

00:00:01:12 - 00:00:26:27

Speaker 1

There's a language barrier there. And so consequently, Latinas are more likely to be hospitalized more frequently due to diabetes. And they suffer greatly from diabetes complications such as kidney, kidney failure, blindness and infections. So this is a real, scary disease that we need to be aware of. And if, caught in the earlier stage can be treated in a much more appropriate manner.

00:00:27:00 - 00:00:51:23

Speaker 1

that was something the whole impact of diabetes on the Mexican-American population was something I didn't know about before working in the health bill. I just hadn't associated diabetes with the Latino population. But I've come to learn that it is a big problem in our community. The issue of obesity, another, statistic I came across in my work is that over 40% of Latinas suffer from obesity, and that's quite a large number.

00:00:51:26 - 00:01:19:06

Speaker 1

and it's Mexican American women in particular, who are shown to have a higher intake of, caloric, carbohydrates, cholesterol and meat than the overall population. And in addition, adequate physical activity, is a major factor that contributes to this problem. and actually, a study of the relation of obesity to acculturation found that over time, acculturated Latinas become less obese.

00:01:19:09 - 00:01:40:14

Speaker 1

and I don't know any more detail about the facts with that. I just thought it was, an interesting observation. And this is something that in terms of the role we can play in terms of dealing with our children and making sure that our children are getting the adequate exercise because, although I didn't mention it, you see, the genetic predisposition to obesity exists as well.

00:01:40:17 - 00:02:07:15

Speaker 1

and so that's a factor where we can play a role in helping to ensure that our children are getting the adequate exercise and adequate nutrition education. I've been involved with a wonderful project here in California called Can Fit the California Adolescent Nutrition and Fitness Program, and it's a grant

making program that gives grants to community groups throughout the state to fund a nutrition and fitness programs in the minority low income community.

00:02:07:18 - 00:02:41:26

Speaker 1

And so it was basically in the, on that board in the position of a grant maker, reviewing grant applications, etc. and there were some real wonderful, innovative programs aimed at targeting minority youth. The one that I was particularly taken by and was one that, a ballet Folklorico, or it was, cabra dancing, which is a real, rage in and it was in Ventura County and they had a proposal to, have kept added the dancing classes and then during the breaks, feed them nutritious snacks, you know, raisins and things like that.

00:02:41:28 - 00:02:43:04

Speaker 1

And I fought to get that.

00:02:43:04 - 00:02:45:09

Speaker 2

Proposal funded.

00:02:45:12 - 00:03:08:09

Speaker 1

because it just seemed like a wonderful idea, the way to get the kids there active and in and also culturally, something that was appropriate for the Latino population. And that program did, in fact, get funded and was a success. And another one that I saw again for the Latino community was a soccer program. And it was the Colton's soccer program, which had already existed and was already up and running.

00:03:08:09 - 00:03:27:22

Speaker 1

And, you know, they had resources, but they wanted to incorporate, nutrition education along with the soccer. So they had the captive audience, they had the kids. And it was kind of the same concept at the

breaks and at the barbecues on the weekend or whatever. You include nutritious food. And so I thought, that was another neat program that ended up getting funded.

00:03:27:22 - 00:03:56:18

Speaker 1

So there are, interesting things happening out there in our communities. But I do have to say nutrition and fitness is one of the harder, in terms of getting funding and funding being targeted towards these programs. out in the community. That is really hard when there isn't a lot of attention paid to that. But in the minority community, with the poor population that we have and shrinking fundings for school lunch programs and nutritious, the work program, etc., there's a growing need for that.

00:03:56:21 - 00:04:30:27

Speaker 1

So I think the whole area of nutritious nutrition, fitness and obesity is an important one for the Latino community to be thinking about. finally, the, issue of cancer. cancer accounts for one of every six deaths occurring among Latinos in California. So cancer is really a big killer in this country. And, an interesting fact is that cancer is diagnosed 25% less often in Latinas than in white females, 25% less often.

00:04:30:29 - 00:04:51:24

Speaker 1

But the average survival rate following diagnosis is shorter for Latinas. And a lot of the reasons for that is simply the bottom line. The fact that we don't have access to health care and health care insurance. And maybe one of the key points I should have started with is that the Latino population, 40% of Latinos are uninsured in California.

00:04:51:27 - 00:05:18:02

Speaker 1

And, this is due to where we're employed, a lot of the population being employed in the service sector, agricultural, small business, low wage manufacturing industries that don't provide health insurance to their employees because the Latino population participate in the workforce in greater numbers than any other group. So it's not that we're not working. We're low paying jobs that don't provide the benefit.

00:05:18:04 - 00:05:41:27

Speaker 1

So you have that problem. and that's part of the reason why the the death rate with the cancer, because you're not diagnosed soon enough in order to take care of this problem. So that's a key, issue. But another problem, is Latinos being relatively unaware of the warning signs of cancer available diagnostic tests and the ways to reduce cancer risks.

00:05:42:03 - 00:06:08:08

Speaker 1

And this is the whole issue of health education in the Latino community. Where are we going to get that education if we don't have health insurance? Even those who do have insurance, there can be a problem with, your going to your local HMO and if you don't speak English, not having those materials available to you in a language you can understand, or maybe just not being culturally relevant to you and how you view your whole health and well-being.

00:06:08:10 - 00:06:36:16

Speaker 1

and so that cancer is a real issue in the Latino population. Asian. for the question of breast cancer, the incidence of breast cancer is actually lower than Latinas than in other groups. however, once again, it's being diagnosed at a later stage. That makes it a killer for Latinas, 43% of Latina women are diagnosed with breast cancer at a later stage, compared to only 32% of white women being diagnosed at a later stage.

00:06:36:18 - 00:06:58:24

Speaker 1

So these are things that make a difference in the treatment. Access to mammograms 73% of Hispanic women over the age of 40 have never had a mammogram. That means only 27% of them are getting a mammogram. Hispanic females over the age 40 are much less likely to have even heard of a mammogram when compared to the general population.

