INSIDE LEISURE VILLAGE

VOL. 45 NO. 4

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

APRIL 5, 2024

VILLAGER PROFILE

By Carol Nelson

Strength, Leadership, Friendship

I have lived in Leisure Village for 18 months. It seems I will never run out of interesting and accomplished people to meet, talk to and interview. A short time ago, I had the pleasure of meeting Sharon Price. I am pleased to share her story.

Sharon and her husband Jerry met in 1968 at CSU Long Beach where he was studying Marketing whilst she studied for a Bachelor's Degree in Nursing. They married in 1970, almost immediately after graduation.

For the first half of her career, Sharon was a perioperative nurse. She loved this work as it gave her the opportunity to advocate for and to care for patients when they were at their most vulnerable. It was richly rewarding for her.

In the mid-80's, computers in health care were just coming on the scene. Sharon much enjoyed the challenge and, with on-the-job training, implemented a Perioperative Care Management System for the Operating Room, the Post-Operative Acute Care Unit and the Cardiac Catheterization Lab.

A number of medical professionals had much difficulty in adjusting to the transition from written notes to computerization. However, Sharon understood the safety advantages offered by automation in health care delivery, so she went back to school to learn more about it. In 2000 she achieved a Master's Degree in Nursing from CSU Dominguez Hills with a focus on Informatics.

With this degree in hand, Sharon then became Director of Clinical Informatics at Glendale Adventist Medical Center. In this position, she was responsible for the hospital-wide implementation of an electronic medical record. The



Photo by JON

Sharon, in character, greeting guests at the Adolfo Camarillo Ranch House where she docents.

implementation began in 2003 and ron and Jerry were looking to downwas fully operational in 2009.

With retirement in mind, Sha-

size their home, but didn't have any

—Please see PAGE 11



Photos by JON

Above, players and crew gathered in front of the gazebo for this group photograph. Fiddler on the Roof will be presented in the AR April 17-21. Left, Vivian Hollander (plays Golde and is the show choreographer); Joyce Belcher (Players' Guild President); Diann Carroll (Director of Fiddler on the Roof.)

Fiddler and Remembering Judi

By Linda O'Neill

It's time for the BIG show! Beginning on Wednesday afternoon in the AR at 2pm on April 17 and continuing for five days, culminating on Sunday, April 21 beginning at 2 pm, Fiddler on the Roof makes its appearance. The cast has been working at blocking the scenes, incorporating the dialogue gracefully into the music and finally learning their lines. Getting the music right has been a daunting task for Ellen Kaminer-Gigger (volunteer musical director), Joyce Belcher (Players Guild President) and Richard Weiss (resident musician/director/ singer/accompanist) who have donated countless hours to pre-

paring cast to sing and to getting previously recorded professional accompaniment to operate on our systems, in our various keys and the list goes on. This wonderful story and song are being brought to life by Director Diane Carroll who has managed to commandeer a menagerie of talent. On Sunday, March 17 (yes, St. Patrick's Day), the stage crew (lead by Wayne King) was hard at work on the sets.

When you come to see our play, be prepared for a masterful Tevye as played by Richard Weiss. And at his side is Golde, played by Vivian Hollander who according to Mr. Weiss "was made for this part." She is charming as the ever-suffering

—Please see PAGE 7



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In Memoriam entries, please submit name and village number of the person who has passed to: insidelyeditor@gmail.com ATTN: In Memoriam

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ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, email letters to insidelyeditor@gmail.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

May 2024 Edition Deadlines

Club News, articles and letters: Monday, April 15. April issue will be available Friday, May 3. Send news, articles & letters to insidelyeditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

VILLAGE NEWS

By Dennis Doolittle

Frontsteps, Leisure Village online - Frontsteps is the new software system to be used to automate many functions of Leisure Village administration. The system uses a database where office functions and resident access to information will be provided. It will be launched in phases to provide resident financial information, a continuously updated resident directory, on-line green sheet (and other forms) submission with tracking. License plate readers will support Village gate access, rule violation notification, improved means to communicate with residents and owners, and many other features.

The user launch for the new Frontsteps has begun. In my experience, no new software installation goes perfectly. There is an issue with creating log-ons to the system. Frontsteps uses the email address on file with the Village for verification. It wants to make sure that emails issued by the system go to the right

address. If the emails do not match, then the creation of an account is blocked. If your email address with the Village is correct, usernames and passwords are created. Over 1,000 residents have created log-ons.

If your email address with the Village is incorrect or missing, then please fill out an Association Information Form (AIF) to update your email address. This is the way the Village's database is updated. You will then be able to create an account on Frontsteps.

The log-in function that was on the leisurevillage.org website has been integrated with Frontsteps. The old address book and work order (green sheet) forms are now provided on Frontsteps. Frontsteps can be accessed on the web by going to the leisurevillage.org address and clicking on the member login section. There is also an app for your smartphone.

Paint Project – The Paint Project has moved on to its next stage beginning

with Village 7, followed by Village 9 which is the start of the next phase of the paint project.

Roofing – Work has begun on the next phase of the roofing project, work is underway in Village 7 and

then will move on to Village 9. Concrete – At the December meeting, the Board decided to authorize the repair of the category 3 and 2 concrete problems. The Board has

— Please See Page 12



Getting Down and Dirty

Left, Pedro and Rogelio repairing damaged water lines on the irrigation system for the Village.

Photos by JON

Right, Rogelio is shoulder deep in a ditch repairing a break in the system. Maintenance of the irrigation system is an ongoing job.





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VILLAGE ENTERTAINMENT

Ticket to Paradise

LV Music Club - Marci Lapair

Our St. Patrick's Day Party was a huge success. The concert was a sellout with 160 people attending. Performing with our own Groovin' Easy Swing Band was their vocalist, Erin McPherson. Joining Erin in a duet singing "Just in Time" was Leisure Village favorite David Flood. The audience was delighted by the performance of the Scoil Rince Daryl Rose Irish Dance Troupe. Dancing with them was Marci Lapair's Granddaughter Em-

ily Hammersley.

