

INSIDE LEISURE VILLAGE

VOL. 42 NO. 5

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

MAY 7, 2021

VILLAGER PROFILE By Patty Ecker

A Legacy of Good Works

"We wanted a community," recall Stan and Loretta Reshes, as they describe their feelings when they moved into Leisure Village in 2004. And seventeen years later, it's clear that this caring and creative couple not only found a community, but they have also worked tirelessly to support and grow the activities and outreach that define the Village. Now they are leaving that legacy – a move to be closer to family – but their contributions won't be lost or forgotten.

The "community" of Stan and Loretta has been inside and outside LV's gates. When they first arrived in Leisure Village, Stan was still working full time and commuting; and Loretta was soon as busy here as he was in L.A. She volunteered at the City of Hope, with Hadassah, and she joined LV's Players Guild, convincing Stan to sign on soon after. For 16 years, they have been the "go-to" couple whether for after-show goodies for the audiences

or directing productions. (See the Players Guild Column on page 12 for details about their lives.)

The Women's Club also caught Loretta's eye. She and Barbara Crome led a fundraising program selling See's Candy at Club meetings, other Village events, even a home-delivery system. Bringing everything from fresh food, canned goods to plastic baggies to The Somis Pantry, a nearby facility providing free sustenance to nearby families, was also a favorite of Loretta. Her to-do list is a long one. "I guess I've always been other-directed," she says. "From my days selling cookies as a Brownie, I am happy to do it."

Stan admits he is more reticent than his wife – or, perhaps, was more reticent. He worked first for more than two decades for Chevron, then nearly that long as the owner of an automotive paint company. "I didn't want to retire. I was sure I'd have nothing to do," he recalls with

—Please see **PAGE 12**



Photo by BUD BRADLEY

Loretta and Stan Reshes.

THE NATURAL VILLAGE By Max Copenhagen

Flowering Trees of Leisure Village

We have many flowering trees in the Village. Some are tropical trees from Asia and the Southern Hemisphere. Every seed comes from a flower, so actually all trees have some kind of flower. Some are absolutely gorgeous, others are not so impressive. Eucalyptus, Oaks and Pines bloom, but not so noticeably. Since pine trees pollinate by wind, they do not need bees or other insects that are attracted by colorful flowers. Here are the main flowering trees in the Village.



Purple orchid (Bauhinia)

Evergreen Pear (*P. kawakamii*) has abundant clusters of white blooms. It is usually the first tree to flower in January, but the fruit is

seldom seen. This is the most common flowering tree in the Village with 357 planted.

The Purple Orchid tree (*Bauhinia*) has fragrant orchid-like 2-3 inch long pink to purple flowers that bloom January-May. The related Hong Kong Orchid tree has larger 5-6 inch long flowers. Both have large thick twin-lobed leaves and produce many beans. There are nice ones across from the south entrance to Village 6.

Weeping Bottlebrush (*Melaleuca*) is from Australia with flowers



Strawberry Madrone (*Arbutus*)

that are long (4-inch) hairy spikes. The one near my house bloomed bright red in April.

—Please see **PAGE 3**

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Please Welcome Judy Spector, as she takes over the In Memoriam notifications that Loretta Reshes did for so many years.

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 Jane Burke, Village 6
 Edith Jane French, Village 34
 Helen McGinnis, Village 18
 Marilyn Seiden, Village 22
 Clarice Shapiro, Formerly Village 31
 Adam Woznicki, Village 34

To submit a memoriam call Judy Spector at (805) 404-5773 or email: judy.spector@roadrunner.com

ABOUT INSIDE LEISURE VILLAGE

Editor: Jon Niemann
News Editor: Patty Ecker
Clubs & Activities Editor: Jennifer Stein
Staff Writers: Larry Swartz, Janey Rifkin, Barbara Senior, Sharron Parker, Max Copenhagen
Staff Photographers: Bud Bradley, Joseph Benti
Classified Ads: Barbara Crome

HOW TO CONTACT US

Editor: Jon Niemann
insidelveditor@gmail.com | 805-874-2324

Display advertising: Stacey Janson, Acorn Newspapers
 805-484-1949 x303

Classified advertising: Barbara Crome
 805-482-9097

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June Edition Deadlines

Club News, articles, letters and classified ads: Thursday, May 13. May issue will be available Friday, June 4. Send news, articles & letters to insidelveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

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Flowering Trees

From Page 1 —

The Strawberry Madrone (Arbutus) near the new Gym are blooming with clusters of small pink flowers. This tree has beautiful smooth red-brown bark.

Sweetshade (Hymenosporum), native to Australia, bloomed in April with clusters of 5-pointed fragrant yellow flowers. There is one across from Village 4.

Majestic Beauty Indian Hawthorn (Raphiolepis) has leathery leaves and many half-inch pink-white flowers in winter-spring. It usually grows as an evergreen shrub, but we have three small trees at the entrance to Village 19. The term “tree” is subjective. I call it a tree if I can stand under it.

The New Zealand Christmas tree (Metrosideros) is starting to bloom with hairy red flowers. It is an evergreen with leathery leaves that are white and wooly underneath. There is a nice one starting to bloom near the north entrance to Village 25.

Jacaranda has showy lavender-blue

blooms from May - September. The tree is native to Brazil and can be messy. It has clusters of 2 inch long tubular flowers and fine fern-like leaves.



Weeping Bottlebrush tree (Melaleuca)

Its large round flat seed capsules can be seen on the tree in winter.

Magnolia is an evergreen with big glossy leathery leaves and large 8-10 inch long single white flowers. It blossoms in early summer. Many in the Village are the smaller “Little Gem” variety with 5-6 inch long flowers.

The Silk tree (Albizia) is from eastern Asia. It has showy pink flowers, puffy like a pincushion,

that will bloom soon. Its ferny bipinnate leaves can fold up at night. The seed, a flat brown pod, often remains on the branches.

Crape Myrtle (Lagerstroemia) is a deciduous tree from Asia. It has crinkled clusters of one-inch long flowers that vary from purple to red to white, blooming profusely from July to September.

