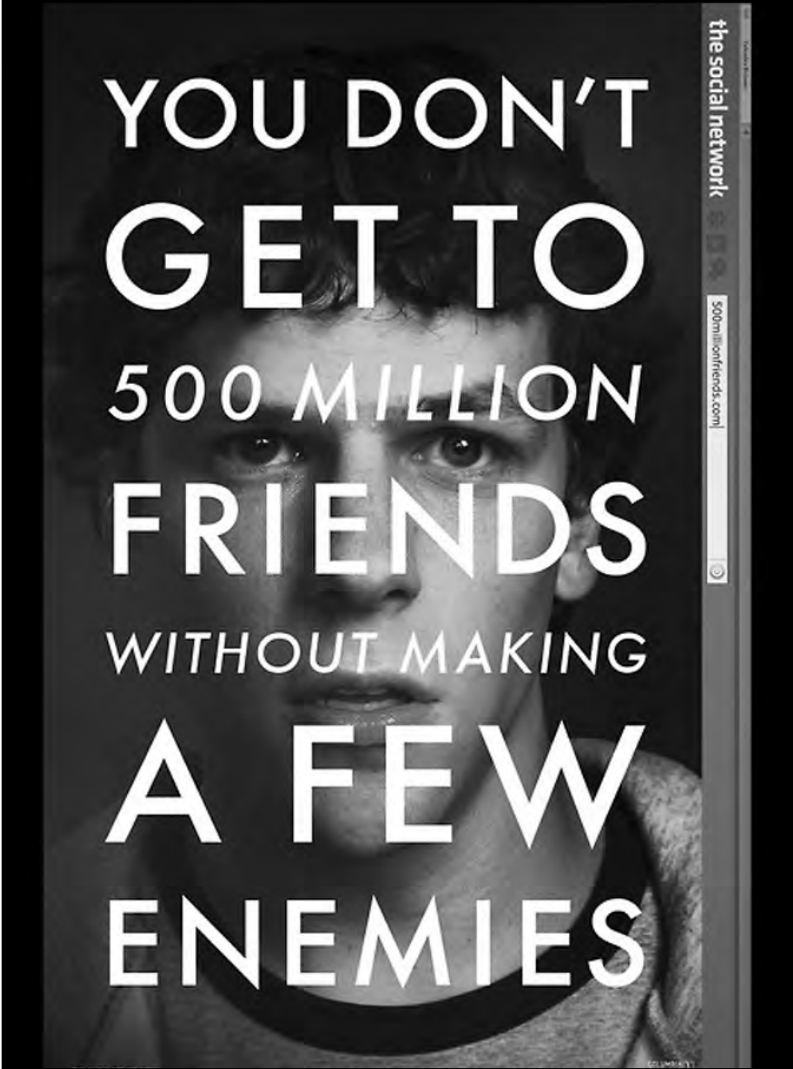


Photo Courtesy of moviesbase.net

views of the history, and the movie does not claim that either person is right; it just portrays what each person testified. So, of course, most of the movie is fictional, but since it is based on the testimonies of the actual founders of the website, there is some truth in it.

Eisenberg gives a great portrayal of Zuckerberg. He captures the voice and personality of the Facebook creator quite well, and even though he is portrayed as somewhat of a villain, he is still an interesting character to watch. There is not much sympathy for the character, save for the addition of his pining for the “girl that got away.” This aspect may not be based on fact but seems to have been added to give the character some humanity.

With the cold portrayal of Zuckerberg, the only thing that could make him likable is to have him mess things up with a pretty girl, then have him still regret what he did wrong and he had done things differently to keep her. Since he did not feel any regret for screwing over his friends, at least the addition of the girl makes it seem he regrets something.

I really enjoyed the movie and it’s something anyone can enjoy, from those who constantly update their Facebook, to those who don’t even have one. Facebook is definitely a huge deal right now, so the timing of this movie is perfect. Not only that, but it also has a great plot, fictional or not, and has great performances by the lead actors.

