

Two New Directors Elected to the Board

In an election that drew the largest turnout in years, two homeowners new to Village governance were elected to LVA's Board of Directors. George Jones and Beverly Vandermeulen won the open seats in the June 21st election.

Immediately after the results were announced, the Board members elected their 2018-19 officers: Robert Riveles, President; Ted Lansing, Vice-President; Beverly Vandermeulen, Secretary; and George Jones, Treasurer. Chuck Kiskaden is Director-at-Large.

THE VOTE COUNT

George Jones	679
Beverly Vandermeulen	643
Lin Grant	487
Don Marquardt	344
Harold Howarth	199

Chief Election Officer Chuck Donnel announced the results at the Annual Meeting. Officially, 1340 votes were submitted, 21 were determined to be invalid. That meant 1319 votes - well above the required quorum of 1069 - decided the outcome. Donnel described this year's voter response as "the largest

turnout in my memory." Another sign of the importance at least one homeowner attached to this election was his ballot mailed from a Colorado vacation by Overnight Priority Mail; the postage cost \$24.77.

While the votes were being counted elsewhere under the careful watch of the Election Officers, the 45th Annual Meeting of the Leisure Village Association was held in the AR. Its agenda included year-end reports by LV's seven advisory committees that highlighted the impact of those all-volunteer groups, such as the Architectural Committee which issued 653 permits in the past twelve months, the weekly Bingo games brought in \$95,343 and paid out in prizes \$92,577 last year, 512 Villagers participated in 26 trips sponsored by the Travel Committee, and the Finance Committee reported saving the Association approximately \$756,000 last year.

The New Board held its first Open Board Meeting on Monday, July 2. The next Annual Meeting is scheduled for June 27, 2019.



Photos by Bud Bradley

Above: LVA's New Board of Directors (l-r): Ted Lansing, George Jones, Robert Riveles, Beverly Vandermeulen, and Chuck Kiskaden.

Below Village volunteers counted votes for several hours under the watchful eyes of the Election Officers and an LV Security Officer.



"...And He Brings Music Wherever He Goes"

■ Nationally acclaimed musician has played with countless artists over a storied 30-year career

By Patty Ecker

Chances are that Villagers may be serenaded by George Young before they actually meet him: if they attend the Monterey Jazz Festival or, closer to home, at a monthly performance of LV's "Musicians Night" in the AR, or as they stroll by (and listen closely) in Village 44

Photo by JERRY SPECTOR

Acclaimed musician and Villager George Young admits that he rarely goes anywhere without his saxophone.

while this nationally acclaimed musician plays his saxophone. "Sometimes my neighbors ask, 'When can we hear you again?'" George laughs.

For decades, it's a question that's been easily answered. A saxophone virtuoso, George Young's credits extend from performances with the Philadelphia Youth Orchestra conducted by Eugene Ormandy to six years with the band on "Saturday Night Live." His list of movie credits extends over 30 years including "All that Jazz" and "Sleepless in Seattle." He's played with countless artists such as Luciano Pavarotti, Simon and Garfunkel, and Celine Dion. George says it all began with his musical family. "We got together every weekend and played, my dad and five uncles," he explains. "My dad gave me

Please See Page 4

WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses.

The Main Gate: 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/ signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

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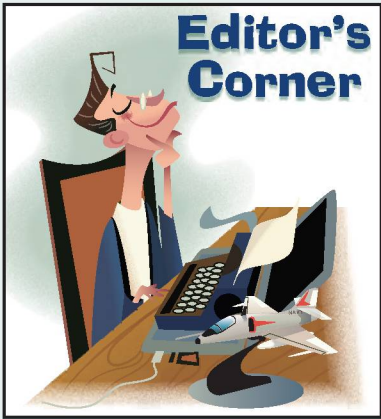
ABOUT INSIDE LEISURE VILLAGE

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August Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the August, 2018 issue is Friday, July 13 at 5:00 p.m. The Display Advertising deadline is Monday, July 23 at noon. Publication is scheduled for Friday, August 3, 2018. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.



The election for the new members of the Board of Directors is over, and the new members have an opportunity to make their mark on the management of the community. While Board members adjudicate many issues confronting the Village, each citizen has the opportunity to influence our living environment through membership in standing committees. In addition to ensuring existing guidelines for various functions are properly carried out, committee members have the opportunity to make recommendations for changes and/or improvements in the manner in which the Village is governed. You may not have been elected to the Board, but you can still make a difference by volunteering your time and experience. I think you will find this edition interesting!

— Tim Palmer



LVTV Program Schedule

July 2018 | Channel 1390
LVTV Committee Email:
lvtvcommittee@gmail.com

Day	Date	Program Time 10 PM and 8 PM
Mon	2	LVA OPEN BOARD MEETING – LIVE (10 AM only)
Tue	3	LVA OPEN BOARD MEETING - TAPED
Wed	4	4 th of July - 2010 (1 hr. 40 min)
Fri	6	LVA OPEN BOARD MEETING - TAPED
Mon	9	What Was My Line - Pat O'Connor, Sandy Rosenthal, Robert Malinow - (52 min)
Wed	11	Women's Club - Tatjana - 2007 (58 min)
Fri	13	L.V. Club Faire and L.V. Craft Faire -2014 (48 min)
Mon	16	L.V. Musicians Summer Pops Concert -2011(2 hrs. 9 min)
Wed	18	Readers Theater - 2017 (45 min)
Fri	20	Women's Club - Dancing Stars Coming To L.V. - 2012 (56 min)
Mon	23	What Was My Line - Natalie Moses, Aurelie Zachary, John Bravos (52 min)
Wed	25	Cooking Show - Summer Fruits - 2013 (30 min)
Fri	27	Players Guild - Lie, Cheat, And Genuflect - 2005 (2 hrs. 13 min)
Mon	30	The Best Of Players Guild Workshops #1 - 2011 (39 min)

BRIEFS

CAMARILLO AREA TRANSIT (CAT)

The Dial-a-Ride must be personally requested the day before your trip. The CAT fixed route schedule is in the Rec Office. It is FREE to Leisure Villagers. There is no service on Saturday and Sunday. (988-4228). The CAT SHOPPER SHUTTLE is Tuesday only from 10:00 a.m. thru 1:00 p.m. Final return trip arrives back at 3:00 p.m. For only \$1 round trip, you can go to the Target area, Ralphs, Trader Joe's etc. (383-5615)

UNITED BLOOD SERVICES - BLOODMOBILE LOCATIONS IN CAMARILLO

Wednesday, July 11, IRS Camarillo Office Bloodmobile 751 Daily Dr., 10:00 a.m.- 2:00 p.m.; Thursday, July 12, St. Johns Pleasant Valley Hospital Bloodmobile, 2309 Antonio Ave. 10:00 a.m.- 2:00 p.m.; Monday, July 16, Carmen and Burnley, 1605 Burnley 2:00 - 6:00 p.m., and Monday, July 30, Carmen and Burnley, 1605 Burnley, 2:00 - 6:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at www.unitedbloodservices.org.

