



Remember, many months ago when the streets were blocked with road equipment, jack hammers, loaders and the like, tearing up portions of our streets in the name of improving community drainage. Drainage? It never rains in Southern California - right? Well, it looks like all of that work was just in time. Fortunately, our Association has a long range plan that evaluates our streets for effective water run-off and follows a schedule for needed repairs. Who would have thought that we would need that work so soon. Fortunately, the community leadership has a vision for these and other contingencies that free us from worrying about nature's onslaught.

I believe this issue has something for everyone. Patty Ecker's profile highlights an individual who has given a lot to the community; we learn about the radio tower project and the contributions of the Travel Office. As well, there are a number of informational articles and Club News that will keep you upto-date on what is happening in the Village. Enjoy!

-Tim Palmer

Something New on LV's Horizon

Have you ever thought about what it would be like here in the Village if "The Big One" occurred, be it a major earthquake, a raging flood, a wildfire or an unexpected military action? Our Amateur Radio Club (ARC) has, and, after a four-year effort, will bring valuable emergency response close to home and beyond.

Soon, a tower will appear just south of the Farmer's Garden. The 38-foot structure is a valuable communication tool that, in a disaster, could be crucial to residents here and emergency crews around the county, state, the nation, and beyond. "It will enable our radio station to be used for crisis management by officials from Ventura County to as far away as FEMA headquarters in Washington, D., C.," explains Ted Lansing, a member of the Village Radio Club. "The effect on the preservation of life and property would be significant."



Photo by BUD BRADLEY

Ham radio buffs (l-r) Jonathan Fox, Ted Lansing and Darrell Bevan visit the location where the Village's unique emergency communications tower will be placed as soon as money to complete the project has been raised.

In a disaster, our radio station (with the tower) and its Village members will operate under the control of the County Sheriff's Office of Emergency Services, providing wide-ranging emergency communications across long distances. It could also offer crucial service close to home. "When the big one hits, there could be no power, no Internet, no phones," says Jonathan Fox, president of the Village ARC. "We will have the capability of connecting across the country and beyond, letting people know how we are."

The Tower project has been a long time coming. For four years, City officials were reluctant to grant a necessary permit at a reasonable cost because it would be built on private property. But last month, effective lobbying by Villagers Fox, Lansing, and others was convincing. The needed permit was obtained for less than \$200, money donated to the Radio Club.

Please See Page 6

Chuck Russell Passes the Hammer

By Patty Ecker

When Villager Chuck Russell was young, his grandfather showed him how to drive a nail. And so began an affection for woodworking that continues to this day. Villagers should say a loud "Thank You" to Grandpa. Chuck's affinity for making things and fixing others has been a guiding force that has built the value of the Village Woodshop for residents and for LV's facilities. This month, he is putting his hammer into semi-retirement.

For nearly a decade, Chuck has been the volunteer who took the lead to be certain that the machinery worked and that the Shop was supplied. He helped revise the original

Please See Page 4



Photo by BUD BRADLEY

Chuck Russell (center) turns leadership duties and the historic Woodshop mallet over to Ron Quick just before the longtime leader of this busy group begins what Chuck calls his semi-retirement.

WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses. **The Main Gate:** 805-482-0716 (for guest passes, a security question, etc.) or www.gatepass@leisurevillage.org

LV's Emergency Number: 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

Ventura County Alert: To sign up for the Emergency Notification System - 805-648-9283 or www.vcalert.org or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

Ventura County Disaster Information Hotline: 805-465-6660 or register online at www.vcemergency.com.

LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/ signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo. com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

HOW TO CONTACT US

Editor:

Tim Palmer editorilv@yahoo.com 904-826-5945

Display advertising:

Stacey Janson
The Acorn Newspapers
805-484-1949 x303

Classified advertising:

Barbara Crome, 482-9097

ABOUT INSIDE LEISURE VILLAGE

Editor: Tim Palmer
Photo Editor: Rita Linsey
Photos: Bud Bradley, Bob Kaplan
Staff: Patty Ecker, Cliff Kearsley, Larry Swartz, Jerry Spector
Classified Ads: Barbara Crome, Joyce Snider
Contributors: Joseph Benti, Ted Lansing

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

MARCH EDITION DEADLINES

Deadline for letters, club news, stories, photos and classified ads for the March 2017 issue is Tuesday, February 14 at 5:00 p.m. The Display Advertising deadline is Monday, February 20 at noon. Publication is scheduled for Friday, March 3. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.



LVTV Program Schedule

February 2017 | Channel 1390

LVTV Committee Email: lvtvcommittee@gmail.com

Contact: John Mayer, Chairperson at 388-4642, meet 3rd Thurs. 9:30 AM MPR. DAILY AUDIO: 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.

Day	Date	Program date time 10 am and 8 pm
Wed.	1	Players Guild - Lend Me A Tenor - 1993 (2 hr)
Thurs	2	Needle Works Club, Chess Club, Single Active Seniors - (29 min)
Fri	3	Women's Club - Beverly Wright - 2007 (45 min)
Mon	6	LVA OPEN BOARD MEETING - LIVE (10 AM only)
Tues	7	LVA OPEN BOARD MEETING - TAPED
Wed	8	Pet Club, Farmers Club, Origami - (30 min)
Thurs	9	Thurs. Showcase, Message Board for Shows
Fri	10	LVA OPEN BOARD MEETING - TAPED
Mon	13	Oleg Lopatin & Lillian Hawthorne - (57 min)
Tue	14	Player's Guild - Entertainers Night - (52 min)
Wed	15	What Was My Line- Harvey Brosler, Irene Olsen, Joe Aaronson (50 min)
Thur	16	Thurs. Showcase, Message Board for Shows
Fri	17	Players Guild - A Brazilian Musical Love Story - 2011 (40 min)
Mon	20	Law Talk - Drowning In Debt - (31 min)
Tues	21	FYI (For Your Information) #7
Wed	22	Cooking Show - Cutting Down The Carbs (25 min)
Thurs	23	Thurs. Showcase, Message Board for Shows
Fri	24	Women's Club - Jazz Combo - 2010 (42 min)
Mon	27	LVA #11: The Budget Process - (30 min)
	28	What Was My Line - Paul hhTaubaman, Larry
Tue	20	Sanders, Liby Pierce (55 min)

