

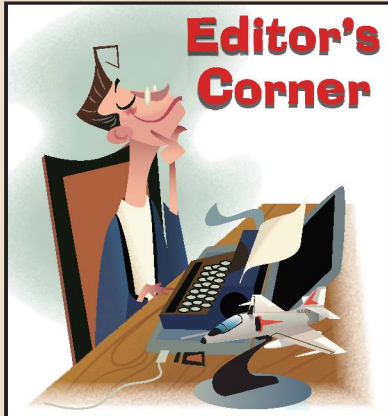


VOL. 39 NO. 11

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

NOVEMBER 2, 2018



We have a lot to look forward to this month of November: Election Day, Veterans Day and Thanksgiving. I hope that all Leisure Village residents are registered to vote and are intending to cast a ballot in the coming election. We have all seen how a very few votes can have a significant impact on an election outcome. While there are those who don't think the mid-term elections are important, anyone watching the news is aware how influential this one will be. Exercise your right – vote!

The Women's Club is sponsoring a Veterans Day celebration on November 8 in the AR. It is an opportunity to appreciate the men and women who stepped up to the plate and wrote that blank check to our nation that said the amount would include the giving of their lives. I'm sure we all know of friends and family that had that check cashed, and they are our heroes. Those veterans in attendance are also heroes and they deserve recognition as such.

Have a wonderful Thanksgiving Day with family and friends.

— Tim Palmer

RECYCLING – WHAT IT'S ALL ABOUT

■ *Recycling has become an increasingly important way of life for Villagers*

Most of us in our age group did not grow up recycling certain items; everything not usable in the household went into the trash. For the most part, we really didn't know where all that junk went, we just knew we didn't have to deal with it anymore. Separating items for possible re-use or re-purposing wasn't something we considered.

Actually, organized garbage collection began in Athens, Greece in 500 B.C. At that time, local laws dictated that waste must be disposed of at least one mile from the city walls. In 1031, Japan began recycling paper – collecting waste paper and re-pulping it into new paper and selling it in local mom and pop stores. In 1690, recycled paper manufacturing began near Philadelphia, using fiber from recycled cotton and linen rags. In 1865, England began collecting,



A lot has changed in garbage collection since it began over 2,500 years ago.

Photo by RITA LINSEY

sorting and recycling unwanted goods. The program migrated to the United States in the 1890's.

In the 1900's, recycling became a necessity as World War I and World War II required massive amounts of resources to support

the war efforts. During the Great Depression, reusing and recycling became a way of life as people tried to support themselves. Following World War II, return deposits on soda bottles became popular.

Please See Page 6

She Answered the Call

■ *World War II service forever changed this Villager's life*

By Patty Ecker



Photo by JOSEPH BENTI

Seventy-five years after she focused on WWII radio communications Villager Jane Burke likes to focus on her golf game.

Villager Jane Burke's daily walks are for pleasure, exercise, or her golf game. But in 1943 in New York City as WWII raged overseas, her daily walks were down Wall Street to her job at a bank. Regularly she passed a recruiting office with a sign aimed at women. "Release a man to fight at sea" was the message urging women to join the U.S. Coast Guard Reserve SPARS. Jane, born in Ireland and moved to the U.S. at 13, was intrigued, but not sure what the Coast Guard or SPARS was. She read about it in the library and enlisted into SPARS, which stood for Semper Paratus-Always Ready. She was 20 years old.

Photo courtesy of JANE BURKE

Please See Page 10



Align goals, investments, and the right advice to make the perfect blend

Life changes, markets fluctuate, and your portfolio might need an adjustment to help keep you on track toward achieving your goals. If you're wondering whether you have the right investments in your portfolio, we'd be happy to give you a professional evaluation. It could be the only thing you need is more cream in your coffee, but your investments are worth an important second look.

Call today for a complimentary consultation over coffee.

Together we'll go far



Paul Kennedy
Associate Vice President – Investments
2829 Townsgate Rd., Ste. 200
Westlake Village, CA 91361
Direct: 805-373-8255
paul.kennedy@wellsfargoadvisors.com
CA Insurance #0800636

Investment and Insurance Products: ► NOT FDIC Insured ► NO Bank Guarantee ► MAY Lose Value

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company. © 2016, 2018 Wells Fargo Clearing Services, LLC. All rights reserved. CAR-0818-03933 A2066 IHA-559587

10LV01D

WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses.

The Main Gate: 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

Editor:

Tim Palmer
editorilv@yahoo.com
904-826-5945

Display advertising:

Stacey Jansen
The Acorn Newspapers
805-484-1949 x303

Classified advertising:

Barbara Crome,
482-9097

ABOUT INSIDE LEISURE VILLAGE

Editor: Tim Palmer

Photo Editor: Rita Linsey

Staff: Patty Ecker, Larry Swartz, Patrick Moore

Photos: Bud Bradley, Art Akkerman

Classified Ads: Barbara Crome

Contributors: Joseph Benti, Jerry Sortomme

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

December Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the December, 2018 issue is Friday, November 16 at 5:00 p.m. The Display Advertising deadline is Monday, November 26 at noon. Publication is scheduled for Friday, December 7, 2018. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.

UPCOMING EVENTS

BALLOT PROPOSITIONS FORUM - NOVEMBER 4

The ballot for the November 6th statewide general election asks voters to decide on eleven statewide propositions and two local ones. Judge Steven Perren will discuss these propositions in a non-partisan presentation on Sunday, November 4th at 1:00 p.m. in the AR. Judge Perren will also take questions from the audience. Villager Dick Guttman will moderate the event.

LV VETERANS INVITED TO NEW MONUMENT DEDICATION

A new Veterans Memorial Monument honoring fallen service members who lived locally will be dedicated in Camarillo's Constitution Park on Saturday, November 10. The concrete and granite monument features brass plaques listing those veterans from Camarillo and Somis who died in action from World II to the present.

Veterans and their families from all branches and eras of service are invited to the ceremony, which begins at 10:00 a.m. at the park located at 601 Carmen Drive next to City Hall. The event is free and open to the public. Refreshments will be served after the program.

The event is the last of a yearlong Vietnam War Commemoration sponsored by the Department of Defense honoring the 50th Anniversary of that war. The American Legion Post 741 partnered with the City to expand the Memorial to include local veterans from all branches of the service.

ANNUAL FALL ARTS AND CRAFTS SHOW

On Sunday, November 12, dozens of creative Village residents will display and sometimes sell their artwork, ceramics, jewelry and woodwork in the annual autumn show held in the Rec Center from 10:00 a.m. – 2:00 p.m. Refreshments will be served.

BRIEFS

CAMARILLO AREA TRANSIT (CAT)

The Dial-a-Ride must be personally requested the day before your trip. The CAT fixed route schedule is in the Rec Office. It is FREE to Leisure Villagers. There is no service on Saturday and Sunday. (988-4228). The CAT SHOPPER SHUTTLE is Tuesday only from 10:00 a.m. thru 1:00 p.m. Final return trip arrives back at 3:00 p.m. For only \$1 round trip, you can go to the Target area, Ralphs, Trader Joe's etc. (383-5615).

UNITED BLOOD SERVICES - BLOODMOBILE LOCATIONS IN CAMARILLO

Sunday, November 18, Carmen and Burnley 1605 Burnley, 9:00 a.m.-1:00 p.m., and Wednesday, November 21, Carmen and Burnley, 1605 Burnley, 12:00-4:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at www.unitedbloodservices.org.

IN MEMORIAM

Judy Ann Johns, V. 44

Jerry Owens, V. 22

To submit a memoriam call Loretta Reshes, 388-7116

PAID POLITICAL ADVERTISEMENT

★ ★ ★ **RE-ELECT** ★ ★ ★

Jeff
BROWN
CAMROSA DIRECTOR

Experienced Positive Leadership

Among My Accomplishments

- I have reduced our dependence on expensive imported water from the Metropolitan Water District of Southern California, down from 85% of our water in 1997 to only 35% of our water today, **saving Millions of Dollars for our customers.**
 - I have worked to improve the quality of our local water resources through the introduction of new technologies, like our Round Mountain Water Purification Plant, resulting in **higher quality local water**, further reducing our dependence on Met.
 - As the longest serving member of the Camrosa Finance Subcommittee, I have worked with our team to prudently manage the finances of the district, resulting in a Standard and Poor's Bond rating of AA, among the **highest bond rating** of any Special District in Ventura County.
 - All of our efforts have worked to maintain Camrosa as one of the lowest cost, **least expensive** water providers in all of Coastal Ventura County, and this I pledge to continue.
- 
- A portrait of a middle-aged man with short, white hair, smiling at the camera. He is wearing a light blue polo shirt. The background is slightly out of focus, showing what appears to be a beach or coastal area with waves and hills in the distance.



Our Values

Quality, Dependability, Affordability

I am asking for your Vote

Paid for by Jeff Brown for Camrosa Director 2018

11LV304S

Disposing of the Disposals

■ *Eliminating disposals reduces water usage and maintenance issues*

Groups using the recently remodeled kitchen in the Recreation Center have noted and, in some cases, complained about the absence of garbage disposals in the sinks.

GM Bob Scheaffer said the absence is intentional and two-fold. Historically, the devices are a source of problems, mainly because of their misuse, causing expensive and sometimes extensive plumbing problems. And, the Camrosa Water District, supplier of our potable and non-potable water, specifically recommended that the devices not be used at all, if possible.

Those who use the kitchen are asked to understand the reasoning behind decision and to follow reasonable alternatives: remove waste food, either during preparation or later when cleaning utensils and pots and pans, scraping waste food into plastic bags in garbage cans, small steps to make the kitchen run smoothly and to help conserve more water.

Remember, the drought is not over; we have had less than seven inches of rainfall since October 1st, the current season, compared to nearly 19 inches the previous season.

Space X Launch Fills Sky with Color



Photography by ART AKKERMAN

In a west coast first, the October 10 Space X, Falcon 9 launch and booster recovery was very visible to Village residents, particularly those on Mountain View Drive.

Proudly Serving the Community of Leisure Village



Your family owned and locally produced publications

THE Acorn
Newspapers

www.theacornonline.com

Beyond
THE ACORN

www.beyondtheacorn.com

“Listening Post” for Villagers

LV residents have a new opportunity to share their opinions about Village matters with members of the Board of Directors. “The Listening Post” is held once a month – usually the fourth Thursday – and is open to anyone who wants to share a position or make a suggestion about issues of the community. Each event is hosted by a Board member who, according to the guidelines, is there to listen, not to comment.

The forum was proposed during the last Board election campaign as a way to enhance communication between residents and the Board of Directors. The first “Listening Post” was held on July 26. Twenty-one residents attended;

it was hosted by George Jones. The rules are minimal: residents do not have to sign in or identify themselves. No disparaging comments about Board members or LVA staff members are permitted.

Villager Larry Swartz attended the first one, calling it “beneficial because it is easier for some to speak up there than at Board meetings.” Issues addressed included the paint project, street signs, landscape issues, and pet leash laws. Check the Village Voice for the date of the November “Listening Post.” The fourth Thursday of the month is Thanksgiving, and turkey is likely to outrank LV issues.