00:06:59:00 - 00:07:14:28

Speaker 1

So therefore, if they had heard of it, they hadn't had what? They don't know what benefit could be to them, and that might be that they're not really aware of the whole issue of breast cancer in the first place. And, when I say this is a killer, 1 in 9 women in the country are at risk of getting breast cancer.

00:07:14:28 - 00:07:46:01

Speaker 1

So this isn't something that just affects the Latina population. It's something that all women need to be concerned about. another issue is the whole question of language. women, who only speak Spanish are even less likely to have ever heard of a mammogram or have had a mammogram than women who speak the English language. A particular cancer, that Latinas need to be concerned about is a whole question of cervical cancer, which is much more common among Hispanic women than among white females.

00:07:46:03 - 00:08:12:17

Speaker 1

And again, Latinas get diagnosed in more advanced stages of, cervical cancer. And most significantly, it's that information on cancer screening procedures just fail to adequately reach the Hispanic women. this is the whole question of pap smears. pap smears, probably to a lot of us here who I bet have insurance. it's something that we know that and that we do that on an annual basis.

00:08:12:19 - 00:08:31:14

Speaker 1

but would you believe that, 15% have Hispanic females over 18 have never had heard of a pap smear, 15% have never even heard of what a pap smear is. Now, that compares to 2% of white women over the age of 18 having heard of a pap smear. So there's a big information gap there in the Latino community.

00:08:31:16 - 00:08:49:07

Speaker 1

And we're also the group least likely to have a pap smear. with 25% of those over 40 have never having had a pap smear. That's one quarter of the Latinas over 40 never had a pap smear. And that's something you're supposed to be doing on an annual basis from the time you're, you know, sexually active, I believe, from an early age.

00:08:49:07 - 00:09:11:17

Speaker 1

It's something that's supposed to be done. It's just a, important preventive procedure. So you can imagine when we talked about the need for early detection in diseases like breast cancer, cervical

cancer and diabetes, all the different things we talked about HIV Aids, another one, if you have HIV, there are medicines that you can take and treatment protocols you can follow to, help prolong your life.

00:09:11:19 - 00:09:37:16

Speaker 1

And in all these areas with the literature shows, is that Latinas have less access to the information that they're diagnosed in more advanced stages. And so I wanted to share this information with you today, because I think armed with this type of information is something we can talk about. We can talk among ourselves. And me and my mom were talking the other day about, whether she had gone to get her pap smear or whether I had gone to get mine, and whether we had done the follow up we were supposed to do.

00:09:37:17 - 00:10:01:01

Speaker 1

We're supposed to be talking about those things. You know, I asked my brother about condoms. I don't I don't really have to because, you know, he's got his old girlfriend. But, you know, I'm concerned about that. And we need to be able to talk about those issues among our own community. And that's really the message I wanted to leave you with today, that when we're armed with this kind of knowledge, when we kind of know what the problems and issues are in our community, we're empowered to do something about that.

00:10:01:07 - 00:10:19:26

Speaker 1

The GI forum talks about knowledge being power. I think health is a key area where, armed with the knowledge, even for ourselves, about a breast self-examination or about the importance of mammograms and pap smears, that we're empowered to do something to take care of our own health and well-being, as well as those of the people we love.

00:10:19:28 - 00:10:27:07

Speaker 1

And that's really basically what I wanted to share with you today. Are there any questions?

00:10:27:09 - 00:10:35:21

Speaker 3

I have a question. you know, I understand the percentage that you're talking about. How do they face that?

00:10:35:23 - 00:10:38:22

Speaker 1

Specifically, any particular.

00:10:38:22 - 00:10:47:18

Speaker 3

Disease, 21% Aids cases, you know, that I do, and it's strictly just from the drug.

00:10:47:20 - 00:11:16:18

Speaker 1

No, the statistic I was referring to said most of the Aids cases, are the result of intravenous drug use or Latina sexual contact with contact with intravenous drug users. But, another issue I should have mentioned. a major reason as well is because Latina Aids victims have this perception that they're at low risk for the disease because they believe that it's a gay male type of, disease.

00:11:16:20 - 00:11:36:09

Speaker 1

then which is, a perception which can be enforced in the media that it's a gay male disease. And so you basically think that your, that, that you're, that you're not at risk. Right? And so as I mentioned, with the teenage birth, it's a problem, but also engaging in high risk sex without being protected.

00:11:36:11 - 00:11:37:27

Speaker 3

But there's been a I.

00:11:38:00 - 00:11:46:20

Unknown

I think there's been a lot of attention to the fact that it could be dormant for ten years and do not know if it if it comes back.

00:11:46:22 - 00:11:51:21

Speaker 3

I noticed that they're not giving too much attention to that. The reason I say that is.

00:11:51:21 - 00:12:00:16

Unknown

Because, my son was stabbed with the news, 20, 22 years old, and he lived up. God.

00:12:00:17 - 00:12:03:23

Speaker 3

And the reason for. But he lost a.

00:12:03:23 - 00:12:09:18

Unknown

Lot of blood, and they didn't think he was going to die. They have to go along with that.

00:12:09:20 - 00:12:20:08

Speaker 3

But three years down the road, that thing, Aids broke out. I mean, you go twice a year, give this guy just. I'm so worried, that he may become.

00:12:20:08 - 00:12:26:06

Unknown

Infected even though it's been passed. It continues down. Could be four years old now.

00:12:26:08 - 00:12:56:20

Speaker 3

But I was worried all that time because a lot of innocent people get it by contaminated blood. And you don't realize it. They're not always going to get it from the drugs and from. And for people that go like to Valley Medical, for example, they have such a filthy hospital or medical, I would take my dog there. But not only is it's really bad, the hospital really needs to be cleaned up and I've had a lot of times with a lot, but they don't let our people know that they've got contaminated blood.

00:12:56:20 - 00:13:26:16

Speaker 3

There and down the road. We're wondering what they, there's been foul play there and you don't know about it, but a lot of times that contaminated blood was kept in use even after they knew there was contaminated blood to continue to use it. But they're not letting the public know about that. And I think we're entitled to know that besides these facts that they give us, that they're not giving us all the facts, that there are other the that that's we're not here with any knowledge.