CSUB Theatre Department presents ‘Tartuffe’

By Sandy Ornelas
Staff Writer

CSUB’s theatre program premiered the very amusing play, “Tartuffe,” last week in the Dore Theater. This is the first time CSUB’s theatre program has performed “Tartuffe.”

“Tartuffe” is set in the mid-17th century. The play is about a hypocritical man who leads a family to ruin. A man named Orgon invites Tartuffe to move in with his family, but Tartuffe is more interested in seducing Orgon’s wife than staying true to his religious image.

Alex Alvidrez, biology major, said, “I liked it; it was really good and really fun to watch.”

CSUB theater instructor Zoe Saba said that the most challenging thing putting on this play was that the play is written in rhymed couplets, which were both a pleasure and a challenge for the actors.

Miguel Torres played Tartuffe in this fall produc-

tion.

For Torres, playing Tartuffe was fun all around. “From his creepy mannerisms to his manipulative tactics, the



Jaime Cancio/ The Runner
CSUB student Julie Tran is one of the actors in “Tartuffe.”

most fun was the language,” said Miguel.

But trying to portray Tartuffe wasn’t all fun and games.

“In creating a character I must empathize and not judge him, which is hard to

do. I must allow myself to venture into places I would never explore. It pushes my comfort zone and, thus enables me to discover,” said Torres.

Saba would like people to know that several of the actors are theater majors and are nominated for their past work by the Kennedy Center’s American College Theatre Festival.

She also brought in a professional choreographer named Jason Sumabat to work with the actors on a curtain call dance and period-style movement. “I love directing ‘Tartuffe’ because the play is hilarious, the language is rich and the characters are a delight to spend time with.

Our student actors are talented and hardworking and really bring this story to life,” said Saba.

Restaurant review;: Bobby Jacks

By Stacey Williams
Staff Writer

One of the new restaurants in the Northwest area of Bakersfield brings a Cajun flavor to the region. For those of you who do not like seafood, which is customary with Cajun-style cuisine, Bobby Jack’s offers a wide variety for everyone.

On Wednesday nights they have “Hot Wing Wednesday” which appeals to the college crowd for drink specials and great hot wings. I tried them on my visit as appetizers and everyone in our dinner party agreed they were some of the best in Bakersfield.

The menu offers something for everyone. Our party ordered several dif-

ferent items so that we could get a little taste of everything. We all had salads which were fresh and crisp. Even the bowls were cold,

ordered a few drinks; “Down on the Bayou” was our favorite and, according to our waitress, it is also one of the customer favorites.

boat ribs. Both the chicken and the jambalaya were excellent.

The ribs were good but not the best compared to some of the other BBQ specialty restaurants in Bakersfield.

The prices were a bit higher than I prefer to pay since I am a college student on a budget. Between three people with one appetizer and two drinks, our bill was nearly \$80.

The food was excellent, just a little too much to go on a regular basis.

I definitely recommend Bobby Jack’s as great food with larger portions. If you are going on Wednesday, they have some low cost specials and plenty of TVs to watch sports. Great food and great environment!

which was a nice touch. One person ordered chili, which was excellent.

Throughout the meal, the waitress was attentive and stayed on top of our dinner. She was helpful and offered up suggestions on drinks and food. We

Our main entrees not only looked and smelled fantastic, but they were all delicious.

The portions were large and more than enough for anyone wanting to split a plate. We ordered fried chicken, jambalaya, and the river-



Courtesy of Yelp.com

Bobby Jacks is located at 2900 Calloway Drive.