The Music Club's March Open "Mic" Night was a fun evening with wonderful entertainment. A newly formed group "The Boys and The Boss" consisting of Denise Pepper singing, Richard Weiss playing the piano and newcomer to the Village, Scott Mitchell playing the saxophone. They performed "Till There Was You" from the play The Music Man. They also sang the song "We Are the World" with the audience singing along with them. The lyrics were provided on each table. Another newcomer to Open "Mic" Night Linda Archie joined Jeff Brown and Scott Jacobs singing "If I Needed You" and the Beatles song "If I Give My Heart to You." Gudrun Eastham delighted the audience with her readings of author Judith Viorst.

The next Open "Mic" nights are tonight, Friday, April 5 and Friday, May 3 at 7:00pm in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks.

On Monday, April 15 at 7:00pm in the AR, we will screen the movie Ticket to Paradise. Academy Award winners George Clooney and Julia Roberts team up as exes who find themselves on a shared mission to stop their lovestruck daughter from making the same mistake they once made. Ticket to Paradise is a romantic comedy about the sweet surprise of second chances. The movie is rated PG-13 and is 1 hour 44 minutes long. Movie nights are always free to all the Villagers, and we even provide the popcorn!

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00pm in the AR.

Come and listen to their easy listening music.

For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

Wonderells, Girls in Poodle Skirts

Showtyme - Jennifer Stein

Showtyme Presents "An April Blast from the Past." Let the show begin with the music from the 50's & 60's with the Wonderells, an all girl band with energy that just keeps on going & going.

From Johnny Angel to Mustang Sally, the Wonderells bring a touch of nostalgia that will leave you with a smile on your face and a song in your heart. The show is completely choreographed with harmonies and solos. The hilarious interaction with the audience is fun and engaging. Ladies get that poodle skirt on and gents get your blue suede shoes and join in on the fun

—Please see PAGE 5

Ballroom Dancing Instruction Comes to the Village

Newcomer Joan Robinson brings her passion for ballroom dancing to Villagers beginning in May. The well respected leader of ballroom dancing will begin a series of classes geared toward all levels of this elegant style of dancing.

The beginners class (Joan refers to it as Klutz Class 101) will introduce the basics of ballroom dancing. Joan states "the prerequisites are the ability to count to three and the willingness to make friends and be able to laugh at yourself." After graduating from the four "klutz" classes Villagers can continue to hone their dancing skills, as Joan says, "the dancing world is your sky, take it to the limit."

Joan will be joined by her daughter, Cheryl Griffith, a veteran Arthur Murray Dance Instructor, to come out of retirement and share the benefits of dance with residents of Leisure Village. Both Joan and Cheryl believe strongly in the preservation of ballroom dance. Studies have shown that the brain is so engaged with the many aspects of dancing co-ordination that it has been proven to be a likely deterrent to the onset of Dementia and diseases that typically affect



Ballroom Dance Club instructor Cheryl Griffith and club founder Joan Robinson.

us as we age. Reluctance to take the step to learn dance is largely because so many are intimidated by their lack of dance abilities, they put the decision aside.

Classes will begin on May 8th. Reservations are required to attend the classes. Reach out to Joan at: joandanceforlife@gmail.com or 818-951-1516 and attendance will be on a first come, first served basis. Joan hopes to build the first class into two classes so those who have some knowledge of dancing will also be able to learn something.



AROUND THE VILLAGE

Tree of the Month

By Don Marquardt

The Pink Trumpet Tree (Tabebuia impetiginosa) is one of the first trees to bloom in early spring with a beautiful display of pink tubular flowers (2-3" long) in March.

The trees are small (15-20' tall), open and airy with olive green leaves, long thin trunk and light grey bark. Native to Mexico and South America, it was first introduced to Southern California in 1964 at the LA County Arboretum.

Five trees can be seen along Leisure Village Drive from Mountain View Drive to Village 42.

The most spectacular show of blooms in Camarillo can be seen in the El Pollo Loco parking lot in midsummer. It's worth the drive.

For all of you rose lovers, just a reminder—it's time to fertilize your roses!



Photos by DON MARQUARDT The Pink Trumpet Tree. They are planted along Leisure Village and Mountain View Drive.



Welcome Reception for New Residents and LV Clubs

New Residents and representatives from LV Clubs are invited to the Welcome Committee's reception on Thursday, April 25, 2024 at 1:30 pm in the Assembly Room. The reception is a wonderful opportunity for new residents to meet representatives from many of our Clubs, the Board of Directors and Administrative staff. Please join us for this special event.

New Residents please RSVP and Clubs reserve a space (only one representative per Club).

Contact: Bobi Shmerling 805-389-1975 (home) or bobi.shmerling@gmail.com

Showtyme

Continued From PAGE 4 —

with Showtyme on Friday, April 12th at 7:30pm in the AR. Doors open @ 6:45pm. Members...No Charge, Non Members a \$5.00 donation. Annual 2024 membership is available before the show

in the lobby @ \$20 per person. Showtyme's 50/50 raffle is going strong for 2 lucky winners. Bring your friends & family to experience the nostalgia that made its mark for generations to come. Dancing in the aisles is encouraged. Contact Jennifer @ 805-383-1518.

we Sell Leisure Village





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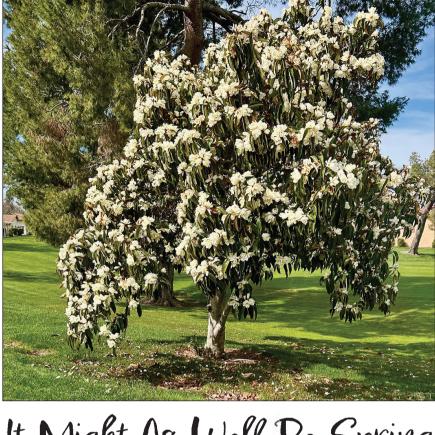
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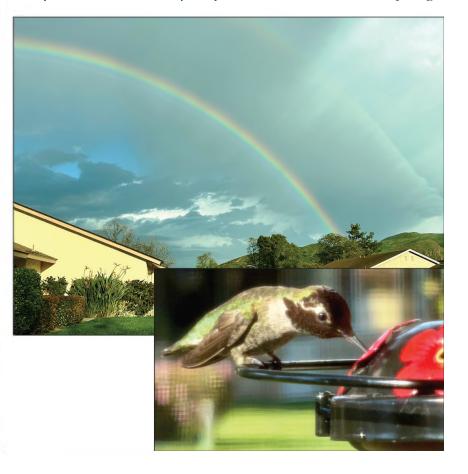
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It Might As Well Be Spring

some welcome sights in the Village. From a Magnolia tree behind Marian Flosi's house with so many blooms that the leaves are barely visible, to some very busy

Signs of Spring. After a wet and productive birds or a capriand cold (for here) winter are cious rainbow captured by Deb Petersens iphone, we celebrate the Spring season of 2024. Get out, take a walk and soak up this season that promises to be colorful, beautiful and awe inspiring.