CALENDAR DIVA: 8:00AM, 2:00, 5:00, 7:00

PM

Winter Storm Brings Damage to LV

The winter storm that hit the Southern California coast on January 20 brought heavy rain and winds to Leisure Village, which in turn, caused several of our trees to fall in the complex. One of our large trees fell on a unit in Village 41. The tree blocked the entrance to unit 41019 and penetrated the roof, so as to damage some interior drywall and cause water leakage in the home. The tree was completely uprooted due to the rain-softened ground and high winds.

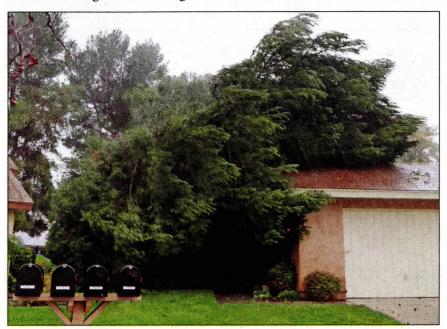


Photo by JERRY SPECTOR

Damage to the home was significant, but no one was injured.

SPECIAL SPEAKERS FROM THE DMV

By Paul Herman

Leisure Village will host Tressa Thompson of the DMV for a presentation of "Seniors & Safe Driving" on Wednesday, February 15. Joining her will be two Ventura County Deputy Sheriffs who will discuss common traffic accidents in Camarillo. The free program will be held in the MPR begininning at 1:00 pm.

Shop Ahoy Helps Homebound With Their Grocery Shopping

Shop Ahoy is a shopping and livered and paid for, along with delivery service for homebound seniors and disabled adults. We system stay in operation. also serve those people who no longer drive, have difficulty maneuvering through Vons or are unable to carry heavy items. Shop Ahoy is a volunteer-based nonprofit organization servicing Ventura County. A volunteer will call the customer on Sunday or Monday of each week to take services or interested in voluntheir grocery order. Another volunteer shops on Tuesdays at our local Vons, and the order is de-

a small contribution to help the

We are always in need of volunteers. To help the growing need for Shop Ahoy's service as a volunteer non-profit organization, we welcome your support. There are three ways to participate: calling, shopping and delivering.

If you are in need of our teering please call Barbara Yago, Village 34 at 388-0419 for additional information.



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CHUCK RUSSELL From Page 1

standard operating procedures and checked out other woodworkers to be sure they knew how to use equipment safely. "We've never had a serious accident," Chuck says proudly, because of the vetting required for key holders.

"Chuck has been the heart and soul of the Woodshop," says fellow volunteer Ron Quick, who will be the next Woodshop Committee Chairman. Chuck says quietly that he is proud of the effort the Woodshop Committee volunteers put in to help the Village and the Villagers at no charge to them. Former Chairman Sid Alweiss, originated the repair service for residents when he realized widows lost their handy husbands. The volunteers' efforts range from repairing furniture to punching holes in a belt for a man on a weight loss program. Last year alone, the Woodshop completed more than 300 projects for Villagers.

Chuck is also proud that the Committee volunteers have done so much for the Association: new cabinets for the Lanai Room and Wii Bowling, new desk and shelves for the Rec Center Office, new cabinets in the AR dressing room, renovation in the AR and Garden Room, and refurbished shelves and cabinets in the Library. It's a partial list, saving LV more than \$100,000 had contractors done the work.

The first woodshop opened in 1977 where the Lapidary Room is now, then swapped spaces with Lapidary in 2002 to provide more tools and work space. It recently borrowed the old Fitness Center to provide space for larger projects.

Chuck's retirement will give him more family time. But, he says, he'll still be around because "The Woodshop is where people work together and help each other," he explains. "When people ask us, we say 'Sure."

2017 PHONE BOOK DEADLINE

For those who want to add or correct their personal listings in the 2017 Leisure Village Community Directory (which most of us call the Phone Book), the deadline is fast approaching.

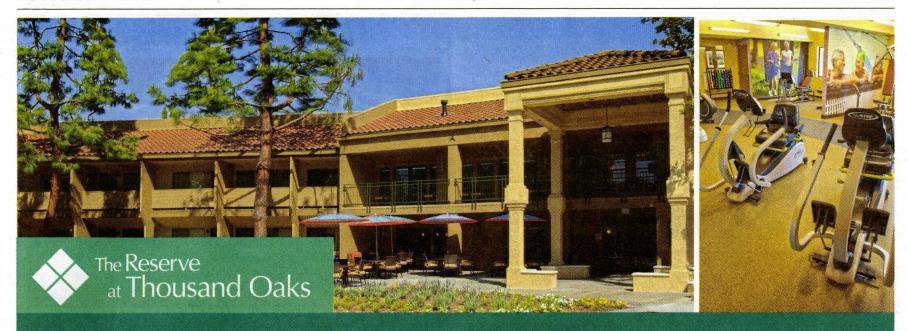
All new or revised information about your phone number, your address, and your email address - if you choose to include it in the Village listings - should be submitted in writing to the Association Office by Wednesday, February 15, 2017. The submissions must be in writing, preferably on an Association Information Form (AIF), which is available in both the Association and Recreation Offices and also can be downloaded from leisurevillage.org.