UPCOMING EVENTS

AARP SMART DRIVER CLASS

By Paul Herman

Leisure Village will be hosting a 8-hour Initial Class of the AARP Smart Driver Program on Wed. & Fri. afternoons, July 18 & 20, from 12:30 p.m. to 4:30 p.m. in the MPR. Contact Paul Herman at 805 444-6420 for details.

STORYTELLERS (AND SINGERS) WANTED

By Paul Newman

Here is your chance to make us laugh, cry and/or think! Do you have a funny, touching or important story from your life to tell? On July 19, 2018, Player's Guild will present "Singers and Storytellers." We are looking for Storytellers from our Leisure Village Neighborhood. Stories should be between three and 10 minutes in length.

We're also looking for Singers who would like to sing a song that tells a story (a very broad category of any era). If you do not play an instrument, you will be accompanied by recorded music or live guitar.

All Village Residents are welcome and encouraged to participate. Please contact the show's director, Paul Newman, 805-218-4257 or glarbor@aol.com.

NEW RESIDENTS INVITED TO WELCOME RECEPTION ON JULY 26

The summer Welcome Reception for newcomers to Leisure Village will be held on Thursday, July 26 in the AR beginning at 6:00 p.m. The event is specifically planned for the evening because many new Villagers are still working and not available during the afternoon. The guests will meet the members of the Board of Directors, General Manager Bob Scheaffer and LVA staff as well as members of some of LV's clubs and committee.

Inside Leisure Village

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MUSIC MAN *From Page 1*

my first instrument when I was three. It was an ocarina. We'd listen to the radio, and I'd try to pick out notes."

It was the day World War II ended when George – then seven years old – first picked up a saxophone and has not put it down since. "I found my Dad's sax, put it together, and started to play. Dad decided I should take lessons," he recalls. His music career began and has not ended. "This is all I ever wanted to do," George says. As a teen he had his own band, then he became a studio musician; he founded the Manhattan Jazz Quintet. He estimates he's written "thousands

of songs." (His recent favorites are the original songs he created when each of his 13 grandchildren was born; they regularly ask, "Play my song, Papa G."). He describes his entire musical career as half classical and half jazz.

George and his wife Cynthia moved to Leisure Village nearly four years ago to be nearer to family. He's semi-retired and enjoying the "tranquility," he says. That translates into playing "dozens of gigs now, not hundreds," he says with a laugh. He's also teaching a bit – young musicians at Agoura High School. "Music is sharing. It's not a selfish art," George explains. "You don't play to someone. You play for someone. You want to make everyone feel good."

**'Music is sharing.
It's not a selfish art.
You don't play to
someone, you play
for someone.'**

— George Young

Letter to the Editor

Thank you to the person that turned my lost iPhone into the Main Gate on May 8.

— Marilyn Holthouse, V 20

A heartfelt thanks to everyone for the many flowers, cards, and caring. Helen Barbe, the best sister, grandmother, and friend, in the world, left a void in many hearts with her passing on May 6, 2018.

— Aleta Trogdon, V 30

We wish to thank the good Samaritan(s) of Village 9. In two separate instances unknown person(s) found property of ours which was lost in the neighborhood. We were not aware that we had lost these items. They were returned to our home.

We would like to meet you and thank you personally for your thoughtfulness and acts of kindness. Please contact us at 201 321 0472.

— Ro and Leo Primiano, V 9

IN MEMORIAM

Arnold Borgen, V. 32
Kelso Chandler, V. 37
Richard Woodard, V. 24

To submit a memoriam, call Loretta Reshes, 388-7116

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Village Alert: The Drought In California Continues

By Rick Wilkman

"The Drought is Dragging on in Ventura County" was the headline in the Ventura County Star last month, a stark reminder that our area is entering the 7th year of drought conditions. It underscores why all of us should do our part to conserve water. That includes keeping an eye on the non-potable water system that is used in our garden beds and the common area.

There are over 100,000 sprinkler heads and hundreds of miles of drip irrigation tubing in Leisure Village. The irrigation crew does a good job maintaining our huge irrigation system, but with a limited number of crewmembers, there is a lot of water until it is reported to the Village and only so much they can do. repaired.

Here is where each resident can help to keep our irrigation system operating at its best. The next time you walk past your garden beds, look for signs of water problems. Does the side of your home have damp spots? If you have sprinklers watering the garden, perhaps they need to be adjusted so they water your plants, not the stucco. If you have drip irrigation, it is possible there are leaks in the tubing causing water to spray onto the stucco wall. If you see large wet spots or standing puddles of water in places that do not have drip emitters that can also indicate there is a crack in the drip tubing.

Do you see areas where some plants are getting water and others are not? If there are sprinklers in the garden, they may need to be redirected so all plant are watered. If there is drip irrigation, an emitter could be blocked. Should you see any signs of irrigation problems, fill out a "Green Sheet," submit it to the Association Office, and the irrigation crew will come out to remedy the problem. With the warmer days of summer just around the corner, it is important we conserve water whenever we can. Your help can keep the irrigation system functioning at its best.

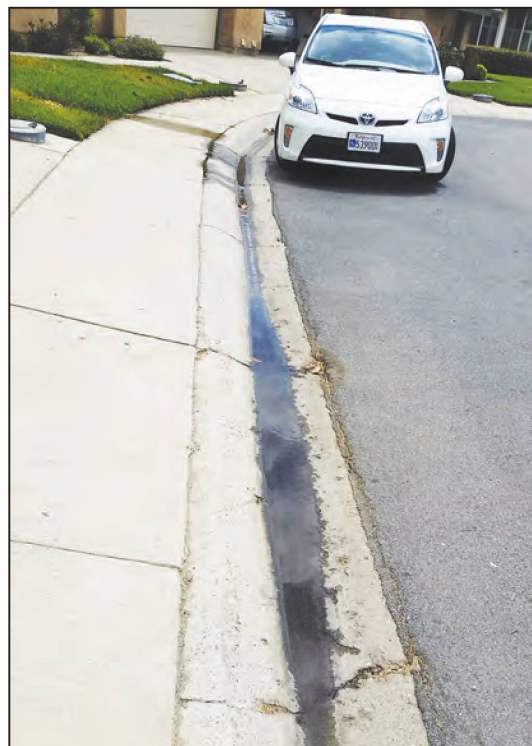
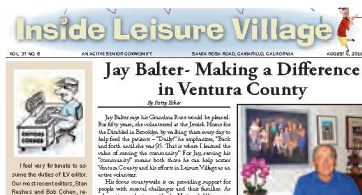


Photo by JERRY SPECTOR

It may not be on the resident's personal property, but a leak like this in Common Area can waste a lot of water until it is reported to the Village and only so much they can do. repaired.

