

Inside Leisure Village



VOL. 37 NO. 10

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

OCTOBER 7, 2016



It's hard to believe that summer is gone and we have but three months remaining in 2016. For me and Laura, this month is our one year anniversary since arriving in Camarillo from St. Augustine, Florida. In that year, we have grown to appreciate what a great community Leisure Village is in which to live.

It is apparent from Joseph Benti's articles that we need more of our good people to step up to the plate and use their life experiences to fill in behind those who have gone before us. He will quantify the benefit to residents next month.

This edition enjoys Patty Ecker's profile, recognition of a combat veteran, review of the 9/11 Anniversary Commemoration and plenty of information about what is happening in the Village. Read and enjoy!

As November approaches, we are in election season, which means plenty of political advertising. Along with that, I have received several letters to the editor extolling the attributes of various candidates for a variety of offices; I will not publish those letters. I believe Inside Leisure Village should be totally neutral in the political environment and such letters detract from that effort.

Thank you for a great year!
—Tim Palmer

Volunteerism: Becoming One with your Community

■ Joining committees and organizations is a vital part of who we are as both individuals and community

By Joseph Benti

When we moved into the Village thirteen years ago, kicking back in retirement, certain faces in and around the Rec Center soon became familiar. We figured they were old timers, in on everything. That "outsider" feeling, which most of us first felt in kindergarten, was just part of being a newcomer, even past the age of 55.

Again, we learned that "outsiders" become, insiders, old timers, usually by becoming "volunteers," a choice that makes us more important. And, probably, while helping to maintain our uniqueness, it helps to keep down our annual costs.

"Without volunteers, we would



Photo by JERRY SPECTOR

Every Tuesday morning, entire aisles at Vons Market in Mission Oaks are crowded by Shop Aho's "Village Volunteers" loading carts with lists of selections made out by clients who can no longer market on their own.

soon see our assessments start to go up," says Ernie Ohmstedt, longtime Chair of the large Education and Recreation Committee. Over the 37

years he has lived here (his parents were among the first families to locate here in the mid '70's). Ernie has

Please See Page 28

A Long View from the Village

By Patty Ecker

As she stands on the patio of her home in Village 1, Gertie Dorward smiles. She's been chatting with neighbors and waving to passers-by for nearly 39 years from here. "This is a great place to live," she says. "I have a very good life here." Her life here in Leisure Village is a chronicle of what was, as well as what the Village is now.

In 1977, Gertie and her husband Fred lived in Ventura. His work selling roofing equipment took him to a construction project named Leisure Village. He came home and said to Gertie, "Let's move to Leisure Village!" She answered quickly, "No! I don't want to move in with old people." As

she recalls that scene, she laughs, "Now I are one." Fred eventually convinced his wife and they bought their Village 1 house still being built for \$41,500. There was no landscaping, no sprinklers, no West Gate, and only one neighbor.

In the early years, LV was friendlier, freer, she says, "We had Greeting Committees to make sure no newcomer was left out." She adds that Resident Services had a "Here, I'll do it for you," attitude. The bocce, tennis, and shuffleboard courts were new and always busy.

"We were part of a giving culture," she says. When people asked, volunteers stepped up. Gertie served as chair of the Safety and Security Committee, co-chair (with Fred) on

Please See Page 28



Photo by BUD BRADLEY

Much has changed in Leisure Village since Gertie Dorward moved here but not her enthusiasm for living here.

WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses.

The Main Gate: 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.



LVTV Program Schedule

October 2016 | Channel 1390

LVTV Committee Email:
lvtvcommittee@gmail.com

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

Editor:

Tim Palmer
editorilv@yahoo.com
904-826-5945

Display advertising:

Stacey Janson
The Acorn Newspapers
805-484-1949 x303

Classified advertising:

Barbara Crome
482-9097

ABOUT INSIDE LEISURE VILLAGE

Editor: Tim Palmer

Photo Editor: Rita Linsey

Photos: Bud Bradley, Bob Kaplan

Staff: Patty Ecker, Cliff Kearsley, Jean Kohut, Mickey Kohut, Larry Swartz, Jerry Spector

Classified Ads: Barbara Crome, Joyce Snider

Contributors: Joseph Benti

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

NOVEMBER DEADLINES

Deadline for letters, club news, stories, photos and classified ads for the November 2016 issue is Tuesday, October 18 at 5 p.m. The Display Advertising deadline is Monday, October 24 at noon. Publication is scheduled for Friday, November 4. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (only if email is not available) should be double-spaced and deposited in the ILV box in the RC.

Contact: John Mayer, Chairperson at 388-4642, meet 3rd Thurs. 9:30 AM MPR. DAILY AUDIO: 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.

Day	Date	Program date time 10 am and 8 pm
Mon	3	LVA OPEN BOARD MEETING - LIVE (10 AM only)
Tue	4	LVA OPEN BOARD MEETING - TAPED
Wed	5	LV Musicians - Great Pumpkin Halloween Party (40 min)
Thu	6	Thurs. Showcase, Message Board for Shows
Fri	7	LVA OPEN BOARD MEETING - TAPED
Mon	10	Players Guild: A Musicial Evening (38 min)
Tues	11	What Was My Line - Barbara Krohta, Duane Waln, Irv Jacobs (65 min)
Wed	12	FYI (For Your Information) #1 (41 min)
Thurs	13	Thurs. Showcase, Message Board for Shows
Fri	14	Women's Club - Fashion Show-2016 (19 min)
Mon	17	LVA 101: #8: Reclaimed Water - (34 min)
Tues	18	Cooking with Larry: Soup To Nuts - (18 min)
Wed	19	2 nd Annual Pumpkin Festival - 2006 (50 min)
Thurs	20	Thurs. Showcase, Message Board for Shows
Fri	21	Players Guild - Reader's Theater - (56 min)
Mon	24	Law Talk - Legislation - (29 min)
Tues	25	Women's Club - Bob Bolivar Magic Show (49 min)
Wed	26	Seniors & The Law Part 1 - 2016 (45 min)
Thu	27	Thurs. Showcase, Message Board for Shows
Fri	28	NY Club Presents: Stu & Laurie - (62 min)
Mon	31	Waste Not - 2004 (10 min)
		OLD-TIME RADIO AUDIO: Thurs. 7:00 PM CALENDAR DIVA: 8:00AM, 2:00, 5:00, 7:00 PM

LETTERS

Dear Editor,

The 9/11 Memorial Event held in our Village on the 15th anniversary of our generation's world-shaking tragedy was one of the finest presentations I have had the privilege of attending. Congratulations and "Thank You" to Brenda James, Frank Seiden, the New York Club and all who participated in this soul-stirring commemoration.

Many who attended and reflected on the 9/11 tragedy had tears in their eyes, as I did; but, more importantly, we stood together on this September Sunday to reflect on the goodness of this great country and its founding ideals. Hooray for you, Leisure Villagers.

Dick Guttman
Village 17

Thank You Joseph Benti

I applaud Joseph Benti's article **HELP WANTED — VOLUNTEERS MAKE A DIFFERENCE**. The Leisure Village committees and clubs are the rivers and streams that give life to Leisure Village. Every drop is important to their flow. A couple of clubs recently disappeared, The Boosters being the most recent. Their only mission was to raise money for Leisure Village projects and to fund special events such as Veterans Day and The Fourth of July. Like California, Leisure Village is developing a drought. How will resources be directed: to the most important efforts, to the efforts to which volunteers gravitate? The time could come when Leisure Village might look like a forest whose streams have dried up and leaves are brown and withered.

Frank Seiden
Village 22

NOTE TO READERS

Due to recent changes, many villagers aren't getting the ILV because it is no longer included with their morning newspaper delivery. If you're reading this and know some of your friends and neighbors in that predicament, let them know they can get their copy at the Rec Center; better yet, bring them a copy. Spread the good word and thank you for your help.

Inside Leisure Village

For Display Advertising contact
Stacey Janson | 805-484-1949 ext. 303



FULL SERVICE REAL ESTATE

List With Any Other Broker & YOU LOST MONEY!

Sales Price:	Your Savings
\$350,000	\$7,000
\$400,000	\$8,000
\$450,000	\$9,000
\$500,000	\$10,000
\$550,000	\$11,000
\$575,000	\$11,500

SAVINGS INCLUDES A BUYERS BROKER FEE!

- Full Broker Representation
- Professional Photographers
- Personal Transaction Coordinator
- Internet Syndication to Zillow, Realtor.com & More
- Website For Your Home - *Seller E & O Insurance



TURNING REAL ESTATE UPSIDE DOWN

NOT 6% NOT 5% NOT 4%

ONLY 1 1/2% COMMISSION TO SELL YOUR HOME!



GARY ARNOLD
BROKER / L.V. RESIDENT
1.805.504.5582
Gary@911sold.com
www.leisurevillage411.com

1st in service! 1st in value!
More MLS coverage than other Brokers

LETTERS

Corrections to previous articles

I am writing to correct two misstatements in the September 2 issue of ILV. First, in my article titled "Joining a Committee" I stated that committee appointments were effective for a period of five years. The article was written during the brief period between the June and August meetings of the Board of Directors. For that brief period, the statement was true. The new Board of Directors revisited that subject in the August meeting and re-established the requirement to renew committee rosters on an annual basis. I did not carefully review my article before submitting it and I apologize to you and your readers for this error.

The second error, or rather, possible misrepresentation, appears in Cliff Kearsley's article titled "Choosing Your Next Contractor". With all due respect to Mr. Kearsley's background and experience, I must correct the implication contained in the sen-

tence "The third level of protection is provided by the LVA list of approved contractors". (emphasis mine) The list referred to does not support the implication that contractors listed are in any way 'approved' by the LVA. That is absolutely not the case. Those listed have only provided to LVA documented proof that they are in fact licensed as a contractor in the State of California in good standing, that they are insured to a level demanded by the Association, and that the licensee carries sufficient insurance policies to protect the Association and its members. Those who must by law have Workmen's Compensation insurance (not all need it) must provide proof of that also. It is a common error of villagers to treat the list as an approval of the listed contractors but it just isn't so. Selection and engagement of a contractor is completely dependent on the evaluation and 'due diligence' performed by the employer.

Ted Lansing, Village 3
Cal Contractor License 442623 (IA)

AARP SMART DRIVER CLASS

By Paul Herman

Leisure Village will be hosting an 8-hour Initial Class of the AARP Smart Driver Program on Wednesday and Friday afternoons, October 19 and 21, at 1:00 PM to 5:00 PM in the MPR. Contact Paul Herman at 444-6420 for details.

IN MEMORIAM

Bill Abshere, V. 30
Tom Appleford, V. 6
Eleanor S. Armstead, V. 9
Leonard A. Beckel, V. 18
Brian Donnelly, V. 38
Francis Gilbert Henning, V. 39
Mary Kovach, V. 35
Annette Mintzer, V. 20
Charley Torrence, V. 1
Joel Thrope, V. 19

To submit a memoriam call Loretta Reshes, 388-7116

Serving Leisure Village for Over 50 Years

Be prepared, plan ahead & protect your family

Ask for your FREE copy
of our Expressed
Wishes Guide.


CONEJO MOUNTAIN
FUNERAL HOME, MEMORIAL PARK & CREMATORY



Steven Mora
Managing Partner
Conejo Mountain Memorial
Funeral Home, Memorial
Park & Crematory

For your immediate or
future needs, call us at

(805) 482-1959

Most other funeral home pre-
arrangements plans welcomed!

2052 Howard Road, Camarillo • conejomountain.com • Find us on Facebook




Proudly serving veterans of all
branches of service and their families.

Assisted Living | Memory Care



Residents are the heart of our community. www.almaviaofcamarillo.org

**Call today to schedule a visit.
Complimentary lunch included!
805.388.5277**

 **ALMAVIA**
of CAMARILLO®
an ELDER CARE ALLIANCE community

2500 Ponderosa Drive North | Camarillo, CA 93010 | 805.388.5277



**EQUAL
OPPORTUNITY
EMPLOYER**



AlmaVia of Camarillo, an Elder Care Alliance community, is a nonprofit, faith-based assisted living and memory care program cosponsored by the Sisters of Mercy of the Americas Midwest Community & the Sierra Pacific Synod of the Evangelical Lutheran Church in America.
RCFE Lic. # 565800682. ©2016 Elder Care Alliance



FREE BUFFET

ATTENTION RETIREES AND MEDICARE RECIPIENTS

Mark your calendar, and join us for this brief and important discussion.

MASA Members also welcome to attend.

By MASA MTS
at the following location:

Ottavio's Italian Restaurant

1620 Ventura Boulevard, Camarillo, CA 93010

Tuesday OCTOBER 25th

Thursday OCTOBER 27th

Friday OCTOBER 28th

Starts at 11AM

Reserve Early (Space Limited)

For retirees or those age 60 and up attending, please call our toll free recorded reservation line at

1-888-570-3659

Simply leave your **NAME**, the **NUMBER OF PEOPLE** in your party, **PHONE**, and the **DATE** you are attending



Discover the MASA MTS Peace of Mind

Since 1974 with millions of members MASA provides full service for:

- Ground Ambulance To & between hospitals
- Helicopter Ambulance To & between hospitals
- Fixed Wing Air Ambulance between hospitals
- Transports to Specialized Care
- Vehicle Returned to Your Home
- Mortal Remains Transport
- Minor Grandchildren/Great Grandchildren Coverage
- Minor Children/Grandchildren Return
- Return Transport Home
- Spouse/Companion Transport
- ...And More

**At Home or Away From Home
World Wide Coverage**

**No Deductibles or Claim Forms
No Health Questions to Join**

Join us for this informative event regarding potential gaps in your Medicare or Insurance coverage.