Photo by RITA LINSEY

Residents participate in a monthly Listening Post headed by Board member George Jones.



Photograph by FRANK DESIMONE

Village residents enjoying their friends and pet companions

By Tim Palmer

You wake in the morning to see a furry face looking at you over the covers. Maybe you feel a stirring at the end of the bed as your dog is waking to go for its morning walk. Your pets are beginning another day as your companions in life, ready to help you forget about your aches and pains and giving you a reason to get up in the morning.

How did we get so lucky? Pets actually benefit human health in four ways: as builders of social capital, as agents of harm reduction, as motivators for healthy behavior change and as potential participants in treatment plans.

Dogs became domesticated about 10,000 years ago, as a result of following hunters, scavenging for left-over meat. The early humans noticed that the dogs also alerted for predators in the area and, thus, began feeding them as a way of encouraging their presence in their camp.

Cats also came into the human picture about 10,000 years ago, for a different reason. As humans began growing grains, rodents became a common pest, but cats were attracted to the varmints as a potential easy meal. The early farmers appreciated the cat’s services and domesticated them as well.

Pets have become an important part of our lives. While dogs and cats are the predominant animals, a variety of other domestic species are also kept as companion animals. Regardless, pets are important pals who affect the health of the families with whom they live. Pets are a positive influence on health by enhancing feelings of happiness, security and self-worth, as well as reducing feelings of loneliness and isolation on a daily basis. Additionally, pets augment social interaction in groups and bring about perceptions of neighborhood friendliness (Pet Club). Medical research reveals that over half of dog owners get to know their neighbors as a result of their pet and over 80% converse with other pet owners on their walks.

That same research indicates that pet owners actually have a reduced demand for medical services. Dogs, for instance, are a positive influence in encouraging exercise through the multiple daily walks required.

The presence of a pet has a significant and positive effect on their owner’s cardiovascular reactivity to stress. Simply stroking a pet lowers blood pressure, serum triglyceride and cholesterol concentrations. Cat ownership in particular significantly reduces the risk of cardiovascular disease and associated death.

We have a lot of pet owners here in the Village, which is probably why we are a friendly, happy group. The bottom line: a pet’s presence in your life is good for you in many ways. Taking care of them is taking care of yourself – a win-win!

Paid Political Advertisement

Vote on November 6th

Angus

Simmons

CAMARILLO CITY COUNCIL

Angus Simmons served his country as a U.S. Diplomat for 35 years

Now he is serving his community

Experienced Leadership You Can Trust to Protect Camarillo’s Quality of Life!

Growth

The days of runway development must be behind us. I will propose a “Pause and Reset” policy on all development to preserve Camarillo.

Old Town

Old Town continues to struggle and the current incumbents have had decades to fix it, but haven’t. It’s time for solutions, not excuses.

Transit

Seniors deserve more reliable public transportation to better meet their healthcare needs. Modifying the Camarillo Area Transit to be more Senior friendly improves their quality of life.

Paid for by Angus Simmons for Camarillo City Council 2018, FPPC #1410681

T1LV301S



Photography by BUD BRADLEY

Camarillo City Council Candidates answer Village resident's questions.

Camarillo City Council Candidates Come to Leisure Village

It was a full house in the AR – both onstage and in the audience – when the nine candidates running for Camarillo City Council presented themselves to Villagers at the Election Forum last month. Five women and four men were vying for three open seats on the Council. Three are incumbents (whose combined service of the Council totals 90 years); six are newcomers.

More than 200 residents attended the evening of campaign messages, questions from the audience, answers from the candidates, and exchanges between them onstage. LV's Dick Guttman was the moderator for event, which lasted nearly three hours. The majority of questions centered on three issues: the challenges of increased housing developments and the effects on traffic congestion and services, the availability of water long-term for Camarillo, and the need for better public transportation within city limits.

RECYCLING —From Page 1

In 1964 the all-aluminum can was introduced and aluminum companies realized that the old cans can be raw material for new cans. Thus, recycling and redeeming used aluminum beverage containers was born. In 1974 a community in Missouri began offering curbside recycling to its residents. Since that time, curbside recycling containers (Blue Boxes) have become a common sight in every town in the USA.

So, we sort our waste according to what can be recycled and what goes to a land-fill. What happens to the recycled materials? Is recycling really contributing to a better world or am I just wasting my time? Our recycling is sorted locally and baled for sale to China where they convert it into various products to be resold around the world. More importantly, the plastic, glass and metal is recycled productively and not polluting our oceans and land masses that will confront our

follow-on generations.

How do you do your part? It is important that you place appropriate items in your recycle container and not routine garbage. While hard plastics are an ideal recycle item, they must be clean of food or other items. Metal cans must also be clean of the contained food. Cardboard, food boxes and cartons are excellent recycle items, as are glass containers. Plastic toys and nursery pots are good and what a great place to rid yourself of junk mail! Be sure not to place recycled materials in plastic bags; the contents should be loose in the barrel. Regardless of the item, it should be empty and cleaned of its contents. Electronic waste (E-waste) is not appropriate for the blue box, but can be taken to the Gold Coast Recycling Center for proper disposal.

Recycling is a good thing and we are all part of helping preserve this beautiful planet earth by doing our part; hurray for Blue Barrels!

Shawn Mulchay 1/2 Horizontal

ADULT HEALTHCARE

**Multiple specialties in
one nearby location**



Dr. Paul Cisarik
Internal Medicine



Dr. Dorothy Clayton
Internal Medicine

Santa Rosa Health Center
5800 Santa Rosa Road, Suite 149
Camarillo

REQUEST AN APPOINTMENT

call/text: **(805) 652-6353**

or visit: cfh.cmhshealth.org/appointments

Santa Rosa Health Center



Community Memorial Health System

Three Village Junipers - A Fountain and Two Shorties



■ *Junipers add a distinctive touch to the Village greenery.*

By Jerry Sortomme, Residential Landscape Committee Chairperson

Junipers are evergreen foliage plants that are used widely in landscaping worldwide: most are hardy. Many species and varieties of the genus *Juniperus* are installed in LV residential gardens and grow throughout the common areas of our Village. Junipers come in three gardening categories: woody groundcovers, shrubs and trees.

Three selections of juniper varieties will be spotlighted two, “cultivated varieties” (cultivars) of the woody groundcover, Japanese Garden Juniper, and the Tolleson’s Blue Weeping Juniper tree.

Red Stake status residential landscaped beds (that are homeowner managed), can select from literally dozens, even hundreds of named juniper cultivars that are appropriate for small size LV garden beds.

Photography by ART AKKERMAN

One of the many Tolleson Weeping Juniper Trees that grace the grounds of Leisure Village.

Full Maintenance (LV gardener managed) home beds are limited to just two listed-named groundcover cultivars. By submitting a Landscape Permit Application to the LVA office and working with the Residential Landscape Committee owners can select appropriate named junipers.

The two groundcover, cultivated varieties of the Japanese Garden Juniper have the official Latin botanical names: a) *Juniperus procumbens* ‘Green Mound’ & b) *J. p.* ‘Nana’ - simply referred to as ‘Green Mound’ & ‘Nana’. It is best to order these selections by their complete Latin name. ‘Green Mound’ grows only 8 inches tall, and can spread to 6 ft. wide. It grows in cushion form.

‘Nana’ grows 1 ft. tall and can also spread to 6 ft. wide. Its curving low branches are distinctive.

Both have short needle-like foliage being uniquely aesthetic, standing alone, if not jumbled.

The tree-form of Juniper being spotlighted is native to the Rocky Mountains and has the official cultivar Latin name,

PAID POLITICAL ADVERTISEMENT

THANK YOU, LEISURE VILLAGE! YOU GOT US ON THE BALLOT!

YES
ON
MEASURE M
CITIZENS for REAL Term Limits
8 IS ENOUGH!

Over **5,000** Camarillo residents signed the Petition for 8-Year City Council Term Limits to get it on the Ballot — Thank You! Now, it is time to **Vote YES on Measure M** to make it **LAW**

Don't be fooled by the **Council's Own** term limit Measure E - E has NO LIFETIME LIMITS - VOTE NO ON E
Paid for by Camarillo Citizens for Term Limits - Yes on Measure M – No on Measure E FPPC # 1406494

10LV312S



Photography by ART AKKERMAN

Two popular and very easy to keep ground cover varieties shown are Green Mound Japanese Garden Juniper (left) and Nana Japanese Garden Juniper (left).

Juniperus scopulorum 'Tolleson's Blue Weeping.' Tolleson's Weeping Juniper, with chainlike scaled foliage grows 20 ft. tall, spreading 10 ft. wide. It is too large to grow in residential garden beds, but good in courtyards. This handsome stand-alone, weeping-form Juniper resembles a blue-green botanical fountain. A solo specimen is growing in the center of the west side Rec Center parking lot. There are groupings of 'Tolleson's Weeping', planted on the south side of the Clubhouse and another cluster planting along the west side of the LVA office.

People often shy away from using junipers because, when mass-planted together, there seems to be just a sea of foliage, to some visual monotony. But junipers spaced apart from each other have botanical distinction, much like viewing one person being separated from the crowd or an audience. Named junipers are distinctive beings. The juniper is a favorite plant of the ancient bonsai artform. Hundred-year old selected dish grown, ancient bonsai plants are considered to be living cultural treasures in Japan and China. Bonsai masters and their bonsai (say: BONE-sye) creations have national rock star status. Who knew?

REAL ESTATE

Recent Home Sales and Price Report

By Sharron Parker

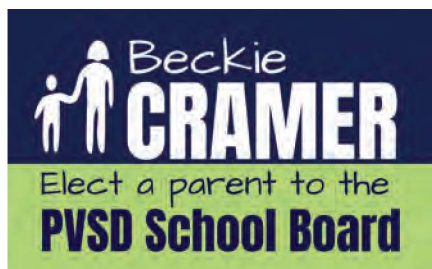
The past two to three years has shown a tremendous increase in real estate sales volume as well as selling prices in California.

California Association of Realtors August Newsletter notes that the California housing market in July, 2018, showed that the housing market had retreated for the third straight month. In the peak of the home buying season, high home prices and rising interest rates combined to crimp housing affordability, which in turn has subdued home sales. Some of the reluctance as stated by the California Association of Realtors President is that buyers appear to be driven by fears that the market may be peaking. Additionally, the fear that a lack of a federal tax incentive for homeownership could be at play, although there is no indication that will be implemented.

While home sales declined in recent months, home prices in Southern California continued to rise. The article stated that the softening of the market is more indicative of a market shift, rather than a major market correction. The Southern California Region housing market sales ticked up 0.1 percent. Ventura County led the region with a 9.4 percent sales increase.

Although our Leisure Village real estate market has slowed in recent months with more inventory available to buyers, homes are still selling for good prices. As always, buyers look at condition, price and location to establish value. If you are thinking of selling, a consultation with your Leisure Village Realtor will be helpful.