00:13:26:18 - 00:13:48:26

Speaker 1

That's right. And I think you're pointing out an excellent example of one of the real tragedies, a tragic outgrowth of this Aids crisis, because that is a problem with the hemophiliac population in particular, who has been exposed. and, although the blood tests, in terms of how they're able to test the blood now for HIV have improved dramatically from that time.

00:13:49:00 - 00:14:22:26

Speaker 1

But, you know, that's why a reason, the whole HIV Aids in getting tested is, is really something that people should just generally do you. No, I mean, it's just something that we need to do because there's all these ways of detection. I was just reading this terrible. it was in the, LA times, I believe, and it was stories of people talking about how they had become infected, people who had been in monogamous marriages for 20 years and, you know, turned out their husband and had 1 to 1, a one night affair, you know, a traveling, and then the mother's infected and, you know, stories such as that, or someone who

00:14:22:26 - 00:14:28:24

Speaker 1

was involved with a partner and they found out he was bisexual and they didn't know that, he got.

00:14:28:24 - 00:14:38:27

Unknown

Raped in the family, and nobody bothered to tell anybody about it. You know, I don't think that happens to innocent people that don't know.

00:14:38:29 - 00:14:44:28

Speaker 1

So there are many ways to contact a disease. And I just mentioned a few of them, but there are definitely many others.

00:14:45:04 - 00:14:46:28

Speaker 3

I think that I think we should know.

00:14:46:28 - 00:15:10:07

Unknown

You know, that we shouldn't be all of us, you know, so that we can look up and be on the lookout for members and our families, especially that because of my son, like I. I couldn't see, oh, wait. Well. One of the reason is because of a female family.

00:15:10:10 - 00:15:37:05

Speaker 3

they don't communicate too well with your children either, because, for some reason, the parents have never wanted to let their children know. But since the Morgans and the serious stuff, they can have, you know, by having sex at an early age. So we're always embarrassed to talk about sex and kissing and everything. And I think it's about time we open up that there's something serious out there that can kill our young ones, you know?

00:15:37:07 - 00:16:00:00

Speaker 3

And, if a lot of women get together and start talking about it, you know, and I know they're taking it in school, but I think the parent is the teacher. Their own kids about sex. And you suffered when you had them. And it's up to you to educate the children, not the teachers in school, the parents at home and.

00:16:00:02 - 00:16:28:17

Speaker 1

And it's really about something like teaching them about the use of condoms and Aids prevention. It's all about saving their lives, Aids. It will kill you eventually. At this point, it is a deadly disease. And so it's, you know, the whole question of being embarrassed about talking about sex sometimes, you know, it's got to take the backseat when it comes to your own child and what, people also have to come to grips with is that our children are becoming sexually active at a much earlier stage, than happened in, in the past.

00:16:28:19 - 00:16:32:15

Speaker 1

and so that's something that has to just come to grips with.

00:16:32:18 - 00:16:56:01

Unknown

Yes. I have a question, regarding the government, what is the government doing to educate, monolingual populations in the Spanish speaking population to do it? Are they funding or are our foundations funding projects, community education projects? Is it that real big right now, or has there been a slowdown on that? I mean.

00:16:56:04 - 00:17:15:21

Speaker 1

I know that there are moneys available and that there are groups out there doing it. And in San Francisco, I think is a good example where you see, things like, you know, either at the bus stops or, in the community, bilingual and, racial minorities being used in the types of advertising I'm not familiar with, the level of the funding streams.

00:17:15:27 - 00:17:38:24

Speaker 1

And if that money is actually going to the appropriate organizations, who's actually getting a lot of that money? I'm not familiar with. I know groups like Cosmo, as Jane Delgado mentioned, that they have done a lot of that work, and it's principally through federal grants, I believe, on the Aids prevention area. but clearly there's a need for much more efforts in our communities.

00:17:38:27 - 00:17:40:08

Speaker 1

Yes.

00:17:40:11 - 00:18:09:11

Speaker 3

Carmela, I wanted to, ask you if there's any, update on, you know, like, in the Hispanic community. Yeah. The denial. You know, when we hear about families, you know, they're losing their loved ones. You know, why did you, say 29? You know, very, very young, you know, and, that denial of the family is there.

00:18:09:14 - 00:18:46:11

Speaker 3

And, but the suspicion, you know, remain, you know, and, one is that in comparison to the whites, I mean, I, I've never been able to understand the, you know, because we have we have friends, you know, that have, this young man that, in fact, we have we had a member and, you know, they, you know, that they were going to be here and they got a call from, in Chicago, you know, to to go to a funeral for a young man 27 years old.

00:18:46:13 - 00:19:11:26

Speaker 3

And then, this other man that we know. So, you know, that is so young and, you know, he's very, very old. And the family, are there with denial, you know, so, I mean, is there any, any thing that is being done to help the families accept the, I don't I don't know.

00:19:11:28 - 00:19:17:20

Speaker 1

You're talking about denial around the the high I related and Aids related deaths in the Latino community.

00:19:17:24 - 00:19:40:11

Speaker 3

They seem to be, afraid to talk about it. They seem to be afraid to admit, you know, that it's that even though it's, Well, there. of course, you know, disease has already been diagnosed. Must be very hard for the family I can say that.

00:19:40:13 - 00:20:13:14

Speaker 1

I think it's probably a, some of the same factors that contribute to us being unable to talk about the prevention issue within our own community. And I don't like to use this word, I wasn't going to use it. But what some of the literature talks, it talks about is the whole, impact of machismo on the ability to accept the HIV Aids issue, the whole question of talking about bisexuality within the Latino community as one of the factors that can contribute, to the spread of Aids and the question of the drug use and all that, those those are difficult things to talk about in, in our own communities.

00:20:13:17 - 00:20:35:29

Speaker 1

you know, the shame associated with something like, Aids related death or coming up that way that your child was gay would maybe, other people didn't know. Again, it's one of the tragic outgrowths of this disease. And the more we can come to grips with talking about the prevention side of it, hopefully the more will be able to come to grips with dealing with the reality of the death that this disease causes.