IN MEMORIAM

Chet Di Lallo, V. 40 Marty Doyle, V. 39 Thomas J. Marra, V. 5 Larry Meikle, V. 25 Ruth Nathan, V. 26 Barbara Rogo, V. 4

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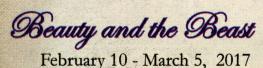




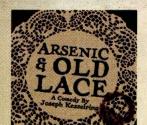
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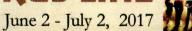




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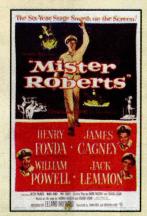




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Successful drug drop-off



Last month's Prescription Drug Drop-Off sponsored by the Ventura County Sheriff's Dept. received 108 pounds of medicine and pills from Villagers. Designed to provide residents with a safe method to dispose of unwanted drugs, the drive-by event was held in front of the Rec Center, supervised by Pat McInerney, Bob Koster, Sgt John Franchi from the Sheriff's Dept. and LV Sgt Ken Paulin.

TOWER PROJECT From Page 1

The Tower itself was donated to the Village by Darrell Bevan, a member of the ARC and a life-long ham-radio enthusiast who once owned eight towers of his own. "This will enhance the quality of our club's capacity and be a key emergency asset for us," he says. Other costs associated with its construction will be

covered by donations from Village groups and residents. "The Radio Club will have a great time now connecting clearly with ham operators in other parts of the world," says Fox. "But we also know this is a huge win in terms of our ability to respond to an emergency close to home and far away." He urges residents to follow the progress of the Tower project in ILV's Amateur Radio Club News.

TAP DANCE AND STRENGTH CLASSES

Tap class meets Monday 2:45-3:45 p.m. in the AR on stage. Cost: \$30.00 for 10 weeks or \$3.00 drop-in. Come, check it out; teacher is good and teaches basic steps. For those who work, come to evening tap class from 5:30-6:30 p.m. on Tuesday night in the AR, on stage.

Strength Training class meets Tuesday 4:30-5:30 p.m. Come check it out; we use weights, spri bands and do lots of core training to stay in shape. For more information on any of our classes, please call Sue-Ellen 805-312-1991.



EMERGENCY PHONES - LIFELINES







BY THE SWIMMING POOL



IN THE CLUBHOUSE HALLWAY

IN THE FARMERS GARDEN

INSIDE THE WOODSHOP

HALLWAY BY KITCHEN

OUTSIDE LAPIDARY ROOM OUTSIDE COMMUNICATION CENTER

We have an emergency call system that many residents may not be aware of – emergency phones (red or yellow) placed strategically in and around the Recreation Center and Clubhouse. They are connected to the main gate and all that is needed is to pick up the phone; it will be answered immediately by our security force. The caller must indicate

where they are because the main gate's system does not recognize the caller's phone location. Those who have had occasion to use the phones have indicated that emergency assistance arrived within a few minutes. When in the Rec Center or Clubhouse, scout out the phone locations so, in an emergency, you will know immediately where to go.

Thinking of Selling? Call John & Shawn! John & Shawn REALTORS® & Leisure Village Residents John: 805-233-1525 johnbakerhomes@gmail.com Shawn: 805-233-1725 shawnbakerhomes@gmail.com JohnandShawnHomes.com 350 N. Lantana G-1 Camarillo BERKSHIRE HATHAWAY California Realty of the franchise system of BHH Affiliates, LLC.

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the head and foot

the Zero Gravity Position. This allows for no pressure on the lower lumbar spinal region.

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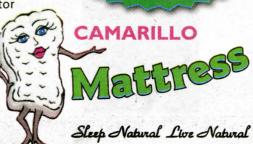
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2nd Verna Cryder



3rd Doug Demers



HM Jean Kohut



HM Sharon Forkner

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2nd Gregg Gilmar



3rd Jean Kohut



HM Doug Demers



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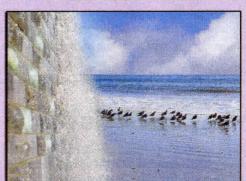
CREATIVE



1st Al Sarnelle



2nd Marlene Votion



3rd Sharon Forkner



HM Rita Linsey



HM Bill Margulies

Travel the Leisure Village Way

How Hundreds of LV Residents Take Trips Each Year

The outing can be as close as Carpenteria or as far away as Northern Ireland. But each one begins at the same place: right in front of the Rec Center. In 2016, over 600 Villagers took that first step onto the bus for an adventure offered by LV's Travel Office. "We present a variety of trips, the opportunity to travel with friends and neighbors, and – what I like best – interaction with new people who can become friends," says Carol Moody, Chair of the Travel Committee.

It was a banner year for the Travel Office. The roster of twenty-three trips spanned lunch and matinee theatre experiences in Los Angeles, several runs for Casino buffs, and cruises to the Caribbean and through the Panama Canal. This is no travel agency, no place to make reservations on United Airlines to visit the grandchildren. This is

an institution in Leisure Village, dating back to 1977, a non-profit service operated by volunteers to offer getaways to residents.

