

Activities and Student Development

Student Programs Office
Student Affairs/CSUF Association
College Union, Room 306
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Involvement in your college life means that you take part in shaping your learning experience. When you apply your academic training to areas outside the classroom, meet new friends, and explore campus life, you expand your personal skills. Participation in campus and student activities can satisfy many of your social, educational, and individual development goals.

As you begin your associations in this new environment, the rich diversity of 19,000 students, faculty, and staff will extend your understanding of yourself and your world. Active involvement can give you practical experience in working with peers, faculty, and community leaders and provide broad opportunities for developing life-long friendships and professional associations so that you can make the most of your college years.

Student Programs Office

The Student Programs Office is situated in the center of the campus in the College Union. The office is responsible for the College Union and Satellite College Union, co-curricular student activities, recreation, and intramurals. The staff works directly with student government officers, College Union Program Committee, and members and officers of student clubs to develop a well-balanced program of student activities that serves both the campus and the larger Fresno communities.

Staff are responsible for the operation of the College Union and Satellite College Union (both of which are funded primarily by student fees) for the programs that occur in and around these areas, as well as throughout the campus, and for the recreation and intramurals program that provides organized and recreational physical activity for more than 10,000 persons annually.

This is the primary office providing information about student groups and major student programs. The office issues permits for use of the Activities Plaza and Free Speech Area, recognizes student organizations, reserves campus



facilities for student use, and assists students and their groups in planning activities and developing their programs.

A strong emphasis in *hands-on* learning means students create programs while learning leadership, personal development, and management skills. Programs staff and other university group advisers, faculty, and staff serve as resources and facilitators to maximize student success.

Student Organizations

More than 170 student organizations provide CSUF students ways to make new friends, create programs of special interest, develop leadership skills, and work together toward common goals. Students clubs are responsible for their own financial management, operation, and development of activities. A faculty or staff adviser provides assistance and continuity as needed. Approximately 70 student groups are directly related to academic majors and programs, and a wide range of religious, political, cultural, and special interest groups give you many avenues for participation.

As a participant in a group created for its members interests, you will have front-line opportunity to shape its direction, learn to work with other segments of the university, explore new interests, manage finances, develop compromising and teamwork skills, and make new friends.

Organizations can be contacted at the College Union, Room 306, by watching for advertising and information tables in

the Activities Plaza, and by attending the Club Faire held in early September at the College Union.

Recreation and Intramurals

Funded jointly by your Associated Students fees and the university, the intramural and recreation program is designed to serve the recreational and physical fitness needs of the students, faculty, staff, active alumni, and at limited times, the general public. A full range of recreational and competitive sports programs are offered to supplement your academic world. Exercise, the fun of learning a new sport, and joining friends on a team or in the pool will all expand your leisure skills and habits so that physical well being becomes part of your overall lifestyle during your college years and beyond.

Seven team sports are offered: flag football, volleyball, soccer, basketball, softball, bowling, and inner tube water polo. In addition to team sports, individual and dual sports are offered, including track, swimming, racquetball, tennis, golf, and freethrow. Approximately 6,000 students participate in one or more sports offered through the intramural program.

Open recreation and use of the physical education facilities are available most of the year, including semester break. Use of facilities includes a pool, weight room, two saunas, gymnastics room, two gymnasiums, six racquetball courts,