00:20:35:29 - 00:20:48:12

Speaker 1

But it's, the disease has already been with us over a decade, and, I don't know really at the Latino community has come that far in terms of talking to their kids about prevention and dealing with it. We have a long way to go.

00:20:48:18 - 00:21:20:00

Speaker 3

Yeah. In fact, you know, in, in Modesto, we have, we have joined forces with, working in, and, we're going to have a conference, on the Aids and violence to the two issues that are very important, you know, to us. So this, this fall, we're going to have that.

00:21:20:02 - 00:21:42:17

Speaker 1

That's outstanding. I think domestic violence. I didn't prepare anything to, in my remarks. However, that is another issue that it's wonderful that you're going to address that, because that's another one of those closet issues within the Latino community. And there really is a need to put that out there and educate women on what their rights and the resources that are available, for them, if they are in fact victims.

00:21:42:19 - 00:22:14:15

Speaker 3

Especially in domestic violence, you know, because it's so embarrassing your mother that you're having, you know, I mean, you around the house, you know, and, my family, there has never been a divorce in the family. So I've got divorced, and then they get divorced. They don't share. Either. But, you know, with you that or get my brain blown out, you know, that's, you know, I didn't want to tell my grandma nothing.

00:22:14:15 - 00:22:35:23

Speaker 3

And they all left behind when he thought he was the best thing since sliced bread, you know. But they didn't know, like I did I finally got to be really angry with my grandma. And I said grandma divorced grandpa. You marry him and see which one you want to live with. but because you know, but we're our own enemy because we don't want to talk about it.

00:22:35:26 - 00:22:58:02

Speaker 3

It's 2 million, you know. It's 2 million to kill somebody. They're beating me. you know, I had, a pot of coffee, you know, 12 cup of coffee. But I had one of those thrown on my back, boiling all my. But you think I told anybody? My family. Y'all know it was 12.

00:22:58:05 - 00:23:00:23

Speaker 1

And what about the doctor? I mean, that was probably at a time when the.

00:23:00:23 - 00:23:28:20

Speaker 3

You know, the doctor. The doctor, ended up testifying in my divorce because before it wasn't like this amicable divorce that they have now, you have to prove. And I filed for extreme mental cruelty after my divorce. I slept for five years. I just got up to do what I had to do for my children and went back to sleep, because when I was asleep, I didn't have to think of what I could buy for my kids.

00:23:28:23 - 00:23:31:12

Speaker 3

They didn't have the food. I couldn't buy.

00:23:31:14 - 00:23:37:14

Unknown

Cold winter shoes for them to start school. You know.

00:23:37:16 - 00:24:11:03

Speaker 3

It was just better than 55 years I slept and all because I was too proud to tell anybody I wasn't going to put up with a partner, you know, you know, and, and, and I tell you, it's a lot easier for women in here. I don't care how good your husbands are. I think that there was a time that maybe that you were able to come across and control, that, you know, but sometimes you get situations where one outgrows the other and goes this way, you know?

00:24:11:03 - 00:24:37:09

Speaker 3

And that's what happened with me. And my husband was ten years older than me, and it was fine. When I was 16 years old, but I grew up and he remained 25, you know, and I just went up right up ahead and breaks the gap. And it makes for a bad situation. But still, we are very proud piece of material here, and we just don't admit it to myself.

00:24:37:13 - 00:25:01:05

Speaker 3

But but only we know what we go through. We're a lot stronger than you think. It's like a lot of my girlfriends say, well, you're not you. I don't know how you did it. You know, you look so great, guys. Yeah, but you work harder, you raise a family, you have to put up with a husband. I mean.

00:25:01:07 - 00:25:25:19

Speaker 3

Any woman and put up with your. Problems got back to me. It's probably God or. I mean, it's like when my daughter got married. I don't remember getting marriage. My daughter. You're becoming her husband. Yeah. and for better or worse, doesn't mean that you're going to shit on her, because the day that you do, you're going to deal with me.

00:25:25:22 - 00:25:31:20

Speaker 3

Yes, yes I didn't I was.

00:25:31:23 - 00:25:32:08

Unknown

I want to.

00:25:32:08 - 00:25:37:15

Speaker 3

Mention something now, that happened to me, you know, when we were.

00:25:37:15 - 00:25:46:05

Unknown

Organizing or the committee was organizing this, convention, you know, I asked, the commander, you know, when the.

00:25:46:05 - 00:25:50:01

Speaker 3

Government happened this year, she knows that I suggested, you know.

00:25:50:07 - 00:25:57:23

Unknown

Have exactly the, Women's Conference specifically for violence, you know.

00:25:57:26 - 00:26:13:02

Speaker 3

Domestic violence. And a lot of times, the men don't understand us. You know, they think that it's it's not their, you know, they, I mean, I don't want to talk behind Willie's back, but I had mentioned that. Christ, you.

00:26:13:02 - 00:26:17:24

Unknown

Know, and I thought, well, you know, it's not acceptable.

00:26:17:24 - 00:26:32:06

Speaker 3

With them to talk about it, but you know what it is, because we know ladies that have gone through it and they talked to us, you know, they talk to us and, for example, I have a member.

00:26:32:09 - 00:26:44:08

Unknown

One member that, she lost her son about a month ago, but, six weeks ago. And her son was 21 years old when he died. He had.

00:26:44:08 - 00:27:04:19

Speaker 3

Insurance. they for her. They send her a check for \$80,000 for his a work, insurance. And, the husband drinks a lot, you know, and, when he found out, well, first of all, she went to Leo, you know.

00:27:04:20 - 00:27:20:12

Unknown

And that's how I got this money, you know? What do I do with it? I never had to. You know, there's one more for today. She didn't know what to do with that check. And you told her, take it to the bank and put it. You're using 15.

00:27:20:14 - 00:27:24:13

Speaker 3

Percent of your, already just by keeping the check with you.

00:27:24:16 - 00:27:30:25

Unknown

So take her to the back and put it in. and I trust you, you know? And, so.

00:27:31:00 - 00:27:48:03

Speaker 3

She did that when the husband found out you wanted to kill her, I said, where is my half on my mom? You know, and she's got to kids, you know, that, you know, that are going to, she has one little boy that's nine.

