THE SUSTAINABILITY ISSUE

California State University, Bakersfield

October 9, 2019

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Sustainability efforts pay off

By Maria Hernandez Staff writer

October is Sustainability Month and CSUB has much to celebrate. Through the efforts of the Sustainability Office, the campus is doing more than ever to involve students in reducing their carbon footprint.

"[Sustainability is] only using the amount of resources that you need to leave enough for everyone else to have a good quality without compromising the needs of the future generations," said Jennifer Sanchez, sustainability coordinator at CSU Bakersfield.

The school offers programs for those interested in entering a sustainable career. These students will have the opportunity to volunteer in the Sustainability Office.

"We created student assistant positions. We also have created some academic internship positions," said Sanchez.

The main goal is to teach students how to help keep the school sustainable. The university offers different methods that students can use to save energy and resources that are important

for the planet. Three of the simplest things students can do to save the planet are to use a bicycle instead of a car, using refillable water bottles instead of single-use bottles, and avoid using straws or too many napkins.

"We are trying to succeed in a few areas. One is promoting alternative ways of transportation, things like carpooling or driving electrical vehicles, so that we reduce gas emissions and we improve air quality," said Sanchez.

A sustainable school can help maintain a greener planet. Small things make a big difference. Driving a car only when it is necessary can help everyone in general. Walking or cycling can help keep the air cleaner. Clean air can reduce carbon dioxide, helping to reduce the global greenhouse effect. CSUB offers a 50% discount off monthly Golden Empire Transit fares to those students, staff, and faculty who choose to travel on the bus instead of bringing their car.

Some students who are not in the sustainability organization also make the effort to keep the campus sustainable. The small



Illustration by Stephanie Williams/The Runner

actions that students are taking are affecting the environment at CSUB in a positive way.

"I recycle and I throw away my trash," said Kiarre McGee, communications major. Students can use water bottles for more than one time. The Walter Stiern Library and Starbucks offer discount those students who take the time to bring their mug.

Some professors at CSUB teach about sustainability and the importance of saving energy and resources "using resources in a way that is responsible and ensures that they are available in the future so not depleting them but using them in a responsible way," said Chemistry professor Hanoz Santoke. Thinking about future generations is important

because they should have the opportunity to have a clean ecosystem and a healthy life.

"It will make a small difference. Everyone has to do their part. If everyone makes a small contribution, the total will make a difference," stated San-

Anyone who makes the effort to maintain a clean campus is helping the entire world to be more sustainable. The Sustainability Office encourages students to use laptops instead of desktop because a laptop uses approximately 50% less energy. A sustainable school draws the attention of people in search of a clean and healthy environment.

The school has not yet formed a sustainability club; however, the Sustainability Office wants to form a club in the future. Students who are interested in keeping the school sustainable can visit the facilities office located in the Facilities building to get information about the positions that are available.

Office will soon moving in to its new space in modular East III, next to The Runner.

David Hogg

FEATURES Sustainability

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Grants recieved for water filling stations, food pantry

By Jessica Wright Assistant News Editor

The CSUB Sustainability Office has received funds from the Safety and Risk Department to add 30 water filling stations to the CSUB campus. In addition to the current water stations already on campus, these water filling stations will be going in places around campus that do not currently have any. This will not only provide better access for students, but also help cut down on

Installation has already begun on these water filling stations is expected to be done by the end of this semester, according to Sustainability Coordinator Jennifer Sanchez.

"Every single new station does have a filter,' Sanchez said, addressing student concerns about the older stations not having filters. Those older stations cannot be retrofitted for filters and would have to be replaced entirely.

Student input on the filter filling stations seems positive.

"I think it is great to cut back on trash. Also, I am more inclined to drink if it doesn't smell weird or taste weird. I think it's great to move to filters,"

said Sarah Mcpherson, a nursing major.

"Our campus has diverted at least 1.5 million water bottles since the first station was installed in 2014," said Sanchez, pointing out that the new water stations will make the campus more sustainable while giving the students cleaner water.

The CSUB Food Pantry has also received two grants to provide better opportunities for student health and sustenance. The SB-85 grant, which is a basic needs grant provided by the California State Legislature, allocated \$75,000 for the food

pantry. They have used this money to provide and grow their own garden located behind the softball field. This garden grows 1.5 acres of fresh produce for the pantry.

The food pantry has also received a grant in conjunction with the Center for Healthy Families.

"The food pantry will be doing an outreach program to help wak students through the application process for CALFRESH," said Ilaria Pesco, ASI Executive Director.

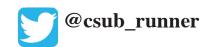
CALFRESH is a state administered program that gives qualifying students extra funds to purchase



Students pick up food at the CSUB Food Pantry located near the Student Union and parking lot M.

food throughout the month. The Office of Sustainability plans to bring more events to campus and get students involved with the upcoming campus sustainability month in October.

Students can also reach out to the Food Pantry, located next to the Student Union, for information about their outreach program and fresh produce.





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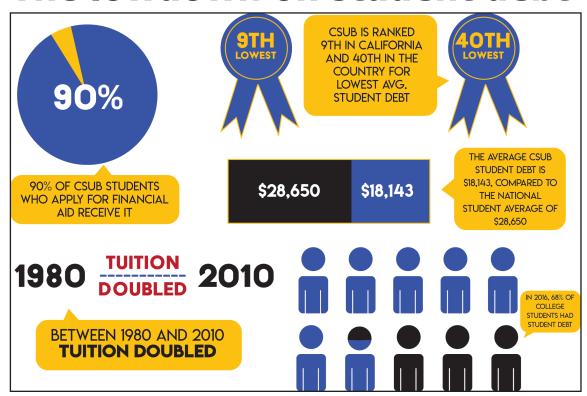
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The lowdown on student debt



Alex Torres/The Runner

By Audrey Tobola Escano

News Writer

Student debt is a challenge a lot of students have to face during college, but at CSU Bakersfield they had it better than most others students. While the average student debt for Class of 2017 is about \$28,650 in the country according to the Institute for College Access and Success, at CSUB it's about \$18,143, according to Chad Morris, director of financial aid at CSUB. It's not a secret, the

United States has one of the most expensive higher education system in the world. According to Forbes, there was more than 44 million borrowers who had a student loan debt in the U.S. in 2018, which represents \$1.52 trillion. And between 1980 and 2010, the cost of college has more than doubled at both public and private institutions, according to U.S. Department of Education National Center for Education Statistics. But CSUB is ranked as one of the lowest average student debt in the state, but also in the country, with less than \$20,000 of average student debt for graduate students.

"That amount ranks us number nine in California, as one of the lowest average student debt, and fortieth in the entire country. That's what we want. We want students to be able to come out with really low, or little debt if possible," said Morris. "Students can come in, get a quality education, and they don't have to pay exorbitant costs that some other universities charge. They don't come out with a lot of loan debt."

