

Mic'd up:
Rowdy's hosts karaoke
night. **Page 4**

Fashion game strong:
Options for men going to
an interview. **Page 5**

We're talking baseball:
Team looks to return to
winning ways. **Page 6**

The Runner

California State University, Bakersfield

Feb. 4, 2015

Vol. 40, No. 12

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ARTS

Opera scenes dazzle at Doré Theatre

By Ileana Angulo
Senior Reporter

The one-day spectacular, An Evening of Opera Scenes, took place Friday in the Doré Theatre at California State University, Bakersfield.

The opera was put together by music students, theatre students and CSUB alumni. The program consisted of five opera scenes composed by Mozart, Sondheim, Delibes, Fledermaus, Strauss and Heggie.

This performance is an annual tradition. The music department also holds a full production every three years.

Chosen by music director and pianist Soo-Yeon Park Chang, the musical pieces were selected based on the capabilities of her students.

"They must be ready vocally, musically and psychologically," said Chang. The cast practiced extensively to adequately sing in a high soprano.

The final performance was months in the making.

"Dr. Chang picks music in the summer and performers learn the music during fall quarter. I come in during winter break, and in the month of January we put it all together," said Peggy sears, the stage director. "Students practiced every Tuesday and Thursday."

While some students were enrolled in the music class and received one unit of credit, others did it simply for the love of performing.

The opera received positive reviews from spectators.

"They must be ready vocally, musically and psychologically"

Soo-Yeon Park Chang

"The opera scenes at CSUB. Wow, I am just in awe. Overall the best night of music I have had in a long time," read Jacob Brown's Facebook post. He is a senior theater major.

Backstage during rehearsal performers emphasized the importance of an engaging audience.

"We'll perform way better if the audience is responding," said Kristine Falls, a cast member and alumna who graduated in 2013.

According to Lawrence Lyons, he has a method for overcoming stage fright when performing in front of a massive audience. "I get into performance mode. I love to make eye contact. I like to see who's there, and I like to see if the audience is responding."



Above Left: Tori Carrillo (left) and Katherine Kiouses (right) recreate another one of their parts from "Flower Duet."

Above Right: Elizabeth Provencio strikes another pose for her part in "Die Fledermaus."

Above: Kristen Falls (left) plays as Fiordiligi, and Maritza Osornia (right), plays as Dorabella, giving each other a pinky promise as they rebuild a scene from "Cosi fan tutte."

Photos by
Eric Garza/The Runner



CAMPUS

New office building to bring parking

By Michael Wafford
Multimedia Editor

A partnership between CSU Bakersfield and Gregory D. Bynum and Associates for the University Office Park has been approved.

The 61,300 square-foot project first phase of the project will cost \$10.4 million according to a press release issued by CSUB.

Split into multiple phases, Phase I include an office facility on 4.3 acres with 253 parking spaces.

"We are very pleased that the Board of Trustees has approved this project which received conceptual approval from the Board in 2006, but did not move forward because of the downturn in the economy. I am very pleased that Greg Bynum and Associates has been willing to work with us on the project now that the economy is recovering," said CSUB President Horace Mitchell, in an email.

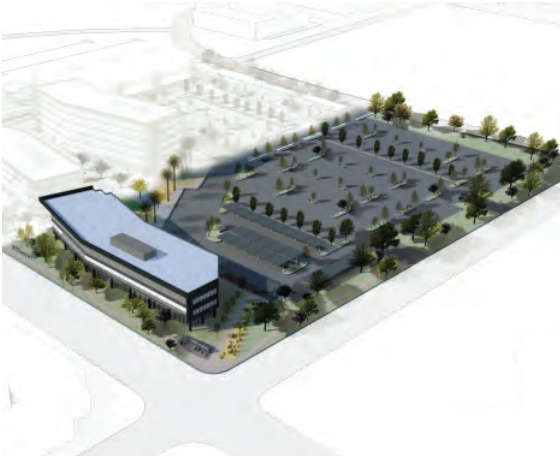
The project, is being fully financed by the developer of the project.

A long-term lease agreement will get CSUB \$131,000 annually for the first 10 years for Phase I.

The second phase of the project till include two office buildings, 591 parking spaces and a 315-space parking structure. This second phase will total 220,700 square feet.

Phase II will provide \$212,000 annually during its first 10 years.

"The long-term intent of this project is to provide high quality office space on the university campus that will promote and encourage direct involvement for the business community with administration, students and faculty. This collaboration will allow for student internships, potential research collaboration, employment of graduates, and income for the university's educational mission," said Greg Bynum, of Bynum and Associates.



Artist rendering courtesy of CSUB Public Affairs
The first phase of this project will cost \$10.4 million, and includes 253 parking spaces.

HEALTH

CSUB takes measures to prevent measles outbreak on campus

By Robin Gracia
Opinion Editor

Disneyland is the happiest place on earth – if you're immunized, that is. A recent outbreak of the measles has been traced to the California theme park, infecting numerous men, women and children. The U.S. Centers for Disease Control and Prevention confirmed that 68 people from 11 states have reported having the measles as of Jan. 23.

In 2000, the CDC documented the measles as an "eliminated" disease. The number of cases, however, has been rising. The spread of the illness has been largely attributed to the anti-vaccination movement, where individuals choose whether or not to partake in being immunized from various diseases.

This is the second outbreak of measles in California within the past year. According to a CBS news report, there were twenty-one cases of the measles reported in Orange County in March of 2014, which hospitalized seven.

Fears of infection bolstered in Bakersfield when Kern County Public Health officials announced that a person who was diagnosed with the measles recently visited a McDonald's restaurant in Delano on Jan. 25. While some people are nervous about contracting the illness, others are more cavalier.

"I think people are getting all worked up over nothing," said Kayla Calvillo, a 19-year-old CSUB student. "If you got the shot and you're immune, you're going to be okay. If you don't have it, just go get one, and you'll be okay. What's the big deal?"