Fiddler

Continued From PAGE 1 —

mother of five sisters and constant wife of the verbose philosopher, Tevye. Both Tevye and Golde are believers in tradition and the role it plays in helping the survival of their community. Tzeitzel (Linda O'Neill) is in love with Motel (Irving Feiles) who sings of "Miracles" as they are the first couple to defy tradition. We watch Tevye navigate a changing world. Next in line to marry are Hodel (Dorene Blair) "Far from the Home I Love" and "Now I Have Everything" Perchik (Henry Ettinger). As Tevye points out, at least Tzeitzel and Motel asked his permission, whereas Hodel and Perchik tell him that they intend to marry and must move to Siberia (a shock in any language). When Chava (Kathy Wien) marries Fyedka (Howard Wien) outside of her faith and without the permission of the "Papa," it is a bridge too far for Tevye. At the same time, the village is hit by a pogrom causing the

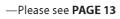
entire community to pull up stakes, forcing many families to separate. The Yente, as played by Helene Cohen, sees her role in jeopardy as the 20th century changes village life. Gramma Tzeitzel (Lynn Kremer) is the vehicle by which Tevye convinces Golde that he should not honor the deal he has made with Lazar Wolfe, the butcher (Irving Bergman). Fiddler on the Roof has it all: laughter, pathos and beautiful music.

Players Guild wishes to bid goodbye to Judi Kiskaden, wife of Chuck Kiskaden, who passed away on February 26, 2024 from an ongoing illness. Judith Elaine Kiskaden was born in Indianapolis, Indiana on January 14, 1948. Judi and Chuck met at Arlington High School. Chuck says Judi would never confirm why she agreed to go out with him when they met at the local Big Boy drive-in. Was it his sterling character or the fact that he drove a 1956 Chevy Bel-Air Midnight Blue with a white top convertible? The jury is still out. After Chuck joined the Air Force



Photo at right by JON Above, Kiskaden family photo during a recent holiday. Judi in the center, surrounded by her family. Mother Marge at her right, Chuck standing and son Greg at her left. Right, The Fiddler, as played by Rosanne Bellino-Strickland.

Intelligence Division, Judi agreed to go to Hawaii with him, as his wife. When they returned to Indiana, Chuck finished his degree. Judi stayed home with their only son, Greg. It was at that time that





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THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

Aging Well with Arthritis (Osteo & Rheumatoid)

Many of us have been diagnosed with arthritis and there are 100 different types of this condition. Arthritis is inflammation and tenderness of one or more joints in the body, with the main symptoms of pain and stiffness. The most common types of arthritis are osteoarthritis and rheumatoid arthritis.

Osteoarthritis is arthritis from years of wear and tear of cartilage at the joint(s), or from trauma (secondary osteoarthritis) and results in inflammation, joint pain and stiffness. Rheumatoid arthritis is an autoimmune disease that attacks the tissue that lines the joints on both sides of the body and can also cause other symptoms such as fatigue, fever and loss of appetite. Unlike the wear and tear damage of osteoarthritis, rheumatoid arthritis affects the lining of the joints with inflammation and swelling that can

result in joint deformity.

The good news is there are many natural ways to combat the pain and stiffness of arthritis. Manage your weight and get enough exercise and be active; use moist heat and/or cold for pain; follow a healthy diet; see a physical therapist for specific care, and consult with your physician to see if taking medication is indicated for pain. Wearing high end running shoes to support and cushion your feet during walking and exercise may also help. You may have to use a cane or walker if your arthritis flares, and assistive devices can take the pressure off your affected joints when dealing with a flare up and will help you be safer during your daily activities. Complementary medicine such as acupuncture, massage, tai chi, yoga and dietary supplements may also help in minimizing symptoms, especially during a flare up.

Most people do not need surgery for arthritis, although some will need joint replacements of the knee and/ or hip, which are very successful.

Exercising in water is one of the best approaches to managing pain and stiffness from arthritis, and we are lucky to have our pool heated year-round for our use. Walking for fitness in high end running shoes may also be tolerated and relieve some symptoms. Performing regular stretching exercises, strengthening exercises and some active gentle aerobic exercises will help alleviate symptoms from arthritis. Use caution when doing your exercises to be sure you do not increase any pain or other symptoms.

The best way to prevent arthritis symptoms is to maintain overall good health that includes avoiding tobacco products, doing low-impact exercises daily, wearing appropriate shoes, sleeping on a good (not too old) mattress and visiting your healthcare provider when you notice any changes in your joints. If you want to explore education and specific guidance for your exercise program, consult a physical therapist for expert advice.

Many of us experience pain and stiffness from arthritis, but we need to remain active as we go through the continuum of life. Sitting and not exercising will be detrimental to our musculoskeletal health and will make our arthritis symptoms worse. Sitting is the new smoking and we need to remain active throughout our lives.

Editor's Note: Jeannie Davis is an LV owner and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.



I Miss Tasting My Food!

Does this sound familiar? Want to TASTE your FOOD Again?



You're Not Alone!

If you wear dentures, you've probably noticed that your food just doesn't taste the same anymore.

Granted your ability to taste will change as the years go by. But if you're wearing denture(s), that thick layer of plastic covering your entire palate doesn't improve the situation - and the strange taste of adhesives you're using to keep your denture 'up and in' doesn't help either!

Generally speaking, it's the upper denture that tends to prevent someone from truly tasting their food.

When the roof of your mouth is covered, your food can't touch it. This lack of contact robs you of the 'eating experience...

...and when you add your dentures' sticky goop into the equation, your ability to taste doesn't stand much of

If you have a friend who might be interested in this article/offer, please feel free to pass it along

Many denture sufferers give up on taste. They simply move forward with the belief that tasting food is an experience that they've lost to their

But you CAN get it back!