PAID POLITICAL ADVERTISEMENT



CANDIDATE #1
for Pleasant Valley
School Board

BECKIE'S GOALS:

- ✓ Increase communication on Board policies with community.
- ✓ Ensure Measure C projects are carried out efficiently.
- ✓ Work with legislators to align state funding to PVSD needs.



BECKIE CRAMER IS A:

PARENT of children currently attending PVSD schools.
VETERAN Navy officer, with leadership and experience.
COMMUNITY VOLUNTEER in Camarillo schools, Cub Scouts, the kidSTREAM Children's Museum, Navy League Channel Islands Council, and more.

Paid for by Cramer for PVSD Board 2018

09LV314S

PAID POLITICAL ADVERTISEMENT

SMART TERM LIMITS for Camarillo

Yes on E

SMART TERM LIMITS

- Breaks advantage of incumbency
- Maximum three four-year terms (12 years); may run again only after at least a four-year break
- Brings new ideas to the city council
- Encourages qualified candidates and new leaders
- The reasonable approach used by the County of Ventura, and Cities of Thousand Oaks and Ventura

Yes on Measure E
is endorsed by:

Kathy Long, former Ventura County Supervisor
Bill Little, former Camarillo City Council member & City Manager
Ron McConville, former Camarillo Mayor
Randy Churchill, longtime community volunteer and business person

No on M

IT'S EXTREME!

- Two four-year terms (8 years); lifetime ban from ever running again
- The punitive approach - why is such a lifetime ban necessary?
- Does not give value to experience
- Not used anywhere in Ventura County - why should Camarillo be the experiment?

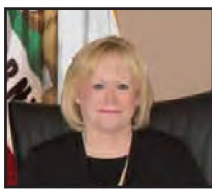
termlimitsforcamarillo.com

Paid for by Responsible Term Limits for Camarillo, Yes on Measure E, No on Measure M - Councilmember Trembley Committee. FFPC ID# 1407415

10LV304S

PAID POLITICAL ADVERTISEMENT

Re-Elect Jan McDonald Camarillo City Council



An experienced and proven leader!

Public Service: 20 years – Camarillo City Council – Mayor 4 Terms
8 years – Trustee PVSD Board of Education
Education: B.S. in Accounting, Cal Lutheran University
Occupation: Accountant with Ventura County CPA Firm

A native of Ventura County, 41 years in Camarillo

With your support I will continue to represent you, guided by my experience in local government, financial background, and commitment to our community and the quality of life we enjoy in Camarillo. I will continue to:

- Keep Camarillo a safe community
- Keep our City financially strong and well maintained
- Oppose rapid high density developments that strain our resources. increase traffic, and threaten our quality of life
- Protect our greenbelts and agricultural land
- Support cultural & recreational activities; work with PVRPD on a new senior center/gymnasium
- Improve our City and regional transportation system, as well as Dial-a-Ride service

Re-Elect Jan McDonald Camarillo City Council

Paid for by: Elect Jan McDonald City Council 2018 ID #961381

ANSWERED CALL

—From Page 1

For the next three years, Jane served with nearly 11,000 other women taking on land duties like transmitting crucial radio and telegraph communications for the Coast Guard while its men protected the U.S. coastline and surrounding waters. “It was more than a job,” she recalls. “I learned a lot, became more independent, and always knew we were helping the war effort.”

Her service started with basic training in Florida. “It was warm and no snow like New York. Our barracks was a hotel,” Jane laughs. Her first SPARS assignment from there was Seattle where she got special training in communications, including important ship-to-shore calls, plus classes on how to protect themselves. They worked in shifts 24 hours a day, wore Navy uniforms, and “We were part of the military. People would stop us on the street to thank us for our service,” she explains.

Because she scored well on an exam, she was transferred to Alaska, which was considered a dangerous assignment. “People would tease us that Russians could be coming in from the north,” Jane recalls. But her communications work was serious, and she was good at it. She was promoted to Petty Officer, First Class, which meant she was the boss overseeing the all-important conversations to the men at sea.

When the war ended, the

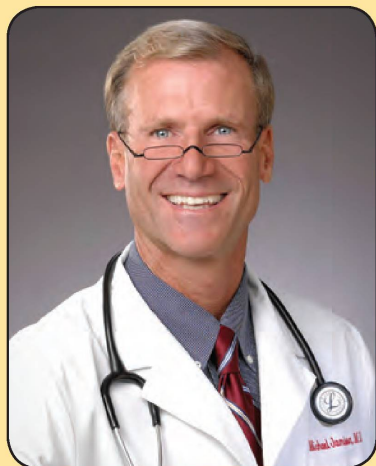


Photo courtesy of JERRY SPECTOR

Jane's WWII Coast Guard uniform still fits her perfectly.

Coast Guard didn't encourage women to stay in. (In 1947, SPARS was completely disbanded.) Jane went back to New York – partly lured by the separation pay of \$20 per week for a year - then moved to the West Coast. There she put her Coast guard communications and office skills into a three-decades-long career with California's Mental Hospital system. She was working at the former Camarillo State Hospital when she retired.

Jane says her military service changed her forever. “The Coast Guard experience gave me confidence, made me patriotic and proud. It served me well.”



**Internal Medicine,
Cardiology**
**Traditional
Personal
Health Care**

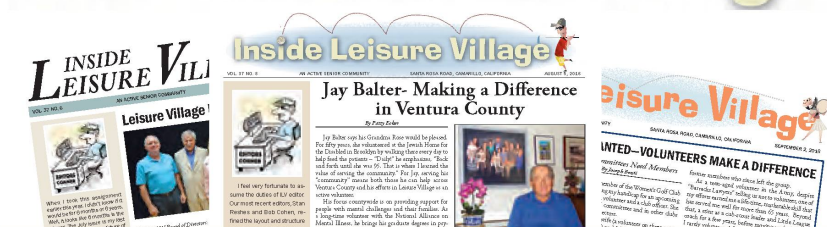
Michael Jamison M.D., FACC

**BOARD CERTIFIED
INTERNAL MEDICINE AND CARDIOLOGY
AND INTERVENTIONAL CARDIOLOGY**

**3901 Las Posas Road, Ste. 100 Camarillo
805-388-0080**

05LV302S

Inside Leisure Village



**For Display Advertising contact
Stacey Jansen | 805-484-1949 ext. 303**

ASSISTED LIVING | MEMORY CARE



Community
Now Open
For Tours

Sage Mountain will offer Assisted Living and Memory Care services in a brand-new, thriving community that provides residents with 24-hour care and support complemented by an active, engaging lifestyle.

3499 GRANDE VISTA DRIVE
THOUSAND OAKS, CA 91320
805.214.1594

SAGEMOUNTAINSENIORLIVING.COM

License #565802462



ADA

NOT JUST ANOTHER COMMUNITY

Sage Mountain Now Open For Tours, Stop By Today
And Experience What Sets Us Apart From The Rest

The Matrix

The Ultimate Guide for Homeowners

■ *The authoritative guide to who is responsible for what in and around our homes*

At the end of the ninety-four pages of Proposed and Amended CC&Rs (Covenants, Conditions and Restrictions) of the Leisure Village Association are four simple charts. Not dense or legal language, not corporate pronouncements written in multi-syllables, this is a message that homeowners can use now: The Maintenance Responsibility Matrix. Quite simply, it is the updated guide for homeowners and the Association that identifies who is responsible for what in and around our homes. What about doorsteps? Homeowner. Trash can vaults? Association. And unlike the rest of the Proposed CC&Rs, the Matrix is already a rule, not contingent on a vote of LVA homeowners.

Listing sixty-two categories, The Matrix identifies who has the "...duty to maintain, repair, and replace..." the components of LV houses, lots, and common areas. Mailboxes or patio fences, termites, or stucco – all are included, and the responsibility is noted. This Matrix can be found at www.leisurevillage.org, click on More, then click on documents and open Proposed CC&Rs. The up-to-date Matrix is included in the next LV Community Directory (phonebook). The 2018 Matrix is in effect now and will become permanent if Village homeowners approve the proposed CC&RS in next year's vote.

TO ASSIST YOU WITH YOUR CC&R REVIEW:

1. A complete set of documents plus a Summary of Changes is available at the main office, the Rec Center office, and on the website.
2. A video of the Town Hall Meeting is available on the website.
3. Focus groups will be formed to review the documents; call the office to sign up.
4. If you have questions or suggestions email them to townhall@leisurevillage.org.

Travel Club's Cork Popping Wine Trip



Photo by HAROLD HOWARTH

Villagers prepare to enjoy a taste-of-the-grape at one of the vineyards during their wining tasting-trip to the Santa Ynez Valley

LEADING THE WAY IN VENTURA COUNTY WITH 6D TECHNOLOGY.



Your path to recovery is right here.

Ventura County's New 6D Robotic Cancer Treatment.

For Image-Guided Radiation Therapy (IGRT) and Stereotactic Body Radiotherapy (SBRT).

This 3-5 day cancer treatment, currently used at UCLA, provides sub-millimeter precision and real-time tracking.

Call today for a consultation and find out if this cancer treatment is right for you.



Timothy A. O'Connor, M.D.



Henry Z. Montes, M.D.

www.rocvc.com

OXNARD CENTER ■ 805-988-2657
CAMARILLO CENTER ■ 805-484-1919

CLUB NEWS

THE AMATEUR RADIO CLUB

By Jonathan Fox

At our October 10 meeting, we continued our focus on long distance radio contacts. We had two special guest speakers, Skip and Marilyn Bolnick from Woodland Hills. They talked about their trips to Curacao and Prince Edward Island where they used amateur radio to make many contacts with others who may have needed those locations to qualify for special awards. During the past month we also made contacts with the South Pacific islands of Niue, 4805 miles from us, and Samoa which is 4967 miles away. Contacts like this were not even possible before the LV's tower and antenna upgrades.

If you are curious about becoming a member of the club, please join us at one of our meetings. You do not have to be a licensed amateur radio operator to join. We will provide help in getting your license and it's now easier than ever since Morse code is no longer required. Meetings are held the second Wednesday of the month in the MPR of the Recreation Center at 2:00 p.m. For more information contact Jonathan Fox at 805-377-3697 or KJ6LV@yahoo.com.

BILLIARDS CLUB

By Patrick Price

Billiards Club is dark in November and December to allow members to enjoy all of the wonderful holiday parties in Leisure Village and with family. The Billiards Club is collecting club dues of \$7. Checks or cash can be deposited in the box on the bulletin board in the Billiards Room but ONLY with an envelope and your information, including updates. Envelopes, pencils and paper are available near the box. Look in the BC booklet to see if your contact information is correct. If not, correct it when paying.

PHOTO CLUB WINNERS • CREATIVE CATEGORY



■ 1st— Ron Matson, Leaf Floating

LV BOWLING

By Alan Singer

If you've procrastinated this long, you probably won't join the bowling club. You want to think that over? Well, if you call me I can possibly get you on a team. That is, if I like you. Ok, I like you. Look, we have a bunch of activities planned at Harley's Camarillo Bowl. They are nice people, as well. You will probably have fun. Ok, some people don't

care for bowling. Are you kidding me? What's not to like? You throw a ball down the alley - and, the alley is well maintained. Sound like fun? It is! Say you can't commit to a weekly schedule? You can join as a substitute. You can bowl when you are available. We'd love to have you join. Call me, Alan Singer, at 818-292-4439, if you are interested or have any questions.