Inside Leisure Village



For Display Advertising contact
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CLUB IN THE SPOTLIGHT

New Look for Ping Pong Club

■ A Familiar Village Activity Gets New Equipment, New Members and New Energy

By Patrick Moore

LV dwellers who seek to recapture bygone table tennis glories can enjoy once again the heft of ping-pong paddles and flash of little celluloid balls, with the resurrection of daily ping-pong play in Leisure Village.

A new version of a table tennis group from years past found a footing in the Club House, Camarillo Room, this past February, and according to the group's founding president, David Sakata, it insinuates an early inclination to prosper.

"We already have about 30 members and are encouraged by the large turnout at our first fund raiser – a bake sale – and ping-pong demonstration. We signed up 13 new members during the bake sale." Paddle Master Sakata said the club is already planning the

purchase of new tables to add to the three it now has.

"Thanks to generous donations from Inside Leisure Village, the Racquet Club, and the Woodshop group, the Ping-Pong Club will have one new table soon," Sakata said.

Ping-pong tables can cost from \$400-500 dollars, and the club now has two tables set up in the Camarillo Room, and a third stand-by table suitable for outdoor use. Sakata said plans are to press the Santa Rosa Room into service for occasional tournament play, with two tables earmarked for use there, plus a fifth to be placed outside in a space behind the swimming pool during summer months, when weather cooperates.

With but two tables available at present, members rotate in and out of the room during the some two hours



Photo by PATRICK MOORE

Daily ping pong games are again becoming a regular sight in the Camarillo Room in the Clubhouse.

playing time each morning. "Sometimes we have 15 or twenty people in the room playing, sometimes we only have three."

Members play ping-pong every weekday at 9:00 a.m. in the Camarillo Room, Sakata said, with occasional weekend afternoon ping-pong for those who are otherwise occupied during weekdays. And it's all just for kicks.

"We just play for fun right now,

"Sakata said, "We plan tournaments for the future, but right now, it is just for fun." The new ping-pong order is largely a social group with casual ping-pong play encouraged. "I would say 50 percent of the reason we all go there is for the social interaction and 50 percent is for playing ping pong," Sakata estimated.

Ping-Pong Club membership dues are \$5 annually. So, lets bounce.



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Garbage Cans, Air Conditioners and Varmints

By Tim Palmer

Over the past year, we have run several articles on the presence of rats in the community. We discussed leaving food out for our pets and getting unwanted visitors as a result. An area that needs to be addressed is food remaining in the garbage vault, either as a result of a corroded liner or, in some instances, broken garbage bags used in place of a liner. The garbage in the vault is an open invitation to varmints and, if the lid does not close properly, a free meal to the unwanted visitors. Furthermore, they are now in the proximity of your unit where they may seek more food and free housing. If you have a liner problem, place a work-order at the front office and a new one will be delivered to you. You will be mailed a bill for \$113.46, a small price to pay to win the war against unwanted critters.

A point in your home that may be used by the rodents for entry is



Photo by JERRY SPECTOR

Controlling unwanted rodents entails fixing worn out garbage containers and making sure that air conditioner holes are properly sealed.



the hole where the air conditioning hoses enter the outside wall of the unit. If the area around the hoses is not sealed, the sneaky little varmints can crawl into the wall and up to the attic, where they will establish a home, rent free. You can fill out a green sheet and have the Associa-

tion come out and check for open vents on your house and the hose connections on the air conditioner that might be a source for entry by unwanted visitors. The presence of varmints is a fact of life here in the Village, but they don't have to live with you!

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By Aleta Trogdon V. 30

How did I get to here
to this particular spot
with so many roads and bends
I could have traveled or not?

Why did I choose this mate
from so many others around
and why am I working this job
At this time, this place,
this town?

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REAL ESTATE

Whether to Sell or Lease your Leisure Family Home

By Sharron Parker

Leisure Village was built from 1973 to 1984 and many residents have lived in their homes for 30+ years. Most of the homeowners in Leisure Village love their home, lifestyle, “village” friends and activities. When it comes time to think about moving, it is often a very emotional decision.

Choices about finding the next home are often influenced by where family lives, what kind of care may be required, if any, budget, etc. Once a new home of choice is selected, then it's time to make those difficult choices about what personal property to take to the new home.

Whether to lease or sell the Leisure Village home is always a question. A professional, experienced Leisure Village Realtor can be a tremendous help to provide the information and assistance required in making these difficult choices. Assistance may include help with emptying the home of personal property, pricing information, any required upgrading estimates, compliance with Leisure Village Association requirements and permits, and all relevant paperwork for the sale or lease of the property.

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CLUB NEWS



Photo by AL BENDEGKEY

2017 Billiards 14-1 winners. L to R Max Chopra, Don Nicksay, Jim Ronge, Gerry Sarno, Vera Erskine, Art Matter, Chris Bogdan, Gary Bunch and Jack Quinn. These are the ones to beat.

THE AMATEUR RADIO CLUB

By Jonathan Fox

In last month's newspaper, I talked about the fairly new Republic of Kosovo that had sent a guest speaker to the Amateur Radio DX Convention in Visalia, CA this past April. Well, on Saturday May 26th at the Leisure Village ham radio station, KJ6LV, we made our first contact with Kosovo. Even more impressive is that on the same day, we made our longest distance contact. The contact was with East Malaysia and has been confirmed. That country is 8667 miles from Camarillo. In total, we now have 62 confirmed countries in our log and 47 states in the U.S.

To those who contributed to the station's tower and antenna project, I can say that we definitely made an impressive improvement to our communication ability—both for the hobby and emergency communications.

You are invited to join us at one of our meetings. There will be no meeting in July. However, our next meeting will be Wed, August 8 at 2:00 p.m. in the MPR. For more information, contact Jonathan Fox at 805-377-3697 or KJ6LV@yahoo.com.

BILLIARDS CLUB

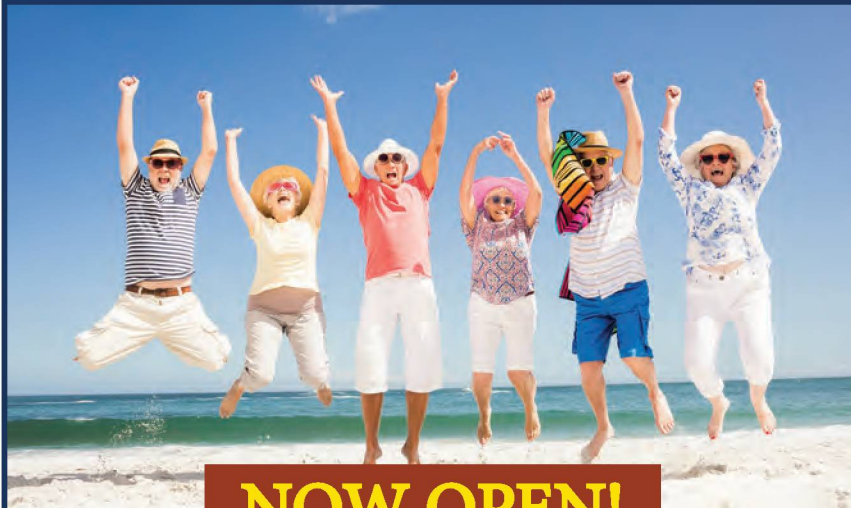
By Patrick Price

The popular 14-1 Continuous tournament runs from Monday, July 16 thru Friday, July 26. Join in the fun and skill of straight pool. Sign-up sheets will be up in the Billiards room for another few days. Then, the Membership Ice Cream Social meeting will take place in the AR on Thursday, August 2nd.