It is possible to taste your food once again, and regain your 'long lost' enjoyment of eating.

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gunks and glues as well! Implant-supported 'teeth' are the closest thing to nature that you can get.

This means that you will be able to eat your favorite food again, with all the taste and texture you've been missing.

(You'll also be able to smile and

laugh at dinner parties without worrying about your dentures poppin out and onto your plate!) Wouldn't it be nice to enjoy a crunchy apple, sink your teeth into

a nice steak, or eat corn right off the cob again?

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ART IN THE VILLAGE

By Nicole D'Amore

Paint, Pour, Art by Melanie

Animals and people are popular subjects in Melanie Ehrlich's paintings. In a prominent place on the family room wall is a painting of her late mother holding her baby granddaughter. In another painting, her husband Jerry holds four, now deceased, pet Chihuahuas.

The Ehrlichs have had many large breed dogs throughout their 47-year marriage but are currently down to one, tiny, 15-year-old Chihuahua, Ruby Tuesday, who eagerly follows her owner around the house.

But dogs aren't the only animals that figure in her paintings. There are horses, cats, a coyote she followed through several villages to get a good photo of, birds, even a zebra.

Ehrlich comes from a long line of artists including her mother, grandmother and great grandmother, but she didn't really start painting until an adult and it's become a passion.

"I haven't had any formal training," she said. "I never painted with my mother, I didn't think I had any talent."

Ehrlich calls herself a Valley Girl — she grew up in the San Fernando Valley.

She loved art as a child but had a bad experience in seventh grade when a teacher criticized her painting of a peace symbol, causing her to switch from art to music.

As an adult she studied hypnosis and co-owned a real estate office. She and Jerry moved to Camarillo in 1986 and lived in Woodside Greens for 31 years.

It was a dream about her late sister that inspired her to start painting.

But she also credits Kathy Whitesell with getting her started on her artistic journey. Ehrlich often painted seasonal images on her windows and one day Whitesell, who lived in the neighborhood, walked by and saw them.

"She stopped and said, 'You're not bad. I'm an artist — come on over and I'll work with you.' So I went over to her house once a week



Photo by NICOLE Melanie with an acrylic pour painting of a horse.

and we did watercolor," she said. "But I am too detailed, too uptight. I cannot do flowers and landscapes."

Ehrlich did a watercolor of her sister and her granddaughter and then did more.

"I switched to acrylic and took off from there, focusing on animals and people," she said.

She has two sons: one lives in Tennessee and one in Wood Ranch in Simi Valley with two daughters who figure in some of her paintings.

Ehrlich took time off from painting to take care of her parents as their health declined. Her mother had dementia but saw one of her daughter's paintings and thought it was a photograph. "That made me feel really good," Ehrlich said.

Her parents had lived in Leisure Village and she and Jerry moved here in 2017, living first in Village 40 and moving to Village 31 in 2020, where she has an art studio.

Recently she started compiling photos of her paintings through the years and saw her progression. "I thought I've grown a lot and I'm not so bad," she said.

She did a painting for her veterinarian, Dr. Chong, who invited her to bring more paintings to hang in her office, inspiring commissions.

—Please see PAGE 10

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Painting

Continued From PAGE 9 —

Ehrlich also does acrylic pours and combines them with realism. When she first started doing pours she didn't think it was anything special. "I thought anyone can do this," she said.

But then she started looking at them more closely. "I thought, this is interesting, and I'd start to see stuff (in the patterns.)"

She looked at one and it reminded her of barn wood, so she painted a horse on it. She won a second place award at the Camarillo Art Center for a whale's tail painted on a blue, ocean-like background. On another she painted a bright red cardinal over a background of grey.

"Something kicks in," she said, inspiring an idea for a subject. Sometimes she draws shapes over the pours, adds shadows for dimension and then paints the background around them to emphasize the shapes. On some pours, she uses a flexible tool to make wavy lines on top.





Photos by NICOLE

Above left, collection of paintings by Melanie Ehrlich. Above right, acrylic pour painting.

Ehrlich recently found some paintings her mother hadn't finished or discarded and she finished them and was pleased with the results.

"There was a lot of emotion in that.," she said. "That's kind of what triggered me, the emotion."

On days she paints she usually

starts after breakfast, never in the evening. "If I'm inspired I want to get right to it. If I have that vision I want to do it before I lose it or something else comes along."

Recently she's been recuperating from surgery on her finger and hasn't been painting much.

But, a long-time member of the Village Arts club, she hopes to have a painting in the Village Arts member show at the Camarillo Art Center in April.

For more information about her paintings, contact Ehrlich at: paintingbymel@goehrlich.com.

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Sharon Price

Continued From **PAGE 1** —

particular place in mind to move to. One weekend they were headed for Port Hueneme, and Google Maps directed them onto Santa Rosa Road due to a traffic jam on the 118. They noticed the Leisure Village entrance and were curious. They contacted a local realtor that same weekend and 6 months later they bought a home here. It took 6 months to remodel and they moved in January 2019.

Since settling in here, Sharon has become very much involved in the LV community. She and Jerry have been very keen golfers since 1971. Therefore it is no surprise that Sharon is currently President of the LV Women's Golf Association. Sharon was Club Champion in 2022 and hit her second hole-in-one last November. Her creation of a website for women's golf has greatly improved the efficiency of communication with members. The Club's social activities include weekly Wednesday games, the Club Championship and reception, the President's Cup and reception, quarterly Eighteener & Niner mixers with a mimosa bar, a Halloween golf and luncheon, a Christmas luncheon, and mixers with LV Men's golf, all a lot of fun for everyone.

LV Women's Golf Club Members share their appreciation for the direction that Sharon's leadership has taken the club. Sheila Bunch shares, "She is hands-on at all our events, helping to set up, offering great decorating ideas and making sure the events are successful." Linda Gaffney offers her appreciation, "Sharon goes above and beyond with her time and energy to make the LVWGC the best it can be." "A catch phrase of Sharons' is, 'We are here to have fun". "Having been a nurse, she has inadvertently referred to members as patients", mused member, Jeri Niemann.