Those eleven volunteers operate from the Travel Office in the Rec Center lobby on Tuesday, Wednesday, and Thursday mornings. Carol laughs because residents sometimes mistake the purpose of the Travel Window. "They ask about Fitness Center training, where to find the newspaper, how to sign up for Yoga," she says. "We answer them, but mostly we chat about and provide information regarding our trips."

Carol and her crew work with companies that specialize in senior travel. "We don't make money; we are the detail people," she explains. "We make sure all the documents, like passports, flight information, and seat assignments are in place, and we make sure every sign-up knows when the bus leaves here,"



Photo by JERRY SPECTOR

Next Stop: Arizona! These Villagers are ready to go from the Rec Center to the renowned Hot Air Balloon Festival at Lake Havasu, Arizona, a trip offered by LV's Travel Office.

she explains.

The travel selections come from the Travel team volunteers and residents' suggestions. The listings are posted, emailed, published (in Inside Leisure Village), and televised on LVTV. "We hear from a lot of people who wouldn't or couldn't take trips without us," Carol adds. "With us, all they have to do is get on the bus." The Travel Team provides the "Bon Voyage."



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CLUB NEWS



SINGLE ACTIVE SENIORS (SAS)

By Bunny Sandler

Dinner at Ottavio's in Camarillo, Tuesday Feb.14 at 5:00 p.m. We always have a good time! Call Lina to make your reservation, 805-464Photo by JERRY SPECTOR

Please come and join the SAS group on the 2nd Tuesday of the month for dinner at Ottavio's restaurant.

3289. We look forward to welcoming you for a fun evening with good food and new friends.

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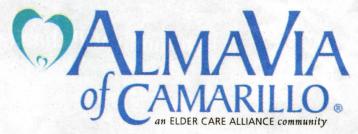
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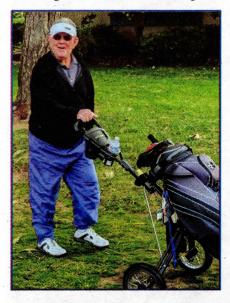
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MEN'S GOLF

By Joseph Benti

In January, our newest member, Richard Briggs, attended his first monthly meeting of the Club. As is customary, he had the honor of drawing the 50/50 cash door prize



ticket. And whose ticket did he pull out of the pile? Right, his own! Then, in a gesture worthy of a hole-in-one, Richard promptly turned over his forty dollars in winnings to the club—obviously, Mr. Briggs is a welcome addition to any four-some...or Village Club.

Also, that tournament morning, Bob Browne's jacket drawstring snagged before his group was ready to tee off. Two duffers behind him came to his rescue: Sig Aukstkalnis (center) and Fred Wells (right). They applied old-fashioned course management, allowing Bob and his jacket to swing away on schedule.

How Cold Was It? So cold, that early one recent Tuesday morning, for the first time in six years with the Men's Golf Club, everybody's favorite "Gunny," Geoff Millar, showed up in what for him was an unfamiliar uniform, long weather-proof trousers. And it didn't cost him a single stroke.



Photos by JOSEPH BENTI

Left— Geoff Millar dressed for the occasion. Above— Bob with Sig and Fred to the rescue.

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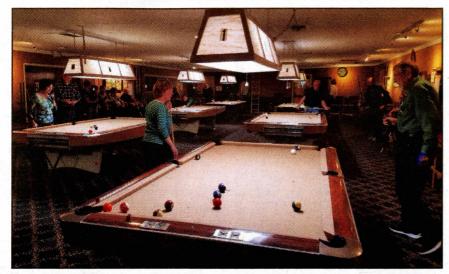


Photo by PATRICK PRICE

The Billards crowd in action.

BILLIARDS CLUB

By Patrick Price

The Billiards Club meeting is on Tuesday, February 28 in the MPR. A 14 & 1 Continuous tournament will start on Monday, February 13. Sign-

up sheets will be up until Wednesday, February 8. The popular Thursday night challenge continues. Be there at about 6:00 p.m. to sign-up. Also, look for announcements of billiards lessons on Thursdays at 6:00 p.m. Left, center, right is back up and running for those not playing pool on Thursdays.



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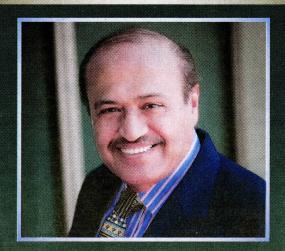
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CLUB NEWS

LV BOWLING

By Vivian Hurst

It's great to be back bowling again amongst friends, with lots of catching up to do.

We have a lot of great bowlers who won in the side pot games. Here goes, hold onto your hat: Art Matter, Nancy Owens, Peggy Rebsch, Joyce Belcher, John Albany, Dennis Duran, Vi Guzman, Sandy Rosenthal, Fuzzy Melton, Jeff Argast, Nancy Guirell, Bill Kirkpatrick, Rene Nocera, Bob Argast, Sharon Luberacki, Al Schuster, Bobi Shmerling, Bob McQuivey, Gail Singer, Jerry Schneider and Jim Rebsch. We also have a few 200+bowlers: Dennis Duran, Art Matter, John Albany, Bob McQuivey, Art Titan, Alan Singer and Fred Diehl.

We start the final countdown to our first half winner, and the top teams are really close; GOOD LUCK! I will have the winners for you in the next paper. Again, I wish all of you, a very, very Happy New Year! COME BOWL, great exercise and fun people.

PLAYER'S GUILD

By Stan Reshes

Last year Players Guild presented a production featuring Academy Award winning songs. Of course, you can hardly miss when you have our talented singers performing those hits. But how about the nominated songs that didn't win? You'd be surprised how many great numbers did not take the coveted award. Remember "Chattanooga Choo-Choo"? ("Sun Valley Serenade", 1941). How about "Accentuate the Positive" ("Here Come the Waves" 1944). "With a Wink and a Smile" ("Sleepless in Seattle" 1993). You'll hear these and many more on

Thursday, February 16, at 7:30 p.m. in the AR. Now that's what we call ENTERTAINMENT!