WHAT’S HAPPENING THIS WEEK

NOV. 10 WED CSC Volunteerism Fair 9 AM @ Cafe Quad Social Media Forum 12 PM - 1:30 PM @MPR Center for Community Engagment & Career Ed. 8AM - 6:30 PM @ DDH 100G Judo Club fundraiser 8AM - 5M DDH hallway Accounting Alumni Social 6PM- 8PM Padre Hotel	NOV. 11 THURS Veterans Day CAMPUS CLOSED	NOV. 12 FRI ASI Meeting 3:10 PM BDC 155 Fall Chamber Music Concert 7:30 PM - 9:30 PM Dore Theatre Women’s Basketball vs. Dominican Univeristy 7 PM - 9PM Icardo Center Muslim Association Meetings 2PM - 3PM Sci 3 108	NOV. 13 SAT Jazz Ensemle Concert 8PM -10PM Dore Theatre CSUB Wrestling ver-sus Standford 4pm - 6pm Icardo Center GRE 7:30PM - 12PM Scottish Societ 2nd Annual Celtic Festival CSUB Amphitheatre	NOV. 14 SUN CSUB Singers Club Concert 4PM Dore theater Phi Sigma Meeting 2PM - 10PM DDH 102 G Women’s Basketball vs. University of Montana 2PM - 10PM DDH 102 G	NOV. 15 MON Student Union Protein Monday 11AM Student Union Guitar Arts Concert 7:30PM - 9:30 PM Theta Sigma Chi Meetings 7PM - 9PM Judo Club Drawing Fundraiser 8AM - 5PM	NOV. 16 TUES Student Union Fiber Tuesday 11AM Student Union Judo Club Drawing Fundraiser 8AM - 5PM
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Through the lens: Roadrunner athletics



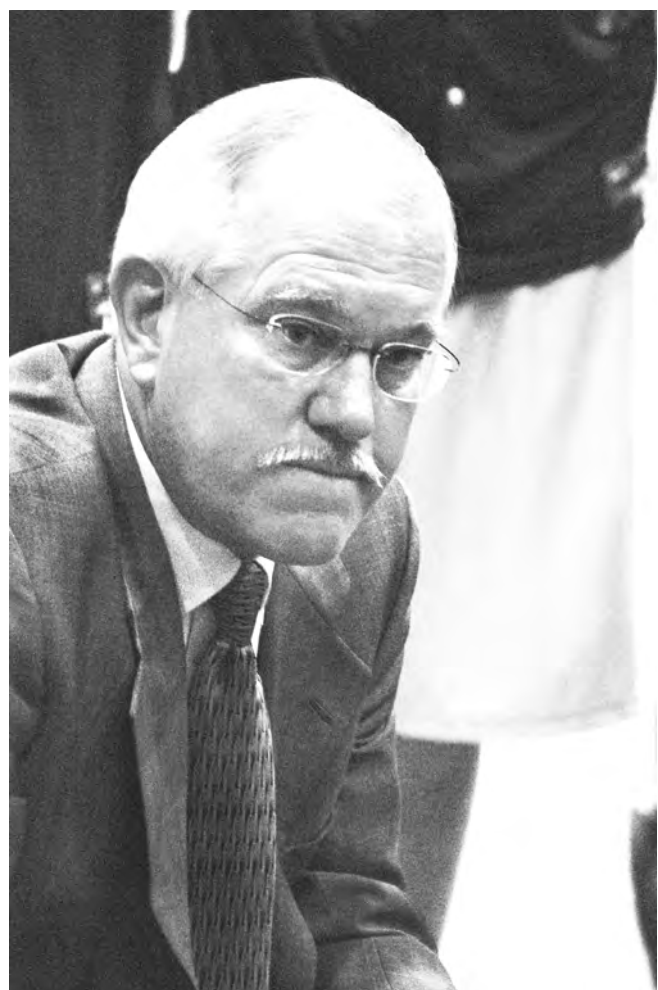
Jaime Cancio/The Runner
Rowdy pumps up the crowd during a men's basketball game.



Jaime Cancio/The Runner
Fans enjoy themselves during the men's basketball exhibition match against Cal State East Bay Nov. 4 in the Icardo Center. CSUB won 83-71.



Mark Nessia/The Runner
Sophomore guard Stephon Carter goes up for a shot against a Cal State East Bay defender.