Indeed, the total of the estimated expenses for a typical full-time undergraduate student, which include tuition, fees, books, supplies and transportation, is \$12,058 yearly. But according to Chad Morris, many students have enough grants to pay their tuition, which is about \$5,742. And 90% of the students who applied to get financial aid get some.

aid get some.

"The first two or three years here, I was getting the majority, if it's not all my tuition paid for," Jacob Jackson said, a 22-year-old graduate student and a geology teaching assistant. According to him, students don't realize how easy it is to get financial aid and so, don't take advantage of it. And, according to him, that's why they are in debt.

But even with financial aid, 68% of college students who graduated from public and non-profit colleges in 2015 had student loan debt, according to Forbes. Jackson is one of them but doesn't feel bad about having a loan. According to him, it's part of the experience of college.

"I know it's going to be a pain to pay it off but what I got from it, it's why I've been taking [out loans]. I have both my degrees. And I have to pay it off on time," Jackson said.

For Sneha Guduru, Director of Student Housing Relations and business major graduate student, the challenge is not about having a debt but how to manage it. Although she never had a student debt because she worked full-time, she knows how important it is to balance a budget and to be careful with money. "I would recommend

all the students to try to minimize their debt and balance their spendings. Their daily spending, or how much they are spending on food and everything," she said. "I would not go on vacation, I would not spend a lot of money on my clothes or stupid stuff, not go eat outside every like, every four times a week. But that would help me save the money and calculate my budget well."

Balancing a budget is indeed the key for Morris. "We really want students to, number one, apply for financial aid and get the opportunities they are eligible for, but then, number two, be able to manage their finances as well. Be responsible with their money, be responsible borrowers," he said.

Having a student loan can be difficult to manage for college students, especially the first years. They suddenly have thousands of dollars on a bank account and can be tempted to use an amount of it on unnecessary things.

"People could say 'Well, I don't really need it, but I'm eligible for all these loans, so I'm going to take these loans and buy a new car, or buy a new stereo', whatever. But that's what we are trying to teach in literacy. We have an online tool called iGrad. Each student can log in and there is tutorials, and videos, and little tests you can do," Morris

On iGrad, you can find several topics, such as 'Spending less', 'Managing debt', 'Budgeting' or 'Credit card'. You can also learn about the different types of financial aid, grants and scholarships and apply online for aid with the FAFSA.

"You could spend hours on here and educate yourself on everything," Morris said.



The Runner October 9, 2019

Speaker choice sparks controversy

Community responds to KIE announcement that David Hogg is the Charles W. Kegley Memorial Lecture speaker

By Jessica Wright Assistant News Editor

The Kegley Institute of Ethics, KIE, has selected David Hogg, a Parkland, Florida school shooting survivor, and gun violence activist to be the 34th annual Charles W. Kegley Memorial Lecture speaker. Hogg is the co-founder of March for Our Lives, a youth led organization rallying against gun violence, and is also one of the founding members of Never Again MSD (Marjory Stone Douglas), another gun control advocacy group.

After the original announcement of Hogg's upcoming arrival to CSU Bakersfield in the spring, debates on social media and controversial comments began to surface regarding Hogg.

One commenter, Hoss59, on The Bakersfield Californian's Facebook page wrote, "It's sad that this young man is making out from this tragedy, anyone can have a different opinion, but taking his first comments about riding his bike to school after the shooting, and then stating he was there, but could not provide proof/ witness' that he was there, I believe he is an opportunist."

Another user, Cesareo, replied,

"Actually, he was on campus during the shooting. You don't have to believe it, but it's a proven fact."

David Irvine, on Twitter, said, "What a stupid liberal thing CSUB is doing! I hope no one shows up!!!!"

While the accusations of Hogg not being at the school have been debunked and proven as false with resources on websites such as Snopes and fact checker, they are still bringing in debate among viewers and readers of different media outlets.

The director of KIE, Michael Burroughs, spoke about finding topical speakers for their lectures at the institute, and how these speakers should be relevant to our communities, our region, and our world.

"We are completely okay with people disagreeing with the speaker selection, but we want to have a peaceful and informed conversation about it, so the idea of bringing Hogg is not 'we agree with everything Hogg as ever done or will ever do', the idea is it is fine to disagree but just come ask a question," said Burroughs.

According to Burroughs, Hogg is the youngest speaker to come to the KIE. He himself is a college student attending Harvard, and plans to further engage in politics by running for a seat in the U.S. House of Representatives when he becomes of the eligible age. Because of Hogg's busy schedule a specific date has not been set for the lecture, however it has been confirmed for April 2020.

Burroughs shed some light on the selection of Hogg as a speaker by stating, "We were really interested in speaking to undergraduates, actually, and the idea that David Hogg is a college freshman who, for better or worse, has had a tremendous political impact in our country. He underwent a tragedy, and he decided to act in the face of that tragedy, and we thought that it would be cool for undergrads to be able to engage with a young person who's tried to engage with democracy in a positive way. So, I think it is the epitome of a topical subject right now, and hopefully events like these can be part of generating ideas and youth response to the problem."

KIE is currently working on a location for Hogg's lecture as they expect this speaker to bring a large audience, however they expect the event to either be held at the Icardo Center or the Dore



Theatre. KIE has paid for the security needed for this event which will be staffed by the University Police Department.

When asked about the specifics of security Burroughs said, "I definitely wouldn't say we are concerned but I would say we're definitely prepared. For every major event we do we have security there, and actually with David Hogg, there are contracted responsibilities on our part to have a specific amount of security at the event and to make sure we are having a safe environment. I fully expect we will have a peaceful and successful event."

Workshops teach dangers of hazing

Karin Patino *News Writer*

CSU Bakersfield kicked off National Hazing Prevention Week on Mon., Sept. 23, 2019 and held workshops throughout the remainder of the week to help prevent hazing on campus. On Wed., Sept. 25, keynote speaker David Stollman spoke to members of the campus's Greek communities about the many dangers of hazing at universities and how to prevent it from happening.

"Tradition is most often a word used by cowards who fear changing what they know is wrong," said David Stollman, president of Campus Speak, during the presentation for National Hazing Prevention Week.

During the presentation for National Hazing Prevention Week, Stollman gave examples of hazing traditions that have occurred across the United States and the outcome of such dangerous practices.

"Parts of it were really heartbreaking to me that it's a reality for people. We [Gamma Phi Beta] really don't have to worry about that stuff especially with my sisters. That's literally the last thought in my mind like, 'Am I going to get hazed?' I always feel safe with them," said Julia Gaworski, sophomore.

"Everything was positive. It gave me something to do on campus. It brought brotherhood. It taught me how to be a better man, how to be a gentleman, and how to conduct myself as an upstanding citizen," said Greg Long, senior, and a member of Kappa Sigma.

According to Long, he had nothing but good encounters during his early years in the fraternity at CSUB.

