

INSIDE LEISURE VILLAGE

WRITTEN AND EDITED BY AND FOR LEISURE VILLAGERS EXCLUSIVELY

Vol 12 No. 11

Pleasant Valley, Camarillo, California

January 25, 1991

Current Issue: SECURITY

By Sol Robin

The next Current Issues Forum will be held on Fri, Jan 25 in the AR at 7:30 p.m. The subject: "Neighborhood Alert -- Be aware of vital safety tips for living successfully inside and outside Leisure Village."

The meeting will be co-sponsored by the LV Security and Safety Committee, chaired by V. Herbert Marks.

Appearing in the panel discussion will be Max Moses, Chief of LV Security; Charles Campbell, Municipal Court Judge of the Traffic Court; Ray Abbott, Commander of the Camarillo Sheriff's Department; Glenn Sanders, Community Relations Officer of the Sheriff's Department of Crime Prevention; and Florence Prushon, Assistant Administrative Officer of the Superior and Municipal Court System of Ventura County.

Next Month

The next Current Issues Forum will be held on Friday, Feb 22 in the AR at 7:30 p.m. Guest Speaker will be Cynthia Cooke of the World Affairs Council of Ventura County.

Miss Cooke has recently returned from a four weeks trip to the Soviet Union where she interviewed dozens of Soviet officials. Her knowledge of the serious problems facing Gorbachev is both timely and helpful in giving us a better understanding of the issues that threaten to tear the Soviet Union apart.

Health Fair Comes To Village February 4

By Sandy Okum

Your Neighbors Care Group is sponsoring its annual Health Fair, to be held Monday, Feb 4 starting at 7:00 p.m. in the AR. As in previous years, residents will have the opportunity to be screened by doctors and medical technicians from head to toe.

Also the Pleasant Valley Hospital staff will draw blood for a 24 chemistry-cholesterol-glucose panel at a \$16 charge. This could run \$75-\$100 at a doctor's office. Fasting is NOT necessary for the blood test.

New this year--A.M.C. Cancer Research will pass out the colo-rectal test kits, free of charge.

Please, please to avoid a stampede for the blood panel, take a number to

be issued at the door of the AR as you arrive. We will attempt to have blood drawn by number only. Instead of waiting in line for your number to be called, you can visit all the other testings and exhibits without the fear of missing your turn. Numbers will be called by "up to" sequence. With cooperation, everyone will enjoy a health informative evening instead of going home aggravated.

All future YNCG Health Fairs will also be held in the month of February. An agreement was made with Pleasant Valley Hospital last year not to have our Health Fair too close to theirs. They have Health Fairs around May and October. Now you can attend all of them.

YNCG Needs Special Volunteers

By Sandy Okum

Y.N.C.G has a very rewarding job for a couple or a single person living in LV.

Because of health reasons, Rolland and Valerie Barbeau are going to give up conducting the Foodshare program in the Village.

For the past ten years YNCG has assisted from 10 to 16 families in LV who are on fixed incomes -- such as Social Security, etc. -- and needed a little help to survive in our present economy. With the help of the Federal Surplus Program, Ventura County Foodshare and generous donations from LV clubs, etc., YNC are

able to do this.

Food from Foodshare delivered to LV every Tuesday, must be distributed that day. Some has to be stored for future use. The participants in the program are responsible for their pickup.

Rolland and Val Barbeau, who have reaped a lot of pleasure, gratitude, compliments and knowledge that they are helping people live better, will gladly help train the new volunteers.

The reward you get is that nice "heart" feeling that you are doing something really worthwhile for your neighbors.

Those interested should call Sandy Okum, YNCG, 482-8125.

On Feb. 4 you can be screened for:

Glaucoma and vision--Dr. Ragan, ophthalmologist, and Stuart Heller, optometrist.

Foot Problems--Dr. Jon Williams, podiatrist.

Hearing--Michael Marion, audiologist.

Mouth-Dentistry--Dr. Doug Snider.

Skin problems--Dr. Gerald Karpman, dermatologist.

Oxygen saturation: Pleasant Valley Medical

Supply, Jerry Harris.

Colo-rectal blood test: Free kit from A.M.C. Cancer Research.

Blood pressure--Livingston Nurses.

Also available for health information will be representatives from the American Heart, Lung, Cancer, Arthritis and Diabetic Associations; Camarillo Hospice and Health Care District; Livingston Memorial Nurses Assn; the Advantage prescription program, etc.

Village Microwave TV Antenna Goes Up

After many months of waiting, including considerable negotiations and acquisition of necessary permits, the installation of the receiving tower for the LV Microwave television system was achieved during January.

This 40-foot tower is installed across the walk from the Channel 12 Studios at the Recreation Center. The dish antenna atop this tower will receive its signal from a transmitting tower located approximately five miles away, near Moorpark.

This equipment is part of the system being furnished to LV by the Camrosa Water District, to replace the existing TV system which includes the 300-foot tower located near the 101 Freeway.

Camrosa must install another water storage tank on the site which is presently occupied by the Village tower.

The microwave system



Photo by Novick

Microwave TV tower is up. Village TV reception should soon be improved.

is expected to provide improved TV reception in the Village. Before we relinquish control of the existing system, Camrosa will have to complete installation of their transmitting equipment and demonstrate satisfactory performance for a 30-day period. Stay tuned.

INSIDE LEISURE VILLAGE

• O P I N I O N •

All About Time

Did you ever think there would come a time when you'd be living in Leisure Village, Camarillo? A time when you would not always be pressed for time? A time when you would not be controlled by deadlines? A time when you would have ample discretionary time? A time when you could pick and choose where and when you would invest your time? Now that you're at this point in time, here are ten tips to help use time more effectively in Leisure Village.

TAKE TIME every day to realize how fortunate you are to be living in the uniquely special community of Leisure Village.

TAKE TIME every day to give a LV resident a cheery "Hello," or to give someone a hug.

TAKE TIME to meet and know your neighbors. Help them when and where you can -- the basic good neighbor policy at any time.

TAKE TIME to choose at least one month of the year as a No Gripe/No Complaint Month. Use the month as complimentary time.

TAKE TIME now to select a plan for attending the monthly LVA board meetings.

- () Every month () Every other month
- () Months with the letter "R"
- () Months without the letter "R"
- () once every quarter
- () The month of your birthday
- () Other

TAKE TIME to meet the hard-working employees of the Village. Give them a pat on the back for the time they work for you at the Rec Center and on the Village grounds. Sometime, stop in at the LVA office just to say "Thanks."

TAKE TIME to sign up with one of the vital committees in the Village and experience the personal satisfaction of using some of your time to make and keep Leisure Village a great place to live. Your special talents fit no less than one committee.

TAKE TIME to join and get active in one or more of the clubs and social and entertainment groups in the Village. In a short time you'll make new friends and discover new skills.

TAKE TIME to enjoy the many exceptional programs, events and facilities at the Rec Center. They are presented at appropriate times for your enjoyment and participation.

TAKE TIME to communicate your suggestions and constructive criticisms to the LV Board of Directors. They are not untouchable. They welcome your input at any time. By the way, take time now to name the five current board members.

What you have just read is ALL ABOUT TIME. Now it's time to get busy on other things. See you around from time to time.

LETTERS

ILV has obligated itself to publish all Letters to the Editor that are not libelous or profane, but views or statements expressed as facts, are the beliefs of the writer, and are not necessarily supported by the Staff of ILV.

I want to thank all my friends and neighbors for their cards, calls, food and good wishes before and after my surgery. I feel much better now and hope to see you soon on the golf course again.

Maria Meyers, V16

Milford and I want to thank all our many friends for the donations and cards we received in honor of my birthday and our marriage.

We would like you all to know how much your good wishes mean to us.

Lee and Milford Eisenberg, V 34

We would like to thank all of our friends and neighbors for their caring, generosity and visits. We can't begin to tell you how much it meant to us and helped at the time of our bereavement.

Marilyn and Marty Rose, V20

Dear Frank loved the village. His warm friendliness brought out a similar response. Neil, Rona and I

are grateful for the outpouring of love and respect for a "gentle man." Thank you all for the many tributes, support and caring at this sad time.

Ethel Goldfarb, V17

To all my friends who showed that they cared, I send all of my love.

Max Polley, V3

So many residents have responded to the call for recycling of holiday cards, it amazed me. My thanks to each and every one; be assured they will be put to good use.

Betty Sullivan, V34

The family of Lillian Beckman would like to acknowledge the many cards, calls and remembrances. Lillian passed away Jan 3. She will be missed by her family and caring friends in Leisure Village. Her dearest friends, Jennie and Mae, helped make her life here a happy one.

Tracy B. Ramos, granddaughter

Lucille Markley, V14, sister

To my good friends and neighbors of Leisure Village I do thank you for your kindness and thoughtfulness when my beloved husband, Don, passed away. Thank you all so very much.

Kay Varley, V5

ABOUT NEXT MONTH

Coordinator for next month will be Frances Gold. Please follow guidelines and be as brief as you can. Deadlines for the February 22 issue will be Monday February 4. To arrange for a photographer, call coordinator at least 3 days in advance.

INSIDE LEISURE VILLAGE

Editorial Staff

Lois Atz - Jeanne Carlson - Frances Gold
Jim Holthouse - Romaine Lambert - Betty Murray

Coordinator for this month: Jim Holthouse

Photographers: Bob Novick and Max Klapperman
Staff: Jack Whalen and Betty Sullivan

Nominating Committee Organizes

The Nominating Committee is activating its function of selecting candidates to succeed three members of the Leisure Village Association Board of Directors. Alfred Bennett, Board President; John Lauten, Board Vice-President and Ann C. Levey, Board Treasurer, will complete their two-year term in June 1991.