200 games: Alan Singer. Side pot winners Linda Neth, Rene Nocera, Bobi Shmerling, Robert Argast, Greg Cannon, Charles Hartman.

PAID POLITICAL ADVERTISEMENT



Charlotte Craven
has 32 years experience

Making Camarillo Clean, Green & Stable

- Proven track record; why fix what's not broken?
- Fiscally prudent; keep our S&P's AAA credit rating
- Only Councilmember to vote against New Urban West development proposal at Camarillo Springs golf course
- Partnering with the PVRPD for new Senior Center & Gym
- Speedy graffiti removal keeps Camarillo beautiful
- One of the lowest crime rates—and falling!
- Keep our Navy and Air National Guard bases
- Preserve green belts
- Maintain our streets and landscaping to the highest level

Paid Political Advertisement placed by Craven for Council 2018,
Camarillo CA 93010, Michael Craven Treasurer

10LV309S

Al Fox
Realty
1/4 Vertical

AdvantagePlusCaregivers.com®



Helena Mossembekker, CFO, CSA
Melanie Farber, CEO, CSA

Elderly, Rehab, Disabled
**We're All About
the Care!**

805-322-8822

"Concierge" Caregiver Services

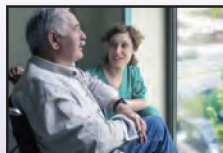
- Home Care Aides
- Companions
- CNA, CHHA
- 24/7 Care - Hourly or by Shift
- Transitional Care Team
- Hospital to Home Assistance

- Registered/Trained Caregivers
- Worker Comp/Long Term Care Insurance Accepted

Locally Owned & Managed!
Over 20 years of Experience!



NOW HIRING: Home Care Aides/Caregivers



CA License #5647000019

IN OTHER WORDS

By Frank Seiden

In Other Words is changing its name very soon. The new name will be Workshop for Writers. When the name change will be effective depends on when we get the approval from the Ed & Rec Committee.

The new name better reflects our purpose, i.e.: to teach creative writing skills and to critique each other's writings to reinforce the lessons and to suggest fresh ideas of expression to the writer. Everyone present enjoys and benefits from the discussions which are constructive, courteous and often jocular.

Our meetings in November will be on Wednesdays—the 14th and 28th of the month. We meet from 2:00 to 4:00 p.m. in the Lanai Room. If you would like to write, whether or not you have done writing in the past, visit us to see if we would help you fill that niche. It could be to preserve your stories for your grandchildren or just to have fun expressing thoughts and stories that roam in your head.

LV MUSIC CLUB

By Harvey Brosler

LV MUSIC CLUB MOVIE NIGHT: Hollywood films are shown in the AR from 7:00 to 9:00 p.m. on the first and third Monday of each month. On November 5, the movie will be "From Here to Eternity" starring Burt Lancaster, Montgomery Clift, Deborah Kerr, Donna Reed, and Frank Sinatra. In this landmark film, passion and tragedy collide on a military base as a fateful day in December 1941 draws near. Winner of eight Oscars, including Best Picture, Best Director and Best Supporting awards for Frank Sinatra in a career-defining role, and for Donna Reed as a not-so-wholesome "club hostess." DUE TO A CONFLICT IN THE AR SCHEDULE, THERE WILL NOT BE A MOVIE SHOWN

CLUB NEWS

ON NOVEMBER 19. Admission is FREE to residents and their guests. Popcorn will be provided. Contact: Dick Guttman 805-484-5806.

LV MUSIC CLUB "OPEN MIKE" NIGHT: "Open Mike" night is scheduled in the AR from 7:00 to 9:00 p.m. on the first Friday of each month. The next "Open Mike" night will be held in the AR on Friday, Nov. 2. Play your own musical instrument or play the organ or piano located in the AR before an audience of appreciative listeners. Whether you perform or just want to listen, come for an evening of music by talented residents and professionals. Admission is FREE to residents and their guests. Refreshments and wine will be provided. Contact: Dick Guttman 805-484-5806.

GROOVIN' EASY BIG BAND: Rehearsals by the 17 piece "Big Band" are scheduled for Tuesday evenings November 13, 20, and 27 between 7:00 and 9:00 p.m. in the AR. Enjoy listening to the music with complimentary refreshments during the break at 8:00 p.m. Admission is FREE to residents and their guests. Contact: Sharon Hames: 805-445-7178.

CLUB MEMBERSHIP IS \$10 FOR A CALENDAR YEAR

COUNTRY WESTERN DANCE

By Merle Ruiz

If you missed us in August, we had 87 very happy dancers grapevine-ing and lock-stepping the night away.

Come join us on Friday, November 30 from 7-9:30 p.m. in the AR. It's only \$7 for a great night of dancing with the wonderful Marshall & Theresa providing the tunes. It's the start of the holiday season, and I'm feeling generous. If you know me, you know what that means.

Any questions, call Merle at (805) 444-5225.

Discover a new way...
**to help pay for care if you have
adverse health conditions.**

**I can show you how to get a
lifetime guaranteed stream of
income to use for any purpose
— including care in any setting.**



Mark Volkov

I live in
LV and my
services are
FREE.

For free info call me at **805-987-9124**

CA Ins. Lic #0678378

Paid Political Advertisement

BOB RUST FOR PVSD BOARD



Pleasant Valley has been my school district since kindergarten. I love being its trustee. Vote for me on November 6th so I can continue to

- help direct the use of recently won bond money
- push Sacramento for adequate funding
- encourage district stakeholders toward common goals

Endorsements

- Kathy Long, 20-year Ventura County Supervisor, Retired
- Mark Lisagor, Ventura County Board of Education
- Gary Cushing, Camarillo Chamber of Commerce CEO
- Jacqui Irwin, 44th District Assemblymember

Follow me on Facebook at Bob Rust for PVSD Board!

Paid for by Bob Rust for PVSD Board 2018 ID #1410558

The Reserve
Full Page

CLUB NEWS

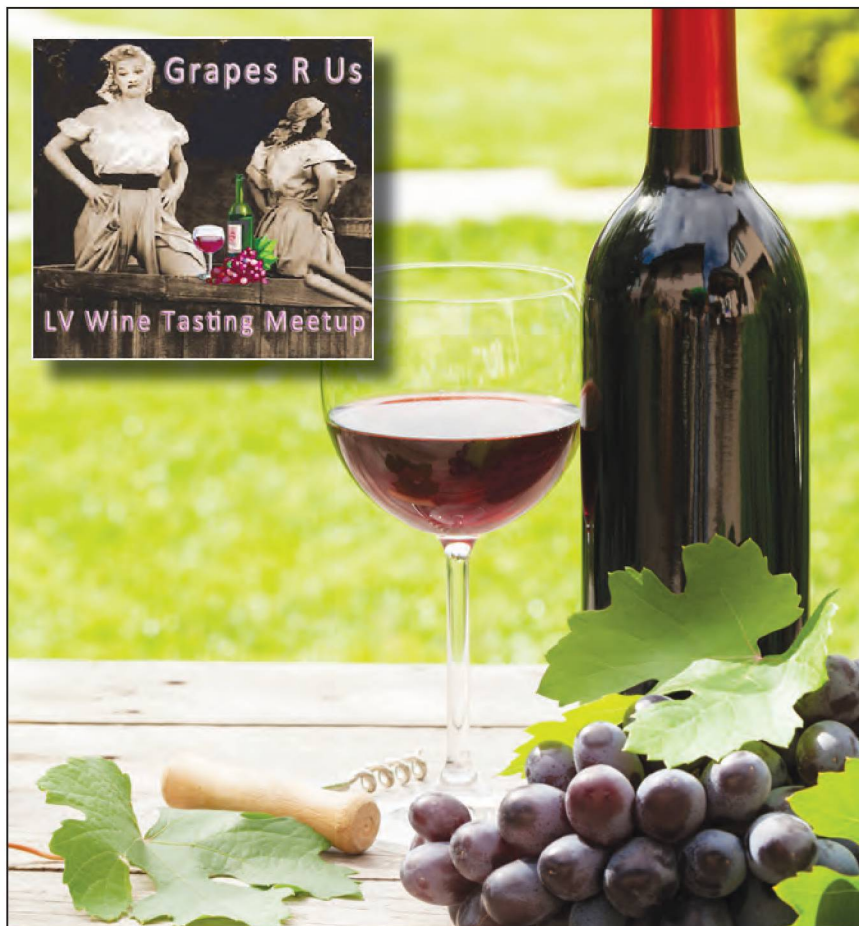
GRAPES R US WINE CLUB

By Rita Linsey

Join us for a sip of different wines on the 4th Tuesday each month at 7:00 p.m. in the MPR. We are a newly-formed club whose members enjoy tasting different varietals of vino.

We will meet on Tuesday, November 27 in the MPR at 7:00 p.m. Please RSVP by November 25 to Rita Linsey at: rdlinsey@gmail.com or 805-484-8653 with your intention of attending. If you have to cancel, please let Rita know because we base how much wine we buy on our headcount.

Please bring your own wine glass, \$6 cash, pen and paper (to take notes) and cell phone (to take photos of bottles). Gill Gordon, our sommelier, will be pouring the wines. Each month Gil will provide



educational information on the wines. We ask you to come prepared to listen, along with the sipping. If you would like general info, please contact Gil at: gilrgordon@aol.com or 805-479-9463.

THE MAVERICKS

By Margo Secia

Due to the upcoming Thanksgiving holiday, the Club will be dark on our regular fourth Friday in November. The Mavericks' Board is busy making plans for our annual "Winter Ball Dinner/Dance" in January. All the details will be forthcoming in the December and January "ILV" issues and e-News. Please save the date of January 25, 2019 on your calendar.

If you have any questions or comments, please feel free to contact President John Wirtz at 384-8508 or Treasurer Geri DeSimone at 402-1465.

TREMBLAY FINANCIAL SERVICES

SINCE 1997

*"There can be no friendship without confidence,
and no confidence without integrity."*

—Samuel Johnson



Tim and Marcia Tremblay

3902 State Street, Suite 101
Santa Barbara, CA 93105

32129 Lindero Canyon Rd., Suite 107
Westlake Village, CA 91361

805.569.1982

HOURS: 7am–4 pm
Monday–Friday, or by appointment



ACCOUNTS AVAILABLE

If you are interested in an account not listed below, please contact us for specific details. Also, with some types of accounts, we offer check writing privileges, a debit card, and online access to your account upon request.

- RETAIL —Cash —Margin
- IRA —Individual —Roth —Individual (k)
- CORPORATE RETIREMENT PLAN —401 (k) —403 (b) —Simple IRA —SEP IRA —Defined Benefit —Profit Sharing —Money Purchase
- NON-PROFIT
- TRUST MANAGEMENT
- THIRD PARTY MANAGEMENT
- 529 COLLEGE SAVINGS PLAN

Tim Tremblay offers securities and advisory services through Centaurus Financial, Inc. Member FINRA and SIPC. A Registered Investment Advisor. Tremblay Financial Services and Centaurus Financial, Inc., are not affiliated.