COMBAT AWARD ARRIVES 70 YEARS LATE

By Tim Palmer

Leisure Village resident Al Feldman experienced the very horrors of war when he was captured during the Battle of the Bulge during World War II. His experiences were recounted in a two-part article in the July and August, 2014 ILV by former editor, Bob Cohen. What was not known at the time was that Al had been awarded the Bronze Star for his combat service.

The award, which arrived about a year ago, stated "For meritorious achievement while serving with the 422d Infantry Regiment, 106th Infantry Division in the European Theater of Operations on 15 December 1944, in military operations against an armed enemy of the United States. Private First Class Feldman's exemplary performance of duty in active ground combat was in keeping with the finest traditions of military service and reflects great credit upon himself, the 422d Infantry Regiment, and the Army of the United States." The Bronze Star recognizes heroic achievement, heroic service, meritorious achievement or meritorious service in a combat zone. It ranks above the Purple Heart in medal precedence.

Al received his award citation, but it did not include the red, white

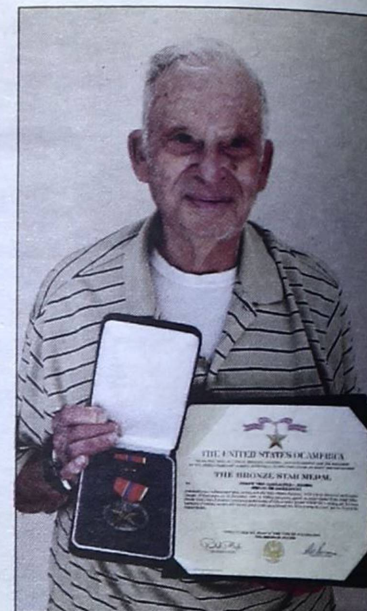


Photo by JERRY SPECTOR

Al Feldman with Bronze Star

and blue ribbon and medal that goes with the actual award. After waiting several months for the medal to arrive, Al sent a letter to the Army asking its whereabouts. About a month ago a package arrived in the mail containing the medal. Given the over 70 years that elapsed from Al's combat action to formal recognition, it is apparent that our Greatest Generation, of which Al is a part, is not only courageous but patient.

AdvantagePlusCaregivers.com®



Helena Mossembekker, CFO, CSA
Melanie Farber, CEO, CSA

Elderly, Rehab, Disabled
We're All About the Care!

805-322-8822

- Personal Care Aides
- Companions
- CNA, CHHA
- 24/7 Care - Hourly or by Shift
- Temporary or Permanent

- Qualified & Screened
- Most Insurance Accepted
(Worker Comp. & Long Term Care)

Locally Owned & Managed!
Over 20 years of Experience!



06LV302S

Inside Leisure Village

Look for Us—First Friday of Every Month!

Paid Advertisement

Do you feel like there's a tight band wrapped around your ankle or foot?

If you do, you may want to read further because this could be the harbinger of something more serious.

Hi, this is Doctor Dooman. There are a lot of strange symptoms associated with peripheral neuropathy, a progressive, degenerative disease. A symptom that is not too common, but which we do see occasionally, is the feeling of a tight band wrapped around the ankle or foot. As the sensory nerves degrade, erroneous signals are transmitted to the brain. Sometimes the nerves and pathways that are affected are the ones connected to the pressure transducers to the skin. When you have a pair of tight shoes and you feel that pressure point, that's the pressure transducers doing their job.

Another weird symptom we see occasionally is the feeling of 'sponginess' on the soles of the feet or toes. Again, this is an indication that there is a problem with the sensory nerves.

What do these symptoms indicate and what should you do?

These two symptoms could be the harbinger of more serious problems and should be checked out. The first step is an in-depth consultation to determine if there are other symptoms which would give the examiner a better idea of the root of the problem. If there are other symptoms like sharp stabbing pains in the feet, tingling,



burning or numbness, then testing of the five sensory pathways is indicated to rule out Peripheral Neuropathy. Peripheral Neuropathy is an insidious disease which in its final stages can be deadly. Like any disease it's better to catch a disease in its early stages. At

Why you should take advantage of this offer:

1. The Qualifying assessment is FREE.
2. If you have PN and you wait, the symptoms will only get worse, harder to treat and more costly.
3. If you don't have it, you won't have to worry about losing your fingers or toes.
4. If you do have it and we relieve your symptoms you can resume your normal life.

Expires 11/16/16

Camarillo Spine & Nerve Institute, we are committed to providing the best diagnostic procedures to identify this dreaded disease and we provide a new technology that relieves or eliminates the symptoms associated with this disease.

Here's what one of our patients has said:

I was at my ropes end and the neuropathy treatments I received helped me. I am 90% better than before! The pain is nothing like it was at night. I can sleep now. I had damaged nerves and this treatment was a tremendous help!

*Thank you Dr. Dooman,
A.D. - Camarillo, CA*

What you should do if you suspect you have Peripheral Neuropathy or have already been diagnosed with it.

Call today and make an appointment to take advantage of our FREE four point evaluation. What you will receive if you qualify: an in-depth consultation, a complete orthopedic/neurologic examination, an examination of the five sensory pathways, x-rays if indicated, examination of any MRI's, a report of what we found and our recommendation for care.

Call Today 888-240-1077
Dr. EDMOND DOOMAN, D.C.
Camarillo Spine & Nerve Institute

4087 Mission Oaks Blvd. Suite B
Camarillo, CA 93012
www.camarillospineandnerveinstitute.com

Paid Advertisement

10LV3145

WHAT TO DO IF...

By Ted Lansing

Medical Emergency

We are very fortunate to have medical help so close at hand. VCFD Station 52 is just outside the village at the intersection of Santa Rosa Road and Woodcreek Road. American Medical Response (AMR) has an ambulance located in the strip mall just outside our main gate, except when it is on a call. They can, and most often do,

arrive within a few short minutes of a call to 911. Our Security patrol has several EMT trained officers as well, and "911" radio dispatch is monitored 24/7 to catch Village problems before Engine 52 and AMR can get here. Our Security Patrols carry 'sports bottles' which are Oxygen bottles that can legally be used by them to assist persons with breathing or related problems until the 'pros' arrive.

"Medical Alert Lifeline" is monitored in case of a fall or other problem

requiring physical assistance. If you have it, and need help, Security can be there in a flash!

Why Engine 52 you may ask? The engine carries several fire persons. If the ambulance crew needs any type of physical help with a problem, the manpower is then available. Some problems require some heavy lifting to extract a person from a fall, or other

mishap. Station 52 is often referred to as "Leisure Village Station".

When an emergency occurs you can call "911" or you can call 388-3636, the LVA "Real Emergency" number. This latter will bring Security to you very quickly, and they can help make the decision to call "911". Either approach will bring needed medical assistance in a very short time.

**Home Cleaning • Personal Organizer
Shopper • Errands • Pet Services**

In business for over 16 years • Licensed Owner/Operator

\$10 OFF your first cleaning

Offer valid for Leisure Village residents through 10-31-16

Jamie's Home Services **805-799-6929**

Jamie LaRue, Owner
jamiesshomeservices@gmail.com



Photo by JERRY SPECTOR

Firehouse 52 – Life savers for Leisure Village

CASH AVAILABLE FOR RESIDENTS OF LEISURE VILLAGE— USE A REVERSE MORTGAGE AS PART OF YOUR FINANCIAL PORTFOLIO

NO MORTGAGE PAYMENTS | YOU RETAIN TITLE TO YOUR HOME | THE CASH YOU TAKE OUT IS TAX-FREE

A REVERSE MORTGAGE DOES NOT EFFECT YOUR MEDICARE TAKE YOUR CASH PROCEEDS IN A LUMP SUM, A LINE OF CREDIT, OR MONTHLY PAYMENTS, YOU CHOOSE WHAT IS BEST FOR YOU PAYOFF DEBT, BRING CURRENT LATE HOA DUES, GO ON VACATIONS, TAKE CARE OF MEDICAL NEEDS, BUY A CAR, USE THE FUNDS AS YOU CHOOSE

FREE NO OBLIGATION CONSULTATION IN YOUR HOME WITH A PRINTOUT OF YOUR ELIGIBLE FUNDS AND ANSWERS TO YOUR QUESTIONS

YOU CAN ALSO PURCHASE A NEW HOME WITH A REVERSE MORTGAGE



GARY LACHMAN
REVERSE MORTGAGE SPECIALIST

OPTION FUNDING, INC.
5655 LINDERO CANYON ROAD # 626
WESTLAKE VILLAGE, CA. 91362
(805) 358-3960 DIRECT
GARY@OPTIONFUNDING.NET
CA. BRE # 00953305 NMLS # 252231

Paid Political Advertisement

JAMESON

CITY COUNCIL



JAMESON LINGL

The ONLY Candidate for City Council
Endorsed by the Leaders of SOAR



I'm running for City Council because I want to help make this the best Camarillo for everyone. For the best Camarillo, **we need to work to reduce our traffic congestion, secure our water future and protect our open space.**

For the best Camarillo for seniors, I'm committed to ensuring that the City of Camarillo supports our local senior center. I'm also committed to expanding Camarillo Area Transit's *Dial-A-Ride* so our seniors can be taken directly to their medical appointments throughout Ventura County without transfers.

With 10 years of experience as a professional policy educator and advocate, I have effectively worked to influence policy that benefits seniors, people with disabilities, working families and the environment. Now, I'd like to work for the citizens of Camarillo.

Endorsed by:

Kathy Long
Ventura County Supervisor

Steve Bennett
Ventura County Supervisor

Linda Parks
Ventura County Supervisor

Bob Rust
Pleasant Valley
School Board Trustee

Merrill Berge
SOAR Board Member
& Camarillo Representative

Louise Roberts
President, Save the Conejo Creek

Hank Lacayo
President,
Congress of California Seniors

Sharon Hillbrant
Secretary,
VC Women's Political Council



Paid for by Jameson Lingl for City Council 2016 - ID#1383086

VIII 1-108
VIII 1-304
VIII 1-328
VIII 2-104
VIII 3-221
VIII 3-209
VIII 4-123
VIII 4-121
VIII 5-206
VIII 5-140
VIII 6-131
VIII 6-115
VIII 6-105
VIII 7-115
VIII 7-424
VIII 8-102
VIII 8-150
VIII 9-158
VIII 11-232
VIII 11-234
VIII 11-101
VIII 13-217
VIII 16-111
VIII 16-146
VIII 16-138
VIII 16-134
VIII 16-136
VIII 16-315
VIII 16-137
VIII 17-119
VIII 17-244
VIII 17-150
VIII 18-206
VIII 18-107
VIII 18-129
VIII 18-137
VIII 18-129
VIII 18-104
VIII 19-233
VIII 19-237
VIII 20-168

Most Energy Efficient Windows Manufactured today!

FREE
Choose One:
Front Door
Single Garage Door
Doggy Door
Pay Later cost only!

For Leisure Village residents only
Triple or Dual Glaze Windows
Additional \$500 OFF
or **FREE Front Door**
when you redo your whole home with new windows

Factory trained, licensed installers.
Offering factory discounts on our windows and doors.

Lifetime guarantee, including labor

**We will Match or Beat
any competitor's
estimate!**

Super New Products
with Windows & Patio Doors at BEST PRICES
All Colors Available

Regular Grids, Colonial
& Diamond available



**V-GROOVE
BEVELED
GLASS**

(Optional) Various styles
& patterns available



Call for a complete list of
V-Groove Glass Options



Harold Brodsky

Energy Efficient Windows with
ThermaFleck & Argon gas

Resident of Village 44

Serving Leisure Village for over 15 years

**Wholesale Window
Warehouse**

805-388-4916



West Coast Builders Lic #588085 DBA Installation Contractor
Bill Morris Lic #744076, contracting licensed & bonded

We have over 500 happy
customers in Leisure Village

VIII 20-181
VIII 20-179
VIII 20-322
VIII 20-172
VIII 17-160
VIII 17-244
VIII 23-210
VIII 24-130
VIII 25-123
VIII 25-214
VIII 26-108
VIII 29-208
VIII 30-001
VIII 30-003
VIII 30-028
VIII 31-114
VIII 31-203
VIII 31-314
VIII 31-323
VIII 31-325
VIII 33-111
VIII 34-132
VIII 34-134
VIII 35-204
VIII 35-210
VIII 35-216
VIII 35-217
VIII 35-218
VIII 37-216
VIII 38-121
VIII 40-221
VIII 41-032
VIII 41-034
VIII 41-064
VIII 42-020
VIII 42-022
VIII 42-026
VIII 42-064
VIII 42-071
VIII 42-119
VIII 42-119
VIII 42-311
VIII 44-141
VIII 44-145
VIII 44-165

15-Year Commemoration of 9/11 by the New York Club

By Frank Seiden

On September 11, 2016, almost 400 people relived the emotions of the attack of radical terrorists. The very meaningful commemoration program, planned and directed by Brenda James, started with singing *The Star Spangled Banner*, the LV Veterans Club color guard marching down an aisle from the rear of the AR, posting the colors on the stage and saluting during the Pledge of Allegiance. The members of the color guard (from left to right in the photo on page 11) are: Cdr. John McGava, Dick Levine, Ed Vasquez, Irv Bergman and Frank Katz. They continued to salute while ten chimes were sounded by Brenda James (in the background of the second picture) and listed by Frank Seiden; in brief: one for each of the World Trade Center towers, the Pentagon, the four airplanes, police, firemen, paramedics.

