## INSIDE LEISURE VILLAGE

VOL. 44 NO. 5

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

MAY 5, 2023

## LV 50TH ANNIVERSARY



## Breaking the Billiards Barrier

By Patty Ecker

When Aleta Trogdon first walked into the Billiards Room soon after she moved into Leisure Village, she heard these words, "I ain't never going to play with no damn lady," spoken by a man across the large room. As she remembers that greeting today - 36 years later - she smiles. Four months later, Aleta won her first Village Pool tournament, defeating him and every other male opponent. That began decades of enjoying Village life including dozens of tournament wins and countless hours teaching the skills and fun of playing Pool to countless LV women.

Trophies won in the Billiards Room sparkle throughout Aleta's

home. She and her husband moved here in 1987, attracted by the wide range of activities like tennis, golf, weekly dances and of course, "the pool hall," she recalls. "We had a pool table at our home in the San Fernando Valley. We learned the game from a book and a few games most evenings after dinner." And they were excited to have the Village Billiards Room. But, right from the start, "No one invited us to play; it was usually the same twenty men in there," she says. So, they played by themselves for several months, until January 1988, when she entered a Scotch Double Tournament (which means teams of two players - one good, one poor - compete). Aleta was labeled the "poor" player until she and her

partner won the tournament. And that changed everything in the Billiards room - especially for women.

When a regular Village pool player began to teach a class, it filled up so quickly with women that he asked Aleta to help him teach. She smiles as she remembers those Monday night lessons where her students - all women - began to learn how to hold a cue, stance and strategy. She laughs, "Not long after that, a man came in and asked if he could watch. He wouldn't take a lesson; he'd just stand by the table." Over many years, dozens of women joined her classes and became competitive players.

Over the years, Aleta won countless first place trophies never competing against a woman.



Photo by BUD BRADLEY —Please see **PAGE 6** Aleta lining up her shot.

### COMMUNITY NEWS By Dennis Doolittle

## **Water Does Still Matter for Several Good Reasons**

The Board President, Chuck Kiskaden, along with the General Manager, Christi Moore and the Water Committee Chair, Carol Dietz have issued a joint letter on water usage entitled "Water Still Matters." A copy of the letter is printed in this issue of ILV.

We tend to think of unlimited water usage as the norm, and as if drought is the exception. It is really the other way around. We live in a semi-arid land with rainfall limited to a four-month period and we are in a long-term drought. Camrosa, the water district that serves LV, is drilling deeper to get well water. Camarillo Water District built a desalter plant 10 miles inland to treat sea water invading the aquifer that is a source of Village water.



Photo by JON

Testing the landscape irrigation system on LV Drive. Looking for the right amount of water for areas specific to the soils and conditions.

Key reservoirs along the Sierras are full while further east there are continuous water shortages. The major Colorado River reservoirs are still very low.

The Village has responded to the water conservation message. We have significantly reduced our household (potable) water usage. We started focusing on household

water well into the Village's fiscal year. Yet, we reduced our household water budget by \$37,000. We can and should do that again. We need to continue the good water usage habits we have developed.

The unprecedented rain from the "atmospheric river" allowed the Village to shut off the irrigation system for many weeks. The result was that irrigation (non-potable) water bills for the Village were \$107,000 under budget! This is a tremendous savings.

The irrigation water rates are increasing by \$0.40 per hundred cubic feet (HCF) of water used starting in July. In an average year, we use about 340,000 HCF of irrigation water or over 250 million

—Please see PAGE 12

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Amalfi	Village 35	\$710,000
Balboa	Village 11	\$482,500
Bel Air	Village 17	\$525,000
Capri	Village 42	\$515,000
Capri	Village 32	\$540,000
Coronado	Village 4	\$470,000
Coronado 2-car	Village 9	\$505,640
Del Mar	Village 9	\$549,000
El Dorado	Village 3	\$645,000
El Dorado	Village 6	\$728,000
Holmby II	Village 8	\$699,000
Monterey	Village 25	\$510,000
Monterey	Village 15	\$575,000

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This information is supplied directly from the Ventura County MLS as of 4/25/2023 and is deemed reliable. If your home is currently for sale, this is not intended as a solicitation.

### **IN MEMORIAM**

Lorraine Comer – Village 13

Bob Pegg – Village 30

Louise (Lell) Ellerby Sconce – Village 11

Ken Walker – Village 28

(We apologize, but Lorraine's name was misspelled in a previous issue.)

In Memoriam entries, please submit name and village number of the person who has passed to: insidelyeditor@gmail.com ATTN: In Memoriam

#### ABOUT INSIDE LEISURE VILLAGE

Editor: Jon Niemann

Community Editor: Dennis Doolittle

Staff Writers: Barbara Senior, Max Copenhagen, Jeannie Davis, Linda O'Neill, Jennifer Stein, Marci Lapair, Rosemary Vine, Nicole D'Amore, Sheila Bunch

Classified Ads: Barbara Crome Art Director: Sarah Ely

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**Display advertising:** Stacey Janson, Acorn Newspapers 805-484-1949 x303

**Classified advertising:** Barbara Crome 805-482-9097

#### **Letters**

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

#### **June 2023 Edition Deadlines**

Club News, articles and letters: Monday, May 15. June issue will be available Friday, June 2. Send news, articles & letters to insidelveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

## **AROUND THE VILLAGE**

## Health Care District Offering Classes in Digital Literacy at LV

District will be offering classes exclusively to Leisure Village residents during May and June at the Recreation Center.

Imagine taking a hot-air balloon over the Swiss Alps or Kenya, riding a double-decker bus through the streets of Dubai or Tokyo while learning about historic landmarks and points of interest, or sailing down the highway in a convertible on a cross-country road trip. This seminar can help you experience it all without leaving Leisure Village. You will learn to travel virtually with the District's new virtual reality program, "Adventures in VR." VR is an exciting technology that offers participants a full sense of "being there" through immersive headsets and software applications, and utilizes computer technology to create a simulated environment.

VR has proven to help improve quality of life and a sense of wellbeing by reducing loneliness, addressing depression and reducing barriers to socialization through common experiences, according to the study "Impact of Virtual Reality Experience on Older Adults' Well Being," published by the Massachusetts Institute of Technology Design and Management, and MIT AgeLab. It also lowers barriers to entry for individuals who don't have the financial resources, ability or health to travel.

The Camarillo Health Care a VR headset and explore nature, interact with animals or explore an underwater safari park in "Nature Treks" or "Ocean Rift," classes designed to introduce people to virtual reality.

Advanced classes are offered in virtual travel. "Alcove" offers a virtual road trip by bus, convertible car and doubledecker bus, and "BRINK Traveler" places individuals virtually in national and state parks, as well as far-away countries. Introductory classes "Nature CARE DISTRICT lost when it comes to Treks" or "Ocean Rift"

are required before advancing to the next level. In the intro classes, participants first learn how to use the hand controllers while using the application "First Steps" and then they switch to the topic of their introductory class.

"Nature Treks" is offered as a one-time class from 10:15 am to 11:15 am Friday, May 19 and 1:30-2:30 pm Friday, May 26.