The Chinese Flame tree (Koeleruteria) blooms in late summer with large clusters of showy red-orange two-inch flowers with a pleasant fragrance. Its large 12-24 inch long bipinnate leaves are divided into oval leaflets. There is one near the south entrance to Village 20.

We also have many Lemon trees (Citrus limon) with small white flowers year-round. Apparently, they were given to the original LV home buyers.

Liquidambar is another colorful tree worth mentioning. Although its blooms are inconspicuous, this deciduous tree native to the Southeast brings color to us in the fall. It is recognized by its five-pointed star-shaped leaves



Lychee tree

and spiny seed balls that hang in the bare tree all winter.

The Village does not necessarily replace trees. Landscape Committee member Claudia Balke says that homeowners can have trees planted by special request, if on the Approved Plant List. The homeowner pays for the tree stock (\$100-200) and Village staff does the work. Each request is considered on a case by case basis.

For further references on flowering trees, see the Sunset Garden Book or www.selecttree.calpoly.edu.

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PERSPECTIVES

By Janey Rifkin

Another COVID-19 Game Changer, Telemedicine Catches On

Though habits wrought by the pandemic are changing every corner of our lives, none are more dramatic than combining health and teleconferencing to the very walls of our homes. We sheltered in place while attending to business; we sat in on meetings; celebrated holidays; and met up with family and friends --- all from behind a screen. The year-long pandemic was a crash course on how much we can get done remotely when we have to.

Zoom was the breakthrough technology which served business and soared as a tutoring platform for education. But you only need a cell phone or landline for remote health care; a world-wide example of how the pandemic shrank our world. Teleconferencing and telemedicine were long-available, but never caught on. 2020 was their year!

The Covid crisis pushed hospitals to a breaking point, and patients

stayed away – whether out of fear or because they had to. Changes often happen slowly in health care, but with record speed, telemedicine skyrocketed!

A decade before the pandemic began, Davis Musinguzi came up with his big idea: a system that would allow people in Uganda to text a toll-free number and have a doctor call them back for a consultation. He cofounded the Medical Concierge Group in 2012, to introduce his theory, convinced it would work. Now he admits it was way too early.

When the pandemic struck, the number of users soared 10-fold between March and November. Covid-19 was a game-changer. Similar spikes in telehealth usage were reported globally. Patients could communicate with their primary doctor from home, and if necessary, confer with a specialist the same way. In the U.S., telemedicine skyrocketed from

11% to 46% in that one year.

Africa has about 10% of the world's population and 25% of the world's disease burden. Cell-phone penetration to make the contact is now over 80% in Rwanda, Kenya, Nigeria, and some other parts of Africa.

The pandemic will end, but many of our habits and preferences have evolved, and will continue to be valuable. For health care, remote services are destined to stay on post-Covid; and telemedicine can indeed make people's lives easier and better in most cases.

NEWS BITES

Candidates in Upcoming Board Election Announced

The slate of candidates running for the open seats on LVA's Board of Directors was announced last month, giving Village homeowners two months to make their selections prior to the Association Annual Meeting on June 24.

Seeking the three Board positions are Bob Bueling, Chuck Kiskaden, Richard Loomis and Bob Riveles. Full biographies, personal statements and photographs of the candidates are posted in the Atrium of the Recreation Center. Ballots will be sent to all homeowners in mid-May with instructions on how to complete the vote and how to return the ballot.

Three candidates have experience on the Board of Directors. Kiskaden and Riveles each served two terms. Bueling is currently Board Vice-President. Richard Loomis has lived in the Village for three years, participating in Neighbors Helping Neighbors. Each explains



Photo by BUD BRADLEY

(l-r) Bob Bueling, Chuck Kiskaden, Richard Loomis, and Bob Riveles are candidates for three open positions on Leisure Village Association's Board of Directors. The vote count will be held on Thursday, June 24th.

(briefly here) what their main priority is for the Village:

Bueling: "Fiscal responsibility; high quality of life for all."

Kiskaden: "Maintaining the HOA's strong financial stability and the overall beauty of the Village."

Loomis: "To keep the Village beautiful and as affordable as possible while maintaining the value of our homes."

Riveles: "To help ensure that

—Please see PAGE 8

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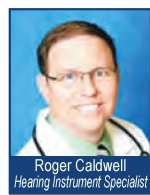
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A PINCH OF SALT

By Larry Swartz

Comfort Curry for Your Tummy

“Put some food in your tum tum tum tum tummy tum tum. If you haven’t any teeth, don’t have any grief, you can gum it with your gummy gum gums.” Thank you Stan Freeberg.

One way or the other, we find a way to eat. We have to, it’s about living. Some of us like to eat and some of us LIKE TO EAT! In my case, definitely the 2nd category.

The pandemic hit me really hard because I like to try all kinds of different ethnic restaurants, but it gave me the chance to do something else I like to do a lot...guess!! I don’t mean for you to guess, I mean I like to guess - what will work and what won’t. If it doesn’t work, I’ll order Chinese food to be delivered. If it does work, I just lowered my blood pressure by 20 points.

The Curry below worked and it’s much easier than it looks. You can use non-organic if you really want to but I’d love for you to read up on eating non-organic chicken. You’ll find some rather shocking info.



CHICKEN CURRY AND VEGETABLES (Serves two)

- 2 large organic chicken thighs
- 1 medium organic new or russet potato, cubed
- 2 medium carrots, sliced about ¼” thick
- 1 medium yellow squash
- ½ cup chopped celery - ½” pieces
- ¼ medium sweet onion, cut in ½” pieces
- 2 cups chicken broth
- 2 tbsp flour
- 3 tbsp Curry powder
- 1 tsp dried basil
- ⅛ tsp cayenne if you like it hot & “Some like it Hot” (Jack Lemmon & Tony Curtis did.)
- Quality virgin olive oil
- 1 cup cooked Basmati (or comparable) rice

Garnish: Chopped peanuts, Raisins, Scallions chopped, Chutney

Start with a good quality virgin olive oil. You’re not going to use that much but you want it to be fresh and tasty. Old olive oil has a rancid smell. Lightly coat a 12” saucepan with the oil. On medium heat, sauté the chicken on both sides till slightly brown, but at least 10 minutes a side. This will increase the amount of the fat in the pan which is what you’ll need for the veggies.

