

Quarantine Experience:

“None like this before, it is a new experience for us all.

It is a privilege to be a Public Health graduate.” -Professor

It has been a blessing to be locked in and still have financial support, living support, and nutrient support from my parents. My family has been great physical, emotional, and mental support throughout this chaos. As an incoming graduate, senior year should be about enjoying the last semester and look forward to the future ahead of us. However, due the COVID-19 all the excitement seems to be paused. I did not see any of this coming. I had plans to travel the world and volunteer in the Public Health profession, but all those plans were on a pause. I felt like my whole life has been put on hold, but no, classes are continuing via Zoom and I still need to work also via Zoom. At first, I thought it would be okay because as an introvert this life is a gift, but as time passed, I realized I missed human contact and needed human interaction in my life. I had a mental breakdown and was not motivated to do anything. I did not look forward to life after graduation. Then, I went to my backyard on quarantine day 27th and saw the picture I took below. These simplicity feelings made me think of how grateful I should be. I have a house to live in, a roof over my head, a family that cared for me, and I do not have COVID-19, I should be grateful. Although unemployment is high and the future has so much uncertainty, I am thankful to be alive and able to see the greens and blue skies. It is exciting and a privilege to be a Public Health graduate. I hope through this experience the United States will try to improve our country's healthcare system and programs that benefit the needing.

#SJSU2020Grad



Quarantine Day: 27

Photo taken on April 7, 2020

Quarantine Day: 27

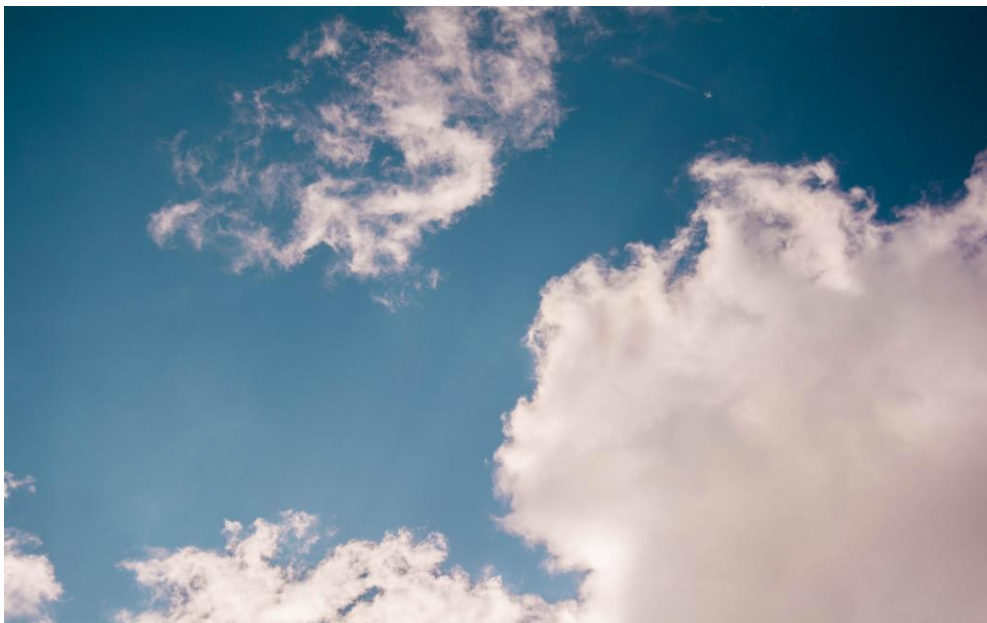


Photo taken on April 7, 2020