Sharon is an active member of Padre Serra Parish branch of the St Vincent de Paul Society. A worldwide ministry which serves the poor & the homeless, no matter what their religion. Members meet with the disadvantaged to provide food, shelter, rent and other forms



Photo by JON

The LV Women's Golf Club on the course last May for a group photo organized by club president Sharon Price.

of financial assistance. Sharon's work there includes answering the Helpline calls, making in-person visits with those in need, offering assistance, making referrals and follow-up phone calls. Sharon is so committed to her work with this ministry that she implemented a software program to manage the ministry's activities.

Sharon also offers some time as a docent at the Camarillo Ranch House where she shares its very interesting history. She says that as a new Camarillo resident, this is her way of giving back to her wonderful new home.

Clearly, Sharon is a very well-

organized and energetic woman. Further proof of this is that 4 times a week she manages to fit in a 10 mile walk. (This takes her about 2 hours & 45 minutes.) She listens to music as she walks and finds it all ever so relaxing.

Sharon and Jerry absolutely love living in LV. They have made many wonderful friends, they feel safe here and have lots in common with other Villagers because, as she said, we are all in the same place on our life's journey. Amen to all of that!

Thank you, Sharon, for creating the time in your very busy schedule to make our interview and writing your Profile possible.

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A WORD ON WINE

Wine Tasting Dinners - a Matchmaker's Delight



Photo by BARBARA SENIOR Table setting and menu at a recent wine dinner regularly scheduled at Lucerne Restaurant.

We enjoy the wine tasting dinners regularly offered at several local restaurants. These fixed price dinners have a set menu geared to match the wines, usually from one winery. Each course is served to everyone at the same time and crafted to match the wine served with it. Ideally, the wine complements the food so that the combined palate is delightful, leaving you wanting more of both.

By Barbara

A wine tasting dinner is a fun way to learn about wineries and wine-producing regions. As the wines are poured throughout the meal, each is described by a winery representative who also goes table to table to field questions and give more details. (...And often pour some more wine.)

Some months ago, there was a wine tasting dinner at Lucerne featuring Armenian wines, and what a discovery it was. First was crispy pancetta, paired with an Pomegranate wine, served in a pomegranate-shaped bottle, tasting somewhat like dry Sherry, but fruitier, paired with an amuse bouche of cheese and cured meats. Next was a pungent Chardonnay that paired very well with a savory creamy pasta. The next two wines were red with unfamiliar names, yet each was familiar when tasted. The menu was well crafted to suit each wine, making it a very enjoyable and instructive evening.

More recently at Bistro 13, we had a unique experience. The starting course of beets, watermelon & pears was served with a Sauvignon Blanc that perfectly matched the fruitiness of the salad. It was followed by creamy garlicky ziti with

unoaked Chardonnay. The third course was a savory crepe stuffed with melange of shrimp, salmon & sole, finished with a pink vodka sauce, served with Pinot Noir, a great match. And the pièce de résistance - an Oso Buco was served with a robust Cabernet Sauvignon, a worthy match for that succulent dish.

Typically, no wine is offered with the dessert course, because sugary or chocolaty tastes are impossible to pair with dry wine. But wait! As the tiramisu was being served at Bistro 13, short bar glasses were brought out for us to taste two whiskeys produced by the winery's distillery. Unique and unusual, it was the perfect end to a great dinner.

Village News

Continued From **PAGE 3** —

decided to go out for another round of competitive bids for the Concrete

Storm Drains – The pumps have been removed from the affected Villages. Staff is watching the weather, and the pumps will be returned if

Recreation Center Atrium – During last month's heavy rainstorms the Atrium in the Recreation Center flooded. The tree in the center of the Atrium had to be removed as part of the repair process. Staff is in the

process of evaluating how to proceed. Administration Building Sewers – The Admin building is experiencing serious problems with its sewers which will require major repair. The Board approved the repair contract for the sewer and restoration of the women's and men's bathrooms in the Admin Building. The design is completed, and staff are waiting on city permit before work can proceed eWaste and Paper Shredding - A reminder that on Saturday, April 13th from 9am to 11:30am in the Rec Center East Parking lot there will be a collection event for electronic waste and paper to be shredded.



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Fiddler

Continued From **PAGE 7**—

she got her first Singer sewing machine. It was their move to California, however, that brought out her artistic talent. (Her father was a commercial artist and it was clear to me the apple didn't fall from the tree when she showed me a book of his work.) Once in California, Judi earned a twoyear degree in art and started her own business. Her most current sewing machine was a \$4000 computerized Brother sewing and embroidery machine that can actually sew text! Chuck says Judi loved Players Guild: our Village of people, costuming and set design. Chuck says she loved the set design because she could work with him to get the design she favored most. Joyce Belcher, Players Guild President, became dear friends with Judi who was relatively shy and said to her "I feel like I've known you all my life." Together, they worked to plan the sets and costumes for 2016 You Can't Take It With You:





Photos by JON

Above left, Richard Weiss as Teyve and Linda O'Neill as his eldest daughter Tzeitzel. Above right, Natalie Rosen plays Bielke, Teyve's youngest daughter.

2017 Plaza Suite; 2018 Harvey, and later the ill-fated Carnival and 2023 Damn Yankees. Her set designs drew applause at the beginning of each event. In the case of Plaza Suite, Chuck says it was a standing ovation. In spite of being very concerned for her mother's health in assisted living during Covid, Judi did not risk

exposure and worked remotely for Players Guild. Anne Marie Florio who assisted Judi with Damn Yankees said: "...she was a strong, gentle, determined woman who knew what she wanted. I will miss her; she taught me a lot." Gudrun Eastham, Players Guild's "go to" seamstress and tailor said "I am donating my

work on behalf of this year's big show, Fiddler on the Roof to Judy. I always felt she was a wonderful talent who donated many hours to making our presentations look as professional as possible." She was a set and costume designer since 2015's Pajama Game where she served as an assistant to Millie Seidman.

Also, in September of 2016, Judi along with her friend, former resident Joyce Baker, directed one of our best and most glamorous monthly workshops: "Thanks for the Memory." Linda O'Neill was lucky enough to be in it. "I remember I wore a beautiful blue dress that Judy had remodeled to fit well and I sang "Diamonds are a Girl's Best Friend." I was accompanied on stage by Chuck Kiskaden and Wayne King, both looking quite handsome in tuxedos (I think). And for the finale, Judi made these fabulous sort of gypsy meets ABBA costumes worn by Mary Anderson, Carole Miller, Chuck, Wayne and me. The show was a hit, of course."