Please check our website for upcoming Seminars • www.tremblayfinancial.com

CLUB NEWS



Photo by JOHN PALMER
Members of the Men's Golf Club at the Getaway Tournament in Solvan. Men's Club President Gerry Sarno is in the foreground.

MEN'S GOLF

By Joseph Benti

“Have one on us,” could be Tony Minero’s slogan—and that’s for the water he’s offering. As the Club’s 2nd Vice President, Tony is one of our important volunteers—every Tuesday morning, and at our monthly meetings, Tony’s the guy who makes sure there is an ice-filled cooler stocked with bottled water for Members, both as a refreshment, but more importantly, as much needed hydration - something some Members overlook at their peril (most of us have horror stories about some guy nearly buying it because he was too “manly” to carry water with him and risked potentially deadly dehydration). As 2nd V.P., one of Tony’s duties is to provide the refreshments—especially the water.

For Tony, a part-time Course Marshal at Tierra Rejada, helping out is something he takes seriously



Photo by JOSEPH BENTI
Reaching for a cold one before play on Tuesday morning means Tony Minero is on the job and we have no excuse for not hydrating.

- for us, it could be critical. Thanks, Tony. And don’t forget to get your tickets for the Billiard Club’s Annual Holiday Dinner Dance on Friday, November 16 (live music & great food served) tickets are \$25.00 apiece

Moorpark Foundation for the Arts 1/2 Vertical

IRS PROBLEMS!

CALL NOW FOR *FREE* CONSULTATION



CLIENT TESTIMONIALS

"... We regained our piece of mind"

"...Kash saved our marriage"

"...I can sleep peacefully now"

"... We strongly recommend

Kash Chandani CPA"

Former IRS Agent

With Over 35 Years of Experience

- Settle Back Tax Debt
- Offer In Compromise
- Installment Agreements
- Audit Representation
- Stop IRS Levy & Seizure
- End Wage Garnishment
- Innocent Spouse
- Tax Preparation & Expert Advice



1-800-LESS-4-IRS • 1-800-537-7447

WWW.LESS4IRS.COM

Visit our website for client testimonials.

2815 Townsgate Rd. Suite 335 • Westlake Village

"We Can Help! Don't ignore the IRS, they will not go away."

Calcom Canyon Pet Lodge 1/4 Horizontal

CLUB NEWS



December 10th

Annual Member's
Holiday Party
and Dinner
catering provided
by Ottavio's
5:00 p.m.

PET CLUB

By Jubli Newkirk

Monday, November 12th at 7:00 p.m. we are holding our Annual Business Meeting and Election of Officers. We will also be selling tickets to our December 10th Annual Member's Holiday Party and Dinner which will be catered by Ottavio's and start at 5:00 p.m. Tickets are \$25 each and 2019 memberships are still only \$5.

Please bring ideas for programs and fundraising for the coming year and items to donate to the Camarillo Animal Shelter.

LV PHOTO CLUB

By Rita Linsey

The next meeting for the LV Photo Club is on Thursday, December 6 at 6:30 p.m. in the MPR. The

Assigned Category for December will be "Humorous photos of people and children." Also in December we will be having our annual "Best Photos of 2018" on December 20. All residents are invited to attend the educational competition meeting. Club dues are only \$10 a year. For more info about the club contact Ken Lauchner at 805-491-2432, or ken.lauchner@roadrunner.com.

NEW: leisurevillage.smugmug.com is a site developed by Gregg Gillmar providing a convenient way for the LV Photo Club to share photos of Leisure Village events with our friends and neighbors. Pictures are grouped into "Galleries" for each event. Unless otherwise noted, your picture can be downloaded to your own computer for free. Also, Gregg is providing a new program called "Virtual Vacations" where you have your photo taken in front of exotic backgrounds on a "green screen." Contact: Rita Linsey, 805-484-8653 or rdlinsey@gmail.com.

Inside Leisure Village

For Display Advertising contact
Stacey Jansen | 805-484-1949 x303

CLUB NEWS

PLAYERS GUILD

By Ken Walker

Players Guild pays tribute to the late great Neil Simon with this month's presentation of a portion of one of his earliest heart-warming comedies, "I Ought to Be in Pictures".

On Nov. 15 at 7:30 p.m., the Guild's regular meeting will include an hour-long staging of the opening scenes of Simon's 1980 Broadway smash, featuring three of the Guild's veteran players under the direction of Ken Walker.

It's a story of love and guilt, individuality and responsibility, combing the laughter and tears for which Simon is justly famous.

Richard Weiss plays Herb Tucker, a struggling screenwriter who abandoned his New York family 20 years earlier. His daughter Libby, played by Sylvia McGinnis, arrives



Tempers flare in rehearsal as Herb (Richard Weiss) confronts daughter Libby (Sylvia McGinnis). Caught in the middle is his girlfriend Steffy (Nancy Hullihan).

Photo by
KEN WALKER

without warning at his Hollywood home, looking for a jump-start in a movie career, and is met by Herb's off-and-on girlfriend Steffy, played by Nancy Hullihan.

The three cast members were most recently seen together in 2016's major spring production of "You Can't Take It With You," also directed by Walker.

Admission is free and a 50/50 raffle is featured, as well as post-show refreshments, making November 15 a great chance to abandon the tube for a slice of real live theater.

Reverse Mortgages

"Afraid of outliving my money"

"Don't want to burden my children"

"Can't afford retirement"

A few reasons homeowners 62 and older are converting their home equity into tax-free income and eliminating their mortgage payment

*Free Appraisal
Upon Successfully
Closing Your New
REVERSE MORTGAGE*



Real Estate by
Paula
& Shay Mortgage

Paula Chirco-Swanson

805.484.4969 ShayMortgage.com

Locally Owned & Operated for 20 Years

Real Estate Broker-CA Bur of Real Estate · Broker CalBRE License #01300616 · Broker NMLS Unique Identifier #245669 · Agent NMLS Unique Identifier #245149
This material is not provided by, nor was it approved by the Department of Housing & Urban Development (HUD) or by the Federal Housing Administration (FHA)



10LV3065

CLUB NEWS

LV RV CLUB

By Jean Tucker

The next meeting of the RV Club will be on Tuesday, November 13 at 7:00 p.m. in the Santa Rosa Room at the Clubhouse Annex building. Join us for a convivial evening and bring your latest stories from the road to share. Current events are: November 7 and 8 mid-week campout at Flying Flags Resort in Buellton, CA. Several fun events are planned in this beautiful wine country area just a few hours away from Camarillo. This is a resort style RV park that also has cabins available for rent if you want to join us but don't have an RV at present. RV sites are \$67 per night and cabins are \$170 per night. If you didn't make your reservation with the club by the 10/7 deadline, you can still contact the park for a reservation on your own.

January campout at Hobson Beach – date to be determined.



RACQUET CLUB

By Len Zakas

Leisure Village Residents and Racquet Club Members will find the latest information about events, approved court designated play day/ time schedules, and sign-up sheets on the bulletin board. Members re-

ceive this information in a monthly email. Here's the highlights:

The Racquet Club needs your help. The Club is doing a crafts display for the Village. We need members to re-purpose dead tennis & pickle balls (or ball cans, dead paddles, etc.) into attractive items. You can see samples on a display board in the Sports Room and pick up items to use in your project. Please bring your finished object to the Holiday Party on Wednesday, December 12 at 7:00 p.m. in the Santa Rosa Room. Questions? Email trish@vcnet.com

It's Turkey Trot Tournament Time! The last tournaments of the year. The dates to remember: PICKLEBALL on Wednesday, November 7, PADDLE TENNIS on Saturday, November 10.

Watch for the sign-up sheets. Pickleball entry deadline is Sunday, November 4 at 5:00 p.m. Paddle tennis Wednesday, November 7 at 5:00 p.m.

The RC Wine & Cheese Holiday Meeting is Wednesday, December 12, in the Santa Rosa Room beginning at 7:00 p.m. RC member guests are welcome. Voting will take place to pick the winners of the RC Crafts Competition. Nothing to bring, the Club supplies all the refreshments.

Racquet Club Designated Play Times will change with the end of Daylight Savings Time on Sunday, November 4. Watch the bulletin board for a list of new times.

**Merlins
Medical
1/4 Vertical**

Looking for affordable dental coverage? No dental insurance?

We've got you covered!
Charles E. Scholler, D.D.S. is now offering our very own dental membership plans.

So, stop paying out of pocket and get the smile you want with the affordable and comprehensive coverage you need. Call our office today at 805.386.3199 to learn more and sign up for our new membership plan!

Child Complete (13 & under)	Adult Complete	Perio
✓ 2 Professional cleanings ✓ 2 Regular exams ✓ 1 Fluoride treatment ✓ Routine x-rays ✓ 1 Emergency exam	✓ 2 Professional cleanings ✓ 2 Regular exams ✓ 2 Oral screenings ✓ Routine x-rays ✓ 1 Emergency exam	✓ 3 Perio maintenance ✓ 2 Regular exams ✓ 2 Oral screenings ✓ Routine x-rays ✓ 1 Emergency exam

For more information, visit: www.drscholler.com

Charles E. Scholler, DDS
3265 Somis Road, Somis • 805-386-3199

T1LV205S

CLUB NEWS

THE STONERS

By: Fil Barton

On Sunday, November 18, The Stoners will be participating in the annual Arts & Crafts Show. The Stoners will not only display their handcrafted jewelry, but also crafts members have created within the club. The Club will be showing their creations in the MPR, in which they will also be serving coffee and pastries in the morning. The show begins at 10:00 a.m. and ends at 2:00 p.m.

The Stoners continues to meet every Monday at 3:00 p.m., even on holidays, in the MPR. Anyone who is interested in creating jewelry pieces or crafts is welcome, no experience is necessary. We also continue to do most jewelry repairs. We ask for a donation, which goes to Lapidary to pay for repair costs beyond the allotted budget. For further

information, you may contact Fil Barton at (805) 987- 3637. Hope to see everyone on the 18th.

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hello to all Villagers. May you have a great Thanksgiving. We have so much to be thankful for, our freedom, our beautiful city of Camarillo and living in Leisure Village. Our dances are going well, and dance lessons are strong in attendance and learning a new dance step each time. Lessons start at 6:30 to 7:15 p.m. and are included in your \$10 admission to the dance. Our November dances include: 11/10, Wyatt Haupt (Veteran’ Day) and 11/17, Dance Masters (Friends) Please come join the fun with a big smile, you will be happy you did; 7:30 to 10:00 p.m. in the A/R. Hope to see you there. Happy Gobble Gobble

PHOTO CLUB WINNERS OPEN CATEGORY



■ 1st—Gregg Gillmar, Hazy Daisies



Orthotics • Ankle Pain • Fractures • Athlete’s Foot
Ingrown Toenails • Flat Feet • Bunions • Hammer Toes
Foot Pain • Toenail Fungus • Neuromas • Wounds



Brayton Campbell, DPM • Todd Matthews, DPM
Nasim Kalhor, DPM • Andrew Langroudi, DPM • L. Mae Chandler, DPM

805-484-1333

3901 Las Posas Road, Suite 204 | footsurgeon.com

Your Experts For All Your
Foot Care Needs

Camarillo | Oxnard | Ventura
Santa Barbara | Westlake Village

Most Insurances Accepted



Compare Our CD Rates

Bank-issued, FDIC-insured

3-month 1.50 % APY* Minimum deposit \$5,000

6-month 1.70 % APY* Minimum deposit \$5,000

1-year 2.00 % APY* Minimum deposit \$5,000

* Annual Percentage Yield (APY) effective 4/16/2018. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

Call or visit your local financial advisor today.