Add all veggies, keeping the squash aside. Brown well on high heat. This helps to bring out the sugar in the carrots/potatoes. Sprinkle in the curry powder & basil. Toss well. Cook for approx. 8-10 minutes till all

—Please see PAGE 15

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Photo by BUD BRADLEY

The Village Knitting Circle has produced dozens of warm caps and scarves for homeless children who live in Ventura County.

Candidates

From **Page 4** —
the Village maintains a policy of sound fiscal management while upgrading the quality of life wherever possible.”

Residents can hear the candidates discuss their positions in detail and answer questions from homeowners at Candidates Night, a forum presented on LVTV, Channel 1390 at 7:00 PM on Thursday, May 20. A fifth candidate requested that his name and information not be included in this publication.

Village Knitters Respond to Call for Help

The need was clear: homeless children had no warm caps. But when the Ventura County Office of Education received yarn donations, there was not an obvious way to turn them into beanies.

Enter a knitting army of Villagers recruited by Mamata Kalle, and a mountain of yarn has become

toasty beanies that will go into knapsacks for these special kids.

“There are at least 6800 homeless children in our County, and the numbers keep going up,” explains Cathi Nye, who directs the Homeless Education Program. “We distribute backpacks with school and hygiene supplies

including scarves and caps to as many as possible. When I got this yarn, I knew who to call to turn them into beanies.” And Mamata knew how to turn that request into action. As soon as the eNews notice went out, “Our phone began ringing, and people started coming by our house to get

yarn,” she says.

In less than a week, literally dozens of Village knitters (and some who crochet) heard that call, picked up yarn, and Voila!!! Dozens of caps and scarves. “Their efforts will be making the kids feel good every day,” Cathi says gratefully.



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A WORD ON WINE

By Don &
Barbara Senior

Right in Our Backyard: Santa Barbara County

Just up the road from Camarillo, Santa Barbara County is home to over 200 wineries and 7 American Viticultural Areas that straddle Highway 101, El Camino Real, from Gaviota to Santa Maria. Located on the receiving end of east-west oriented mountains, the area is a maritime-influenced desert with morning fog cover, cool afternoon ocean breezes and well-drained soils. The whole package results in cool, slow ripening grapes with longer hang time, making it ideal for cool climate grapes like Chardonnay and Pinot Noir. Santa Barbara County has a long history of ranching, but it took ingenuity and risk-taking to fulfill its promise for viticulture.

In 1971, Richard Sanford was studying microclimates of the Santa Rita Hills, an area that straddles Route 246 between Buellton and Lompoc. Soon he and his partner, Michael Benedict, planted the first Pinot Noir grapes in Santa Barbara County. Chardonnay was planted soon after, and the grapes thrived. Wine was made in a small redwood barn, and a small tasting room opened in a rustic clapboard house. Quickly the wines set a new benchmark for Pinot Noir and Chardonnay wines and put the county among the top wine producing regions in California.

The Sanford and Benedict Vineyard formed the backbone of what is now the Santa Rita Hills appellation. It was this vineyard that supplied cuttings for many of the surrounding vineyards. It is still producing wines from the county's oldest Pinot Noir vines. Recently, an eco-friendly facility of adobe and recycled wood replaced the clapboard tasting room and barn. Sanford Pinot Noir and Chardonnay wines are still renowned for their distinctive quality. Visits to the winery are truly a premium experience.

The success and buzz of Sanford & Benedict's venture led other pioneers to plant vineyards. Three founding wineries can be found on Foxen Canyon Road, starting north

from Los Olivos: Firestone, Zaca Mesa and Rancho Sisquoc.

In 1972, Brooks Firestone took the reins of his father's Santa Barbara ranch where he founded an experimental vineyard, the second vineyard planted in the county. Brooks soon built his own production facility and a beautiful tasting room on Zaca Station Road. It is still an outstanding place to visit. Firestone wines are very affordable, most being less than \$15 with wines that cover the spectrum of styles and varietals.

Founded by five friends in 1973, The Zaca Mesa Winery is a few miles up the road, and the third winery established in Santa Barbara County. Experimentation was an integral part of those early days, and in 1978, Zaca Mesa planted the first Syrah in Santa Barbara County. That Syrah is the oldest Syrah block on the Central Coast, and it remains one of Zaca

Mesa's signature wines. For most visitors back in the day, this was the first time they had ever tried a California Syrah.

Rancho Sisquoc Winery is a throwback to the days of rustic winery buildings and less formal tasting experiences. It's a bit further up the road and easy to miss. Foxen Canyon opens into a wide valley and curves to the left. On the right, a narrow, paved track leads to the tasting room in a grove of trees. The first vines were planted in 1972, and soon Rancho Sisquoc became a bonded winery with a rustic tasting room. The tasting experience is without fanfare and the wines are affordable and very well made.

These days, tastings are in small groups and appointments are required. So there you have it, Santa Barbara County and some of the founding wineries, right in our backyard.

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Independence Day Celebration Parade

■ Starts at the Rec Center at 6pm Sunday, July 4

The Leisure Village Mavericks are coming out of hibernation with ... wait for it ... a BANG. After the success of the Christmas/Holiday Celebration Parade, the group wants to celebrate that seminal moment in the United States that guarantees our freedom and independence. "A parade that pays homage to the signing of the Declaration of Independence on July 4, 1776 is just that," says John Wirtz, president of the Leisure Village Mavericks Club.

So don your stars and stripes. Decorate your golf carts in your best red, white and blue, bring your classic cars out of the garage, come over on your bicycle and participate in the parade! Meet us in the east Recreation Center parking lot beginning at 5PM and join the parade

through the village starting at 6PM. Patriotic costumes and creative patriotic decoration are encouraged. Over-the-top decor will be celebrated.

The parade route will follow the same route used for the Christmas/Holiday Parade. East on LV Drive from the Rec. Center to the east gate. Circle back down LV Drive to Mountain View, follow Mountain View back to LV Drive then back to the Rec Center East parking lot.

We hope to see a large group of patriots waving flags and cheering the parade on as we pass through the village.