In other news, the fire pit on the Billiards Room patio is fixed. It's ready for our get-togethers after the Thursday night Round Robin and LCR. The round-robins and LCR on Thursday evenings are in full swing (except during the tournament). Be there about 6:00 p.m. to sign-up and help setup LCR. The Billiards Club and associated activities don't happen without volunteers. We're still looking for a secretary for the Billiards Board.

The Billiards Club is asking for contributions of soft drinks, wine, beer and snacks for these evenings. The weather is getting great for some fire-pit/patio fun on Thursday nights.

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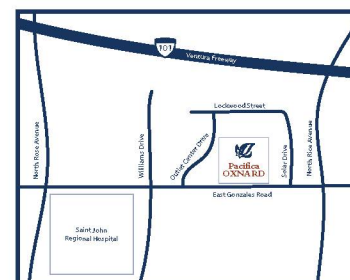
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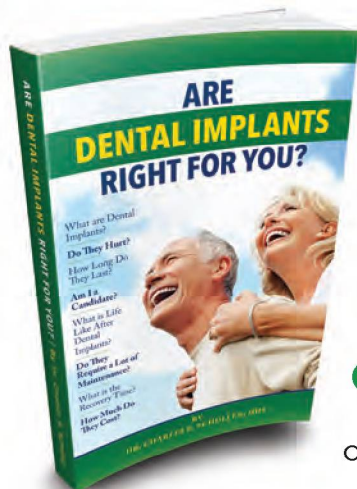
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06LV302S



Photo by JERRY SPECTOR

LV Bowling winners— Wilma Hutson, Alan Singer and Elaine Hitchcock

LV BOWLING

By Alan Singer

Fellow Leisure Village Residents: The Leisure Village Bowling League has now concluded. We have had a wonderful banquet that was tasteful and fun. I think everyone had a good time. Trophies and prize money was distributed. Thanks to all of those that made the banquet a success. Congratulations to Team Seven, the first place team, (Alan Singer, Wilma Hutson, Elaine Hitchcock). Overall second place, Team One, (Linda Neth, Fran Titan and Bobi Shmerling). It was a close and exciting finish.

We are continuing to bowl for fun on Monday, Wednesday and Friday at 9:30 a.m. at Harley's Bowl. Come for fun or to get ready to join the fall league in August. We welcome new bowlers. We will help you get started. The league is designed so that everyone has a chance to win by adjusting the handicap. Don't feel that you would not be able to compete. If your average was 100, your handicap would be 100. If your average was 150, your handicap would be 50. So both bowlers are equal with a score of 200.

Week 33-34 results 200 Games: Gene Kinsey 200 Alan Singer 211. Side pot winners: Laura, Gail, Fran, Bobi, Joyce, Linda, Gene, Art, Alan, Greg, Art, Alan.

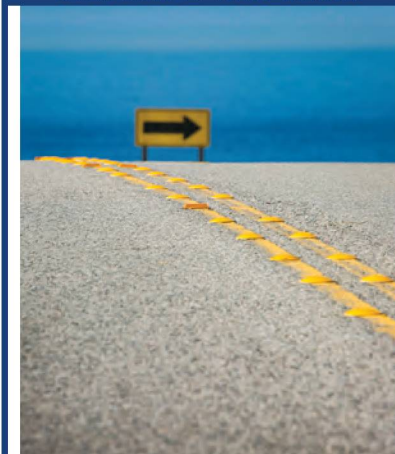
IN OTHER WORDS

By Frank Seiden

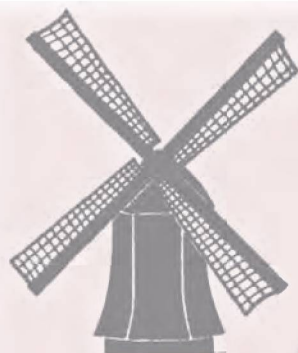
We all have had precious moments in our lives that are still vivid in our minds. They are worth remembering on paper. We shall discuss techniques for making the written memory vivid in the reader's mind.

The second and fourth Wednesdays in July are the 11th and 25th. We shall meet on those days in the Lanai Room from 2:00 p.m. until 4:00 p.m. Our discussions of each other's writings are constructive, supportive and friendly. If you have an interest in writing, visit our meeting so you can decide if we are the kind of group you would like to join.

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CLUB NEWS

THE MAVERICKS

By Margo Secia

Summer is here, so the Mavericks are having a "Pool and Pizza Party" in the Pavilion and, of course, in the pool area on Friday, July 27, 2018 at 6:00 p.m. There will be games played in the pool, so those who want to participate in some water fun, wear your swimming suits and dive in. The pool games will have an entrance fee of \$1.00 per game with cash prizes awarded to the winners. Don't forget your squirt guns! We'll do the 50/50 drawing also. Pizza will be served in the Pavilion, along with salad and ice cream. The Club will be providing beer, wine and water but, as always, you may BYOB. We will have a DJ to provide music for your listening and dancing pleasure and some Karaoke tunes for sing-alongs. Tickets for the evening will be \$3 for paid-up members and \$8 for non-members, which will automatically make you a member for the upcoming year. You can purchase tickets by calling John Wirtz at 1-805-384-8508 or Geri DeSimone at 1-805-402-1465.

In August, the Mavericks are having the "Fashion Show (Thrift Store Style)" and are still looking for guys, gals, couples and groups to model their awesome outfits purchased entirely at a Thrift Store for only \$20 or less. Please call Merle Ruiz at 1-805-444-5225 and she will give you all the details.

Yearly dues of \$5 per person for May, 2018 to May, 2019 may be paid by calling Geri DeSimone at her phone number shown above. Please join and be a member of the Club, as we are planning to have a really great year.

If you have any questions or comments, please feel free to contact President John Wirtz at his phone number shown above.



Photo by JOSEPH BENTI

Demise of Hole Marker Hole 11

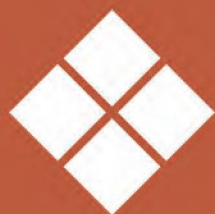
MEN'S GOLF

By Joseph Benti

On June 20, at the Annual Installation Luncheon, Club's officers for the coming year (2018-19) were sworn in. Returning for a second term: President Gerry Sarno, 1st V.P. Norm Paniagua and Secretary Mike Gross; new to the Board: Treasurer Max Chopra and 2nd V.P. Tony Minero.