"Ocean Rift" is offered as a one-time class from 9-10 am on Friday, May 19 and 10-11 am Thursday, June 8.

If you've taken "Nature Treks" or "Ocean Rift," then you have the basic skills to advance to intermediate level classes. "Alcove" travel adventures will be offered 11:15 am-12:15 pm Thursday, June 8, and "BRINK Traveler" is available

To learn more about the District's VR program, visit https://www. camhealth.com/adventures-in-vr.

Costs range between \$5 for introductory classes to \$10 for intermediate level.

If virtual reality isn't your thing, but you want to stay up to

> date with the latest technology to learn, connect and grow, then the District's "Social Media Basics" or "Digital Scrapbooking" classes may be for you.

Many of us feel using social media. This

seminar helps you to understand others so you can connect with more family, friends or colleagues, or understand pop culture better. Consider signing up for "Social Media Basics to learn more. Michelle Rogers, the District's

outreach and education manager, will share an overview of the main platforms: Facebook, Twitter, Instagram, LinkedIn, SnapChat and TikTok or Clapper during the first week. The following weeks, you'll learn more specifically what each platform is used for and the mechanics of using each.

The class will cover why hashtags are important on some social networking sites, how to search for specific content and connect with people, businesses and organizations. Bring your smartphone, tablet or laptop for hands-on learning.

The cost for this three-part series is \$10. Classes will be held 1:30-2:30 pm May 10 and 17.

Organizing photos stored on your phone is fun when you have the knowledge. Creating scrapbooks is

—Please See PAGE 11





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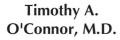
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## **VILLAGE ENTERTAINMENT**

#### **Behind the Scenes**

Players' Guild - Linda O'Neill

I hope you saw our presentation of Damn Yankees in April. Tickets sold fast and early. I attended several early rehearsals and some just the week before the performance where I chatted up a few of the performers during their breaks. When I spoke with Helene Cohen who teaches the Players Guild Acting Class, I asked "Helene, you are a highly regarded, experienced actor and director in Ventura County community theater, why did you take a relatively small part in our theater production?" "For the camaraderie," was her answer. Players Guild couldn't be happier.

I have it on good authority that Buster was asked at a friendly neighborhood poker game, how Lynn Kremer was doing in the role of Applegate (aka the devil in this Faustian tale) - a role usually played by a man. He reportedly said, "She steals the show." Later, I slid into the seat next to Buster Hayslett (definitely not Hazlett) and asked him how he felt about working with Director Richard Weiss. "I believe he is just outstanding." Then, he took a breath and deadpanned, "I haven't been outstanding since I was a Kentucky farmer, out...standing in my field." The cast grows close as the performance dates get nearer and the actors come to value small outbursts of humor.

Weiss has directed five musicals in Leisure Village and I continue to be impressed by his inventiveness and creativity. We were all impressed by Kathy Wien's organizational skills. Special kudos also to Ann Marie Florio in her first leading lady role; to Nancy Hullihan for her provocative interpretation of Lola; to Irving Feiles for his portrayal of "Old Joe" a couch potato yearning to be a baseball hero; and as usual to Buster "Young Joe" and for his many fine performances over the years. Applause to Doris, the reporter (Judy Hope) for her imperious delivery of the word

"platitudinous"; to the baseball players who had plenty of "Heart" and to all the rest of the players who attended endless rehearsals and played their parts well.

If there were a mission statement for Players Guild, I believe it would go something like this: It is our goal to prepare to do our best with every show, to challenge ourselves by developing our talents and to provide our audience with an enjoyable and thought-provoking evening.

We are dark in May when the Association takes over the third Thursday for Board election business.

On Thursday, June 15 at 7:30 in the AR, Diane Carroll will present scenes from these very famous plays: *The Odd Couple, Steel Magnolias, Julia, Plaza Suite* and, possibly *Hal and Cathy.* Players Guild actors are already hard at work, memorizing lines and trading jokes.

#### **Rick Jarrett**

Showtyme - Jennifer Stein

Showtyme Presents, "Getting Back to Romance" with Rick Jarrett. Rick is a throwback to a time that many of us have forgotten. With his smooth vocal qualities and personas of his musical influences, Nat King Cole and Johnny Mathis, Rick breathes new life into classic standards that have touched our lives. Instead of merely imitating what we are familiar with, Rick brings his own style into his songs, he is a very unique artist that reaches out to his audiences of all ages. He touches our hearts and souls through his music as he reminds us to cherish each day as you live in it and look forward to tomorrow's adventures.

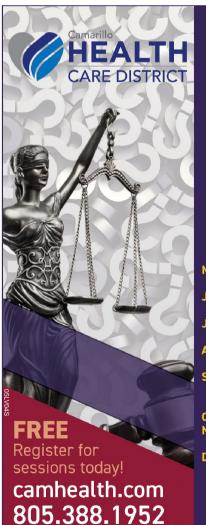
Music is special to each of us in its own way and his songs definitely bring us to great heights. Besides being a singer and songwriter and a retired VET, Rick pays it forward and brings it back to his communities with commitment and passion. His romance for life shows through in his music. Come and enjoy an evening of romance



New residents are invited to Session I on Saturday, May 13th from 10 am – noon in the Assembly Room. This orientation provides detailed information about easing into Village life including communication sources, updated website login for resident information, safety and assistance, committees, clubs, activities, events, water issues and more.

Contact Patti Schultz to RSVP or for Questions: pattischultz0732@gmail.com or 805-558-0732





## Elder Legal Answers

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- May 15 What Happens if I Don't Die: Legal Planning for Incapacity
- Jun 19 What You Need to Know if Hiring a Caregiver Privately
- July 17 Understanding and Addressing Elder Abuse
- Aug 21 Nursing Homes: What You Need to Know
- Sep 18 Does My Parent Have Dementia? Understanding Declining Capacity and Conservatorship
- Oct 16 Someone Died What Now?
- Nov 13 Knowing and Accessing Your VA
  Benefits
- Dec 11 Do You Know Your Housing Rights?

12-1pm Doors open at 11:30am

Camarillo Public Library Community Room, 4101 Las Posas Rd.

### Inside Leisure Village

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With observations and his cool style, Mal Hall is one of the brightest up-and-coming comedians around. He's been seen on FOX's LAUGHS, FuseTV's OFFBEAT, and NBC's Standup for Diversity. His special, "The Ice Cream's Not Ready," delves into Mal's experiences growing up and his own journey into fatherhood.



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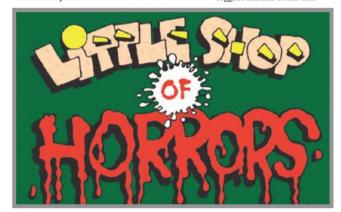
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## **VILLAGE ENTERTAINMENT**

#### Showtyme

Continued From PAGE 4 —



Rick Jarrett

and a little bit country with Rick Jarrett. The event is Friday, May 12th at 7:30pm in the AR. Doors open at 6:45pm. There is no charge for 2023 Showtyme members. Admission for non-members is a \$5.00 donation. Membership for 2023 is available in the lobby before the show, it's \$15.00 per person. Please bring your family and friends for an evening of "Getting Back to Romance" with Rick Jarrett.