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SHOWTYME

By Jerry Spector

Showtyme welcomes back Raymond Michael, whose performance will wow you with a variety of love songs. Raymond will move around the room and serenade some of the audience. You will think that Elvis "is back in the building," live to entertain you. Hear many Elvis songs from the past and have an evening you will remember for a long time. This performance will prepare you for Valentine's Day. Sit back, relax and enjoy the performance. Show starts 7:30 p.m., February 10; doors open 6:45 p.m. Members - no charge; non-members - \$3.00 donation. Refreshments served, 50/50 with 2 winners.

VETERAN'S CLUB

By Tim Palmer

The Veterans Club meets the fourth Thursday of each month at 7:00 p.m. in the MPR. We have presentations that are of interest to veterans and any resident who would like to know more about military service and those who have served. Presentations include first person accounts of combat action in World War II, the Korean conflict, the Vietnam war and action in the Middle East. As well, we host representatives of Veterans' organizations that provide services to those who served in the armed forces.

Veterans Club meetings are open to all veterans, their families and interested guests.

THE AMATEUR RADIO CLUB

By Jonathan Fox

The past month has been actionpacked for the club. After four years of lobbying the city for a tower permit, we were finally granted the permit with the help of all our club members and the Ventura County Auxiliary Communications group,



Raymond Michael February Entertainer.

a member of the County Office of Emergency Services.

This is an important step in establishing the Leisure Village Ham radio station as a powerful tool to be used in emergency and disaster communications. The reality is that during a disaster, like the "Big One," when all normal communications are lost, our Ham radio station will be the only way to get messages of help and information to and from Leisure Village.

The Stoners, ILV and Showtyme have already pledged their support. We are entirely dependent on donations for this project that could potentially benefit all residents here at Leisure Village. If you would like to be a part of this essential addition to our facilities, a check to Leisure Village with the words "Tower Project" on the memo line would be sincerely appreciated. For more information, contact Jonathan Fox at 805-377-3697 or KJ6LV@yahoo.com.

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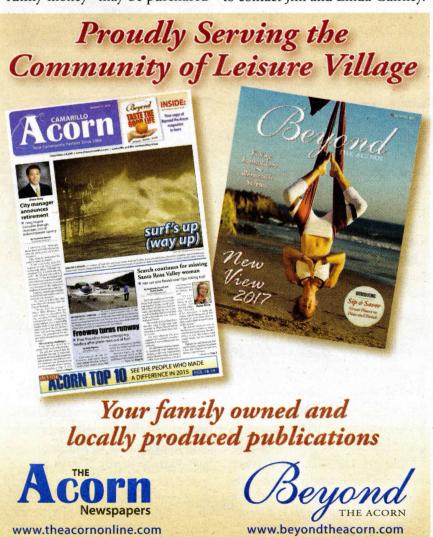
THE MAVERICKS

By Margo Secia

Dig that "Lucky Charm" out of the back of the drawer 'cause Jim and Linda Gaffney are hosting "Mavericks' Casino Night/ Mardi Gras" on Friday, February 24, 2017 at 7:00 p.m. in the AR! "Casino Knights" will provide the game tables and dealers for 3-Card Poker, Blackjack, Craps, and Texas Hold'em. For those who don't know how to play, we've been assured that the dealers will be very helpful. Tickets are on sale now for \$25 and can be obtained by calling 300-1421. When these tickets are presented at the door on the night of this event (and yes, YOU MUST BRING YOUR TICKETS), they will be exchanged for \$500 in-"funny money" which can be turned in to any dealer for chips to play at the tables. Also, additional "funny money" may be purchased during the course of the evening for \$20.00 for another \$500.00 in "funny money".

There will be prizes awarded at the end of the evening when you redeem the "funny money" you've won and for each \$100.00 you will be given a raffle ticket to be put in the raffle drum for the drawings. The top THREE prizes are a three day/two night stay at Sam's Town Resort in Las Vegas and there will be many other great prizes to be won as well. The Club will provide all snacks along with wine, beer, soda, water and coffee, or you may BYOB. Remember, Mardi Gras is a masquerade party, so don a FABU-LOUS MASK and come on down to the AR for this really fun night!

Please mark your calendar for Friday, March 24, 2017 for the always popular "Cash In the Attic." All further details will be in the March "ILV" issue. If you have any questions or comments, please feel free to contact Jim and Linda Gaffney.



WOODSHOP

By Bud Bradley

2017 is a new year in the Woodshop in several unusual ways. Chuck Russell, who has been our leader for many years, is retiring (sort of) to have more time for himself and his family. We won't say "Goodbye" because he'll still be around, just not as intensely as before. Taking the reins from Chuck is Ron Quick, who can make anything out of wood, as you've seen in many of our monthly photos that featured his work. The final count of our projects in 2016 made all of us proud:

Residents:

276 – an average of 23 per month **Clubs/LVA:**

70 - an average of 6 per month **Quickies:**

46 - an average of 4 per month

All in all, it was a banner year and we are just as busy in 2017. Residents can bring broken furniture in need of repair on Tuesdays and Wednesdays between 10:00 a.m. and noon. There's no charge for the work. We gratefully accept donations for materials.