The Nominating Committee, chaired by Ann C. Levey, Board Treasurer, will be evaluating recommendations for potential Board candidates. Each potential candidate will be provided with data stipulating the legal implications of serving on the Board, schedules to be followed and the time anticipated to perform the duties of a Board member.

The Committee will be meeting weekly until early April in order to accomplish these requirements. Homeowners interested in running for the Board are requested to turn in applications beginning in February. Application forms will be available at the Recreation Center Office and the Association Office.

TRIVIA By KERN

PEOPLE WHO BUY JOGGING MACHINES GET A RUN FOR THEIR MONEY!



A FISHERMAN SHOULD RETIRE WHEN HIS NET INCOME IS FALLING OFF



WHAT IS A KITTEN AFTER IT'S THREE DAYS OLD?

FOUR DAYS OLD!

ESC Committee

By Paul Kelwin

From Emergency Services Committee, here's more of those 70 items from Disaster/Emergency - What Can We Expect? Hope you've cut them out, or will, from December's ILV and from this and future issues. Miss any, call 987-1446.

4. The extent of the disaster will be difficult to assess, though this will be necessary to assure proper commitment of resources.

5. Emergency equipment and field units will commit without being dispatched. There will be an air of urgency and more requests for aid than units available to send.

6. Communications will be inadequate; "holes" will appear in the system and on-the-air traffic will be incredibly heavy.

7. Trained personnel will become supervisors because they will be too valuable to perform

hands-on tasks.

8. Responding mutual aid units will become lost; they will require maps and guides.

9. Water will be contaminated and unsafe for drinking. Tankers will be needed for firefighting and for carrying drinking water.

10. Citizens will volunteer, but their commitment will usually be short term.

11. There may be a multitude of hazardous materials incidents.

12. Aircraft will flood the area; law enforcement, fire, media, civilian, commercial, and military aircraft will be a major concern.

13. EOC (Emergency Operations Center) and our 11 Command Posts will be overrun with non-essential personnel; media, geologists, architects, engineers, representatives from other jurisdictions, etc.

14. Staging will be essential; the flow of per-

sonnel, equipment and supplies will be overwhelming.

15. Although it is an EOC function, the 11 Command Posts will become the authority in their respective area.

16. Electric power will be interrupted or OUT.

17. Phone service will be erratic or non-existent. Pay phones will be the most reliable.

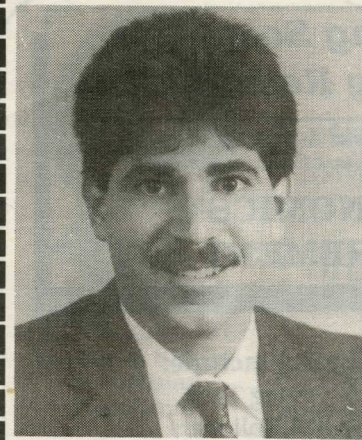
18. The media will have the best communications available; be prepared to utilize their resources.

19. Fuel will not be available because there will be no electricity to run the pumps.

20. There will be an epidemic of flat tires; police, fire and emergency medical vehicles will sustain a multitude of flat tires that will require repair in the field.

21. Fires will need to be investigated; mutual aid should include arson investigators.

More next issue.



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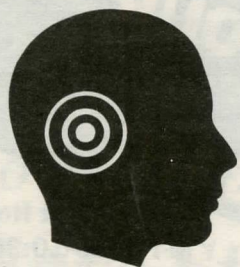
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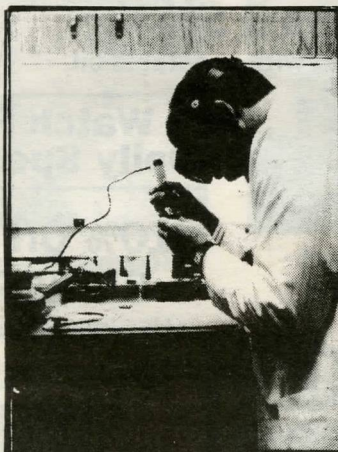
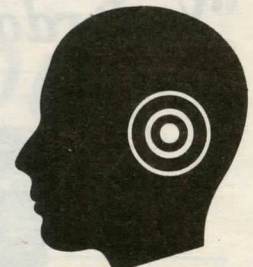
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THE HEARING CENTER

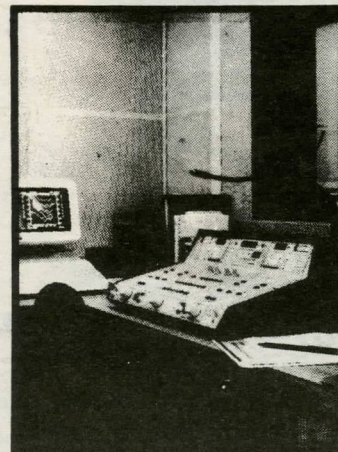
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Friday Morning Discussion Group

By David Goldstein

The December meeting of the Friday Morning Discussion Group brought a goodly crowd of delightful people to reflect on Milken and Mankind, Ethics and Evil with additional thoughts on the Gulf situation and some perceptions on the world of advertising.

As for the February 8 meeting, new starting time is now 10 a.m.! It will be a mix of the new and the timeless in the world of ideas which are like closed boxes of great interest awaiting only the gentle tugging of our minds to release their contents of knowledge and wisdom.

What will the next one be about? Ah, that is the mystery! We meet the 2nd Friday of each month in the MPR room at 10 a.m. You are welcome!

Urho Saari

Urho Saari, a swimming and water polo coaching legend in his time, died recently, a victim of Alzheimer's disease.

His records as a coach may well stand for decades. He took tiny El Segundo H.S. teams in swimming and water polo to eighteen championships in 27 years. Urho was coach of the U.S. Water Polo Team for the 1951 Pan Am Games in Buenos Aires, the 1952 Olympic Games in Helsinki, and the 1964 Olympic Games in Tokyo.

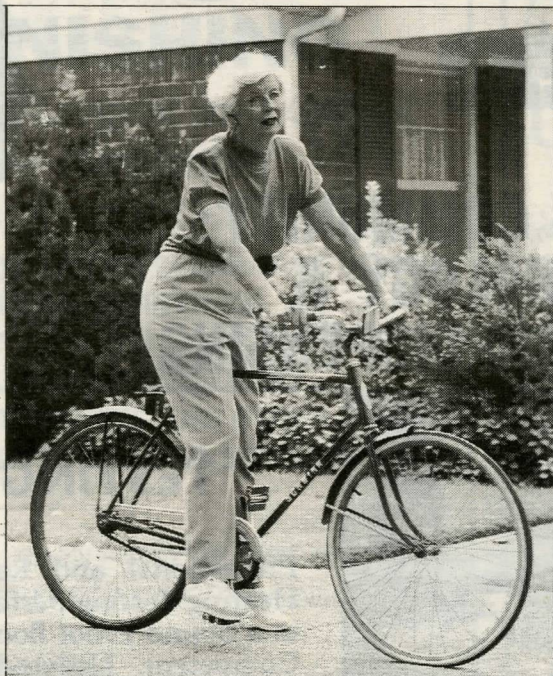
A sports-loving couple, Urho and Wanda moved to Leisure Village in 1977. They could often be seen on the tennis courts, the golf course and were a popular couple on the dance floor. Urho is survived by his wife, two sons, one daughter and five grandchildren.



In Memoriam

Charlotte Heasley
V 44
Alexander Hutchison
V 8
Urho Saari
V 25
Lillian Beckman
V 17
Don Varley
V 5
John Dooris
V 13
Frank Goldfarb
V 17
Dorothy Whitaker
V 28
Minnie Rigg
V 31
Jack Crosby
V 15
Harold Krantzler
V 40
Adolph Ova
V 9
John Grabe
V 24
Lelia May Redmond
V 7

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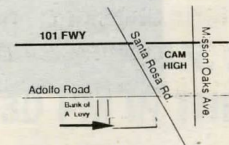
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Permits Via Architectural Committee

By George Pisors

The LV Architectural Committee, through the permit process, is charged with the responsibility of maintaining the appearance and safety of our housing units. We try to balance that ideal with the individual needs and desires of homeowners.

Through the years, the committee has approved specification sheets and drawings which cover almost every possible addition or modification that homeowners might require. Copies of these are contained in a binder in the library. They would be very helpful to anyone planning exterior changes to their home.

Permit applications for changes covered by these "spec sheets" are routinely processed in two or three days; even sooner if there is an urgent need for time saving.

Modifications which do not fall into the above category of routine, require a vote by the members, using a secret ballot.

We meet once a month on the third Wednesday. Please remember that if you file a permit application the day after our meeting, and it is something that requires a vote, you will have about a month to wait for your permit. Plan ahead and even consider appearing at the meeting to present your case.

Finally, if you receive a permit and then change your mind about the need for the project, please call a committee member or the office to advise us. Much time and effort is wasted checking homes where progress is non-existent due to a change in plans.

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Photo by Novick

L. to R.: Sandy Linka, Pres; Jeanne Carlson, 1st VP; Kay LaPrel, 2nd VP; Kay Varley, treas; Helen Steven, rec secy; Janette Andreson, corr. secy; and Carol Heyerick, parl.