For more information on participation in the parade, contact: Linda Gaffney @ 805-300-1421 or lgaffney555@gmail.com; Jon Niemann @ 805-603-7060 or cantamar32@gmail.com.

A VISIT WITH LEE

By Lee Edwards

My visitor does not have to travel far. In fact, Linda Birnbaum is my next door neighbor, my good friend and most important a "computer Whiz." She is my lifeline in anything pertaining to the internet. Until recently I was a member of the vanishing "dinosaurs," illiterate in any form of computer knowledge. No problem, Linda is always willing and able to assist whenever needed. And then came the coronavirus!

For years I had gone every Friday night to my temple, Temple Ner Ami. Verna Merrin, Betty Stallman and I occupied the second row. We were known as the "second row ladies." Now Friday night services are on Zoom. What can I do? I will lose all my temple

friends. Linda cannot help me now, what's a nice Jewish girl to do? Go to Costco of course. I bought the least expensive 10 inch iPad for \$399.99, a "mezieh" (a bargain).

The iPad has its very own room, the den that used to be Jimmy's office that became the bridge room, and is now the home of the iPad. But what do I do with it? It just sits there looking at me; Linda again to the rescue. She has part-time caregivers. One of the caregivers, Lupe, also turns out to be a computer expert. So now Lupe begins to teach me the miracle of email, Zoom, text and Facetime. It's like learning a new language, not so easy at my advanced age. So as I begin to join the 21st century, I can thank my visitor, Linda.

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CLUB NEWS

BONE BUILDERS

By Alice Moffet

RSVP (Retired Senior Volunteer Program) sponsored Bone Builder classes were held several times a week in the Santa Rosa Room pre-COVID. Exercises are specifically geared for seniors to improve balance and increase bone density. Sessions are 1 hour in length, and registration is required. Classes are on Monday and Wednesday at 8:15 and 9:30. We look forward to re-starting Bone Builders as soon as we get clearance to resume use of the Santa Rosa Room.

Please call Alice for more information at 805-437-6169.



Photo by BUD BRADLEY

Nested side tables.

There are sign-up sheets posted on the door and current key holders will be able to sign up for as much as a 2 hour shift. Rules of operation are posted there also. One can sign up for as little as a half-hour shift, but no more than 2 hours per day.

You can email Pirate: Bruc5150@gmail.com or Bud Bradley: Hipbud2@gmail.com for any woodshop information.

WOODSHOP

By Bud Bradley

This month's photo shows what can be done when one lets the creative juices flow. A set of stacking tables crafted by one of our club members (known as keyholders).

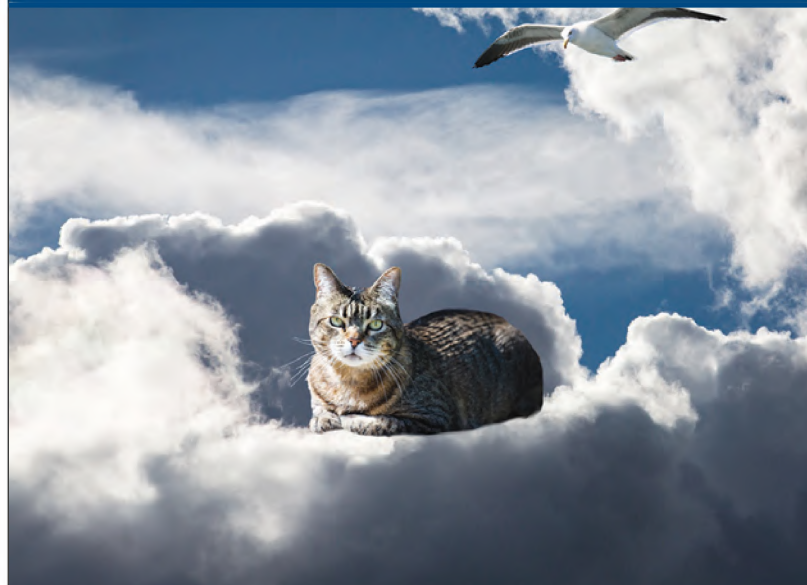
The Woodshop is open, although on a limited basis. The current hours of operation: 9:00 AM until 4:30 PM, Monday thru Friday only. The Annex is still not yet available to us but we are hoping that will change soon. We are now able to accommodate 2 keyholders at a time in the main shop. But, we are still not able to perform repairs for Villagers. Notifications will be sent out when this rule changes. Current keyholders are still making good use of the facility.

LV BOWLING LEAGUE

By Gene Kinsey

The Leisure Village Bowling League is a group of fun-loving people who just want to laugh and have a good time every Friday morning at Harley's Camarillo Bowl. Due to COVID-19 we had to go on furlough for a while but

PHOTO CLUB WINNER – CREATIVE CATEGORY



■ 1st — Frank DeSimone / Cloud Nine Four More to Go

now we have begun a new fourteen week season.

For a while we will be required to wear masks but that will hopefully change as things improve. If you are a bowler, or want to become one, now is the perfect time. We started

on May 7 at 9 am. New bowlers must play three games to establish a handicap. The fees are \$11 per week to pay for bowling and prize money for the top three teams. So, what do you say? Show up any Friday morn-

—Please see PAGE 12

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Loretta and Stan

From **Page 1** —

a laugh. Loretta had different ideas. Soon Stan was doing publicity for Players Guild. Then he agreed to be a narrator (behind the curtains) for a production. Soon he was lured onstage, performing in plays like “Gigi” and workshop productions; he even wrote several plays.

In 2008, a Village friend asked Stan to become the editor of Inside Leisure Village. He hesitated, then agreed “to one year.” But his commit-

ment to the purpose of the paper — “as the glue in the community” — kept him at the helm for eight years. He stepped down in 2016. But he stayed busy: helping Loretta with her projects, as a regular with the Bowling Club, publicizing Players Guild, and one of his favorites the ROMEOs—Retired Old Men Eating Out!

The Reshes leave a legacy of good works here and lots of friends, along with a bit of advice for Village newcomers: “Get involved with activities you care about. You’ll be rewarded again and again.”