If you have any questions please contact Jennifer @ 805-383-1518.

#### Music Club Offerings

Music Club - Marci Lapair

The audience who attended Open "Mic" Night surprised Leisure Village's pianist extraordinaire Richard Weiss with a rousing rendition of Happy Birthday. Bob Bueling, Pat Cronin along with Jeff Roth from Village 20 entertained the audience with Good Old Mountain Dew. Gudrun Eastham delighted the audience with her reading of author Judith Viorst.

The next Open "Mic" nights are Fridays, May 5 and June 2 at 7:00 pm in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks. If you have a talent that you would like to share for our June Open "Mic" Night, please call Dick Guttman 805-484-5806 no later than Wednesday, May 31.

The movie to be shown on Monday, May 15 at 7:00 pm in the AR will be 'The World's Fastest Indian' starring Anthony Hopkins. New Zealander Burt Munro spent years perfecting his classic Indian motorcycle. The year is 1967, and Burt takes his machine to Utah's Bonneville salt flats, where he attempts the impossible, using his dream bike to set a new world's record for speed. Based on a true story, the record Munro set more than three decades ago still has not been broken to this day. The movie is rated PG-13 and is 2 hours and 7 minutes long.

On June 5 we will screen the warm-hearted charming movie 'Secondhand Lions' starring Michael Caine and Robert Duvall. A shy adolescent boy, Walter (Haley Joel Osment), is taken by his greedy mother (Kyra Sedgwick) to spend the summer with his two hard-boiled great-uncles, Hub and Garth, who are rumored to possess a great fortune. At first, the two old men, both set in their ways, find Walter's presence a nuisance, but they eventually warm up to the boy and regale him with tall tales from their past. In return, Walter helps reawaken their youthful spirit. The movie is rated PG and is 1 hour and 50 minutes long.

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00 pm in the AR. Come and listen to their easy listening music.

For more information about the LV Music Club, call Debbie Goodman 818-523-0731 or Marci Lapair 818-399-0843.



Photo by BUD BRADLEY

A recent photo of 97 year-old Aleta gives credence to the rumors that LV is the fountain of youth.

#### **Billards**

Continued From PAGE 1 —

But the number of women pool players in the Village continued to grow; women became club officers and built a network of camaraderie, including a program in which Aleta made and sent get well and sympathy cards to all members for years. The collegial nature of the Billiards Club also resulted in the construction of the outside Patio and Fire Pit, just a few steps from the door that Aleta first cracked opened decades ago.

Aleta's knees aren't what they used to be, "After all, I'm 97," she explains with a giggle. Her poolplaying days are over. But enjoying her other Village friends and activities is nearly as much fun as "running the table," and winning those games.

EDITORS NOTE: This section is to commemorate the founding of Leisure Village in 1973. Join us in looking back and reflecting on the pioneers, stories and traditions of life in the Village.

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## WORD ON WINE

By Barbara

## Forty Wines on Tap..... Really!

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the bottle to the glass. Select from three pour sizes, then dispense the wine into your glass, running a tab as you go. As the wine is poured, neutral gas replaces it, ensuring the wine will keep for several weeks

There's a revolution happen- after the bottle is opened. We ran

at an enoteca (aka wine store) in the heart of the Chianti wine region, near Florence. Almost every wine in the store was available to taste using this dispensing system. We put 20 Euros on a debit-style card, and we were off to explore the goods using that card to dispense whatever wines we liked. Not only was

it fun, but we could learn how the wine tasted before buying it. That was very helpful, since wines in Italy are labeled by the region, not varietal. We also found that many

—Please see PAGE 10





## Member SIPC Edward Jones Think CDs are boring? That's the point.

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## ART IN THE VILLAGE

By Nicole D'Amore

## **Good-Looking Gourd Art Creations by Frank**

Here in Leisure Village, many are familiar with Frank DeSimone's award-winning photographs lining the walls of the Recreation Center and various meeting rooms. He has an eye for composition and intriguing subjects. He also has excelled in ceramics, but lately he has been focusing on a different medium — gourds.



Photo by NICOLE

Frank DeSimone with one of his African-inspired pieces.

Modern artists have found the hard-shelled fruit perfect vessels for creativity, DeSimone among them. Carved, sculpted and painted, his creations grace the rooms of the beautiful home he shares with wife Geri in Village 4. He has won awards from the California Gourd Society in novice painting, weaving and pyrography (writing with fire or wood burning). His pieces are decorative but many are also useful; one is a receptacle for several varieties of wine, complete with spigots for dispensing. Many of his designs are animal related, depicting wild animals — African stuff, he said.

DeSimone discovered the unusual medium through another gourd artist here in Leisure Village, Pat Lelie, a former artist-inresidence at Studio Channel Islands Art Center who exhibits and sells her pieces at events here. He started learning gourd art in classes at the Moorpark Active Adult Center and in local workshops. He is often the only man in the class.

years and are so fast and good at it... mine always turn out different," he said. "I do the guy thing instead of the girly thing.

He buys gourds from Welburn Gourd Farm in San Diego County, where you can get everything from over three-foot high gourds to small three-inch varieties for making ornaments or jewelry. They are available as they come from the field, or cleaned and prepped —a big job, he said.

You have to clean out the inside and sand the outside with three different grades of sandpaper," DeSimone said. "Then you have to oil it to get in the pores, otherwise the paint will seep in and spread."

Using his skills from ceramics, some of the pieces have clay embellishments. You can add metal flakes and crystals, he said.

"I did one ocean scene with mermaids and kelp with fish. Some of the fish I painted with sparkly paint. There are so many things you can do. Your imagination just goes nuts," he said. He uses burning tools to outline the design and burring tools to give a 3D effect. "Like in a horse's head, I'll grind out the nostrils of the nose to make it stand out," he said. in May of

Born in a small town outside of Boston, DeSimone was the middle of three children. His two sisters, Kathy Wirtz and Karen Foote, also live in LV.

He enjoyed the freedom of small town life in the 50s. "I knew everybody in town," he said.

"We learned if we wanted something we had to work for it," he said, a lesson he's followed throughout life. As a teenager, he shoveled snow, delivered newspapers, worked at Dairy Queen, a peanut butter factory and a carwash.

At 19, after basic training in the Naval Air Force, he went back home to pick up his car, a 1955 Cadillac Fleetwood.

"You had to pour gas down the carburetor to start it, couldn't go "The girls have been doing it for over 53 MPH," he said. "I slept in



Photos by NICOLE Some of Frank's work. Yes, the wine decanter below does function!

the back of it all the way out here, I didn't have a hundred bucks in my pocket."

DeSimone arrived i n Los Angeles



1964, worked at a gas station and summers at a boys' ranch in Wyoming. He had a 37-year career with the telephone company and also worked with a longtime friend in the construction field, remodeling kitchens and bathrooms, basically flipping houses, he said.

"I watched people working, how they did it, ask a few questions, just get in and do it, learn from my mistakes," he said.

Those skills helped later when he designed and remodeled his home in Leisure Village.

"The place was a mess," he said. "We had to replace doors and move walls." The results are decorator quality.