00:27:48:05 - 00:28:10:29

Unknown

One little girl that's about, 11 or 12. And then she had, one at 16, and then the boy died. He was, 21, and she's going to marry her daughter. And they were going about this, you know, the kids have suffered so high. She you know, and I'm telling you, it's there. It's in our community.

00:28:11:01 - 00:28:11:25

Speaker 3

What we have to do.

00:28:11:25 - 00:28:18:03

Unknown

Is listen to this lady. You know the thing. Do in this trouble and the,

00:28:18:05 - 00:28:18:28

Speaker 3

You know, where they.

00:28:18:28 - 00:28:35:28

Unknown

Don't, you know, they're embarrassed. They're they don't know. They, you know, they have to trust somebody. you know, explain what they're going through. And I think it's very important for us to do that. We have already have and we.

00:28:35:28 - 00:28:39:14

Speaker 3

Already have connections. you know.

00:28:39:14 - 00:28:55:24

Speaker 1

I think it's a very, very well, I commend you for that effort. the both the HIV and domestic violence and putting them out there with the G.I. form sponsorship in part. And if there's anything I can do to help you with that, please let me know. And I'd be more than happy to.

00:28:55:26 - 00:29:19:21

Speaker 3

There's a couple of nurses that were brought to USA today, and they complained about it because eventually they ended up killing the wife. You know, and they had to have been given probation for who

to judge. And one of them resigned because he didn't, you know, he and the other one just kept saying that.

00:29:19:24 - 00:29:37:04

Speaker 3

But as long as men are trying, man, they're not going to do anything about it. We're going to have to get, you know, more women, judges and stuff like that to get in there. And, and a lot of cases do. That's why we can't we can't just stay in the kitchen. Come out and show them we can do it best.

00:29:37:06 - 00:29:40:07

Speaker 3

00:29:40:10 - 00:29:41:00

Speaker 3

Well I think that.

00:29:41:00 - 00:29:49:19

Speaker 1

Wraps it up then. Thank you. I was thank you. Very nice discussion I appreciate it.

00:29:49:21 - 00:29:58:01

Speaker 1

Oh there's some information up here about breast examinations, breast cancer facts and mammograms and estrogen. So if you'd like to take copies of this.

00:29:58:04 - 00:30:03:25

Speaker 3

It's right up here.

00:30:03:27 - 00:30:09:14

Speaker 3

Stay. My responsibility as a parent.

00:30:09:16 - 00:30:12:28

Unknown

Yeah, I.

00:30:13:01 - 00:30:20:21

Unknown

Was looking down. I got shot down here.

00:30:20:23 - 00:30:28:09

Unknown

I hear about that.

00:30:28:12 - 00:30:35:23

Unknown

There. Yeah, I hear.

00:30:35:26 - 00:30:45:15

Unknown

You.

00:30:45:17 - 00:30:47:22

Speaker 3

Yeah, yeah.

00:30:47:24 - 00:30:57:04

Unknown

It's okay. It's now ready.

00:30:57:07 - 00:31:03:10

Unknown

No.

00:31:03:12 - 00:31:07:02

Unknown

No, no.

00:31:07:04 - 00:31:32:15

Speaker 5

They go. Ladies and gentlemen. Can you hear it now? Yeah. Ladies and gentlemen, thank you for being here tonight. We are about to start our queen. Queen Carnation Ball. And I want to welcome every one of you here as part of our, 1995 state conference. I'm your state commander, Willie Galvan from Santa Maria. We have a special guest tonight here that just arrived, and I want to introduce him now.

00:31:32:18 - 00:31:52:24

Speaker 5

He is Colonel Jay Vargas, the director of the Veterans Affairs state of California. He just drove for about five hours on the road to get here. We did not allow him time to time to dress, but I would like him to welcome everybody. And I want to welcome the colonel here tonight.

00:31:52:26 - 00:32:02:19

Speaker 5

The colonel this a medal of honor winner. And we congratulate you for that and congratulate you for being the commander for being the director of Veterans Affairs.

00:32:02:21 - 00:32:07:05

Speaker 6

Nothing. Thank you. Thank you.

00:32:07:07 - 00:32:26:17

Speaker 6

That's. Yes. As I told the sergeant major, it's, I've been to many conventions. The American Legion VFW, one of the Purple Hearts and only dining. I've been on the moon, but this one is so important to me because it's familiar. And, we were coming up the highway heading to Sacramento because I have to get back tonight.

00:32:26:19 - 00:32:50:20

Speaker 6

Dottie says you better go over the hill, because if you don't go there, a village is going to kick you in the butt. So I had, Kathy Point Cavalry, the new lady, deputy director for women Veterans affairs, and Maria, I believe Maria was here also. Kennedy. And the message that I wanted them to bring to you is that, please, the veterans benefits are not affected by the affirmative action.

00:32:50:23 - 00:33:11:28

Speaker 6

I'm not too crazy about affirmative action, but what the hell? I gotta go with the flow. But it does not affect the veterans benefits. And please, I'm finding a lot of the Hispanic boys and women that are being released from the military today because of downsizing are not coming for their benefits, so please help me because a lot of them are coming home.

00:33:11:28 - 00:33:19:23

Speaker 6

It's filling their suitcases in the garage and then and they're not going forward to the VA or they're not coming to the state benefits. There's college assistance.

00:33:19:26 - 00:33:25:09

Speaker 5

There's so much. Colonel. Thank you everybody here for coming.

00:33:25:11 - 00:33:50:08

Speaker 7

Okay. Thank you. Really, my. All right, I would I'd like to introduce our judges for tonight's pageant. our tele judge is Arthur Delgadillo. he is an educational administrator, the coordinator of pupil personnel services here at the Santa Maria Bonita School District.

00:33:50:11 - 00:34:20:01

Speaker 7

Mr. Delgado has 20 years of youth sports officiating, mostly Little league Babe Ruth and adult softball. He's now retired just from that. He's still working with us. He said yay for him. Volunteer. He helps us at the rodeo and county Fair food booth. He's a Central Coast Hispanic Youth Leadership project. member. And he also works with the Strawberry Growers Growers contest for the California Department of Employment Development.