Frank Seiden, the club president, then set the theme with his talk *We Are Here to Remember* while a few slides of the 9/11 destruction were projected on a screen. Diane Carroll presented two moving poems: *That Day* and *Who Am I*. Fred Vajda brought in a patriotic feeling by narrating *Ragged Old Flag* accompanied by Mike Schmok on the guitar. Shirley Levy read the sentimental piece *Moments in Life*.

Lin Grant provided some historical comments and presented a slide show on the progression of events on 9/11/2001, which ended with pictures of some of the world's memorial monuments. Richard Weiss played a medley of classical piano music with soulful spirit. Debra Guill, accompanied by guitarist Mike Schmok, sang *We Shall Overcome*. Ida Roberts presented a poem and a reading, both untitled and anonymous, that gave thought to the emotional impact of the tragic events of that day. Chuck Kiskaden, accompanied on guitar by Mike Schmok, sang a moving rendition of *In the Promised Land*. Sam Arouesty and Dick Guttman gave homage to 9/11 victims with a moving musical medley. Frank Seiden returned to the podium to give thought to the proliferation of hate with his poem *Hate* and memorial thoughts for victims' families in his poem *Meditation on Love*. Mike Morgan, mayor of Camarillo, shared thoughts on the impact of the tragic events of 9/11. Buster Hayslett sang an emotional rendition of *Amazing Grace* with guitar accompaniment by Mike Schmok. All who made presentations joined on the stage to sing *Amazing Grace* with the audience joining in.

The program ended with a moment of silence punctuated by Jim Bailey sounding *Taps* from the rear of the auditorium.



Photography by JERRY SPECTOR

Beautiful California Oak donated by the New York Club and planted on 9/11, 2002.

The Holland Team @ Leisure Village

Yes,
we live
here too!

Mark Holland,
GRI, SRES - Realtor®

**Karla Marie
Holland,**
BA, MA - Concierge

Phone/Fax: **805.389.9915**
TOLL FREE: **866.847.9900**
Cell Phone: **805.405.1947**

E-mail: hollandrealty@yahoo.com
Website: markhollandrealty.com

CALIFORNIA LICENSED REAL ESTATE BROKER #459137

Leisure Village Residents Commemorate 9/11 with Moving Tribute



Color Guard



Frank Seiden



Diane Carroll



Fred Vajda



Shirley Levy



Lin Grant



Richard Weiss

Debra Guill
Mike Schmok

Ida Roberts

Chuck Kiskaden
Mike SchmokDick Guttman
Sam Arouesty

Frank Seiden



Mayor Mike Morgan



Buster Hayslett



Photography by JERRY SPECTOR

BUY FRESH—BUY LOCAL!

- Fresh fruit and vegetables • Breads and pastries
- Local seafood • Grass-fed beef • Pasture-raised eggs
- Crafts and gifts • Live music weekly

SATURDAYS, 8 AM TO NOON, RAIN OR SHINE
2220 VENTURA BLVD., OLD TOWN CAMARILLO



**Camarillo Certified
Farmers Market**

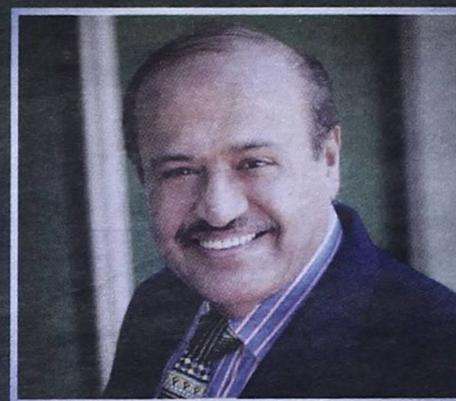
A PROJECT OF CAMARILLO HOSPICE

www.camarillofarmersmarket.com

09LV311S

IRS PROBLEMS!

CALL NOW FOR
FREE CONSULTATION



CLIENT TESTIMONIALS

"...We regained our piece of mind"
 "...Kash saved our marriage"
 "...I can sleep peacefully now"
 "...We strongly recommend
 Kash Chandani CPA"

Former IRS Agent

With Over 35 Years of Experience

- Settle Back Tax Debt
- Offer In Compromise
- Installment Agreements
- Audit Representation
- Stop IRS Levy & Seizure
- End Wage Garnishment
- Innocent Spouse
- Tax Preparation & Expert Advice



**Kash Chandani
and Company CPAs**
Certified Public Accountants

1-800-LESS-4-IRS

1-800-537-7447

WWW.LESS4IRS.COM

Visit our website for client testimonials.

2815 Townsgate Rd. Suite 335
Westlake Village

"We Can Help! Don't ignore the IRS,
they will not go away."

Comfort Keepers

A World Leader in
Quality Home Care



- ◆ In-Home Companionship
- ◆ Transportation (Doctor, Shopping, etc.)
- ◆ Meal Preparation
- ◆ Light Housekeeping, Shopping, Errands
- ◆ Laundry & Linen Washing
- ◆ Accident Prevention
- ◆ Personal Care & Walking Assistance
- ◆ Companions and Certified Nurse Aids
- ◆ Flexible Schedules to Meet Your Needs
- ◆ Ranked the #1 Senior Care Franchise in USA
- ◆ Readers Choice Winner 2014, 2015 & 2016 !

Our friendly and compassionate Caregivers and CNAs are State of California Registered, and fully trained, screened, bonded, insured.

Over 700 Comfort Keepers® offices worldwide
Serving Leisure Village and surrounding areas.

ComfortKeepers.com/Office-426

For a Free In-Home Consultation Call:

805-494-9900

Now Hiring Many Caregivers, Companions & CNA's



**Comfort
Keepers.**

07LV304S



GOLF CART COURTESY

By Tim Palmer

Now that golf carts will be more prevalent around our golf course, there are some items of courtesy that should help everyone continue to enjoy the game.

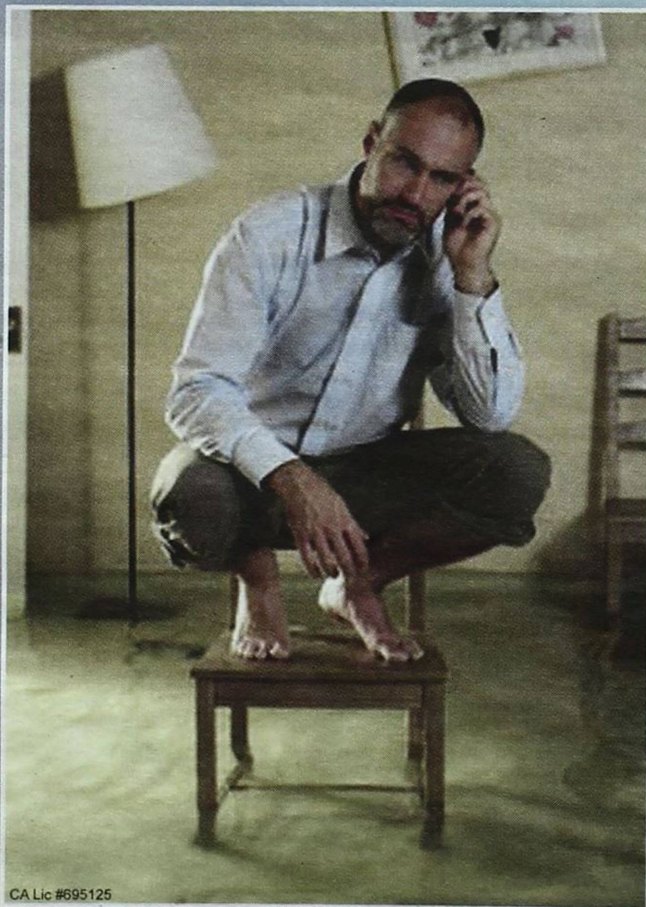
Have you ever noticed that the parking brake on a golf cart only works about half the time and it always makes a lot of noise during both engagement and disengagement? It can be heard throughout the fairway and is particularly loud when it is done during your take-away for that bunker clearing, shot of the round. My theory is that golf carts are designed and manufactured by tennis players who have no idea that golf is a game of focus. Fortunately, they are driven by people who understand that a sharp noise, such as setting or releasing a cart parking brake, is very distracting to a golfer during the time from ball address through the swing. The wait of those additional few seconds while your fellow player makes the shot will

not slow down the round and will definitely improve your chances of being invited back to play with the group again.

While you are freewheeling that cart around the course chasing your ball, keep in mind that one of the other big distractions to golfers besides noise is motion. Driving your cart in near proximity to the player addressing the ball can cause enough of a distraction that he or she will not make the perfect swing and will make a much bigger deal out of your thoughtlessness than you think it deserves. The best place to park is 90 degrees from the line of flight of the other player's ball, in front of the player and at least 15 to 20 feet away. This allows the golfer to be "alone with his or her ball" and able to concentrate on their perfect shot.

Tee boxes and areas around the greens are meant to be kept smooth. Because we do not have cart paths, parking beside or behind tee boxes and greens is the right thing to do to maintain their condition.

Let us all enjoy our golfing experience!



CA Lic #695125

REPIPE PRO



Slab Leak Repair is not a Permanent Solution

Water Damage?

Low Pressure?

Getting Scalded?

Rusty Water?

**Let us Install High Quality Copper or PEX pipe
Guaranteed to Last as Long as Your Home**

- Senior Discounts Available
- We will meet or beat any competitor's price
- Most homes Repiped in ONE DAY
- Find us in Yelp, Angie's List and BBB

Over 41 years experience and 8,000 homes Repiped

Call NOW for a FREE Estimate!

855-844-3800

www.WeRepipe.com

Plumbing Expert
Since 1975



10LV01B

CLUB NEWS

LAPIDARY IS BACK

Fred Ervast

The Lapidary Room, long a location for Villagers to express their creativity, has reopened for hobbyists and for newcomers. The Room was temporarily closed while new equipment was installed. "Now there's no end to the beauty that can be created here," says Fred Ervast, who teaches the process. "Lapidary involves cutting, polishing, and engraving rocks – from those picked up along a trail to semi-precious stones."

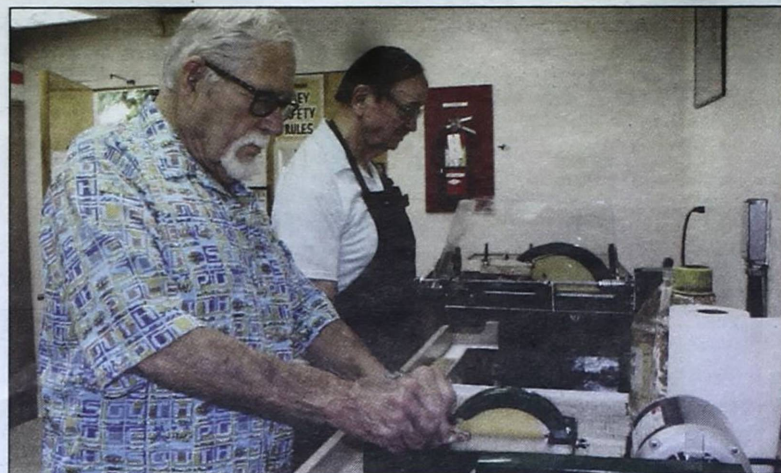
The results become unique jewelry, bookends, and displays. One Villager is carving a bear from a rock. Fred invites all residents to come in for lessons, which include the proper use of equipment and safety procedures. In addition to

Lapidary Room regulars Martin Linsey and Fred Ervast are back at the polishing bench.

Photo by RITA LINSEY

learning how to make natural rock jewelry, one can learn how to polish slabs, make solid rock bookends, and use rock tumbling equipment. There is a one-time fee of \$3.

The schedule is Monday, Wednesday, and Friday at 1:00 p.m. in the Lapidary Room in the Rec Center. For those LV residents who are "key holders," you may continue using the equipment anytime the lapidary room is open. For additional information on classes, please call Fred Ervast, V26, 805-389-0787.



Bringing Peace of Mind to Homeowners 62 Years of Age and Older

You've invested a lifetime in your home, now reward yourself with a Government insured HECM Reverse Mortgage Loan. You retain the title to your home and there are no monthly mortgage payments required.