Maureen Anderson, Greek Life and Student Leadership coordinator, oversees the fraternity and sorority community for the CSUB campus and instills the importance of creating a positive experience for sorority and fraternity members.

"We really talk about it in a way of just creating a culture of care. Just care about

"Tradition is most often a word used by cowards who fear changing what they know is wrong."

- **David Stollman,** Campus Speak President

one another," said Anderson.

While the news has covered dozens of incidents of hazing across schools, there are also countless movies and shows that portray hazing as the norm for college life in a fraternity or sorority.

"You have to create that positive atmosphere. Nothing crazy is going to happen. That's a stereotype perpetuated by Hollywood and you have to break that down. A lot of us are just students who just want to belong to something cool," said Long.

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Sustainability Month Kick-Off



Ruuna Morisawa/The Runner

Ruuna Morisawa/The Runner Students interact with different organizations during a sustainability event some at the SU Patio on October 2, 2019.

By Lauren Hill Features Editor

October officially marked the start of Sustainability Month at CSU Bakersfield, and all month there will be various activities and events for students to participate

The Sustainability Month kick-off event

was Wednesday, Oct. 2, 2019. Students gathered on the Student Union patio for a chance to get free lunch and speak with other sustainable clubs on campus. The free Ike's Sandwiches being handed out to students ran out by 12:00 p.m.

Another event that took place was California Clean Air Day, held on Thursday, Oct. 3, 2019. Staff, volunteers, and

attendees gathered at the Edible Garden to plant a total of 20 trees. The trees planted included, "two apricot, three olive, three nectarine, three peach, three pomegranate, two red grapefruit, and three Meyer lemon," said Amanda Saxby, Farm to Student lead.

in-part of the Kick-off for sustainability.

"In the next ten years, these trees will sequester 10 tons of carbon dioxide and [produce] 30,000 pounds of fruit," said Jennifer Sanchez, Sustainability Coor-

According to Sanchez, the first 100 attendees at this event received a free Chico Bag, which is a compactable and easy to carry reusable bag created by Chico State University graduates.

The Sustainability Office covers six different areas: food and dining, transportation, energy and water, green building and construction, recycling and events, and purchasing.

"What we try to do long term is to teach people to think sustainably," said Sanchez.

"For every way that there is to do something, there is a sustainable way to

For the rest of the month, the Sustainability Office will be hosting the following events:

Oct. 8 and 9: Ride Share Pledge

Drive, located at the Cafe Quad from 10 a.m. to 1 p.m.

Students interact with Sustainable Organizations at the SU Patio on October 2, 2019

Oct. 10: Ride Share Pledge Drive, located at the Red Brick Road from 10 a.m. to 1 p.m.

Oct. 19: E-Waste Drive, Location to be determined, from 10 a.m. to 2 p.m.

Oct. 23: Garden Build Day, Located in the Stockdale Room, from 12 p.m. to 1

All month, reusable bamboo utensils will be given at no cost to students who pledge to carry reusable cutlery with them and avoid using plastic cutlery. There are 300 sets of bamboo utensils in stock, which will be distributed while supplies last, according to Sanchez.

Year round at CSUB, students can participate in the sustainability movement by filling up their own water bottles at one of the 26 water filling stations here on campus. Additionally, paper, plastic, cans, and cardboard are all accepted at designated recycling areas around campus.

Sanchez got her start in sustainability as a psychology undergraduate at CSUB, and has been very happy to continue her passion for it here on campus.

"I'd really encourage people who are interested in this as a passion. They are welcome to volunteer and participate in our department," said Sanchez.



Offer includes a Regular Drink and Fries with coupon.



RIDE PREVIEW

By Lauren Hill Features Editor

CSU Bakersfield is committed to being a well-rounded campus by being accepting of every student and staff member, no matter their race, gender, ethnicity, religion, or sexual orientation. To embrace this, CSUB will be hosting a Pride Week from Oct. 5, 2019 to Oct. 12, 2019 in support of diversity on our campus. Pride Week will be hosted by Campus Programming and co-sponsored by Associated Students Inc., Student Housing and Residence Life, LQBTQ+ Network, Pride Affinity Group, MAGEC, the Student Recreation Center, and the Walter Stiern Library. The purpose of Pride Week is to give students the opportunity to participate with one another in an open space regardless of their own individual opinion on the LGBTQ+

community. To kick off the week, Pride started with a kickboxing event called Kick Out Hate on Saturday Oct. 5 in the Sequoia Room of the SRC. Later that day, a CSUB volleyball game vs. Seattle U was held in support of our women's volleyball team. The game will take place in the Icardo Center.During the week, a march for equality is planned to begin on the corner of Gosford and Stockdale to take the streets in pride and equality on Oct. 8, 2019. Additionally, a Pride Party will be held on the Student Union patio. There will be a drag show, games, activities, and music to enjoy. These and more activities are scheduled during Pride Week. Those who are interested in learning more about CSUB Pride Week can visit Campus Programming on the web oron Instagram @csubcampusprogramming.Remember that Pride Week is a safe space for all who

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15th Annual KIE Fall Lecture

By Alex Chapa-Kunz News Editor

The Kegley Institute of Ethics' 15th Annual Fall Lecture occurred on Saturday Sept. 28 in CSU Bakersfield's Dore Theater. Speakers Arun Gandhi and Nipun Mehta discussed the teachings of Mahatma Gandhi and the applications of those teachings in modern society. Attendance was strong at the Dore Theater and included CSUB students, faculty, and leaders along with many members of the community.

"Your presence here demonstrates our community's true investment and true value of diversity as a strength," CSUB President Lynnette Zelezny began as she welcomed speakers, attendees, and organizers.

"We must remember, in the words of Gandhi, that 'non-violence is not a garment to be put on and off at will, it must be an inseparable part of our being," Zelezny said, opening the lecture with a central theme of the two speakers.

Nipun Mehta spoke first and presented a lecture entitled "Gandhi 3.0 – Bridging Internet and the Inner-Net," explaining how the principles Mahatma Gandhi lived and expressed fit into the present time.

"If we can change ourselves, the tendencies in the world will also change. As a man changes his own nature, so does the attitude of the world change," Mehta stated.

Often, the specific 'who' or 'what' present day society is opposing is difficult to identify, which makes solving those issues a challenge. Mehta spoke on the necessity of "holding suffering of the world with great compassion" in order to inspire change in a nonviolent way. There lies the necessity of inner change in order to impact the outer global change.

Mehta described the evolution of Gandhi's message, which began with Gandhi himself or what Mehta calls "Gandhi 1.0." This message of nonviolent opposition began when Gandhi connected with individuals who then created a movement of change, or a "one-to-many" distribution of change.