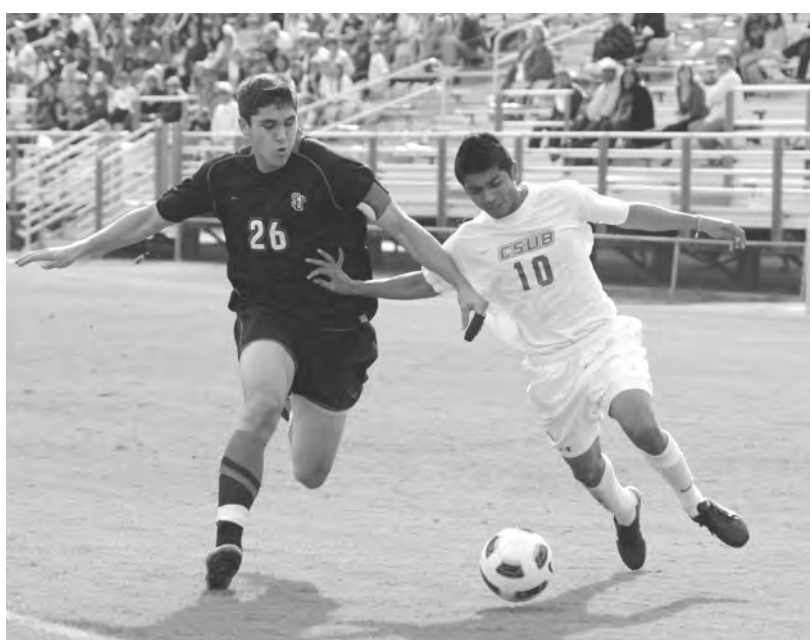
Jaime Cancio/The Runner
Men's basketball coach Keith Brown talks with his team during a timeout.



Mark Nessia/The Runner
Junior forward Rashad Savage drives to the basket in the second half of Thursday's exhibition match against Cal State East Bay.



Jaime Cancio/The Runner
Radio host Corey Costello, left, chats with women's basketball head coach Tim La Kose during the men's basketball game Nov. 4.



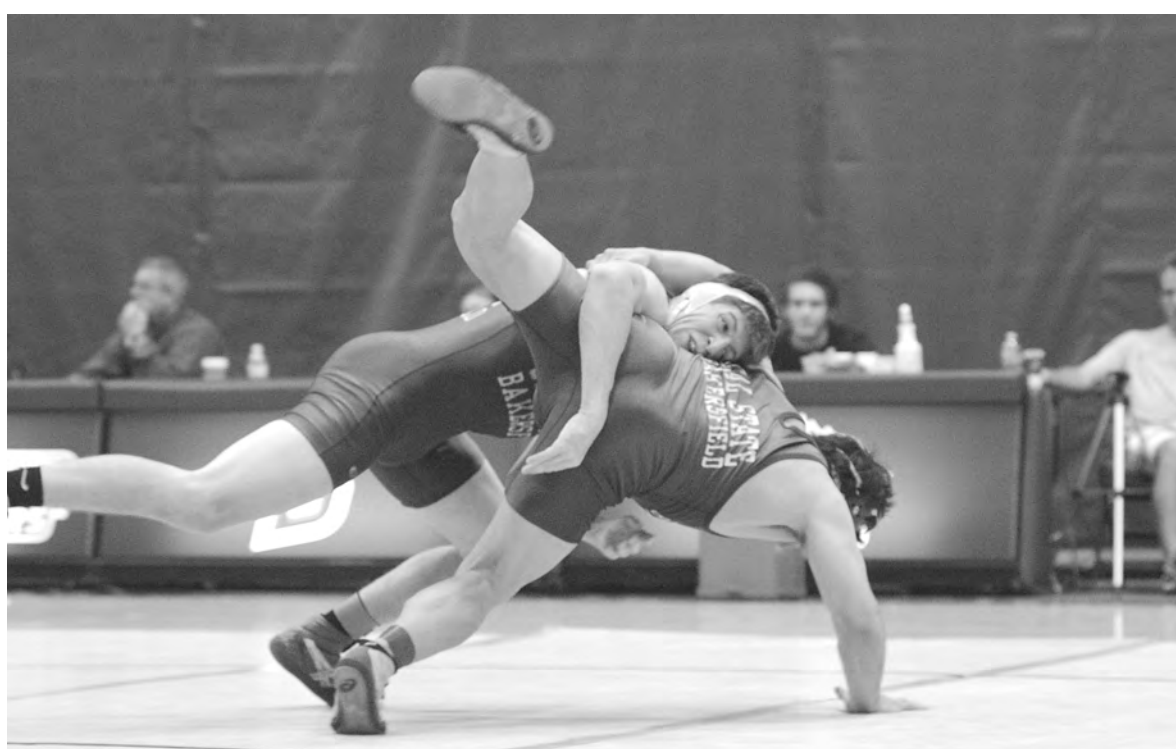
Mark Nessia/The Runner
Sophomore midfielder Jesus Sanchez fends off Seattle's Demaci Roussos during Sunday's match.