**THE LEISURE
VILLAGE
WOMEN'S CLUB**

Women's Club started the New Year with a bang at its traditional Installation Luncheon, held at the Oxnard Hilton on Jan. 3.

After a happy hour and an excellent luncheon, outgoing President Kay LaPrel announced final gifts for the year as fol-

lows: \$1,000 to Make a Wish Foundation to send a very sick little boy to the Super Bowl. \$1,000 to C.A.T.S. for Camarillo residents who need financial help for families. \$500 to Operation Warm-up for blankets for local homeless people, and a fund set aside to be used only for kitchen renovation at the Recreation Center when the Board decides what is to be done.

Kay was then presented with a delicate gold bracelet in appreciation of her term as President.

The outgoing Board was thanked and disbanded and the installation of new officers was to follow. Two of these were unable to attend: Corr. Sec. Janette Andreson was ill and President Sandy Linka was out of town. Other offices for 1991 are: Carol Heyerick, Parl., Helen Stevenson, Rec. sec., Kay Varley, Treas., Kay La Prel, 2nd V.P., Jeanne Carlson, 1st V.P.

The theme of the Installation was "Spirits--- Keeping Our Spirits High" in spite of domestic, financial, and foreign problems with a threat of war in the Near East. (The spirits used here were alcoholic.)

The Installing officer had prepared a suitable symbol for each of the new people, neatly wrapped in brown paper sacks.

It was a fun time!

Looking ahead--don't miss it! The Thursday, Feb. 7 meeting. Trading Post! New business, and an elegant Fashion Show from Carlota's at Santa Rosa--beautiful clothes modeled by members. Please bring a friend and enjoy! Tea table by our wonderful ladies. And don't forget to buy your membership for 1991--still only \$5.00.



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Duplicate Bridge

By Lou Dektor

The annual duplicate bridge holiday party held on Dec 27 had two sections: flight "A" for advanced players and flight "B" for those new to duplicate bridge.

Congratulations to the first place winners in flight "A": Roz Golin, Lil DeKoven, Eleanor Girard and Midge Dektor.

In second place were Jane and Joe Selber, Lil Schwartz, Dorothy Katz,

and Sylvia and Ira Christensen. In third place were Sharon and Al Green.

In flight "B" the winners were; 1st, Lee and Jim Edwards; 2nd, Mae Wagner and Marion Schare; 3rd, Trudy and Harold Wolpa; 4th, Sylvia Malkin and Nathan Gussinow.

We welcome all villagers to the four weekly duplicate bridge games held in the GR. Times are: Mondays at 1:00 p.m. and 7:00 p.m.; Thursdays at 1:00 p.m.; and Fridays at 7:00 p.m.

New Year's Eve Acknowledgments

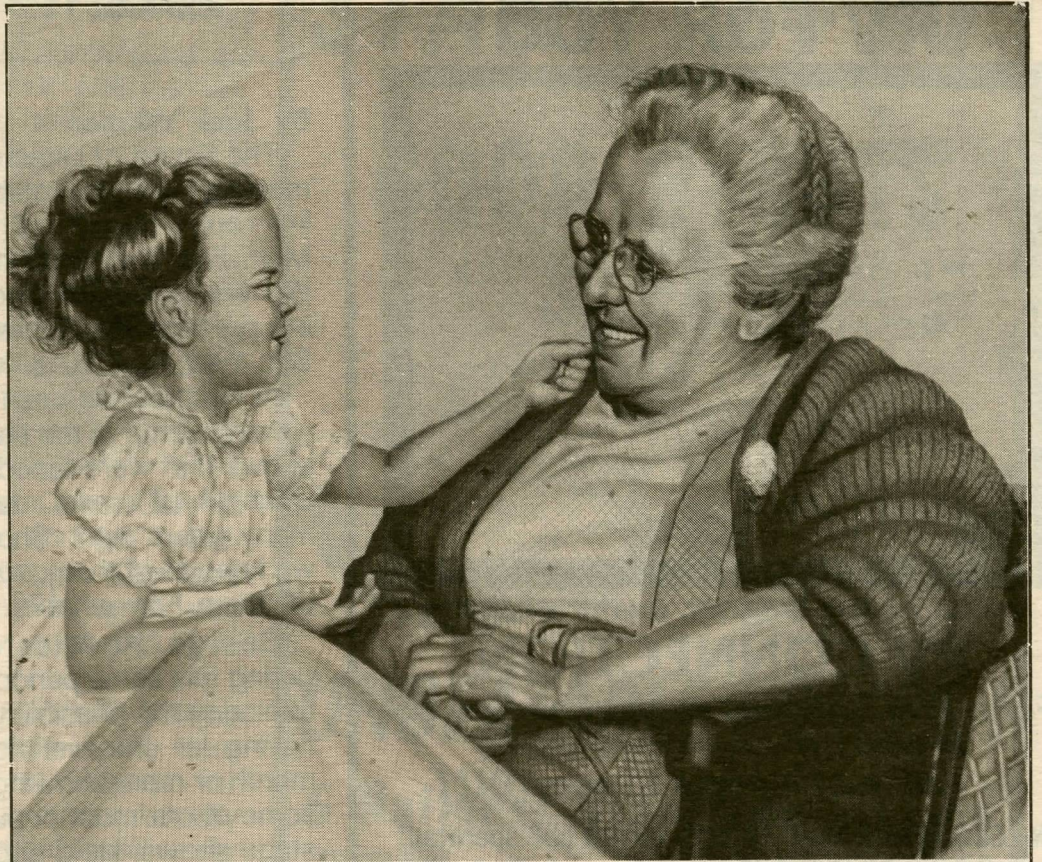
The New Year of 1991 was rung in with celebration by 322 residents of the Village at the annual party in the AR.

The live band, Rhythm Kings, kicked off the festive event for dancing earlier in the evening.

A sincere appreciation is extended to the planning committee plus all the volunteers for a suc-

cessful and enjoyable evening.

LVA wishes to thank the following members of the planning committee: Marguerite Abdelnour, Elmer and Elise Eymann, Paul and Luella Kelwin, Anne Janoff, Max Schwartz, Roy Lester, Marion Travano, and Archie and Jean Aird.



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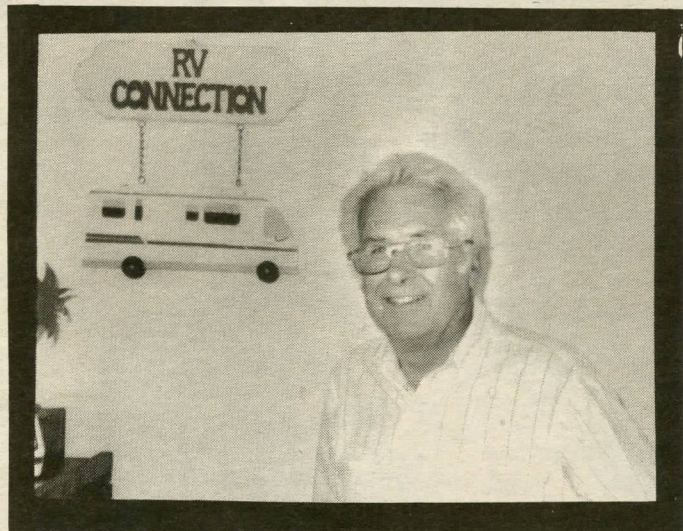
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LOOKING AT CHANNEL 12

By Jack Whalen

The Board of Director's meeting will be telecast live on Channel 12 on Mon, Feb 4 at 9:30 a.m. We will repeat the meeting on tape the following Sat, Feb 9 at 10 a.m.

Al Pachter has been reviewing some of the stage shows that were taped by Channel 12 crews many, many years ago. Should we keep all of them, some of them, or what?

George Huddleston, during this same period, is exploring the possibility of having a one-evening-a-month or more showing of some of our most popular stage shows. He'd appreciate any thoughts you may have along this line.

The Channel 12 phone number is 388-1243. The answering machine will record your message if no one is in the studio.

Channel 12 Lists Workers, Donations

By Bill Blauer

The Channel 12 Committee members and guests enjoyed a Great Christmas party at the December meeting. Just as they did last year, Paul and Luella Kelwin provided us all with a real "scrumptious" breakfast with all the trimmings.

Luella not only furnished all the food and did the cooking; in addition she and Paul set us all a fine example by being able to pay for all the goodies with money they accumulated from their own recycling program.

During the Holiday Season, the hard working, devoted volunteers who do all the video taping and showing of these tapes on Channel 12, were given a well deserved rest from their duties.

However the 24-hour Max machine that pro-

vides all of the messages and notices on Channel 12 was updated daily during the entire holiday season. These programmers certainly deserve the thanks and appreciation of all of the Villagers who depend on Channel 12 for their meeting notices, dates of special events and general information which the association may wish to provide.

Many thanks to programmers Lois Atz, Louise Herbert, Art Kaufman, Dorothy Konecko, Dottie Sickels, Russ Sievert and Betty Tyler. Your efforts are deeply appreciated.

By the way, if you enjoyed all of the colorful holiday greetings run on Channel 12, Russ Sievert is the contributing artist.

Thanks to the Variety Guild and their cordial letter of thanks for Channel 12's cooperation in their most recent production of "Light Up The sky". Also thanks to the Painters' Club for their thoughtful donation.