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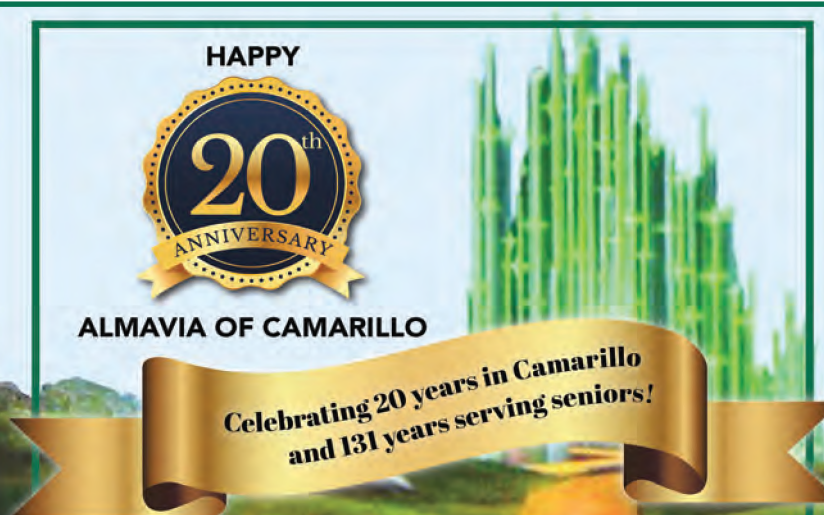
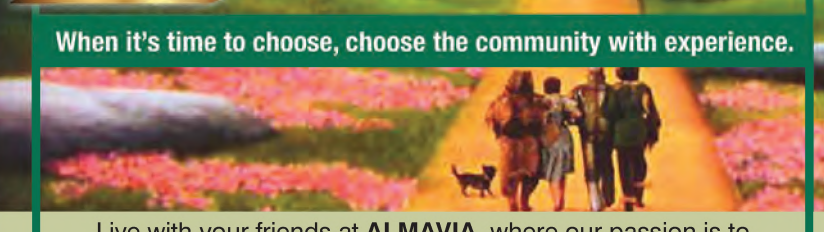
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02LV145

CLUB NEWS

Bowling Club

From **Page 11** —

ing ready to enjoy. Balls and shoes are available at the lanes if you need them. For questions, please call Bobi Shmerling at 805-389-1975 or Gene Kinsey at 805-796-5858.

LV PHOTO CLUB

By **Chuck Morrow**

Interested in Photography? Interested in improving the photographs you are taking? Join the Photo Club. This is a safe space to have your photographs reviewed anonymously by a professional photographer while competing in the monthly photography challenge. The newest feature of the Photo Club is an on-line magazine, “Leisure Lenses,” providing information on the Club as well as feature attractions. For more information contact Ken Lauchner at 805-491-2432 or at ken.lauchner@roadrunner.com.

Our professional judge for April was Greg Cooper, www.mediacooper.com. Greg has an extensive background teaching photojournalism and has worked for a large daily newspaper as a photo editor. He is currently an Instructor/Lecturer for both Ventura and Santa Barbara City College. Greg is a resident of Ojai.

The Assigned Category for April was “as-shot,” this did not permit any type of editing. The winner of this category was Bill Margulies with “Bird of Paradise.” The winner of the Open Category was Frank DeSimone with “Watchful Eye.” The winner of the Mobile Category was “Tiger Lilies After the Fire” by Linda Cannady. Frank DeSimone was the winner of the Creative Category (his second win for the month) with “Cloud Nine Four More to Go.”

As always the winners will be shown throughout this month’s Inside Leisure Village and all entries for April will be on the Leisure Village Smug Mug site at <https://leisurevillage.smugmug.com>.

PLAYERS GUILD

By **Linda O'Neill**

Hope you enjoyed our April show “Springtime in Leisure Village” on LVTv. As you were able to see, this crew is using technology to improve our final product. Thanks to Ken Walker for photography and Mark Smith for his brilliant editing.

Look forward to our next effort “Celebrating Summer and the USA,” which will be televised in late June. Get ready to sing along with some of your favorite patriotic tunes. We are hoping that we will be back in the AR by August or September. As far as I know, all but one of the participating members of our repertory group have been vaccinated.

Our board president has been asked about memberships for the 2021 year. There has not been a fee for the obvious reason that we have not been using the theatre. At the last board meeting, it was decided that we would begin to sell memberships for the 2022 season in late October. Since we don’t run on our good looks alone, Sandy Curran (Players Guild Director of Fundraising) 805-795-3445 continues to take jewelry donations which she in turn sells and those funds are then donated to Players Guild. We do not charge for our Thursday night performances.

And, finally, we are saying “so long” to a beloved couple who has been with Players Guild for 15-16 years. Loretta Reshes (Players’ Guild member for 16 years) has been the food buyer for Thursday night goodies; head of the kitchen staff that it takes to feed coffee, cookies and desserts to 100-200 people once a month; and a wonderful, helpful dresser to all the many divas who needed her for four of our big April shows. A year after she joined, Loretta talked Stan into joining Players’ Guild in spite of his shyness. Stan, in addition to having been editor of Inside Leisure Village, also wrote this column. More than that he wrote and directed three or more

—Please see PAGE 13

CLUB NEWS

Players Guild

From **Page 12** —

Thursday night productions and was the Master of Ceremonies for countless more. Besides his participation in many Thursday night shows, Stan also acted in four of our larger April productions. Oh, and lest I forget, while participating in the acting class, Stan wrote his play "Dinner with the Family" which was performed in September of 2018. I won't even mention the countless walk-on shticks. Stan and Loretta are moving to be nearer to family, but their Leisure Village family will miss having them close. To quote the movie *Nomadland*, "we never say goodbye, we say see ya down the road."

WOMEN'S GOLF

By Patti Crichton

LVWGA is an organization which encourages participation in

golfing activities for new golfers as well as experienced players. We have special tournaments throughout the year, including some events where we collaborate with the Men's Golf for friendly competitions followed by luncheons. The annual membership fee is \$10.