00:34:20:04 - 00:34:26:16

Speaker 7

Mr. Arthur thing at the Young.

00:34:26:18 - 00:34:55:08

Speaker 7

He will be the tele judge. And next to him, one of our judges, Carmen and Cecil. Carmen was born in Corpus Christi, Texas. That's unfamiliar to anybody here. she went to local schools here, Santa Maria High School and also our junior college, Ellen Hancock. she has been involved since, her years as a student with issues and organizations concerned with improvement for education and unity of the Latino population and locally and statewide.

00:34:55:10 - 00:35:17:23

Speaker 7

Her energy, enthusiasm and integrity, unmistakable hallmarks of her personal commitment to her community and her early memories of the G.I. forum. IRA for her mother's direct involvement with Doctor Hector Garcia that we all know is the founder of the GI forum. She was telling me the other day that, he was her doctor and she was out there from the very beginning.

00:35:17:25 - 00:35:24:18

Speaker 7

Carmen, think about permanently.

00:35:24:20 - 00:35:42:09

Speaker 7

And sitting over here, esophagus man, he is a television production manager for our local television, Spanish TV station Ktar TV Univision. OSA Holzman.

00:35:42:12 - 00:36:16:11

Speaker 7

Rose Gabaldon is a social worker case manager for pregnant and parenting teens. She works for Klein Bottle Youth programs and the Teenage Parenting Program. She's been involved in organizing the Adelante Mujer Teen Career Conference, which promotes high school age Latinas to seek higher education and also to explore different careers. She's been doing that for several years. It's a very it's a very, successful program for teenage girls and a little bit older, high school age and older.

00:36:16:13 - 00:36:37:17

Speaker 7

She is a member of the Association of the University of Women. She's also involved in parenting trainings in the community, helping parents better their relationships and communications with their children. Miss Rose Gabaldon.

00:36:37:20 - 00:37:01:25

Speaker 7

Thank you. Thank you very much. We appreciate our judges taking time out to come in and help us. I know they're going to have a very difficult time because I've been working with the girls over the last couple of days, and, you know, they're all beautiful. They're very talented. And I think you'll see that tonight. I just like to thank a couple of people before we start.

00:37:01:27 - 00:37:22:11

Speaker 7

Maria song? Is she here? I saw her outside a minute ago. is she leaving? Maria? Some of, you know, took time out to come and help the girls. She gave them a makeup clinic the other day, and she also helped some of them with their makeup today. And she just did that. She volunteered. So we really appreciate that.

00:37:22:13 - 00:37:58:25

Speaker 7

And also, Janet, that too, works with a local art attorney, Esteban Valenzuela. she was here the other day and helped work with the girls, as did Erica from Stockton. We appreciate that. And also Anita Avila. I'd also like to thank Esperanza Bird and Denise Phelan Solar for, you know, arranging this beautiful setting. Okay. And they they work very hard with the girls also, and I, you know, in case you if you see this Hilton staff, they really did a nice job of cooperating with us and helping us out.

00:37:58:25 - 00:38:49:17

Speaker 7

So, you know, you can you might want to mention that to them. So are we anxious or what? Okay. we're going I'm going to introduce first. And I like all of you to please welcome the 1994 American GI Forum of California queen Veronica morales from San Diego County, who.

00:38:49:20 - 00:39:04:28

Speaker 7

That was supported by George Lopez, treasurer of the Bank, the J. Forum of California. And it was going to be really. But George wanted to make sure that you all knew it was because he was more handsome and taller.

00:39:05:00 - 00:39:25:28

Speaker 7

Thank you. Good on you for. Veronica is the daughter of Elvis and Eleanor Morales. She works full time at said jobs for Congress as a certification specialist at her local church. She is the secretary for the youth group and participates in the choir. Her goal is to pursue her business career. Thank you Veronica.

00:39:25:28 - 00:39:32:08

Unknown

We'll give her another round of applause.

00:39:32:11 - 00:40:13:10

Speaker 7

Thank Valenzuela representing San Jose East Valley Chapter and her escort is Airman First Class Juan Juarez.

00:40:13:12 - 00:40:49:25

Speaker 7

Contestant number two. Gloria. Our escort is Airman Alfonso Calderon.

00:40:49:27 - 00:41:30:12

Speaker 7

Lina. Mario! Gosh! From the Santa Maria chapter. Her escort is Senior Airman Albert Sabata. The.

00:41:30:14 - 00:41:40:05

Speaker 7

And Jose chapter. Her escort is senior Airman Anibal Cora.

00:41:40:07 - 00:42:07:24

Speaker 7

Who?

00:42:07:26 - 00:42:18:24

Speaker 7

The Chica from the Stockton chapter. Her escort is Senior Airman Herman Ibarra.

00:42:18:27 - 00:42:47:18

Speaker 7

Oh!

00:42:47:21 - 00:42:56:08

Speaker 7

Can we have one more round of applause for all of our lovely contestants?

00:42:56:11 - 00:43:01:07

Speaker 2

Who?

00:43:01:09 - 00:43:25:04

Speaker 7

Okay, I think you'll have to agree with me. The judges are going to have a hard time. They all look very lovely. And as you know, they're going to be judged on on the speech that they're going to give. So we're going to start right off with, contestant number one, Linda Valenzuela.

00:43:25:06 - 00:43:29:27

Speaker 3

Who?

00:43:30:00 - 00:44:02:26

Speaker 7

Is the daughter of Richard Joseph and Gail Valenzuela. She is currently a senior at Andrew Hill High School and will be attending Johns Hopkins University as a pre-med student. Lana's dress is a ballroom style gown of light peach French satin. The cap sleeves are extended with bows. Lorna placed third at the 1995 10th Annual Invitational California Kempthorne. She was named to the San Jose City Council Youth Commission in October 1994 by then Councilwoman Blanca Alvarado.

00:44:02:29 - 00:44:22:02

Speaker 7

She works with the San Jose Youth Advocacy Project, a program that educates youth about the dangers of drug and alcohol use. After graduating from medical school, Lorna plans to return to California and open a medical clinic in East San Jose.