The welcome mat is out for residents who enjoy woodwork and would like to join us. If you have experience with power tools, call Ron Quick at 818-648-3302 to make an appointment with one of our members who can answer your questions and will check you out on our equipment.

IN OTHER WORDS

By Frank Seiden

Visitors, who come to find out what we do, enjoy our discussions of writing technique and return with their own writing for discussion or sometimes just to listen. If you have any interest in creative writing, prose or poetry, you are always welcome.

In February, we shall meet on the 8th and 22nd, the second and fourth Wednesdays, in the Lanai Room from 2:00 p.m. until 4:00 p.m. Come along and just listen or join the discussions.



Photo by BUD BRADLEY

This bench came in to the Woodshop as a dirty abandoned piece of outdoor furniture. Look what it is now.

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VILLAGE ARTS

By Gwen Zimring

Our first meeting in January 2017 began with a full house, including new members and guests. In spite of inclement weather, we enjoyed a water color demo by Kathy Whitesell. She followed up with a well-attended group class for nine members. Thank you, Kathy, for this gift of your time and energy.

To celebrate the coming of winter you can enjoy a lovely display of "winter art" in the Patio window and also in the Lanai Room.

And now, to quote Chauncey Gardiner, "After winter, comes spring" and we have a wonderful program planned. We are looking for member/artists to share their work in their own homes in the annual Home Art Tour on Wednesday April 5, 2017. Please Some artwork by Gwen Zimring on display at the LV Library in January



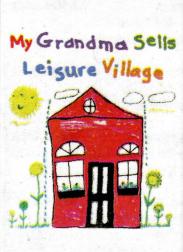


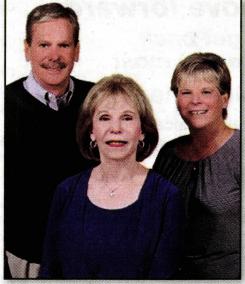


Right, Water color demonstration by Kathy Whitesell.

Photos by PATTI CRICHTON

call David or Patti for more details. Jan Perkl will be showing some of her paintings in the library in February.



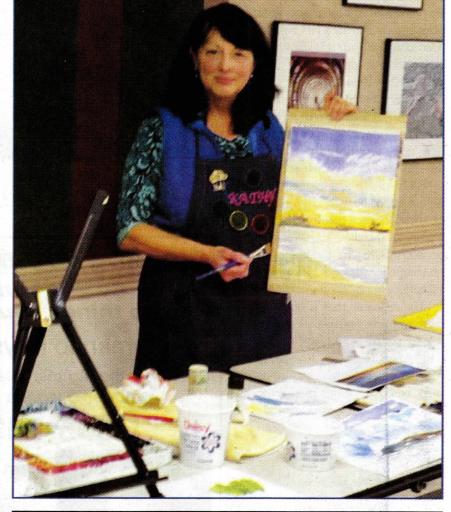


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PET CLUB

By Ruth Stubba

The next Pet Club meeting is Monday, February 13 at 7:00 p.m. in the MPR. The featured guest speaker will be Mardu Lydick from Pets for Vets, an organization that brings together shelter animals and veterans through personalized matches. This involves rescuing, training and pairing the animals with America's veterans who could benefit from having a companion

Photo by RITA LINSEY
Full house for the speaker local Vet
Dr. Andy Miller.

animal. Mardu will update us on what she has accomplished since her last visit to our club in 2015. There will be refreshments, 50/50 raffle, and free pet-related items and information. Also, get your 2017 club membership card for \$5.00. The Pet Club promotes responsible pet ownership and makes donations to local animal causes. Contact: Ruth Stubba, 496-7188.



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SHUFFLEBOARD

By Diane Hawrylo

High scores submitted for an eight frame game in January 2017 were: December 21, Jon Amelsberg, 127; December 28, Jackie Whitehead, 110; January 4, Keith Murchland, 129; and January 18, Milt Krapes, 154.

Everyone is doing very well and enjoying shuffleboard at the same time. There is a lot of enthusiasm and interest in shuffleboard. Come on by and enjoy the fun. We regularly play shuffleboard on Wednesdays at 9:30 a.m. All Villagers are invited to join. We will teach you if you don't know how; there are no dues and you can practice at any time. Come and join the fun.

A safety note: Because of uneven surfaces, wear only flat shoes and walk only between the lanes. Never walk across the lanes.

WOMEN'S GOLF

By Patti Crichton

January was a rainy month, but the fairways and greens are looking healthy and ready for the 2017 season. We missed our golf and January meeting on the 11th due to wet conditions and electrical updates at the Rec. Centre, but we will catch up on the news at the meeting on February 8. Please join us at 2:00 p.m. in the Garden Room. Come early for snacks, chats, and to buy 50/50 tickets. Much appreciation to Cherie for organizing the orders for our new LVWGA golf shirts!

The first annual Edith Dowsing Tournament was played on January 18. Thank you to Edith for donating the trophy she won in 1995 to honor this new competition. We will take turns yearly, between the Niners and Eighteeners golf groups, winning the individual trophy. The Niners will have the trophy possession this year.

Winner to be announced. Low net, one game! The trophy will be presented at our Feb. 8 meeting.

The January 28 Chili Bowl and tournament, hosted by the Women, was a hot event. Thank you to all of the chefs who offered up their special chili recipes to enjoy after the mixed golf tournament.

February is regular weekly tournament play on February 8, and 15. February 22 is the start of the Winter Eclectic Tournament, which winds up on March 1. Good luck!