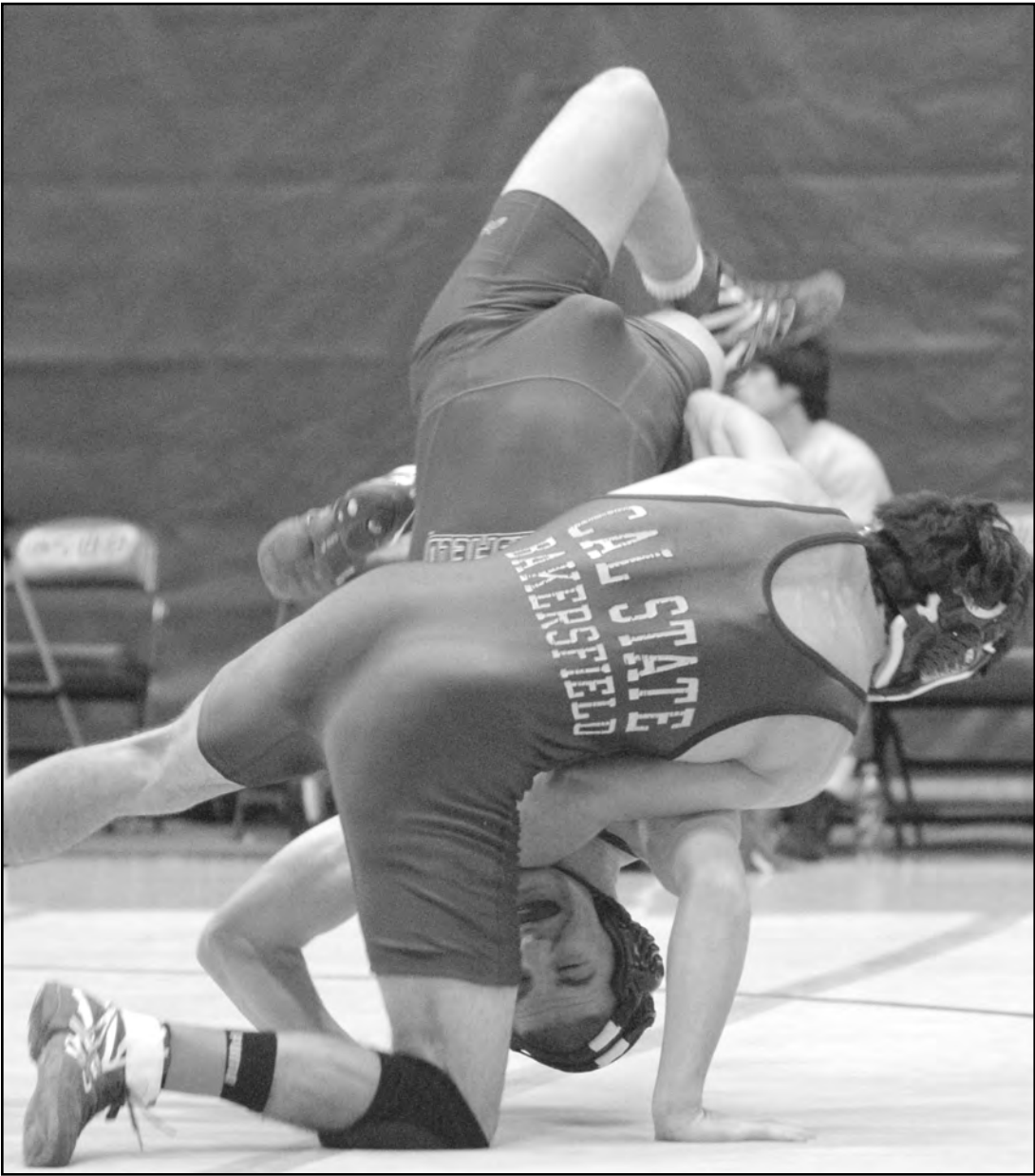
Mark Nessia/The Runner
Freshman forward Gyasi Zardez (9) fights for position against Seattle University's Tyler Hanson Nov. 7 on the Main Soccer Field.