Do you wish to volunteer your time helping community theater and see a show for free?

Conejo Players Theatre in Thousand Oaks could use your help! If you wish to volunteer with our front of house staff to usher or take tickets, please contact vicepresident@conejoplayers.org

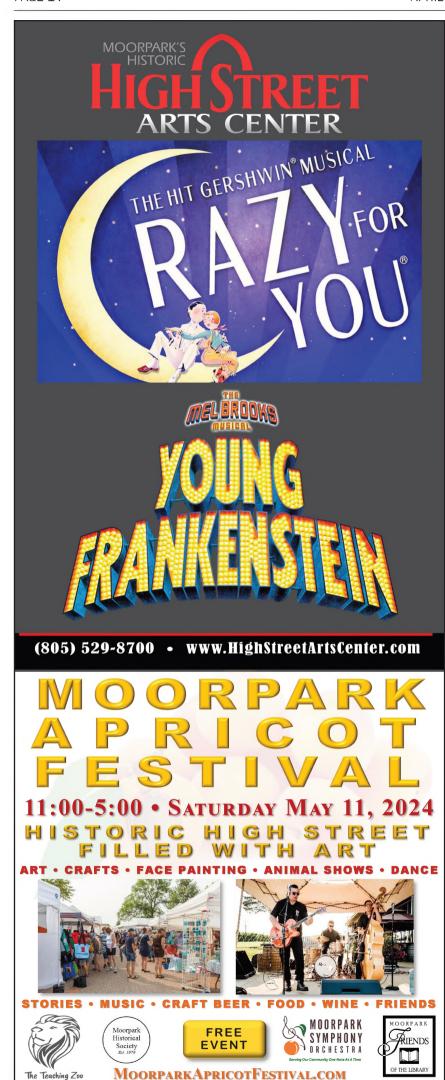
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If you have a knack for building sets or general carpentry, contact rick@conejoplayers.org.

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VILLAGE ARTS

By Patti Crichton

April is the month that Village Arts members have been invited to show our artwork at the Camarillo Art Center on 3150 Ponderosa Drive. Everyone is invited to come and see the gallery which we will be sharing with other talented Camarillo artists. The CAC is open each weekend from 1-4pm. There is also a Craft Sale there on the first weekend - April 6 & 7. On April 7th at 1:30pm, ribbons will be awarded as this is a judged show.

There will NOT be a regular Village Arts meeting in April. Instead, member participants will be bringing their paintings to the CAC to hang for the show on Wednesday, April 3rd from 11am-2pm.

Many members enjoyed our March meeting where Joanne Grimm demonstrated how to paint mandalas and we had the opportunity to use the tools and acrylic paints to experiment.

Be sure to stop by the LV Library

to see Bonnie Dawson's paintings on display for March and April.

Kathy Whitesell continues to offer watercolor classes on April 15 at 1pm and April 19 at 1 and 2:30pm. Text Patti Crichton to sign up at 805-760-7673. Mark your calendars for the Spring Art Show hosted by the Stoners on May 5th in the AR.

SATURDAY NIGHT **DANCE PARTY**

By Andrea Moran

Hello to all Villagers. Spring has sprung! Enjoy a complimentary admission to all first time Villagers to our dance. The live bands will thrill you with wonderful danceable music or just listening and watching, a time to meet new and old friends. April 13 - Erik Ekstrand - lesson - Tango. April 27 - John & John Duo - West Coast Swing. Lesson 6:30 - dance 7:30 to 10:00. Admission, \$10 includes a dance lesson. So...put on a

—Please see PAGE 15



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Dance Party

Continued From PAGE 14 —

happy face & a big Smile, come join the fun.

MAVERICKS CLUB

By Dan Turner

This month, Mavericks Club will feature an evening of excitement at Harley's Camarillo Bowl located at 305 Arneill Road. In addition to a night of bowling, Harley's features a full bar and many dining choices. Their popular Rock N Roll pizza comes with a variety of toppings that can be enjoyed with several salad choices. Cheeseburger sliders, fries and pasta are also on the menu.

Come on out on Friday evening, April 26th from 6:00 to 8:00pm to join in the fun! Geri DeSimone is currently selling tickets which are \$18. Geri can be reached at 805-402-1465.

WII BOWLING

By Lois O'Connor

Wii Bowling started the first two months of 2024 by welcoming four new members: Beverly Davis, Margaret Falconer, Scotty Miller and David Miller.

We had some sad news. Joyce Cattanach passed away the evening of March 6. She was quite a trooper! She enjoyed bowling from her wheelchair. Her presence will be missed, especially by the Thursday group.

The achievements recognized this month are those who have bowled 250+ games: Barry Chass (279),

Barbara Crome (257), Connie Davis (276), Debra Pettit (263), Rosie Ross (267), Ann Seltzer (267), Jerry Spector (258), Judy Spector (278), Larry Toops (251), Matt Varav (258), Edith Walsh (279), Barbar Wright (278). Our two bowlers who have bowled the perfect game (300) were Sylvia Edmonds and Dennis Porter.

The club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Club house Ventura Room. If interested in participating contact club president, Debra Pettit at 805-504-6774.

WORKSHOP FOR WRITERS

By Mark Sconce

Good News. Leisure Village is blessed to have two unique writers' groups. The first and oldest is the Writers Club whose motto is Write, Present, Listen, Enjoy, Learn. Its members read out loud their various writings over the years be it fiction, non-fiction, memoirs, sci-fi, or poetry. The second group is Workshop For Writers whose members read aloud their presentations and expect to receive friendly feedback on how to improve the piece. It's a workshop whose motto is: Easy Reading Is Hard Writing. These two clubs are distinct and exist to meet various needs and wants. Pick the one that best suits you, and plan to attend their next meeting. Writer's Club: Write: Debbie Glass at debglass412@gmail.com.

Workshop For Writers: Call President Mark Sconce 805-586-4485.