Annual Awards were also announced at the meeting: A-Flight, Bob Michna was selected after a 3-way tie with Ray Nakata & Tony Minero; B-Flight, Don Nicksay, C-Flight, John Hollenbeck and 9-hole, Fred Wells; Super Senior Awards went to Robert Malinow, Bill Foeller and Bob Alexander; Club Championships were won by Bob Michna, Bob Driscoll, Norm Paniagua, Paul Coffman and John Palmer, and the Tournament Championships in Regulation Golf went to Chuck Kiskaden and Bruce Hockstadter.

Finally, as evidenced above, we report the unexpected demise of one of our golf-hole markers on the 11th tee on the back nine. Clearly, the "faux wood" post was no match for the real thing. According to Karen Snethen the Village Landscape Inspector, the fatal blow was struck by a falling tree limb; a replacement post is on order. The one-and-done occurred between Villages 17 and 19 one early June weekend.

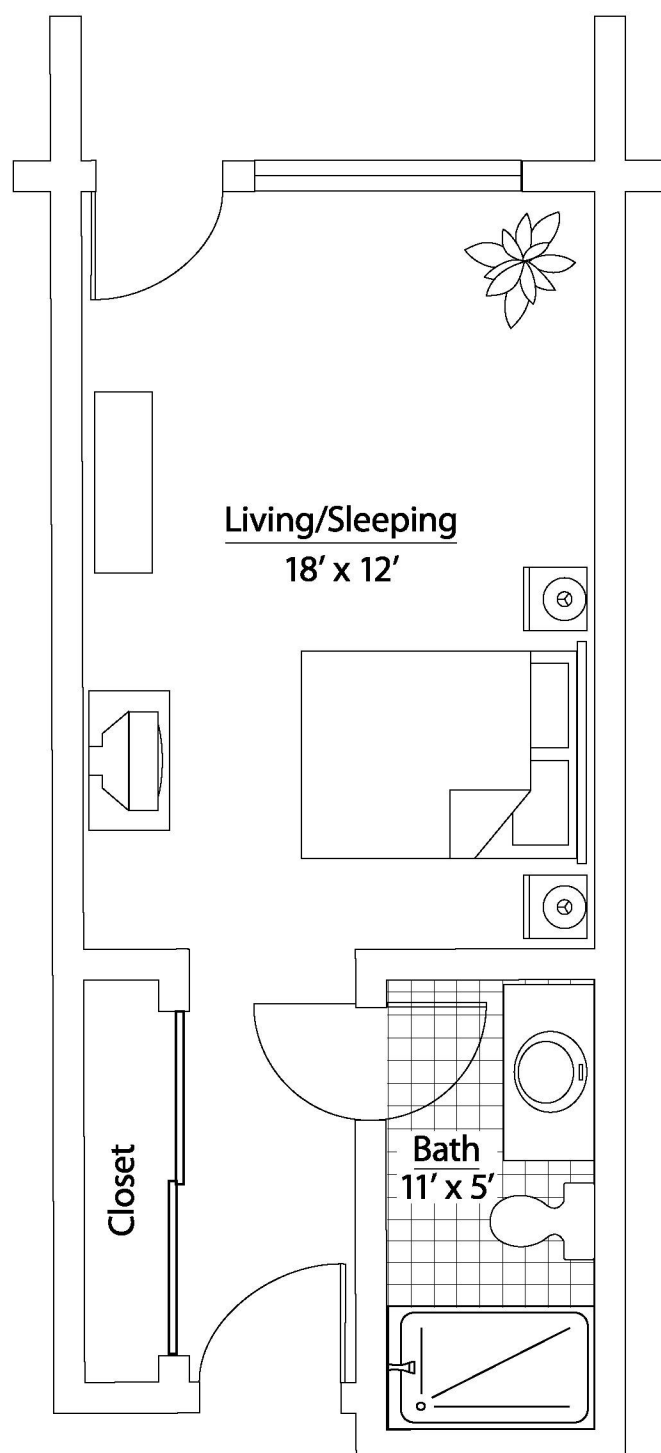


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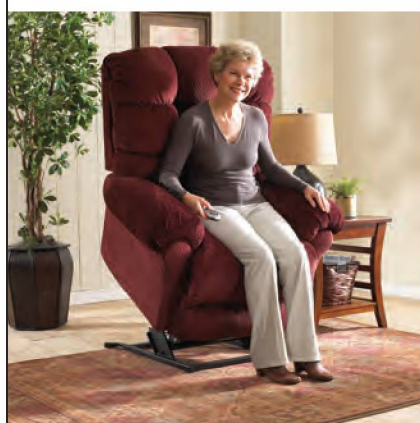
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CLUB NEWS



Photo by BUD BRADLEY

What has become an annual Village tradition brought hundreds of residents to a June performance in the AR by the student Jazz Bands from Camarillo High School. Villagers said "Thank You" to the young musicians by donating more than \$2200 to the school's music program.

VILLAGE MUSICIANS

By Herb Stein

Imagine yourself at the "Bowl" with friends on a warm star-lit Tuesday evening --- the music, the

ambience, a glass of wine. What could be better? Now imagine the same warm star-lit evening, music, wine, some coffee and refreshments (think Millie's famous pineapple upside-down cake) under softly-lighted trees on the lawn in Leisure Village.

Be sure to save 7:00 to 9:00 p.m.

Tuesday July 17 for our 2nd annual "Concert in the Park" in the LV picnic area. Don't miss this magical evening of musical entertainment featuring LV's own "Groovin' Easy Big Band. This event promises food for the soul and enjoyment for all. Tickets are \$10 per person and wine, coffee and refreshments are included. This will be a great event to bring your friends and special guests. There's no need to drive and you don't even need to bring lawn chairs! Comfy seating will be provided. Sale dates for tickets (while they last) are Monday through Thursday, July 9 - 12:00 a.m. in the Rec Center lobby from 9:00 to 11:00 a.m.. Need more info? Call Sharon Hames 805-445-7178.

Our next Movie Night is on Monday July 16, when we will screen "The Greatest Showman," a 2017 musical extravaganza starring Hugh Jackman as circus impresario P.T. Barnum. Movie nights are always FREE and we even provide the popcorn. Contact: Dick Guttman, 805-484-5806.

Our 17-piece "Groovin' Easy Big Band" continues its rehearsal schedule on Tuesday evenings July 10, 24 and 31 in the AR from 7:00 to 9:00 p.m. Come enjoy the music with complimentary refreshments during a short break at the end of the first hour. All residents are welcome to attend these FREE, events. For further info, contact: Sharon Hames, 805-445-7178.