Contact me today to find out more information



Casey Laufer

Senior Loan Officer

NMLS #669916
BRE #01207043

Direct #: 661-309-7471

Office #: 818-700-6300

Email: claufer@tandemmortgage



NEED A CAREGIVER?



Our 3-point guarantee...

We will customize solutions to meet your needs.

We will aim to reduce hospital readmissions.

We will help you reduce the cost for caregiver services.

**We've got the experience, we've got trained caregivers!
Tell us how we can put this to work for you?**

**CALL 800 - 418 - 8576
805 - 433 - 2958**



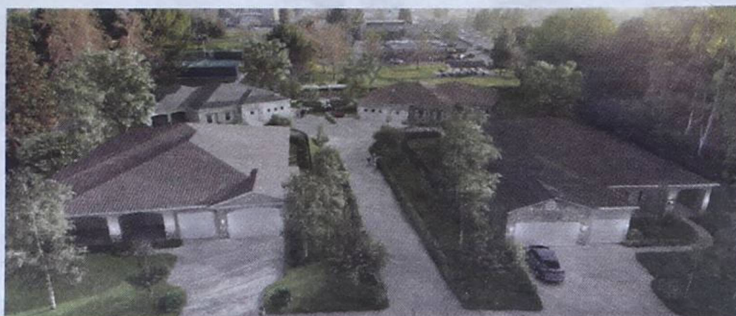
**Care World
Home Care Agency**

www.careworldhomecare.com

Serving your area 24 hours/day, 7 days a week!



NOW OPEN
CALL TODAY FOR
A PRIVATE TOUR



Newest assisted living community in the heart of beautiful Thousand Oaks, California. Come see our four custom homes featuring 24 master suites.



**ASK US ABOUT OUR
MOVE IN SPECIAL!**

805.338.4448 | www.ParkVistaSeniorLiving.com
350 Arcturus St. Thousand Oaks, CA 91360

License #s 565802418 565802419 565802420 565802421



10LV031

CLUB NEWS

WOMEN'S GOLF

By Patti Crichton

Hello fellow golfers! We wrapped up the four week Ringer Tournament on September 21. Please check the bulletin board at the Clubhouse for results and other important updates.

The Men hosted the Harvest Tournament and Picnic on September 27. Thank you for a fun event!

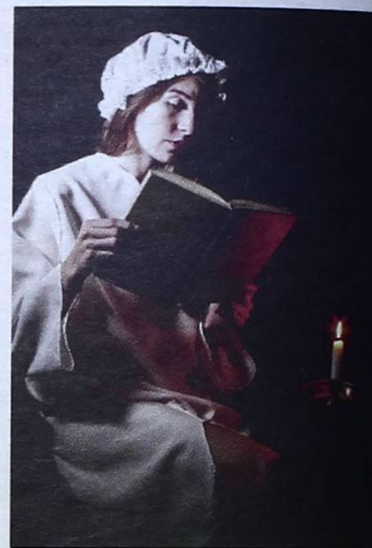
October 12 and 19 are regular weekly Wednesday tournaments, topped off by our annual Halloween celebration on October 26. Dress up in playable costume and enjoy Scramble Better Ball with a mix of niners and eighteners, followed by a brunch in the Santa Rosa room.

The monthly golf meeting is October 12 at 2 p.m. in the Garden Room. Important Notice: November 2, start time for winter golf changes to 8:30 a.m.

The President's Cup Tournament

also takes place on November 2 and continues on November 9. Please give Joyce Ehrhart \$5 by October 26 to participate. Good luck!

"May the course be with you."



Camera Club Winner, *Bed Time Story*
by Don Treadwell



My Daddy fixes bumpers and dents! **SAVE \$\$\$**

WHY GO TO A BODY SHOP?

*A Mercedes client was
quoted \$2,200 to
replace his bumper.
Executive Paintworks
repaired it for only \$400!!!*



BEFORE



AFTER

10LV031

Call now for a free quote
Executive Paintworks 805-207-9394

CLUB NEWS



Photo by PATTI CRICHTON

Artist Patrick Fisher Displays Paintings

VILLAGE ARTS

By Gwen Zimring

Hello Village Arts members and friends. What a really fun afternoon we experienced with the artist Patrick Fisher at the September meeting. He talked very candidly about his personal art history with video and a demonstration of his abstract art. He seemed to have enjoyed himself as much as everyone.

By the time you read the October edition of club news I'm sure you will have received the professional critique of your work by Phyllis Doyen. We trust you will have found it very helpful. Don't miss the November 2 meeting; David and Patti will be telling us what we need to know regarding your entries in the annual Arts Show to be held Sunday November 13. You will be able to either just show or show and sell your work. Try to present some examples of your recent work. Also, at the November meeting, you will still be able to nominate members for various positions on the board or you can volunteer for any chair position you may wish to hold.

Alice Williams will have our club calendars ready for purchase at a future meeting.

The year 2016 has just been flying by and has been full of interesting meetings and club happenings. We can look forward to our holiday

luncheon on Wednesday, December 7. Patti and David will tell us more at the November meeting.

For everyone's enjoyment, Lindy Stein will be showing some of her artwork in the library during November.

VETERANS CLUB

By Tim Palmer

The Veterans Club continues to have interesting presentations covering military service events and experiences our residents encountered in a war-time environment. Our membership draws from World War II veterans, Korean War and Vietnam veterans, as well as members who have served in more recent times. Regardless of time in service, the bond of people who have served our country is strong and respected. Family members also understand the sacrifices of military service and the support it requires.

Veterans Club meetings are open to all Leisure Village residents. For those who have U.S. flags that are worn and frayed, they may be brought to our meeting for proper disposal of in accordance with flag etiquette.

Come to the Veterans Club meetings on the fourth Thursday of each month at 7:00 p.m. in the MPR and be with people who participated in making history for the USA.

DENTAL IMPLANTS

Smile With Confidence!

With them, people are rediscovering the comfort and confidence to eat, speak, laugh and enjoy life. Modern advances in dental science now allow us to offer patients safe, successful and proven procedures for the installation of permanent non-removable replacement teeth supported by artificial dental root forms called dental implants. These tooth replacements look, feel and function like natural teeth. Dental implants have solved many problems associated with tooth loss that previously required replacement by removable full or partial dentures.

Missing Multiple Teeth?
DENTAL IMPLANTS CAN BE THE ANSWER.
Are Dental Implants Right For You? FREE CONSULTATION

SOME OF THE BENEFITS INCLUDE:

COST EFFECTIVE Because only one tooth is replaced rather than the three teeth of a bridge, dental implant tooth replacement can actually cost less than the traditional bridgework.

TOOTH-SAVING Dental implants do not sacrifice the quality of your adjacent teeth like a bridge does because neighboring teeth are not altered to support the implant. Your own teeth are left untouched, a significant long-term benefit to your oral health!

COMFORT Dental implants will allow you to once again speak and eat with comfort and confidence. They are secure and can offer freedom from the troublesome clicks and wobbles of loose dentures. Say goodbye to misplaced dentures and messy pastes and glues.

RELIABLE The success rate for dental implants is highly predictable. They are considered an excellent option for tooth replacement.

NATURAL LOOKING For all practical purposes dental implants look and function like your own natural teeth.

Find out if dental implants are right for you, with our **No-Cost, No-Obligation consultation** appointment. Let us help restore the confidence and comfort that only permanent dental implants can provide.

We look forward to providing you with the personal care you deserve.

Dental Implant
only \$890

First implant only. Does not include abutment & crown.
Present coupon at time of appointment. Exp 10/31/16

Charles E. Scholler, DDS
General, Cosmetic and Implant Dentistry



Call for your complimentary consultation

Dr. Charles E. Scholler, D.D.S.

3265 Somis Rd. Somis CA

805-386-3199

Visit www.drscholler.com to learn more

Senior Citizen
Discounts
on Most Dental
Treatment!

WANT TO STAY IN YOUR HOME?

A NEW CONCEPT FOR AGING IN PLACE

INFORMATIONAL MEETINGS & ASSESSMENT OF INTEREST

OCT 13. 10:00 AM

COUNCIL CHAMBERS, 601 CARMEN DR

OCT 25, 6:30 PM

CAMARILLO LIBRARY, 4101 LAS POSAS RD



Pick up Interest Survey at City Hall (805) 388-5397
Pleasant Valley Senior Center (805) 482-4881
www.surveymonkey.com/r/camvillage

Are You Turning 65 or Retiring? I Speak Fluent Medicare (805) 583-1263



Roxanne Hanks

CA Lic #0698218

Independent Agent Since 1986

Insurance Services

2655 First St., Suite 250, Simi Valley

Roxanne Hanks is not connected with the
Federal Medicare Program

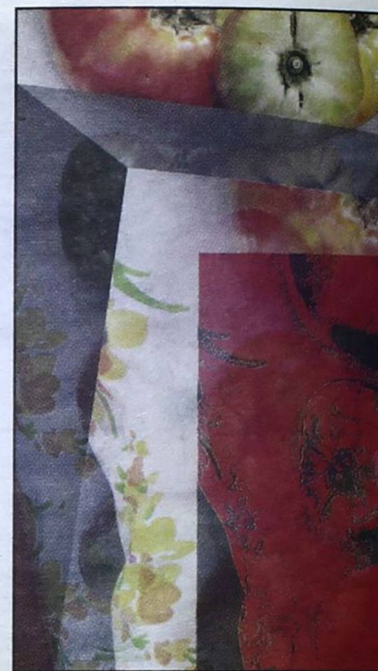
05LV131

CLUB NEWS

PLAYER'S GUILD

By Stan Reshes

Get ready for a little bit of everything...comedy, drama and romance as Players Guild presents "Broadway Potpourri" Thursday evening, October 20 at 7:30 p.m. in the AR. Director Diane Carroll has assembled a cast of 14 that will perform scenes from eight memorable plays, including "Brighton Beach Memoirs" by Neil Simon, "Save the Tiger," "Same Time Next Year," "Chapter II" and others. There will be many new faces on stage as Players Guild attracts many resident actors new to our stage but familiar to local theaters in our community. If you haven't attended a Players Guild show, see what you've been missing. As always, refreshments follow the show.



Camera Club Winner,

Boxed Tomatoes, by Rita Linsey

PAID POLITICAL ADVERTISEMENT



RE-ELECT ★★★★★
BILL LITTLE
Camarillo City Council

"There are a number of things we're still working to accomplish. We can make a difference in local government if we put our minds to it."

— Bill Little
CAMARILLO ACORN - AUGUST, 2016

**As your Councilmember,
BILL will continue his work to:**

- Maintain and strengthen the City's finances
- Increase economic development with emphasis on new jobs
- Review reasonable and common-sense development and growth
- Improve traffic conditions in Camarillo
- Preserve Camarillo as one of the safest and most aesthetically pleasing cities in California
- Help solve drought issues and support building a desalination plant

"We are pleased to support Bill Little for Camarillo City Council. He has the character, knowledge and integrity that are the values we look for in a city leader."

— RICHARD & KATHLEEN LUCAS

PAID FOR BY COMMITTEE TO RE-ELECT BILL LITTLE TO CITY COUNCIL 2016 CAMPAIGN ID# 1386730

BILL LITTLE — "Experienced & Proven Leadership"

PAID POLITICAL ADVERTISEMENT

www.billlittleforcamarillo.com

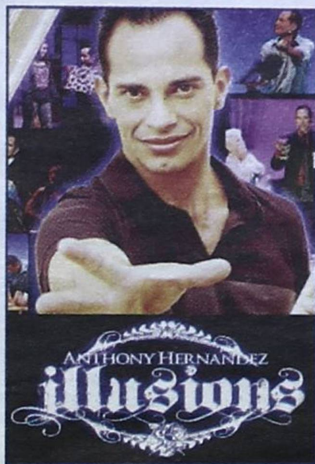
CLUB NEWS

SHOWTYME

By Jerry Spector

Showtyme presents Anthony Hernandez Friday, October 14 in the AR.

Anthony Hernandez is known nationally as one of the most refreshing, energetic illusionists performing today! His shows are exciting, interactive, filled with comedy and very charming. His interaction with the people he brings onto the stage is unlike any other performer you have seen! You will fall in love with this dynamic show! Be it his award-winning strolling magic or his internationally



recognized stage show, Anthony will keep everyone amazed and entertained. His shows are universally entertaining for all and include clean comedy. Anthony is asked for again and again because of his easy-going personality, his commitment to excellence and to his ability to keep his shows fresh and current. Anthony Hernandez will bring to Showtyme, "a performance that has never been done in Leisure Village."

You do not want to miss this outstanding performance! Show starts 7:30 p.m., doors open 6:45 p.m. Members - no charge; non-members - \$3.00 donation. Refreshments served and 50/50 with 2 winners.