The golf course continues to offer us some welcome outdoor respite from COVID times. The greens have been recently aerated, front and back. We are thankful to our amazing golf course maintenance crew. No-touch flagpoles have been installed on all of the greens that can be lifted by the putter to retrieve your ball, very handy. Women's Golf members continue to meet for recreational Wednesday morning golf. Choose your own golf group and time that works for you. We can record our scores and place the cards in the Women's glass case green box, to update our handicaps. So we will be ready when our friendly tourna-

ments and competitions resume. See you on the fairways!

LV MUSIC CLUB

By Marci Lapair

One of the many activities that is sponsored by the LV Music Club is movie night. Hollywood movies are shown each month in the AR on the first and third Mondays from 7:00 p.m. to approximately 9:00 p.m. Admission is free to all the villagers.

Some of the movies that we have shown in the past are *Cabaret*, *Casablanca*, *Hello Dolly*, *The King's Speech* and *The Body Guard*. Some of the upcoming movies that we are planning on showing when Movie Night returns include *Julie & Julia* and *De-Lovely* (The Cole Porter Story.) The first two movies we will show when the AR reopens are *Jersey Boys* and *The Way We Were* with Barbra Streisand and Robert Redford. These movies were originally scheduled in March of last

year when the AR was closed.

We are looking forward to when we will be back in the AR presenting classic Hollywood movies for your enjoyment.

MEN'S GOLF

By Joseph Benti

Calculating golf scores is not "rocket science." However, tabulating and recording those scores for more than one hundred players and having the results verified and distributed within hours after regular Tuesday play (and collecting and distributing the dues and prize money in non-COVID times) is the work of a member who could easily qualify as a rocket scientist.

That member is Walt Wilson, who moved here with his late wife after retiring from Cal Poly in San Luis Obispo where he was a tenured professor of physics. Four years ago, after his wife's unexpected death,

—Please see PAGE 14



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☐ **Question 4** – Am I in reasonably good health?

☐ **Question 5** – Am I willing to visit the dentist for check-ups after the procedure so that s/he can professionally check my implants, gums and bones for health and stability, and remove all the plaque I can't reach?

☐ **Question 6** – What do I feel deep down? Would I likely be happier and feel better about myself if I had dental implants versus what I have now?

☐ **Question 7** – Am I willing to pay a little extra for the higher quality of life that dental implants will give me?

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PHOTO CLUB WINNER – MOBILE CATEGORY



■ 1st — Linda Cannady / Tiger Lilies After the Fire

CLUB NEWS

Men's Golf

From Page 13 —

Walt agreed to Chair the Tournament Committee, a critical, one-man job essential to the functioning of the club and to the overall satisfaction Members get after they play their rounds.

Walt assembles all the scorecards, double-checks the math in each and every score, calculating them against handicaps and against each Tuesday's play. It is a process involving dozens of calculations through computer formatting Walt devised and, as noted above, in normal times, includes his calculations of weekly awards and their distribution.

Watching Walt working his computer and the system he has devised for the many elements involved, one can imagine Walt Wilson comfortable calling out the count-down for the launch of a rocket he devised.

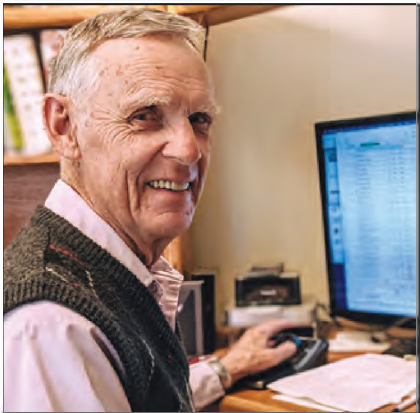


Photo by JOSEPH BENTI

Walt Wilson is the Tournament Chair of the Men's Golf Club but his more appropriate title should be Wizard of Pars...

GRAPES R US WINE CLUB

By Barbara Senior

Grapes Are Us is a monthly wine tasting meeting to compare —Please see PAGE 15

Pinch of Salt

From **Page 6** —

veggies are nice and brown, tossing regularly. Remove chicken and all veggies to a separate dish, wait a minute on the squash. Remove skin from chicken. Remove pan from heat.

Next step: Make a roux by adding flour gradually to the fat in the pan constantly whisking, then add some chicken stock, continue to whisk, more flour, more stock, more whisking until you have a good cup and a half of “gravy.” Adjust seasonings, add more curry powder dissolved in chicken stock if desired. Keep the remaining

stock to thin the roux if required.

At this point, you can either throw it all into a crock pot or InstantPot and add the squash. But not to worry, you can also finish it off in the pan. You just need to keep the heat as low as possible because at best you want to let it cook very s-l-o-w-w-l-y, an hour or longer. The slower it cooks the more tender the chicken. Serve over a scoop of rice and top with peanuts, raisins and scallions. Offer chutney on the side.

A nicely chilled buttery Chardonnay works especially well with this. I like Wente Riva Ranch or Markham for moderately priced chards.

CLUB NEWS

Grapes R Us

From **Page 14** —

wines, learn about wine characteristics and explore different regions. Meetings are the 3rd Friday of every month, formerly in the AR, but due to COVID restrictions, we currently meet virtually by Zoom. We send an invitation to the virtual meeting, those who RSVP receive two bottles of wine for \$20, collected when the bottles are delivered. The wines are selected by wine enthusiast, Jon Niemann. Adding to the tasting experience, a recipe now comes with the monthly invitation email.

In April we began a series called “Wines of the 101,” starting with wines of Santa Bar-

bara County, and moving north month by month through the wine regions on the 101, El Camino Real. The May session will be focused on wines of San Luis Obispo County. The wines for our April session were Santa Barbara Vineyards Pinot Noir and Brander Sauvignon Blanc. The meeting invite included recipes for a small snack to pair with each wine. It was another fun virtual meeting, but we are all looking forward to meeting in person as soon as we can.

We are welcoming new members to the club. Join us and take part in the virtual tastings, learn a little and enjoy the wine experience. Drop a line to Janis at grapesruslvwineclub@gmail.com or call her at 805-910-9526.

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PHOTO CLUB WINNER – ASSIGNED CATEGORY



■ 1st — Bill Margulies / Bird of Paradise

CLUB NEWS

AMATEUR RADIO CLUB

By Jonathan Fox

We held our monthly meeting via Zoom, the second Wednesday of April at 2pm. The latest news is that we have two more confirmations of countries that we have contacted. We added Denmark and Scotland to our list, for a total of 133.