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CLUB NEWS



Photo by GREGG GILLMAR

Marsha Fieg and Family loving their pets

PET CLUB

By Ruth Stubba

Lots of dogs visited the Pavilion at our June Pet Carnival, ready to be photographed by members of the LV Photo Club. They posed by the gazebo and inside the Pavilion against a beach themed background while their owners got to enjoy popcorn and ice cream. Over \$250.00 in gift certificates and gift baskets were raffled off at the event.

Stephanie Sayre, owner of Wings of Discovery, is bringing a live bird show to our Pavilion on Monday, July 9 at 7:00 p.m. Come see some owls and other raptors, and learn about the value and needs of these birds. Contact Ruth Stubba (805) 496-7188.

PLAYER'S GUILD

By Stan Reshes

Get ready for a new format of entertainment called "Memoirs and Melodies." A mix of story teller's stories and singers singing story-filled tunes, with all the singers backed up by live guitar and ukulele music. The stories are personal accounts from Villager's lives that may make you laugh or cry. All this happens Thursday evening, July 19 at 7:30 p.m. in the AR. In fact, if you have a story (3-6 minutes long) that you would like to tell, Players Guild has a

couple of spots open. Please contact Director Paul Newman at 805-218-4257 or glarbon@aol.com if you would like to tell your story. Don't miss this exciting new concept. And of course, those great refreshments will follow the show.

LV PHOTO CLUB

By Rita Linsey

The LV Photo Club members Gregg Gillmar and Bill Margulies volunteered their time for a fundraiser to take fun photos at the Pet Club Carnival on June 11 in the Pavilion area. The owners were able to view the photos on a website call "SmugMug," one of the latest ways to share photos.

The next meeting for the LV Photo Club is on Thursday, August 2 at 6:30 p.m. in the MPR. Assigned Category for July is "Sports." In September, the Assigned Category will be "Architecture," October "Vehicles," and November "Close-up Macro" All residents are invited to attend the competition meeting. Take a look at our winning photographs in the Rec Center hallway and the MPR. Club dues are only \$10 a year. We have a new program called "Virtual Vacations" where you have your photo taken in front of exotic backgrounds on a "green screen." Contact Rita Linsey for more information on "Virtual Vacation:" (805) 484 8653, rdlinsey@gmail.com.

CLUB NEWS

LV RV CLUB

By Jean Tucker

The RV Club is dark for the month of July, no meeting is scheduled for this month. The next meeting will be on Tuesday, August 14. Keep your calendar clear for the RV Club's ever popular Annual Champagne Pancake Breakfast on Saturday, September 22. Volunteers from our club put this event on every year for all the residents of Leisure Village.

Current events in the planning stage are:

November campout at Flying Flags in Buellton

January campout at Hobson Beach

RACQUET CLUB

By Len Zakas

The summer picnic will take place on Saturday, August 4 from 12:30 to 3:00 p.m. It will be a potluck

luncheon held in the Pavilion area. Do you have a signature dish? This is your opportunity to show it off. Sign up on Bulletin Board starting July.

Friday, July 20, at 5:00 p.m. is our 3rd Friday of the Month Summer Social & Sports Night. Tennis, pickleball, and paddle tennis players gather at the courts for fun, play, and potluck snacking. Guests welcome!

The June Jive Tournament was a fun time for 36 players plus dozens of cheering fans. All winners received a gift card to Trader Joe's. Congratulations to the pickleball winners: Allan Rosell, Claire Scott, Roy Gardiner and Mary Fischbach, and to the paddle tennis winners: Gary Carroll, Georganne Norton, Chuck Dolan, Sheri Kellogg, Chuck Hall, and Buster Hayslett.

NEW Summer Hours:

Racquet Club Designated Play Times: Round Robin on Mondays and Wednesdays from 4:30 pm to 6:00 pm.

Pickleball mentoring available during Round Robin. Allan is heading up

this effort with Parker assisting. The purpose is to help developing players raise their skills so that they can keep up with the more experienced players. This additional help ends July 18, so take advantage of it while you can.

Paddle Tennis Intermediate play each Tuesday, Thursday, Saturday and Sunday at 9:00 a.m.

Pickleball Intermediate play each

Monday and Wednesday at 9:00 a.m. and also on Tuesdays, Saturdays and Sundays at 5:00 pm to 6:30 pm.

Tennis players meet on Saturdays at 4:30 p.m. All former players are invited to join the group, but no lessons for beginners. Questions? Email Georganne at Georganne.norton@icloud.com or Mary at northshore-blue@yahoo.com

CAMERA CLUB WINNERS • OPEN CATEGORY



■ 1st— Gregg Gillmar - Flowers and Clouds

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CLUB NEWS

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hi everyone. Summer is here and in full swing with local concerts and festivals. The Saturday Night Dance Party is a great evening to meet new friends and dance. YOU asked for it - we listened! Saturday Night Dance Party will soon include a dance lesson, taught by a professional dance teacher, with the price of admission. For details, see our dance posters or read our Club News articles in Inside Leisure Village. You may also call Andrea (805-432-6165), Jackie (805-340-9513) or Louise (805-302-9257).

Sid Necowitz had his 90th birthday with family and friends joining our party. Cake was also served by the family. Just a reminder to let Jackie know if you are having a celebration so the tables can be set up in advance.

July Schedule: 7/14 Tropic Starr (Lazy Days of Summer) and 7/25 Wyatt Haupt (Milk Chocolate Day)

A new article in Woman's Day magazine stated how important dancing was to the mind, body and social interacting. We hope you will join us at the dance, 7:30 to 10:00 p.m. Admission is \$10 per person. Refreshments, coffee, punch and fresh popcorn included with a wine raffle. We also have several hosts to serve as dance partners.

Hope to see you there for a great evening.

SHOWTYME

By Jennifer Stein

Some like it hot... especially when Carlos Oscar performs on Showtyme's Fabulous Friday, July 13. There is nothing in the world so irresistibly contagious as laughter & good humor. People who make other people laugh help



File Photo

Carlos Oscar, performs Friday July 13

cure a multitude of ills. Carlos certainly has a talent for that; he has been a professional comedian for over 20 years. Unlike most comics, Carlos refrains from using profane language, an asset that sets him apart from all the rest.

Show tickets will be on sale in the Recreation Center lobby at 9:00-11:00 a.m, July 6 to July 12. Tickets will also be available at the door on Friday, July 13. Tick-

ets are \$5, no refunds, no reserved seats. Show starts @ 7:00 p.m., doors open at 6:15 p.m. Contact Jennifer 805 204-8324

WII BOWLING

By Ginny Bryce

We are having a General Meeting, a Potluck Lunch, and a RED, WHITE and BLUE Tournament on Saturday, July 14, from 11:00 a.m. to 3:00 p.m. The meeting and potluck will be held in the Santa Rosa Room and the Tournament will be held in the Ventura Room. The fee is a food dish for the potluck.