He was out here for 10 years when his parents, Nicholas and

—Please see PAGE 11

## COMMUNITY NEWS By Dennis Doolittle

#### **Village News Bites**

Automatic HOA Payments – The Village experienced problems with ACH in processing our automatic HOA payments. The processing of these updates was in error, and individuals were charged the wrong rates. The first step in correcting this was to reverse all ACH transactions. Then staff took the time to reverse the update, process a new update, and to verify that all was correct before issuing ACH transfers for assessments. This process took days, but the problem is now resolved.

Board Elections – Board elections are coming. There are three seats up for election, with five individuals self-nominated. The election ballots will be available soon and the results will be announced at the June 23rd Annual Meeting.

Paint Project – I had it wrong last month. Stucco and trim painting have not started due to the rains and contractor delays. Stucco painting will take place in Villages 6, 8 and 17. The trim only will be conducted in Villages 4. 7, 9, 11, 13, 18 and 22.

New LVA Plant List – The Residential Landscape Committee has revised the approved plant list for the Village. The list is now out for review and comment; a copy was included in the last Village Voice. The final approval of the list will be on the May Open Board Meeting agenda.

LV Web Site – Through the work of the Communications Committee, a secure log on for Village residents has been added to the LV web site. The latest addition behind the log on is an online "Green Sheet" work request. I used it this morning to report a problem. It was easy.

Village Trees – Heavy rain and high winds caused several large trees to topple over causing significant damage to homes. The Executive Committee met to discuss how to address the problem of large trees near residences. Step 1 of that

process was approved by the Board at the last Board meeting. A "Level 1" basic inspection will be made on every tree within the Village to determine its condition and identify large trees within proximity of residences. Based on the report for the Level 1 inspection, a plan to address the problem trees will be made.

Roofing – A roofing contract for multiple residential units and for carports has been issued and work has started. The original schedule had been interrupted by required repairs from fallen trees caused by the last major rain and windstorm described above. Buildings that are scheduled for re-roofing are spread around the Village, work schedule based on need and then on age of the roof. A letter has been sent out to all residents who are scheduled to have their roof done.

LV 50th Anniversary – Save the Date: Leisure Village Celebrates 50 years! Join the celebration on Sunday, October 1, 2-5pm in the

AR and recreation center. Watch for other special events from clubs and groups throughout the year

Water – With the close of the last fiscal year, the Water Committee reports that household (potable) water was approximately \$37,000 under budget due directly to the efforts of residents' conservation efforts. We need to keep this up. Even better, thanks to the "atmospheric river", the irrigation system has been shut-off for much of the winter months resulting in an approximate \$107,000 savings in irrigation (non-potable) water.

Pool Resurfacing – Due to all the rain, our contractor is way behind on the scheduled work. The resurfacing that was planned for late March has been delayed. The new start date is scheduled for Thursday, May 18th. The pool will be closed for at least one week while this repair is done.

Health Fair – Set your calendar – —Please see PAGE 12

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## THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

#### Save Your Neck - Practice Good Posture

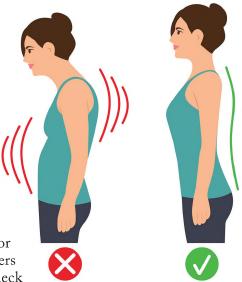
Approximately half of all individuals will experience neck (cervical) pain during their lifetime. As you age, natural wear and tear can cause parts of your cervical spine to deteriorate, or degenerate, causing pain. Degenerative conditions such as osteoarthritis (the wearing down of joint cartilage) and spinal stenosis (narrowing of the spaces in your spine) can lead to neck pain. Neck-related chronic pain (or pain that lasts three months or longer) is very frequently associated with emotional stress, poor posture and poor body mechanics.

Good posture, as it relates to the neck, is when the ears are positioned directly above the shoulders with the chest open and shoulders back and down. In this neutral position, also called normal head posture, stress on the neck is minimized because the head's weight is naturally balanced on the cervical spine. As we age, forward head and shoulders are more common, and we need to pay attention to our posture daily. Look at your posture and the position of your head in space when you are in front of your bathroom mirror at least daily to give you visual feedback.

There are many natural ways to treat your neck pain and stiffness. Using moist heat such as a bed buddy for 20-30 minutes can decrease spasm and neck pain. Going to a Physical Therapist can facilitate healing of your neck pain with education, hands on treatment and appropriate exercises. Sometimes you might be prescribed medication for your neck pain but know the side effects and benefits/risks of every medication you take. Others might benefit from injections by a physician, acupuncture, and massage.

Prevention of neck pain includes practicing proper posture in standing, sitting and walking. It is important to sleep on a good, not too old mattress on comfortable pillows (pillows last 1-2 years) and when sleeping on your back use only one pillow under your head. Don't carry a heavy purse or heavy weights on your shoulders as this can aggravate your neck pain. Maintain your neck range of motion to avoid stiffness which increases discomfort. Neck exercises should never increase your neck pain - always exercise in the comfort zone.

Taking care of your neck is very important for your general health and well-being. Address any stressors in your life as stress can increase



muscle tone and muscle spasms. Pay attention to your posture and where your head is in space.

Editors Note: Jeannie Davis is an LV resident and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.

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#### **Word on Wine**

Continued From **PAGE 7** —

local restaurants offered a broad selection of wines by the glass, using the same system.

Slowly, but surely, the Enomatic system is popping up in restaurants and wine bars in the US. It allows the venue to offer a slew of wines by the glass, and it almost eliminates the need to discard wine that is too old. It's great for the consumer and venue alike, and very likely increases wine sales as customers have a wider selection.

It's a current trend for restaurants to offer many wines by the glass with several pour sizes, and I'm guessing that it's partially due to the Enomatic system. We recently had lunch at The Cave in Ventura, a combination wine store/wine bar and restaurant. Five pouring stations with eight wines each are set up around the restaurant and it's self-service for wine, using the Enomatic system. That's forty wines... on tap... really! It was fun, interesting, and tasty. We can't wait to go back. www.thecaveventura.com

## **Wills, Trusts and Estates**

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LV Residents



## ART IN THE VILLAGE By Nicole D'Amore

## LV Library Art Exhibit

Deb Bozajian - oil paintings May & June 2023

Deb is fairly new to painting. After retiring about 10 years ago, she and husband Jack took classes in art and drawing through the Encore program at Pierce College in Woodland Hills. They thoroughly enjoyed the classes. Deb paints in oil and says she is inspired by the Impressionists. She encourages others to explore art.

"Anybody can paint," she said. "You just have to get out there and do it."



Photo by NICOLE

Deb showing one of the paintings she will have on exhibit in the LV Library.

### **Digital Classes**

Continued From **PAGE 3** —

a fun pastime that no longer needs to include multiple tools and glue guns. The District will offer "Digital Scrapbooking,"a class that can help you turn your beloved photos into an actual book for your coffee table. In this two-part series at Leisure Village, Rogers will discuss the different online platforms that offer digital scrapbooking, how to upload your photos, crop images, arrange and create your pages, add creative layers and decoration to your pages, and order your book for yourself or for wonderful gifts.

Make something that will become a part of your legacy handed down for generations. Bring your digital device to follow along or watch and take notes to create a book in class or later at home on your own.