Caring Companionship Assistance

Five Star Care Services include:

- Light housekeeping & meal preparation
 - Bathing & toileting
- Transportation, errands & shopping
 - Hospital discharge assistance
 - Rehabilitation assistance with professional direction
 - Specialty care services



Assisting with:

- Homebound, weak or wheelchair-bound patients
- Recovering or recuperating patients
- Surgical or Medical patients
- Terminally ill or Hospice patients
- Alzheimer's or Dementia patients



Live in/Out Daily & Hourly Rates

- Rates determined after initial assessment
- Long-term insurance w/verification is the only billable coverage, otherwise, services privately billed



Five Star Care
Care Giving Agency

All Providers are
Licensed, Insured
& Bonded

3010 N. Ventura Road, Oxnard
Sherry Sarno • 805-312-4561

07LV301S

MOORPARK'S HISTORIC HIGH STREET ARTS CENTER

SEASON TICKETS

ON SALE NOW!

MELODRAMA - THE 39 STEPS

October 21 - November 13, 2016

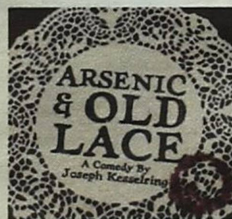
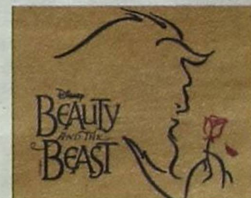


CHRISTMAS MAGIC

December 2 - 11, 2016

Beauty and the Beast

February 3 - March 5, 2017

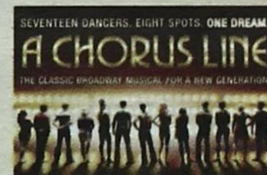


ARSENIC & OLD LACE

April 14 - May 7, 2017

A CHORUS LINE

June 2 - July 2, 2017



Season
Tickets

\$70

For Seniors 55+

All Five
Shows

(805) 529-8700

www.HighStreetArtsCenter.com

10LV04W

Apple-A-Day Cafe



LUNCH

Community Meal for Seniors 60 and Up
**Every Third Thursday
 of the Month**

Doors Open at 11:00 am
 Food Service begins at 11:30 am

Next Meal

October 20, 2016

\$3 suggested donation

Camarillo Health Care District
 3639 E. Las Posas Road, Bldg. E
 Camarillo, CA 93012

Call to RSVP (805) 388-1952 x168

THIS MONTH ONLY! RITE AID WILL BE PROVIDING FLU SHOTS!

FEDERALLY FUNDED THROUGH OLDER AMERICANS ACT; TITLE III-C-1, C-2

CLUB NEWS

RACQUET CLUB

By Leslie Fox

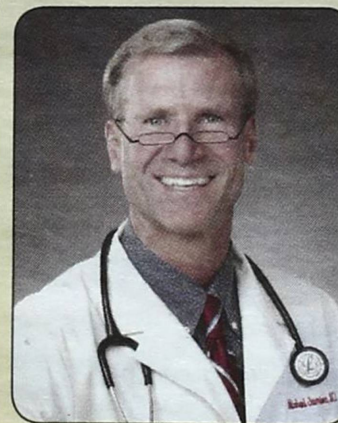
Racquet-Club members - save your tricks for the courts; October is our month for treats!

Wednesday, October 19, is our Pot Luck dinner and meeting. It will begin at 6:00 p.m. in the MPR. Sign-up sheets will be posted on the bulletin board for the dish you choose to bring. Our second treat will be Friday, October 21, 4:00 p.m. for our first annual Chili Cook-Off. If you think you have the best Chili, we'll be ready to taste it. Everyone else is welcome to bring a side dish or condiment, cheese, onions, etc. This will also be our very last Friday night play for the season, which means bring your paddles for early play and your best tricks.

Look for new changes in the schedule which will be printed in next month's ILV and on the bulletin board. Any special requests should be brought up at this month's meeting. This month "TREAT" yourself and others with kindness and have a Happy Halloween.

NOTE TO ALL RESIDENTS

In early September, on a Sunday morning, a player came on to the paddle tennis court to find the pickle paddles and balls strewn across the courts. Our game counters were also purposely torn and had to be replaced. The courts are here for everyone to enjoy, but let us and our guests be respectful in our use of all of our LV facilities and equipment.



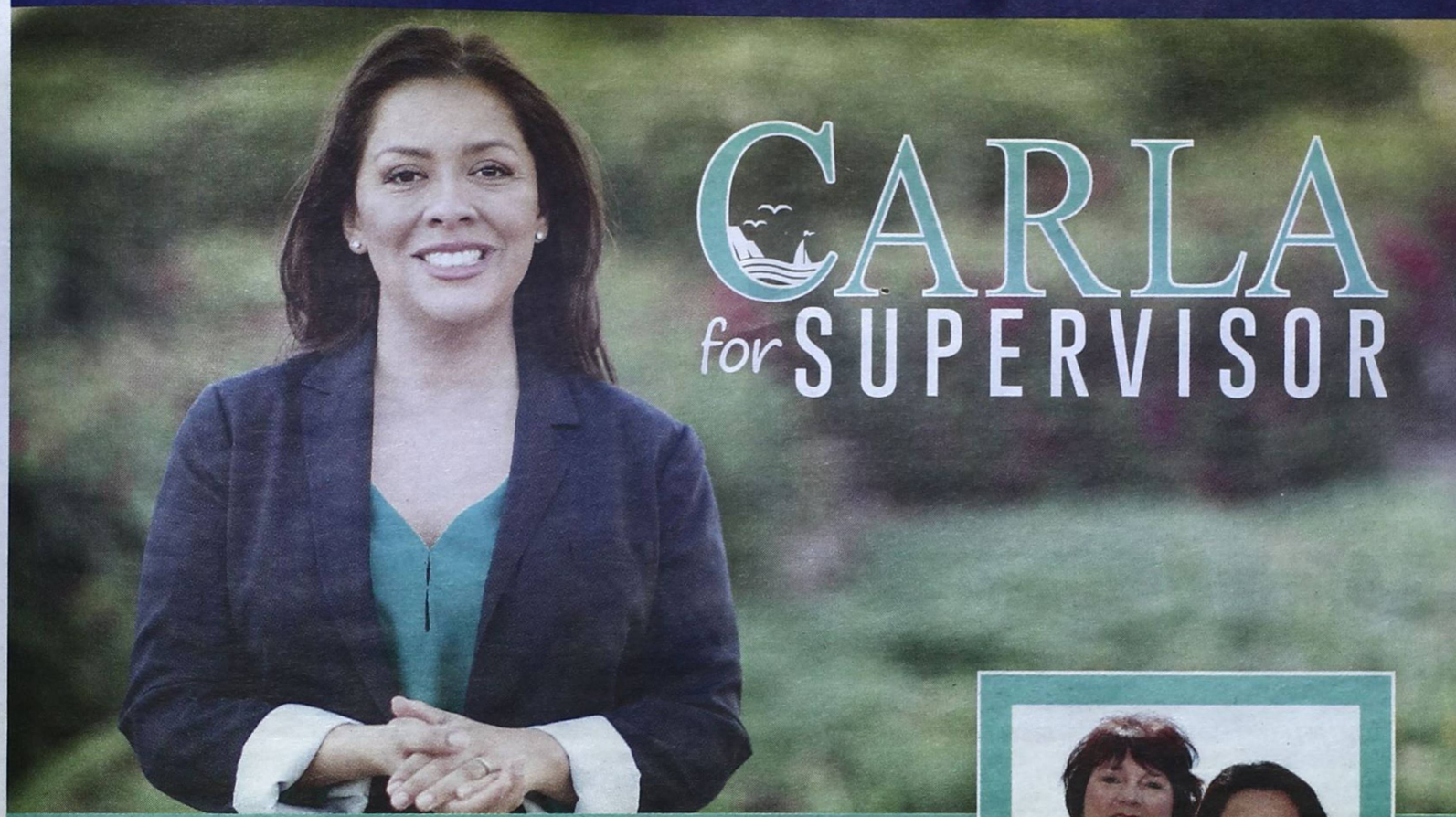
**Internal Medicine,
 Cardiology**
**Traditional
 Personal
 Health Care**

Michael Jamison M.D., FACC

**BOARD CERTIFIED
 INTERNAL MEDICINE AND CARDIOLOGY
 AND INTERVENTIONAL CARDIOLOGY**

**3901 Las Posas Road, Ste. 100 Camarillo
 805-388-0080**

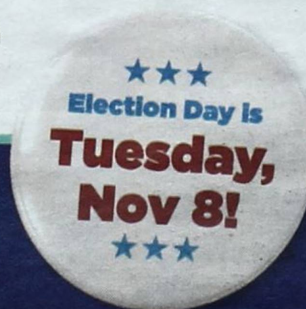
Paid Political Advertisement



CARLA CASTILLA currently serves as the District Director for State Senator Hannah-Beth Jackson. She previously worked in the Office of Congresswoman Lois Capps and the White House under the Clinton Administration. Carla is a former member of the Ventura County Workforce Investment Board, and she has a proven record of working to: expand access to healthcare, maintain prompt emergency response times, improve the programs that help our kids succeed, and secure our fair share of funding to reduce traffic.

Join your Leisure Village neighbors, including Bob Merrilees, Cathy Osgood, Millie Seidman, and Thom Tibor in supporting Carla Castilla for Supervisor.

CARLA CASTILLA is the ONLY candidate for Supervisor endorsed by:
 Supervisor Kathy Long
 The Ventura County Star
 Ventura County Deputy Sheriffs' Association
 Ventura County Professional Firefighters



"It has been an honor to represent you for the past 20 years. With a leader like Carla Castilla, I am confident that I am leaving you in good hands."

Supervisor KATHY LONG

☎ (805) 253-3594

✉ Carla@CarlaCastilla.com

💻 CarlaCastilla.com

📘 facebook.com/CarlaCastillaForSupervisor

Paid for by Carla Castilla for Supervisor 2016
 ID# 1379432 • P.O. Box 1598, Camarillo, CA 93011

CAMARILLO SKYWAY PLAYHOUSE PRESENTS

THE MUSICAL COMEDY WHODUNIT CURTAINS

from the creators of
"Cabaret" & "Chicago"

Oct 14 - Nov 20

330 Skyway Drive
Camarillo, CA 93010

For information or to order tickets
goto www.skywayplayhouse.org

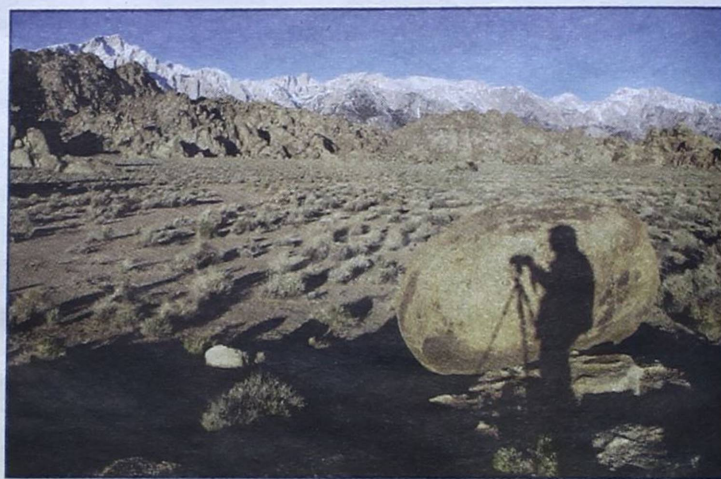
IN OTHER WORDS

By Frank Seiden

With the onset of fall, we'll have new topics to which we can apply the writing techniques offered in the lessons of each session. As a result of the critiques and discussions, we see changes in the writing styles even of some writers who

aren't trying to do the suggested exercises. Our perspective is to provide a supportive environment within which people will expand as they choose. We enjoy hearing both what people have written and the ensuing critique discussions.

So join us on October 12 and 26 from 2 to 4 p.m. in the Lanai Room to observe or join in. We are always happy to have guests.



Camera Club Winner, *Me And My Shadow*
by Larry Weinberger

PAID ADVERTISEMENT

What are Adjustable Beds and Why is Everyone Talking about them?

There seems to be a lot of confusion about adjustable beds and what they can do for you. Here's the lowdown.

Adjustable beds are simply a specially designed mattress on top of a motorized base. This base allows the user to elevate the head and foot sections of the bed. Generally, the head up position is for reflux and snoring. The foot area raises for better blood flow and circulation. When both the head and foot sections are raised, it is known as the Zero Gravity Position. This allows for no pressure on the lower lumbar spinal region.

Are adjustable beds the same

as hospital beds? Definitely not! Hospital beds are used for raising and lowering the patient's body out of the bed and have permanent retaining rails. In hospital beds, you can't sleep with with a partner, as they only come in twin size. On the other hand, adjustable beds come in ALL sizes, including a range of basic to deluxe models. They are designed to fit

YOUR lifestyle. For example, some of today's modern adjustable beds come with massage units, programmed sleeping positions,

iPhone compatibility, whisper quiet motors, and heaters. They are engineered to withstand thousands of adjustments and come in a variety of firmness levels. Another great feature is that you can even use your current furnishings.