According to CDC.gov, there is no federal law in place that

California is one of 19 states that allows for students to skip vaccines due to philosophical objections.

requires vaccinations. However, "all 50 states require certain vaccinations for children entering public schools. Depending on the state, children must be vaccinated against some or all of the following diseases: mumps, measles, rubella, diphtheria, pertussis, tetanus, and polio."

As with any requirement, there are exceptions.

"There are religious waivers and medical exemptions," said Erika Delamar, assistant director of health services at CSUB. "Physician's notes are required for medical exemptions. For example, someone undergoing chemotherapy isn't going to get the vaccine."

Delamar went on to say that CSUB does require a history of

immunization to attend, and a hold will be placed on the record of an individual who is not vaccinated without a waiver or an exemption.

The CSUB Student Health Center currently carries the measles-mumps-rubella, or MMR, vaccine. However, as Delamar puts it, "It's not a cheap vaccine."

The MMR vaccine costs \$65, a one-dollar difference from receiving the vaccine from the Public Health Department for \$64.


"We are selling it at-cost," said Delamar. "I know it's steep, I was a student once too. But the cost of prevention is much less than the cost of treatment."

Whether or not to vaccinate against potentially harmful diseases has become a hot-button issue in current years. Students in certain California schools have recently been given some interesting news: get immunized, or go home.

According to a Jan. 28 report from USA Today, 66 high school students from Palm Desert High in Riverside County were informed they needed to avoid classes until they can provide record of immunization. It remains unclear why the students were not immunized, but California is one of 19 states that allows for students to skip vaccines due to philosophical objections.

See MEASLES, Page 3

INSIDE THIS ISSUE

Opinion	News	Features	Sports	Multimedia
Things to do on Valentine's Day. Page 2	Unregulated fee additions voted against. Page 3	Meghan Trainor impresses in debut album. Page 4	Men's basketball survives OT scare. Page 6	 Check out our videos and audio at therunneronline.com
Vaping restrictions unnecessary. Page 2	Beach volleyball court dedicated. Page 3	Professor brings more film studies. Page 5	Women's basketball mounts comeback vs Seattle. Page 6	

Volume XL, Issue 12
THE RUNNER

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The Runner is a laboratory newspaper published weekly, in conjunction with the Communications Department at California State University, Bakersfield. The Runner believes all advertising to be correct but cannot guarantee its accuracy or be responsible for its outcome.

LETTERS TO THE EDITOR
Send letters to runner@csub.edu. All letters must be signed and verified and be no more than 300 words in length. Letters may be edited for clarity and length.







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RUNNER ON THE STREET

This week, The Runner asked, “Do you believe in getting vaccinations? Why or why not?”

By AJ Alvarado and Josh Bennett

	<p>“Yes, it’s important for people to get vaccinated so they can stay up to date and not affect others.”</p> <p>Arieon Molina Engineering</p>		<p>“Yes, because when we didn’t have vaccines, life expectancy wasn’t long. When they came out, it went up.”</p> <p>Andres Sotelo Bio Chemistry</p>		<p>“Not really, we’re forced to take them. Isn’t the vaccine injecting you with the disease to get you sick just to get it out?”</p> <p>Asia Rankin Kinesiology</p>
	<p>“I got a vaccination this year and I’m getting over the flu. I don’t believe in them much anymore.”</p> <p>Teo Chiesa Psychology</p>		<p>“Yes, I believe in vaccines. Some parents think it’s a choice but it’s not fair to other children.”</p> <p>Brittney Watkins Psychology</p>		<p>“Yes, if it’s for a severe need for a health care cause. But for the general public, not necessarily.”</p> <p>Nathan Green Art</p>

Get creative for your Valentine (or for yourself)

By Richard Garibay
Assistant Opinion Editor

Valentine’s day is approaching fast this year, and many people are scrambling to figure out what they’re going to be doing for their significant other, or for themselves.

Here are just a few suggestions of things to do with someone, by yourself, or as a group.

For The Single

- 1. Drown out your sorrows**
I don’t mean a beer with lunch or a glass of wine, I’m talking a good-sized bottle of something upwards of 80 proof.
Make Charlie Sheen’s New Year’s look like Betty White’s Wednesday afternoon.
Start drinking at 5 p.m. on Feb. 13, and you drink as much alcohol as your liver will allow.

- 2. Dinner for one**
Stick it to society’s definition of what this day should be and

do what all couples do... except alone.

Call that fancy restaurant and make a rez for one. Get a whole box of chocolates for just you. Embrace loneliness in a way that very few have the courage to do.

- 3. Take to social media**
Many people like to use social media to emphasize their single status.
If you’re a lonely guy you can use the tried and true route of “Proud to be single because women pick douche bags over good guys like me.”
If you’re a single woman, you obviously want the “I don’t need a man” angle.

- 4. The “couple’s experience” for one**
If you really want to experience what the day of love would be like if you were in a relationship, try this:
Take all the money you have and set it on fire.



Image from withhands.com
Valentine’s can bring out the best or the worst in all of us.

For The Couples

- 1. Post pictures:**
Post photos of you and your love on social media so you can one-up your couple friends, and make your single friends even sadder.
Bonus points if your smiles can convince me that you didn’t try 15 times before to get the right look.

- 2. Get away**
...from each other. Mix things up and give your loved one a break from your overbearing self.
Pay for a day of relaxation so they can put up with you until next year.
Buy them and one of their friends some movie tickets, a spa day, or maybe some pure Colombian cocaine.

- 3. Swing**
Find another willing couple and maybe trade partners.
It’s a great way to spice up a dulling relationship, plus, after spending a romantic day with a total stranger, you’ll remember why you love your better half.
Win-win. If you need help with this just go to Craigslist, print out your choice of the couples seeking couples ads and present it to your lover.

- And last but not least... Fast forward**
Look into your boyfriend or girlfriend’s eyes and either propose to or break up with them because those are the only two ways it’ll end.
Cut out the years of stress and really decide which it’ll be.
I highly encourage the women reading this article to show their boyfriends this and ask them which it’ll be.