The first day of class will cover the various platforms and the second class will be handson as you create your scrapbook with the instructor present to answer questions and troubleshoot any technical difficulties.

Cost is \$10 for this two-part series. The class will meet 9-11 am June 26 and June 29.

Advanced registration and payment required for all classes by calling 805-388-1952.

#### **Gourd Art**

Continued From PAGE 8 —

Marguerite (Piff) DeSimone decided to take an early retirement and come to California. He cued them into the newly established Leisure Village.

"I said this place is opening up and I don't think the prices are too high," he recalled. They were among the first residents here, with their pictures on a billboard on Hwy. 101.

"My dad hit the first golf ball in this place; he grew the first tomatoes in the garden. My mom was the head of a lot of clubs. (ed. note: she started the Women's Club). There were only 50 people here,"

About his artwork in all fields, DeSimone says: "It may take me 100 times, but when I see it I go wild — this is good! I feel if I achieve something, it's not to impress anybody, just to feel good about myself."

#### 65 years of Entertainment

THEATRE

Conejo Players Theatre con- hop-gala/ for more information. tinues to bring the community wonderful plays, musicals, and other special events.

On May 13, CPT celebrates its 65th birthday. Sock-hop style, CONEJO PLAYERS with burgers, 50's music and auctions

(both silent and live) for FUNdraising. Visit conejoplayers.org/sock-

Opening on May 26 is Calendar Girls. Calendar Girls is a play by Juliette Towhidi & Tim Firth and is

> based on the Miramax motion picture by Juliette Towhidi &Tim Firth. Conejo Players Theatre is located at 351 S.

Moorpark Road, Thousand Oaks. 805-495-3715; conejoplayers.org.



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Shawn Baker

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John and Shawn are collecting new pillows for the needy in the month of May. If you would like to donate, you may bring one to our home (28127 Village 28) or give us a call and we will stop by and pick it up!

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#### Water Update

Continued From PAGE 1 —

gallons of water per year. The increase results in \$136,000 extra in our annual irrigation costs. To make it worse, there is a price increase every July, so the cost will get higher and higher.

The Village must take action to reduce our irrigation water usage. Seeing the significant savings associated with reducing our water usage, Village staff, working with the LV Water Committee are currently working on an irrigation water reduction test program that could potentially run from May to July. This would be an attempt to reduce our irrigation water usage by 15% to 20%. LV Association Staff and the LV Water Committee will monitor the grass areas for problems and address them. If this test program does not produce results, the Village will need to continue to research



Courtesy Photo

An irrigation specialist working on the system repairs and maintenance. A large - scope project is making adjustments to the system to keep water flowing efficiently and effectively. Reduction of waste and lowering the amount of water we use is the goal of the LV Administration, the LV Board of Directors and the LV Water Committee.

ways to reduce our irrigation water usage. We have no choice.

#### Water (Still) Matters!!!

To: Leisure Village Association Members, Owners, and Residents

From: Leisure Village Board of Directors, Chuck Kiskaden

General Manager, Christi Moore Water Committee Chair, Carol Dietz

Our collective efforts to use water efficiently during this most recent drought made a differencel This is our acknowledgement of the good will and collaborative approach we have all used to address the issues faced by the Leisure Village community. Thank you for your time, thinking and actions.

Due to the last couple of months of abundant rain, water use restrictions have been discontinued by the Metropolitan and Camrosa Water Districts. What remains are important concerns over the long-term cost of our water, our aging irrigation infrastructure and the inevitable next drought. We've gained a much deeper understanding of our water use over the past year, but knowledge is not enough. Acting on a more cost-effective use of our water supplies, and efficient water supply systems will have long term benefits, Here is how you can help going forward.

Our indoor water use has changed because of our urgent drought actions. Water-conservation ideas and tools were communicated to residents about using water more efficiently in our daily lives. This worked and conservation still matters! Our actual water costs have been significantly reduced, leading to budget savings. Our monthly Association dues reflect those savings. Each of us can take actions to continue to discover and fix leaks and be mindful of our daily water use habits. Personal actions by each of us will make a difference in the volume of water used and will collectively help the Association to keep costs down.

Outdoor water provides a beautiful and lush landscape that we enjoy and appreciate. However, the increasing cost of our outdoor water is a major contributor to our increasing HOA monthly dues. Three factors are pushing up that cost: Camrosa, our irrigation water supplier, has increased rates; our irrigation system is aging, requires increasing repair costs and is progressively less efficient and our current landscaping design is very thirsty. We will now focus on understanding how we can deliver water more efficiently to a landscape that is less demanding on our water supply.

Water still matters as we plan for the most effective and efficient use of water now and in the long term with the investments of our ideas and actions. Join us in our monthly Water Committee meetings on the second Monday of each month at 3pm in the Assembly Room to participate in the planning and assessment of what is next for water in Leisure Village.

Thanks again for all your work to address the matters of water for Leisure Village.

Courtesy Photo

Thank you email to Villagers for water conservation efforts.

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#### **News Bites**

Continued From PAGE 9 —

the Village is holding a Health Fair on June 16th.

New Business System – The Vil- module.

lage is installing a new business software system designed for HOAs. The initial installation of Frontsteps is of a new accounting system and then a Security module.



#### **VILLAGE ARTS**

By Patti Crichton

The Village Arts Show at the Camarillo Art Center during April was fabulous! Thank you to all of our artists who participated and volunteered to host the gallery on the weekends.

Congratulations to Carol Rayle, who won the 'People's Choice' award, as well as an Honorable Mention ribbon for her watercolor 'Lilies'! Honorable Mention ribbons were also presented to Kathy Whitesell for her exquisite 'Pink Roses,' Deb Bozajian for her vivid Solvang landscape and Gloria Bradley for her intricate Communication collage.

Be sure to attend the 'Spring' Art Fair' on Sunday, May 7th in the AR from 10am-3pm, hosted by the Stoners. There will be a wonderful variety of arts and crafts created by various LV Clubs, on display and for sale. Paintings, ceramics, jewelry, are just some of the treasures you will see.

Deb Bozajian will be featured in the LV Library for the months of May and June. Looking forward to seeing her dazzling paintings.

Mel Rosen will continue leading his Plein Air art group on the third Monday of each month at 1pm. The weather looks more promising for this venture in the coming months.

Kathy Whitesell's next watercolor classes will be May 19th and June 16th, the third Friday of each



Photos by PATTI CRICHTON Above, Gloria with her winning communications collage and below, Carol, with her winning 'Lilies.'



month. There are two sessions, at 1pm and 2:30pm. Text or call Patti Crichton at 805-760-7673 to sign up, \$10 all materials included.



#### **WRITERS CLUB**

By Harvey S. Brosler

The motto of the Club is writepresent-participate-enjoy-learn. A main purpose of the Club is to share our opinions on different topics with other members. The primary interest is in the substance of your written presentation.

Writers Club meetings are normally held every other Monday at 1 pm in the multi-purpose room. Stories of the month are displayed at the entrance to the LV library. You may write on the suggested topic for that day or any other topic, fiction or nonfiction. The Suggested topic for May 8 is "Something I Tried That Brought Me Pleasure" and for May 15 is "A Memorable Job I Had Growing Up."

