

COVID-19 is a situation we weren't ready for. COVID-19 has hit the world and affected millions. Here is how it has affected me.

My last semester as an undergraduate. Only two classes left. Looking forward to a semester filled with hard work and heavy celebration. Then COVID-19 happened. Classes now online, no more graduation, no more events, no more university activities.

Shelter-in-place. Stay inside. Only essential outings. Wear a mask. Wash your hands. Keep your distance.

Grateful I still get to go to work everyday, but fearful because I work in a nursing home. Nursing homes have been hit the hardest. Being a tight-knit community, when it gets in, it spreads fast. I don't want to bring COVID home to my family. I don't want our highly immunocompromised residents to get it.

Between working 6 days a week, completing my last semester of undergrad online, and constantly seeing the many effects of COVID everywhere I look, my mental health has had a workout. But if I am nothing else, I am resilient. I am determined. I am dedicated. I am focused. And I am hopeful.

COVID-19 is a beast that we as a society were not ready for. But we can overcome, and push on to see brighter days.

Thank you to all that have supported me during this time. Thank you to all the healthcare workers. And thank you to everyone who has stayed hopeful in the current state of our world.

We are all heroes.

-Yours,

Angeleena Yeldell