After Gandhi came the work of Vinoba Bhave, who created a "one-to-one" network of change, as "Gandhi 2.0." Mehta believes that the natural progression of this will be what he calls "Gandhi 3.0," "a many-to-many" network which is currently used in the profit and activism sector, but is not seen with love and compassion.

Following Mehta, Arun Gandhi took the stage to present "Lessons Learned from My Grandfather: Non-Violence in a Violent World," giving the audience a glimpse of Gandhi's teachings in practice. Arun Gandhi was the fifth grandson of Mahatma Gandhi and said one of the first lessons he learned from his grandfather was how to understand anger and how to channel the energy of anger constructive-ly.

"More than 80% of the violence that we experience in our lives or in the lives of our nations is generated by anger," Gandhi stated, quoting a recent Harvard study. He urged the audience to learn how to make the internal changes necessary to prevent lashing out in a moment of anger.

Through stories of his life with his grandfather, Gandhi endeavored to show

the immense power that controlling one's anger can have on the violence seen in the world. Anger itself is not something to be ashamed of he said, but abusing such a powerful emotion is.

Another lesson his grandfather bestowed was to have Gandhi draw a genealogical tree with physical violence as one branch and passive violence as another. The result of this was the understanding that physical violence is limited due to its physical expression, while passive violence has a nearly endless capacity.

"He said we commit passive violence all the time every day, consciously and unconsciously, and that generates anger in the victim, and the victim then resorts to physical violence to get justice, so it is passive violence that fuels the fire of physical violence," Gandhi shared.

Audience reaction to both lectures was mostly positive, with a few questioners expressing frustration with the applications of nonviolent opposition amid extreme suffering.

"I think the main thing that I am leaving with today is the fact that, how important it is not to give up on nonviolent methods, to pursue them even in the face of violence.

You have to continue to pursue them and not turn to violence just because it's taking longer than expected," said Alondra Roman, a CSUB freshman majoring in English and sociology.

"The way he said that we react violently to passive violence that we receive, and I thought that spoke a lot to the struggles of people of color in general. Anyone who is a minority whether it be by gender or race or religion, I think that a lot of days you spend getting bullied passively and then you react violently," said Brittany Johnson, a junior at CSUB majoring in

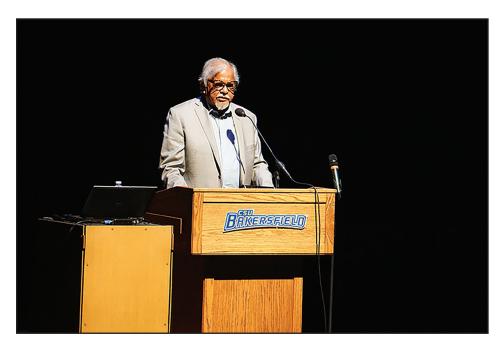
"If we can change ourselves, the tendencies in the world will also change. As a man changes his own nature, so does the attitude of the world change."

Nipun Mehta,
 Founder of ServiceSpace

philosophy.

In an answer to her question, Gandhi spoke on movements such as the Black





Mari Woodmansee/The Runner

Guest Speaker Arun Gandhi who is the grandson of Gandhi speaks at the Kegley Lecture held in the Dore Theater on Saturday Sept. 28, 2019.

Lives Matter movement, stating that if activists show a lot of anger and aggression in nonviolent action, that action will not be as effective.

Both Arun Gandhi and Nipun Mehta point to the inner change necessary to inspire external change through love and compassion, a process that requires one to look within and transform weaknesses into strengths. Both speakers expressed their belief that true nonviolent moments cannot exist in states of anger, rather must be born out of love as Mahatma Gandhi taught.



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Fall into fashion

By Sofia Martinez Reporter

It's officially fall, which means that new styles are surfacing everywhere.

Fall fashion is very subjective. Most retail companies have been releasing animal prints, silk or satin shirts with lace, feathers on camisoles, and colors such as lilac purple or mustard.

Ever since K-Pop music was introduced to America, stores like Forever 21 have implemented more pastel colors and simple designs. Asian fashion culture has slowly been merging into the American wardrobe. There are also names for certain fashion aesthetics, such as "VSCO girls." They tend to have a hydro flask covered with stickers, mainly shop at Brandy Melville, wear oversized t-shirts with vans, a shell necklace, a scrunchie, and carry Fjallraven Kanken backpacks. There are other widely known types of aesthetics in 2019 known as "grunge", "baddie", and "soft girls."

Trends come and go, and are only in style for a short period of time. A couple years later however, they can come back. Some trends that have returned from the past are '90s fashion accessories such as the scrunchie and hair barrettes, which are now a trend for the fall of 2019. Another trend is chunky sneakers, especially the white Filas that every fashion influencer seems to have. Some have called this the "dad shoe" trend. High-waisted "mom" jeans, and anything distressed, especially in jeans and jean jackets have been proven to be in style for years. A few years ago, a flannel long sleeve shirt tied around the waist was a trend, but like any other trend it faded out.

"In my opinion, some current trends are bamboo 'picnic' bags, statement chunky



Contributed by/Regina Carlos

Regina Carlos poses on a staircase to showcase her fall style right on time for October.

sneakers, biker shorts. I like the chunky sneaker and picnic bag statements. You can definitely wear these trends to school or social events because you can dress them up or down," said Regina Carlos, Class of 2021, who is double majoring in psychology and English.

"A popular upcoming trend I've noticed

is the whole 'cybergothic' fashion. My favorite trend is the cybergothic, vaporware aesthetic and the whole 90's grunge era, and my least favorite would be the minimalistic looks or even designer statement pieces put together," said management/ marketing major Christian Jesse Villaruz, Class of 2021. "My fashion inspiration

comes from the T.V. shows, movies and even social media influencers like 'barbiegutz' and 'melovemealot' who express their own personal selves in their style," adds Villaruz.

"Well I currently work two jobs, which means that I maintain three different types of outfits. I work with students from K-6, so I need to wear comfortable clothing. For my retail job I wear stylish and professional clothing. My third type of outfit is for my non-work or non-school days, in which I can dress the way I want, and it doesn't necessarily consist of current fashion, but instead always me to express myself" said Celeste Munoz, Class of 2020, majoring in psychology and CAFS (child, adolescent, and family studies).

Fashion trends are constantly changing due to a lot of fast fashion companies that mass produce large amounts of clothing made from cheap fabrics by underpaid workers in hazardous work conditions. However, there are many different sustainable fashion options from companies such as Reformation and Everlane, which provide affordable ways to shop for responsible products. Fashion is always changing and new awareness is being brought to the industry every day.



Anniversary of Mac Miller's death

"Getting faded,

I've been stoned

all week/what's

a GOD without a

- Mac Miller,

Rapper and Producer

little OD?"

By Damian Lopez

Remembering Mac Miller

Reporter

Malcolm McCormick, known as Mac Miller, was a rapper and record producer from Pittsburg, PA. Miller produced five full-length albums, each one ranking within the top five on Billboard 200 charts during the week of release.