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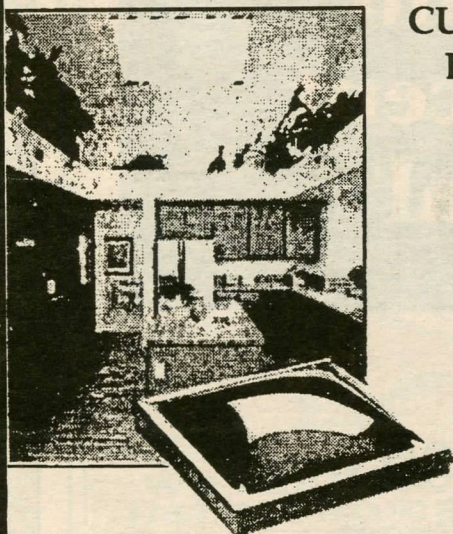
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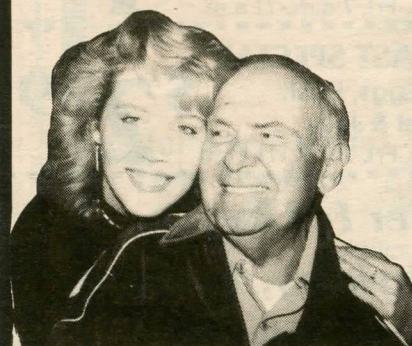
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PLAYERS GUILD

By Gertrude Kern

While providing excellent entertainment for Leisure Village residents, the Players Guild offers an opportunity to villagers to explore and develop latent talent.

The January 17 meeting was an example, as Esther Robbins, Jack Silver and Albert and Shirley Law, brought to life the characters they so well portrayed in an act from Lovers And Other Strangers.

Now that Village Players and Variety Guild have merged, monthly meetings will include excerpts from musicals as well as plays. These monthly events are really "workshops", giving members a taste of the excitement and enjoyment of performing on a small scale, and preparation for partic-

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ipation in the major spring and fall productions.

Scheduled for Feb 21 - third Thursday - is an excerpt from a popular Broadway musical. All villagers are welcome.

The monthly meetings are a great way to spend an evening of camaraderie and entertainment. Remember Feb. 21, 7:30 p.m. in the AR. Tell a friend -- bring a friend.

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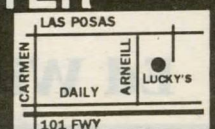
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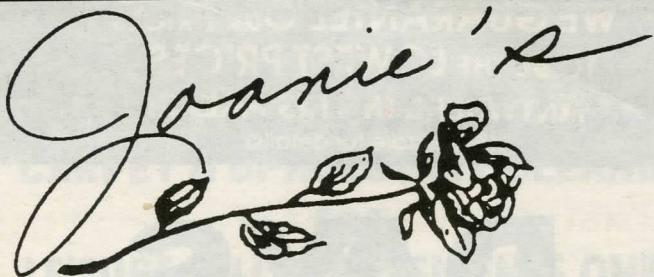
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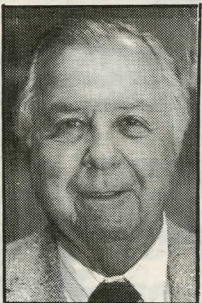
By Dana Street

The Sawdusters enjoyed a January program which was not woodworking, but on papier-mache, presented by Erma Shapiro. Interestingly, she uses cloth rather than paper and it drapes nicely around her figures.

Our Show & Tell had interesting variety. Lou Drucker showed a nicely designed and constructed stool. George Mustaparta showed a jig for extending table legs, providing about the only way you can drill holes for dowels and have the extensions in proper alignment. Marty Ettinger showed a clay head of his grandson (Mike Zirkel's technique), which was a sufficient likeness that the boy recognized himself.

Our Feb. 7 meeting at 2 p.m. will have an exciting secret project.

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The Club Concept

At The Victorian, our recreation department will organize and direct a variety of activities following our club concept. Opportunities for your participation in many different clubs will be available for an active, fulfilling retirement lifestyle.

Music & Theater Clubs

The music and theater clubs will stage movie screenings, drama and music performed by outside professionals, and our own "Not Too Old For Prime Time Players" performance group. The music and theater club participants will also attend performances at locations other than our own Victorian Theater,

and we will provide the transportation there and back. If you have always wanted to perform in a band but never did, try our kitchen band, where everyone will get a chance to play something.

Art & Travel Clubs

The Victorian art club will provide you with the opportunity to learn and practice painting, sculpture and ceramics in our own arts and crafts workshop. The travel club will organize our day trips to many different fun locations such as Santa Barbara, Ventura Harbor and anywhere else that our residents think will be fun. Our recreation director will work closely with a travel agency to provide and arrange trips within our great State of California, across the United States and even abroad.

Garden & Dance Club

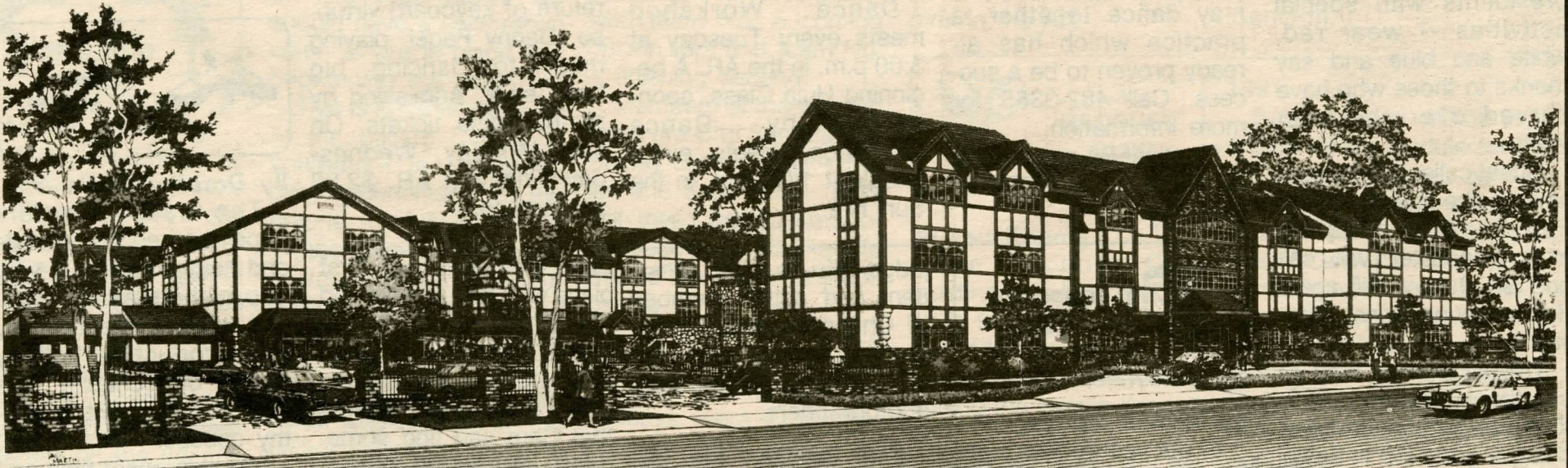
For those of you who prefer to stay home and putt around in the garden, our garden club will be there to cultivate that green thumb you thought you were going to have to give up.

And, if you like to dance, our dance club will offer workshops on dancing styles, as well as a square dancing group. At The Victorian you'll need to keep your dancing shoes shined and ready to use.

Health Club

The Victorian will also offer our residents their own health club, featuring a swimming pool, sauna, jacuzzi and exercise gym. We will offer a wellness program, through the Health Club to stay fit, healthy and active. There will be a camera club for you "shutter bugs", in addition to book review and discussion groups to explore literature and current events. So stay active, enjoy the fun, and live the lifestyle of your choosing, because it's all a matter of choice at The Victorian.

Call us for more information or stop by our current offices at 5440 Ralston St. to talk to our representatives and see our lovely display room.



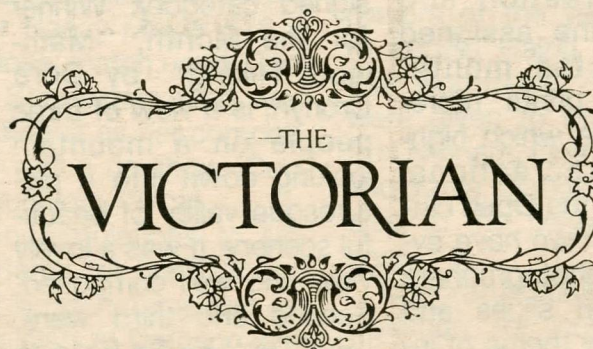
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VILLAGE SWINGERS SQUARE DANCE CLUB

By Al Siegel

The Village Swingers greeted 1991 on Jan 8 with their first dance of the year. The club is anxious to welcome all square dancers, members, friends and guests at their weekly dances and special events.

There were two dark nights because the holidays fell on our dance nights, and urgent LV business had to be conducted on Jan 15, again a Tuesday night, so there was no dancing then.

However, under a full head of steam and with a varied program, January still had three dances.

February will be an interesting month: Sadie Hawkins Dance on Feb 5 (will the girls ask the boys to dance?); Feb 12 is general meeting night, but all attendees will be coming in red and pink hearts and flowers for our annual Valentine's Dance.

On Feb 19 the club will be honoring all the past presidents with special activities -- wear red, white and blue and say thanks to those who have served over the past years.

Guest caller is someone new to the Swingers, on Feb 26. Rod Shuping from Lancaster will call and Bill Burrier will again do the round dance cueing.

This is a good time to say thank you, for 1990, to those who have been doing a great job in keeping the Village Swingers active.

The Kents on activities, the Noltes and Boyntons on the refreshment committee, the Quackenbushes who do the round dance tapes that so many dancers enjoy, all deserve mention. The decorations, always appropriate, for weekly dances and special events, are in the capable, experienced hands of Fran Gunningham.