Microphones are furnished. Please mark the dates on your calendars. For a copy of other upcoming suggested topics, the guidelines, or any other information contact: Harvey S. Brosler hsbros@roadrunner.com or 805-465-0006.

#### **BILLIARD CLUB**

By Patrick Price

May is dark for the Billiard Club. The April 8-ball tournament was a big success, including the B category which introduced less skilled players to tournament play.

We had 29 competitors in the tournament, the most in 5 years. Awards for the winning players were presented at the April membership meeting.

In May, we continue to hold the Round Robin competition on Thursdays at 6pm. Come join-in on the fun participating or just spectating. Newer players are paired with more experienced shooters for matches.

The next planned event is the Picnic-in-the-Park on Saturday, June 24. Save the date, more details to come.

For Membership (\$10), contact Kathy Wirtz 818-445-1057. For other information, contact Vera Erskine 805-987-4537.



### I Miss Tasting My Food!

Does this sound familiar? Want to TASTE your FOOD Again?



#### You're Not Alone!

If you wear dentures, you've probably noticed that your food just doesn't taste the same anymore.

Granted your ability to taste will change as the years go by. But if you're wearing denture(s), that thick layer of plastic covering your entire palate doesn't improve the situation - and the strange taste of adhesives you're using to keep your denture 'up and in' doesn't help either! Generally speaking, it's the upper denture that tends to

prevent someone from truly tasting their food. When the roof of your mouth

is covered, your food can't touch it. This lack of contact robs you of the 'eating experience.'.

...and when you add your dentures' sticky goop into the equation, your ability to taste doesn't stand much of a chance.

If you have a friend who might be interested in this article/offer, please feel free to pass it along.

Many denture sufferers give up on taste. They simply move forward with the belief that tasting food is an experience that they've lost to their

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It is possible to taste your food once again, and regain your 'long lost' enjoyment of eating.

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gunks and glues as well! Implant-supported 'teeth' are the closest thing to nature that you can get.

This means that you will be able to eat your favorite food again, with all the taste and texture you've been missing.

(You'll also be able to smile and laugh at dinner parties without worrying about your dentures pop pin out and onto your plate!) Wouldn't it be nice to enjoy a crunchy apple, sink your teeth into a nice steak, or eat corn right off the cob again?

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#### LV BOWLING

By Gene Kinsey

Our season is 35 weeks long and it is winding down. We have had a great year so far with lots of laughter and good times. You can still join as a sub or a regular, or you can sign up for our shorter summer league to try us out. We meet on Friday mornings at 9am at Harley's Camarillo Bowl where they can supply you with a ball or shoes if you don't have your own. Cost is \$13/week. How can you resist a fun activity like this?!?

Top bowlers for the past five weeks are as follows: for the women Helen Hartman 189, Nancy Owens 218, Peggy Rebsch 199, Leslie Fox 220, Gail Singer 207 and Joyce Belcher 212. For the men Joe Quakenbush 242, Gene Kinsey 273, Bruce Anderson 225, Charlie Hartman 232, Dick Fisher 223, Ray Flores 263 and

Greg Cannon 211.

For information call Bobi Smerling 805-389-1975 or Gene Kinsey 805-796-5858. Join the party!

#### **RV CLUB**

By Eugene E Elder

Which LV social club "gets around?" If you really want to know, join us each month on the 2nd Tuesday (May 9th this month), in the multi-purpose room at 7pm. To join the Leisure Village RV Club, you don't even have to own an RV. Many sites we visit have rental cottages.

If you already own an RV or are just thinking about buying one, this club is a great resource to access decades of knowledge. We have monthly trips and/or events scheduled through the end of the year. The club maintains a shed of tools and other helpful items to help make your RV experience better. Call our VP Eugene at 805-479-5454 with any questions.

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## GRAPES R US WINE CLUB

By Barbara Senior

Grapes R Us holds monthly tasting sessions to discover wines of different varietals and to explore wine regions around the world. Our April tasting featured wines from Austria with Keith Raymond, who lives in Austria, talking about each wine.

He regaled us with Oompah music and stories about Austrian winemaking. Made from tonguetwisting Austrian varietals, the wines had a familiar taste on the palate.

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person.

Reservations are highly recommended. To get our monthly email invitation, drop a line to Barbara at grapesruslywineclub@gmail. com or call her at 805-303-1518.

#### **MAVERICKS CLUB**

By Vera Erskine

May is 'dark,' but we do have a 'Game Day' on June 23, in the Picnic Area. It will be held from 11am to 2pm. Bring your own food. The BBQ will be available for grilling. Wine, beer and water will be supplied.

Mark your calendars for this FUN day. Games: Putting Green, shuffleboard, bocce, corn hole, table tennis, cards, board and dice games. No prizes, just FUN!!!

## SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hello Villagers! The flowers are blooming and the sun is shining; What a wonderful place we live in with lots of activities. The Saturday Night Dance Party would like you to join the fun. There are new faces to meet and music to enjoy. May events:

May 13 – Eric Ekstrand Trio and ChaCha Lessons

May 27 – Tropic Starr and Tango Lessons

Admission is \$10.00 per person, and includes the dance lesson. 6:30 - 7:15 Lesson, 7:30 to 10:00 Dance

We hope all Villagers will come to our party to hear live music & dance with your neighbors. See you there. Bring a big smile.

#### **WOMEN'S GOLF**

By Patti Crichton

Did we or didn't we? The elusive Chili Bowl mixed Golf and Luncheon was re-scheduled due to recurrent wet weather issues. The new final date was April 26th and hopefully conditions were good and the chili was spicy!

Because of this delay, the scheduled Men's Tee Timer Tournament slated for April 18th, was canceled. The Women's Club Championship is taking place on May 17th and May 24th. Good luck, Ladies!

The official summer start times begin in May until the end of October. Tee off is 8am! Please check in with the starter between 7:30 and 7:50am with your \$2.

Our monthly meeting is May 10th at 2pm in the Garden Room. Come at 1:30 for snacks, chats and 50/50 tickets. New members are welcome!

#### BINGO!

By Bobi Shmerling

April brought good fortune to many of our Villagers. Some of the lucky Bingo winners of between \$100 and \$300 plus are Charlie Hartman, Kathy Wirtz, Barbara Hoffman, Ray Hendrix, Linda Neth and Dave and Brenda Rubright.

You can be a winner too so please join us for a fun evening of Bingo. Bingo is held on Wednesday evenings at the Recreation Center in the Assembly Room. Minimum buy-in is \$13 for 18 games with payouts ranging from \$40 to \$300 plus. Doors open at 4:45 pm and close promptly at 5:45 pm. Play begins at 6:00 and ends shortly after 9:00 pm. Contact John Herrera 805-419-4195.



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#### LV WOMEN'S CLUB

By Barbara Cogert

Ladies, get out your hats and pearls, gentlemen, get your ties and fedoras. The Women's Club is presenting a Fashion Show Tea on Thursday, May 11 in the Assembly Room. Reserved seating tickets are \$25.00 and proceeds will support Casa Pacifica.