Please sign up for Wii-Bowling and join in the fun. Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all. Come join us. For information, please call Barbara Bell at 805-388-2264, or BettyTierney at 805-300-6105

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CLUB NEWS

WRITERS CLUB

By Harvey Brosler

WRITE-PRESENT-PARTICIPATE-ENJOY-LEARN. We all have significant events in our lives. Would you like to share aspects of your life, and your opinions with other residents? Come to the Writers Club meeting held every Monday at 1:00 p.m. in the MPR. No special ability or prior experience required. You may write on any topic, fiction or nonfiction, or use the Suggested Topic for that day. Microphones are provided. Residents who may consider becoming a member are invited to attend any of the meetings to listen to the presentations and participate. Stories of The Month are displayed just inside the entrance to the Village Library. Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com, or Harvey Brosler 465-0006, hsbros@roadrunner.com

VETERAN'S CLUB

By Tim Palmer

The Veterans Club meets every fourth Thursday at 7:00 p.m. in the MPR. Our purpose is to share camaraderie with fellow residents who have served in the Armed Forces. We have had speakers who have combat experience in World War II, both on the ground and in the air, as well as authors who have written about combat heroes. Our July speaker is Ed Vasquez, held over from June due to a schedule change. Ed is the creator of the LV Veterans Memorial. We want veterans to feel proud that they wrote the blank check to Uncle Sam, willingly offering their lives in the defense of our country. Veterans, their families and any interested residents are invited to join former service members for relaxing esprit-de-corps and story-telling. Refreshments will be served.

VILLAGE ARTS

By Patti Crichton

There was no meeting in July due to the holiday. The Lanai Room will be open for independent art work as usual, on Mon., Tues., and Fri. afternoons starting at 1:00 p.m.

Thank you to Kathy Jarvis for displaying her colorful paintings in the Library for the month of June. Pat McGregor will show her lovely work for the month of July. We will get together on Aug. 1 for our annual Potluck Picnic in the Pavilion. Lunch begins at noon. Please bring your dish to share with serving utensils, by 11:45 a.m. See you there!

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CLUB NEWS

WOMEN'S CLUB

By Louise Romero

The Leisure Village Women's Club will be dark in July. The next meeting will be Thursday, August 9, at 1:30 p.m. in the AR.

The Women's Club Boutique and Social Workshop will be dark in July. In August the Boutique will be open on August 7, from 10:00 a.m. until 2:00 p.m. in the MPR, and Wednesday, August 15, 4:30 to 6:30 p.m. in the AR Lobby. Come shop the many new items available, as well as See's Candy and vintage jewelry. Fundraiser

sales of Axxess Cards and books for \$30 continue. Social workshop days are August 14, 21, and 28, anytime from 9:00 to 11:00 a.m. in the MPR.

WOMEN'S GOLF

By Patti Crichton

The annual Installation and Awards Luncheon took place on June 27 in the picnic area. Thank you to Sheila Bunch for serving a great lunch! Many former golfers, including a number of past LVWGA presidents, attended. They had seating at a special table



decorated with memorable golf photos of them, and shared some good stories. Did you know that in the 1990's, up to fifty ladies played outside golf?

President Patricia Turner recognized the accomplishments of many current members who placed in tournaments and improved their golf games over the past year. First place winner names are engraved on the Women's Golf plaques displayed in the Courtyard glass case.

■ **President's Cup:** 18 holes - Kerry Williams

9 holes - Patti Crichton

■ **Most Improved:** 18 holes - Kerry Williams

9 holes - Janice Melling

■ **Club Championship:** 18 holes - Kerry Williams

9 holes - Patti Crichton

Congratulations to all participants!

Upcoming events in July include our monthly meeting on Wednesday, July 11 in the Garden Room at 2:00 p.m. Come early to enjoy refreshments, visit and buy 50/50 tickets. The Summer Eclectic Tournament also takes place for two Wednesdays in July. Check your new handbook for dates and details.

SINGLE ACTIVE SENIORS (SAS)

By Lee Edwards

Please join us for dinner on Tuesday, July 10 at 5:00 p.m. at Ottavio's. Call me at 805 484-3289 to confirm your reservations.

See you on the 10th.

CALLING FOR VOLUNTEERS

Do you want to meet new people, give back to our community, or just have fun? Here's how: Join In!

The quality of Village life is in large part the result of the contributions of hundreds of residents who share their energy, creativity, and talents as volunteers in a variety of ways that give us pleasure, inspiration, information, and entertainment.

Share your interest, experience or enthusiasm. No particular talent is necessary; in fact, the opportunities to learn new skills are numerous, while you make new friends and have fun.

Writers for Inside Leisure Village

Responsible for writing articles of interest to LV residents. Attend a meeting twice a month and participate in final editing. Use Microsoft Word. Contact Tim Palmer at 1-904-826-5945 or editorilv@yahoo.com.

VIDEOGRAPHERS

Take videos of events, interviews, highlighting activities in Leisure Village. You would do your own editing post production. Please contact Rita Linsey at 1-805-484-8653 or rdlinsey@gmail.com for more info.

ENEWS Editing and Proof Reading Work on your own Mac or PC. Requires computer skills editing and proof reading in Microsoft Word using 'Review'. Contact Rita Linsey 805-484-8653 or rdlinsey@gmail.com.

Cartoonist - Inside Leisure Village Use your drawing skills and innate humor to entertain your fellow residents. Computer skills not required. Contact Tim Palmer at: 1-904-826-5945 editorilv@yahoo.com.

WOMEN'S CLUB

Opening for officers this year:

- President
 - Third Vice President - in charge of membership
 - Treasurer
 - Corresponding Secretary
- These positions come with no pay, but the rewards for service are priceless! Contact Shearon Millar, President at: 805-603-2773.

To place and ad here contact Tim Palmer at 1-904-826-5945 or editorilv@yahoo.com.

LV Photo Club

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CLUB NEWS

WOODSHOP

By Bud Bradley

The Woodshop welcomes residents who are interested in joining our group of woodworkers. If you have interest and can demonstrate basic safety skills with equipment you wish to use, such as a sander, scroll saw, chops saw, band saw and drill press, please call Ron Quick at 805-603-8456.

Our Woodshop Committee members are available every Tuesday and Wednesday between 10:00 a.m. and 12:00 Noon to repair most wood items for Villagers. We gratefully accept donations to help defray the cost of normal materials and supplies.

Through May, 2018, the com-

pleted jobs are as follows:

Resident projects	115
LV/Club projects	20
Quickie projects	21

The Annex is set up with basic power tools and continues to add and update equipment and supplies. If you are a skilled craftsperson and can demonstrate those skills, you can gain access to more complex tools and equipment in the Main Wood Shop. We have added "Alexa" to the staff of the Woodshop for the key-holders. Come by and meet her. Finally, a reminder to current key-holders: should you have completed a project that you would like to highlight, we will post a photo of it on the bulletin board outside the shop. Email your photo to Bud Bradley at Hipbud2@gmail.com, or bring a photo to the woodshop Tuesday or Wednesday a.m.