According to the Los Angeles County Medical Examiner-Coroner, on Sept. 7, 2018, Miller was found unresponsive in his Studio City home and was pronounced dead at the scene.

According to the coroner's report, Miller died of an overdose of fentanyl, cocaine, and ethanol. Whether Miller was aware that his drugs contained fentanyl, which the DEA describes as a synthetic opioid that can be 80 to 100 times stronger than morphine, is debated. According to statements made by Miller's drug dealer, Miller was aware the drugs contained fentanyl.

September marks a year since Miller's death, and the anniversary of two of his albums. According to a Rolling Stone article by Jon Blistein from Sept. 26, 2019, three arrests have been made in connec-

tion to Miller's death. A criminal complaint was filed against Cameron James Pettit on Aug. 30, 2019, who was arrested on Sept. 4, 2019. On Sept. 5, 2019, FBI and the US Drug Enforcement Agency arrested Ryan Reavis in Lake Havasu City, Arizona, where drugs and weapons were found in the search of a home connected to Reavis. Los Angeles Police also arrested Stephen

Walter of Los Angeles on Sept. 23, 2019. Walter provided the pills to Pettit.

References to depression and drug use in Miller's music was not uncommon.

In his 2013 sophomore album, "Watching Movies with the Sound Off," he states in the song "I'm Not Real," "Marijuana smoke in my stomach, toasted in public/ head in the clouds, my toes in the struggle".

On Miller's 2015 release "GO:OD AM,"

in the song "Rush Hour" he states, "I'm a deranged m----f----, took too many

> uppers, now it's rush hour, Jackie Chan, Chris Tucker".

The same album features the song "100 Grand Kids" where Miller says. "getting faded, I've been stoned all week/what's a GOD without a little OD?"

"Pittsburg rapper Mac Miller continues to move past the drugged-out party-boy persona of his 2011 debut," wrote Keith

Harris of Rolling Stone magazine about "The Devine Feminine," released on Sept.

In an interview with Emily Manning for I-D Magazine, Miller told Manning how the album is about love and "feminine

Media outlets such as TMZ had reported images of Miller and Ariana Grande, featured throughout "The Devine Feminine," together during the production of the album. Miller and Grande never confirmed that they were dating. However, social media posts by both Grande and Miller later confirmed they were a couple.

Gracelove Simmons, computer science major at California State University, Bakersfield, wrote in an email "Everybody, including them, denied anything would come from it but there was way too much chemistry in the behind the scenes videos. I just knew they would date."

"On his wounded fifth album, Mac Miller sings deftly about heartbreak and his mental state, capturing his resignation without turning sadness into a performative spectacle," wrote Pitchfork contributor Evan Rytlewski in an album review of Miller's final album, "Swimming."

"Well I'ma be here for a while/Longer than I did expect to/I was out of town, getting lost till I was rescued/Now I'm in the clouds, come down when I run out of iet fuel/But I never run out of iet fuel." raps Mac Miller on the song "Jetfuel." Miller's last album was released on Aug. 3, 2018, a little more than a month before his overdose.

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E-cig ban quicker than gun control

By Jovana Espinoza *Opinion Writer*

It is illogical for people to make a direct comparison between electronic cigarettes and guns. Although e-cigarettes have been around for a while, it is only recently that this alternative to smoking started gaining popularity with young people. Now, an outbreak of lung injuries has health officials warning people to stop using e-cigarettes entirely. One person who actually took notice of this warning was President Donald J. Trump.

The president's decision to actually address the issue of e-cigarettes was met with a mixed reaction. While some people think Trump is right in addressing the issue, others think that something like the growing number of deaths due to gun violence is a more pressing matter that deserves his acknowledgement and action.

Action against gun violence is important, but that doesn't mean this new and preventable problem with e-cigarettes shouldn't be addressed.

As of Oct. 1, 2019, there have been 18 confirmed deaths related to e-cigarettes according to the Center for Disease Control and Prevention (CDC).

The CDC also reports that most patients affected by the mysterious lung injury reported using products containing THC, which is the chemical responsible for most of marijuana's psychological effects.

"The Trump administration said...
it would ban the sale of most flavored
e-cigarettes, [after] hundreds of people
[became] sickened by a mysterious lung
illnesses a[s] teenage vaping continues
to rise," according to Shelia Kaplan's
article Trump Administration Plans to Ban
E-cigarettes.

Although there is a health concern and good intentions behind the ban, the fact that the government has begun to get involved with what consumers are Harvest Music Festival Las Vegas, NV
Marjory Stoneman Douglas High School Parkland, FL First Baptist Church Springs (Say Vingsta) and Say V

allowed to purchase is concerning.

"I think banning e-cigarettes is a good thing, but it might increase the chances of illegal purchase, causing even more deaths," said Yuri Martinez, 21, transfer student and liberal arts major.

The problem is not the actual e-cigarettes, but rather that teenagers are prone to using them, and how they can get so caught up in a fad that they won't consider the harm they are doing to themselves. Implementing a policy for health classes in high schools to dedicate more class time to the risks of e-cigarettes may be a better alternative to creating a ban on e-cigarettes.

The absurdity of regulating consumption as a permanent solution to deaths among teenagers due to e-cigarettes is not the only problem. People's reaction to the news is just as troubling.

"As news of the Trump administration's plan to ban most flavored e-cigarettes rippled across social media, another topic

quickly hijacked the conversation: gun control. Pointing out that the thousands of gun deaths in the United States vastly outnumber the six fatalities attributed to vaping, some activists and legislators bemoaned the lack of meaningful action on guns," wrote Brittany Shammas for The Washington Post.

Gun control and the recent atrocious school shootings should receive priority over e-cigarettes, but to call attention to one issue by disregarding another is not the way to go about it. True enough, kids and faculty members in school shootings did not choose to die at the hands of an unstable mind with malicious intent. On the other hand, teenagers purchasing e-cigarettes are doing it willingly, and it can be addressed over an extended time period. However, that does not mean e-cigarettes and the recent health concerns should go disregarded.

"Adolescent years are times of important brain development. Brain development

opment begins during the growth of the fetus in the womb and continues through childhood and to about age 25. Nicotine exposure during adolescence and young adulthood can cause addiction and harm the developing brain," according to the website Know the Risks; E-Cigarette and Young People, which is a product of the U.S. Department of Health and Human Services.

An ounce of prevention is worth a pound of cure. It is better to tackle the issue while it is in its early stages of development than to wait until it is far too difficult to do anything about it. Although I still believe that the solution is not to ban them, I still recognize that the issue should not be overlooked or neglected.

"It is a good thing Trump is banning flavored e-cigs because people are dying, but he should use his resources towards issues that truly matter like poverty, immigration, gun control, or a way to improve our economy," said Uliani Ceja a junior and economics major.

