

CAMARILLO STATE HOSPITAL  
CAMARILLO, CALIFORNIA

GOVERNOR'S COUNCIL REPORT

TO

HONORABLE DANIEL BLAIN, M. D.

DIRECTOR OF MENTAL HYGIENE

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SUPERINTENDENT

CAMARILLO STATE HOSPITAL  
GOVERNOR'S COUNCIL REPORT  
AUGUST 1960

August marked the beginning of the new streamlined admitting procedures and the wide distribution of newly admitted patients at the Camarillo State Hospital.

The first was the result of many weeks of administrative planning. The latter has been a challenge to the entire hospital, especially the doctors and nursing personnel. First of all, the preparation of the wards for admitting new patients and giving the necessary physical and psychiatric examinations required many changes. Patients were transferred in large numbers from ward to ward. An examining room, with necessary equipment, was provided on some thirty wards. Assigning the most suitable doctors and nursing personnel to these wards was accomplished with morale factors to be considered and dealt with. Naturally the number of people to do the job in the most acceptable manner was inadequate, in view of the change from four or five such wards to around thirty. There is still some question as to whether the job can be done satisfactorily on this widely spread distribution which, if done on the staffing plan now used in California would require 607 additional nursing positions.

The immediate result has been an increase in population due to reduced releases. This should improve after the routine has been established. Everyone feels this system is good and hopes it will succeed. If maximum effort on the part of everyone will accomplish the job, it will succeed.

Some of the statements from nursing reports are as follows:

"This month, the Unit #3 physicians began their new assignments, with one receiving ward and one convalescent ward each. Patients are received on rotation basis from admissions. This presented a problem at first in that adhering to this plan as patients were sent to unsuitable wards, some very disturbed patients were sent to wards that have staffing of only one or two employees per day. Dr. Lilly now has a listing of the wards, showing receiving wards, open wards and preferred placement of I.A. and I.D. patients. He has been most helpful in selecting suitable wards, eliminating our beginning difficulties. This Unit received 148 new patients during August."

"Due to the change-over of Wards 7-8-9-11-12-13A into receiving wards for new patients, this month, some of our activities were temporarily lagging, but they are now picking up again and going full speed."

"The new admission procedure of sending patients directly to their wards from entry to the hospital is working very well at the ward level. The employees find this experience very stimulating. Some of our newer employees felt apprehensive and insecure but our charges and experienced employees, who have been through many changes, were most helpful in allaying these fears."

"The Admission Suite has been functioning smoothly and under the new procedure as many as twenty or more patients have been completely processed and ready for transfer to their respective wards in two hours.

"The Admission Ward, RT6, was opened on August 5, with male and female patients being received and the functioning of this ward has been as normal as it would be in any general hospital. The population of the ward is made up of observation cases, patients returning from leave of absence and those selected for research. Many have been acutely disturbed and with the concentration of quality nursing staff, many of the patients have been helped to control of their more overt symptoms before being transferred to other wards. The patients have been encouraged to care for their own clothing, sewing on name tapes, washing and ironing as needed. They also are asked to leave the unit clean for the next patient and remake the bed before transfer. The kitchen is stocked to take care of the late arrivals' need for food and fluid. Personnel on the ward seem to be adjusting well to each other and to the patients and enthusiasm for the project is high. (Segregation during sleeping hours is accomplished by locking one or two doors, thereby creating two separate wards.)"

#### CHILDREN'S UNIT ACTIVITIES

CUB had one outstanding day--the Navy Volunteer group (this group has one navy man for each child) took the cottage to Steckel Park for a day-long picnic. The food was wonderful; there were contests with excellent prizes and the evening ended with entertainment by a group of TV personalities.

#### CONCERT AT CAMARILLO

Camarillo's Hagerty Auditorium was the scene of a staff musical concert, presented by the Rehabilitation Services Department, on Wednesday, August 31. An enthusiastic audience, which comfortably filled the room, heard music presented by staff members of the Rehabilitation Services Department, Music Therapy Internes, professional assistants and one member of the medical staff.

This program is one more item on the constantly growing list of events which bring the widest possible range of entertainment to the patients of the hospital. To date, this has included variety shows, opera, dance programs, ballet, musical comedy and chamber music concerts as well as various lectures.

The patient group received, with every evidence of enjoyment, music for piano, solo voice, two string trios and a movement from a piano concerto with the orchestral part performed on the hospital's Baldwin Concert Organ. The composers represented -- Chopin, Mozart, Beethoven, Strauss, Mendelssohn and Prokofief -- reads like a cross-section of the

world's great composers. It certainly shows that the patient group responds to serious music as well as to such things as musical comedy, which they also enjoy.

FARM

Production

Farm General:

Alfalfa, green, loose.....	246	Tons
Alfalfa, dry, loose.....	56	"
Alfalfa, baled.....	71	"
Corn, green, chopped.....	167	"
Corn, ensilaged.....	997	"
Sudan grass, green.....	15	"
Rolled barley.....	5	"
Barley seed.....	4	"

Dairy:

Milk and milk products.....	35,040	Gal.
Beef.....	5,880	Lbs.

Vegetable Garden:

Green vegetables.....	58,518	Lbs.
Root vegetables.....	45,712	"
Melons, water.....	32,300	"
Melons, Crenshaw, Honeydew, Casaba.....	34,520	"
Tomatoes.....	16,658	"
Sweet corn.....	2,750	Dz.

Tractor Time:.....	1,587	Hrs.
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Respectfully submitted,

F. H. GARRETT, M. D.  
SUPERINTENDENT AND  
MEDICAL DIRECTOR