00:44:22:04 - 00:44:26:13

Unknown

Good evening. At this time, I'd like to take a moment to.

00:44:26:13 - 00:44:36:28

Speaker 3

Thank all of you for this evening. Possible the honorable judges, Her Majesty the Queen, and all the members of the American GI forum. I'd also like to say that.

00:44:36:28 - 00:44:39:04

Speaker 2

While it is a great honor to be in.

00:44:39:06 - 00:44:49:12

Speaker 3

California, here I speak from Queen. It's also important that regardless of who games that are tonight, we all continue reaching for our goals and serving our community.

00:44:49:15 - 00:45:03:17

Speaker 2

Success in life is, in my opinion, easily related to the functioning of an automobile. Three very important components are essential to protect the whole.

00:45:03:19 - 00:45:27:11

Speaker 2

The first can be the turning of the key or to support and love of one's family. In both, this is a critical first step towards success. Next comes the motor or the determination and self-motivation. This is the most

imperative constituent of success. And finally, the inexplicable cohesion of the entire car is much like the care and support of one's community.

00:45:27:17 - 00:45:50:27

Speaker 2

Unless everything and everyone works together, the success is placed in great danger. Supporting one's family, whether monetary or emotional, is the greatest gift. A gift a person can receive when one is off. When one's family offers their support, they are not only offering a monetary thing, they're offering the love and encouragement necessary for a person to continue pursuing their goals.

00:45:51:00 - 00:46:14:10

Speaker 2

This is very important, especially when one is facing a daunting task. Throughout my entire life, I have had the full support of my family, my mother and father and aid encourage me in all that I've done. Even my mother was financially unable to provide me with many worldly possessions. She always provided me with the invaluable encouragement I needed to continue pursuing my dream of becoming a pediatrician.

00:46:14:12 - 00:46:46:09

Speaker 2

I feel that the encouragement one receives from their family provides them with the motivation necessary for them to succeed. Termination is a second component necessary for success in life. Determination is defined by Webster's Dictionary as firmness of purpose. However, I prefer to use my great grandmother's definition is having the desire to do something and then doing it. Termination is the driving force behind all successful people is what motivates them to put in long, hard hours of work and study until they accomplish their goals.

00:46:46:11 - 00:47:09:22

Speaker 2

Resolve in the face of adversity is a trait that the founder of the American G.I. forum, Doctor Hector Garcia, possessed. He overcame many trials on his way to becoming a doctor. Not only did he overcome the financial obstacles he faced, he overcame the racism that was prevalent in the United States at the time he attended college. Determination, tenacity, stick to illness and hard work.

00:47:09:24 - 00:47:36:11

Speaker 2

These are traits that Doctor Hector Garcia possessed, and they're the traits that made him successful. We must continue to teach our children these traits, for oftentimes they are the factors that determine whether a person will succeed or not. In addition to support from one's family and determination, support from one's community is also very important. Today, my generation has many more, many more opportunities in the generations that came before us.

00:47:36:14 - 00:47:53:23

Speaker 2

This is due to the fact that we are benefiting from the hard labors of our parents and our grandparents. I'm forefathers for a long, hard battle to improve the quality of life for Mexican Americans and to provide the generations that came after them with more opportunities to further their education.

00:47:53:25 - 00:47:54:28

Speaker 1

Today, they continue to.

00:47:54:28 - 00:48:20:16

Speaker 2

Work individually and through numerous community service organizations. The American GI forum is one such organization, and through its members, hard work and commitment to education and community service, has become a driving force in many of our communities. By providing deserving students with scholarships and tirelessly working to improve their communities. Members of the GI form demonstrate their generosity and dedication every day.

00:48:20:18 - 00:48:48:15

Speaker 2

I have experienced this generation firsthand. Thanks to the scholarship I received from the East Valley chapter of the GI forum, and being able to attend college this summer, in the future, I hope to continue this tradition of community involvement and generosity, rectifying the members of my community with low cost medical care. In short, support for one's family determination can be a great things when they stand alone.

00:48:48:18 - 00:49:04:06

Speaker 2

However, when they are combined, they form a powerful triad with the ability to influence people and motivate them towards their goals. Thank you.

00:49:04:08 - 00:49:08:22

Speaker 7

And.

00:49:08:25 - 00:49:12:09

Speaker 7

Thank you Lana.

00:49:12:12 - 00:49:26:18

Speaker 7

Miss Gloria. Luiz. Fausto.

00:49:26:21 - 00:49:51:18

Speaker 7

Gloria is the daughter of Head Out on Gloria Firestone. She will be attending Sacramento State University as a freshman majoring in international relations with a minor in politics. Gloria Stress is a chef design of soft pink rayon. The bodice is accented with delicate lace and metallic ornament. The Spanish style design of her dress is complemented with a white shawl.

00:49:51:20 - 00:50:10:27

Speaker 7

Glorious ambition is to obtain her master's degree in international relations and to travel.

00:50:10:29 - 00:50:12:02

Speaker 3

There we go.

00:50:12:05 - 00:50:43:11

Speaker 2

Good evening, ladies and gentlemen, honorable judges, distinguished guests, members of the GI forum and Your Majesty. Maria, you once said, and I quote, the prophet speaks of his own experiences. He never cites a book. End quote. Today, I'm here to speak to you of my own experiences, my own life, the Hispanic life objective, to give everyone here a better understanding of the lives of my people, your people, because we live in this country and thus are part of the society.

00:50:43:13 - 00:51:02:23

Speaker 2

Living conditions, struggles to adapt to new culture. We're holding on to an old and the bitter reality of long search for success, which 1st May never attain from the life of the Hispanic. I'm one of those in search of a better life, a journey in which at times I stumble and fall over rocks. Those rocks are those who surround me.

00:51:02:29 - 00:51:25:09

Speaker 2

Unfortunately, my most important people, my family. Simply because to them work is more important than education. Who can really blame them? We need to let education become secondary. If your first morning worry was to wonder if you have enough money to feed and shelter your family. Chicanos, Latinos, Hispanics, Mexican Americans, whatever you wish to label us we have been living in.