EASY SQUARES CLUB

By Maury Ogens

The Easy Squares announce FREE admission to their square dances in February.

The Easy Squares were dark for most of December due to the holidays and now are looking forward to another year of fine dancing.

Don Hart is a young caller with a fine voice and loads of rhythm to pace us through our tips. Plus we will have a great program of round dancing selected by John Quackenbush.

The Easy Squares are coming up with an astounding offer: for the entire month of February all our dances will be absolutely FREE to all square dancers. Each dance will be a regular program of plus level square and round dancing.

In addition we are starting a beginners class on Feb 8 at 3:00 p.m. in the AR. This class also will be absolutely FREE. Ladies may dance together, a practice which has already proven to be a success. Call 482-3365 for more information.

Be alive! Be productive! Be there. all is FREE in February.



CAMERA CLUB

By Marion Sevren

At our competition night on Jan 2 the two themes were Recreation and Open. In the assigned theme of the month, slides and prints represented those which highlighted recreational activities. In the Open category, which we have every month, photographers can bring in slides and prints on any theme of interest, so everyone can compete in this category.

Paul Noll was our

DANCE WORKSHOP

By Evelyn McKay

Dance Workshop's annual holiday party was held in the AR on Monday, Dec. 10. We danced, we enjoyed good food and sang holiday songs led by Irv Dubin. All in all, it was a very delightful and festive get-together.

In lieu of a Christmas gift exchange the members chose to give a sizeable contribution to L.V. Food Share.

At the party, members expressed their appreciation to Marguerite Abdennour, dance instructor, and her assistants, Tom Endo and Rhoda Smithkin, for the time and effort spent in teaching the various dance routines.

Dance Workshop is now in full swing after a brief holiday vacation. Annual membership dues of \$1.00 are now payable and members are reminded to renew their membership. We invite new members to join and participate.

Dance Workshop meets every Tuesday at 3:00 p.m. in the AR. A beginning Hula Class, sponsored by Dance Workshop, meets every Friday at 1:00 p.m. in the Sun Rm.

judge. He is past president and active member of Channel Island Photographic Society and one of California's leading photographers.

Paul selected the following slides in the assigned category: Winner for the Month, "Mammoth Hiking," by Dora Cronyn, is a view of three people on a mountain looking down into a picturesque valley of beautiful scenery. It was a lovely view and well composed. Second and third were: "Hot Tub" by Ed Pollaine and "Chess Master" by Sam Brown.

In the Open category,



SATURDAY NIGHT BALLROOM DANCE

By Anne Janoff

The first Saturday Night Ballroom Dance of 1991 was on Jan 12, hosted by Yale and Ellie Lewine and Staley and Betty Carpenter.

For our Jan 26 dance we have a special treat in store, a return presentation by the Cotillion Ballroom Dancers, a group of young teenagers who will entertain us during the intermission periods. These young dancers have performed at many civic and charitable events and have at one time, participated in the National Cotillion U.S. Championship competition.

This dance will be hosted by the Saturday Night Ballroom Dance Executive Committee from 8 to 11 p.m. in the AR. Admission is only fifty cents per person, usual refreshments, BYOB.

On February 9, our Valentine's Dance will also be a special event. By popular request, this will be a return of keyboard virtuoso, Danny Fagel, playing music for dancing, big band style. Admission by pre-purchase tickets. On sale Monday, Wednesday, Friday in AR. \$2.00 per person.

Sam Weinstein won first place with his unusual and off beat slide called "Feet," which was taken while he was vacationing on a cruise ship. It proves that Sam can find something interesting photographically in almost any subject.

Second and third places in Open went to Sam Brown for "Pottery Worker" and Milton Mankoff for "Hong Kong Street."

Future competition themes for February will be on "Dominant Color." If you have a color slide or print which has a dominant color theme, bring it in for the first Wednesday in February.



INTERNATIONAL FOLK DANCE CLUB

By Florence Friedman

International Folk Dance Club celebrated its 9th anniversary party and installation of officers for 1991 on Jan 14 in the AR.

New officers are Lillian O'Brien, pres; Bella Levy, VP; Josette Dietrich, secy; and Esther Horovitz, treas.

Club members and friends had a pleasant afternoon of dancing and hospitality. Many thanks to all for the delicious refreshments and to Anne Dubin, hospitality chairperson. We are looking forward to 1991.

Dance times are: Mondays 1:00-3:00 p.m. teaching and dancing; Wednesdays, 9:00-10:30 a.m.; review and new dances; Friday, 9:00-10:30 a.m. continuous dancing.

Membership meeting of the Folk Dance group is the first Wednesday of each month at 10:00 a.m. in the AR.



HAPPY HOOFERS

By Dorothy Karlin

The Happy Hoofers hope that all our friends and neighbors had a very happy holiday season. The Hoofers spent a busy and productive holiday month by donating time and entertainment to worthy causes.

We also spent time and energy plotting ways to raise money for the new stage floor. Helen Gold and Sophie Lebetkin have spent long and arduous hours planning a show that we will present in March. It is entitled SHOW OF SHOWS. Watch for further information on Channel 12 and "Inside Leisure Village." It will be a 'really big show', loaded with entertainment.



L.V. WOMEN'S GOLF ASSOCIATION

By Betty Bruce

The L.V.W.G.A. cancelled the Dec 12 tournament due to inclement weather. But we all had a great time at the General meeting and holiday party. Champagne, coffee, tea and delicious cookies were served. White elephant gifts were exchanged. Everyone seemed pleased with their presents.

Results of the Dec 19 tournament were as follows: Fl. A: a 3-way tie for low gross: Esther Malkin, Martha Nunn and Billie Mueller. Fl. B: low gross: Hattie Stern. 1st low net; Rae Sohr. 2nd low net; Della Gageby. Fl.C: low gross: Jane Gifford. 1st low net: Ginny Spurlock. 2nd low net; Mim Hockman. Fl.D; low gross: Nancy Whitaker. 1st low net: Edith Dowsing. NINERS: Fl.A low



BILLIARD CLUB

By Morley Goldberg

With a "So Long" to the 1990 Billiard Club's year, President Bill Ross and his new Board presented a possible agenda for 1991 at our last meeting.

First on our agenda will be the Annual Tournament. Watch the bulletin board for details on the various events, match-ups and fees.

Larry Trindl and Ken Spangler will soon propose a new rule for ball placement after a foul, to be voted upon at a regular meeting. This will be an addition to present rules - not a replacement.

The chairs have been completely re-upholstered thanks to Louella Kelwin, Aleta Elrick and Russ Sievert. All that remains is

gross: Vicki Sheck. 1st low net: Helen Sierichs; 2nd low net: a 2-way tie: Chris East and Katie Anderson. Fl.B: low gross: Millie Worth. 1st low net; Marion Sanders.

The Holiday dinner dance at the Radisson Suite Hotel was very enjoyable. The dinner was delicious, the music pleasant and the company great. The L.V.M.G.A. did a fine job arranging this nice party.

Results of the Jan 2 tournament; Fl. A. low gross: Marge Kelly. 1st low net; 2-way tie: Fran Mead & Corky Milman. Fl. B: 1st low gross: Jane Gifford. 1st low net: Louise Houser. 2nd low net; 3-way tie: Rose Fleiner, Mim Hockman and Betty Morgan. 3rd low net: Evelyn Bearman. Niners: low gross: Katie Anderson. Low net: 3-way tie: Dorothy Kelly, Lil Blecksmith and Sharon Green.

Low gross for December: Donna Duke with 63; Low net: Jan Gifford with 47.

the painting. Maybe we should have a celebration when all are in place and brightening the room?

This is another example of the Billiard Club's involvement in improving playing conditions for everyone. For just \$250, the Village gets \$1500 worth of improvement to a recreational facility!

Ladies, do you know that Thursday nights have, to some extent, become Ladies Nite in the Billiard Room? If you know how to play, come to improve your techniques. If you would like to learn how to play, this is the night for FREE LESSONS by Reginald Topping. C'mon, you don't have to buy anything and it won't cost even one cent!

Dues of \$5.00 per year are now due. We need your help to continue improving the Billiard Room and for our after-meeting socials.



LV MEN'S GOLF ASSOCIATION

By Jack Whalen

In December regulation golf was played at Simi Hills and Bill McCrae shot a fine low gross 83 to take top honors. Alan Bruce won low net honors in Flight A, with Don Dance taking second place.

Dave Teasdale won Flight B low gross with Bruce Calkins in the lead for low net, followed by Ted Rose.

Joe Scheck lead the field in Flight C with Charlie Kent top winner in low net followed by legendary Sam Breitbart.



By Vee Flowers

LV Bowling League has just ended, with the winner being decided in the last week of play.

Three teams were in contention for first place, with team No. 6 coming out on top, and team No. 1 finishing second.

Members of the winning team are Carl Santangelo, Shirley Green, Mary Whalen and Sam Smith. They will meet the winners of the second half in May, to decide the overall championship.

The winners of the mixed tournament that finished just before the holidays were Ernie Slabotsky 618 including handicap, over Chet DiLallo 561. Kay LaPrell 587 over Nancy Moyer 576 in a close match, and Connie Santangelo who won by default as her competition was a no-show. Congratulations to all.

Congratulations to Millie Harris for her 204 and 502 scratch game and series. Also Al Defusco with a sizzling scratch 268 game and a 602 series! Pro Bowlers circuit, look out.