LV PHOTO CLUB

By Chuck Morrow

The Leisure Village Photo Club held the monthly competition meeting on March 7th in the MPR with an Assigned Category theme of "Trees." The judge for the month was Steve Friedman from the Thousand Oaks Photo Club. The Assigned Category theme for April is "Action/People at Work." The winners for March were:

Assigned Category – Richard Boghosian - "Spooky"

Open Category – Bob Pinchak – "Houston Art Museum"

Mobile Category – Chuck Herrera – "I Don't Believe You"

All the Photo Club photos for the month of March can be seen on SmugMug located within the Leisure Village website under clubs and select Photo Club. The photos taken by club members for several years are available to view. Also, you can find the winners through Honorable Mention in the Rec Center Hallway and the MPR.

The new Photo Club president, Roya Parsay has started a communication meeting for all members on the third Thursday of the month, April 18th, at 6:30 pm in the MPR. This meeting is designed for open lines of communication with the membership and hear new ideas and concepts from an ever-changing photo landscape.

For more information regarding the Photo Club and membership contact Roya Parsay at 831-869-7698.

YE OLE WOODCHIPPERS

By Bud Bradley

February's jobs completed are as follows: 16 for LV Residents, 4 for LV Management and Maintenance and 5 quick fixes. We have added two more volunteers to our cadre of Wood Chippers and that has helped catch up with the backlog. One of our group returned early from his travels, so things are looking up for March. We expect to be reinforced with our core group within the next few months and are looking for more

—Please see PAGE 16



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Woodshop

Continued From PAGE 15 —

active volunteers. If any keyholders are interested, please contact Pirate, Bud, Chris or Chuck. There is always someone at the shop every Wednesday and Thursday between 10:00 and 12:00 noon. Many times, a little earlier and later.

The rest is old hat. The Woodshop is open from 10am until noon every Wednesday and Thursday to accept your repair requests. During those hours, the Woodshop will be operated by Woodshop Committee members only. There will be no charge for these services unless special materials are needed to complete the repair. Finally, we gratefully accept donations for these services to help keep supplies and equipment up to date. Keyholders are asked not to work on their own projects during these hours.

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main woodshop door. Please make

sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com.

GRAPES R US WINE CLUB

By Jan Bender

Grapes R Us holds monthly tasting sessions to discover wines made from different grape varieties, and to explore wine regions around the world.

The March tasting of Portuguese wines was led by Max Copenhagen. It was interesting to compare the reds, especially as one was made from the Alicante Bouschet grape, which is one of the very few grape varietals

in the world giving us red juice. It is especially unusual to find it in California. Port, which was also served, is typically fortified with brandy, which gives it a smooth taste. Our white port lived up to its promise and, since it is a dessert wine, it was served with graham crackers - yes, that's a recommendation!

April's tasting event will be led by Bob Merrilees on Friday the 19th. He will present a selection of domestic and international wines available at and purchased from our local Camarillo Trader Joe's. Unlike many wine retailers, TJ's top shelf is only five feet off the floor where their better wine can be reached by all of us. The April tasting will be from those higher shelves and note that the event will be held in the Santa Rosa Room and limited (by Fire Code) to the first 75 signups.

Tasting sessions are on the 3rd Friday of the month at 7pm usually in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person. To get our monthly email invitation, drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

RACQUET CLUB

By Sharon Wilson

The first Racquet Club tournament of 2024 will be held on April 13th for pickleball and April 20th for paddle ball. The sign up sheet is filling up fast, check the bulletin board. All are welcome to watch and cheer on your fellow Villagers. We need volunteers to help set up and/or clean up. Please email me at sharontelles@ hotmail.com to volunteer.

Consider attending the 122nd

Ojai Tennis Tournament April 24th through the 28th. This year Camarillo's own Bob and Mike Bryan, one time world's number one doubles team, will be honored.

At our February general meeting we welcomed newcomers Jane, Jay, Joe and Jan. President Gary provided a video lesson on CPR and the Heimlich maneuver. Knowing what to do in an emergency is critical. The emergency phone number for security first responders is posted in the bulletin board as well as on the first aid box. Put it in your phone 805-388-3636.

Unfortunately our wheelchair has been taken from the equipment room. If located please return it.

Lessons have started. See sign up sheets on the bulletin board.

Our next general meeting will be April 10th at 7:00pm in the MPR. Don't forget your dues for 2024. Please contact Sunshine or any of us on the board can take your dues.

See you at the courts. **COACHES CORNER**

When your partner is back hitting a ground stroke and you are at the volley position, take a quick look to see what they are hitting. Ground stroke, you stay, lob, go back in case it's a short lob. Don't stay at net. You can get injured.

MEN'S GOLF

By Tim Palmer

The LVMGA winter match play tournament has concluded and Jeff' Rach was the winner. Jeff survived four individual matches in his flight to compete for the tournament win and Les Pelletz did as well in his flight. Jeff prevailed in the final match.

New member Mike McGann is

—Please see PAGE 17



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Men's Golf

Continued From PAGE 16 —

doing the legwork in developing a website for the LVMGA, similar to the one already in existence for the LVWGA. The website will take the place of the booklet that has been used for many years.

At the quarterly meeting, held on March 12, President Jon Hall is focused on increasing volunteerism for the betterment of the club. As well, it was decided to hire a golf professional to conduct two group lessons. In addition, a committee is looking into having the Southern California Golf Association (SCGA) rate the LV golf course. The committee will report back to the members once they have gathered the needed information.

At the tournament that day, longest putt prize went to Jeff Rach, and closest to the hole prize went to Dan Connelly. John Verosko won the putting contest prior to the tournament.

Men's Golf had a frustrating month of March with several rainouts. We did record two holes-in-one on hole number 13 (separate dates) – Harvey Harris and Barry Doyle. Congratulations, gentlemen!

The LVMGA had a delightful golf day at Soule Park in Ojai on March 2. Jerry Price won "A Flight" and Dave Bengtson conquered the course in "B Flight." While the Soule Park golf course was impacted by the recent storms, only one hole had a temporary green, which the LV guys negotiated with no problem!

The Chili Bowl Tournament, which combined LVWGA and LVMGA players in a scramble format that was previously scheduled for February, was played on March 29 after a series of cancellations due to weather.

LV WRITERS CLUB

By Debbie Glass

March sure flew by as we shared our stories, and I must say, we definitely had interesting ideas to share.