E-cigarettes a good alternative to smoking the real thing

By Anthony Jauregui
Senior Reporter

In recent months, vaping has grown increasing popular among a wide variety of users, marijuana wax included, all over the country. Vaping, a close cousin of the typical cigarette, heats liquid nicotine with not as much of the tar and rat poison as regular cigarettes.
On Jan. 28, the California Department of Health released a warning suggesting that “e-cigarettes emit cancer-causing

chemicals and get users hooked on nicotine.”
Formaldehyde and aerosol are among the chemicals swept into the air. Exposure is implied after prolonged inhalation, not after a single slug.
A recent article released by the Associated Press suggests that, “A state senator introduced legislation this week that would regulate e-cigarettes as tobacco products and ban their use in public places such as hospitals, bars and schools. A similar bill was defeated last year over

opposition from tobacco companies.”
Vaping continues to grow rapidly along many age groups as well. A grave concern about this product is that it appeals to young children because it offers a wide variety of succulent flavors like peaches and cream and orange dreamsicle.
Child deaths from the consumption of liquid nicotine rose from “seven to 154 in 2012” according to the Associated Press.
In recent ploys to target parents, many anti e-cigarette crusaders suggest that flavoring of tobacco products or vaping products appeal to kids.
Another argument against vaping is that it leads to the smoking of actual cigarettes, the prolonged use ones that cause cancer and high blood pressure. It doesn’t take a scientist to know

that cigarettes smell like crap, so why would people make a jump to smoking actual cigarettes when vaping essentially gives you the nicotine kick that you want and or need?
They wouldn’t. Unless they didn’t like the nicotine levels ingested with the vaping products.
A plus side to vaping is that it helps chronic smokers substitute cigarettes with the obvious less harmless side effects of e-cigarettes.
In a recent “Mike and Dr. Drew from Loveline” podcast, episode 93 featured the CEO of Craft Vapery, Josh Krane who discussed the benefits of vaping, which helped him quit smoking two packs of cigarettes daily.
“For me, its not only a way to scratch the itch for the nicotine it keeps me from eating, it satis-

fies something larger than I was getting with just cigarettes alone,” said Krane in the podcast.
My beef isn’t with vaping itself, but the fact that California wants to ban vaping in public places just because there are assumptions that it might cause cancer and kill you. Or that your kids might like it because it’s flavored like the cereal they eat, which is probably worse for them.
I’d rather have this next generation addicted to vaping than cigarettes.
The effects of vaping are inconclusive, but our government insists on assuming that kids will get hooked, and I say “so what?”
I’d rather have them suck back some pina colada than rat poison any day of the week.

EDITORIAL
CSUB in need of entertainment

By The Runner Staff

When I was browsing various social media outlets over the weekend, I noticed that there were campuses in the CSU system that were promoting concerts and other fun events on their campuses that rarely, if at all, come to CSUB.
For example, San Jose State is hosting Dada Life, Morgan Page and Luminox in March at their campus for The Dada Land Compound San Jose.
In 2014, CSU Fullerton welcomed Waka Flocka Flame for their Spring Concert. CSU Chico also has comedians and other popular musicians on their event schedule such as Purple Rain, a tribute to Prince, on Feb. 21 and The Pink Floyd Experience in April.
The CSUB schedule is full of guest speakers such as the Dominoes Chief Executive Officer J. Patrick Doyle, established musicians, and student

performances, just like every other school.
The difference, however, is that CSUB rarely has a fun concert from a famous performer or comedian on campus for the students to enjoy. Many students have the same routine of only coming to campus for class, with the occasional pit stop for one of these speakers or a game. Any entertainment requires a two-hour drive north to Fresno, or a two-hour drive south to Los Angeles. The lack of entertainment options in Bakersfield is troubling, and CSUB can be that hub not only for the students, but for the community as well.
The city itself has enough country music concerts or Latin music concerts, and the appearance by a current popular star happens once in a blue moon, such as the upcoming Pitbull and Enrique Iglesias concert, but that still falls under the Latin music category.

Clearly, hosting these famous musicians is costly, but there are also popular musicians who are underground, or indie, and are still popular within the masses and do not cost nearly as much. Instead of them performing at bars, like Jerry’s Pizza and B Ryders, CSUB should be willing to host these bands on campus, to give the students something to look forward to and boost their morale.
CSUB had no problem spending over \$26,000 on water refilling stations throughout campus. While these stations are useful and help save water, they do not really boost the morale for the students or create an exciting atmosphere.
If CSUB wants to truly shed its status as a “commuter campus,” they can start here and promote events that will make the current students want to remain here throughout their college careers.



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Student Fees Rejected

CSU board votes against unregulated fee additions

By Kennedy Thomas
Senior Reporter

Last week, the California State University board of trustees voted to strike down current rules regarding student success fees.

On Jan. 28, the board of trustees required all such student success fees to be subject to vote by students after campuses which wish to enact them conduct informational campaigns for students regarding the costs, the Los Angeles Times reports.

The fees are charged at 12 of the 23 CSU campuses throughout the state. They are known as category II fees, which are mandatory fees “that must be paid by a student to enroll or attend a campus of the CSU, as determined by that campus or the Chancellor of the CSU,” according to a 2014 CSU board of trustees presentation from September 2014.

California State University, Bakersfield is not among the 12 CSU campuses listed to have enacted the student success fees, but does charge category II campus-based fees such as a health facility fee, a photo ID fee, and an Associated Students, Inc. fee.

Combined with four additional campus-based fees, the total additional cost of attendance to

CSUB is \$1,318. When added to the university’s yearly tuition fee for full-time students of \$5,472, the total cost of attendance is \$6,790.

ASI Vice President of External Affairs Ricardo Perez said that although the new rules regarding student success fees don’t directly affect CSUB as of now, they do ensure students have a choice in the matter should such fees be proposed in the future.

“I support student success fees when students are in support of student success fees,” he said, in response to whether he felt the fees were justified.