Doors will open at 1:30, Tea begins at 2:00 pm followed by a beautiful Fashion show, featuring our lovely LV models.

Tickets are available 9:00am-11:00am May 5 - LAST DAY! (Date may be extended due to ticket sales.)

This is a dress-up event to welcome Spring and socialize for a great cause. We look forward to seeing you there.

SAVE THE DATE: Our June 8th meeting will offer BINGO as our program.

## WORKSHOP FOR WRITERS

By Mark Sconce

Workshop For Writers is distinct. We are ladies and gentlemen who realize the truth that every writer needs an editor, not just for proof-reading but for sharpened clarity, accurate diction and the omission of needless words. That's why we encourage feedback after every presentation—a friendly and constructive critique, an empathetic

evaluation. We are also concerned writers, concerned enough to sponsor a Ukrainian Humanitarian Relief fundraiser last year that netted \$3,600.00. It was a satisfying experience for us all.

So, bring us your experiences, your travels, your adventures, your poems. Bring them to us and share. That's what we do. We share our stories and poems with one another, and we even get a weekly lesson to improve our writing. Call Mark Sconce for more information 805-586-4485.

#### LV PHOTO CLUB

By Chuck Morrow

The Leisure Village Photo Club held the April meeting in the MPR at 6:30 pm. The Assigned Category theme for the month was "Fences." A wide variety of fences were presented to the membership.

The judge for the month was Dan Holmes. He is a professional photographer living in Ventura and has led photographic workshops throughout the world. Dan provides feedback on all the photos submitted and provides commentary on how the maker could improve their finished entry. You can see some of Dan's wonderful photos on his website at https://danholmesphoto.com.

The winners for the month were: Assigned Category – Frank DeSimone – "Best Fence Ever"

Open Category – Frank DeSimone – "Hot Today"

Mobile Category – Bev Davis – "Avila Bay Gull"

Everyone is invited to view all of the wonderful pictures submitted for the April competition by going to the Leisure Village SmugMug account at https://leisurevillage.smugmug.com/LV-Photo-Club-Pictures. The Assigned Category for the May meeting will be "Flowers," which is appropriate for the time of year.

With everyone having a camera in their pocket today and taking more pictures, why not show off your talents by joining the Photo Club and participating in the Mobile Category. For more information regarding the Photo Club membership contact Melody Zaida at h20baby10@gmail.com.

#### RACQUET CLUB

By Sharon Wilson

Paddle season is ramping up with tournaments set for pickleball June 3rd & 4th, paddle ball June 10th & 11th. Come out for these

action packed events. And donuts.

The Racquet Club is hosting a Garage & Craft sale on July 15th, 9:00 am to 3:00 pm in the Pavilion. All the Village is invited to sell their stuff and/or crafts. Tables are \$20 and you keep all your profits. Time to clear out the garage to make room for those bins.

Contact Sunshine Peterson to reserve your table at 805-388-1230.

As always please come join us for tennis, pickleball and paddle ball. Or just watch, we have shade now! The court schedule for play and lessons is on the bulletin board at the courts as well on the Racquet Club website. https://sites.google.com/view/leisurevillageracquetclub/home

See you at the courts!

#### LV MUSIC CLUB

By Marci Lapair

The LV Music Club is supported through our \$10 annual membership dues. Memberships

—Please see PAGE 16



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#### Music Club

Continued From PAGE 15 —

for the year are sold during our monthly activities. All our members receive email reminder and advance notice of upcoming club activities. Membership dues help cover the cost of the complimentary refreshments that we serve at all our events. For more information on the LV Music Club call Marci Lapair 818-399-0843.

#### **YE OLE** WOODCHIPPERS

By Bud Bradley

March proved to be a slow month for Villager repairs. 13 completed jobs for residents, 2 repairs for the Village and 3 quick jobs. However, we added 2 more key holders and one valuable member of our committee returned from a trip and helped a great deal with the repairs. We've also received a new chop saw, donated by a key holder and will be utilizing it in the annex.

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow.

The Woodshop is open from 10am until noon, every Wednesday and Thursday, to accept your repair requests. During those hours, the Woodshop will be operated by Woodshop Committee members only. There is no charge for these services unless special materials are needed to complete the repair. Finally, we gratefully accept donations for these services to help keep supplies and equipment up to date. Keyholders are asked to not work on their own projects during these hours.

If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com

#### PET CLUB

By Shawn Baker

The Pet Club will be hosting a Pet Photo Event on May 22, 1:30-3:30 pm.

Mark your calendar and have a nice picture of your Pet(s). \$10 for Pet Club Members or \$15 for non Pet Club members.

To schedule your photo appointment call Shawn Baker at 805-233-1725.

#### TAI CHI

By Chuck Morrow

The Tai Chi - Moving for Better Balance instructors and students wish to thank all Leisure Village residents attending the Leisure Village "World Tai Chi Day" on April 29th. Demonstrations were presented from the Beginners class, the Review & Refine class and the Intermediate Tai Chi class as well as inviting those in attendance to join in at 10 am to celebrate World Tai Chi Day.

The "8 Form" Tai Chi taught in Leisure Village has been developed for those over 55 to help reduce

falls and improve balance with gentle but effective motions. Once students in the Beginners class are familiar with the 8 forms and feel ready to move on they can progress to the Review & Refine class. In the Review & Refine class students learn to further master what they have learned to date. Finally, when Tai Chi students feel they are ready they can progress to the Intermediate class and experience further positive benefits.

To register for Tai Chi for Better Balance classes contact cmorrow@hotmail.com for the Beginners Class, pat.hartshorn@ gmail.com for Review & Refine Class, taichiruth16@gmail.com for the Intermediate Class.

#### **LET'S DANCE CLUB**

By Patrick Price

Come join us for "Let's Dance!". It's the new dance club with lots of Rock & Roll - held in the AR, on the third Saturday of the month, from 7:30 to 10:00 pm.

The band for May is Dave the Piano Man. He and his group are familiar to the regular dancers. Please join us on May 20th for a rocking and dancing good time.

Admission will be \$10 per person. Coffee, water and punch will be provided. So, it's BYOB for anything else.

Although the new dance club has some volunteers, more is always better. Contact Sue Lind at 559-304-1650 if you would like to help out.

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## **These LV Clubs have their Regular Meetings as Follows**

Duplicate Bridge: Monday and Wednesday evenings at 6:45 in the Garden room. New people are always welcome. If you need a partner call Vonnay Brook at 805-586-7155 or 909-225-6100.

**Great Decisions**: 4th Monday of the month at 9:30am in the Sun Room. Please join us for stimulating discussions on such topics as Politics in Latin America, Iran at a Crossroads and Climate Migration. LV Apple Computer Club: 4th

Wednesday of every month at 1:00pm in the Garden Room. Each meeting includes a handson presentation geared towards seniors on various Apple products and programs. Everyone is invited. For more information, please contact our club president Louis Lapides at 805-490-3127or lslapides@earthlink.net

Morning Stretch: Monday through Friday 8:30 and 9:00 am in the Pavilion.

## HISTORIC REFLECTION



Courtesy Photo

Buckhorn Saloon after it had been closed down. Establos Meat Market now occupies this site.