We meet on Mondays in the Sun

Room from 1:00 to 3:00pm. In April our meeting dates and topics are: 1st ("The Best April Fool's Joke I Ever Played or That Was Played on Me"), 8th ("A Moment of Profound Clarity or Insight I've Experienced"), 15th ("Activities I Participate in at Leisure Village"), 22nd ("A Meaning Life Consists of . . ."), and the 29th ("A Fiction Story").

In March we welcomed Sharon Yofan to the group. Come hear her wonderful poetry! All LV residents who love to write and share their stories are invited to participate. For questions about the Writers' Club, please contact Debbie Glass at debglass412@gmail.com. Enter Writers Club in the subject line.

LV WOMEN'S CLUB

By Barbara Cogert

Thursday, April 11th is a special day for our Women's Club as we host the always popular "Afternoon Tea." This event, our most significant of the year, is a lovely afternoon of fun and fellowship and a significant opportunity to benefit the Lighthouse

Shelter for Women & Children. Our Afternoon Tea will be in the Assembly Room, with doors opening at 1:30 pm and the festivities commencing at 2:00 pm. Tickets purchased in April will be \$30 each. Traditional British tea, sweet and savory edibles will be served.

Those wearing hats, bonnets, beanies or babushkas, etc. will automatically be entered in our hat-decorating contest. The Camarillo Academy of Performing Arts will be bringing 16 young people to come and strut their stuff. Join us and be a part of this important event for our club and the Lighthouse Shelter.

The Lighthouse has provided us with a list of crucial items for their operations. Your support in bringing a donation from this list will make a significant difference.

Facility's Needs: Toilet Paper, Paper Towels, Laundry Soap, Paper Goods (plates, cups, hot cups, napkins) Plastic Utensils

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Women's Program Needs: Journals, Trauma/Adult Coloring Books,

—Please see PAGE 18

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Women's Club

Continued From PAGE 17 —

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LET'S DANCE CLUB

By Patrick Price

Let's Dance is taking a break in April. But we are coming back in May with music from Tropic Starr. The May dance, which is the third Saturday of the month is on May 19th from 7:30-10pm.

Admission to Let's Dance is just \$10 per person. For that low price coffee, water and punch will be provided as well as dancing the night away. It's BYOB for anything else.

We also have a 50/50 give away.

Let's Dance has some great volunteers but more are always welcome. Contact Sue Lind at 559-304-1650 if you would like to help the others. See you there!!

LV BOWLING

By Gene Kinsey

We all went through the "spring ahead" time change and yet all of our bowlers managed to arrive on time. Amazing! Here we are about 70% through our season and our bowlers are still laughing every Friday morning at Harley's Camarillo Bowl from 9am-noon. Dues are \$20/year and weekly bowling is \$14.

This month's outstanding achievements are as follows for the women: Clancy Martel 128, Nancy Owens 136, Kristine Jones 181 and Bobbi Herbertson 122. For the men Bruce Anderson 187, Myron Jones 200, Norm Berezowsky 244 and Art Titan 201.

We still have room for a few regulars and a few subs if you are interested. Contact Bobi Shmerling at 805-389-1975 for more information. This is great exercise and will give you a lot to laugh about. Join us!

WOMEN'S GOLF

By Patti Crichton

Big reminder for Women's golfers that the tee time changes as of May 1st. Our Wednesday morning start time moves to 8am to avoid the heat of summer days. The golf shack will be open from 7:30-8am to sign in and pay your \$2.

The next golf clinic for members will be Saturday, April 6th at 8am. Meet on the 9th hole with your 7 iron. (The March clinic had rained out).

FYI, the greens on the golf course will be aerated during April.

The Club Championship will be played in May. Sign up at the April 10th meeting.

The February Eclectic Results are in: Winners are: 18 hole Flight A - Deb Dolan, 18 hole Flight B - Linda Gaffney, 9 hole Flight A - Kathryn Robens, 9 hole Flight B - Mary Ann McGann

Check the bulletin board and the Women's Golf website for full results and updates.

BILLIARD CLUB

By Patrick Price

The Billiard Club is having an 8-ball tournament beginning April 1. It will run on Monday, Tuesday and Thursday for the next two weeks (April 2, 3, 5, 8, 9, 11).

Then, there will be a Billiard Club membership meeting on April 23 at 6:30pm in the MPR. The tournament awards will be presented at the meeting. Contact Kathy Wirtz (818-445-1057) for membership.

TAI CHI

By Chuck Morrow

The Tai Chi classes invite all Leisure Village residents to a short demonstration for World Tai Chi Day on April 27th. Arrive at 9:45 with the demonstration at 10 am in the Picnic area. Prior LV Tai Chi students are welcome to participate.

Leisure Village has a strong Tai Chi program with three levels of classes starting with the Beginners' class and progressing as the student develop their skills. Once the student has mastered the Tai Chi Forms, they can be practiced for years with many health benefits.

To sign up now for the Beginning Tai Chi – Moving for Better Balance starting May 1st, email Chuck at cmorrow@hotmail.com. There will be a sign-up sheet at World Tai Chi Day for any remaining spaces. This class is for first-time Tai Chi students or prior participants wishing to gain proficiency in a modified age-appropriate Tai Chi. The class is held Mondays and Wednesdays in the Santa Rosa Room from 3:30 to 5 pm for 14 weeks.

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DEADLINE for the next publication is 5pm on Monday, April 15.

ESTATE SALES & LIQUIDA-TION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

RUMMAGE SALE: Saturday, April 6 – 9am–2pm at St. Demetrios Church, Across the street from Leisure Village (5575 Santa Rosa, at Woodcreek) Multi-family sale, bargains galore, everything must go

MOBILE NOTARY: Offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

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ENERGY HEALING your body has the innate ability to heal itself. The flow of vital life force energy is essential for good health ad wellness. Call Walt 818-370-3639

CALLING ALL DANCERS! Interested in ballet or tap classes? Saturday adult classes starting April. Camarillo Academy of Performing Arts. Great way to stay active and flexible. 805-383-6446 camarillo-academy.com

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WINDOW CLEANING – Serving Leisure Village since 1996. Sparkling clean windows, mirrors, screens & tracks. Woman owned business: Free estimates. Referrals available. RE-VEAL WINDOW CLEANING – Julie 805-258-6821

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