People's dissatisfaction with President Trump's focus on the e-cigarette issue shouldn't discourage him from continuing to try and bring attention to health concerns. Rather than be divided over either guns or e-cigarettes, people should come together and agree on how to save young people from very preventable e-cigarette lung injuries.



What we all can do to reduce waste

By Becca Romo Sports Editor

It's understandable that as students, sustainability is the last thing on our minds. It is a time consuming lifestyle choice to partake in, but it is also worth it in the long run.

It is also easy to get started with. When I began going zero-waste, it was just a basic Google search to see what reusable items I could find to replace my most-used items that are not so eco-friendly.

Here are some ways to reduce your waste:

1. Replace commonly used hygiene and beauty products.

I found that the most common things like shampoo, conditioner, and body wash were extremely wasteful. Instead of buying my products packaged in plastic, I began purchasing them from stores like LUSH that produce shampoo and conditioner bars

For face wash, it is best to purchase it packaged in glass or a cleansing bar. Most of these products are also packed with natural, nourishing ingredients, so not only are you improving the environment, but also your skin and hair.

Cotton pads were something I used

daily and I saw myself going through so many in just a few weeks. On Amazon, I purchased a set of reusable cotton pads that came in a small laundry bag. Once they've all been used, all you have to do is throw the bag in the washer along with your laundry and they're ready to be used again.

Purchase a natural deodorant in biodegradable packaging or glass jar. Meow Meow Tweet is the brand that I have found works best for me because it's affordable and available in most stores.

For women, menstrual products that are zero-waste can be difficult to find. Instead of buying a new box of tampons or pads every month, try purchasing a menstrual cup or reusable pads. Items like these are easily accessible and last much longer than single-use items.

2. Reduce your carbon footprint.

It is a challenge to completely stop driving your car all together, but there are ways to transition into other forms of transportation.

I have the luxury of living near campus, so I try to bike as often as I possibly can, but it can get difficult at times with the heat and a busy schedule.

Take the challenge to ride the bus for a week, or to carpool to campus with some

friends. This way, you're reducing the amount of carbon dioxide being released into the atmosphere.

CSU Bakersfield is now also providing a new service to students, a Tesla vanpool. Students, staff and faculty can request to use the service when it is available.

Electric scooters are also popular right now, and available all over Bakersfield. Instead of driving to the Marketplace or to the supermarket, try taking a scooter to make the trip quicker and cleaner.

3. Food can produce a lot of trash.

When was the last time you remember buying food that wasn't given to you in plastic packaging? It is hard to find items at the store that are sustainable. To reduce the amount of trash you produce, try buying food in bulk or from a farmers market.

"First, it's understanding where your trash is coming from and where you're making the biggest trash," said Stephanie Magaña, CSUB Associated Students, Inc. Director of Sustainability.

She said to try reusing the jars and plastic containers you get from the food you eat. Instead of tossing the jam jar, reuse it to store something. It is better to clean out the jar for reuse instead of buying new jars from the store.

When buying coffee at your nearest

Starbucks, bring your own cup and you'll receive a 10 cent discount off your drink. Even taking a metal straw with you in your bag can help reduce the amount of straws that are used on a daily basis.

Another way to reduce waste is making your own versions of the products you use often. If you eat strawberry jam often, try your own homemade recipe. It might turn out to taste better than the store bought item, and be better for your health.

There are plenty of sustainable food sources available to students. The Haggin Oaks Farmers Market takes place every Sunday from 9 a.m. to 2 p.m. at the Marketplace. The CSUB Food Pantry is open every weekday and is available to all students, staff and faculty. They provide the campus with free fresh produce and other food items.

Being sustainable and zero-waste takes dedication and awareness, but it is not an impossible concept to achieve. The idea of being zero-waste is becoming more popular and more accessible.

Trying out the small things can make a huge difference on the environment and your quality of life.

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RUNNER ON THE STREET

By Sam Underwood / Photos by Tony C. Hernandez II "What do you do to be sustainable?"

Edgar Orozco Political Science



"I try not to drive unnecessarily or overuse anything. I only use what I need."

Luisa Fowler Spanish Major



"I believe in using reusable straws because they don't end up in the ocean and in the nasal cavities of sea turtles."

Cavli Brown Liberal Studies



"I use a lot of more plant based products and use the gym at school to reduce driving."

Melissa Samano Sociology



"I try to always have my water bottle and donate old clothes."

Change on Title IX is long-overdue

Mandatory sexual harassment training afftects student academics

By Cecilia Torres
Opinions Writer

It's time to stop holding Title IX training over students' heads. New and returning CSU Bakersfield students, it is that time of the year. The time of the year when we are trying to keep up with three to five classes as well as juggle multiple assignments while studying for midterms that are approximately three weeks away. Not to mention also trying to maintain a well-balanced personal life that includes having some recreational time, getting enough sleep, and physical activity. Now, we also have to make time for the yearly Title IX training. In 2015, it was decided

that all students and staff at the 23 CSU campuses were to complete a training program that covered, but was not limited to, issues dealing with: sexual assault, domestic violence, sexual harassment and discrimination based on gender and sexuality. In 2016, the decision went into effect and CSUB students were required to complete the Not Anymore online program, which takes approximately an hour to complete for the first time.

After a quick search of CSU Northridge, Long Beach, Channel Islands, and Fullerton's Title IX pages, I found that at these universities, same as here at CSUB, the administration also threatens holds which will prevent students from registering for classes if the mandatory training is not completed. I wouldn't be surprised if it

was the same at the other 18 universities in the CSU system.

I understand that administration needs to make sure students complete the training one way or another. I'm not saying the training is not important or that we don't need it. We definitely do.

On the CSUB campus between 2016 and 2018, there has been a report of stalking, another report of dating violence, two reports of domestic violence, four reports of fondling, and four rapes in the campus dorms according to Clery Crime Statistics, which can be found in the recently released 2019 Annual Security Report.

Truth be told, we are some of the lucky ones. Our numbers are low, but that shouldn't be enough. Every student and employee should feel safe in their workplace or place of learning. Our numbers should be zero in every single category.

Where the issue of the Title IX training comes in is in how it is administered. The timing is poorly thought out, and requiring it before students can sign up for classes can also be counterproductive for the goals of the training.

"I haven't had time. I was going to do it this weekend," said Citlali Leon, 17, a freshmen liberal studies major.

Midterms are about three weeks away for students. It may seem like asking students to take an hour of their day, or 30 minutes in the case of the students doing the refresher course, is not much. However,



Illudtration by Stephanie Williams/The Runner

when your schedule is absolutely full, this mandatory training just becomes something else on your todo list, and then it becomes less significant to students.

"I usually just wait because I know how to treat people. I was raised right," said Francisco Villa, 20, a

"It's good, it's going to help us learn about sexual harassment and what to do about it."