Mark Nessia/The Runner
CSUB alumnus Craig Tobin draws laughter from the crowd as he receives "medical attention" during the Blue-Gold Scrimmage & Alumni Meet Nov. 6 in the Icardo Center. Tobin wrestled for CSUB from 1978-1979 and was the oldest competitor in the event.



Mark Nessia/The Runner
Senior 197-pounder Riley Orozco takes down Ender Meza during the Blue-Gold Scrimmage & Alumni Meet Nov. 6 in the Icardo Center.



Mark Nessia/ The Runner

Senior 141-pounder Elijah Nacita slams Edward Cottrell to the mat during their match at the Blue-Gold Scrimmage Nov. 6 in the Icardo Center.

Expectations high as new era begins for CSUB wrestling

By Mark Nessia
Editor-In-Chief

With a handshake and a hug, a new era in CSUB wrestling began. Former assistant coach Mike Mendoza was formally introduced as the head coach of the CSUB wrestling program, taking the reins from T.J. Kerr, who had led the program the past 26 years. Mendoza became the third head coach in program history, with his first event at the helm being the Blue-Gold/Alumni Meet Nov. 6. Gold defeated Blue, 17-16, while the alumni took a 31-9 decision. Senior Riley Orozco, who is currently ranked No. 14 in the nation at 197 pounds, led the Roadrunners, defeating freshman Endhyr Meza, 7-2, and pinning alumnus Scott O’Rear in the second period. Fellow senior Elijah Nacita, ranked No. 15 at 141 pounds, recorded a 16-0 technical fall over Edward Cottrell to help lift the Gold squad to victory. Junior Frank Lomas is ranked No. 18 at 125 pounds, but injured his left knee during his match against Tyler Iwamura. Mendoza said he was impressed with his team, and has high expectations for the upcoming season.

“I expect our three ranked individuals to improve, as well as others we expect to be ranked by the end of the season,” Mendoza said. Kerr was also impressed with what he saw. Kerr is closely monitoring the success of his seniors, in particular Orozco. “Riley means the world to me,” said Kerr, who is now a volunteer coach with the squad. Orozco said he wasn’t highly recruited coming out of high school and Kerr and Mendoza gave him the opportunity to wrestle in Division I. Because of that, Orozco decided to stay at CSUB, even when the program was in danger of being discontinued. “I had full-ride scholarships to Oklahoma, Nebraska and Wyoming, but I chose to stay here, because they were the ones that gave me a shot when no one else would,” Orozco said. “I feel I owe it to the program, to the coaches, to everyone who’s ever supported me and to myself to win a national title or All-American this year.” The Roadrunners start the season Nov. 13, when they host Pac-10 foe Stanford in the Icardo Center at 4 p.m.



Mark Nessia/The Runner

Senior midfielder Peter Carlson takes a shot against the Seattle University defense. CSUB would lose the game 1-0 in overtime but still get second seed and first round bye in MPSF tournament.