Buy American! When choosing the correct adjustable bed, it's important to purchase American Made adjustable beds. Low price import brands can break down easily. Leggett and Platt is a highly respected and well-known manufacturer with 30 years in the industry. (www.leggett.com)

What to Look For:

- A wall hugger: as your head goes up, the whole unit slides back to keep you close to the nightstand instead of propelling you forward and away from the nightstand.
- Memory set sleeping positions
- A smooth, whisper quiet motor

Camarillo Mattress has memory foam, latex and innerspring mattresses, some of which can be purchased separately from the base. Talk with Debbie, the owner. She'll help you find the adjustable bed that's just right for you AND your lifestyle.

**UP TO
20% OFF**

**On Selected Models of
Adjustable Beds**

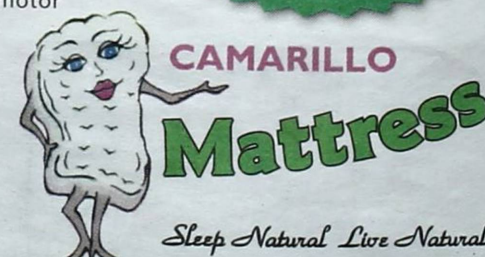
With coupon. Not to be used with any other offer. Expires 10-31-16

**Financing
Available!**

Located Across from the Post Office
2177 Pickwick Dr. • www.camarillomattress.com

Store Hours: Mon-Tues 10am-6pm
Wed-Fri 10am-8pm
Sat 10am-6pm • Sun 11am-5pm

987-2279



CLUB NEWS



Photo by JACK MILLER

Enjoying the Morro Strand RV park are – Left to right around circle: Jean Tucker, Steve Ryan, Janine Ryan, Bryce Garrick, Patti Smith, Jeff Beil, Judy Hope, David McCutcheon, Cyndee Miller.

LV RV CLUB

By Darryl Sobelman

Our September LV RV Club meeting was held on Tuesday the 13th in our new meeting place, The Santa Rosa Room in the Clubhouse. We almost filled the room to capacity! We also welcomed new members David Glauser & Jean Tucker, who immediately signed up to join the Morro Bay Campout!

There were eight LV RV Club members who attended the campout to Morro Strand RV Park in Morro Bay. Friday night was a potluck dinner and Dave Glauser broke in his new smoker by making smoked salmon for everybody. It was delicious! The weather was beautiful as was the sightseeing!

Our Wagonmaster, Judy Hope, spoke about the upcoming campouts. Here is the list:

November 11-13, Pismo Sands RV, Oceano

January 26-29, 2017 the club is going to Hobson County Beach RV, Ventura.

Our next RV club meeting will be Tuesday, October 11th at 7PM

in the Santa Rosa Room. Remember, you do not need an RV to belong to the LV RV Club. Many RV

parks now have cabins and trailers to rent, or you can join the group by staying in a nearby hotel.

My Grandma Sells
Leisure Village



Sharron Parker Team
805-443-1998

Judy 805-901-1242 • Steve 805-320-6466

RE/MAX
GOLD COAST REALTORS®

ILoveLeisureVillage.com

Honesty & Integrity
24/7
A1 Fox is Here!



Leisure Village
Residents

AL FOX
REALTY
Santa Rosa Plaza

CINDY & AL FOX

#00684953
Realtor

#00570029
Broker

987-4369 | 987-4-FOX
alfoxrealty@gmail.com

5800 Santa Rosa Rd. #126
in the Santa Rosa Plaza

FOR SALE

Coronado-2C \$400,000

2+2+2 car garage. New paint.
Close walk to recreation center.

Capri \$409,000

Updated thru out home, Stainless Steel Appliances, Beautiful kitchen. Hardwood Floors, End Unit, Short walk to the recreation center. Deep Green Belt.

Coronado \$410,000

Across the street from the recreation center. Nice grassy view from the open patio. 2 car garage.

La Jolla \$575,000

2+2+Family Room+2 Car Garage, Granite Counters in Kitchen & Baths, Walk in tub, Upgraded, Newer Windows, Skylights and Textured Coated Patio.

FOR RENT

Amalfi \$2,400

Has 2+2+den with an addition
Available Oct

CALL FOR FREE HOME EVALUATION

SAVE MONEY & SAVE YOUR BUYER MONEY
CALL ABOUT OUR 4% SOLUTIONS

SALES
PROPERTY MANAGEMENT
RENTALS - NOTARY





**TRICOUNTY
AIRE**

**We help
keep your
family
comfortable**



\$67 Air
Conditioning
Maintenance

Valid for one unit only, cannot be
combined with other offers and not
applicable on past service

Authorized Dealer:

YORK
bryant
Heating & Cooling Systems

Call Today
(805) 585-3844
Visit us Online
CallTriCounty.com

**Residential or Commercial,
we've got you covered**

SATURDAY NIGHT BALLROOM DANCE

By Andrea Moran

Hi to all Villagers. The beautiful fall colors are here. We are so blessed to live in this free country and here at Leisure Village.

Our dances are for the villagers and friends to enjoy. You may dance or just listen to the live music and enjoy new friendships. We have three dances this month as follows: 10/01 Jerry Dokken, 10/22 John/John Duo, and 10/29 Tropic Starr (Halloween – wear your costume -optional)

We hope to see you all there. Dancing is great exercise for the mind and body, so keep those feet moving. \$7.00 per person admission in the A.R. Coffee, punch and fresh popcorn provided. See you there!

CLUB NEWS

THE MAVERICKS

By Margo Secia

It's that time of year for the October festivities to begin, so get your costumes together for the "SPOOK-Tacular Halloween Dance" being held on Friday, October 28, 2016 from 7:00 p.m. to 10:00 p.m. in the AR. Prizes will be awarded for the best costumes in several different categories. The "Generation Gap" will be providing the music for our listening and dancing pleasure. Tickets are \$10.00 per person and can be purchased by contacting John Wirtz at 384-8508, Ruth Stubba at 496-7188 or Geri DeSimone at 402-1465. This party is a favorite of everyone, so please get your tickets early, as the Club is printing only 150 tickets and NO TICKETS WILL BE SOLD AT THE DOOR.

Catered hors d'oeuvres will be served. Wine, beer, coffee, soda and water will be provided and of course, as always, you may BYOB.

We hope to see everyone all dressed up in great costumes for this always very fun Halloween blast!

THE NEW YORK CLUB

By Frank Seiden

At the time of this writing, we could not know the results of the October 6th meeting of the New York Club. That meeting was to develop a slate of officers for 2017. Then, too, this issue was distributed the day after the New York Club's October meeting, so the results are probably known by the time you read this article. The formal statement of the results will be in the November issue of Inside Leisure Village. Our effort to develop a slate of officers underscores Joseph Benti's article on Help Wanted ... Leisure Village is what the residents make it into. If everyone waits for someone else to volunteer, Leisure Village will lose its vibrance and property value.



Camera Club Winner, *The Assassin*
by Don Treadwell

Yale Insurance
for all your insurance needs:

**Homeowner
Renter • Landlord
Medicare Supplement**

Serving California since 1978
Kirby Yale, Leisure Village owner

805-386-3301


Conveniently located in Somis

CA License #0563413



**FARMERS
INSURANCE**

AUTHORIZED INDEPENDENT AGENT

Anthem 

10LV311S

CLUB NEWS

SHUFFLEBOARD

By Daine Hawrylo

We've had a great shuffleboard season. Here are the high scores for an eight frame game so far:

Milt Krapes – 3/23, 159; 4/6, 122; 4/20, 179; 4/27, 178; 5/4, 198; 5/11, 163; 6/22, 142; 6/29, 137; 7/13, 135; 7/20, 189; 8/3, 151; 8/10, 164; 9/7, 149; 9/14, 186

Diane Fleisher – 3/30, 153; 5/25 187; 6/1, 128; 6/27, 167; 8/31, 146
Keith Murchland – 4/13, 157; 7/6, 120; 7/13, 135

Cela Foster – 5/18; 176

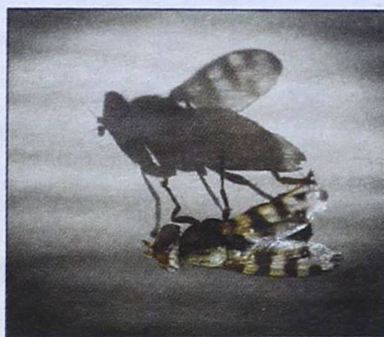
Jon Amelsberg – 6/8, 154; 8/17, 131; 8/24, 157

Ernie Petersen – 6/15, 136

Previously, the highest ever game was a three-way tie of 186. Milt Krapes scored 198 on 5/4, which is a very astounding feat. Bravo, Milt! On 7/20 Milt Krapes did it again, with the second high-

est score of 189 on 7/20. Wow! Diane Fleisher scored 187 on 5/25 for the third highest score. Bravo, Diane! On 9/14 Milt Krapes made a 186, which makes a four-way tie for fourth place. Awesome!

We play shuffleboard on Wednesdays at 9:30 a.m. There are no dues. Come join the fun!



Camera Club Winner,
Shadow on the Wall
by Gregg Gillmar

Pop's Premium Floor Care Leisure Village Special

If you've never experienced the excellent services of Pop's Floor Care...

1 FREE Room up to 100 Sq Ft
With minimum service.

Just Clean Carpet!

Call 805-504-9565 Today!

New customers only. Restrictions apply. Call for details. Offer exp 10-31-16.



FREE Pick up & Delivery*

For Repairs of:

Shoes • Boots • Handbags • Luggage
Vacuums • Lamps • Sewing Machines
+ Knife Sharpening

*Call for details.



10LV309S

2131 Pickwick Drive, Camarillo
Mon 10-3 | Tues-Fri 8-6 | Sat 8-4

805.388.0700 | www.popsrepair.com

Paid Political Advertisement

Endorsed by Supervisor Kathy Long!

New, Positive Leadership for Camarillo!

- **Maintain Our Quality of Life:** Support the preservation of open space through SOAR (I support Measures J and C), and promote economic development through revitalization projects within the City.
- **Open Up City Government:** Increase citizen input and City Council collaboration with other public agencies serving City residents.
- **Our Economy:** Create a business friendly environment that supports and retains current businesses and attracts new companies to Camarillo.

Tony
TREMBLEY
Camarillo City Council



www.Trembley2016.com

Paid for by Trembley for City Council 2016 ID# 1385080

Paid Political Advertisement

MATT LORIMER

FOR CITY COUNCIL

Priority #1 — Public Safety — Crime is up 18%, Assaults are up 33%. To reduce crime, I will help to institute a bicycle patrol, along with a monthly meeting with our police chief

Priority #2 — Protect our Farmland — SOAR is the people's voice. Only candidate to speak against Conejo Creek project on the agenda. Supports Measures J & C

Priority #3 — Congested 101 Freeway — Partnering with state agencies, to promote ride share and better bus schedules. Only candidate opposed to the tax increases of Measure AA



Matt has been a resident of Camarillo for over 22 years and has been the only non-incumbent to attend 8 years of City Council meetings.

"I care and put the needs of the citizens of Camarillo first. We MUST listen to the people, treating citizens like family, making life better for the community."

Each generation wants a better life for their family. I promise to maintain low taxes, improve operations at city hall, listen to citizens' needs and put THEIR interests ahead of special interests.

Paid for by Matt Lorimer for Camarillo City Council 2016 FPC# 1371900



Now available 7 days!!
Our authentic and delicious Mexican food!

Margaritas only \$1.50 each
with purchase of a Mexican
food entree! (limited time offering)

Ladies Night every Monday
Come listen to the sweet sounds of
Ernie Towler
October 10th, 17th, 24th, 31st

Also, watch all NFL games on Sunday Ticket
this season with drink specials during games



5227 Mission Oaks Blvd.
Camarillo, CA 93012
(In the Vons Shopping Center)

Offer Good Until 10/31/2016

No Substitutions, and may not be combined with any other discounts.

CLUB NEWS

THE AMATEUR RADIO CLUB

By Jonathan Fox

Leisure Village needs the Amateur Radio club. The city and county needs volunteers who are able to set up communications in emergency and disaster situations. This would be a great way to help the community. As far as it being "Amateur" Radio, the only reason it's called amateur is because we don't get paid for the volunteer work that we are doing.

Our last two meetings continued with that emergency service theme. At our August meeting, one of our new members, Mike D'Amore, gave a great presentation on a software program that would allow us to use our higher powered radios to transmit messages from the Ham Shack to anywhere there is a working email system. So if our power, Internet and cell phones were down, we could still summon help from the city, county or state. We could also get messages to the email addresses of our relatives outside of the affected area to let them know of our status and well-being.

At our September meeting, our guest speaker was Paul Strauss, an engineer who has set up repeater systems that allow us to use our hand-held radios to communicate

throughout Ventura and Los Angeles counties. Working with the EPO, our combined efforts are a valuable asset to all of Leisure Village.

There will be no October meeting due to the Jewish holiday but you are invited to our next meeting in November. You do not have to be a licensed amateur radio operator to be a member. If you wish, we will provide help in getting your license and it's now easier than ever since Morse code is no longer required. For more information contact Jonathan Fox at 805-377-3697 or KJ6LV@yahoo.com.