## **Buckhorn Saloon– the Last of Its Kind**

One of the best known and most He probably should not have been colorful businesses in Old Town was the Buckhorn Saloon which had the first liquor license issued in Ventura County. At first it occupied a wooden structure built by Andrew Cawelti in 1905 near the railroad depot on the corner of Old Conejo and Somis Roads. That was replaced by a larger brick building in 1917.

Ed and Eva Hayes owned and managed the Buckhorn until 1945. Ed was also the volunteer fire chief. One end of the Cawelti Building was occupied by a succession of businesses: a grocery, barber shop, harness maker, shoe repair, clothing store, post office, real estate office, restaurant, liquor store, library, laundry and finally a Mexican market. But, the Buckhorn, the neighborhood watering hole and center of social activity, continued to operate in the same location year after year.

As you entered the Buckhorn, there was a cigar counter and further on a few slot machines. The bar was on the left side and food was served on the right. During prohibition it became the Buckhorn Cafe and survived by adding pool tables and a soda fountain.

A prominent feature of the saloon was the card room in back. Many men would come into town on an errand and end up playing poker there. Mayor Stan Daily recounted going there as a child to deliver a message to his father.

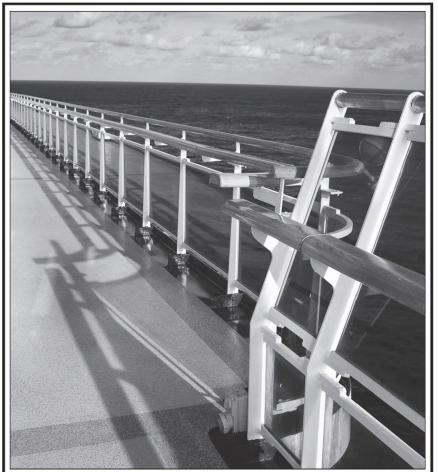
allowed in there, but he was able to stay a while and look around.

For a time there were two card rooms in town, the Buckhorn and the Hitching Post. They were small businesses and legal. Card games such as poker were not controlled by the State until regulations were enacted in 1984. As of 2019, there are 66 card rooms operating in the state.

The problem came when the city was incorporated in 1964 and professional gamblers from the LA area made plans to open a 40-table gambling hall and hotel near the high school. If the existing card rooms were to stay in business, others also would have to be allowed. It was all or nothing. There was no legal way to prevent the new ones from opening without passing a local ordinance against gambling.

The issue suddenly came to a vote when the people backing the new casino tried to bribe one of the city council members. It was an outrage and an ordinance soon was adopted that put all card rooms out of business and prevented any new ones. It was sad in a way, because the card rooms were family businesses accepted by the community. As reported in the Camarillo Daily News on July 1, 1964, "The last hand has been played and the cards lie face up on the table."

-Please see PAGE 18



LV Photo Club April Contestants — ILV Editor's Pick "From the Ship" - Bob Pinchak, Photographer



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#### **POETRY/CREATIVE WRITING** Good Bye Dad

A phone call, a message and three little words that forever change a life: "get here now" - and we did.

But how could we know, the race to see your face would be but once, then never again.

A final good-bye then a new day dawned, absent of you for every day thereon.

A somber truth sets deep and opens the door for grief at the crossroads of relief.

You did not linger long so perhaps it's not wrong to feel gratitude instead. Remembering can be joy.

Your smile, your wit, your gentle, humble way memories to cherish every single day.

Gratitude with all our might. Because you died a lucky one, who lived a lovely one, a good life - that's right!

"Woo-Hoo. . . what a ride!" (we miss you dad - rest well)

#### Buckhorn

From **PAGE 17** —

The Buckhorn continued for a long time as a popular bar and grill. Pancho Camarillo went there and Carmen Camarillo once rode a horse into the bar. Adele Flynn recalls that in the late 1940s, "All the locals gathered there. When my relatives came home for Thanksgiving they would go to the Buckhorn to see their friends."

By the year 2000 it had changed and was known as "The Pharmacy" because of all the drug dealers. Local historian David Reel went

in for a drink on his 21st birthday and found it to be "a rough and rowdy place, not where you would go to meet your

future wife. It was where the old soldiers would go when the American Legion bar next door closed for the night." He

> remembers the sound of bar stools suddenly moving back to clear the way for a fight.

When it finally closed in 2006, the site became the Rocket Fizz candy and soda shop, and then Establos Market expanded to occupy the entire corner. The Buckhorn Saloon may be gone now, but the fine brick building that once had the oldest bar in Ventura County continues to proudly anchor the east end of Old Town.

This article is based in part on information pro-

vided by the Pleasant Valley Historical Society newsletter, The ECHO, Winter Edition 2007.



Courtesy Photo Matchbook cover from the old days.

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## **CLASSIFIED ADS**

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

#### **DEADLINE** for the next publication is 5pm on Friday, May 19.

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

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"All that I am
or ever hope to be,
I owe to my
angel mother."
—Abraham Lincoln

**TRUST** is a vital component of every aspect of our lives. The definitions of the word include:

- Reliance on the integrity, strength, ability, surety, etc. of a person or thing;
- To rely upon or place confidence in someone or something; hope.

Mother's Day is in May, and moms and those who 'mother' the children in their lives are among those we place the greatest trust in. After all, we trust them with the future of the world through their influence on the rising generation. This leads us to this month's subject – **TRUSTS**. There are too many types of trusts to address in an article, so we would like to highlight one type in particular, **revocable living trusts**.

Living trusts are a popular estate planning tool that allow you to select someone to manage the property in the trust according to your wishes upon death or incapacity. You [the **grantor**] get to choose which assets go into the trust, and who you want to be the **trustee**(s) [trustee is the person who will manage the trust assets during your life and after your death]. Often, grantors make themselves the trustees during their lifetime, and designate others to be successor trustees upon their death. **Revocable** living trusts give grantors the ability to change the terms of the trust or cancel it altogether while they are still alive and have capacity.

There are many *benefits* of revocable living trusts. One of the primary benefits is that assets properly transferred into the trust *avoid probate*. Avoiding probate *saves time and money and provides more privacy*. Wills go through probate in the court system, and the probate process can be costly and is a matter of public record (meaning the public can access the information). In contrast, trusts are handled outside of the court system so the trustee(s), others involved in trust administration and your beneficiaries are usually the primary people with access to information in your trust. Another attractive feature of trusts is flexibility. You get to choose WHO gets your assets (**beneficiaries**) and you can *control* WHEN and HOW your beneficiaries receive them. You have the option of distributing assets upon your death, or you may choose to distribute at various times of a beneficiary's life or for specific events like graduation, marriage, etc.

In addition to the benefit of avoiding probate and having flexibility in distributing your assets after death, revocable living trusts also *protect you during your lifetime*. Trusts allow you to determine in advance how you wish your trust assets to be managed *in the event that you no longer have capacity to manage your own affairs*, allowing you to protect and provide for both yourself and your loved ones.

Trusts are legal documents that must be prepared properly in order to be valid. Life circumstances are so unique that it is best to seek out a good estate planning attorney to create your trust so that it meets the needs of you and your loved ones.

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