Sarah S Reznick, CFP®, CRPC®

Financial Advisor

2804 Camino Dos Rios Suite 207

Newbury Park, CA 91320
805-499-9785

www.edwardjones.com
Member SIPC

10LV03W

Edward Jones®
MAKING SENSE OF INVESTING

Camarillo Skyway 1/4 Horizontal

CLUB NEWS



Tony Odell Rodgers

SHOWTYME

By Jennifer Stein

Showtyme Presents - "A November to Remember..." 50 Years of Rock & Roll" with Tony Odell Rodgers. Tony is a Voice, Dance & Theater kinda guy, with performances as "Chino" in "West Side Story" & "The Teen Angel" in "Grease." Tony also performed in Lou Diamond's HBO film "Dangerous Touch" where he sang the 50's classic song, "Little Bitty Pretty One"

Tony is not a stranger to Leisure Village; he has performed on Showtyme's stage before. Who can forget songs like... "All I Ask of You," or "That's Amore" & "Blue Velvet."

Get a jump on your holiday entertainment & hop on board Showtyme's Musical Express - Friday, November 9, 2018 at 7:30 p.m. Doors open at 6:45 p.m. No-charge for Members, \$3 donation for non-members. 50/50 raffle & goodies after the show.

SPECIAL NEW MEMBERSHIP PRICES STARTING NOVEMBER 2019: 14 Months of Membership for the Price of 12...\$10 per member. Contact Jennifer @ 805 204-8324

SINGLE ACTIVE SENIORS (SAS)

By Lee Edwards

Fall is upon us when we meet at Ottavio's on Tuesday, November

6 at 5:00 p.m. Our dinner date is always the second Tuesday each month. Please call me at 805 484-3289 to confirm your reservation

VILLAGE ARTS

By Patti Crichton

Our November 7 monthly meeting will feature watercolor artist, Nahzy Tabrizi. We look forward to learning some new techniques. We hope to have our 2019 calendars for sale at the meeting also, \$10 each or 2 for \$15. Many kudos to Alice Williams who photographed our art and put the calendars together.

Thank you to the dynamic duo, Jack and Deb Bojazian, who displayed their amazing paintings in the Library for September and October. David Kiefer's unique art is displayed in the Library for the month of November.

The Autumn Art Show is coming up on Sunday, November 18 from 10:00 a.m. to 2:00 p.m. Be sure to have your art on display by 9:30 a.m. and picked up by 2:00 p.m. Thank you to those who signed up to volunteer your time to help out at the show. Any finger food donations are welcomed in the AR kitchen by 9:30 a.m. Thank you to Bonnie, talented retired high school art teacher (and daughter of member Pat McGregor), who volunteered her time to teach us some art basics. She hosted 17 members for two sessions, and left us with a handy workbook to refer to on color mixing and design. Much appreciated!

On November 3, enjoy a drive to the Camarillo Art Center, and have a look at their Art Show from 1:00 to 4:00 p.m., which includes work by Phyllis Doyen and other well-known Camarillo artists.

Please mark your calendars for our annual Holiday Luncheon at Ottavio's on Wednesday, December 5 at 11:30 a.m. The price is \$20 per person. You may bring a guest if you wish, just let us know. We will be taking reservations and collecting the money at the November meeting. See you there!

CLUB NEWS

WOMEN'S CLUB

By Louise Romero

The Women's Club will sponsor a Veteran's Day Celebration, Thursday, November 8, at 1:30 p.m. in the AR. Military Veterans living in Leisure Village are invited to be our guests. This special event will provide entertainment, videos, food, and the personal introduction of every veteran in attendance. Come to our own USO Canteen, enjoy the day and celebrate our veterans. For free tickets call, Susan Rockwell, 805-279-0613.

The Boutique Holiday Bazaar will be held on Monday, November 5, from 9:00 a.m. to 1:00 p.m. and Tuesday, November 6, from 8:00 a.m. to 7:00 p.m. in the MPR. Holiday items, vintage jewelry, high fashion Men's and Women's clothing, accessories and handmade items will be available. You may find that perfect gift for someone on your gift list! Boutique will be available in the

AR Lobby on November 14, 4:30 to 6:30 p.m. Volunteers are needed in the Boutique. Call Susan Stein, 805-383-1518 for information.

See's Candy is available at the Women's Club Boutique and 365 days a year. Prepare for the upcoming holiday gift-giving or for any other occasion calling for candy. An assortment of candy and special holiday boxes and gift certificates are available at a discount and you don't have to drive to the store to buy it. Delivery in Leisure Village is available on request by calling Loretta Reshes, 805-388-7116 or Barbara Crome, 805-482-9097. All Boutique and See's Candy sales benefit the Women's Club donations to charity.

Social workshop days are November 13, 20, and 27, anytime from 9:00 to 11:00 a.m. in the MPR. Call Shearon Millar, 805-603-2773 for information.

Please Note: The Women's Club meeting of December 13, will be at 7:00 p.m. preceded by Holiday Bake Sale at 6:30 p.m.



FILE PHOTO

Members of the Wii Bowling club.

WII BOWLING

By Ginny Bryce

Leisure Village "Alley Cats" Wii-Bowling team participated in the 10th Annual Ventura County Wii-Bowling Tournament on September 25, 2018, at the Pleasant Valley Recreation and Park Division Audi-

torium, 605 Burnley St. Camarillo. Unfortunately, they did not make the top three winning teams, but fun was had by all and we had a good turnout of people rooting for our team.

Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all. For information, please call Barbara Bell at 805-388-2264 or Betty Tierney at 805-300-6105.

CASH AVAILABLE FOR RESIDENTS OF LEISURE VILLAGE- USE A REVERSE MORTGAGE AS PART OF YOUR FINANCIAL PORTFOLIO

NO MORTGAGE PAYMENTS | YOU RETAIN TITLE TO YOUR HOME | THE CASH YOU TAKE OUT IS TAX-FREE

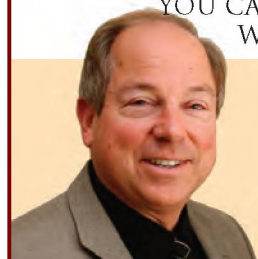
I HAVE AN EXCLUSIVE REVERSE MORTGAGE PROGRAM FOR RESIDENTS WHO ARE 60 YEARS OF AGE. YOU DO NOT HAVE TO WAIT UNTIL YOU ARE 62 TO OBTAIN A REVERSE MORTGAGE

I OFFER REVERSE 2ND MORTGAGES

A REVERSE MORTGAGE DOES NOT EFFECT YOUR MEDICARE
TAKE YOUR CASH PROCEEDS IN A LUMP SUM,
A LINE OF CREDIT, OR MONTHLY PAYMENTS, YOU CHOOSE WHAT IS BEST FOR YOU. PAYOFF DEBT, BRING CURRENT LATE HOA DUES, TAKE CARE OF MEDICAL NEEDS, USE THE FUNDS AS YOU CHOOSE

FREE NO OBLIGATION CONSULTATION IN YOUR HOME WITH A PRINTOUT OF YOUR ELIGIBLE FUNDS AND ANSWERS TO YOUR QUESTIONS

YOU CAN ALSO PURCHASE A NEW HOME WITH A REVERSE MORTGAGE



GARY LACHMAN
REVERSE MORTGAGE SPECIALIST

OPTION FUNDING, INC.
5655 LINDERO CANYON ROAD # 626
WESTLAKE VILLAGE, CA. 91362
(805) 358-3960 DIRECT
GARY@OPTIONFUNDING.NET
CA. BRE # 00953305 NMLS # 252231

CLUB NEWS

LV Golf Trip to Solvang



Photos by PATTI CRICHTON

Women’s Golf Association and the Men’s Golf Association had a great time golfing and eating in Solvang.

**Snooz
Mattress
1/4 Vertical**

WOMEN’S GOLF

By Patti Crichton

Our Wednesday tournaments move to a start time of 8:30a.m. for the winter months.

This new time will begin with the President’s Cup Low Net Tournament on November 7 and November 14.

Please pay Kerry Williams \$5 to participate.

Thank you to Sheila Bunch for the amazing Halloween brunch and congratulations on your Hole in One!

Good times were had at the golf getaway tournament in Solvang. Men and women golfers enjoyed!

Our November 14 golf meeting is in the Garden Room. Please come early, 1:30 p.m. for snacks and buy your 50/50 tickets.

The Harvest Dinner Dance with the Billiards and Golf Clubs is Nov. 16.

Happy Thanksgiving!



Sheila Bunch celebrates a hole in one.

Photo by GARY BUNCH



Mark Holland @ Leisure Village

**Sales & Rental
Specialist**

**Call me for low
management
fees on your
LV rental home**

Mark Holland,
Realtor Emeritus
GRI, SRES

Phone/Fax: **805.389.9915**
TOLL FREE: **866.847.9900**
Cell Phone: **805.405.1947**

E-mail: hollandrealty@yahoo.com
Website: www.markholland.realtor

CALIFORNIA LICENSED REAL ESTATE BROKER #00459137

09LV316S

**My Grandma Sells
Leisure Village**



BRE #009001667

Sharron Parker Team
805-443-1998

Judy 805-901-1242 • Steve 805-320-6466



ILoveLeisureVillage.com

09LV306S

CLUB NEWS



PHOTO BY BUD BRADLEY

Village Bench repaired and refinished by the artisans in the Wood Shop.

WOODSHOP

By Bud Bradley

The Woodshop welcomes residents who are interested in joining our group of woodworkers. If you have interest and can demonstrate basic safety skills with equipment you wish to use, such as a sander, scroll saw, chops saw, band saw and drill press, please call Ron Quick at 805-603-8456.

Our Woodshop Committee members are available every Tuesday and Wednesday between 10:00 a.m. and 12:00 Noon to repair most wood items for Villagers.

We gratefully accept donations to help defray the cost of normal materials and supplies. We would like to thank all of you who donates tools and materials for our Garage Sale. Your generosity helped us exceed the previous year's efforts and the funds go to supplies and materials for your projects.

Through Sept. 2018, the completed jobs are as follows:

Resident Projects 201 - Busy month; we completed 34 projects for Residents in September!

LV/Club projects 37

Quickie projects 53

The Annex is set up with basic power tools and continues to add and update equipment and supplies. If you are a skilled craftsperson and can demonstrate those skills, you can gain access to more complex tools and equipment in the Main Wood Shop.