CSUB domination not enough as Seattle University gets 1-0 victory in overtime

By Manny Beltran
Sports Editor

The score was not an indicator of the actual game played. It read 1-0 in overtime in favor of Seattle University but the reality was that the CSUB men’s soccer team dominated in the last home game of the season. “In soccer, sometimes it works out and sometimes it doesn’t; there are tough breaks and today we suffered one of those. We don’t sit and think about it, we keep our heads up and push forward,” said Alberto Navarro about the disappointing loss. Entering with a record of 10-5-3 overall and 5-1-3 in the Mountain Pacific Sport Federation, the ’Runners looked to close out a successful regular season with a win that would all but guarantee them a spot in the NCAA tournament whether or not they won the MPSF conference tournament. The game marked the last regular season home game for six players: Navarro, Uddie Garcia, Wayne Lampart, Robbie Gouk, Anthon Snygg and Peter Carlson. To send the seniors off with a win on Senior Day the ’Runners came out of the gates strong and controlled the ball for most of the first half. Early shots by midfielders Richard Menjivar and Carlson set the tone for the game but even with the pressure – outshooting Seattle University 8-2 in the first half and 19-5 overall – the ’Runners couldn’t find the back of the net. The second half brought more of the same as the ’Runners dominated the ball and played most of the game in Seattle’s half of the field. The ’Runners looked like they

would take a 1-0 lead when Ernesto Hinojosa found himself behind the Seattle defense with just the keeper to beat but his shot was stopped by the Seattle goalkeeper. With time winding down to end regulation the ’Runners put forth a final to push to get a goal to evade overtime and they had plenty of great opportunities to score as headers from defensive backs Justin Finch and Navarro just missed the back of the net. In the overtime period the ’Runners looked like their chance to score had finally come when Ken Taylor was pulled down three yards inside the box and the referee called a foul on the play, but to the dismay of the crowd and the CSUB bench the referee placed the foul just outside of the box taking away a penalty kick opportunity for the ’Runners. The ensuing free kick led to Seattle clearing the ball out of the box and finding Seattle’s Kevin Cook on a breakaway. With just one CSUB defender to beat, Cook placed a ball for Marshall Kosaka who chipped the ball over CSUB goalkeeper Eric Shannon and ended the game. “They dodged several bullets and they came away with a 1-0 victory. They weren’t the better team but it happens in soccer. They did well to hang in there and we didn’t put our chances away,” said head coach Simon Tobin. With the loss, CSUB dropped to the second seed in the MPSF tournament but still gets a first-round bye and awaits the winner of the New Mexico/UNLV match. “In reality, nothing for this year has changed. We have to win two games [in the MPSF tournament],” said Tobin.



Mark Nessia/The Runner

After taking on track, diving and cheer Daniel Hernandez wants to take on professional beach volleyball.

From homecoming king to triple-sport athlete; Daniel Hernandez looks to take on new endeavors after college

By Meagan Cook
Staff Writer

You may have seen him high-flying on the dive team last season, flashing past you on the track team, or you may have heard him shouting “lets go ’Runners” on the cheerleading team. He is also just a student here at CSUB that you may have seen walking around or had in your classes. His name is Daniel Hernandez and he is a senior here at Cal State as a liberal studies major. Once a three-sport athlete, Hernandez is now only committed to cheer, which will be his fifth year this 2010-2011 season. Along with cheer, Hernandez was on the track team for four years and the men’s diving team for one year. “We are trying to go out and cheer for as many sports as we can to support Cal State and not concentrate and one sport and just show a variety and support for all our sports teams,” Said Hernandez. Cal State’s cheer team cheers for men’s and women’s basketball, soccer and volleyball.

Last year, which was Hernandez senior year, he became a three-sport athlete. He competed in track, cheer and diving, along with attending his regular classes. “It was a hectic schedule, but I am the type of person that likes to keep busy so it was pretty normal for me to do all those things. The only hard part was prioritizing what sport was more important at times,” said Hernandez. Not only did Hernandez play three sports last year, but he was also crowned homecoming King for the 2009-2010 year. Besides playing all these sports and being a student, Hernandez has one big dream that he wishes to reach after he graduates. He would like to play men’s beach volleyball at a competitive level. Even though it is not offered here at Cal State, Hernandez is on a volleyball team for intramural sports. “They say you can reach up as far as you want and as high as you want, I am a go-getter and I love sports. One thing I have dreamed of doing is playing men’s beach volleyball,” said Hernandez. After Hernandez graduates, he plans on traveling to South Korea to teach young kids English.

