



Health and Psychological Services

Services

University Health and Psychological Services provides outpatient clinical medical care and, separately, psychological counseling services to university students in accordance with policies set by the board of trustees of The California State University.

Students, on a cost-sharing basis, contribute to the operation of the center by paying a mandatory health fee at the time of registration each semester. The Health Center has prepared a brochure that gives more details regarding services available and charges, if any, for such services. The brochure is available at the center and at various locations on campus.

Facilities

The Health Center is designed with well-equipped doctors' offices and examination rooms linked by a computer-based medical management system. Up-to-date laboratory, X-ray, pharmacy, and physical therapy facilities are located in the building.

Psychological Services

Psychological Services offers counseling and consultation services to meet the needs of students. Counselors are professionals trained in psychology, counseling, and social work. Students are assisted in dealing with a wide range of concerns, including stress, anxiety, depression, relationship issues, and any of the myriad of typical concerns that affect college students, including academic performance. A psychiatrist is also available for medication evaluation if needed.

Services include individual, couples, and group counseling, which are focused on helping students achieve optimum wellness. This includes acquiring a wide range of skills in life management, life planning, and personal development and growth. Counseling provides the opportunity to develop self awareness and insight, learn effective goal setting, and achieve student success.

Health Center Staff

The staff includes full-time physicians (including specialists in internal medicine and family practice), nurse practitioners, nurses, pharmacists, a physical therapist, health educators, clinical laboratory and X-ray technologists, and a medically knowledgeable and sensitive clerical staff. Part-time physician consultants in psychiatry, radiology, and dermatology may also be available.

Appointments and Consent to Treat

You may make appointments in person or by telephone. If you are under the age of 18, your parents may have to consent to your treatment.

Women's Health

The Health Center provides a range of services to meet a woman's unique medical needs: comprehensive examination, laboratory testing, Pap tests, counseling, and consultation. Availability of services may vary during the school year depending upon staffing and patient requirements. Contact the Health Center for a specific appointment.



Qualified staff members offer on-site health care.

Pharmacy

Prescriptions/nonprescriptions are available for a modest fee.

Physical Therapy

This popular service generally is available by referral from a Health Center or outside physician. Address specific questions to the Health Center staff.

Immunizations

The Health Center provides immunizations when clinically indicated. A charge may be necessary for some services. This includes administering allergy shots to students who have their own medications. Be sure to bring your immunization record with you to the Health Center.

Summer Care

You may be eligible for services during the summer when enrolled. There is a mandatory one-time fee for such services paid at the time of registration. Continuing students not enrolled during the summer may also be seen on a per-visit charge basis. Call ahead to determine your eligibility for care.

Health Insurance

You may purchase an insurance protection plan for emergency illness and accidental injury during hours that the Health Center is closed. Sponsored by the Associated Students, this program provides coverage for hospital benefits, medical, surgical, and related services for any illness or accident.

Health Education/Wellness Information

The Fresno State Wellness Program offers services to help Fresno State students have more balanced, healthy lives. This program offers activities that focus on health in the broadest sense, including its social, spiritual, and occupational dimensions.

Programs and services take place in various locations on the Fresno State campus, including the Health Center, Student Recreation Center, and Student Union.

For further details please visit www.csufresno.edu/wellness