BOCCE CLUB

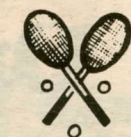
By Luella Kelwin

The November meeting of the Bocce Club was well attended; everyone was in a festive mood. The Belles of Harmony entertained with many of the favorite Christmas-Chanakuh songs.

The slate of officers for 1991 was announced: Sy Blau, pres; Henry Carfagna, VP; Kay Collier, secy/treas; Trudy Orsan, rec secy; Luella Kelwin, corr secy; Marie Bouton, Dorothy Fencil and Mary Deibler, trustees.

Plan to attend the installation dinner on Jan 31 in the AR. Happy Hour will be at 5:30; dinner at 6:00 p.m. The dinner will be \$6 and will be for members only. Call Henry Carfagna at 484-9983 for tickets. Luella Kelwin and volunteers from the club will prepare the dinner.

The next Bocce Board meeting will be Feb 11 at 7:30 p.m. in the Lanai Rm. The general meeting will be held on Feb 28 at 7:30 p.m. in the AR.



L.V. RACQUET CLUB

By Len Koenig

The Racquet Club meeting was held on Dec. 12 in the MPR. The room was filled to capacity as business was conducted, ending the year in fine fettle.

Recognition for the most improved tennis players of the year went to Louise Ralph and Arthur Bornfriend. Trophies were given to the Grand Prix winners, Guy Moshier and Ernie Slabotsky, and also to the play-off winners.

Congratulations to Les Solomon for conducting the tournament so efficiently. Kay Bell and Zo Simmons will co-chair the tennis tournaments for



AMATEUR RADIO CLUB

By Ellis King

With about two-thirds of the total membership present, our new officers were introduced and conducted the January meeting with Marge May, KB6HAG, as pres; Dana Street, KA6IUT, VP; and Ben Perry taking in the 1991 dues as secy-treas.

Guest speaker Jeff Seligman, WA2VNT, conducted an active question and answer session following an interesting talk on developments in the area's two-meter repeater system, particularly as it relates to ESC services.

Jeff is also active in the Quarter Century Wireless Association. It was noted that at least four of those present were eligible for membership, having been licensed for well over the 25-year requirement.

The LVARC Net continues on Fridays at 7:00 p.m. on 146.58. Next regular meeting will be on Feb 1 at 10:00 a.m. in the Sun Rm.

1991.

Budd Samuel will be in charge of the paddle tennis program for the coming year. He replaces Jack Kassel, who did such a magnificent job and deserves many kudos. Budd has called upon the members to start practicing diligently for the Mission Viejo tournament to be held here sometime in the spring.

The evening culminated with a wine and cheese party. Thank you, Anne Wolfson and your crew, for arranging it!!

As this goes to press the paddle tennis winners for Dec. 20th were Kay Bell and Sy Levine who tied, Al Defusco, Mike Shapiro, and Al Law.

C'mon! Keep swinging that racquet! "It don't mean a thing if you ain't got that swing!"

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VILLAGE PAINTERS

By Mildred W. Oberg

A special meeting of the Village Painters was held on Wednesday, Jan. 2 at 1 p.m. in the MPR, a demonstration and workshop in the art of making greeting cards by Florence Calkins and Marion Jayne, both unique in their approach. A large group enjoyed the demonstrations and stayed to work on their own.

The next meeting will be on Wednesday, Feb. 6 at 1 p.m. and will be a great treat. Judy Zeff will show a video on the impressionist painter Claude Monet, with a preface of his biography.

The member painter showing her work in the Library this month is Lindsey Merrill. Do stop by to enjoy her paintings. For further information please call 484-3542.

We want to thank Harold Wickham for being our organist in the November Art Show.



INDOOR
OUTDOOR
GARDEN
CLUB

By Emma Norvig

At the first meeting for the Garden Club in 1991, Jan 10, members enjoyed a program presented by Drs. George and Linda Vannix, entitled "A Walk About Canaan".

At the next meeting on Feb. 14 Mary Hale, V 17, will present a program of interest to all. Refreshments will be served in the MPR at 9:30 a.m. followed by the meeting and program at 10:00 a.m. All villagers are welcome.

If you have not paid your membership dues. \$6 per person or \$9 per couple. Marietta Pluim is treasurer.

Marathon Bridge Players: It's time to sign up and pay for the 1991 challenge. Jean Blauer is in charge of the regular tournament and Marie Bouton is handling the Couples Tournament.

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By Cy Maller

The Shuffleboard Club will resume its monthly meetings beginning Feb 5 at 7:30 p.m. in the MPR.

Organized play is each Monday, Tuesday, and Wednesday at 9:30 a.m.; Saturday and Sunday at 2:00 p.m. Try it, it's fun and challenging.

High Twelve Club

By Gabriel Barkley

The next meeting of the High Twelve Club will be on Monday morning, Feb 18 at 10:00 a.m. in the AR. Guest speaker will be Richard Baldwin, manager of air pollution controls for Ventura County.

Preceding this meeting the club's social half hour will begin at 9:30 a.m. There will be plenty of hot coffee and tasty doughnuts. Everybody is most welcome.

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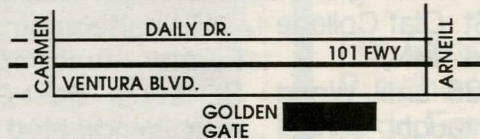
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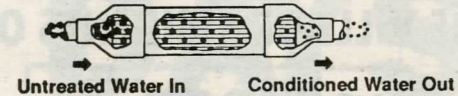
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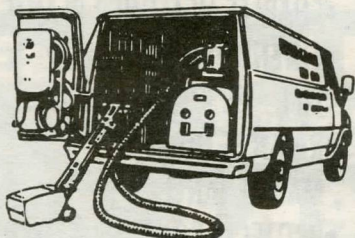
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PROFILE: Kern Pederson...Cartoonist/Author

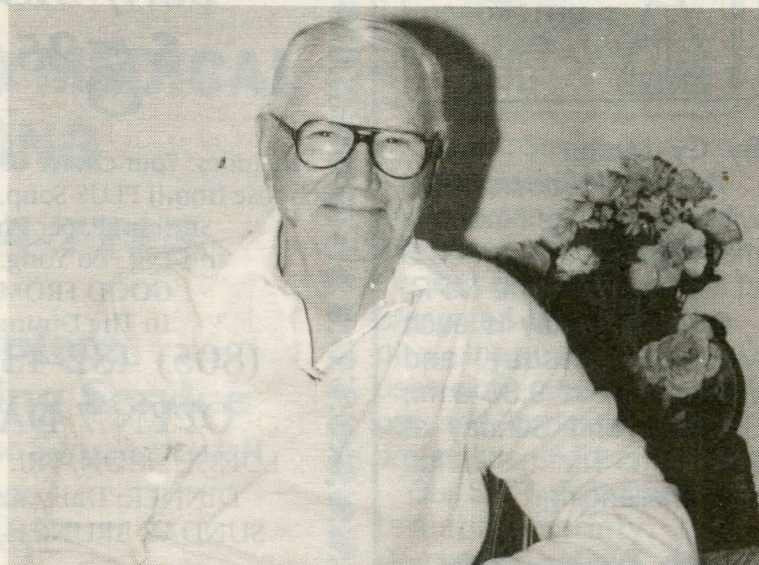
By Jack Whalen

One may well say "He was born to draw," because at the early age of 16 he enrolled in a cartoon correspondence course -- and that was way back in 1926.

Let's meet Village 17's Kern Pederson, whose syndicated works have been distributed through the medium of newspapers, magazines and books for more than half a century.

During high school days he used his drawing skills in many, many projects, worked several years after H.S. graduation and then attended and graduated from St. Olaf College in Northfield, MN.

From 1936 until World War II he taught school and then, as a Navy man in Washington, D.C., did cartoon features for some 900 Navy ships and land bases. Returning to civilian life at the war's end, he became art director



Kern Pederson

Photo by Novick

and production manager for a national magazine with a monthly circulation of 1 million copies.

His cartoon strip, "Little Farmer," featured in the St. Louis Post-Dispatch, was syndicated nationwide and continued in circulation for almost 40 years.

Teaching was also a great love of Kern's and in 1960 he went back to that profession, with classes in

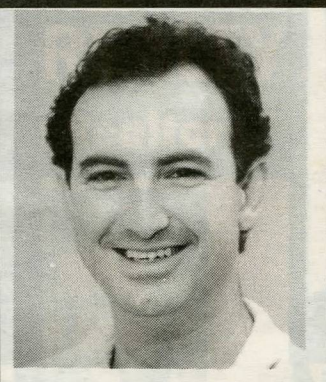
art, history and social studies.

In 1970 he did a weekly Sunday feature, in full color, for the St. Paul Pioneer Press, called "Makers of Minnesota" and later did a 39-week series titled "Builders of Wisconsin," in full color, for the Milwaukee Journal.

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See PROFILE.....Pg 17

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PROFILE.....From Pg. 16

from teaching chores, he started his most ambitious project, a 260-page full-color book titled "Leaders of America."

Each page features a capsule biography and drawing of such famous and diverse personalities as Christopher Columbus, our founding fathers, Chief Sitting Bull, Mark Twain, Amelia Earhart, Jack Benny, and all U.S. Presidents to 1973. This is truly a work of art and Channel 12 plans to bring some of the pages alive in a telecast this spring.

Kern and Evey retired in 1973 and moved to Hemet, then on to Albuquerque, then Mesa, AZ. In 1982 they made their final move, to Leisure Village. Alas, his beloved Evey, a golfer, a lover of the outdoors as well as a partner who worked alongside him on many projects, passed away in 1988.