WRITERS CLUB

By Harvey Brosler

WRITE-PRESENT-PARTICI-PATE-ENJOY-LEARN We all have had significant events in our lives. Would you like to share interesting aspects of your life and your opinions with other residents? If so, we would like to hear them. Come to the Writers Club meeting held every Monday

at 1:00 p.m. in the MPR. No special ability or prior experience required. If you can talk, you can write. You may write on any topic or use the suggested topic for that day. Microphones are provided. Stories of the Month are displayed just inside the entrance to the Village library.

Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com or Harvey Brosler 465-0006, hsbros@roadrunner.com".

WII BOWLING

By Ginny Bryce

We are having another Bowling for Dollars contest on February 21, 22, and 23. It is a lot of fun. Come join us.

Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all. For information, please call Joan Levy at 805-482-6871 or Barbara Bell at 805-388-2264.





WOMEN'S CLUB

By Louise Romero

The LV Women's Club meeting was held on January 12. Installation of officers for the new year were: Shearon Millar, President; Wilma Hutson, Treasurer; Susan Rockwell, Membership; Eldora Barton, Corresponding Secretary; and Sue Ellen Colp, Programs Chairman.

Currently the Boutique is open on the second and third Tuesdays of the month in the MPR. When the Boutique is not open on the first and fourth Tuesdays of the month, the MPR will be open from 9-11 a.m. for the LV Women's Club new Social Workshop. The Social Workshop is for anyone: members or guests, men and women, to enjoy coffee and snacks. Participate in a board game, play cards, make a craft project, knit or crochet, or just to socialize and meet new friends. We look forward

Photos by ROB SOLLETT

to seeing you there!

The Thursday, February 9 program will be preceded by the Boutique, vintage jewelry and See's Candy at 1:00 p.m. in the AR. The General meeting will begin at 1:30 p.m. followed by the performance of David Zasloff, Comedian/Entertainer. David has performed in a wide variety of venues throughout the US. He is a songwriter, film

(L-R) Shearon Millar, returning President with new members of the board, Sue Ellen Colp, Program Chair and Eldora Barton, Corr. Sec. at the Women's Club installation. Below, Comedian Jason Love jokes with an item he purchased at the club's boutique.



composer and record producer. He has also been the musical director for 14 HBO comedy channel shows. His performance promises to be one you will not want to miss. Don't forget to bring spare canned goods for Food Share.

Boutique days are Tuesday, February 14 and 21 from 9-11 a.m. in the MPR and Wednesday, February 22, from 4:30 to 6:30 p.m. in the AR Lobby. There are many new and gently used items for gifts or to own, so do stop by and shop.





RACOUET CLUB

By Leslie Fox

February will begin with the first meeting of the year, with our new president, Merle Ruiz. The date is February 8, at 7:00 p.m. in the MPR. The surveys you filled out have been tallied with all of your ideas for the New Year. Merle has also designated a new planning committee to put forth and receive continual ideas for future events and activities. The committee members are Carla Molter, Claire Scott, Jean White, Pat Brown and Leslie Fox. Don't forget to bone up on your trivia for our game after the meeting. Knowing that Valentine's Day is within a few days of the meeting it is, my guess (and it really is a guess), you may want to study your "Romeos and Juliets"!

Please remember to check the bulletin board often for current activities, some are decided after this article was submitted, like the pickleball clinic held January 28. Hope you didn't miss it.

Enjoy the month, and have a "Sweet and loving Valentines Day"!

LV RV CLUB

By Bob Banfill

The club plans group camping adventures for Leisure Village RV owners and persons interested in camping. We also raise funds to support amenities in the RV storage yard, other Leisure Village causes and social events. You don't have to own an RV to join. Many of the campgrounds we visit also rent on-premises RV's and cabins.

Scheduled events: Camp Comfort (Ojai) on Feb 24 – 26; Santa Anita Park/Race track - April 4 - 8

Please join us at our monthly meetings, held the second Tuesday of the month at 7:00 p.m. in the Santa Rosa Room. Refreshments always available! For more information, call Bob Banfill (805) 914-3654.

SATURDAY NIGHT BALLROOM DANCE

By Ardrea Moran

Hello everyone! Holidays are over and most of us have over-indulged. This is a good time to think about losing the extra pounds. What better way than by dancing. Our February line-up should get you going. February 4 The Dance Masters (new group to Leisure Village, so let's give them our support.); on February 25, Lenny La Croux Trio (our annual Mardi Gras theme with our 2nd liners).

A fun time will be had with punch, coffee and fresh popcorn. \$7 admission per person, 7:30 to 10:00 p.m.. Also on February 11 our Country Dance from 7:00 to 9:30 p.m. with Marshall as D.J. Line dancing and two step music; come join the fun of dancing.

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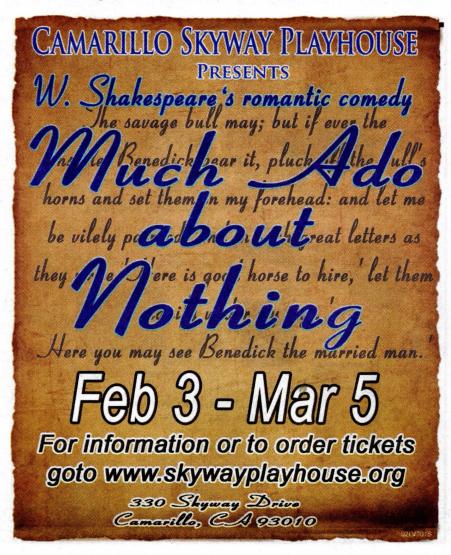
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REALTOR CORNER

By Sharron Parker

Condition, Location and Price are the three most important considerations should you be thinking about selling your home.