Perez specified that in general, he felt the costs covered by student success fees at other universities should be covered by the state and not passed on to students, but supported the idea of giving students choice in the matter.

In theory, ASI could present future student success fees on behalf of students, or the fees could come from school admin-

“I support student success fees when students are in support of student success fees.”

Ricardo Perez

istrators, Perez said.

However they are proposed, the recent decision from the CSU board of trustees would require students to vote on and approve the fees.

Critics of the student success fees say they were originally created by some CSU campuses in order to combat the tuition freeze enacted by Governor Jerry Brown intended to last until the 2016-17 fiscal year, allowing campuses to charge for services that would, or should, normally be included in tuition.

When asked if he thought current category II campus-based fees charged at CSUB were dissimilar to the previous arbitrary charges of student success fees present on other campuses, Perez said it was different, because every campus-based fee was approved by CSUB students.

He said he did not think students should be exempt for campus-based fees they do not personally utilize, saying that maintaining the school’s programs and services is a group effort.

“I think, collectively, as a university, we’re admitted to this institution,” Perez said. “We’re enrolled, so I think, like everyone else in the past has, we all pay a fee.”

Campus beach volleyball complex dedicated to longtime supporters

By Esteban Ramirez
Sports Editor

CSU Bakersfield will honor longtime supporters Steve and Lori Barnes by dedicating the Barnes Beach Volleyball Complex to them on March 6.

“It’s a nice addition for CSUB,” Associate Director of Athletics Karen Langston said. “There are some efficiencies and cost savings having two teams with shared coaches and some of the players do both. It’s a nice addition for us.”

According to Langston, the Barneses really wanted to help the volleyball program and specifically getting sand volleyball started. They donated all of the \$125,000 that CSUB got for the complex. They partnered with the Student Recreation Center as part of its assets that students are able to use.

“We’ve had a long relationship with him for a longtime,” Langston said.

“He has always been support-

ive of us, and he had a personal relationship with one of our coaches. You know how friends talk about their ideas for the future and it just happened to become a reality.”

She added that the Barneses specifically requested that they wanted the money to go to the

“It’s great for the Bakersfield community. Bakersfield is a big volleyball town.”

Karen Langston

sand volleyball program.

“It’s great for the Bakersfield community. Bakersfield is a big volleyball town. There are a lot of clubs and youth opportunities to play volleyball, so it’s nice to have another team to watch when our indoor team isn’t playing.”

Langston said that this is a lot more ideal and convenient for the students for them to have the complex here on campus.

“We are very excited for the Barnes Beach Volleyball Complex Dedication,” CSUB sand volleyball coach Olivia Simko said to gorunners.com.

“Steve, Lori, and the entire Barnes family have been incredibly supportive of our program since the get-go and we are thrilled that they are getting the recognition they deserve. We are so grateful for their continued support.”

Assistant Athletics Director for Communications Corey Costelloe said it was very important for CSUB.

“It just meant that we can improve on what it is already a good facility and one of the best sand volleyball facilities in the NCAA,” Costelloe said. “It’s a growing sport, so for us to have a first-class facility it helps to continue to build for the years to come.”

Students advised to vaccinate

[MEASLES, Page 1]

According to the CDC, the measles can be spread through the air and through coughing and sneezing. Symptoms can include a rash which appears all over the body, a high fever, runny nose and coughing.

It is recommended to avoid large crowds should the disease be contracted, as well as three-week quarantine. The measles can be particularly harmful to infants, children and the elderly. A severe case of the measles can be fatal.

Students are encouraged to ensure that they have received all their vaccinations since CSUB is a community with group living, dining, socializing and studying.

“We’ve been keeping an eye on it,” said

Delamar. “We are being safety minded.”

Most individuals received the first MMR shot between the ages of 12 and 15 months. The second shot is not required, but is recommended. Those who have not had several doses of the vaccine should call the Student Health Center at 661-654-2394 to make an appointment.

“This is kind of scary,” said Marco Rivera, a 24-year-old criminal justice major. “I don’t want to get sick because someone else decided they don’t need to get their shots. It’s kind of irresponsible.”

Students who are showing symptoms of the measles are highly encouraged to call the Student Health Center and ask for Kelsey Bailey, the registered nurse on staff. Health center hours are Monday through Friday, 8 a.m. to noon and from 1 p.m. until 5 p.m.

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Men: How to dress for a job interview



By Crismat Mateo
Reporter

An impressive resume is a stepping-stone into getting a call for a job interview, but it is personal presentation during the interview that lands the job, hence, the importance of attire.

Entry Level Job

Casual and relaxed dress is acceptable in an entry-level job inter



Photos by Miguel Ochoa/The Runner

Corey Groves, a senior communications major at CSUB, shows casual attire (above) and creative attire (left) for interviewing at Snead's for Men in Bakersfield.

view, but a polished and professional look leaves a lasting impression on employers. Mark Price, owner of Snead's For Men store in Bakersfield, says to "invest in a nice, blue blazer." Pairing a refined garment with casual pieces is best for an interview.

Sticking to muted colors and simple patterns is also key. A blue blazer goes well with a plethora of colors and patterns. However, for an interview, a classic-white or a blue-striped dress shirt would be perfect. Keep the look relaxed by skipping to wear a tie and wearing dressy khaki pants. As for shoes, leather loafers keeps the outfit refined.

For men who do not own a blazer, a wool sweater is an excellent alternative. It's still sleek and dressy enough to be interview-worthy. Also for an entry-level job interview, a tie is not necessary—

as long as a nice, crisp dress shirt is worn.

Creative Field

For jobs in the artistic realm, applicants may have more freedom with their interview attire. Experimenting with colors, patterns, and textures is acceptable as long as a classic clothing piece is worn as a base.

When looking for a statement piece, a dress shirt for example, it is important to keep in mind that prints are appropriate and colors are not too bright. A blazer would tone down statement pieces, but still keep it creative, fun and most importantly, professional. Stick to only one statement piece. Go with a nice print, but keep the color scheme simple.