During his retirement years and even to this day, Kern continues to uti-

VILLAGERS CAN WIN AN ORIGINAL DRAWING FROM CARTOONIST/AUTHOR KERN PEDERSON

Do you enjoy looking at cartoons? Do you have any ideas or words that would work well into a cartoon? If so, Kern Pederson may have a gift for you.

Put your ideas on paper and slip them into the ILV mailbox in the east wing of the Rec Center, just outside the sewing room. You have between now and Friday, March 1.

Kern will select three winners and over the next several months the winning entries will be printed in this paper, and the original drawing, suitable for framing, will be presented to the winners.

lize his skills. He has done illustrated boxes such as "Color This", "It Just So Happened," "Famous Americans," and "Trivia".

His most popular feature these days is a daily comic strip called "Silent Sam." This strip is distributed in a number of foreign newspapers.

"I keep the conversations very brief in this strip," says Kern. "It makes translations into foreign languages much easier."

Kern has three sons, all married. Steve lives in

Thousand Oaks, Gary in Fallbrook, and Jeff in Colorado Springs. Kern also boasts seven grandchildren, four boys and three girls.

Charles Schulz, creator of "Peanuts" and Kern have been friends for some 40 years. Actually they worked together for about a year a long time ago.

A fine tribute was paid Kern by his friend Schulz who said, "Kern Pederson has taken his dreams and has made them real for all of us"

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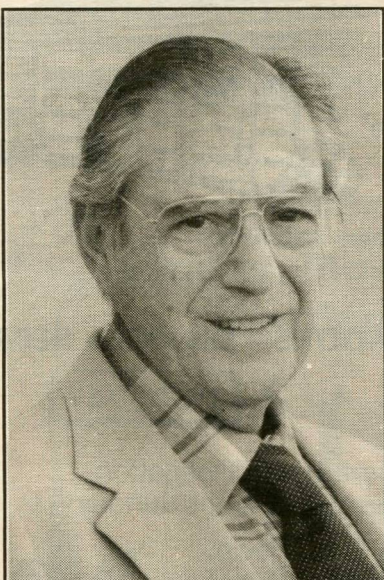
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Education & Recreation Committee

By John Russo

This is the beginning of the New Year and the Education and Recreation Committee has a few thoughts and observations for the coming year.

We, of course, want to be sure that the maintenance at the Rec Center and at all the recreational facilities is first class with the able and cooperative help of our facilities manager, Richard Mathes. Specifically, we do need to resolve a few problems.

1. We need to help those who have garden plots keep what they grow with such loving care. Some villagers wander into the garden plots and help themselves, perhaps thinking that what grows in the garden plots is community property. Obviously such is not the case. The vegetables in the garden plots belong only to those who have

been assigned garden plots and who work them with tender care.

2. Maxine Himstreet, a devoted member of the Ed & Rec Committee and chairperson of the Library Sub-Committee, who with the help of many committed ladies keep our library in such beautiful order, has recently reported that some of the borrowers are neglecting to return the books they borrow. The LV Library works on the honor system and as honorable residents, let us please return the books we borrow. This is such an essential service to all the residents, many of whom depend on the availability of this reading material. Please let us not abuse this great privilege we all presently enjoy.

3. We would like to consider brightening up our Assembly Room with its somewhat somber and bare walls with beautiful

prints with bright but harmonizing colors. The AR is used extensively by the majority of the residents, and we would like, with the Board's permission, to try to make it a more pleasant and attractive room. It would be nice also to do the same with some of the other much used rooms as well. We're thinking of rooms like the MPR, for example.

4. We want somehow to expand our classes in continuing education at Leisure Village with the cooperation of Oxnard College. It has been encouraging to see that so many residents eagerly participate in these classes. Toward this purpose, Dr. Genevieve Leventhal, a long time member of the Ed & Rec Committee and Chairperson of our Education Committee, is plan-

See ED & REC.....Pg 21

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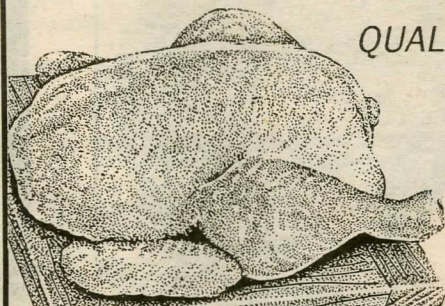
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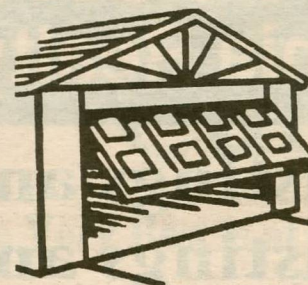
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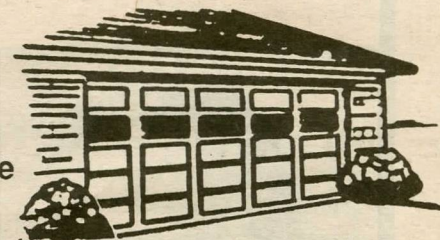
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Water Conservation

By Bill Himstreet

California has a water crisis! Some people say "That's what we hear and read every year." The fact is, though, that 1986 was the last "normal" snow-and-rain year in California.

After five years of drought, the crisis is real; and water providers must take drastic steps to conserve. If users don't conserve, suppliers will have no choice but to reduce the supply.

About 70 percent of our water use in Leisure Village occurs outside the home, and this is obviously where we can make major reductions. As homeowners in our cooperative water-use community, our individual household water usage is not monitored. It is up to us, then, to do our own monitoring and conserving. Here are some suggestions developed by the Buildings and Grounds Committee:

1. Reduce both the number and length of showers. A 6-minute shower may use 36 gallons of water.

2. If you use the shower to wash your hair, try the kitchen sink instead. Wet your hair, turn off the water, lather your hair with shampoo, wait about five minutes, then rinse at the sink. Total water use is probably less than 2 gallons.

3. For outdoor plants, use a watering can rather than the garden hose to water the base of each plant.

4. When you do shower, try using a pan to catch water used while you are waiting for warm water. Use the saved water for other purposes. You can get one "free" toilet flush or feed your plants.

5. Before brushing your teeth, wet your brush and fill a glass for rinsing your mouth and cleaning your

brush.

6. Use your dishwasher and clothes washer only for full loads.

7. Check for leaks in faucets and toilets.

8. If you wash your car, use a bucket and sponge. Then hose rinse quickly before using a chamois.

9. DO NOT USE YOUR GARDEN HOSE TO WASH LEAVES FROM GRASS OR DUST FROM DRIVEWAYS! A rake and a broom will do the job.

Practice conservation. Then the crisis may be comfortably faced.

TAX COUNSELING

AARP and IRS are sponsoring a FREE income tax Counseling service available to village residents. Volunteers will be available every Friday from 1:00 p.m. to 4:00 p.m. from February 1 through April 15. They will be located at the Community Room next to Security Pacific Bank in Santa Rosa Plaza. For further information, phone 484-5423.

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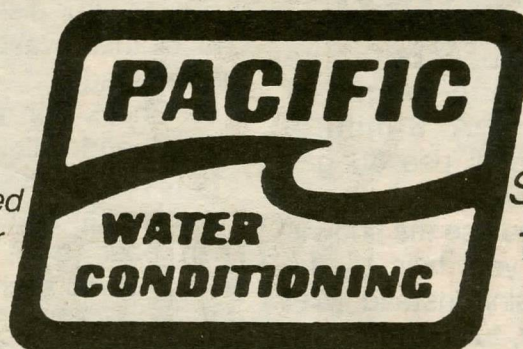
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City Of Hope Chapter Installs Officers

By Sol Robin

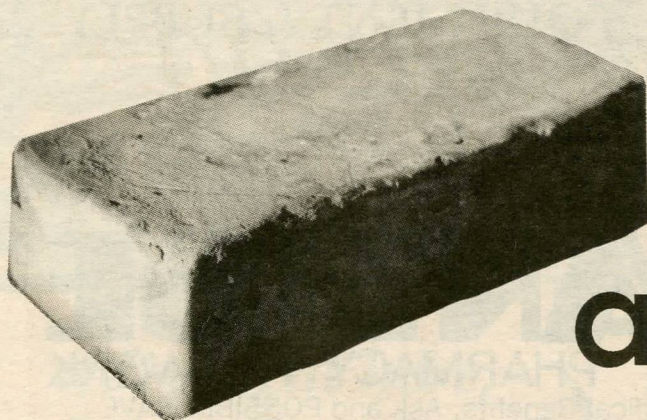
An installation dinner dance was held recently by the City of Hope, Camarillo Chapter, at the Doubletree Inn in Ventura.

The slate of officers installed included Renee Greene, president; Sylvia Winderbaum and Mildred Alexander, co-treasurers; Sol Robin, vice-president emeritus; recording secretaries, Mildred Gussak and Florence Fingold; and corresponding secretary, Emily Goldberg.

The local chapter raises funds for the City of Hope, which offers free services to patients with life-threatening diseases.

Renee Greene, V 42, just finished a year as program chairman for the LV Women's Club. Sol Robin, V 42, is an officer in the LV Current Issues Forum.

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The Constitution Park Steering Committee (comprised of private citizens) is raising funds to complete the park next to City Hall. Part of this effort is the sale of "personalized bricks":

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Gift certificates available. Details and order forms are in the Recreation Office.