A potential buyer will be looking at what upgrades, if any, have been made to your home and also how recently. Sometimes, upgrades that were completed years ago are no

longer up to date, and may also show wear from years of the seller's use and enjoyment. Sellers will sometimes spend money for upgrades before they put the house up for sale that won't actually add value. It is often a good idea to get a knowledgeable Realtor's opinion before spending money to upgrade your home for sale.

Location is what it is. An end unit is a bit more desirable than an

interior unit and, of course, if there is a nice-size greenbelt in the back, a golf course or perimeter, mountainview, the house will usually sell for a higher price.

Realistic pricing is important so that Realtors will perceive your home as a good value and will want to show it often. The more exposure, the better your opportunity to get a good offer. Homes that are not priced realistically typically do not get shown often and eventually the seller may have to reduce the listing price to get it sold. If a buyer is applying for a loan to buy a home, it will be professionally appraised so pricing is important for this reason as well.

A Realtor who understands the importance of these three factors will be a good agent to help you sell your home.

By Carol Moody

We are adding new tours weekly as we fill in our spring offerings. Join us for a special presentation River: March 13-15, 2017 the Garden Room. The following trips are up for sale now. All trips include transportation from the ARIZONA SPRING TRAIN-Rec Center. Please sign up early as ING: March 26-30, 2017 some tours sell out quickly and we would not want you to be disappointed.

February 17, 2017

Enjoy chocolate culinary goodies SEDONA & GRAND CANon this guided LA tour with a YON: May 21-25, 2017 luncheon at San Antonio Winery. Enjoy a five day/four night This tour was a late addition to excursion to Sedona, Arizona our roster so there may still be where you will spend two nights. room if you act quickly.

BYE, BYE BIRDIE: Theater heading to Laughlin for a relax-March 4, 2017.

A favorite day trip to Glendale Theatre with lunch at the famous Tam O'Shanter on the way. AVI CASINO on the Colorado on our "Shades of Ireland" tour at Includes two nights' lodging 1:00 p.m. on February 15, 2017 in and a shuttle to Laughlin on

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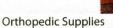
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THE HEALTH CORNER

What Routine Eye Exams Can Reveal About Your Health

By Andy Smith

After turning 60, several eye diseases may develop that can permanently affect your vision. A comprehensive dilated eye exam by an optometrist or ophthalmologist (eye doctor) is necessary to find eye diseases early, when treatment to prevent vision loss proves most effective. Here are some vision disorders

all seniors should know about:

Age-related macular degeneration (AMD) is an eye disease that affects the macula (the center of the light-sensitive retina at the back of the eye) and causes central vision loss, while peripheral (side) vision remains unaffected. The macula allows us to see fine detail and colors. Activities like reading, driving, watching TV, and recognizing faces

all require good central vision.

<u>Cataracts</u> are cloudy or opaque areas in the normally clear lens of the eye. Depending upon their size and location, they can interfere with normal vision. Usually cataracts develop in both eyes, but one may be worse than the other. Cataracts can cause blurry vision, decreased contrast sensitivity, dulling of colors, and increased sensitivity to glare.

Diabetic retinopathy is a condition that occurs in people with diabetes. It is the result of progressive damage to the tiny blood vessels that nourish the retina. These damaged blood vessels leak blood and other fluids that cause retinal tissue to swell and cloud vision. The condition usually affects both eyes. The longer a person has diabetes, the greater the risk for developing diabetic retinopathy. At its most severe, diabetic retinopathy can cause blindness.

Dry eye is a condition in which a person produces too few or poorquality tears. Tears maintain the health of the front surface of the eye and provide clear vision. Dry eye is a common and often chronic problem, particularly in seniors.

Glaucoma is a group of eye diseases characterized by damage to the optic nerve, resulting in vision loss. People with a family history of glaucoma and older adults have a higher risk. Glaucoma can be painless, with no symptoms. It can take away peripheral (side) vision.

Retinal detachment is a tearing or separation of the retina from the underlying tissue, and most often occurs spontaneously due to changes to the gel-like vitreous fluid that fills the back of the eye. Other causes include trauma to the eye or head, health problems like advanced diabetes, and inflammatory eye disorders. If not treated promptly, it can cause permanent vision loss.

Eye exams can reveal other conditions about your health, including diabetes, hypertension, autoimmune disorders, high cholesterol, thyroid disease, cancer, tumors, mental health, aneurysm and multiple sclerosis.

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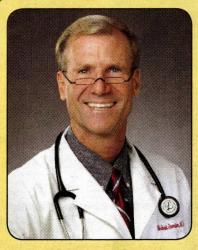
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small. In the village

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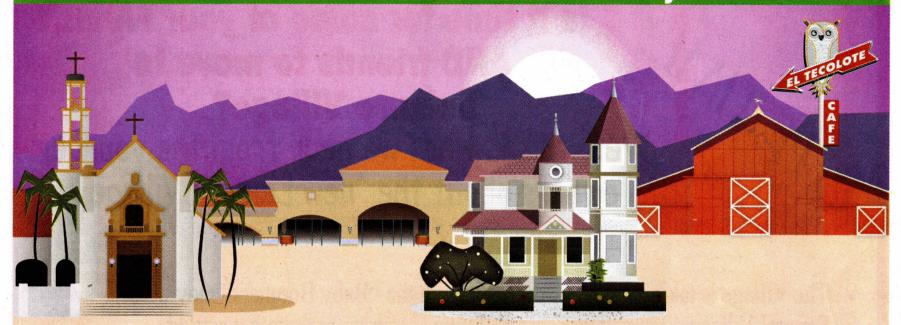
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