Corporate Job

For a professional job interview, a suit is required. Navy blue and gray are great suit color options for this interview. "The idea of an interview is to make you look warm and approachable," according to Aaron Marino, founder of Alpha M Image Consulting. Therefore, avoid wearing a black suit as it is a bit more formal. Another critical element to an interview uniform is a dress shirt. White and light blue would be the ideal shirt color. Stay away from prints, with the exception of subtle patterns. Additionally, keep your tie simple—solid or stripe, and keep colors simple. Again, avoid wearing a black tie—it is too formal.

Interview Checklist

During your job interview, "you want to come across as your best self," according to Lisa Peterson, a hiring expert. So here are a few more things to keep in mind when going into an interview:

- Clean, shined shoes
- Polished hairstyle
- Clean nails
- Light cologne
- Fresh breath
- Multiple copies of resume
- Big smile and enthusiasm
- Water bottle

Students sing and perform karaoke at Rowdy's

By Kabria Dodley
Reporter

Tuesday, January 28 from 12 to 1 p.m., the Associated Students Inc. hosted a "Way Back Wednesday" karaoke hour at Rowdy's in the California State University Bakersfield Student Union.

Students were allowed to sign in upon entry if they wished to share their singing talents with those who were enjoying something to eat. ASI even previously advertised that the first ten

students who signed up and performed a song would get free food.

ASI member, Jake Williams, acted as an announcer for the hour to introduce each singer as they came on stage to perform.

After working out some minor technical difficulties, a very excited and bubbly Anabelle Aldaco took the stage. She showed that she wasn't shy at all while she sang a song of her choice. The name of the song that she chose to sing was "Silly Love Songs" by Paul

McCartney. Shortly after she began to sing, many members in the audience began to cheer and clap along to the cheerful tune.

Aldaco, 18-year-old freshmen at CSUB said, "Free food and the fact that I love karaoke" are the reasons that she decided to come to karaoke hour. "I didn't really like singing until my senior year in high school, but I'm hoping to join their choir here [at CSUB]" said Aldaco with a smile.

After Aldaco finished singing her

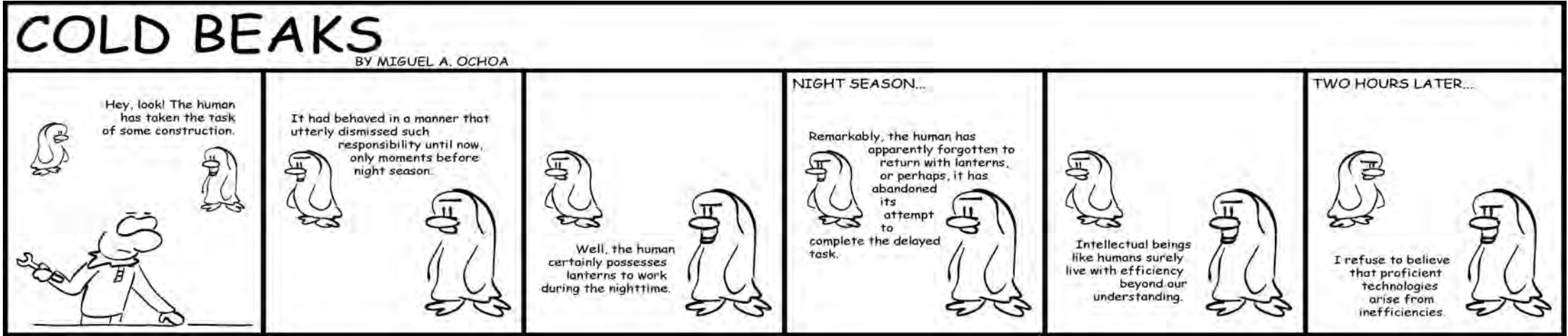
song, about six more names on the list.

The next performance was a duo of two young women. Danielle Rhines, a 22-year-old junior at CSUB and Christy Ololo, an 18-year-old freshmen. The song that they decided to sing and rap to was "Doo-Wop (That Thing)" by Lauryn Hill. Ololo sang while Rhines did the rapping parts of the song.

"I love music and I love writing lyrics since I rap," said Rhines after the duos performance.

Other song selections of the hour included "Rolling In The Deep" by Adele, "Blank Space" by Taylor Swift, "I'm Yours" by Jason Mraz, and "All Falls Down" by Kanye West.

"Karaoke hour is a chance for students to blow off some steam", says ASI member Jake Williams. "It's been demanded every quarter by students and we will be having a movie night and recycle mania coming up as well," he said.



Meghan Trainor is about more than just 'That Bass'

By Shelby Parker
Senior Columnist

Meghan Trainor released her debut album, "Title," on Jan. 9, which debuted at number one on the Billboard 200 chart. While most of her songs share a similar sound, she shows that she is able to stretch her material beyond that.

"All About That Bass" was a smart move for her first single, but that doesn't even scratch the surface of Trainor emotionally, though she does mention 'bass' multiple times in other tracks.

Whether the other songs she releases live up to the hype on the radio, only time will tell.

Although Trainor stays modern with today's music, some of her lyrics seem more traditional, as she lets us know that she is all about that respect, too. Most of the album pays homage to the '50s, with finger snapping and slow beats, like something you might hear at a sock hop or ice cream social.

Her songs "Dear Future Husband" and "What If I" instantly had me picturing her in a poodle skirt and bouffant hair, like something out of an episode of "Happy Days."

She also reminds girls that they deserve better singing about the guy who's "No Good for You" or "Mr. Almost" and the guy that was a little too good to be true, but something was still missing.

Her song "Walkashame" strays from the traditional path with lyrics, like "Well, don't act like you haven't been there/Seven a.m. with the bed head/Everyone knows it's the walkashame/My daddy knows I'm a good girl/We all make mistakes in the drunk world/ Everyone here's done the walkashame," and if you aren't listening closely, you'd forget about the subject matter with

its catchy hook.