Another announcement was that one of our members, Zak Cohen, is getting his DXCC award after making 105 confirmed country contacts. Most of those contacts are from using a fairly new digital radio mode called FT8 which makes it possible to communicate during conditions of high atmospheric noise. The DXCC award for achieving at least 100 confirmed country or entity contacts is granted by the American Radio Relay League, the largest membership association of amateur radio enthusiasts in the US.

Finally, our speaker for the month of April was Eric Swartz from the Elecraft radio company in Watsonville, CA. Via YouTube, he showed off their latest product, the K4 high-end radio which had been delayed due to the fires up north and then COVID shelter-in-place orders. It is a state of the art radio and transmitter with several innovative features.

If you would like to join us, just drop an email to KT6LA@yahoo.com and I'll make sure that you are on the mailing list for our next meeting.

VILLAGE ARTS

By Patti Crichton

Village Arts comprises artists who create paintings and collages, using different media, including acrylics, watercolors, pastels, pencil crayons, oils, pen and ink. Experience levels range from the beginner to the very knowledgeable.

We hope that some of you enjoyed the Artisan Invitational event at the Camarillo Art Center on May 1st and 2nd. There were a number of Leisure Village artisans participating. We are fortunate to have a relationship with the Camarillo Art Center.

Village Arts has been invited back to display our paintings for the month of September. This window of time gives us the opportunity to work on some new pieces to display and/or sell in the fall. Please mark your calendars. We will welcome sign-ups for artwork as well as volunteers to staff the center on the four September weekend afternoons, closer to the date.

Keep painting!

PHOTO CLUB WINNER – OPEN CATEGORY



■ 1st – Frank DeSimone / Watchful Eye

CLUB NEWS

THE STONERS
BEAD & CRAFT CLUB

By Alice Moffet

The Stoners continue to make jewelry & craft items. During the month of April, we displayed our handcrafted jewelry, as well as several craft items, in the Atrium.

Please stop by and consider purchasing one or more of our original creations.
We also continue to do most jewelry repairs for a donation to our group. If you are in need of this service, or would like to purchase one of the items on display, you may contact Fil Barton at 805-987-3637.

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CLASSIFIED ADS

To submit a classified advertisement please include your full name, address and phone number (for ILV records only will not be published unless requested). Cost per ad is \$5 for a 28 word insertion. Phone number = 1 word, email = 1 word. Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD in the black box next to the entrance of the LV Association office just inside the west gate (off Los Pueblos Dr). It can also be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome. Questions regarding classified ads? Call Barbara at 805-482-9097.

DEADLINE for the next publication is Thursday, May 13.

Fully ELECTRIC 2012 Mitsubishi iMiEV - \$4,700 OBO. 4 door! Range 45 miles. Heated front seat, CD stereo, 110v charger, A/C. Clean title, 41k miles. 805-689-2487

RENTAL WANTED: 2 bedroom – 2 bath for professional lady. Will take good care of your house. Please call Suzie at 702-858-0044. Excellent references. Can move now.

WANTED: Housekeeping assistance. Please be able to provide proof of vaccination. 2 bedroom/bath unit – well kept. Reasonable pay for good work. Call/text 818-577-3896 Larry

WANTED: Handyman assistance. Please be able to provide proof of vaccination. Minor trim painting, gutter cleaning, and more. Must have 10' + ladder. Call/text 818-577-3896 Larry

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

WILL BUY: plant stands, plants, pictures. Old frames, craft tools, beads, buttons, broken jewelry, charms, odds and ends, candlesticks, end tables, knick knacks. Sam, LV resident 805-379-5653

Apple Computer Specialist – Laptops, desktops, iphones and ipads. Troubleshooting & tutorials. Password help. LV resident. Reasonable rates. Reliable. Easy to understand. Patient. Macs Made Easy/Louis Lapides 805-490-3127

MOBILE NOTARY offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

A MOBILE NOTARY Leisure Village resident. Call Chuck at 805-419-3457

REAL ESTATE BROKER- Ahumada Realty. Full service, buying or selling HOMES. DRE #01990009 Call today 805-200-8416

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

Clothing alterations, mending, nips & tucks & garment makeovers for all ages. Seamstress with Leisure Village references. Will SAFELY pickup & deliver. Gudrun 805-479-4852

PET SITTING, walking, mail, plants. Reliable, experienced, insured, bonded \$10 for 15 minutes, \$17 for 30 minutes. 805-484-8802; Dogzgonewalkn@verizon.net; Dogzgonewalkn.com

CAT SITTING, dog walking and watering plants. Dependable and trustworthy. References from your neighbors, Marlene Collins. Village resident 818-419-2159

IN YOUR HOME CAT CARE – Experienced cat sitter & LV resident. Will also take care of plants & mail. Contact Gina 805-400-5202 or email LVcatcare@gmail.com

Here Puppy! Two dog walkers/pet caregivers available here in LV to take care of your fur babies. Prices range from \$7-10. References available. Gracie: 805-910-9544 Debby: 805-263-9764

Lynn Lertz: Massage Therapist. "Let me rub you the right way to better health" In village 36 years. Experienced. Best refs 805-484-2308

Need help with clutter or moving? Senior discounts, free consultation. Honest, caring, dependable. Mary 805-760-6272

TRANSPORTATION AT YOUR DOOR. Do you need a ride to doctor appointments, hair salon, nail salons, grocery shopping or anywhere? Call Suzy 702-858-0044

Driven by an Angel! Personal assistant will simplify your life! Excellent driver & LV resident with many references. Dependable & punctual to all appointments, airports, events, etc. Christine 805-701-3250

Nancy will drive you to doctor appointments, salon, grocery store, CVS or vaccination sites. Retired UCLA health care worker. Offers personal caring service. LV resident: 805-465-0056 cell 310-433-2311

MERCHANDISE ASSEMBLY HANDYMAN Electrical, plumbing, appliance installation. Rain gutters, repair broken things, doors, walls, shelves, molding/trim, painting, cleaning, assembly, wall hanging, all helps. Please call Eric 805-210-0489

Global Green Carpet & Tile Cleaning. Operator Jeffrey Goetz 888-774-2547. Affordable expert carpet, tile and upholstery cleaning. Serving LV 12 years. LV Ref. Reisa Ross 805-484-5570

Kerry's Painting: "Careful and Clean" 310-970-2499. No job too small. I do ceilings. In the village.