> **Citlali Leon,** Freshman Liberal -Studies Major

junior mathematics major. "It's just a chore. I just wait a couple weeks before it's due."

This training shouldn't be a chore. It should be something that all stu-

dents can dedicate their full undivided attention to without feeling like they are neglecting the schoolwork they are actually being graded for.

I think the training should be changed to sometime before the semester starts or within the first couple of weeks of the semester. That way by the time students, mainly new students, step on the CSUB campus, they will already know where the resources discussed in the program can be found. Not to mention that the program would come at a time when most students will have minimal workload, as that time in the semester, all classes are usually presenting introductory material.

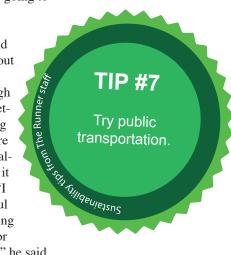
Additionally, the freshman seminar class could also be a great resource to tap into for the program. Options to take an in-person workshop are already available to students, but for freshmen specifically I think it would be a great use of their time to bring the workshop to the class and make sure the first time they take it they are able to ask questions and really learn the information. The class is supposed to cover the first-year experience anyways, so I think it be a great fit.

I found that students, regardless of how they feel about the mandatory training, think that the information is valuable. "It's good, it's going to

help us learn about sexual harassment and what to do about it," said Leon.

Villa, although saying completing the training felt like a chore to him personally, agrees that it is important. "I think it's useful if you're coming into school [for

into school [for the first time]," he said. The changes to the Title IX training wouldn't be major, just moving the timeframe up to the start of the semester instead of leaving it where the semester really starts getting hectic for students. Maybe that change would also make it so that the university administration won't have to hold it over students, because getting the classes you need is already a stressful process.



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Rock climbing: exercise and entertainment



Mari Woodmansee/The Runner

Student Grace Gil tries her luck bouldering on the bouldering wall in the SRC on Thursday Sept. 26 2019.



Mari Woodmansee/The Runner

Thomas Perez a student at CSUB tries to climb to the top of the rock wall located in the SRC on Thursday Sept. 26 2019.



Mari Woodmansee/The Runner

Opinion writer for The Runner Isis Gallardo getting blayed down off the rock wall after she reached the top of the rock wall located in the SRC on Thursday Sept. 26 2019.

By Isis Gallardo *Opinions Writer*

At first, I was not sure how I felt about indoor rock climbing, but after trying it out for the first time, I can see why so many students and faculty have come to quickly fall in love with a sport that is both interactive and physically challenging. Now, I myself look forward to starting my rock climbing journey into a stronger and healthier lifestyle.

One of the many resources available for students at CSU Bakersfield to help them stay healthy and physically active is rock climbing. The rock climbing wall can be found at the front entrance of the Student Recreation Center at CSUB in front of the locker rooms.

When I asked some of the students at the SRC about rock climbing the responses varied, but everyone agreed rock climbing was a great way to stay physically active.

"I really like it. I just started last semester, [and] I've gotten better at [rock climbing]. It's helped me with my endurance and strength. Rock climbing here makes it fun and easy to make friends," said Jeanie Saguiped, a junior majoring in human biology.

Criminal justice senior Edson Mase said, "It's a really different kind of exercise. Makes you work out and strength your whole body. Everyone should try it at least once to see if they like it."

While rock climbing, I also felt my whole body relax and I was able to work out muscles in my body that I had not exercised since I was in high school two years ago. Just like Saguiped and Mase, I felt my whole body pushing itself and the endorphins kicking in shortly after I worked out, making me feel relaxed and satisfied. I also felt everyone's support and encouragement at the rock climbing wall, as I faced

"Personally, I loved my experience rock climbing, and I recommend that everyone try rock climbing at least once while at CSUB."

Isis Gallardo, Opinions Writer

my fears of heights and endured until the end.

"Both climbing and bouldering, the name for climbing on low rock formations without a rope, involve nearly the whole body's musculature," according to a 2018 Time Magazine article, "Why Rock Climbing May Be the Ultimate Full-Body Workout," written by Markham Heid. Although rock climbing requires you to use your whole body, you do not need to be an avid rock climber. The beauty about rock climbing is that no one needs to be fully experienced in rock climbing, in order to have a great experience and a full-body workout.

When asked about rock climbing, Branden Dunn, business graduate student and vice president of the rock climbing team said, "I love it. We go and travel to other gyms, climb outdoors, and generally visit commercial gyms, and other universities with rock climbing walls, like at CSU Northridge in Valencia. This semester, we have the CSU invitation, [and multiple CSU will come to CSU Bakersfield to compete]." Just like the other students, Dunn stated that rock climbing brings people together as they help push each other to try different levels.

During my first experience rock climbing, I was honestly a little afraid after seeing all the strong, fit, and experienced climbers, but when it was my turn to climb, everyone cheered me on until I reached the finish line. I can genuinely attest that the rock climbing community at CSUB is truly encouraging and supportive towards everyone, regardless of their rock climbing experience.

Although not everyone is a fan of rock climbing,

even people who do not climb agree that rock climbing is a great form of exercise.

"I'm not into it. I like it, but it's not [really my style]. Looks fun, though I don't think I would want to do activities like [rock climbing]. I usually prefer different sports like soccer, I love soccer," Sultan Ashammari, junior and business management major.

Another student, kinesiology senior Thomas Perez, said that rock climbing is "Different and Difficult. I don't do it all the time, but I do come for the competition. I really enjoy it."

The adrenaline that flowed through my body pumped me full of energy that allowed me to face my fears of heights and reach the top. I felt strong, united with my peers, and satisfied to have reached my goal. Yes, rock climbing may not be a sport that everyone will instantly love, but without first rock climbing how will students know whether they enjoy it or not?

Grace Gil, criminal justice alumnus, said,
"I use it

TIP #8

Support local and environemtally responsible businesses

as a stress reliever. It's such a great stress reliever for me."

Personally, I loved my experience rock climbing, and I recommend that everyone try rock climbing at least once while at CSUB. I strongly believe rock climbing is an excellent option for students, faculty, or CSU Bakersfield alumni who

are looking for different forms of exercise and entertainment.



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gone?

Since the

2009 season,

the NFL and the

American Cancer

Society started an

initiative called

"Crucial Catch,"

which focuses

and early detection of

breast cancer." They do

this through fundraising,

education, and awareness

nership has raised of \$20

In 2017, The Crucial

from supporting strictly

breast cancer to allowing

all thirty-two NFL teams

to choose which type of

cancer they would like to

"Teams now have a

say in the cause they'll

champion for about 18

They can still choose

detectable, screenable

cancer such as prostate

or colorectal cancer—or

or coach has a personal

tie," writes Jenny Vrentas

in her articled titled *The*

The move to allow the

individual teams to choose

who they want to support

has come in a time where

professional leagues have

make everyone happy. The

NFL has done well in their

efforts and has made Cru-

cial Catch apparel easily

accessible to everyone.

a social responsibility to

make a difference and

NFL Moves On From Pink

one to which a player

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breast cancer, or another

support.