It's a bit out there, but she definitely doesn't shy away from things that aren't typical.

"Title" has a nice balance of up-tempo beats and doo-wop-ping sounds, along with a few other slower melodies. The depth of the album, however, comes from a track called, "Like I'm Gonna Lose You," featuring John Legend.

Not only does it showcase her vocal range, but the song itself is stripped down of all the funky beats and experimentation of sounds in the background, that was featured on her previous tracks.

Trainor also lets us know she is comfortable with embracing who she is and is not afraid of what other people think. She calls it like she sees it with guys, but does it in a playful way that won't scare them away.

Overall, the album will make you feel good, will make you want to dance and remind you of your beauty and originality.

I'd say Meghan Trainor will be more than just a one-hit wonder. She just might be here to stay.



Photo from www.directlyrics.com

Meghan Trainor's debut album called "Title" was released on Jan. 9, 2015. It debuted at number one on the Billboard 200 chart.

- Shelby's Top Tracks:**
- "Lips Are Movin"
 - "Dear Future Husband"
 - "Title"
 - "What If I"
 - "No Good For You"



The Children's Center at California State University, Bakersfield is now enrolling children ages 18 months to 5 years old!

The Children's Center is dedicated to providing the highest quality developmental care for each child in a stimulating, secure and caring learning environment. The staff establishes positive personal interaction, nurturing each child's growth and education. We plan for all areas of a child's development and education: cognitive, emotional, social, creative, and physical.

The Children's Center is open from 7:00 am to 5:45 pm Monday to Friday. It offers full day care for Toddlers as well as full day and part day care for Pre-school age children.

Spaces are filling quickly! Please call 661-654-3165 or stop by the Children's Center's office located at 9001 Stockdale Hwy. near Southwest Road and Student Way at CSUB. Enrollment is open to Students, Faculty and Staff, and the Bakersfield Community.

***Subsidized funding is available for qualifying families.**

Amy Poehler shares wisdom in “Yes Please”

By Shelby Parker
Senior Columnist

Amy Poehler might be best-known for her time on Saturday Night Live or her role as political figure, Leslie Knope, on NBC’s comedy “Parks and Recreation.” In her book, “Yes Please,” the comedian shows us a different side to her. Aside from all of the crazy characters she’s played, Poehler plays her best character of all, herself.

The title of the book might sound a little peculiar, but Poehler had a specific reason for that, as it’s the motto she lives by.

“Saying ‘yes’ has gotten me a lot of places in my life. As I’ve gotten older, I’ve added the ‘please’ because I realize when you say ‘yes’ to something, it doesn’t mean you’re doing it alone. The combination of agreeing and also realizing that you’re not entitled to anything is something I wanted to convey,” Poehler said in an interview with Entertainment Weekly.

Broken into three parts: Say What You Want, Do Whatever You Like and Be Whoever You Are, Poehler explores a variety of topics with her usual wit and charisma. She discusses her days of starting out in comedy at the Upright Citizens Brigade Theater, memories of her days on SNL, and of course, “Parks and Rec.” Poehler also explores subjects that are usually off-limits but on a much lighter note, like only she could do. Not only does she go into detail about her “normal” childhood, but she discusses her divorce and having kids.

“It’s not a typical memoir, it’s essays and real and fake advice. I wanted it to feel like a scrapbook or a journal of my life so far,” Poehler also told Entertainment Weekly.

There are also plenty of fun features, such

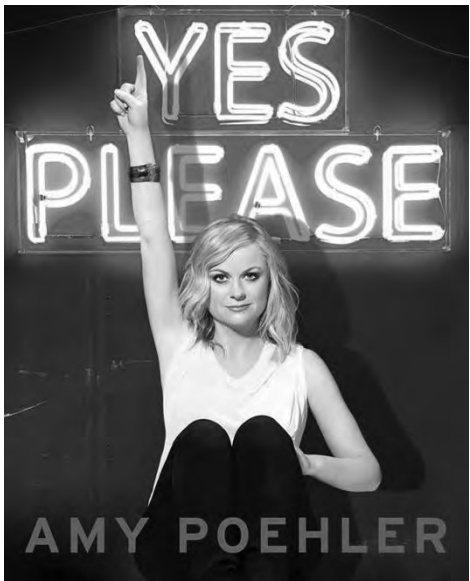


Photo from Today.com

Amy Poehler on the cover of her new book “Yes Please”

as photos through Poehler’s career and personal life, letters from her heart and brain when apologizing, a haiku about plastic surgery, an acrostic to her best friend, Tina Fey, and a short chapter written by fellow comedian, Seth Myers. All very entertaining, indeed!

“Yes Please” is perfect for the 20-something who is still trying to find their place in

life, finding their voice and learning that eventually everything will fall into place. She reminds us that it’s okay to have doubts and concerns for the future, but that should never stop you from going after the thing you want most. She teaches us from her own mistakes and how to just get back out there and not let anything stop you. But, more than that, she reminds us that we aren’t the only ones that deal with that voice inside of us who tells us that we aren’t pretty enough or smart enough.

“Unlike a lot of comedians that write memoirs, she doesn’t shy away from writing about her life struggles, like losing baby weight, her divorce, and even writing the book itself. It’s refreshing,” said Twitter fan, Kayleigh Dill. “Also, it’s great to read about the behind-the-scenes moments on SNL, especially since I grew up watching her every Saturday.”

As a huge fan of Poehler, I enjoyed getting a small peek inside her world. However, I was a bit disappointed at times. It felt as though she was trying too hard, and maybe that was just part of the humor, but to me, it fell short. She’s known for being a strong woman in Hollywood and paving a way for younger girls, especially with her organization and website, Smart Girls at the Party. I wish she would have used the book as more of a platform for that. Having said that, there are plenty of lessons, and great one-liners, to use as motivation to keep going and continue to dream big. I still loved it, and encourage any fan of Amy’s to read it.

English professor opens doors for film at CSUB

By Heather Hoelscher
Features Editor

Dr. Gregory Miller is an inspiring teacher of film and English at California State University, Bakersfield. His passion for film started at a young age and has carried over into his career.