SINGLE ACTIVE SENIORS (SAS)

By Zelda Greentree

Get your costumes ready. Halloween is nearly here and our next "Dinner Out" will be held on Tuesday, October 11 at Ottavio's Italian Restaurant. We meet at 5 p.m. but reservations are required. Please call Lee Edwards at 484-3289, to let her know if you will be there! Now that summer is over, more of our singles will be coming to the dinners and we are anxious to see all of you.

By the way, Mrs. Dumpty is getting better every day and she did come to the July meeting. We'll see you in Oct.



Camera Club Winner, Sacramento River Star Fall-2
by Sharon Forkner

CLUB NEWS

WRITERS CLUB

By Harvey Brosler

WRITE, PRESENT, PARTICIPATE, ENJOY, LEARN. We have all seen obituaries that are short and sweet. A person was born on a certain date, had a certain occupation, and then died on a certain date. Obviously something happened in between. Was there not something significant in their life? Would you like to share the interesting aspects of your life and your opinions with other residents? If so, we would like to hear about them. Come to the Writers Club meeting held every Monday at 1 p.m. in the MPR. No special ability or prior experience required. If you can talk, you can write. If requested, suggestions about drafting a good presentation will be provided. You may write on any topic or use the suggested topic for that day. Microphones are provided.

For October, the suggested topics are: "A Prior Presentation," "Is Traffic Congestion a Problem for Me?" and "My Favorite Magazine/Newspaper/Periodical," "Should Non-Diet Sodas State That Sugar May Be Harmful to Your Health?" and "Should Supreme Court Justices Be Appointed for Life?" Stories of the Month are displayed just inside the entrance to the Village library.

Contacts: Harvey Brosler 465-0006, hsbros@roadrunner.com or Larry Kalisher 465-0042, larry.kalisher@gmail.com"

WOODSHOP

By Chuck Russell

Nothing goes to waste in LV's Woodshop. Recently a resident had new flooring installed in his home, and he brought the old floor boards to the Woodshop to see if they might be of use. Take a look at how our guys repurposed them! It's not magic, it is skill.

It's no wonder our project numbers keep shooting up. Here are the latest totals:

Residential projects: 183
LVA/Club projects: 61
"Quickies:" 40

There's always time for helping Villagers with old, broken, or challenging furniture repair issues. Bring a needy project to the Woodshop in the Rec Center on Tuesdays or Wednesdays between 10:00 a.m. and noon. There's no charge for the work; donations for materials are graciously accepted.

Residents who enjoyed woodwork before they moved to the Village are invited to join our group. If you have experience with power tools, call Chuck Russell at 383-3043 to



Photos by BUD BRADLEY

Two 'Cinderella' projects from the Woodshop: a stool made by Steve Alnes and a chair by Zvi Ben Aharon.

make an appointment with one of our members who can answer your questions as well as check you out on our equipment.

Lantana Pharmacy

2412 N. Ponderosa Dr. #B106, Camarillo
(Dos Caminos Doctors bldg)

805-388-5888 • 323-810-3360

Experienced Diabetes Educator Pharmacist
will assist you on how to prevent and control diabetes
Jay Shin R.Ph

Get your FLU SHOTS here!

- Prescription Service
- Vitamins & Health food
- OTC Medications
- Diabetes Seminars
- Blood Glucose Monitors & Strips
- Blood Pressure Monitor

Lumiscop Advanced
Wrist Blood
Pressure Monitor

\$30

Reg \$39

Must present coupon.
Limited time only.



FREE Diabetes Seminar
Every Thursday 4 - 6pm

Call to reserve your spot.

www.805pharmacy.com

MERLIN
MEDICAL SUPPLY
With a Science & Magic Gift Department

SALES • RENTALS REPAIRS

Rehab Equipment and Showroom

- Lift Chairs
- Walkers
- Hospital Beds
- Bath Benches
- Grab Bars
- Portable Oxygen
- Support Stockings

Sigvaris, Medi, Jobst, Juzo



Orthopedic Supplies

- Back Braces
- Knee Supports & Braces
- Post Surgical Supports
- Hernia Trusses



Jazzy Air
Power Chair
Rises for
eye-to-eye
contact

Ask about Medicare payment
for your repair!

We REPAIR

Medical equipment

We Carry Equipment to Accommodate
People Over 400 pounds

10% OFF
Any Single Item or
Repair

Excludes insurance and installed items. Excludes
labor. Not valid with special offers. With coupon.
Expires 11-30-16

699 Mobil Avenue, Camarillo

805-388-7669

www.merlinmed.com



**Need a
Magician?**

Birthdays, Weddings,
Anniversaries, Corporate
Events & More!

805-388-7669

Paul Dwork Magician

"The Magic of Merlin"
Member of the Magic Castle

www.magicmagician.com

PAID POLITICAL ADVERTISEMENT

KELLY LONG

for SUPERVISOR



EFFECTIVE & EFFICIENT

- ✓ REAL SMALL BUSINESS EXPERIENCE
- ✓ ACTIVE PARENT AND MOTHER
- ✓ SCHOOL BOARD TRUSTEE & PAST PRESIDENT

★ Puts Public Safety First

- First priority - families safety
- Support law enforcement

★ Proven Fiscal Conservative

- Balanced School Board Budget without raising taxes & improved school quality
- Balance the county budget by cutting waste not raising taxes

★ Protecting Our Quality of Life

- Protect our environment & green spaces
- Work to bring more good-paying jobs to our area
- Plan to reduce traffic for less gridlock

Website: www.KellyLongForSupervisor.comFacebook: [VoteKellyLong](https://www.facebook.com/VoteKellyLong)

Paid for by Kelly Long for Supervisor 2016 FPPC #1380733

CLUB NEWS



Pet Club Health Expo

Photo by RITA LINSEY

PET CLUB

By Ruth Stubba

The next Pet Club meeting is Monday, October 10 at 7:00 p.m. in the MPR. The featured guest speaker will be Lara Shapiro-Snair from Ventura County Animal Services (VCAS), who will present their Community Outreach Program. Lara and her volunteer staff will explain how

they assist with the care, comfort and promotion of the animals in the shelter and what we can do to help. At the meeting, be sure to get your 'Pet Pak-It' and 2017 Pet Club Calendar! There will be refreshments, 50/50 raffle and free pet related items and information. Club membership cards for 2017 will also be available. The Pet Club promotes responsible pet ownership and makes donations to local animal causes. Contact: Ruth Stubba, 496-7188.



Handyman & Son

Helping people in Camarillo since 1990

CARPENTRY

Doors • Screens
Fences • Drywall
Rain Gutters • Cabinets
Closet Systems

PLUMBING

Water Heaters
Faucets • Disposals
Toilets • Sprinklers
Pressure Regulators

ELECTRICAL

Switches • Lights
Attic & Ceiling Fans
Plugs • Sensor Lights
Circuit Breakers

Custom Tile Installation and Repair

Bathrooms • Kitchens • Floors

ONE CALL - WE FIX IT ALL

Office: 805-384-1981

24 Hour Message Center: 805-359-1621

We Specialize in Quality and Service

FREE ESTIMATES

**NO JOB
TOO SMALL**

**Hauling, Dumping
& Yard Clean Up**

Insured CA Business Lic #14203

05LV313S

THE SILVER PANTRY

A MEAL DELIVERY SERVICE FOR SENIORS

Convenient, Fresh and Delicious!

Low Sodium Comfort Classics

Dietary Menus to Meet Your Needs

★ LV Receives 20% off All Meals Plans EVERY MONTH ★
(Use code: LVLIVING)

Chef Designed, Nutritionist Approved Menus
3-7 day Per Week Meal Plans
No Long Term Contracts
Classic Recipes You Know and Love!

805-419-0202 www.thesilverpantry.com

Proudly serving Ventura County

08LV308S

Does Your Pet Have a Pet Pak-It?

Bettie Hallett clearly has earned the label of dog lover. She has trained twenty-three dogs for Guide Dogs of America. She always has at least one pup of her own; her current pet is Tootsie, an eleven-year-old pug. And she is at the center of a project to protect all the pets in Leisure Village.

That project began when paramedics roared up to her neighbor's house. Bettie knew her neighbor and his German Shepherd well. The LV Security officers put the dog in a bedroom, and EMTs ministered to the man, then lifted him onto the gurney to be transported away. Bettie asked if his File of Life had a contact number she could call about the dog. The paramedic, who had taped the File of Life information to the patient, provided the number and headed for the hospital.

"Because I had that information, I was able to call his daughter who lived in Washington and assure her that I would care for his dog until the family got here," Bettie remembers.

But the circumstances chilled her. What if there was no contact listed or no File of Life at all or no one knew the dog was locked in alone? "I realized we can't have that," says Bettie. So she designed a pet equivalent to LV's File of Life for residents.

Bettie singlehandedly designed a magnetic Pet Pak-It and has made hundreds of them. She bought the heavy paper and the magnetic striping. She created the information pa-



Photo by BUD BRADLEY

Bettie's File of Life and Tootsie's Pet Pak-It

per held inside. She cut, folded, stapled and marked each one; she put it on her refrigerator next to her own File of Life. "I am a Village Coordinator for the Emergency Preparedness Committee, and we know how crucial such information can be," she explains. "So I started with my village."

The Pet Club has embraced the project, too. So has LV's Association's Security Staff. Residents can pick up free Pet Pak-Its at any Club meeting (held the second Monday of each month). Pet Club President Ruth Stubba applauds Bettie's initiative, "She has raised awareness that we must be as diligent about our pets' safety as we are of our own," Ruth adds, "The Pet Pak-It is an important aspect of that."



Camera Club Winner, Stars on Ice
by Gregg Gillmar

RADIATION ONCOLOGY



Put Breast Cancer Behind You.

If you or a loved one has breast cancer, it's reassuring to know that you're receiving the absolute best care and technology. Our Integrated Breast Program includes a team of specialists that helps you step by step through the entire treatment of care. For the most precise radiation treatment available in Ventura County, call us today.

Let us help you put cancer where it belongs – behind you.



Timothy A. O'Connor, M.D.



Henry Z. Montes, M.D.

State-of-the-art cancer care, close to home.

www.rocvc.com ■ Se habla Español.

LEADING THE WAY IN VENTURA COUNTY SINCE 1979.

OXNARD CENTER ■ 805-988-2657
CAMARILLO CENTER ■ 805-484-1919



John & Shawn

LIC #01804388 LIC #01945168

REALTORS® & Leisure Village Residents

John: 805-233-1525
johnbakerhomes@gmail.com

Shawn: 805-233-1725
shawnbakerhomes@gmail.com

JohnandShawnHomes.com

350 N. Lantana G-1 Camarillo

BERKSHIRE HATHAWAY

HomeServices

California Realty

A member of the franchise system of BHH Affiliates, LLC.

GERTIE DORWARD

From Page 1

an effective Women's Club Trading Post, which raised \$100,000 for local charities, and served on several nominating committees. She created the popular Spring Sale – the Village's ongoing model of a massive garage sale. Her years leading the Women's Club she describes as "the most rewarding."

From Gertie's vista now, Village attitudes have changed, partly, she suspects, because more residents are still working outside and participating less inside. "The Village always had complainers. But now people seem to think someone else will take care of things without increased costs – in money or personal effort – to them," she explains. "We aren't as giving as we were."

Many current issues are not so



1992 Camarillo Fiesta Parade, with Gertie Dorward representing Leisure Village.

current, according to Gertie. "The question of having a coffee shop in the Village has come and gone and come again," she says. The use of solar heating for the spa was researched, donations offered, but nothing happened. Landscaping and sprinkler systems raised resident ire

then and now.

But Gertie's take from her patio is still bright. "What we have here, you can't beat it. I miss the closeness we had. But the world is moving faster, and we're all trying to keep up. I could never feel as safe and free of worry as I do here in the Village."

BECOMING ONE OF THEM

From Page 1

served on numerous clubs and committees and is clear that while his involvement helped to invigorate the

community, it also enhanced his life.

Volunteering involves all our interests. For example, in the photo with this story, we see some of the work of the volunteers of "Shop Ahoy," a Village-centered grocery-shopping service for folks who can't get out to the market themselves. Shopping for some two dozen residents of the Village, the group's President Barbara Yago notes the organization services all of Camarillo.

But something is happening to volunteerism—and that means something is sure to happen to the quality of Village life. Fewer of us are joining the Committees that are the life blood of the concept behind this community. Emergency Preparedness, for example, the folks who check our safety and help recovery after a disaster, cannot get enough members to have coordinators for each Village.

It is much the same for others, such as Buildings & Grounds, the Architecture Committee, Education & Recreation—more than a dozen

Committees in all. With lower membership, important posts are not filled and direction is strained as fewer members volunteer to lead.

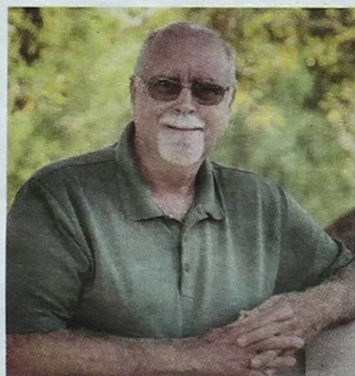
It is worse for some of the premier clubs, such as the Women's Club and Showtime. With hundreds of members, increasingly, they find it difficult to get those members to volunteer for leadership positions—Shearon Millar cites "leadership fatigue" in the Women's Club; Jerry Rosen, who wears two hats, President & Talent Coordinator for Showtime, is physically wearing out but keeps trying to find energetic volunteers to take over the reins of that club—new leaders bring new vitality and new challenges, the life blood of all groups.