October.

Catch campaign moved on

initiatives and the part-

million (cancer.org).

multiple cancers, including

on "the prevention

Athletes support more Volleyball fights in than breast cancer awareness

By Justin Edler-Davis Sports Reporter

Growing up playing football as a child, I always looked forward to the month of October for one reason: we can wear as much pink as we wanted on the field without any questions being asked. Socks, gloves, cleats and mouthpieces were all turned into pink in support of Breast Cancer Awareness Month, just like how the players did in the National Football League. This has always led me to wonder if us just wearing a color on a field helps the fight against breast cancer or was our "support" phony in a way?

Breast Cancer Awareness Month is an international health campaign lasting the month of October that is intended to increase global awareness of breast cancer. The first organized awareness event happened in October 1985 and has spread ever since.

The international symbol for the month is the color pink and in the 1990's the pink ribbon became the main symbol of support. "However, the colour pink is used in a variety of ways, including on clothing, posters, and internet web sites," writes Kara Rogers of Encyclopedia Britannica.

The thing is, just because the athletes are purchasing the color that corresponds with the occasion---in this case pink--- doesn't mean they are supporting the

The Washington Post's

Jacob Bogage warns not to judge the purchase by its color in his article titled The NFL has high school athletes thinking pink, but where are the proceeds

"Aside from specifically

"Aside from specifically licensed merchandise bearing the NFL pink ribbon shield logo, pink gear sales usually do not benefit any breast cancer-affiliated causes."

> **Jacob Borage** Washington Post

licensed merchandise bearing the NFL pink ribbon shield logo, pink gear sales usually do not benefit any breast cancer-affiliated causes. That means much of what is worn at the youth level is a fashion statement more than a philanthropic effort — whether athletes and their parents know it or not," writes Bogage.

As I watch football on the weekends it seems that the "support" has died down. Where has all the pink

Roadrunner Classic

By Elisa Fuentes

Sports Reporter

The Roadrunner Classic took place from Sept. 20 to Sept. 21. The Roadrunners headed into the tournament with a 2-1 record from the previous weekend. With a chance to carry on that momentum and win their three matches of the tournament, the 'Runners went in with a fight that carried them on until the last second of their last match of the tournament.

"It felt like we were getting into a groove, figuring things out more on the court, and working together really well. It was an exciting time to come into our home tournament," said junior Emily Hansen.

The first match of the Classic was against the University of San Francisco. The 'Runners proved their fighting momentum during the match and came out on top, finishing with 3-2. They won their first set, but lost the next two to San Francisco. They took the last two sets and won the match.

"It demonstrated the kind of grit that our team had after coming back and fighting for five sets. It showed the heart that we had," said Hansen of the match.

The second match was against University of California, Davis. The 'Runners were able to win their first set, but the Aggies came back by winning set two. That didn't deter the 'Runners from winning the last two sets, leaving the score 3-1.

"It was so much fun and there was so much energy even with so many things happening. We were not going to give up," said sophomore Milicia "Mili"

Vukobrat about the UC Davis game.

The final match of the tournament was against Fresno State University. The 'Runners had already beaten the Bulldogs when they played against each other at Fresno's tournament. The fight in them never left throughout the match. They lost the first set 25-15, but persisted on to the next, which they lost again, 25-16. They were down by two sets with Fresno still going strong, yet they managed to hold on and fight into the third

but we learned from it." Hansen agreed, saying, "We definitely learned from it. It showed what we need to work on, but we're already working on it. And our quote from it is about letting go of the past, but remembering it, and

"Yes, learning from it and just letting it be and stay in the past. You can be frustrated about it, but can't change it," Vukobrat added.

moving on with it into the

future.'

Win or loss, these 'Runners will stick together,



Mari Woodmansee/The Runner

Sophmore setter Leisa Elisaia sets the ball for one of her teammates during the Roadrunner Classic at the Icardo Center on Friday, Sept. 20, 2019.

set which they lost 25-16. The Bulldogs came out with a 3-0 win against the Roadrunners.

The loss against Fresno didn't shake the 'Runners confidence or determination. They took the loss as a learning experience, and a chance to improve and become even better.

Vukobrat said after the match, "Our energy was a little down and we didn't know how to come back,

fight, and support each other until the end.

"Our fight is always there. We don't lose sight of what we want. If it doesn't go our way, we're still together at the end of it," Hansen said.

"We're together until the last point and we can lean on each other. Whoever comes to the court, whoever goes out, we're going to support and give 100 percent," said Vukobrat.

Becca Romo/The Runner

Athlete of the week: Rafaella Bonifacio

By Becca Romo Sports Editor

Rafaella Bonifacio, senior outside hitter, started her love for volleyball twelve years ago when she began playing club at ten years old in São Paulo, Brazil.

She was recruited to Miami Dade College for her

first two years of college to play volleyball, then she came to CSU Bakersfield to finish her junior and senior year.

Bonifacio said she saw a big difference in the way volleyball is played in the United States versus Brazil.

Bonifacio said she had

never experienced playing beach volleyball before, but "that was my first-year last year and I loved it."

She feels like volleyball is her passion and she envisions herself playing for the rest of her life. She hopes to play professionally in Brazil after graduating at CSUB.

Even though she studies business administration, volleyball comes first to Bonifacio and she said her plan B is to manage her family business back in Brazil.

Bonifacio is so grateful for the opportunities that volleyball has given her over the years.

Rafaella Bonifacio, senior outside hitter, is The Runner athlete of the week for Oct. 9, 2019 issue.

THE FUN PAGE

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RUNNER SEARCH

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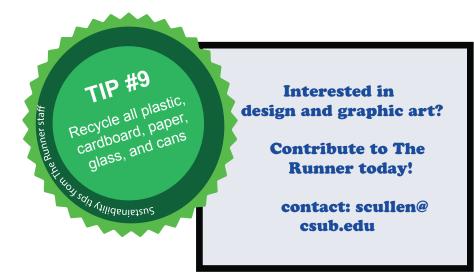


Sustainability Month

CARBON
COMPOST
ECOSYSTEM
ENVIRONMENT
GREEN
PLASTIC
RECYCLE
REDUCE
REDUCE
REUSE
SUSTAINABILITY
TURTLES

SUDOKU

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9			1					
		1	8	3			5	
8		7	6	1				
5			7		4			1
				2	5	7		8
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			5				6	9



COMICS

POLITICAL PETE TAUS



NO.1





····· SOME ONE WHO REPRESENTS A FULL "SPECTRUM" OF CULTURE, RACE, & CLASS!

FROM WIN & OUT.





WINTER COMING

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