During his time at San Diego State University as an instructor, he received his Masters of Art degree. This is where he began his teaching career. Miller got his Ph.D. in English at University of California, Davis

Later he was awarded a Fulbright, a scholarship program, where he taught Film Studies at the University of

Lodz in Poland.

And in 2009 he began teaching film studies, literature, and composition at CSUB.

Miller’s passion for films started when he was ten years old. “I started checking out 16 millimeter films from the library and screening them at home on my wall. I was especially fascinated by silent comedies and horror movies from the 1930s. Watching Rosemary’s Baby--earlier than I should have, no doubt!—I started noticing how a film’s style and content are interrelated,” he said.

His favorite directors are Claire Denis, a French Director, and Abbas Kiarostami, an Iranian Director. His favorite

movies include: “The Third Man, City Lights, To Be or Not to Be (1942), Cleo from 5 to 7, Providence, Tokyo Story, Aguirre the Wrath of God, The Exterminating Angel, Au Hasard Balthazar, Killer of Sheep, The Long Goodbye, Ran, Moolaade, Vivre Sa Vie, The Seventh Seal, The Music Room, Decalogue, Annie Hall, Close-up, Beau Travail,” he said.

Film studies has come a long way since he started working here. CSUB now has a more extensive DVD collection available in the library. And it is becoming a more popular subject. Film studies can now be chosen as an emphasis for

English majors.

“ENGL 368 (Special Topics in Film Studies) will regularly change topics; students can take it twice as long as the topic is different. There is also new Intro to Film Studies course that will likely start next year—this is cross-listed as both COMM and ENGL.”

Students who come to CSUB can also choose to specialize in Film studies through the Interdisciplinary Studies major. See www.csub.edu/interdisciplinary. Showing film study classes.

According to Miller students who will be transitioning into the semester system will likely see more film studies classes.

WHAT’S HAPPENING?

FEB 4	Learn Something New! – Fine Arts room 201 at 12 p.m. Internship and Volunteer Fair – Students will come to attend the fair to discuss internships at the student union multi-purpose room 125 from 3–5 p.m. Screening of The Future of Energy – The Environmental Leadership Program presents a screening of The Future of Energy in the Student Union Multi-Purpose Room 125 from 7:20 to 8:40 p.m. Feb 02–13 Academic Advising for continuing students (for Spring Quarter)
FEB 5	Runner Rally – Runner Rally for Men's Basketball at Powder 8 at 5:30 p.m. Men's Basketball vs. Utah Valley – Icardo Center 7pm Guitar Art Series Presents: Amor Baranov – 2013 Guitar Foundation of America International Concert Artist Competition Winner, Dora Theatre 7:30 p.m.
FEB 7	Men's Basketball vs. Grand Canyon – Icardo Center 7:30 p.m.
FEB 9	Start of registration for continuing students (for Spring Quarter)
FEB 10	Student Union DJ Spin-Off
FEB 12	Women's Basketball vs. Texas-Pan American – Icardo Center 7 p.m. Blowin' Bag Discussion in Student Union Multi-Purpose Room

Calendar sponsored by CSUB Office of Student Affairs, School of Arts and Humanities, and Walter Stern Library. If you would like your event to appear in this calendar, contact runner@csub.edu.

Homecoming '15

Schedule of Events

CAMPUS PROGRAMMING

SATURDAY, FEB. 14

Women's Basketball vs. New Mexico State
1:00 p.m. | Icardo Center

Baseball Game vs. Creighton
6:00 p.m. | Hardt Field

MONDAY FEB. 16

Campus Clean-Up
12:00 p.m. - 1:00 p.m.
Runner Park
(Led by Homecoming Court Candidates, all faculty, staff, students, alumni are invited to participate in cleaning house! Wear your blue & gold, and show your school spirit!)

Homecoming Kick-Off
1:00 p.m. - 2:00 p.m.
Runner Patio
(Meet your homecoming court candidates; BBQ; DJ.)

TUESDAY & WEDNESDAY FEB. 17 - 18

Vote for Homecoming Court
9:00 a.m. - 9:00 p.m. | Student Union
(Vote for your homecoming court at the Student Union.)

THURSDAY FEB. 19

Runner Rally
5:30 p.m. - 6:30 p.m.
Runner Cafe
(Pre-game party for students.)

#CSUBHOMECOMING15
#CSUBGOODTOBEHOME

Men's Basketball vs. Chicago State
7:00 p.m. | Icardo Center
(Freshman, Sophomore, and Junior homecoming court winners will be announced during half-time. Top two Senior finalists for King/Queen will also be announced!)

Campus Spirit Day
All Day
(Wear your blue & gold/CSUB attire and show your Runner spirit! Spirit scouts will be searching the campus and giving away prizes to those showing the most school spirit!)

Outstanding Alumni Ceremony
12:00 p.m. | Solario, SRC
(Celebrate alumni from each school and hear about their journey from CSUB to career.)

Baseball Game vs. N. Kentucky
6:00 p.m. | Hardt Field

FRIDAY FEB. 20

SATURDAY FEB. 21

Baseball Game vs. N. Kentucky
12:30 p.m. | Hardt Field

Homecoming Pre-Game BBQ
2:30 p.m. - 4:30 p.m.
Lawn between Sci. III & Health Center
(Fun activities, free food, and drinks.)

Homecoming Men's Basketball Game vs. Kansas City
7:00 p.m. | Icardo Center


(FREE for CSUB students. Homecoming court winners will be crowned during half-time!)

Homecoming Dance
9:00 p.m.—1:00 a.m.
Westchester Hall
2081 F. Street, Downtown
(Dance the night away Gatsby style!)

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BASEBALL

Expectations are high for CSUB

By Nate Sanchez
Senior Columnist

Roadrunners baseball fans, our hour of joy is nearly at hand. After last year’s rebuilding season, CSU Bakersfield is looking to bounce back with 25 returning players.