Camarillo Constitution Park Committee



Seniors Club EARLY BIRD \$5.95

All entrees include a cup of soup, dessert & coffee.

Served 3 - 5:30 pm Seven Days A Week

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- #6 Two Enchiladas, Rice and Beans
- #7 Taco, Chile Relleno, Rice and Beans
- #8 Two Tacos, Rice and Beans
- #9 Enchilada, Chile Relleno, Rice and Beans

COBB SALAD

Chicken breast, crisp bacon, avocado, cheddar cheese, hardboiled egg, black olives, tomatoes and blue cheese served on a mound of tossed greens.

CLUB SANDWICH

Our Triple Decker Wonder! Layers of freshly sliced turkey breast, crisp bacon, tomato and lettuce piled high on toasted wheat bread. Served with Steak Fries.

CHICKEN SALAD CROISSANT

A flaky croissant stuffed full of the whitest Breast of Chicken, lettuce and tomato. Served with Steak Fries.

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Spiritual Growth Group

By Vi Shirk

The Spiritual Growth Group delved into the study of the harmony of the Gospels during the month of January.

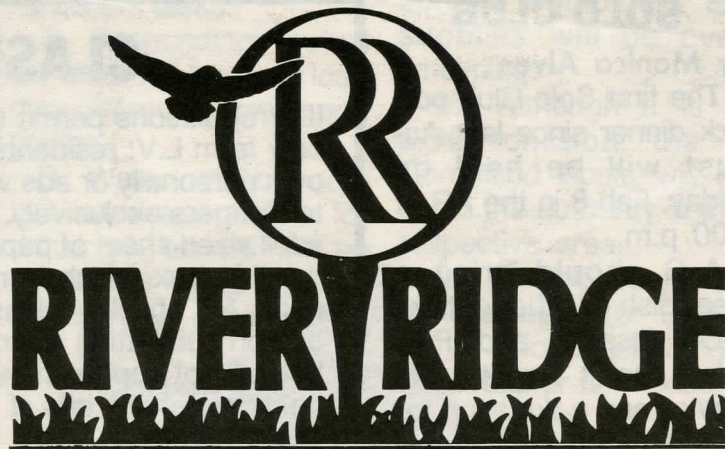
The group keeps growing, which signifies a great interest in learning more about His word.

During the month of February the group will meet at the home of Vi Shirk, 9113 V. 9, each Tuesday at 9:30 a.m.

ED & REC.....From Pg. 18
ning a meeting with the President of the Board of the Ventura Community Colleges.

We are encouraged by the current trend of groups like the Players Guild, The Happy Hoofers, The Racquet Club, The Billiard Club, The Woodshop and others who make improvements at the facilities they use at

See ED & REC.....Pg. 22



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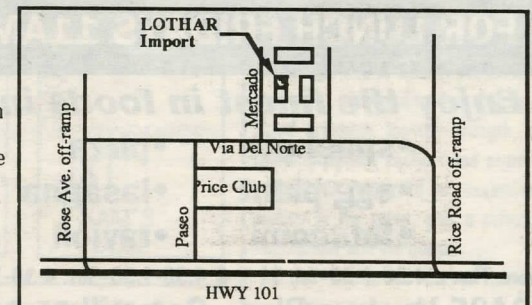
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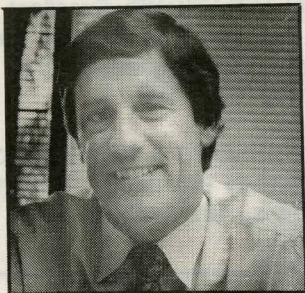
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SOLO CLUB

By Monica Alves

The first Solo Club potluck dinner since last August will be held on Friday, Feb 8 in the AR at 6:00 p.m.

A-G should bring a meat dish or other entree; H-O, dessert; and P-Z, salad. Don't forget table service and a donation for the LV food distribution program.

Solo Club officers for 1991 will be installed at the dinner: Eleanor Evans, pres; Eleanor Kramer, VP; Monica Alves, sec; and Mary Kay Franey, tres.

The next regular meeting will be on Friday, Feb 15, at 12:30 in the GR.

ED & REC.....From Pg. 21

their own expense. These improvements, made at no cost to the Association, enhance the desirability of living in Leisure Village and consequently keep our property values up -- while many properties around us are down.

CLASSIFIED

ILV regulations permit us to accept classified ads only from L.V. residents for properties which they own personally or ads which offer jobs or services to Villagers exclusively. Please deposit your ad on a full sized sheet of paper, along with one dollar, in the ILV box which is next to the Sewing Room door. No checks, please. Name and address of person submitting ad must appear on submission but will not appear in publication. ILV reserves the right to refuse ads if these guidelines are not followed.

CLEANING SERVICE: Want your home clean and shiny? Call Julie at 805-526-4811. Morning hours are desired. For reference call 484-8033.

FOR RENT: Del Mar 2 + 2, covered patio, spotless interior. Updated kitchen. Prime location near Rec Center. Large greenbelt. No pets. 482-6381. \$885.00 per month lease.

HOUSE WORK needed. I am 45 years old. Phone 650-3401. For reference call 499-7946 or 490-0545.

FOR RENT: Del Mar 2 + 2. Easy walking distance to Rec. Center and main gate. Available March 16, 1991. \$880.00 per month. Phone 482-8414.

COMPANION: Energetic, mature woman available for seniors. Phone 805-649-5312.

FOR RENT: Village 42. 2 bedroom, 2 bath, large patio, den. \$975.00. Holmby model. Phone 987-3359.

CLOCK REPAIRING: All kinds from desk clocks to grandfather clocks. All work guaranteed one year. Free pick-up and delivery in Leisure Village. 987-2516.

PERSONAL CARE: Driving to doctor appointments, baths, physical therapy, etc. Call Anita, 646-7818.

PERSONAL CARE: If you need help in bathing, meal preparation, marketing, banking, housekeeping, gardening, laundry, physical therapy, driving to Dr. & hair appointments. Worked in the Village 9 years, excellent references. Call Lynn 484-9444, please leave message.

LEISURE VILLAGE resident will buy your U.S. coins or baseball cards. Call 987-1046.

PAINTING: Inside of patio fence need painting? Phone 987-2586.

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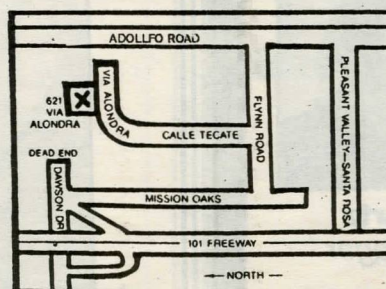
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CURRENT ISSUES FORUM

**FRIDAY, JAN. 25
7:30 PM IN THE AR**

**"SECURITY
and SAFETY"**

Self Awareness

By Maxine Fritz

The Self Awareness Group meets every Monday evening in the Lanai Rm from 7:00 to 9:00 p.m.

Anger

Anger is the emotion that most of us know a lot about and feel often.

It seems to be erupting all over the world. So many people are demonstrating their anger against others. Against their families, their leaders and against anyone that gets in the way.

Even children are shooting one another in a terrible kind of rage. Is it contagious? Does anger encourage the release of more suppressed anger?

It is true that when long suppressed anger is finally released verbally, one feels much better. A heavy load is lightened and a euphoria prevails

until guilt sets in.

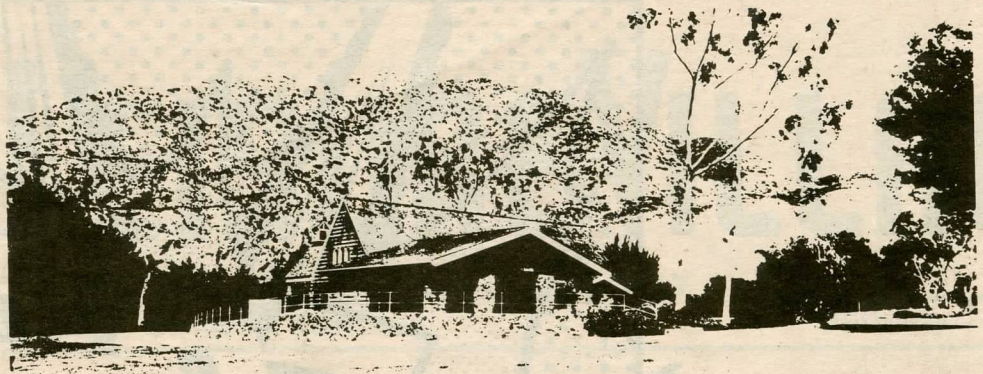
What is anger really? It is a negative emotion, a result of unhappiness. Unhappiness with the world around us as we choose to see it. Unhappiness with ourselves.

However, anger can also be a positive emotion, a useful tool for each of us to learn about ourselves. To ask ourselves, why does that particular incident or person arouse such animosity in me?

Why do I feel this wave of indignation at what some one else said or did? Why is it so important to me? We must be honest with ourselves and discover the source of our anger within, in order to find our own sense of peace.

This is necessary before we can have peace in our families, our jobs or roles, our society and our world.

The basis of anger is always fear. We need to face up to our fears in order to achieve peace.

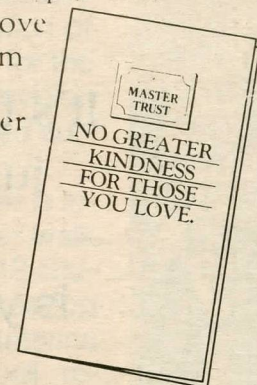


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