Walt Kelly, in his cartoon strip, "Pogo," created the famous quote, "We have met the enemy and he is us." For Leisure Village, the texture of life outside our homes, depends on us: us not being the enemy; us not being outsiders; us becoming friends, volunteers and all of us becoming "insiders."

Paid Political Advertisement

Pat FitzGerald

Retired educator running for Pleasant Valley School District Trustee



Pleasant Valley School District Teacher and Administrator for 38 years

Camarillo Resident for over 40 years

Raised a family with two kids who attended schools through PVSD

Last on the ballot, first in experience

Vote on November 8!

www.patfitzgeraldforpvdsd.com

Paid for by The Committee to Elect Pat FitzGerald for School Board

10LV3055

Inside Leisure Village

For Display Advertising contact
Stacey Janson | 818-706-0266x303



TAI CHI CLASS COMING IN OCTOBER

By Lynne Aune

An introduction to Tai Chi will be held on Monday, October 10th at 1:00 in the Santa Rosa room for anyone interested in learning about and practicing this mild form of meditative exercise which has been in use in China for centuries by all ages, but especially the elders, due

to its wonderful health benefits.

From The Harvard Medical School: "The health benefits of Tai Chi:

"This gentle form of exercise can help maintain strength, flexibility and balance, and could be the perfect activity for the rest of your life."

Tai chi is often described as "meditation in motion," but it

might well be called "meditation in motion." There is growing evidence that this mind-body practice, which originated in China as a martial art, has value in treating or preventing many health problems. And you can get started even if you aren't in top shape or the best of health.

In this low-impact, slow-motion exercise, you go without pausing through a series of motions named for animal actions — for example, "white crane spreads its wings" — or martial arts moves, such as "box both ears." As you move, you breathe deeply and naturally, focusing your attention — as in some kinds of meditation — on your bodily sensations. Tai chi differs from other types of exercise in several respects. The movements are usually circular and never forced, the muscles are relaxed rather than tensed, the joints are not fully extended or bent and connective tissues are not stretched. Tai chi can be easily adapted for anyone, from the most fit to people confined to wheelchairs or recovering from

surgery."

Come join us in the Santa Rosa room if you want to see and hear what all the fuss is about. 1:00 p.m., Monday, October 10. You can even try a few moves yourself to see how it feels.

UNITED BLOOD SERVICES - BLOODMOBILE LOCATIONS IN CAMARILLO

Wednesday, October 12, Carmen and Burnley, 1605 Burnley, 2:00-6:00p.m.; Monday, October 17, Carmen and Burnley, 1605 Burnley 2:00-6:00p.m., and Saturday October 30, Mt. Cross Lutheran Church, 102 Camino Esplendido, 8:00a.m.-12:00p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at www.unitedblood-services.org

The Most Comprehensive Dental Specialty Services in One Convenient Location!

At Pure Dental of Camarillo, we believe a healthy smile can change your life. Our caring dental team combines the latest technologies and dental treatments to comfortably create and keep your smile healthy. Our office offers comprehensive dentistry all in one convenient location, with hours to fit the dynamic needs of your demanding schedule. We invite you to experience the personalized care of our dental team in a comfortable and convenient location. We welcome you to our dental family!



**Replace
Missing Teeth
Permanently!**

SEDATION DENTISTRY & IMPLANT SPECIALS

Sedation Dentistry & Laser Treatment GUM THERAPY available. Relax with sleep dentistry and wake up to a healthier new smile.

The Latest Technology

Comprehensive Dental Services include:

- Low Radiation Digital X-rays
- Dental Implants
- Root Canal Therapy
- Advanced Gum Treatments
- Laser Dentistry
- Advanced Whitening & Veneers
- Sleep & Sedation Dentistry
- Periodontal Disease
- TMJ & sleep Apnea Treatments
- Crowns/Bridges

**FREE Consultation
and Digital X-rays!**

a \$236 value

Call today for more details!

Expires 10-31-16

**2438 N. Ponderosa Dr. #C-317
Camarillo • 805-484-1611**
puredentalofcamarillo.com



Pure Dental of Camarillo
& Orthodontics

SEE'S CANDY available. LV Women's Club 2nd and 3rd Tuesday mornings in MPR. For information call Barbara 482-9097 or Loretta 388-7116

Halloween trick or treating! It's our 6th year! 7134 Village 7, Monday, October 31st 4:00-6:00 Costumes optional.

Professional interior designer, LV resident. Consultation, installation of flooring, painting, cabinetry, appliances, furniture, window coverings, etc. 586-4239

Wardrobe alterations: seamstress w/ LV references will revitalize your clothes with nips & tucks all the way to complete makeovers. Don't toss your favorites. Gudrun 479-4852

Need help with clutter or moving? Senior discounts. Free consultation. Honest, caring, dependable. Mary 760-6272

Mobile Notary – offering notary services in the comfort, convenience, and privacy of your own home. Call

CLASSIFIED ADS

To submit an ad for Inside Leisure Village, give your full name, address and phone number. These are for ILV records and will not be published unless requested. Cost is \$5 for a maximum of six lines. Enclose cash, check or money order, payable to ILV. Place an envelope with the ad and payment in the left box next to the sewing room in the Rec Center before deadline. Each month's deadline is listed on page 2. ILV will accept ads from LV residents for properties they own personally, or ads that offer jobs or services to villagers. ILV does not investigate the ads and makes no endorsement of them.

for an appointment today. 217-2714 Kathleen Simpson

Computer handyman – tutoring, software/hardware installation or repair. Virus & malware removal. LV resident. Affordable rate. PC specialist Jonathan 377-3697

Need computer help? Eliminate viruses. Repair & install hard drives, upgrade RAM Reload windows 7 or 8.1 etc. Work on Apple. John 562-760-7668 or 987-5916

1987 Chev. Pickup for sale. 127,000 mi Crew cab, duel wheels, camper kit included. For more info call Bill 340-

9203 or 384-4447 great condition \$3,000 or best offer

Driven by an Angel! Personal assistant will simplify your life! Exclnt Driver & LV res. w/many refs. Dependable & punctual to all appts., airports, etc. Christine 701-3250

Driver will drive you on an "on-call" basis. Last minute call and I'm available, I'll take you, or schedule in advance. Excellent driving record. Very reliable. Exp. w/ refs. LV res. Claudia 216-6532

I will organize your kitchen, office, garage, closet & more. Free consultation.

Senior discounts. Honest & caring. Mary 760-6272

Lynne Lerz: Massage Therapist. "Let me rub you the right way to better health". In village 29 years. Exp. Best refs. 484-2308

"Loving Touch Massage" by Lisa Jeanne A LV resident for 3 yrs. and 20+ years in medical field. Now offering 60 & 90 min. integrated massages with hot towels. Refs. Available. 558-3983.

Women's fitness. Nationally certified health & fitness coach specializing in the needs of senior women. Let's take a journey to wellness together. Complimentary evaluation. Lisa 402-7482

Handcrafted soap for dry, aging skin. Made with nourishing milk & skin-friendly oils. Call or email for in-home demo. LV resident Susan 987-1688 or soapysue2014@hotmail.com

Paid Political Advertisement

RE – ELECT Kevin Kildee CAMARILLO CITY COUNCIL



"As a small business owner, husband, and a father of two daughters, I have a vested interest in our City. Camarillo's future is full of promise, but to achieve it, we need experienced leadership. I look forward to continuing to serve you, and respectfully ask for your vote on November 8th."



Kevin Kildee

- Small-business owner
- Councilman since 1996
- Camarillo schools grad

Kevin Kildee Supports:

- ☒ **Strong Economic Policies**
- ☒ **Maintaining Public Safety**
- ☒ **A Strong Job Base**
- ☒ **Strong Fiscal Policies**

Paid for by Kevin Kildee for City Council 2016 ID #96-1408

Loving dog sitter will take care of your dog while you are away. Small dog, my home. LV resident. Joyce 437-6438 cell 603-9466

TLC Pet Caregiver. Tender loving care for your pet. Exp. dog walker, day or overnight. Cats, dogs, your home or mine. Feeding, meds, play exercise. Dependable & Trustworthy. Mary Anne 388-5544

Fall is near & your windows should be clean. If not, give us a call and we'll do it for y'all. Expert Cleaner 298-2648

Scandinavian house-cleaning. Reasonable & reliable. Working in Leisure Village 12 years. Diane 815-0197

Lupita's Cleaning. Weekly, bi-weekly, monthly or when moving in/out. Trustworthy, reasonable, reliable. LV references. 14 years exp. Free Estimate by apt. only. 302-3857

Squeaky Clean House Cleaning Solutions. House, apartment, condo, office. Free in-house estimate. Call Aurora 980-8710

Housecleaning by Candy! Trustworthy, dependable and affordable with Leisure Village references. Call for a free estimate 890-4948

LV resident Handyman-Plumbing, electrical, assembly, faucets, garage door openers, toilets, light fixtures, garbage disposers, etc. No job too small. No service call fee. Al 987-8419

Handyman & gardening services by Bryce LV resident. Free est; gutters cleaned, painting, wood work, water heaters etc. No job too large or small. 558-0121 or 465-0122

All types of interior & exterior work. Gutter cleaning. LV refs. Ron Needle 358-0693

I would like to take you on your errands or do them for you. Doctor appts or anything you need. It would be my honor to help you as I did my parents. LV refs. Linda Reiser 377-4601

Dr. appts., shopping, errands, cleaning, laundry, pet service, garage organizing, clean up. Call with any questions. Georgia Smith 302-8790

Caregiver, companion-13 years exp. Flexible daytime hours. Prepare meals. Drive to airports, shopping, Dr. appts. Exc. Refs. LV res 15 years Joyce 889-5866

Caregiver dependable companion 20 years experience. References. Day or night 483-5145. Ask for Jennie Muro

Victoria Sampson - 754-4753 / 482-0410. Caring, dependable, prepare nutritious meals, bathing assistance,

running errands, light housekeeping, companionship

Caregiver available. Honest, compassionate, ready to meet your needs. 15 years in LV. FT/PT Call Mary 861-7551

Companion/caregiver for male/female. FT/PT or am/pm shifts. All around help, drive to Dr. appts, errands, etc. 20 years in Village. Dependable & trustworthy. Excellent refs Zeny 377-6160

Need a little xtra help? six year LV resident. Registered in CA as Home Care Aide. Take you to appts, lite housework or help with errands. Dependable, honest, love animals. Avail. PT. Call Ann 818-808-2839

Caregiver with 20 yrs. experience. Full or Part time. Excellent references. LV resident. Toni 844-8377

BUSINESS & SERVICE DIRECTORY

SERVICE Directory

Include your listing:
Contact an
Acorn Newspapers
Representative Today:
805.484.1949

BEAUTY

hair)masters

PERM SPECIAL now available on Mon and Thurs for new clients with Linda.

Now only \$70.00 [reg 85 and 90] includes cut, style, conditioner.

Call today for your appt.
long hair extra

Santa Rosa Plaza
805-987-5377

CONTRACTORS

**AHUMADA
CONCRETE
CONSTRUCTION**

Vinyl Gates and Fences.
Driveway Safety, Access
Ramps, Slumpstone, Block
Walls, Patios, Walkways, all
types of Concrete and Masonry
work. LIC # 754081

CALL 805-487-1613

HOUSE CLEANING

**FRIENDS
CLEANING**

We do it when you can't
Affordable Prices!

Cindy Parta, owner
805-218-4508
friendsnhome@msn.com

LANDSCAPING


805-300-1442

Landscape Design,
Installation & Maintenance,
Tree Pruning & Removal

Licensed and Insured
LV References Available.

jeanne.grant@roadrunner.com

PET SERVICES

**CPR/EMERGENCY/
FIRST AID**



Certified Classes for individuals
and now for your Pets. Learn
how to save your loved ones.

Over 25 years exp.

Terry (818) 692-5854
www.thepergamosfactor.com

PLUMBING

**ALL PRO
PLUMBING**

Complete plumbing
maintenance and drain
cleaning. Serving
residents of Leisure Village
for over 28 years.

FREE ESTIMATES

Licensed, Insured and Bonded

805-200-9482

REAL ESTATE

kW
KELLERWILLIAMS

Eric Ahumada

Buying & Selling
Real Estate

Bre#01990009

805-200-8416

October brings reminders of "Trick or Treating"



Don't get "tricked" into working with anyone but the best. Call Dave Barlow today. He knows the Village!

It is a "treat" to work with Dave and his team. Client after client express their gratitude for the great service. Call Dave Barlow today!



Our Family Serving Your Family!



McKay — Alisa — Corrine — Dave

BRE #01945712

805 987-5755



Serving Leisure Village Since 1979
5257 Mission Oaks Blvd. Camarillo, CA 93012
Conveniently located next to Vons in Mission Oaks Plaza