

Memorandum

To : Angela Lazarow, R.N., B.S.
Executive Assistant

Date : September 11, 1986

Subject :

Telephone: ATSS ()
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From : Richard D Culbert, P.N.E.D. *RDC*
Director
Psychiatric Technician Program

Informational History of CSH PTT Program

- I. Psychiatric Technician Program accredited by Board of Vocational Nurse and Psychiatric Technician Examiners (BVNPTE) 3-1-67 and made retro active to 8-29-66.
 - A. Total curriculum: Lecture / Clinical

Nursing Science 390 hrs / 869

Psych Nursing $\frac{126}{516} \text{ hrs} / \frac{270}{1139} \text{ Total}$
 - B. Theory classes were tonight at Ventura College.
 - C. Clinical practicum was primarily done at CSH.
 - D. Program Director was Juliette Lee, R.N., M.A.
- II. First official class started back at CSH was 1-15-73 with a class of 45 students.
 - A. One class per year.
- III. Classes have continued to be based at CSH since 1973.
 - A. Currently program admits two classes per year.
 - B. Total curriculum: Lecture / Clinical
Nursing Science 216 / 272

Behavioral Science $\frac{378}{594} / \frac{756}{1028}$

**CAMARILLO STATE HOSPITAL
PSYCHIATRIC TECHNICIAN PROGRAM**

Camarillo State Hospital Psychiatric Technician Training consists of 1,622 hours of academic and clinical learning experiences. Students will be in class about 35 hours per week. Courses are taken at Camarillo State Hospital concurrently with supervised clinical experience on selected hospital units and in other community agencies. The curriculum of the 48 week program earns 48 college credits through Ventura College leading to an A.S. degree in Psychiatric Technology. The program is accredited by the California Board of Vocational Nurse and Psychiatric Technician Examiners. Completion of the program provides eligibility for taking the State Board Licensing Examination for Psychiatric Technician. The training program will be accomplished in two 18 week semesters and one 12 week summer session (one full year).

One-third of the basic curriculum hours are devoted to nursing science courses. The remaining two-thirds of the program is given to courses in the behavioral sciences. The graduate of this program is a generalist who can function in a variety of settings serving the mentally disabled and the developmentally disabled.

The nursing courses prepare the student to perform nursing functions of daily hygiene, maintenance of optimal body function and protection from accidents. They also prepare students to perform prescribed therapeutic measures using the principles of medical and surgical asepsis. This includes administering medication both orally and parenterally. The student also learns how to observe, report and record significant behavior and other physical changes and reactions. Their clinical experiences are involved with children, adults and geriatric patients. To provide more effective service for their patients they are familiar with health services and resources in the local area.

Behavioral science courses provide the student with the knowledge, skills and attitudes needed to create a change in nonfunctional behavior in the mentally disabled and developmentally disabled. The courses are designed to give an understanding of normal and abnormal emotional, intellectual and physical growth and development, personal adjustment and mental health, and of both normal and abnormal behavior. Emphasis is on an understanding of the self and of groups, and of the processes which affect their development. It includes an understanding of the concepts of family and community life and knowledge of community agencies and resources. The student learns how to apply this knowledge in providing therapeutic and rehabilitative services.

The psychiatric technician student works in a variety of programs that include mentally disturbed and retarded of all age groups, individuals with alcohol and other drug problems, and individuals with acute or chronic mental disorders. Students engage in behavior modification programs, activity programs, group therapy, sensory and motor development programs, remotivation and resocialization programs, and implements the principles of the therapeutic community to create a physical, social and psychological environment that aids the return of the patient, resident or client to the community.