We have added "Alexa" to the staff of the Woodshop for the keyholders. Come by and meet her. Finally, a reminder to current keyholders; should you have completed a project that you would like to highlight, we will post a photo of it on the bulletin board outside the shop.

Email your photo to Bud Bradley at Hipbud2@gmail.com, or bring a photo to the woodshop Tuesday or Wednesday AM.

Inside Leisure Village

**For Display Advertising contact
Stacey Jansen | 805-484-1949 x303**

CLUB NEWS

WRITERS CLUB

By Harvey Brosler

WRITE-PRESENT-PARTICIPATE-ENJOY-LEARN. We all have significant events in our lives.



A main purpose of the Club is to share aspects of your life, and your opinions with other residents. The Club is unique in that you come to know yourself and to be aware of what others think on the same

subject. Come to the Writers Club meeting held every Monday at 1:00p.m. in the MPR. THE NOVEMBER 5 MEETING WILL BE HELD IN THE GARDEN ROOM.

You may write on any topic, fiction or nonfiction, or use the Suggested Topic for that day. The more you write, the better writer you become. Microphones are provided. Residents who may consider becoming a member are invited to attend any of the meetings to listen to the presentations and participate. Stories of

The Month are displayed just inside the entrance to the Village Library. Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com, or Harvey Brosler 465-0006, hsbros@roadrunner.com”

PHOTO CLUB WINNERS • ASSIGNED CATEGORY

■ 1st— Gregg Gillmar, Retro Racer

Call us FIRST if you are thinking of Selling or Buying!

We're in the Neighborhood

John Baker
805-233-1525
johnbakerhomes@gmail.com

Shawn Baker
805-233-1725
shawnbakerhomes@gmail.com

John & Shawn
BAKER REAL ESTATE TEAM
LIC #01804388 LIC #01945168
REALTORS® & Leisure Village Residents

JohnandShawnHomes.com
350 N. Lantana G-1, Camarillo

BERKSHIRE HATHAWAY
HomeServices
California Realty

Internal Medicine,
Cardiology

Preventative Personal Health Care

Michael Jamison M.D., FACC

BOARD CERTIFIED
INTERNAL MEDICINE AND CARDIOLOGY
AND INTERVENTIONAL CARDIOLOGY

3901 Las Posas Road, Ste. 100 Camarillo
805-388-0080

CLUB IN THE SPOTLIGHT



Photo by PATRICK MOORE

LVBC President Patrick Price puts a little English on a clear shot to the corner pocket

Billiards Club Members Have Their Eye On the Ball

By Patrick Moore

They call it the Leisure Village Billiards Club. But know what? There is not one billiards table in the house.

Patrick Price, LV Billiards Club president said the Recreation Center billiards room contains seven tables, not one of which is a billiards plateau, in the carom sense of the word. All seven are regulation, 9X4 foot pocket pool tables, and unless the reader hails from France where all stick and cue-ball games fall under the billiards banner, pocket pool is at least a somewhat different beast.

The official billiards game — played on a surface without pockets and of slightly different dimensions than pocket-pool tables — having long since largely — like the pet rock and hair scrunchies of yore — slipped out of popular favor.

"Years ago we had one billiard table, with only one person ever playing on it," Price said of the LV billiards room, "So we raised enough money to (replace it with) another, regular pool table."

With 128 current members, about 80 of which are active, LVBC balls

Please see page 28



Handyman & Son



Helping people in Camarillo since 1990

CARPENTRY

Doors • Screens
Fences • Drywall
Rain Gutters • Cabinets
Closet Systems

PLUMBING

Water Heaters
Faucets • Disposals
Toilets • Sprinklers
Pressure Regulators

ELECTRICAL

Switches • Lights
Attic & Ceiling Fans
Plugs • Sensor Lights
Circuit Breakers

Custom Tile Installation and Repair Bathrooms • Kitchens • Floors

ONE CALL - WE FIX IT ALL

Office: 805-384-1981

24 Hour Message Center: 805-359-1621

We Specialize in Quality and Service

FREE ESTIMATES

**NO JOB
TOO SMALL**

**Hauling, Dumping
& Yard Clean Up**

Insured CA Business Lic #14203

05LV313S

Comfort Keepers

A World Leader in
Quality Home Care
for Leisure Village Residents



- ♦ In-Home Companionship & Caregiving
- ♦ Transportation (Doctor, Shopping, etc.)
- ♦ Meal Preparation
- ♦ Light Housekeeping, Shopping, Errands
- ♦ Accident Prevention
- ♦ Personal Care & Walking Assistance
- ♦ Companions and Certified Nurse Aids
- ♦ Flexible Schedules to Meet Your Needs
- ♦ Ranked the #1 Senior Care Franchise in USA
- ♦ Readers Choice Wins 2015, 2016, 2017, 2018 !
- ♦ California Licensed. HCO #564700005

Our compassionate Caregivers and CNAs are State of Calif. Registered, and fully trained, screened, bonded, insured, supervised

Over 700 Comfort Keepers® offices worldwide
Serving Leisure Village and surrounding areas.

ComfortKeepers.com/Office-426

For a Free In-Home Consultation Call:

805-494-9900



**Comfort
Keepers.**

Now Hiring Many Caregivers, Companions & CNA's

07LV314S

BILLIARDS —*From Page 27*
are kept clicking with ongoing, enthusiastic play. Price said four club meetings and four major tournaments are held each year, and there are ample numbers of pool cue sticks available for visitors use; one needs not invest in any gear whatsoever, he said, and annual LVBC member dues is just \$7.

Price said club meetings are conducted quarterly in the Multi-Purpose Room, on the fourth Thursday of February, April, August and October. Club pocket pool tournaments are six day contests staged in Feb, April, July and October, each of which spans a two-week period. Price said two tournaments are One & 15 Eight-Ball contests; regular eight-ball play, with the wrinkle that the one-ball must go in a side pocket, and the 15-ball into the opposite side pocket. Round-robin playoffs are conducted to establish bracket winners.

The two additional tournaments for the coming year includes a Scotch Doubles, wherein participants play as two-person teams with each partner alternating shots, and the third 2019 tournament to be a Fourteen-One

Continuous tournament, wherein players must call their shots, i.e. which ball is intended to go into which pocket. Tournaments feature cash prizes for winners and racked-up giddy joy for all participants. A LVBC member since 2012, Price said a billiards room visit was the first thing he did after moving into the Village. "When I was looking at places, they showed me the billiards room, and I said, 'Well, I know I'm living here, now.'" The day he moved in, "I got my car barely in the garage between all the boxes, got my pool cue out and went right down to the billiards room." Price said while the LV billiards room has been in place since 1974, the Billiards Club was established in 1980.

LV residents are not required to belong to the club to shoot a game any time they wish, he said, but there are conditions to keep in mind. Billiards room visitors must be 18 years of age or older, and no food or beverages are allowed. Bottled water is permitted.

So, the question now becomes, who will take the second shot after your first pool game? We'll find out, after the break.



Photo by PATRICK MOORE

LVBC member Arthella Christie all choked-up and ready to break.

COOKING WITH LARRY

Food for Thought at Thanksgiving

By Larry Swartz

Editors note: Larry Swartz has chosen to use his space to philosophize

In this month of giving thanks, I'd like to take this time to propose a truce...a truce between all foes. The Sunni and the Shiite, the Jews and the non-Jews, the Muslims and the non-Muslims, the right and the left, the Yankees and the Red Sox, the cyclists and the cars, the climate deniers and the scientists with the facts, the sensible and the non-sensible.

Buddhist practitioners say that there is a space between the stimulus and the response, and in that space is freedom. Someone cuts you off on the freeway and before you decide to blast the driver, you do have a choice. I hope the next time I find myself in that space between stimulus and response, I take a moment to think before I react and I remember that I do have the power to choose how I react.

So during this month of "giving thanks," I want to remember that I am not the only person on the planet; that my car contributes to global warming; that by letting my water

run while brushing my teeth is a total waste of a precious material that may be in short supply sooner than I think; that the words I speak can have a strong impact on the world.

I also want to remember these words from "The Prophet" on giving: "There are those who give little of the much which they have--and they give it for recognition and their hidden desire makes their gifts unwholesome.

"And there are those who have little and give it all.

These are the believers in life and the bounty of life, and their coffer is never empty.

There are those who give with joy, and that joy is their reward.

And there are those who give with pain, and that pain is their baptism.

And there are those who give and know not pain in giving, nor do they seek joy, nor give with mindfulness of virtue;

They give as in yonder valley the myrtle breathes its fragrance into space.

Through the hands of such as these God speaks, and from behind their eyes He smiles upon the earth."

PODIATRY & FOOT CARE HOUSECALLS!!!

Bridget Tester, DPM

562-260-3535

bridgettester@hotmail.com

Fax: 805-418-7090

Medicare Accepted!

02LV302S



W.H. CONSTRUCTION

- Kitchen & Bathroom Remodeling
- Acoustic ceiling removal/Texture
- Wood & Laminate Flooring
- Windows & Doors
- Room Additions

- Electrical
- Plumbing
- Tile
- Painting
- Drywall



Leisure Village
Discounts
Call NOW for details!

11LV313S

805-485-9662 • 805-469-4629

Lic #751293 fully bonded and insured

HEALTH CORNER

Identifying the Early Signs/Symptoms of Alzheimer's Disease

By Andy Smith, Comfort Keepers

The Importance of Early Detection: It should come as no surprise that the world of Alzheimer's disease research and awareness is as big as it currently is. When it comes to Alzheimer's awareness, one of the most vital components is education, not only on what Alzheimer's is, but what research is being done to find a cure. Early detection, one of the aspects of Alzheimer's education that was once less emphasized, is now receiving more attention. That's because further research and testing is being conducted on how the brain starts to change years before severe symptoms occur in Alzheimer's patients.

An Alzheimer's diagnosis is extraordinarily difficult for everyone involved, but identifying it sooner rather than later can often make a significant impact on quality of life. Early detection not only allows for the possibility of participating in clinical trials, but it also provides patients and families the chance to plan for what's to come and to find the appropriate level of care.

Early Signs/Symptoms of Alzheimer's: Below are some of the common early symptoms and signs of Alzheimer's that senior clients and family caregivers can be on the lookout for. If clients or family caregivers



notice any of these signs, they should immediately schedule a physician appointment.

- Forgetting recently learned information, important dates/events, or repeatedly asking for the same information
- Expressing worry or concern about memory capabilities
- Trouble managing finances or solving problems
- Reluctance to plan for future events, especially for those who typically volunteer their time to plan
- Becoming lost while driving, especially on familiar roads
- Disengaging from work, favorite

pastimes/hobbies, or social events

- Increased change in mood and personality
- Poor judgment or decision making
- Difficulty following or joining a conversation, struggling with vocabulary, and using the wrong words for everyday things
- Inability to judge distance/space and understand visual images
- Easily – and frequently – losing track of time
- Sleep problems (falling or staying asleep)
- Misplacing items and lacking the ability to retrace steps to find them
- Increased anxiety or feelings

of depression

- Difficulty completing familiar tasks at home

To help in diagnosis one can use a professional caregiving agency. The more reputable homecare agencies have caregivers that are trained to identify changes in client behavior and report them to the family. For those suffering from Alzheimer's or dementia, professional caregivers can help them remain safe and comfortable at home, while providing everything from laundry and housekeeping, to meal preparation, transportation, fall prevention, medication reminders, and personal hygiene assistance. Make sure the agency is licensed with the state of California. On the other hand, using independent caregivers who work for themselves is risky. Independents are not supervised, have no back-up in case they are sick, are usually not on the California state caregiver registry, have not been fingerprinted through the Department of Justice, have not been vetted for safe driving, often do not have training in proper fall prevention and proper transfer techniques, and are not subject to disciplinary actions in case of misbehavior or illegal activity.