Photo by BUD BRADLEY
A drop-down sewing table was made by a Woodshop craftsman.

LV TRAVEL

By Carol Moody

Now is the time to sign up for our only wine tasting event of the year. Since Fall is grape harvest time, it seems to be a perfect time to journey up the coast to the Santa Ynez Valley, home to many outstanding wineries. On September 13, 2018, we will tour a couple of award-winning wineries, then have lunch in Buellton at the Firestone Walker Brewing Co. For those of you who would rather have beer than wine, this is the stop for you. After lunch, we will be off to the quaint town of Los Olivos. The town is filled with art galleries, a famous western ware store, a wonderful funky nursery and many wine tasting rooms (for those who didn't get enough of the good stuff). We will do a little olive oil tasting and still have time to explore the four-block town on our own.

Looking ahead to next spring, April is tulip blooming time, so what better way to see the



flower fields than a Springtime River Cruise through Holland and Belgium with plenty of stops along the way to enjoy windmills, history, and, of course, flower gardens (including the world's largest - Keukenhof Gardens). You may sign up now for the April 4-12, 2019 departure leaving from Leisure Village. Join us in the Garden Room at 1:00 PM on July 24, 2018 for a special slide-show presentation with all the tour details. There are also brochures in the Travel Office.

Lastly, "save the date" for December 5 when we will be head to the famous Riverside Mission Inn for their yearly festive holiday lights show. The trip will include a late lunch and a guided tour of the historic Inn before sunset when the lights turn on.

Come travel with us!!! Stop by the LV Travel Window in the Rec Center to pick up brochures and flyers. We are open Tuesday, Wednesday and Thursday 9:00-11:45 a.m.



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COOKING WITH LARRY

Where's the Starch? *(And we're not talking shirts)*

By Larry Swartz

I heard through the grapevine that a former caterer lived in Village 22. Really???? Someone that close I could talk food with, who understood the preparation of food and I didn't know about it. I had to rectify that, so I meet up with Sheila in Village 22.

Sheila's food origins are in the Midwest and I've met people like her before. These are the people who come to California (just like me)... people who are used to a meal being something like pot roast, potatoes, corn, pork 'n beans, white rice with gravy and rolls...ok maybe some canned Blue Lake green beans). When Sheila went to her first pot luck "BBQ" (which I think we all know doesn't mean ribs or pulled pork butt), there was this spread of four salads, fruits, hot dogs and hamburgers. She screamed in awe "Where's the Starch"!!!!!!?

Sheila is a self-taught cook but got lots of tips about the art of cooking

and presentation from working with the catering division of Wolfgang Puck's food empire. She became very good at watching and copying...the sign of a smart person who wants to learn anything. She also became quite good at adaptation, another quality of a good cook.

You may catch her around the golf course or prepping meals for golfers. She was willing to share one of her recipes with me that she served on one of her many cooking adventures. Sometimes called Chicken Picatta, here is:

Sheila's Chicken Limón

- 5 Chicken Breasts
- ¾ lb. Unsalted Butter
- ¼ cup White Wine
- 2½ oz Fresh Lemon Juice
- ¼ cup Heavy Cream
- Capers
- Italian Parsley

Pound chicken breasts. Lightly dust them in flour. Saute breasts until golden brown...but not quite fully cooked. Place browned chicken



• Sheila's Chicken Limón

breasts on a pan and cook for 10-15 min. in a 400 degree oven to finish them off.

Sauces can be tricky but if you follow these instructions carefully, it'll work. Sauce: Cut butter into small 1oz pieces and allow to soften at room temperature. Meanwhile, combine white wine and lemon juice in the pan the chicken was cooked in. Over medium heat, reduce the wine and lemon juice to 25% of the original volume. Add cream. Reduce by

50% or until semi-thick. Reduce heat to very low. Slowly incorporate softened butter using a rubber spatula. Mix constantly until butter has been incorporated. Pour sauce on top of chicken and sprinkle with capers. A fresh sprig of Italian parsley will help to make it "Italian".

Note: There is a way to make this dish without the heavy cream but it requires a little more patience and "sauce-knowledge." If you want it, write to me tascosa@earthlink.net

HEALTH CORNER

Senior Hydration: Why It's Important

By Andy Smith

Diminishing Returns

If someone ever asks you what you're made of, the appropriate response should be, "water." After all, throughout most of our lives, water makes up more than 50% of our body content - a majority of which is contained inside our cells. And while it may sound like a lot, we're not exactly great when it comes to holding onto it. Through perspiration, respiration, and urination, we experience an average loss of 70 ounces of water each day. This is, of course, why we replenish our fluids throughout the day. This may not be difficult for young or middle-age adults to do, but it can be trickier for seniors, due to certain age-related factors.

Because of this, seniors are more likely to become dehydrated, and

face a greater risk of everything from falling to urinary tract infections, and even kidney failure. In this article, we'll explore the factors that influence hydration, the health consequences of dehydration, and steps seniors and caregivers can take to reduce the overall risk.

What Impacts Hydration for Seniors?

As mentioned, losing water through biological processes is normal. However, as we age, we tend to lose more than usual because the body's ability to conserve water diminishes with time. Complicating matters even further, older adults' thirst signals aren't as efficient as they once were, making it difficult to know when to drink water. Dehydration can also result from:

- Chronic urinary incontinence
- Limited mobility
- Limited access to clean water

- Difficulty swallowing
- Memory problems
- Medications, such as diuretics

If left unchecked, dehydration can lead to a number of serious problems. In fact, it continues to be noted as one of the most frequent causes of hospitalization among older adults. Immediate problems can include seizures and heat stroke, but over time, dehydration can cause a reduction in blood volume, urinary tract infections (UTIs), pneumonia, and kidney failure. Given the severity of these problems, seniors should certainly recognize the importance of proper hydration, but it's also critical for them to understand that dehydration is not inevitable.

Hydration Tips

Sixty-four ounces of water - or eight 8-ounce glasses if it's easier to remember - is generally considered the standard when it comes to proper

daily intake, but more may be needed depending on prescribed medications or health conditions. Thus, seniors should talk to their physician and adjust accordingly. The tips below will help guide them toward the daily goal:

- Keep water close by and within arm's reach - as a visual reminder
 - Avoid caffeinated beverages or replace with their non-caffeinated counterparts
 - Make drinking water enjoyable by making popsicles, frozen juice pops, sorbets, or other hydrating treats
 - Drink additional water when taking medication(s)
 - Keep a water-drinking schedule so as not to rely solely on thirst
- Eat foods high in water content, such as:
- Soup, Yogurt, Cucumbers, Apples, and Blueberries.

CLASSIFIED ADS

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