Despite losing six players to the MLB First Year Player Draft last year, the Runners finished 26-33 (15-11 Western Athletic Conference).

They were only three wins away from winning the WAC Championship. This year, expectations are high.

“We want to win the conference,” said CSUB baseball coach Bill Kernen. “We definitely can. We think we’re going to contend and after that you’ve got to do it in the conference tournament.”

Kernen said defense will be a huge factor of the Runners’ success this year.

“Our defense is our most exceptional trait out of hitting, pitching and defense,” Kernen said. “It’s really good. It was good last year, but it’s even better this year.”

Among the Runners’ defense specialists is sophomore utility man Max Carter. Carter’s played six out of nine possible positions on the field.

“It’s a big deal to have a guy like that,” Kernen said. “He could even catch if he wanted to. He can pitch too, so it’s like having three players in the same guy.”

“I’ve always been raised to be ready to play whenever the coach says, ‘go there’,” Carter said.

Another strength for this year’s squad is depth. Pitchers Austin Davis and Taylor Aikenhead and shortstop Oscar Sanay have gone to play professionally. While some may see this as a problem, Kernen sees beyond



Janeane Williams/The Runner

Senior pitcher Hayden Carter winds up for a pitch during practice on Jan. 30. The 'Runners will start their season at home against Creighton University on Feb. 13.

it.

“We have a lot of depth, but not really any big stars on the mound,” Kernen said.

“It’s like in 2013 when we ended up having a really good year and pitchers stepped forward but going into the year we didn’t know who it was going to

be.”

Logan Trowbridge and Ross Hough both offer great defensive options at catcher and the starting rotation is promising, with returners like James Barragan, Hayden Carter and Steven Gee.

“I think we’re gonna be up to

the task of playing top level teams,” Kernen said.

“We’ve got some guys that are really good players who are gonna get drafted and young guys that are really developing.

The season starts Friday, Feb. 13 at Hardt Field at 6 p.m. against Creighton.

WOMEN’S BASKETBALL

Zempare sparks CSUB comeback

By Esteban Ramirez
Sports Editor

With CSU Bakersfield down to Seattle University 53-48 in the second half, junior center Batabe Zempare sparked a 15-1 run, which allowed the 'Runners to take a commanding lead and win a Western Athletic Conference road game 69-62 on Jan. 31.

CSUB (15-6, 4-2 WAC) started the run with a layup by Zempare, and then she followed with a three-point play by with only 7:21 left in the game, which tied the game up 53-53.

After tying the game, CSUB continued to build momentum off that play as they pushed the lead up 63-54 until Redhawks’ (6-15, 3-3 WAC) freshman guard Crystal Allen made a layup with 1:38 left in the game and stopped CSUB’s run.

“I thought we played pretty well for the most part,” McCall said. “I thought they played hard and together.”

McCall says that the team’s free throws could use some improvement.

This was the third straight victory for CSUB, but it also was able to snap a three-game losing streak on the road.

“It was a huge win,” McCall said. “It was important for us to get the win on the road. For us, it was kind of a relief to get that monkey off our back.”

Outland led the way for CSUB with 22 points and six rebounds. Zempare recorded her eighth double double of the year with 19 points and 12 rebounds.

The 'Runners will continue their three-game road trip as they play at Utah Valley University on Feb. 5 at 7 p.m.

MEN’S BASKETBALL

Roadrunners hold on to win in OT thriller

By Esteban Ramirez
Sports Editor

It was an all-familiar scene for the CSU Bakersfield men’s basketball team as it witnessed a late lead disappear against Seattle University at the Icardo Center on Jan. 31 but this time the result was different.

CSUB (8-14, 3-3 Western Athletic Conference) had a four-point lead with 18 seconds left in the game against Seattle (10-10, 3-3), and the 'Runners once again were unable to close it out and appeared to be on the verge of another collapse. However, thanks to stingy defense and clutch free throw shooting CSUB responded in

overtime and won 71-61 in a WAC game.

“I thought it was a hard-fought game,” CSUB coach Rod Barnes said. “I’m proud of our kids. I thought tonight we were down the last five minutes, and we really got aggressive. I thought the five minutes of the overtime were maybe our best defensive five minutes that we have played.”

After a three pointer by Seattle redshirt-senior guard Emerson Murray gave the Redhawks 57-

54 early in overtime, it was all CSUB from then on. The 'Runners outscored the Redhawks 17-4 after that and shot 11 of 12 from the charity stripe in the extra period.

It was the third straight victory for CSUB, which ties a season high. The 'Runners have also moved into a tie for third in the WAC.

The game went into halftime tied 29-29, but to start the second half the 'Runners’ offense struggled to get going and went 2 of 11 in the first 12 minutes of the half.

The Redhawks behind sophomore forward William Powell, who finished with a team-high 16 points, were able to build a 48-41 lead with 7:35 left in the game.

“I thought there were times in the game where we were just not defending like we need to,” Barnes said.

Thanks to their defense the 'Runners responded with a 12-0 run late in the second half to take a 53-48 lead with 3:39 left in the game. It was their biggest lead of the second half.

With 54 seconds and Seattle down 53-48, the Redhawks got back in the game thanks to red-shirt-senior guard Isiah Umipig drawing a shooting foul behind

the three-point line. After both teams made one free throw to take the score to 54-52, Seattle was able to tie the game and sent it to overtime with a layup from Powell.

Junior center Aly Ahmed led CSUB with 21 points and 12 rebounds. Junior forward Kevin Mays finished with 10 points and 12 rebounds.

“That was their bread and butter,” Mays said on the team slowing down senior guard Jarell Flora and Umipig. “A lot of their offense is ran through them two, so it was big that our guards contained those two guys.”

CSUB will host Utah Valley University on Feb. 5 at 7 p.m.



'Runner Roundup



Water Polo

CSUB

8



Hartwick

4



Water Polo

CSUB

12



Pomona-Pitzer

8



Women's Basketball

CSUB

69



Seattle

62

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