One can google the following using key-words: Camarillo, homecare, licensed.

POETRY CORNER

LEISURE VILLAGE LIVING

By Aleta Trogon

*Retired in Leisure Village
Many years of fun and play
more ways to stay busy
than hours in a day.
Take a walk at midnight
without any fear
whatever your hobby
you can master it here.
Tennis, dancing or golf
exercise galore
heated pool the year 'round
yoga, bocce, and more.*

*Learn photography or painting
or woodwork so fine
be a seamstress or rock hound
play bridge for the mind.
Try your skill at billiards
on one of our 9-ft. tables
pocket those 8-balls
if you're capable.
use our "state of the art" gym
play chess in the park
have your own garden plot
if you're a farmer at heart.
There's no place like LV
checked many of the rest
this is country club living
at it's very best!*

LV TRAVEL

Travel Club Offers Wide Variety of Upcoming Tours

By Carol Moody

Sign up now for our January 24 outing to the famous Santa Anita Racetrack in Arcadia. It is a full day with a buffet style luncheon followed by an afternoon of horse racing. Our residents participated in plenty of extended tours this fall – an Alaskan cruise, a journey through the beautiful scenery of Utah canyon lands, the cobblestone streets of Portugal, and the snow-dusted Canadian Rockies. We are still working on our 2019 array of tours, so stop by the Travel Window for a list and vote for your favorites. The Travel Window is open Tuesdays, Wednesdays and Thursdays 9:00 – 11:45 a.m.

CLASSIFIED ADS

To submit an ad for Inside Leisure Village, give your full name, address and phone number. These are for ILV records and will not be published unless requested. Cost is \$5 for a maximum of six lines. Enclose cash, check or money order, payable to ILV. Place an envelope with the ad and payment in the left box next to the sewing room in the Rec Center before deadline. Each month's deadline is listed on page 2. ILV will accept ads from LV residents for properties they own personally, or ads that offer jobs or services to villagers. ILV does not investigate the ads and makes no endorsement of them. For advertising in the classified section contact Barbara Crome at 482-9097

SEE'S CANDY available. LV Women's Club 2nd and 3rd Tuesday mornings in MPR. For information call Barbara 805-482-9097 or Loretta 805-388-7116

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

Beautiful fur coats – Must See – Full length Dark mink, size medium. Full length lynx size medium. LV resident Tana 805-388-5752

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

Global Green Carpet & Tile Cleaning. Operator Jeffrey Goetz 888-774-2547. Affordable expert carpet, tile and upholstery cleaning. Serving LV 12 years. LV Ref. Risa Ross 805-484-5570

CAT SITTING, dog walking and watering plants. Dependable and trustworthy. References from your neighbors. Marlene Collins, Village resident 818-419-2159

Professional Dog Walking and Pet Sitting Company. Licensed, bonded

and insured. Offering holiday specials. Any 15 minutes visit \$15 Thirty minute visit \$19. Contact Mark – DogzGoneWalkn.com 805-603-0066

Wardrobe alterations: Seamstress with LV references comes to you to revitalize your clothes w/nips & tucks to complete makeovers. Also repairs & mending. Continue to look sharp. Gudrun 805-479-4852

Need help with clutter or moving? Senior discounts, free consultation. Honest, caring, dependable. Mary 805-760-6272

COMPUTER HANDYMAN - tutoring, software/hardware installation or repair. Virus & malware removal. LV resident. Affordable friendly service. PC specialist Jonathan 805-377-3697

Apple Computer Specialist: Laptops, Desktops, iPhones and iPad. Troubleshooting, installing & tutorials. LV resident, reasonable rates. Reliable, easy to understand, patient. Macs Made Easy/Louis 805-490-3127

Driven by an Angel! Personal assistant will simplify your life! Excel driver & LV res. w/many refs. Dependable & punctual to all appts,

airports, events, etc. Christine 805-701-3250

Driver: going your way will take you to all airports, cruise terminals, L.A., the valley. L.V. Resident. Call Ron 412-817-9840

CPR/First Aid Certification. Over 30 yrs. Exp. Teaching individuals, groups and now pet owners. Terry 818-692-5854, Website/Facebook: www.ThePergamosFactor.com; Email: terryschirokoff@gmail.com

Let's get moving. Doctors always want us to exercise, but how do I start. I am an experienced certified fitness trainer. Lisa 805-402-7482

Lynne Lerz: Massage Therapist. "Let me rub you the right way to better health". In village 35 years. Exp. Best refs. 805-484-2308

Gentleman experienced in cooking for cancer and diabetes patients. Skilled in stopping IGFI from feeding cancer and diabetes. 805-223-1606

Scandinavian housecleaning. Reasonable & reliable. Working in Leisure Village 12 years. Diane 805-815-0197

I'll make your home sparkle. Experienced, reliable and thorough. I can also drive you to where you need to go. Pierina 805-766-4112

LV resident Handyman-Installation/repair faucets, toilets, light fixtures, garage door openers, garbage disposers, furniture assembly, etc. No painting or wood work. No service call fee. Al 805-987-8419

Merchandise Assembly & Handyman Service: General construction, handyman and furniture assembly type services. Friendly & affordable, over 20 years exp. All work is guaranteed. Call Eric 210-0489

Handyman Services: Garden, patio, yard cleaning, hauling/dumping or repair. Plant trimming, removal or install patio, fence and gate repair. CALL TODAY 805-487-1613

Hugo's Garden Services: Lawn and garden maintenance. Clean-up, tree pruning and removal. Sod/seed installation. Over 23 years working in

Leisure Village. LV references. 216-8835 or 482-0985

JJCONTRACTING 805-815-2113 High Quality Work Low Prices. I DO SMALL JOBS. Window/Door Replacement, Kitchens, Baths. Remodels & Handyman Services. Licensed & Insured. Referrals

I would like to help you with errands, doctor appointments, shopping or anything else you might need. LV references. Linda 805-377-4601

Comfort Keepers, world leader in in-home care hiring caregivers. Apply online: ckthousandoaks.clearecare-online.com/apply or apply in person M-F 3249 Old Conejo Road. Newberry Park. 494-9900 ext. 2

SKILLS: Caring, dependable, prepare nutritious meals, bathing assistance, running errands, light housekeeping, companionship. Victoria 805-754-4753 © or home 805-482-0410

"Garden of Eve" providing in-home health care senior services. FT/PT 24 hour care, offering unlimited services. Dementia care certified. Eve 805-504-7236

AFFORDABLE CARE SERVICES 15 yrs experience. Locally based in the village. Licensed, bonded & insured. Always within your reach. Please call Teresita 805-383-6814 home 805-216-6072 cell

I'm Kia a compassionate certified caregiver: CPR, first aid with 8 years experience and great references. Let me help you live comfortably and maintain your independence. Prices are negotiable 805-444-6320

I am a caregiver over 20 years experience Dependable and honest. References. Jennie Muro 805-483-5145

Caregiver seeking someone to care for. 30 years exp Several Leisure Village references. Caring for the elderly is my passion. Please call Teresa 805-402-6588

Compassionate, experienced caregiver (CPR certification pending) for part-time early evenings and weekends as companion, assist with meals, shopping, doctor's appointments, etc. Ref available. Zara 805-443-9624

Senior Homecare By Angels®

We Care Every Day, In Every Way®

Errands
Shopping
Light Housekeeping
Meal Preparation
Friendly Companionship
Flexible Hourly Care
Respite Care for Families

America's Choice in Homecare.
VisitingAngels.
LIVING ASSISTANCE SERVICES

805-383-6483

www.VisitingAngels.com

Each Visiting Angels agency is independently owned and operated.

SERVICE DIRECTORY

Help Support Your Local Businesses

ATTORNEY



DON STEVENS, ESQ

A Leisure Village Resident

In your home or in my office
1200 Paseo, Camarillo, #170
Call 805-497-4662

BEAUTY

hair)masters

Your neighborhood salon
for all your styling needs.
Call today for our
introductory special.

Santa Rosa Plaza
805-987-5377

CAREGIVERS



**Home Caregivers
Management Inc.**

A True Measure of Tender Loving Care
Personalized Home Care Services
24/7 Care – Hourly or by Shift

Framie Criz Santos
(805) 204-1222
criz@hcmicare.com

Locally Owned & Operated
Licensed, Bonded & Insured HCO License #564700020

CAREGIVERS

**PRIVATE DUTY
CAREGIVERS**

Days, nights,
live-ins
Free phone
and in person
assessments

Regina
CALL 818-939-2875

HANDYMAN



**ALL GENERAL HOME
MAINTENANCE**

Doors & Locks | Painting/Drywall
Welding/Metal Fabrication
Cabinets Repair/Replace
Blinds & Screen Repairs
Fence/Gate Repair

Plumbing/Faucet/Garbage Disposal
Water Heater/Ceilings Fans/Light Fixtures
Electrical Troubleshooting & Repair
Garage Doors & Openers (repair/replace)

BRUCE (805) 275-3734
FREE QUOTES | NO SERVICE CALLS

LANDSCAPING



805-300-1442

**Landscape Design,
Installation & Maintenance,
Tree Pruning & Removal**

Licensed and Insured
LV References Available.
Lic# 1033762

gardengenie2@gmail.com

PLUMBING

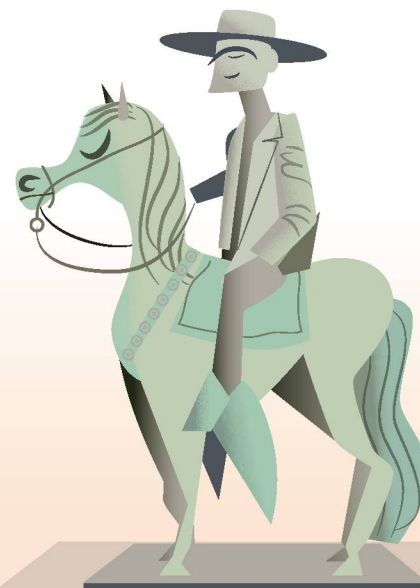
**ALL PRO
PLUMBING**

Complete plumbing
maintenance and drain
cleaning. Serving
residents of Leisure Village
for over 28 years.

FREE ESTIMATES
Licensed, Insured and Bonded

805-200-9482

**To Include Your Listing,
Please Contact Mary
at The Acorn Newspapers
Today: 805.484.1949**



Barlow Realty
Full Page