

A RESOLUTION
OF THE BOARD OF TRUSTEES OF CAMARILLO STATE HOSPITAL
EXPRESSING THE APPRECIATION OF THE BOARD
FOR THE SERVICES OF FRANK H. GARRETT
AS SUPERINTENDENT AND MEDICAL DIRECTOR OF THE HOSPITAL

5 WHEREAS, Frank H. Garrett has served the State of California
6 with distinction from 1927 until his retirement on April 1, 1963,
7 at which time he was Superintendent and Medical Director of the
8 Camarillo State Hospital,

9 AND WHEREAS, the Board of Trustees of the Hospital by this
10 resolution desires to express a measure of the appreciation of the
11 people of California for Dr. Garrett's devotion to public duty and
12 his personal interest in the patients and personnel of each of the
13 departments of the hospital;

14 NOW THEREFORE, THE BOARD OF TRUSTEES OF THE CAMARILLO STATE
15 HOSPITAL DOES RESOLVE AS FOLLOWS:

16 1. That Superintendent Frank H. Garrett is officially commended
17 for his service to Camarillo State Hospital since his assignment as
18 its first Assistant Superintendent in 1937 and since his
19 appointment as Superintendent in 1949, during which time and in
20 large part as a result of his vision and achievement, the hospital
21 has been developed into its present \$40,000,000 plant capable of
22 meeting one of the highest daily admission rates in the United
23 States.

24 2. That especial commendation is rendered for Dr. Garrett's
25 personal accomplishments at the hospital, in part listed as follows:

26 a. In the first major breakthrough in psychiatry, acting as
27 pioneer in changing the attitude toward care and treatment
28 of mentally disturbed patients from one emphasizing custody
29 and security to one dignifying the patient as a person.

30 b. In his position as Chief Clinical Officer at the hospital,
31 developing modern psychiatric treatment at the hospital to
32 include-

1 (1) Insulin shock therapy, the first in the State of
2 California.

3 (2) Electronarcosis therapy, the first in the United
4 States.

5 (3) One of the first children's units in the United States.

6 (4) A psychiatric social service department.

7 (5) A psychology department.

8 (6) A psychiatric nursing education department.

9 (7) A fully approved three year residency in psychiatry.
10 (8) An outpatient program, and increased yard and ~~inpatient~~ ^(See original) out of hospital privileges for capable resident
11 patients.

12 (9) A basic research department, one of the first in the
13 State.

14

15 3. That thousands of persons are leading normal and useful lives
16 today as a result of the effectiveness of Superintendent Garrett's
17 work, one evidence of which is the drop in population at the
18 hospital from 7200 in 1952 to less than 6000 in 1962 despite
19 increasing admission rates.

20 4. That the Board expresses its hope Dr. Garrett will continue his
21 interest in Camarillo State Hospital and will make available to the
22 Board and Staff the benefit of his years of experience.

23 Passed and adopted this 23rd day of April, 1963.

26 ATTEST.

George Grimes, Chairman

28 Leslie H. Valand, Secretary