I'LL HELP YOU with gardening, cleaning rain gutters, remove pine needles and leaves, plant/trim/remove plants, weeding, prune roses. Odd jobs. LV resident. Excellent references. Darren 818-618-1028

JUAN – Handyman Services – garden, patio, yard cleaning, hauling/dumping or repair. Plant trimming, removal or install patio fence and gate repair. CALL TODAY 805-487-1613

PERSONAL ASSISTANT/DRIVER. Airport, shopping, doctor's appointments. Friendly, courteous, non-smoker, non-drinker, full time or part time. Your car. References available. Art Silver 805-630-9125

HUGO'S Garden Services: Patio, yard cleaning, hauling, dumping, plant trees, pruning and removal. Sod/seed installation. Over 23 years working in Leisure Village. LV references 805-216-8835 or 805-482-0985

HOME HEALTH/Companion Services Full time/ or relief. 20 years experience. Ladies or gentlemen. Flexible time. Graduate of IHSS-SIMI. Contact Ms. Jan 805-953-9721 9am-6pm Monday-Saturday

Comfort Keepers, world leader in in-home care hiring caregivers. Apply online: ckthousandoaks.clearecareonline.com/apply or apply in person M-F 3249 Old Conejo Road, Newbury Park. 805-494-9900 ext. 2

Experienced compassionate caregiver. Personal care: bathing, grooming, dressing assistance. Companionship includes meal preparation, shopping assistance, errands, medication reminders. Victoria Sampson 805-754-4753

B. MARON Village resident. CAREGIVER you can count on with good medical background. Great experience (21 years) with DEMENTIA/ALZHEIMER'S. Please call or message 805-216-6072

GRACE – CNA/CAREGIVER FOR 25 years, good references (L.A.-Beverly Hills) Live-in or hourly. Please call 310-801-3755

Caregiver with twenty years experience. Licensed and fingerprinted. Have excellent references. Live in Leisure Village. Available 7 days & nights. Have had Covid vaccine. Toni 805-844-8377 No pets

Two Girls Home Care - Helping Seniors with daily activities. Call us for a free consultation 805-424-9944 Licensed & bonded. Background checks, COVID trained, references on all caregivers.

Experienced compassionate caregiver, patient, flexible, reliable, hard-working & caring. Willing to help you with anything you need. Please contact Cherry 805-444-2379

SERVICE DIRECTORY

Help Support Your Local Businesses

PLUMBING

ALL PRO PLUMBING

Complete plumbing maintenance and drain cleaning. Serving residents of Leisure Village for over 28 years. FREE ESTIMATES
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A True Measure of Tender Loving Care
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Framie Criz Santos
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CARPET CARE

Professional Carpet Steam Cleaning

Over 10 years in business.
We are offering quotes over the phone.
All Work Guaranteed.

Please call Adrian at
805-907-0841

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MEAL DELIVERY

Dinners by Mark

Home Cooked Meals Delivered
Right to Your Door

\$14 per Dinner

Dinners Include:

- Entree • Salad with your choice of dressing
 - Chef's vegetable of the day • Dessert
 - All meals are low in fat and sodium
- Meals packaged in microwave-safe containers

Contact Mark for info & menu
MSL9CATERING@GMAIL.COM
805-384-1536

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To Include Your Listing, Please Contact Mary
at The Acorn Newspapers Today: 805.484.1949



Many flowers are given to women on Mother's Day. A bouquet of beauty seems appropriate for the ladies in our lives who have nurturing hearts. There is another type of blooming that is even more gratifying to all moms...seeing those they have devoted their life to mothering rise to their potential, and 'blossom' into the best people they can be.



Being the best we can be is not dependent on our external circumstances. Instead, it hinges on our attitude and actions in whatever circumstance we find ourselves in. Blooming where you are planted means taking advantage of opportunities currently available, seizing the moment, and being grateful for what you do have in your present situation. Doing this can help you find meaning in everything you do. Here are a few ideas of ways to create 'fertile soil' in your life to 'bloom where you are planted'.

- **Control your thoughts.** Our words and actions 'stem' from thoughts – "Your mind is a garden, your thoughts are the seeds, you can plant flowers or you can plant weeds!"
- **Attitude is everything, so pick a good one!** In any given situation, you can control how you choose to see and perceive what's occurring around you. Take responsibility for how you feel.
- **Accept changes as they occur.** If things were always the same, there wouldn't be personal growth or forward motion. They say 'the only constant is change', so it's critical to cultivate mental flexibility and learn to adapt.
- **Learn from your circumstances.** There are life lessons to be found in both good and bad situations. Ask yourself what you can learn. Lessons from bad times often become clearer later on, so if you're grasping to seek educational value from a bleak moment, settle for reminding yourself that you'll learn something from that event someday. And how we respond in difficult times often becomes a source of inspiration for others, tutoring others as well as ourselves.
- **Cultivate gratitude.** Learn to value what you DO have, rather than what you DON'T have.
- See the good in the world. The lyrics to a song written during WWII say it perfectly: "Accentuate the positive, Eliminate the negative, Latch on to the affirmative, Don't mess with Mister In-Between."
- **Be a positive influence on others.** You impact others by your words, tone of voice, facial expressions, written word, pretty much all we do influences others. Assess how you present yourself and seek to lift others up. Also look for ways to serve others, doing service makes both you and the one you serve feel happier, and it's usually contagious. Consider that any good you do for others will continue to radiate beyond what you can see.

*Please visit the **Barlows Have Your Back** section of our website for links to articles on how to develop a positive attitude and for ideas of how to serve others in your community.*



The Barlow Group
BRE #01945712

LeisureVillage.com

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Our Family Serving Your Family!



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5257 Mission Oaks Blvd. Camarillo CA 93012
Conveniently located next to CVS in Mission Oaks Plaza

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