00:51:25:11 - 00:51:43:20

Speaker 2

We have been working in the fields and factories, expecting nothing more but enough money to feed and shelter our families. Two times may have changed, but the change has been too small. We dream of success and being part of the accepted society, but we face a continuous battle while we stand between the soil and the wall. On one side.

00:51:43:26 - 00:52:05:27

Speaker 2

Our parents, for their previous lives, deprive them of the opportunity and knowledge. On the other side, our dreams and goals. So I ask myself, how do I fight against those who gave me life while battling for my own dreams and success? Those few who have the strength will succeed, but the rest and largest group will be. We'll need the help of the strong.

00:52:05:29 - 00:52:28:18

Speaker 2

Ladies and gentlemen, it is not about society of martyrs, for I believe. Louis L'Amour, when he says, and I quote up to a point in a person's life shaped by environment, heredity, movement and changes in his or her world, then there comes a time when it lies within his or her grasp to shape the clay of the story thing he or she wishes it to be.

00:52:28:21 - 00:52:55:10

Speaker 2

Only the weak blame their parents, the race, the times, the lack of fortunes or quirks of fate. Everyone has it within his or herself to say this I am today that I shall be tomorrow, to wish, however, must be implemented by deeds in the clutch. You see, ladies and gentlemen, this is not about society of martyrs. It's about widening perspectives and giving everyone a better understanding of the lives of the Hispanic.

00:52:55:13 - 00:53:25:00

Speaker 2

Your help and support will be the water that nurtures the seed. Today, I like to leave you in the echo of Limbaugh's words, and I quote a tube and I quote everyone has it within his or herself to say this I am today that I shall be tomorrow. Thank you very much. Which is gracias.

00:53:25:02 - 00:53:40:08

Speaker 7

Thank you. Gloria. Kristalina. Mario Vargas.

00:53:40:11 - 00:54:04:25

Speaker 7

Kristalina is the daughter of Louis and Mercy. Oh, gosh. She will attend Cal Poly San Luis Obispo as a junior majoring in business. She wants to continue her education and receive her master's degree.

Kristalina dresses a white sheep satin gown overlaid with lace. It has sheer shoulders and sleeves. The high neckline is extended and back with pearl buttons down to the waistline.

00:54:04:27 - 00:54:35:12

Speaker 7

In high school, she was very active participating in the Righetti Ballet Folklorico for two years. She served as student body vice president for the freshman and sophomore classes. Kristalina volunteered at Marian Hospital, but is especially proud of being one of two students chosen for senior athlete of the year and receiving a scholarship to play softball at Cal Poly.

00:54:35:14 - 00:55:10:19

Speaker 2

Muy Buenos Aires Damas anos. Members of the G.I. forum West with us issue might have stopped when I was ten years old. I loved softball. I still love softball. And when I was 13, I was part of the number one traveling softball team in the nation, winning the national championship with a 47 and zero record. My proudest moment was when we traveled to Kansas to win the national championship.

00:55:10:21 - 00:55:39:09

Speaker 2

I was one of the star hitters. What a moment of glory. But this moment almost never took place. There is a time when I almost didn't get to accomplish any of this. I was originally cut from the team. Go back with me to the time I was ten years old. I thought I was a good outfielder. I expected at the end of the season to play on the all star team.

00:55:39:12 - 00:56:06:26

Speaker 2

When I wasn't chosen, I was devastated. But I was determined to hold on to my love for softball and to come back even stronger. The next season, close your eyes and picture a little 12 year old girl, never without her batting glove, who not only practiced physically beyond the team schedule time, but also mentally to put myself on the starting lineup.

00:56:06:28 - 00:56:32:20

Speaker 2

I spent hours memorizing the dimensions of the field and visualizing scenarios of possible plays in my head. I made it a point to learn and practice softball as much as possible in order to play on the All-Star team. The following year, I spent hours at the batting cages after practice with the few dollars I had, rather than at the mall.

00:56:32:22 - 00:57:08:16

Speaker 2

I made the team. I went to nationals three times and will now play on Cal Poly team. My coach is more important, but without my family support, I couldn't have overcome the cultural stigma of my Hispanic background and even Anglo culture. Girls don't play ball. I learned that my grandparents, Louis and Margaret, oh gosh, Matt, when they kept saying, look at Savalas, said Sedalia, said yen.

00:57:08:18 - 00:57:33:19

Speaker 2

What is we're doing is worth doing right? There were times I felt all the effort and time I put into learning the game simply wasn't worth it. I missed my first dance in junior high because I was involved in a tournament that weekend. Now that I have made the team and I'm an all star player, other opportunities have opened up to me.

00:57:33:21 - 00:58:09:28

Speaker 2

I traveled to Kansas and Georgia to compete against the top teams in the nation, and this attracted college scouts from around California. But more important, I learned that to attain my goals, I must believe in myself and my abilities, and I must work hard. I can't rely on luck. Neither can today's nor the past. Great minority players. But today and all the great Hispanic players, their success comes from hard work, not luck.

00:58:10:01 - 00:58:41:02

Speaker 2

Because what I have been through for my initial disappointment in sports to setting and reaching my goals, I will take what I have learned and share it with others, especially Hispanic children. My goal is to become an athletic coach. I've had to take my skills and experiences and teach others what I have been taught not necessarily to win, but to instill an attitude that with focus and hard work.

00:58:41:05 - 00:58:56:16

Speaker 2

If you really believe in something, you can attain Eugene, your career dreams which you see much?
Gracias. Enjoy your evening.

00:58:56:19 - 00:59:10:10

Speaker 7

Thank you. Selena. You. Sonia Cifuentes.

00:59:10:12 - 00:59:37:02

Speaker 7

Sonia is the daughter of Marcial and Margarita Cifuentes. She is a graduate of Andrew Hill High School and will be attending college in the fall. As a freshman, majoring in political science and English. Sonja's dress is a design of emerald green satin crepe. The neckline design is off the shoulder with a shiny satin bow. Sonya is especially proud of being the only youth in San Jose selected by the mayor to be the citywide.