CSUB men's basketball team takes care of Cal State East Bay, 83-71, in exhibition game

By Chris Davis
Staff Writer

The tricky thing about a Division I team, such as CSUB, taking on a Division II opponent, such as Cal State East Bay, in an exhibition is you don't really know how good your team is. That is unless you go to a school like Duke or Syracuse or Kansas that already knows how good of a team you have.

Most of the contest the 'Runners and Pioneers played a very sloppy game, but CSUB ended up winning 83-71. With both teams committing nearly 20 turnovers each and committing over 40 fouls, the game was far from pretty. The mere fact that the game was still close with 2:00 left in the game was, to be frank, sad.

"To get a win tonight was certainly our approach to the game," sixth year head coach Keith Brown said after the game. "We utilized some depth and had some interesting match-up scenarios with their size.

Senior Donovan Bragg led all scorers with 25 points on 6 of 12 shooting, and 10 of 11 from the free throw line in 36 minutes of play.

"We played a great team tonight," Bragg said. "They challenged us and we're just happy to get the win."

Also leading the 'Runners in scoring

was junior transfer Rashad Savage out of Philadelphia, who scored 19 points on 7 of 12 shooting and 5 of 7 from the line along with a team high eight rebounds in 31 minutes.

Star sophomore Stephon Carter added 18 points and five assists in 39 minutes. "It was tougher than what we thought," Carter said after the game. "We accomplished all the goals that we had as a team."

Junior Alex Johnson, who is coming off a season that saw him take a red shirt season due to a knee injury prior to the season last year. "It was a pleasure to be out there, I never take it for granted," Johnson said after his nine points, four assist performance in 29 minutes.

Leading the way for the Pioneers was freshman George Toyama with 18 points. Also in double figures for the Division II school was sophomore Mark Samuels (17) and junior Roshun White (16).

As a team the 'Runners shot 43.1 percent (23-58) from the field, and 43.8 percent (7-16) from behind the 3-point arc. At the free throw line, CSUB made more shots (26) than CSU East Bay had attempts (12). This was due to the aggressiveness that the 'Runner offense showed. "We had guys that were attacking," coach Brown said.

CSUB will get the season under way

for real on Friday when they travel to Santa Clara University. The team will continue their two-game road trip to open the season when they travel to Sacramento to take on Sacramento State on Sunday, Nov. 14, before the home opener at Rabobank Arena on Wednesday, Nov. 17 against Southern Utah.

Scouting Santa Clara – the Broncos defeated CSU Maritime in their lone exhibition game 95-59. Santa Clara is picked to finish fourth in the tough West Coast Conference, a conference that the 'Runners will face five times this year. Eleven of the 17 players on the roster are either freshman or sophomores. Last season Santa Clara finished with a 11-21 record and 3-11 in the WCC good for seventh in the eight team league.

Scouting Sacramento State – the Hornets defeated Division II rival Menlo State 83-65 in their only exhibition game of the 2010-11 season. The game on Sunday, Nov. 14 will be the Hornets lid-lifter. Sac State was a unanimous pick by both the coaches and media to finish last in the Big Sky Conference. Last year the Hornets compiled a 9-21 record overall and a 3-13 BSC record. Only three players return from the 2009-10 squad, but those three players combined for 27.4 points per game.



Mark Nessia/ The Runner

Donovan Bragg attempts to posterize an East Bay defender.



Male Athlete of the Week

Senior guard Donovan Bragg scored 25 points on 6 of 12 shooting from the field and 10 of 11 from the free-throw line in an exhibition game against Cal State East Bay. CSUB won the game 83-71. Bragg made three 3-point field goals and grabbed five rebounds for the 'Runners. Next, the 'Runners visit Santa Clara University on Friday, Nov. 12, at 6 p.m.



Female Athlete of the Week

Senior guard Nikki Leon scored 22 points to lead the 'Runners to a 104-44 exhibition win over Fresno Pacific. Leon was 9 of 12 from the field, including three 3-pointers, in addition to grabbing five rebounds and forcing two turnovers. The women's basketball team opens the season Nov. 12 against Dominican University in the Icardo Center at 7 p.m.

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